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# MOUNTAIN SIDE Echo

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For The Borough Of Mountainside

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## Ricciardi paces Republican borough sweep



## County seats go to Cullen, Geiger



THOMAS J. RICCIARDI

A Republican victory by a substantial margin was the result of Tuesday's election in the borough as the major vote in the 12th district. Incumbent mayor Thomas J. Ricciardi defeated Thomas P. Loftus by a 1,001-vote margin. William T. Cullen and Bruce A. Geiger defeated Edward Gary Holdard and David Walsh by 881 and 918 votes respectively.

About 10 to 95 percent of the 4,798 registered voters went to the polls.

In the General Assembly race for District 9B, Republican incumbent Herbert H. Klein and Louis Bisanz won against Democratic incumbent Henry F. Gavan and Donald Lan. The totals were, respectively, 1,355, 1,015, 853 and 895.

In the race for state senator, incumbents Matthew J. Rinaldi and Francis X. Ehrenfort and Jerome M. Epstein defeated Democrats John T. Connor Jr., Carmine J. Laotta and Christopher Deane. Total vote cast were Ricciardi 2,231; McDerment, 2,119; Epstein, 1,873; Connor, 885; Laotta, 881; and Diez, 852. Rinaldi led the Republican slate in the borough.

For an unexpected term in the State Senate, Van Dyke J. Pollitt defeated Frank S. English. The votes were Pollitt 1,388 and Mrs. English, 994, even though Mrs. English won in the district.

In the race for sheriff, Republican Robert W. Lee led incumbent Ralph Orticello with a vote of 1,641 to 1,271, even though Orticello was the official winner. Incumbent county clerk Walter G. Hefel defeated James J. Delaney with votes of 2,024 and 773 respectively.

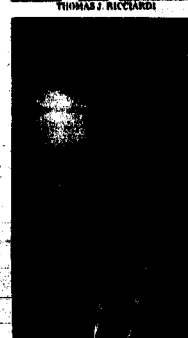
For freeholder incumbents William J. Maguire and Donald C. Dunne and Matthew H. Hill defeated Democratic Thomas A. Kaczmarek, Wallace T. McCowan and Joseph L. Garra. Total local votes were Maguire 1,801; Dunne, 1,543; Hill, 1,445; Kaczmarek, 845; McCowan, 797; and Garra, 687. The voters were Maguire, Nilsen and Kaczmarek.

In the borough races, Republicans led the way in 11 of the 12 districts. The first, second, fifth, sixth, seventh and tenth. Republicans led in the other four. The top Republican vote for Ricciardi totaled more than 1,000 votes. Democrats with a total of 1,070 votes.

All three public questions were approved. They do not include the fifth district, even though for higher education was given the go ahead by 1,332 to 1,008 votes, even though it



WILLIAM T. CULLEN



BRUCE A. GEIGER

TO DEVELOP SKILLS—Garland Schick prepares to kick for a goal in soccer as part of the after-school activities program of Our Lady of Lourdes School, Mountainside. The program

is designed to develop physical skills and basic knowledge about sports. See story and other pictures on page 3.

(Photo by the Rev. Gerard Whelan)

## Republicans thank everyone, term 76th straight victory a 'mandate'

By JANICE WELLS  
Local Republicans were jubilant as they thanked everyone in sight for making their victory possible. The scene was the GOP's victory party Tuesday night at the Mountainside town hall, where 100 people gathered.

The Republicans seemed elated but hardly surprised at their victory. Tuesday's results make this the 76th straight year of Republican government in the borough.

Incumbent Mayor Thomas J. Ricciardi was joined by his 1,001-vote margin over Edward G. Hefel and David A. Walsh.

The Sackno, the GOP winner's campaign chairman, presided as master of ceremonies. Sackno, in his introductory statement, said that the reason the Republicans was that they were "well organized." He added that this was on the county level, as well as the local, and that the Republican Club and workers who helped in the campaign.

Geiger expressed his thanks to all the party workers.

Cullen commented, "This is a victory for Mountainside, not for individuals. The people liked what they had. The two-term plurality says that we have a mandate to improve what we have and what we have in the future."

He then repeated his challenge to the community that he made on Candidates' Night. This is to bring the borough together, he said. Republicans, Democrats or Independents, to "make this town a fantastic community. He also invited his opponent to help meet this goal.

Cullen declared, "My faith in the citizens of Mountainside will grow up several points. I am grateful for their work and support and will do what I can to get good government in Mountainside."

RICCIARDI STATED, "I was a most gratifying feeling when the tally was taken and I knew we were going to win. I am very strong for the American way and feel that I cannot do it with the makeup of the type of government we have in Mountainside, then America fails. I am for home rule and am prepared to do, wait and pay for what we want."

"The Regional and local boards of education are elected by you (the electorate). I do not want to usurp your right to say what you want. It was disturbing when this came out on Candidates' Night. I serve you and with the Borough Council. I am sure the men who were elected will bring independent thought to the council and that their action will bring the direction for Mountainside."

"None of us made any promises except to do what is best for the town."

Former mayor Fred Williams said the team victory is the result of help from the Young Republicans to the senior citizens. He added, "Democrats have sought a two-party system, but we are not successful. The need for 10 election districts has been shown and vindicated the action by the Borough Council. This shows the leadership of the council."

Councilmen Wilfred Brandt and John Hechtel, who did not run for reelection, commented on their terms on the council. Brandt said, "I have had six years of the honor and the privilege of serving the community and I feel I am going out in a blaze of glory. In 1961 almost didn't make it, but won by 21 votes. We have two extremely qualified men who are coming in."

## 'Madwoman' listed as feature on stage at Gov. Livingston

Francis Carter has been cast as "The Madwoman of Chailott" in the comedy play of that name which the Drama Club at Gov. Livingston Regional High School, Berkeley Heights, will present as its fall presentation on Nov. 18 and 19 at 8:15 in the school auditorium. The comic fantasy will be directed by Norman Schneider, head of the drama and speech department at the school.

Carl D'Angelo will be seen as the Higgicker. Typical of the Madwoman's crazes from the streets of Paris, who include sidewalk water, peddlers, flowergirls and street musicians.

Miriam Liggett, Karen Nash and Jane Gray will be seen as the other madwomen from other quarters of Paris who are friends of the Chailott. Other roles will be acted by Steve Pecca, Ken Reals and Michael King.

Teri Roberts is the leader-headed waitress, and Brian Macrae as a youth who tries to escape from difficulty by suicide, will carry the play's romantic interest. Other roles have been assigned to Jeff Stern, Patricia Cassano, Thomas Cole, Lew Barb and Peter Haberz.

## The Local Democrats serve caviar and commiserations

Mountainside must be one of the few towns in the country where the losers served caviar after Tuesday's election.

Despite this the tone was glad as Mountainside Democrats commiserated with each other in their heads hung in sorrow as the party faithful discussed the meaning of their defeat and the optimism was shared at the Tower Steak House, as they mentioned next year's election.

Jack Palmer said, "The vote don't reflect the amount of fight we put in. We'll be back."

He added that he was optimistic about the future and mentioned their surprise at the Republican sweep throughout the county.

"Well, we gave it the old college try."

Palmer, who was an unsuccessful candidate last year for the Borough Council, engaged in small talk with anyone who would listen as the group ate hors d'oeuvres, including the caviar. Drinks were apparent, but did not flow freely.

The few who remained included two other former candidates Mr. Thomas Loftus and Robert Jaffe. They were optimistic about the future and mentioned their surprise at the Republican sweep throughout the county.

## Library displays memorial gifts

Two memorial gift exhibits are being displayed at the Mountainside Public Library. "McClane's Standard Fishing Recipe" was presented to the library by the Fish and Game Improvement Association in memory of C. Clyde Van Allen. This is a comprehensive book on fishing and fishing equipment.

Mr. and Mrs. John Sulek donated "La Courtesan" by Carlo Cresti in Mr. Van Allen's memory. This is a compilation of the work of this great modern artist.

Two books in memory of Mr. Roland S. Hall and "The Flowers of the World," with paintings by Barbara Edwards, presented by the Mountainside Women's Club, and "In Memory of the President John F. Kennedy" from Henry David Thoreau, with selections and drawings by Elizabeth Fetter Thoreau, presented and donated by the Mountainside Women's Club.

The exhibit is open to all who wish to visit the library to see these gift books.

## PROFILE—Dr. Donald Merachnik

Involving the students, faculty and community to help make decisions for the Union County Regional High School District is the goal which Dr. Donald Merachnik, new superintendent of schools, has set for himself.

Dr. Merachnik was named to the post on Oct. 27 by regional Board of Education. He had been acting superintendent since August, when Dr. Warren Davis left to join the faculty of Louisiana State University.

The educator explained that he has six main objectives that he is working toward so that he can accomplish his goal. He would like them to be: plan, make plans and do this stage by stage.

He plans to implement "more effective administrative and supervisory practices," "improve relationships with the community that send their youngsters to the four high schools, and facilities."

Priority will be given to "more effective instruction," according to Merachnik. He said, "I am beginning a list of goals to reach this goal which is top priority. I would like them to be: plan, make plans and do this stage by stage."

He plans to implement "more effective administrative and supervisory practices," "improve relationships with the community that send their youngsters to the four high schools, and facilities."



DR. DONALD MERACHNIK

## Area churchwomen to hold observance of Community Day

Church Women United of Westfield and Valley will observe World Community Day on Friday, Nov. 12, at 8 p.m. at the Community Presbyterian Church in Mountainside, joining with other churches in the area.

The observance is a day of prayer and service to the community across the nation. The 1971 emphasis will be on the deterioration of the environment, which has become one of the most important problems facing mankind today, a spokesman added.

Women of all churches have invited the whole community to participate in a united service on the theme "Build a New Earth!"

There will be a display of the many projects which we cannot ignore," said Mrs. Douglas Tuttle, president of the Council of Westfield and Valley. She is motivated to focus our attention toward correcting conditions that are currently leading to a bleak future for mankind."

Dr. James Shremaker, research associate with Esso Engineering Technology Department, will show a film and report on the progress of research in the area of energy.

Among his areas of research is the development of biodegradable detergents and the control and control of pollution. He lives in Scotch Plains.

## ELECTION TABULATION

DISTRICT	Mayor		Borough Council		General Assembly	
	Rep	Dem	Rep	Dem	Rep	Dem
1	138	68	173	190	93	84
2	170	113	173	174	167	165
3	219	101	222	110	110	110
4	221	85	203	212	94	113
5	214	109	205	211	113	103
6	201	106	195	211	106	94
7	194	120	196	195	118	112
8	190	112	177	174	117	115
9	228	106	214	113	123	103
10	213	108	208	211	101	109
11	201	101	195	195	101	101
TOTAL	2039	1038	1932	2029	1070	1011

## Recreation director named by Mountainside Commission

Harold P. Nelson, chairman of the Mountainside Recreation Commission, this week announced the appointment of Nancy Pollock as the new recreation director for the commission. Mrs. Pollock is a current graduate of Springfield College, Springfield, Mass., where she received her bachelor of science degree in community and outdoor recreation. She is a member of the National Recreation and Park Association.

While at Springfield College, Mrs. Pollock was selected for Who's Who Among Students in American Colleges and Universities. For her college field work, she worked at the Madison Area YMCA in New Jersey. She held with existing programs and she organized a winter high jump team. Mrs. Pollock has worked with high school youth through the Camp-Bowling Club, Mountainside, N.J.

Before her appointment as recreation director, Mrs. Pollock was employed by the First School District, Mountainside, N.J., as a field supervisor. Her duties included working with adult volunteers in new towns. She also directed the Girl Scout Deer Camp in Park Ridge last fall summer.

She now lives in Clark with her husband, HOWARD, who is the program director for the Panwood-Scott Plains YMCA.

Publicity Chairman has been appointed. Publicity Chairman has been appointed to handle the registration for the girls' twirling class. The fee for the class will be collected at the date of registration. There will be no registration fee for the class.

## 'Pathways' to take a one-year detour

"Pathways in Music," the Mountainside Westfield based musical organization dedicated to the performance of chamber music, will suspend its activities during the 1971-72 season for the purpose of reorganizing its administrative and personnel structure. It was announced this week.

The detour, which has proceeded four seasons of concert featuring diverse musical ensembles—ensemble of professional musicians, will have operations in the fall of 1972. Persons who are presently members of the administrative committee may contact the detour administrator, 428 St. Marks Ave., Westfield, or E. Peeler, detour chairman, 88 Old Turn Rd., Mountainside.

## Registration hours listed for girls' twirling class

Twirling classes are open to girls in grades 4, 6, 7 and 8. The fee will be collected at the date of registration. There will be no registration fee for the class.

## Musical for children scheduled for Nov. 13

James Wignat, chairman of the Mountainside PTA, will be the featured soloist in the musical "The Sound of Music" which will be presented to children in kindergarten through second grade on Saturday, Nov. 13, at 10:30 a.m. at the school.

The musical "The Sound of Music" is a musical drama that is designed to be presented on Saturday, Nov. 13, at 10:30 a.m. at the school.

### Man hit by car in accident at Rt. 22 station

Woody Owens of Ringoes was injured last Thursday afternoon when he was struck by a car while walking between two other vehicles in the Getty Service Station on Rt. 22 West, according to Springfield police.

The Mountaineer Rescue Squad took Owens to Overlook Hospital, Summit, where he was admitted to an intensive care unit with a fractured left leg, a hospital spokesman said.

The police report said Vincent J. Coria of 1137 Cornwell, Mountaineer, was having some work done on his car when Owens told him to get in and start the motor. The car jumped forward and knocked Owens to the ground.

James Malkin of Springfield and Arnold T. Terkenton of Station Island were slightly injured last Wednesday afternoon when a car ran into the back of Malkin's vehicle on Rt. 22 West, police reported. The Mountaineer Rescue Squad took both men to Overlook Hospital, where they were treated and discharged.

Robert S. Ward of Pleasantville escaped injury last Wednesday night when his car hit a utility pole on Rt. 22 East near Globe avenue, police said. Ward was traveling east on the highway when an unidentified vehicle passed and then cut in. He swerved his vehicle to the right and hit the pole, police reported.



### One-man show set at Temple Sunday

From Sholem Aleichem with Love! is the title of the Westfield-Mountaineer Area B'nai B'rith's annual Sunday at 8 p.m. at Temple Israel, 1529 Cliffwood ave., Scotch Plains. It was announced this week.

The program will feature Elliott Levine in a one-man show of vignettes from the writings of Sholem Aleichem. Levine will do "A Yam Kipper Scandal," "The Clock That Struck 13," "A Yea Break" and "Two Anti-Scimitars."

