Needy seek help on tax returns

Library displays
memorial books

.....page 3

Kahn scores 39 in hoop league

# Mountainside Echo 

Your Community Leader


LOCAL ARTISAN TO EXHIBIT MINIATURES- Walter Vreeland of Mountain side, a member of the international Guild of Miniature Artisans, will exhibit his
Lindcraft furniture at Winter Mini Mania, a doll and miniature show, Jan, 31 at the Holiday Inn Jetport, Route 1 , Elizabeth. The program, which runs from 10 a.m. to 5 p.m., costs 52.50 for adults and 51.50 for children. strollers will not be
permitted at the show, but wheelchairs will

## Tulchin named head of ' 82 TWIN program



## Man faces charges after one-car crash <br> ar crash

A 2s-year-old Union man is to appear
in municipal court next month on charges stemming from a motor vehi was driving slammed into a guardrail
on Summit Road and overturned resulting in injuries to three, according topolice. Acar driven by Raymond C. Cataldo 2760 Spruce St., was traveling south on he lost control, police said. Cataldo, in attempts to regain control, swerved the fitto a guardrail. By hitting the guardrail, the car spun around and the back end hit the guardrail again, which A passenger, Keith Frank, 21, of 102 A passenger, Keith Frank, 21, of 1027
Schnelder Ave, Union, received a
moderate head injury after he was hrown from the vehicle. Another
passenger, Anna Gonchar, 19, of 11 satisfactory condition at Overlook cess of TWIN and says she is convinced
"that many more companies will be
participants this year." Nominations for the TWIN Awards
close in the middle of January and is close in the middle of January and in-
formation is available from the pro-
gram coordinator, Betty Keating, at the Westfield YWCA. Tuichin, former president of the
Mountainside chapter, American
Association of University Women, has been active in local politics and civic af
fairs. She holds a BA in theatre and a master's in speech therapy from the
University of Iowa and is employed as an associated realtor with Weichert
Realtors Realtors,
Jan Johnson, Plainfield is assistant chairperson of the 1932 TWIN pro
Other committee heads include:
Helen Dyke, Scotch Plains awards;
Joy Martin, Plainfield, booklet; Mary Enard, Westrield, finance; ; Brenda Anderson, Plainfield, dinner;-Ber-
nadine Liebrich, Westfield nadine Liebrich, Westrield, honoree
reception; Muriel Lewis,' Plainfield,
hostesses. Also, Leigh Levitt, Mountainside, Plainfield, invitations: Pear Plainfield, invitations; Pear!
McMillan, Plainfield, reservations; Malou Osterman, Westrield, sponsors; Ruth Greenberg, Mountainside,
secretary, and Tina yesher, Westfield,
public relations

|  |
| :---: |
| Cataldo, who sustained a |
| as reported to be in satisf |
| 促 |
| nses for driving |
| for |
| ording to |
| In another motor ve |
|  |
| her parked car when the vehic |
|  |
| Roselyn Balak, of Smoke Ris |
|  |
| ildren's Specialized Hospital, Ne |
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|  |

## Council mulls over issue of salary for its members

## The mayor and Borough Council would receive annual salaries of $\$ 1,000$ and \$750, respectively, if a move discussed at Tuesday's Work Session discussed at Tuesday's Work Session many municipalities claimed, "and higher than meeting is passed whem Fet February. The governing body, which currently works without salary, works without salary, will further discuss this proposal at Saturday's Benford and Councilwoman Marily Hart were absent from the session. These wages, proposed by Council President Abraham Suckno. would be earmarked mainly as reimbursements earmarked mainly as rembursements for expenditures which exced the cost of attending the regularly scheduled bimonthly meetings. Suckno said he felt that this salary would somewhat compensate for the <br>  <br>  <br> School board decides to retain 3 adminstrators in new system



At sunning spa, trade the blues for a tan



Testing for diabetes offered Wednesday
$\begin{array}{cl}\text { SPRINGFIELD-The Summit Board } & \text { doughnuts or two sweet rolls or } 3 \text { plain } \\ \text { of Health will conduct diabetic testing } \\ \text { doughnuts; one cup coffee, and one }\end{array}$ for Springfield residents Wednesday Com 9 a.m. to to roon at the Sarah Bailey
The board has issued the following
diet for those interested in being tested. Meals should be eaten $11^{1 / 2}$ to two hours before the screening test. The carbohydrate content is approximately 50 grams. No alcohol should be consumed, preceding the test.
bREAKFAST'
In addition to the foods listed in the bacon or eggs may be used as desired. Breakfast 1: One-half grapefruit or
anices oyange juice; one cup or more of cereal, cooked or prepared; milk for cereal; one to two cups coffee, and four
level teaspoons of sugar-total for level teaspoons
cereal and coffee.
Cereal and coffee.
Breakast 2 One half grapefruit or
ounces orange juice: two slices toast two teaspoons of jelly; one cup coffee
and one level teaspoon Breakfast 3: One-half grapefruit or 4
 Volunteers are needed
to help other people with
tax returns in the
Voluteer. Income Tax
Assistance program, coor-
dinated by the Union
County Regional Adult
School and the Springfield
senior citizens clubs.
Volunteers provide free
assistance to to taxpayers
who cannot afford profes-
sional tax help par-
ticuary those who file
short forms and who
qualify for the earned in-
come credit. NITA
volunteers also assist low Health board picks officers Board of Health heid it organizational meeting Jan. 6. The board fort 198 g . Spiegel, Dr. Allen J. chairwoman; Arthur H. H Buehrer, registrar of vital
statistics Helen E. Maguire setary; ${ }_{\text {Sreetics }}$ Stics Mark and Alan st, sanitarian, Other members of th board are: William Cieri represent Committee Birne, regional Dr Heary ficer; Patricia Cubberley
Viola-P The board will the third Wednessay on each month at 7:30 p.m. in Municinal room of the
seop local SHOP OUR ADVERNISE

## doughnuts; one cup coffee, and one level teaspoon sugar. LUNCH OR SUPPER

 In addition to the foods listed for thethree sample meals, the following foods may be used as desired: cream, butter, salad dressings. pickles and gree Lunch or Supper 1: One sandwich meat, cheese or egg; one cup coffee ing ice cream (any flavor). Lunch or Supper 2: One bowl
soup-vegetable, noodie, tomato,
chowder, etc, No clear bouillon: coup-vegetable, noodle, tomato,
chowder, etc. No clear bouillon; crackers-five saltines, one-half cup
oyster crackers or one roll; one frosted oyster crackers or one roll; one frosted
cupcake (medium size); one cup cof cupcake (medium size); one cup cof-
fee, and one level teaspoon sugar. A
serving of any flavor of ice cream or serving of any flavor of ice cream or
two average-size sweet cookjes can be two average-size sweet cook
substituted for the cupcake. Lunch or Supper 3: one plate unch-with meat, green vegetable and
medium-size serving of potato, rice or medium-ize serving of potato, rice or
nacaroni; two slices bread or two olls; one serving pudding, one cup c
and onelevel teaspoon of sugar.

Views On
Bis SEANT. Fenton, o.m. D.
DOES PREGNANCY CAUSE TOOTH DECAY?

