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July 3, 1986

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CELEBRATE!



1886 CENTENNIAL 1986

*We Salute
Miss Liberty*

Calendar

Today

★ Theater

Plays in the Park, Route 1 South, Edison. 8:40 p.m. 'George M.' Through July 5. 548-2884.

Summer Theatre-in-Round, musical revue. 'Jacques Brel is Alive and Well and Living in Paris.' Additional dates: July 5, 6, 10, 11 and 12. 761-9100.

★ Art

Exhibition of Treescapes, Oakeside Bloomfield Cultural Center and Bloomfield Cultural Commission. Through Sept. 26. 429-0960.

Summer Pleasures, Kirby Arts Center of The Lawrenceville School, sponsored by the New Jersey State Museum. Through July 6. 609-683-5468.

'Under Covers' exhibit. Morris County Historical Society, Morris Avenue, Morristown. Through Aug. 31. 267-3465.

★ Singles

Jewish Singles of Middlesex County, dance. Sheraton, Route 18, East Brunswick. 8 p.m. 247-0812, 431-5747.

Tomorrow

★ Singles

Single Sensations, dance party. Shalimar, Route 35, Aberdeen. 572-9080, 549-1958.

New Expectations, single adult rap group. 8 p.m. Morristown Unitarian Fellowship, Normandy Heights Road. 540-1177.

★ Music

New Jersey Symphony Orchestra, Pops concert in tribute to Statue of Liberty. 7:30 p.m. Princeton University Fields, Princeton.

July 6

★ Singles

Single Faces, Independence day

dance party. 8 p.m. 238-0972, 679-4311. City Lights, South Amboy.

Jewish Singles, dance. Turtlebrook, Northfield Avenue, West Orange. 797-6877.

★ Potpourri

Clark Stamp and Coin Show, AALL Stamps, 38 N. Main St., Milltown. 247-1093.

Clark Historical Society, tour. Dr. William Robinson Plantation and Museum, 593 Madison Hill Road, Clark. 1 to 4 p.m. 388-8737.

★ Theater

New Jersey Shakespeare Festival, Drew University, Madison. 'Julius Caesar.' 7 p.m. Additional dates: July 12, 2 p.m. 377-5330.

July 7

★ Support groups

Gay Activist Alliance, meeting. 8:30 p.m. — Morristown Unitarian Fellowship, Normandy Heights Road, Morristown. 762-6217.

Emotions Anonymous Program, meeting. 8 p.m. Fair Oaks Hospital, Learning Center, Summit. 654-4049, 232-3094.

July 8

★ Singles

New Jersey Moonrakers, meeting. Meadowlands Hilton, 2 Harmon Plaza, Secaucus. 298-0964.

★ Art

Montclair Art Museum, champagne reception. 6:30 to 8:30 p.m. 746-5556.

YM-YWHA of Metropolitan New Jersey, 760 Northfield Ave., West Orange, 'Images of MetroWest.' Through July. 736-3200.

July 9

★ Singles

Middle Aged Singles, dance. Springburn Manor, 2800 Springfield Ave., Union. 7:30 p.m. to 1 a.m. Buffet after 9 p.m. 687-4200.



LIBERTY'S A LADY—Melanie Throckmorton plays the role of Monique, the French girl, who may have posed for the Statue of Liberty in Irving Berlin's patriotic musical, 'Miss Liberty,' presented by SummerFun Theater now through Saturday at the Weiss Arts Center, Montclair Kimberley Academy. Ticket information can be obtained by calling 256-0576.

'The Rink' opens in Montclair

"The Rink," which is the inaugural production at the new SummerFest Theater in Memorial auditorium at Montclair State College, Upper Montclair, opened Friday and will run through July 12. It is the first in a summer series of professional Actor's Equity productions.

The musical, which will star a trio of Broadway veterans including Terry Eno of "On Your Toes," Pi Douglash of "A Chorus Line" and La Cage Aux Folles" and Patti Karr, whose 24 Broadway credits include

the original productions of "Pippin," "Bye Bye Birdie" and "The Rink."

In "The Rink" at Montclair State College, nine actors will play 33 different roles. David Watson is producing director, Sara Louise Lazarus, director; Mark DeVeer, technical director, and Joshua Dachs, lighting designer.

John Kander and Fred Ebb wrote

"The Rink" for Chita Rivera and Liza Minelli, who co-starred in it on Broadway.

The season also will include "Tribute," "To Gillian on Her 37th Birthday," "The Middle Ages," "Dames At Sea," "Livin' Dolls," "Pump Boys and Dinettes" and "Loose Ends."

Additional information can be obtained by calling 746-9120.

Parks' program for seniors

The Union County Department of Parks and Recreation's "Discover Our Parks" program will be offered July 8 through Aug. 28 for organized senior citizen — 62 and over — and handicapped groups.

Each Tuesday and Thursday a group of up to 12 people will be picked up at a central location, spend the morning at a Parks and Recreation facility, have a brown bag picnic lunch and visit a second facility in the afternoon. The program is run from 10 a.m. to 3 p.m. and groups can choose to visit

two of the following facilities: the Watchung Stable, Trailside Nature and Science Center, Galloping Hill Golf Course, the Warinanco Skating Center or Wheeler Pool.

The van for this program is not handicapped accessible, however, the program supervisors will be available to conduct this program for handicapped groups with their own transportation. Registration is conducted on a first come, first served basis.

Registration can be done by calling Leo Spirito at 527-4931.

TICKETS
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Neil Diamond	Psych. Furs
The Monkeys	Liberace
Bob Dylan	All B'way Plays
Julio Iglesias	All Star Wrestling
Eddie Murphy	Yanks
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'They're back,' almost

By MARK HAVILAND

"They're here" was the catch phrase in the clever "Poltergeist," whispered by young Carol Ann Freeling (Heather O'Rourke), and in this year's sequel, *Poltergeist II*, it is now "They're back."

They, of course, are the ghosts and moldering corpses of the original Steven Spielberg-Tobe Hooper film, as well as most of the same actors who played the Freeling family in the original film, which was helped along by good special effects and a dry sense of humor. Spielberg and Hooper are not involved in this sequel, although the scriptwriters of the original film are back too.

In this film, from the hole in the ground where the Freeling house once stood, the Freeling family is pursued by the ghosts of a wandering religious sect who was buried alive a century earlier by their demonic leader, a charismatic preacher.

Focus on film

But now the preacher, the Rev. Kane, is back and he wants Carol Ann. As superbly played by the late Julian Beck, Kane is the embodiment of all that is evil. Beck's performance is proof that you don't need gore or special effects to instill real chills in the movie audience when good acting will suffice.

Helping the Freeling family exorcise these spirits once again is Zelda Rubinstein, playing the diminutive, squeaky-voiced psychic. She is joined by Will Sampson as a mystical American-Indian. Geraldine Page plays Freeling's grandmother, who has some of the same psychic powers as Carol Ann.

Overall, the sequel is pretty good, although not up to the original. It has some of the same wit, again coming from Craig T. Nelson's performance as the father. The special effects are good although most people will find one scene involving a bottle of whiskey revolting. The final, climatic scene is too overdone, though, and detracts from the good parts of the film that come before it.

Price break for early birds

Early bird subscribers will get a price break on two of four series of programs beginning in the fall in the Wilkins Theatre at Kean College of New Jersey, Union, it was announced.

The programs include five performances by the New Jersey Ballet Co., five performances by the Garden State Chamber Orchestra, three productions by the Kean Players, and five programs in the Kean College Cultural Arts series.

Early birds prices are effective through July 18 and reportedly are further reduced for Kean students, staff, faculty, alumni and senior citizens. Regular subscription prices take effect July 19 and higher prices will apply on Sept. 18.

Ballet subscriptions are \$28 and \$16 for performances 8 p.m. Oct. 18, Dec. 6, Feb. 7, and March 14. A children's matinee at \$7 for adults and \$3 for children is slated for 3 p.m. March 15.

Chamber orchestra subscriptions are not available at the reduced price but regular subscription prices

are \$45 and \$40.50 for performances 3 p.m. Oct. 19, Nov. 30, Jan. 18, Feb. 15 and April 12.

Kean College Theatre series subscriptions are at the regular price, \$15 and \$8 for performances of "Dames at Sea" at 8 p.m. Nov. 14, 15, 20, 21, 22 and 3 p.m. Nov. 16 and 23; "The Crucible" at 8 p.m. March 18, 19, 20, 21, 25, 26, 27, 28 and 3 p.m. March 22 and 29; and "Androcles and the Lion" at 8 p.m. April 30, May 1 and 2 and 3 p.m. May 3.

Kean College Cultural Arts series early bird subscriptions are \$27 and \$15 for "Momix, a dance company," at 8 p.m. Sept. 18, "Amadeus," National Players Touring Co. production, at 8 p.m. Oct. 9; Marian McPartland, contemporary pianist, at 8 p.m. Dec. 4.

Also, "Sweet Honey in the Rock," quintet of acapella blues-folk-jazz singers, at 8 p.m. Feb. 14; Chicago Brass Quintet, 8 p.m. March 5, and American Dance Machine, 20 dancers, five musicians, presenting musical theatre nostalgia at 8 p.m. March 26.

Observatory open on Friday

If you want to see the planet Mars at its best while it is positioned closest to the earth, now is the time to visit the Sperry Observatory on Union County College's Cranford campus, it was reported.

The Observatory, operated jointly by Amateur Astronomers, Inc., and

Loretta Lynn due

Loretta Lynn and the Coalminers will perform at the Village of Waterloo Aug. 3. This will be her only New Jersey appearance. Showtimes are 7 p.m. and 9 p.m. Ticket information can be obtained by calling the Box Office at 347-4700.

The Village of Waterloo is funded, in part, by a grant from the N.J. State Council on the Arts Department of State.

Union County College, will be open to the general public every Friday night throughout the summer from 7:30 to 10:30.

Slide shows and talks will be offered before viewing the skies through the 24-inch reflector and 10-inch refractor telescopes in the Observatory domes. In case of bad weather, a second slide show will be presented, Barry Malpas of Warren, newly-elected president of AAI, said.

It was announced that Amateur Astronomers, Inc. welcomes group visits to the Friday night slide show presentations. Special visitations by school and youth groups can be arranged by calling 276-3319.

Interested individuals can call the Sperry Observatory's Astronomy Hot Line, 276-STAR for around-the-clock reports on celestial events.

Wariner LP 'from the heart'

Pick of The LPs, "Life's Highway," by Steve Wariner (MCA Records)

Much of this magic is captured in the grooves of Steve's second and latest MCA album, "Life's Highway." This fine package of Steve's talents as picker, singer, and songwriters spotlights the versatility with which Steve moves from straight country, easy listening, and a light 1950's style shuffling rock and roll. More about this collection later, but one song from the album, largely autobiographical, provides the key to an understanding of Steve's roots: Steve Wariner comes "from the heart of the heartland."

One of five children, Steve Wariner was born on Christmas Day, 1954, in Noblesville, Ind., a small community about 20 miles from Indianapolis. His father, a foundry worker, had moved the family there from Kentucky. ON his own time, Mr. Wariner formed a country band to play for local clubs and dances, and this was Steve's first exposure to the world of music. "My dad listened to Chet Atkins, Merle Travis, Joe Maphis...and they played a lot of Hank Williams, Ray Price, Buck Owens, and George Jones hits."

By his early teen years, Steve had mastered several stringed instruments, primarily the bass, since he filled this slot with his father's band. "I played along with Ray Price's records on that walking 4/4 bass; I couldn't get enough of it." Most weekends, Steve was right there, thumping away on his four-string bass, usually the only kid in the clubs they played. Later, his oldest brother started a high school rock band, and though Steve was younger than the other kids, he played with this group also. "I tried to absorb everything. I never did like real loud, hard rock, but I did listen to the Beatles." James Burton, Ricky Nelson's guitarist, was another of Steve's early favorites and influences. "James Burton came along and I noticed he was bending strings and that it was a real different sound, almost like steel guitar."

While the Indiana club scene and school kept young Steve Wariner busy for several years, he had already set his sights on higher goals. "I remember telling Mom and Dad that when I got old enough to leave home I was going to Nashville

County forms a music club

Erika U. Fields, County 4-H agent, has announced the re-organization of the Union County 4-H Music Club. Frank Alexander, 4-H leader, is seeking a young individual who is interested in learning basic piano playing skills.

If you are a boy or girl, age 12-19, Alexander says he will instruct you privately by offering lessons in your home. There is no charge to enroll but applications will be accepted on a first-come, first-served basis.

Further information can be obtained by contacting Molly Brown, 4-H program assistant at 233-9366.

4-H the youth program of Rutgers Cooperative Extension, an off-campus arm of Cook College. It is sponsored cooperatively by the Union County Board of Chosen Freeholders, Rutgers and the Federal government.

to make records." At age 17, his prophecy was fulfilled when Dottie West offered him a chance to play bass in her band and sing background vocals. For three years he worked the road with Dottie, carefully honing his craft, then took the same job with Bob Luman. He had done background vocals on several of Dottie's recordings but it was with Luman that he first got the chance to display his increasing talents as a guitarist.

Disc 'n Data

"I'd play bass on the record with Bob but when he recorded he put me on guitar." From a Luman recording session came Steve's chance to record for RCA. Paul Yandell, one of the session musicians, was impressed with Steve's playing and singing, and urged him to make a demo for RCA's venerable Chet Atkins, one of Steve's boyhood idols. With his friend Jerry Shook, Steve made the demo, and Paul took it to Chet.

The rest, as they say, is history. But for Steve, history unfolded slowly. Chet Atkins produced his first records at RCA, and also used Steve as bass player/vocalist on his road shows. But for several years, Steve's recorded output was confined to singles, and without his own band, he could never get the best spots on road shows. In 1981, he had his first several top-10 singles ("Your Memory," "By Now," and the NO.1 "All Roads Lead To You"). He reached that territory again when "Midnight Fire" was released in the fall of 1983. By that time, Steve was yearning for greater artistic freedom and production control, so in August, 1984, he signed with MCA

Records. About his new recording arrangement, Steve says this: "My whole theory since I've been with MCA is to be an album-oriented artist. What I'm trying to do is let those fans know that when they're buying a record they're getting ten of what I feel like are really good songs, a whole album, put together cohesively." The results to this point fully square with Steve's intentions. His first MCA album, "One Good Night Deserves Another," met with critical acclaim and spawned three successful singles, including the NO.1 "Some Fools Never Learn."