**FRIDAY DEADLINE**  
All items other than spot news should be in our office by noon on Friday.

### The funny feet of Mr. F help children read

First graders at the Raymond Chisholm, James Caldwell and Thelma Sandmeyer schools in Springfield are taking part in a new program called "Alpha One: Breaking the Code," a method which has been reported as successful in teaching children across the nation to read, spell and write with confidence. This part of a varied language arts program, Alpha One is a decoding program based on phonics. Each letter is introduced as a personality with a special characteristic from which he gets his sound. For example, Mr. F who has a munching mouth, munches only things beginning with his sound such as marshmallows or meat. Mr. N has a noisy nose. Mr. F has funny feet.

The child receives a greeting card from each letter, with an appropriate picture of the letter personality and a poem using the letter sound. The letter people gradually put their sounds together to make words.

A school spokesman added, "With this new program it is expected that reading will be a happy experience for the children, and they should have no fear of new words. By the end of the school year the children should be able to read many books that interest them."



**FINGER OF SUSPICION** — Students of Jonathan Dayton Regional High School, Springfield, rehearse a scene from Maxwell Anderson's play "The Bad Seed" which will be presented Nov. 19 and 20 at the high school. Shown are (left to right) Charlie Menlo as Leroy, Jessica Evans as Christine, Penmark, Randi Soghan as Rhoda Penmark, James Toll, Richard Baro and Susan Danmer, the student director.

presented Nov. 19 and 20 at the high school. Shown are (left to right) Charlie Menlo as Leroy, Jessica Evans as Christine, Penmark, Randi Soghan as Rhoda Penmark, James Toll, Richard Baro and Susan Danmer, the student director.

### Boy, 16, picked up in Plumquin theft

A 16-year-old boy from Westfield was picked up by Plainfield authorities last Wednesday and turned over to Mountaineer police in connection with a break and entry July 26 at Plumquin, Inc. on New Providence road. The vehicle was charged with breaking and entering and larceny.

The police report said the youth was attempting to sell some antique jewelry in Plainfield when police stopped to question him. Upon further investigation police allegedly found that the items had been stolen from Plumquin. About 90 percent of the stolen jewelry, valued at about \$1,490, was recovered, police added.

A juvenile complaint has been filed and the youth was released in his mother's custody.

### Gulf treating Kukans to Disney World trip

Mr. and Mrs. Paul Kukan of Mountaineer will be guests of the Gulf Oil Corporation at a Disney World in Orlando, Fla., during December.

Kukan was selected as one of 94 Gulf dealers eligible for the 1971 President's Dealer Honor Council sponsored by Gulf. He operates the Gulf Station at Rt. 22 and Victor place, Scotch Plains. The Kukans reside at 153 New Providence rd., Mountaineer.

### Art class to take field trip to N.Y.

The Springfield art appreciation class at the Sarah Bailey Civic Center this week will have its first field trip related to the lectures on the history of religious art and architecture. The trip will be Tuesday in the Cloisters in New York where Rabbi Feibus Levine, who is the art lecturer, will also conduct the group through the Cloisters.

Non-members of the class are allowed to join the trip for a fee of \$4. A phone call to the Recreation Department (576-5000) will assure a seat on the bus. There are no food facilities at the Cloisters. Participants were asked to bring bag lunches with them.

A chartered bus will leave the Civic Center at 9:30 a.m. and return by 4 p.m.

### 2 attend workshop on handicrafts; will teach Girl Scouts

Mrs. Matthew Powers, "our living heritage" chairman for the Mountaineer Girl Scouts, and Mrs. Arthur Donnelly, community chairman were among the hundreds of Girl Scouts and adult leaders who attended the last arts workshop last Wednesday at the First Baptist Church in Westfield.

The workshop was the first event of a five-year "living heritage" program sponsored by the Washington Rock Girl Scout Council. The Mountaineer leaders who attended will now be able to teach the girls in their troops some of the handicrafts that they learned at the workshop.

### 'Bad Seed' to be presented by Dayton Regional students

Students at Jonathan Dayton Regional High School, Springfield, are rehearsing for Maxwell Anderson's play, "The Bad Seed," which will be presented at the school play at 8:15 p.m. on Friday and Saturday, Nov. 19 and 20, in Halsey Hall.

Joseph F. Trinity, who is directing the play, said the main roles will be played by Rhoda Soghanow as Rhoda, Jessica Evans as Christine, David Hodas as Klemek, Judy Orzech as Monica, Charlie Menlo as Leroy, Scott Meyerow as Emery, Ariene Sheehan as Miss Fern, Jeff Cohen as Tadler, Lisa Thibierge as Mrs. Dalgie, Tony Levy as Mrs. Dalgie and James Toll as Bravo. The student director is Susan Danmer.

Miss Soghanow lives in Mountaineer and is a freshman at Dayton. She has been active in school plays and Girl Scout plays. She won the best actress award at summer camp for her performance in "Dorothy, Young Mother." Ice skating, swimming, bike riding, body surfing and animals are her hobbies.

Menlo is an exchange student from the Philippines. He played in "Whirlwind," "A Chaperone," and "Theatre of the Absurd" in intramural dramatics at his high school in the Philippines. Stage acting, learning Hebrew and studying are his pastimes.

Miss Evans is a tenth grade student from Plainfield. Her hobbies include singing, piano playing and hiking. She was in the chorus of "My Fair Lady" last year.

Miss Danmer had the lead in "My Fair Lady," "The Music Man" and "The Man Who Came to Dinner." Her interests include drama, music and Israel.

### Nurses' convention elects local woman

At the 66th annual convention of the New Jersey State Nurses Association, Virginia M. Hartwig of Mountaineer was elected Vice-Chairman of the Community Health Nursing Division on Practice for a two-year term. This convention was held last month in the Chalfonte Haddon Jail in Atlantic City. Mrs. Hartwig is currently director of the Public Health Nursing Service, Division of Health in Jersey City.

Mrs. Hartwig is a graduate of the former Jersey City Medical School of Nursing. She holds a bachelor's degree from Seton Hall University and a master's degree from New York University.

The last arts workshop, sponsored by the council in cooperation with the Union County Heritage Commission and the New Jersey State Arts Council, utilized the talents of more than 25 artists from the New Jersey area. The art areas that were covered ranged from those considered necessities of life in colonial times to the decorative arts.

The Mountaineer Scouts also plan to describe and map points of interest in Mountaineer as their part in a planned, Council-wide "living heritage" tour.

### Trash can used in Rt. 22 break

A combination radio-tape deck, a turntable and radio were taken last Thursday during a break and entry at the Federal Purchase Shop on Rt. 22, according to Springfield police reports.

Entry was made by someone throwing a garbage can through the front window.

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By MILT HAMMER

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1. Tobacco Road
2. Pride and Prejudice
3. "Cover the Waterfront"
4. Knock at Any Door
5. The Yearling
6. Executive Suite
7. The Auction Block
8. Silent Spring
9. The Prince and the Pauper
10. Ulysses

- a. James Joyce
- b. Mark Twain
- c. Baz Luhrmann
- d. Cameron Hawley
- e. Erika Caldwell
- f. Max Miller
- g. Jane Austen
- h. Willard Motley
- i. Harriet Beecher Stowe
- j. Rachel Carson

ANSWER: 1-b, 2-d, 3-a, 4-c, 5-e, 6-f, 7-g, 8-h, 9-i, 10-j.

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## Activities program for fall is completed by Lourdes School

Our Lady of Lourdes School, Mountaineers, completed its first after-school activities program Monday. It has proved to be popular with the students because more than 50 percent of the student body participate daily, according to a school spokesman.

The continued, "Pupils are developing physical skills and school knowledge about sports as soccer, football and volleyball. The sixth, seventh and eighth grade male teachers are actively operating the activities."

"Temporary soccer goals have been installed and a knowledgeable high school soccer player has been teaching the fundamentals of the game to interested boys and girls."

All physical education equipment owned and used by the school has been put to good use to insure a well-rounded and successful program.

The fall phase of the program began Sept. 20. It was in session from 3:15 to 4:15 p.m. each school day. This program will resume in the Spring.

## Awards presented to pack members

Awards were recently presented to members of Cub Scout Pack 177 of Mountaineers. Other recent activities were a page, pant and kick contest and a film and program during Fire Prevention Week.

Football was presented to the winners of the pass, punt and kick contest. They were Chris Organ, Brian Kukon and David Weinberg.

Ribbons were presented to Andrew Bogach, Ted Nog and Michael Walsh. Other winners and their awards were Robert Anderson, Chris Dilleuth, Robert Korshaus, Brian Kukon, John Love, James Hrook and James Kelly, golfer; Robert Arment, Steven Perry, Terry Tropeo and Peter Ziboro, basketball; Jimmy Cassidy, Michael Sweeney, Eric Lehmann and Paul Radering, and Scott Talbot, athlete and geologist; and Richard Zinkel, Bear Badge, gold arrow, athlete and geologist.



ONE, TWO, HIKE—Students at Our Lady of Lourdes School, Mountaineers, participate in a game of football as part of the school's recently instituted fall after-school activities.

REGULY, THE BOYS (r left to right) Ricky Dabbia, Mark Kelly, Eric Gaiger, Eric Kampner, Jimmy Maschella and Jay Kortis.



READY FOR ACTION—A hard-fought game of soccer is enjoyed on part of the fall after-school activities program of Our Lady of Lourdes School, Mountaineers. Shown in action are (left to right) Eva Young, Kathy Sypps and Nancy Balzick.

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3.00 a week	153.37
4.00 a week	204.50
5.00 a week	255.62
10.00 a week	511.25
20.00 a week	1,022.50

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## Y's fall plans gym-dandy

With bad weather about to curtail many outdoor physical activities, the Westfield YMCA has announced its late fall-early winter schedule for the high school athletes about to move his recreational pursuits indoors. Mountaineers high school boys are eligible to participate in all.

A variety of activities for high school age youngsters is available at the Y.

Three recreational swim periods are slated: Mondays, Wednesdays and Fridays from 4 to 6:30 p.m. "For the boy who wants to keep his muscles in tone, and his stomach in shape without doing pushups or any formal exercise, there's nothing better," said Harry V. Leber, Jr., director of physical education services for the Y.

Open gym periods offer an opportunity for each individual activities as juggling, basketball and volleyball. They are scheduled on Mondays from 5 to 7 p.m., on Wednesdays and Fridays from 3 to 4:15 p.m. and on Saturdays afternoons from noon until 10 a.m.

The Y's fully-scheduled handball court is reserved especially for high school youth from 3 to 4:15 p.m. daily.

When high schoolers reach 10th grade, the weight and wrestling mats open to them for the first time.

Equipment consists of a 10-foot Universal Gym machine, offering 10 Olympic weight lifting, complete sets of barbells in all ranges from 25 to 160 pounds, 100-pound benches, adjustable incline benches and wall-to-wall wrestling mats. A boys' basketball league, slated to begin later, will have openings for 10 youth.

Best way of keeping in shape to many young people is learning new sports. The company of comparable people the Y added Special Mail Classes for tennis, badminton, table tennis, judo and fencing.

Classes is Mondays and Wednesdays from 7:30 to 8:30 p.m. and on Tuesdays and Thursdays at 8 and 9 p.m. Members are eligible to join week classes and clubs at 6 p.m. Wednesdays.

LAST THING FIRST! The Y's Open House is the last thing first. The Y's Open House is the last thing first.

## Mountaineers (N.J.) Echo—Thursday, November 4, 1971 3

## Balloons will carry message of Gospel

The launching of more than 300 balloons filled with helium will be one of several features of the annual Rally Day Program Sunday of the Mountaineers Union Chapel Sunday School.

William Tilly, a magician will entertain the entire Sunday school with the "magic presentation of the grapes".

Each child of the school will have attached to it a special Gospel message; they will be released by the lower grade of the Sunday School.

The program to start at 9 a.m., will be held at the Chapel located at Rt. 22 and Mountain avenue, Mountaineers. There is transportation available.

**Consumer Corner**

How can the quality of frozen food be protected?

To get the most satisfaction from the wide selection of frozen food today, family food shoppers are advised to preserve the quality of frozen foods by keeping them cold enough and using them soon enough.

Storage at zero degrees or lower is recommended. All temperatures above zero, especially changes in the food cause rapid loss of flavor, texture, and nutritive value.

If the temperature of the home freezer or freezing compartment is above zero, keep frozen foods no longer than a few days before using.

To prevent thawing, it pays to buy frozen foods last on a shopping tour. Carry them home in an insulated bag or use one paper bag inside of another.

Once they reach home, new purchases should be placed toward the back or bottom of the freezer compartment, so that older packs will be used first.

For large quantities of frozen food, it helps to write the date or purchase on each package and also to keep a record of each package in the freezer, showing the date it went in and when it should be used.

**EARLY COPY**  
Publicity Chairman are urged to submit all Friday deadline for other than spot news. Include your name, address and phone number.

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**Bank to honor Blair**

Harry D. Blair of Wood Valley road, Mountainide, will be honored Saturday on his 90th anniversary with the Howard Savings Institution. He is a mortgage administrator in the mortgage serving department.

**FUNERAL DIRECTORS**

Frank M. Gray, Jr. Pres. & Gen. Mgr.  
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(Resident of Mountainide)

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**SHARING FRIENDSHIP**—Bruce McDowell, left, district governor of district 751 of the Rotary Club, presents the 1971-72 directory of officials and planned activities for the coming year to Don Meyer, president of the Mountainide Rotary Club. McDowell, who was the guest speaker, spoke on "Share a Little Friendship" at last week's Rotary meeting of Westland's Steak House.

**Club to hear talk on care of skin at meeting next week**

The Football Club of Mountainide will hold a luncheon meeting next Thursday, Nov. 11, at the Villa Dublin, West Orange. The program will feature a talk on "Corporate Skin Care" by Alicia Karpinski, chairman of this meeting in Mrs. Steven Sankas' Child care will be provided at Child Bowling Lanes.

Mrs. Frank Shown, membership chairman, introduced the following new members at the October meeting: Mrs. W. Jurell Blackburn, Mrs. Howard Brown, Mrs. Walter Funk, Mrs. William Glassburn, Mrs. Edward Noe, Mrs. Robert Southern, Mrs. Lewis Stanton, Mrs. Stephen Wasako and Mrs. Stanley Zachel.

Mrs. Edward Wolf, president, welcomed the new members.

Tickets are still available for the card party and fashion show to be presented by the Fashion Gallery of Short Hills for the Football Club card party on Tuesday, Nov. 16, at the Tower Steak House, Cost is \$25.

Club members who will not attend the luncheon are Mrs. Frank Adams, Mrs. Neil Oliver, Mrs.

