

Mountainside Echo

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MOUNTAINSIDE, N.J., THURSDAY, JANUARY 19, 1984

Two Sections



30 cents

Council approves three-month closing of bridge

By SUE WEENEY

Repairs to the Mountain Avenue Bridge, which will close that bridge for approximately three months this summer, was approved by the Mountainside Borough Council at the regular meeting, Tuesday night.

The bridge, which is approximately one block from Echo Lake Park, is in need of repairs, according to the State. If the bridge is not completely closed during the time of renovation, the construction of that site would be prolonged, according to Borough Engineer Robert Koser.

Councilwoman Marilyn Hart stated that the concerns by the Public Works Committee is that there are not enough signs in that area to warn motorists of the closing of that bridge. Most of the warnings are needed in Westfield, according to Hart.

At the work session last week, possible alternatives for parking in the area while attending the borough pool

were discussed. Koser stated that parking on park land would not be a reasonable solution to the expected traffic flow in that area this summer. "The land is a flood zone and it would be more of a hazard," said Koser.

Two alternatives to getting to the pool are to walk across the existing foot-bridge, located approximately 200 feet from the Mountain Avenue Bridge, and walking across the Mountain Avenue Bridge, which will be maintained by the county to allow pedestrians to cross them.

In other business, as referred by the planning board, the area off Summit Road, which was once a farm owned by the Miami Family, will now be called Miami Court, as approved by the council. Councilman Ronald Romak reiterated at the meeting that he would like to keep the street names in the borough "rustic." However, in a 4-2 vote, Miami Court was approved.

In a report read by Hart, it was stated

that the council has paid more than \$14,000 for snow removal in the 1984 budget year. There is only \$1,600 left in the temporary budget. The council decided to appropriate more money until the budget is officially approved in April.

The council approved the only acceptable bid made on the three police cars. Liberty Motors, Inc. will be able to purchase one of the three 1981 Dodge cars. The other two will be readvertised for bids.

First reading of an ordinance, which will allow nonresidents to use the borough pool, was approved by council. The council also approved the new salary ranges for manager and assistant manager for the pool. The manager salary range is \$3,000 to \$5,200 and the assistant manager is \$2,000 to \$4,000. Both were lowered in the low range of the salaries from last year.

In the report of the Buildings and Grounds Committee, Councilman

Werner Schon emphasized that there are three potential bidders for the renovations to the borough hall, library and the board of education building.

Hart expressed her concern about when the handicap facility would be installed in the library. It is a high priority and should be taken care of within approximately 90 days of the acceptance of the bid, according to Harry Kolb.

In the report of the rescue squad, Councilman Robert Wyckoff stated that

for 1983 they offered more than 2,000 volunteer-hours and 8,000 patrolled miles. "They should be commended," said Wyckoff.

In the police report, Councilman Robert Viglianti stated that there were 1,582 less calls to the police department than the previous year. There were 22,000 less miles patrolled also, according to Viglianti. He stated that the council will look into why there is such a drastic difference in the amount of

summons given out by each officer.

Viglianti mentioned to the council that he will be working on the possibility of bringing back the borough newsletter. It would probably be distributed to the residents four or five times per year and contain information about borough happenings. Schon asked that a listing of services available to the borough residents also be publicized in the newsletter.

Regional board to gain 7G in special equipment

By VICKI VREELAND

The Union County Regional Board of Education accepted two sizable contributions Tuesday night at its regular meeting at Arthur L. Johnson Regional High School to purchase designated equipment. The acceptance was authorized on the condition that the purchases become the property of the regional district.

The parents of a regional high school student donated almost \$5,000 for the purchase of two Apple II microcomputers for the Neurologically Impaired Program at Jonathan Dayton Regional High School. The donors requested to remain anonymous.

The second contribution was made by Cassak Publications, Springfield, who donated an Addressograph machine, a Graphotype machine, and several cabinets of plates to the district's Trainable Mentally Retarded Program at the Arthur L. Johnson Regional High School. The equipment has an estimated value of \$2,000.

At the meeting, Dr. Francis Kenny, director of pupil personnel services, discussed the district's career counselling program for the students. "Career counselling is an ongoing activity from grades 9-12. We stress the fact that in the majority of guidance counselling sessions, some time of career counselling enters in," Kenny said.

According to Kenny, the first step in career guidance takes place in the ninth

grade when students take an "interest inventory." This initiates them into thinking about a career.

The following year, the students complete a 14-page workbook on "career investigation." The workbook is divided in three sections: developing awareness of self, awareness of career opportunities, and realistic applications.

Kenny said that although all students do not reach a career decision in high school, the guidance training they receive teaches them the decision making process.

A career speaker program is also an aspect of career counselling. Professionals from various fields are invited to the schools to speak to students who are interested in their line of work. Students also have an opportunity to enlist in a "Shadowing Program." These programs are usually offered by local Rotary Clubs whose members offer to have a student observe them on their job site for a day.

Kenny mentioned the Boy Scouts circulate career surveys to high school students to determine where career interests lie. The "Job Placement Services" instruct students on job-interview techniques, how to get working papers, and how to fill out job applications.

Kenny referred to follow-up surveys of graduates from the regional districts for evaluation of their career counselling training. According to his

statistics, 63-87 per cent of the students reported their career guidance experiences were "satisfying."

Harold Donaldson, board member, stated he saw surveys that implied a large amount of graduates were not satisfied with the guidance training they received.

Dr. Donald Merachnik, superintendent of schools, suggested that the district research a new way of obtaining feedback on the career counselling program.

The board received a legal decision from its attorney, Franz Skok, as to how to dispose of a supply of student athletic shoes purchased in past years. According to Merachnik, the board was instructed their legal option was to hold an auction and sell all the shoes to one vendor.

Stephen Marciniak, chairperson of the policy committee, reported the committee is considering a more "liberalized" approach for tuition of students who want to attend the regional schools, but haven't moved into the area yet.

John Conlin, chairperson of the education committee, announced the committee would meet Monday to discuss a number of proposals. Those mentioned were: limiting mathematics class sizes to 25, discussion of support of a New Providence Board of Education request to the New Jersey School Boards Association to reduce the time allotted for gym and health classes.



BIG BROTHERS AND SISTERS—Pictured are the Big Brothers and Sisters at the Vail-Deane School in Mountainside. From left to right, top to bottom, are: Michael Chang, Omar Sutton, Geoffrey Pagano, Rahul Vinnakofa, Lucas Irish; Young-Ki Shim, Jason Kang, Ronald LaFond, Kelvin Shiver, Christopher Gregory; Keith Briggs, Laural Osterhus, Melissa King, Vincent Currid, John Mosse, Ericka Wilhelms; Lori Liotta, Kristen Barrick, Eun Young Shim, Simone Aubry, Thomas Dubois; Deirdre Cooney, Marjorie Shnur, Lisa Thalody, Meli Chung, Joan Kronick, Christel Casati.

'Big Brothers and Sisters' play key role at Vail-Deane School

The Big Brother and Big Sister program has become a tradition at Vail-Deane School in Mountainside.

Every Monday morning before the first class begins, the entire student body, grades kindergarten through 12, as well as the faculty, assemble in the school's auditorium for a weekly meeting.

Standing in a semi-circle around a senior who leads the assembly, the students sing the alma mater, announce meeting dates and scores of athletic events, and in general, communicate the happenings of the School to each other. It is not unusual to hear a kindergartner cheering for the boy who scored the winning soccer goal; that senior soccer player is probably the "big brother" of the enthusiastic cheerer.

A longstanding tradition at Vail-Deane is the pairing of seniors and kindergartners in the Big Brother/Big Sister program for new students. At the annual barbecue for the entire school community, given in September before school opens, the new students are greeted and made welcome by their big brothers or sisters. The kindergartners and their new upper school friends establish a relationship that lasts throughout the year.

The all-school assemblies and the Big Brother/Sister program are just two examples of many cross-grade activities at Vail-Deane. Concerts, plays, picnics, and field days are some events that illustrate Vail-Deane's continual emphasis on interaction among all-age levels.

Deerfield teacher organizing a 'Tournament of Champions'

More than 170 entries have already been received for the Tournament of Champions, according to Mountainside teacher Rhonda Green. The tournament is an athletic competition for special children who must be six and older and must be classified as handicapped by their school systems.

The Region V competition will be held on May 5 at Cranford Track and Field. The meet consists of running races and relays, softball throw, basketball shooting, high jump, and standing long jump.

School districts interested in entering their students in the contest should contact the Mountainside Special Services Department at 232-3711 for more information.

Green, a Mountainside resource room teacher, is serving as director of the competition in Region V, which

includes Union and Middlesex County.

Through her volunteering her personal time, it is possible for the first time for Region V students to participate. Because of the time demands, the region did not previously have anyone willing to be the coordinator.

More than 200 hours will be required to direct the regional competition. The most time-consuming task is to sort out testing results returned by each child's school. To make the day a positive experience, every child is grouped with others of similar abilities.

"In my past experience, the children have loved participating in the tournament. Not only did they gain a sense of competition but they gained a sense of pride in winning. To watch these children compete is worth a million dollars. Ultimately, it's a day filled with laughter and fun," says the

Mountainside resource room teacher.

Besides serving as regional director, Green is teaming with other members of the Mountainside Special Services Department to prepare Deerfield children for the contest. Physical education teacher Ray Harnett, resource room teacher Julie Weiss, and Learning Disabilities Teacher/Consultant Linda Levine are all working with the students to help them train for the different events.

Parents and community residents who might be willing to volunteer their time are welcomed. The program is state-funded, but requires much in the area of volunteer manpower. There is no cost to the participants.

The Tournament is designed to help special education children learn to play hard and to compete to the fullest.



GOING NOWHERE—This car spent more time of its parking space in Mountainside that it probably expected to. Scene came about last Wednesday following the winter that dumped about four inches of snow on the borough. (Photo by John Boutskaris)

MOPPET issues call to students

The MOPPET program (Mountainside Pre-School Program for Exceptional Tots) is issuing a call to students who require their special kind of teaching.

Parents of pre-school children with all kinds of handicaps have been requested to contact the Special Services Department of the Mountainside School District.

By state mandate, the school district

has an obligation to serve these children in situations geared to their particular needs. These needs are determined in a thorough screening program run by the department, according to Linda Levine, learning disabilities teacher/consultant.

In some cases, help may mean special educational opportunities outside the district. For others, the district's MOPPET program may be the ideal opportunity.

Now in its first year, MOPPET serves children with developmental needs in motor, communication, cognition, social, or emotional areas.

Children between the ages of three and five who display excessive clumsiness or extremely poor coordination,

delayed speech and language, poor response to sound, inability to play, or serious behavior problems may be eligible for the class.

The program meets in two-and-a-half hour sessions at Deerfield School. Offering such a class within our own district is not only financially more appealing than paying expensive out-of-district tuition and transportation costs, it is advantageous for very young students to be in class close to home.

Parents or guardians of pre-school children who might qualify for special help should contact Mrs. Levine at 232-3711 as soon as possible. Ample time is needed to complete the screening process and make plans for next year's needs.

On the inside

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MASTERPIECES COMING UP—Students at the Thelma Sandmeier School in Springfield work on paintings during their art class. Sandmeier students in top photo are: Michelle Kim, left, and Lauren Landow. In bottom photo are Pat Conte, left, and David Tazaki. The students, along with their counterparts from Caldwell School, are pictured preparing their creations for the annual Channel 13 art competition. (Photos by John-Boutsikaris)

Library column

This 'look' at marriage done in a positive way

BY ROSE P. SIMON
 SPRINGFIELD—Following are reviews of popular books at the Springfield Library.

MAKING MARRIAGE WORK
 "Giving Time A Chance," by Ronna Romney and Bepp'Ve Harrison.

Two happily married women have looked at marriage in a positive way. They have interviewed several average American couples who took their marriage vows seriously, and have worked at making their commitment endure. They selected couples who had forged a good relationship and who had been married for at least five years.

Some were two career couples, others were traditional; some lived lavishly, others had financial problems. Some were young, others were elderly; some had children, others were childless. All of them admitted that a good marriage takes time, patience, and trust; that there are difficult as well as good times. But even though great differences exist as to temperament, activity, and philosophy, these can be resolved amicably.

The stories of seven couples—a few of them prominent—are introduced here as samples of good marriage. There are discourses on intimacy and what love means to different individuals, priorities in marriage (getting to know one another, children, ability to meet crises, social life) financial status, family ties, conflicts, health—and finally, friendship.

AMERICAN MEZZO-SOPRANO
 "Marilyn Horne: My Life," with Jane Scovell.

For young Marilyn, singing came as natural as breathing. She was surrounded by a family which was thoroughly musical, and which supported her (especially her father) to study music and to sing at every possible opportunity—band concerts, bond rallies, youth concerts). Born in Bradford, Pa. (1934), Jackie sang her way to popularity in school, where she was a good student academically as well. Early in life she aimed at one goal: to sing at the Met.

At the University of Southern California, she pursued her musical career (master classes with Lotte Lehmann) but left there for financial

reasons in 1953. From then on she sang at weddings, funerals, parties, until her first big break came; The Los Angeles Guild Opera's director—Carol Ebert—engaged Jackie to sing the role of Hata in the "Bartered Bride" (1954). In the film "Carmen Jones" her voice was dubbed for that of Anna Magnani in the "Rose Tattoo."

Spirited, ambitious, under the supervision of her devoted father, Marilyn kept hard at work. After his death (1956) she spent several years with the Gilsenkirchen Opera in West Germany, singing many of the standard operatic roles, and then the difficult one of Marie in "Wozzeck". In the meantime her friendship with Henry Lewis—a bassplayer in the Los Angeles Philharmonic, later director of the New Jersey Symphony—blossomed into a relationship culminating in their surprising (to others) marriage in 1960. It was boycotted by her mother. Their first years together were indeed happy, both advancing their careers, first living in Hollywood, then in Orange, N.J., after their daughter Angela was born.

In 1970 Marilyn's fulfillment of her dreams was realized when she sang at the Metropolitan Opera with Joan Sutherland in "Norma."

She tells of her further achievements, of her becoming a coloratura-mezzo, her life with Lewis, then their divorce, and her present liaison. This candid memoir is interspersed with absorbing anecdotes about herself, her family, and friends, many of them prominent in the world of music. Many photographs and discography are included.

by Rose Simon
UNDERSTANDING MENTAL DISEASE

"Surviving Schizophrenia," by E. Fuller Torrey, M.D.

More than two million people in the USA alone are afflicted with the brain disease known as schizophrenia (not to be confused with "split personality, and in spite of its prevalence and severity (it is also very costly) very little attention has been paid to this "most tragic chronic disease remaining in the twentieth century Western civilization.") Unlike cancer, this disease does not evoke sympathy or

understanding, which are most essential for the emotional and physical survival of both the patient and the family.

Certain abnormalities in the schizophrenic may be observed. But not all the following are necessarily present: alteration of the senses (either over-acute or blunte), inability to respond appropriately, delusions and hallucinations, altered sense of Self, changes in emotions, changes in behavior. Since the disease is difficult to diagnose, it must be evaluated by at least one well-qualified psychiatrist.

Dr. Torrey, a clinical and research psychiatrist, discusses possible causes of schizophrenia: genetic, biochemical, viral nutritional. While the disease is not usually curable, and is treatable, a course of action is prescribed. Advice for family members is given, and considerable attention is paid to behavior, support groups, living quarters (home, hospital or institution), legal and financial matters.

Art show runs through Feb. 5

SPRINGFIELD—Juried Show '84, a national exhibition at Summit Art Center, Summit, is running through Feb. 5. Six \$250 prizes and six honorable mentions will be presented at the gala event.

Jurors Ned Rifkin, curator at New Museum of Contemporary Art, New York and of the '84 Venice Biennale; and Irving Sandler, faculty, visual arts department, State University of New York, Purchase, selected the winners.

They are Nancy Callahan, Ralph Capula, Katharine Carter, Mary Funnell, Joel Gale and Ann Kent. Summit Gary Briechele of Clinton is the winner of the special V.I. Johnson Graphics Award, endowed by the Summit Art Center.

Honorable mentions were awarded to Tim Gaydos, Daniel Jackovino, Patricia Ketterring, Anne Ross, John Salvest and Sally Swenson.

JURIED SHOW '84 continues weekdays 12-4 p.m., and weekends 12-4 p.m. For further information, call 273-9121.

Board of Health appointments

SPRINGFIELD—The Springfield Board of Health announced positions for the new year at a recent reorganization meeting.

Dr. Allen J. Spiegel was appointed chairman and Patricia Cumberly was selected deputy chairperson. Richard Sherman, Esq., will serve as the board's attorney. Arthur Buehrer, township clerk, was appointed Secretary and Registrar of Vital Statistics, and Helen Maguire will serve as deputy registrar.

Other members serving on the board are: Gail Montanari, Doris Sobin and Dr. Richard Luciani. Dr. Henry Birne is the health officer under contract with the Regional Board of Health of Summit. Susan Kellerman was appointed sanitarian for the year 1984.

The board of health meets the third

Wednesday of each month at 7:30 p.m. in the council room at the municipal building.

DeLorme finishes recruit training

SPRINGFIELD—Marine Pvt. Joseph F. DeLorme, son of Joseph M. and Evelyn DeLorme of 32 Henshaw Ave., has completed recruit training at the Marine Corps Recruit Depot Parris Island, S.C.

During the 11-week training cycle, he learned the basics of battlefield survival. He was introduced to the typical daily routine that he will experience during his enlistment and studied the personal and professional standards traditionally exhibited by Marines.

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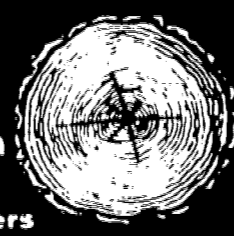


This folding aluminum commode was designed for ease of storage. So lightweight, it can be transported anywhere. Complete with pail, (not shown) \$82.50.

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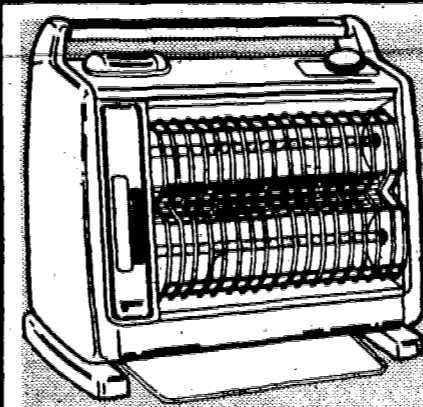
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Jaeger Lumber



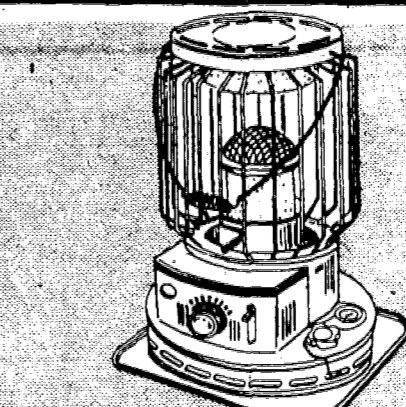
Building Material Centers

Portable Heaters



Crestline Portable Radiant Quartz Fan-Forced Heater
44.95 Reg. 59.95

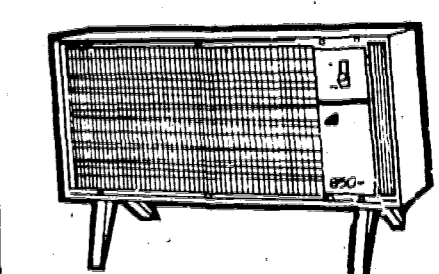
- Built-in humidifier for comfortable moist heat.
- Fan-forced for wide heat distribution
- Automatic tip-over shut-off
- Quartz tube heating elements
- Stainless steel reflector
- Convenient carrying handle. #4940



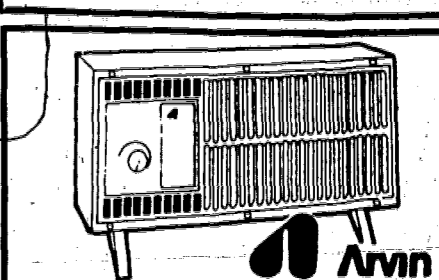
Crestline Radiant Convection Portable Kerosene Space Heater
59.95 Reg. 139.00

Rated heat output 9,500 BTU estimated heating area 15'x20' (300 sq. ft.) Estimated heating time 14-22 hours. Has built-in fuel tank with carrying handles and all Crestline features. Supply Limited. Model 3700

Arvin 850 Watt Radiant Heater
\$19.99 Reg. \$27.95

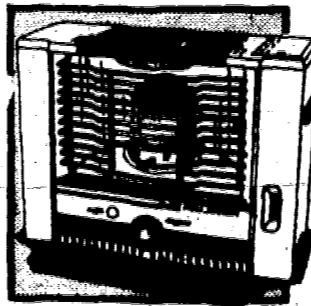


Space-saving, with safety tip over switch, carrying handle. Model no. 16H25.



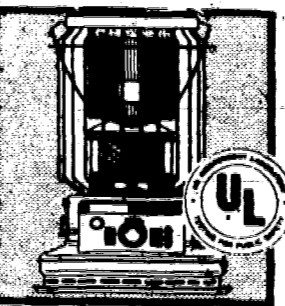
Arvin 1320 Watt Portable Electric Heater
25.99 Reg. 32.99

Instant radiant ribbon heat backed by fan-forced air. 1320 watts of power to heat efficiently. Compact body.



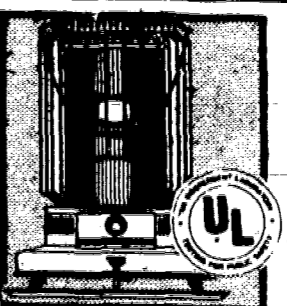
Crestline Radiant Heater
89.99 Reg. 149.95

Rated heat output 9,500 BTU. Estimated heating area 15'x22' (330 sq. ft.) For 14 to 22 hours. Has easy to refill removable fuel tank with carrying handle. With all Crestline features. Model 3510



Crestline Radiant Convection Heater
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Rated heat output 16,000 BTU. Estimated heating area 20'x28' (560 sq. ft.) For 11-19 hours. Built-in fuel tank. Carrying handle. With all Crestline features. Model 3800

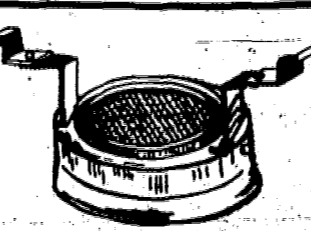


Crestline Convection Heater
129.99 Reg. 219.00

Rated heat output 20,500 BTU. Estimated heating area 20'x37' (740 sq. ft.) For 9-15 hours. Built-in fuel tank. Carrying handle. With all Crestline features. Model #3670

Arvin Portable Radiant One Heat Fan Forced Perimeter Heater
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1320 Watts. Wide angle reflectors & instant ribbon elements for greater heating. Automatic room thermostat. Tip over safety switch. Model No. 49H10



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Reduces smoke and odor. Converts unburned and odor causing emissions into a safe mixture of carbon dioxide and vapor. It's heat activated characteristics increase the performance of your heater, making it even more fuel efficient. Long lasting, requires no maintenance.

Arvin Two Heat Perimeter Heater
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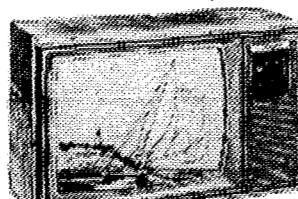
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Kenilworth Library offering computer checkout

By DENNIS PANCHYSHYN
KENILWORTH—Today's library offers more a lot than books. In fact, the Kenilworth Public Library allows patrons to check out computers.

Yes, besides taking out "The Grapes of Wrath," and "Cujo," a patron can borrow a computer. And it doesn't cost an arm and a leg either, unless it is kept out past its return time.

To borrow a computer requires a \$15 deposit, and the rental fee is only \$1 per day. Most people who take out a computer from the Kenilworth Library return it within a week, according to Joan Scheurmann, library director, and usually there is no waiting list.

The library started lending the Timex Sinclair 1000 Personal Computer about eight months ago and there are currently three available. They are hoping to obtain a personal computer for patron use in the library soon, Scheurmann said.

The Timex computer comes with a complete manual for assembly and instruction and all the connectors which hook up to the television. There is one word of caution if a patron has cable television, the cable has to be disconnected. Not knowing this, some people have returned it saying it doesn't work.

The instructions are simple, and tell the user all he wants to know. The

computer will not damage the television, either. The Timex is a basic computer, 6 1/2 inches by 7 inches, about the size of a small dictionary. After it is connected, the image appears on the television screen and it is ready to start.

Most people borrow a computer to see if they want to buy one eventually, said Scheurmann, who has been the library director for 13 years. She said they have added numerous books on computers since the craze began, including different ones for various models, and even computer books for children. There are also books on what computers can do for you, not just instructional ones.

Scheurmann said the library shopped around and found the ones they have on sale at a local department store for \$65 each. She added that the library budget, which was \$65,000 last year, doesn't enable them to many luxuries, since the cost of everything comes from the budget, including salaries, utilities,

and books, of course. The average price of a book is about \$20, she said, when you take into account the expensive reference books.

"We can't run the library on \$65,000," Scheurmann said. Because of money limitations, the library is forced to reduce winter hours from 1 to 5 p.m.

and 7 to 9 p.m. daily, and Saturday from 9 a.m. until 3 p.m. from September until June. Many more people would like to use the library more often, she added, especially college students who often have irregular class schedules, but the almighty dollar rules out.