## In pursuit of a precious medieval treasure

Understandably harrowing were their
adjustments to their new environments adjustments to their new environments and in their search for desirable apartments, means of transportation, jobs
and new social lives. Also disclosed are and new social lives. Alfo disclosed are
the functions and difficult modes of operation of the Jewish agencies pro-
vided to deal with-the Soviet emigravided to deal with-the Soviet emigra-
tion process.
PATIENT-DOCTOR RELATIONSHIP by The Clas Prestestal, M.D. After 20 years of practice, the
author-professor medicine at the author-professor medicine at the
University of Washington-writes University of Washington-writes
somewhat cynically and objectively somewhat cynically and objectively
about the medical profession and the physician-patient relationship. He
states that the two chief problems facstates that the two chief problems fac-
ing medicine today are "the doctor's ining medicine today are "the doctor's in-
ability to sustain the edeal of devotion to their patients" interests" and "the wholesale abuse and neglect of the
scientific method," These claims, are thoroughly ex-
plored medical practice, cites unscientific pronouncements, reveals inaccurate conclusions and exposes the arrogance of many physicians and their loyaty and
solidarity with the system. Preston also discusses the place of the physician in the community, dubious or false new
medical claims, the role of therapy and medical claims, the role of therapy and
the existence of quackery. He emthe existence of quackery. He em-
phasizes the need for self-care and the
tesipate in medical decisions.
FAMILY PATTERN
"The Indelible Family."
by Mel Roman Ph.d.
The chief thesis proposed by the
author is that families whether blended, single-parented or dual-careered, or
single-parented "carry single-pare" "Today's family mobility, they assert, "is not a sign of breakup but of opening up." They aim to help u understand how families work. As we
learn more about our own "family life learn more about our own "tamily life
cycle" (a series of changes) we shoul learn how to deal more effectively with solving problems more efficiently as
changes continue to progress. Each stage of the family life cycle adjustment: Stage Two-the decision to raise or not to raise a family; Stat Three-changes in relationships (with sibilities and conflicts when children leave the home for school, etc. In Stage Five, adolescents and adults are con fronted with new questions about se
ual identity, values, etc children marry, separating themselves from the family; adults concer hemselves with aging. The final Stage But the family endures, and thengh nay have created new problems eve nay have created new problems, eve

| AT review offered |  | FAMILY FUN PACK | N |  |
| :---: | :---: | :---: | :---: | :---: |
| The College Review March 27. Center of West Orange has Msth courses are under announced beginning the direction of Morton |  |  |  |  |
|  |  |  |  |
| registration and starting Seltzer, former chairman |  |  |  |  |
| 崖paring high school wee |  |  |  |  |
| juniors for the March Scholatic Aptitue Tests | former director of the |  | ${ }_{\substack{\text { EXPIRES } \\ 2 / 28 / 82}}$ | 0 |
| (SAT). | Education |  |  |  |
| First session for the Saturday morning class is | Yo |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  | may be obtained by ing 731--995. |  |  |  |
| and the Wednesday afternoon class, Feb. 17. Each |  |  |  |  |
| course will meet once aweek and finish classes |  |  |  |  |
|  | RIGHT PERSON with a |  | EXEIRES 2/28/82 |  |

## Just moved in? I can help you out.

 $\pm=2$


467-0132


Dental Health

| myth to rest. Pregnancy does NOT cause tooth decay. It is tors may lead to this erroneous. conclusion. During pregnancy, women tend to be busier th. Once the baby arrives, she is even bussier. Instead or six months, it may be a year or more befween visits. obviously, more dental wark of one or two years than in a six-month checkup. <br> rcourse, women experience ing pregnancy. These changes may prodice a temporary condition of puffiness orbleeding of |  |
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|  | Babies |
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|  | bic service to promote |
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That's rigtt! Effective January 1, 1982, every wage eamer, whether or not covered by a retirement plan, is eligible toinvest in an indi-
vidual Petirement Account. DEPOST and
隹 $100 \%$ ot your eamed income, whichever is less from CUARENT
TAABLE NCOME THis amount may be increased $\$$ S.2.50 year it your spouse receives no compensation and you fie a Popit
retum. II your spouse is employed, each may deposit up to 52 . 000 in



## 

UCTC's interest rate will be adjusted quanterly in keeping with the
mos recent Federal auction of one year Treasury bills However,


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(201) $931-6600 \quad$ (201) 787-0100
WUNION COUNTY INWONMOUTH COUNTY IN SOMERSET COUNTY
(\$) United Counties Trust Company

## Library to display memorial volumes



## Diving without coverage leads to fines for three

Were found guilty this week of driving
with no insurance in decisions handed with no insurance in decisions handed Judge Malcolm Bohirod. Richard A. Walden of 90 Atlantic Ave. in Eong Branch, Claire M. Davis of 500
Summit Rd. in Mountainside and Elias Rodriguez of 454 Mulberry $S t$ in Newark each were fined $\$ 50$ and $\$ 15$ court posts and had their licenses revoked for six months.
In other court business, four people were found guilty of driving while on
the revoked licenise list. Leonard ureton of 919 E . Blancke St. in Linden,

Woman hurt in two-car crash
SRINGFIELD-A admitted going through property, after he was listed in satisfactory con- traveling west on Morris for driving with no back Tuesday at Ave. Watter was reported windö̈. mit, after she received in a car driven by her hus- car revealed it was ision tast week at the in- when the accident occur, armed robbery on Dec. 20 ersection of Morris and red. topolice. Watter 25, of 15 husband both were taken Fuentes also is wanted on
Laurie Laurie Watter, 25 , of 15 to Overlook where they $\$ 2,100$ of warrants from Oak Grove Rd., was were treated for minor in- $\begin{aligned} & \text { East Orange for failure to } \\ & \text { eportely injured when juries and released. } \\ & \text { he car she was a. In another incident, }\end{aligned}$ apear in municipal court. passenger in collided with police another also incident,
charged $\begin{array}{lll}\text { Carolonva III of Alfred E. } & \text { Michael Fuentes of } 160 \\ \text { Morest } & \text { Dodd St. in East Orange. }\end{array}$ Dr. in Short Hitiv, with possession of stolen.
Police said they have charged Carolonza with
running a traffic light and running a traffic light and


AKE DAY CAMP - BROOKLAKE DAY CAMP

## brooklake day camp

## Expanded Sports for '82

 pools and instruction on swim pools oymnastics racquetball horseback riding, arts \& crafts, dance, music, rainyday program clubs, (choice), professioNewark was found guilty of drunken
driving and fined $\$ 200$ and $\$ 15$ court
memory of Raymond W. W. Eddy by Mr. and Mrs. Nicholas Bradslaw. Michae
Doyle's "Color Drawing" is a felt marker, colored pencil approach fo design drawing, illustrated entirely in color. Students, teachers and profes practical techniques and creative in spiration. "A Documentary History of
American Interiors from the Colonia American Interiors from the Colonial
Era to 1915," by Edgar deN Mayhew an illustrated and thoroughly research ed writing, makes American interior from the past come alive in detail. Geraldine Pannick will feature two ad Gerialdine Pannick wid reature two ad
ditional books donated by Mr. and Mrs Byron Dimmick, Mr. and Mrs. Georg Keller Jr., Mr. and Mrs. P.E. Krystow
and Mr. and Mrs. William Tetley "Or chids: Flowers of Romance and Mystery, by Jack Kramer, presents a
stunning panorama of the whole
magnificent orchid magnincent orchid family, coverin
the structure and biological process the history of their cultivation, their geographical distribution and the color
ful lore surrounding them. ul lore surrounding them.
Genera Illustrated" contains exquisit color pages highlighting the more com Ave in Scotch Plains and Jose Carrico
of 521 Westminster Ave. in Elizabeth each were fined $\$ 200$ and $\$ 15$ cour operating an uninsured vehicle and fined an additional $\$ 50$ and $\$ 15$ court costs. His license was revoked six months for Charles E. Biol in Hillside was found guilty of drivin while his driver's license was suspend-
ed and was fined $\$ 200$ and costs.