**Invitation issued to school bands**

The Highlander bands of Gov. Livingston Regional High School have been invited to perform at Civic Center Convention Hall, Philadelphia, in the seventh annual "Parade of Champions" on Saturday at 8 p.m. This festival is sponsored jointly by the City of Philadelphia and Cardinal Dougherty High School.

The bands in Philadelphia consist of the top high school bands in the country.

"Parade of Champions" is primarily a competition. Each of the bands will be given a rating in music and marching for its 12-minute show.

"This is the greatest honor the Highlanders have received to date," said Porrett A. Barlett, band director.

Tickets will be available at the door or may be purchased from Mrs. William Dabrowski, 232-232. Ticket prices are: balcony, 2, and lower balcony, \$2.50.

Donald Hancock, Mrs. John O'Connell, Mrs. Zack Roberts and Mrs. Helmut Wanner, Chairman of card party and fashion show is Mrs. Edward Brown. Reservations are limited to 100 and may be obtained by calling the Football Club at 277-3592.

**Ruff, Rauscher TD's pace Highlanders; booters clinch tie for conference**

By JOHN BARRY

Toucherdown by Brian Ruff and Kent Rauscher led the Governor Livingston Regional High School football team to a 1-0 victory over Rahway Saturday, the third victory in a row for the Highlanders.

The first quarter was marked by little offensive action by either squad. After twice exchanging punts with Rahway, G.L. began a drive at the second quarter started, flanked by Ruff, John Brown, and Len Dieck brought the ball into Rahway territory.

When the Highlanders appeared to have stalled at the 20, Dave Corrigan made a crucial first down on a four yard pass to Ruff. The Highlanders then moved to the one and Ruff.

By JOHN BARRY

and Kurt Mohr brought the Highlander soccer team a 1-1 tie with Scotch Plains Friday, to assure at least a tie for the Watchung Conference championship.

G.L. took the lead in the second quarter on Steve White's corner kick. Throughout the first half the Highlanders were in control. Whenever Scotch Plains mounted a threat, Mohr, Mike Pirovelli, Bob Kelly or George Wilson booted the ball back downfield. G.L. goalie Bob Mudge handled few shots in the first half but made some long punts on balls sent to him by the fullbacks.

A strong offensive surge by G.L. highlighted the third quarter. Wings Gary White and the Vitello joined Steve in shooting at the Scotch Plains goal, although they did not score. The Highlanders continued to dominate play

throughout most of the last quarter until Scotch Plains scored with four minutes left.

The Highlander booters now look forward to the county and state tournaments. They play their final regular season match against Union Tuesday.

The Highlander cross country team made a respectable showing against Westfield and Scotch Plains last week. Fred Aderhold placed second, Doug Iselin 10th, Larry Bailett 20th and Bill Wilbur, 1 last out of some 75 runners. Westfield and Scotch Plains are among the best teams in the county.

The Highlanders' Anderson finished first and Iselin tied a meet with Rahway last in the week, but the team lost. After a meet with Hillside next Tuesday, the Highlanders compete in the county championship Wednesday.

**MOUNTAINSIDE Echo**

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**Dehs' tours with choir of Bucknell University**

LEWISBURG, Pa.—James M. Dehs of Mountainide, N.J., a Bucknell University junior, will make a three-day tour with the Chapel Choir during the Thanksgiving week, Pittsburgh area today to Sunday. During that time the choristers will present five concerts under the direction of Dr. Robert Dehs, professor of music and choir director.

A tutor, Dehs is the son of Mr. and Mrs. Allan W. Dehs, 160 Deer Path, Mountainide, and a 1968 graduate of Gov. Livingston Regional High School.

**Local girl in hit show**

Jill Cook, 17, formerly of Cranford and Plainfield, opened Sunday night at the Imperial Theatre, New York, in the Adolph Green, Betty Comden revival of "On the Town."

Jill is a former member of the New Jersey Dance Theatre Guild ballet company. She had a leading role in their production of "The Nutcracker" last season. Jill Cook was the garden state Arts and Letters Council winner in the dance category in 1970 before accepting a professional performance.

All of Jill's dancing and singing training, as well as her early performing experience, came at the Yvette Dance Studio in Cranford, whose owner, Mrs. Yvette Cohen, resides in Mountainide.

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Publicity Chairman are urged to observe the Friday deadline for other than spot news. Include your name, address and phone number.

**Parks unit holds annual trap shoot**

An annual Thanksgiving Turkey Trap Shoot will be conducted and sponsored by the Union County Park Commission at the County Park, Trap and Street Grounds, off Kenilworth Boulevard, Cranford, on Sunday, Nov. 7, beginning at 3 p.m.

This event will be a 50 target Remington handicap contest. The Union County Trap and Street grounds are open for public shooting on Saturdays and Sundays from 1 p.m. to 5 p.m.

**UT STONE**

This unit is for the child wearing a size 10 to 12. The unit is made of 100% cotton and is very soft and comfortable. The unit is made of 100% cotton and is very soft and comfortable. The unit is made of 100% cotton and is very soft and comfortable.

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PROFILE-Dr. Donald Merachnik

(Continued from page 1) can give teachers, he explained. Dr. Merachnik is interested in doing a study on how the district can help ninth graders adjust to their new high school environment.

"This study is being put into report form. In January I will be presenting to the supervisors what I feel are the areas to be studied at each school. These are groups of 26 teachers who will discuss the pros and cons."

Merachnik also is interested in doing a study on how the district can help ninth graders adjust to their new high school environment. He declared, "I have always had the feeling that a very important adjustment period is the initial adjustment of ninth graders. I want to know what we can do to make the first few months easier. I intend to ask freshmen questions approximately 90 days after school begins. This will give them a chance to get their first report cards."

"In addition, I will pick a random sample of freshmen and ask them questions such as how they feel about the initial adjustment and how we can help. This will help us in the next year." To Merachnik, involving the faculty in decision-making is very important. He commented, "I have always had the feeling as a faculty member—I was in all four schools within the past 16 years—that the faculty should have a greater role in making decisions. I am beginning to open them."

"Many teachers have the idea for improvement in the curriculum. I want to find out what they are and, if they are feasible, adopt them. I have asked volunteers to work on projects. I have had a number of people get their ideas. This gives a wider open track."

THE SUPERINTENDENT also is concerned with the district's organizational pattern. He said, "The Regional Board of Education has been studying the organizational pattern for the district. One of the recommendations of the board is to study the organizational pattern of the district. This will be to reexamine the pattern of organization of the district."

He has been examining the organization pattern. They will then give me their recommendations. A teacher in each school will be asked to do a study on what each building. I randomly chose 15 teachers in each school and sent them letters inviting them to file comments."

Merachnik would like to see involving them in curriculum opened between his office and the faculty body. He said, "I have sent notes to the four Board of Education saying that I want and will welcome invitations to speak with them. I have indicated that I do not have a speech, but that the superintendent and council must have dialogue. There are many issues and concerns that we can discuss."

"The students in the Regional District are the best I've ever seen. They are better educated and sharper than students I've seen in other places. I believe that students should be allowed to think and make their own decisions. Many of their ideas would improve the school."

The superintendent said he does not believe in increasing student publications. He declared, "The students should have the right to run their own newspapers—but they must be in good taste, not be offensive and not engage in improper work. The student papers are for students and are valid for them. They must not be malicious to invade the privacy of others."

Merachnik, who lives in Berkeley Heights with his wife and three children, came to the Regional District in 1959 as the first full-time teaching specialist at Dayton Regional. He later became the school psychologist and was appointed director of special services for the district in 1967. Twelve years later he was named assistant superintendent for personnel services.

A GRADUATE of Irvington High School, Merachnik took his bachelor's art degree from Upsala College, East Orange, and his master's degree from the State College of New Jersey in 1961. He was awarded doctorate in education in 1967.

Lecture will begin Holy Name series at Sunday masses

The Rev. Dennis Hennessy, OSB, will be the first of four priests invited by the Holy Name Society of the Archdiocese of Newark to present a series of talks on faith, morals, scripture and the sacraments in light of the teachings of Vatican Council II.

The Holy Name Society will be held in the church auditorium on Monday at 9 p.m., at which questions and discussions of the subject preached will take place. The meeting is open to the public, including college and high school students.

Father Hennessy, of St. Mary's Abbey, Morrisison, is familiar to members of Our Lady of Lourdes Church, having served as the pastor on Sundays. He is chaplain at St. Elizabeth's College, Covent Station, and was pastor in charge of the church of St. Mary's Abbey, Morrisison.

A member of the parish, seated in the Patron's Box and a visiting instructor at the theological school at Drew University, Madison, Father Hennessy studied theology at the College of St. Michael, Rome, and canon law at the Lateran University, Rome. The title of his first talk is "The Sacrament of Holy Communion in the Eucharist and in the Church."

The Holy Name Society will meet in the church parking lot tomorrow at 10:30 p.m. to attend musical adoration from 11 p.m. to midnight. The next meeting will be at St. Elizabeth. All the men of the parish have been invited to attend.



Schryba observes 25th year at Bell

William Schryba of 299 Chaffin Ct., Mountside, has completed 25 years of service with the New Jersey Bell Telephone Company. Schryba is a transmission technician in the company's test bureau in Irvington.

A Navy veteran of World War II, he is a charter member of Post 1018, Veterans of Foreign Wars in Mountside. Schryba is married and the father of two sons.

Republicans

(Continued from page 1) Hechtle stated, "You don't necessarily have to love your town or country. You love them because they are your own. If you work for it, it will give you pride of ownership."

2 motorists hurt, one hospitalized

Christine J. Leasner of Elizabeth and William Schuber of Springfield were injured Monday afternoon when their car collided at Sheffield Street and Central road, according to Mountside police.

2 larceny cases reported by police

Two typewriters and an adding machine were taken Monday during a break and entry at the Rappin Corp., 1180 Rt. 22, according to police. They were taken to immediately determine how entry was made.

TO PUBLICITY CHAIRMAN: Would you please help in preparing newspaper releases? Write to the news editor and ask for our "Tips on Submitting News Releases."

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Bond drive group will honor Seidels

The Westfield Area Local Bond Drive committee headed by Chester Feinberg, executive chairman, and Herbert Brody, general chairman, announced this week the "Night of Honor" will be held on Nov. 21 at the Shuckerman Country Club in Scotch Plains.

Mr. and Mrs. Herbert Seidel at Mountside will receive special commendation from the Westfield committee for their work over the years. The bond drive is under the sponsorship of the Westfield-Mountside Area Bond Drive and a section under the direction of Joseph Fox who is head of educational psychology from New York University.

Before coming to the Regional District, he worked in mathematics and was the school psychologist in Irvington. He is an Army veteran.

Merachnik has been active in several professional organizations. He is a member of the board of trustees of the New Jersey Association of Public Personnel Administrators and the advisory committee to the Union County Mental Health Program. He is past president of the New Jersey Association of School Psychologists and a former member of the board of directors of the New Jersey Reading Teachers Association.

The superintendent is based on the graduate faculty of Seton Hall University, Jersey City State College and Newark State College. He has written several articles for professional publications. In 1959, he was project coordinator for several programs of the State Department of Education, including out-of-school education and training teachers of the handicapped.

Merachnik concluded "Our big concern now is to build plans and programs. I am waiting with anticipation to implement building plans. The day of putting 30 kids in a room with one teacher and saying 'this is education' is gone."

"If we really are going to develop alternatives to the traditional programs for the kids, then we must have more space. I am looking forward to the introduction of more open boys and girls in grades 1 through 8 and coeds 75 districts."

OBITUARIES

BAROCK—On Nov. 1, Mary, of Mountside. SCREEDER—On Oct. 27, Mary Hess, of Mountside.

Election

(Continued from page 1) District 1, Richard, 215, and Lulu, 96. Individual district tallies for the Borough Council were: District 1, Cullen, 173; Geiger, 190; Reisdorf, 93 and Walsh, 93. District 2, Cullen, 178; Geiger, 174; Reisdorf, 107, and Walsh, 105. District 3, Cullen, 225; Geiger, 222; Reisdorf, 110 and Walsh, 98. District 4, Cullen, 255; Geiger, 212; Reisdorf, 106, and Walsh, 92. District 5, Cullen, 208; Geiger, 218; Reisdorf, 113, and Walsh, 107. District 6, Cullen, 180; Geiger, 211; Reisdorf, 106, and Walsh, 82. District 7, Cullen, 198; Geiger, 196; Reisdorf, 118, and Walsh, 114. District 8, Cullen, 176; Geiger, 177; Reisdorf, 84, and Walsh, 117. District 9, Cullen, 196; Geiger, 214; Reisdorf, 111, and Walsh, 113, and District 10, Cullen, 200; Geiger, 215; Reisdorf, 95, and Walsh, 91.

Dangerous roads

Austria has the highest traffic fatality rate in the world with 31.9 deaths per 100,000 population. The United States is fifth with 22.5 deaths per 100,000 population, according to the World Health Organization.

REAPPOINTED TO COMMITTEE

William J. Biunno of 1241 Wood Valley rd., Mountside, has been reappointed to a special committee of the New Jersey Savings League to study and act on proposed regulations. The purpose of the committee is to review regulations coming from governmental agencies. Biunno, who is a member of the Mountside Board of Education, is president of the Colonial Savings and Loan Association, Roselle Park.

SPRINGFIELD BRANCH HOURS:

Mon. thru Fri. 8 A.M. to 6 P.M. SATURDAY 9 A.M. to 12 Noon

PLAN FOR A CAREER CHRISTMAS IN 1972

A weekly deposit in our CHRISTMAS CLUB adds up to a carefree holiday... free of money worries. Join Now for happy shopping come next Christmas!

Advertisement for Christmas Club featuring a cartoon character and details about the program, including insurance and branch hours.

Advertisement for uncommon gifts and exotic gifts, including hand woven scarves and imaginative jewelry.

Advertisement for Plainfield Maternities, featuring a drawing of a woman and child, and text describing the facility and services.

Advertisement for THE ULTIMATE IN CONSIGNMENT SHOPPING, featuring an illustration of a man and details about the shop.

Advertisement for The Big Deal, featuring a drawing of a cassette player and details about the offer.





Station Breaks

By MILT HAMMER

TURNABLE TREATS: Good listening! Four LP discs on the 444 RECORDS label, INDIVIDUALLY STAMPED: By Superstamp. The 10 numbers by the group include: "Your Poppa Don't Mind," "Travelin' in '80," "Remember," "Everything Planned," "Friend in Need," and "Arise." Something to occupy your thoughts while listening to the music is the very, very artistic book cover. Better than the center-fold of any you know what magazine. ISP-43111.

