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For The Borough Of Mountainside

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Little League to open with parade Saturday

The Mountainside Little League parade on Saturday morning will touch off opening day ceremonies which will include Mayor Tom Ricciardi throwing out the first ball of the season.

Marchers will assemble for the parade between 8:30 and 8:45 a.m. at the corner of Wood Valley road and Stony Brook lane, it was announced by Bill Viunno, chairman for the opening day festivities.

The paraders will leave Wood Valley road at 9 a.m., continuing to Central avenue, right to Wyoming drive, left to Longview drive, right to Sawmill road and then to the entrance of the

Little League field behind the Deerfield School. Playing for the paraders will be the Jonathan Dayton Regional High School Band.

After introduction of Grant Lennox (school board president), Harold Nelson Jr. (Recreation Commission chairman), Police Chief Edward Mullin, Fire Chief Ted Byk, a representative of the Rescue Squad and short speeches by the mayor and Max Deutch, District 9 Little League administrator, Mayor Ricciardi will throw out the first ball and competition will begin at 10 a.m.

Ed Steel, president of Mountainside Little League baseball, announced that the American

League will be headed by George Crane, the National by Pete Klaskin, the Major by Bob Ball and the Senior League by Jack Baker. Also listed on the official roster are Bill Ruffe, umpire-in-chief; Harry Irwin, player agent; William Styler, treasurer, and Frank McGurty, managers' representative.

The Girls' Softball League will also participate in the opening day ceremonies.

Team rosters are:
RED SOX—Robert Ball, William Butler, Matthew Gallagher, Kent Holding, Mark Jacobs, Daniel Kirschenbaum, Joseph Sefack, Richard Steinberg, Mark Wenzler, John Alder.

Daniel Harvitt, David Matysek, Patrick Orger, John Sexton, Stephen Solomon, Matthew Wenzler, managers, Don Orger, Bill Alder, Peter Butler.

TIGERS—Bruce Geiger, Drew Raison, William Laurent, John Gibson, John Crilly, James Buckley, Peter Bisio, Victor Barroso, Michael Anderson, Vincent VanPelt, Timothy Nugent, Fernando Barroso, Gary Kane, Christopher Fitzgibbon, James Cleveland, Glenn Bass; manager, Mat Fitzgibbon, Bob Cleveland, Joe Jurczak.

SENATORS—Michael Weinstein, Gregory Stahler, Frank Noll, William Kiely, Scott Hain,

Eric Gold, Steven Gassaway, James Fleming, Scott Connolly, Kevin Betyeman, Todd Stragis, Jack Parent, Daniel Connolly, David Gibadlo, Patrick Esemplare, Peter Klaskin, managers, Ed Gibadlo, Mat Bistis, Joe Gassaway.

YANKEES—Philip Strobino, Steven Scholes, William Rosenbauer, Damian O'Donnell, Jeffrey O'Connell, John Magno, Richard Kontra, Daniel Greeley, William Alexander, Raymond Jezi, John Agey, Kirk Yogy, Douglas Adams, Michael Kontra, Mark Dougherty; managers, Joe O'Donnell, George Yogy, John Kontra, Fred Rosenbauer.

INDIANS—David Crane, Frank Gagliano,

Keith Grabowski, Edward Hafeken, Thomas Murphy, James Postell, Peter Hagno, Peter Smith, Jared Stolz, Paul Stypa, John Bradley, Thomas Bradley, M. J. Castelo, Glenn Delaney, William Hobbis, Edward King, managers Joe Stypa, Ed Hafeken, Gary Postell, Manuel Castelo.

TWINS—Timothy Babcock, Jon Bradie, Geoffrey Bradshaw, Leonard Caprigione, Dennis Flynn, Keith Hangan, Jeffrey Mays, Ben Mirto, Andrew Spivak, Daniel Weiss, Ronald Zimmerman, Henry Largey, Frank Kelly, David Luckenbach, Donald Rinaldo. (Continued on page 4)



COOPERATION — Young residents of Mountainside and Springfield volunteered their assistance in the glass and paper collection held Saturday at the Echo Plaza Shopping Center and sponsored by the Springfield Save Our Environment Committee. Tom Grimm of Mountainside, Ralph Kortzman of Springfield and Bob and John Goense of Mountainside, from left, were among the Boy Scouts of Troop 177 of Mountainside Community Presbyterian Church

and members of the Kiwanis Key Club of Jonathan Dayton Regional High School who helped out. A collection will be held the third Saturday of every month, rain or shine, at Echo Plaza from 8:30 a.m. to 4 p.m. Glass must be free of metal or plastic, and should be sorted according to color. Newspapers, magazines, junk mail and all other paper is accepted and may be boxed, bagged or tied. Residents of both Mountainside and Springfield have been urged to participate in the effort.

LWV head seeks to foster interest in the 'Big League'

By KAREN STOLL

Mrs. Peter Harrison of Mountainside, president of the Westfield Area League of Women Voters, is seeking ways of making League activities more meaningful to her borough neighbors.

Diane Harrison heads an organization of 215 members, only 30 of whom are from Mountainside. The rest are residents of Westfield, Scotch Plains and Fanwood. "I'd like to encourage more Mountainside women to become involved," she noted. "We have so many bright, talented women in this community."

"I don't know why more local women don't join," Mrs. Harrison continued. "Perhaps it's because there are an awful lot of women's clubs here."

She also commented on a remark made by Mayor Thomas Ricciardi at the last council meeting. He said he guessed only about 50 percent of the citizens could name their mayor and council.

"I don't know why there is this apathy," she said. "Maybe it's because we don't have enough of an issue here that would motivate the whole town. Many people don't know their community leaders. If it's true that less than 50 percent of the town could name their mayor, then how many could name the chairman of the Planning Board, or other officials?"

"WE WANT TO DO more for Mountainside," she continued. "A study of the local govern-



MRS. PETER HARRISON

ment, and then, perhaps, of the school system. We want to help people know their town, and to know where their taxes go. Our overall purpose is to promote political responsibility through informed and active participation by citizens in government."

Mrs. Harrison explained that the study of local government, which is usually the first project undertaken in a town survey, consists of compiling a background on the responsibilities of different officials and boards, and

the relationship of local government to other levels. "We want to make all community leaders as visible as possible," she said.

Mrs. Harrison noted that "Know Your Town" studies have been completed in both Westfield and Scotch Plains, with a study of the planning and zoning systems now under way. "We do comprehensive surveys first," she said, "but we don't attempt to evaluate the system. Then we turn to areas that seem to need more attention. It isn't that we necessarily find fault with these areas, but they are ones that we think require more citizen input."

The 29-year-old League leader noted that the organization, in its 53rd year, was an outgrowth of the suffragette movement. "It was formed to teach women to take part in the political structure, at both local and higher levels of government," she explained.

"The League is a non-partisan political training ground," she commented, "where women learn how to work within the political structure. Some use the organization for precisely that purpose, and go on to run for office. By the way, you don't have to quit the League, if you do choose to run for office."

"But most of our members get their chief satisfaction from our information-gathering and publicity efforts, particularly our voter service. In Mountainside, we have distributed candidate information sheets to all registered voters. In most towns, we also sponsor a

(Continued on page 4)

Combined choirs to present concert at Dayton Saturday

Jonathan Dayton Regional High School's vocal department will play host to the choral students of James Wood High School of Winchester, Va., Saturday at 8 p.m. at a joint concert in the school's auditorium.

All community residents and their friends have been invited to attend this musical event. Attendance at the concert will entitle all students to join with the performers for the dance and refreshments following, to be given at no extra cost.

The exchange students will be housed in the homes of Dayton pupils and will be entertained by them for the weekend. Members of the Jonathan Dayton music department canvassed homes in Springfield and Mountainside last weekend to raise money to finance their expected return trip to their guests' homes in Virginia.

Two of Dayton's vocal music students were recently honored by being selected from among 1,124 applicants for the 350-voice All-State Chorus. They are George Esparza, a sophomore tenor who recently starred as Tony in "West Side Story," and Debby Reich, a junior alto, who also appeared in "West Side Story" and is a Chorale member.

The Saturday night concert of the combined choirs will feature a program selected to appeal to a wide range of listeners' tastes. The two choirs will combine in a rendition of Aaron Copeland's "That's the Idea of Freedom" and the "Creation" by Bobowitz and Porter. Handel's "Day by Day," Hayden's "Darkness Was All Over" and "Adoramus Te" represent the classical motif, and the modernist will enjoy "Willow Song" by Ralph Vaughn Williams. Lovers of folk music will have an arrangement of spirituals that include "I Hear a Voice in Prayer" and "Sunshine in My Soul."

3 historic sites to be opened to visitors Sunday afternoon

Local participants have reported that the Union County Cultural and Heritage Commission has designated this Sunday as "open house day" throughout the county.

This simultaneous open house will be conducted from 2 to 5 p.m. It will include several points of interest or historic value in most of the 21 municipalities throughout the county. The Mountainside Cultural and Heritage

Commission has made arrangements to have three local sites open to visitors, free of charge. These include the following:

1—Trallide Museum, located in the Watchung Reservation.

2—Barrett and Crain Realtors, occupying a building at the corner of Mountain avenue and New Providence road which dates back to 1818.

3—The Children's Specialized Hospital, located on New Providence road. Visitors will be welcomed to tour the Drew Mansion portion of the hospital.

Brochures containing additional information will be available. Union County exhibit will be on display at the Mountainside Public Library. Local spokesmen urged the residents of Mountainside as well as the neighboring municipalities to take advantage of this opportunity to enjoy this display as part of the open house.

School board meets

The Mountainside Board of Education will meet on Tuesday at the school board offices, Rt. 22, on Tuesday at 8 p.m. Under a new policy, the public is invited to attend executive meetings, but only as observers.

Summer school plans span wide range from outdoor science to typing, cooking

The Mountainside Board of Education this week announced plans for the 1973 summer school, to be held June 25 to July 27. Classes in basic reading, mathematics and work-study

skills, as well as enrichment courses, will be given.

The classes, conducted at the Deerfield School, will be offered in 90-minute sessions,

from 8:30 to 10 a.m., and from 10:30 to noon. In most cases, class size will be limited to 10-15 children. Transportation must be furnished by the parents. Tuition is \$25 per subject, per child, except, for the outdoor science course, a double period costing \$50. Out-of-townners will pay \$50 per subject, per child for most courses, and \$100 for outdoor science.

The basic course in work-study schools will be offered in two groups to children who have completed Grades 4 through 7 as of June 1973.

According to the board's announcement, "The major emphasis will be teaching children how to study content (math, social studies, science) material more effectively. It will also develop a study format (proper place, lighting, equipment, etc.) including materials organization (table of contents, index, paragraph arrangement, summary). Naturally, some reading, spelling, writing and dictionary skills will be included. Children will be recommended by their teachers, but parents (Continued on page 4)

Pair of Porpoises to compete in national YW swim tourney

Gail Bieszcak and Robin Sury of Mountainside will travel to Columbus, Ohio, this weekend to represent the Westfield YWCA girls' team in the national YWCA swimming and diving championships.

This will be the Porpoises' third appearance at the nationals. They placed ninth in 1971, with only four swimmers, and seventh in 1972. This year the team's coach, Perry Coultas, said he hopes to improve the team's placing.

This will be the second year Gail has participated in the national meet. She placed in the

individual medley last year and plans to swim the freestyle and individual medley events and in three relays this year. She did well in the 1972-'73 season, peaking at the state league championships where she was a member of the winning 13-14 freestyle relay and placed fourth in the 100-yd. freestyle.

Robin has participated in the last two nationals, placing in two relays in 1972 and in backstroke and three relays in 1973. This year Robin will swim in the freestyle and backstroke (Continued on page 4)



IN THE SWIM — Robin Sury (left) and Gail Bieszcak, both of Mountainside, will compete for the Westfield YWCA in the national YW championships this weekend in Columbus, Ohio.



IN APPRECIATION — Mountainside Mayor Thomas Ricciardi (left) presents plaque to former Borough Councilman Louis Parent, honoring him for his 5 1/2 years of service on the governing body. Parent, who was council president at the time of his resignation April 1, cited business reasons for his departure. Recently named national director of purchasing for Johnson & Johnson, he noted his new post would entail increased travel. The presentation to Parent was made at the council's April 17 session. (Photo by Stephen Semancik)

Klein supporters to meet Monday

The Mountainside Citizens for Ann Klein, Democratic candidate for governor, have scheduled an organizational meeting to initiate plans for the June primary elections on Monday at 8 p.m. at the home of Mr. and Mrs. Harry Nash, 1140 Saddlebrook rd. Arlene Nash, Mountainside coordinator for Assemblywoman Klein, said, "Mrs. Klein offers our best chance for state government that is honest and responsive to the needs of New Jersey's citizens. She has been an articulate and effective advocate for many vital issues in New Jersey, including a strong campaign financial disclosure bill, improved mass transit facilities, land use planning for

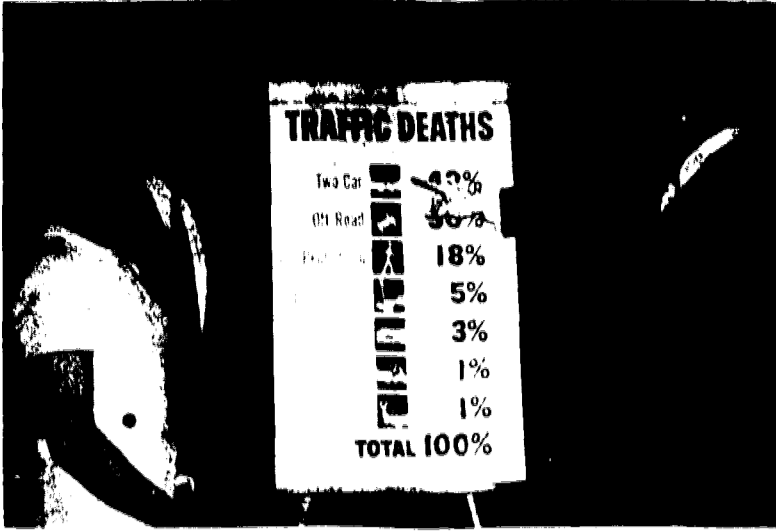
environmental protection and tax reform to reduce the burden on property taxpayers." All interested Mountainside residents have been invited to attend the meeting. For further information, readers may call Arlene Nash, telephone 273-2241.

Students visit museum

David R. Allen of 257 Oak Tree rd., Mountainside, head of the history department at the Pingry School in Hillside, led the members of the school humanities class on a recent visit to New York's Museum of Modern Art. The object of the tour was to see the paintings by Pablo Picasso.

FRIDAY DEADLINE

All items other than spot news should be in our office by noon on Friday.



DEFENSIVE DRIVERS — Lt. Joseph A. Mazur (right), safety officer for the Mountainside Police Department discusses causes of traffic deaths with Mrs. Edward Hay of the Mountainside Rescue Squad and Lewis Smith of the Berkeley Heights Rescue Squad. Members of the two groups, as well as the squad in Scotch Plains, have been receiving instruction in defensive driving from Lt. Mazur. The program, held in the borough squad building is sponsored by the local group and the N.J. State First Aid Council. It is now required by state and federal law for all members of rescue squads. Lt. Mazur plans to conduct the course for young drivers in the borough beginning this fall.

Churchwomen set the table for May fellowship luncheon

The May fellowship luncheon, sponsored by the Westfield area Church Women United, will be held on Friday, May 4, at the Presbyterian Church, 140 Mountain ave., Westfield.

A spokesman stated "Since the first May Fellowship Day in 1933, it has become traditional for churchwomen across the country to use the first Friday in May to emphasize the creative and healing relations that are possible among people in every community. This year Protestant, Roman Catholic and Orthodox women from over 2,000 local units of Church Women United will come together in their local communities to contemplate the theme, 'As hand touches hand.'"

"This celebration will not only be a salute to volunteers in community service but also a renewed dedication of women to train and work as competent volunteers, striving to learn the

causes of injustice, poverty and war, working to change laws that oppress and becoming voices for the powerless and the silent."

Mrs. C.B. Smith, local planning chairman, has announced that Dr. Donald G. Jones, assistant professor of religion at Drew University will be the speaker. Dr. Jones is known locally both through his articles published in the Christian Advocate and through his position as minister of education at the First United Methodist Church in Westfield from 1965 to 1967. He will speak on "Main Street Religion and Traditional Faith."

All women have been invited to attend. Those interested, but unable to be present, were urged to purchase tickets as an "offering" to the local services provided by Church Women United. Tickets for the luncheon may be obtained through each church "listener" or by phoning Mrs. W.W. Zobel at 232-1399.

State consumer affairs chief will speak to Women Voters

Millicent Fenwick, recently appointed New Jersey director of consumer affairs, will be guest speaker at the annual May meeting of the Westfield Area League of Women Voters. The 12:30 p.m. luncheon Wednesday at the Shackamaxon Country Club is open to representatives of other organizations and to individuals who are interested in the state's plans for improved consumer safeguards.

Mrs. Harold Claussen, general chairman of the event, said, "The responsibilities Mrs. Fenwick has assumed cover nearly every area of a citizen's daily life. We hope local residents will take advantage of this opportunity to increase their knowledge about the department and to learn what role an individual can play to ensure compliance with the department's directives."

Mrs. Claussen added, "During her years in the State Assembly, Mrs. Fenwick became known as a witty and forceful speaker on a wide range of subjects, and we feel very fortunate to have her with us."

League members have been invited to bring guests for the luncheon and afternoon program. Nonmembers may make reservations by

calling Mrs. Claussen at 233-4817. The day's events will include the local League's yearly business meeting, which will begin at 10:30 a.m. Attendance is limited to members only. The agenda will include election of officers, adoption of the coming year's budget and selection of local program study items.

Prospective members who wish to participate in the business session may formalize their status by sending dues checks to Mrs. Joseph Chaiken, membership chairman.

Bass on dean's list

Karl B. Bass of Mountainside, a senior at Monmouth College, has been named to the dean's list for outstanding academic achievement during the fall semester.

MOLDY MAIL

A letter written on a lead tablet 2,500 years ago in a rare Ionic dialect has been found by Soviet archaeologists on the island of Berezany in the Dnieper River.

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Celebration at academy

Christopher Academy, Westfield's Montessori School, will hold an open house Sunday from 2 to 4 p.m. and next Thursday, May 3 from 8 to 9:30 p.m. The school is located at 510 Hillcrest ave.

The open house will celebrate the 10th anniversary of the founding of the school. Parents and friends of past, present and future students have been invited to attend. A 10-year collection of slides and snapshots of the children at work and play will be on display.

Parents may walk around the rooms and see the materials used in the classes. The teachers will be present to assist and to answer questions.

On Sunday afternoon, some of the children in the school, who range in age from three to six, will be present to demonstrate the materials.

Interested parents may obtain further information by calling the school at 233-7447 between 10 a.m. and 1 p.m.

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Westfield Y will launch new phase of fund drive

The general teams division campaign of the Westfield YMCA-YWCA Four Seasons Outdoor Center fund drive will be launched with a training session tonight at 7:30 in the Fellowship Hall of the First Baptist Church, led by Dr. Richard F. Feathers.

Division co-chairmen Joan McAuliffe and Richard A. Dugan have called the first report meeting of the general teams for Wednesday.

Meanwhile, contributions in the pattern gifts division kicked off on April 2 and the special gifts division started April 10 are being tabulated by the newest member of the campaign cabinet, William Thomas, vice-president of the National Bank of New Jersey,

who is serving as fund auditor.

"We are delighted with the generosity of the community in these first three weeks of our drive," said campaign chairman Norbert Weldon. "But we realize to achieve our goal we must continue to work tirelessly. We are most grateful to the dedicated volunteers who are contributing so much to our success."

"A large measure of our success so far is due to the pattern gifts team, Weldon said, praising co-chairmen Robert E. Ohaus and Edmund T. Roberts and R. R. Barrett Jr., Dr. Edward G. Bourns, Frank A. Ketchan, Dr. Richard B. Maxwell, Donald McDougall, Nancy F. Reynolds, James W. Taylor, H. Emerson Thomas and Paul C. Bosland for their efforts.

The campaign leader also lauded the special gifts division under Roger D. Love and Richard C. Griggs "which is just getting under way and already doing a magnificent job."

The campaign is to finance a new concept in outdoor recreation four seasons of the year-through purchase and development of a 153-acre pre-Revolutionary farm in Lebanon Township, Hunterdon County, just 45 minutes from the Westfield area.

Consumers' Corner

The dollars you pay for your airline ticket, where do they go?

First thing to be said is that they stretch farther than they do for almost anything else you buy these days. Over the past 10 years the cost of living index has gone up 35 percent. But the air fare index, as measured by yield to airlines, has actually gone down 3 percent. Many individual fares have risen, of course, especially those for short trips. But we're talking average fares for all the 200 million passengers who'll fly U.S. scheduled airlines this year.

The largest single item of expense is employment costs, 39 percent of the price of an airline ticket covers these costs. Next comes depreciation and amortization of aircraft and equipment, taking 13 percent of the ticket price. Fuel and oil accounts for 10 1/2 percent. Taxes and other expenses take 9 1/2 percent. The Federal tax on airline tickets is another 8 percent. Materials, supplies and maintenance cost 7 1/2 percent of the ticket price. Sales commissions and advertising expenses account for another 4 percent. Interest and profit each take 2 1/2 percent. Landing fees charged by airports take another 2 percent. The final 1 1/2 percent of your airline ticket cost goes for communications and utilities.

Conserving Natural Gas

By **Charlotte Mitchell**
Director of Consumer Information
Elizabethtown Gas

USE HOT WATER WISELY!

Conservation is everybody's job. You can help your community and your budget, too, if you follow a few simple procedures.

Waste not—want not! If you wash dishes by hand, use a dishpan or stopper over the drain. Don't wash every single plate, knife and fork under constantly running water. If you have a dishwasher, use it for storage until you have a full day's load, then let the water flow and do the job all at once.

Are you paying more and getting less from your gas water heater because it is not the correct size to fill the needs of your family? The size is determined by the number and age of those in your family, how you wash dishes and clothes and the number of bathrooms in your home.

A leaflet entitled "Answers to the Most Asked Questions about Gas Water Heaters" is available at no charge. Just stop in at the showroom nearest to you and pick-up a copy.

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EDISON OFFICE 46 Parsonage Road Across from MF Shopping Center Edison, N.J.	SOUTH PLAINFIELD OFFICE Middlesex Mall Sutton Road South Plainfield, N.J.

LWV to meet tonight to elect new officers

The annual meeting of the Springfield League of Women Voters will be held this evening at 8:15 at the home of Louise Dunn, 11 Janet lane.

The agenda will include election of new officers and board members, final discussion of local program for the year, budget approval and vote on bylaw changes. All league members have been urged to attend. For further details, readers may call Mrs. Dunn at 376-3708.

Scout canoeists set 22-mile race

More than 100 canoes are expected to compete in the seventh annual "great canoe race" of the Colonial Scout District on the Delaware this Saturday, it was announced by the race chairman, Richard F. Ames of Scotch Plains Troop 37. The event is open to entrants from scout troops in Scotch Plains, Fanwood, Garwood, Mountaineer and Westfield.

Starting at the Kiegel Paper Mill at Hiegelsville, the race will finish 22 miles downstream at Bulls Island, Raven Rock. The two-man teams will push off in waves and race against time in three age groups: 12-13, 14-15 and 16-17. Each canoeist will wear a life jacket and will have met the swimming requirement for first class scout. Each entry will have a timed lunch stop at the halfway point.

For the second successive year the race will include an unlimited class for special craft such as kayaks, and as has been customary in recent years an invitational class will also be entered by neighboring districts planning to adopt the Colonial District's yearly event in their programs.

Buffet, show to be part of international festival

Bloomfield College will hold an international festival next Monday through Wednesday.

Highlights of the festival include an international buffet supper on Tuesday from 4:30 to 7:30 p.m. to be held in the college gym, and an international happening, "Around the World in Ninety Minutes," presented by the International Performers at South Junior High School, Franklin street, Bloomfield, Tuesday at 8:30 p.m.

St. Rose pupils rising high Kids pump up for balloon launch

Looking skyward on May 17, local residents will see unfamiliar bursts of color as thousands of helium-filled balloons are launched by the children of St. Rose of Lima School, Short Hills.

McDonough calls primary challenge healthy for voters

Assemblyman Peter J. McDonough, the Republican organization's choice for State Senator in new District 22, said this week he welcomes the primary election challenge by Sen. Jerome Epstein. McDonough had urged Epstein to end his "flirtation with the Democratic Party and make the GOP challenge."

"I believe it is healthy for Republican voters to have a choice in the primary and I welcome the opportunity to have my record judged," McDonough said. "My campaign will center upon my activities as a legislator, my work to save the Jersey Central and my ability to help my constituents who have special problems. My opponent has said his campaign would also revolve about his record as a freshman legislator. This will create a healthy dialogue for the people to judge," he said. The newly-formed district includes Springfield and Mountaineer.

McDonough said he was flattered by reports he had received the support of all but one Republican municipal chairman when the GOP policy committee met three weeks ago. "These are the people closest to the grass-root Republican voters and it is flattering to have their near-unanimous support," he said.

McDonough noted that 49 bills of his original authorship were signed into law by governors of both parties. "I am proud of the fact that 24 of these were considered 'major legislation' by Governors (Richard) Hughes and (William) Cahill," McDonough added. "A great deal of this legislation has directly benefited the people in District 22 and it is this sort of accomplishment that I would like to continue as a senator."

McDonough said his campaign staff would include civic leaders from every community in the district. "I have always tried to be as visible a candidate as possible in my campaigns and will visit every corner of the district before June 5," he said.

which includes much of Springfield north of Morris avenue.

Balloons tagged with name of donor and student representative, in addition to the name and address of the school, will vie for the landing point farthest from the school. The attached ticket will instruct the finder to return it by mail no later than June 7. The students will canvass their neighborhoods from April 30 through May 14 seeking donations for the 50 cent balloons.

The balloon soaring the greatest distance will win \$15 and \$10 merchandise certificates for the subscriber and student, respectively. Second place prize winners will merit certificates of \$10 and \$7. Third place winners will be awarded \$5 and \$3 certificates. Prizes will also be awarded to the individual student with the greatest number of balloon subscriptions, as well as to the class having done the same.

Local children have been invited to attend during the day as each class releases its balloons. The "big launch" will be held at 2:30 p.m. when the sales-winning class will assemble and launch balloons in the presence of the entire school, camera-laden parents and friends.

The May 17 festivities will be held rain or shine.

Dr. E. M. Mayer appointed to state's Board of Dentistry



DR. EDWARD M. MAYER

Dr. Edward M. Mayer, a Union dentist, has been appointed to the New Jersey State Board of Dentistry. He is a graduate of St. Benedict's Prep, Newark; St. Vincent's College, Latrobe, Pa., and Georgetown University School of Dentistry, where he was elected to Omicron Kappa Upsilon, honorary dental society.

After graduating from Georgetown, Dr. Mayer served as a dental officer for the Navy in the Korean campaign. He has practiced dentistry at 2201 Vauxhall road for 20 years and is a member of the Union County Dental Society, New Jersey State Dental Society, the American Dental Association and American Association of Dental Examiners.

Dr. Mayer is a dental examiner for the Union Township Board of Education, past director of the Union Boys' Club of America, a member of the Union Council of the Knights of Columbus and the St. Michael's and Our Lady of Lourdes-Holy Name Societies.

Dr. Mayer and his wife, the former Dolores Bauer, and four children live in Mountaineer.

To Publicity Chairmen:

Would you like some help in preparing newspaper releases? Write to this newspaper and ask for our "Tips on Submitting News Releases."



HIGH RISERS - St. Rose of Lima, Short Hills, fourth graders Nancy Lorenz and Bonnie Craig get ready for the May 17 balloon launch.

Kiehn works for bills to put train alert devices on buses

Assemblyman Herbert H. Kiehn, who is seeking reelection in Assembly District 22, pledged this week that he will work for passage in the Legislature of two bills which would make it mandatory to install devices in school buses to warn drivers of approaching trains at grade crossings.

The bills were referred on March 22 to the Assembly's Transportation and Public Utilities Committee for study and report, the sponsor stated.

One bill would require a warning device in each school bus. The device would produce a series of attention-getting beeps when a train is nearing a grade crossing and also would flash the word "TRAIN" in large red letters.

The other bill would require installation in each train of an electronic warning transmitter. The signals it produces would be

received by the device in the school bus.

"I believe installation of warning devices in school buses is not only necessary but is also practical," Kiehn stated. He pointed out that a Nyack, N.Y., manufacturer, Solitron Devices Inc., produces the warning devices and that the cost is \$100 for each bus and \$300 for each train.

Assemblyman Kiehn noted that while the number of grade crossings is being reduced in New Jersey, there was one train-bus collision in the state last year. He expressed the fear that a tragic accident similar to the one which occurred recently in New York State may occur in New Jersey and claim a number of young pupils' lives. There were 12,000 grade crossing accidents in the nation in 1972 and these killed 1,500 persons and injured 7,000, the assemblyman said.

A feature of Solitron's warning system is its operation on a code to prevent false warnings from being issued by mischiefmakers. Assemblyman Kiehn said. Another safety feature is the fact that stray radio signals will not activate it.

'Mission Explo' is topic for program of area Presbyterians

The Springfield Presbyterian Church is cooperating in "Mission Explo '73," a major event sponsored by the 53 Presbyterian churches in the Elizabeth Presbytery and the women's organizations of those churches, to be held next Tuesday in the Westfield Presbyterian Church.

Conceived to explore motivations methods and direction of church missions in the '70s, the all-day and evening affair will begin at 9:30 with talks by some of the missionaries and national church staff members involved in church missions: the Rev. Wesley Baker, Mrs. H. Howard Black, the Rev. Ronald Bell, James Summers and the Rev. Rodney Sundberg. Afterwards those attending will join the 10 discussion groups led by ministers of the Elizabeth Presbytery, hear the Elizabethport Teen Singers and peruse displays of mission projects and literature.

The evening session at 7:45 in the sanctuary will feature the Rev. Ernest L. Fogg. The combined choirs from the Basking Ridge and Liberty Corner churches will present the anthem. Registration is \$1 and admission is open to the public as well as church members. Coffee and tea will be provided as well as babysitting, but no lunch.

A replica of the Springfield Presbyterian Church, on loan from the Springfield Historical Society, will be on display in the historical exhibit of the program.

Monmouth dean's list

Bruce Colandrea and Lisa Olesky of Springfield have been named to the dean's list at Monmouth College for outstanding academic achievement during the fall semester.

Fossil, bird series listed

If you're bedazzled by birds or fascinated by fossils, free discussion sessions being planned for the spring and summer by the Science Bureau of the New Jersey State Museum may be right down your alley.

The Introduction to Bird Study series, with enrollment limited to 20 adults, will be held from 3:30 to 4:30 p.m. on four successive Wednesdays beginning May 16. Donald S. Heintzelman, the museum's curator of ornithology, will lead the discussion of bird study methods, comments on identification, ecological roles of birds of prey and selected aspects of bird biology.

An eight-session non-technical course on New Jersey fossils, with enrollment limited to 25 persons of junior high school age or older, will be held from 2 to 4 p.m. on successive Thursdays beginning June 21.