## Co-Ed' Magazine names Haughey correspondent

student Caitlin Haughey has been named Co-Ed correspondent for the 1981-82 school year, according to an announce-
ment by Kathy Gojick, editorial direcCoed/Forecast Magazine. Haughey is an eighth-grader who has
been active in Student Council music and drama productions, and other acivities at the school. She serves on the
school district's Affire Committee and is a particive Action gifted and talented student workshop As a seventh-grader, she was one of a
select groum mitted to take the college level Seled or her qualities of leader ship and her enthusiasm for hom the honor by Suzanne Muller, her home She will serve Co-ed editors. Like other Co-ed cor
respondets throughout the Unite respondets Chroughout the United
states and Canada, she will keep the states and Canada, she will keep the
editors informed of activities at her school.
Co-ed, Co-ed, published nationally
Scholastic Scholastic Appitude Test as part of a
search for academically gifted students stadents, contains features on persona
development, careers and consume

## Two juveniles charged

 with having stolen carawait a court hearing after they were possession of a stolen vehicle and possession of burglary tools, according
A third suspect escaped, police said.
The three Newark youths were
observed by police in the Echo Lanes parking lot, at about 9 p.m., after they round a car and were seen walking discovered the car to be stolen, called in said

The sehicle was found to have hops. The side the car, according to police. One of the juveniles was caught and arrested on the scene, another was ar
rested near the Echo Queen Diner Police were unable to apprehend the third juvenile, they said
The duo was released to their parents and awaits a court hearing, according Town offices closed SPRINGFIELD-The municipal fices of the Township of Springtield will Me closed tomorrow in honor of Dr

## Franks moves to bar decompression use

Bob Franks (R-22) has field, I am compelled to tion to the problem introduced legislation pro- object to the continued use associated with the con
hibiting the use of decom- of decompression tinued use of decompres hibiting the use of decom- of decompression tinued use of decompres
pression chambers as a chambers for animal sion chambers. They have means of putting animals euthanasia.
to sleep. The use of these "I applaud the efforts of my mattention and Ition to to sleep. The use of these "I applaud the efforts of my attention, and I believe
chambers, he said, is cruel private citizens and that my bill, A-3769, will chambers, he said, is cruel private citizens and that my bill, A-3769, wil
and unnecessary and in animal welfare groups solve the problem and unnecessary and in animal welfare groups solve the
jections of sodium that have focussed atten- Franks said phenobarbitol, widely us-
ed elsewhere, is a far
ed elsewhere, is a
more humane method
achieve the same end.
" "that we listened to the
growing crescendo of pro-
tests from
or tests from animal welfare-
organizations and
anim animal lovers who deplore
the barbarian use of
decompres. decoimp m
chambers.: sion chambers decompres subjecting already ailing Subjecting already ailing
animals to a degree of
pressure that is up to pressure that is up to 100
times greater than the times greater than the
pressures that jet fighter pilots experience
chambers decompression sometimes loaded with dozens of animals at a time, Franks
said. This sort of accounts for the so-called cost effectiveness of this
method of animal elimination, he added. "I have read the reports
of the Humane Society of the United States, and

## 

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$P_{\text {eople }}$

Bapbaris


 The Kessel family proudly greets their new baby boy,
Michael Steven. Also pictured are parents Leona and Mark and daughter Julie Beth Kessel. As the first baby family will enjoy all of the prizes listed below.
city Feder invis
$s(1 P A)$
irement $A C C O$ ints nommo

| to Springftid's Family of the yer s10.00 Gift Certific |  |
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|  |  |
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| Springfield's First Baby <br> A Delicious Cake complimen's: | springtield's ist Baby S25 Savings Account BERKELEY FEDERAL |
| LA PETITE PATISSERIE | 促 |
| 721 Mountain Ave. Springfield -376-6965 | Mañolice: 555 Millburn Ave, Short Hills $\quad 467-2800$ |
| \$25. Savings Account Opened in Boby's Mumb |  S25 Saings Accour |
| SPRINGFIELD Banking Center 223 Mountain Ave. Springfield • 379-5050 | The HOWARD Savings Bank 722 Morris Turnpike Short Hills 376-3810 |

a ONE YEAR SUBSCRIPTION TO THE SPRINGFIELD LEADER

## The State We're In

any other age group. However, the ion-
pact of being a victim it much more
evere. fore the ederty. Fhystal
 compound injuries suiffered in a
physical attack.
In addition, about onethird of the population over 85 live alone or with
pon-ittatives, which means they lick noo-retaives, which means bey lack
social support in the event of a crime.
And many senior citizens live on fixed And many senior citizens live on fixed
incomes, so that the loss of money or
property is particularly dificult to property
The elderty, as do other Americans, want crime and criminals brought
under control. They want to be safe in the streets and secure in their bomes. In a bid to cirrb the increase in crime, I am supporting several proposals aimed 10 most important of those recommen-
dations are included in HR 4898, the Some of the basic proposals containcing for individuals using firearms in a felony, reforming parole practices, pro
viding for the construction of more
prisons and revising the - insanity prisons In addition, several members of Con-
gress joined in a letter to President
Reagan urging him to give the crime
problem. top priority behind his
economic recovery plan. We must focus
national attention on this crisis and
develop new ideas to improve anti-

## Government



## Legislative addresses

The Senate


In layman's terms, we are talking
about the innumerabie about the innumerable natural cross-
pollinations which have occurred through the ages to create our prizent planet, this process would contitive. gradually and unnoticed by any of us forms are killed off by man's tinkering with the environment? Will what re-
mains, including us, be able to survive?
fiction theme to impress too manty per sons. But that's too bad, because it' growing more apparent all the time
that this subtle and litte-noted situation may really be a threat to human sur nuclear warfare, enargy depletion or Generally speaking, the smaller the
number of species we have, the more vulnerable we are to major disaster And species are now becoming extinct at a faster rate than has eve
in the history of life on earth.
If we narrow the vanishing ppecie
problem down merely to the field of probicm down merely to the field of
agriture, we realize that onfy aboot 15 species of plant life separate the
world from starvation. How many of those plant types which became extinc
before we knew about them are the needed to improve existing breeds so
that a growing population can be fed? that a growing pope
We can only wonder
There is virtually no recognition of this problem in government which
should be worrying about beedless
destruction of huge natural forest systems, such as the Brazilian forests. It's a point which so far has escaped
almost everyone in the U.S. Depart-

If anything, state governments like
ours in New Jersey are trying to do ours in New Jersey are trying to d
tangible god trough programs to nur ture endangered species of all kinds
But in New Jersey, as elsewhere, there But in New Jersey, as elsewhere, there
is a dearth of needed basic information on remaining habitats, which species inhabit this state and how they interact.
The Nature Conservancy some years ago propused beritage program" for
New Jersey to undertake such imporpant inventory studies, but it's never Green Acres Program, where ope remains ignorant of this problem, con centrating on
tional needs.
The best hope in New Jersey lies with the Natural Areai Program and the un-
financed State Natural Lands Trust, Perhaps an environmentally sophisticated governor like Tom Kean
will take it upon himseli to reactivate will take it upon hiraself to reactivate
these neglected corners of government. these neglected corners of government.
Ihope so! For the problem isn'tiust somewher here in New Jersey, Just supppoe that mold strains which browight primitive drugs like streptomycin. Now supppoe
that even more wonderfu breakthroughs could have been (and probably were) possible. Hindsight will
always be blind to what could have

## Letters

Letters to the editor must be received
no later than o a.m. on the Friday preceding the dateo of the the in which ceed 350 words and stould bhe typed with double spards and stiould be typed with
 reverd derng betme wither mini be writer s patie wift te wutheltonty the Citior safscretion
This newipaper reserves the right to