Many of the same qualities that got Steve to his present career pinnacle are evident on his second MCA album, the aforementioned "Life's Highway," released in November, 1985. Steve caresses a ballad as well as ever, witness such tracks as "In Love And Out of Danger" and "Starting Over Again." His instrumental skills are spotlighted with guitar solos on "She's Leaving Me All Over Town" and "I Let A Keeper Get Away." Perhaps the singular achievement of this LP, through, is the emergence of Steve Wariner as a top-notch songwriter, as he wrote or co-wrote no fewer than five of the tracks. Of these, the up-tempo love lament, "I Let A Keeper Get Away," and the autobiographical, nicely nostalgic "The Heartland" are perhaps the best. Of course Steve has written songs since age 16; his first RCA single, "I'm Already Taken," was co-written with Terry Ryan, and remains one of his concert favorites. He has always valued the role of the songwriter: "I think it all starts with the song and what little success an artist has, a very big part of that is attributed to the writers and the songs."

Singer on Liberty bill

Gloria Patrizio, soprano from Short Hills, a former Union resident, has been invited by the N.J. Statue of Liberty Centennial Commission to sing her original composition, "Miss Liberty," at Liberty State Park on Sunday as part of the historic Liberty Weekend Centennial Celebration.

Performing the song with Patrizio will be 10 school children from Short Hills who were taught the song by their music teacher, Ruth Uffelman, who will also accompany the group on piano.

Patrizio, who for 14 years sang the "National Anthem" at the Waldorf Astoria, New York, before national and international leaders, including former President Gerald Ford and five vice presidents, received a letter from President Ronald Reagan complimenting her for her willingness to put her love of country and the Statue of Liberty into action. He stated: "In honoring Lady Liberty, we honor the liberty God has given us and the sacrifices so many have made to preserve it."

The accompanying poem by Patrizio was read by Congressman Matthew J. Rinaldo into the Congressional Record in honor of the Centennial.

"MISS LIBERTY"

She stands in New York Harbor,
A beacon light to all;
A welcome sight to everyone
From every port of call.

To some, she's "Miss America,"
With beauty, grace and charms;
To all, she stands for liberty,
And opens wide her arms.

Gift to us from France,
For those who would breathe free;
We salute you now, and for all time,
Our Statue of Liberty!





SUMMER FUN & FITNESS



Vitamins, endurance directly related

Now that a healthy lifestyle has become a permanent way of life for many people, more and more people are depending on exercise to help them lose weight, stay in shape and even improve their self-image and mental health. Moderate exercise, of course, is recommended for people of all ages to help maintain good health.

A balanced diet is important to provide the basic energy and nutrients for those who exercise. Even with a good diet and a programmed approach to exercise, however, you may not be functioning to capacity, or have the endurance for which your body is fully capable.

A number of scientific research studies have been completed recently that indicate there is a direct relationship between your level of endurance and the level of vitamin E in your body. These studies basically point out the advantages of supplementation in order to attain "optimum" levels for the vitamin. Deficiencies are not often found in people, but there is a great deal of difference between an optimum level and a deficiency, especially where exercise is concerned.

involving oxygen, called lipid peroxidation, takes place at a greater rate.

Lipids are basic components of cellular



Low Sodium Carrot Bread

membranes. During lipid peroxidation lipids are damaged, injuring the cell. Vitamin E is known to interrupt the process of lipid peroxidation, thereby preventing damage to the cells during exercise.

Structures within the cell which are most easily damaged by lipid peroxidation are mitochondrial membranes. Mitochondria inside the cell extract energy from food and make it available to the cell for work. Because of this energy related function mitochondria are nicknamed the "powerhouses" of the body. Damaged mitochondria can't provide adequate energy for the cell to work.

Research conducted at University of California, Berkeley suggests that damaged mitochondria are a major cause of exercise fatigue. Additional studies indicated that there is an increased need for supplemental vitamin E during endurance training. It appears that vitamin E is used up by the working function of muscles during strenuous exercise. One study of exercising rats found clear evidence that vitamin E is depleted from both the liver and muscles during

exercise. These facts lead to the conclusion that cell tissues are protected against the damaging process of lipid peroxidation during exercise by using the body's vitamin E supply.

Scientists are continuing to explore the connection between exercise-induced tissue damage and fatigue and vitamin E. So far, the evidence points to a need for supplemental vitamin E in endurance exercise training such as swimming, jogging and other aerobic exercises as a convenient way to reduce the damaging process of lipid peroxidation.

To provide the maximum protective value from supplemental vitamin E during exercise, it is important to know that there is a difference between natural and synthetic vitamin E. The natural form is 36 percent more potent than the synthetic form. To tell the difference between natural source and synthetic, simply check the label on the bottle. Look for "d" in front of the words alpha tocopherol or alpha tocopheryl, which indicates it is natural source. If the label indicates a "d", it is synthetic.

During exercise, the body takes in and metabolizes oxygen at a greater rate than when at rest. That's good because the heart, lungs, muscles and other organs need more oxygen to function during exercises. But it also means that a tissue damaging process

Low salt recipe

When we first begin to cut down on our sodium intake, among the types of foods we learn to avoid are prepared baked goods and packaged mixes. But we all enjoy the flavor and aroma of muffins and quick breads as they come from the oven. The solution is to make them from scratch using NoSalt Salt Alternative instead of salt. For example, the Quick Carrot Bread suggested here takes only a few minutes to prepare and is full of flavor.

QUICK CARROT BREAD

- 1 1/4 cups of all-purpose flour
- 1/2 cup brown sugar
- 1/2 cup shredded carrot
- 1/2 teaspoons baking powder
- 1/4 teaspoons ground cinnamon
- 1/4 teaspoon grated orange peel
- 1/4 teaspoon NoSalt Salt Alternative
- 1/4 teaspoon ground allspice
- 1 egg
- 1/4 cup low-fat milk
- 1/4 cup orange juice
- 1/4 cup melted, cooled, then measured unsalted margarine
- 2 teaspoons vanilla extract.

Preheat oven to 350 F. In medium bowl, combine flour, brown sugar, carrot, baking powder, cinnamon, orange peel, NoSalt Salt Alternative and allspice. In separate bowl, thoroughly mix egg, milk, orange juice, margarine and vanilla. Quickly stir wet ingredients into dry mixture, stirring only until dry ingredients are moistened. Turn into 8 x 4-inch loaf pan that has been sprayed with a non-stick cooking spray. Bake 55 to 60 minutes or until surface is dry and starts to pull away from sides of pan. Cool 10 minutes; remove from pan and cool completely on wire rack. Makes 16 1/2 inch slices

Sodium: 49 mg per serving
Calories: 106 per serving.

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SUMMER FUN & FITNESS



How to survive a vacation with kids

Fill this year's family vacation with fun and avoid some of the usual frustration. Every minute spent in careful planning and preparation before backing the car out of the driveway means extra hours of mutual enjoyment and years of precious memories. Let the following guideline for planning be your roadmap into vacationland:

Be realistic. Even vacations with an educational or skill focus should be fun and include some time for relaxing without organized activities. Don't plan for every minute.

Include something for everyone. You need not try to please all of the people all of the time, but rather be sure each person has something they like to look forward to frequently. The older children and adults might never admit it, but visiting a petting zoo can be fun for them as well.

Pack your sense of humor. All travel includes a visit by the unexpected. Kids pick up on your tension. Accept, adapt, try to smile. Today's "tragedy" may become tomorrow's inside family joke.

Families with kids, like armies, travel on their stomachs. On vacations, kids seem preoccupied with thoughts of food. Eat some meals in restaurants with local specialties and others in familiar family-oriented settings such as the popular fast-food restaurants which can be found throughout the United States. These restaurants are expecting children and are a good value for the dollar. These tips should make vacation dining more pleasant:

Teach table manners at home, not in restaurants. If you're nervous about your children's table manners, start playing "restaurant" before the vacation. Make sure

you set a good example. When you spot "goofs" in public, save the corrections for later.

Bring along things to do while waiting. Coloring books, cards, riddles, toy cars, and crossword puzzles make the time pass quickly. Many restaurants furnish their own comic books for children to read.

Enjoy the opportunity for the whole family to sit down to eat and talk—about anything

and everything. You might be surprised what you'll learn about your kids. On vacation they may be freer with their thoughts and find it's fun to share ideas with their parents.

For more information on traveling with children, read coping with kids and vacation, by Linda Albert and Elaine Fante Shimberg. It's your fun reading guide to surviving summer with your kids.

Soccer draws the most fans

The National Football League estimates that it attracted more than 14 million spectators last year. Some 5.7 million people saw the 1984 Olympic Games in Los Angeles, and that does not include the vast TV audience. But soccer outdraws all sports. It is estimated that the 1986 World Cup Soccer championship games will be seen by more than 10 billion people around the world.

It's no wonder that consumer products companies are increasingly turning to sports

contests to build the image of their products. In 1985 U.S. corporations spent upwards of \$1 billion on sports-related promotions.

In 1985, R.J. Reynolds Tobacco Co. sponsored about 1,400 sports events attended by more than 25 million spectators. The company is a leading corporate sponsor of American motor sports, including stock car and sports car racing, drag racing and motorcycle racing. Among other sports the company sponsors are professional rodeo and golf.

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PLAZA

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SUMMER FUN & FITNESS



Vitamins, endurance directly related

Now that a healthy lifestyle has become a permanent way of life for many people, more and more people are depending on exercise to help them lose weight, stay in shape and even improve their self-image and mental health. Moderate exercise, of course, is recommended for people of all ages to help maintain good health.

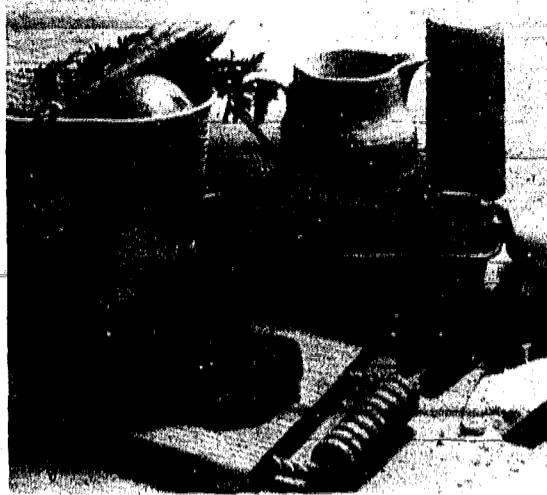
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During exercise, the body takes in and metabolizes oxygen at a greater rate than when at rest. That's good because the heart, lungs, muscles and other organs need more oxygen to function during exercises. But it also means that a tissue damaging process

involving oxygen, called lipid peroxidation, takes place at a greater rate.

Lipids are basic components of cellular



Low Sodium Carrot Bread

membranes. During lipid peroxidation lipids are damaged, injuring the cell. Vitamin E is known to interrupt the process of lipid peroxidation, thereby preventing damage to the cells during exercise.

Structures within the cell which are most easily damaged by lipid peroxidation are mitochondrial membranes. Mitochondria inside the cell extract energy from food and make it available to the cell for work. Because of this energy related function mitochondria are nicknamed the "powerhouses" of the body. Damaged mitochondria can't provide adequate energy for the cell to work.

Research conducted at University of California, Berkeley suggests that damaged mitochondria are a major cause of exercise fatigue. Additional studies indicated that there is an increased need for supplemental vitamin E during endurance training. It appears that vitamin E is used up by the working function of muscles during strenuous exercise. One study of exercising rats found clear evidence that vitamin E is depleted from both the liver and muscles during

exercise. These facts lead to the conclusion that cell tissues are protected against the damaging process of lipid peroxidation during exercise by using the body's vitamin E supply.

Scientists are continuing to explore the connection between exercise-induced tissue damage and fatigue and vitamin E. So far, the evidence points to a need for supplemental vitamin E in endurance exercise training such as swimming, jogging and other aerobic exercises as a convenient way to reduce the damaging process of lipid peroxidation.

To provide the maximum protective value from supplemental vitamin E during exercise, it is important to know that there is a difference between natural and synthetic vitamin E. The natural form is 36 percent more potent than the synthetic form. To tell the difference between natural source and synthetic, simply check the label on the bottle. Look for "d" in front of the words alpha tocopherol or alpha tocopheryl, which indicates it is natural source. If the label indicates a "d", it is synthetic.

Low salt recipe

When we first begin to cut down on our sodium intake, among the types of foods we learn to avoid are prepared baked goods and packaged mixes. But we all enjoy the flavor and aroma of muffins and quick breads as they come from the oven. The solution is to make them from scratch using NoSalt Salt Alternative instead of salt. For example, the Quick Carrot Bread suggested here takes only a few minutes to prepare and is full of flavor.

QUICK CARROT BREAD

- 1 3/4 cups of all-purpose flour
- 1/2 cup brown sugar
- 1/2 cup shredded carrot
- 1/2 teaspoons baking powder
- 1 1/4 teaspoons ground cinnamon
- 1/4 teaspoon grated orange peel
- 1/4 teaspoon NoSalt Salt Alternative
- 1/4 teaspoon ground allspice
- 1 egg
- 1/4 cup low-fat milk
- 1/4 cup orange juice
- 1/4 cup melted, cooled, then measured unsalted margarine
- 2 teaspoons vanilla extract

Preheat oven to 350 F. In medium bowl, combine flour, brown sugar, carrot, baking powder, cinnamon, orange peel, NoSalt Salt Alternative and allspice. In separate bowl, thoroughly mix egg, milk, orange juice, margarine and vanilla. Quickly stir wet ingredients into dry mixture, stirring only until dry ingredients are moistened. Turn into 8 x 4-inch loaf pan that has been sprayed with a non-stick cooking spray. Bake 55 to 60 minutes or until surface is dry and starts to pull away from sides of pan. Cool 10 minutes; remove from pan and cool completely on wire rack. Makes 16 1/2 inch slices

Sodium: 49 mg per serving
Calories: 106 per serving.

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SUMMER FUN & FITNESS



How to survive a vacation with kids

Fill this year's family vacation with fun and avoid some of the usual frustration. Every minute spent in careful planning and preparation before backing the car out of the driveway means extra hours of mutual enjoyment and years of precious memories. Let the following guideline for planning be your roadmap into vacationland:

Be realistic. Even vacations with an educational or skill focus should be fun and include some time for relaxing without organized activities. Don't plan for every minute.

Include something for everyone. You need not try to please all of the people all of the time, but rather be sure each person has something they like to look forward to frequently. The older children and adults might never admit it, but visiting a petting zoo can be fun for them as well.

Pack your sense of humor. All travel includes a visit by the unexpected. Kids pick up on your tension. Accept, adapt, try to smile. Today's "tragedy" may become tomorrow's inside family joke.

Families with kids, like armies, travel on their stomachs. On vacations, kids seem preoccupied with thoughts of food. Eat some meals in restaurants with local specialties and others in familiar family-oriented settings such as the popular fast-food restaurants which can be found throughout the United States. These restaurants are expecting children and are a good value for the dollar. These tips should make vacation dining more pleasant:

Teach table manners at home, not in restaurants. If you're nervous about your children's table manners, start playing "restaurant" before the vacation. Make sure

you set a good example. When you spot "goofs" in public, save the corrections for later.