PUNCH! ISP-43077: Two guys and two girls enjoin with: "Why Don't You Write Me," "Meditation," "Pieces of My Heart," "You're Life," "Blackout," "While My Guitar Gently Weeps," "Travelin' Boy," "Abraham, Martin, & John," "I Shall Be Released," "Fallin' Lady," "Love Song" and "Open Highway."

GENE CLARK (SP-4282): The guitar-wielding Gene disc-lights include: "The Virgin," "With Tomorrow," "White Light," "Because of You," "One in a Hundred," "Spanish Guitar," "Where My Love Lies Awaiting," "Tears of Rage" and "1953." JAMES BURTON (SP-4202): The country and rock guitarist debuts with the selections: "Faded Amic," "Susie Q," "Fins and Reins," "Foolish Youth in," "Johnny B. Good," "I Know" (You Don't Want Me No More), "Delta Lady," "You're the One," "Johnny B. Good" and "Hound Dog." "I-Feel Stealers" and "Long Peach."

Sluggo stork story: Admen in charge of a detergent commercial wanted to have a live stork deliver the soap to a new mother. A crewman carried the illtempered bird, with a dagger taped to his bill, up a 90-foot launching platform. There he unbalanced the bird and stepped out of the way, but the stork just stood there. Desperate, the crewman pushed the bird off the platform. It tumbled wildly for about 15 feet and plummeted to the ground, the detergent falling behind it. The stork survived, but the \$25,000 commercial died.

# Seniors FIND place to go Authority opens coffeehouse

NEW YORK — Commuters who stream by the thousands past the main waiting room at the Port Authority Bus Terminal on 125th Street, or she was one of 500 older people who were identified as very frequent riders in the waiting room, some daily. Contributions totaling \$55,000 from the Port Authority, the Federation of Protestant

Welfare Agencies and the New York Foundation, plus individual contributions enabled the sponsors of the project to dedicate the Coffee House this October. Port Authority employees at the Bus Terminal did much of the renovation of the two old brownstone structures between Ninth and Tenth Avenues which house the street-level Coffee House. Barry Meyer, the present manager of the Port Authority Bus Terminal, and his assistant manager, Robert Callin, are among the most enthusiastic backers of the Coffee House, and serve on its advisory committee. They are pleased with its success to date, and impressed with broad community acceptance it has received from the elderly people it was designed to serve.

Herbert Hummel of Travelers Aid. They learned that the typical elderly "litter" was 69 years old with an annual income of \$1,800. He said that the coffee house was designed to serve one of 500 older people who were identified as very frequent riders in the waiting room, some daily. Contributions totaling \$55,000 from the Port Authority, the Federation of Protestant

## Quilting workshop planned at museum

The art school of the Metropolitan Art Museum will hold a quilting workshop on five Friday mornings from 9:30 to 11:30, beginning Nov. 12, with Mrs. Virginia Brounser as the instructor. The class will cover the history of quilting, preparation of patterns and the development of the quilt design. Applique and trapunto, a raised work similar to quilting, will also be studied. The fee for the five sessions is \$16. For registration or information, call the museum, 767-5555, ext. 5.

## Puzzle Corner

By MILT HAMMER  
A SPECIAL DAY  
The first letter is "TWO" also in TOO;  
The second is in HASTE, but not in WASTE;  
The third is in ATE, also in EAT;  
The fourth is in BAND, but not in BARD;  
The fifth is in KNOW, also in KNEW;  
The sixth is in SURE, but not in CURE;  
The seventh is in COUSE, also in GIBSE;  
The eighth is in DIG, but not in DOG;  
The ninth is in GIVE, also in DAVE;  
The tenth is in HIVE, but not in LIVE;  
The eleventh is in NOW, also in FLEE.  
The last letter is in GLEE, but not in FLEE.  
Put the letters together,  
And find a day set apart to acknowledge God's favor.

ANSWER  
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## Studded tire season cut 6 weeks

N.J. Motor Vehicles Director Hay J. Marbil this week reminded motorists that studded tires will not be permitted on New Jersey roads until Nov. 15. For the next, studded tires could be used from Oct. 15 until April 15. The new regulation allows them only until April 1.  
"This winter, we are cutting out six weeks of studded tire use, as a result of studies which indicate they cause increased road wear damage," Marbil said.  
It is estimated that studded tires double the expense of state highway maintenance.  
"By eliminating 25 percent of the time studded tires are in use, we will reduce road wear by more than 15 percent," Marbil explained.  
"In the meantime, we are continuing to study the effects of studded tires with an eye toward overall safety and accelerated road deterioration," he added.

## Welfare system will be topic for spring institute at college

"Our Welfare System - Challenge of the 70's" has been selected as the theme of the eighth annual Monmouth College Government Institute scheduled to be held next spring at the college.  
The Institute, scheduled for March 25, draws hundreds of high school students and their teachers, as well as interested citizens each year. It is sponsored by the Abury Park Press in cooperation with participating high school social science departments.  
The letter to high schools throughout New Jersey, Zigo, assistant director of community relations at Monmouth and program coordinator, said the day-long session will focus on the pertinent laws of our current welfare system.

"With this theme," he explained, "we want to involve the students in research and public discussion dealing with the analysis and evaluation of the welfare system. Does it alienate the taxpayers who support it, hinder the social workers who administer it, and help the poor who depend on it?"  
In past years, more than 5,000 students, teachers, federal, state, county and local officials, and representatives from service and community organizations have participated in realistic sessions. Zigo said.  
The purpose of the program, Zigo said, is to encourage the study of political agencies; to focus attention of social science students and teachers on governmental affairs; and to make the public more aware of the many functions of government.  
The students are encouraged to submit research papers dealing with aspects of the institute theme. The papers will be judged by a panel of experts and the authors of the best research papers will receive a certificate of merit. Papers before the group attending the institute.  
Past institutes covered such topics as: federal-state government, inter-relationships, county-municipal relationships, the New Jersey judiciary, regionalization of government, the state cabinet, including its functions, problems and responsibilities to local government, the urban crisis and environmental problems.  
"To our knowledge, this is the only program in the state which affords this opportunity to focus public attention on the social sciences," Zigo said.  
The institute provides an excellent opportunity for students to gain first-hand experience in social science research. The institute provides an excellent opportunity for students to gain first-hand experience in social science research.

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# N.J. jobs less rate inches lower 3rd month in row

Ronald M. Heyman, commissioner of New Jersey Department of Labor and Industry, announced this week that the unemployment rate in New Jersey dropped to 36.30 in September. This decline which is essentially seasonal brought unemployment to an estimated low of 192,000 in the state. A nonseasonal drop occurred in the unemployment rate which fell

to 6.2 percent of the work force in September, from 7 percent in August and 7.6 percent in July.

Commissioner Heyman, in announcing the reduction, said "This is the third successive month in which unemployment has fallen. By continuing to take an optimistic view of the employment situation because of this continued low rate of unemployment, the unemployment rate in the context of the on-going programs of the state and the influence of federal actions are being kept about the same employment level."

Miss adjustment for seasonal variation the state-wide jobless rate stood at 7.2 percent in September compared with 7.2 percent a month ago.

Seasonal adjustment is a technique to eliminate from a statistical series the short term repetitive motions caused by the changing seasons and thereby to provide figures that reflect only the underlying economic trends.

For example, New Jersey records employ a greater number of workers during the summer months. Figures in June, therefore, every June, the figures include more persons employed in order to take a change from the June figures of the previous year. The seasonal adjustment must be made.

Commissioner Heyman added "It should be noted that the unemployment rate consistently rises in the late summer and early fall. We hope the data for the next few months will show that the rate will continue to be lower than in the past."

Monthly declines in unemployment occurred in 12 of the state's 14 major market areas. The three exceptions all in South Jersey were the Newark, Camden and Trenton areas where the rate rose by 1/8 percentage points, the Salem area with a 1/8 point rise and the Atlantic City area with a 1/8 point rise.

The steepest cutbacks in unemployment were reported in the state's major labor market areas. Both Jersey City and Trenton areas fell by 1 1/2 percentage points, Newark by 1 percent and Camden by 1/2 percent. The effect in the Trenton area, however, and Paterson, Paterson, Newark, Jersey City and Camden fell by 1/2 percent and 1/2 percent respectively.

At the same time, the jobless volume was 37,000 higher and the rate was up 1/4 of a percentage point this September. All but two of the 14 major market areas reported higher rates this year. The Atlantic City rate was down by 1/4 of a percentage point and the Camden-Midland-Hudson rate was the same as a year ago.



**FAMILY AFFAIR** Baby monkey Bobby, recently born at Turtle Back Zoo in West Orange leads her parents on a merry chase. Children may visit with deer and other animals between 10 a.m. and 5 p.m. on weekdays and between 11 and 5 on Sundays and holidays.

# Lewis leads orchestra in 1830 Bellini opera

Portions of a rarely heard Bellini opera will highlight the New Jersey Symphony's forthcoming programs at Carnegie Hall and at the new Kennedy Center for the Performing Arts in Washington, D.C.

The orchestra will perform at Carnegie on Nov. 10 and will visit Kennedy Center two nights later.

All both halls the program will be performed in the major events of the season. Appearing with the orchestra will be soprano Marilyn Horne of the Metropolitan Opera and Patricia Brooks of the New York City Opera. On the podium will be the orchestra's music director, Henry Lewis.

The Bellini music will comprise excerpts from the first act of the composer's 1830 opera "Il Capuletti ed i Montecchi." Suggested by Shakespeare's "Romeo and Juliet," the opera contains some of Bellini's most lyrical vocal writing.

In the New Jersey Symphony performance, Miss Horne will sing the role of Juliet, written in the contralto range, and Miss Brooks will sing Juliet's other sister, the Philip King, tenor, and Richard Anderson, bass. The Men of the Rutgers University

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# Seton Hall concert to be Bach festival

In the final concert of its current season the Seton Hall University Chamber Orchestra will present a Bach festival. The concert will be held at 8 p.m. in the Seton Chapel on the South Street campus.

The program will consist of three Bach cantatas and will feature two soloists along with the 28-piece choir. Led by the conductor of the choir.

Soloists will be Marjorie Skowronski of Madison, Virginia, University of Maryland, and New York, and John L. G. of New York University. Soloist for the cantata "Gott ist mit uns" will be Marjorie Skowronski of Madison, Virginia, University of Maryland, and New York, and John L. G. of New York University.

# HOPE OFFERED TO THE HARD OF HEARING

**New Government booklet available**

**WILMINGTON, DELA.** A new United States Government booklet, "Hearing Loss: Hope for the Hard of Hearing," is now available to the public at no charge.

The booklet, which is published by the U.S. Dept. of Public Health Education and Welfare, is for use by the hard of hearing, covers such facts as selected devices for hearing, the trouble of selecting a hearing aid and some damage an adult's hearing and the most types of hearing loss.

Persons interested in securing a free copy of this U.S. Government booklet can do so by simply writing to "Consumer Hearing Independence Mail, Suite 65, 1601 Concord Pike, Wilmington, Delaware, 19803

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# Students at Drew participate in Newark sociology project

A seminar of Newark and sociological research at Newark has been conducted by students of the College of Liberal Arts. Eight students are working with resident scholar Kenneth C. Stevenson on a project of planning and development for the local anti-poverty program in Trenton, Colorado. Mrs. and member of the U.S. department of sociology.

Student research projects are being developed through the technique sociologists call "participant observation." That is, instead of adding to the problems of center, they are living in the center, taking notes, and generally getting in the way. Students spend their time in Newark as assistants to Mrs. Stevenson, and other minority group leaders. These experiences are written up and evaluated after students return to campus.

Their research activities are of two kinds, helping the agencies that help urban dwellers, and working directly with residents themselves. Students are involved with various agencies at the city.

The United Community Corporation in such roles as program evaluators and funding proposal writers, or they work with residents in high school counselors, hospital visitors, and so on.

"Our primary goal," says Stevenson, "are to assess the citizens of Newark who are trying to make their city a better place for all and to provide these students with educational experiences which cannot be taught in a classroom, yet which are consistent with a social liberal arts education."

Though technically scheduled to meet twice weekly—Tuesday and Thursday meetings at the Metropolitan United Methodist Ministry building located in the middle of the downtown business district—the class observers only the Tuesday meeting with regularity.

The second weekly session comes on almost any day of the week and time of day at court main sessions, city council meetings, and seminars with representatives from institutions, neighborhoods, and agencies as well as the city.

# Local plans fund dance

The Charlotte-Haddon Hall Hotel, Atlantic City, will be the setting for a scholarship fund dinner-dance to be held Saturday by the International Brotherhood of Bookmakers Local Lodge No. 28.

The union is an affiliate of the International Brotherhood of Bookmakers, Iron Ship Builders, Blacksmiths, Forgers and Helpers, its headquarters is located in Bayonne and services the entire state.

The committee has planned an evening of dining and dancing. Those to dinner, a scheduled reception is scheduled for 7 p.m. Serving as co-chairman of the affair are the president of the local, William S. "Catharine" of Secaucus, and the assistant business agent, Raymond J. Cusling of Sayreville.

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# Upsala physics project as 'ultimate' in research

A group of students and faculty members at Upsala College, East Orange, is presently involved in a project that is the ultimate in physics research.

Dr. George Cvijanovich, chairman of Upsala's physics department, said the research is searching for a series of new elementary particles that are much heavier than hydrogen nuclei.

"If we can discover these new particles, then it will be possible to say something about the existence of fundamental blocks of matter that constitute the physical world," Dr. Cvijanovich said.

He added that even if the results of the research are negative, "it will be a great contribution to clarifying physics is a science that deals with matter and energy and their interactions in the fields of mechanics, electricity, optics, acoustics, magnetism, radiation, atomic structure and nuclear phenomena."

Dr. Cvijanovich said Upsala is one of the few colleges in the United States involved in research of elementary particles. This is an attempt to accomplish the goal, the Upsala contingent is using the facilities of the campus as well as on. It is a member with the Rutgers University physics department in performing an experiment in high energy physics at Brookhaven National Laboratory in Brookhaven, N.Y. This is a continuation of a project that Upsala and Rutgers started at the Princeton and Pennsylvania Universities Accelerator at the Porternal Laboratory in Princeton. They've been members of the accelerator group since 1968.


Upsala is also associated with the National Accelerator Laboratory in Batavia, Ill. which now is under construction and will be the most powerful accelerator in the world.

Dr. Cvijanovich noted that Upsala is also associated with the National Accelerator Laboratory in Batavia, Ill. which now is under construction and will be the most powerful accelerator in the world.