## Toportretiy Clatruent:

 바루z표

## UNITED WORKERS

 4
## Your Mental Health

## Survivor's Syndrome is special

By GEORGE M. WLLSON, MD
The last of the Nazi concentration The last of the. Nazi concentration
camps and exterminatoon camps was
liberated some 35 years ago, and the remaining survivors freed. But for some of these survivors, the horror
remains-burned deeply, in their remains-burned deeply in their
psyche, allowing them no peace of mind
and leaving them subect and leaving them subject io a host of
psychological and psychiatric DSycholog
disorders.
Many Msychiatric help, and so we are able to earn about the special kind of emo-
tional trauma from which they are suffering. It is not only they who are
traumatized, but also their children, and quite a number of these, too, have The ailment has by this time become distinguishable, that we have been able
drome."
The typical picture we see when a survivor comes for treatment is this:
The patient is depressed, worried,
unhappy, insecure, unable to draw unhappy, insecure, unable to draw
much satisfaction from life, work or he rest of society, different and separated from everyone else. There
are chronic sleeping problems: sleep does not come easily, and when it does
t troubled by bad dreams; also there is frequent awakening. The pacient is very likely to be overweight from
overating. There are chronic bowel vereating. There are chronic bowe
problems.
and other varied One would hope that, after 35 years,
they could put some of the trauma they could put some of the trauma
behind them, but they cannot. What is
even more remarkable is that it is not You and Your Money
so much their own suffering that keeps
coming back to them, but rather the coming back to them, but rather the
suffering and especially the death, of
loved ones-wife or hustand, parents, loved ones-wife or huspand, parents,
children, brothers aud Sisters, aunts
and uncles and cousine. and uncles and cousins. What is most
difficult for them to bear is the fact that they, themselves, survived while their
relatives were annitilated. relatives were annihilated. Though there is no realistic basis for their feel-
ing, they feel that, somehow, they were responsible for the death of their
relatives, that it was they who, somehow, cheated their relatives out of
life. It is not all uncommon for someone Wife. It is not all uncommon for someone guilty about having quarreled with that
person, or for not having been as kind person, or for not having been as kind
and patient as one might have been But and patient as one might have been. But
the guilt which the concentration camp survivors feel is much more intense and dufferent. They feel guilty about being
alive while a chidd or parent or mate is dead. if to compensate for this guilt, or As, if to compensate for this guilt, or.
to justify their own survival and ex-
istence, they throw themelves int istence, they throw themselves into.
their work, business or profession and strive as hard as they can for success. been through what these survivors have are able to muster their emotional,
mental and physical resources toward mental and physical resources toward do, and most do suceeed. Yet, this does
not free them of their distress and their psychiatric problems and, whend they do
come for treatment, their condition is quite difficull to treat.
A But the problem does, not stop there. A large part of it is passed on to the
children. TTe children of survivors pre-
sent a special kind of psychiatric pro.

## Credit union could be an asset

a. Ryuviruct rinaones
Q. I have been interviewing -
several companies for ny first job.
A couple of them have told me
have a great credit union A couple of them have told me they
bene a great credit union. Is that a good
bentit to consider?-S. A.: A credit union is a group of people who agree to save their money together
and make loans to each other from the and make loans to each other from
savings pooldt a low interest employees of the company. A credit union could also be from a union, a
fraternal order, a church or even a cloternal order, a
community. The members of a credit
officers and committeeper officers and committeepersons and sel The effectiveness of a
lies in how much you want to tredit union plans, Mife credit unions offer savings Soneme credit unions alco offer fincial couinseling to its members Should the company you decide to
work for have a business failure, there
against toss. which will protect you
A credit union can have value over sa crings and union can have value over a
both nonkrofit and is is that it is come tax. The credit union must generate only enourg income to meet
its generally modest expenses. Hence pays a higher interest on savings, and anns. charge as high interest rates for
I believe you will find a credit union a Q: How do Ifind a certified financial planner? What kind of information will a certified financial planner provide
me? -.M., Sti Paiul, Minn. A.: Let me answer you second guesA certified financial planeer (CFP) should provide you with a step-by-step approach for meeting your financial
goasls. A sound CFP will systematically how you how to manage your cash flow, review your insurance needs, help you reduce your income taxes, provide
an estate plan, and also give you an in-

The planning process is invaluable to individuals with the simplest to the
most complex situations. Your plan should provide an analysis of your cur rent finances an projection of objec-
tives for the future and recommendaA good CFP should give you a proper
implemented financial plan which will inpludented input from advisers who are certified public accountants, at There should be listings for CFPs in your local Yellow Pages. Also
brokerage houses such as Dean witter Reynolds or Merril Lynch have CFPs
on their staff. An unusual idea for Christmas, or al Pear-round for that matter: Courtlan vented an unusual game, "Stick the IRS", to introducte tax shelters to the in
vesting public. vesting public. The cost is $\$ 19.95$ per
set.

blem. While the parents, in most cases
avoid speaking about their concentra avoid speaking about their concentra-
tion camp experiences and about the death of experiences relatives, it is is nol
something that can be easily effaced something that can be easily effaced.
When the children ask about relatives who are not alive, the parents have to
tell them when and how they died. And
the parents do not have to express their the parents do not have to express their
guilt openly for their children to guilt openly for their children to know it. It communicates itself withoult
words. In that way, the complex of guilt words. In that way, the complex of guilt
passes from parents to children, and
the children react in much the same manner as their parents-with depres sion, insecurity, alienation,
psychosomatic disorders nistrust and suspicion of others and
difficulty in mating difficulty in making close relationships.
They, like their parents, find They, like their parents, find
themselves driven by the need to suc ceed and to prove themselves in order
to overcome their insecurity and guilt a overcome their insecurity and guil
and to justify their parents' survival What makes it so difficult to treat
these patients-children, as well as patients-is that they are living in a
culture of the dead. It is difficult for a pature of the dead. It is difficult for a pather, deep, painful emotions, when the
subjet subject of that emotion is a distant
memory or a fantasy-a vague image memory or a fantasy-a vague image
conjured up by the imagination. We are concerned, as psychiatrists,
with finding more effective ways of helping patients suffering from what
we call "the survivors' syndrome" This column is from The carrie Foundation, a psychiatric facility. In-
quiries should be addressed to The Carquiries should be addressed to The Car-
rier Foundation, Belle Mead, N.J.
08502

ountainside Public Notice


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## Minutemen wrestlers debut with victories...

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## Dayton 'depth' sinks Madison


...while Dayton suffers through pair of losses


## There's neverbeen a better time for

 Hinctoch> COLLEGE BOARD EXAMS COURSES BEGIN SOON FOR March Scholastic Aptitude Tests (S.A.T.) Coll COLLEGE REVIEW CENTER
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## Don't MISS A WEEK OFLOCAL NEWS CALLESA-FT70 FOR HOME DLIVERY <br> J.DOMAN <br> Carpenter <br> - DO IT "ROOM.by-ROOM" <br> - Consullations For <br> "Do-lt-Yourselfers" <br> Use An Expert Carpento <br>  <br> 20 venes appenince <br> 686-3824




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## Precipitation off $\mathbf{2 0}$ per cent from 1980

Proctpitation accumulation 20 per
 weather plecture for this area last year according to weather data released by
Union Colloge's Copperalive Weather Station.
Total precipitation for the year (raina $a 1$ and melted snow) was 38.25 inches,
5 inches (approximately 20 per cent) below normal. This marks the second consecutive year in which total
precipitation has been more than nine inches below normal, according to Raymond $J$. Daly of Peapack, head of the Added session set by ice rink

The record was ;set in 1955, the last
 The low tigires aceunulated. Tere low figures compare with a
recrar high accumulation of 63 inches
The snowfall for the year exceeded the previous year by four inches. The
1981 total of 15.7 inches (which melted to 1.5 inches of water) occurred in only
three months: January ( 6.7 inches) three months: January (6.7 inches).
March(7.5 inches) and December(1.5 inches).
The greatest amount of snow to fall in