Bring along things to do while waiting. Coloring books, cards, riddles, toy cars, and crossword puzzles make the time pass quickly. Many restaurants furnish their own comic books for children to read.

Enjoy the opportunity for the whole family to sit down to eat and talk—about anything

and everything. You might be surprised what you'll learn about your kids. On vacation they may be freer with their thoughts and find it's fun to share ideas with their parents.

For more information on traveling with children, read coping with kids and vacation, by Linda Albert and Elaine Fante Shimberg. It's your fun reading guide to surviving summer with your kids.

Soccer draws the most fans

The National Football League estimates that it attracted more than 14 million spectators last year. Some 5.7 million people saw the 1984 Olympic Games in Los Angeles, and that does not include the vast TV audience. But soccer outdraws all sports. It is estimated that the 1986 World Cup Soccer championship games will be seen by more than 10 billion people around the world.

It's no wonder that consumer products companies are increasingly turning to sports

contests to build the image of their products. In 1985 U.S. corporations spent upwards of \$1 billion on sports-related promotions.

In 1985, R.J. Reynolds Tobacco Co. sponsored about 1,400 sports events attended by more than 25 million spectators. The company is a leading corporate sponsor of American motor sports, including stock car and sports car racing, drag racing and motorcycle racing. Among other sports the company sponsors are professional rodeo and golf.

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SUMMER FUN & FITNESS



Exercise can be bad for your health

Aerobic dance, bicycling, running, racket sports, weight training — these activities increase your heart rate and lung capacity, and help you maintain good physical health and correct body weight. Could anything so good for you also be bad? An emphatic "yes" is the answer given by Stanley Weiss, director of the Institute for Human Fitness, Department of Public Health and Preventive Medicine, Texas College of Osteopathic Medicine, Fort Worth.

Weiss, an osteopathic physician, offers several tips on how beginners and recreational athletes can approach fitness while reducing the risk of injury.

"Many recreational athletes forget that human resilience

declines with age," Weiss said. "What you could do in your teens now requires warm-ups in your 20s," he said.

Proper stretching followed by walking, peddling a stationary bike or slow jogging for five to 10 minutes, or until the pulse rate is up to about 100 beats per minute, is a good warm-up.

"The higher pulse rate gets blood nutrients into your skeletal tissue and helps prevent tendons from tearing. After exercising at high heart rates, you should allow time for a 'cool down' period rather than stopping suddenly. A cool down is accomplished by walking after a run, slow walking after fast walking, and so on. Cooling down until your

heart rate is below 100 beats per minute helps prevent fainting spells or abnormal heart beats," the doctor said.

Weiss said that many injuries could be prevented by using the proper equipment. Shin splints and other foot and knee injuries common to participants in aerobic classes are a prime example. "Be sure to wear shoes designed for aerobics and look for absorbent exercise surfaces such as mats or wood floor with air space beneath. Avoid bare concrete because of shock impact and thick carpets because they won't let your shoes slide," he said.

Proper surfaces also are important to reduce lower back and knee injuries from running. "Cinder paths are best, with asphalt and level grass next. Avoid concrete sidewalks completely and stay off small indoor tracks unless you have no alternative. Running in small

circles stresses knees and ankles," he said.

Biking enthusiasts sometimes complain of knee and back pains. "These pains may be caused by a seat that is too low or too high. I recommend a 10 to 15-degree bend in the knee when your leg is on the downstroke. A softer seat can help to minimize back pain, too," Weiss said.

For weight-training programs, Weiss recommends weight machines over free weights, as the chance of injury from a slip-up is greatly reduced. "If you do use free weights," Weiss cautioned, "always have a safety spotter standing in position to catch the bar in case you can't complete a repetition. The 'Never Train Alone' rule is easier to follow if you work out in a gym or health club. But if you exercise in a home gym, make sure you have someone present while you are working out," he said.

Before and after an exercise session, stretching is important to keep muscles from tightening up. "Never bounce-stretch, it tears muscles," Weiss cautioned. "Stretch gently and slowly, hold for a count of 10, then relax. This is a healthy and safe stretch."

So, you're in good physical condition, you warm-up before exercise and stretch afterward, and you use proper equipment. Can you still be ripe for injury? "Yes," Weiss said, "because of overuse. Always listen to your body. If you have any unexplained symptoms, do not exercise. See your doctor first. Take your pulse every morning after awakening. If your pulse rate is four to six beats per minute higher than usual, I advise you to skip exercising for the day.

By following these suggestions and using common sense, you can enjoy fitness that is healthy — not risky.

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Social notes and news

Schoeneicker-Reynolds

Debra Schoeneick, daughter of Mr. and Mrs. Harold Schoeneick of Erudo Street, Linden, was married recently to William Reynolds, formerly of Irvington and Union, son of Mr. and Mrs. John Reynolds of Forest Drive, Union.

The Rev. John Ballweg officiated at the ceremony in Holy Spirit Roman Catholic Church, Union. A reception followed at the Old Mansion, Elizabeth.

The bride was escorted by her father, Donna Klein of Linden served as matron of honor for her sister. Bridesmaids were Tripti Patel of Edison and Sonja Trabert and Ursula Natterman, both of Union. Heather Dehart of Union, niece of the flower girl, served as flower girl.

John Reynolds of Parsippany served as best man for his brother. Ushers were Tommy Kelly, Perry Pires and Tommy Beachtlein, all of Union. Patrick Fucci of Rhode Island, nephew of the groom, served as ring bearer.

Mrs. Reynolds, who was graduated from Union High School, is employed as an orthodontic's treatment coordinator for Dr. Frank Krausa.

Her husband, who was graduated from Union High School, is a foreman for ABRE Construction Co.

The newlyweds, who took a honeymoon trip to Mexico and a Pocono resort, reside in Bernardsville.



MR. AND MRS. REYNOLDS

Derner-Morrissey

Susan Valerie Derner, daughter of the Rev. and Mrs. George C. Derner of Florham Park, was married May 18 to James Peter Morrissey of Little Falls, son of Mr. and Mrs. Michael J. Morrissey of Stockton Road, Union.

The Rev. George C. Derner, father of the bride, officiated at the ceremony in Good Shepherd Lutheran Church, Florham Park. A reception followed at the Old Mill Inn, Bernardsville.

The bride was escorted by her brother, Carl H. Derner.

Attendants were Joy Derner, sister-in-law of the bride; Betsy Morrissey, sister of the groom, and Mary Ellen Kmiec, sister of the groom.

Michael Morrissey served as best man for his brother. Ushers were Glen Derner, brother of the bride, and Edward Kmiec, brother-in-law of the groom. Robert Derner, cousin of the bride, served as ring bearer.

Mrs. Morrissey, who was graduated from Hanover Park High School, County College of Morris and DuCret School of the Arts, is an artist at Bucilla-Armour Hand-crafts, Secaucus.

Her husband, who was graduated from Roselle Catholic High School, is an electrical engineering student at New Jersey Technical Institute. He is a computer operator at Inmont Corp., Clifton.

The newlyweds, who took a honeymoon trip to Colorado, reside in Little Falls.



MR. AND MRS. MORRISSEY

Christian Kruegers feted at 60th anniversary party

Mr. and Mrs. Christian Krueger of Union celebrated their 60th wedding anniversary June 16 at a party given by their children, Mr. and Mrs. Robert H. Vreeland, and Mr. and Mrs. Robert C. Krueger, at Neil's New Yorker Dinner Theater in Mountain Lakes.

Also attending were the couple's grandchildren, Robert K. Vreeland of Maryland, Mr. and Mrs. Thomas Rittman of

Delaware and Mr. and Mrs. Robert C. Krueger of Ironia, and the couple's great-grandchildren, Thomas and Matthew Rittman of Delaware.

The celebrants were married in 1926 in St. John's Lutheran Church, Newark. They are longtime members of the First Congregational Church, Union.

Mr. Krueger is retired after working for 50 years at the Prudential Insurance Co.

Linda Brooks betrothal told

Mr. and Mrs. Alan C. Brooks of Union have announced the engagement of their daughter, Linda Ellen, to Robert Louis Jacobs, son of Mrs. Anthony Santoriello of Freeport, N. Y., and the late Mr. Max Jacobs.

The bride-elect, who was graduated from Union High School and New Jersey Institute of Technology, where she received a degree in mechanical engineering, is employed as a reliability engineer for American Standard, Trenton.

Her fiancé, who was graduated from Stevens Institute of Technology, with a combined degree in electrical engineering and

computer science, is a software engineer for Varityper in East Hanover.

A fall 1987 wedding is planned.

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Guild presents check



CHECK TO HOSPITAL—Mildred Kendig of Kenilworth, past president of the Memorial General Hospital Guild Association, Union, presents check for \$36,000 to Victor J. Fresolone, hospital president, to cover a pledge by the guild to MGH for new monitoring equipment for the recovery room. The association raised the money through various fund-raising activities and items sold at the hospital gift shop.

During an installation dinner for the Memorial General Hospital Guild Association, Union, at the Galloping Hill Caterers, Union, recently, Mildred Kendig presented a \$36,000 check to Victor J. Fresolone, hospital president.

Louis Giacona, hospital vice president, installed the new officers in the presence of 80 guild members. "It was a pleasure participating in the installation," said Giacona. "The guild plays a vital role in raising funds for the benefit of Memorial General Hospital, as evidenced by this most generous donation. We are fortunate to have such loyal supporters."

Installed as officers for the 1986-1987 term were Sara Irwin, president; Bertha Meidlein, president-elect, and Lena Meidlein, assistant treasurer, all of Union; Marion Sealle of Roselle, vice president; Louise Guerin, corresponding secretary; Viola McCraigh of Kenilworth, treasurer, and Mary Northrup, recording secretary. The Guild Association, which is celebrating its 25th anniversary this year, has more than 300 men and women who serve the hospital. Primarily organized to raise funds for the hospital, the group also has members who serve as in-service volunteers.



PROCEEDS FROM BENEFIT—Victoria Olivo, left, president of the Springfield Columbiettes Auxiliary of Knights of Columbus, presents proceeds from its annual spring fashion show and auction held at the Suburban Hotel, Summit, to Joan Lowell Smith, executive director of the Alzheimer's Disease Fund of New Jersey, Westfield, which had been selected by the Columbiettes as its 1985-1986 charity of the year.

THE WOMEN'S AMERICAN ORT of Union held its installation brunch June 22 at the Office Restaurant, South Orange. Linda Goldblatt, Central Jersey regional president, served as installing officer. The new officers installed were Sandi Omansky, president; Randi Beil, Bella Kaiser, Phyllis Klein and Jennifer Reisman, vice presidents; Ruth Dankner, finance secretary; Jill Farabar, secretary, and Carolyn Kampf, treasurer.

SOME FORMER UNIONITES, who hadn't seen each other for 62 years, met again at a Class of 1936 Union High School 50th reunion June 22 at the Town and Campus, Union. Eight of those reunion had started first grade at Connecticut Farms School, Union, in 1924 and were graduated from Union High School in 1936. They are Emilie Richard Scharf of Point Pleasant, Margaret Ghuzzi Lang of Westfield, Roberta Vollmer Bonardel of Hobe Sound, Fla., Dorothy Williams Brill of Chatham, Elsie Setzer of Union, Dorothy Fraser Eckert of North Plainfield, Frank Brown of Union and Charles Hofacker of Allentown, Pa. It was announced that Edward

(Continued on page 9)

Stork club

A 5-pound, 14-ounce son, Matthew John Sincaglia, was born June 15 (on Father's Day) in St. Barnabas Medical Center, Livingston, to Mr. and Mrs. John Sincaglia of Coolidge Avenue, Union.

Mrs. Sincaglia, the former Marlene Manela of Paterson, is the daughter of Mr. and Mrs. Marc Manela of Fair Lawn. Her husband is the son of Mr. and Mrs. Frank Sincaglia of Totowa.

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Club installations are conducted for new season

(Continued from page 8)

Brush and William Wenzel were unable to attend the reunion.

THE GFWC Junior Woman's Club of Union will hold its second summer

Mary Schaub is betrothed

Mr. and Mrs. Arthur J. Schaub of Carlyle Place, Union, have announced the engagement of their daughter, Mary, to Frank Lamendola, son of Mr. and Mrs. Frank Lamendola of Wheaton Road, Union.

The bride-elect, who was graduated from Kean College of New Jersey, Union, is employed by Pirelli Cable Corp.

Her fiancé, who was graduated from Union High School, is employed by Glide-Away Door and Construction Co., Roselle, and Robert's Canvas, Elizabeth.

An August wedding is planned with a reception at the Town and Campus, West Orange.

Mollard-Ruiz troth is told

Mr. and Mrs. Herbert Mollard of McKinley Street, Linden, have announced the engagement of their daughter, Maryann, to Juan A. Ruiz, son of Mr. and Mrs. Ismael Ruiz of Elizabeth.

The bride-elect, who was graduated from Linden High School and Sawyer Business School, Elizabeth, is employed by Energy Consortium, Woodbridge.

Her fiancé, who attended Elizabeth High School, is employed by Williams Real Estate Management Co., Manhattan.

An August 1987 wedding is planned.

story-craft-music hour for members' children July 14 at 10 a.m. at the home of Kathy Rubin. The program was arranged by Mrs. Rubin, Connie Maker, art chairman, and Rita Xavier, music chairman. Additional information about the club can be obtained by from any member or by calling Linda Perara at 686-3488 or Mrs. Xavier at 686-2576.

THE 34th INSTALLATION and dinner banquet of the Linden Business and Professional Women's Organization was held at the Coachman's Inn, Cranford,

recently. Installing officer was Eleanor Steger, past state president.

Members installed for the 1986-1987 year were Lillian E. Paulick president; Elizabeth Iski of Linden first vice president; Marie Carson of Linden, second vice president; Donna Louise Talbert, corresponding secretary; Arlene Fiasco of Linden, recording secretary; Estelle David, treasurer, and Veronica Leonard of Linden parliamentarian.

The Rev. Edward Szpiech, pastor of St. Adalbert's Church, Elizabeth gave the invocation and benediction. Four scholarships were awarded to

Rhodora Lynn James and Marie Mora, both Linden High School seniors; Carolyn Ann Dorin, who attends college in Texas, and Bonnie L. Rodgers, who is re-entering Union County College. Edith Sabol of Linden, scholarship chairman, presented the scholarships. Guests came from the Carteret, Woodbridge and Connecticut Farms BPW organizations, and there were family guests of the members. Entertainment was provided by Janet E. Lyman on the violin and George C. Paulick on the Dual Vox. They are the children of the president.