Registration forms and information on the courses are available by phoning (609) 292-6330 or writing to Science Bureau, New Jersey State Museum, 205 West State st., Trenton, 08625.

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THE STATE WE'RE IN

By DAVID F. MOORE, Executive Director, North Jersey Conservation Foundation

The environmental movement in New Jersey is rapidly becoming more closely identified with the establishment and activities of municipal environmental commissions, which is as it should be because these five to seven-member panels enjoy a special status.

They are mandated by acts of the State Legislature to become the official environmental advisors to municipal governments. The law says that one member of an environmental commission must be a member of the local planning board. This is because planning boards, also responsible to their governing bodies, exercise by their action one of the greatest impacts on the local environment.

Recently Stephen Levy, president of the Association of New Jersey Environmental Commissions, spoke at a gathering of environmental commissioners in Trenton and he made some suggestions which I think deserve the widest possible audience.

Noting that environmental commissions are "succeeding in building bridges between official municipal bodies, between municipalities and between the various levels of government," he called for a major increase in the size and number of state grants to commissions.

That program, giving a maximum of \$2,500 to 30 commissions, is currently expended for this fiscal year. The grants cover such "front end" work as land surveys, consultants' fees and other items to help a commission perform its varied functions. Levy called for at least \$750,000 for the coming fiscal year; enough to provide 60 commissions with grants up to \$10,000, plus necessary administrative costs. This is especially desirable, he said, because this year marks the end of a commission grant program operated by the Ford Foundation. The

existing state grant program is now over-subscribed, as is the Ford Foundation \$5,000 matching grant program.

In view of the total costs now going into environmental cleanups, flood prevention and engineering answers for yesterday's poor land use decisions, such an outlay actually could save many millions in future public costs, he said.

Levy also urged legislation to firmly weld environmental commissions into the local review process regarding health and land use laws. This would provide the local level with the kind of legislated balance which the New Jersey Department of Environmental Protection brings at the state level and, by the same technique, the Environmental Protection Agency brings at the national level.

A useful bit of legislation supported by environmental commissions would permit carryover from year to year of municipal funds for land acquisition. This system is working in Massachusetts and is badly needed in New Jersey now that matching grant funds in the Green Acres Program are all spoken for. It's now in committee (A-570).

Then there's legislation for more flexible municipal bonding to permit towns to save more open space, provide needed public facilities and ensure environmentally-compatible development to meet housing needs. He said this would be especially useful in urban areas.

These sound like a lot of "urgings" but let's not forget that environmental commissions are the best remedy arrived at yet to help avert bad environmental decisions by local governments.

I think environmental commissions have done an outstanding job in this state since their enabling legislation was adopted in 1968. There are nearly 200 of them now, but the state has 567 municipalities, so more are needed!

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Homemaker help planned

A series of meetings "to help the busy homemaker and/or working mother get more done in less time and have energy left over" will begin on Wednesday and continue on May 9, 16, 23, and 30, at 7:45 p.m. in the Extension Service Auditorium, 300 North ave. East, Westfield.

The Union County Extension Home Economists will present ideas and suggestions on subjects that directly affect and influence the behavior of family members.

Topics to be covered will be

communications; values and attitudes; budgeting of time, energy and money; food needs and meal patterns; and purchase, care and repair of clothing and home furnishings.

Only the first 75 people who register can be accommodated. There will be a registration fee of \$1.50 for the series.

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Little League to open with parade Saturday

(Continued from page 1)

Gregory Van Name, managers, Lee Hanigan, Ed Luckenbach, Nick Bradshaw.
DODGERS—Eli Hoffman, Joe Huber, Joe Mercurio, Larry Nash, Marc Grau, Aaron F. Honer, Joseph J. Huber, Kevin Iatone, Neal

Spirack, Theodore R. Nugent, Mark Plaskon, Peter Ziobro, Eric Hirschmann, Thomas P. Hobbitt, Estes Hoffman, Mark Krause.
CUBS—Jim Forties, Dick Souders, Arthur Juckenback, Robert Roff, Michael Biunno, Michael Donnelly, Robert Irene, Stephen

Maguire, Richard Picut, Stephen K. Pota, David Wheeler, Donald Garretson, David Iselborn, John Kilmas, Thomas Martin, James Murphy, Denis Souders.
BRAVES—Henry Ehrlich, Allen Bardack, Robert Ament, Jeffrey Ehrlich, Thomas Fli-

gibbon, Jimmy Menk, Gregory Panagoe, Glenn Bardack, Stephen Dilleluth, Curtis Ehrigott, Andy Ehrlich, Anthony Falso, Stephen Jurcak, Dean Rabbitt, James Roche.
GIANTS—John Walsh, Robert Ruggiero, Donald Jeka, Chuck Ruggiero, James Casidy, Justin Grao, Patrick Knodel, Brian Le Grange, Jim Reilly, Bobby Zimmermann, Kevin King, Steven Lischin, Michael Welchiorre, Christopher Orgen, Peter Ruggiero, Michael Walsh, Ulyesse Le Grange.

MOUNTAINEERS—Robert Dooley, Glenn Mortimer, Jay Davis, Mark Dooley, Jimmy Riffel, Martin Swanson, Michael Young, Paul Abend, Robert Kolarsick, Ricky Souders, Thomas Ragno, Greg Rusbarsky, Frank Shaffer, Chris Wenzler; managers, John Rusbarsky, Jerry Del Monaco.
VIKINGS—David O'Connell, Chris Olearo, Glenn Baker, Robert Cullen, Gary Doten, Steven Ferry, Kerry Lesslauer, Michael O'Connell, Robert Anderson, George Fischer, Michael French, Jeffrey Ivory, Albert Preziosi, Roy Simpson; managers, Ron Ivory, Allan Lesslauer.

YANKEES—Rick Debbie, Wayne Halbagut, Jay Hanigan, Harry Irwin, Stephen Matyssek, Paul Matyssek, John Irwin, Richard Mays, William Micke, Gary Richards, John Silva, Robert Silva, Donald Schon; manager, Don Halbagut.
ORIOLES—Chuck Allan, Bill Cullen, Jim Dolen, Roger Dow, Barry Goler, Mark Kelly, Jim King, Frank Lamberia, Mathew Lawrie, Joe Mirto, Robert Stabler, Richard Schmedel, Gene Tulchin, Robert Rabbitt; manager, Dave Allan.

TIGERS—Tim Baker, Bryant Burke, Henry Daas, John Ferry, Russell Lausten, Bill Leber, Fritz McKay, John Medevielle, Charles Michaud, Richard Reiter, Kevin Riley, David Szabo, Malcolm Talcott, Randy Wissell; manager, Wall Riley.
REDSIX—Nick Badida, Eric Geiger, Robert Gillard, Paul Kelly, James Knodel, Peter Maas, John McCarthy, Kenneth Rampolla, John Rice, Steven Schaaf, Thomas Styler, Richard Spina, Gerald Toepfer, Thomas Zelman; manager, Sal Rampolla.

Summer school plans span wide range from outdoor science to typing, cooking

(Continued from page 1)

may choose to enroll them without teacher recommendation.

The reading and math courses are designed for students who have been experiencing difficulties in these subjects, or who can use additional strengthening.

THE ENRICHMENT courses, "designed for those children who just like to come to school and who are interested and challenged by new, additional or unusual school experiences," include a pre-kindergarten session for those children entering that grade next September. It will provide an early introduction to a

High school board details its schedule of regular meetings

The dates and locations announced this week for regular monthly meetings of the Union County Regional High School District Board of Education through Jan. 8, 1974, are:

This Tuesday, Arthur L. Johnson School, Clark, cafeteria; June 5, Deerfield School, Mountaineer, auditorium; July 3, David Brearley School, Kenilworth, cafeteria; Aug. 7, David Brearley School, Kenilworth, cafeteria; Sept. 4, Gov. Livingston School, Berkeley Heights, cafeteria; Oct. 2, Jonathan Dayton School, Springfield, cafeteria; Nov. 6, Deerfield School, Mountaineer, auditorium; Dec. 4, Jonathan Dayton School, Springfield, cafeteria; Jan. 8, Arthur L. Johnson School, Clark, cafeteria.

All residents of the six Regional communities, Berkeley Heights, Clark, Garwood, Kenilworth, Mountaineer and Springfield, were urged to attend the meetings of the high school board of education which begin at 8 p.m. on the first Tuesday of each month. Coffee and cake is served a half-hour before each regular monthly meeting so community residents may have the opportunity to informally meet and talk with their board representatives.

Club will sponsor refreshment stand

The Sub-Junior Women's Club of the Mountaineer Area will sponsor a refreshment stand on Little League Day on Saturday at the Deerfield School. Hot dogs, soda, coffee and baked goods provided by the members will be sold on the blacktop of the handball courts after the parade and ceremonies continuing through the day. The proceeds will go toward service projects organized by the club.

The club is under the leadership of Janice Cullen, president. This year the members, ranging in age from 14 to 18, have participated in a number of ventures, including holding a Christmas party at Trenton State Home for Girls. The Sub-Junior Women's Club is making stuffed animals to be given to needy children in the area.

formal elementary school, a regular classroom environment, and experiences with a fully qualified kindergarten teacher. Included will be listening to instruction, following instructions, language development, music, art and rhythms. Minimum enrollment requirement will be 10 per section.

Other enrichment offerings, and the descriptions supplied by the board, are as follows:

Art: "We are hoping to establish two groups—one for elementary children (through grade 5) and one for middle school children (Grades 6 and 7). Each of these programs will be approached from a workshop viewpoint, and the child will be given a chance to pursue his own interests in painting, drawing, and crafts. Minimum enrollment requirement will be 10 per section."

Children's Theater: "This course will provide the opportunity for a younger group (Grades 2-4) and an older group (Grades 5-7) to produce one or more plays during summer school and do some of the behind-the-scenes work (rewriting parts, art, music accompaniment, play writing, and acoustics). Hopefully, each group could stage a play for parents and friends. An attempt will be made to integrate dramatization with music."

Children's Literature: "This course will provide an opportunity for children in two age groups (Grades 2-4 and 5-7) to read a wide range of books, discuss their contents, and, perhaps, use them as a base for creative drama, creative writing, and art projects."

Instrumental Music: "Group lessons and fundamentals classes for children in Grades 3 through 7 on all orchestral instruments, including recorder. Band will be offered for all except beginners. Minimum enrollment will be 20 students per teacher."

Vocal Music: "Primary (Grades 1-3) and advanced (Grades 4-7) chorus. If enrollment permits, small group instruction will be given in addition to chorus."

Outdoor Science: "This course is open to fourth, fifth, and sixth graders, and will be scheduled for a double period (8:30-noon). The reason for this is that the increased time is necessary for field trips devoted to outdoor science activities. We will arrange trips to the Great Swamp, the seashore area, the Newark Museum, farms, ponds, rivers, quarries, to collect all kinds of specimens. Some days will be spent in the classroom, but most of them will be outside. This is a real opportunity for budding scientists. Edwin Sjonell will be the head teacher of this course. The enrollment is limited to 12 children. If registration permits, two or more classes will be formed. Cost \$50."

Typing: "This is personal typing designed for children in Grades 4-7. Electric typewriters will be supplied for all students. Two sections will be scheduled, with a minimum enrollment requirement of 10 per section."

Industrial Arts: "There will be two courses offered, one for beginning students and one for advanced students. Both boys and girls may register. The beginning class will work on developing the basic skills of wood and metal work. These will include using hand tools, layout, planning projects, cutting, measuring, etc. The advanced group will work entirely on projects of their own choosing. Each section will be limited to 15 children, with a minimum requirement of 10 per section. Early registration is a must."

Home Economics: There will be two classes in home economics. The first one, for beginners in Grades 4 and 5, will provide basic experiences in sewing and cooking. The advanced group, in Grades 6 and 7, will work projects of their own choosing. Minimum enrollment requirement will be 10 per section, maximum 15."

All students enrolled in the summer school must be in attendance all 24 days (July 4 is a holiday) unless illness or emergencies make attendance impossible. "Vacation plans do not fall into these categories," a spokesman noted.

Registration forms may be submitted by mail to Dr. Levin B. Hanigan, superintendent of schools, Echobrook School, or through any school office. A check for the full tuition, payable to the Mountaineer Board of Education, must accompany the form. Registration will be accepted on a first-come, first-served basis; sign up deadline is May 15. Further information on the summer school may be obtained by calling Marie Cronauer at 232-3332 between 9 a.m. and noon, or 2-4 p.m.

Swimmers

(Continued from page 1)

events, the individual medley and butterfly events and in three different relays. Robin also had a good season. She placed first in the 100-yard backstroke, second in the 200-yard individual medley and second in the two 15-17 relays at the league championships.

All members of the swim team have been selling candy all season to raise the money needed to send the 12 members of the team to Columbus. The girls will fly to Ohio today, and will return on Monday. The meet will be held on Friday, Saturday and Sunday.

The other members of the team who will participate in the meet are Kym Brzezinski, Cheryl Carey, Kathy Dwyer, Chris, Merrie and Nancy Hugger, Wendy Hylander, Ann Krakora, Jane Miller and Sarah Ward.

MUSTANGS—David Cushman, Matthew Kukon, Timothy Harrigan, Brian Kukon, Edward Oesterle, Michael Perrotta, David Weinberg, Chris Allan, Jeffrey Brown, Chris Johns, Bruce Kirschenbaum, Keith Mirto, Roger Susko, Darren Young; managers, Ben Mirto, Michael Perrotta, Bob Cushman.

CHIEFS—Charles Bunin, William Rose, Chip Kane, Kenneth Kleoson, William Pellegrino, Scott Talcott, William Ventura, Chucker Dooley, George Harb, Kirk Kubach, David Lauboff, Michael Ramaccio, Charles Weslowski, Richard Zirkel; managers, William Kubach, Louis Rose.

PIONEERS—Steven Colline, Tom Fischer, Thomas Spang, Danny Belenets, Chris Dilleluth, Patrick Mays, Ronald Zirkel, Bob Castelo, Jack Heller, James Huelbig, Paul Krause, Donald Nelson, Adam Williams, David Zarra; managers, James Heubig, Arthur Williams.

BLUE STARS—John Gerndt, Paul Jeka, Edward Noe, Robert Cleveland, Joe Hoy, Mike King, James Kontra, Paul Reiter, Mark Boyd, Stephen Gallagher, Timothy Holleran, Timothy Rabbitt, Gregory Shomo, Michael Simmons; manager, Charles Ferricola.

INDIANS—David Abend, Frank Adams, Gerald Dilleluth, Mark Flood, Mike Flood, Frank Gonnella, David Hoffman, Jeffery Kortina, Scott Masters, Bob McGurty, Andy Nash, Bobby Rawlins, Thomas Schon; manager, Frank McGurty.

TWINS—Jerry Dwyer, Michael Gagliano, Matthew Horan, Tim Horan, Chris Kanakis.

Highlander Bands

(Continued from page 1)

Garden State Art Center on June 1. On June 2 the pipers will be at the Highlander gathering in Delaware. The entire group will compete in the parade in Atlantic City at the Elk's convention on June 9.

The bands will hold another gas sale on June 2 at the Gulf Station on Rt. 22 in Scotch Plains. The funds raised in the gas sales and car wash help to pay traveling expenses for the bands.

LWV head

(Continued from page 1)

candidates' night, but here that is done by the American Association of University Women." Mrs. Harrison noted that the League does seek contributions, but not with door-to-door campaigns. "We do need more financial support," she said, "and as the number of voters increases, so do our expenses."

"We'd like to do a lot more for local voters, but are hampered financially. Last year we had the opportunity to have access to the names of all absentee voters. We could have mailed candidate information sheets to them also, but there was no money for the project."

"If we did get more funds, we could provide similar information for primaries. It would be a very good thing if we could disseminate as much information at primary time as we do in November. It would stimulate more interest in these elections."

MRS. HARRISON, who holds a B.A. degree in music education from the Catholic University in Washington, D.C., is interested in another type of educational process—the League's efforts to overcome voter apathy by making people more aware of the political system.

"People seem so disillusioned with the whole political process," she said. "But before we can expect response to voter registration drives, we have to convince people of the importance of their vote. The League hopes to reach enough people to teach them of this; knowledge helps dispel apathy."

Discussing voter registration, Mrs. Harrison criticized the structure "which doesn't encourage people to register. Of course it provides the opportunity, but not a wide enough opportunity. For instance, in some towns it's difficult to get to a place to register unless you have a car. We should make registering and voting very easy, not a task," she stated.

According to Mrs. Harrison, work with the League, although rewarding, need not be looked upon as a task, either. "If a member is primarily interested in learning about issues, she would attend meetings once or twice a month. These can be either in the daytime or at night, depending on the member's preference."

As a leader, Mrs. Harrison naturally spends more time at her post, as do other members, many of whom lobby either locally or in Trenton. The League does take up numerous issues, and at present is seeking reforms in county and state election laws. Recently it worked to obtain more media coverage of the state.

Mrs. Harrison and her husband, a chemical engineer for Exxon, have lived in Mountaineer for three years, moving here from Groton, Conn. They reside at 1433 Woodlakes Dr. "I joined the League when I came to the borough," she said. "I read of its activities, was interested and became a member." Perhaps more of her neighbors will do likewise.



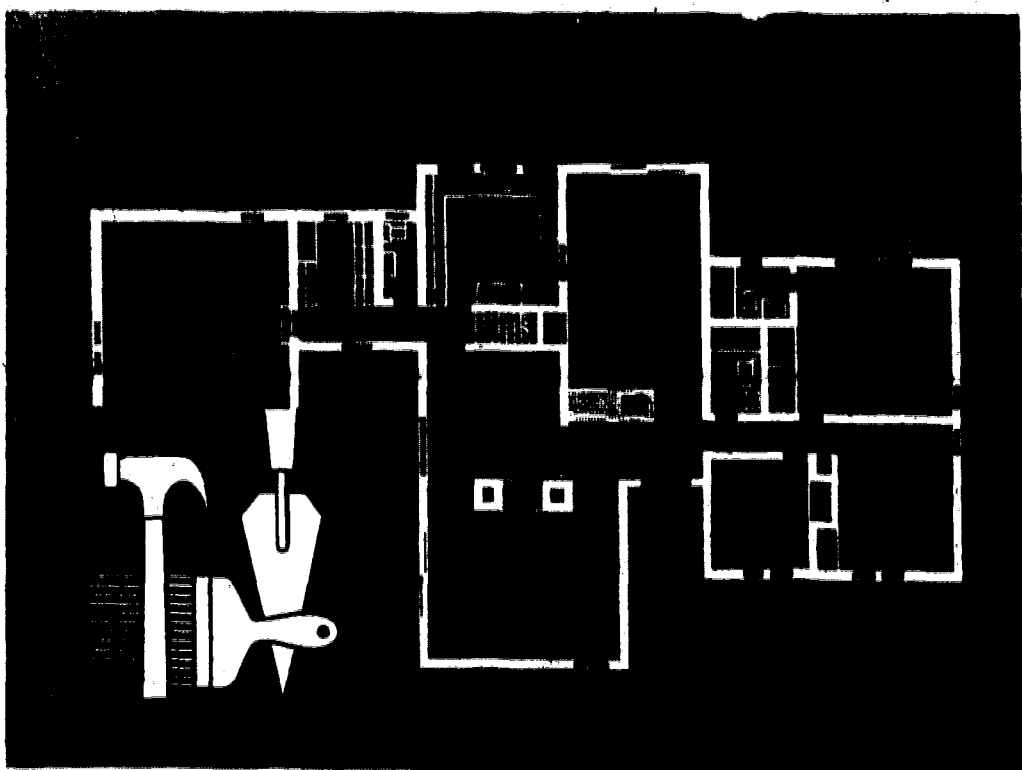
VISITING AUTHOR — Harry Devlin, Mountaineer author and illustrator of numerous children's books, greets Jill Van Benschoten, Mark Jacobs and James Laughlin (l. to r.) at the Echobrook School. The youngsters were among fourth and fifth graders who heard Devlin discuss aspects of writing and art, and the procedures of having a book published. Devlin also read from some of his works, including 'What's Under My Bed?' and 'What Kind of House is That?' Charlotte F. Ross, fourth-grade teacher, had arranged for the lecture.

Rider debut for new play

Rider College, Trenton, will premiere Bert Katz's new play, "Reunion," with six performances April 30-May 5.

According to Katz, who has authored two major productions since coming to Rider six years ago, his latest drama "is a series of vignettes about growing up in America during the 30 years from 1940 to 1970."

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ANNUAL PERCENTAGE RATE	9.0%	9.0%	9.0%	12.75%
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Amount of Each Payment	\$52.85	\$64.00	\$104.00	\$116.67
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Financed in the National Bank of New Jersey	Yes	No	No	No

MOUNTAINSIDE Echo logo and contact information for Milton Mintz, publisher.

Gray's FUNERAL DIRECTORS SINCE 1897 contact information.

Help urged by chairman of county cancer drive

Sophie H. Baranski, chairman of the American Cancer Society's fund-raising drive in Union County, this week urged all residents of Union County to give generously when an American Cancer Society volunteer calls. "We desperately need your help in supporting the American Cancer Society's three-fold program of national research, education and patient service," said Mrs. Baranski.

"In addition to supporting a vast research effort, the American Cancer Society provides services to residents of Union County as well," noted Mrs. Baranski.

The society provides financial assistance to all cancer patients who are considered medically indigent, including the leukemia patient. Also the society supplies loan closet items such as wheel chairs, hospital beds, and commodes regardless of financial need.

"Rehabilitation programs are another important aspect of the society's broad spectrum of services. They are active in the area of speech therapy for the laryngectomee (one who has had his larynx surgically removed) and they also offer a visitation program for mastectomees (women who have had their breast removed due to cancer) in addition to a newly organized group of ostomees (persons who have had an operation in the area of the bowel or bladder)," said Mrs. Baranski.

She noted that the society also offers free education programs to any interested group. The program consists of a film, speaker and literature dealing with various aspects of cancer detection and prevention.

"So I am sure you can see the financial help we need in supporting such a multi-phased program," she said.

Mrs. Baranski said, "We are most fortunate to have the competent help and generous support of our community chairmen, who give so freely of their time and energy in the fight against cancer."

She concluded, "We want to wipe out cancer in your lifetime, won't you help them, help us, help you by getting a check-up and giving generously to the American Cancer Society."

Violinist soloist with Symphony

Miss Ani Kavafian, Turkish born violinist, will be the featured soloist with the Suburban Symphony Orchestra of Cranford at concert Sunday at 3 p.m. at Union College, Cranford. Admission is \$3 for adults and \$2 for students.

The program will consist of Brahms "Violin Concerto" with Miss Kavafian as soloist; "Symphony in C" by Bizet and "The Water Music Suite" by Handel. The Suburban Symphony is under the direction of Henry Bloch.

An accomplished young musician and the winner of many musical awards, Miss Kavafian is a doctoral candidate at the Juilliard School. She has been concertmaster of the Juilliard Orchestra for three years and has appeared as soloist with this orchestra, as well as with the Detroit Symphony, the Washington National Symphony, the Dallas Symphony and the Boston Pops.

Mrs. Kavafian is also a regular participant in the Marlboro Festival and tours with the "Music from Marlboro" series.

Hikers plan walk to see the blooms

The Union County Hiking Club this week urged its members to ramble through Branch Brook Park, Newark, on Saturday to view the cherry blossoms on more than 10,000 trees.

The organized walk will be by arrangement with the leader, Ray Carriere of Millburn.

Sunday's activity for members and guests includes a nine mile hike and a six to eight mile ramble.

The hike, led by William Myles of Summit, will begin at 9:15 a.m. at the railroad station in Cold Spring, N.Y., nine miles north on Route 9D from the Bear Mountain Bridge. The hike will be up Mt. Taurus to the Beacon fire tower and down Breakneck Cliff.

The ramble, led by Helen Hinz of Summit, will be through part of the Watchung Reservation, beginning at 16 William st., Summit, one block from Overlook Hospital.

Further information is available through the recreation department of the Union County Park Commission.

Fundraiser set for Drum Corps

The Polish Falcon Drum Corps Auxiliary will hold a spaghetti dinner, Sunday, May 6th, at the Falcon Hall 153 Third st., in Elizabeth from 1-6 p.m.

Donation of tickets is \$1.50 for Adults and \$1 for Children. Tickets may be purchased from members of the Auxiliary and at the door. Funds will go toward new uniforms for the Falcon Drum & Bugle Corps.

To Publicity Chairmen:

Would you like some help in preparing newspaper releases? Write to this newspaper and ask for our "Tips on Submitting News Releases."



CHANGE OF WATCH CEREMONIES — The Watchung Power Squadron installed Russ Beottger of 25 Highland ave., Springfield (right) as commander for the coming year at ceremonies last week. Outgoing commander Neil Hoerner of 473 Winthrop rd., Union, participated in the installation

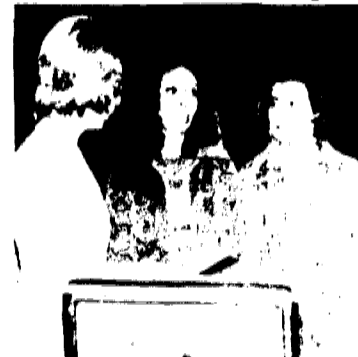
as the wives of the two officers, Mrs. Lorraine Heorner and Mrs. Frances Beottger, looked on. The Watchung Power Squadron is a unit of the United States Power Squadron, whose purpose is to teach safe boating through free courses twice yearly.

Mrs. Cohen, Mrs. Yuknus head home economist group

Approximately 150 members of the New Jersey Home Economists Association attended the organization's annual meeting last week at the Coachman Inn in Cranford. Among those attending were Mrs. Judith Cohen, president elect of the NJHEA, and Mrs. Carolyn Yuknus, vice-president.

Mrs. Cohen, who resides in Westfield, is a home economist for Best Foods Research Center in Union. Mrs. Yuknus is a resident of Union and is a home economist for the Union County Extension Service, Westfield.

The meeting focused on the changing lifestyle of the American family and the role that home economists might play in facing those changes. Speakers included Mrs. Gloria Deodata of the National Organization for Women (NOW), Mrs. Delight Williamson, Holt of the public information office of the New Jersey Department of Environmental Protection, Miss Carol Ann Bauer, marketing services director of the Home Economics Division of Scholastic Magazines, and Donn and Toni Coffee, president and vice-president of Organization Development Technology, Inc.



NEW OFFICERS — Mrs. Judith Cohen, center, and Mrs. Carolyn Yuknus, right, were sworn in as president and vice president, respectively of the New Jersey Home Economics Association by past president Mrs. Arlene Kirman, left, at the group's annual meeting held last week at the Coachman Inn, Cranford.

McElroy to head senior citizens fair

Raymond McElroy of Kenilworth has been appointed by Mrs. Evelyn Frank, president of the Senior Citizens Council of Union County, to be chairman of the first Union County Senior Citizens Fair to be held on Saturday, May 19, at Burnet Junior High School, Union.

All senior citizens in Union County have been invited to this event, which is in celebration of Senior Citizens Month. Table exhibits, entertainment, speakers and refreshments are being planned. Any senior citizen group desiring to participate with exhibits or entertainment may contact McElroy at 276-6356.

Rinaldo requests President to help end PATH walkout

WASHINGTON, D.C. — Rep. Matthew J. Rinaldo (R-12th Dist. N.J.) has called on President Nixon to intervene in the month-old strike against the Port Authority Trans-Hudson tubes.

In a letter to the chief executive, Congressman Rinaldo noted that the strike of the Brotherhood of Railway Carmen has caused great inconvenience to several hundred thousand residents of New York and New Jersey.

"All existing legal remedies have been exhausted," he said in his letter to the President. "Because of my concern over the inconvenience to which commuters in the 12th Congressional District have been subjected, I urge you to place the full resources of the Labor Department at the disposal of PATH and the union."

Rinaldo said 12th Congressional District residents along the Erie-Lackawanna and the Jersey Central lines were being forced to rely on carpools and buses in order to get to and from work in New York City.

"This is an intolerable situation, and I believe that the President should move in and take every possible step to achieve a swift settlement, so that commuters' lives can return to normal," he said.

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Cranford art group lists outdoor exhibition-sale

The Cranford Creative Art Group has announced plans for an outdoor art show to be held Saturday, May 5, from 9 a.m. to 5 p.m. at the playground of the Cleveland School, N. Union avenue, Cranford.

Professional and amateur artists are invited to exhibit works, and cash and artist material awards will be made in both categories. Judging by Joseph Rossi will take place at 1:30 p.m., with awards ceremonies slated for 4 p.m. Entries must be original works, framed and wired for hanging.

Entry fees are \$3 for Art Group members; \$5 for non-members. All exhibitors will be allowed approximately 10

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Y registers for classes

Registration for the Elizabeth YWCA classes in Maid to Measure and tennis instruction for beginners will be held today and tomorrow, from 9:30 a.m. to 8 p.m., and on Saturday from 9:30 a.m. to noon.

The Maid to Measure exercise class is designed to trim the measurements of working women, young mothers and students, as well as for relaxation. The class will start on Monday at 7:30 p.m.

Tennis instruction for beginners will start on Wednesday, May 16, from 7 to 9 p.m. Registration is open to both men and women. Tennis balls and racket are required.

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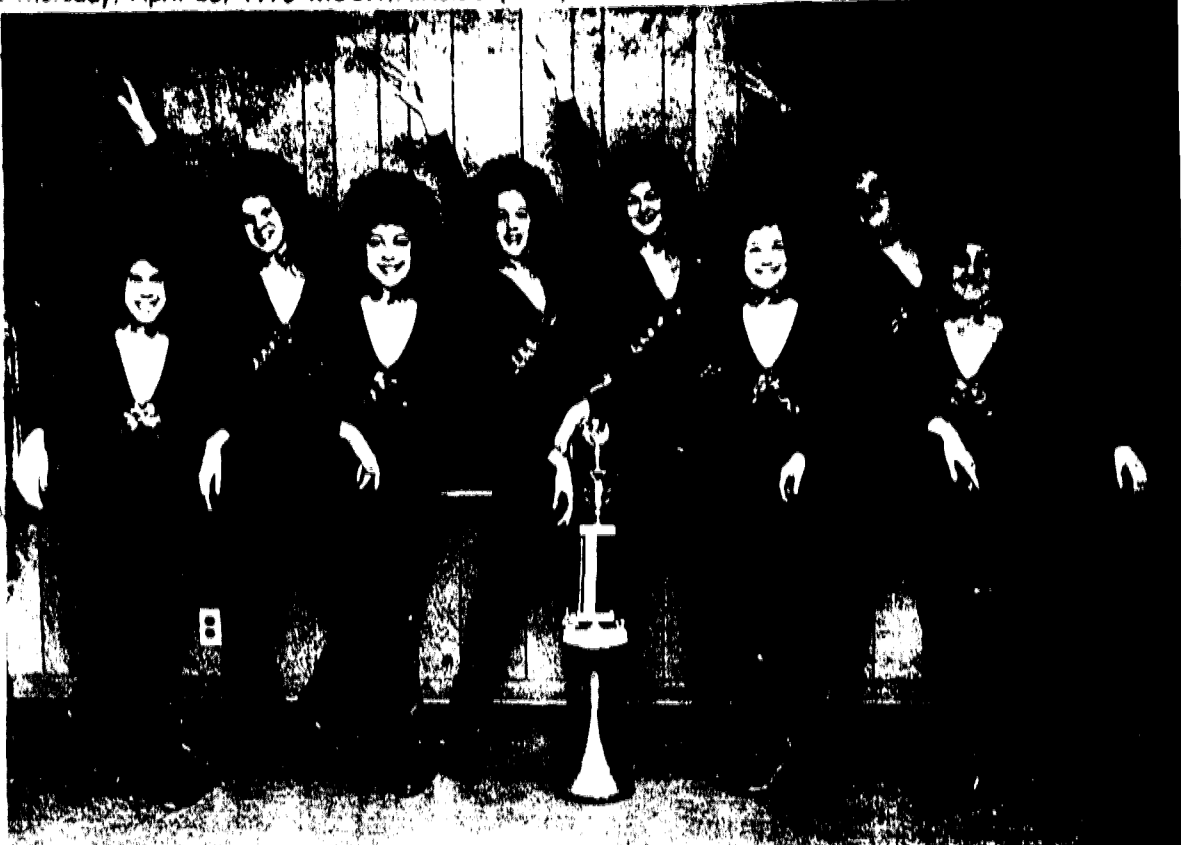
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CHAMPIONS For the fifth consecutive year, teenage dancers trained by Yvette Cohen of Mountainside at the Yvette Dance Studio, Cranford, won top honors for a group division in a dance competition sponsored by the Dance Educators of America. Displaying fancy footwork around the

trophy, which was presented at the recent contest in New York's Waldorf Astoria, are, from left, front, Lori Cohn, Felicia Battista, Deborah Strauss and Susan Kloss; rear, Nancy Chismar, Lynn Loveland, Margaret Bonis and Leslie Strauss. Group members not pictured are Linda Stewart and Douglas Etheridge.