## County colleges unit given UC-UCTI audit

## A preliminary pro forma audit of Union College, Cranford <br> nion College. A

 Conion College, Cranford, and Union Plains, prepared by Arthur Young \& Co., was accepted by the Union CountyCommunity College
Reorganitation Reorganization Committee.
The committee agreed to send the,
preliminary report to the governing preliminary report to the governing
bodies of both schools. Company representatives have agreed to appear represe both governing bodies to explain the contents of the report and to answer questions. J. Mondi, chairman, said Bernard J . Mondi, chairman, said
contents of the report will not be made public until it has been reviewed by the
governing bodies.
The Union County Board of Chosen
Freholers hired the firm to conduct a special study of the community college
system as a step in the merger of Union
special report is the preparation of a
forecast of the "most probable finan-
cial position" of the entity atter the cins position" of the entity after the two
institutions are merged The special report also will include a combined balance sheet of Union College. UCTI and the Union County Voca-
tional Center, which is also operated by tional Center, which is also operated by
the Board of Education of the Union he Board of Edacation of the Union
County Vocational Schools as is UCTI, and a combined balance sheet of the
college and UCTI for the same college and UCTI for the same dates. A revenues, expenditures and other changes, of expenditures and other
1980 and 1981 fiscal yitutions as of the 1980 and 1981 fiscal years also will be
prepared by the firm.
The reorganization committee was. organized to implement a mandate of the Union County Board of Chosen Freeholers that the Union County Communty College System be restructured
under the Rutgers Model to resolve pro-

The Rutgers Model provides for allocating the governance, control, conof the Community College between two boards: A Board of Trustees, which
would have 11 members and a Board of would have 11 members, and a Board of
Managers, currently the Board of Managers, currently the Board of
Trustees of Union College, which would retain ownership and control over the
Union YMHA will hear poet
UNION-Poetry readings by Hester
Dawson will be presented at 8 p.m. today, at the Eastern Union County YMHA on Green Lane
Poetry by Dawson has appeared in an Poetry by Dawson has appeared in an
anthology compiled by author. William Sophire, as well as in the New York
Times and Washington Post. She is a Times and Washington Post. She is a
member of the New Jersey Poetry
Society and her works also have been

The college's annual weather report
included data for De included data for December as well as for the entire year. Total precipitation for the month was slightly above nor-
mal: an accumulation of 5.2 inches was mal: an accumulation of 5.2 inches was
about an inch above average for about an inch above average for ches below normal
1.5 inches falling.
1.5 inches falling.
Temperatures for the month broke no
records. The thermometer reached a maxium of 58 degrees Dec. 2 and a minimum of 8 degrees Dec. 21. The highest temperature recorded for any December ( 75 degres) was set in 1977 , adopted by Rutgers University when it was designated as the State University
of New Jersey.

The 18-member Reorganization Com mittee is comprised of representatives of the Union County Board of Chosen
Freeholders, County Manager George Freehotders, County Manager George.
Albanese and representatives of Union
$\qquad$ Following Dawson's readings, there will be open reading by members and
guests and wine and cheese will be Admission is 50 cents for members, formation is available by calling Rene formation is available by calling Renee
Drell, 298-8112

Jerseyans got $\$ 170$ million in SSI assistance
Supplemental Security Income (SSI)
payments of $\$ 170,690,000$ were paid to same $\$ 4,192$ needy aged, blind and
som disabled people in New Jersey last iscal year, according to John H. Mc-
Cutcheon Cunchagen, in Elizabeth.
Onal
Of the
Of the total payments in New Jersey, the federal share was $\$ 144,032,000$;
federally-administered state supplementary payments added $\$ 26,658,000$.
Some 4 milli
Some 4 million people are now recelv-
ing SSI. In fiscal 1981, payments totaled about $\$ 8.3$ billion ( $\$ 6.4$ billion in federal funds dad \$1.9 billion in state funds). administered program is a federally basic cash income to people in financial
need who are 65 or older blind need who are 65 or older, blind or
disabled Currently, SSI provides up to $\$ 264.70$ for one person and $\$ 397$ for an "Everyone who qualifies for SSI will not receeve that amount,", McCutcheon said. "Some may get less because thay
have other income, while some may get more if they live in a state that adds money to the federal payment." SSI is not the same as Social Security,
even though the proiram is even though the program is ad
ministered by the Social Security Administered by the Social Security Ad-
ministration. Money for SSI-ehecks come from general funds of the U.S. Treasury; Social Security benefits are paid from payroll taxes.
People who receive Social Security
checks may also be eligible for SSI, but ta person does not have to be eligible for Social Security to get SSI. More information about the SSI program can be
obtained by contacting the Social obtained by contacting th
Security office at $800-272-1111$.

AAl to discuss energy in space



 den




 regular meeting on the third Friday of the month in
the Campus Center Theatre which features talks on
astronomical subjects. AAI hosts weekly viewings of th heavens on all other Fridays in the Obsevatory.
All programs are open to the public free of charge.

## Adult signups slated

Adult Education courses at Union Catholic
Regional High School will begin on Tuesday. Feb. and Wednesday. Feb, 3, Registration forms, due by
Jan. 26, may be obtained by calling the school office Courses to be offered cater to a wide variety of inbasic German for travellers; French conversation and travel; introductory Spanish: computer pro-
gramming death, dyyn, the worte of spirits, the current movie scene: high-risk films; pspchology of
the adolescent: American history: 1919-1941, and beginning chess.
Further inform may be obtained from Brother Michael Laratonda,
director of the Adult Education Program at Catholic


EAST ORANGE MILI END SHOPS c) 1 E1 ! BEinin BE SAVEUPTO50\% AND MORE $\frac{1}{c}$ Cor nainu ims initition of
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\text { Dress \& Sport } \\
\text { Shirts } \\
\text { Now }{ }^{s} \text { 10 sazeses }
\end{gathered}\right.
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## this week



## Rabbi Dresner to speak

 at anniversary brunch

## University.

the New Jersey Clergy and Laymen Concerned About vietnam. He is past
president of the New Jersey Committee against discrimination in housing, a
member of the American Civil libe ties Union and the Urban League, and is a life member of the National Associa
tion for the Advancement of Colored People. He was a close colleague and personal friend of the late Dr. Marti Luther King and the first rabbi to be ar
rested in the civil rights struggle. He rested in the civil rights struggle. He
was incarcerated in Tallahassee. Fla in 1961 in the first interracial, interfaith clergymen's freedom ride. advisor on Jewish questions and fre quently served as an unofficial liaison
between the Jewish community ard the civil rights movement. Among his, awards from organizatsrael Bonds, the American Jewish
Congress, the NAACP, the ACLU and Temple Shar
on on the brunch Sunday lunch The Springfield Chapter of Women's bowl Sunday lunch which will be side doors Jan. 24 at noon.
Featured for purchase will be three
sandwiches made with a quarter pound Kosher meat, including roast beef,
turkey, Bologna to a can of soda, chips and dessert. The money from the purchases wil
be used to complete the School Engineering in Israel. Additional information can be obtain
ed by calling Linda Kirsch at 467 - -478.01 Lorraine Rubin at 374-102 Christine Lynn born to George Forces
A doughter, Christine Lynn Force, Surnit, to Mr. and Mrs. George D. ple's first child.
Mrs. Force, the former Lori Schwabenland, is the daughter of. Mr. Place, Uhion. Her husband is the son of Mr. and Mrs. G. D. Force of Westfield. Maternal great-grandparents a
and Mrs. Louis Salzer of Union.

Lodge dance set Saturday
B'nai B'rith Lodge President Barney, nual menbership dance will be held
Saturday at Temple Beth Ahm in SprAdmission is open to all lodge
members who have paid their 1981-82 dues and old or new members have bues invited to join and enjoy the even-
ing for a nominal charge. The entertainment will start at 9 p.m.
nd will feature the music of Dick Gardner and his Orchestra.
Refreshments will be served, and

## Award event

 is scheduledThe Northern New Jersey Region of
Hadassah will hold is annual Myrtle

on. Marge Levine of Roselle, Myrtle reath chairman, has announced that niversary of Hadassah.