Kushen is selected to head Foundation

KENILWORTH—Allan S. Kushen, senior vice president-public affairs, Schering-Plough Corp. has been elected to the additional post of president of the Schering-Plough Foundation, Inc., effective Jan. 1. He replaces Richard J. Bennett, who is retiring on that date.

The Foundation, an independent, non-profit organization sponsored by Schering-Plough, supports activities and programs devoted to improving the quality and delivery of health care through medical and allied education. It also supports higher education and cultural institutions, particularly where Schering-Plough Corp. has major facilities.

Kushen joined Schering Corp. now a subsidiary of Schering-Plough, in 1955 as an attorney, and was elected vice president and general counsel in 1973 and senior vice president in 1980. He was elected a trustee of the Foundation. Kushen is a trustee of Kean College, the Elizabeth General Medical Center and the Arts Council of the Morris Area, and is a director of the United Way of Morris County.

Kushen received his B.B.A. and LL.B. in 1952 from the University of Miami, Fla. and his LL.M. (Trade Regulation) in 1955 from New York University, where he was a Food and Drug Law Institute Fellow. He is a member of Phi Delta Phi legal fraternity.

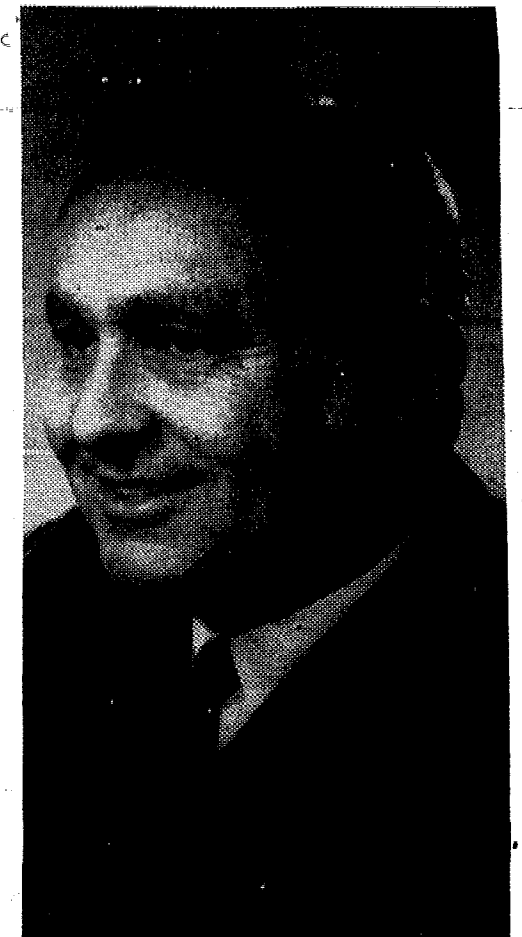
Among his professional affiliations, Kushen is a member of the New York and Florida Bars and The American College of Legal Medicine, and a trustee of the Food and Drug Law Institute. He also serves on the Editorial Advisory Board of the Food, Drug and Cosmetic Law Journal, and has lectured widely on food, drug and cosmetic law.

In addition, he is a member of the board of visitors of the Yale Law School Civil Liability Project and the New York Advisory Board of the Allendale Mutual Insurance Company.

Kushen resides in West Orange with his wife and two children.

Also elected at the recent organizational meeting were three trustees. They are Richard J. Kogan, executive vice president, pharmaceutical operations; Hugh A. D'Andrade, senior vice president-administration; and Harold R. Hiser, Jr., senior vice president-finance, all of Schering-Plough Corp.

Continuing on the Foundation's seven-man board with Kushen are Schering-Plough executives Robert P. Luciano, president and chief executive officer and R. Lee Jenkins, executive vice president-consumer operations; and William H. Scholl, former vice chairman of the Board of Schering-Plough Corp.



ALLAN KUSHEN

Schering-Plough is an international manufacturer of pharmaceutical and consumer products.



GROUP PROJECT—New office building that has been constructed off of Garden State Parkway exit 138 in Kenilworth was directed by architect Gabriel A. Calenda of Springfield (second from right) and Edward J. Rondinelli, president of Rondell Construction Corp. Joining in the celebration of the completion of the building are Larry Boorujian and John Hansen, presidents of Northern Feather, Inc.

Drunk drivers target of 2 bills by Bassano

State Senator C. Louis Bassano is urging Gov. Thomas Kean to sign into law legislation requiring first time drunk offenders to serve a minimum of 12 hours in a county resource center to determine whether the driver has a drinking problem.

"State police have determined that nearly half of all fatal accidents in our state are due in alcohol abuse. We in the legislature are making a concerted effort to eliminate drunk drivers from our roadways," Bassano said.

Another bill sponsored by Bassano,

which recently passed the Senate unanimously, would suspend the driver's license of an underaged drinker who uses false identification to purchase liquor. If the offender does not have a license, it would require a one-year waiting period before a license could be issued.

"Too many of our young people are killed on our highways because of drunk driving. We are toughening up the penalties they face if they drink and drive to discourage such behavior. These bills, along with the recent

raising of the drinking age from 19 to 21, are beginning to have an effect. State police have reported arresting an average of 482 youthful motorists each month for drunk driving, compared to 600 each month last year. We hope to get to a point where drunk driving ends in our state," Bassano said.

"Drunk driving has reached

epidemic proportions in our nation," Bassano stated. "We in New Jersey are at the forefront of the movement to crack down on drunk drivers. These bills demonstrate our commitment to this effort. In addition to tougher laws, state officials are beefing up efforts to alert the public to the dangers of drinking and driving," he said.

Korn earns his degree at FDU

KENILWORTH—Ronald Korn of Clinton Avenue, Kenilworth has completed requirements for the bachelor of arts degree at Fairleigh Dickinson University, Madison Campus.

An English major with a concentration in communications, Korn achieved dean's list honors in his final semester and was also nominated by Dr. James Scully, dean of students, for the national dean's list. The 1979 David Brearley Regional High School graduate also distinguished himself in varsity golf at the university.

He played four seasons for FDU, captaining the squad in his senior year, and gaining M.V.P. honors in his last two seasons. Korn also played in the past two N.C.A.A. golf tournaments, both held in Ohio.

Borough police busy in 1983

KENILWORTH—The Kenilworth Police Department recently released its year-end report for 1983, which showed police responded to a total of 8,580 incidents.

The highest number of calls, 1,549, were general requests for police service. The report showed 915 false alarms were called in.

Other fairly common types of calls were: criminal mischief, 259; animal complaints, 223; noise complaints, 175; motor vehicle accidents, 501; domestic complaints, 356; and motor vehicle complaints, 574.

More serious cases for police action were lesser in incidence. Police

arrested 167 adults and 164 juveniles. There were 54 burglaries reported, 10 stolen cars, 26 drug abuse violations, 24 driving under the influence violations, one rape, two cases of prostitution, three robberies, and seven bomb scares.

A total of 2,552 motor vehicle summonses were issued, the majority (1,355) which were parking violations.

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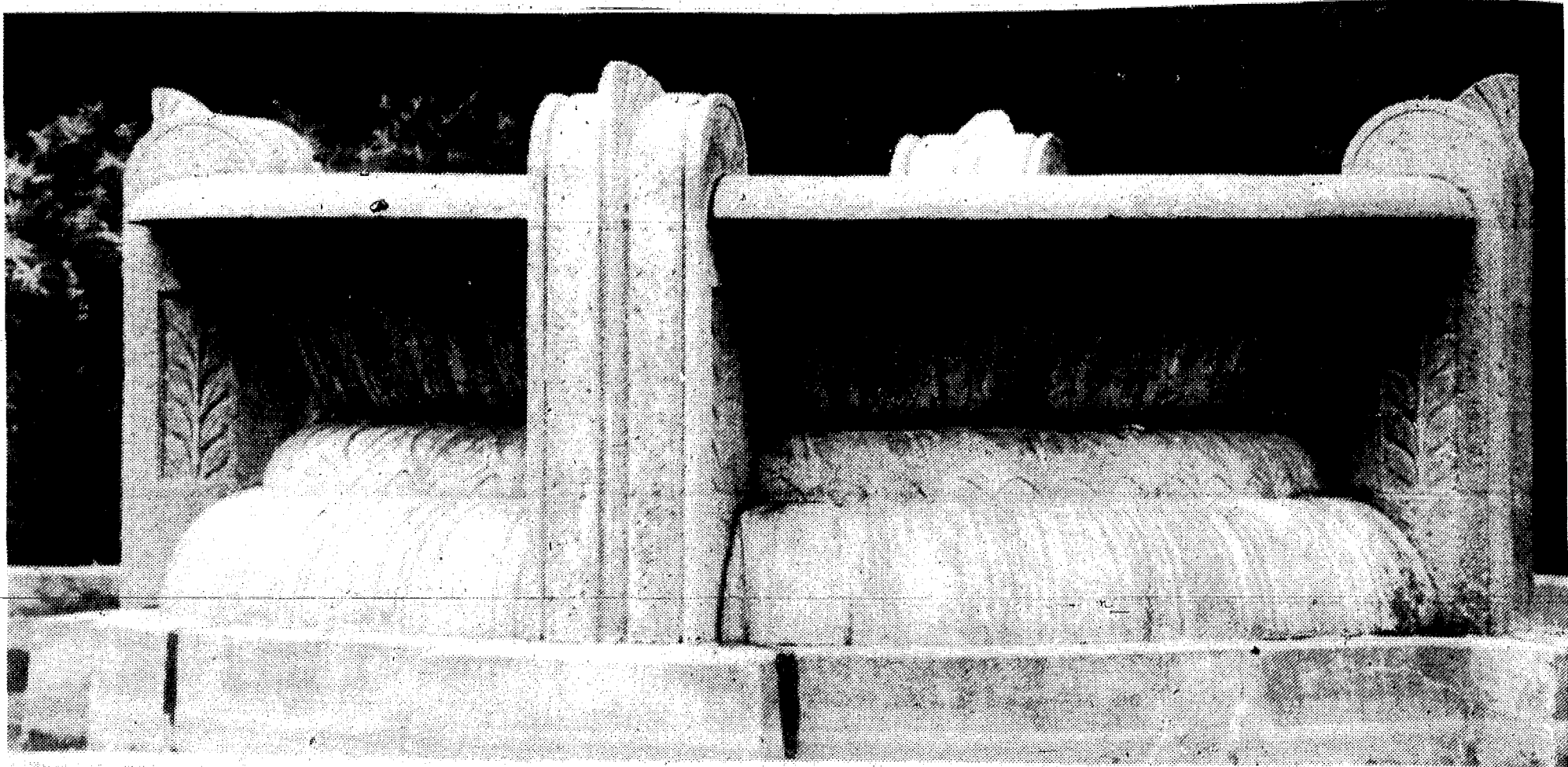
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Scene around the towns



Guest photographer David Allison of Linden didn't have to go far off the beaten track to find this week's Scene (at top). It's located in Union. If you recognize it, tell us about it by 9 a.m. Monday. Write to Scene, in care of this paper, P.O. Box 3109, 1291 Stuyvesant Ave., Union 07083.

One of those who recognized last week's Scene was Jeannie Spagnolo, a fourth-grader at Deerfield School in Mountainside, who came up with her second correct answer in three weeks. It is, she pointed out, the Springfield Post Office, "across the street from the high school." She wrote, "I go past the Post Office a lot. In the summer I go past the Post Office because I go to the swimming pool close to there. My mother and father go there a lot."

Frank McSweeney of Linden, who has become a Scene regular, also recognized the picture of the Post Office, "across the street from the Dayton Regional High School." As a school bus driver, McSweeney explained, he passes it daily when he takes students from Mountainside to the high school. "Last Friday, as I was passing the Post Office, I heard some of the kids" identifying the building as the picture in the paper. "So you see the kids read the paper and know what's going on," he added.

Owen E. Morrison of Kenilworth had an even better reason for recognizing the picture. "I was employed by the Post Office at Springfield for 41 years, and on June 12, 1971, became postmaster... I retired in April 1983."

Susanne Rendeiro spotted the Scene as one that she passes daily on her way home from school. "I have passed it every day for three years now," she wrote. She added, "I recognized it by the tree. It's a beautiful tree and would make the perfect town Christmas tree as long as it isn't cut down."

Thomas W. Ambron of Irvington has recognized many of the Scenes that appeared in recent months but is now submitting an answer for the first time, he reported. Employed in an office building three blocks away, he visits the Post Office twice a week and "I know many of the personnel who work there," he wrote. Though a resident of Irvington, he has worked in Springfield "for many years," he added.

Barbara Reifsnnyder of Springfield scored her third correct answer when she recognized the Post Office. Michael Korab of Linden and Mrs. K. Roettger of Springfield were other readers who came up with the right answer.

Too late for last week: A letter from McSweeney, who this week has his first guest column on this page, found its way into the wrong mailbox and didn't arrive until late last week — even though he wrote it on Dec. 29, the day he spotted a familiar Scene. "The mystery Scene this week is the Mountainside Library..." he wrote. "I spend many hours at the library in between my school runs. You see, I drive for the Mountainside schools. I have time between my runs and instead of going home, I go to the library."



Something special

The Special Olympics really are something special. And so are the people who help make them work.

Rhonda Green, a teacher at Deerfield School, is serving as director this year of a regional Tournament of Champions competition to be held in May at Cranford. To be eligible to participate, a child must be six years of age or older and must be classified as handicapped by their school systems.

Through Green's volunteering of her personal time, this is the first-ever meet to be held in this region. Because of the enormous time demands involved in such an undertaking, the region did not previously have anyone willing to be the coordinator.

Besides serving as regional director, which requires more than 200 hours, Green is teaming with other members of the Mountainside Special Services to prepare Deerfield children for the contest.

The Special Olympics are designed to help special education children learn to play hard and to compete to the fullest. The participation in the tournament gives the children a sense of competition and pride. It is the only sports event where everybody involved is a winner, including the organizers.

Money Management

Singles may miss chance to save on tax payments

If you are single and treat your 1983 federal income tax return like an unwanted houseguest you can't wait to get rid of, you may miss out on some good opportunities to save money.

Most singles file a short form and claim the standard deduction, or the zero bracket amount, of \$2,300. That's because they usually don't amass more than \$2,300 of deductible expenses and it doesn't pay to itemize their return. If that's your situation, you may still find ways to save on taxes without itemizing, says the New Jersey Society of Certified Public Accountants (CPAs).

At the bottom of the 1040 long form there's a section called "adjustments to income." That can be the route that will enable singles to lower their taxable income without the paperwork of itemizing.

Let's say you moved to a new location in 1983 to start a new job, and the distance between your old home and your new job is more than 35 miles. You can subtract from your gross income the cost of moving all your personal effects. You can also subtract up to \$1,500 for the cost of house-hunting trips and any temporary housing and meals until you were settled. In addition, you can reduce your taxable income by any fees or commissions paid to real estate brokers. However, there are limits on these indirect expenses associated with moving, so check the IRS rules.

Another way to reduce your taxable income, within the adjustments to income section, is to subtract any unreimbursed business expenses. Include meals, transportation, lodging and any incidental costs incurred while you were on an overnight-business trip. If you hold two jobs, you can include the cost of traveling from your first job to your second job. Do not adjust your income for the cost of commuting from your home to your primary job.

Perhaps the most common method of reducing taxable income is making

contributions to an Individual Retirement Account. About a quarter of those eligible maintain IRA accounts. A single person can contribute up to \$2,000 a year to an IRA account and reduce taxable income by that amount.

There are differing opinions on whether a young single person should opt for an IRA. If you put \$1,000 a year in an IRA, it will be worth \$216,565 in 30 years, based on the prevailing 10 percent yield compounded quarterly for a "conservative" IRA. That sounds great, but young single people have other factors to consider. If after five years of \$1,000 contributions to an IRA you decide to withdraw the money to take out a home mortgage or to buy a business, you must pay a 10 percent penalty for withdrawing before age 59½. You may want to consult a tax advisor on your personal situation before opening an IRA.

CPAs say the very best way to save on taxes is to plan ahead and bunching your tax deductions is an effective tax strategy for singles. Think about this for your 1984 and 1985 taxes. If your itemized deductions and the standard deduction are about the same, try to bunch two years of itemized deductions in either 1984 or 1985 and claim the standard deduction the other year.

Let's say you are a single person with itemized deductions of about \$2,300 — the same as your standard deduction. But maybe you can defer payment of \$1,500 of those deductible items until 1985 and claim the standard deduction for 1984. Then, for the two years, you get deductions totaling \$6,100. That's the \$2,300 standard deduction in 1984 and \$3,800 of itemized deductions in 1985 — your usual \$2,300 plus the \$1,500 shifted from 1984. Thus, you increase your total 1984-85 deductions by \$1,500 — from \$4,600 to \$6,100 — and you've saved yourself a substantial amount of tax dollars.

Try to work this out before next tax season, CPAs say.

The smartest pet

'Reward' method easiest in animal training

By FRANK MCSWEENEY
(Frank McSweeney of Linden is an animal trainer whose pets have appeared at benefits throughout the area. This article by him is the first in a series on animal training that will appear in this paper.)

Did you get a new kitten or a new puppy for Christmas?

How would you like to make it the smartest animal on your block? Would you like your kitten or puppy to be able to jump through hoops, ride a skateboard, play the piano, ride a bike, roll over, shake hands, see-saw, ride a scooter or do many other tricks? Your dog or cat can be doing this in a few short months if you have the time and patience to devote to it. You will need

about half an hour a day, broken down into two 15-minute periods.

You must faithfully follow the instructions I will give you in this series on animal training.

I owned "Shanghai," the trick cat. She performed for more than 10 years. I also own "Trickster," also a trained cat. I now have a five-and-a-half-month-old cat which I am training and I will share all my training skills with you. I have two dogs, also — Midnight and Sunshine.

The training method I will be using is the reward method. It is the easiest of the three methods being used today.

The best age for training a cat is from two and a half months to three years

old. After a cat gets past three years of age, she is too hard to train. The best age for a dog is three months to seven years old. While training your animals, you must never mistreat them, never hit them, and never holler at them. Keep your voice nice and calm at all times. Never beat them, or they will become stubborn. Always remember your dog or cat is your friend.

When you start training your animal, go to a nice quiet place in your house, away from all distraction, such as other people, television, radios. I work with only one animal at a time. I have four animals and I have to work with each one separately. If you plan on training a kitten, it will take a little longer for her

to learn a trick than it would for a dog. You can teach a dog to do a trick in a week; it may take two to three weeks with a cat, but she will learn.

The first trick we will be learning, in the next article in this series — in a few weeks from now — is jumping through a hoop. If you have a hula hoop, that will do. If not, get some kind of a hoop or belt. This is the easiest trick to do. My dog learned it in four days and my cat did it in two weeks.

Animals love to do tricks. They want to please you. They love the time you put in with them. So, as I said, do you want the smartest animal on your block? It's up to you. Give it a try, and follow the training program.

A guest column

Good question — and even better answers

At a Washington soiree, Ronald Reagan asked Jimmy Doolittle a good question about his raid on Tokyo in 1942:

"How did you get away with not taking any newsmen along?"

That was the President's way of defending himself for obstructing American news coverage of the Grenada invasion.

It's a good question and there are answers. A few:

1. Jimmy Doolittle was fighting in a war declared by Congress under the Constitution. World War II was not one of those presidentially declared wars we now fight. Jimmy Doolittle, we should add, was a gallant pilot whose public reputation came in large part from the news reporting of his exploits.

2. One of the first steps of the American government in World War I and II was to provide for news coverage. News professionals — George Creel and then Tyrone Price of the AP — were called in. They set up voluntary codes of censorship for the American press. Those codes were followed well. Creel and later Price were committed to getting the news out to the American people. The system worked to the country's advantage.

3. Contrary to the implications of the President's wisecrack, American news correspondents went along in World War II. They went in with the troops. They have gone in all over the world, in many wars. If the President is unaware of that, he should take a look at the Iwo Jima flag-raising monument, modeled on the great picture taken by Jo

Rosenthal of the AP. Rosenthal crossed that bloody beach, camera in hand, with those who fought there.

4. Many reporters have been killed trying to get the news back to the American people. They have been killed by enemy fire. Grenada was the only case we know of where the President's own commander threatened to kill reporters who sought the news.

5. When the atomic bomb was dropped on Japan, an American reporter, William L. Laurence of the New York Times, went along on the flight to chronicle the event. In fairness to the President, "someone should inform him of that."

6. Yes, Vietnam poisoned the well. But there, too, many brave American reporters did their job, and a number were killed. Vietnam will be twice the tragedy it was if President Reagan and his successors interpret it as a mandate for blind censorship in undeclared wars.

We think he and his Administration were dead wrong in reversing the American tradition of news reporters going in with the combat troops. Keeping reporters off the island for two days hurt the credibility of a valid American action. So did putting out erroneous casualty figures.

We see the danger of politicians to scapegoat the press for whatever goes wrong. In the interests of public confidence, we urge President Reagan to rise above that, to get his facts straight and to recognize the tradition of combat reporting that has served this country well.

Reporters — men and women — have died in Europe, have shared the dangers of the Bataan evacuation, have been killed in Iran and Korea and Vietnam. They have risked their lives to get information and to the American people.

When a Japanese sniper killed Ernie Pyle in Iwo Shima in 1945, three years

after Doolittle's raid, many Americans wept. If Ronald Reagan remembers that day, perhaps he will ask his question again. For it is a good one, and it does have answers. It is worth much more than a cheap laugh at a Washington banquet.

(Reprinted from the Worcester, Mass., Sunday Telegram.)

Legislative addresses

The Senate

Bill Bradley, Democrat of Denville, 315 Russell Senate Office Building, Washington, D.C. 20510 (telephone: 202-224-3224), or 1609 Vauxhall rd., Union, N.J. 07083 (telephone: 688-0960).

Frank Lautenberg, Russell Senate Office Building, Washington, D.C. 20510; District office: P.O. Box 595, Nutley, N.J. 07110. (telephone: 645-3030).

The House

James Courter, Republican of Hackettstown, 325 Cannon House Office Building, Washington, D.C. 20515

(telephone: 202-225-5801), or District Offices: P.O. Bldg. 1 Morris St., Morristown, N.J. 07960 or 41 N. Bridge St., Somerville, N.J. 08876.

In Trenton District 22

State Senate—Donald T. DiFrancesco, 1906 Westfield Ave., Scotch Plains 07076.

Assembly—Robert Franks, 495 Plainfield ave., Berkeley Heights 07922. Maureen Ogden, 266 Essex St., Millburn 07041.

Municipal meetings

IN BOROUGH HALL

Route 22
Borough Council, third Tuesday, 8 p.m.; conference, second Tuesday, 8 p.m.

Board of Health, second Monday, 8 p.m.

Planning Board, second Thursday, 8 p.m.

Recreation Commission, third Thursday, 8 p.m.

IN SCHOOL BOARD DEERFIELD SCHOOL CAFETERIA

Board of Education meeting, second Tuesday, 8 p.m.

Connolly stays as Rec boss

MOUNTAINSIDE—John A. Connolly was unanimously reelected chairman of the Mountainside Recreation Commission, and Adele Magnolia will head the Pool Committee.

In addition to Connolly and Magnolia, other members of the Commission include James Barrett, Sandy Burdge, Carl Marinelli, Regina Picot, and Ernie Schwarte. Mr. Schwarte was appointed to the Commission by Mayor Bruce Geiger. Bob Wyckoff serves as Council liaison.

Sue Winans was re-appointed Recreation Director/Pool Administrator, and Fran Shalleross will continue to serve as secretary in the Recreation Office.

Newcomers luncheon

MOUNTAINSIDE—The Mountainside Newcomer's Club kicked off the New Year with a recent luncheon at the Stage Coach Inn. The Club's successful Christmas fundraising luncheon was discussed at the meeting.

The success was the result of donations by numerous businesses in the community and through individual efforts by club members. Maryann Cusano presented the donations to Chief Ron Huter on behalf of the Mountainside Fire Department, Shirley Biegler of the Childrens Specialized Hospital and Anne Sisson of the Mountainside Rescue Squad.

Club business also included the election of a nominating committee for the next semi-annual elections.



UNICO APPRECIATION LUNCHEON—Attending a Jonathan Dayton Regional High School appreciation luncheon recently were (from left) Dayton Director of Athletics Peter Falzarano, Jim Ssabo, Mrs. Jack Carter, regional board member David Hart, Dayton principal Anne Romano, township committee member Bill Cieri, board members Natalie Waldt and Margaret Hough, and regional Superintendent of Schools Donald Merachnick.

Gill urges jail for drivers who try to elude police

A mandatory jail sentence of 90 days would be imposed upon "anyone deliberately eluding a law enforcement agent by means of a motor vehicle" under a legislative proposal by Assemblyman Edward K. Gill (R-District 21).

Citing the hazards of high speed police chases to "unwitting bystanders and property," Gill said recently that the threat of a three-month jail term would solve the double-bind in which law enforcers currently find themselves — how to allow police the necessary leeway to apprehend suspects without endangering others.

"Most law enforcement officers agree that it is the fear of apprehension that is the biggest deterrent of crime," Gill said. "That being true, then it

seems to me that we should place more of the onus on the felon.

"I would think that if one knows that if he causes a high speed chase, he's going to jail for three months — no ifs, ands or buts — it would substantially cut down on these incidents.

"I am aware," Gill concluded, "that when enacted, this legislation will not deter hardened criminals from fleeing the scene, but it should give pause for thought to those who know a mandatory jail term awaits them."