Seven persons injured in accidents in Mountainside Monday and Tuesday

Seven persons were reported hurt in traffic accidents in Mountainside early this week, according to borough police.

The first mishap occurred Sunday at 10:15 p.m. in front of 1444 Dear Path, when a small sports car, driven by George G. Leslie 3rd of 1524 Rt. 22, Mountainside, reportedly skidded into a utility pole.

Police said Leslie told them another car, with its high beams on, had come across onto his side of the roadway and he swerved to avoid it, but skidded into the pole. Leslie and a passenger in his car, Virginia Gallagher of Short Hills, suffered lacerations of the face and were taken by the Mountainside Rescue Squad to Overlook Hospital.

A Greenbrook man was hurt early Monday when he reportedly lost control of his car on Rt. 22 after a small animal ran into its path, and he crashed into the rear of a tank truck. Police said the motorist, Constanti D. Scarinci was injured in the crash but refused medical attention. The accident occurred at 1:44 a.m. about 200 yards west of Lawrence avenue.

A three-car crash occurred at 5:25 p.m. Monday on rain-slicked Rt. 22 East in front of Hall & Fuhs, Inc. Police said one driver, Peter N. Anastas Jr. of Bayonne, told them he braked his car when traffic in front of him began to

stop, but the vehicle skidded and hit the curb. The car behind him, operated by Jean Brown of Cranford, reportedly braked to avoid his, but was hit in the rear by a third auto, driven by Patricia C. Koenig of Linden. Miss Koenig suffered mouth injuries, police said, and was taken to Overlook Hospital by the Rescue Squad.

At 8:40 that evening, three persons were hurt in a two-car collision on Rt. 22 East near Lawrence avenue. Police said Antonio L. Masullo Jr. of Kenilworth told them he was attempting to stop for a traffic light when his car skidded and struck the auto next to him, operated by George A. Crimmins of Cranford. Crimmins reportedly complained of a neck injury following the crash, and Masullo suf-

fered a lacerated nose. A passenger in Masullo's car, Lauren Bobucky of Union, injured her knee. All were taken to Overlook Hospital by the Rescue Squad.

A four-vehicle pile-up occurred at 8:30 a.m. Tuesday on Rt. 22 East near the rest area, but no injuries were reported in that mishap.

Police said Ronald K. McCullough of Glen Rock, Pa., the driver of a tractor-trailer, told them he had attempted to stop for traffic, but the vehicle's brakes wouldn't hold. The truck crashed into the rear of a van driven by Edward Dinapoli Jr. of Rutherford, which was then pushed into the rear of an auto operated by Paul R. Profit of Irvington. Profit's vehicle struck the rear of another, driven by Martin Goldman of Piscataway.

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Westfield boy, 17, faces drug charge

Mountainside police have reported that complaints for possession of marijuana and of beer and wine will be signed against a 17-year-old Westfield boy, picked up by local officers Saturday night.

Police said the youth had been stopped in the parking lot at Chrono's Tavern, Mountain avenue, at 10:25 p.m. by Ptl. Herman Hafeken. Investigation of the teenager's car allegedly revealed the alcoholic beverages and marijuana. The youth was released in the custody of his parents.

Regional drama group to stage fantasy satire

The drama department at Gov. Livingston Regional High School will present the play "Dagmar," on May 18 and 19, according to Norman Schneider, director.

The cast for the fantasy satire on campus unrest will have Patti Ludd playing the title role. Her antagonist, Charley, who takes over the all-girl campus in a revolt, will be played by Laurie Green.

The girls who follow Charley will be portrayed by Doreen and Denise Alessi, Barbara

Naughton, Judy Hendrixon, Gail Edelman, Cathy Irwin, Leslie Keating, Gail Rabbitt and Karen Irvin.

The headmistress who is rescued by Dagmar when she is forced to flee the campus is Francie Carver, the rest of the faculty will be played by Suzy Stumpf, Mark Toor, Donnie Kanter, Stephanie Adams, Darlene Yannetta and Valerie McQueen.

Felicia Cassonas will portray La Pasionaria the 2nd, who introduces courses in guerrilla warfare and revolutionary technique. She is introduced to the girls by a campus bigshot played by Fred Price.

When Dagmar is tried by a kangaroo court, a crackpot defense is provided by Bill Smith as the Bishop of Ecuador.

Other people who inhabit both the real and the fantasy worlds of Mount Ararat, a prep school for girls someplace in New England, will be Gerry O'Connor, Steven Crossman, Mary McKay, Kris Eppler, Greg Brent, Steven Davis, Matt Bistis, Donna Camara, Mary Spano, Donna Serido, Kit Kammerer, Linda Woodman, Rose Mary Grillo, Jane Schraft, Dana Matthews, Julie Pollard and Judi Fredriksen.

Two groups to hold joint fete marking Israel anniversary

The Westfield-Mountainside B'nai B'rith Lodge and the Men's Club of Temple Emanu-El of Westfield will hold a joint event to celebrate the 25th anniversary of the State of Israel on Saturday night at 8:30 in Temple Emanu-El's social hall, 756 E. Broad st., Westfield.

The program will feature the "Dynamite Sisters," Judy Kochba and Aviva Hed; an Israeli movie, "Sallah," and an after-theater supper.

The entertainers will present a variety of songs in Hebrew, Yiddish and other languages in a songset, parodies, and sing-along. The movie stars Haym Topol, headliner of the film, "Fiddler on the Roof." It is the story of an Oriental Jew's successful campaign against entrenched bureaucracy in the 20th Century civilization.

The after-theater supper will include lox, bagels, coffee and cake. The program is being offered for \$3 per couple for members and \$5 per couple for non-members. Reservations can be made by calling Herbert Ross, 1606 Rising Way, Mountainside, 232-2867, or Myron Kesselhaut, 44 Manitou Circle, Westfield, 376-2985.

Paradise for sun worship

Monastir in Tunisia's beautiful seaside town to which sun lovers flock from all over western Europe. But to Moslems of 1,000 years ago, Monastir was much more. To stand watch for only three days atop Monastir's fortifications guaranteed immediate entrance, upon death, into Paradise.

Open house at Y camp

A taste of camp life will be dished up along with a barbeque lunch on Sunday, April 29, when the Westfield YMCA Day Camp Horizon holds open house at its new campsite, the Four Seasons Outdoor Center in Lebanon Township.

"All parents of camp-age children in Westfield, Cranford, Mountainside and Garwood are invited to the event designed to introduce the community to the new site and new activities planned for the day camp this year," said John A. Leitch, program director of the Y.

A motorcade will leave from the Y at noon that day to arrive in time for the 1 p.m. barbeque cooked by Bill Wilson and the Y's Men's Club.

After lunch, there will be tours of the 153-acre former farm where the campers will spend at least 50 percent of their time this year. Because all facilities are not ready this year, the remainder of the time will be spent at the former site, the Watchung Reservation.

Counselor Kevin Vaughan will be on hand to demonstrate crafts that will be part of Camp Horizon this summer—soap-making, candle-making, jelly-making, dyeing with natural materials.

Parents will also tour the 32 environmental stations being set up by Benton Cummings to make boys "real friends of nature." Four two-week camp sessions for boys in grades 1-6 begin June 28.

Further information may be obtained and reservations made at the Westfield YMCA, 138 Ferris pl., 233-2700.

Gas station owner assaulted, robbed of \$60 on Easter

The owner of a borough gas station was assaulted and his shop robbed of \$60 by a hold-up man on Easter Sunday afternoon, Mountainside police reported.

Police said William Parker, owner of Michael's Exxon on Mountain avenue, told them he was working in the front of the station at about 4:55 p.m. when he heard a noise behind him. As he turned around, he was hit over the head and fell to the ground, police said. The weapon was not found, but police believe it was a pipe or a blackjack.

Parker, who resides at 249 Evergreen ct., described his attacker as a white male with long blonde hair wearing blue jeans. He also said he heard a car door slam following the attack.

The assailant reportedly removed \$60 in bills from a cash register.

Parker was taken by Mountainside Rescue Squad to Overlook Hospital for treatment of his head injury.

35th year at WE marked by Donnelly

Arthur P. Donnelly of 1626 Larkspur dr., Mountainside, recently received a diamond set emblem marking his 35th year of service with the Western Electric Company. He is an assistant manager in manufacturing, coil and miscellaneous equipment at the Marion Plant, a satellite location of the Kearny Tract.

Donnelly is president of the Our Lady of Lourdes Home and School Association and a member of the Holy Name Society. He also belongs to the Stanley S. Holmes Chapter of the Telephone Pioneers of America, an organization composed of long-service telephone employees.

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Case co-sponsors bill to help combat youth delinquency

Senator Clifford P. Case (R.-N.J.) has joined in sponsoring a bill to establish a new, comprehensive program to combat juvenile delinquency and to rehabilitate delinquents in this country.

"More than half of the arrests for crimes of violence and 81 percent of arrests for property crimes in this country are made among persons under 25 years of age," Senator Case said. "During the past decade, criminal activity by young people has increased alarmingly. In addition, there are indications that a large proportion of adult arrests for serious crimes are those who we failed to rehabilitate as juveniles."

"Our efforts to rehabilitate juveniles who enter the criminal justice system clearly are failing," the Senator said. "Recidivism among juveniles is estimated at between 74 and 85 percent."

"When juvenile crime costs our society billions of dollars each year and our juvenile correctional system only produces more sophisticated offenders, it becomes obvious a new approach is needed," Senator Case said. "This is what this legislation will provide."

The bill creates a centralized authority, the National Office of Juvenile Justice, to coordinate federal juvenile delinquency control efforts that currently are fragmented and scattered. It also authorizes appropriation of \$1.5 billion over the next four years to provide assistance to state and local agencies for development and implementation of delinquency prevention, rehabilitation and treatment programs.

Federal aid provided by the bill encourages states and localities to develop community-based facilities as alternatives to large juvenile institutions, which have failed to provide effective rehabilitation.

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Apprenticeship Conference will start Monday in McAfee

The 29th Annual Eastern Seaboard Apprenticeship Conference will be sponsored by the New Jersey Department of Labor and Industry and the New Jersey Department of Education through its Division of Vocational Education, in cooperation with the U.S. Department of Labor through its Bureau of Apprenticeship and Training, at the Playboy Club Hotel, McAfee, next Monday through Friday, May 4.

Ronald M. Heymann, commissioner of the N.J. Department of Labor and Industry, said: "An agenda for 'Apprenticeship—Pathway to Success,' has been prepared which, I am sure, the conferees will find most interesting and informative. Focusing on the challenges and changes in the apprenticeship system, the four-day meeting will be attended by people from industry, labor, education and government."

"The multi-state apprenticeship conference which, in addition to New Jersey, comprises representatives from the states of Connecticut, Massachusetts, Maine, New Hampshire, New York, Rhode Island and Vermont is the oldest such meeting in the United States. I extend a very cordial welcome to our guests from other states and hope everyone benefits from a meaningful and successful conference."

Gov. William T. Cahill's welcoming address will lead the distinguished line-up of speakers which include prominent labor, industry, and government representatives. National participants include: Hugh C. Murphy, administrator in U.S. Department of Labor, Bureau of Apprenticeship and Training; Edward W. Aponte, Manpower Administrator, U.S. Department of Labor; Frank B. Mercurio, regional administrator, U.S. Department of Labor, Employment Standards Administration; Jack M. Sable, commissioner of the New York State Division of Human Rights, and Donald Slatman, director of Civil Rights Department, AFL-CIO, Washington, D.C.

In addition to Gov. Cahill and Commissioner Heymann, other New Jersey participants in

clude: Edward W. Kilpatrick, acting commissioner of the N.J. Department of Education; Charles Marciano, president of the New Jersey State AFL-CIO; Roy Kirkley, professor of Rutgers University at Labor Education Center; Peter S. Hill, assistant commissioner for Human Resources Development, N.J. Department of Labor and Industry, and Michael Mondano, special assistant to Commissioner Heymann.

The conference will conclude with a banquet on Thursday, May 3, with Hugh C. Murphy, president of the International Bricklayers, Washington, D.C., delivering the principal address.

Gov. Cahill has proclaimed Apprenticeship Week in New Jersey from Monday to May 4.

Venezuelan works on exhibit at Rider

An exhibition of Venezuelan tapestries and hand-crafted silver jewelry will be on view through May 3 in the Fine Arts Gallery of the Rider College Student Center.

The showing is being held in conjunction with Pan American Week festivities at the Lawrence Township college. Gallery hours will be 1-5 p.m. and 7-8 p.m., weekdays, and by appointment, weekends.

Coordinated by Assistant Professor Frederic B. Scudder of the Rider College Fine Arts Department, the exhibition is on loan from the Organization of American States in Washington, D.C.

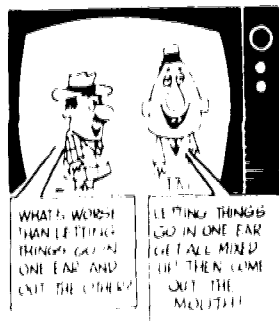
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Rutgers to show 3 student plays

Three plays written and directed by drama students at Rutgers Newark College of Arts and Sciences will be presented May 2, 3 and 4 at the Theatre Workshop, 31 Fulton Street.

Entitled "An Experimental Bill of Plays," the three will be the final production of the 20th anniversary season of the theatre arts and speech department at Rutgers Newark.

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Dear Consumer
By Virginia Knauer
Special Assistant to President Nixon for Consumer Affairs

Tired? Weak? Little overweight?
It's probably time to watch your caloric intake, lose a few pounds and try a few exercises. Right?
Yes, but that is not the whole answer. Nutritionists say you should start building a "new you" by eating daily portions from the basic four food groups.

Nutrition is the key to good health. I like to think of it as "new-you-trition."

"Nutrition" refers to the food you eat and how your body uses that food. As I think of it, "new-you-trition" includes making up your mind that you want to be fit and then making an effort to select nutritious foods.

Concerned about the condition of your skin? Foods with vitamin A help you to have healthy skin.

Concerned about the condition of your hair? Foods high in protein can be a big help.

What about your teeth? Calcium for teeth as well as strong bones.

Energy? Select foods for their protein and carbohydrate values.

There's such a variety of food that can help you keep fit that I could fill this page listing foods, their nutritional value, serving sizes and serving suggestions. But, to be brief, let me just say plan your three meals a day to include servings from each of the basic four groups of food:

- BREAD & CEREAL GROUP — All breads and cereals that are whole grain, enriched or restored, including grits, macaroni, spaghetti and rice;
- MEAT GROUP — This category is incorrectly named because this group includes eggs, dry beans, dry peas, nuts and peanut butter as well as beef, veal, lamb, pork, chicken, fish and the variety meats that I like—liver, heart and kidney.

MILK GROUP Milk, all kinds of cheese and even ice cream.

VEGETABLE & FRUIT GROUP This group seems to be as big as America and just as varied. Here are just a few you might have selected today: apples or apricots, blackberries or blackeye peas, cantaloupe or cauliflower, dandelion greens or dates, grapefruit or grapes, lemon juice or lettuce, mushrooms or mustard greens, okra or oranges, parsley or parsnips, raisins or rhubarb, spinach or squash, tangerines or turnips.

If you really want to try "new-you-trition," study some books about food and nutrition at your local library. If you want some guides to keep in your kitchen, you might consider ordering the following booklets from the Superintendent of Documents, Government Printing Office, Washington, D.C. 20402:

- Conserving the Nutritive Value in Foods, 10 cents;
- Family Fare: a Guide to Good Nutrition, 45 cents;
- Food for Fitness: a Daily Food Guide, 15 cents (I really like this one because it is so easy to understand);
- Nutrition: Food at Work for You, 20 cents;
- Nutritive Value of Foods, 75 cents. Make check or money order payable to Superintendent of Documents.

P.S. If you try the new-you approach to foods, I would like to know some of your recipes or tips for making ordinary nutritious food into a gourmet dish or for making an unusual food into a family favorite. Send your suggestions to Dear Virginia, Office of Consumer Affairs, Washington, D.C.

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Amusement News



BILL HINNERT — One of the stars of Promises, Promises...

Erick Friedman in violin concert at Union High May 5

Recital Stage of Union, under the auspices of the Foundation for the Performing Arts...

Prior to the concert, two of the Foundation for the Performing Arts 1973 piano competition winners...

Friedman has made many guest appearances with some of the country's leading symphony orchestras...

Until the age of 10, Friedman taught himself to play by listening to records. He then studied with Ivan Galamian...

Friedman's success has spread rapidly throughout Europe, South Africa and the Far East...

Senior citizens and students may purchase tickets at half-price for this concert.

Highwire artist's dream

A 1 1/2 pound strand of new ultra-fine steel wire would stretch from earth to the moon.



NEWLYWEDS — Walter Matthau and Carol Burnett find that marriage hasn't changed their romance...

Theater Time Clock

All times listed are furnished by the theaters.

CINEMETTE (Union)—FIDDLER ON THE ROOF, Thur. Mon., Tues., 8, Fri. and Sat., 9:05; Sun., 2:55, 6, 9:05.

ELMORA (Elizabeth)—SNOW JOB, Thur., Fri., Mon., Tues., 7:30; Sat., 1:10, 4:45, 8:10; Sun., 4, 7:30; JEREMIAH JOHNSON, Thur., Fri., Mon., Tues., 9; Sat., 6:15, 9:50; Sun., 2:15, 5:40, 9:05; Sat., cartoons, 1.

FOX-UNION (Rt. 22)—THE POSEIDON ADVENTURE, Thur., Fri., Mon., Tues., 7, 9:15; Sat., 2, 4, 6:10, 8:20, 10:40; Sun., 2, 4:25, 6:50, 9:20.

JERRY LEWIS CINEMA (Five Points, Union)—PETE AND TILLIE, Thur., Mon., Tues., 7:30, 9:15; Fri., 7:30, 9:30; Sat., 7:30, 9:45; Sun., 5:15, 7:10, 9:05; Sat., Sun. matinees, SON OF LASSIE, 1:30.

ORMONT (East Orange)—LOVE AND PAIN AND THE WHOLE DAMN THING, Thur., Fri., Mon., Tues., 2, 7:30, 9:31; Sat., Sun., 1:30, 3:32, 5:32, 7:38, 9:44.

PARK (Roselle Park)—DUMBO, Thur., Fri., 1:30, 8:30; Sat., Sun., 2:40, 5:30, 8:20; Mon., Tues., 8:30; WORLD'S GREATEST ATHLETE, Thur., Fri., 2:30, 7:30, 9:30; Sat., Sun., 1, 3:45, 6:30, 9:30; Mon., Tues., 7, 9:30.

UNION (Union Center)—THE THIEF WHO CAME TO DINNER, Thur., Fri., Mon., Tues., 1:35, 7:45, 10; Sat., 1:30, 3:35, 5:45, 8, 10:10; Sun., 1, 3:10, 5:20, 7:30, 9:45.

MAPLEWOOD—POSEIDON ADVENTURE, Thur., Fri., Mon., Tues., 7:30, 9:30; Sat., 6:10, 7:45, 10; Sun., 5:15, 7:30, 9:30; Sat., Sun. matinees: TOM THUMB, 1, 3.

New film about Mafia

HOLLYWOOD—Columbia Pictures' "Crazy Joe," the Dino De Laurentiis Production, will begin filming in New York.

DISC 'N DATA

LEE MICHAELS "LIVE." (A&M SP-3518). Lee is the ultimate-keyboard powerhouse soloist...

Lee played all his hits at these performances including the legendary "The War," a nine-minute, all-stops-out "Heights Hi," and "Rock Me Baby."

Lee Michaels, a native Northern Californian, was five when he started "banging on things."

Michaels' first public appearance with a non-school group occurred when he was nine. He played accordion, as did one friend, and they were backed by a drummer...

Lee's college stay was brief due to the institution's inability to teach him very much. He joined a band called The Sentinels and played organ with them all over the U.S.

Forming his own band in 1965, Michaels became caught up in the exploding S.F. rock scene. He worked hard for a while and got an audition with A&M.

Lee's third album, recorded and released in midsummer 1969, was a best-seller for the erstwhile struggling artist.

Lee's single, "You Know What I Mean," was a smash hit.



GEORGE CHAKIRIS—Oscar-winner for this portrayal of Bernardo in "West Side Story," plays the bachelor whose married friends try to lead him into that state of bliss in the musical comedy, "Company," which opened yesterday at the Meadowbrook Theater Restaurant, Cedar Grove.



IN TITLE ROLE — Ryan O'Neal stars in "The Thief Who Came to Dinner," new Warner Communications Company film...

CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down words.

Robert Redford now at Elmora

"Jeremiah Johnson," a story of a lonely mountain man in the 1800's and starring Robert Redford in the title role...

Fox, Maplewood hold 'Poseidon'

"The Poseidon Adventure," which continues to draw audiences at the Fox Theater, Route 22, Union, and the Maplewood Theater...

Evening of ballet planned in Essex

The New Jersey Ballet Company, resident company of the Paper Mill Playhouse, will present an evening of dance on Saturday, May 5...

MAPLEWOOD THEATRE advertisement for "The Poseidon Adventure" featuring Gene Hackman and Ernest Borgnine.

UNION THEATRE advertisement for "The Thief Who Came to Dinner" featuring Ryan O'Neal and Jacqueline Bisset.

Elmora Theatre advertisement for "Snow Job" featuring Robert Redford.

Double Walt Disney bill offered on Park screen advertisement for "The World's Greatest Athlete" and "Dumbo."

RECITAL STAGE ANNOUNCES FOUNDATION FOR THE PERFORMING ARTS SPRING 1973 advertisement for Erick Friedman's concert.

Elmora Theatre advertisement for "The World's Greatest Athlete" featuring Charlton Heston.

Elmora Theatre advertisement for "The World's Greatest Athlete" featuring Charlton Heston.

Elmora Theatre advertisement for "The World's Greatest Athlete" featuring Charlton Heston.

Jerry Lewis Cinema advertisement for "Pete 'n' Tillie" featuring Walter Matthau and Carol Burnett.

Jerry Lewis Cinema advertisement for "Pete 'n' Tillie" featuring Walter Matthau and Carol Burnett.

Jerry Lewis Cinema advertisement for "Pete 'n' Tillie" featuring Walter Matthau and Carol Burnett.

MEADOWBROOK THEATRE/RESTAURANT advertisement for George Chakiris and Gretchen Wyler.

THE 50's CARNIVAL advertisement for Newark State College.

Tallyho advertisement for dining specials including broiled sirloin and lobster tails.

CATERING TO PRIVATE PARTIES 10 to 200 advertisement for Steak House Tower.

DINING GUIDE advertisement.

Trotola's advertisement for dining at Five Points, Union.

IRVINGTON POLISH HOME advertisement for dining at the Polka Center.

OLD EVERGREEN LODGE advertisement for dining and hall rentals.

Chestnut Tavern & Restaurant advertisement for Italian American cuisine.

union hotpot advertisement for dining.

Psychosurgery: Boon or bane?

Brain operation stirs growing concern

In recent years more than 500 psychosurgical operations have been performed annually in the United States, causing growing concern on the part of the medical profession and the public. A treatment used for mental illnesses and brain diseases, psychosurgery alters certain behavior by destroying a portion of the patient's brain cells.

In Science magazine, the weekly journal of the American Association for the Advancement of Science, Constance Holden, staff writer, discusses psychosurgery and its growing use. Staunch critics of psychosurgery see little justification for these operations, explained Holden, since they are likely to blunt the patient's emotions and thought processes. They

view psychosurgery as a potential tool for social control, and fear the belief of some physicians that psychosurgery should be used on persons with low violence thresholds before they lose control of their violent tendencies.

According to Holden, many neuroscientists who oppose psychosurgery's use to alleviate violence, nevertheless believe that some forms of psychosurgery are beneficial. Cingulotomies, for example, are performed in the treatment of behavioral disorders, and to alleviate intractable pain, depression, and anxiety states.

Standards have not been established by the medical profession or by the government on the selection and treatment of psychosurgery

patients, explained Holden. It appears as if the courts will be setting many of the standards.

One case already scheduled, concerns an appropriation of \$228,400 by the Michigan state legislature in support of a project to study the treatment of uncontrollable aggression through the use of psychosurgery and drug therapy. Two comparable groups of institutionalized patients were to be used in this study.

The questions raised by an inquiring lawyer commented Holden, concerned the appropriateness of using public funds for this purpose and the impossibility of obtaining informed consent from an involuntarily institutionalized patient.

This case will establish an important precedent for efforts to impose controls on the use of psychosurgery, said Holden. Because of political implications and the limited knowledge available concerning the connection between violence and brain diseases, operations on institutionalized persons and surgery done to control violence might be banned.

Much research is needed before guidelines can be established for the practice of psychosurgery. One possibility, commented Holden, is that the government could establish regulations similar to those applied by the U.S. Food and Drug Administration. In addition, a working definition of psychosurgery is needed.

May 6 Seton event honors Copernicus 500th anniversary

Two Polish organizations will jointly commemorate the 500th anniversary of the Great Polish astronomer Copernicus with a Copernicus Symposium and Musicale at 3:30 p.m. in the Student Center of Seton Hall University, South Orange, Sunday, May 6. Sponsors are the Polish University Club of New Jersey and the Polish Cultural Society at Seton Hall University.

The program will include a recital featuring Polish pianist Jan Gorbaty and presentation to the University of a bronze memorial plaque in honor of the Polish genius who revolutionized science with his heliocentric theory of the universe.

Speakers for the symposium will be Dr. Jan Zaprawa Ostromecki of Roselle, executive director of the Polish Cultural Society, whose topic will be "Scientific Impact of Copernicus Discoveries on World Civilization," and Dr. Ladzev Cieplak, professor of political science at St. John's University in Brooklyn, who will speak on the political implications of Copernicus discoveries. The Polish Cultural Society was founded in 1953 as the Institute of Polish Culture.

The musicale will also include selections by Captain Ryszard Winowski of Irvington and the

Area Choir of Passaic, under the direction of Dr. B. W. Serban of Jersey City. Pianist Jan Gorbaty, who studied in Vienna and Poland where he graduated from the Conservatory of Music in Lwow, made his recital debut at Town Hall and has also performed at Carnegie Hall and Tully Hall and has toured Europe and the U.S. in solo recitals and with orchestras. He is professor of music at the Bronx Community College.

Dr. Caesar Gaza of Maplewood, president of the Polish University Club, will preside at the program. Other participants include Rev. Msgr. Dr. Joseph J. Przewozicki, pastor of St. Valentine's Church in Bloomfield, and Rev. Msgr. Alexander Fronczak, pastor of Sacred Heart Church in Wallington.

Dr. Charles Baretzki of Newark, archivist-historian of the American Council of Polish Cultural Clubs, is program chairman for the event. Others on the planning committee

Thursday, April 26, 1973

include: Walter Brytchuk of Roselle Park, Dr. Stephen Halabis of Linden, George Wiech of Mountainside, and Thomas Wojcik of Irvington.

The Polish University Club, an organization of Polish American professional men and business executives, awards scholarships and academic prizes to students annually and honors an outstanding citizen each year.

PERSON SUFFERING HEARING LOSS OFFERED BOOKLET

U.S. Government Publication Available At No Charge

WILMINGTON, DEL. A free United States Government booklet entitled "Hearing Loss - Hope Through Research," is now available to persons suffering hearing loss.

Published by the U.S. Dept. of Public Health, Education and Welfare for use by the hard of hearing, the booklet covers such facts as inherited deafness, discovering early trouble, selecting a hearing aid, noise damaging and adult's hearing, and the main types of hearing loss.

Free copies of the booklet are available by writing to "Government Booklet," Independence Mall, Suite 65, 1601 Concord Pike, Wilmington, Delaware, 19803.

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Seton Hall to host seminar on private higher education

Seton Hall University, South Orange, will be host to

educators, businessmen and foundation officials on Tuesday, May 15, for a joint seminar on "Independent Higher Education in New Jersey," sponsored by the Association of Independent Colleges and Universities in New Jersey and the New Jersey College Fund Association.

The event will be the first joint meeting of the two organizations, which represent 16 accredited private colleges and universities in New Jersey with a total enrollment of more than 40,000 students.

Dr. Samuel B. Gould, chancellor emeritus of the State University of New York and trustee of the Charles F. Kettering Foundation and JDR 3rd Fund, will be speaker during the morning session. His topic will be "The National Scene."

Speaker for the luncheon session will be Dr. Byron K. Trippet, president of the Independent College Funds of America.

Dr. Robert F. Oxnam, president of Drew University, will be moderator for a panel discussion dealing with aspects of independent higher education and funding.

Participants and topics include Dr. Earle Clifford, president of the Association of Independent Colleges and Universities, "New Jersey as Part of the National Scene," Robert B. Clark, president of Hoffman-LaRoche, Inc., "A Businessman's Reasons for Supporting Independent Colleges," Dr. Merrimon Cunningham of The Ford Foundation, "Foundation Opportunities in a Time of Educational Change," and Dr. William G. Bowen,

president of Princeton University, "Taxes, Tuition, and Educational Finance." Joseph W. Leimert, corporate treasurer of Corn Product Corp., chairman of the New Jersey College Fund Association, will give welcoming remarks to the conference. Leyland M. Cobb is president of the N.H. College Fund Association.

Schools to be represented at the seminar include Bloomfield College, Caldwell College, Centenary College for Women, College of St. Elizabeth, Drew University, Fairleigh Dickinson University, Georgian Court College, Monmouth College, Princeton University, Rider College, St. Peter's College, Seton Hall University, Stevens Institute of Technology, Upsala College, Union College, and Westminster Choir College.