Students are much more interested in physics than ever before despite the fact that the public is anti-scientific," Dr. Cvijanovich said. "That's because physics is the only field left in which you can still get a Ph.D. in physics."

Dr. Cvijanovich said that the public is anti-scientific, but that the physics faculty at Rutgers University and instructor Vello Dabok.

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### HOLIDAY GIFTS

Mrs. David Porterfield Adams, a member of the Menninger Foundation's children's book committee, needs to hardcover Debrau, aged 5 from the book "Sometimes I Get Angry," one of a series of four illustrated books, with problem-solving, story tale texts, written by Dr. Robert E. Switzer, director of the Children's Hospital at the Menninger Foundation. With special notes for parents, each book costs \$1.95 (plus 50 cents for postage and handling). They are suitable for Christmas or special occasion gifts to children, aged 1 to 6. Proceeds from their sale will benefit the Menninger Foundation's Children's Hospital, Topeka, Kan. To order the books, send check or money order to: The Children's Book Committee, The Menninger Foundation, 790 Madison Ave., New York, N.Y. 10021.

## International signs urged on highways

A program to make travel on American highways easier for "our friends from overseas as well as our own citizens" was urged this week by former Governor Alfred E. Driscoll, chairman of the New Jersey Turnpike Authority. Driscoll has just returned from Barcelona, Spain, where he led a meeting of the International Road and Turnpike Association that the "United States has lagged behind other countries in the adoption of international signs and symbols designed to promote greater safety."

The Turnpike chairman said with the increase in international travel, perhaps this is the organization best suited to take the lead in promoting greater safety by the adoption of international signs and symbols. "To the extent that the majority of our motorists are from the United States, I urge you to support the adoption of a program that would make it easier for our friends from overseas to travel on our highways."

Today we have a welter of signs, varying from state-to-state. This situation promotes confusion even among our own citizens and even greater confusion when our friends from other countries visit us and don't know our signs.

Early copy Publicity Chairmen are urged to observe the Friday deadline for other than spot news. Include your name, address and phone number.

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## NCE professor named new research director

Arnold Altmann, a member of the faculty since 1966, has been named director of research at Newark College of Engineering, New Jersey's largest engineering college. Dr. Altmann's appointment was announced by the board of trustees of the Foundation for the Advancement of Graduate Study in Newark, N.J. Dr. Altmann succeeds Dr. Richard G. Griskey, now dean of engineering at the University of Wisconsin in Milwaukee.

In 1962 Congressman objected to appropriating funds for the new 500 in Washington, D.C., saying taxes should not be used "to subsidize other and even better for health, recreation, and education." But, now thousands of visitors from the 50 states and almost all foreign countries visit the National Zoological Park every year.

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He is a professor of mechanical engineering at NCE and will maintain that rank in the faculty. Active in research and the development of graduate courses at NCE, Dr. Altmann has received his Ph.D. in mechanical engineering from Worcester Polytechnic Institute and a master's degree from Cornell University. He earned his doctorate from Polytechnic Institute of Brooklyn in 1962.

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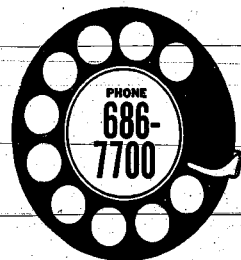
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**LAFF OF THE WEEK**



**Pedestrian safety seminar scheduled at Rutgers Tuesday**

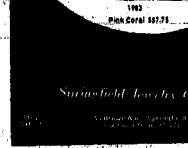
The New Jersey State Safety Council will conduct a one-day seminar on pedestrian safety at the Labor Education Center Auditorium, Rutgers - The State University, New Brunswick, on Tuesday.

The seminar will focus attention on the seriousness of New Jersey's pedestrian safety problem which each year represents approximately 30 percent of the highway fatalities. The national average is only 10 percent.

Community action programs to assist in the reduction of the excessively high pedestrian fatality rate will be presented by Edmund D. Duffy, Jr., New Jersey Department of Health; George Horner and Norman Diatch, New Jersey Department of Transportation; William H. Snook, New Jersey Division of Motor Vehicles; Sergeant Joseph Keller, New Jersey State Police; Curtis A. Winston, New Jersey Office of Highway Safety; Max Wingel, Automobile Club of Central New Jersey; and Herman Volk, Middlesex County Planning Board.

The Safety Council maintains that a community pedestrian program, to be effective, should include requirements that pedestrian education begin at the elementary school level, that signs and traffic signals be designed for pedestrian protection, that sidewalks and off-street playground facilities be part of residential street construction, that pedestrian traffic laws be enforced by police officers and that school crossing guards and other activities be developed to keep both drivers and pedestrians aware that all highway fatalities do not occur inside the cars.

Complete program information is available from Victor C. Carney, director, Traffic Division, New Jersey State Safety Council, 50 Park pl., Newark, 07102, telephone (201) 642-3152.



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**The Potter's Bazaar**  
330 Reed Avenue in the Garwood Mall, Garwood, N.J.  
(Between Central and Westfield) 785-2350

**A 'quiet man' faces an un-quiet future  
Rutgers' new president's inaugural next week**

How does it happen that a man who says he's happiest when he can sit quietly reading in his study, recently was asked on one day to extend greetings to a group of top scientists, meet with the advisory board of a political foundation, take part in a session of the Institute of International Education and judge a "non-student" contest?

This disparity between the private preferences and public responsibilities of Dr. Edward J. Bloustein, the 46-year-old Rutgers' new president, is only one of the many contradictions he presents.

...he says he's basically not really outgoing... through the multitudinous social duties required of a University president.

He spent his first 35 years mainly as a student, on the quieting end of education and now rather suddenly finds himself on the other side of the educational fence, with the power to deeply influence the quality of the education available to the more than 35,000 college credit students at New Jersey's State University.

He is a happily married man who thinks that many of the accepted patterns of American marriage need to be re-examined and changed.

His sympathetic and responsive to students, but has had some very harsh things to say about their failings.

DR. BLOUSTEIN ASSUMED the presidency of Rutgers on Sept. 1, having served for the six years previous as president of Bennington College, a small, prestigious college in Vermont. He will be inaugurated at ceremonies next Wednesday in New Brunswick and will take an inaugural convocation at Newark on Nov. 11, and in Camden on Nov. 12. He will address a first session of the New Jersey legislature on Nov. 15.

There are moments when I had never heard of the word "inauguration," he admits ruefully. He has indicated he will give different addresses at each of the inaugural programs, a massive task when added to the regular duties of running the 22nd largest university in the U.S.

Dr. Bloustein was graduated from James Monroe High School in the Bronx in 1942, and entered the U.S. Army as a private one year later. Discharged in 1946, he went back to school and was graduated from New York University with a Bachelor's degree in 1948. He attended college on a full tuition scholarship and was graduated as a member of Phi Beta Kappa, the national honorary scholastic society.

He then won a Fulbright Scholarship to attend Wadham College of Oxford University, obtaining a second bachelor's degree there in 1950. He subsequently enrolled at Cornell University, earning a doctor of Philosophy degree in philosophy in 1954 and a Doctor of Jurisprudence degree in 1956. At law school, he was editor-in-chief of the Cornell Law Quarterly.

Dr. Bloustein taught law at Brooklyn College and logic and philosophy at Cornell. He joined the New York University School of Law as an assistant professor in 1961, rising in three years to a full professorship. He is the author of a number of articles and monographs in both scholarly and popular magazines.

Dr. Bloustein has frequently spoken of the need for parents to recognize that the values they see reflected in the lives of their college children mirror their own personalities. He has called for parents to join their children in the struggle to improve the world.

"We parents and adults will have to abandon our hypocrisy and be brutally honest with ourselves and our children about our failures, personal, social and political; and our children will have to abandon their sanctimoniousness and their romantic yearning for a political and social apocalypse," he has written.

"We parents and adults will have to abandon some familial duties which they now generally abide."

He has charged that society at present bores women by teaching them to aspire in careers and then making it almost impossible for them to have them.

Dr. Bloustein is a complex individual, one which will inevitably lead the whole range of his skills - even to making him judge monster contests.

A monster contest, incidentally, is a food-raising event at which donors donate and fraternalists enter their contended members to compete as "incarnate," or "fantasy" monster.

To Publicity Chairmen:  
Would you like some help in preparing newspaper releases? Write to this news paper and ask for our "TIPS on Submitting News Releases."

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23" diag. Screen **429<sup>95</sup>**

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21" diag. Screen **449<sup>95</sup>**

**SYLVANIA COLOR**  
19" diag. Screen **379<sup>95</sup>**

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**18" COLOR PORTABLE TV**  
diag. Screen **299<sup>95</sup>**

Every Sylvania portable and table model color TV comes with these exciting features. Color Bright picture tube. Built-in 30 channel wide channel selector. 100% picture only. Built-in high-fidelity stereo sound. Fine tuning and muting. New three by three at your nearby BBD dealer. See the real meaning of the word "value!"

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## ORT to get report on convention at meeting next week

The Springfield Chapter of Women's American ORT (Organization for Rehabilitation Through Training) will hold its general meeting Thursday, Nov. 11, at 8:30 p.m. at Temple Beth Ahm on Temple way. Mrs. Leon Silver, president, will conduct the meeting. She will present a report on the 21st biennial national convention of Women's American ORT which she recently attended in Florida.

Mrs. Jerry Stanger of 50 Twin Falls road, program chairman, announced that after the business meeting, she will conduct a "white elephant" sale Mrs. Irma Geland of 22 Anna pl. will act as auctioneer. Merchandise to be auctioned will include several works of art. Contributions of items from members will be accepted.

Mrs. Howard Walters, membership vice-president, said members and guests will be served refreshments at the meeting.

**DELEGATES FROM** the Springfield Chapter will attend a regional evaluation conference on Monday evening at the YMHA on Green lane in Union.

Attending as representatives of the Springfield chapter will be: Mrs. Silver, president, as evaluation conference chairman; Mrs. Sanford Lutz, vice-president, of 23 Gaol st.; Mrs. Howard Walters, vice-president, of 40 Garden oval; Mrs. Ruth Feuerstein, 318 So. Springfield ave.; Mrs. Robert Wetlock, 14 Mohawk dr.; and Mrs. Ted Kurtz of 2805 Debra way, Union.

The Springfield Chapter will join other affiliated ORT groups in the metropolitan New York-New Jersey area to co-sponsor a premier performance of the new film, "Fiddler on the Roof" at the Rivoli Theatre in New York City on Wednesday evening.

Mrs. Martin Grossbard of 25 Janet lane is ORT School of Engineering chairman and may be contacted for reservations and ticket information.



## Maurine Phillips plans summer date

Mrs. John W. Phillips of 193 Hawthorn ave., Springfield, has announced the engagement of their daughter, Maurine C. to Robert H. Peake, son of Mr. and Mrs. William H. Peake of 10 Grant pl., Irvington.

Mrs. Phillips is a graduate of Jonathan Dayton Regional High School, Springfield. She is employed by Chubb and Sons, Short Hills.

Her fiance is a graduate of Irvington High School and the Data Processing Repair Institute, Scotch Plains. He is employed by the Cummins Corp., Butherford.

A summer 1972 wedding is planned.

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## Sheila L. Lubiner becomes bride of Peter Schechter

Sheila Leslie Lubiner, daughter of Mr. and Mrs. Benjamin Lubiner of Christy lane, Springfield, was married last Thursday to Peter S. Schechter, son of Mrs. Helen Schechter of Hillside.

Rabbi Herschel Cohen performed the ceremony at Clinton Manor, Union. A reception followed.

Mrs. Alan Lubiner of Elizabethtown, the bride's sister-in-law, was maid of honor and Gail Lubiner of Springfield was maid of honor for her sister. Bridesmaids were Heidi Schechter of Hillside, the groom's sister; John Colonna of North Bergen, Mrs. Terry Friedman of Roselle Park, Nina Morrow of Springfield and Myra Morrow of Springfield.

Alan Lubiner of Elizabethtown, the bride's brother, served as best man. Ushers were David Morrow of Springfield, Ed Loebman of Irvington, Michael Bukowski of Hillside and Jeff Raabochuck of Hillside.

Mrs. Schechter attended Mitchell College and is a graduate of the Berkeley School, East Orange. She attends Newark State College, Union, and is a legal secretary for Avidian and Avigan, Newark.

Her husband also attends Newark State College. He is a teacher in Newark.

## Valparaiso Guild plans fall luncheon

The Valparaiso Valley Guild of Central New Jersey will sponsor a fall luncheon at 1:30 p.m. Wednesday at the Redemer Lutheran Church in Westfield.

Mrs. Norma Heine of Cedar Grove will give a history of lighting from the first century using as his topic, "Lighting and John deWenning." A collection of Early American lighting antiques, which will show such items as a hogropper, lamp oil lamp, Paul Harvey lantern, Clark's fiery lamp, wick trimmers and snuffers and various styles of candle molds.

Mrs. Irene Wilbeck and Mrs. George Wilbeck are co-chairmen of the luncheon. Tickets are available from members of the guild. Mrs. Walter Blanken is president.

## Ward Rau to wed Marlene Swanson

Mr. and Mrs. Robert B. Swanson of Chatham Township have announced the engagement of their daughter, Marlene Gayle to Ward T. Rau, son of Mr. and Mrs. Eugene F. Rau of Middletown.

The bride-elect is a graduate of Chatham Township High School. She is attending Whitson College, Wharton, N.J.

Her fiance is a graduate of Gov. Livingston Regional High School, Berkeley Heights. He is also attending Whitson College.

An August wedding is planned.

## Rick D. Hutchison is engaged to wed

Mr. and Mrs. Richard I. Kenney of Bergenfield have announced the engagement of their daughter, Therese, to Rick D. Hutchison, son of Mr. and Mrs. David J. Hutchison of 329 Briar patch, Montclair.

The bride-elect is a graduate of Bergenfield High School. She is attending Alphonse College, Chicago.

Her fiance is a graduate of Gov. Livingston Regional High School, Berkeley Heights. He is an apprentice in the Central New Jersey District Council of Carpenters, Local 620.

## Marriage expert to speak at temple

The Fla Okin Cancer Relief, Young Women's Group, Springfield, will sponsor a talk on "Sexual Harmony in Marriage" by Dr. Nicholas Laxwood on Saturday, Nov. 15, at 8:30 p.m. at Temple Shalom, Springfield.

Dr. Laxwood is a physician who specializes in marital and pre-marital counseling. She has been interviewed on radio and television.

Tickets can be obtained by calling Mrs. Barbara Bender at 479-2521. Mrs. Ellen Bloom at 992-7007 or Mrs. Harriet Klein at 994-0454.