At the state convention in May, the president received three awards for the Linden BPW Club. They are for membership, foundation and public affairs.

Stork club

An 8-pound, 14-ounce daughter, Jamie Lindsay Boyce, was born April 29 in Overlook Hospital, Summit, to Mr. and Mrs. Wayne Boyce of North Plainfield. She joins a brother, Michael, 2.

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Take a break from unpacking and call me.

Welcome Wagon

UNION 964-3891
SPRINGFIELD 467-0132

PLEASE: Start my new subscription
 Renew my current subscription for two years

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ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

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<input type="checkbox"/> Linden Leader	14.00	24.00
<input type="checkbox"/> Mountinside Echo	14.00	24.00
<input type="checkbox"/> Vailsburg Leader	14.00	24.00

Mail with
payment to:

County Leader Newspapers

P.O. Box 3109

Union, N.J.

07083

or

call:

686-7700

Please allow 3 weeks for delivery of banners



For Union County Classified Call: 686-7700

CLASSIFIEDS

Reaching over 175,000 readers in the Union Leader, Springfield Leader, Mountainside Echo, Kenilworth Leader, The Spectator in Roselle & Roselle Park and the Linden Leader • Also in combination with the News-Record of Maplewood and South Orange, West Orange Chronicle, East Orange Record, Orange Transcript, The Independent Press, Glen Ridge Paper, Irvington Herald and Vailsburg Leader.

TRANSIENT CLASSIFIED RATES

20 words (commissionable) (minimum) \$5.25 4 times or more \$4.50
 Each additional 10 words or less \$1.50 Each additional 10 words \$1.00
IF SET IN ALL CAPITALS
 10 words or less (commissionable) \$5.25 4 times or more \$4.50
 Each additional 10 words or less \$2.00 Each additional 10 words \$1.50
 Classified Box Numbers available — \$5.00
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UNION/ESSEX COMBO RATES TRANSIENT CLASSIFIED RATES

20 words (commissionable) (minimum) \$10.00
 Additional 10 words or less \$2.00
 Classified Box Number \$5.00
BORDERED ADS \$7.00

CLASSIFIED DISPLAY

Classified Display open rate (commissionable) \$10.83 per inch
 Contract rates for ads that run on consecutive weeks:
 4-12 times \$9.80 per inch net
 13 times or more \$8.75 per inch net

Bordered Ads — Add \$4.00

UNION/ESSEX COMBO RATES CLASSIFIED DISPLAY

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 13 weeks or more \$18.00 per inch

**DEADLINE FOR UNION COUNTY PAPERS IS 2:30 P.M. TUESDAY
 DEADLINE FOR ADS RUNNING IN COMBO IS 5:00 P.M. MONDAY**

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| 1. AUTOMOTIVE | 3. EMPLOYMENT | 5. SERVICES OFFERED | 7. PETS | 9. RENTALS |
| 2. ANNOUNCEMENTS | 4. INSTRUCTIONS | 6. MISCELLANEOUS | 8. REAL ESTATE | 10. BUSINESS OPPORTUNITIES |

AUTO ACCESSORIES

**BUY-WISE
Auto Parts
WHOLESALE
To The Public**
 Open 7 Days
 Sun. 8 am to 12 pm
 Wed. & Sat.
 7:30 to 5:45 p.m.
 Weekdays 7:30
 am to 7 p.m.

688-5848

Vauxhall Section
 209T Springfield Ave.
 Union

AUTO DEALERS

AAA service leasing, inc.
 Auto Leasing Terms
 One to Five Years
 All Makes and Models
 1561 Morris Avenue
 Union, N.J. 07083
 (201) 687-7200
 Commercial & Professional

MONEY SAVERS
 '82 & '84 models at wholesale
 prices. Call for details.
CUSTOM LEASE 687-7600

OLDSMOBILE
 Oldest & Largest
 Exclusive
 Olds Dealer in
 Union County
**ELIZABETH
MOTORS, INC.**

Value Rated Used Cars
 582 Morris Ave.
 Elizabeth 354-1050,

SMYTHE VOLVO
 Exclusive Volvo
 Dealer
 326 Morris Ave
 Summit
 273-4200
 Authorized
 Factory Service
 Long Term Leasing

AUTOS FOR SALE

1976 AMC-Hornet, 4 door, air,
 nearly new tires, need some
 mechanical work, \$500 or best
 offer. Call 688-6140, between
 10am-5pm, Monday thru Fri-
 day.

1982 BUICK RIVIERA - Clean,
 lots of extras, \$8500 or best of-
 fer. 962-5405.

AUTOS FOR SALE

1979 AMC-Concord, 4 cylinder,
 4 speed, nice body, nice in-
 terior good engine, new clutch
 and battery. 95,000 miles.
 \$1000. Bryan, 783-1666, days,
 evenings 486-2285.

1961 BUICK- Invicta Coupe.
 455 engine, automatic
 transmission, factory air,
 power steering, brakes, win-
 dows, power bucket seats. All
 original. Excellent
 mechanical condition. Asking
 \$1,675. 379-7283.

1981 BUICK SKYLARK - 4
 cylinder, front wheel drive,
 rear defroster, power
 steering/brakes, am/fm.
 \$3000 or best offer. Call 686-
 1428.

1980 BMW- 318i. European
 model. 58,000 miles. Ex-
 cellent condition in and out.
 Must see. Call 687-3174 after
 6:00 PM.

1976 BUICK - 4 door, V8, Cen-
 tury, auto., air, power
 steering/brakes, tilt wheel, A-
 1 condition, new tires. \$1095.
 Call 688-7397.

1976 BUICK SKYLARK-V6,
 auto, am/fm, air, condition,
 power steering, brakes, win-
 dows, rear defogger. Good
 condition, \$950. Call 925-0159.

1970 BUICK GS- Mint condi-
 tion. Well maintained. Load-
 ed. Metallic blue with new
 white top. \$4,200 or best offer.
 Call 379-6041.

1977 BUICK - Electra-
 Original owner. All power. Ex-
 cellent condition. 68,000 miles.
 \$1,800. Call after 6:00 p.m. 686-
 4751.

1981 CHEVETE-2 door hatch/
 4SP/AM-FM/cassette/stereo,
 56,000 miles, new clutch.
 Always starts right up. \$1650.
 Call Gary, 832-5728, Day
 number, 562-7283.

1980 CHEVY MALIBU-White,
 28,000 miles, 1 owner, power
 steering and brakes, 2 door,
 \$3500. Call 688-3006.

1981 CUTLASS SUPREME -
 Burgandy, 38,000 miles, power
 steering/brakes, AC, AM/FM,
 white walls with spoke rims.
 \$5000. 964-3680.

1977 CHEVY MALIBU-6
 cylinder, automatic, power
 steering and brakes, 70,000
 miles. Asking \$750. Call 964-
 5366, between 5-9 pm.

AUTOS FOR SALE

1980 CAMERO - V6 motor,
 automatic, 39,000 miles, clean,
 runs good. Asking \$3900. Many
 extras. Call 375-2714 evenings,
 or 582-2239 days, or 379-5881.

1978 CHRYSLER LA BARON-
 Small V8, power steering
 brakes and windows, air,
 am/fm stereo, rear defogger,
 veloure interior, 2 door, 85,000
 miles. Excellent condition.
 Must see. \$2300. Days, 654-
 5703, evenings and weekends,
 289-5080.

1980 CUTLASS - 4 door, black
 on black, power steering,
 power brakes, auto, air condi-
 tioning, AM/FM, very clean,
 original owner. \$3000 firm.
 686-6497.

1979 CHEVY MONZA - 4 speed
 manual, Black Spyder, good
 condition, runs well, power
 steering, power brakes, \$1600
 or best offer. Call 964-1949, ask
 for John after 6pm.

1970 CADILLAC - FLEET-
 WOOD BROUGHAM. 90,000
 original miles. Top running
 condition, full equipped. Ex-
 cellent maintenance. Asking
 \$777. Call 851-2834 anytime.

1972 CHEVROLET IMPALA-
 130,000 miles, new
 transmission, new tires and
 cooling system. Needs engine
 work. \$200 or best offer. Call
 686-2954.

1983 CHEVY CELEBRITY-
 Power steering and brakes,
 air condition, am/fm, front
 wheel drive, new tires. Ex-
 cellent condition. Asking \$4400
 or best offer. Call 688-7087.

1971 CADILLAC - Coupe,
 DeVille, full power, good tires,
 extra snows, good
 transportation. As is \$300. 687-
 1924 after 4PM.

1977 CHEVY
 MONZA Hatchback-8 cylinder.
 Power steering and brakes,
 air condition, am/fm radio.
 Call 789-8647, evenings.

1983 CAMARO
 BERLINETTA-5 speed, 6
 cylinder, air, am/fm stereo.
 Excellent condition. \$6300.
 Call after 5 pm, 687-7302.

1981 CHEVY CHEVETTE-
 AM/FM Stereo, sunroof,
 37,000 miles, good condition.
 First \$2200 takes it! Call 964-
 7392 after 6pm.

AUTOS FOR SALE

1979 CHEVY MONZA-Spyder,
 AM/FM cassette, air condi-
 tioning, automatic trans. V6,
 47,000 miles. \$2500 or best of-
 fer. Call Craig at 464-4355.

1976 CORVETTE-Loaded,
 automatic, all power, 51,000
 miles, garage kept, Asking
 \$7500 or best offer. Call 763-
 0497.

1984 CADILLAC-2 door Fleet-
 wood Brougham, 31,000 miles,
 excellent condition, asking
 \$13,000 or best offer. Call 851-
 0478.

1977 CHEVY MALIBU
 CLASSIC - 4 door, 6 cylinder,
 automatic, power steering and
 power brakes, one owner. Ask-
 ing \$800. Call 486-4651.

1974 CAMARO-Good running
 condition. Also 1979 ARROW
 in good running condition,
 needs some body work. Call
 686-2961.

1978 CHRYSLER-Town &
 Country stationwagon, power
 seats, windows and door locks,
 leather interior, am/fm
 stereo, rear defogger, vanity
 mirror, body rack, loaded,
 69,000 miles. \$1950 or best of-
 fer. Call 687-9582.

1978 DATSUN-B210 GX, stick
 shift, new brakes and clutch.
 Asking \$800. Good running
 condition. 964-4857.

1983 DATSUN MAXIMA -
 Loaded, excellent condition.
 See at 374 Morris Ave.,
 Springfield-564-8080-\$4800.

1980 DODGE ASPEN SLANT 6
 - 2 door, automatic, 4 new
 radials, brakes, shocks, runs
 great, good condition. Best of-
 fer. 687-4784.

1983 DODGE ARIES "K"-4
 door, 4 speed, over drive, am/
 fm stereo cassette, rear defog-
 ger, 25,000 miles, 5 year/
 50,000 mile warranty. Im-
 maculate condition. By owner,
 \$4500 or best offer. Call 687-
 9582.

1974 ELDORADO - Con-
 vertible. Restored, new vogue
 tires & wheels. AM/FM stereo
 cassette, asking \$5500. Call
 245-0020, after 6pm call 687-
 4904.

1982 ELDORADO-White. Ex-
 cellent condition. Fully loaded
 plus moonroof and extras.
 One owner. Garage kept. \$11,
 500. 688-3745.

AUTOS FOR SALE

1965 GRAND PRIX-All
 original. 389-4 Barl. Best offer.
 Call 862-9803 anytime.

1976 GRAND PRIX- Power
 Steering, windows, brakes.
 Air conditioned. New tires,
 stabilizer links. Reliable
 transportation. \$1,200 or best
 offer. 964-6315, or 964-4475.

1978 HONDA CIVIC - Ex-
 cellent condition in & out, 4
 speed, 2 door, 58K miles, 35
 mpg, good transportation.
 Asking \$1650. Diane, days 740-
 2351, evenings 277-3114.

1984 HONDA PRELUDE - Ful-
 ly equipped, automatic
 transmission, 15,000 miles,
 double burglary security
 system, sunroof, AM/FM
 cassette. Many extras.
 \$10,500. Call 688-5906.

1981 HONDA PRELUDE - 5
 speed, AC, AM/FM, power
 sun roof, very good condition.
 Asking \$4000. 687-7069.

1964 IMPALA-327 Hi-Perf. 4
 speed, 5,000 miles on new
 motor. Best offer. Call
 anytime. 862-9803.

1979 JEEP WAGONEER- Ful-
 ly loaded, excellent condition
 inside and out. 83,000 miles.
 Asking \$3900 or best offer.
 Call after 6 pm. 233-2985.

1979 JEEP WAGONEER
 Limited. Automatic, Air,
 Cruise, Tilt, Sport Wheels,
 Stereo, Hitch, Burgundy, Ex-
 cellent Condition, 63,000 miles,
 \$5,495. 273-2609.

1979 LINCOLN VERSAILLES
 - 79,000 miles, 4 door, half roof,
 loaded. 688-8981.

1973 LINCOLN- Mark 4,
 Needs some work. \$900. or
 best offer. Call after 7:00 PM
 762-1496.

1984 MERCURY COUGAR-
 V8, 13,000 miles. Loaded. Call
 after 4:30, 687-5412.

1980 MUSTANG - Coco brown,
 gold interior, 4 cylinder, 4
 speed stick, AM/FM Stereo,
 Pioneer Speakers, sunroof,
 46,500 original miles,
 mechanically perfect, ex-
 cellent condition in and out.
 Asking \$3150 or B/O. Call 761-
 4070.

1972 NOVA-Good running con-
 dition. Best offer. Call 851-9738.

AUTOS FOR SALE

1973 MERCURY- Brown Sta-
 tion Wagon, 8 pass. clean,
 good engine, lead gas \$450. 352
 E. CLAY AVE. ROSELLE
 PARK. COME SEE.

1981 MERCURY COUGAR - 4
 door, AM/FM Stereo, air con-
 ditioning, power steering,
 power brakes, 2 tone paint, ex-
 cellent condition. 686-5183.

1980 MONTE CARLO-6
 cylinder, power steering and
 brakes, air, white with
 burgandy interior, 54,000
 miles. \$3500. Call 687-9352.

1977 MUSTANG- V-6, Power
 steering, power brakes, AM/
 FM Cassette with Jensen
 speakers. 80 K miles. Price
 \$1,750 or best offer. 686-8563.

1967 MERCEDES- 250 SE.
 White. Burgundy interior.
 Mint condition. \$3,750 firm.
 687-0485 after 6 PM.

1972 MERCEDES 250C-Power
 steering, power windows, air
 condition, stereo cassette. A
 beautiful car. Sacrifice, \$8000.
 Call 851-0478.