Appointment to Levinson

Gilbert E. Levinson, M.D., associate dean of administrative affairs, professor of medicine and associate director of the Division of Cardiovascular Diseases at the College of Medicine and Dentistry, New Jersey Medical School, has been appointed governor of the American College of Cardiology for New Jersey.

The appointment was made by the Board of Trustees of the American College of Cardiology at its annual convocation.

The organization consists of about 5,000 members, including more than 200 from this state, with special training in cardiac medicine and surgery.

Administrator of guidance test

Douglas Campbell of Public Service Electric and Gas Co. has been appointed project administrator of a career guidance field test that is being conducted in the Newark area by the American Society of Mechanical Engineers.

The guidance program is being developed in response to an Equal Opportunity goal that has been adopted by ASME.

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Approved by "FHA" Six Outstanding Colors including Red, Blue, Bronze, Antique, Avacodo, Olive.

\$3.99 per sq. yd.

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The natural shag for the lively home. The heat set nylon is constructed for long wear and easy care. The exclusive 4 color treatment will create a fun home to match its personality in color. In a rainbow of decorative colors.

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Drenched in bright, scintillating color... for fashion effects never before seen in carpets. Dense textured plush pile of lustrous Saxony finish DuPont nylon yarns... soil and crush resistant. Destined for a long and beautiful life. 12 magnificent print-dyed color mixes. Glistening Shadows® is made from 100% nylon which meets FHA specifications.

\$8.99 per sq. yd.

CORSICANA™

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by **Congoleum**

Old world charm with fresh, new-world colors enhance the strikingly different Corsicana design. The deeply embossed effect adds the character to its gleaming surface. Corsicana is economical in cost and easy to install, you can put this new cushioned floor down in any room in your home, and 4-9 and 12 ft. widths assure you of seamless beauty. The Shiny Vinyl finish needs no waxing, resists spills, and wipes clean in a jiffy.

\$2.69 per sq. yd.

COVENTRY™

a shiny vinyl

by **Congoleum**

The grandeur of an historic villa is warmly reminiscent in the beautiful new "Coventry" design from Congoleum. The modern miracle of the Shiny Vinyl finish makes it easy to keep this floor sparkling... just wipe it clean in a moment. And cushioned comfort underfoot is a big added bonus. "Coventry" has a White Shield® back to allow installation in any room. See this deeply-embossed flooring classic at our showroom now!

\$4.50 per sq. yd.

THE NOW FLOOR™

a shiny vinyl

by **Congoleum**

Mix, Match, But Forget the Wax on the "Now Floor" from Congoleum. The "Now Floor" has definitely arrived as a design for today's cushioned vinyl flooring. It's versatile too; you can choose the wet look of "Now Floor" in either a splash of multi-color designs or a range of singing solids. Mix them or match them from room to hall and back again, and you have many possibilities to create your personal "Now Floor". Easy to install, the "Now Floor" is a gem of easy-care; its a Shiny Vinyl, no-wax floor.

\$5.99 per sq. yd.

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Two new public TV stations to open with talent show from Arts Center

The Garden State Arts Center's teenage 1973 Talent Expo "Showcase of Stars" will be the first statewide television program by the New Jersey Public Broadcasting Authority.

New Jersey's new Public TV stations serving North Jersey (Channel 50 in Montclair and Channel 58 in New Brunswick) will inaugurate broadcasting with the live telecast from the Garden State Arts Center at 8 p.m., Saturday, June 2.

Jersey Public Broadcasting Authority, plans were unveiled to officially open the new stations with brief ceremonies on the Arts Center stage prior to the telecast of the teenage talent program.

Gallagher said "The commissioners of the New Jersey Highway Authority are most pleased that the 1973 Talent Expo 'Showcase of Stars' has been selected by the New Jersey Public Broadcasting Authority, as the first program to be televised statewide on their four channels.

According to Gallagher, Talent Expo is "symbolic of the good work done with the generous contributions made by many New Jersey citizens to the Garden State Arts Center Cultural Fund. Outstanding talented young New Jerseyans are given and opportunity to perform on the beautiful arts center stage before an invited audience of the state's senior citizens, disabled veterans and the blind.

"Over the years, it has been thrilling to see how these youngsters react in a professional manner when they have the opportunity to perform in the beautiful Arts Center setting," Gallagher said.

Dr. Frymire said June 2 will be an "historic day for communications in New Jersey and it is appropriate that the first television program put the talented young people of New Jersey on display for everyone to see.

"With all four of our UHF TV stations in operation (Channel 52 in Trenton and Channel 23 in South Jersey are on the air now) New Jerseyans will have a place to turn for television coverage of New Jersey news, sports, entertainment and cultural events," Frymire said.

"We've been watching what's happening in New York and Philadelphia since television began, but now all of New Jersey, and New York and Philadelphia will be able to see what's happening in our State," the NJPBA chief said.

"The NJPBA is happy to join forces with its sister State agency, the New Jersey Highway Authority, for the opening. We are fortunate to have a facility such as the Arts Center in our State for all of us to enjoy, and we are pleased to be their guests for our opening ceremonies," Frymire concluded.

WNJM-TV Channel 50, with its transmitter in Little Falls and serving the Montclair and North Jersey region, and WNJB-TV Channel 58 in Warren Township, serving the New Brunswick and North-Central Jersey area, will give New Jersey Public Broadcasting saturated coverage of the northern part of the State and excellent reception in New York City.

The NJPBA channels are full-power UHF stations that can be received by any television set manufactured since 1964 (all TV receivers have been required by law to have UHF tuners since 1964). CATV companies in New Jersey are required by law to carry the local NJPBA station. All programs produced by the new stations will be in color.

While providing news, sports, public events of interest and entertainment during the evening hours, the new stations will be the official carrier for all in-school instructional programs for New Jersey schools on a full-time daily basis.

Seton symposium on discord includes Father Berrigan

A symposium with Rev. Daniel Berrigan, activist priest, author and poet, as one of the participants will be the concluding session Monday of the Ecumenical Studies Institute now being conducted at Seton Hall University, South Orange. The Institute programs are part of a series of eight lectures on "Conflict and Concord: Issues Dividing Church and Society" being presented by the Institute, which is co-sponsored by Seton Hall and Upsala College.

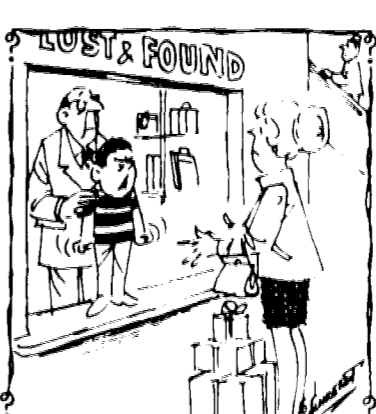
The issue for the symposium, which is open to the public free of charge at 7:30 p.m. in the Student Center, is "What is required to bring reconciliation to our society?" Father Berrigan will develop the theme, "The Heart of Reconciliation" and Gerald F. Mische, consultant to the National Council of Churches, will speak on "Structure for Reconciliation."

Mische, co-founder and first director of the Association for International Development which trains Catholic laymen as missionaries to foreign fields, is also president of the newly formed World Education Association, an organization to foster programs dealing with global concerns and intercultural relationships. He studied theology at St. John's University and receive a master's degree in international affairs from Columbia. He is presently completing a book on world order, to be titled "Beyond the National Security State."

Father Berrigan, a Jesuit priest presently teaching at Woodstock College in New York City is well known for his actions in the peace movement. He was exiled for a time to Latin America, helped arrange for the release of three captured American pilots in Hanoi, and served a jail term for burning draft records. His book "The Trial of the Catonsville Nine," was based on the court record of the trial in the last case and has been made into both a play and a film. His first book of poetry, "Time without Number," won the Lamont poetry award, and he is the author of nine other books.

Speakers for the series represent several faiths and backgrounds and have explored root causes of conflict and possibilities of finding reconciliation. The Ecumenical Studies Institute was jointly established by Seton Hall and Upsala to foster understanding and dialogue between faiths and holds sessions on alternate semesters on the two campuses.

how come?



"HOW COME YOU WOMEN FORGET EVERYTHING WHEN YOU SEE A SALE SIGN?"

Hospitals in state propose five-point health care plan

A five-point health care program to serve the state's seven million residents has been presented to members of the New Jersey Legislature.

New Jersey Hospital Association (NJHA)—representing 144 health care institutions statewide—prepared the package as part of its continuing effort to assist Governor William T. Cahill in meeting his pledge to provide all citizens with "the best health care possible."

"Our proposals can be met through a cooperative relationship between the community, our elected representatives, and the state's health care industry," said Jack W. Owen, president of NJHA.

The Association recommended the following: State subsidization of the costs of training future physicians and surgeons.

Providing the patient with an adequate supply of safe blood.

Protecting the moral and religious rights of the hospital employee.

Closing the gap in emergency medical care.

Providing hospitals with the financial security to offer the best health care now available.

"We urge our communities, legislators, and health care professionals work together towards these five goals," Owen concluded.

Astronomy course offered youngsters

A four-session astronomy course for youngsters in grades five through eight is being offered this spring by the New Jersey State Museum Planetarium, Trenton. Titled "The Sky for All Seasons," the tuition-free course is scheduled for 10 to 11:30 a.m. on four consecutive Saturdays beginning May 19.

Topics to be covered include constellations visible from pole to pole during the four seasons, deep sky sights as viewed through large telescopes and an explanation of sun, moon and planetary movements. Planetarium lecturer William Sharp will be the instructor.

Advance reservation is necessary, and enrollment is limited to 60 on a first come, first served basis. Application forms may be obtained by writing to the New Jersey State Museum Planetarium, 205 W. State st., Trenton, 08625, or by telephoning (609) 292-6333.

To Publicity Chairmen:

Would you like some help in preparing newspaper releases? Write to this newspaper and ask for our "Tips on Submitting News Releases."

STRICTLY PERSONAL

By Pat and Marilyn Davis
Copley News Service

Dear Pat and Marilyn: My problem will not be believed by some people, but it is true. I am 15 years old and live with my parents. They have always been good to me and are more than fair in fact. They are perhaps too lenient at times. However, we have a good relationship except for one thing. They smoke marijuana. Some of their friends also smoke and they will do this when my friends are present.

The problem is that I am tired of being embarrassed and have stopped inviting my friends to my home. Aren't my parents apt to be arrested? I have suggested that this might happen and they just laugh at me. How can I convince them to stop smoking pot?

face the possibility of going to prison. If convicted, you are guilty of a felony (this is true in most states). No doubt your parents are aware of this and are willing to play Russian Roulette with their future. Do not follow their example.

Flower Child

Dear Flower Child:

You do have a difficult and unusual problem. Why not talk to a third party and ask their help? This could be a close relative, clergyman, or doctor. Perhaps this person could at least help you cope with the problem.

Here are a few facts. Users, as well as doctors, point out that when one gets on the drug scene and is around pushers and users, there is greater exposure to other drugs and consequently greater temptation to try them.

Apart from this, marijuana, is illegal. If you are found in possession of marijuana, you

Dear Pat and Marilyn:

I see my grandmother often and she is constantly saying, "Sit like a lady." But she never says what I'm doing wrong. Give me some pointers.

Judith

Dear Judith: If you follow a few simple rules, you'll soon be "sitting pretty." A lady never flops, bounces or flounces into a chair. She sits tall with feet on the floor.

As you approach a chair, the back of your legs should touch the chair. As soon as you are seated, pull legs back, keeping them together. You can place one foot slightly ahead of the other.

A few things to avoid: pulling skirt tightly over derriere before sitting down, crossing legs in short skirts, sitting on end of spine with legs stretched out, tossing one leg over arm of chair even though wearing slacks.

Confidential to Worried:

If this young man is a respectable person, continue to see him. Perhaps your friends are jealous. Suggest to them that each person be allowed to select his or her own friends.

If you have a question, write: Pat and Marilyn Davis, Copley News Service, in care of this newspaper.

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Coeds plan lib festival

A women's festival featuring a feminist writer, a gynecological self-help clinic and a film, a play and a dance program will be held Saturday, at the Robeson Campus Center, 350 High st., on the Rutgers Newark Campus.

The program, which begins at 10 a.m., is sponsored by the Radical Women's Education Project at the University College division of Rutgers.

Writer Marilyn Webb, whose articles have appeared in the Village Voice and in a new anthology of women's liberation writers, will speak in the morning, while sketches and paintings by artist Gloria Kostecka will be on display during the day.

Conference for Realtors

More than 600 Realtors and associates will attend the annual spring sales conference sponsored by the New Jersey Association of Realtor Boards today at the Hotel Berkeley-Carteret in Asbury Park.

There will be six seminars held during the daylong conference. The conferees will be greeted by Albert Rubin, president of NJARB.

NJARB, which has 10,000 members, represents the 39 local Realtor boards in the state.

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'Flicka' flick to close series
The film, "Thunderhead, Son of Flicka," closes the young people's theater series this season at the Maurice Levin Theater, Essex County YM-YWHA, 760 Northfield ave., West Orange, tomorrow at 3 p.m.
Tickets will be sold beforehand at the Y or may be purchased at the door.

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Your furniture can be protecting your lungs

Inside a completely closed home, toxic ozone is rapidly removed from the air by reacting with certain furnishings. It is reported in Environmental Science & Technology. Ozone levels in large air-conditioned buildings, however, resemble the concentrations found outdoors.

Levels of ozone measured in two air-conditioned buildings during a Los Angeles smog were 80 and 65 percent of the levels in the external air, report Drs. Rolf H. Sabersky, Daniel A. Sinema, and Fredrick H. Shair of the California Institute of Technology, Pasadena, in the monthly publication of the American Chemical Society. The higher level was found when there was complete exchange of inside air for outside air, and the lower level was found when there was only partial exchange.

About the same percentage of atmospheric ozone was found inside a typical private residence with carpets, drapes, a fair amount of overstuffed furniture, and with no forced ventilation but with several open windows and periodically-opened doors. The ozone levels indoors lagged behind the outside concentration by about one hour, the scientists say.

However, when the windows and doors were closed, the ozone level within the home decreased at a rapid rate—within 20 or 30 minutes to a low level. In well-ventilated buildings this drop in ozone level did not occur. Since the air inside was exchanged with the smoggy air outside, the ozone was replenished, they explain.

In the first systematic study of the relationship between indoor and outdoor concentrations of ozone in smoggy localities, experiments verified that the surfaces of household materials such as rubber, fabrics, plastics, metals, and glass help ozone to decay. Rubber, fabrics, and plastics appear to decompose ozone much more rapidly than

metals and glass, the scientists report. This is undoubtedly because rubber, fabrics, and plastics are organic materials that are readily susceptible to destructive attack (oxidation) by ozone. For instance, rubber materials contain substances called antioxidants, which are put there for the sole purpose of reacting with ozone before it can attack the rubber.

All these materials gradually lost their ability to decompose (react with) ozone. Only one material tested—plywood—reserved this aging process when placed in an ozone-free atmosphere for two days. (Ozone is a toxic gas formed when the sunlight acts on the components of smog. It is also formed near high voltage electrical equipment and during electrical storms.)

Various commercially-available filters were found to greatly reduce indoor concentrations of ozone. Activated charcoal is an excellent filter for this purpose, the scientists say, continuing.

"Although ozone was once considered as a health aid, it is one of the strongest oxidants known and is now considered to be quite toxic. The lungs and senses are primarily affected. There is impairment of pulmonary function in humans at concentrations found in polluted areas. Ozone tends to oxidize the lung tissue in animals and increases susceptibility to respiratory infection.

"The smog-infested areas such as Los Angeles basin are by their nature city areas of high population density, and the average citizen in such areas is likely to spend by far the largest portion of his time inside buildings—about 80 percent. It follows that the exposure of most individuals to smog could be reduced drastically if these buildings could be maintained at a low level of pollution. One might look then to a building not only for protection from rain, heat, and cold but also for protection from polluted air.

Sacred art exhibit to be held at college

An extensive exhibit of sacred art centered around the theme of the Madonna will be open for public viewing throughout May at the College of Saint Elizabeth, Convent Station.

The collection was recently presented to the college by a Long Island couple, Mr. and Mrs. John St. George of Little Neck, who had spent over 25 years in the acquisition of the various objects from several continents.

Among the art forms to be displayed in Mahoney Library are paintings, lithographs, etchings, prints, icons, wood and ivory carvings, bas reliefs, coins, illuminations and books.

Grow vegetables for fun Don't expect to save money

Can you really hope to save money on your food bill by growing your own vegetables? Or as Dr. William Drinkwater, vegetable specialist at the Rutgers College of Agriculture and Environmental Science, says:

"Unless you derive some fringe benefits from your garden such as relaxation, exercise, releasing your frustrations, or diversions, I doubt if growing your own vegetables will reduce your food costs."

One more thing, Dr. Drinkwater says gardening is hard work, so if you're not used to the vigorous exercise that gardening demands, then pace yourself and do a little at a time.

Meanwhile, phones are jangling out in the county offices of the Cooperative Extension Service. Agricultural agents, all members of the college faculty, are giving free advice and publications about vegetable gardening.

Among popular titles are "Plan Your Vegetable Garden," "Home Garden Vegetable Varieties for New Jersey," "Growing Your Own Organic Food," and "Vegetable Pest Control Recommendations for Home Gardens."

50th anniversary class to be honored by NYU

The class of 1923, New York University, will hold a special reunion in conjunction with the annual Commerce Dinner on Wednesday, May 2, in the New York Hilton. The reunion will celebrate the 50th anniversary of the graduating class from the School of Commerce.

The Commerce Alumni Association will act as host to the class at a special cocktail reception preceding the dinner. The dean of the college will greet and address the class.

The highlight of the evening will be the recognition of the 50th anniversary class and the presentation to each member of a life membership card in the Alumni Federation.

The program will also include the presentation of the 1973 Madden Memorial Awards and a report from the dean of the College of Business and Public Administration, Abraham L. Gilrow.

Of the 863 graduating members of the class of '23, only 300 are still in contact with the Alumni Federation. The university is hopeful that the remaining members can be reached through the efforts of the Federation and alumni members who are still in contact with their classmates. Those members of the class of

'23 who wish to participate may contact Vincent J. Spinelli at the NYU Commerce Alumni Association College of Business and Public Administration, 22 Washington Square North, N.Y. 10011.

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Rider offers new degree

The introduction of a new master's degree program, designed to develop skilled administrators for the nation's museums, hospitals, foundations, governmental agencies and other institutions, was announced this week by Rider College.

Starting this June, the Program for Administrators (PFA) will offer a full- and part-time curriculum in personnel administration, communications, program planning, finance and endowment management and information processing. Beyond the formal course content, independent study, specialized research and an appropriate internship program will form an integral part of the PFA.

The overall requirement for the master of arts degree in the Program for Administrators will be the successful completion of 36 credit hours of study.

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Eight poverty questions to be posed this weekend on TV 'Choices for 76'

The fourth program for 'Choices for '76,' a one-hour film, "Poverty: The Great Obstacle," will be shown 24 times over 19 television stations between Trenton and Hartford, Conn. Narrator for the poverty film is Eli Wallach.

State acts to meet water supply needs in the years ahead

The state Department of Environmental Protection (DEP) is intensifying its efforts to develop a plan to meet future water supply needs in New Jersey with particular emphasis on the densely populated northeastern part of the state.

A first step was taken recently with the organization of a Northeastern New Jersey Water Supply Advisory Committee consisting of representatives of the major water purveyors of the area, public and private.

An organizational meeting of the group, joined by Environmental Protection Commissioner Richard J. Sullivan and Charles M. Pike, director of the Division of Water Resources, was attended by representatives of 10 major suppliers who operate regional systems that account for 85 percent of the water supply of the northeastern counties of the state.

Both Sullivan and Pike explained the need for an expanded state role in the planning which would take into account present water supplies, the development of reservoirs and future water supplies and the need for support and cooperation of the management of the major water purveyors in integrating regional transmission, interconnection and transfer of water among systems in the area.

Pike pointed out that at the present time, state acquisition is proceeding on purchase of reservoir sites authorized under the 1969 Water Conservation Bond Act and that the Division of Water Resources is "vitality concerned with early formulation of plans and programs to transmit water to deficient systems in the state prior to the advent of another major drought."

Besides interests in reservoir sites Pike noted that the state involvement in water supply to date has been primarily restricted to regulation and control, assuring an equitable distribution of water resources statewide.

newspapers, local banks and libraries. The questions relate to educational programs, employment opportunity, income distribution and tax policy.

According to a spokesman, the film will show how poverty strongly affects people of all income levels throughout the Region—it is shaping the Region in large part. Assuring jobs for everyone who wants to work and an adequate minimum income for those unable to earn enough to support their families can eliminate poverty. But would the cost in taxes and resulting diminution of economic incentives be unfair and/or weaken the economy? "How can we give children a fairer break at the start? For example, should public schools be integrated and should their resources be equal for all young people or more for well-to-do young people or more for lower-income children? But if we say yes to integration and/or more money for lower-income children's schooling, we are saying that the state should determine who attends schools and how much school districts should spend."

Executive Producer of the film, "Poverty: The Great Obstacle," is Albert C. Waller. Producer-Director is Ephraim Katz. Writers are Ephraim Katz and Boris Pushkarev. Technical advisor is Boris Pushkarev.

A copy of the questionnaire that participants in the "Town Meeting" on Poverty will be asked to fill out appears on this page.

Viewing times are:

SATURDAY 1:00 p.m. Ch. 4

2:00 p.m. Ch. 8

6:30 p.m. Ch. 13

SUNDAY 11:00 a.m. Ch. 41

12:00 noon Ch. 7

2:30 p.m. Ch. 52

5:00 p.m. Ch. 24

Ch. 30

Ch. 49

Ch. 53

Ch. 71

8:30 p.m. Ch. 11

9:00 p.m. Ch. 31

11:00 p.m. Ch. 9

MONDAY 9:00 a.m. Ch. 2

11:30 a.m. Ch. 21

12:00 noon Ch. 5

3:00 p.m. Ch. 25

8:00 p.m. Ch. 24

Ch. 49

Ch. 53

Ch. 71

9:00 p.m. Ch. 25

10:30 p.m. Ch. 47

SATURDAY 4:00 p.m. Ch. 31

May 5 (re-run)

Clip on dashed line

Regional Plan Association's CHOICES FOR '76 TOWN MEETING ON POVERTY Ballot

In which direction shall we head this New Jersey, New York, Connecticut Urban Region, in time for the Nation's 200th anniversary in 1976? This is your chance to tell those who are making the decisions. Information explaining the CHOICES is being presented on one-hour TV programs to be broadcast over all the Region's TV channels. Many newspapers will publish articles on the CHOICES. "HOW TO SAVE URBAN AMERICA," available at newsstands and bookstores, provides more background. Many schools, churches, unions, businesses, civic organizations and individual citizens are forming groups to watch the program and discuss the issues before each person marks a ballot. Participate in a group if possible. Votes will be announced weekly via newspaper, radio and TV.

TOWN MEETING SCHEDULE

1. HOUSING	— COMPLETED
2. TRANSPORTATION	— COMPLETED
3. ENVIRONMENT	— COMPLETED
4. POVERTY	— APRIL 28-30, 1977
5. CITIES AND SUBURBS	— MAY 12-14, 1977

Please tell us a little about yourself below so that your views on the issues can have their full impact. THIS BALLOT IS ANONYMOUS. Your personal responses cannot be traced to you as an individual.

ZIP CODE of your home address (Refer to your Phone Book for ZIP)

ZIP CODE of the address where you regularly work, study or carry out daily activities

AGE Enter the years of your age

SEX Enter 1 for Female, 2 for Male

How many children under 18 live in your household? Leave blank if none

Do you feel you should have had more information on a CHOICE in this ballot? If so, enter the number of the CHOICE

PLEASE CIRCLE THE NUMBER OF YOUR CHOICE

Do you consider yourself (Circle as many as apply)

1. Black 2. White 3. Other (Specify race or ethnic group)

4. Puerto Rican

What is your approximate annual family income?

1. Under \$4,000 2. \$4,000-\$8,500 3. \$8,500-\$13,000 4. \$13,000-\$20,000 5. \$20,000-\$35,000 6. Over \$35,000

How far have you gone in school?

1. No High School diploma 2. High School diploma 3. Some education after High School 4. Four year college degree (B.A., B.S.) 5. Graduate or professional degree

In participating in this Town Meeting did you (Circle as many as apply)

1. Watch the television program? 2. Read newspaper articles or CHOICES issues? 3. Read "HOW TO SAVE URBAN AMERICA," the CHOICES background book? 4. Discuss the issues in a group?

PLEASE CIRCLE THE NUMBER OF YOUR CHOICE

CHOICE 1. Should the public schools become more integrated and, if so, how? (Circle as many as apply)

1. No 2. Yes, however more low-income families in middle income neighborhoods 3. Yes, change school attendance boundaries for more integration without walking distance 4. Yes, use buses to achieve more integration over wider areas

CHOICE 2. How much money should be spent to educate children whose reading and math scores lag seriously behind national norms? (Circle one)

1. The same as is spent on other children 2. More than is spent on other children 3. Less than is spent on other children 4. No opinion

CHOICE 3. Do you think that good school education and day care for children of working mothers should be more widely available, with the charge varying from nothing to full cost, depending on income level? (Circle one)

1. YES 2. NO 3. No opinion

CHOICE 4. In the Fall of 1977, the inflation rate was 3.6 percent and there were 4.5 million unemployed in the nation. Suppose that a 2 percent higher inflation rate led to an increase of unemployment by an additional 1 million. Would you be willing to accept this increased inflation rate? (Circle one)

1. YES 2. NO 3. No opinion

CHOICE 5. Should the government provide jobs for the unemployed? (Circle one)

1. Not at all 2. Yes, for some of the unemployed 3. Yes, and guarantee a job for all who want to work 4. No opinion

CHOICE 6. What, if anything, should be done to raise the incomes of the working poor? (Circle one)

1. Nothing 2. Raise minimum wages and provide public service jobs for every one laid off as a result 3. Support low wages with federal cash supplements varying with family size and negative income tax 4. No opinion

CHOICE 7. Should the government guarantee a minimum income for every adult in need, and if so, what should it be for a family of four? (Circle one)

1. \$2,400 with supplements up to an income of \$4,000 2. \$4,200 with supplements up to an income of \$8,400 3. \$6,000 with supplements up to an income of \$12,000 4. \$8,400 with supplements up to an income of \$13,000 5. No guarantee of minimum income 6. No opinion

CHOICE 8. Do you favor any or all of the following tax policies?

A. Making people with higher incomes pay more federal income tax 1. Favor 2. Oppose 3. No opinion

B. An increase and broadening of the tax on gifts and property, tax and inheritance taxes 1. Favor 2. Oppose 3. No opinion

Mail the ballot promptly to: GEORGE GALLUP, CHOICES FOR '76 P.O. BOX 781 GRAND CENTRAL STATION NEW YORK, NEW YORK 10017

AAAcites 'cost, chaos, confusion' in emission test

The New Jersey AAA said this week that "Chaos, confusion and costly repairs" will result if the mandatory emission control check is incorporated into the state's motor vehicle inspection on July 1.

Frank J. Quinn, state chairman of the AAA Automobile Clubs of New Jersey, called for at least a six-month moratorium on the proposed pollution test "until the New Jersey motorist is guaranteed that competent and equitable priced repair services are commercially available in the event his auto should fail the test."

He emphasized that the AAA is calling for a moratorium, not a cancellation. "We have always supported the idea that air-borne pollutants caused by motor vehicles should be monitored and subject to control in an effort to conserve and enhance our environment."

The New Jersey AAA commended State Sen. James H. Wallwork for taking the lead in delaying the mandatory emissions test until it can be successfully and fairly implemented. Sen. Wallwork is the prime sponsor of Senate Bill 2243, which was passed by the Senate on April 16 by a 24-5 margin. The bill will delay the mandatory compliance with air pollution standards for autos in New Jersey from July 1, 1973, until Feb. 1, 1974. "The New Jersey AAA urges the Assembly to take the same prompt and positive action on this bill as did the Senate," said Quinn.

QUINN POINTED OUT that if the estimated 300,000 cars fail the pollution test each year as anticipated, it will mean that an average of 1,000 New Jersey motorists will be rejected every day the inspection stations are in operation. "We are not at all convinced that this state's automobile repair market is sufficiently staffed and technically competent to handle that kind of volume," he said.

Quinn noted that the normal 14-day period motorists are given to make repairs after their car fails inspection would be totally inadequate. "Garages could not possibly keep up with the volume of emission control work, and car owners, not able to get repairs made within the 14-day period, would be faced with not driving their cars, or driving them illegally. Certainly this is not the goal of our motor vehicle inspection system. The New Jersey AAA recommends that the repair time should be extended to 60 days to give the motorist a realistic amount of time to have repairs made."

Another reason cited by the AAA for suggesting the moratorium is that the present state of pollution testing "is imperfect, at best," according to Quinn. "For example, a car forced to wait in a long line in order to get into the inspection station might very well fail the test, while the same car would pass the test if admitted directly to the station. Such a situation would force a motorist to make an unnecessary repair for a non-existent malfunction. In the AAA Clubs' opinion, the test should not be made mandatory until this and similar flaws have been eliminated from the testing methods," stated Quinn.

Quinn concluded by saying: "The AAA has always supported the concept of environmental control and management, and we feel that a pollution control test should be an integral part of the motor vehicle inspection in New Jersey. But the automobile owner has the right to expect that government should not be solicitous on the one hand and punitive on the other. We are aware that it is not the government's intent to work a hardship on the motorist in terms of the proposed emissions test, but such may be an unintended consequence of the program that will go into effect on July 1."

The New Jersey AAA represents more than 300,000 motorists in all 21 counties in the State.

N. J., federal grants awarded programs at Newark State

Foster F. Diebold, director of the Division of College Development at Newark State College at Union announced this week that several state and federal grants have been awarded the Institute of Child Study and the Department of Special Education and Individualized Services at Newark State College for the 1973 academic year.

The U.S. Department of Health, Education and Welfare Office of Education, Bureau of Education of the Handicapped, has funded the Program Assistance Grant. This two-year grant will provide training for teachers and professionals who will work with handicapped children.

A two-year grant designating Newark State College as a University Affiliated Facility (UAF) was awarded by the U.S. Department of Health, Education and Welfare, Social Rehabilitation Service, Rehabilitation Services Administration, to encourage interdisciplinary training and closer relations with outside agencies. Diebold said at least six positions in support of Institute of Child Study programs have been funded by this grant.

Diebold said another grant permits the Institute of Child Study at Newark State College to work cooperatively with the Cerebral Palsy Center of Union County, Cranford, in a day care program for extremely developmentally disabled children. The program, Cooperative Diagnostic Educational Project (CODEP), was made possible by funds from the Development Disabilities Act, administered by the New Jersey State Department of Institutions and Agencies, Division of Mental Retardation. Following evaluation by the Institute's Evaluation Center at the Union

campus, the child is referred to the Cerebral Palsy Center, where individual learning activities are planned by Newark State College students under the supervision of personnel at the Center.