## It's a girl

A 7-lb. 6-oz. daughter, Kimberly Dawn Madding, was born Oct. 22 in Overlook Hospital, Summit to Daniel and Daniel Madding III of 232 Millbrook rd., Springfield. Mrs. Madding is the former Sandra Martin of Chatham.

## Plans announced for new activities by Woman's Club

The executive board of the Springfield Woman's Club met last week at the home of Mrs. William Proctor. Plans were announced for the departmental activities for the month.

The literature department met Monday at the home of Mildred Leves. The program was group reading from a play.

The social services department met Tuesday at the home of Mrs. John Moore. The group made plans for the Palmer Nursing Home and Integre for Greyhound Hospital. A rehearsal of Christmas music is planned for the meeting of the creative arts department at 8 p.m., Monday at the home of Marcell Sims, 19 Miller ave.

On Saturday, Mrs. Herbert Miberg, education chairman, will accompany a group of high school girls to Douglas College for the annual Woman's Club College day activities.

The American home department will make patio belts at its meeting Tuesday evening at the home of Mrs. Charles Quinzel, 32 Miller ave. Co-hostesses will be Mrs. Fred Mercury.

On Tuesday evening, Nov. 16, the garden department will make Christmas decorations at the home of Mrs. Michael Lofsky, 26 Lyons pl. Co-hostesses will be Mrs. Edward Rackowski Sr.

The executive board will meet a week earlier than usual, on Wednesday, Nov. 17, at the home of Mrs. Charles Hillier, 112 Besset ave. Co-hostesses will be Mrs. Theodore Stiles.

On Thursday evening, Nov. 18, the international affairs department will give a talk on the trip to Japan, illustrating it with slides.



MARLENE G. SWANSON

## Mountain Trail Garden Club to meet Tuesday in Watchung

Mrs. Charles A. Serretti Jr. of 14 High Oaks dr., Watchung, will open her home for the meeting of the Mountain Trail Garden Club on Tuesday. Co-hostesses are Mrs. John J. Suski and Mrs. Edward Verlangeri. The theme will be "Golden Harvest."



LYNN S. SOUTHWARD

## Lynn Southward plans March date

Mr. and Mrs. Robert T. Southward of 194 Bryant ave., Springfield, have announced the engagement of their daughter, Lynn Diane, to Richard Donald Leatherow, son of Mr. and Mrs. Robert L. Leatherow of Matwan, formerly of Irvington.

Mrs. Southward is a graduate of Jonathan Dayton Regional High School, Springfield. She is employed by the Peeter Wheeler Corp., Livingston.

Her fiance is a graduate of Irvington High School and is attending Fairleigh Dickinson University. He is a police officer in Maplewood.

A March wedding is planned.

**Charge for Pictures**  
There is a charge of \$5 for wedding and engagement pictures. There is no charge for the announcement, whether with or without a picture. Persons submitting wedding or engagement pictures will enclose the \$5 payment or include a note saying they will be billed.

- ANSWERS**  
(Bible Quiz)  
1. Aaron (Ex. 32:41) 2. Nicodemus (John 3:1) 3. Salt (Gen. 18:26) 4. Solomon (I Chron. 22:19) 5. Yes (Mark 8:13) 6. I did (Gen. 3:11) 8. Nahshai (Job 3:10)

## Sisterhood to begin 'coffee and culture' series at Beth Ahm

The Sisterhood of Temple Beth Ahm, Springfield, will begin its series of "coffee and culture" sessions on Wednesday, 11:30 p.m. at the temple.

The Fran J. Caglar, associate professor of English at Union College, will be the guest speaker. He will review "The Transcendentalist" by Ralph Waldo Emerson.

Dr. Zachar received his bachelor's and master's degrees at the City College of New York, and his Ph.D. at New York University, specializing in teaching English on the college level. He has taken additional graduate courses at Columbia University, Harvard University and Montclair State College.

Dr. Zachar was chairman of the English department at West Side High School, Newark, before serving as coordinator of English for all Newark secondary schools from 1961 to 1967. He also taught and implemented the first Afro-American literature course in the Newark public schools.

The Sisterhood president, Mrs. William Prockmer, stated that the public is invited to attend Mrs. Harry Hove, adult education chairman, has arranged for babysitting service for the afternoon.

## BIBLE QUIZ

- With some thought, you should be able to answer all 10 questions correctly.
- Who said, "I have called the golden calf?"
  - Who "walked with God, and he was not for God took him?"
  - Who asked, "How can a child be born when he is old?"
  - With what are Christians commanded to season their salt?
  - Who in the Bible is described as a "man of peace?"
  - Can it be proved that Jesus was a carpenter?
  - Who asked, "Have you eaten of the tree of which I commanded you not to eat?"
  - Who was the first person to confess Jesus as being the Son of God?
  - Name the 12 sons of Jacob.

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**SUNDAY'S SERMON**

**SUNDAY**

"Is Sunday just another day of the week?" In many communities and cities only the activity of industry and certain businesses are set aside on Sunday. Many Christians seem to feel that Sunday is a day that becomes "free and clear" except for an hour or two in church.

How is your Sunday? You can make it better. Try an old-fashioned Sunday. Make no plans other than going to church with learning with the family. You may be surprised to learn that such is an enjoyable day.

You can make your Sunday better by giving some extra time and effort to your church, there are many projects for which hands are needed, each offering the joy that comes to those who serve with God.

Spend Sunday with your family, in the service of your church, and your Sunday will be a great day.

**FRIDAY DEADLINE**

All items other than spot news should be in our office by noon on Friday.

**The Women's Association of Temple Sinai cordially invites you to attend a**

**COLLECTORS' AUCTION**

On Sunday, November 13, 1971, at 2:00 P.M. at the home of Mrs. & Mr. S. P. C. Miller, 1111 1/2 Avenue C, Newark, N.J.

on Sunday evening, November 7th at Temple Sinai

208 Summit Avenue, Summit, N.J.

On Sunday, November 13, 1971, at 2:00 P.M. Auction 1:00 P.M.

# Radio City upstaged by Union College 18-year-old leaves Rockettes for campus

The famed Radio City Music Hall Rockettes get second billing at Union College on the program Miss Deborah Sirok of Cranford has mapped out for her future.

The tall, willowy coo chose to be a freshman at Union College, a Plainedge campus, over a career with the Rockettes.

Miss Sirok, who has studied dancing at the University of Dance and Theatre Arts for 13 of her 18 years, auditioned for the Rockettes last April and passed. She was a full-time job as a summer replacement on the company full time.

"It was a tough decision, but Debbie's reasoning dispels any image of a star-struck youngster. It's a mature young woman," says Robert "Shoe Business" Love II, and earning \$200 a week for the summer is a big morale booster, but you can't do that all year. Union College is the best way."

Debbie will be going back to the Music Hall, however. She's been asked to be a summer replacement job for as long as she is a Rockette.

**WHAT'S IT LIKE to be a Rockette?** According to Debbie, it's every bit as exciting and glamorous as she'd expected it to be. Debbie also is of hard work. Debbie, who commuted from Cranford all summer, had to be in Manhattan time for the 12:30 matinee show and didn't leave until after the last show of two hours.

"You dance 20 minutes and then break for 10 to 15," she explained. "And when you're rehearsing for a new show of least two to four breaks are used for learning and perfecting new routines. Shopping, eating and sleeping in separate bags in the dressing room fill in other breaks."

One of this summer's shows was choreographed by Peter Zanzani, a noted choreographer and artist and Ed DeBakey's working directly with dancers, when up to this time, she'd seen only on television. Debbie was the summer. Another high spot was meeting comedian Nip Russell.

"The other girls were wonderful," says Debbie. "Everyone was helpful and friendly. You sort of have to be since you spend so much time together. Most of the Rockettes are in their late teens and early 20s, she noted. "Although there were a few older ones in their 30s."

The precision dancing, especially the high kicks and spins for which the Rockettes are famous, is the result of lots of practice. Debbie says. The ability to keep a prerequisite for joining the company. When she auditioned, Debbie had to do eight straight kicks over her head and each had to be in line with her nose.

"Eight side kicks tested her balance."

"Balance," she says, "is terribly important since you can throw off the girls on either side of you."

ONE OF THE toughest things for Debbie this summer was staying out of the sun. "You can't have a tan because of costumes," she explained. A bathing strap mark could soil the costume effect. Her major relaxation this summer was getting up at 6 a.m. to play softball in Central Park with the stage hands.

In compensation, Debbie and a friend will spend their Christmas vacation in Florida. "It's that way I can get as tan as I want and it will wear off by next summer."

Debbie, who was also a finalist in last year's Miss Union County pageant, will reportedly be looking forward to a career in the theatre. She isn't a liberal arts major at Union College, she wants to earn a degree in elementary education.

Her decision to attend Union College was based on the recommendation of friends, an alumna who transferred to Rutgers for her last two years of college.

"My cousin told me that Union College has the best teachers without going north of state and that if I maintain good grades I can go to almost any college I want for my baccalaureate degree," she said.

When Debbie isn't studying or swimming and roller skating at the '20, she's hanging out at school keeping fit on her own. She's become something of a celebrity in her neighborhood with all the little "fans" who are younger brothers, John and Brian, looking up to her. Her parents, Mr. and Mrs. John Sirok are understandably proud of her decision not to dance but of her success in making it as a dancer.



MISS A ROCKETTE Miss Debbie Sirok of Cranford (right) shows Miss Robin Whelan of Roselle a classroom of Union College's Plainedge Campus a photograph taken last summer when Debbie joined the Rockette lineup of New York's Radio City Music Hall. The 18-year-old coed chose studying over dancing for the time being.

## Maguire appoints 6 persons to committee on environment

Frederick William J. Maguire, chairman of the County's Department of Administration, Personnel and Inter-Governmental Affairs, announced his pick of six persons to the County's County Environmental Health Advisory Committee.

The new members of the committee are John Gennepo, of Elizabeth, 5-year term; Harry McDowell, of Rahway, 4-year term; Mrs. Barbara Elder, of Hillside, 3-year term; William King, of Rahway, 2-year term; Stephen H. Ryder, of Cranford, 1-year term; John P. Cannon of Westfield, 1-year term.

Gennepo is president of Elizabeth Disposal Inc., a solid waste management and waste control Westfield, 1-year term.

McDowell is environmental coordinator for DuPont, Linden. He is a member of the National Water Pollution Control Association, New Jersey Water Pollution Control Association and Air Pollution Control Association. Mr. William Henry, executive director of the New Jersey Association of School Administrators, led the last meeting of the Union County Council of Parent-Teacher Associations at the Lynn Restaurant in Elizabeth.

Dr. Ramsey said that "New Jersey should have taken steps at least 10 years ago to consolidate districts before the crisis was upon us." He also felt that "there is no other answer to the problem of increasing efficiency in local government" adding that "it made no sense to give money to districts that are too small."

Dr. Ramsey said that his association opposed aid to private schools. He said he "New Jersey cannot support two separate school systems. Public schools are accountable to the public and must help pay reasonable private schools be as if we were given."

## Reading educators to speak at meeting sponsored by PTA

Two educators will speak on "Reading in the Classroom" on Wednesday, Nov. 17, at the office of Dr. William H. West, superintendent of Union County schools, on North Avenue in Westfield. The meeting is sponsored by the Union County Council of Parent-Teacher Associations.

Cony, a member of Berkeley Heights will speak on the disadvantaged reader beginning at 10 a.m., and Mrs. Estelle Harris of Marlboro will discuss the gifted reader.

The second of two meetings sponsored by the PTA council on problems in education, it was prepared by Mrs. Harvey A. Schwartz of Union.

Mrs. Harris is director of reading for the Scotch Plains-Fanwood schools. She holds a master's in education from Rutgers and Master's in reading from Newark State College. She has also done graduate work at Syracuse University, Rutgers and Seton Hall.

Mrs. Harris also graduated from St. Elizabeth's Hospital in Washington, D.C., where she received an R.N. degree, and has worked in the psychiatric and pediatric fields.

Speakers at earlier meeting were Dr. James Caulfield of Union, assistant superintendent of Union Township schools, and William B. Humphreys, director of student personnel services in Rahway schools. That meeting focused on "Diagnosing the 'Forgotten Word.' The meetings are open to interested parents.

## Fashion show planned by Legal Secretaries

The Union County Legal Secretaries Association will hold its annual fashion show on Wednesday at 7 p.m. at the Elizabethtown Gas Company, 1 Elizabethtown Plaza, Elizabeth, N.J.

Fashions will be presented by Mrs. Fashion Show will be presented by Mrs. We Are. Tickets are available from Iolen Hansen, art collector, at 392-2121.

## UC schedules public tours of both its urban campuses

It will be open house at Union College's urban campuses in Elizabeth and Plainfield, on Friday, Nov. 12, at 8 a.m. It was announced this week by Prof. Elmer Wolf, dean.

The public is invited to visit our campus and to tour the facilities. Students and counselors will be on hand to conduct the tours and to answer questions about the programs offered.

While all members of the community are invited to visit the Urban Campuses, a special invitation has been extended to parents of Union College students and to high school juniors and seniors in the area, according to Lois Nadeau, director of the Elizabeth Campus and Harold Fisher, director of the Plainfield Campus.

"The Urban Campuses were opened in September, 1970, to bring the opportunity for higher education and liberal arts education to four-year colleges and universities. Plainfield also offers the country's first full-time program in Law Enforcement.

At present, only freshman courses are offered at the Urban Campus. Students complete

their two-year program at the Cranford Campus.

Community service and continuing education programs are also offered at both Urban Campuses and are open to all residents. The Urban Campuses are two-year college offering programs in liberal arts, business administration, physical sciences, biological sciences, liberal arts education, law enforcement, engineering and nursing. The programs lead to an Associate Degree. Union College also awards Associate in Applied Science degrees to graduates of Union County Technical Institute who satisfactorily complete two-year technology programs, approved by the Union College faculty.

The Elizabeth Campus is located at South Broad street and Bayway and the Plainfield Campus at 317 East Front st.

**QUOTAS ON PILLS**

Last May the U.S. Justice Department took the first in a series of steps to limit production of amphetamines and methamphetamines. The Justice Department officials hope the quotas will cut down on the abuse of the pills. It is estimated that three million doses of these drugs are consumed in the nation each year.

## Rickel adds two stores

Rickel Home Centers, New Jersey's largest "Do-It-Yourself" chains, will open its ninth and 10th stores this month.

The next store to open, according to A.M. Rickel, executive vice-president, and director of marketing will be in Eatontown at Route 26 and will street near the Eatontown Center. That store will have 69,000 square feet of floor space. The Eatontown store will open next Thursday.