1979 MUSTANG- Grey. Red
 leather interior. Air condi-
 tioning, AM/FM, power steer-
 ing, brakes. New tires. Clean
 in and out. Good
 transportation. Asking \$2,500.
 964-6315 or 964-4475.

1983 NISSAN SENTRA
 Showroom condition, 24,000
 miles, garage kept. AM/FM
 cassette, sunroof, 5 speed.
 Asking \$5200. Call 964-7832.

1980 OLDSMOBILE
 CUTLASS SUPREME, 2 door,
 V6, power steering/brakes,
 air conditioning, am/fm tape,
 4 new tires plus extras, 1
 owner, 70,000 miles, good con-
 dition. \$3400. Call 763-0531.

1982 OLDSMOBILE CUTLASS
 SUPREME - Power steering/
 brakes, air, AM/FM Stereo,
 cruise, 46,000 miles. \$6000. Call
 after 5pm, 686-3384.

1983 OLDSMOBILE-Cutlass
 Supreme, 4 door, V-6, power
 steering and brakes, air condi-
 tioning, rear defrost, excellent
 condition. \$4900. 688-2592,
 evenings.

1977 OLDSMOBILE VISTA-
 Cruiser, V8, automatic, air
 condition, power steering/
 brakes, am-fm stereo. Good
 condition. Asking \$1,400. 687-
 9070.

AUTOS FOR SALE 1

1977 OLDSMOBILE CUTLASS - 2 door, excellent running condition. Original owner. \$700 or best offer. Call. 687-5421 between 5-8PM.

1972 PONTIAC - LeMans. 2 door, power steering, power brakes. \$300 or best offer. 925-1588, call after 6pm.

1977 PINTO-Hatchback, 4 speed, power brakes, am-fm cassette, 61000 miles. Asking \$1195. Call after 6 p.m., 964-8337.

1982 PONTIAC TRANS AM - Black and gold, 5.0 litre engine, automatic transmission, PS-PB, AC, power windows/locks, tilt, AM/FM cassette, new custom wheels and tires, Chapman security system. \$8000 firm. See at: Belford Tire, 454 Chestnut Street, Union, 686-2510.

1984 PONTIAC FIREBIRD - Fully equipped, red with gray interior, 30,000 miles. Asking \$7500. Call 851-0559.

1976 PLYMOUTH - Volare Wagon, 115M miles, new tires, new brakes, clean. \$850 or B/O. Call 851-0029.

1982 PONTIAC TRANS AM - Automatic, loaded, very good condition. Must sell. Best offer. Call 964-4459.

1984 PONTIAC 1000 - 3 door, auto, A/C, P/S, P/B, am radio, 14,500 miles. Best offer. Call 272-4015 after 7:30pm.

1977 PONTIAC - Grand Prix. Air conditioned, power steering, power brakes, four new tires. Best offer. 687-4097 after 6:00.

1974 PONTIAC VENTURA - Automatic, V8, 2 door, 73,000 miles, runs good. \$450 or best offer, after 5pm, 687-8592.

1980 PEUGEOT - S Package, excellent condition, 61,000 miles, 5 speed, electric windows, sun roof, cruise control. Price negotiable. Call anytime. 376-8075.

1979 PLYMOUTH HORIZON - Good running condition, excellent body with new tires. Cost \$1095. Call (201)643-5090.

1982 PLYMOUTH TC-3. Economical sports car. Good condition, 40,000 miles. Auto. trans., power steering and brakes, air, am/fm stereo, 4 cylinder, white and burgandy. Asking \$3500. 686-2729 or 686-1462.

1982 PONTIAC 6000 - Automatic, power steering/brakes, air condition, stereo, low mileage. Mint condition. \$3100. Call 964-4089, between 6-9pm.

1976 PLYMOUTH VOLARE - 50,000 miles, good transportation. \$800. Call 686-5941.

1984 SUBARU GL - 4 wheel drive, 5 speed, air conditioning, sunroof, AM/FM Stereo, asking \$5500. Call days, 686-9716.

1984 SUBARU GL WAGON - White, air conditioning, 5 speed, 29,000 miles, AM/FM 4 speaker stereo. \$6000. Call 964-6043 after 5pm.

1976 TOYOTA COROLLA - Automatic, many new parts, good tires. Needs some work. Asking \$450. Call 687-5146 after 9:30pm.

1983 TOYOTA TERCEL Wagon SR5-4 wheel drive, air, am-fm stereo cassette, luggage rack, hitch, like new, 36,000 miles. Asking \$6000. Call 277-3717.

1978 TOYOTA - Corolla Deluxe, good condition, 2-door, 5-speed, AM/FM stereo, new all-weather radials. Asking \$1500. 245-4203.

1982 TOYOTA - Celica GT - Fully automatic, asking price \$5,500. Low mileage. Call 467-0776.

AUTOS FOR SALE 1

1974 VOLKSWAGEN - Super Beetle, sunroof, new clutch, some rust damage, needs work. Asking \$850. Call after 5 pm, 276-5536.

1976 VOLKSWAGEN RABBIT - Excellent condition, very low mileage. \$1150 or best offer. Call 964-9622.

1974 VOLKSWAGEN DASHER - Power brakes, automatic transmission, good engine, tires and body. no rust. \$525. 862-9321.

AUTOS WANTED 1

TOP \$\$\$ IN CASH
For ALL Cars & Trucks

CALL DAYS 589-8400 or EVES. 688-2044
(Same day Pick-ups)

WE PAY CASH - FOR YOUR JUNK CAR OR TRUCK. 375-1253. IRVINGTON. HIGHEST PRICES PAID!

We Buy Junk Cars TOP \$\$ PAID
24 hr. serv. 688-7420

MOTORCYCLES 1

1980 SUZUKI - 750 Loaded. Many extras. 13,000 miles. Excellent condition. Garage kept. \$2,000 or best offer. Must see. 763-0497.

MOBILE HOMES 1

CHRISTINE'S ELECTROLYSIS
Medically approved method of permanent hair removal.
•First treatment 1/2 price
•Free Consultation
•Reasonable rates
245-7467

TRUCKS FOR SALE 1

1975 FORD - VAN 150. GOOD CONDITION. CALL: 686-7168.

ENTERTAINMENT 2

ACCORDIONIST/VIOLINIST - OR TRIO. For any home or hall party. Sing-A-Longs.
JOHN LENARD 353-0841

BASEBALL TICKETS
Yankees & Mets
BOX SEATS
ALL GAMES
Call:
742-1616 days
558-1501 evenings

LOST AND FOUND 2

Lost & Found ads will run for two weeks FREE as a service to residents in our 9 Communities.

HANDBAG - Beige. If found, please return. Important papers inside, plus wallet and keys. Call 686-5601.

LOST - Silver band, tourquoise stone, vicinity of Kenilworth. Please call owner at 241-1094.

PERSONALS 2

A TRUE PSYCHIC MRS. RHONDA READER & ADVISOR
I give all types of Readings and Advice. I can and will help you where others failed. I have been established in Union, since 1968. By appointment 686-9685 or 964-7289. 1243 Stuyvesant Ave., Union, near Foodtown. Open daily from 9 to 9.

HOLY SPIRIT - As you promised my prayers for have been heard and answered. Thank You. M.P.

PERSONALS 2

ATTENTION! - Can't get out of your house to get your hair done? We will do your hair in your home. We do perms, sets, cuts and blow styles. Call Jan or Susan at 687-1425.

CEMETERY PLOTS HOLLYWOOD MEMORIAL PARK
Gethhesmane Gardens, Mausoleums. Office: 1500 Stuyvesant Ave., Union. 688-4300

Meet Quality People S.P.E.C.S., Inc.
Half the price of our competitors. For information call (201)437-1404 or (201)785-1857.

SINGLE? Meet Someone Special! NEW BEGINNINGS DATING SERVICE
•Personal•Confidential•
•Affordable•
227-7165
P.O. BOX 1686
Union, NJ 07083

CHILD CARE 3

CHILD CARE - Celebrating our 5th year. Excellent unique in home program for your toddler. Excellent references. 964-5822 or 964-9276.

RESPONSIBLE - Mother of one will care for your child, any age in my Union home. Large enclosed yard. Call 688-0310.

EMPLOYMENT WANTED 3

EXPERIENCED - Woman seeks position as home nursing aide to care for elderly and ill. Excellent references. Please call 201-375-0222 or 201-373-8416 after 6:30 PM.

HELP WANTED 3

AIRLINE
• Flight Attendants
• Ticket Agents
• Customer Service Agents
• Ramp Personnel
• Maintenance Persons
• Sales Positions
Please call:
(303) 530-0610
(303) 530-7620

A GROUND FLOOR OPPORTUNITY


Multi-million dollar party plan company beginning new division. Party plan supervisors needed. Free training, samples and supplies. No investment. Call for details, 831-0133.
AIRLINE, CRUISE SHIP
Jobs now hiring. Big money. Will train. 716-882-2900, Ext. 76326.


A GOLDEN OPPORTUNITY - Join FRIENDLY HOME TOY PARTIES. The leader for 31 years. Opening for managers and dealers. We have the largest and best line in party plan. No cash investment, no delivering or collecting. Earn big money plus bonuses and travel incentives. Call now toll free to Carol, Days, 1-800-227-1510.

ATTENDANT - PART TIME at automatic car wash, \$3.50 per hour to start; steady work. Call Mr. Rooney for interview appointment. Speedy Car Wash of Union, 515 Lehigh Ave., 967-8838.

ANSWERING SERVICE - Operator. Experience preferred. CRT knowledge helpful. Call between 8-4, 273-1136.

HELP WANTED 3

BANK
TELLERS (PART-TIME)
CLERICAL (FULL/PART-TIME)
These convenient places have a convenient place for you.
TELLERS
Chatham Clark New Providence Roseland
CLERICALS
Berkeley Heights Summit
Summit, the friendly professional bank needs quality professionals. Put your talents to work on a mutually convenient schedule. We offer salaries that are among the highest in the state and extras like free checking.
Perfect for bright job returnees and ambitious students attending local colleges part time. If you're good with figures and friendly, you have just what it takes.
Find out more by calling our Human Resources Dept., Monday-Thursday, between 9AM-3PM.
(201) 522-3680

100 Industrial Road
Berkeley Heights, N.J. 07922
Equal Opportunity Employer M/F/H

BANKING
TELLERS
Crestmont Federal is a growing Savings & Loan with over \$900 million in assets and 23 offices throughout New Jersey. We are looking to fill our full and part time positions with bright individuals who are good with figures and have proven their ability to work well with people in a service environment.
Full and/or Part time positions available in:
•Edison (P/T)
•Westfield (FT & PT)
•Springfield (P/T)
•Mountainside (F/T)
•Clark (P/T)
•Morristown (F/T)
•Madison (F/T)
COMPETITIVE SALARY EXCELLENT PACKAGE ADVANCEMENT OPPORTUNITIES TUITION ASSISTANCE FOR FULL TIME
Call for a convenient appt:
763-4700 EXT.234

Equal Opportunity Employer

BOOKKEEPER/ TYPIST
Part time (AM) for small office of retired lawyer-realtor. Write Classified Box 4443, County Leader Newspapers, 1291 Stuyvesant Avenue, Union, N.J. 07083.
BOOKKEEPER - Insurance. Permanent position for experienced person. Knowledge of bookkeeping for insurance office. We offer full benefits and good salary. Linden area. Call Mr. Tango 862-7499.

HELP WANTED 3

AIR CONDITIONING and heating installer helper and installer mechanic needed full time. AIR MAN, 964-8759.
BILLER TYPIST
Progressive Class 1 Trucking Company seeking assertive skilled candidate with previous experience in motor freight carrier computerized billing. Part-time Monday-Friday. High school graduate, call Eileen at 344-7700 ext. 282 between 2:00 and 4:00 PM only for interview appointment. E.O.E. M/F/V/H.

HELP WANTED 3

BILLING CLERK
Challenge, Growth, Opportunity!
You will find this and more working in busy Billing Department of suburban community hospital. Learn all facets of hospital billing while maximizing your own potential. We offer an excellent salary and benefits. If you possess excellent figure aptitude, are detail oriented and present a professional appearance, please call or apply Personnel (after 9AM), 99 Beauvoir Ave at Sylvan Rd, Summit, NJ 07901-0220; (201) 522-2241. an equal opportunity/affirmative action employer m/f.
OVERLOOK HOSPITAL

PEAK TIME TELLER
PEAK TIME AT THE HOWARD MEANS MORE UNION BRANCH
If you're a responsible, results-oriented individual looking for above average part-time income, investigate the Howard, New Jersey's largest savings bank.

Our opening for PEAK TIME TELLER requires only light cash handling experience.

HOURS:
MON, WED, THUR 2:45-6:30pm
FRIDAY, 2:45-7:15pm
EVERY SAT 8:45-12:30.

The Howard offers unusually attractive compensation plus a very congenial work environment.

For immediate consideration visit our UNION BRANCH located 2784 Morris Avenue, Union, N.J. or call our Personnel Department.

533-7479
where we invest in your career
the Howard
200 South Orange Avenue
Livingston, NJ 07039
Equal Oppty Emp M/F/H/V

CLERICAL
Come work with an investment banking firm. Full time clerical assistant needed on fast paced trading desk. Strong organizational skills and good phone manner a must. Call 564-9100, ext. 217, ask for Amy.

CLERICAL CUSTOMER SERVICE
A growing computer firm in Cranford area, needs a person with excellent telephone manner and good speaking voice. Position involves heavy phone contact with company personnel and customers. Some data entry experience needed. Must type 35 W.P.M. Part time positions available. Please call Bob Kirby at: **201-272-2300** Between 9am-5pm to arrange for interview



For Union County Classified Call: 686-7700

CLASSIFIEDS

Reaching over 70 000 readers in the Union Leader Springfield Leader Mountainside Echo Kenilworth Leader The Spectator in Roselle & Roselle Park and the Linden Leader

HELP WANTED 3

CLERICAL

Diversified clerical position available for bright individual in Union manufacturing firm. Good typing and phone skills a must. CRT and switchboard a plus or will train. Non-smoker preferred. Full benefit package. Call Marilyn bet. 9am-12pm **686-3100**

CLERICAL

To answer telephone. Varied office duties. Knowledge of typing for small appliance distributor. Full time permanent. Call for interview, 379-1200. **GOLDEN ELECTRIC CO., 70 E. Willow Street, Millburn.**

CLERICAL

Red Star Express Lines, a major common carrier, is seeking an assertive and dependable individual for our Corporate Safety/Personnel Department. Diversified clerical functions including posting and monthly statistical reports. Must be fast, accurate typist, high school graduate and trucking background a plus. Hours are 8:30 AM to 5:00 PM, but must be able to work flexible hours if necessary. We offer an attractive salary and benefit package to qualified individuals. Call 344-7700 Ext. 405, Tuesday July 8th and Thursday July 10 only between 10:00 AM and 2:00 PM for interview appointment. E.O.E. M/F/V/H.