"I am incorporating in this bill that anyone causing a high speed chase that results in the death or injury of an innocent victim, or damage to property, be held liable to the degree of that damage.

DeWitt gains post at Vail

MOUNTAINSIDE—Susanne Tennant DeWitt, a native of Union County, has recently been appointed the director of admissions at the Vail-Deane School in Mountainside.

An alumna of Vail-Deane, she says, "Telling parents about the school is easy for me. As a graduate of Vail-Deane and a teacher here for 15 years, I can speak with conviction and enthusiasm about the joys of being part of a school as stimulating as Vail-Deane."

DeWitt received her BA at the University of Michigan and an EDM from the Rutgers Graduate School of Education. In addition to her admissions work, she continues to teach classes, and she believes that being in the classroom helps her to keep in touch with the students and their needs. Besides her work at Vail-Deane, she volunteers at the Trailside Science and Nature Center in Mountainside.

Her husband, Omar, is chairman of

the mathematics department at Vail-Deane. "After teaching elsewhere, I came to Vail-Deane as a result of witnessing Susanne's obvious joy in going to work every day," he stated.

Vail-Deane is a K-12 co-educational college preparatory day school serving Union and surrounding counties. Admissions interviews for 1984-1985 are in progress. Inquiries concerning applications can be made directly to Susanne DeWitt by calling 232-5502.

Police cited

SPRINGFIELD—Frank Pulice, son of Mr. Frank Pulice, Irwin Street, Springfield, has been named to the Presidential Honor Society at the DeVry Technical Institute, Woodbridge.

Pulice is a student in the Electronics Engineering Technology program.

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Bi-county consortium benefits preschoolers with disabilities

SPRINGFIELD—Aid for preschoolers with suspected learning or physical or emotional disabilities is available through the Morris-Union Consortium, a group of school districts working together to provide services to area children.

The Consortium includes the districts of Springfield, Berkeley Heights, Bernards Township, Chatham Borough, Chatham Township, Florham Park, Harding Township, Madison,

Local teacher plays role in 'jump-a-thon'

MOUNTAINSIDE—Kean College students raised \$1,690.80 for the American Heart Association during a three-hour jump-a-thon organized by a physical education class.

Mrs. Filomena Scuderi of Mountainside, assistant professor of physical education, said 12 members of her class in organization, administration and supervision of physical education, rounded up 75 volunteer jumpers and organized them in to about a dozen teams.

Each jumper secured sponsors and each team was obliged to keep someone jumping for the entire evening event in the main D'Angola Gymnasium. Scuderi said a sponsor of the event was the New Jersey Association for Health and Physical Education, Recreation and Dance.

Office building is burglarized

MOUNTAINSIDE—A Route 22 East office building reported a weekend burglary that occurred sometime between Saturday night and Sunday morning. Police found a broken window to be the method of access to the building.

All first-floor offices were ransacked and the telephone line to the building was cut. At this time, an undetermined amount of petty cash has been reported missing.

New Providence, Passaic Township, and Summit.

Dr. Fred Baruchin, a member of the Consortium Superintendents' Council and Superintendent of Springfield Public Schools, recently stated that, "Fortunately, many preschool children can be helped if parents and others recognize problems early in their child's development. If parents suspect that their child has developmental, physical, learning or emotional problems, the Consortium can provide assistance."

The Consortium and member school districts are attempting to locate children under six years of age who may be in need of special education and related services. Parents are urged to contact the Consortium if their infant or preschooler is: — developing slowly — having difficulty seeing, hearing or moving — experiencing a long-term health problem — having difficulty speaking — having difficulty getting along with others.

The Consortium, through its member school districts, can provide referral services for infants as well as screening, assessment, and evaluation services for preschoolers.

The Consortium maintains three programs for preschool handicapped children: Project PEACH in Bernards Township, Project DYDEE in Springfield and Project MOPPET in Mountainside. Each program is currently offering services to preschool handicapped children; they are maintained by the Bernards Township Board of Education, Springfield Board of Education and Mountainside Board of Education, respectively.

Dr. John Fanning, a member of the Consortium Superintendents' Council and Superintendent of Schools in Bernards Township, states that, "We are particularly interested in iden-

tifying children who may be expressing growth or learning problems and may need special services." Dr. Kim Coleman, Executive Officer/Supervisor of the Consortium asks parents to be aware that "all children who may be experiencing problems may not necessarily need special education and related services. However, the Consortium and its member school districts will provide prompt assistance for those children who need special help and can assure participation in activities which can provide the foundations for later learning in school."

Parents can request additional information by calling the Morris-Union Consortium during the hours of 8 a.m. to 4 p.m., Monday through Friday at 464-7881.



DAVID KAPLAN of Springfield was recently named chief pharmacist at West Essex General Hospital.



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CLASSIFIEDS

Murray builds a new office

SPRINGFIELD—Murray Construction Co. of Springfield will build a warehouse/office in Ramapo, N.Y., for Pierce Business Archives. The 65,000 square ft. building is the third to be constructed for Pierce by Murray, a builder/developer headquartered in Springfield. The two earlier Pierce buildings are in Franklin Township, N.J., and Clarkstown, N.Y.

Located at the intersection of Rt. 45 and the New York State Thruway, the new building will be used primarily for archive storage. Pierce, headquartered in Folcroft, Pa., manages and stores inactive records for major companies from Boston to Washington. The company reports a constantly increasing demand for its services, which include storage, control of records and computerized access and delivery of wanted materials.

Architect for the new building is James R. Weill, 2 Garber Square, Ridgewood. He notes that the warehouse will be constructed of precast concrete while the attached office area will provide a design contrast of red brick and glass blocks.

Murray Construction Co. projects under way in New Jersey include: the Garden State Executive Center in Middletown (290,000 sq. ft.); Liberty Corner Executive Center in Bernards Township (87,366 sq. ft.) and Quakerbridge Executive Center in Lawrence Township (74,000 sq. ft.). In addition, Murray is planning a 100,000 square foot office building at the Teleport Satellite Communication Center on Staten Island.

Rescue squad busy in 1983

MOUNTAINSIDE—The Mountainside Rescue Squad reported that it was involved in 534 incidents during 1983. Of that number, 319 were emergencies, 83 were motor vehicle accidents, 72 transportations, seven fire standy, six dead on arrival, 2 revivals, 1 childbirth, and 43 were classified as miscellaneous.

Over 8200 miles were expended during these rescue incidents, and 2163 man hours were utilized.

During December, it was reported there were 60 incidents, involving 742 miles and 219 man hours.



BANDING TOGETHER—Jonathan Dayton Regional High School band director Jeff Anderson listens as marching band members practice for their final competition. The band wound up the season taking fourth place overall at the Eastern Marching Bands Association's competition in Little Falls. Earlier, the band had captured a fourth place at the Atlantic Coast Championship, with best percussion and best band front awards in all groups. At the Chapter V Championship, Dayton took second place in Group I, as well as best music, best percussion and best band front. Winter activities include winter guard competitions and exhibitions, a mid-winter concert and a music department 12-hour marathon.

Franks: Amendment for a parole statute

MOUNTAINSIDE—A recent State House demonstration by the Fraternal Order of Police protesting the parole of a convicted "cop-killer" after only seven years in jail "is a clear and understandable indictment of our parole eligibility statutes", according to Assemblyman Bob Franks (R-22).

Allen Roller, 31, received a 28-30 year sentence for his role in a 1976 murder of a Newark police officer. He was scheduled for parole on Tuesday.

"Under our statutes, Roller was eligible for parole consideration after serving one-third of the minimum sentence with additional time off for good behavior 'credits'", Franks said. "Clearly, we must amend the statutes to deny eligibility for parole until at least one-half the minimum sentence is

served. Accumulated credits should not apply until after that minimum is served."

Franks said he is preparing legislation that would provide for the minimum time of incarceration.

"The Roller parole slaps the face of law enforcement officials and law-abiding people everywhere," Franks added. "Seven years in jail is simply not enough for a felon convicted of involvement in the slaying of a police officer."

He said the fault is not with the sentencing judge or the parole board. "The fault lies in the statutes which must be amended," he said. "If my amending legislation had been the law today, Roller would not have been eligible for parole consideration until 1991."

Blood drive set Tuesday

MOUNTAINSIDE—The Junior Women's Club of Westfield and the Westfield-MountainSide Chapter of the Red Cross have joined together to sponsor a blood drive to cover the community's blood replacement needs.

The drive is scheduled for Tuesday from 2 to 7:30 p.m. at the Red Cross Chapter, 321 Elm Street, Westfield. New blood donors are needed to replenish the supply of blood units used over the holidays in the area hospitals.

"Many people have never given blood because they say that they have never been asked," explained Gertrude Elster, Executive Director of the local Chapter. "Well, the Red Cross is asking you, now, to give blood and help save a life, perhaps someone very close to

you." Although all residents and workers in Westfield and MountainSide are covered for their blood needs, the donation you give today is used for someone who needs blood now. Blood is given out on the basis of need and availability, there is no surplus, all donations are used.

People between the ages of 17 and 65 may donate blood. Donors should weigh at least 110 pounds. Seventeen year olds need written parental consent. Credit for blood replacement may be transferred at donor's request to any hospital in the U.S.A., Canada or Puerto Rico.

Donors may call the Red Cross at 232-7090 for an appointment or just walk in.

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And my basket is full of useful gifts to please your family. Take a break from unpacking and call me.

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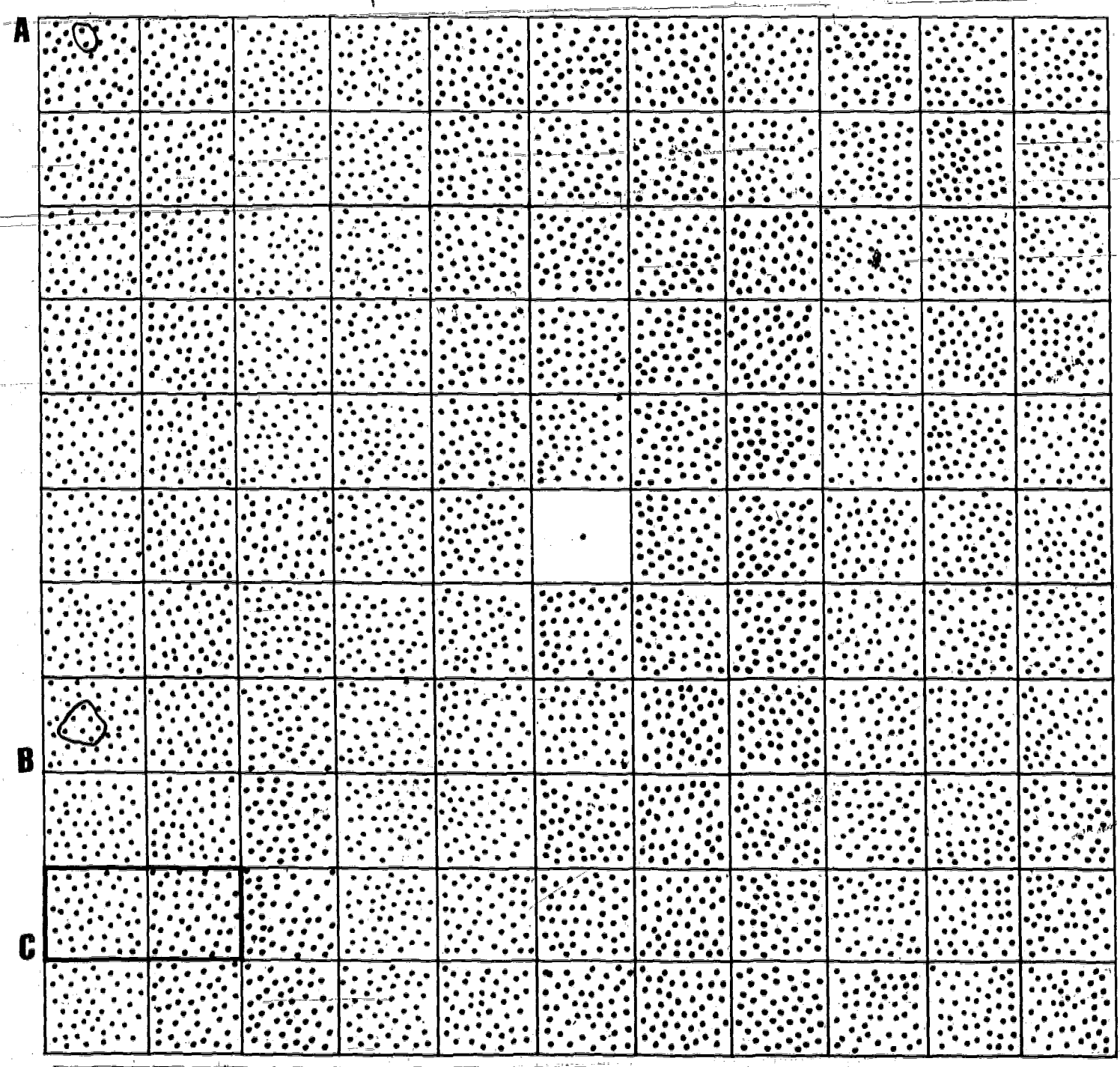
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Our government doesn't think we have enough.



Judge for yourself.

The dot in the center represents the destructive force of all the firepower used during the entire six years of World War II.

Three million tons of TNT. Three megatons.

The other dots portray the firepower of the world's nuclear arsenals, 16,000 megatons. More than 5,000 World War IIs.

Do you think we have enough? The top lefthand circle (circle A) is the firepower of just one U.S. submarine. Think of it: twice the firepower used in World War II aboard a single submarine.

That one submarine could destroy over 150 Soviet targets.

We have 19 such subs, plus 15 others with even greater firepower.

Do you think we have enough? The Pentagon doesn't think so. Like the new Trident submarine. Its firepower is portrayed by the lower lefthand circle (circle B). About seven World War IIs.

Just two squares (labeled C) on this chart (more than 250 megatons) represents enough firepower to destroy all the large- and medium-sized cities in the entire world.

Do you think we have enough? The Reagan Administration doesn't think so. In the next decade, the U.S. plans to build 17,000 new nuclear weapons.

If you think we already have enough weapons, call, toll-free, 1-800-NUCLEAR. We will send you information about what you can do to help halt the arms race.

You can make a difference.

Documentation available on request.

U.S. Congressional staff have reviewed the facts in this ad and have found them accurate.

Documentation available on request.

If you saw, and were shaken by, the TV movie, "The Day After" and are groping for something concrete to do, (and if you think this ad is an effective way to educate people about the dangers of the nuclear arms build-up) here's a suggestion - and an offer.

The suggestion: Get together with friends and neighbors who feel as you do and chip in on the cost of publishing this ad in your local or neighborhood newspaper.

The offer: Simply call the Public Media Center, (415-434 1403), and we will send you a copy of the ad in a form ready to place in your local paper.

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- Send me the 24 page Nuclear War Prevention Manual which has practical information about things I can do right here in my community. Enclosed is a check for \$5.00 for each manual.
- Here is a tax deductible contribution to bring this message to others:
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ASSETS

CASH \$ 6,327,466.37
 U.S. GOVERNMENT OBLIGATIONS. 174,992,428.78
 MORTGAGE LOANS. 434,616,859.59
 OTHER LOANS. 108,632,486.19
 FEDERAL HOME LOAN
 BANK STOCK. 4,167,200.00
 OTHER INVESTMENT SECURITIES. 480,788,988.80
 ASSOCIATION PREMISES - NET. 2,634,534.43
 REAL ESTATE SOLD ON CONTRACT. 395,000.00
 FURNITURE-FIXTURES AND
 EQUIPMENT - NET. 642,708.20
 PREPAID PREMIUMS FOR
 INSURANCE OF SAVINGS. 768,929.76
 OTHER ASSETS. 7,198,754.81
\$1,221,165,356.93

LIABILITIES—RESERVES—SURPLUS

SAVINGS \$ 732,605,275.91
 ADVANCES FROM FEDERAL HOME
 LOAN BANK. 75,000,000.00
 REVERSE REPURCHASE
 AGREEMENTS. 364,313,755.67
 N.J. MORTGAGE FINANCE
 AGENCY FUNDS. 937,575.00
 ADVANCE PAYMENTS BY
 MORTGAGORS FOR TAXES
 AND INSURANCE. 1,762,742.90
 OTHER LIABILITIES. 12,551,893.33
 RESERVES - SPECIFIC. 122,638.71
 RESERVES - SURPLUS* **33,871,475.41**
\$1,221,165,356.93

*Surplus does not include \$26,640,234.11 resulting from the state of New Jersey Department of Banking Investment Restatement Accounting Regulation.

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PLANNING FOR EDUCATION DAY—Members of the combined Hadassah chapters, Union, Springfield, Roselle-Cranford and Hillside, formulated plans recently for the event, including lunch, scheduled Sunday at 11 a.m. in Temple Shomrei Torah, 910 Salem Ave., Hillside (at the home of Gerda Mills of Hillside (fifth from left)). They are, left to right, Ellen Meth, Alice Lefkovic (Cranford), Sydel Spialter (Union), Lila Barsky, Mrs. Mills (Hillside), Ilse Frank (Union), Dr. Pearl Lief (Springfield), Ruth Friedman (Hillside) and Alice Weinstein (Springfield). Additional information can be obtained by calling 926-6283.

Special event celebrated

The combined chapters of Hadassah, Union, Springfield, Roselle-Cranford and Hillside will celebrate Education Day Sunday at 11 a.m. (snow date, Feb. 5) in Temple Shomrei Torah, 910 Salem Road, Hillside. The theme will be "The American Jewish Family in the 1980s - Fact or Fiction."

Featured will be guest speaker, Samuel Heilman, professor of sociology and chairman of the department of Jewish studies at Queens College, and Bayla Falber, a certified social worker. Workshops will be held on "Singles of

Meeting is set by Springfield Hadassah unit

The Springfield Chapter of Hadassah will meet Jan. 26 at 8 p.m. in Temple Beth Ahm, Springfield. Iris Segal is president.

Discussions will be held by Dr. Pearl Lief on Education Day, Henrietta Lustig, fund-raising vice president, on benefit events, and Evelyn Spielholz on the calendar journal.

Mildred Seidman, program vice president, will present a panel discussion called "The Chachden Is Alive and Well and Operating in New Jersey."

Participating in the event will be Herb Ross, who operates the "Singles Network," Ortrud Bowman of "Character Profiles" and Mary Shaw of the "Turning Point, a singles organization that sponsors activities and self-awareness. Mae Cummins will moderate the discussion.

The public is invited to attend.

Guest to talk on IRS subject

Ann Primerana, Internal Revenue Service representative, will be guest speaker at a luncheon meeting of the Kiwanis Club of Millburn-Springfield Jan. 26 at 12:15 p.m. at the Holiday Inn, Rt. 26 west, Springfield.

The Kiwanis Club consists of a group of business and professional men who live or work within the area who are dedicated to the community service. They meet every Thursday from 12:15 to 1:30 p.m. in the Springfield Holiday Inn.

Additional information can be obtained by calling Cliff Bakley, president, at 533-7938.

Sermon announced

The Rev. Matthew Garippa, pastor of the Mountainide Gospel Chapel, 1180 Spruce Drive, will have as his sermon at the worship service Sunday at 11 a.m., "Christianity Versus Perfectionism."

All Ages," led by Dr. Pearl Lief of Springfield; "Divorce: Expectations and Realities," Alice Lefkovic; "The Synagogue: Does It Meet the Needs of the Family Today?," Gerda Mills, and "The Elderly in Today's Family Structure," Bayla Falber.

A buffet luncheon will be served, and a musical interlude will be provided by Cantor Martha Novick, accompanied by Mrs. Mills.

Among those serving on the committee are Dr. Lief, Alice Weinstein and Ruth Weinstein, all of Springfield; Ilse Frank, Sydel Spialter and Dina Jacoud, all of Union; Mrs. Lefkovic, Ellen Meth, Mrs. Mills, Janice Carno, Lila Barsky, Ruth Friedman and Rose Kalishman.

Tickets can be purchased from any of the chapters or by calling 926-6283.

School lunches

REGIONAL HIGH SCHOOL

FRIDAY, pizza, carrot and celery sticks, vegetable, fruit, batter-dipped fish submarine sandwich with shredded lettuce, cheese wedge, peanut butter and jelly sandwich, large salad platter with bread and butter, homemade soup, desserts, milk; **MONDAY**, minute steak on bun, frankfurter on roll, egg salad sandwich, potatoes, vegetable, large salad platter, homemade soup, desserts, milk; **TUESDAY**, spaghetti with meat sauce, bread and butter, tossed salad with dressing, fruit, hot ham sandwich on soft roll, American cheese and tomato sandwich, large salad platter, homemade soup, desserts, milk; **WEDNESDAY**, hot turkey sandwich with ravy, veal Parmesan on bun, salami sandwich, potatoes, chilled juice, fruit, large salad platter, homemade soup, desserts, milk; **THURSDAY**, hot meatball submarine, potatoes, vegetable, fruit, macaroni and cheese, bread and butter, tossed salad with dressing, fruit, peanut butter and jelly sandwich, large salad platter, homemade soup, desserts, milk.

Stork club

An eight-pound, seven-and-a-half-ounce son, Kyle Robert Wilt, was born Jan. 5 in St. Barnabas Medical Center, Livingston, to Mr. and Mrs. Robert Wilt of Cross Street, Kenilworth.

Mrs. Wilt, the former Gayle Roessle, is the daughter of Mr. and Mrs. Rudy Roessle of Union. Her husband is the son of Mr. and Mrs. Bob Wilt of Bedminster.

Dance is planned

The Essex-Union Chapter of Parents Without Partners will hold a meeting and dance Wednesday at 8 p.m. at the Holiday Inn, Kenilworth. An orientation for new members will be held at 7:30 p.m.

Social and church news

Francine Simini is wed to Mr. Neff of Irvington

Francine Simini, daughter of Mr. and Mrs. Frank Simini of Mountainide, formerly of Irvington, was married recently to Charles Neff, son of Mrs. Lorraine Neff of Irvington, and the late Mr. Charles Robert Neff.

The Rev. Homer Tricules officiated at the ceremony in Scotch Plains Baptist Church. A reception followed at the Sulphur Springs Inn, Berkeley Heights.

The bride was escorted by her parents, Barbara Ann Fornadel of Mountainide served as matron of honor for her sister. Bridesmaids were Diana Crispin of Toms River, sister of the groom; Diane Sinnott of Wayside, cousin of the bride, and Sharon Helfgott of Edison.

Dana Neff of Charleston, S. C., served as best man for his brother. Ushers were Frank Fornadel of Mountainide, brother-in-law of the bride; Lester Crispin of Toms River, brother-in-law of the groom, and Jeffrey Sinnott of Wayside, cousin of the bride.

Mrs. Neff was graduated from Irvington High School and the School of Visual Arts, New York City.

Her husband, who attended Jersey Preparatory School and Lincoln Technical Institute, Union, is a driver for the Newark News Dealers Supply Co.

The newlyweds, who took a honeymoon trip to the Virgin Islands, Puerto Rico and Florida, reside in Irvington.



MR. AND MRS. NEFF

Jewish family to be subject at joint event

"The American Jewish Family of the 1980s - Fact and Fiction" will be the topic for the Education Day planned by the Union, Springfield, Cranford and Hillside chapters of Hadassah Sunday in Temple Shomrei Torah, 910 Salem Ave., Hillside.

The event will feature keynote speaker Samuel Heilman, professor of sociology and chairman of the Jewish Department at Queens College, who will provide a philosophic viewpoint, and Bayla Falber, who will deliver the psychological view.

Simultaneous workshops will be held on "Singles of All Ages," to be led by Dr. Pearl Lief; "Divorce," to be led by Alice Lefkovic; "The Synagogue," to be led by Gerda Mills, and "The Elderly in Today's Family Structure," to be led by Bayla Falber.

A buffet luncheon will be served, and a musical interlude will be provided by Cantor Martha Novick.

Serving on the committee together with the speakers will be Alice Weinstein and Ruth Hoffman, both of Springfield, Ruth Frank of Union, Ellen Meth of Cranford, Janice Carno, Ruth Friedman, Lila Barsky and Rose Kalishman, all of Hillside.



EILEEN EBNETER ROBERT GILBERT

Music leaders betrothal told

Mr. and Mrs. Thomas F. Ebnetter of Hackettstown have announced the engagement of their daughter, Eileen M. Ebnetter, to Robert F. Gilbert, son of Mr. and Mrs. Frank M. Gilbert of Beverly Road, Springfield.

The bride-elect, who is completing a bachelor of music degree in organ and a master of science degree in professional accounting at the University of Hartford, West Hartford, Conn., is organist-choir director at the Congregational Church of Windsor, Locks, Conn.

Her fiance, who was graduated from Jonathan Dayton Regional High School, Springfield, and the University of Hartford, where he received bachelor of music degrees in organ and education, is organist-director of music at the First Congregational Church, Wallingford, Conn. He is on the music faculty of the Bolton Public Schools in Connecticut.

A fall 1985 wedding is planned.



IRENE M. TICKI RALPH J. EHMANN

Ticki-Ehmann troth is told

Mr. and Mrs. Michael Ticki of Essex Street, Irvington, have announced the engagement of their daughter, Irene M. Ticki, to Ralph J. Ehmman, son of Mr. and Mrs. Emil Ehmman of Kenilworth.