Title I Support for Handicapped Children, funded by the State Department of Education, Division of Curriculum and Instruction, provides additional funds for aides in classes for handicapped children at Newark State College.

Chapter will honor Secretary of Year

Clare Ehringer of Lake Hiawatha, chosen Secretary of the Year (SOTY) by the Suburban Chapter of the National Secretaries Association (International), will be honored tomorrow at the Rock Spring Inn, West Orange.

Mrs. Ehringer will represent the Suburban Chapter on the Northeast District conference committee which is planning the October 1973 conference to be held at Cherry Hill. This conference will include more than 500 members from the Maine, New Hampshire, Connecticut, New York, New Jersey and Pennsylvania chapters.

Suburban Chapter's SOTY is employed as secretary to William J. Bulman, executive director, Mechanical Contractors Association of New Jersey.

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Federal economies are urged by NJTA

Calling for support of federal policies which are "both responsive and responsible to the essential needs of the nation," Paul W. Cook of Cranford, president of the New Jersey Taxpayers Association, this week observed that "few can disagree with the need for federal economies."

He pointed out that even if total federal spending is held to levels proposed in the 1974 budget, there will be a \$57 billion increase in spending over the three-year period ending June 30, 1974. Deficits will total almost \$61 billion.

Cook announced NJTA's concurrence in the policy statement adopted by executives of independent statewide taxpayer research organizations attending the recent National Taxpayers Conference in Washington, D.C.

Among other things, he said, this called for "establishment of meaningful spending priorities, adoption of a firm ceiling on overall federal spending totals, and the strengthening of Congressional procedures for budget control."

JCSF unit, Auxiliary will meet on Saturday

The Jewish Civil Service Fellowship and Auxiliary of New Jersey will meet Saturday at 8:30 p.m. at the YM-YWHA, Green lane, Union.

The members will participate in a program celebrating Israel's 25th Anniversary. Festivities will consist of food and song with an Israeli motif.

Reuben Kundin is the president; Ann Levin is Auxiliary president.

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BIBLE QUIZ

By MILT HAMMER

Straighten Them Out... These quotations need straightening out and it is up to you to do it. Remember that each quotation begins with a capital letter and there is a period after the last letter in each case.

1. the merciful shall obtain mercy, for they are Blessed
2. deny me before the cock shall thou crow thrice twice
3. receive more to give it is blessed than to
4. they know for what they do, Father, forgive not them;
5. overcome not good, but evil Be overcome with evil,
6. peace, and glory on earth in God to the righteous, toward good men.

Answers: 1. Matt. 5:7; 2. Mark 14:72; 3. Acts 20:35; 4. Luke 23:34; 5. Rom. 12:21; 6. Luke 1:14

Garden aid for teachers

As an aid to teachers who may want to set up a gardening project for their pupils, the New Jersey Department of Agriculture has made available a 44-page free publication, "A Child's Garden," which contains a myriad of ideas for outdoor and classroom gardening activities.

Supplies are limited and only one copy will be available for each classroom. Requests for the publication must come from the teacher.

To receive a copy of the new booklet, teachers should write:

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Nedra Wald, Hans Jurgensen, Barbara Miller, Shirley Howell

Recreation career day tomorrow

The Urban and Outdoor Recreation program of Newark State College at Union will sponsor a "Recreation Career Day" at Downs Hall tomorrow from 9:30 a.m. to 3 p.m.

The scheduled is designed to familiarize prospective students and participants with the recreational needs of this region and the variety of career opportunities in the recreation program. According to Dr. K.R. Benson, chairman of the Physical Education and Health Department at Newark State, students "may combine the recreation foundations with special education, fine or industrial arts, education, social work, science, environmental studies, psychology, physical education, music, school or business administration."

"Is There a Future for You in Recreation?" will be the topic of Dr. Wm. G. Ridinger, recreation consultant and former dean, School of Recreation, Southern Illinois University.

Career discussion panels will be led by recreation experts in specific fields from various cooperating agencies and college departments.

Students currently enrolled in Outdoor Education and Recreation program at Newark State will serve a barbecue luncheon, followed by campus tours—including the buildings under construction, new campus recreation facilities and plans, the Campus Woods (ecological center), outdoor classrooms and sports and handicapped and vocational facilities.

For further information on the Recreation Career Day program contact Professor Benton Cummings, coordinator, Urban and Outdoor Recreation, Newark State College, at 527-2340.

Strings note series' end

A performance by the Bowling Green String Quartet on Saturday at 8 p.m. will close the season for the Essex County YM-YWHA's chamber music series.

The concerts, held in the Y's Maurice Levin Theater, 760 Northfield ave., West Orange, are co-sponsored by the New Jersey Chamber Music Society.

The program will include: Quartet, Opus 11 by Samuel Barber; Quartet No. 2, (1913), by Charles Ives; Italian Serenade by Hugo Wolf; Five Movements for String Quartet, Opus 5 by Anton Webern; and Quartet in F Major, Opus 41, No. 1 by Robert Schumann.

The musicians will be guests of honor at a reception following the performance. Tickets may be bought at the Y before the concert or at the door, if available, the night of the performance.

Falk to host '74 telethon

Peter Falk, star of TV's "Columbo" series, has agreed to be the host on the 1974 third annual Miles of Smiles Easter Seal telethon.

The announcement was made this week by Samuel I. Landis, president, New Jersey Easter Seal Society for Crippled Children & Adults. Landis said, "Plans for the 1974 telethon are presently being formulated and it will be aired on March 30 and 31."

Falk appeared as a guest on the first Easter Seal telethon in 1972, and stayed not only for the full 20-hours, but agreed to host the second telethon, aired April 7 and 8 over WPIX-TV. Landis said Falk was impressed by the direct local services offered by the Easter Seal Society.

Mayors' meeting to hear candidates

All major candidates for the Republican and Democratic gubernatorial nominations will address the N.J. Conference of Mayors in an "Equal Time Forum" at the conference's annual meeting in Princeton May 16.

The session, which is expected to attract most of the 567 mayors in New Jersey, will open at Alexander Hall on the campus of Princeton University at 9:30 a.m.

The meeting will also feature the annual election of officers and an address by Governor William T. Cahill, who will attend with members of his Cabinet.

Citations for meritorious service in government will be awarded during the afternoon session, with an award to be presented to Mayor Arthur Holland of Trenton, who compiled the Legislative Lobbying Handbook for use by the Legislative Action Committee of the Mayors Conference.

Mayor Joseph M. Nardi Jr. of Camden, president of the Mayors Conference, said the following primary candidates have been invited: Congressman Charles W. Sandman, Jr., Vito Albanese, Francis A. Forst, Assemblywoman Ann Klein, State Senators J. Edward Crabel and Ralph DeRose, and former State Senator Richard J. Coffe.

Planetarium to preview solar eclipse

The second longest solar eclipse of the 20th century, which will occur on June 30, won't be visible in New Jersey. But during May and June the New Jersey State Museum Planetarium will use its projection facilities to carry viewers forward in time and southward in latitude, enabling them to preview the eclipse as it will appear in its area of visibility beginning in South America and extending across the Atlantic Ocean, Africa and Madagascar into the Indian Ocean.

Called "Eclipse '73," the program will be presented at 2, 3 and 4 p.m. each Saturday, Sunday and holiday beginning May 5 and ending July 1. In addition to dramatizing eclipses, it will acquaint its audiences with constellations visible in New Jersey skies this spring and early summer.

There is no admission charge for Planetarium programs. Free tickets are distributed in the lobby on a first come, first served basis beginning half an hour before each showing. Children under seven years old are not admitted.

The museum is open from 9 a.m. to 5 p.m. Monday through Saturday and from 2 to 5 p.m. on Sunday.

Boychoir N. Y. date

The Masterwork Boychoir will again appear with the Masterwork Chorus and Percussion Orchestra at Philharmonic Hall, Lincoln Center, on Friday night, May 11, in the Masterwork performance of Carl Orff's "Carmina Burana," directed by David Randolph.

Previously the Boychoir has appeared with the chorus in performances of "Carmina Burana" at Philharmonic and Carnegie Halls in New York and in several local concerts. The Masterwork Boychoir, a non-sectarian and interracial organization, was founded in 1968 by the Masterwork Music and Art Foundation of Morristown.

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The conference will get underway with registration and coffee at 10:15. Mayor Robert W. Cawley of Princeton will address the group.

"Greetings from the University" will follow. George Zuckerman, executive director of the conference, said Mayor Nardi will address the group at 10:30 a.m. The primary candidates will speak on an "equal time" basis. Then the nominating committee will distribute ballots for the election of 1973-74 officers.

At luncheon at the Nassau Inn, Governor Cahill will speak. At 2:40 p.m., citations will be presented and, at 2:45, the results of the voting will be announced and officers installed.

In addition to Governor Cahill and members of his cabinet, the following have been invited: U.S. Senators Harrison A. Williams and Clifford P. Case, State Senators Alfred N. Beadleston, Richard R. Stout and John F. Brown, Assembly Speaker Thomas H. Kean.

Thomas A. Edison, 11th year, has invited the Mayors of all 567 municipalities, their guests and key municipal officials. Reservations should be made through the Conference Executive Offices at Convention Hall, Asbury Park.

The conference, now in its

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Man at ease is projecting whole new fashion image

The man at ease, enjoying his leisure hours, is projecting a whole new fashion image that breaks many of the old fashion barriers, according to the Men's Fashion Association. An increasing number of American men are leading dual fashion lives. One, the "businesslike" look, is projected during working hours, where he presents a no-nonsense air of Gibraltar-like solidity—the hardworking and fashionable breadwinner. But away from his desk, he is apt to relax in styles that are completely dissociated from those worn on the job.



COMFORTABLE COTTON KNITS from Hang Ten can follow an outdoor lifestyle from spring, through summer, to fall. The jacquard top features color accents on collar and cuffs, matching the bell-bottomed slacks. The pique feet on the blouse are the company's trademark.

This doesn't mean that he dons his old gardening slacks, his handyman shirt with the frayed collar, or his treasured old sweater with the elbows out. Far from it. Those prized garments are reserved for caulked the boat, performing do-it-yourself chores or straightening up the attic.

The man at ease goes for a fashionable look that is relaxed in construction and that is likely to use bold patterns and lively colors.

This is where the "unconstructed look" comes in. Sport coats in this category have an absolute minimum of tailoring. The usual "inner construction" is eliminated, the shoulder pads, if any, are wafer thin, and the coat is entirely machine made, eliminating the costly hand work that is a feature of dressier sport coats. Obviously comfortable, these sport coats manage to offer a look of carefree insouciance and enough shape to give him the "in" silhouette.

The fabrics used in the unconstructed sport coats are equally casual. Some are almost canvas-like, while others are coarse linen-types, seersuckers, madrases and knits. Colors include lights to pastels and the patterns are, for the most part, assertively bold. Many in solid shades are enlivened by the use of contrast stitching.

The new coordinates are an important part of the new "at ease" look. Color and pattern mated, they often offer the same textures in "tops and bottoms" that frequently include everything from a jacket and slacks to a shirt and sleeveless sweater, mixing patterns and colors with professional skill.

"Gentlemen's jeans" are another off-duty look. They are cut exactly like denim jeans, but the difference is in the sophisticated fabrics used plus the tailoring.

Cardigan sets add another facet to the relaxed look. Cardigan sweaters are mated with both regular and sleeveless pullovers having V-necks, crew-necks, U-necks and mock-turtle-necks.

Active sportswear is another area that is making increased fashion demands. The current tennis boom, for example, extended the wardrobe usually worn for the sport. Now, in addition to classic whites, we have shirts and shorts in pastel blues and yellows. There are also the new "warm up suits," tops and bottoms that slip over shirts and shorts, offering a chilly day alternative to the classic cable-knit sweaters.

Golf, too, has become as much a game for peacocks as for athletes. Professional tournaments televised in color prove that pros pay as much attention to their outfits as they do to their scores. Today there are no holds barred as far as color and pattern are concerned on the fairways—specially designed jackets in rainbow hues, roomy full-sleeved sweaters, free-swinging knitted shirts and golf slacks that are a far cry from the staid garments of yesterday. Fashion in golf even extends to the colorful and comfortable golf shoe, of course, to those handsome "spikes" in dual color combinations and in white.

Boating, a national pastime, has its own special fashion requirements that are functional as well as good looking. Jackets and sailing parkas must be water-repellent and roomy, with no-spill pocket closures. Lightweight sweaters are a boating need even in midsummer and roomy easy-care slacks, shorts and swim trunks are part of the sailor's gear. Non-skid deck shoes, a visored boating cap and good sun glasses are virtually indispensable!

CARD OF THANKS
SHENKER—Deeming it impossible to thank all in person, I take this means of expressing my sincere appreciation and gratitude to my relatives, friends and neighbors for their generous and timely contributions to the funeral of my father, HANS PHYLIS GARDNER.

'73 fashion reflection of 'tennis' look

By BETH MOHR
Tennis fashions are making their best scores off the courts. Spring and summer's popular "tennis look" adds features of traditional tennis sweaters to dresses, gowns and sweaters.

V-necklines bordered in narrow stripes of bright color on white knit are the common ingredients in dresses and sweaters. Lightly belted skimmer dresses are lengthened versions of pullover sweaters with short or long sleeves.

Sometime sweaters and dresses get together. Among the season's new twin sweater sets are tennis cardigans with matching pullovers. Costumes top tennis dresses with tennis sweaters.

Gowns are full-length versions of daytime skimmers and coat dresses. They take a few liberties, however. The borders may be in pale rather than bright shades, become dazzling in sequins or be left off entirely. Neither do the gowns feel obligated to stick to tennis white. Quite a few are in the season's popular light pastels.

Bare midriff fashionable

By BETH MOHR
It's getting near the time for midriffs to breathe freely.

Fashions for the warm months ahead will bare midriffs between little tops and skirts or pants, allow comfortable expansion room with insets of elasticized shirring.

Many of the short bare midriff dresses correspond with cotton street dresses featuring neat high necklines, short sleeves and dirndl skirts. The only difference is the expanse of open space. Like their counterparts with long skirts, they are fashioned for informal patio party wear.

Knit halters and ribbed sweaters shrunk to minimize to allow midriffs to escape are fetching young toppers for resort wardrobes. They are designed in costumes with their own skirt or pants partners or are offered as separates to pair with pants, palazzo pajamas or skirts of all lengths.

Lightweight cotton prints are favorite materials for dresses with elasticized midriffs. The wide inset determines silhouettes with softly gathered bodices and skirts.

Cross-stitch spice cookies

Makes 4 dozen
1 cup shortening, soft
1/2 cup firmly packed brown sugar
1/2 cup granulated sugar
1 egg
1/2 teaspoon vanilla
2 cups sifted all-purpose flour
1/2 teaspoon soda
1/2 teaspoon salt
1/2 teaspoon cinnamon
1/2 teaspoon nutmeg
1 cup quick or old fashioned oats, uncooked
Heat oven to moderate (375F.). Beat together shortening and sugars. Add egg and vanilla; beat well. Sift together flour, soda, salt, cinnamon and nutmeg. Gradually add to creamed mixture, beating well. Stir in oats.
Shape dough to form 1-inch balls. Place on ungreased cookie sheets. With tines of fork, press to make cross crosses on each. (If dough sticks to fork, occasionally dip fork in flour.) Bake in preheated oven (375F.) 10 to 12 minutes.



DESIGNED BY MORTY SUSSMAN for the Mollie Parris Boutique. 1973 Resort-Spring collection. A long red and white print crepe de chine dinner dress; a pleated skirt and bow at the back with a small red bow.



FRESH AND COMFORTABLE in Encron polyester double knit jacket and slacks. For travel, the look is dapper this season, with an English influence in fabrication and styling. Mavest does it in a side vent in a distinguished ottoman stripe. With it, color-coordinated slacks in a lightly textured hopsack stitch knit of Encron polyester by American Enka.

Sprinkle chicken with salt and pepper. Fry chicken in oil, add onion, cover and simmer 20 minutes. Add skim milk, water, and corn. Bring quickly to a boil, stir in rice, cover, reduce heat and simmer 5 minutes, or until most of liquid is absorbed. Sprinkle with

Good eating habits help young hearts

In the spring of life, one's fancy should be turned toward foods that will help a heart later on. Mothers' aim should be to set a table that serves less fatty foods and to watch their children's intake of calories so that overweight is prevented. While this is good advice for every member of the family, it is particularly important for children who on testing by physicians are found to have high levels of fatty substances in their blood, or who have one or both parents with this condition.

Atherosclerosis, a disease of the arteries that is closely linked with heart attack and stroke, is caused by deposits of cholesterol and other fats found so abundantly in snacks favored by youngsters: hot dogs, fatty hamburgers, saturated fat-soaked French fries and potato chips, ice cream and other rich desserts.

Many studies have shown that this disease can start early in life, so a sound eating pattern developed in the early years can do a great deal to lower the risk of dying from coronary artery disease in the prime of life.

In most cases, moderate changes in food serving can achieve the goal of helping young hearts. Generally, these are the points for homemakers to follow.

1. Serve more meals of fish, chicken, turkey and veal. If beef, pork, or ham or lamb are used, make sure that they are lean, and serve moderate portions per person.
2. Most hot dogs have a high percentage of fat. You can continue to serve hamburgers, but use lean ground meat and broil it so the melted fat drips out. Hamburgers fried or done on a griddle cook in—and absorb—their own fat.
3. It is all right to fry other foods occasionally, if you use polyunsaturated oil.
4. Substitute margarine for butter as a spread and in other uses, including baking. Be sure to use a margarine that lists liquid oil as its major ingredient. This would be the first item mentioned on the label and should be corn, sunflower or safflower oil. Avoid coconut oil, it is high in saturated fat.
5. Cut back on use of luncheon meats, sausages and salami. These, like hot dogs, are high in saturated fats, the kinds that tend to raise cholesterol levels in the blood.
6. Encourage the use of fresh fruit and puddings made with nonfat milk to take the place of ice cream.

CORN, RICE AND CHICKEN SUPPER
2 pounds frying chicken pieces
1/2 teaspoon salt
1/2 teaspoon pepper
2 tablespoons polyunsaturated oil
1 medium onion, chopped
1 cup skim milk
1/2 cup water
1 can (17 ounces) cream style corn
1 1/2 cups instant rice
2 tablespoons chopped parsley
Sprinkle chicken with salt and pepper. Fry chicken in oil, add onion, cover and simmer 20 minutes. Add skim milk, water, and corn. Bring quickly to a boil, stir in rice, cover, reduce heat and simmer 5 minutes, or until most of liquid is absorbed. Sprinkle with

parley. Makes four to six servings.
WALDORF SALAD
3 medium apples, cored and diced
1 tablespoon lemon juice
1 tablespoon sugar
1/2 teaspoon salt
1/2 cup mayonnaise
1 cup diced celery

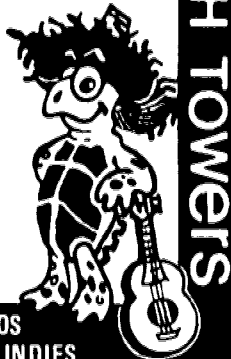
One third cup chopped walnuts
Toss apple with lemon juice, sugar, salt and two tablespoons of mayonnaise
Chill. Add remaining mayonnaise, celery and chopped nuts just before serving. Toss until well mixed. Makes four servings.

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Easter pet? Keep it Turtle Back Zoo rejects 'gifts'

Richard Ryan, director of Turtle Back Zoo, has these words for those who purchased animals as Easter pets and who now want to give them to the zoo: "Keep them."

"I know that sounds cruel, but we don't want someone else's unwanted animals," Ryan said. "They're usually carrying ailments so, because of our valuable animals, we can't afford to have them at the zoo."

Ryan said many persons purchase baby rabbits, ducks and chicks as pets during the Easter season, then try to get rid of them when they grow older and are no longer "cute."

The zoo director said baby animal contributions have been a large problem at Turtle Back Zoo in previous years. "It's a problem that most zoos in the country face at this time of year," he went on.

Ryan said the zoo does occasionally accept animals throughout the year, but that these usually are baby animals that have been abandoned by their parents or animals which have been injured in some way.

Turtle Back Zoo will take in a few injured, wild animals. They are cared for and treated until they are better. Then, if no room can be

found for them at Turtle Back, they are either traded for other animals with zoos in other parts of the country or they are returned to the wild.

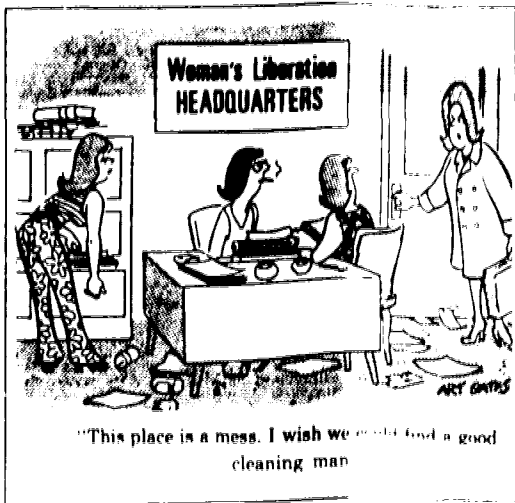
"Purchasing a live animal for a pet is a responsibility, but people often don't consider that," Ryan said. "These animals have no value to us. Besides, we don't have the room to keep them if we do take them in."

Animals that people don't want are sometimes turned loose in the forest when they become a bother. "Normally, they don't even last through the night," Ryan continued.

"People should not buy these animals in the first place," Ryan went on. "But if they do get them as a gift, they should be treated nicely, they may become good pets, particularly rabbits."

Baby ducks, chicks and rabbits are all susceptible to a disease known as "coccidiosis" and the best way to keep them healthy is to keep them clean.

"When the animal starts to become a problem, keep him and deal with the problem, don't try to palm it off on the county," Ryan added.



Nader will speak at Seton on May 6

Consumer advocate Ralph Nader will speak on Sunday, May 6, at 7:30 p.m. in the Seton Hall University gym, South Orange avenue, South Orange. His topic, will be "Consumer Protection and Citizen Action: Beyond the Meat Boycott." He will discuss both consumer and environmental protection issues and potential action citizens can take to make society more responsive to their needs.

The talk is one in a series Nader is giving around the country, on what people can do in their own states as "public citizens" to make consumer and environmental protection a working reality. Nader will offer specific ideas and recommendations to New Jersey citizens to improve conditions in New Jersey.

Nader's speech is sponsored by the New Jersey Public Interest Research Group (NJPIRG), United Auto Workers, and the Institute for Public Transportation.

For several years Nader has been actively encouraging the development of student consumer groups, known as Public Interest Research Groups (PIRGs). PIRGs are student-financed and student directed, non-partisan, non-profit corporations through which students do public interest research and receive academic credit.

Colleges and universities belonging to NJPIRG are Seton Hall Law School, Seton Hall University, Rutgers-Newark Law School, Rutgers-Camden Law School, Westminster College, Douglass, Livingston, and Rutgers Colleges in New Brunswick, and Rutgers in Camden.

ACLU helps organized crime by raid criticism, says PBA

The president of the N. J. State Policemen's Benevolent Association this week charged the American Civil Liberties Union with unknowingly contributing to organized crime

activities in Union County. Philip Yacovino, state PBA president, lodged the complaint against Stephen Nagler, ACLU director, who last week charged police with being "misguided" for conducting a series of pornographic raids.

Nagler also announced that the ACLU might represent some of the 37 Union County residents picked up last Wednesday by raiding parties, mainly to challenge the statute under which the arrests were made.

Yacovino denounced a letter from Nagler to Cranford police Chief Matthew T. Haney which termed the sale or possession of pornographic material "a victimless crime."

"It is very apparent that Mr. Nagler is himself very misguided," Yacovino said. "And he is very unaware why the Union County raids were conducted in the first place."

Chief Haney, Yacovino noted, said the stores were raided because pornographic literature was allegedly being sold to minors. He noted that under state law (2A:115-1.7), it is illegal to sell pornographic books, magazines, films or any other items to persons under 18 years of age.

"The ACLU should look at the statistics," he went on. "While narcotics and gambling are the main sources of income for organized crime, money used to make wholesale drug purchases for street distribution and to finance other illegal activities comes from subsidiary operations—like the production and sales of pornographic material."

Yacovino said profits from pornography realized by organized crime is used to finance loansharking and other illicit operations.

"I am not saying that the stores involved in the Union County raids are involved in organized crime activities," Yacovino said. "But I am saying that some of the outfits producing the stuff may very well have illicit ties."

"And if Mr. Nagler thinks that such activities are victimless, he'd better do some reading—and maybe some talking with the victims of these crimes," Yacovino concluded.

McMaster renamed to bank study group

The reappointment of Gerald F. McMaster, vice-president, Roselle Savings and Loan Association, Roselle, to the accounting and internal control committee of the New Jersey Savings League was announced by Robert T. Holland, board chairman of the state trade organization.

He is among the 15 savings and loan association officials designated to complete studies in the field under the chairmanship of Walter C. Provost, president, Robert Treat Savings and Loan Association, Newark.

"This committee maintains a continuing study of accounting and internal control matters relating to savings and loan operations," Holland said. "It is responsible for making recommendations to improve the services of the individual associations."

EARTHBOUND

By JEFFREY TORRE

I thought it might be timely to address attention to the topic of air pollutants, which have become so prominent a part of our surroundings as a result of the technological developments of the last 50 years. Many people are not aware that there are several varieties along a spectrum of gaseous, airborne effluents and each has specific and different effects on the human organism.

For example, carbon monoxide at levels frequently found in heavy traffic, produces headaches, loss of visual acuity and decreased muscular coordination.

Sulfur oxides, found when oil and coal are the consumed fuel, have the capacity to corrode metal and stone, and at concentrations frequently found in the more densely populated areas seriously reduce visibility, are injurious to vegetation and have significantly contributed to incidences of respiratory disease within the population.

Nitrogen oxide causes a familiar brownish tinge which so often characterizes skyline views we observe when we are entering and leaving our cities. These pollutants result largely from combustion in the burning process of various fossil fuels.

Hydrocarbons are a very large group of chemicals, some of which, in particle form have produced cancer in laboratory animals, and others—discharged chiefly by the automobile—play a major role in the formation of photochemical smog around our urban areas.

Finally, air pollutants, we must remember, are composed of some particulate matter. This specific matter is not harmless, but has been deemed contributory to many respiratory ailments, clothing is soiled and fabric worn by it, and our city windowsills are covered with evidence of its presence. This particulate matter causes light to scatter, blurring visual images.

As long as the American automotive industry and internal combustion advocates such as the petroleum industry control the mechanics of mass production, merchandising and finance as they now do in this country—revolutionary new modes of transport—steam cars, electric cars, new engines—and pollution-free fuels will take a back seat to the more profitable but dangerous contributors in the wretched state of our air.

Move clocks ahead

All readers are reminded to set their clocks ahead one hour this Sunday at 2 a.m. with the start of Daylight Savings Time. For those in doubt, there is the old slogan: "Spring forward, fall back."

Echo JEWELERS

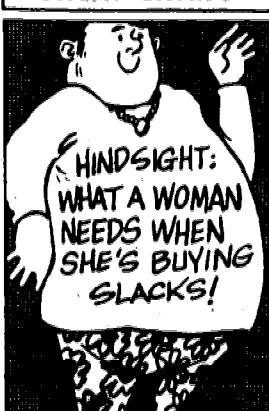
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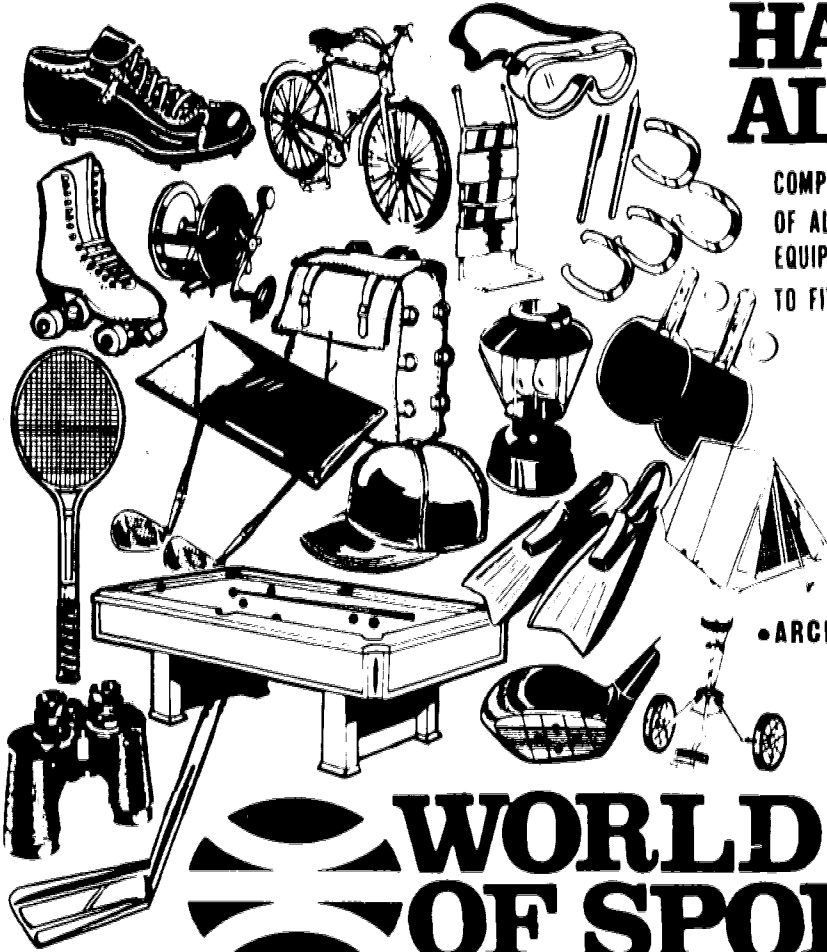
NSC host for training

Charles Reinbrecht, program administrator of the management science and marketing section of IBM, White Plains, N.Y. will lead a state-wide training session sponsored by IBM Educational Information Services, Inc., and Newark State College at Union tomorrow and Saturday.

Administrative and faculty representatives from New Jersey's colleges and universities will participate in the two-day session on the campus of Newark State College at Union.

The training session will use the computer terminals of the college's computer in a special lab with the main computer in Philadelphia.