CLEANING PERSON - Looking for two people to clean movie theater. 1-3 hours daily. Call Manager at 964-3466 after 7:30 p.m. Five Points Cinema Union.

CLERK

Clerical position for a reliable & capable person for a corporate office located in suburban Millburn. Pleasant working conditions & excellent benefits. **379-1938**

CLERK/TYPIST

Full time. Good typist. Learn switchboard relief. Processing mail and various clerical functions. Good salary and benefits. Call Nancy Zarro 379-1100 Equal Opp'ty Emp. M/F

CLERICAL/TYPIST PART-TIME

Immediate opening is available in busy Union advertising agency. Must be excellent typist, have good clerical skills and pleasant telephone manner. Approx. 15/20 hrs. per week (afternoons). Ideal for college student or homemaker returning to work force. Contact Vera at 964-8890.

HELP WANTED 3

CLERK-TYPIST - Experienced. Excellent salary. Millburn/Springfield area of office building. Call 376-1423.

CLERICAL/NO TYPING

Mature minded person interested in returning to work. Call Product Development Corp. 276-9004, between 9am-3pm.

COPY EDITOR

For weekly newspaper in Union County. Experienced in AP Style, VDT, layout helpful. Send resume to Classified Box 4442, County Leader Newspaper, 1291 Stuyvesant Ave., Union, New Jersey 07083.

CRT OPERATOR

Must be good typist. Full time permanent for small appliance distributor. Call for interview, 379-1200. **GOLDEN ELECTRIC CO., 70 E. Willow Street, Millburn.**

CUSTOMER SERVICE

Clerical position in suburban office. Good communications & problem solving skills necessary. CRT experience helpful. Pleasant working conditions & excellent benefits. **379-1938**

DATA PROCESSING Order Entry/Invoice

Union manufacturing firm seeking bright individual for diversified clerical position. Good typing and phone skills a must. CRT experience a plus. Full benefit package. Non-smoker preferred. Call Marilyn bet. 9am-12pm **686-3100**

DRIVER - Part time to transport handicapped adults to and from day program in the Springfield area. From 7:30 am - 9 am and 3 pm - 4:30 pm. Please call 379-7733.

DENTAL RECEPTIONIST-ASSISTANT - Reliable, confident, caring for quality office near Five Points in Union. Salary to \$300 per week. Call 687-6727.

DRIVERS

Class 1 Carrier seeking qualified tractor trailer driver candidates for local P&D driving. Must be 21 years of age or older and meet Company and DOT requirements. Taking applications Monday - Friday 8:30 AM - 3:00 PM. Personnel Department, Red Star Express, 400 Delancy St., Newark, N.J. 07105. E.O.E. M/F/V/H.

DENTAL ASSISTANT - Needed part time for South Orange office. Experience and X-ray license preferred. Excellent salary. Make your own hours. Call 763-2940.

HELP WANTED 3

DENTAL ASSISTANT - Millburn Office. Full time/part time. Xray license and experience preferred. No Saturdays. Call 763-3373.

EASY ASSEMBLY WORK! - \$714.00 per 100 Guaranteed Payment. No sales. Details - Send Stamped Envelope: ELAN-6248, 3418 Enterprise, Ft. Pierce, FL. 33482.

EXCELLENT Income - For part time home assembly work. For information call 504-641-8003, Ext. 8383.

FULL TIME Assistant bookkeeper - Who will eventually take over controller's job. Minimal typing necessary. Call 467-9362, between 9-5.

FACTORY - Full time. Photographic flash manufacturer needs person to operate cable crimping machine and other aspects of production procedure. Will train, soldering skills A plus. Good salary and benefits. Call for interview, 9am-5pm, 245-7222.

HELP WANTED 3

FULL TIME CLASSIFIED SALES

For busy local weekly newspaper office. Good spelling and typing a must. Pleasant phone manner. Some sales experience helpful, but will consider trainee. Company paid benefits and vacation. Call 674-8000 for appointment.

GOVERNMENT JOBS - \$16,040-\$59,230 year. Now hiring. Call 805-687-6000 Ext. R-4991 for current federal list.

GOVERNMENT JOBS - \$16,040 - \$59,230/yr. Now Hiring. Call 805-687-6000 Ext. R-1448 for current federal list.

HOUSEWIVES - Students. Full time/part time openings available. No experience necessary. Work from home. Call Joy 399-3743.

HELP WANTED 3

INSURANCE

Personal lines-rate, write and claims. Typing necessary. Experience required. Call 352-7072; ask for Mrs. Kitzler.

KISER ALUMINIUM - Is looking for a person to fill entry level position in sales service at our Hillside, NJ distribution center. Phone (201)923-4800.

LEGAL SECRETARY - For partner in Summit law firm. Experienced, with excellent typing, steno, and dictaphone skills. Challenging position with responsibility. Luxurious offices, congenial atmosphere. Salary commensurate with experience. Call Marge at 522-0777.

INSURANCE

Medical Claims Examiner - Experienced Medical Claims Examiner to process and pay medical/surgical/major medical claims. 35 hour week. Competitive salary and excellent benefits. Send resume to: P.O. Box 359, Springfield, NJ 07081, or call Gloria Taylor, 379-1090. E.O.E.



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Can Make Your Life Happier . . . More Productive . . . More Successful

We can train you in good customer service that will make you more articulate, poised and able to deal with people on all levels.

We can arrange a work schedule designed to fit around your other commitments.

We can give you the opportunity to have fun...where working together is enjoyable. You can stretch your imagination and dress up in costume to be involved in our many promotions throughout the year.

We can give you a setting where you can learn all about cheese, food delicacies, gourmet samplings from all over the world.

To learn more about the Kings team, and how our unique operation separates us from other supermarkets, come in any day for an interview with our General Store Manager **FRED BROHM** and let's discuss how to best apply your talents. You'll be glad you did!

Kings Super Markets, Inc.
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Short Hills, NJ 07078
467-2311

equal opportunity employer M/F

If more convenient, you may fill in this coupon and mail to our Short Hills store.

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Address _____
City _____
Telephone _____
Hours you can be reached _____
Area of interest _____
Over 16 _____ Over 18 _____
*Age requirements for some jobs.

With love from Kings



For Union County Classified Call: 686-7700

CLASSIFIEDS

Reaching over 70 000 readers in the Union Leader Springfield Leader Mountainside Echo Kenilworth Leader The Spectator in Roselle & Roselle Park and the Linden Leader

HELP WANTED 3

HEALTH CARE OPPORTUNITIES
A 46-Physician Multi-Specialty Group Practice, is now accepting applications for the following ideal opportunities:

Maintenance P/T
Parking Lot Attendant P/T
Receptionists F/T
RN Cardiology P/T
Switchboard Operator P/T
X-Ray Technicians P/T

We offer excellent salaries plus company paid benefits with most positions. If interested, call Personnel, 277-8633.

Summit Medical Group, P.A.
120 SUMMIT AVENUE • SUMMIT, NEW JERSEY 07901

HELP WANTED 3

HELP WANTED 3

RECEPTIONIST
Suburban doctor's office. No Saturdays. Benefits. Call Lisa

325-6100

RESTAURANT HELP
Waiters, waitresses, bus boys, dishwashers. All shifts available. Apply in person: Cryans Restaurant, 1350 West Blancke Street, Linden.

HELP WANTED 3

RN CARDIOLOGY PART TIME DAYS
Responsible part time position available for an experienced RN to work in our Cardiology Department. Pleasant atmosphere. If interested, call Personnel 277-8633.

Summit Medical Group, P.A.
120 SUMMIT AVENUE • SUMMIT, NEW JERSEY 07901

HELP WANTED 3

SECRETARY JR
Experienced secretary needed for interesting and diversified work. Require good typing and phone skills. 35 hour work. Good salary and benefits. Send resume to R.J., 66 Morris Avenue, Springfield, N.J.

HELP WANTED 3

SPORTS MINDED
50 positions open. Various management, marketing, sales and clerical positions. Immediate employment. Must be willing to assume responsibility with a company that offers top income.

"First Come First Served"
Call Mr. Edwards, 241-1480

MAINTENANCE THE MALL AT SHORT HILLS
College students work at the Mall at Short Hills this summer. No experience required. Uniforms supplied. Apply in person only, management office. Monday-Friday 9 a.m.-5 p.m.

PASTE-UP/COUNTER
Person experienced or knowledge of paste-up/printing, excellent working conditions and benefits. Call 379-6990, 8:30-5:30.

PART TIME help needed for Union based corporation. Hours 9-1, 5 days per week. Must know typing. Good for high school student. Ask for Mrs. Stevens at 687-1030 for appointment.

RESTAURANT HELP
Position open for:
•WAITERS
•WAITRESSES

Full and part time for lunches, 11am-2pm including Saturday and Sunday.

•HOST
•HOSTESS
•CASHIER

Tuesday thru Friday, 11am-4pm
•BUS PERSON
Days 11am-2:30pm, weekend nights.
•LINE COOKS
Please apply in person to:
GEIGERS RESTAURANT
560 Springfield Ave.
Westfield, N.J.
232-2260

RN-LPN
Tired of Hospital "Burnout"? Applications now being taken for full time, part time and per diem positions at elegant residence and skilled nursing care unit for elderly women. Located in West Orange, we offer competitive salaries and excellent benefits including prescription plan, uniform allowance and paid continuing education. Now in the last phase of a large modernization and expansion project we also offer an opportunity for professional advancement. For more information please contact Mrs. Cook, Human Resources Coordinator, 731-2300, ext. 377. Monday-Friday, 8:30am-4pm.

SECRETARY JR
Experienced secretary needed for interesting and diversified work. Require good typing and phone skills. 35 hour work. Good salary and benefits. Send resume to R.J., 66 Morris Avenue, Springfield, N.J.

SECRETARY
Suburban Essex CPA firm seeks experienced person. Word processing experience helpful. Excellent salary. Call 564-9531, after 5 P.M.

MOTEL
We have a position open for a chambermaid/m. We offer full benefits and a full time schedule. Valid N.J. Drivers license required. Call for interview between 10 am-4 pm.

SWAN MOTEL
862-4500

RECEPTIONIST - Typist, gal friday. 1 man accounting office in Mountainside, looking for a sharp mature minded person to manage his office, IBM PC helpful, full time. Call 233-8300.

RN'S Full Time & Part Time
4:00-12pm & 12-8:00pm SHIFTS. Competitive salary and per diem rates available. Contact:
DELAIRE NURSING CONVALESCENT CENTER
LINDEN, N.J.
862-3399

SERVE YOUR COUNTRY AS YOU SERVE YOURSELF

- New GI Bill/Army College Fund
- High Tech Skill Training
- \$2,000-\$8,000 Bonus
- Travel/Responsibility/Leadership

Irvington Recruiting Station 960 Springfield Ave. Irvington, NJ 07111-3301 201-372-0232

Elizabeth Recruiting Station 80 Broad Street Elizabeth, NJ 07083 201-352-1329

Union Recruiting Station 2007 Emerson Ave. Union, NJ 07083 201-688-8990

Plainfield Recruiting Station 175 E. Front St. Plainfield, NJ 07060 201-756-6730

ARMY. BE ALL YOU CAN BE.

MYSTERY CUSTOMER WANTED!
Undercover Pizza Consumer to evaluate delivery, service and product once every 4 weeks. Must live within the delivery area of our Domino Pizza Store, located at 547 E. First Avenue, Roselle. To become a mystery customer and receive a monthly rebate, please call Toll Free on Thursday, July 3rd, 1-800-521-3674

DOMINO'S PIZZA, INC.

REPORTER
Entry level position with weekly newspaper chain. Experience not necessary. Journalism or communications degree, good writing skills, ability to work under pressure and willingness to learn essential. Send resume & writing samples to Editor, County Leader Newspapers, P.O. box 3109, Union, N.J. 07083.

RESTAURANT OPENINGS
Part-Time/Full-Time Day/Evenings

With our new menu that's approaching we will need more people for whom we will provide the opportunity for a second personal or full-time job. We need mature, responsible people who will care for our customers in the manner that will encourage them to return, and return often. Openings available in waiter/waitressing, cooking or general support work. No experience necessary. Uniforms supplied. For details, call Manager between 2 & 5pm.

232-5356

Friendly restaurants

2265 So. Avenue
Scotch Plains, NJ

Equal Opportunity Employer

RN's/LPN's
Progressive long term care facility is looking for caring nurse interested in providing quality care to the elderly.

- Excellent Salary and Benefits package.
- Choose which days you want to work.
- Be eligible for sign-up bonus program.
- Receive meals free.
- Receive double time on specified holidays.
- .5% weekend differential

Call Linda Stevens RN Director of Nursing 233-9700
MERIDIAN NURSING CENTER-WESTFIELD
1515 Lamberts Mill Road Westfield, NJ 07090

SWITCHBOARD OPERATOR RECEPTIONIST
Best Foods Research and Engineering Center located in Union, New Jersey, currently has an opening for a Switchboard Operator/Receptionist. Duties will include operating switchboard for internal and external calls, greeting visitors, maintaining visitors' register and occasional clerical responsibilities as assigned.

Candidate must possess at least a high school diploma or equivalent and prior switchboard experience, preferably with the dimensions system.

We offer an excellent benefits package and working conditions. Please forward resume and /or letter of application with salary requirements, to: Carol Serro, Human Resources Specialist, Best Foods Research, and Engineering Center, A Division of CPC International Inc., 1120 Commerce Ave., Union, NJ 07083. An equal opportunity employer M/F/H/V.

NIGHT SWITCHBOARD OPERATOR
Flexible evening, weekend and holiday hours to relay telephone messages for busy medical practice. Knowledge of electronic telephone communications helpful. If interested, please call Personnel, 277-8633.

Summit Medical Group, P.A.
120 SUMMIT AVENUE • SUMMIT, NEW JERSEY 07901

SECRETARY
TRINITY CHURCH in CRANFORD needs a Gal Friday. If you have a pleasant personality, common sense, good typing skills, are dependable and would like to learn how to use our WP computer, then you're for us!!

This is an excellent opportunity in a congenial, small, non-smoking office with a warm & cheery atmosphere. Flexible hours, 25-30 per week. Salary range \$5.00/hour.

If you like being a part of a team and are willing to work hard to serve our Parishioners, then this job is for you. We guarantee you'll never be bored!

For appointment, call 276-4047 between 9 AM & 3 PM.

SECRETARY/NO STENO
Must be proficient with details, excellent typing. Call Product Development Corp., 276-9004, between 9am-3pm.