The bride-elect, who was graduated from Frank H. Morrell High School (Irvington High School), is an assistant supervisor at Federal Savings & Loan Association.

Her fiance, who was graduated from David Brearley Regional High School, Kenilworth, is self-employed at Jewelry Tool & Die Co., Kenilworth.

A September wedding is planned in St. John's Ukrainian Catholic Church, Vailsburg, with a reception at the Club Navaho Manor, Irvington.

Nursery School to hold open house tomorrow

Temple Beth Ahm Nursery School, Springfield, will hold its open house Wednesday at 10:30 a.m. Registration for the 1984-1985 school year will begin. It was announced that all those who are interested in the school are invited to attend.

Innovated events are planned for the pre-school children. Music enrichment classes will be offered for the two, three

and four-year-old children. A full pre-school computer program will be instituted.

A large selection of class possibilities will be provided allowing parents to custom fit a program to meet their children's needs.

Two-year-olds may attend nursery school two or three mornings; three-year-olds may attend three, four or five afternoons with the option of one, two or three full days.

It was announced that many extended lunch day programs will be available for both the three and four-year-old children.

Renee Kahn, director of the nursery, may be contacted at 376-0539 for additional information.

Barn dance set by school guild

The School Guild of St. James, Springfield, will hold a barn dance Feb. 18 at 8 p.m. in the school auditorium, South Springfield Avenue.

The annual event will "offer both the novice and the experienced country dance a chance to swing a partner through the expert calling of Dick Myers."

Refreshments will be served. Ticket information can be obtained by calling Margy or Ed Koempel at 467-3598.

Singles dance is set

The B'nai B'rith Bet Chai Singles 35 plus will hold a dance Saturday at 8:30 p.m. in the Jewish Center of West Orange, 300 Pleasant Valley Way. Refreshments will be served. Additional information can be obtained by calling 862-1870.

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22 Center Street Springfield

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Mountainide Public Notice

NOTICE IS HEREBY GIVEN that the Governing Body of the Borough of Mountainide shall be meeting for a Special Meeting Tuesday, February 7, 1984, 8 p.m., Borough Hall, Mountainide, New Jersey for the purpose of discussing the 1984 Budget and any other business which may reasonably come before the Governing Body.

Kathleen Toland, Borough Clerk
002434 Mountainide Echo, January 19, 1984 (Fee: \$4.25)

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When You Join Our Movie Club, Memberships honored at all Video Studio locations.

Obituaries

Mr. Carl Ledig, 71; on Planning Board

SPRINGFIELD—Services for Carl F. Ledig, 71, of Springfield, a member of the Springfield Planning Board, were held yesterday in the First Presbyterian Church of Springfield by arrangement with the Smith and Smith (Suburban), Springfield. Mr. Ledig died Saturday at home.

Born in Irvington, Mr. Ledig moved to Springfield 40 years ago. He was the

Mrs. Ovila Hyde, 77

SPRINGFIELD—Services for Oliva Hyde, 77, of Denver, Col., formerly of Springfield, were held Monday in the Jacob A. Holle Funeral Home, Maplewood. Mrs. Hyde died Jan. 12 in the Sunny Acres Medical Center, Denver.

Born in Farwell, Minn., Mrs. Hyde lived in Short Hills and Springfield before moving to Denver three years ago. She had been a school teacher in Aiken, Minn., from 1928 until 1935. Mrs. Hyde was a member of the Woman's Club of Millburn, the Women's Guild of the Community Congregational Church and the Drexel Club, both of Short Hills, and the Suburbanites of Millburn-Short Hills.

Surviving are a son, Richard A.; two daughters, Barbara O'Neal and Carol Kennedy, and six grandchildren.

Margaret Pittenger

SPRINGFIELD—A Mass for Margaret W. Pittenger of Springfield was offered Jan. 12 in St. James Church, Springfield, following the funeral from the Smith and Smith (Suburban), Springfield. Mrs. Pittenger died Jan. 9 in Overlook Hospital, Summit.

Born in Scotland, Mrs. Pittenger lived in Springfield for 25 years. She was a legal secretary for the Air Reduction, Inc., Murray Hill, for eight years. Mrs. Pittenger retired in 1964.

Surviving are her husband, A. Raymond; a brother, John Wisdom, and a sister, Mary Orrell.

Death Notices

BUDNEY Edward J., age 83 years, of Union, beloved husband of Evelyn (nee Bradley) devoted father of Edward W. Budney, Mrs. Miriam Donohue and Francis V. Budney, also survived by six grandchildren. Relatives and friends kindly invited to attend the funeral from HAEBERLE & BARTH COLONIAL HOME, 1100 Pine Ave., corner of Vaux Hall Road, Union, for a Funeral Mass. Interment in Hollywood Memorial Park.

EGLER Miss Pearl, of Union, N.J., beloved sister of Mrs. Fannie Murray and Mrs. Edna Egler. The funeral was conducted from The MC CRACKEN FUNERAL HOME, 1500 Morris Avenue, Union.

GNATOWSKI Henry, of Union, N.J., beloved husband of Alberta (Wheeler), brother of Edmund, Irene Neijako and Antoinette Mary Johnson and the late Stanley Gnatowski. The funeral was conducted from The MC CRACKEN FUNERAL HOME, 1500 Morris Ave., Union. The Funeral Mass at Sacred Heart of Jesus Church, Irvington, N.J.

GOLDING Laurence, of Elizabeth N.J., beloved husband of Ruth (Clayton) Golding devoted father of William L. and Susan E. Golding brother of Dr. Charles Golding, Dr. Howard E. Golding, Helen Conklin and Laura Pierce. The funeral was conducted from The MC CRACKEN FUNERAL HOME, 1500 Morris Ave., Union. Interment Glendale Memorial Park, Kenilworth.

RADCLIFFE Thomas A., of South Bound Brook, N.J., beloved husband of the late Rose (Silechio) Radcliffe, devoted father of Thomas, Richard, Dennis, Ronald, Diane

vice president of the Pharmacaps, Inc., Elizabeth, who he worked for 27 years before retiring in 1978.

Mr. Ledig was a member of the Springfield Planning Board and the F & AM, Lodge 7, Newark. He also was a deacon in the First Presbyterian Church of Springfield.

Surviving are his wife, Margaret; a son, Dr. C. Bruce Ledig; a daughter, Gail B. Sonderman; a brother, Arthur O.; two sisters, Katherine Jackson and Mae Weber, and five grandchildren.

Fabian E. Vincent

MOUNTAINSIDE—Services for Fabian E. Vincent, 73, of MountainSide, a former borough councilman in MountainSide, were held Saturday in the Smith and Smith (Suburban), Springfield. Mr. Vincent died Jan. 10 in the Halifax Hospital, Daytona Beach, Fla.

Born in Newark, Mr. Vincent lived in Kenilworth before moving to MountainSide 49 years ago. He was a MountainSide borough councilman for several years in the 1940s. Mr. Vincent was a realtor and owned the real estate firm of Fabian E. Vincent & Son in MountainSide for 26 years before retiring five years ago. Mr. Vincent was a charter member of the MountainSide Volunteer Fire Department. He served in the Army during World War II and in the Army Reserve for 20 years.

Surviving are his wife, Dorothea; two daughters, Jacqueline F. Vincent and Elaine Cedarquist; a son, Donald F.; two brothers, Joseph and Merlyn, and six grandchildren.

HYDE—Ovilia, of Denver, Col., formerly of Springfield; on Jan. 12.

LEDIG—Carl F., of Springfield; on Jan. 14.

PITTINGER—Margaret W., of Springfield; on Jan. 9.

VINCENT—Fabian E., of MountainSide, formerly of Kenilworth; on Jan. 10.

and Debra Radcliffe, brother of Kenneth C. Radcliffe, Charlotte Crowing, Myrtle Miller, Jean Mitchell, Edna Keen and Doris Broadfoot, also survived by nine grandchildren. The funeral service was held at The MC CRACKEN FUNERAL HOME, 1500 Morris Ave., Union. Interment St. Gertrude's Cemetery, Colonia.

RITTERSACHER Jacob of Irvington, beloved husband of Myrtle (nee Rothrock), brother of John is Florida. Relatives and friends were invited to attend the service at The CHARLES F. HAUSMANN & SON FUNERAL HOME, 1057 Sanford Ave., Irvington. Interment Glendale Cemetery, Bloomfield.

SCHIFF Ernst, age 75 years, of Union, beloved husband of Meta (nee Lampe), father of George Ernst and Walter Schiff, grandfather of Karen and Kathryn Schiff. Relatives and friends were kindly invited to attend the funeral service at HAEBERLE & BARTH COLONIAL HOME, 1100 Pine Ave., corner Vaux Hall Road, Union. Interment Hollywood Memorial Park. In lieu of flowers, contributions may be made to the Memorial Fund of Grace Lutheran Church 2222 Vaux Hall Rd.

VAN BRUNT Janet (Kinney), of Union, N.J., beloved wife of the late Albert W. Van Brunt, devoted mother of Ronald A. Van Brunt, sister of Helen Adlon, also survived by two grandchildren. The funeral was conducted from The MC CRACKEN FUNERAL HOME, 1500 Morris Ave., Union. A Funeral Mass at Church of St. Michael the Archangel, Union.

Springfield Public Notice

LEGAL NOTICE
The New Jersey Economic Development Authority will hold its regular monthly meeting on February 7, 1984 at 10:00 a.m. at its offices at Capital Place One, Suite 600, 200 South Warren Street, Trenton, New Jersey, to discuss and take action on various applications for Industrial Development Bond (IDB) financing.
Financing for this (these) project(s) is not an obligation of the State of New Jersey. Funding for projects is secured privately through conventional lending sources.
This notice is being published in accordance with the public notice requirements of the Federal Tax Equity and Fiscal Responsibility Act of 1982. Anyone having an interest in this (these) matter(s) may attend the meeting to give their comments.
Published by Order of the New Jersey Economic Development Authority.
The project(s) include, but are not limited to the following:
NJEDA APPLICATION NO: 83-4605
Name & Address of Applicant: Richard F. Poles, 10 Colonia Drive, Scotch Plains, New Jersey 07076
Owner, Operator or Manager (if other than Applicant): Jorita W.G. Co., Inc.
Description of Project: The project involves the acquisition of land and a building to be used as a manufacturing plant.
Project Address: 40 Brown Avenue, Springfield, Union County, New Jersey
Maximum Aggregate Face Amount of Issue: \$50,000
002633 Springfield Leader, January 19, 1984 (Fee: \$14.75)

MountainSide Public Notice

NOTICE 12th day of January, 1984 on the Planning Board of the Borough of MountainSide, after public hearing, took action on the following applications:
Yuan Tai Sheng - 1085 Route 22 - Block 23 C, Lot 15 Change of Tenancy & Development, Sign Approved.
2. Maurice M. Weill - 1160 Route 22 - Block 5 T, Lots 36 & 39 Minor subdivision - Approved.
Please note that said action is subject to resolution.
Patricia A. Zavadny
Secretary
002635 MountainSide Echo, January 19, 1984 (Fee: \$5.50)

NOTICE OF BID
NOTICE IS HEREBY GIVEN that sealed bids will be received by the Borough Clerk of the Borough of MountainSide, County of Union, State of New Jersey, for the sale of two 1981 Dodge, Model SI, Dodges. Bids will be opened and read in public at the Municipal Building, 1385 Rt. 22, MountainSide, New Jersey on Monday, February 13, 1984 at 10:00 a.m., prevailing time. All bids shall be accompanied by a deposit in the amount of ten (10%) percent of the price bid. Terms of the purchase are cash payable within thirty (30) days of the acceptance of bid. The Borough reserves the right to reject any or all bids.
Specifications, instructions to bidders and all other details are contained within this Notice of Bid. Prospective Bidders is to make arrangements for appointment for inspection with Chief William A. Aiker of the MountainSide Police Department (201) 232-8100.

IDENTIFICATION:
1981 Dodge SI, Regis. Serial number Mileage 82,950
1B3BR47N2B105824
1981 Dodge SI, Regis. Serial number Mileage 96,767
1B3BR47N2B105829
All vehicles are identically equipped as follows:
4 door sedan, police equipment package, V-6 engine, 4 barrel carburetor, 318 cubic inch. Power brakes, power steering, AM radio, air conditioning, rear window defroster and electric trunk lock release. Body condition... good.
Minimum acceptable bid is \$1,300. per vehicle
Kathleen Toland
Borough Clerk
002634 MountainSide Echo, January 19, 1984 (Fee: \$16.75)

Super Sunday benefit aides are announced

Bernard Burkhoff and Herbert Cooper, co-chairmen of the second annual Pre-Super Sunday Super Celebration, have announced the names of the Jewish Federation of Central New Jersey committee members assisting at the benefit event.

The evening of music, dancing, refreshments and entertainment, highlighted by the award-winning "Partners in Faith," will be held Jan. 28 in Temple Emanu-El, Westfield. It is a curtain raiser for Super Sunday when the 1984 United Jewish Campaign officially gets under way.

Among the committee assistants are Elliot Levin and Millard Spialter, both of Union; Roz Dorlen and Robert Weinberg, both of MountainSide, and Maurice Rakin of Linden.

"Partners in Faith," a multi-media presentation won the gold medal at the 26th annual awards competition of the International Film and Television Festival. Written by Issachar Miron, the composer of "Tzena, Tzena, Tzena," the show features two narrators, soloists and an instrumental ensemble in a musical salute to Israel, Jewish life and Judaism's cultural inheritance.

Reservations can be made by calling the Jewish Federation of Central New Jersey, Green Lane, Union, 351-5060.

Winter retreat set Saturday

St. Marguerite's House in Mendham will be the setting for "Silence and Society," a winter retreat, led by the Rev. Robert C. Morris Saturday from 5 p.m. through 6:30 p.m. Sunday. Morris, a trainer in spiritual disciplines adapted to modern life, is the director of Interweave Center for Holistic Living.

St. Marguerite's is operated by the Community of Episcopal Sisters of St. John the Baptist. Additional information can be obtained by calling 763-8312.

Orientation slated by Parents' group

Parents Without Partners 418 will hold an orientation meeting tonight at 8 at the Franklin State Bank, 336 Park Ave., Scotch Plains, in the lower level. All single people (previously married and now separated, divorced or widowed) with children are invited to join and participate in the group activities for the family and adult activities. Refreshments will be served.
An adult social is held on the second Monday of each month.

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Social and church news

Synagogue will install Schneider as president

Zachary Schneider, a founder of Congregation Israel of Springfield and its Young Israel predecessor, will be installed as president of the congregation at a dinner tonight at 7 in the synagogue, Mountain Avenue and Shunpike Road. He will lead officers and trustees who will guide the affairs of the congregation for the next two years.

Schneider has served as an officer and a member of the board of trustees of the congregation and its Young Israel predecessor since the latter was established in 1971. He was a member of the merger committee which helped to effect the union between the that congregation and Congregation Israel of Newark to form the present synagogue. In 1981, he was honored as the congregation's "Man of the Year."

Big band event slated Jan. 28

The "Big Band" sound will be heard at the Parish House of the First Presbyterian Church of Springfield Jan. 28 from 8 p.m. to midnight. "Reeds, Rhythm and ALL That Brass," a 16-piece band, will provide the sound of music for an evening of entertainment and dancing.

The committee, under the leadership of Mr. and Mrs. Fred Schenk, has announced that tickets may be purchased at the church office. Reservations can be made by calling 379-4320 from 9 a.m. to 4 p.m., Monday through Friday.

Proceeds will go toward the Tower Fund to "help rebuild the historic Springfield church's tower which was removed last month because of structural deterioration.

Divorced mothers

A special group for divorced mothers will be offered at the Jewish Family Services, 567 Park Ave., Scotch Plains, beginning Tuesday at 6:30 p.m. The group will be led by Barbara Greenbaum. Additional information can be obtained by calling 233-6770 or 352-8375.

Charge for pictures

There will be a \$10 charge for publication of wedding and engagement pictures. Wedding and engagement stories without pictures will still be published without charge.

Elaine Snepar returns from NATE confab

Elaine Snepar, director of education of Temple Sha'arey Shalom Religious School, Springfield, recently returned from the National Association of Temple Educators (NATE) conference in Costa Mesa, Calif., where she participated in a special program formulated to certify her as a "curriculum implementation advisor" of the new Union of American Hebrew Congregations (UAHC) curriculum.

The curriculum entitled "to see the world through Jewish eyes," helps the learner develop perceptual, sensorial, emotional and intellectual insights. For members of the Reform Movement, the curriculum "brings forth the best set of options from which Reform Jewish teachers and learns can make sensitive choices, and it creates a landscape for ongoing evaluation, refinement and redirection.

The temple will introduce the new curriculum into the school at the pre-school and primary department level in September.

Guest speaker set by temple

Rabbi Benjamin A. Kamin, North American director of the World Union for Progressive Judaism, the international body of Reform Judaism, will be guest speaker Jan. 27 at 8:30 p.m. in Congregation B'nai Jeshurun, Short Hills. The community is invited to attend.

Group to see 'Ice Capades'

The Clara Barton Auxiliary of Eastern Union County Chapter, American Red Cross, has announced that it will hold a trip to the "Ice Capades," starring Dorothy Hamill, at the Meadowlands Jan. 29 for the 1:30 p.m. performance.

A motorcoach will leave from Kean College of New Jersey, Union, parking lot at noon and will return at about 4:30 p.m. The group will have dinner at the Town and Campus Restaurant, Union.

Folk singer slated by PTA of Caldwell

The James Caldwell School PTA, Springfield, will present folk singer Jim Albertson tomorrow at 1:30 p.m. in the school auditorium.

Albertson, who features songs about brotherhood, encourages "group involvement." Parents are invited to attend.

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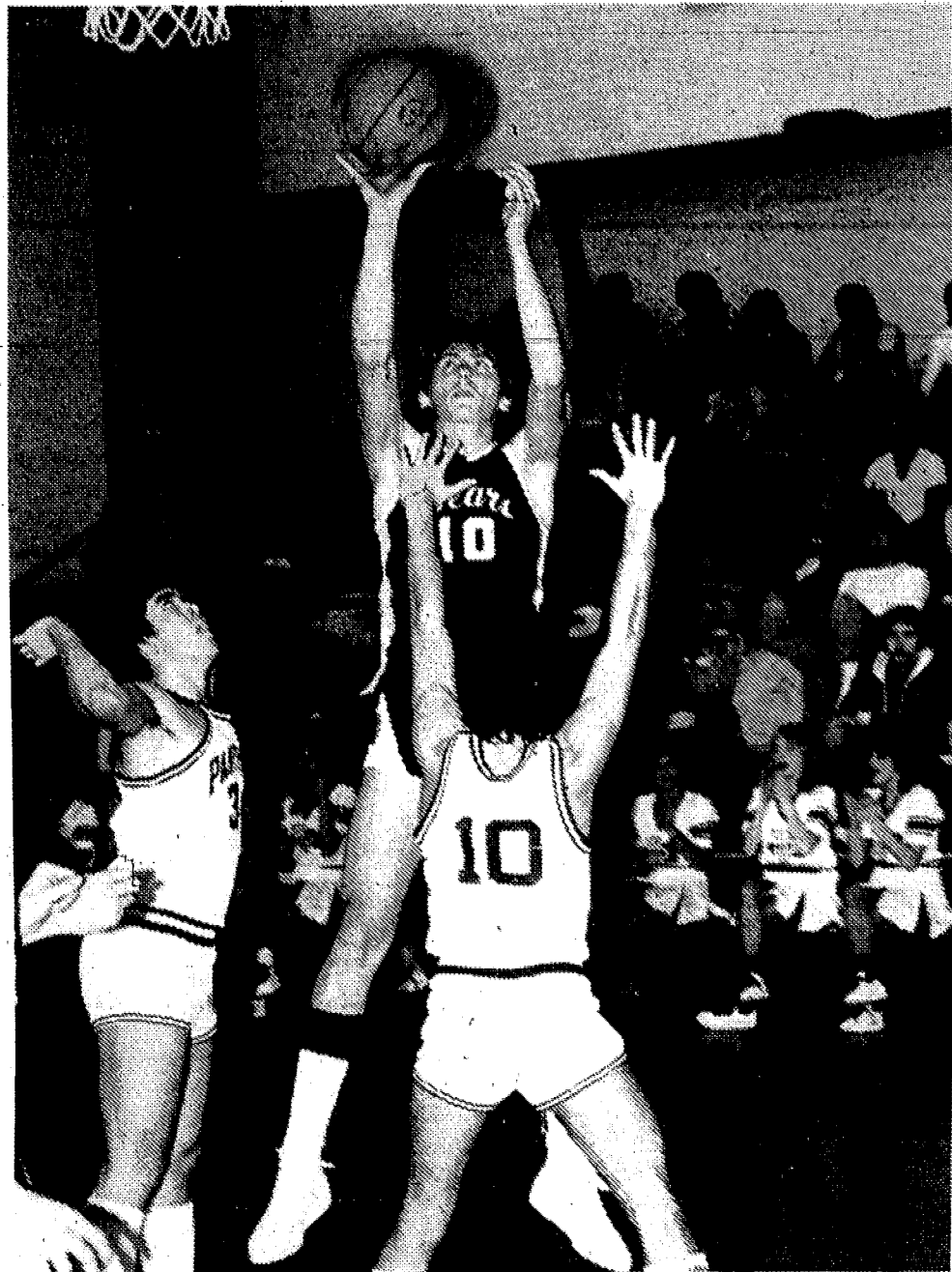
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Dayton '5' wins comfortably ; Brearley struggling



GOING FOR TWO—Willie Nickal of David Brearley Regional High School launches jump shot over Roselle Park defender during last week's game. The Bears bowed to the Panthers, 75-58.

After a season of cliffhangers, the Jonathan Dayton Regional High School boys basketball posted a couple of rare one-sided wins last week to push its record to 7-2.

Dayton was able to easily dispose of lowly Middlesex, 62-39. A 10-point streak to close out the third quarter turned a 10-point lead into a rout.

Chris Knierim led the way for the Bulldogs, with 19 points and eight rebounds. Glenn Booker also had a well-balanced night, scoring 10 points and collaring 11 rebounds. Mitch Nenner contributed 12 points.

Knierim again led the way with 17 points as Dayton bombed Arts of Newark, 80-55. The Bulldogs, who placed five players in double figures, tallied the first eight points of the game and spurred out to a 22-8 lead after the opening period. Dayton was in command, 41-19, at halftime. The Bulldogs have a pair of home games coming up. Dayton hosts Oratory of Summit Friday night, and then entertains Roselle Park Tuesday, 4 p.m.

The Dayton girls also had no problem with Middlesex, breezing to a 60-41 triumph. Linda Hockstein collected 14 of her 20 points in the first half as the Bulldogs built a 35-21 lead. Tracey Karr added 12 points and Kathy Drummond chipped in with 10. Wanda Flippen led the way for the losers with 23 points.

The Dayton girls were home to Westfield yesterday, and will host West Orange tomorrow, 4 p.m. The Bulldogs will then visit Roselle Park Tuesday, 7:30 p.m.

David Brearley boys bowed to Roselle Park, 75-58. The winners grabbed a 21-8 first quarter lead and were never headed. John Barr tallied 19 points to spark the Bears. The Bears were doubled by intermission, 42-21.

The Bears then dropped their seventh game in eight tries by bowing to North Plainfield, 64-55. The Bears made a battle out of it, trailing only 26-23 at halftime. But North Plainfield (3-5) increased the margin to eight points by the end of the third quarter.

Brearley put three players in double figures, with Nickel netting 15 points.

Sports this week

Steve Barr 12 and Jerry Stickle 11. NP's Jeff Getz paced all scorers with 17 points.