## must be made in advance throutions

 chapters. made in advance through the ship scroll was done by Etta Leffi of Rabbis give course to Judaism converts A 15-week course for ProspectiveConverts to Judaism will be offered by three rabbis in Union County Thursday evenings from $7: 30$ to $9: 30$ p.m. beginning Feb. 11 in Temple Emanu, El, 756 E. fer instruction in basic Hebrew, a survey of Jewish history, Hebrew, a introduc-
tion to the Jewish holidays and tion to the Jewish holidays and a discus-
sion of the principles of the Jewish sion of the principles of the Jewish
faith. The rabbis are Gerald Goldman of
Temple Sholom, Plainfield Charles Kroloff and Howard Seldin Sommer, both of Temple Emanu-El of
Westfield.

Church group plans meeting on Wednesday
The Ladies Evening Group of the
First Presbyterian Church; Springfield, First Presbyterian Church, Springfield,
will bold its first meting of the new year Wednesday-a $8: 15 \mathrm{p}$
parish house on Church Mall. Charlotte Pierson will lead the group 1982 .
The officers are June DeFino, chairman; Rita Garafolo, vice chairman;
Bea Roth, secretary, and Yolanda Bea Roth, secretary, and Yolanda
Rueda, tredsurer.
The buliness portion of the will be led by Mrs. DeFino, and slides will be exhibited by Madeline Lancaster, program chairman. Spiecher and her hospitality commit-
tee.
Monthly Glass-In to be held Saturday The Jonathan Dayton Regional High
School Key Club, Springfield, will hold School Key Club, Springfield, will hold
its monthly collection of paper, glass its monthly collection of paper, glass
and aluminum for recycling Saturday from 8 a.m. to $3 \mathrm{p} . \mathrm{m}$. in the high school parking lot:
Residents have been urged to bring
glass sorted by colors with metal rings glass sorted by colors with metal rings
removed, newspapers tied in bundles
and any sort

## and any sort of aluminum.

Springfield B'nai B'rith
will meet on Wednesday



The B'nai B'rith Women of Sp
ingfield will meet Wedresday at noon id Temple Sha'arey Shalom, Springfield.
A Dolls for Democracy program A Dolls for Denocracy program wil
be presented by Barbara Fried of Spr ingrield.
Mrs. Fried is a past president of the set Jan. 31 Union Chapter of B'nai B'rith and is a
member of the Union and Springfield chapters.
The program is sponsored by the Anti-Defation League of B'nai B'rith. religious and ntional backgrounds and is presented to school children, children confined in hospitals, senior citizen
groups, Boy Scouts, Girl Scouts and other clubs and organizations.
The public is invited to attend. A mini
Red Cross Auxiliary to sponsor bus trip
Une Clara Barton Auxiliary of the Red Cross will sponsor a trip to the Brendan Byrne Meadowlands Aren Jan. 23 to see the "Ice Capades." The
group will see the 11 a.m. performance Additional information can be obtain ed by call
2519.

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Y swim classes to start

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 those under and up for trawl. etc. Canne eombin-
 at $3: 30$ p.m.; $2-$ For the
small child who has com- SWNCHR ONIZED pleted Tiny Beginners 1. SWIMMING-Der girls, 8 to 14 , who Wednesdays at $3: 30$ p.m. for girls, 8 to 14 , who want
and Fridays at 4:30 p.m. BEGINNERS 1-Six chronized swimming. Not years old or first grade Wednesdays from 5 to 6
and up. Learning to $5 w i m$ pome in progressive classes. p.m. 1 FES A Y I
Mondays at $3: 30$ p Mondays at $3: 30$ p.m.; PREPARTIONS- ThirteSaturdays at $9: 30$ a.m.; coed class for in 2; New skilk added for termediate swimmers. those who have completed Thursdays at 4 p.m.
Beginners 1 : Monday, 4 A D V A C E p.m.; Tuesdays, $3: 30$ p.m. LIFESAVING-Coed; fo
and Fridays, $4: 30$ p.m.; Red Cross certification




## Yanchus loves balance as Bulldogs romp by 22

By RON BRANDSDORFER
Bulldog basketball coach Bulldog basketball coach. Ray
Manchus isn't a difficult fellow to please. All it takes is a three -game winning streak, a $5-4$ record and a 68
46 laugher over 46 laugher over Middlesex on Tue
day afternoon in Springfield. day afternoon in Springfield. "We're 5-4 and improving;" Man-
chis boasted after the big Mountain
Valley Conference victory. "We've won three in a row, all must games,
and now we're over 500 . That sets us up for a better psychological stand point. The kids are really flying,"'
And they should be, too. First the And they should be, too. First they
came from behind in the closing came from behind in the closing
seconds to stun Ridge, 44-43, on Friday and then they walked all over Middlesex
Look out Look out basketball world, her
come the Bulldogs come the Bulldog
The victory
couldn't have bee over Middlesex pressive, at least from more in
standpoint standpoint. The Bulldogs receive
balanced scoring bald some scoring and rebounding play. ${ }_{17}$ Eric Saline was the high man with 17 points, but Geoff Bradshaw was
right behind with right behind with 14, Danny Circelli
had 12, Ron Fuse Kyle Huggins added 10. And off the boards. Huggins grabbed 13 re bounds, followed by Bradshaw with
nine, Saline with nine, Saline with seven, Circelli with
six and Frisco with four. Circelli also six and Fusco with four, Circelli also
made five steals. made five steals.
No wonder Ya
"We finally got a unit that's really clicking together," he beamed. "We've still got a ways to go, but
these kids are looking for each other, hustling and helping each other out."
The outcome was never in doubt
after a $10-2$ opening spurt. It was after a 10-2 opening spurt. It was
dee-fense, dee-fense and more dee fence after that, and middlesex
never had a chat were out of the ballgame by were out
halftime
he
lead Bulldogs breezed to an early lead against Ridge, too, but they didn't maintain that intensity. dogfight and Ridge was right back in the ballgame. In fact, Ridge led by three, 41-38,
with four minutes to with four minutes to go in the game
but Huggins and Bradshaw "hit jumpers to give the 'Daws a one point lead. But Ridge grabbed the


## Kahn wows Yale with 39 points in township basketball opener <br> By ROBERT STEIF <br> wanstrom's six points in each of the