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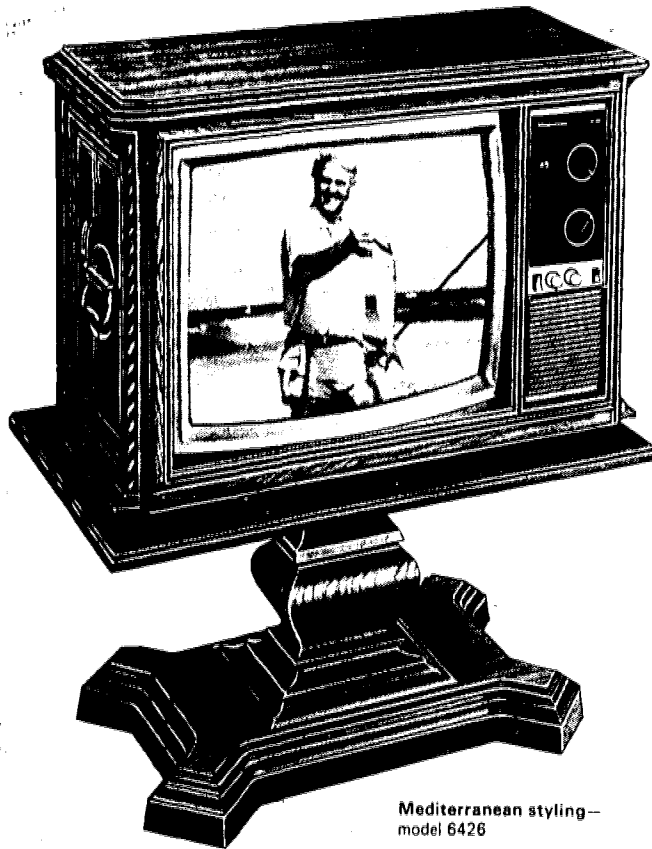
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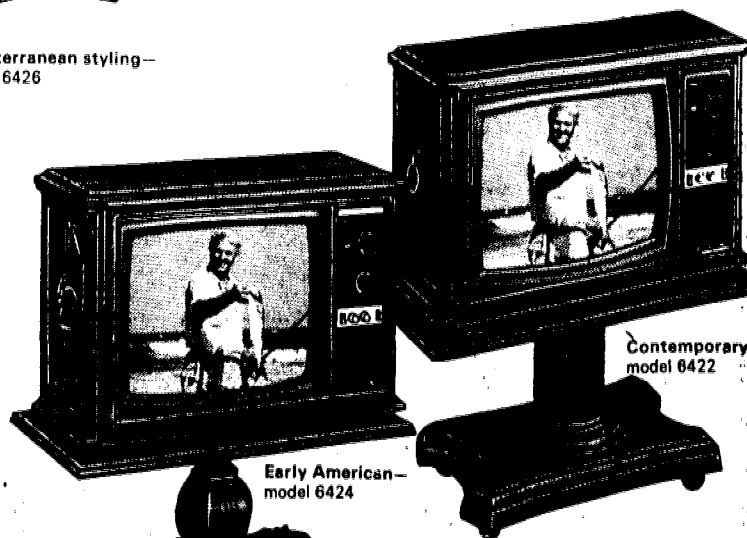
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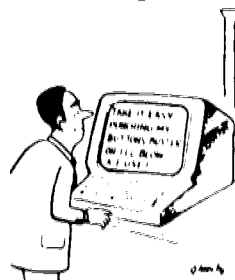
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My Neighbors



By MARY LEE THOMPSON
After a decade or so of concentration on youth, the pendulum seems to be swinging in the other direction. It looks as though the nation's older folk will begin to get some much needed attention.

Today, there are 20 million senior citizens in the United States. That's one out of every 10 persons. Although they appear to be healthier and longer-lived than past generations, they have a greater struggle for economic survival and social recognition.

What can be done to help them? Fortunately, many states are establishing programs to counsel the elderly, teach them skills and hobbies, and use their talents in worthwhile projects.

For example, in Gloucester County, where 77 percent of the residents are 65 years of age and over, a senior citizens group with some 3,500 members aims at self-help. They edit several publications featuring tips on meal planning, shopping, and homemaking. At a handicraft show, they set up booths to answer questions on social security, retirement, medicare, disability and survivors benefits.

In Maryland, an "Over-60 Counseling and Employment Service" provides women over-60 with rewarding jobs, often as companions to elderly people. In South Carolina, Clemson University has a "College Week" for senior citizens. Courses range from classes in wine-making to creative writing.

Many of these programs have been sparked by extension service home economists. However, more communication is needed to share the workable, successful programs, and not all states have provided adequate opportunities for the over-60s to use their talents. Why not find out what your state extension service is doing?

SUNDAY'S SERMON

THE SUNDAY AFTER Easter, once again, is gone for another year. But will the great message of Easter remain in your life, cause a change, or help you set new goals? Or will Easter just be forgotten until it's time to bring out the Easter bunnies, color the eggs, and distribute candy?

The message of Easter is one of hope, life, and vitality. It reminds us of our obligations to our spiritual life. Easter is a time of great joy, but that joy should last longer than a few days or a week. The joy of Easter should guide us in our every move and help us to be mindful of the will of God.

How many of us will let God show us the meaning of our lives? And how many of us will accept and do what He wants us to? For Easter is proof that God loves us, and it is up to each of us to show our love for Him and all our brothers here on this small planet in a very large universe. Why not keep the message of Easter alive all year long?

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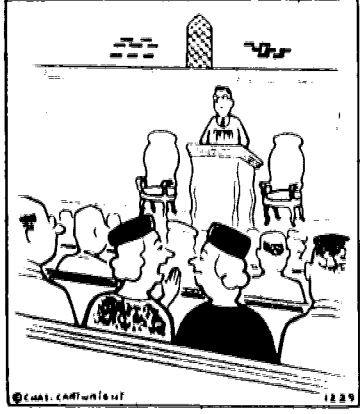
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Confessions—Saturday, 1 to 2 p.m. Monday through Friday, 7:15 to 7:45 p.m. No confessions on Sundays, holy days and eves of holy days.

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Monday—7 p.m., Pioneer Girls for all girls, grades two to 12.
Wednesday—8 p.m., midweek prayer service.
Thursday—8 p.m., choir practice

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THE REV. ELMER A. TALCOTT
DIRECTOR OF CHRISTIAN EDUCATION:
LINDA GAUL
Sunday—9:15 a.m., Bible Study, Church School; Grades 5-8 10:30 a.m., morning worship; Cradle Roll through fourth grade, Silver Cross Class (fifth and sixth), 7 p.m., Senior High Fellowship.
Tuesday—3:15 p.m., Bronze Cross class.
Wednesday—10 a.m., Mothers' and Others' meeting. 8 p.m., Chancel Choir rehearsal.

Church Chuckles by CAROL WRIGHT



"I hear our regular preacher is laid up with gastritis following the men's prayer breakfast!"

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Saturdays—evening Mass, 7 p.m.
Weekdays—Masses at 7 and 8 a.m.
First Friday—7, 8, and 11:30 a.m.
Miraculous Medal Novena and Mass Monday at 8 p.m.
Benediction during the school year on Friday at 2:30 p.m.
Baptisms on Sunday at 2 p.m. by appointment.
Confessions every Saturday and eves of Holy Days and First Fridays, from 4 to 5 and from 7:45 to 8:30 p.m.

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Thursday—7:45 p.m., choir.
Sunday—8:30 a.m., Holy Communion. 9:30 a.m., Family Growth Hour. 10:45 a.m., Holy Communion. Walter Zeile, president of the New Jersey District of the Lutheran Church, will be guest speaker at both services.

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REV. JAMES C. WESTERVELT, ASSISTANT
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Thursday—7:30 p.m., choir rehearsal. 8 p.m., young adult bible study.
Friday—8 p.m., Moody Bible Institute Ladies' Glee Club and Handbell Choir.
Saturday—8:30 p.m., Men's Prayer Fellowship.
Sunday—9:45 a.m., Sunday School. 11 a.m., morning worship. Pastor Schmidt will continue with his messages from the Book of Mark. 11 a.m., Junior Church. 5:45 p.m., Junior High Youth Group. 7 p.m., evening Gospel service, excerpts from Exodus by the pastor. Special musical numbers and congregational singing to be included in this service. Nursery care at both services.
Wednesday 7:45 p.m., prayer meeting for adults and young people.

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SPRINGFIELD AVENUE AND
SHUNPIKE ROAD, SPRINGFIELD
RABBI HOWARD SHAPIRO
CANTOR: IRVING KRAMERMAN
Thursday—Sisterhood bridge.
Friday—6 p.m., communal dinner. 8:45 p.m., Erev Shabbat service.
Saturday—10:30 a.m., Sabbath morning service.

ST. STEPHEN'S EPISCOPAL CHURCH
119 MAIN ST., MILLBURN
REV. JOSEPH D. HERRING, RECTOR
Sunday—8 a.m., Holy Communion. 10 a.m. Holy Communion and sermon, first Sunday and festival occasions, morning prayer and sermon, second through fifth Sundays. 10 to 11:15 a.m., Church School, babysitting at 10 a.m.

FIRST PRESBYTERIAN CHURCH
MORRIS AVENUE AT CHURCH MALL
SPRINGFIELD
PASTOR: THE REV.
BRUCE W. EVANS, D.D.
DIRECTOR OF CHRISTIAN EDUCATION:
SHEILA KILBOURNE
Thursday—5 p.m., Junior High Fellowship supper meeting for grades 6-8. 7:15 p.m., Girls Choir rehearsal. 7:30 p.m., Webelos. 8 p.m., Senior Choir rehearsal.

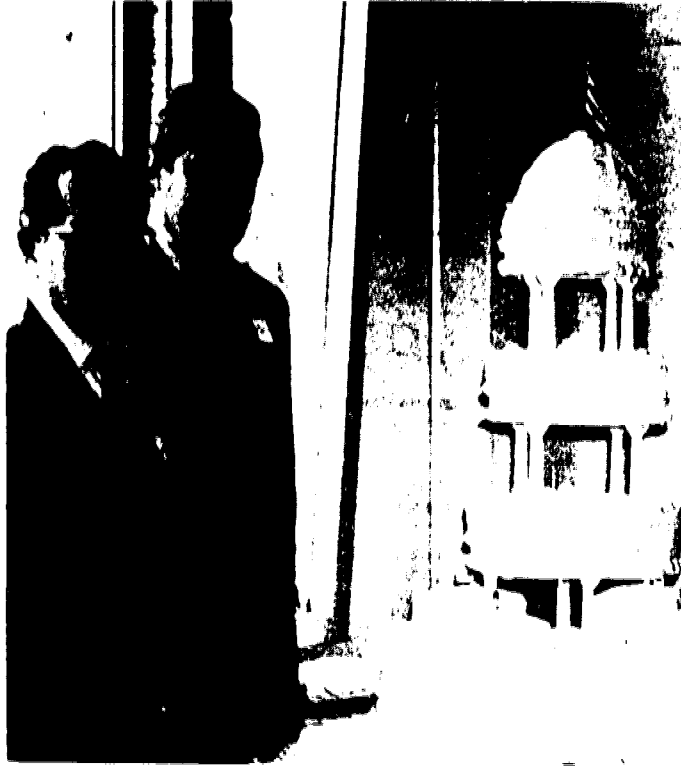
Saturday—Cub Pack 70 will work in the old Revolutionary burial ground as part of the national Boy Scout "Keep America Beautiful" program.
Sunday—9:15 a.m., Church School. Classes for 3-year-olds to Grade 8 are taught in the Parish House. Nursery service is provided on the second floor of the Chapel. 9:30 and 11 a.m. identical worship services with Dr. Evans preaching. Child care provided for preschool children on the second floor of the Chapel. 11 p.m., open house at the Sanctuary as part of the Heritage Landmarks program sponsored by the Union County Cultural and Heritage Commission. James Duguid will be at the church to answer questions regarding the historical background of the church. 6:30 p.m., church family night covered-dish supper under the leadership of Mr. and Mrs. Helmut Grimm, for adults and children of the congregation. The "Teen Group" of Elizabethport Community Center will present a musical program following supper.

Monday—3:15 p.m., Brownies. 7 p.m., Girl Scouts. 8:30 p.m., ecumenical service commemorating Israel's 25th anniversary in the Evangel Baptist Church.

Tuesday—9:30 a.m., kaffeeklatsch and discussion prayer group for young adults in the Parish House Lounge under the leadership of Mrs. J. Brenton Stearns. 9:30 a.m., "Mission Explo '73," sponsored by Elizabeth Presbyterian and Presbyterian, is a day and evening meeting exploring the church's mission to be held at the Westfield Presbyterian Church. The evening session begins at 7:45.

Wednesday—12:30 p.m., Ladies' Benevolent Society annual May luncheon at Stouffer's Pete 'n' Charlie's Restaurant in the Short Hills Mall. Guest speaker will be the Rev. Gerald S. Mills, senior pastor of the New Providence Presbyterian Church.

FRIDAY DEADLINE
All items other than spot news should be in our office by noon on Friday.



EDUCATION RECOGNIZED—Mrs. Leonard E. Tondul of Linden, president of the Union County Council of Parent-Teacher Associations cuts the cake prepared by the Union County Vocational School for the Higher Education Week Luncheon. Joining in the ceremony from left to right are Dr. Kenneth Iverson, president of Union College, Dr. Lawrence Darr, vice

president for Academic Affairs, Newark State College and Dr. George Baxel, president of the Union County Technical Institute. Luncheon guests included representatives from county and state government, education, business, industry and the PTA. The principal speaker was Congressman Matthew Rinaldo. The theme for the second annual Higher Education Week in Union County was "It's Never Too Late



Kids opt for hamburger It's their first choice at hospital

Hamburgers—they're the favorite," says Chef Robert Johnson, "what else at a children's hospital?"
Chef Johnson can't recall how many hamburgers he's cooked in his 25 years at Children's Specialized Hospital, Mountainside.
"But," he says, "you can bet it's been many hundreds and at our summertime cookouts they are the most favored of foods and are the first to disappear."
Though they'll win the popularity contest each time, hamburgers represent just a small part of the culinary scene at Children's Specialized Hospital.

The chef will be cited by the hospital this month for his quarter-century of service, made possible, he contends, "by great fellow cooks."
Chef Johnson plans his efforts with Miss Erika Frohlin, dietician at the health care facility.

Miss Frohlin, Chef Johnson notes, develops the daily menus and purchases the meat, produce and groceries for the chef to prepare. "I worked several years without the help of a dietician," Chef Johnson recalls, "but having her here has been an education."

Together they monitor nutritional levels of food served the young patients at Children's Specialized Hospital.

As everything else, the cost of feeding a patient has increased since Chef Johnson first

added a spatula in the local health care facility's kitchen.
"I'd say it costs three to four times as much to feed a patient in 1973 as it did when I first came here in 1948," Johnson estimates.
"But," he notes, "though prices continue to rise, we have consistently purchased food of the highest quality at reasonably competitive prices."
"I wish I could do as well at home," he adds.
When Johnson removes his tall white hat and apron, and leaves the hospital kitchen, he tries to leave his work behind.
Says the chef: "If you think a youngster's appetite shrinks when he lands in a hospital bed, don't believe it."
"Food disappears here as fast as it does in a healthy community."

7 courses added to summer session at Union College

Seven new courses in English, fine arts, science, and psychology have been added to the summer session offerings at Union College, it was announced this week by Dr. Bernard Solon, director.
The new courses include Drawing and Painting I, Introduction to Drama, Physical Geology, Child Psychology, Abnormal Psychology, Learning American English and Intermediate American English.

The two English courses are designed for non-native speakers and are not for college credit.
The summer session opens on June 25 and will continue through Aug. 2. Classes meet Mondays through Thursdays in day and evening sessions at the Cranford campus. Only evening classes will be conducted in Elizabeth and Plainfield.

The Union College summer session offers more than 70 courses in the humanities, sciences, fine arts, business, education, and law enforcement. Courses parallel freshman and sophomore offerings at four-year colleges and universities.

Students currently attending Union College as well as other colleges are able to attend the summer session. Full college credit may be obtained by non-Union students if their application is approved by the dean of students at the college in which they are presently enrolled.

Art group to hold outdoor show, sale on Sunday, May 6

The Kenilworth Art Association will hold its Members' Outdoor Show and Sale Sunday, May 6, from 10 a.m. to 4:30 p.m. at Harding School ballfield, Boulevard and 14th st., Kenilworth.
Top prizes will be the purchase award of \$100 from the Art group. The painting bought will be donated to Harding School and will be on permanent exhibit in the library there. There will also be a \$25 William Heaslip Memorial award donated by the scholarship fund in that name. Other cash awards are planned.

Rain date for the show will be May 20. Judges for the exhibit are Emy Yeckel of Clark and Robert Luczun of Clifton. Emy Yeckel has won many painting awards. She teaches adult high school classes and has had exhibits at Douglass College, Fairleigh Dickinson University, International Gallery in New York, Coburg, Germany and the Montclair Art Museum.

She is past president and director of the Rahway Art Center, founder of the Clark Art Association and was a delegate to the Federated Art Association of New Jersey. She belongs to the Rahway Woman's Club.

Robert Luczun, who has won awards in sculpture, painting, watercolor and graphics, presents lectures with slides about Van Gogh, Paul Cezanne and Michaelangelo's sculpture. Luczun was commissioned by Clifton to do four large outdoor stainless steel sculptures, has participated in the Modern Art Exhibit in France and is available as a judge and lecturer on techniques of canvas stretching.
Chairladies of the show are Rose Emmert of 90 Pembroke dr., Kenilworth, and Angela Rosenbach of Clark.

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DIAMOND QUEEN—Irving J. Marsh, left, president of S. Marsh & Sons, jewelers and silversmiths, Millburn, presents a diamond pendant to Patricia Everett, recently named Miss New Jersey. Her 50 contestants to represent New Jersey in the Miss Universe contest later this summer are being on is Jerome J. Marsh, vice-president of the firm which donated the diamond pendant.

Exhibit set of antiques

The charm and the beauty of yesteryear will reign in the Livingstone Mall during its first annual antique show and sale Tuesday through next Saturday, May 5.

Items in the collections of antique dealers from New York, New Jersey and Massachusetts will be on display. The show will be free to the public and will run during regular Mall hours, 10 a.m. until 9:30 p.m.

The dealers will display Victorian jewelry, silver, bronzes, art glass, lighting, American Memorabilia, Pine, oak and Victorian furniture, trunks and decorator items.

Also in the show is Kevin Valk, who makes rings from antique spoons. The making of "spoon rings" goes back to the Victorian era when young men would raid the family silverware drawer, selecting the choicest ornate patterns and turn them into a ring for their girl friends.

The expression "spooning" is said to come from the "thank you" kiss the spoon-maker received from his female friend.

FERDINAND DIES
Ferdinand III, Holy Roman emperor from 1637, died at 48 on April 2, 1657.

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New Levitt community to open this summer

The first new housing development of 1973 by Levitt and Sons Incorporated—planned as a heavily wooded community at Toms River in the New Jersey resort area—expects its first occupants this summer.

More than 50 homes have been sold and these purchasers are scheduled to take title this summer, in advance of school openings in the fall. In addition to the natural stands of trees in the area, Levitt will add landscaping to the home sites and has plans to develop a 10-acre man-made lake in the community.

Georgetown, a \$21 million project, offers five different colonial models, each available in an alternate exterior at no extra charge. Prices range from \$32,500 to \$38,990, including landscaping, carpeting, built-in range and oven, marble-top vanities and, with some models, two-car garages. Toms River itself is the

county seat and the principal section of Dover Township. Nestled on a cove of Barnegat Bay, it is rich in colonial history. Salt, which was needed for use in gunpowder and in the preservation of food throughout the colonies, was gathered from Barnegat Bay and stored in warehouses in Toms River. A British expedition burned the buildings.

During the war, some residents of Toms River became privateers when the British blockaded larger coastal cities.

Georgetown is being developed by a Levitt subsidiary, Levitt Residential Communities, Inc., and is located near Exit 82 of the Garden State Parkway.



THE TITLE ROLE at Levitt and Sons' new Georgetown community in Toms River is held by this model, the four-bedroom two and one-half bath Georgetown. A true center-hall colonial, the house also includes a living room, dining room, eat-in kitchen, family room, library and the two-

car garage. The Georgetown is priced at \$38,990. Homes in the new community are on third-of-an-acre, landscaped lots. Georgetown is Levitt's first opening of the year, and is under the direction of its single family home and town house subsidiary, Levitt Residential Communities, Inc.

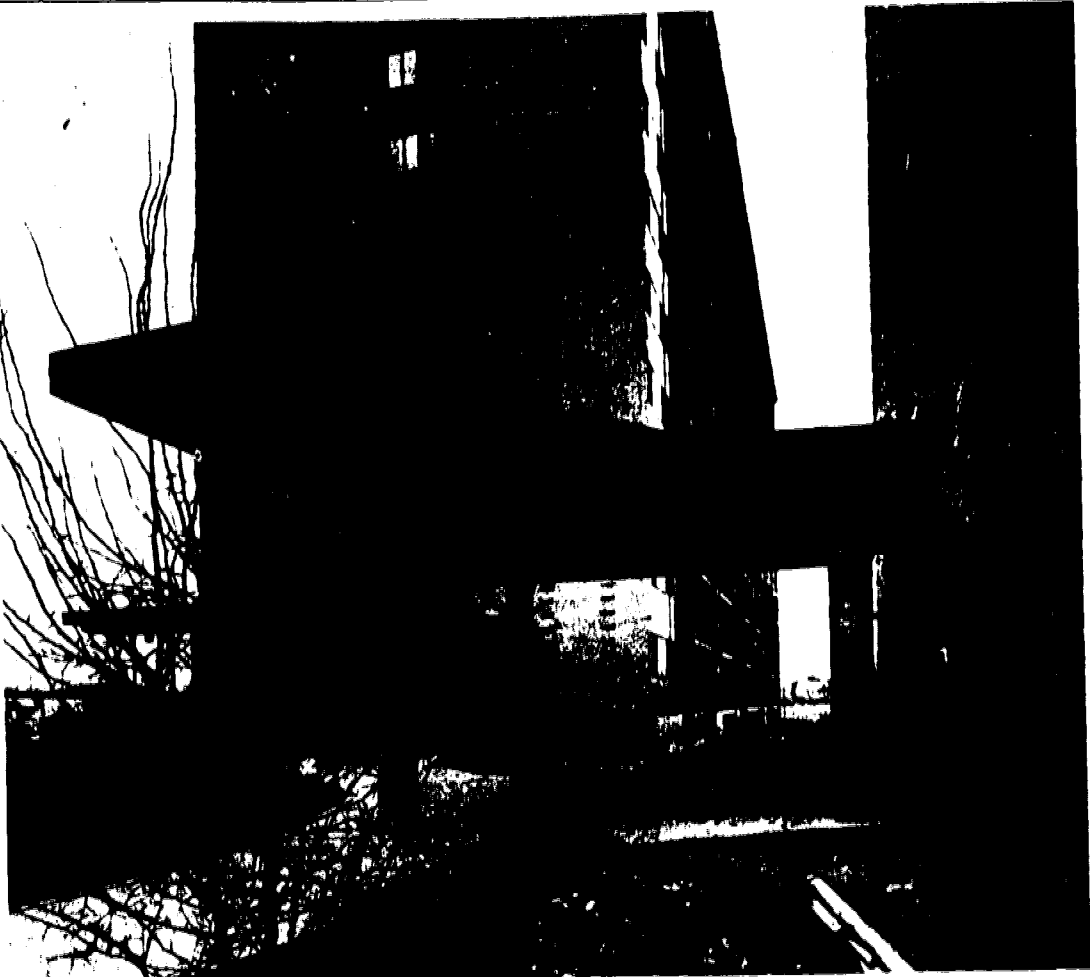
New terms now offered at Big Bass

Under new financing terms just announced at Big Bass Lake in the Poconos, \$2,200 will let new owners move into their own fully equipped \$25,000 leisure home. That includes down payment and all closing costs on a house on a half-acre wooded lot, with all recreational privileges of the community included.

Basic in the new terms is the fact that the Larsen brothers, developers of Big Bass Lake, have been able to arrange with local bankers to provide 95 percent mortgages on complete homes. An added factor is the private mortgage insurance now available. The bank or savings and loan association will assume the mortgage risk up to a certain level and the insurance plan will guarantee the rest.

Lou Larsen explains how a typical transaction works out: A qualified buyer contracts for a Big Bass home site at about \$5,000 and a house at \$20,000—a total of \$25,000. The 95 percent mortgage is for \$23,750, for 25 years at 7 1/2 percent per year. The buyer makes a 5 percent down payment of \$1,250 and, in addition, pays all the normal closing costs that come to approximately \$950—a rounded total of \$2,200.

After this initial outlay of \$2,200, the buyer can move into the home as soon as it is finished—and under the present schedules at Big Bass Lake, this usually means 90 days after ground is broken for the house. The house is delivered complete with wall-to-wall carpeting and kitchen appliances including range and refrigerator, and with individual water supply and sewage systems fully installed and operational.



NOW RENTING — Rahway Plaza Apartments is located off Rt. 1 on E. Hazelwood avenue in Rahway. Photo shows canopy connecting twin

buildings which contain 288 high rise apartments, starting at \$235 per month, including utilities. Builder is American Construction Co. Iselin.

Twin towers rising high in Rahway

Rahway Plaza, new 288-unit twin-tower highrise on E. Hazelwood avenue, Rahway, reports rentals approaching the halfway mark despite an elevator constructors' strike which held up progress for nearly eight months in late 1972.

According to Jack W. Denholtz, president of American Construction Company, the general contractor, "We feel vindicated in our original decision that this

site was an optimum location for this type of residential construction. Despite this strike which resulted in a lapse in our renting program late last year, leases are coming in at a rapid rate. Our units which rent from \$235 to \$346 per month represent a great value in today's housing market. People recognize this."

Rahway Plaza is the first highrise apartment to be built

given in the typical purchase outlined above are basic. Exceptional sites and larger houses are available at somewhat higher costs, though financing at the same percentage rates still applies. Big Bass Lake at Gouldsboro, Pa., near the highest point in the Poconos, is easy to

reach on first-class roads from all points in New Jersey. Pennsylvania and adjacent states. The route from the east and south is generally via Interstate 80, turning north on 81E to Exit 3 and then right for two miles on 507 to the Big Bass display center and sales office.

on the New Jersey eastern corridor between Elizabeth and Long Branch. It is within walking distance of the Penn Central and Jersey Central railroad stations which offer 35-minute commuter service to New York. It is also easily accessible to Rts. 1 and 9 and the New Jersey Turnpike.

The project represents the first phase of a more ambitious program of redevelopment along the Rahway River in Rahway which will eventually comprise up to 1,000 units. Through financing arrangements available from the N.J. Housing Finance Agency, a mortgage with a 5.9 percent interest rate has been secured, which represents a saving in mortgage costs.

This savings is reflected in the general rental schedule at Rahway Plaza which the

builder cites: "At least 15 percent lower than comparable apartment units in the greater metropolitan area which are financed through conventional sources."

Each apartment features a large terrace with sliding glass doors, picture windows, total electric heat and air conditioning, and rental includes all utilities and parking. Buildings are equipped with 24-hour TV, intercom security systems. In addition the overall community will include a swimming pool, a play area, several sitting areas and courts for horseshoes and shuffle board.

The rental agent on premises is Jacobson, Goldfarb and Tanzman of Perth Amboy.

High Point keeps last year's prices

How can you buy a home at last year's prices, with all the convenience and "extras" of spring, 1973?

This is the case at High Point at Lakewood, where a spring surge of sales has encouraged the builders to

offer another 20 units at last year's pricing for the one- and two-bedroom condominiums. All of the conveniences are

included, such as wall-to-wall carpet, in choice of decorator colors, air conditioning, ceramic tile in bath, full electric kitchen with two-door refrigerator-freezer, stove with self-clean oven, and even a dishwasher as well as custom wood cabinets and laminated plastic countertops.

High Point homes also offer a complete condominium community life, with equal-share ownership in major facilities such as the large-shaped swimming pool and the clubhouse, with social hall and a variety of other rooms.

The garden appearance of High Point and the natural and landscaped hilly grounds are the setting for individual entry one- and two-bedroom versatile homes, each with its own carpeted balcony, terrace, or patio.

These 1972-priced High Point condominiums are priced from \$17,990, with monthly maintenance at a low \$26 per month to cover all the chores of upkeep of all structures, grounds, clubhouse, pool, private parking areas, private trash removal, and community jitney which makes daily runs to local shopping and commuter centers.

High Point at Lakewood is located on Prospect street, just off Route 9 (at Paul Kimball Hospital) in the hilly southwestern section of the township, which is a winter resort and near to summertime sports at Barnegat Bay and the Atlantic Ocean, as well as the many golf courses and tennis clubs in the immediate Lakewood area.

Staff appraiser

Dale R. Kilpatrick of Newark has been appointed staff appraiser with Blau-Lasser Appraisal Company, it was announced by John O. Lasser, M.A.I., president. Prior to joining Blau-Lasser Appraisal Company, Kilpatrick was associated with Franklin Capital Corporation for three years, and with Real Estate Investment Planning, Inc. of New Orleans (La.).

Lease for bakery

CLS, Incorporated, headquartered in Edison, has leased 2,000 square feet of space for a bakery in the Fords Shopping Center, Fords. The Elmora Bake Shop in Elizabeth, the parent company of CLS, serves bakery outlets in the Fords, Menlo Park, Edison and Methuen areas.

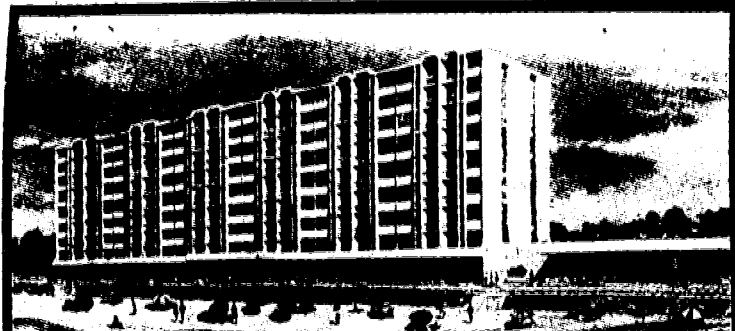
WE WORKED OUT this easy financing because there has been a dramatic change in the kind of sales we're making at Big Bass Lake," Larsen says. "When the community was in its early stages of development, many people bought just a lot, often with the idea of holding it for investment. Now we have miles of good blacktop roads winding among the trees."

"Our major recreational facilities are completed and being used, including the new recreation center with its lounges and heated indoor pool, the white sand beach along the lake, the fishing pier, the stocked trout stream, the picnic and play areas, the woodland trails and so on."

"Now people not only want to buy land here—they want a home here. And for that reason, the majority of our requests are for both a lot and a house on it."

An alternate plan calls for a small down payment on the home site alone (minimum 5 percent, which can be as low as \$250), then monthly payments until sufficient equity has been accrued to begin construction of the home. This program also provides instant membership and immediate enjoyment of the millions of dollars worth of private facilities.

With sales at Big Bass gaining momentum after the recent opening of the recreation center—and with the advent of spring, the recreational community builders predict that the 800-acre community will be sold out earlier than they had expected. However, still now excellent lots are still available, and Joe Larsen, the builder in the Larsen brothers trio, says he is "absolutely able" to promise delivery on houses for late this summer or fall. Prices for house and lot



This ocean front condominium is over 80% sold!

And first occupancies are not scheduled till June.

SEA ISLE CONDOMINIUM

The Spinnaker is a ten story condominium in Sea Isle City, New Jersey. In front of the building about 150 yards of gorgeous white sand tapers ever so gently into the Atlantic Ocean.

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All 96 condominium apartments face the ocean. Each apartment has a large private balcony and huge sliding glass doors. The view from the balcony is absolutely breathtaking.

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The boards in Atlantic City and the betting at the Atlantic City Race Track are minutes away from the Spinnaker. It is a secluded retreat within easy striking distance of all the action.