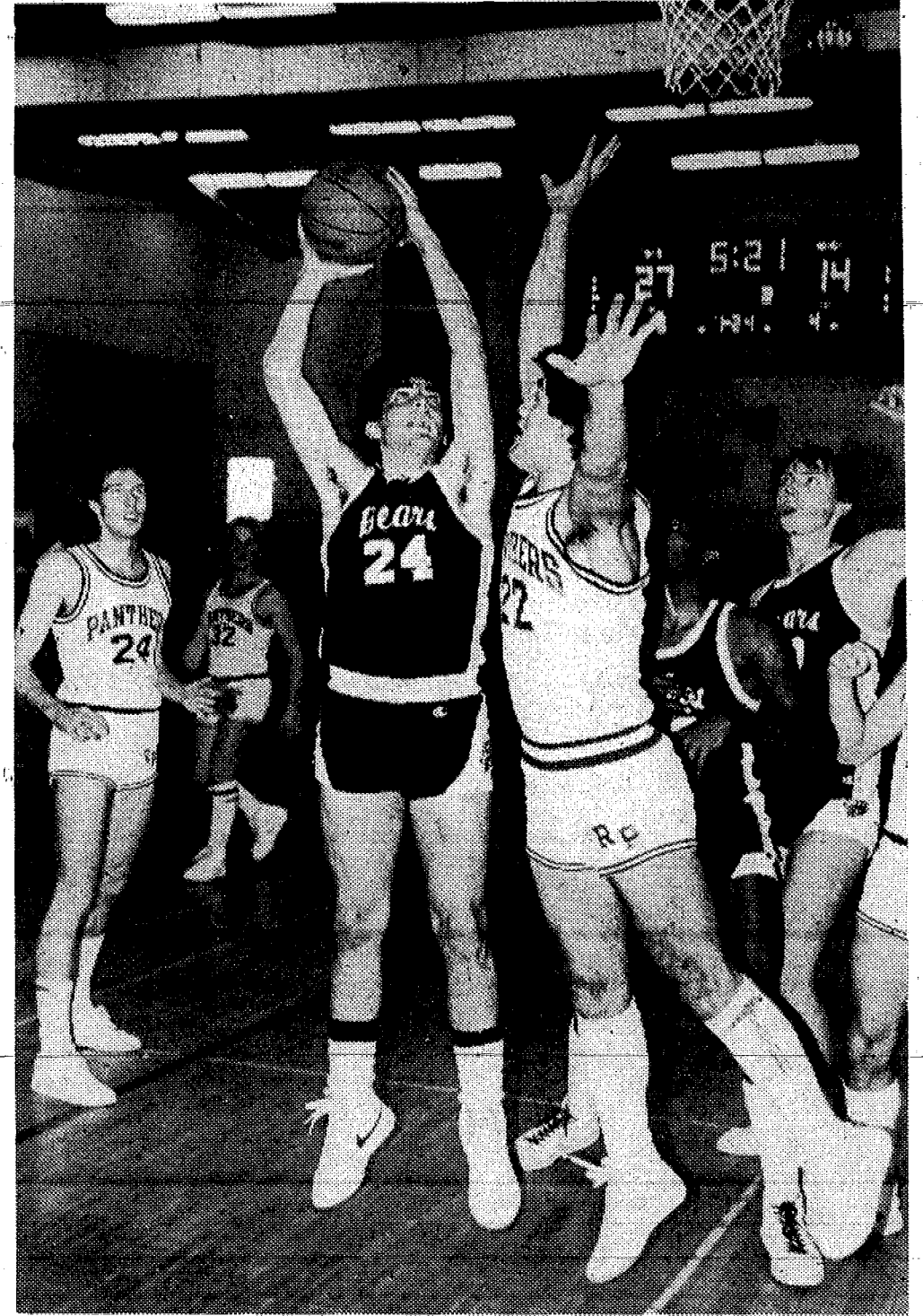
The Bears play at Governor Livingston in Berkeley Heights tomorrow night, 7:30, and are home to Middlesex Tuesday night at the same time.

Bunny Legg hit for 14 points but it wasn't enough as the Brearley girls were vanquished by Roselle Park, 50-25. The winners jumped off to an 11-4 opening period lead and were never headed.

The David Brearley girls remained winless by falling to North Plainfield, 44-27. The Bears jumped off to a 16-6 lead and appeared to be on their way to their initial triumph of the season.

However, NP rallied to tie the game at 18-18 by halftime. Brearley managed to score only nine points in the entire second half to go down to defeat. The Bears actually scored more points in the first quarter (16) than they did in the remaining three quarters combined (11). Legg scored 16 for Kenilworth.

The Bears play at Governor Livingston tomorrow night, 6 p.m., and then are home to Middlesex on Tuesday.



TIGHT GUARDING—David Brearley's John Barr attempts shot despite tight guarding by Roselle Park player. Bears were defeated by Panthers, 75-58. (Photos by John Boutsikaris)

Bear matmen coast past two opponents

David Brearley won two wrestling matches last week.

The Bears crushed North Plainfield, 57-5, on the strength of five pins.

Recording falls for the Bears were the following: Rich Sheehan (114, 1:34); Dan Verno (128, 1:50); Frank Calowell (134, 1:52); Fred Soos (157, :54); and Lou Paascarella (187, 5:45).

Posting decisions were: Ron Ryan (121, 8-4); Lou D'Addario (140, 7-5); Don Scorese (147, 13-3); and Mark Phillips (169, 17-5). John Chessa (100) and heavyweight Tony Seragousa won by forfeits. Frank Chessa lost his 107-pound bout, 16-3.

The Bears then pitched a shutout by routing Green Brook, 63-0. John Chessa

(100, 2:24); Frank Chessa (107, 5:15); Sheehan (114, 2:32); Dan Verno (128, 1:05); Lou Daddario (140, 2:40); Dennis Miller (147, 1:20); Fred Soos (157, :53); Frank Caldwell won a 12-5 decision at 134. The rest of the victories were by forfeit.

The Bears have now won five of six matches.

Brearley was home to Middlesex last night and will wrestle at Roselle Park, 7:30 Saturday night. The Bears will then entertain Jonathan Dayton Wednesday night.

The Bulldogs, who wrestled New Providence last night, will be home to Millburn tomorrow, 3:30 p.m., and to Arthur L. Johnson Regional Saturday, 1:30 p.m.

Bulldog, Bear bowlers

After two weeks of action at Green Brook Bowling Lanes, Jonathan Dayton Regional Bulldogs and David Brearley Regional Bears are in a virtual tie for first place in the Mountain Valley Conference Bowling League.

Coach John Swedish's Bulldogs, who captured the conference championship last year, are in the top spot by a 32-16 record while Coach Vinnie Albano's Bears own a 31¹/₂-16¹/₂ ledger in second place.

Immaculata took third place with a 27¹/₂-20¹/₂ score followed by New Providence at 19¹/₂-28¹/₂, and Governor Livingston Regional at 10-38. The MVC league meets at Green Brook Lanes every Monday and Thursday with action starting at 3:30 p.m.

Top bowlers for Jonathan Dayton include the following: Captain Sharon Kutsop (156), Mitchell Cohen (151), Elva Nugent (160), Jon Rubinstein (150), Greg Goodfriend (140) and Don DiLano (145). Chris Reid and Chris Toner make up the alternates. David Brearley's top bowlers include

the following: Elliot Wansky (167), Len Tripodi (162), Will Kinney (161), Vincent Tango (150), and Patti Gilbertson (140). Alternates are: Christine Collins and John Drone.

Running club sets meeting for Feb. 6

The Amazing Feet Running Club will meet Monday, Feb. 6, 7 p.m. at the Berkeley Heights Library, 290 Plainfield Ave. The business meeting will include introduction of the new officers, collection of 1984 dues and discussion of the upcoming race on Sunday, April 8.

Guest speaker will be Hugh Sweeney. All members and friends are welcome and new members may join at this time.

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Dayton girls 2nd in track

The Jonathan Dayton Regional High School girls' winter track team came in second Saturday in the first Union County Girls' Indoor Relay Championships at Dunn Athletic Center, in Elizabeth.

The Bulldogs recorded 22 points, nosing out third place finisher Rahway, which had 21. Plainfield won four of eight events in totalling 38 points. Dayton captured two events,

claiming the distance medley in 13:39.5 and tying for first in the high jump with a total of 9-10. On the distance medley team were: Laura Richter; Sandy Brenner, Tracy Biber and Mary Pat Parducci. Dawn Commorato and Karen Wnek composed the high jump team for Dayton.

Dayton also registered a second in the two-mile relay in 10:28.8; a third in the shuttle hurdles (34.2) and a fifth in the sprint medley (5:02.5).

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Nettes suffer close loss

The Springfield Nettes dropped a narrow 25-24 decision to Cedar Grove last week.

The locals had led, 5-2, after the first quarter on a basket by Laura Hyslop and Staci Weirman's three points. Springfield held the lead at the half as Marianna Boffa hit a field goal and Weirman added three more points to put the margin at 10-7.

Hyslop, Julie Koppekin, and Lauren Meixner all scored field goals and Hyslop added a foul shot during the

third quarter to maintain a 17-14 lead going to the final period. However, Cedar Grove's Holly Weidlick hit 4 of 5 free throws as her team took the lead for good, 25-24 with 18 seconds remaining. Maixner spurred the locals with her defense, while Weirman led the Junior High girls with 10 points and two assists. Liz Pabst, Weirman and Koppekin combined for nine steals and Felice Bartel grabbed seven rebounds. The locals' next game will be home Saturday against Maplewood, 10 a.m.

World Fishing Expo is slated

The seventh annual World Fishing and Outdoor Exposition will run this year from Feb. 29-Mar. 4 at the Rockland Community College Field House in Suffern, N.Y.

As always, only exhibits and clinic programs that interest outdoor sportsmen have been admitted, and the gigantic field house will be filled with aisle after aisle of fishing tackle (all major manufacturers will be represented), hunting gear, guides, outfitters, lodges and travel exhibits, fishing boats and motors, taxidermists, custom rod makers, sportsmen's organizations and a lot more. A large number of major sporting equipment retailers will be on hand, many with special show bargain prices.

In addition to the exhibits and included in the price of admission (\$4.50 for adults, \$1.50 for children under 12), there will be daily seminars and clinics on hunting and fishing featuring many nationally famous outdoorsmen and local experts to share their knowledge with expo goers. Parking is free.

Doors will be open from 1-10 p.m. Wednesday through Friday; from 9:30 a.m.-8 p.m. on Saturday and 10 a.m.-7 p.m. on Sunday.

The exposition can be reached by taking Exit 14B (Airmont Road) off the New York State Thruway. Exit 14B is the next exit west of the Garden State Parkway, and is about 10 minutes from the Tappan Zee Bridge.

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Renno basket with 10 seconds left decides game

A foul shot by Marcello Renno with 10 seconds left in the game helped Yale edge Princeton, 37-36, recently in the Ivy League Division of the Springfield Recreation Basketball League.

Renno finished with 22 points, while Adam Miller directed the attack and added 15. Tom Tedesco and Claudio Renna also contributed. Neil Berman, Paul Tucker and Scott Leonard each tallied 10 points for Princeton. Josh Wasserman and Spencer Parite each helped.

Columbia trimmed Harvard, 45-35, as Robert Valentino scored 30 points. Justin Petino had eight points, Gregg

Graziano six, while Nick Catallo had a good floor game. Dan Lissy had 14 points for Harvard, while brother Dave chipped in with 11. Kamurai Bayrashi added eight points and Dennis Costello added a basket.

Penn thumped Cornell, 39-21 as Chris Monaco scored 16 points and William Lee and Mike Elson added six points and Greg Wilcox five. Matt Lynch scored 10 for Cornell, while Mike Zucker added four and Dan Francis three, along with strong rebounding. Tom Berger and Rob Fischberg each had a basket.

In the Small Fry League, the Lakers

shaded the Raiders, 12-10, as Clayton Trivett scored the key baskets. He ended up with six points, as did Bobby Grohs. Victor Worthington scored eight for the losers and Seth Elson added two points.

In the State League, Utah edged Texas, 19-18, on a deciding basket by James Morrison. Charles Maltzman, Bernie Franklin and Jon Burger each scored four points.

Matt Applebaum scored eight points for Texas and Andy Arnold added six. Scott Wisha and Jim Corbett each added a basket.

Ryan Freely's two free shots led

Alabama by Oklahoma, 17-16. Freely scored nine points while Leo Gravina added four and Joe Pecora and Davis Gerson each tallied a basket. Mike Montanari led the losers with six points, while Jerel Powell added four points, as did Chris LeLevre.

The Springfield Junior Minutemen opened their season against St. Agnes from Scotch Plains. The Juniors defeated their opponents 48-41. Dave Lissy led the Juniors with 15 points followed by Paul Taher with 12. Their next game was against Livingston, and the Minutemen won 57-30. The Minutemen also defeated New

Providence 38-27, Millburn 53-28, and Bloomfield 39-37.

In the Bloomfield game, Paul Taher led the team with 12 points. David Lissy and Spencer Panter each had 7 points and 7 rebounds. Scott Leonard, Josh Wasserman, Claudio Reyna and Greg Graziano had two points each.

The Senior Minutemen also opened up their season against St. Agnes but lost to their opponents 63-46. Robert Valentino led the Seniors with 25 points followed by Adam Miller with 17 points, and Greg Walsh added 4. The Senior's game against Livingston was a victory for them, 49-30 followed by a New

Providence victory 53-27.

The last two Senior games were not in their favor. They lost to Millburn 53-48 and to Bloomfield 57-38.

In the Millburn game, Matthew Lynch led the seniors with 17 points, followed by Chris Monaco with 8, Rob Valentino 7, Greg Walsh and Marcello Reyna netted 6 each.

In the Bloomfield game, Rob Valentino led the scoring with 16 points. Danny Lissy, Marcello Reyna, Matt Lynch, Adam Miller, Chris Monaco, Lenny Saia and Cameron Bayrashi also scored.

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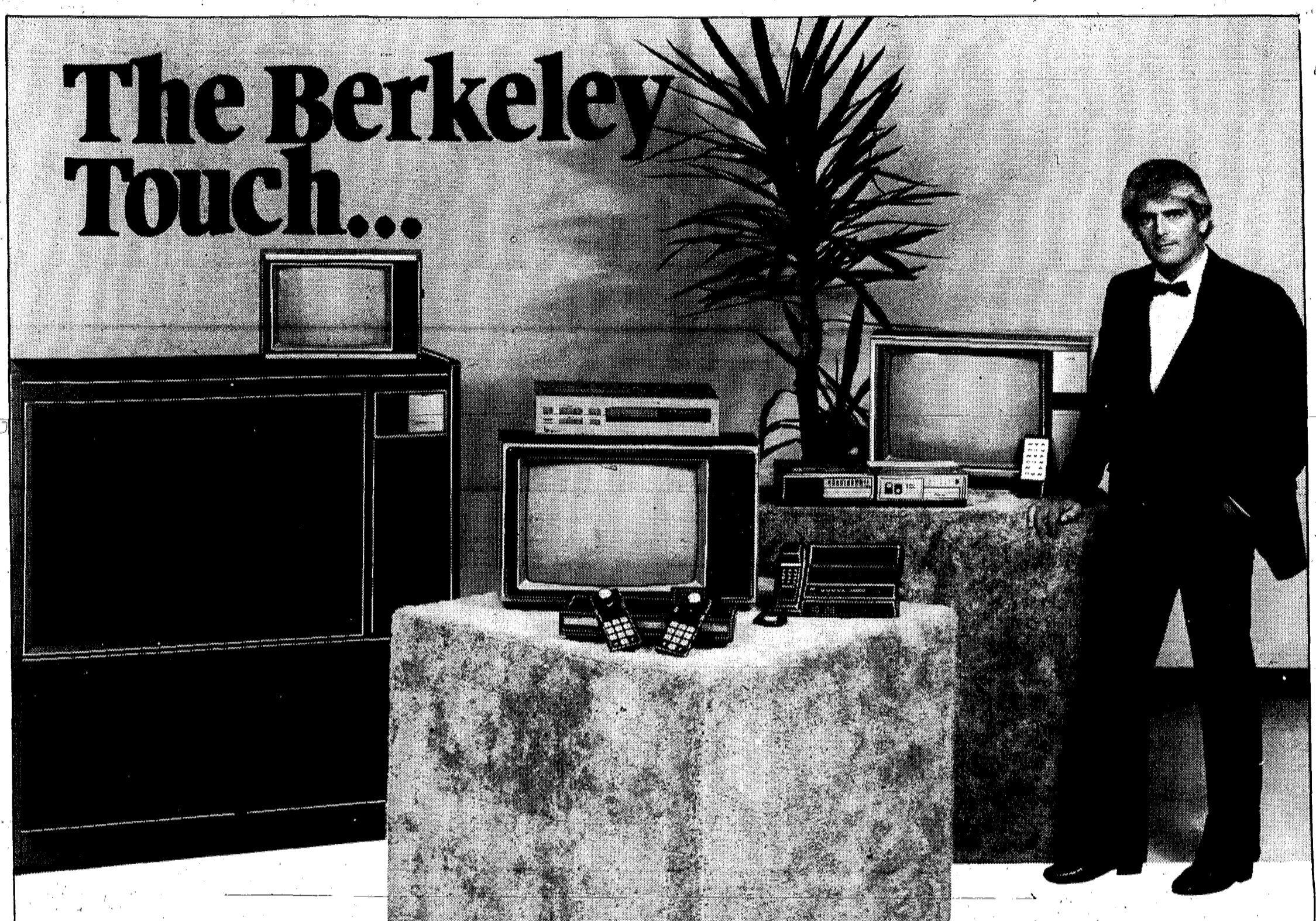
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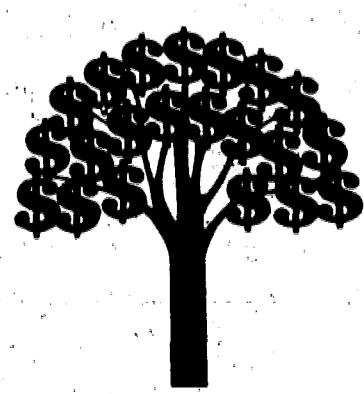
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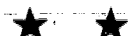
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Focus

on Union County

January 19, 1984

Section Two Of the Union Leader, Springfield Leader, Mountainside Echo, Linden Leader, The Spectator, Kenilworth Leader



Over 70,000 Readers

'Sharing' lifts handicapped spirits

By BEVERLY GOLDROSEN

The disabled should not be "isolated, inactive or forgotten", according to a message by "Sharing", a non-profit organization that publishes a free monthly newsletter of the handicapped.

The newsletter, which has a circulation of about 3,000 in New Jersey and nearby states, was founded in 1977 by Dorothy K. Landvater, president and editor.

Prompted by the experiences of her son, David, following a "near fatal" and ultimately debilitating 1972 car accident, Landvater originated the organization and its newsletter in an attempt to create for the handicapped a forum in which to share information and experiences.

"The essence of the newsletter is mainly informative," Landvater said. "It's very helpful to others to know that whatever they're going through they're not alone — to be able to say, 'I've been through that, or I'm going through something similar.'

"It's a good way to share personal experience," she continued. "It's a learning tool."

Landvater said that the other major concern of the organization is to help the disabled appreciate and utilize their potential — and to promote the same idea to others.

That over 500 handicapped volunteers produce "Sharing" indicates it is more than a means to an end, Landvater said.

"It proves that they're people who can function," she continued. "They may need aid, but they can function."

Through Sharing, the disabled can express their problems and utilize their talents — in compiling the newsletter as well as in reading it, Landvater explained.

Volunteer Ina Eglitis, 21, exemplifies this point, and the spirit behind the cause, according to Landvater.

Eglitis had been receiving rehabilitative treatment at Children's Specialized Hospital in Mountainside when a psychologist suggested she join Sharing after completing the hospital's therapy program.

"She can't work full-time," Landvater explained, "but she can work for us and utilize her talents. Ina records the totals of all the volunteer hours monthly and yearly. She also does posters for us and art work for the newsletter.

"That's the beauty of it —

involvement," Landvater added. "Otherwise, one might have no reason to get up in the morning and move about — what's the point of watching the boob tube all day? This way, if they can't make it into the office, they can also work through their home."

Landvater added that the newsletter is regularly sent to agencies like Children's Specialized Hospital, Runnells Hospital of Union County of Berkeley Heights, the Cerebral Palsy Treatment Center of Union County, based in Union, as well as area colleges that feature facilities, training and counseling for the handicapped.

These institutions, she said, participate in Sharing by exchanging information regarding services, products and groups that are of interest to the disabled.

"We share together through the newsletter and by sending information back and forth," Landvater said.

"Trillions of support groups all around" also contribute to and benefit from Sharing, she added.

"There are an awful lot of support groups which help families and friends of the disabled to cope with people who have been debilitated as the result of an accident or disease," Landvater explained.

Reviews of books that pertain to disabilities, including disorders like stuttering, are also included in the newsletter.

"Sometimes problems like stuttering are overlooked," Landvater explained. "But they can be just as much of a handicap as those that are considered to be more serious."

The same books are available through Sharing's lending library, Landvater said.

The organization has also effected legislative action on behalf of the handicapped, public transportation being among the "hottest" of these

(Continued on page 6)

In Focus

Calendar of events: A comprehensive look at what's happening and where throughout the area in music, theatre, the arts, recreation. If it's happening, we've got it.

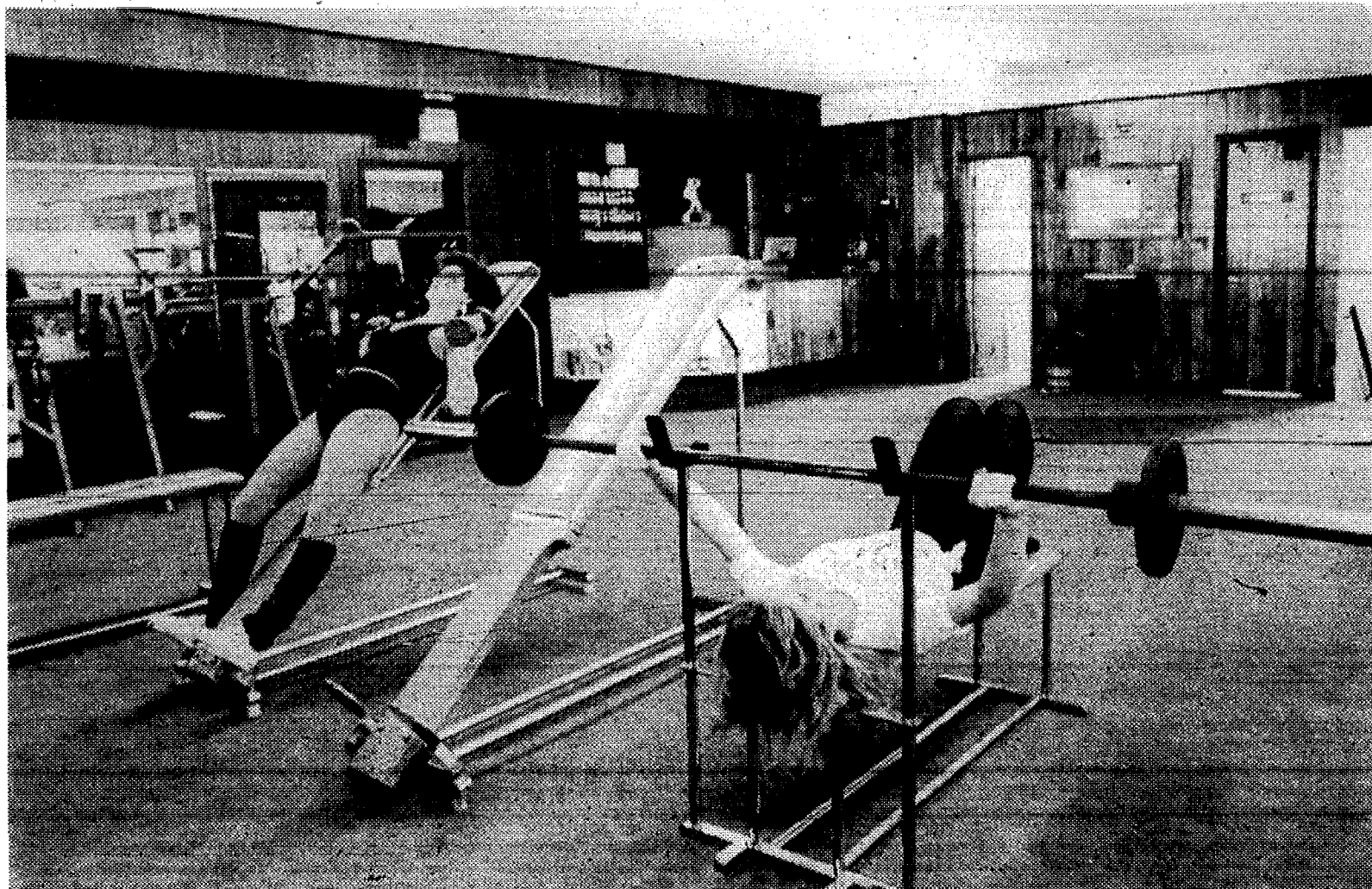
page 8

The winners: All the winning New Jersey Lottery numbers for the past month.

page 4

Senior center: All the latest information and news of interest to senior citizens in Union County.

page 2



GETTING IN SHAPE—Women, like men, have taken to weights to firm and tone their muscles. Pictured above are two local women pumping iron at Guys & Dolls Health Spa, 520 E. St. George Avenue, Linden. A special physical fitness section can be found in Focus.

Senior Center

By ADA BRUNNER

The Union County Division on Aging will find a little more money in its purse this year than last.

It will help the division to continue its programs for the sick, the elderly and the poor, according to Peter Shields, director.

But the increase in federal and state funds from \$1,427,991 in 1983 to \$1,480,643 will just about enable the division to keep up with inflation, he said. It won't really cover the need — especially the need for

home health care, the program on which the division is placing special emphasis.

"The elderly in Union County are badly in need of assistance for home health care, particularly the 'medically needy,'" he said. These are the people whose incomes are above the eligibility limits for Medicaid, he pointed out.

"We have people on waiting lists for home health care who are not getting the care they need," Shields said. "That's why I'm advocating passage of 'medically needy' legislation."

Last year, he reported, the Union County Division on Aging provided 360,000 meals, about one-third of them delivered to the homebound and the other two-thirds served at locations throughout the county. These meals were served to an average of 1,500 persons a day, including 500 at their own homes, according to Shields.

In addition, the division provided 54,000 hours of nursing and home health aide care for approximately 475 people. There are at least another 90 people on a

waiting list for home health care, the division chief said, "and those are only the ones we know about."

The Union County Division on Aging also uses some of its funds for medical transportation, programs for the elderly blind and hospice programs, he reported.

The bulk of the money used by the division for its operations comes from the federal government, under the Older Americans Act.

Of the \$1,427,991 it received in federal-state aid last year, \$94,860 came from the state and the remainder from Uncle Sam. This year, the state share dropped, with New Jersey putting up \$70,393 of the \$1,480,643 total.

'Wettest' December on record

December, 1983 was the wettest December in the 23-year history of weather recordkeeping at Union County College's Cooperative Weather Station here.