Once again as January rolls around,
there can be heard on Saturdays the sound of sneakers against the gym
floor, the sound of a basketball swishing floor, the sound of a basketball swishing
through the nets and the sounds of coaches directing their players. Springfield's basketball leagues, all
three of them, are alive and well even if three of them, are alive and well even if
the teams have fewer players this time the teams have fewer players this time
around. The Ivy League began its first game with one team having to forfeit and another playing with only five
players. The State League, for the se players. The state League, for the se
cong year in a row has only six teams
and the Small Fry Lego is the and the Small Fry Leagu
one to remain the same IVY LEAGUE
The season opened up with the usual stellar performances by some, and a very unusual forfeit by Dartmouth.
BROWN 38, COLUMBIA 17: Brown dominated the game from the start,
opening up an $11-2$ lead after one quarter Rob Fusco played tough defense and Brian Cole blocked shots to
lead the way Chris Clemson had five lead the way. Chris Clemson had five
points and four assists. Joe Colatruglio points and four assists. Joe Colatruglio
and Glen Raltuch contributed four and
two points a game-high 15 points and Cole adder
12. Johnelusardi and Dave I.ittenher each scored six for the losers.
PENNSYLVANIA 52, YALE 4 Meixner and Joel Greenberg combined
for 39 points to lead Penn to the win.
despite 39 . despite a 39 point effort by Eric Kahn
Meixner ripped the nets for 22 and
Greenberg had Greenberg had 17 points. Chuck Saia
added seven points and four steals for the victors. Adam Jacobs and Rich
Hardy added the other points, Jimmy
Xe, Jim Ruban and Gregg Walsh also Yea, Jim Ruban and Gregg
scored for Yale
HARVARD 29, PRINCETON 26: Tom HARVARD 29, PRINCETON 26: Ton
Kisch's basket with 30 seconds left put
Harvard ahead for good Chris Petino scored 12 points to lead the winners.
Rich Francis and Ken Gargulio tallied 12 each for Princeton, Chris Wickham
who played a hustling game, added four who played a hustling game, added four
points while John Lynch and Darren
Marcantuone also scored Marcantuone also scored. Mark Gross
added a basket to round out Princeton added a basket
scoring.
STATE AGUE
$\qquad$ Leonard's clutch foul shooting in the third quarter enabled Alabama to pull
out the victory. He ended up with 14 out the victory. He ended up with 1
points, 12 of them in the second half
Matt Lynch added numerous rebounds. Barry
numen Teitlebaum, Greg Wioland and Rosie D
Tullio played well. So did Eric Schobel, who scored four so points. Dominick
Barone paced
and three steals, and Scott Summers
notched six points and five rebounds. notched six points and five rebounds.
Jeff Grohs (four points) and Robert weinberg (two points) played well. CALIFORNIA 13, TEXAS 12: Danny
Lissy scored seven of his nine points in Lissy scored seven of his nine points in
the second period to key a cal surge. David Lissy added the other four points. Tom Burger, Tim Miskowitz and Elizabeth Faust played well for
Cal. Paul Tater led Texas with 10 points and six rebounds. Greg Graziano
and Peter Carpenter played well for the and Peter Carpenter played well for the
losers. UTAH 16, OKLAHOMA 12: Utah's tough defense in the middle two periods proved to be the difference. Lenny Saia
led the winners with eight point led the winners with eight points and
Nick Cataldo added four more. Roger Bassin played a scrappy defense and Nate Zonerich also had a fine game.
Josh Wasserman led Oklahoma with Josh Wasserman led Oklahoma with
four points. Kamuran Bayrasli, Mike four points, Kamuran Bayrasli, Mike
Elton. Neil Burman and Spencer Canter each scored a basket. MALL FRY LEAGUE RAIDERS 22, ROCKETS 10: The win-
hers trailed, ners trailed, $8-6$, at halftime, but
outscored the Rockets, $16-2$, in the final first and third quarters led the way. Bidfy Hart and Robbie Hamilton each effort, and Greg German added two effort, and Greg Berman added two
points to round out the scoring Ryan points to round out the scoring. Ryan
Feeder led the Rockets with four points Bob Sabot, Colleen Drummond and David Wickham each scored two
points, and Andy Arnold had an outstanding defensive game had a CELTICS 10. BILLIKENS thew Gallardo scored six first half
points to lead the winners points to lead the winners. Julie Kop was tied, 6.6 , at the half, but baskets by Gallaro and Justin Patin pulled th s victory out
PISTONS 18
ed attack by, BULLETS 11: A bala ed attack by the Pistons proved too
much for the Bullets as they took an early first quarter lead and never look ed back. Rick Lissi led the winners with
six points while Matthew Applebaum six points while Matthew Applebaum,
David Schlosser and Charlie Waltsman added four each.
JETS 12. LAKERS 10: Claudia Reyna hit the winning basket with seernds left in over

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## entateers

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 offers 10 entrees of, meat and Toby's including my favorite, roasted Long
Island duckling, cooked crisp and serstand duckling, cooked crisp and serve-
ed with Bigarde sauce. There also is roasted prime ribs of beef, broiled lamb chops, broiled pork chops, as well as
broiled filet mignon with mushrooms and much more.
There's mot stop there, my friends.
more, including their famous Cher Bone specialties. Here
where the true gourmet sits up an takes notice. This segment of the menu offers such mouth watering delights as
veal francoise veal francoise, veal marsalla, veal picata a la Coby's with linguine and
their famous veal cordon bleu. But take heart, gentle reader, there's more, such
as chicken breast Oregana with rice as chicken breast Oregano with rice
Pilaf, chicken Kiev and their combinaPilaf, chicken Kiev and their combina-
ion breast of chicken and shrimp Franraise.
I could go on and on, but this column grows short, but before I finish I must
tell you Greek salad lovers that I think Andy Arbes invented the dish; It's fantastic and a must for you who dine
there. Not only does Clare and Cobs's offer
the before-mentioned dinner menu the before-mentioned dinner menu. If
you're in the area during lunch time, go out of your way if necessary to delight
in their sumptious luncheon' in their sumptious luncheon' specials.
Theres everything from sandwiches to Greek and spinach salads to sauteed
boneless chicken Marsalla and even seato od on one of the most extensive
and opulent luncheon menus I've ever Do yourself a real big favor, go to Clare and Cobs's as quickly as possible,
Make it a family affair: there's Make it a family affair; there's
something for the kids as well as Dad
and Mom or your forte and Mom or your favorite gal. Look
around when you're there; I may be sitting at the next table!

## ONE FOR THE ROAD:

## RAN INTO A HAPPY READER the

 other day who couldn't thank meenough for introducing her to the gastronomical delights she had at Pipe's Pub, 323 North norad Street, didabeth, as a result of the column 1
did on their fine restaurant. It sure makes me feet good to know that people are taking my advice and eating at the
places I suggest and Pipe's Pub it one places 1 suggest and Pipe's Pub is one
of those on top of my list of recommendations. Not only is the food delightful, but if you like being treated like Royali-
ty, Pipe's Pub is the place to go... make
we ever had was at Fullest dinners Route 22 at Sheffield. Streets, Mountain,
side. Four courses of fantastic Italian cuisine made me walk away with a

real soon.


part of the overall atmosphere that makes Clare $\&$ Cobs's
Restaurant, Routes 9 and 34; Old Bridge, one of the most


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Auditions set in Plainfield
The Parish Players of Plainfield will
hold open auditions for "I Remember Mama by John Van Druten at the
Unitarian Church, 724 Park Ave., Jan.
31 starting at $2: 30$ p.m., Feb. 4 at $7: 30$ 3n starting at $2: 30$ p.m. Feb. 4 at $7: 30$
p.m: and Feb. 5 at $7: 30$ p. m . The play will be directed by Sue manie and presented for nine perfor-
mances durig the weekends of March 12 to 14,19 to 21 and 26 to 28 .
Auditions will be for five Auditions will be for five men, 35 or
older, six women, 30 or older, two older, six women, 30 or older, two
heavy-set women, two teenage boys, wo teenage girls, one small boy, 8 to 10
years old and one small girl, 8 to 10 years old a
years old.

'Gin Game' due Jan. 15 Tre Craig Theater, Spr
ingield Avenue and Kent
Place Boulevard, Summit. Place Boulevard, Summit,
will
withenen its
with
"The Ging season
Gin Game., with "The Gin Game," a
D. L. Coburn comedy, Jan.
15. The show will run 15. The show will run
through Jan. 30 with per-
formances on Friday and through Jan. 30 with per
formances on Friday and
Saturday evenings at 8:40. and founder of the Craig
Theater, will serve as
director. John and director. John and Pat
Hickson, a husband-wife Additional will Additional information
can be obtained hy calling
$273-6233$ between 9 a.m and $5 \mathrm{p} . \mathrm{m}$ or ofter $8 \mathrm{p} . \mathrm{m}$.



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 THE CRAB HOUSE 22 Marris A.

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Soop Time anarrs suoom.