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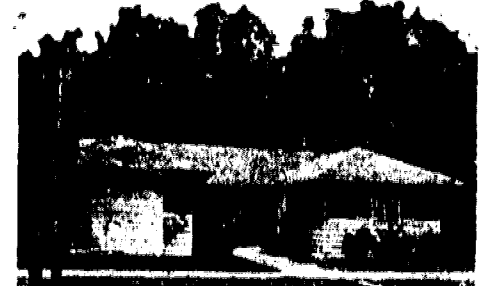
First of all, our five beautiful retirement homes are priced at a low \$21,690 to a modest \$29,990.

Each and every one of them is individual and set on its own lot. (Their comparable value elsewhere is at least \$3,000 more). And a home at Holiday City is even a bigger value when you consider the surroundings you'll be living in. There is a gently flowing stream, a serene lake. And a refreshing sea breeze tells you you're just a few minutes from Barnegat Bay, and the Atlantic Ocean. Which means you've got some of the best boating and fishing practically in your own back yard.

For your added enjoyment all residents have exclusive use of our pools, shuffleboard courts, and our spacious clubhouse with its huge den with fireplace, quiet library, carpentry shop, card room, billiard room, movies, dances, and numerous clubs, and a social director who is always planning trips and tours.



The Attractive Bel Aire. Two bedrooms, two bathrooms, garage, formal dining room, pantry, plus spacious leisure room.



The Luxurious Castle Harbor. Two bedrooms, two baths, garage, formal dining room, fireplace, plus spacious leisure room.

Holiday City can be all play and no work. Especially when you consider that there is only a nominal charge (\$12 to \$14) a month, for which you're entitled to full club membership, your lawn will be mowed, snow removed, and you have use of our own private bus service. Take a drive down today. We're just 65 miles from New York City, 45 miles from Newark, and one mile from charming Toms River. Come see how much more you get out of life here. And see a community where the overwhelming majority of homes were bought through the word of mouth recommendation of our residents.

Directions: N.J. Turnpike south to Exit 11, south on Garden State Parkway to Exit 82A. Proceed west on Route 37 one mile to models. Open 7 days a week 10 AM to dusk. (201) 341-8300.

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Developer letting owner comments sell Whale Pond

Jack Pomerantz, builder-developer of Whale Pond Estates in West Long Branch, says he is letting his work and his customers speak for themselves, and "the end result is an exceptional sales picture."

"One of the best ways a potential homebuyer can find out just how reputable and how skilled is a community's builder and developer is to ask people who are already living in a particular community," Pomerantz said. "Here at Whale Pond Estates, one of the first things we hope potential homebuyers will do is ask their future neighbors what they think of the community. We don't send them to any specific resident, we simply suggest they knock on a door or two and get unsolicited, unrehearsed comment from our present residents. These residents are our best sales people. If they are satisfied, and we have done our utmost to keep them happy, then our future residents will be confident in our ability to provide equally satisfactory residences for them," he said.

Whale Pond Estates is offering four basic home plans, including two colonials, a ranch, and each model is customized to meet the individual requirements and specifications of the buyer.

Four bedrooms and two and one-half baths, huge family rooms with sliding glass doors

to a rear garden area and wood paneling throughout, and kitchens with custom crafted dishwasher are included in every home. In every home are family and master baths with ceramic tiled floors and bath walls, and most lavatories also include vanities. All master bedroom suites include dressing room with vanity top, walk in closet, and master full size bath. Additional features of the Whale Pond homes are large full basements and two car garages, double hung colonial wood windows throughout, and brick veneer fronts.

Prices begin at \$53,990 and conventional mortgages are available for homes at the community.

"Homes at Whale Pond Estates are situated on one-third acre lots and are well landscaped and seeded. City sewers and water are included and all electric and telephone lines are underground to further enhance the magnificent setting of the community," states Pomerantz.

"For commuters the picture is ideal," he adds. "Bus and rail service is available nearby, and for those who prefer to drive there are easily accessible both the Garden State Parkway connecting with the New Jersey Turnpike, and Route 35."

Recreational facilities abound in the area, with four golf clubs, the Garden State Art Center, Cheesecake State Park, and Monmouth Park Race Track all nearby. Also close at hand are the recreational areas of the Jersey Shore with ocean and bay beaches and amusement facilities.

Located in the community of West Long Branch, Whale Pond Estates is accessible via the Garden State Parkway, Exit 106, to the Eatontown traffic circle, around the circle to Wall street at the Texaco Station, and then straight to Whale Pond road and the Whale Pond Estate models.



THE CEDAR at Kaufman and Broad's Timber Ridge in Jackson features living room with picturesque window view, three spacious bedrooms, functional California Patio Kitchen with decorator-styled oven and range, large family-dining room with

sliding glass doors, extra-large ceramic-tile bath, handy utility mud room accessible from rear yard kitchen, and bath attached garage with storage area from \$11,990. Kaufman and Broad pays all closing costs.

Condominium advantages offered at Pirates Cove

"The spaciousness of a whole separate house, plus all the advantages of a townhouse condominium," is what Pirates Cove, a new community by Driftwood Associates in Monmouth Beach, is trying to create in its one and two-bedroom residence units.

"Today's young families are anxious to buy a home," explained Paul Bragar of the Paul Bragar Agency, exclusive agents for Pirates Cove. "Yet if an active lifestyle leaves little time for upkeep responsibilities that ownership usually entails, a condominium townhouse may be the answer, since all exterior maintenance is provided for by the owners' association," Bragar continued.

Both the one-bedroom and the two-bedroom models are two-story homes, the upstairs-downstairs design giving an extra "whole house" effect. "The larger two-bedroom unit, especially, features

unexpected spaciousness," Bragar said. "An entry foyer with a hall closet near the front door opens onto a living room over 20 feet in depth. People often think of condominium residences as cramped apartments. This is clearly not the case at Pirates Cove," Bragar pointed out.

The fully-equipped color-coordinated kitchen includes wall oven countertop range, dishwasher, washer-dryer, garbage compactor and refrigerator-freezer. Beyond the kitchen is a formal dining room extending the full width of the home. A powder room and planned storage space accent the lower-level floorplan.

On the second story, both bedrooms contain two double-sized closets. Sliding glass doors from the master bedroom lead onto a balcony affording a view of the Shrewsbury River. Also off the master bedroom are a double vanity dressing room and the master bath. Another bath, plus additional hall and linen closets complete the upper level.

Every home has its own electric heating and central air conditioning plus hardwood floors and finished patios.

Pirates Cove, on the Shrewsbury River, has both

riverfront and inland homes. The shore location offers nearby ocean beaches and watersports, yacht clubs and state and county parks. Residents of Monmouth Beach may also join the Monmouth Beach Pavilion, which offers docking and club facilities.

All condominium advantages, such as ownership of one's home and a proportional share of the surrounding grounds, common areas, the two on-site swimming pools and tennis courts, are an integral part of Pirates Cove, Bragar added.

Pirates Cove is located in Monmouth Beach off Garden State Parkway exit 117. Head

south on Highway 36 to Beach Road and then right onto Riverdale avenue.

Preview planned at Landmark West

A May preview is slated for Landmark West, the 168-unit garden apartment community which is being created as another Landmark coordinated project on Swartwood road in Newton.

Alfred Culiere of Landmark, Inc. of Bergenfield, the builder, expects to have a formal opening shortly thereafter. Occupancies will follow this summer.

Landmark West will offer one and two-bedroom apartments renting from about \$200 per month. The units will have such features as eat-in kitchens, dishwashers, carpeting, and security intercom systems.

Estates of Holmdel moves past million dollars in sales

"We've passed the million in sales at Estates of Holmdel," it was reported last week by Barry Rosengarten, builder of the prestige community of \$89,000 to well over \$100,000 estate homes.

Seven manor homes have been completed and are owner-occupied, and others are nearing completion for spring occupancy. Sales continue at a steady pace and with the advent of warmer weather, construction will be faster at the community on Stone Brook road in Holmdel.

"We are out to shatter some time-worn myths about what homes should be like," Rosengarten says. "We are building them with new ideas, techniques and styles which better suit the mood of the seventies—and the lifestyles of the families of the seven ties."

Each home at Estates of Holmdel is designed for luxury living and to preserve the natural beauty of the acreage.

Homes are planned to blend in with the site on which they are placed, and enhance the elegant concept of the overall community. Each will have a different view, because of the interesting and rolling terrain, which ranges from natural woodland with towering trees to open slopes and high knolls.

When completed, Estates of Holmdel will comprise a maximum of 61 home "estates" on an acre or more of property. One of the many advantages of home ownership at the community, is the buyer can maintain complete flexibility in having built for him the home of his choice. He will be able to incorporate features best suited to his family and personality.

The manor homes already

built and under construction reflect the Rosengarten architectural talent. Designed to fit the lifestyles of the executive families attracted to country estate living, the homes reflect a variety of design concepts. Colonial, provincial and temporary traditional and modern.

The Holmdel area offers a selection of exceptional recreational activities. Horseback riding has many devotees, and the nearby Navesink River offers direct access to the Atlantic Ocean. There are many marinas. Yachting, sail boating, water skiing and fishing are enjoyed in the summer and in the winter there is ice boating and skating on the Navesink. The Garden State Arts Center is just minutes away as are Monmouth Park race track, Freehold Raceway, ocean swimming and shopping centers.

Rail transportation to Newark and New York is minutes away, and express

air conditioned buses also service the metropolitan centers. The Garden State Parkway and Route 6 make it easy to reach all major highways north and south by car.

To reach Estates of Holmdel take Garden State Parkway south to Exit 117, Route 65. Go south two and one-half miles and turn right on Centerville road to reach the sales office.

Acreage and homes are being offered exclusively through R.E. Scott & Company Realtors, whose representative is at the community daily and weekends. Rosengarten is also president of Patriot Construction Corp., builders. For the past ten years, he has been designing and building luxury custom homes in Metuchen and other prestige areas of the state. He is president of the Central Jersey Builders Association and secretary of the New Jersey Builders Association.

Controller at Hovnanian

Hovnanian Enterprises, Inc. one of the nation's fastest growing residential building firms, has named John A. Strama to the position of controller. He will be responsible for the accounting department and will be involved in cost review and control for company projects.

Strama received his B.S. in 1968 from Seton Hall University. In 1970, he was awarded an M.B.A. from the Columbia University Graduate School of Business. He is a first lieutenant in the U.S. Army Reserve.

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Hickory Hills

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Directions to Hickory Hills: Rt. 940 west to Rt. 51; turn left; Rt. 51 north to Rt. 41; turn right; Rt. 41 east to Rt. 940; turn left; Pa. 101; continue to sign of White Haven; turn left; 1/2 mile to Hickory Hills.

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Fresh Impressions reports sales high

George Rieder, president of Triple E Construction Co., builders of Fresh Impressions, a new community of homes in South Brunswick, reports sales exceeded 150 homes as of March.

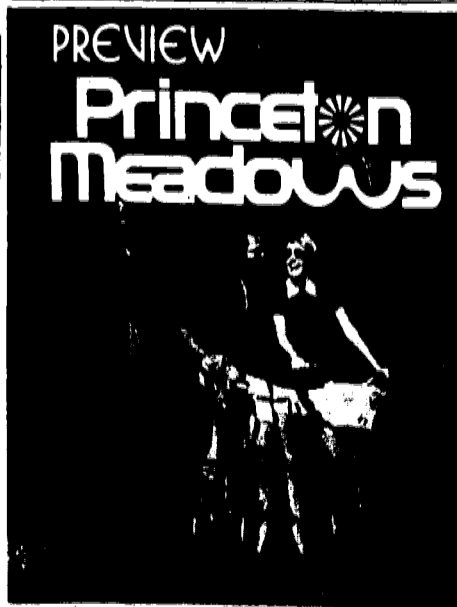
"The job has been more successful than we ever contemplated," Rieder said. "It's gratifying to know that concepts we considered new to the homebuilding industry have also proved to be strong selling features to the home buyer."

He referred to new exterior building materials and variety of facades offered with each of Fresh Impressions' four models. A buyer has a choice of siding materials that give the homes a warm, inviting appearance and at least three choices of front exterior facades.

Buyers also have been impressed with the maximum use of interior space, Rieder said. Each home, which offers slightly less than 2,000 square feet of interior living area, gives the impression of a great deal more. Planned with at least 25 percent more windows than average homes, models offer brightly lit rooms designed for ease of decoration.

The homes have all been designed with close proximity of kitchen and recreation room to allow mothers to keep close surveillance on their children. Three models feature rear covered porches,

and all Fresh Impression residents share in ownership of a recreation area and lake.



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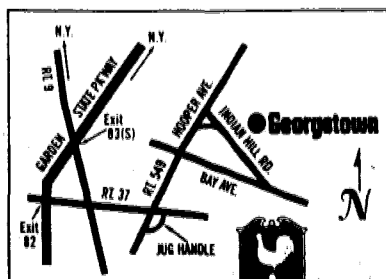
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MISS CAROLYN CHAPLIN. 603 Morrison Road, Linden, N.J. 07036. Real Estate Sales People. Wanted immediately by one of Union County's largest firms established in 1905. Opening new "Gallery of Homes" in Cranford. Experienced sales people preferred, but will train if you are qualified. Residential supervisor's position also available. Residents of Cranford. Clark area preferred. Call Mr. Anderson, Sales Manager, The Boyle Co., Realtors, 1143 E. Jersey St., Elizabeth, 353-4200. X 4-26-1

RELIABLE Companion needed for elderly woman, day in/after Mon-Fri. at Finlay Pl., Newark, no housekeeping. Call 991-7519. X 4-26-1

RETIRED MAN. (HANDY WITH TOOLS). Small mfg. located in Suburban/Kenilworth needs part time man to help in non-mfg. areas. Metal shavings, trim shavings, etc.

SALESGIRL. Monday, Tuesday, Wednesday, 10:30 P.M., Saturday 10:30 P.M. Ladies sportswear shop, Union Center. KAUFMAN'S 1201 Stuyvesant Ave., Union, 686-9294. X 4-26-1

SALES M-F. If you are interested in a full time permanent position in inside sales we have openings. Knowledge of power and hand tools helpful. Guaranteed overtime benefits. Please apply in own handwriting to Box no. 1355, Suburban Publishing Corp., 1201 Stuyvesant Ave., Union, N.J. 07080. X 4-26-1

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MOVING—furniture, china, glass, new & women's clothing. Antiques Sat & Sun, April 28 & 29. Starting 9 AM. off before 26 Colonial Terr., Maplewood. X 4-26-12

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Garage Sale. Furniture, bicycles, ice skates, lots for the garden. 379-2726. X 4-26-12

CALL 9.5 APRIL 26, 777-0981 FOR DETAILS. CLOTHING FURNITURE. MISC ETC. X 4-26-12

MRS. BEVERLY MARASCHIO. 1004 Roselle Street, Linden, N.J. 07036. X 4-26-12

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SISTERHOOD Temple Beth Ahm Springfield, April 30, May 1, 10 P.M. Corner of Taylor & Main St., Millburn. X 4-26-13

RUMMAGE SALE. Thurs. Eve. May 3 & 6 P.M. to 9 P.M. Friday May 4 & 7 P.M. to 1 P.M. St. Luke's Church Washington Ave. & Chestnut Street, Union. X 4-26-13

BARGAINS GALORE. Sunday afternoon. April 29th to 10 A.M. to 2 P.M. on Sunday 9 to 10 A.M. on weekdays at TEMPLE RUMMAGE SALE. 706 N.Y. AVE., IRVINGTON. side entrance just above Irvington Center near Stuyvesant Ave., Springfield & Stuyvesant buses. X 4-26-13

DOMESTIC CARE. 379-3752. X 4-26-13

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MY WIFE and I with Ambassadors, having moved to 407 Essex St., Newark, will not be responsible for any debts contracted by her as of April 20, 1973. X 4-26-13

YOUNG AUSTRALIAN wishes tennis partner M.F. in Linden area. Write Box 1567 G.U. Under Leader, 1291 Stuyvesant Ave., Union, N.J. X 4-26-13

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PETER D. KING. 333 Forest Drive, Union, N.J. 07083. X 4-26-13

ANTIQUES SHOW SALE. MAY 1-5, 10 A.M.-10 P.M. LIVINGSTON MALL, SO. ORANGE AVE., LIVINGSTON, N.J. For info-746-6317. FREE ADMISSION.

Gifts of increasing value. graduations, weddings, birthdays. Fair's Day pocket watches, jewelry, rugs, china, paintings, furniture, character dolls. 119 No. Day St., Orange, N.J. Mon. 1 P.M. to 5 P.M. Sat. & Sun. 11 A.M. to 5 P.M. 975-9710. X 4-26-10A

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Files, A.K.T. & Antique Shows, Sun., May 6th, 9. School No. 1, 700 No. Wood Ave., Linden, Useful & unusual items at low prices. X 4-26-10B

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Garage Sales. SATURDAY. 10 A.M. to 4 P.M. 379-3752. X 4-26-11

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Merchandise for Sale. WASHER, Kenmore, like new. 1st floor. P.O. Box 10. REFRIGERATOR, excellent condition. Must sell both. Best offer. Call 925-2434. X 4-26-15

LIVING ROOM. 2 BEDROOM SETS. DINE IN. ODDS & ENDS. 379-3447. X 4-26-15

BILT RITE "Park Ave." baby coach, navy and white with blue breaker, like new \$40. 379-1431. X 4-26-15

WHITE TAG SALE. EVERYTHING MUST GO 25% OFF. ALL ITEMS WITH WHITE TAG (bikes, carriages, clothing, furniture, appliances, lamps, etc. "JEAN'S NEW TO YOU" CONSIGNMENT SHOP. 1007 W. 24th Ave., Linden (2nd floor over JEAN'S BEANS 11 A.M. to 6 P.M. Mon. thru Sat. X 4-26-15

GRIFFITH-NEWARK USED PIANO SALE. Whitmore Spinet Walnut. Wurlitzer. Imit. Prov. Spinet. Fruitwood. Chickering. Contemporary. Wurlitzer. Steinway. Console. Mahogany. Kimball. French. Grand. 5000. PRICED FROM \$495. GRIFFITH PIANO. 605 Broad St., Newark. 673-5880. 207 206 Traffic Circle, Raritan, N.J. X 4-26-15

CONTENTS of living room. 2 pc sectional sofa \$100. 42" round dining table with 6 chairs. 100% marble top \$50. drapes, etc. 379-4737. X 4-26-15

DEN FURNITURE. pieces. 7 blue chair chairs. call after 4 P.M. 687-6592. X 4-26-15

KIMBALL CONSOLIDE PIANO. 7' blue mahogany, fully reg. board. Call 687-1011 after 6 p.m. Mon-Fri. X 4-26-15

K.S. ESTATE SALE. 3000 Hills Village (behind Chanticleer) 30 DeForest Dr., Springfield, April 28, 29 Sat & Sun. 10:30 No children. 1st day. Cash only. X 4-26-15

RALEIGH BICYCLE. men's 5 speed English touring bike, excellent condition, like new. \$59.95. Call Ross, evs 944-0900. 84-26-15. X 4-26-15

WINTHROP SECRETARY, small desk, aluminum screen door, 3x7, DR table, 42x60 w/leaf, 4 wood 14" x 20" table, 1 Windsor, platform rocker, etc. Sat & Sun 686-7056. X 4-26-15

BOY'S 7 wheel bike, canopy bed with canopy & springs, 10 gal. fish tank, stand, accessories, 13" shelf steel bookcase, antique mirror, small pool table, child's rocking chair & desk. 686-0862. X 4-26-15

CLOTHES, Boys & Women's size 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100. Call 687-1011 after 6 p.m. Mon-Fri. X 4-26-15

FREE - Gallons of bottled water made from your own faucet with the Hurley Water Purifier. Removes poisons, chlorine, odors and bad taste. Portable, no installation. Call 388-3118. X 4-26-15

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CHEM CLEAN—Furniture stripping & refinishing (no water used). All work guaranteed. 372-4433. X 4-26-15

DRAPES, bedspreads, radial arm ironing board, 2 antique victrolas, dresser, sofa, 2 sp. ladies bike, 10 gal. fish tank & filters, 14" x 20" table, 1 Windsor, platform rocker, etc. Sat & Sun 686-7056. X 4-26-15

LEAVING THE STATE. 1st floor bedroom furniture with twin beds, carpeting, drapes and living room furniture. Call after 4 P.M. 276-2882. X 4-26-15

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POWER TOOLS. Drills \$2.80. Saws \$16.95. Edgers \$19.99. Trimmers \$19.95. X 4-26-15

SKIL CORP. 611 ROUTE NO. 72, HILLSIDE 8 TO 5 DAILY, 8 TO 1 SAT. 688-6350. X 4-26-15

FRINGED OVALS \$8. CASH OR TERMS. SAN FURNITURE LIQUIDATORS. 1211 Springfield Avenue, Irvington, New Jersey. 399-4148; 399-4149. Exit 142, Garden State Parkway. MONDAY-FRIDAY 10 P.M. SAT. 10-6. CLOSED SUN. X 4-26-15

FACTORY OUTLET SHOPPING GUIDE says, "Pearl Levitt RUMMAGE SALE. A beautiful Loungewear from designer houses and good name brands. Labels are out. Highly attractive. Floors, Bobes, Spoocher, Cafara, Shiff, Travel Sets, Terries, Patio & Poolside Covers, At Home Dresses that Everwhere, 410 Ridgewood Rd., Maplewood SO 2-9716, Hours 12:30 to 4:30 Closed Monday. X 4-26-15

THE "LBJ" LINCOLN REVIEW COIN. Triple-Struck Elongated Lincoln Penny. Double Image. 1955 Lincoln. 1855 Johnson 1945 Centenary The "LBJ" Lincoln Review Coin price at \$50.00 or best offer. For details, Mr. Joseph Melvin Anthony, 297 Ellis Ave., Irvington, 373-1027. X 4-26-15

COMPLETE CONTENTS OF 1000 HOME. FOR DETAILS CALL 373-8741 AFTER 5 P.M. X 4-26-15

DOG, CATS, PETS. 17

DOG FOR SALE. IRISH SETTER PUPP. 8 WEEKS. SHOTS AND WORMED. \$75. 1 MALE & 2 FEMALES. (609) 883-2238. X 4-26-17

DOG OBEDIENCE - 8 week course. \$25. UNION, WESTFIELD, ELIZABETH, WOODBRIDGE, IRVINGTON and SUMMIT, N.J. DOG COLLEGE, 687-2393. X 4-26-17

AFFECTIONATE, pure bred beagle pup, 6 months old; has papers - \$50. Good home wanted. Call 687-7267, after 5 P.M. X 4-26-17

IRISH SETTER PUPS, AKC registered, 8 weeks old, \$150. sacrifice - \$100. Call bet. 1-4 P.M. 485-1964. X 4-26-17

Merchandise for Sale. 15

PORTRAITS IN OILS OR PASTEL. SIZES 11"x14" and 18"x24". ASK FOR MR. BROWN. CALL 375-1257 AFTER 5 P.M. MON.-FRI. SAT. SUN 9 A.M. - 5 P.M. X 4-26-15

Merchandise for Sale. 15

Merchandise for Sale. 15

Merchandise for Sale. 15

Merchandise for Sale. 15

Merchandise for Sale. 15

Garage Doors. 52

AT HUMAN SOCIETY. Shoppers. Poodles. Dogs. Kittens. mixed breeds. BOARDING. CREWMAN. 124 Evergreen Ave. Newark. 376-1121. X 4-26-17

Wanted to Buy. 18

TV SET WANTED. Portable, Console and Color. 687-6574. X 4-26-18

TOOLMAKERS. tools and machines, milling machines, grinders, lathes, etc. Call after 6 P.M. 686-6925. X 4-26-18

WANTED. Plastic injection molding machine, up to 300 Day. Call 232-5198. After 6 P.M. 686-6925. X 4-26-18

Original Recyclers Scrap Metal. MAKWEINSTEINSON. SINCE 1920. 2426 Morris Ave. 686-8236. Daily 8:30 Sat. 11. X 4-26-18

Old Clocks Wanted. Any condition. Top prices paid. Also Clock Repairs. 687-6808. X 4-26-18

CASH FOR SCRAP. Load your car, cast iron, newspapers, 50 cents per 100 lbs. No job too small. Free of foreign materials. No 1 copper, 40 cents per lb. Brass, just 24 cents per lb. Bags of Lead-acid batteries. A&P PAIR STOCK CO. 28 & 30th St., Irvington. (Prices subject to change). X 4-26-18

STAMPS & Assumptions wanted by private collector. Also coins. No lot too large or small. Cash sale. None will pay higher. Call any time, 203-0917. X 4-26-18

WANTED—A rare U.S. coins. Silver dollars pay up to \$3 each. Scrap gold & sterling. Early stamps, metals. DENNIS COIN SHOP. 520 Wuyvesant Ave., Irvington, 375-5499. X 4-26-18

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0581

PAINTING WITH DUTCH BOY
FREE ESTIMATES
1 family house, outside \$175. 2
\$275. 6 & 3475 and up. Rooms,
attics, stores and offices. May
or also carpentry. Fire jobs.
violations, very reasonable. \$3.73
5436 or 926-2975

DAN PAINTING CONTRACTOR
Interior & exterior, commercial
and residential. Aluminum siding,
leaders & gutters, carpentry. Free
estimates, 485-2525.

BUDAPEST PAINTING CO.
Excellent Wallpapering, Interior &
Exterior Painting. Very Clean.
Insured. 527-8857

INTERIOR PAINTING
Decorating & Paperhanging
Mildred Apicella, 209 Bryant Ave.,
Spofford 739-7836

DAN'S PAINTING
AND DECORATING, INT. & EXT.
REASONABLE RATES. FREE
ESTIMATES. INSURED. 399-9434

E. & R. PAINTING &
paperhanging. Prompt service.
Neat work, free estimates. 374-
9201, 374-1256, 399-0969

SIDNEY KATZ
PAINTING, PAPERHANGING,
PLASTERING INT. & EXT.
FREE ESTIMATES. 687-7172

JAMES & JOHN ATLANTIC
PAINTING CO. Painting
contractors. Interior & Exterior
Painting. 371-0422

BOB'S PAINTING & Decorating
Interior and Exterior. Paneling &
paperhanging. Leaders & Gutters.
Free Estimate. 484-4306

INTERIOR and exterior painting,
paperhanging, local references.
Interior: Magie Ave., Elizabeth,
654-4546

Piano Tuning 74

PIANO TUNING
REPAIRING
J. ZIDONIK
DR 4-3075

PIANOS TUNED
AND REPAIRED
C. GOSCINSKI ES 5-4816

MRS. LYDIA SETTEBRINO
1971 Rutgers Ave.
Hillside, N.J.

Plumbing & Heating 75

PLUMBING & HEATING
Repairs, remodeling, violations
Bathrooms, kitchens, hot water
boilers, steam & hot water
systems. Modern sewer cleaning.
Commercial. Call Herb Trieffler, ES 2-0660
X1175

Rest Homes 79

CHERRY HILL Rest Home for the
Aged and Sighted. Home like
atmosphere. State approved. 500
Cherry St. Eliz. EL 3-7657

Roofing & Siding 80

WILLIAM H. VEIT
Roofing. Seamless Gutters.
Free estimates. Down town
N.J. insured since 1932. 373-1153

RELIABLE ROOFER Quality
roofing at very reasonable prices.
or free estimates call 654-5947
after 5 P.M.

ROOFING-SIDING
All types, new, repairs. Gutters,
Chimneys, Downspouts. Call
374-6905

SPRINGFIELD INSURED H1-80
Roofing. Leaders. Gutters. Repairs.
Call now for Free Estimates.
Phone 379-1984 or 936-1963

DOES YOUR ROOF LEAK? Call
CUTLER ROOFING. Roofing,
gutters, leaders, repairs. (FREE
ESTIMATES) Work guaranteed.
We do our own work. Fully
insured.
Tom Roman Dave Parilla
374-2279 X-19-80

COMPLETE ROOFING & GUTTERS
SERVICE
Guarantee professional
quality workmanship
DEAL DIRECT
W. S. SALASMAN
Bank Loans Easily Arranged
FULLY INSURED
N. J. State License
Call 24 hr. Service
743-3046 X-52-80

Rug Shampooing 81

PROFESSIONAL RUG
Shampooing. Free estimates.
The Quick & Easy Way. Marly
Wald. 761-6261

Services Offered 82B

Burglar Alarm Installations. Do
Any Home. Free Demonstration.
Free Estimate. P. & R. ALARMS
379-6226

Professional Rug Shampooing
& Floor Waxing
Free Estimates
245 818-8188 S.P.M.

Tile Work 88

ANTHONY DE NICOLE TILE
CONTRACTOR
Bathrooms & Repairs. Estimates
 cheerfully given. 686-5550

Tree Service 89

B & V TREE SERVICE
SPECIALIZING IN TRIMMING
AND REMOVAL. REASONABLE
RATES. FULLY INSURED. Call
636-7717 or 264-8513

BLUE JAY TREE SERVICE. Our
specialty difficult to take down
free & free trimming. Also small
land clearing. 862-7216 or 862-2542

Tutoring 91

TUTORING—Qualified teacher
wishes to tutor grades 4, 8, Math,
English, Reading. Please call
276-1856 after 5 p.m.

Weatherstripping 98

INTERLOCKING METAL
WEATHERSTRIPPING
window sills & doors installed.
ALUMINUM REPLACEMENT
WINDOWS. Maurice Lindsay, 4
Elmwood Ter., Irv. ES 3-1537

A. DE ANGELIS
31 Mark Drive
Union, N.J. 07083

Plumbing & Heating 75

PLUMBING & HEATING
Repairs, remodeling, violations
Bathrooms, kitchens, hot water
boilers, steam & hot water
systems. Modern sewer cleaning.
Commercial. Call Herb Trieffler, ES 2-0660
X1175

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Aged and Sighted. Home like
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roofing at very reasonable prices.
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after 5 P.M.

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374-6905

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Call now for Free Estimates.
Phone 379-1984 or 936-1963

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CUTLER ROOFING. Roofing,
gutters, leaders, repairs. (FREE
ESTIMATES) Work guaranteed.
We do our own work. Fully
insured.
Tom Roman Dave Parilla
374-2279 X-19-80

COMPLETE ROOFING & GUTTERS
SERVICE
Guarantee professional
quality workmanship
DEAL DIRECT
W. S. SALASMAN
Bank Loans Easily Arranged
FULLY INSURED
N. J. State License
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743-3046 X-52-80

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Burglar Alarm Installations. Do
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RATES. FULLY INSURED. Call
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INTERLOCKING METAL
WEATHERSTRIPPING
window sills & doors installed.
ALUMINUM REPLACEMENT
WINDOWS. Maurice Lindsay, 4
Elmwood Ter., Irv. ES 3-1537

A. DE ANGELIS
31 Mark Drive
Union, N.J. 07083

Apartment for Rent 101

PLAINFIELD
GRAND PRIX APARTMENTS
120 Franklin Place
Air conditioned, off street parking.
Call 379-2720. 11 by months.
Security Adults preferred. Call
379-4700

SPRINGFIELD
3 bedroom apartment
over store. Available immediately.
Call 374-1013

UNION
5 1/2 rooms, 1st floor apartment of 2
family house, rent \$200 includes
heat, water, gas & garage.
Available July 1. 687-2886

UNION
4 rooms and bath, 2nd floor. Heat
supplied. Residential area. Adults
\$240. 864-8279. Available June 1.
H-53-101

UNION
3 large beautiful rooms, 2nd floor,
near St. Michael's Church. Heat
supplied. 11 by months.
Utilities supplied. June 1st. 687-2032
weekends only from 8 AM to 3 PM
Call 374-1013

VAILSBURG
Midland Pl. 5 rooms, 2 bedrooms,
half block to N.Y. bus. \$180. 372-
5230

VAILSBURG (UPPER)
Near So. Orange Ave. 3 furnished
rooms & bath, private entrance.
Utilities supplied. Business
gentlemen preferred. Call ES 4-
1938

Apartment Wanted 102

APARTMENT NEEDED
for mother & son. 3-4 rooms,
Irvington Maplewood area. Please
call during day. Mr. Sikora, Pike
Machine Products, 761-5511

BACHELOR NEEDS
BEDROOM APARTMENT
CALL 761-5988
AFTER 6:30 P.M.