On Nov. 18, the chain will open an 85,000 square foot store in Morristown, N.J., on Rt. 30, the first Rickel store outside the Garden State.

According to Robert Rickel, "the opening of the Morristown and Eatontown home centers is one more step in an expansion program that will make Rickel Home Centers the largest chain of its kind in the country by the end of the decade."

Yvonne

Her countryfolk go little conflict between Christianity and voodoo. The Great Master, they say, should not be bothered with little problems. Reverently asking his permission before starting a Saturday Night ceremony, they get down to cases with details whose job it is to take care of everyday matters: crops, sickness, love, money.

## Schoolman wants bigger districts

"School districts must be enlarged by consolidating small districts to give better quality education," Dr. William Henry, executive director of the New Jersey Association of School Administrators, led the last meeting of the Union County Council of Parent-Teacher Associations at the Lynn Restaurant in Elizabeth.

Dr. Ramsey said that "New Jersey should have taken steps at least 10 years ago to consolidate districts before the crisis was upon us." He also felt that "there is no other answer to the problem of increasing efficiency in local government" adding that "it made no sense to give money to districts that are too small."

Dr. Ramsey said that his association opposed aid to private schools. He said he "New Jersey cannot support two separate school systems. Public schools are accountable to the public and must help pay reasonable private schools be as if we were given."

## Spanish-speaking aide named at Union College

Members of the Union County Spanish-speaking community can now obtain educational counseling at Union College. This was announced this week by Dr. Kenneth W. Iversen, president.

Prof. George Willard, director of Union College's College Success Program and assistant professor of Spanish, has been named bilingual counselor to the Spanish-speaking community. Prof. Willard also is bilingual counselor for Spanish-speaking students at Union College.

Initially, Prof. Willard will conduct office hours Tuesday from 6:30 to 9:30 p.m. at the Elizabethtown Campus of Union College in the Community Services Center at South Broad street and Bayway.

Anyone seeking advice on higher educational opportunities in Union County may call on Prof. Willard during office hours.

Information on degree and graduate work at Union College, remedial courses in language, mathematics, natural science, General Educational Diploma equivalency tests, and technical college placement programs offered by the Union County Technical Institute will be available.

Prof. Willard is a graduate of Allegheny College in Pennsylvania. He has a master's degree in Spanish from Middlebury College, Vermont, and has earned a professional diploma for 30 hours of graduate work beyond the master's degree from Teachers College of Columbia University.

Prof. Willard received a doctoral candidate at Columbia University. The Union College faculty in 1966 as a Spanish instructor.

## Tuning Fork Time means Precise Time by Bulova



So precise is the tuning fork movement in a guaranteed accurate a minute to within a minute and a half. And it applies to every Accutron at any price. From \$110.

John De George Jewelers, Inc. 100 N. 3rd St. Union, N.J.



Which is why the Love Story in so many families is cooked up on a modern gas range. It has so many great features, you'll never have to apologize for a bad meal.

And a gas range is so automated, you have lots of time free for yourself and your loved ones. Good news for your budget, too - our entire line of famous-name ranges including General, Tappan, Magic Chef and Hardwick is now on sale.

So come see the colorful selection of sizes and styles at your nearest Elizabethtown Showroom. Prices include delivery, normal installation and a 2-year warranty on parts and service. Liberal credit terms available.

SALE ENDS NOV. 15, 1971

**Elizabethtown Gas**  
(Gas gives you a better deal.)

ELIZABETH: One Town Plaza, 275-2000  
WESTFIELD: 185 Elm St., 261-2000  
MORRISTOWN: 100 Park Ave., 261-2000  
Opp. Morris Park Shopping Center in Fairview, across Hwy. 17, 261-2000

These showrooms open Monday through Saturday. Offer good only in area covered by Elizabethtown Gas.

### NEW COFFEE SERVICE For Offices & FACTORIES

Only 5¢ per cup

Fresh brewed coffee in 2oz. cups for offices or in 16oz. business employing 2 people or more. Equivalent to regular coffee.

EQUIPMENT INSTALLATION FREE OF CHARGE

**Mainline Coffee Service**

CALL 826-1402

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- LINCOLNS
- MARK IVs
- MERCURYS
- COMETS
- MONTEGOS
- COUGARS
- CAPRIS

1971 LEVORER SALE GOING ON NOW!

LEASE FOR LESS

1971 MERCURY 242	1971 LINCOLN 1541
1971 MONTEGO 1442	1971 COUGAR 1840

1971 DATSUN 274

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68 RIVER RD. SUMMIT SALES & LEASE 277-0233

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ALICE FLOW

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### Art exhibition in Westfield

Members of the Westfield Art Association will hold their 51st annual members' oil show at the Westfield Memorial Library, from Nov. 15 through 20.

Mrs. Robert Heister, chairman, said this week that 28 members will be eligible to exhibit both framed and unframed works, many of which will be available for purchase. Daily exhibit hours will be from 10 a.m. and 7 to 9 p.m. and admission is free.

TEEN-AGERS: meet 12:30 by running, WASH. St. Call 356-1700

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### FLETCHER LINCOLN MERCURY DATSUN

68 RIVER RD. SUMMIT SALES & LEASE 277-0233

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# Amusement News

## Fox, Maplewood play 'Play Misty'

Chief Entertainment has a two-fold job in "Play Misty For Me," a film story of a dice croaker who meets a girl who turns into a killer. He directs and stars in the picture, which opened yesterday at the Maplewood Theater in Maplewood and at the Fox Theater, Route 22, Hazlet.

Noted Ed and filmed in color, "Play Misty For Me," stars James Walker and Don Segal. The Maplewood Theater will show a kiddie matinee Saturday and Sunday starting at 1 p.m. The film show will include cartoons and a picture called "Crazy Cat."

## Double action bill featured at Park

The Park Theater, Roselle Park, is showing a double feature this week. "Kill Them All and Come Back Alive," starring Chuck Connors and Frank Wolf, leads off on the top bill of the bill. The second feature is "Zed Knevez" starring George Hananoff and Sue Lyon. Both pictures are in color.

## 'Cactus Flower' opens at Firehouse tonight

"Cactus Flower" will open tonight at the Hillside Firehouse Theater, Maple avenue, Hillside. Performances will be Thursday through Sunday beginning at 8:15 in this week and next.

The play, directed by Barney Epstein, is being presented by the Hillside Community Players. Ann Kline plays Toni Simmons, Alan Ferrer is the Italian, William Catali is the Bishop, Dickson and Rita Greenberg in "Belles in the Jungle." Also in the cast are Linda Cole, Gerald E. Miles, Helen Vointrac, Marc Westman and Steve Iskander. Tickets will be sold at the door.

## 'Adrift' film at Ormont

"Adrift," a Czechoslovakian film with English titles, peering together threads of lust, love and guilt, opens tomorrow at the Ormont Theater, East Orange.

The picture, rated R, concerns a mysterious, stunning girl who turns up in a village, and a man who has an affair and a love torn between loyalty and desire for the girl.

Joe Kadav directed the film, which stars Lada Markovic and Poulia Prichard. "Adrift" is photographed in color.

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MEMBERS WANT YOUR vote! Tell me what you think of the candidates! Call 465-7878.

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## 'Death in Venice' comes to Elmora

"Death in Venice," starring Dirk Bogarde as a composer, who, in his dying life, has complex emotions and longings in his liaison with a beautiful boy, arrived yesterday at the Elmora Theater in Elizabethtown.

Director Luciano Pavarotti, hauntingly recreates the story pre-World War I Venice from Thomas Mann's novel, a masterpiece of literary beauty and of durability. Silvana Mangano and Herta and Paul Amirault are costar with Bogarde.

The picture, in color, is rated PG. The Elmora will feature a kiddie show Saturday afternoon, with cartoons and the movie, "Curtis of Frankenstein."

## 'Billy Jack' at Rialto

The Rialto Theater in Westfield opened yesterday with a new film called "Billy Jack." The movie was photographed in color.



RACING STAR Steve McQueen has the leading role in the exciting 'Le Mans' film which came to the Mayor Theater, Hillside, yesterday on a double bill with 'Support Your Local Firefighter.'

## Sheila MacRae plays 'Dolly' in musical at Meadowbrook

Probably the most unusual historical background of any production to appear in our area is that of "Dolly, Dolly," which opened yesterday at the Meadowbrook Theater (restaurant), Cedar Grove. Sheila MacRae plays the title role.

The original story of the matchmaker who latched on to a rich client for herself, was a farce called "My Wife Will Stop," produced in London in 1935. Seven years later, a Venetian version appeared—"Elmer Jay" by Sir Esher Blyden—"He Wants to Make a Joker." This became a sort of German "Charley's Aunt" popular with audiences for the next 30 years or more. Then in the mid-1940's, Max Reinhardt suggested to Thornton Wilder that he write an American version.

Interpretation of the Wilder's adaptation, "The Matchmaker," opened the theater in Broadway for June-July was right for the time, and it added after a five-week run on Broadway.

Undersupping, Wilder filled and fiddled with the play through revision after revision and finally got it on the boards again in London as "The Matchmaker."

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## The Theater Seen

Musicals with roots

By BOB BYRNES  
A pair of musicals does a rather bold job of their chore narrative and dealing with success, although doubtless at their approach, and solution to be arrived at, possibly more to the point.

"To Be Another Summer" is a home grown Israeli show that tells rather bluntly of the success of a young man who has returned to his native country. The 20 numbers are staged with energy but lack any real impetus or variety. For a number of minutes the stage is set up to appear to be a stirring first show, and then repeated and then danced out of them. It is hard to get a sense of the plot—just a minute into the production we carried and I found to be so boring, very very boring. The only one who can say "Yes, Yes, Yes, Yes" is the one who says "Yes."

JOYCE KAMIN, who directed and choreographed, has made some other mistakes. There are a couple of harrowing and fantastic dance routines. These are not the kind of things that are hard to watch. There are a couple of harrowing and fantastic dance routines. These are not the kind of things that are hard to watch.

Another example of poor staging occurs in a beautiful scene entitled "Sara Was." This is a beautiful scene entitled "Sara Was." This is a beautiful scene entitled "Sara Was."

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## Theater Time Clock

All times listed are furnished by the theaters.

ELMHURST—ELIZABETH IN DEATH IN VENICE, Thur., Fri., Mon., Tues., 7:30, 9:30; Sat., 1:30, 3:30, 5:30, 7:30, 9:30; Sun., 2:45, 4:45, 6:45, 8:45, 10:45.

FOX-UNION (R) 221—PLAY MISTY FOR ME, Thur., Mon., Tues., 7:15, 9:15; Fri., 7:30, 9:30; Sat., Sun., 2:30, 4:30, 6:30, 8:30, 10:30.

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MAYFAIR—HILLSIDE—LE MANS, Thur., Fri., Mon., Tues., 8:30; Sat., 3:00, 7:00; Sun., 2:30, 4:30, 6:30, 8:30.

ORHANT (E.O.)—Last times today: HELLSTROM—ELIZABETH IN DEATH IN VENICE, Sat., 1:30, 3:30, 5:30, 7:30, 9:30; Sun., 2:45, 4:45, 6:45, 8:45, 10:45.

RIALTO—Last times today: THE TOUCH, 7:15, 9:15; BILLY JACK, Fri., 7:15, 9:15; Sat., 1:30, 3:30, 5:30, 7:30, 9:30.

PARK (Roselle Park)—Last times today: BACK ALIVE, Thur., Fri., Mon., Tues., 7:30; Sat., 1:30, 3:30, 5:30, 7:30, 9:30; Sun., 2:30, 4:30, 6:30, 8:30, 10:30.

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## FOR ENJOYMENT IN EATING OUT

For Your Entertainment PIANO & SONG BY THE ESCORTS Thurs., Fri., Sat. Evening

CHRISTINE LEE'S GAS LIGHT 1400 Springfield Ave., Springfield, N.J. For reservation call 465-1111

OLD EVERGREEN LODGE EVERGREEN AVE., SPRINGFIELD PICHIC GOLF & HALL RENTALS DINNER PARTIES NOODLES AND BANQUETS EVERY SATURDAY NIGHT

Peter's Pub (Formerly Metropolitan) 1000 Springfield Ave., Springfield, N.J. For reservation call 465-1111

Olympic RESTAURANT 107 Springfield Ave., Springfield, N.J. For reservation call 465-1111

Roller Skating Make a Date with Us! 1000 Springfield Ave., Springfield, N.J. For reservation call 465-1111

Shamley O's Steak & Brew OPEN 7 DAYS Lunch & Dinner Catering Facilities 995 Morris Ave., Springfield, N.J. 374-2800

Polish Home RESTAURANT - COCTAIL LUNCHEON - DINNER - BUFFET - POLISH HOME 1000 Springfield Ave., Springfield, N.J. For reservation call 465-1111

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## Announcement by Decree

## Thanksgiving

Daye Feast Following tradition, Thanksgiving Day is a day when all people come together and give thanks to God for the fine harvest.

Accordingly, this year on Thursday, November 25, Thanksgiving will be celebrated in the traditional way.

We have commissioned many of the local volunteers to select only the finest of this year's harvest for use at the feast.

Reservations for the royale event are now being accepted at...



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There are nineteen million ex-cigarette smokers in the United States; about one in five adult men in this country has dropped the habit.

Those who give up cigarettes report a great sense of satisfaction, of tremendous pride in being able to do it. To learn a new way of living, a way without cigarette smoking, is very rewarding to the ego—and to the ego's mate.



## you can kick the Habit.

### As You Approach Q Day

Many men withdraw at the decisive factor in giving up cigarettes: for them the sense that they can manage their own lives is of great importance. They may challenge themselves and walk an effort of will they break the cigarette habit.

Thus, your psychological, temporary dependence on nicotine is self-imposed, one that introduces a new dimension of self-control.

Others, often successful in many aspects of living, find withdrawal does not help them in giving up cigarettes. They try to do it, they do not, and they feel guilty over their weakness.

This is a mistake, since many smokers fail in their own withdrawal, even their fifth attempt, and then finally succeed. Those whose "will" fails in breaking the habit are not weak but different. Their approach must be less through determination and more through releasing new behavior with patience and persistence.

Self-suggestion, when used intelligently, instead of changing one's feelings and thoughts about cigarettes can be useful.

One health educator remarked recently, "Nothing succeeds like the willpower and a little blood on the pavement." If he begins to feel sorry for himself and broods on his sufferings, they may well become more severe and intractable. He must recognize that he is teaching himself a more positive, more constructive, more rewarding behavior.



### Try Cutting Down...

An important first step in the process of giving up cigarettes for many smokers is to set the date for Q Day, when you are going to stop completely and, as it approaches, to gradually reduce the number of cigarettes you smoke, day by day, or week by week.