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Garden State Festival Ball slated Feb. 13 The seventh annual Heritage Festive
Ball will be held Feb. 13 at the Pine Manor, Edison, it was announced by
Irene Dutko, general chairman of the statewide vol
ing the event.
ethnic ball is sponsored by New Jersey
en manties, many of which present heritage festivals at the Garde go to the Garden State Cultural Center Fund, which presents free programs at the Garden state Arts center of New
Jersey's Senior citizens, disabled
children,
Committee members include Jennie Couper of Roselle Park, representing the Scottish community; Harriet
Mayner of Roselle Park, AfricanAmerican, Carol and Donald Hannon of Union, Irish community, and Eli Levine The Korean and Indo-Chinese are the Jersey to join the committee.
ed by calling $442-8600$, ext Musical show slated Jan. 24

Musica da Camera will present
evening of chamber music Jan. 24 a 7:30 in Temple Emanu-El, Westfield
Featured will be clarinetist David Featured will be clarinetist David
Krakauer in a performance of Mozart's clarinet Quintet. The program also will include a quartet by Haydn, a sonata
for viola and piano by Schubert and the Elegie by Faure for cello and piano. The members of Musica da Camera
are Robert McDuffie, violin; Toby Hoffman, viola, Michael Goldschl
cello, and Claire Angel pian cello, and Claire Angel, plano.
Additional information can bebtain
ed by calling Claire Anget at 654 3226.
Benefit show due at Felician College
Singer Angela Bacari, Jerry LaGuar=
dia and his Big Band, a 60 member
choral group from Paul VI High School, Lyndhurst, Dick Capri, and members
of the Giants and Jets football team will
take part in a benefit show at Felician College, Lodi,
The show will be staged at 8 p.m. and
presented for the benefit of the National Fresented for the benefit of the National
ceeds will medical research.
Additional information can be obtain ed by calling Ja
man, at $438-0060$.

Movie Times
BELLEVUE (Montclair)-WHOSE
LIFE IS IT ANYWAY? thur., Mon.,
Tues., Wed., $7: 30,9: 45 ;$ Fri.,, $1015 ;$
Sat., $1: 30,3: 40,5: 50,8: 05,10: 15 ;$ Sun.,
$2: 30,5,7: 30,9: 45$.




## 

## TECHNICIAN <br> Heprowhatan <br> ON-CAL <br>   <br> SECRETARIES <br>  <br> CLERK <br>  <br> CLERKS  <br>  <br>  <br> CIBAGEIGY

## on June 24



Pianist Dickran Atamian will per-
form at the John Harms Englewood Plaza Monday at 8 p.m. Additional in-
formation can be obtained by calling

To Publicity Chairmen:
Would you like some help in preparing newspaper releases? Write to this
newspaper and ask for our ,TTips on

Audition due in-th-Parik Cof Che Playonss
will be held Jan. 24 frome
to 5 p.m. at the Roosevelt
Park Amptitheater, Rt. 1
South Edison. Cab
South, Edison, Cabaret orf
nightclub acts are needed
for events held each day evening during
February and March. Pro-

weerdays between 9 a.m.
and 4 p.m. to chedule audi-






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pension plan，vou can rollo over those fundsin Columbia IRA and pay no taxes on the money and or if you aready have an IRA or keogn we＇l show you how easy it is to transfer into a plan adminis－ Columbia＇s retirement plans IRA Individual Retirement Account）．Beginning
with the 1982 tax year，every wage earner can set aside up to $\$ 2,000$ a year 3,000 if you and vour rkl－tax－deductible． KEOGH－for the self－emploved．In addition to an
IRA，you can shelter up to $\$ 15,000$ or $15 \%$ of you Of special interest to employers DEFIMED BENEFITS KEOCH－provides more tax SEP AND CORPORATE PLANS SEP AND CORPORATE PLANS－for corporations Call Columbia today
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more information on how much an IRA or other

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ON GLARE ICE AT $25^{\circ} \mathrm{F}$.
*TÉSTS BASED ON REAR DRIVE VEHICLES.
WINTER HAZARDS-Pointing up the extreme hazard of driving on glare ice, ests by the National Safety Council at Stevens Point, Wisconsin, show that stopp-
ing on glare ice may take as much as nine times distance. The tests also disclose that conventional snow tires are of no help in
stopping on ice, while studded tires reduce braking distance by 19 percent, and
Treating gravis group's topic


 sion

## Driver's awareness critical on icy roads

Adriver's ability to cope clude the type of tires and standard highway tread cent better pulling or trac- When they do the driver delicate touch on the steer blems is directly related to puts between his vehicle well on winter slick sur. nighway tires. On glare maneuvering with a and the brake pedal. the motorist's determina- and icy or snowy road sur- faces. Conventional snow tires about 28 percent better Ramble, ski trips planned
tion to reduce the risks. faces. This is the contention of. Easton cited skid test withoutstuds show little or a nationally recognized findings developed over no improvement in stopp-
accident investigator and years of research: accident investigator and yars a tre's traction ability compared to regular tires.
authority on accident As remated more to tread However, as their name
reconstruction, Archie H . is resignand compound than suggests, snow tires perreconstruction, Archie $H$. is esignand compound than suggests, snow tires per-
Easton. He was director of tesign its. construction. In form considerably better
 Research Laboratory for bias belted tire with a where they produce 51 per
30 years and chairman of UHS seeks members
the National safety counthe National seate on Winter
cils Committee
Driving Hazards for 15 years. Easton is serving as consulting engineer for
Sa fety Engineering Safety Engineering
Associates, a Madison, Associates, a Madison,
Wis., firm specializing in
automotive accident in automotive accident in
vestigation and product

## "If I have a choice,", Easton said, "Tll ride with

a driver who buckes-sup
the minute he slides
behind the wheel of his
vehicle. That driver has vehicle. That driver has
not succumbed to the often
disastrous attitude that itnot succumbed to the of
disastrous attitude that
can'thappen-to-me."'
Easton's point: The
driver who recognizes the

children, also understands
that the restraint system will keep the people in his
vehicle from being vehicle from being thrown
around ińside his car in around inside his car
case of a skid or wreck
situation retarde case ot a skid
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who's He stands a better
chance of keeping control Bergen, NLI 07047, or call- lowers the a risks--
ing 686 -8397


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## ARNOLD $4 / 3 / B A K E R Y$


about 28 percent better Ramble, ski trips planned
than regulartires.
studded snow tires on
the rear wheels reduce Studded snow tires on The Garret Mountain West Orange. Skiers are stopping distances on ice $\begin{aligned} & \text { Ramble Saturday will asked to bring lunch. } \\ & \text { by about } 19 \text { percent. } \\ & \text { Con the }\end{aligned}$ weend Union Panticipants in the by about 19 percent. $\quad$ open the weekend Union Participants in the The old-standby, rein- tivities, Participants on Sunday will meet at $8: 30$
forced tire chains, is still this eight-mile trek will orced tire chains, is still this eight-mile trek will a.m. at the Packanack best-They reduce braking meet-at the Lambert Cas- Wayne Shopping Center,
distances on ice by 50 per- tle Museum parking lot, Wayne. cent. They produce from Paterson, at 11 am, , ; they Additional information
four to seven times the should bring lunch. our to seven times the should bring lunch. concerning these ac-
pulling ability of conven- Participants in the tivities and the 1982 hiking pulling ability of conven- Participants in the tivities and the 1982 hiking
tional tires on snowi and South Mountain Ski Tour club calendar is available
ice Some new models, a.m. at they Mayapple Hill ty Department of Cark down-sized and fros, arking area of the South and Recreation at 352 wheeldrive, require Mountain Reservation, 8431 , (type RL chains).
Another caution Easton emphasized is the fact that
snow tires must be radials snow tires must be radials
if the other tires on the non-drive wheels are radials. Otherwise a
dangerous fishtailing dangerous fishtailing
other instability result, causing the dr to lose control of the veti
"Regardless of the type
traction aid used," Easton warned, "at no
Eat
time on snow or ice will time on snow or ice will
the resulting traction be the resulting traction be
near that of conventional tires on dry pavement." As an example of the dif-
ferences, Easton said that ferences, Easton said that
20 mph on an icy stretch
 may produce a stopping
W. Kodak Jewelers, ", Mise Master Cud resulting from a speed of pavement conditions. Getting the feel of the gently trying the brakes or
uing short bursts of $\qquad$


## celeration to ind out if and when the tires slip or spi

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