BUSINESS COUPLE looking for
three room apartment in Union,
Maplewood or Springfield area.
Reasonable rent. August
occupancy. Call 688-8166 after 6
P.M.

1 1/2-2 room apartment wanted for
retired woman Union or vicinity,
immediate occupancy. Call 964-
9450

Civil Service Employee & family
12 yr. old child seeks 4 room, 2
bath, private entrance. Near
Maplewood, Irvington or Union.
Call 375-4533 after 5 P.M.

ROOMS wanted, Upper Irvington
for family of 4 adults. Call 374-2405
or 371-6143

Furnished Rooms for Rent 105

IRVINGTON
Very well furnished comfortable
sleeping room, for gentleman,
bedrooms available. Call ES 3-
0545.

IRVINGTON (Upper)
Nicely furnished room, quiet for 1
person, kitchen privileges. Call
399-1157

UNION
Nestor furnished room for
gentleman, utilities supplied.
References required. Call MU 6-
8021

UNION
Studio room, furnished, light
cooking, private entrance, free
parking, utilities, linen, business
woman preferred. 687-3168 after 5
P.M.

Houses for Rent 110

IRVINGTON
3 rooms
5 minutes from Center
31 Brookside Ave.

Berkeley Heights 111

MINT CONDITION
Lovely 4 bedroom home on 3/4 acre
of property with many fine
plantings. Bright cheerful living
room, formal dining room,
spacious modern kitchen. Large
back porch, ideal for business
daughter arrangement. Suburban
Sitting. \$63,900. Even 544-5695.

RICHARD C.

FISCHER

REALTOR 464-9500
Members Multiple Listings
302 Springfield Ave., Berkeley Hts.
2-46-111

CRANFORD
A CHARMING HOME!
An English colonial on a large
wooded lot. 10 rooms, 2 1/2 baths,
car garage. Schools,
transportation & shopping at your
fingertips. A truly fine, gracious
home with an abundance of charm.
Be the first to inspect.

The Boyle Co.
Gallery of Homes Realtor
114 E. Jersey St., Eliz., 354-4200
Open Daily 9:30-5:30, 9-4, Sun. 12-3
R. W. Boyle, REALTOR
MONTROSE, PA. 18801
(717) 278-2881

GREENWOOD LAKE
Ranch on Storms Island. 3
bedrooms, indoor outdoor
fireplace, enclosed screened
porch, sun deck with dock, year
round recreation. Call 763-7188

IRVINGTON
Corner house for 3 families,
modern kitchens, double garage,
good income. Conventional
mortgage. A truly fine, gracious
home for 3 families. No answer call
233-8269.

IRVINGTON
2 Family Brick
\$39,500

MAPLE AVE. LIVING ROOM,
DINING ROOM, EAST
KITCHEN, 3 BEDROOMS,
LOCKE REALTY REALTORS,
376-4818, eves: 736-1476

Vacation Rentals 122

Houses for Sale 111

IRVINGTON
2 family, good location for
professionals, 1 block from center
of Clinton Ave. For details, call
289-8075

LINDEN
2 family, 3 over 4, excellent mortar
& daughter set up. Taxes \$410,
asking \$39,000. For appointment
call George A. Agre, Realtor, 221
Chestnut St., Roselle, 241-2442

MAPLEWOOD
BE WEISE!
STORAGE UNIT RENT!
This excellent 3 bedroom colonial
listed at only \$34,000 has many
wonderful features. Inspect,
submit your offer & apply rent
payments toward your own home!
Realtor, eves: 761-4360
OAK RIDGE REALTY 2-46-111

ROSELLE
This Roomy Ranch...
on large lot offers ideal 1 1/2
living, w/mod. kit. dr. in tile
bath, w/mod. alum. sliding
windows, plumbing, plus many
extras. Priced Right!
Come See It! You'll Like It!
337 Sheridan Ave., Roselle
Call 249-8107

D.F. DRISCOLL
REALTOR
140 W. 2ND AVE. ROSELLE
2-46-111

SHORT HILLS
THE DALZELL CO.
VONNIE GEYER REALTOR
575 Millburn Ave. Short Hills
(Opp. Sak's) Shop. 2-46-111

SPRINGFIELD
First time offered back to front
split level, cathedral living room, 4
bedrooms, 2 1/2 baths, finished
basement, central air conditioning,
lan. off heat, many extras. Private
sale. \$38,900. Call for appointment,
379-1285

SPRINGFIELD
ENJOY SUMMER
in this charming 4 bedroom home.
Call now to inspect this beautiful
home. You won't regret it! Features
include 2 baths, rec room & much
more! Low 60's

OAK RIDGE REALTY
REALTOR 374-8922
372 Morris Ave., Springfield
2-46-111

SPRINGFIELD
New 2 1/2 room Colonial 1 1/2
baths, rec room, porch, gas heat,
good location. Mid 40's. 376-5640.
H-53-111

SUMMIT
TOP THIS
Tender 2 bedroom, 1 1/2 bath English
Older in top Summit area. Ideal
retirement home, low taxes.
Priced in the 40's

Delightful 3 bedroom 2 1/2 bath
living room, featuring oversized living
room, dining room, paneled family
room, eat in kitchen & convenient
1st level laundry room. Top
Berkeley Heights area & one 1/2
occupancy. Priced in the 50's

CALL 464-9500
now for appointment

Crestview Agency Realtor
319 Springfield Ave., Berk Hts.
Eves. 464-5708 or 63-5556
2-46-111

UNION
NEW LISTING!
Spacious colonial with income
possibilities. 3 bedrooms, 2 1/2 baths,
mod. kitchen, porch, quiet location,
year new bus. 489,000. Don't miss
this opportunity! Call now!

OAK RIDGE REALTY
REALTOR 374-8922
372 Morris Ave., Springfield
2-46-111

UNION
New 4 room area, split level, 4
large bedrooms, 2 paneled, 3
baths, large living room & dining
room, eat in kitchen, 1st level
laundry room, A.C. carpeting,
custom drapes, washer, dryer,
dishwasher, gas bar, security
& fire system, inter-com, low
taxes, excellent condition, many
luxury extras. Priced in 60's.
Principal only. 688-2745. 2-46-111

TOWNLEY SECTION
Custom built large split level, 7
bedrooms, 3 1/2 baths, 2 car garage,
beautifully landscaped, extra
large 1 car garage, full basement.
Price reduced, asking in the 50's.
For details call in the 50's.

John P. McMahon Realtor
1585 Morris Ave., Union
Open Eves & Sunday 688-3434
2-46-111

Houses Wanted to Rent 113

NEEDED FOR JUNE 1st!
Transferred professional needs 3
bedroom home in Union area for
approximately \$300 per month
rent. Call 687-8300, Ext. 324, or
write Personnel Supervisor,
G.R.A.V.E.R. WATER
CONDITIONING CO., Rt. 25-10-113
Union, N.J. 07081

Industrial Property 115

Wanted To Rent
Very large heated garage
or small warehouse.
Call 964-8366

Wanted To Rent—Office & Shop
1000 Sq. Ft. Union 16
Plainfield area. Days 259-1198,
after 6 P.M., 686-6925.

Offices for Rent 117

VAILSBURG
FULLY MODERN
A.C. offices, all utilities.
Reasonable rent. 1013 So. Orange
Ave., 2 blocks from So. Orange
line. 373-477.

PAINTERS ATTENTION! Sell
your own paint. No special
low-cost want ad. Call 686-7700

Vacation Rentals 122

Stores for Rent 121

IRVINGTON
Small shop for rent
for details call 372-7114

ELIZABETH
Store or office for rent will build
to suit. Heat and hot water
supplied. Call 686-7414 after 6 P.M.

Stores Wanted 121A

WANTED: Shop or Store to be
Used For Work Shop. Reasonable
Rent. Call Evening, 687-2800

Summer Rentals 122

BEACH HAVEN WEST
3 bedroom home on lagoon,
completely fenced & screened
porch, outdoor barbecue, private
deck, many extras. From June
through Sept. 687-5914.

NORTH WILDWOOD
Now renting for Memorial Day
Weekend & also July & August
with meals & rooms. Week-
end. Season 687-4877.

Automobiles for Sale 123

71 PINTO LOW
MILEAGE \$1249
375-0723

CORVAIR—1964, 2 door, 4 new
tires, new clutch, gas, 1200 cc.
needs flywheel \$150. 355-6117
A.P.M.

BUICK 1965 Convertible
65151001
interested call
686-1876

1970 MERCURY Marquis,
convertible 25,000. A.C. & C.
A.M.F.M. 5167. 379-5925.
Williams, Lower, \$2,100. 373-
7708 9 A.M. to 5 P.M.

WANTED
Party who needs 1000 financing
with no money down. 1970 Ford
Country Station wagon. 1969
Oldsmobile. 1968 Oldsmobile.
MOTORS at 721-7100

1968 BUICK SKYLARK
AM/FM radio, 4 door, 1200 cc.
DR HARD TOP. BEAUTIFUL
CONDITION. 687-9342

CHEVROLET—1964
2 door hardtop, very clean \$895.
Call after 5 p.m.

LINCOLN Continental 1968 full
power, vinyl roof, good condition.
Asking \$895. Call 376-7845

CHEVY—1966, R.H.M. 1969
MERCURY 1965, R.H.M. 1963
Oldsmobile, 1968 Oldsmobile, 1968
R.H.M. auto. Private. 373-1123

WANTED
Party who needs 1000 financing
with no money down. 1970
Maverick, 2DR coupe, 1969
Mustang. For instant credit call
DASIS MOTORS at 721-7100

1971 TEMPEST 1700 cc. auto parts
coupe 25,000 miles, hydro. P.S.,
P.A. & P.B. W.W. 1200 cc. 1968
Clean Car. Best offer. 687-7624

1972 TOYOTA Corolla 4 door, 1.6
litre engine, 1972, 1200 cc. 1972
Call 623-2118 day, 686-6165

1968 CADILLAC CONVERTIBLE
AM/FM radio, 1200 cc. 1970
black leather interior, 1200 cc.
F power, only 38,000 miles.
Immaculate. \$2195. 376-5925

BUICK Skylark, 1970, 4 door, A.M.F.M. & P.B. & P.W. 1200 cc. 1968
Clean Car. Best offer. 687-7624

1968 VW BUG Auto,
AM/FM radio, 1200 cc. 1970
Call 276-7930

1970 JAVELIN 402 motor, auto
trans, lots of extras, custom
paint job. Must see to appreciate.
399-1714 after 6 p.m.

WANTED
Party who needs 1000 financing
with no money down on a 1969
Ford Mustang 2DR. 1200 cc. 1972
Tempus. P.S. A.C. 1495. For instant
credit call 721-7100

Imports, Sports Cars 123A

PARTS, ACCESSORIES—FOR
IMPORTS SPORTS. Jersey's
largest stock of parts, supplier
Imported Auto Center, behind rail
station Morrisstown. 374-8686

Autos Wanted 125

JUNK CARS OF ANY KIND
wanted, 24 hr. service
B.A. Towing Service
964-1506

Motorcycles for Sale 127

250CC BENELLI SUPERSPORT
used only 510 miles. Flawless.
Excellent road bike. Will sacrifice.
Best offer. Call 925-2454

BIERTUMAPPEL—F. Edward,
on Wednesday, April 18, 1973, aged
78 years, of Union, beloved
husband of Elizabeth (nee
Deviert) daughter of F. Edward
Deviert and Mrs. Beverly
Deviert, died at the home of
Elizabeth and F. Edward
Deviert, 1108 Union Ave.,
Union, on Saturday, April 21.
Funeral services will be held at
11:00 A.M. on Thursday, April 26,
at the funeral home of
Memorial Park Mausoleum
Masonic service will be held on
Friday followed by Elks service
at the home of the bereaved.
Biermann—On April 15, 1973,
William, son of F. Edward
Deviert, died at the home of
his parents, F. Edward and
Mrs. Dorothy DeVos, Leonard
Sprague, also survived by 12
grandchildren, 2 great
grandchildren. Funeral services
will be held from the MCCRACKEN
FUNERAL HOME, 1500 Morris Ave.,
Union, on Thursday, April 19,
at 11:00 A.M. Interment, Hollywood
Memorial Park.

BROOKLYN Herman, of 9
Halcott Pl., Bloomfield, N.J.,
beloved husband of Gertrude (nee
Koppell) Brown, devoted father of
Frankie Marie and Bernard
Herman, both of 1108 Union Ave.,
Union, and brother of
Brown and Lottie Holzman, also
survived by seven grandchildren.
Funeral services will be held at
the Temple Menorah, Bloomfield,
N.J., Friday, April 20, 1973,
at 11:00 A.M. Interment, Zion
Memorial Home, 1700 Interment
Arrangements by the
MEMORIAL HOME, 1500 Morris
Ave., Irvington, N.J. Period of
mourning observed at the family
residence.

CALABRESE On Friday, April 20,
1973, John, of 300 S. 19th St.,
Newark, beloved husband of
Elizabeth, died at the home of
his wife, Elizabeth, on Thursday,
April 19, 1973. He is survived by
his wife, Elizabeth, and two
daughters, Mrs. Anna DeLisante,
Mrs. Victoria Ambrose and Mrs.
Loretta DeLisante, all of Newark.
Funeral services will be held at
St. Anthony's Church, Newark,
New Jersey, on Friday, April 20,
at 10:00 A.M. Interment, Holy
Sepulchre Cemetery, Newark, N.J.

COHEN On April 22, 1973, Goldie
Bern of Union, beloved wife of
Abraham Cohen, died at the home
of her son, Abraham, in
Union, N.J. She is survived by
her husband, Abraham, and two
daughters, Mrs. Sarah Cohen and
Mrs. Miriam Cohen, all of Union,
N.J. Funeral services will be held
at the SUBURBAN CHAPEL OF
PHILIP APTER & SON, 1600
Springfield Ave., Maplewood, N.J.,
on Thursday, April 19, at 11:00
A.M. Interment, King Solomon
Cemetery, Union, N.J.

COLEMAN On April 18, 1973,
Casper of 100 Stonehill Rd.,
Springfield, beloved husband of
Helen, died at the home of his
wife, Helen, on Thursday, April 18,
1973. He is survived by his wife,
Helen, and two daughters, Mrs.
Dorothy Coleman and Mrs. Rose
Coleman, both of Springfield.
Funeral services will be held from
the SUBURBAN CHAPEL OF
PHILIP APTER & SON, 1600
Springfield Ave., Maplewood, N.J.,
on Thursday, April 19, at 11:00
A.M. Interment, King Solomon
Cemetery, Union, N.J.

DUGAN Dorothy (nee Butler), of
525 Sheridan Ave., Roselle, on
Saturday, April 21, 1973, beloved
wife of James Dugan, died at the
home of her husband, James, on
Monday, April 23, 1973. She is
survived by her husband, James,
Mary Peterson and Mrs. Dorothy
Leary, dear sister of M. Joseph
Butler and Mrs. Mae Connelly,
all of Roselle. Funeral services
will be held from the SULLIVAN
FUNERAL HOME, 1500 Morris Ave.,
Union, on Wednesday, April 25,
at 10:00 A.M. Interment, St. Vincent's
Cemetery, Union, N.J.

ERICKSON On Monday, April 23,
1973, at Avon, Conn. Albin E.
formerly of 814 Hubbard Ave.,
Irvington, N.J., died at the home
of his wife, Edna, on Monday,
April 23, 1973. He is survived by
his wife, Edna, and three children,
Lillian Erickson, Susan Erickson,
and three nieces. Funeral services
will be held at the MIFALAH FUNERAL
HOME, 1500 Morris Ave., Union, on
Wednesday, April 25, 1973,
at 11:00 A.M. Interment, King
Solomon Cemetery.

FEIG On April 17, 1973, Helin
Engelstein, of 1872 Manor Dr.,
Irvington, N.J., died at the home
of her husband, Gerald Feig, on
Friday, April 19, 1973. She is
survived by her husband, Gerald,
and three children, Sarah Feig,
Lillian Feig, and Eric Feig. Funeral
services will be held from the
SULLIVAN FUNERAL HOME, 1500
Morris Ave., Union, on Wednesday,
April 25, 1973, at 11:00 A.M.
Interment, St. Vincent's Cemetery,
Union, N.J.

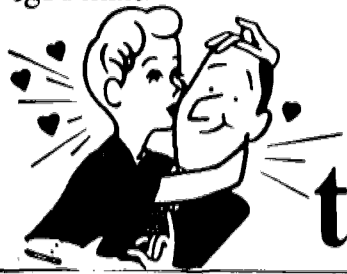
GAGLIARDI Caterina, of
1600 Springfield Ave., Union, N.J.,
beloved wife of Lena (nee
Maculuso) father of Mrs. Joseph
P. R. Maculuso, Nat. Joseph
Maculuso, and Anthony Maculuso,
all of Union, N.J. Funeral services
will be held from the SUBURBAN
CHAPEL OF PHILIP APTER & SON,
1600 Springfield Ave., Union, on
Saturday, April 21, 1973, at 10:00
A.M. Interment, King Solomon
Cemetery, Union, N.J.

GINDLIN—On April 19, 1973, Sara
(Borkowsky), of 1796 Manor Dr.,
Irvington, loving wife of Alfred
Gindlin, died at the home of her
husband, Alfred, on Friday, April
19, 1973. She is survived by her
husband, Alfred, and two children,
Gindlin and Rose Levine, also
survived by two grandchildren,
F. Edward and M. Joseph Gindlin,
both of Union, N.J. Funeral
services will be held from the
MCCRACKEN FUNERAL HOME,
1500 Morris Ave., Union, on
Thursday, April 26, 1973, at 11:00
A.M. Interment, Hollywood
Memorial Park, Union, N.J.

HAMTIL—On Monday, April 23,
1973, Edmund P., of 600 Fairway
Rd., Linden, N.J., beloved
husband of Margaret (Connolly),
died at the home of his wife,
Margaret, on Monday, April 23,
1973. He is survived by his wife,
Margaret, and three children,
Hamil and Raymond P. Hamil,
both of Linden, N.J., and
Hamil and Miss Eleanor Hamil,
both of Linden, N.J. Funeral
services will be held from the
MCCRACKEN FUNERAL HOME,
1500 Morris Ave., Union, on
Thursday, April 26, 1973, at 11:00
A.M. Interment, Hollywood
Memorial Park, Union, N

There are nineteen million ex-cigarette smokers in the United States; about one in five adult men in this country has dropped the habit.

Those who give up cigarettes report a great sense of satisfaction, of tremendous pride in being able to do it. To learn a new way of living, a way without cigarette smoking, is very rewarding to the ego—and to the ego's mate.



you can kick the Habit.

As You Approach Q Day

Many stress willpower as the decisive factor in giving up cigarettes. For them the sense that they can manage their own lives is of great importance. They enjoy challenging themselves and, with an effort of will, they break the cigarette habit.

Thus, some psychologists describe stopping cigarettes as an exercise in self-mastery—one that introduces a new dimension of self-control.

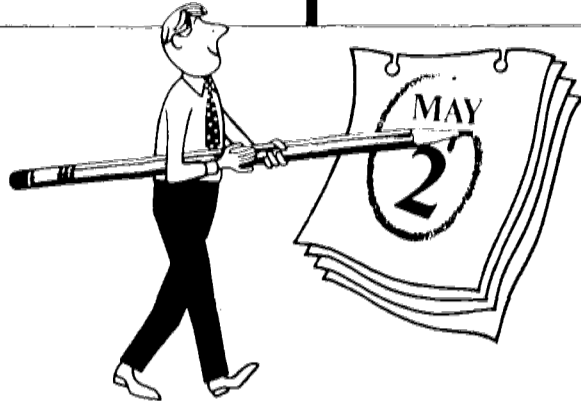
Others, often successful in many aspects of living, find that willpower does not help them in giving up cigarettes. They try to stop; they don't, and they feel guilty over their weakness.

This is a mistake, since many smokers fail in their first and second, even their fifth attempts and then finally succeed. Those whose will fails in breaking the habit are not weak but different. Their approach must be less through determination and more through relearning new behavior with patience and perseverance.

Self-suggestion when one is relaxed, aimed at changing one's feelings and thoughts about cigarettes can be useful.

One health educator remarked recently, "nothing succeeds like willpower and a little blood in the spiritum."

To think of stopping smoking as self-denial is an error—the ex-smoker should not believe that he is giving up an object of value; however dependent he may be on it. If he begins to feel sorry for himself and broods on his sufferings, they may well become more severe and indeed unendurable. He must recognize that he is teaching himself a more positive, more constructive, more rewarding behavior.



Try Cutting Down...

An important first step in the process of giving up cigarettes for many smokers is to set the date for Q Day, when you are going to stop completely and, as it approaches, to gradually reduce the number of cigarettes you smoke, day by day, or week by week.

A good system is to decide only to smoke once an hour or to stop smoking between the hours of 9 and 10 o'clock, 11 and 12, 1 and 2, 3 and 4, etc. And then to extend the nonsmoking time by half an hour, an hour, two hours.

You may decide to halve the cigarettes you smoke week by week, giving yourself four weeks to Q Day.

How about smoking half of each cigarette?

In the process of reducing the number of daily cigarettes, try various possibilities: if you have one pocket in which you always carry your pack, put it in another so that you will have to fumble for it. If you always use your right hand to bring your cigarette to your mouth,

use the left hand. Is it your custom to rest the cigarette in the right corner of the mouth? Try the left side.

Make it a real effort to get a cigarette.

Wrap your package in several sheets of paper or place it in a tightly covered box. If you leave your change at home you won't be able to use a cigarette machine.

Shift from cigarettes you like to an unpalatable brand.

Before you light up, ask yourself, "Do I really want this cigarette or am I just acting out of empty habit?"

A smoker may find an unlighted cigarette in the mouth is helpful. Others enjoy handling and playing with a cigarette.

Cigarette smoking is a habit that is usually very well learned—learning the habit of not smoking can be difficult. It can help in breaking into your habit chain to make yourself aware of the nature and frequency of your smoking behavior.



Do you really want this cigarette

100,000 doctors have quit smoking cigarettes

you can quit, too!

THE WEEK BEFORE Q-DAY

Think over your list of reasons why you should not smoke: the risk of disease, the blurring of the taste of food, the cost, the cough, the bad breath, the mess and smell of morning-after ashtrays.

Concentrate each evening when you are relaxed, just before you fall asleep, on one dreadful result of cigarette smoking. Repeat and repeat and repeat that single fact. Drive home another fact the next night and another the next.

Review the facts that you know about the risks of cigarette smoking. Remind yourself that there, but for the grace of God go you, that you may indeed, if you continue smoking, lose six and a half years of life, that—if you are a heavy smoker—your chances of dying between 25 and 65 years of age are twice as great as those of the nonsmoker. Are the six minutes of pleasure to a heavy smoker in a cigarette worth six fewer minutes of life? Would you fly in an airplane if the chances of crash and death were even close to the risks of cigarette smoking? Think over why it is that 100,000 physicians have quit cigarette smoking.

Do You Believe In "Cold Turkey" Quitting?

Yes, for some, no, for others. If you are a really "addicted" smoker, psychologists favor the sudden, decisive break.

For some, gradual withdrawal is less painful and entirely satisfactory.

Some cigarette smokers shift to pipes and cigars—there is of course some risk of mouth cancer from these but over all mortality of cigar and pipe smokers is only a little higher than among nonsmokers, if the smoke is not inhaled.

? QUESTIONS & ANSWERS



What about going to a cigarette withdrawal clinic?

If there is a clinic or program in your community you may find it useful. The American Cancer Society favors such efforts.

Sharing your withdrawal experiences with others and working with them on a common problem can be very helpful. The clinic may make it considerably easier in various ways to stop cigarette smoking.

However, remember, no clinic can provide a sure result. In this matter you must be both patient and physician.

Shall I Make A Big Thing Of Q-Day?

Some find it most satisfactory to work on a schedule in which Q Day, quitting day, is singled out as the important, decisive day in their personal lives, that indeed it is.

Others who have known for a long time that

Keep A Track Record

Many smokers have found that a useful step in understanding their smoking is the keeping of a daily record on a scale like that below.

In your gradual withdrawal you may decide to eliminate those daily cigarettes that you find are rated 1, 2 or 3 on the scale, i.e., ones you want least.

Or you may wish to give up first the cigarettes you like most. In any case keeping a smoking log will give you information about yourself, make you more aware of what your smoking habits are.

You may find that you are largely a social smoker, that smoking makes you feel closer to others, more welcome at a party, that you seem to have more friends. A cigarette may play a surprisingly large part in your picture of your self as a mature and successful man.

How do you convince yourself that people like and respect you for more important reasons than for your cigarette? Try going without a cigarette and see.

PLUS AND MINUS

Write down carefully after some thought in one column the reasons why you smoke, and in another all the reasons why you should give up cigarettes.

As you turn this exercise over in your mind the material will occur to you for one of the two columns. Thoughtful concentration on your reasons for giving up cigarettes is important in changing your behavior.

SCORE CARD

Some cigarettes are more important to you than others. This score card will show you how much you smoke during each hour and how much you want each cigarette on a scale of 1 (low need) to 7 (high need). A check mark opposite 2 indicates a low need.

NEED	MORNING HOURS (AM)												AFTERNOON, EVENING HOURS (PM)											
	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12					
1																								
2																								
3																								
4																								
5																								
6																								
7																								

Approaches in Giving up Cigarette Smoking

1. List the reasons for and against smoking.
2. Select Q Day—change to low tar and nicotine cigarette.
3. Chart your smoking habits for at least two weeks: how many cigarettes, when, the most and least important.
4. Repeat each night, at least ten times, one of your reasons for not smoking cigarettes.
5. Eliminate one category of cigarettes, the most or the least desired.

6. Secure a supply of substitute, ginger root, etc.
7. Quit on Q Day—try the different substitute, the wish to smoke reverts, cough, etc. Find a friend in a busy scene of activity, going to the movies, etc. Take many long walks, moderate drinking.
8. If you are depressed see your doctor, discuss your symptoms.
9. Keep reminding yourself of your reasons for the shocking risk of a major disease.

Dr. Silvan Tomkins distinguishes four general types of smoking behavior. An abbreviated summary of the types follows:

Four Smoking Styles

Habitual Smoking;

here the smoker may hardly be aware that he has a cigarette in his mouth. He smokes as if it made him feel good, or feel better, but in fact it does neither. He may once have regarded smoking as an important sign of status. But now smoking is automatic. The habitual smoker who wants to give up must first become aware of when he is smoking. Knowledge of the pattern of his smoking is a first step towards change.

Positive Affect Smoking;

here smoking seems to serve as a stimulant that produces exciting pleasure, or is used as a relaxant, to heighten enjoyment, as at the end of a meal. Here a youngster demonstrates his manhood or his defiance of his parents. This smoker may enjoy most the handling of a cigarette or the sense and sight of smoke curling out of his mouth. If these smokers can be persuaded to make an effort, they may find giving up cigarettes relatively painless.

Negative Affect Smoking;

this is sedative smoking, using the habit to reduce feelings of distress, fear, shame, or disgust or any combination of them. This person may not smoke at all when things go well, on vacation, or at a party; but under tension, when things go badly, at the office or at home, he reaches for a cigarette. These smokers give up often, but when the heat and pressure of the day hit them, when there's a challenge, they find it very hard to resist a cigarette. A strong substitute, like nibbling ginger root may be useful.

How About Ashtrays?

One school of thought asks, do you leave a bottle of whiskey near an alcoholic? Their recommendation is to get rid of cigarettes, ashtrays, anything that might remind a smoker of his former habit.

Another school of thought takes a different view and even suggest carrying cigarettes to demonstrate to yourself that you can resist temptation. (Choose for yourself.)

Shall I Tell Others Of My Decision?

Some do, some don't. Some find that the wider they spread the news of their decision the easier it is for them to make it stick. Others regard not smoking as their own personal business and keep it almost entirely to themselves. Will you strengthen your decision if your wife and friends know that you have committed yourself?

Will I Gain Weight?

Many do. Food is a substitute for cigarettes for many people. And your appetite may be fresher and stronger.

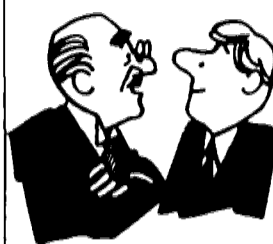
During the first few weeks of giving up cigarettes some psychologists recommend pampering yourself, eating well, drinking well, enjoying those things that are pleasant and fulfilling.

Some people, those to whom self-mastery is vital, get rewards out of controlling their wish for fattening food at the same time that they are taking the urge for cigarettes.

Again, it depends upon the person and his approach.

How About Hypnosis?

Its helpfulness in stopping smoking is not accepted. Why not discuss the matter with a physician if you are interested?



Shall I See My Physician? YES

However, the problem is yours, not his, and he may not feel that he can be helpful. On the other hand he may be able to give you sympathetic support and may prescribe medication. He can be helpful, also, in suggesting a diet which will prevent you from gaining too much weight.

Physicians as a profession have been leaders in acting on the risks of cigarette smoking. The Public Health Service estimates that 100,000 physicians (half of the physicians who once were cigarette smokers) have kicked the habit. A California study shows that only 21.3 per cent of all physicians in the state are cigarette smokers now.

Why Do So Many People Smoke Cigarettes?

Surely one reason is that the cigarette industry spends about \$300,000,000 a year in promoting the habit and in challenging the facts that scientists have produced that point to the dangers of the habit.

Another reason is that something in cigarettes, probably nicotine, is habit-forming; smokers become dependent rather rapidly.

Cigarette smoking is essentially a 20th century habit, encouraged by wars, by brilliant advertising, and by the development of remarkably efficient automatic machinery that produces those millions of round, firmly packed cigarettes.

It is only within the last 15 years that we have learned, through research pioneered by the American Cancer Society, that the personal and socially accepted habit is extremely dangerous. Cigarette smoking is deeply embedded in our life, agriculture, industry, government, the communications media, all have a stake in it. It is still widely accepted, even though proven to be a most certain hazard to health.

Because promotion is important in maintaining the habit's popularity, the Society believes all cigarette advertising in all media should be terminated. We hope that this goal will be achieved voluntarily and that governmental action won't be necessary.