STRINGER
Needed to cover night meetings for weekly newspaper group. Experience helpful but not essential. Please send resume to County Leader Newspaper, P.O. Box 3109, Union New Jersey 07083, c/o Editorial Dept.

PASTE UP ARTIST
Entry level position with book publisher. Will train. Some typing. Located near route 22, 24 and GSP. Call Debbie, 964-4116.

PART TIME - Early morning newspaper routes (5-6:30am, 7 days) are available in Summit, Millburn, Springfield, New Providence, Irvington & Union. Earn \$350-\$400 per month, plus cash incentives. A reliable car is a must. Call toll free 1-800-242-0850 or 877-4222.

SALES HELP Needed For Linens and domestic store. Experience preferred. Must be reliable and mature. Apply at store. GOOD GUYS, 50 New Street, Irvington Center.

BEST FOODS



For Union County Classified Call: 686-7700

CLASSIFIEDS

Reaching over 70,000 readers in the Union Leader, Springfield Leader, Mountinside Echo, Kenilworth Leader, The Spectator in Roselle & Roselle Park and the Linden Leader

HELP WANTED 3	HELP WANTED 3	APPLIANCES 5	CARPET CARE 5	DRIVEWAYS 5	GARAGE DOORS 5
<p>SECRETARIAL</p> <p>DATA PROCESSING WESTFIELD</p> <p>Our Data Processing Department offer an excellent learning opportunity for an excellent learning opportunity for an entry-level Secretary. Requirements include 45 wpm typing, excellent phone and oral communication skills. No steno required.</p> <p>COMPETITIVE SALARY EXCELLENT BENEFITS TUITION ASSISTANCE</p> <p>Please call for an appt. 763-4700 Ext. 234</p> <p>CRESTMONT FEDERAL SAVINGS & LOAN</p> <p>Equal oppty emp.</p> <p>Temporaries High Rates</p> <p>AUBREY THOMAS HAS ARRIVED!</p> <p>After more than a decade of leadership in the temporary office services industry, Aubrey Thomas continues its expansion in New Jersey. Now in Union, NJ, we're ready to meet the immediate long and short term office needs of YOUR business community. Positions are available for:</p> <p>SECYS CLERICALS ALL OFFICE SKILLS</p> <p>TYPISTS RECEPTS</p> <p>WORD PROCESSORS</p> <p>COLLEGE STUDENTS: Ask about our "Work & Win" \$500 Student Scholarship Program being offered by each of our offices!</p> <p>Call or stop by. See for yourself why Aubrey Thomas Temporaries leads the field in service, quality and integrity throughout the tri-state area.</p> <p>Aubrey Thomas Temporaries</p> <p>The ONE To See</p> <p>1000 Stuyvesant Avenue Union, New Jersey</p> <p>686-2500</p>	<p>WAREHOUSE WORKERS NIGHT SHIFT 2:30 a.m.-11 a.m.</p> <p>Opportunities are available for order fillers on our night shift. Preference will be given to applicants with prior experience working night shift hours. Good pay-benefits include paid BC/BS Pension Plan. Paid holidays and personal days.</p> <p>APPLY IN PERSON 9 a.m.-1 p.m. daily:</p> <p>KETCHUM DISTRIBUTORS, INC. 40 South Ave., West Cranford, N.J. 07016 Equal Opportunity Employer M/F</p>	<p>APPLIANCE BUSTERS FREE ESTIMATES Washers/Dryers/Refrig./Freezers d/w, a/c and heating</p> <p>COMM. & RES. All Work Fully Guaranteed Sr. Cit. Discount 241-3367 or 862-0140 24 Hrs.</p> <p>CARPENTRY 5</p> <p>AWL CARPENTRY •Stairs•Doors orches•Decks heetrocking•Paneling •ceiling•Repairs FREE ESTIMATES 352-8099</p> <p>CARPENTRY Alterations additions, renovations, basements, decks, and basic carpentry. Fully insured.</p> <p>CALL 486-4084 or 925-0530</p> <p>DECKS All types. Good prices. Free estimates. Immediate availability.</p> <p>CALL PAUL 686-8944</p> <p>G. GREENWALD Carpenter Contractors All type repairs, remodeling, kitchen, porches, enclosures, cellars, attics. Fully insured, estimates given 688-2984. Small jobs.</p> <p>JOE DOMAN 686-3824 •Alterations/Repairs •CLOSETS/CABINETS •CUSTOMIZED TABLES/ •STORAGE AREAS •FORMICA/WOOD /PANELING/SHEETROCK /WINDOWS/DOORS</p>	<p>SUPERIOR CARPET AND UPHOLSTERY CLEANERS 1 Room.....\$15.00 2 Rooms or more...\$14.25 per room, CALL EDDIE AT: 272-8497.</p> <p>CLEAN UP SERVICE 5</p> <p>BMC CLEANING CO. WE CLEAN •Attics•Basement •Garages•Etc. WE HAUL AWAY Mike- 862-2160, 9-3pm Bob- 925-3378, 5-8pm</p> <p>HOME CLEANING For People On The Go. "Specialty Of The House." Programs Designed By YOU To Meet YOUR Needs!</p> <p>245-1945 Executive & Professional Home Care, Inc. Fully Insured</p> <p>DOG GROOMING 5</p> <p>DOG GROOMING SMALL OR MEDIUM SIZE DOGS PHONE ESTIMATES CALL MARGE 276-6137 (7 days a week & evenings)</p> <p>DRIVEWAYS 5</p> <p>B. HIRTH PAVING Residential and commercial. Asphalt work. Driveways, parking areas, sealing, resurfacing, curbing. Free estimate. Fully insured. 687-0614.</p> <p>F&D PAVING Asphalt Driveways Parking Areas • Concrete Sidewalks • Brick Stoops • Patios</p> <p>FREE ESTIMATES 964-7854</p> <p>SEAL-A-DRIVE Save YOUR Driveway. Make it look better and last longer by having a Seal-A-Drive Application. Call 273-8588 For Free Estimate.</p> <p>SUBURBAN PAVING Company • DRIVEWAYS • PARKING LOTS • CURBING FREE ESTIMATES 687-3133</p>	<p>T.SLACK Paving Contractors Inc. DRIVEWAYS CURBING PARKING LOTS SIDEWALKS INDUSTRIAL RESIDENTIAL Free Estimates Fully Insured 964-5360</p> <p>ELECTRICIANS 5</p> <p>Colonial Electric Contractors •Industrial •Commercial •Residential Specializing in Smoke Detectors and Service Changes. N.J. License & Permit No. 5430 CALL 228-6689</p> <p>SPURR ELECTRIC NEW AND ALTERATION WORK Specializing in recessed lighting and service changing, smoke detectors, yard and security lighting, alterations, and new developments.</p> <p>License No. 7288 Fully Insured NO JOB TOO SMALL 851-9614</p> <p>ZAMIETRA ELECTRICAL SERVICE All Types Of Electrical Work License No.7690 Insured And Bonded FREE ESTIMATES 486-0042</p> <p>FENCES 5</p> <p>B&Z FENCE CO. Chainlink, wood, dog runs, pools, free estimates. Free walk gate with purchase of 100 feet or more. 381-2094 or 925-2567. 24 hour service.</p> <p>FENCES-Sales, repair & installation of wooden fences. (stockade, split rail). Call Gary, 925-1838.</p> <p>ROB'S FENCING INSTALLATION ALL TYPES FREE ESTIMATES CALL: 687-9229 or 687-7071</p> <p>GARAGE DOORS 5</p> <p>GARAGE DOORS installed, garage extensions, repairs & service, electric operators & radio controls. STEVEN'S OVERHEAD DOOR, 241-0749.</p>	<p>METROPOLITAN DOOR CO. Residential, Commercial, Sales, Repairs & Installed Service & Parts Department Automatic & radio control door openers. Free estimates. Fully insured 241-5550</p> <p>GENERAL SERVICES 5</p> <p>MIKE'S REPAIR APPLIANCE CENTER</p> <p>DRAIN/SEWER SERVICE 24 Hours/7 Days CALL 352-9885</p> <p>WAKE UP SERVICE Tired of oversleeping? Don't be late anymore. For more information call: 353-0872</p> <p>GUTTERS & LEADERS 5</p> <p>Gutters•Leaders Drains Thoroughly Cleaned & flushed •REPAIRS •REPLACEMENTS •FULL INSURED •FREE ESTIMATE Mark Meise 228-4965</p> <p>GUTTERS & LEADERS Thoroughly cleaned and flushed. Insured. \$30.00 to \$50.00. Minor tree trimming. Prompt efficient service. I also work Saturday and Sunday. NED STEVENS 226-7379</p> <p>R.J.'s HOME IMPROVMENT Where Quality Counts WE CLEAN AND INSTALL ALL TYPES OF GUTTERS AND LEADERS AT REASONABLE RATES. WE OFFER 10 YEAR WARRANTY. FULLY INSURED AND LICENSED. FREE ESTIMATES. CALL 276-4253</p> <p>HOME IMPROVEMENTS 5</p> <p>J & R WOODWORKING Custom designed and made furniture in Hardwoods and Laminates. •WALL UNITS•DESKS• •COUNTER TOPS• •VANITIES• FREE ESTIMATES 964-4676</p>
<p>WAREHOUSE MATERIALS HANDLING</p> <p>Mfg firm in Union seeks aggressive, self-starter who will be responsible for maintaining current metal stock for production needs. Person will work with in-plant production personnel. Knowledge of fork lift and operation and elementary math essential. Competitive salary and comprehensive benefits. Call 687-4730</p>	<p>WORKING MOTHER - Looking for responsible person to care for 4 & 7 year old during day. Call 964-6822, after 6:00.</p> <p>YOUNG Polish lady Will clean your house spic and span. Call 10-6, 964-0540, evenings 964-6578.</p> <p>INSTRUCTIONS 4</p> <p>MATH TUTOR Over 25 Years Teaching High School/College Algebra I through Calculus 761-7038</p> <p>SUCCESSFUL MATH TUTOR Over 25 years teaching, High School/College, Algebra I through Calculus. 761-7038</p> <p>SERVICES OFFERED 5</p> <p>B & P CATERING Specializing in Italian Food CALL 925-0858 after 5pm weekends all day</p>	<p>CARPET CARE 5</p> <p>AR&G MAINTENANCE SPRING SPECIAL!! CARPET SHAMPOOING 9 x 12--\$10.80 12 x 12--\$14.40 For Free Estimate Call: 351-0616</p> <p>CUSTOM CARPET Professional Carpet Steam Cleaning, also Shampoo, Upholstery and Floor Waxing. New Carpet Sales & Service DISCOUNT PRICES QUALITY WORK CALL JERRY 241-7949</p>	<p>DRIVEWAYS 5</p> <p>DRIVEWAYS Garage doors installed, garage extensions, repairs & service, electric operators & radio controls. STEVEN'S OVERHEAD DOOR, 241-0749.</p>		



For Union County Classified Call: 686-7700

CLASSIFIEDS

Reaching over 70 000 readers in the Union Leader Springfield Leader Mountinside Echo Kenilworth Leader The Spectator in Roselle & Roselle Park and the Linden Leader.