Rainfall in December totaled 11.31 inches, according to Prof. Raymond J. Daly, director of UCC's U.S. Cooperative Weather Station. He said the previous record was 9.60 inches recorded in Dec. 1973. The greatest rainfall in any one day was 2.69 inches on Dec. 13, as measurable rainfall was recorded on nine days. The least precipitation in December was .74 inches recorded in 1980.

Only a tract of snow—3 inches—fell in December, while the norm for December

is 5.38 inches. The greatest December snowfall recorded at the Union County College station was 22.8 inches in 1960—the year the station opened.

The coldest day was Christmas Day when the thermometer plunged to a frigid two degrees. The warmest day was three days later when 59 degrees was recorded on Dec. 28. The mean temperature for the month was 32.74 degrees compared to 40.61 degrees in 1982. The highest temperature ever was in 1977 when the mercury hit 75 degrees. The coldest temperature was -5 degrees in 1980.

There were 1,000 degree days in the month with an average per day of 32.25. Total degree days since the heating

season began on September 1 was 1988 compared with the 1619.5 degrees recorded last year during the same period.

A maximum humidity of 100 percent occurred on Dec. 6, 12, 13 and 28. The average relative humidity was 76.38 percent with a low of 54 percent on Dec. 20.

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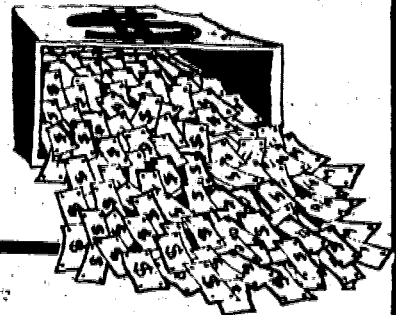
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CERTIFICATE OF APPRECIATION—Fred Feldman of Shadow Traffic accepts a certificate of appreciation from the American Heart Association, Metropolitan Chapter, and its executive director, Adele Lerner, for his participation in chapter activities last year. The chapter serves Union, Essex, and Hudson counties.

Daitch named president of property group

The Property Owners Association, based in Union, recently re-elected Stanley Daitch of Scotch Plains as president and named 19 other officers for 1984.

The officers were elected at the annual dinner at the Vesuvius Restaurant in Newark.

Daitch said that the 1984 Management

Guide, "designed to help the small business person managed property," was distributed to all paid members at the latest regular membership meeting at the Coachman Inn, Cranford.

Further information regarding the Property Owners Association of New Jersey is available by calling 964-5010 during business hours or writing to POA at 1961 Morris Ave., Union.

Families being sought for exchange students

The American Scandinavian Student Exchange (ASSE) is seeking local families to serve as hosts for 15 Scandinavian, German, Swiss and British high school students who are part of the ASSE exchange visitor program, according to Cynthia Wright, Eastern Director of ASSE.

The non-profit ASSE is affiliated with the Swedish and Finnish Departments of Education and is officially designated by the U.S. information Agency as an exchange Visitor Program.

The students, 16 and 17 years old, are fluent in English and are carefully selected for the program based on their high school performance, good

character, and interest in the ASSE program.

All the students are covered by comprehensive medical and liability insurance and have adequate money for personal needs supplied by their parents. The host family furnishes meal and housing.

"Seeing American culture and customs through the eyes of an exchange student transforms what we consider ordinary into something fresh and exciting," said Wright.

Families interested in serving as hosts for the 1984-85 school year should contact ASSE's local Area Representative, Elliot Gersten, 1788 Union Avenue, Union, 07040; 687-7149.

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Lottery winners

Following are the winning New Jersey Lottery numbers for the weeks of Dec. 19, Dec. 26, Jan. 4 and Jan. 11.

PICK-IT AND PICK-4

Dec. 19 — 443, 0893.
 Dec. 20 — 276, 0792.
 Dec. 21 — 266, 5091.
 Dec. 22 — 734, 3333.
 Dec. 23 — 176, 7978.
 Dec. 24 — 577, 8142.
 Dec. 26 — 921, 6540.
 Dec. 27 — 985, 4591.
 Dec. 28 — 454, 6420.
 Dec. 29 — 184, 2208.
 Dec. 30 — 509, 7533.
 Dec. 31 — 148, 4090.
 Jan. 2 — 161, 3932.
 Jan. 3 — 246, 9761.
 Jan. 4 — 223, 6325.
 Jan. 5 — 638, 5353.
 Jan. 6 — 411, 4369.
 Jan. 7 — 276, 5548.
 Jan. 9 — 713, 8709.
 Jan. 10 — 490, 0000.
 Jan. 11 — 887, 3052.
 Jan. 12 — 451, 1018.
 Jan. 13 — 332, 8717.
 Jan. 14 — 987, 9390.

PICK 6

Dec. 22 — 1, 10, 14, 26, 35, 36;
 bonus — 12595.
 Dec. 29 — 2, 7, 9, 10, 23, 26;
 bonus — 26561.
 Jan. 5 — 12, 15, 17, 18, 21, 33;
 bonus — 31611.
 Jan. 12 — 3, 4, 11, 12, 13, 21;
 bonus — 58202.

Speech meeting

The next meeting of the Union County Speech and Hearing Association will be held at Children's Specialized Hospital, Mountainside, on Wednesday, 3 p.m. The featured speaker will be Marsha Hershman.

Union County SANE elects slate

A new slate of officers to guide Union County SANE in this year of national elections was selected at the peace activist group's regular monthly meeting recently at the Westfield Rescue Squad headquarters.

Bruce Nielsen was elected chairman of the organization, whose chief purpose is to work for a reduction of nuclear weapons around the world, including a bilateral nuclear freeze with the Soviet Union. Other officers are Robert Berenson, secretary, and Carol La Pierre, treasurer. Jack Rockett was

named issues analyst for the group.

Newly elected Chairman Nielsen emphasized the importance of working on projects in 1984 that result in the election of a President and a Congress dedicated to a mutual freeze and reduction of nuclear weapons. The several hundred members of Union County SANE will be canvassed for their opinion, and specific projects will be selected at the next meeting.

Berenson reported on a preliminary survey he and other members made in Westfield, Clark, Garwood and Linden to

determine what steps, if any, were being taken to protect residents and care for their medical needs in case of a nuclear attack. Basically, he reported, there was very little in the way of planning for this kind of emergency.

Some of the comments he received from town officials were remarks like, "In case of nuclear attack, it's every man for himself," and "No plan is possible, because we're living in a blast area." Citing a recent newspaper article by veteran statesman W. Averell Harriman warning of the increasing danger of nuclear war, Berenson said he was "very concerned" about the apparent lack of preparation in the area and planned to attend the next meeting of the Westfield town council to raise the issue there.

The next regular meeting of Union County SANE will be held on Feb. 6 at 8 p.m., the site to be announced.

Interested persons may call Carol La Pierre, 233-4279.

Volunteers added to hotlines

Eleven telephone volunteers recently completed training and will soon be commissioned to the staff of Contact-We Care and Deaf Contact, area 24-hour hotlines for the troubled.

The volunteers were inducted at a special evening service at Westfield Presbyterian Church Tuesday marking their finishing 50 hours of instruction in the 14th class of phone workers since Contact-We Care originated in the community in 1975.

They will join the approximately 100 trained workers who during 1983 have handled almost 25,000 calls from people needing a listening ear.

At the service, which will conclude the Contact center's annual dinner meeting, Rev. Charles Mingle of St. Stephen's Lutheran Church in South Plainfield will deliver the commissioning address. Other participants in the ceremony will be Rev. Wesley Olson, director of Contact-We Care; Mercedes Rossol, director of Deaf Contact; and Weyman Steengrafe, president of the Contact

center board. Marilyn Thorne will be in charge of music.

Contact-We Care (232-2880) and Deaf Contact (232-3333) depend on public generosity for their operating expenses: P.O. Box 37, Westfield. An allied line, Contact Union Essex, is on 527-0555.

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Sharing aids handicapped

(Continued from page 1)
issues, Landvater said.

"Issues like housing — buildings and apartment houses — employment, transportation and installing wheelchair ramps at churches and synagogues, for example, are always being worked on," she explained. "We'd like to help create a very accessible society for the handicapped."

"We were instrumental in helping to resolve the problem with identification placards."

Landvater explained that these placards are now issued not to the drivers of vehicles that transport the disabled, but to the handicapped person they are meant to aid.

"We'd like to create changes for the handicapped and for society at large, she explained. "The disabled should be thought of first as a person and secondly as a person with a disability."

The organization is supported through donations from businesses and private

citizens — and through fund-raising events.

For example, a permanent thrift consignment shop for infants and children — "The Sharing Closet for Little People," has been housed in the organization's New Providence headquarters since just before Christmas, Landvater said.

"Customers can bring merchandise to sell on consignment and receive 50 percent of the profits when the item is sold," she explained. "People will be able to buy high quality merchandise at a good price."

"We wish to function as independently as possible," she added.

Landvater said that the shop would be a permanent fixture at Sharing headquarters, until the organization itself relocates to a larger facility.

"We do need more space," she said. "We've had quite a bit of growth and progress, and we'd like to rent a larger place."

In the meantime, Sharing can be found at 1788 Springfield Avenue, New Providence.

"If anyone would care to share with us," Landvater said, "either volunteers or new readers, they can write us or call 464-7790."

To Publicity Chairmen:

Would you like some help in preparing newspaper releases? Write to this newspaper and ask for our "Tips on Submitting News Releases."

Nursing homes advised to keep residents warm

The New Jersey State Ombudsman, John J. Fay, Jr., has once again offered the following information to operators of boarding homes and administrators of nursing homes throughout New Jersey. The information concerns hypothermia and ensuring the comfort and safety of residents during the upcoming winter.

An individual is especially vulnerable to hypothermia (an abnormally low body temperature), if he does not shiver or respond to cold temperature normally; if he is unable to move around well; or if he is taking medication that may alter the body's ability to regulate temperature.

Signs of hypothermia include confusion, slurred speech, shallow and slow breathing, along with drowsiness.

If anyone suspects that any person is suffering from hypothermia, it is important that that person is kept warm and taken to an emergency room for medical treatment immediately.

Fay has suggested for the protection of residents of these facilities that the following precautions take place.

1. Ensure that living areas are heated to 72 degrees during the day and 68 degrees at night.

2. Encourage residents to dress warmly when outside, emphasizing the wearing of hats since a large amount of body heat is lost through the head.

3. Provide nutritionally adequate meals.

4. Provide adequate bed covering at night for all residents.

5. Consult at all times with a physician regarding resident's medications, which may alter the body's ability to regulate temperature.

H Block opens two new offices

H&R Block tax service recently opened two new offices: at 1318 North Broad Street opposite the National State Bank in Hillside; and at 1158 East Jersey Street in Elizabeth.

Office hours at both offices are 9 a.m.-9 p.m. Monday through Friday and 9 a.m.-5 p.m. Saturdays and Sundays. Appointments are available, but are not necessary. For further information, call the Hillside office, 923-2122, or the Elizabeth office, 353-6072.

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Kean planetarium open to visits

Anyone who has either forgotten or never has seen the real night sky should visit the planetarium on the top floor of the science building at Kean College of New Jersey.

Every Monday at 12:30 p.m. a taped program on the constellations of the autumn sky is shown in the 44-seat room. Dr. Donald Krall, who is doing the showing, recommends not bringing very small children and that members of the surrounding community make arrangements by phone ahead of their visit.

Krall can be reached in the department of earth and planetary environments. A

colleague of his in the department, Alexander A. Hall, an associate professor of astronomy, said, "By having the planetarium we are able to make an artificial sky for learning purposes."

Hall explained, "It's extremely useful to the students because with the tremendous amount of light we have at night from the cities, it is almost impossible to see the natural stars."

Hall was the motivating force behind the planetarium pushing for it since arriving at Kean in 1965. Long before Kean opened its science building in 1974, Hall wanted the planetarium in the plans.

"I was department chairman when we were planning the building. This is a pet project. I really wanted it," Hall said. Unfortunately for him and the college, the planetarium was not considered a high priority. Hall waited and sought funds.

So the science building was built and there was an odd-shaped empty room on the top floor. They called it a lab but it remained empty for about six years. At that point, the Kean College Alumni Association came up with \$50,000 and Professor Hall was very happy.

In November of 1981, after the installation of the domed ceiling, Hall

attended the dedication of the planetarium. And this fall the weekly showing of seasonal skies opened to the campus and general communities.

But, he still is not satisfied. The planetarium uses a projector on loan from the Newark Museum that is old and requires repairs. Hall said, "We still are looking for our own projector and a number of slide projectors."

WEDDING STORIES

Wedding stories and photos must be submitted to this newspaper within eight weeks of the wedding date.

Hospital receives a photo series on natural childbirth

The St. Elizabeth Hospital Nursing Education Department was recently the recipient of a series of photographs on natural childbirth to be utilized in the audio-visual portion of its ongoing Preparation for Childbirth classes.

Vincent Bellotti of Westfield, a professional photographer and new father, presented the photographs to the hospital.

After being treated for six years for infertility problems by Donald Frichione, M.D., SEH Chief of Obstetrics/Gynecology, and Dr. Malcolm Schwartz, Bellotti and his wife, Karin, enjoyed the birth of their first child, Justin, at St. Elizabeth. Bellotti was an active participant who attended the childbirth preparation classes with his wife before the baby's birth. The photographs which he donated to the hospital are for future classes and show the actual childbirth of Justin.

In presenting the photos, Bellotti said, "The professionalism of the staff at St. Elizabeth and the outstanding facilities impressed my wife and me tremendously. I was most affected with the care our baby received while in the St. Elizabeth nursery.

When a baby is born, the new parents become very selfish in wanting to care for the baby and take him home as soon as possible. But the nursery team at St. Elizabeth makes certain the baby is completely healthy, before he is ready to go home and start a new life with his parents. A hospital is its people, and the people at St. Elizabeth willingly commit their efforts in working together to take care of their patients' well-being." Zeng Chen, M.D., SEH director of the nursery, and Mila de la Cruz, M.D., assistant director of the nursery, assisted in the baby's medical care in the nursery.

Mrs. Belotti used the hospital's birthing room, a

modern, safe alternative for parents who want their babies born in private, homelike surroundings but do not want to give up the security of the hospital's trained medical staff and life-saving equipment. Located in the hospital's labor and delivery suite, the birthing room shows little resemblance to traditional labor or delivery rooms with their tiled walls and floors crowded with unfamiliar equipment.

Following the birth, the new baby is checked by the physician and nurses, and the parents may hold and feed the child. "St. Elizabeth's philosophy of family-centered maternity care is one that views pregnancy and childbirth as joyous experiences to be shared by the entire family unit," states Diana Sullivan, R.N., Assistant Director of Nursing/Family Centered Perinatal Center.

St. Elizabeth was one of the first hospitals in Union County and the first hospital in Elizabeth to have the birthing room. This alternative method of childbirth is a part of the component of selection of services available at St. Elizabeth to make childbirth a happy, family-centered experience.

The program includes extended visiting hours for fathers, sibling visitation, and rooming-in of baby with mother, which may be either modified or on a 24-hour basis. "Those first few moments after birth are important, and time is provided for the new family to bond," states Mrs. Sullivan.

The next series of Preparation for Childbirth classes, which assist parents in the physical and emotional preparation of the birth of their child, begin Jan. 3 at St. Elizabeth. Classes, which are held weekly from 7:30 to 9:30 p.m. for six consecutive weeks, are planned for the mother and coach with a limited class size of 25 couples.

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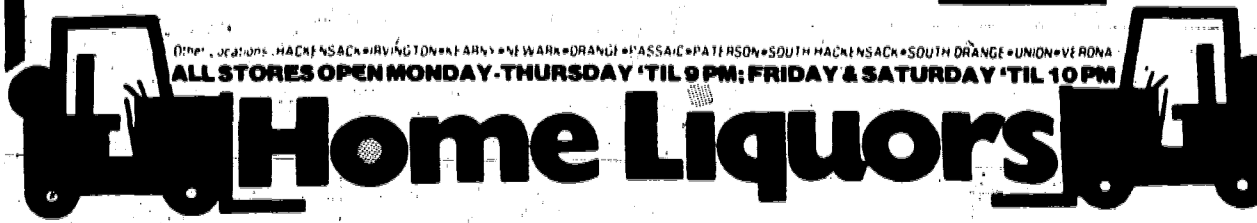
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On the calendar

Music

Uses of piano pedal. Carol Ferri, Kean College teacher. Madison Public Library. Jan. 19, 9:45 a.m. 527-2371.

Concert by Choral Art Society of New Jersey, under direction of Evelyn Bleeker. First Presbyterian Church, Union and Springfield avenues, Cranford. 8 p.m. 276-7071.

Allnations Dance Co., "Joy in Every Land." YM-YWHA of Metropolitan New Jersey, 760 Northfield Ave., West Orange. 3 p.m. Jan. 22. 736-3200, ext. 511.

Spring concert auditions for Chorus of MUSIC, Inc., South Plainfield High School. Jan. 23 and Jan. 30, 7:30 p.m. Concert set for April 28. 756-7439 or 560-0561.

Sing-in. Kean choral society. Wilkins Theater Building, Room 143, Kean College of New Jersey, Union. Jan. 25 at 8 p.m. 232-2348, 232-1108.

"Partners in Faith" at second annual pre-super Sunday celebration directed by Issachar Miron, Israeli composer and educator. Temple Emanu-El, Westfield. Jan. 28 evening.

Concert featuring Allison Brewster, pianist. Fellowship series of Saturday Night Concerts. Morristown Unitarian Fellowship, 812 Normandy Heights Road. 8 p.m. 540-1177.

Free concert by Chamber Orchestra of the Society of Musical Arts. Jan. 29, 3 p.m. Morrow Memorial Methodist Church, 600 Rigewood Road, Maplewood. Rehearsal at 1 p.m.

Flute, harp duo. Carol Wincenc and Heidi Lehwalder. Wilkins Theater For the Performing Arts, Kean College of New Jersey. March 3. 8 p.m. Lance Olson, 527-2088.

"Cavalliera Rusticana," opera by Mascagni. N. J. Ballet Co. Wilkins Theater, Kean College of New Jersey, Union. March 10, at 8 p.m., March 11 at 3 p.m. 527-2337.

Hickson. Now through Feb. 12. Lee Elvis, Jan. 7, 9 p.m.; "They're Playing Our Song." The Revelers, in residence at El Bodegon Restaurant, 169 West Main St., Rahway. Jan. 20 through Feb. 18. Friday and Saturday, 8:30 p.m. 574-1255. Uncle Floyd Show, Jan. 21 at 9 p.m. Henry Youngman, Jan. 28, 9 p.m. The Amazing Kreskin, Feb. 4, 9 p.m. Jack Jones, Feb. 17, 18, 19. Club Bene Dinner Theater, Rt. 35, Sayreville. 727-3000.

"The Rimers of Eldritch," play, at New Jersey Public Theater, 118 South Ave., East, Cranford. Weekends to Feb. 4. 8:30 p.m. 272-5708.

"The Old Flag," by Vincent Canby. To Feb. 4. World premiere. George Street Playhouse, 391 George St., New Brunswick. 846-2895.

"Ah, Wilderness!" Princeton University, McCarter Theater, 91 University Place, Princeton. Jan. 19, previews; opening to Feb. 5. "Ian McKellen Acting Shakespeare." One-man show. Jan. 30. 8 p.m. (609) 452-5200.

"Langston," a tribute for Black History Month. Crossroads Theater Co., 320 Memorial Parkway, New Brunswick. Jan. 20 through Feb. 12 (with previews Jan. 19). 249-5560.

"Same Time Next Year," Cranford Dramatic Club, 78 Winans Ave., Cranford. Jan. 27 through Feb. 11 weekends at 8:40. 276-7611, 7 to 9 p.m.

"A Community Celebration of Yiddish Culture," New Legacy series of Jewish Education Association of Metro-West. Dr. Kurt Leviant, Rutgers University professor; Cantor Norman Summers of Temple B'nai Jeshurun, Short Hills, and Ruth Kaminska, Yiddish Theater actress. At JDA, 1 Henderson Drive, West Caldwell. Jan. 22, 1 to 4:45 p.m.

"The Shadow Box," Godot Productions in cooperation with Middlesex County College Performing Arts Department at Studio Theater. Feb. 16, 17, 18 at 8 p.m., and Feb. 19 at 3 and 7:30 p.m. 548-6000, ext. 367.

Community Center, 314 Chestnut St., Roselle Park. Jan. 23. 245-0666.

Art

Exhibit and sale by artists Carol Friedman, Honey Ruskin and Hugh Mills. Renee Foosner Art Gallery, Paper Mill Playhouse, Brookside Drive, Millburn. Now through Feb. 12. One hour before performances and during intermission of "The Guardsman." Also noon to 3 p.m., Fridays.

Charles Lanman: "Landscapes and Nature Studies, 10 a.m. to 5 p.m., Mon. to Sat.; 2 to 5 p.m., Sundays, to Feb. 28. Morris Museum of Arts and Sciences, Morristown. 538-0454.

Holiday art exhibit of Yard School of Art's "Older Adults" classes to Jan. 29, 11 a.m. to 6 p.m. Lobby of Whole Theater Co., 544 Bloomfield Ave., Montclair. 744-2933.

Potpourri

Women Lawyers in Union County cocktail party honoring Union County Judiciary, Jan. 19, 5-7 p.m., Old Mansion, 917 North Broad St., Elizabeth. 687-7080.

"A Community Celebration of Yiddish Culture," new Legacy series of the Jewish Education Association of MetroWest. 1 Henderson Drive, West Caldwell. Jan. 22 from 1 to 4:45 p.m. 575-6050.

Slide show on Union County Vocational Technical Schools, Jan. 19, 3:30 p.m., in the Elizabeth Public Library auditorium, fourth floor. 889-2000, ext. 214.

Union County Hiking Club, 3 hikes, Jan. 21. South Mountain Ramble, 5 miles, with lunch afterwards. Staten Island

Green Belt Hike, 8-10 miles, 10 a.m. Kakiat Circular, 8-10 miles moderately fast, 9:20 a.m. 527-4900.

Union County Hiking Club, 3 hikes, Jan. 22. Mills Reservation Dog Walk, 6 miles, 10 a.m., dogs permitted. Intermediate Ski Tour, 8:30 a.m., Wayne. Wyandolite Circular, Wanaque, 9:15 a.m., fast paced, strenuous. 527-4900.

Culture Board elects officers

The Cultural and Heritage Programs Advisory Board of the Union County Board of Chosen Freeholders held its annual meeting recently, in the County Administrative Services Building, Westfield. The Advisory Board elected officers and set dates for its regular meetings in 1984.

Mrs. Bettie MacDonald, was named chairman. Mrs. Marcia Cohen and Mrs. Audrey Morgan of Roselle Park, were elected vice chairman and secretary, respectively.

The Advisory Board will meet Feb. 6, March 5, April 2, May 7, June 4, June 25, Aug. 6, Sept. 10, Oct. 1, Oct. 29, and Dec. 3. Interested citizens of Union County are invited to attend. Meetings begin at 8 p.m. at the offices at 300 North Ave., Westfield.

The Cultural and Heritage Programs Advisory Board devises and recommends programs to encourage and promote public interest in local, county, state and national history and culture. The Board deals with fine and performing arts, historic architecture, archeology, and geneological and historical research, advising the Board of Freeholders on these matters.

Theater

"The Guardsman," starring Lucie Arnaz and Laurence Luckinbill, now through Feb. 12. Paper Mill Playhouse, Millburn. 376-4343.

"Alterations," now through Jan. 29. "Talley's Folley," Feb. 7 through March 4. "Blithe Spirit," March 13 through April 8. 8 p.m., Tues. to Fri., 5 and 9 p.m., Sat., 2 and 7 p.m., Sun. Whole Theater Co., 544 Bloomfield Ave., Montclair. 744-2933.

"Send Me No Flowers," Gary Powell. Kay Nell, Robert Kras, Wade Betler, Pat

Films

"Living Free." Jan. 22. 2 p.m. Trailside Nature & Science Center, Mountainside.

"Falso," with Dom DeLuise and Anne Bancroft. noon to senior citizens and 7:30 p.m. for public. Disney's "The Lady and the Tramp," 3:30 p.m. Casano Com-

Seton Prep

Seton Hall Preparatory School in South Orange is seeking information on any Prep graduate who is not on the Alumni mailing list, especially the classes of 1934 and 1944. For more information contact Pat Mc Mahon, Seton Hall Prep Alumni office, So. Orange, N.J. 07079 or call 761-9512.

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Focus on entertainment

Disc 'n' Data

By MILT HAMMER

Pick of the LPs, "Once A Rocker Always a Rocker," by Joe Perry Project (MCA Records).

For the Joe Perry Project's first recording for the MCA label, the album title is definitive. It zeroes in on the eponymous nature of the group. As the mysterious mad doctor of third generation of rock guitarists in the 1970s, phenomenally successful group Aerosmith and more recently the leader of his own band, Perry's deeply rooted rock sensibilities continue to prove that once is not enough.

Joe Perry's image as the dark stranger in leather pants is just part of rock and roll tradition. Kids always have been drawn to the unknown, and Perry knows it. His idiosyncrasies give a personal dimension to his on stage persona.