A good system is to decide only to smoke once an hour—or to stop smoking between the hours of 9 and 10 clock, 11 and 12, and 2, 3 and 4, etc. And then to attend the non-smoking time by half an hour, an hour, two hours.

You may decide to halve the cigarettes you smoke week by week, giving yourself four weeks to Q Day.

How about smoking half of each cigarette? In the process of reducing the number of daily cigarettes, try various possibilities; if you have one pocket in which you always carry your pack, put it in another so that you will have to fumble for it. If you always use your right-hand holding your cigarette, your mouth,

use the left hand. Is your custom to rest the cigarette in the right corner of the mouth? Try the left side.

Make it a real effort to get a cigarette. Wrap your package in several sheets of paper or place it in a tightly covered box. If you leave your change of habit, you won't be able to use a cigarette machine.

Shift from cigarettes you like to an unpleasant brand.

Before you light up, say, "Well, I'm doing this cigarette as an act of just giving up of my habit!"

Smokers may find an unlighted cigarette in the result a helpful. Chatterboxy hand and playing with a cigarette.

Cigarette smoking is a habit that is usually very well learned—learning the habit of not smoking can be difficult. It can help in breaking into your habit often to make yourself aware of the more and frequency of your smoking behavior.

### Do you really want this cigarette



# 100,000 doctors have quit smoking cigarettes

...you can quit, too!

### Do You Believe In "Cold Turkey" Quitting?

You, for some, not for others. If you are a really "cold turkey" quitter, psychologists favor the well-deserved break.

For some, gradual withdrawal is less painful and emotionally satisfactory.

Some cigarette smokers shift to pipes and cigars—there is, of course, some loss of mouth cancer from this but over-all mortality of heart and pipe smokers is only a little higher than among nonsmokers. If the smoke is not inhaled.

### QUESTIONS & ANSWERS



#### What about going to a cigarette withdrawal clinic?

If there is a clinic or program in your community, you may find it useful. The American Cancer Society favors such efforts.

Sharing your withdrawal experiences with others and working with them on a common problem can be very helpful. The clinic may make it considerably easier in various ways to stop cigarette smoking.

However, remember, no clinic can provide a sure result. In this matter you must be both patient and physician.

#### Shall I Make A Big Thing Of Q-Day?

Some find it more satisfactory to work on a schedule in which on Q Day, quitting day, it is a scheduled day of the important, decisive day in their personal lives—that indeed is it.

Others who have known for a long time that

### Keep A Track Record

Many smokers have found that a useful step in understanding their smoking is the keeping of a daily record on a scale like that below.

In your smoking diary you may decide to eliminate three daily cigarettes that you find are rated 1, 2 or 3 on the scale. Or, ones you want least.

Or you may wish to give up the cigarettes you like most. In any case keeping a smoking log will give you information about yourself, make you more aware of what your smoking habits are.

You may find that you are largely a social smoker, that smoking makes you feel closer to others, more welcome at parties, that you seem to have more friends. A cigarette may play a surprisingly large part in your picture of yourself as a pleasure and social man.

How do you consider yourself that people like and respect you for most important reasons that you give for cigarettes? Try giving up a cigarette and see.

#### PLUS AND MINUS

Write down carefully, after some thought, in one column the reasons why you smoke and in another the reasons why you should give up cigarettes.

As you turn this exercise over in your mind, new material will occur to you for one or the other column. This thoughtful concentration on your reasons for giving up cigarettes is important in changing your behavior.

### SCORE CARD

Some cigarettes are more enjoyable than others. This score card will show you how much you like each cigarette on a scale of 1 to 10. High scores indicate that you like the cigarette. Low scores indicate that you do not like it.

NEED	MORNING HOURS (AM)											AFTERNOON, EVENING HOURS (PM)										
	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12			
1																						
2																						
3																						
4																						
5																						
6																						
7																						

### Approaches in Giving up Cigarette Smoking

1. List the reasons for and against smoking.
2. Select Q Day—change to low or no nicotine cigarette.
3. Chart your smoking habits for at least two weeks, how many cigarettes, when, the most and least important.
4. Repeat each night, if least important, one of your reasons for not smoking practices.
5. Eliminate one category of cigarettes the most or the least desired.

### How About Ashtrays?

One school of thought says, you leave a bottle of kerosene for a week. Others regard smoking as your own personal habit, which you know is yours to yourself. Will you attempt your decision if you will find friends who are smoking? Should I Tell Others Of My Decision?

Some do, some don't. Some find that the wider they spread the news of their decision the easier it is for them to make a stick. Others regard smoking as your own personal habit, which you know is yours to yourself. Will you attempt your decision if you will find friends who are smoking? Should I Tell Others Of My Decision?

### Will I Gain Weight?

Many do. Food is a substitute for cigarettes for many people. And your appetite may be freer and stronger.

During the first few weeks of giving up cigarettes some psychological discomforting yourself, you will, of course, be enjoying those things that are pleasant and fulfilling. Some people, those who when self-satisfied, visit, get rewards out of continuing their wish for fatness (and at the same time that they are liking the low cigarette).

### How About Hypnosis?

Its helpfulness in stopping smoking is not accepted. Why not discuss the matter with a physician, if you see one?

### Shall I See My Physician? YES

However, the problem is, yes, but he may not feel that he can help. On the other hand, he may give you some symbolic support and may prescribe medication. He can be helpful, also, in suggesting a diet which will prevent you from gaining too much weight.

Physicians as a profession have been lax in acting on the issue of cigarette smoking. The Public Health Service estimates that 100,000 physicians (half of the physicians who smoke) were not cigarette smokers. A California study found that only 21.3 percent of all physicians in the state are cigarette smokers.

### Why Do So Many People Smoke Cigarettes?

Simply one reason is that the cigarette industry spends about \$300,000,000 a year in promoting the habit and in challenging the facts that scientists have produced that point to the dangers of the habit.

Another reason is that people who when self-satisfied, visit, get rewards out of continuing their wish for fatness (and at the same time that they are liking the low cigarette).

Cigarette smoking is essentially a 20th century habit, encouraged by a brilliant advertising, and by the development of entirely efficient automatic machinery that produces those millions of round, finely packed cigarettes.

It is only within the last 15 years that we have learned, through research sponsored by the American Cancer Society, that the personal and socially accepted habit is extremely dangerous. Cigarette smoking is deeply embedded in our life: agriculture, industry, government, the communications media, all have made it. It is a habit that is deeply ingrained in our lives. It is a habit that is deeply ingrained in our lives. It is a habit that is deeply ingrained in our lives.

Behavior modification is important in maintaining the habit's popularity. The 5-day behavior of cigarette addiction in all media should be arrested. We hope that this goal will be achieved voluntarily and that governmental action will be necessary.

6. Secure a supply of substitute, stress, gum, an inhaler, glucose, root, etc.
7. Quit on Q Day. In the days before quitting, as the wish to smoke increases, you will have a hard time. For the first few days, you will have a hard time. For the first few days, you will have a hard time.
8. If you are depressed, seek your physician and get your usual support.
9. Keep thinking over your reasons for giving up the smoking habit, as you give up smoking.

### THE WEEK BEFORE Q-DAY

Think over your list of reasons why you should not smoke: the risk of disease, the blurring of the taste of food, the cost, the cough, the bad breath, the mess and smell of morning-after ashtrays.

Concentrate each evening when you are relaxed, just before you fall asleep, on one dreadful result of cigarette smoking. Repeat and repeat and repeat that single fact. Drive home another fact the next night and another the next.

Review the facts that you know about the risks of cigarette smoking. Remind yourself that there, but for the grace of God go you, that you may indeed, if you continue smoking, lose six and a half years of life, that—if you are a heavy smoker—your chances of dying between 25 and 65 years of age are twice as great as those of the nonsmoker. Are the six minutes of pleasure to a heavy smoker in a cigarette worth six fewer minutes of life? Would you fly in an airplane if the chances of crash and death were even close to the risks of cigarette smoking? Think over why it is that 100,000 physicians have quit cigarette smoking.

Dr. Silvan Tomkins distinguishes four general types of smoking behavior. An abbreviated summary of the types follows:

### Four Smoking Styles

- #### Habitual Smoking:
- Signs the smoker may actually be aware that he has a cigarette habit. He speaks of it as a habit, and disconcerted at not smoking. This increasing need to the expectation that a cigarette will reduce discomfort and the cigarette will reduce discomfort. The habitual smoker who wants to give up must first become aware of which he is smoking. Knowledge of the pattern of his smoking is a first step in making change.
- #### Positive Affect Smoking:
- Here smoking seems to serve as a stimulant that produces exciting pleasure, or is used as a relaxation, to lighten enjoyment, as at the end of a meal, when a youngster demonstrates his manhood or his defiance of his parents. This smoker may enjoy the handling of a cigarette, or the sense and sight of smoke swirling out of his mouth. If these smokers can be persuaded to make an effort, they may find giving up cigarettes relatively painless.
- #### Negative Affect Smoking:
- This is smoking, using the habit to reduce feelings of distress, fear, shame or discontent, or in combination of them. This person may not smoke at all when things go well, on vacation, or at a party, but under tension, when things go badly, he smokes. He smokes to reach for a cigarette. These smokers give up often, but when the heat and pressure of the day is there, when there's a challenge, they find it very hard to resist a cigarette. A strong habit of this kind may be very hard to break.
- #### Addictive Smoking:
- The smoker is always aware when he is not smoking. He speaks of it as a habit, and disconcerted at not smoking. This increasing need to the expectation that a cigarette will reduce discomfort and the cigarette will reduce discomfort. The habitual smoker who wants to give up must first become aware of which he is smoking. Knowledge of the pattern of his smoking is a first step in making change.



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11	12	13	14	15
16	17	18	19	20

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Address: .....

City: ..... Time (of) ..... Per Insertion Sheet: ..... Phone: .....

Insert Ad ..... Time (of) ..... Per Insertion Sheet: ..... (Date) .....

Amount Enclosed:  Cash  Check  Money Order

← USE THIS EASY WANT AD FORM

... OR CALL US →



Deadline: Tuesday Noon  
For Thursday publication







### Accounting at UC taught in Spanish

Felton Elizabeth residents... and one from Union City... are enrolled in Union College's first credit course taught in Spanish.

Accounting in Spanish is being offered at Union College's Elizabeth campus in the Community Services Center, Bayway and S. Broad street, on Tuesday and Thursday evenings. The instructor is Hugo Perez of Elizabeth.

Union College has offered Spanish as part of its modern languages offerings for more than 40 years, and has offered a number of non-credit courses for Union County's Spanish-speaking community. Elizabeth campus, however, marks the first time a credit course has been taught in Spanish.

Accounting in Spanish covers fundamental problems

of modern accounting, including the balance sheet, statement of income and expense, history of debt and credit, banking papers on the basis of first entry, controlling accounts and partnership and corporate accounting.

EARLY COPY Publicity Chairmen are urged to observe the Friday deadline for other than spot news. Include your name, address and phone number.

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**TOP ESSAYISTS** Winners in the annual Columbia Day essay contest of Springfield Council 5560 Knights of Columbus, accept prizes from Anthony Graziano, past grand knight. Mary Anne Burkhardt (left) daughter of Mr. and Mrs. Otto Burkhardt of 77 S. Maple Ave., Springfield, receives 75 band as top prize. Elizabeth daughter of Mr. and Mrs. Wallace Clarke of 101 Locust St., Union, receives \$10 cash award. Thomas DiFranco is grand knight.

### Pediatrics Department at Overlook to conduct seminar on 'Adolescence'

The Pediatrics Department of Overlook Hospital will sponsor a seminar on "The Problems of Adolescence" at the hospital at 8:30 p.m. Wednesday.

Moderator for the program, which will be reported Nov. 17, will be Dr. Genna H. Schragar, chief of pediatrics at Overlook. Other participants and their topics will be: Dr. Joseph J. Boylan Jr., national chairman for drug abuse, American Academy of Pediatrics; "The Adolescent and Drugs," Dr. Lewis I. Bank, associate professor at Albert

Einstein College of Medicine and past president of Children's Specialized Hospital; "The Self-Destructive Adolescent," Dr. Frank D. Newell, chief of obstetrics and gynecology at Overlook; "The Adolescent and Sex," Dr. Solomon J. Cohen, assistant clinical professor of pediatrics at Columbia University College of Physicians and Surgeons; "The Adolescent and the Relationship with His Parents," Dr. Edward T. Kenyon, chairman of the board of trustees at Overlook; "The Adolescent and the Law."

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Complete Selection of Imported & Antique Jewelry. Many Gem & Watch Repair, Palm-Print Machines. JEWELRY DESIGNED ON PREMISES.

### Quick filing urged for Medicare

To avoid delay in Medicare payment, patients should file claims promptly after they get their doctor bills, says W. James, Social Security district manager in Elizabeth last week.

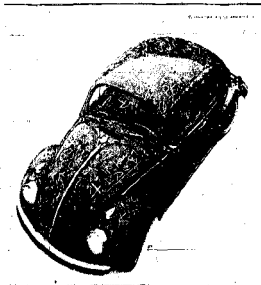
"Many people let their medical bills accumulate until the end of the year and then file their claim. This tends to create a clerical backlog that can cause a delay in payment," James said.

Claims are filed on "Request for Medicare Payment" forms available at most doctors' offices and at all Social Security offices. James said, "Your Medicare Handbook" tells where claims forms should be sent.

In most cases, physicians submit claims for their services under Medicare themselves and are paid directly by the government. Some doctors bill and certain other health care services. It is funded by individual premiums that are matched by the federal government. It pays a percent of reasonable charges above the \$50 annual deductible for covered services.

Medicare hospital insurance, funded through regular contributions to Social Security, requires no premium payments. It helps pay for hospital care and certain related services for people 65 and over.

Medicare is administered for the Department of Health, Education and Welfare by the Social Security Administration.



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**SHOULDER CHOPS 59¢ LB.**

**HIP CHOPS 69¢ LB.**

**CENTER CUT 99¢ LB.**

**PORK CHOPS 99¢ LB.**

**ROAST BEEF 98¢ LB.**

**RUMP ROAST 1.39 LB.**

**CHUCK STEAK 49¢ LB.**

**LONDON BROIL 1.19 LB.**

**CANNED HAM 2.69 CAN.**

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**BREADED SHRIMP 1.69**

**COFFEE CAKES 79¢**

**GERMAN BOLOGNA 89¢**

**CHOPED HAM 79¢**

**UNION** Rt. 21 at Morris Ave.

We reserve the right to limit quantities. Not responsible for typographical errors. Prices effective thru Sat., Nov. 6, 1971.