It wouldn't be fair to talk about Joe Perry without mentioning his former relations with Aerosmith. Joe met lead singer Steven Tyler as teenagers in New Hampshire when on summer vacation with their parents. Steven's band played local clubs, and Joe, as a fan, would catch his act. In 1970, while Joe was jamming with future Aerosmith bassist Tom Hamilton, broke up. It seemed only natural that Joe Perry and Steven Tyler should get together.

The collaboration led to several gold and platinum records and sold out stadiums for Aerosmith. It all came to an abrupt end in 1979, when Joe declared that he would leave Aerosmith to form his own band. It wasn't a decision made in haste. Success had become routine for Joe. Gone were the challenges of struggle, and in its place came frustration with his creative intuition. There were problems within the cocoon like confinements that go along with the high price of success; especially living and working with the same people every day. Eventually, Joe fulfilled his obligation to Aerosmith. But his musical fervor yearned to be released, and on the heels of platinum success with a major band, he set out on his own with enough original material for a solo LP.

Columbia Records signed Perry for his



JOE PERRY

first album, "Let the Music Do the Talkin'."

Joe's creative drive helped him reach new musical goals, and after a second album, he decided to look for a record label more receptive to his high-powered brand of rock and roll, as well as his personal need for freedom of expression. A year and a half later, he emerged with

an album that he could finally say was right for him, his self-produced "Once A Rocker Always a Rocker" on the new MCA Records.

The new and true Joe Perry Project consists of lead singer Mach Bell, who grew up across the tracks from Joe and had formerly fronted a band called Thundertrain, bassist Danny Hargrave and drummer Joe Pet, formerly of Berlin Airlift. The Joe Perry Project has been playing to sold out dates. When the group returned to New Hampshire, 6,000 loyal fans waited outside to get a glimpse of their home town hero.

On "Once A Rocker Always A Rocker," Perry wrote all the music except for T. Rex's "Band A Gong," and a song called "Women in Chains." Mach Bell wrote all the lyrics except for Joe's "Black Velvet Pants." Some of the songs depict the band's personal experiences. This is most notable in "Four Guns West," which documents the members' last road trip when they narrowly escaped arrests for indulging in what Joe calls "normal fun." "Adrianna" is about a girl the group met when touring South America, while "Crossfire" is a place you don't want to get caught. "King of the Kings" tells the story of a girl who makes you feel like a King of Kings. "Walk With Me, Sally" is a rock and roll song, and "Never Wanna Stop" is how the band feels about its outlook on life. "Once A Rocker" speaks for itself. Joe produced the record with some assistance from engineer Michael Golub, and session pianist Harry King. Joe feels this album reveals a funkier side of his personality.

Joe's lived and dealt with so many of life's changes, but so far, he says, the highlight of his career was his jam with his mentor Jeff Beck. He still includes "Train Kept A Rollin'" in every live performance. His only other influence beside Jeff Beck is Clint Eastwood, possibly because of the similar Machiavellian attitudes they share.

Joe Perry's career has taken roads filled with twists and turns but through it all his mystique and charisma survive. With "Once a Rocker," Joe proves he always is a rocker.

Chansonettes rehearsals set after holidays

The Chansonettes of Westfield, directed by June Cotter and accompanied by Jean Schork, will resume activities and rehearsals this week following the holiday break.

Rehearsals have begun for the spring program which will have a patriotic theme, it was announced by Muriel Lawrence of Roselle Park, program chairman.

A medley of American folk songs will be sung. The songs include "Shenandoah," "Betsy From Pike," "Skip to My Lou," George M. Cohan's "You're A Grand Old Flag," "Alexander's Ragtime Band," the jazz-rock "Sing Out, Sweet Land" and "If I Loved You" from Rodgers and Hammerstein's "Carousel."

The Chansonettes is a group of women who "like to sing for fun." It was announced that any area woman, usually one who enjoyed the Glee Club in high school or college is welcome to join and may sit in at any rehearsal. Rehearsals are held on the first and third Wednesday nights in the Presbyterian Church in Westfield.

Additional information can be obtained by calling Mary Stanke of Mountainside at 233-4315.

Spring concert auditions set

Auditions for the spring concert for the Chorus of MUSIC, Inc., will be held Monday and Jan. 30 at 7:30 p.m. in the instrumental room of South Plainfield High School. The chorale group will prepare the Brahms "Liebeslieder" and other choral works by Schumann and Schubert for the annual spring concert April 28.

The group has announced that it plans to extend its members. "Members are carefully chosen by audition. A singer must display a pleasing voice and musical ability. Potential members need not prepare any vocal material for the audition."

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Restaurant Guide

Big Band music set by L'Affaire

L'Affaire, 1099 Rt. 22, eastbound in Mountainside will stage a return to the Big Band era with a 14-piece orchestra playing tunes from the 1940s and early 1950s on the evening of Jan. 28. Music by Glenn Miller and Benny Goodman will be featured by the David Aaron Orchestra. Some of the members of the orchestra worked in the big name bands.

Robert Connelly, chef and owner, has announced that a \$20 ticket will include a choice of prime rib or beef or filet of sole. Taxes and gratuities included. Reservations can be made by calling 232-4454 or 232-3388.

'Langston' play preview slated

The Crossroads Theater Co., 320 Memorial Parkway, New Brunswick, will begin the new year with "Langston," a tribute for Black History Month. The original adaptation will be directed by executive director Rick Khan and will hold previews on Jan. 19. Performances will be held Jan. 20 through Feb. 12.

Five Crossroad veterans will be featured. They are Clifton Powell, Nick Smith, Candy Mayfield, Ron Talton and Brenda Thomas.

Additional information can be obtained by calling 249-5560.

Spring semester set for Theater School

The Whole Theater Co. Professional Theater School, 544 Bloomfield Ave., Montclair, will begin its spring semester during the week of Jan. 30. The school will offer comprehensive professional multi-level training in acting, dance and voice for children through adults taught by a faculty of practicing professionals.

Creative Dramatics I and II for ages five through 7 and eight through 10 also will be available at the Maplewood extension, Wednesday afternoons at the Ethical Society Building.

Additional information can be obtained by calling 744-2933.

'Joy in Every Land' set for Y on Sunday

The Allnations Dance Company will perform "Joy in Every Land," a selection of ethnic dances and songs from around the world, at a special family program at the YM-YWHA of Metropolitan New Jersey, 760 Northfield Ave., West Orange, Sunday at 3 p.m.

Additional information can be obtained by calling the Y at 736-3200, ext. 511.

WEDDING STORIES

Wedding stories and photos must be submitted to this newspaper within eight weeks of the wedding date.

Movie timeclock

BELLEVUE I (Montclair)—SCARFACE, Fri., 1, 4:15, 7:30, 10:45; Sat., 1, 4:15, 7:30; Sun., 5:15, 8:30; Mon., Tues., Wed., Thur., 1, 5:15, 8:30.

BELLEVUE II—MAN WHO LOVED WOMEN, Fri., 2:15, 5:15, 6:15, 8:15, midnight; Sat., 2:15, 4:15, 6:15, 8:15; Sun., 6:15, 8:15, 10:15; Mon., Tues., Wed., Thur., 2:15, 4:15, 6:15, 8:15.

BELLEVUE III—UNCOMMON VALOR, Fri., 1:45, 3:45, 5:45, 7:45; Sat., 1:45, 3:45, 5:45, 7:45; Sun., 5:45, 7:45, 9:45; Mon., Tues., Wed., Thur., 1:45, 3:45, 5:45, 7:45, 9:45.

FIVE POINTS CINEMA (Union)—SUDDEN IMPACT. Call theater at 964-9633 for timeclock. Fri., Sat. adult midnight show, FELICIA.

LINDEN TWIN ONE—Hot Dog, Fri., 7:45, 9:35; Sat., Sun., 1, 2:50, 4:40, 6:30, 8:20, 10:05; Mon., Tues., Wed., Thur., 7:30, 9:20.

LINDEN TWIN TWO—SCARFACE, Fri., 8; Sat., 2:15, 5:30, 8:45; Sun., 2, 5:15, 8:30; Mon., Tues., Wed., Thur., 8.

LOST PICTURE SHOW (Union)—SCANDALOUS, Fri., 8:40, 10:20; Sat., 5:20, 7, 8:40, 10:20; Sun., 2, 3:50, 5:40, 7:30, 9:20; Mon., Tues., Wed., Thur., 7:30, 9:15.

STRAND (Summit)—GORKY PARK, Fri., 7:30, 9:45; Sat., 2, 4:45, 7:10, 9:40; Sun., 2, 4:25, 7, 9:25; Mon., Tues., Wed., Thur., 7, 9:15.



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Concert is set by choral unit

The Choral Art Society of New Jersey, under the musical direction of Evelyn Bleeke, will open its 22nd season Saturday at 8 p.m. in the sanctuary of the First Presbyterian Church, Union and Springfield avenues, Cranford. It will feature soloists Mary Ann Hsien-Yin Teng, soprano; Alan Seale, baritone, a 35 member orchestra and a 75-voice chorus.

The society is supported by a grant from the Union County Cultural and Heritage Programs Ad-

visory Board made available by the New Jersey State Council on the Arts.

Additional information can be obtained by calling 276-7071.

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'Partners in Faith' is set for a Jan. 28 celebration

Issachar Miron, Israeli composer and educator, will direct his award-winning production, "Partners in Faith," on the evening of Jan. 28 in Temple Emanu-El, Westfield. Sponsored by the Jewish Federation of Central New Jersey (Union County), "Partners in Faith" will be the highlight of the second annual pre-Super Sunday celebration.

Two free films will be shown

The Casano Community Center, 314 Chestnut St., Roselle Park, will show two free movies Monday.

"Fatso," a romantic comedy, starring Dom DeLuise and Anne Bancroft, will be shown at noon to senior citizens and at 7:30 p.m. to all residents.

That afternoon at 3:30, the Walt Disney picture, "The Lady and the Tramp," will be shown to children and their parents.

There will be no admission charged for the movies which are shown on a large, professional screen. Additional information can be obtained by calling the community center at 245-0666.

Uses of Piano Pedal set by Kean teacher

Carol Ferri of Maplewood, who has taught piano at Kean College of New Jersey, Union, will speak on the "Uses of the Piano Pedal" Jan. 19 at 9:45 a.m. in the Madison Public Library. She and Charles Huether, a piano technician, will show slides and discuss the pedal mechanics. Sponsors are the Music Educators of New Jersey.

Additional information can be obtained by calling 527-2371.

Miron has composed more than 2,000 songs and instrumental works including the international hit, "Tzena, Tzena, Tzena."

He is the recipient of such awards as the Industrial Film Festival Gold Medal for Music, the International Film and Television Festival 1979 Silver Medal for Music, the 1980 Silver Medal for Script, Music, Multi-Media Design and Direction, the 1981 Bronze Medal for Script, Music and Direction, and the 1982 bronze and silver medals, respectively, for "Casting Light" and "San Francisco, My San Francisco Is Jerusalem by the Golden Gate" for script, composition and direction.

Additional information can be obtained by calling 351-5060.

Shows slated for Princeton

Eugene O'Neill's only comedy, "Ah Wilderness!" will preview Jan. 19 and continue through Feb. 5 at the McCarter Theater, Princeton University, 91 University Place. It will be presented under the guest direction of Margaret Booker.

"Judevine: A Vermont Anthology," a collage of poems by David Budbill, put together by associate artistic director Robert Lanchester, creating a new play for McCarter Theater's developmental Stage Two project, will be presented at Murray Dodge Theater on the campus now to Jan. 29.

Ian McKellen, English stage actor, will bring his one-man show, "Ian McKellen Acting Shakespeare," to Alexander Hall on the Princeton University campus for one performance only, Jan. 30 at 8 p.m.



NANCY CONNOLLY.

Simon musical has local talent

Nancy Connolly of Linden will be featured in Neil Simon's stage musical, "They're Playing Our Song," which opens Jan. 20 at the El Bodegon Restaurant, Rahway, presented by the Revelers. Connolly also will double as the production stage manager.

Robert Warren, FMS, a Marist brother at Roselle Catholic High School, will have the featured role of Vernon Gersch, a composer of hit songs. Brother Warren also will choreograph the show.

The play will run for six weekends through Feb. 18, Fridays at 8:30 p.m. and Saturdays at 7:30 p.m. Additional information can be obtained by calling 574-1255.

First anniversary

Somebody's Place Coffeehouse will celebrate its first anniversary Saturday with the group, "Bones & Joan," at the Cranford Alliance Church, Retford and Cherry streets, Cranford, from 7:30 to 11 p.m. All are welcome. Refreshments will be available.

A free concert is set Sunday

Sold Brass, an ensemble of 10 brass players, will present a free concert Sunday at 2:30 p.m. in the Crescent Avenue Church, Plainfield.

The program will include works by member composers Carl Della Peruti and David Sampson, and the Charles Ives' "Variations on America," arranged by guest organist Clare Gesualdo. Also on the program will be the works of Jeremiah Clarke and Richard Wagner.

The concert is supported by a grant from the Union County Cultural and Heritage Programs Advisory Board through funding made available by the New Jersey Council on the Arts.

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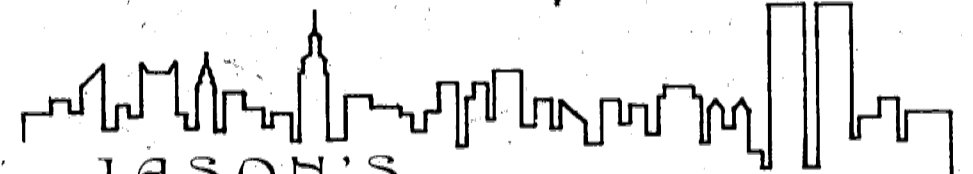
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PHYSICAL FITNESS

Athletic footwear boasts variety

Sneakers. Once you could shoot hoops, lope around a tennis court, or bat a home run in them. But in the past few years, sneakers have gone the way of the dinosaur.

What has emerged is athletic footwear: court, running, turf shoes and their offspring. For the vast majority of athletes who truly care about their feet, sneakers are a memory.

The new athletic footwear is designed by how the foot functions in a particular sport. Manufacturers spend years and millions of dollars to research the foot and its interaction with different types of athletic shoes.

If you're still questioning why you shouldn't run in a tennis shoe and vice versa, researchers offer the following explanation.

In running, the dominant motion is a forward roll and the more the shoe mimics this natural rolling motion, the better protected the foot will be.

To do this, a shoe needs a stable platform that will move the foot forward in a straight movement. A firm heel counter, the back of the shoe which holds the heel in place, is a must. Some shoes even have a rear-lacing system which cinches the shoe in around the heel.

In general, a running shoe laces from the toe area to the top of the foot. This again helps to keep the foot moving in one continuous motion.

Moving onto the tennis court, the primary motion is side-to-side and the foot needs to be protected from the stresses of this weight shift. Support is thus built into the midfoot of a tennis shoe. Less support and protection are given to forward motion.

Unlike the sole of most running shoes, the corners of a tennis sole are rounded for ease of side-to-side movement and to prevent one from "falling off" the shoe. The toe piece is often reinforced with rubber as many tennis players drag their toes.

Tennis should be played up on the toes. Therefore, a stiff heel counter is not as necessary as in running.

Many tennis shoes are built up in the heel area for better forward momentum. But research suggests that this strategy may be a myth.

A new shoe, called the Catalyst, features a two-piece sole with no sole under the midfoot and no heel lift. This

arrangement, the manufacturer claims, enables the player to naturally play up on the toes and thus move more effectively to the ball.

Although a relatively new athletic pursuit, there is even a shoe for aerobic exercise. Unlike the others described, an aerobic shoe features extra forefoot cushioning, since aerobic exercise and dance include a number of movements on the toes.

In general, these shoes are very lightweight so they do not add extra weight to the feet.

While one sneaker used to resemble another, the categories of athletic shoes are many and varied. Although it all may seem confusing when you first enter an athletic footwear store, begin by trying on a few pairs of shoes. Your feet will thank you.

Nutrition is vital to one's health

It may not seem like iceskating season to you, but for World Figure Skating Champion Rosalynn Summers, it's time to buckle down to a strict diet and exercise regimen designed to prepare her for the next, and perhaps biggest, challenge of her skating career — the 1984 Winter Olympic Games slated for Sarajevo, Yugoslavia, in February.

All summer long, she will spend eight to 10 hours a day working on her skating technique. In addition to her long workouts at the rink, Roz will continue to study ballet and jazz to improve the artistic qualities of her skating that have become her trademark.

And she'll keep a close eye on her diet to maintain the 16-pound weight loss that may have been the crucial element in her Gold Medal winning mental attitude and skating performance at the 1983 World Championships in Helsinki, Finland.

"I eat a lot of chicken and fish, and a lot of vegetables and fruit. And, basically, I stay away from the junk food and keep with the high-nutritional foods," Roz said.

"The rink is so cold, and when we get off the ice, we like to have something warm, you know, to keep our bodies functioning. And soup is right there on the list. It really works wonders."

The importance of good nutrition is magnified when you're a world-class

athlete bound for the Olympics, but it's crucial for anyone interested in maintaining good health.

Research shows that of more than 32,000 people surveyed by the U.S. government, those with the fewest symptoms of nutritional health problems ate a variety of foods from the four food groups; more soup and dairy products and fewer sugary foods and beverages.

Another study, conducted by University of Nebraska researcher Dr. Jack L. Smith, shows that soup may act as a "dietary pacesetter" to help moderate caloric intake, helping to prevent

overeating and obesity. The study analyzed three-day dietary records of 28,000 people polled in the Nationwide Food Consumption Survey conducted by the U.S. Department of Agriculture.

You don't have to be a world champion like Rosalynn Summers to make the most of good nutrition. Whatever "title" you strive for will come a little easier if you eat right — and work hard!

WEDDING STORIES

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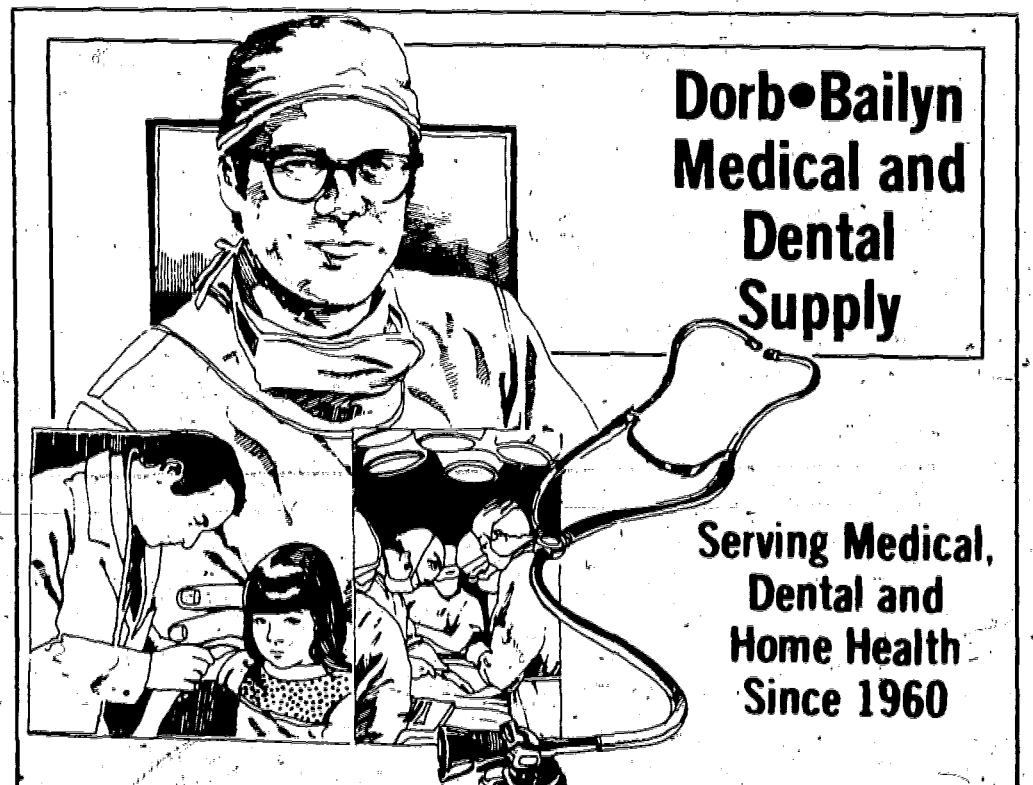
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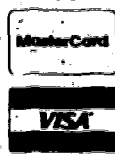


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Protein-rich foods helps sleeping

Trouble sleeping? Eat plenty of protein-rich foods during the day and have a piece of watermelon before bed, according to Dr. Alice Kuhn Schwartz, quoted in an issue of Glamour

Magazine.

Watermelon, corn, rice pudding, potatoes, grape, apple and orange juices all cause drowsiness and enhance sleep if certain protein-rich foods have

been eaten during the day.

Foods high in protein often contain an amino acid called tryptophan, considered to be a sleep inducer. Tryptophan is activated by carbohydrates.

So if a person has eaten protein-rich beef, salmon or bluefish during the day, according to Glamour, one can enhance his sleep-inducing properties at night by eating something high in carbohydrates, like watermelon, two to four hours before bedtime.

Make sure to avoid the following uppers — tea, chocolate, colas, pickled herring, Chianti wines, champagnes and aged cheese. They all contain small amounts of stimulants that inhibit sleep.

To relax before bedtime, Glamour suggests an herbal bath (herbs steeped in warm water), but if there isn't enough time to bathe the whole body, take a shortcut and soak the hands in an herbal bath instead. According to Glamour, "Certain herbs, like lemon balm leaves, promote a feeling of calmness. Others like rosemary flowers, give you a refreshing sensation."

'Heavyhands' proves an aid to exercises

The benefits of exercise are intimately tied to the difficulty and duration of the exercise we choose—how hard it is and how long we do it.

Heavyhands is a new kind of exercise of combined movements: arms, legs and often times trunk muscles work together. The upper body is studiously emphasized.

Small aerobic hand weights especially designed for this purpose by AMF are used in a variety of movements including dance, calisthenics, walking, jogging and shadowboxing. Thousands of repetitions may be performed during prolonged workouts.

The Heavyhands Principle works because the heart is less strained when supplying oxygen to many trained muscles than when equal work uses only a specialized few muscles.

Heavyhands training allows a given amount of work to be done at a slower heart rate. Distributing the exercise work among lots of muscles makes

healthy exercise feel easier and injury less likely.

Heavyhands is for the young and old, from the most sedentary and inexperienced to the most accomplished athlete; Heavyhands will enhance any exercise program and is an important adjunct to weight training.

The Heavyhands Principle leads to many health related benefits; resting and exercising pulse rates and blood pressure lower. In addition, more body fat is lost per minute of exercise.

Also, Heavyhands can be used indoors or out, more varied than other systems, relatively inexpensive, more adaptable to group participation, and makes "respectable" exercise available to beginners. The handweights designed by AMF make for both good control of added levels and finely graded increases.

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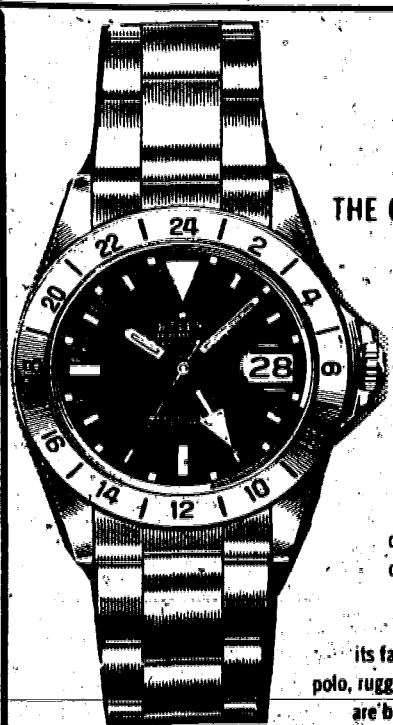
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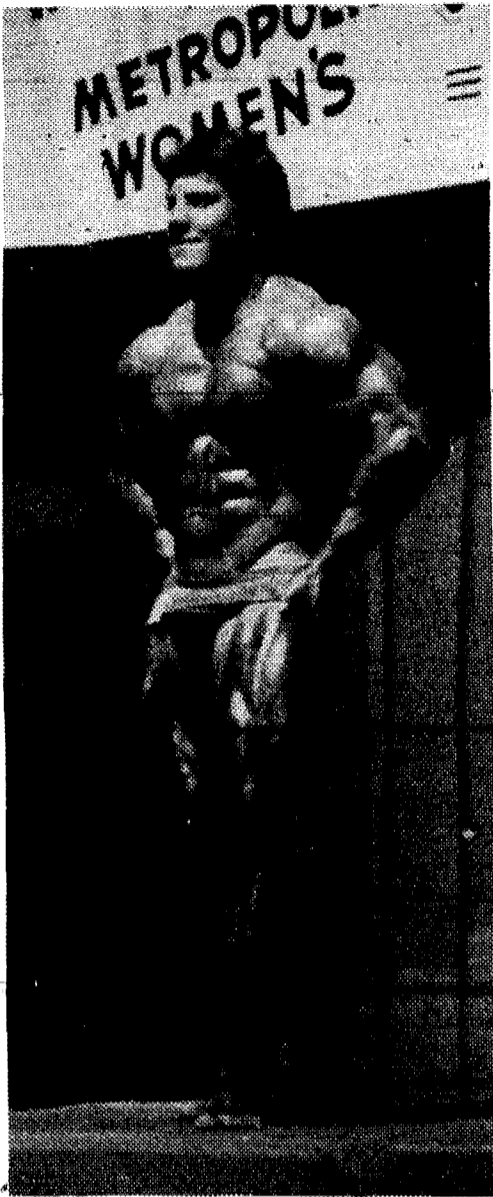
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PHYSICAL FITNESS



MIKE GULLA of 'Fitness Forum' in Union shows form that enabled him to win title of 'Mr. Metropolis'. Gulla is at the Union health club where he is available to impart tips on physical fitness.

Union's Fitness Forum answers questions on physical condition

Very few people really know what being fit entails. Everyone should be aware that being fit is essential to combat the stresses of the hectic lifestyle of today. Reducing tension and stress, staying slim, relative freedom from illness, and a positive, vivacious attitude towards living are some of the benefits of total fitness.

Here are answers to some of the most frequently asked questions concerning fitness.

1. When I was younger, it seemed that I could eat as much as I wanted without gaining weight. Why does everything I eat now seem to turn to fat? As you become older and less active, you burn less calories than when you were younger. But your food intake often stays the same or increases slightly. To lose weight you must burn more calories than you take in. It's easy... EXERCISE MORE AND EAT LESS.

2. Can muscle change to fat? Muscle

Avoiding sodium

Concerned about your family's salt intake? Try to avoid buying groceries that have sodium.

- At the produce counter, remember that fresh fruits and vegetables are generally lower in sodium than the canned or frozen form, because salt may be added in these processes.

- In the snack aisle, reach for popcorn kernels instead of most potato chips, pretzels or nuts. "Pop" the popcorn at home and top with unsalted butter plus chili or curry powder for extra flavor.

- Use the fresh meat counter instead of the deli counter, where most meats are already prepared with salt.

does not change into FAT nor FAT into muscle. If you eat too much and exercise too little your extra caloric intake will be stored as FAT. If your muscles are not used they will weaken and diminish in size, but not turn to fat.

3. What is cellulite? There is no such thing as cellulite. The concept of cellulite is irrational and unscientific. Cellulite is merely a promotional name for a certain formation of fat. FAT is FAT. The only way to lose fat, short of surgery, is by proper diet and regular exercise.

4. What is the best diet for weight loss? Diets are not the key. Correct habits are. This means you should follow sound

nutritional habits, and follow an exercise program designed to improve cardiovascular functions. Perhaps the best diet is exercise.

5. Is exercising fun? "Yes," according to the Fitness Forum in Union. Fitness Forum offers a full line of Nautilus, circuit training, aerobic dance and exercise classes in a co-ed atmosphere. They are open seven days a week and specialize in personalized instruction. Customer satisfaction guaranteed.

The Fitness Forum staff includes "Mr. Metropolis", Mike Gulla, Joe, Colleen and Sue. For further information, call 688-5222.

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FITNESS FORUM
688-5252 973A Stuyvesant Ave.
Union, N.J.

Positive self image key to health

Along with being a physical state, health is, perhaps even more so, a state of mind. Health trends today emphasize how the two are inextricably bound.

As health is an attitude, having a positive self image is one of the keys to good health. Feeling good about yourself is often the impetus needed to maintain the discipline and will-power required to sustain a proper diet and exercise regime.

Dieting is necessary for many to keep trim. Whether you need to lose or just maintain, having the will-power to turn down a thick slice of chocolate cake in

favor of a piece of fruit, at least most of the time, can make the difference between reaching your goal weight or always being a bit heavier than you would like.

Whether or not weight control is necessary, exercise most certainly is, as even the thinnest need to maintain firm muscle tone.

Whether it be swimming laps at the neighborhood "Y" three nights a week, jogging around the block, or working out on equipment at a local spa, discipline and consistency are the key to results.

If you find yourself lacking the motivation to exercise after a long day's

work, the latest in sweatshirt couture may inspire you.

You'll find colors that span the spectrum of the rainbow, their numbers rivaled only by the variation in styles. So if an added boost is what you need to help your fitness resolve firm, try putting together a colorful workout wardrobe.

Along with colorful clothes, colorful foods also contribute to health and well being.

Not only are bright, crisp salads and ripe, fresh fruit low in calories, they are also loaded with the vitamins and minerals that will keep you going and glowing.

Arranging a platter of crunchy crudites or a fresh fruit salad can be an appetizing incentive to keep diet resolutions as well as providing some nutrient-rich munching.

The old adage, "you are what you eat" seems truer today than ever, as researchers learn more and more about the link between nutrition and health.

For example, in the field of cancer research, certain vegetables—namely cabbage, broccoli, brussels sprouts and cauliflower—are being studied as they are suspected to contain certain elements that may aid in cancer prevention. There are also indications that vitamins A, C and E may contain agents that would aid in cancer prevention.

Along with being what you eat, it might also be said that you become what you think, so that if you see yourself as a vibrant, active person that glows with good health, chances are that you will lead a lifestyle that promotes such a healthful sense of being.

Women working out to develop a fit body

Muscles, sleek and firm, that's how the woman of the 1980s views beauty. More than half of all American women today are working hard to stay fit.

Why the "Fitness Fever?" The healthful benefits of exercise are tough to ignore. Researchers claim regular workouts actually can combat stress and heart disease, add stamina, result in better sleep and a longer life as well as produce those sought-after flat tummies, firm thighs and sleek calves.

This quest for fitness has spawned a new form of sports chic. The best looking athletes have tossed out their bulky sweatsuits in favor of sleek, body-hugging exercise-wear.

Leading the way in developing new sport togs are the fiber experts at Du Pont. Working with top manufacturing and designers, they are helping to create exercise-wear in a spectrum of colors and fashionable styles.

Unitards and dolman-sleeved leotards come in bright solids colors or sophisticated ombre designs. All styles will stretch and flex through an aerobics class, jazzercise routine or a bodybuilding workout because the fabric is styled with "Lycra" spandex fiber

which assures optimal flexibility, durable wear and second-skin fit.

Sleek unitards in animal prints or rich solids, cap and long-sleeved leotards with padded shoulders or keyhole cut-outs with dyed-to-match tights are some of the new styles designed to brighten up exercise time.

For the woman who wants to feel ultra-feminine while she pumps iron, there are even long-sleeved leotards with lace flirting at the neckline and coordinating lace tights in rich jewel tones. And all these fashion right looks combine the comfort of contour-loving "Lycra."

With so many different exercise programs and fashions available today, there's no excuse for remaining sedentary. But fitness experts agree that before you begin any exercise program:

- Always consult a physician;
- Start working out three to four times a week for about six weeks; then work up to five or seven times per week. Avoid only once or twice-a-week workouts. You'll end up exhausted without getting any of the benefits of a regular workout;
- Set realistic goals. If you attend a class or have joined a health club, consult your instructor before trying any moves beyond your level; injuries can occur when the body is not conditioned properly;
- Always warm up first with appropriate exercises.

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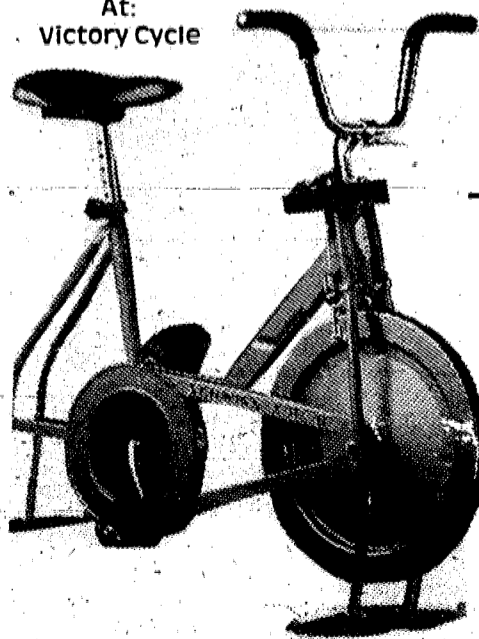
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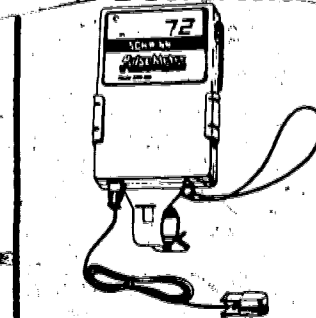
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EXCELLENT- Private in home pre-nursery program (1 year plus). Flexible hours. 964-9276 or 964-5822.

EXPERT BABYSITTING- Available in our spacious Springfield home. Ideal environment. Good references. Hours flexible. Call 376-4567, after 7:30 p.m.

LOVING GRANDPARENT TYPE- Person needed to take care of new born child of working couple, 5 days per week. Long lasting relationship sort. If interested please call 964-5808.

MATURE WOMAN To babysit for fifteen month old child. Two days a week and occasional evenings, references required. 467-4541.

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PERMANENT CHILD CARE POSITION AVAILABLE IN SUMMIT- Monday, Tuesday, Wednesday and Friday. Experienced, reliable person desired for one year old. Must have own transportation. References. 273-3151.

RELIABLE- Mature woman needed to babysit in my home, during school year. Call 964-0067 after 4 PM.

WORKING COUPLE- Seeks woman to care for infant in our home near Union Center. 4 days per week. 688-8692.

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AMBITIOUS PERSON- Looking to make a career in dental lab. On the job training. Preferred Dental Lab. Call 687-0392.

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Busy South Orange ad agency seeks person with bookkeeping experience, above average typing skills. Comfortable with figures. Accuracy essential. Call Ms. Strano. 762-8100

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The Borough of Mountainside is Seeking:

Tax Collector, Deputy Borough of Mountainside. Duties include receiving taxes from property owners, maintaining accounts, reporting to the State, cooperating with auditors, assessment of interest, compliance with State Laws. Experience and certificate preferred. Send resume by January 23, 1984 to James L. Roberts, Administrator

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**BOROUGH OF ROSELLE PARK
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Full time employment. No skills required. Must meet physical requirements. Applications available at the Borough Clerk's office, 110 E. Westfield Avenue, Roselle Park, will be accepted thru January 27.

BOOKKEEPER
Growing company seeks full time person to assist in bookkeeping department. Experience necessary. Excellent benefits. Call 9 to 5, 688-0224.

CLERK TYPIST
General office work, answer phones and typing etc. Part time, may work into full time. Union based company. Call for interview 687-1030.

HELP WANTED 1

CLERICAL- Position in suburban, weekly newspaper office. Strong typing and accurate spelling are a must. Duties include responsibilities in classified advertising department and serving as office receptionist. Full time. 376-1200.

CASHIER-TOP LINE-TWO EVENINGS PER WEEK- Lincoln Technical Institute has a part time (4 hours-2 evenings per week) position available for an individual to receive and balance tuition payments. Previous bookkeeping or cashier experience preferred. For consideration please call the office manager at 964-7800. An equal opportunity employer m/f.

CLERK TYPIST

Part time. Hours flexible. Mature minded individual for growing insurance office in Union. Variety of office responsibilities. 687-3377.

CLERICAL- Part time, morning and alternate Saturdays. Accounts payable, one right system. Experience preferred. HAMILTON WINE & LIQUORS, 2321 Route 22, Union. Mrs. Elber, 964-5111.

Dictaphone Typist/ Part Time

For social service agency with experience and general office duties. Strong clerical background and phone communication. Must type 55 words per minute. Diversified duties and pleasant surroundings. All paid Jewish holidays plus legal ones. Call Gloria Jones 674-6330.

DRIVERS-TRACTOR TRAILER

Minimum 1 year experience. Clean articulated license, steady work, local and long haul, some piers; job is in Hillside. Call 964-6661.

DICTAPHONE TYPIST- full time. Small suburban law firm. Call 964-5090.

DRIVER

Driver needed for Adult Day Care Center. Part time split shift, 8:15 to 10 a.m. and 3 to 5 p.m. Must possess valid New Jersey driver's license. Contact Personnel Department, 687-1900, Ext. 2200.

Memorial General Hospital
1000 Galloping Hill Road
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DOMESTIC- Small modern office in Springfield needs light cleaning. One day per week 5 Hours/\$25. Call Mr. Rapp 467-5572.

ELECTRICIAN- Minimum 5 years experience in commercial and industrial work, with contractor. Call 352-1974, between 8 AM & 12 Noon.

HELP WANTED 1

FULL TIME BOOKKEEPER- For Springfield, N.J. Bookkeeping firm. Experience with ADP payroll accounts payable, cash receipts, commissions, full benefits. Send resume to PO Box 599 Springfield, N.J. 07081.

FABRIC CUTTER

Sewing background preferred, flexible hours, own transportation. Call Danielle at 467-9214.

FAST GROWING REAL ESTATE Management firm looking for sharp individual. Real estate or legal experience helpful. Dictaphone or steno a must. Typing 50 to 60 words per minute. Call Mr. Davino, 467-3100.

FULL AND PART TIME- Good Clerical skills and telephone ability. Pleasant insurance office in Union. Call Lois 964-7400.

GOVERNMENT JOBS- Thousands of vacancies must be filled immediately. \$17,634 to \$50,112. Call 716-842-6000, Ext. 31497.

GOVERNMENT JOBS- Thousands of vacancies must be filled immediately. \$17,634 to \$50,112. Call 716-842-6000; Ext. 36325.

GOVERNMENT JOBS- \$16,559-\$50,553/year. Now Hiring. Your Area. Call 805-687-6000 Ext. R-1448.

GENERAL OFFICE WORK- Mature minded individual full time, diversified office duties, good telephone voice, typing a must. Knowledge of shorthand or dictaphone helpful. Excellent working conditions, company paid benefits. Area code 201-687-1416.

GAL/GUY FRIDAY- Part time for small active office. Typing, filing, and record keeping. Call 964-4000. R. Counihan or Carol.

GAL/FRIDAY- Electronics company seeks full time person. Diversified office duties. Phone work, filing, and typing. Excellent benefits. Call 9 to 5, 688-0224.

HOSTESS- Needed full or part time. Apply in person between the hours of 12 Noon and 2 PM, Monday thru Friday, SHIKI RESTAURANT (next to Shoetown) 2245 Route 22, Union.

INSURANCE

CLAIMS REPRESENTATIVE TRAINEE

We are looking for a hard working individual with decision making ability. If you have completed 1 or 2 years of college and are looking for a challenging career with a national company, please submit your resume to: Classified Box 4862, Suburban Publishing, 791 Stuyvesant Avenue, Union, New Jersey 07083.

Equal oppty emp. m/f

JOBS OVERSEAS- Big money fast. \$20,000 to \$50,000 plus per year. Call 1-216-453-3000, Ext 26024.

HELP WANTED 1

LEGAL SECRETARY- Elizabeth law firm, Elmora section. Experience required. Must have excellent typing, steno and dictaphone skills. Lidigation experience helpful. Salary commensurate with experience. Call 353-5300.

MAINTENANCE MAN- Needed weekday and weekends. Mechanical experience a plus. Call Mondays and Tuesdays. 964-5718 ask for Norman.

MODELS NEEDED Children 6 months to 16 years. Premier Modeling rapidly growing children's division now seeking special children to join in New Jersey's largest modeling and advertising company. No experience necessary applications now being accepted. Call 256-1000 for appointment.

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Overseas, Dept. 5032 701 Washington Street BUFFALO, N.Y. 14205, USA

MATURE SALES- Person wanted for ladies clothing store, Friday, Saturday and Sunday. Experience preferred, good salary. Call 836-4266 and leave name and number.

MANAGER- Experienced. For retail store in Union. Call Mr. Alan, 375-0033.

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We are a New Jersey based international company making products for the building industry.

Salary \$8.63 to \$10.65 per hour. Excellent company paid benefits plus profit sharing.

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Experienced only. Part time. Complete nail care in busy shop with pleasant working conditions. Call 9 to 6. 379-3450.

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Rapidly expanding Men's formal wear chain seeking aggressive self-starter to join our management team. Starting salary plus commissions. For interview call 9-5 pm.

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Full time. Will train aggressive, articulate individual as Optometric technician for our ultra modern eye care center. Contact lens wearer a plus. Call Jack at 376-8900.

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PART TIME DAYS

Major carbide manufacturer, located in Kenilworth seeks responsible, mature-minded person to maintain corporate office in clean, orderly fashion. Related experience preferred. Individual should be a self-starter with good judgement and pleasant manner. Excellent compensation. For immediate consideration, call B. Collins at 241-1000. Equal opportunity employer m/f

PART TIME- Work from home telephone program. Average \$4.00 to \$8.00 or more per hour. Flexible hours. Be your own boss. Call 862-1828 or 688-0810.

PROCESS MAIL AT HOME- \$75.00 per hundred! No experience. Part or full time. Start immediately. Details-send self-addressed stamped envelope to C.R.I. 5035, P.O. Box 3149, Stuart, FL 33495.

PART TIME- Day help needed. Apply in person between 2 & 4 PM. ROY ROGERS, 2650 Rt. 22 Union.

PART TIME CLERK TYPIST

Union area Hours 9 AM-1 PM Responsibilities include typing, filing, and the ability to handle phones. Familiarity with purchasing departments procedures a plus. Call 688-6900 Ext. 322 between 9 AM-3 PM to set up an appointment for interview.

RED DEVIL INC. 2400 Vauxhall Rd. Union, N.J. 07083 Equal Opportunity Employer M/F

PART TIME- Temporary receptionist. Springfield office. Call 379-7737.

PART TIME RECEPTIONIST- Doctor's office. Thursday, 5-8 p.m. Wednesday, 8-6. Experience preferred. 467-1700.

PART TIME CLERK TYPIST

Must be good with figures. Hours 8:30 am to 2 or 3:00 pm. Good working conditions & benefits. Call 379-1234. THE JAYDOR CORP, 16 Bleeker St., Millburn, NJ.

PART TIME- Marketing researchers needed immediately for an industrial marketing firm in Linden. Heavy telephone and typing required. Call Liz 862-8586.

PART TIME- Clerk/Cashier. Must be 18 or over and have cash-register experience. All shifts are available. Apply within at the 7-11 Food Store, 1361 Stuyvesant Ave. Union.

PART TIME BOOKKEEPER- For small store. Flexible hours. Call after 6 PM. 688-4485.

HELP WANTED 1

PART TIME BOOKKEEPER

Part time bookkeeper for personnel agency located in Union. Must have payroll, taxes and accounts receivable/payable experience.

FLEXIBLE HOURS

Qualified candidates will be considered immediately. All responses confidential. Call or send resume today. S.K. Associates 1767 Morris Ave. Union, N.J. 07083 687-7350

PART TIME DRIVER- With car for early morning newspaper home delivery. Route in Summit, Monday thru Saturday 5 to 7 AM. Compact routes, deliveries only, no collections. Good salary plus bonus. SUN: DAY only routes available also, 6 to 8:30 AM, 277-0155.

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3-4 days per week. CURTAIN BIN 1036 Stuyvesant Avenue Union, New Jersey

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We have a product that everyone needs "MONEY". Part time work from home. Call J.B. Moran.

486-7070

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Growing Black/White offset printer has openings on 3 shifts for experienced typesetters on Quadex system. Will consider good typist (70 wpm). Good opportunity, excellent benefits. Call 753-0200, ext. 12.

PART TIME- Typist for Irvington Medical Practice, miscellaneous paper work. Reply to Classified Box 4861 Suburban Publishing, 1291 Stuyvesant Ave., Union, 07083.

PURCHASING CLERK- Full time position available. Knowledge of calculator, typing and working with figures. Company benefits. Equal Opportunity Employer. For interview call 686-6500.

PICKERS/PACKERS- Electronics company seeks full time person to fill parts orders. Diversified warehouse duties, no heavy lifting. Excellent benefits. Call 688-0224.

RESTAURANT HELP- All positions available for THE DIET WORKS in Summit. Call 273-6999. Ask for Marcy. No calls between 11 and 2 PM.

RECEPTIONIST- Heavy phone work, diversified light clerical duties. Knowledge of figures helpful. Call Mary at FORCE MACHINERY, 686-0910.

REAL ESTATE SALESPERSON- Part time, licensed. Maine Realty 688-0880.

SALES LADY- wanted part time. Apply in person to Linda Page, 1032 Stuyvesant Avenue Union, N.J.

STOCK HELP- Full/Part time, start immediately, active retail store. Harrows 964-3000 ask for Stan, Neal or Al.

SECRETARY- full time. Bookkeeping experience helpful. Small, suburban law firm. Call 964-5090.

SALES/STORE HELP- Mature minded person with some experience in deli. Will train. Good prospects for growth and management. Full time/part time. Convenient hours. Call 688-3936.

HELP WANTED 1

STOCK HELP

For busy retail store. Friendly atmosphere. Apply in person, HARROWS, Route 22, Union.

SECRETARY- Springfield law office. Bright beginner with good skills. Non smoker. 379-2444

TYPIST- With receptionist duties. Good typing skills, steno and dictaphone helpful not required. Good telephone personality, general office experience. Salary commensurate with experience. Elizabeth law firm, Elmora section. Call 353-5300.

TYPIST-RECEPTIONIST- Experience important, flexible 4-5 days; pleasant executive offices, Summit Center, all transportation. Call manager 522-1400.

TRUCK DRIVER WAREHOUSEMAN- Must be able to drive stick shift vehicle. Newark Glass, 515 North Michigan Ave. Kenilworth.

TEACHER AIDE- Part time hours, AM or PM at child care center in Union. Experience necessary. Call YMCA, 688-9622.

UNION COMPANY- Needs part time bookkeeper. Hours flexible. Call 686-6550.

LOST AND FOUND 2

Lost & Found ads will run for two weeks FREE as a service to residents in our 9 Communities.

FOUND IN SPRINGFIELD- Two large dogs, (1) Black & Brown German Shepard, (1) Black mixed breed. Have been taken to Kindness Kennels. Call 382-6100.

LOST- 12/20/83, Shoprite Parking Lot, BLACK LEATHER CLUTCH PURSE containing small beige change purse with St. Christopher medal/beige billfold. 687-4998, 688-2800. PLEASE RETURN.

PERSONALS 2

MIRACLE OF ST. JUDE

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles, near Kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in-time of need to you I have recourse from the depth of my heart and humbly beg to whom God has given great power to come to my assistance. Help me in my present urgent petition. In return I promise to make your name known and call you to be invoked. Say three Our Fathers, 3 Hail Marys and Glorias. Publication must be promised. St. Jude pray for us, all who invoke your aid. Amen. This novena has never been known to fail. This novena must be said for 9 consec. days. I have had my request granted. T.Z.

NEW CREDIT CARD! Nobody refused! Also Visa/Mastercard. Call 805-687-6000 Ext. C-1448.

FLEA MARKETS 3

BIG INDOOR FLEA MARKET- Roselle Catholic High School, Raritan Road, Saturday February 4, 9 to 5. Call 245-2350.

FOR SALE 3

SNOWBLOWER- For sale, \$75.00. Call 686-0383 Saturdays between 2 and 4.

FOR SALE 3

CEMETERY PLOTS HOLLYWOOD MEMORIAL PARK Gethhesmane Gardens, Mausoleums. Office: 1500 Stuyvesant Ave., Union: 688-4300

CONCERT TICKETS

- Yes
• Police
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• Van Halen
• N.Y. Rangers
• Liberachi
• Ozzy Osbourne
• Billy Joel
851-2880 (Major Credit Cards Accepted)

FRENCH PROVINCIAL- Bedroom set, Single bed, corner desk and chair, hutch, end table, and mirror. General Electric upright freezer. All in good condition. Call 686-5075 after 4 PM.

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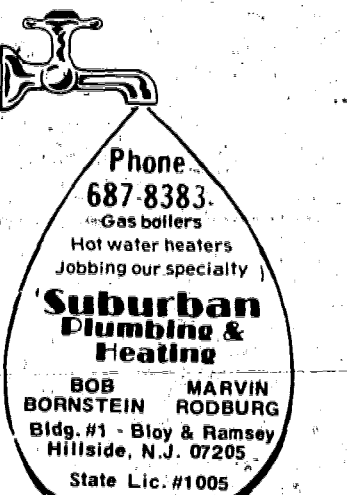
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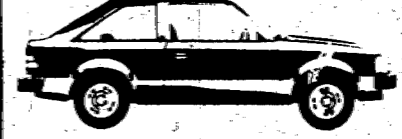
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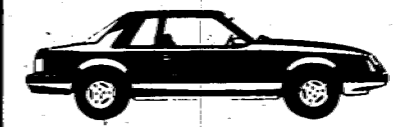


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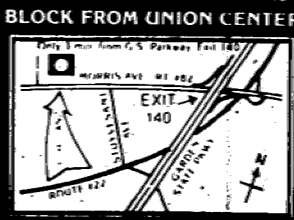
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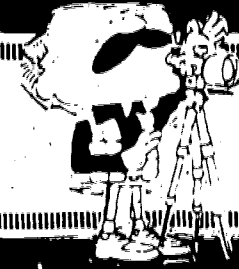
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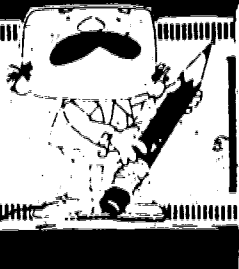
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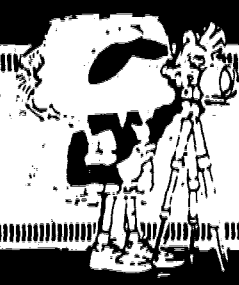


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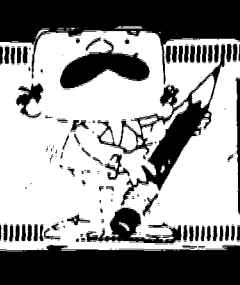


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