HOME IMPROVEMENTS 5	HOME IMPROVEMENTS 5	HOME IMPROVEMENTS 5	LANDSCAPING 5	MASONRY 5	RUBBISH REMOVAL 5
BARTHS CONTRACTING INC. Rooms • Additions • Kitchens • Baths • Doors (interior/exterior) Replacement Windows • Attics • Basements • Sheetrock • Ceilings (All types. Fully insured). Free estimates. All work guaranteed. 964-5959	NOTELLE & TRENTCH General Contractors • Carpentry • Remodeling • Painting • Masonry • Wallpapering • Decks • FREE ESTIMATES CALL JOE 763-7837	RMC CONSTRUCTION • CARPENTRY • MASONRY • ROOFING & SIDING • TILE • WATERPROOFING • BATHROOMS & KITCHENS FULLY INSURED FREE ESTIMATES CALL 388-9424	D'ONOFRIO & SON Spring & Fall Clean-up Complete Landscape Clean-up Tree Expert General Contractor Free Estimate CALL ANTHONY 763-8911	ALL MASONRY • Brick/ Stone Steps • Sidewalks • Plastering • Basement Waterproofing WORK GUARANTEED Self Employed/Insured 35 YEARS EXP. 373-8773	RUBBISH REMOVED All furniture wood & metals taken away. Attics, basements & garage cleaned. Reasonable rates. 325-2713 228-7928 "We Load • Not You" PAINTING 5
CARUSO CABINET SHOP • Formica Kitchens • Parsons Tables • Replacement Doors • Counter Tops • Home Improvement • Custom Work VISIT OUR SHOWROOM 273-3979 464-7687, after 3 P.M.	PAINTING/ PAPERHANGING AND ALL ODD JOBS WEEKENDS ONLY CALL 379-5266	JEWELERS 5 NEW JERSEY • NEW YORK • ANTWERP DIAMOND SETTING EXTRAORDINAIRE MANUFACTURING SPECIAL ORDERS OFFICIAL G.I.A. IMPORTER APPRAISER SKI SETTING CO. 905 Mountain Ave. Springfield, New Jersey 376-8881 or 376-8880	F.C. LANDSCAPING • Lawn Care & Maintenance • Complete Landscaping Service • Spring Clean-up • Snow Removal CALL 688-8978	A.S. & SONS, INC. All Kinds of Masonry Work PATIOS Fully Insured Free Estimates 289-3843 (after 4:30 p.m.) STEPS SIDEWALKS ALL MASONRY	BONA FIDE PAINTING SINCE 1964 Top Quality/Free Est. Scrape • Sand • Paint Also Carpentry Benjamin Moore & other top quality paint. Excellent References "FAST SERVICE" 371-9441
Home Improvements & Masonry Work No Job Too Small Fully Insured Call Pat 862-5424	P & S MAINTENANCE Complete Home Repairs • CARPENTRY, • DECKS, • FENCING, • PAINTING, • PLASTERING, • SHEET ROCK, • TILE WORK, AND MORE. FREE ESTIMATES. 375-4221	KITCHEN CABINETS 5 JAN'S KITCHENS INC. CUSTOM KITCHENS AT STOCK CABINET PRICES European & Traditional Concepts. Featuring the Dorwood Custom Cabinet Line. Call Jan at 647-6556 For a Free In Home Estimate.	Grass Cutting Service All Lawns Cut Neatly, Edged and Trimmed LAWNS \$10. & UP CALL TOM 245-3992 241-5017	TERRY HOWELL Masonry Contractor • STEPS • PATIOS • SIDEWALKS NO JOB TOO SMALL FREE ESTIMATES 964-8425	CALL & SAVE! 1 family house exterior \$475, 3-\$575, 6-\$750 and up. Rooms, hallways, \$35.00 and up. Also carpentry, leaders and gutters. Very reasonable. Free estimate. Fully insured. 374-5436 or 761-5511.
IMPROVE YOUR HOME WITH GIL DECKS Custom Built & Repairs Wood Fences & Basements FREE ESTIMATES 964-8364 964-3575	PREZIOSI Construction Corp. General Contractors PLANS & DRAWINGS • Additions • Structural • Electrical • Plumbing • Energy Saving 763-7996	LANDSCAPING 5 We don't just create beautiful lawns... We do it at an affordable price! • Full Lawn Maintenance • Spring & Fall Clean-Up • Railroad Ties • Sod/Shrubs • Top Soil For your free estimate call 761-1577. 	MAHON LANDSCAPING • Clean-ups • Power Thatching • Reseeding • New lawns & shrubs MONTHLY MAINTENANCE REASONABLE CALL CHRIS 686-0638	MOVING & STORAGE 5 AMERICAN RED-BALL Local & worldwide movers. Red Carpet service to FLORIDA. Agent UNIVERSITY Van Lines. 276-2070. 1601 W. Edgar Road, Linden, PC 00102. BERBERICK & SON Expert MOVING & STORAGE at low cost. Residential, Commercial. Shore Trips. Local & Long Distance. No job too small. 298-0882. Lic 00210. DON'S-MOVING AND STORAGE. (The Recommended Mover) Our 25th Year. PC 00019. 375 Roseland PLace, Union. 687-0035. PAUL'S M & M MOVERS Formerly of Yale Avenue, Hillside. Local and long distance moving. PM 00177 688-7768 1925 Vauxhall Rd. Union.	EASTERN PAINTING Interior/Exterior At Prices You Can Afford • FREE ESTIMATE • FULLY INSURED CALL: 371-0699
J&R General Contracting • Carpentry • Masonry • Additions • Decks • Windows & Doors 372-0556 Fully Insured	THE PROFESSIONALS CARPENTRY • Additions • Decks • Basements • Attics • Porch Enclosures • Kitchens ROOFING • Wood • Slate • Asbestos • Asphalt Shingles PAINTING • Interior • Exterior FULLY INSURED 372-4282	5 STAR LANDSCAPING A&S LANDSCAPING SPRING & FALL CLEAN-UPS Maintenance Weekly/Monthly CALL 676-7572	MJI COMPLETE LANDSCAPING We Do It All! FREE ESTIMATES Call: Michael Ingaro 687-6867 or 239-0921 leave message PICK ME LAWN CARE WHY PICK WEEDS? pick ME INSTEAD. Complete Lawn Care • DEPENDABLE • RELIABLE • FREE ESTIMATES 382-3505 276-8360	TERRY HOWELL Masonry Contractor • STEPS • PATIOS • SIDEWALKS NO JOB TOO SMALL FREE ESTIMATES 964-8425	INTERIOR & EXTERIOR Painting, Leaders & Gutters. Free estimates. Insured. Stephen Deo. 233-3561. J&E PAINTING CONTRACTORS Serving all of Union County. Quality work. Reasonably priced. Interior, Exterior, Commercial, Residential. Free estimates. Fully insured. 276-2181.
MAKE OLD CEILINGS NEW • SHEET ROCK • SUSPENDED PLASTER • PATCHING Days 824-7600 After 5 P.M. 687-4163	SUMP PUMP DOUBLE PROTECTION Free Estimate 272-8768	AL	ODD JOBS 5 HOME HANDY MAN Painting, paperhanging, carpentry & odd jobs, clean-ups. No job too small. 964-8809. ODDS JOBS Electrical work. Ceiling fans hung. A/C lines, plumbing, painting, Etc. Call 964-6045 or 687-5529.	J.L. CAROLAN PAINTING INTERIOR • EXTERIOR Quality Workmanship Reasonable Rates Free Estimates 634-3475/688-5457	JERRY JAMNIK Painting & Decorating Interior & Exterior PAPERHANGING FREE ESTIMATES CALL 687-6288
DOUBLE PROTECTION Free Estimate 272-8768	AL				K. SCHREIHOFFER - Painting interior, exterior. Free estimates, insured. 687-9268, 687-3717, eves, weeken's.
					P.J. PAINTING Interior & Exterior Quality Work Reasonable Rates Fully Insured Call for FREE ESTIMATE 923-0731 686-3413

PAINTING 5	SLIPCOVERS-DRAPERIES 5	TREE SERVICE 5	FOR SALE 6	GARAGE SALE 6	REAL ESTATE 8
<p>Painting By First Class Tradesman HOME OR COMMERCIAL Advice on your home painting problems. 30 Years Experience in the Trade</p> <p>PHONE NICK 245-4835 ANYTIME</p> <p>R.W. PAINTING</p> <p>RESIDENTIAL • Interior • Exterior</p> <p>FULLY INSURED FREE ESTIMATES</p> <p>376-5923</p>	<p>CUSTOM- SLIPCOVERS, DRAPERIES AND RE-UPHOLSTERY. Guaranteed workmanship. Your fabric or ours. 36 years experience, formerly at STEINBACH'S. Discount for Senior Citizens. FREE shop at home service. Call Walter Canter at 757-6655.</p> <p>TILE WORK 5</p> <p>DENICOLO TILE CONTRACTORS Established 1935</p> <p>Kitchens-Bathrooms Repairs-Grouting Tile Floors Tub Enclosures Showerstalls FREE ESTIMATES FULL INSURED No job too small or too large 686-5550/390-4425 P.O. BOX 3695 Union, N.J.</p>	<p>BLUE JAY TREE SERVICE Our Specialty, taking down difficult trees. Removal-Trimming-Firewood-Fully Insured-land Clearing. Free Estimates. Serving Union County. Call: 486-2207</p> <p>TV-RADIO SERVICE 5</p> <p>REPAIRING/SERVICING VCR's, color TV, cassette decks, high power receivers, high power amplifiers. I will pick up and deliver FREE OF CHARGE. Call 687-1425, 8am-5pm, Monday-Friday.</p> <p>TYPEWRITER SERVICE 5</p> <p>PROFESSIONAL TYPIST Resumes, Dissertations, Statistical Tables, Letters, Theses, Term Papers, Legal and Medical Transcripts. Reasonable Rates. Call Eileen 964-1793.</p>	<p>ELECTRIC GUITAR Washburn. AV-20, Semour Duncan pick-up, Tremolo arm, Sunburst finish, hardshell case. \$400 or best offer. Call Mark at: 371-9057 Leave Message</p> <p>ESTATE SALES CONDUCTED COMPLETE OR PARTIAL CONTENTS APPRAISALS CALL: 687-7071</p> <p>FUNMAKER, Wurlitzer organ, asking \$400. 12 piece brown modular living room set, asking \$400 or best offer. Call 686-8361.</p> <p>HOUSE SALE - 4th and 5th, 10am-4pm Moving Furniture, clothes, washer/dryer, TV console, desks, bedroom and central air unit. Et-al. 290 Short Hills Ave., Springfield.</p>	<p>UNION-396 PUTNAM ROAD. FRIDAY JULY 4. 9 AM. MISCELLANEOUS HOUSEHOLD FURNISHINGS.</p> <p>WANTED TO BUY 3 ANY LIONEL, FLYER, IVES AND OTHER TRAINS Top prices paid. 635-2058 334-8709</p> <p>BOOKS We Buy and Sell Books 321 PARK AVE., PLFD. PL4-3900</p> <p>OLD CLOCKS & POCKET WATCHES Highest cash paid, also parts. Union, 964-1224.</p> <p>Orig. Recyclers Scrap Metal MAX WEINSTEIN And Sons SINCE 1920 2426 Morris Ave., Union Daily 8-5 Sat. 8:30-12 686-8236</p> <p>USED FURS WANTED Highest prices paid for fur garments you no longer wear. Please call: 609) 395-8158</p>	<p>ROSELLE PARK FERNMAR REALTY Buying or Selling Realtor 241-5885 31 W. Westfield Ave. Roselle Park</p> <p>UNION BUY OR SELL CALL WHITE Realty Realtors 688-4200</p> <p>WANTED: Small house to buy by retired english couple. Under \$100,000. Trying to relocate. Please phone, 354-4236.</p> <p>HOUSE FOR SALE 8</p> <p>MILLBURN SPECTACULAR Multi level redwood deck with jacuzzi on private park like setting. This 3 bedroom, 2 bath ranch with finished basement must be seen. Evenings call Miriam Lapat, 761-4062.</p>
<p>R.J.'s PAINTING Where Quality Counts SPECIAL SPRING DISCOUNTS. 20% OFF. FREE ESTIMATES, FULLY INSURED. ALL WORK GUARANTEED BY PROFESSIONAL CRAFTSMEN. BENJAMIN MOORE PAINT USED.</p> <p>276-4253</p>	<p>EAST COAST TILE CONTRACTOR Specializing in bathrooms. Wall and floor repairs, remodeling, plus countertops. No job too small. Free estimates. 100% customer satisfaction. 351-8836</p>	<p>WINDOWS 5</p> <p>SPRING SPECIAL!! 15 WINDOWS-\$45.00 Each Additional Window \$3.50. Call Diane or Roy at: 851-0868</p>	<p>HOUSE SALE- MUST SELL. Furniture, bedroom set, rec. room tables, window fan, desk&chair, misc. household items. Call 687-8152, Friday, Saturday, Sunday, 11 AM - 4 PM.</p> <p>1982 SACHS MOPED-Like new. Very low mileage. Excellent condition. Asking \$300 or best offer. Call after 4 pm, 686-5438.</p> <p>SLIGHT Paint Damage-Flashing arrow signs, \$299! lighted, non-arrow \$279. Unlighted \$249! (Free letters!) Few left. See locally. 1(800)423-0163, anytime.</p> <p>T-SHIRTS/Hats /Sweats Custom Silk Screen printed for clubs, teams, businesses, schools. Call "YOUR TOPS", 379-3439.</p>	<p>PETS 7</p> <p>BLACK & WHITE MALE KITTEN - Needs good home, has shots, house cat only. I am LOVING, CUTE and ADORABLE. Please come see me! I'm at Dr. Berkelhammer's. Call 761-6266.</p> <p>LOW COST Spaying & Neutering for Cats & Dogs Including pregnant pets For information call: Animal Alliance Welfare League of N.J. WEEKDAYS 9am-5pm 574-3981 (also lower rates with proof of certain fed. or state Assist. Prog.)</p>	<p>SHARPE REALTY inc 376-8700 32 Morris Ave. Springfield</p> <p>SPRINGFIELD GREAT BUY JUST REDUCED this 3 bedroom, 2 1/2 bath split-level in excellent condition with wall to wall carpeting, large family room, modern eat in kitchen, central air, beautiful large yard on cul-de-sac. Evenings call Miriam Lapat, 761-4062.</p>
<p>SPRING PAINTING ALSO • ROOFING • GUTTERS & LEADERS LOU'S PAINTING 964-7359</p>	<p>MARK A. SPERO TILE CONTRACTOR Featuring: Town & Country Floors Specializing in: • Lead Pan Repairs • Shower Door Enclosures • Regrouting • Waterproofing • Mud Work FREE ESTIMATES 688-7236</p>	<p>WORD PROCESSING 5 APACHE-Solid state 1976 camper, sleeps 8, ice box, heater, stove, sink, canopy, screen house. Excellent condition. Garage kept. Call 748-4808 after 6 P.M. \$3500.</p>	<p>FOR SALE 6 AMATEUR WINE EQUIPMENT - 5 gallon bottles, small press, wine bottles, filters, etc. Call 688-4672 or 761-4887.</p> <p>BUTCHER BLOCK-table, chrome legs, 36x50, 17 inch leaf, 4 cane chairs, chrome base. Asking \$200. Call 688-2047, after 6 pm.</p>	<p>PET SITTER BOARDING IN MY HOME Experienced Sitter Gives Loving Care and Individual Attention. WALKED 4 TIMES DAILY CALL: 371-0784 Grooming also Available</p>	<p>SHARPE REALTY inc 376-8700 32 Morris Ave. Springfield</p> <p>UNION MUST SEE Do not miss this lovely expanded cape, has 4 bedrooms, modern eat in kitchen, large livingroom and diningroom plus Florida room. Many extras. Summer occupancy. Evenings, call Brenda Grafas, 687-5847.</p>
<p>SUNSHINE DECORATORS WALLPAPERING AND PAINTING • Interior • Exterior Neat Clean Work CALL: 687-4447</p>	<p>AL P. BOYEA TREE SERVICE Complete Tree Care • Landscape Design • Tree & Stump Removal • Crane Rentals • Contracting FREE WOOD and CHIPS 245-1919 FULLY INSURED</p>	<p>CARPETING FREE Shop at Home & Installation Buy Direct and Save! 687-5353 evenings & weekends call: 538-4974 Mastercard & Visa Accepted</p>	<p>ATTENTION HOME OWNERS! WANTED 3 HOMES To display new insulated vinyl siding made by EXXON CORPORATION Qualified homes will receive huge discounts. NO MONEY DOWN!! 100% FINANCING CALL: 286-2477</p>	<p>PUPPIES! German Sheppard puppies. AKC registered, shots, wormed, large bone, champion stock, tan and black, 1 all black, \$185. Call 686-3879.</p>	<p>SHARPE REALTY inc 376-8700 32 Morris Ave. Springfield</p> <p>UNION BATTLEHILL SECTION Move right into this PERFECT 4 bedroom, 2 full baths, modern eat in kitchen, large paneled family room, central air, nice yard with deck and gas grill. All of this and more in this lovely expanded cape.</p>
<p>VIKING COMPANY PAINTING Interior/Exterior All work guaranteed Fully Insured Free Estimates 298-0287</p>	<p>WOODSTACK TREE SERVICE All Types Tree Work • Free Estimates • Senior Citizen Discount • Immediate Service • Insured 276-5752</p>	<p>DISHWASHER Portable, Kenmore, double rack, excellent working condition. \$75. Call 964-7392 or 687-7071.</p> <p>DININGROOM SET-2 piece china closet, buffet, table, 6 chairs plus pads. \$475. Call 964-5245.</p> <p>DINING SET- French Provincial. Table, three leaves, six chairs, breakfast. Mint condition. \$675. Also two upholstered chairs \$55 each. 354-3868.</p>	<p>UNION TICKETS 2022 Morris Ave Union, New Jersey 851-2880 • Santana • Joe Jackson • Liberace • Dylan/Petty • Eddie Murphy • Neil Diamond • Stevie Nicks • Monkees • Pro Wrestling • NY Yankees • NY Mets</p> <p>Wedding Gown & Veil, size 9-10. \$500. Call 889-8172 after 6:00 P.M.</p> <p>WHEEL CHAIR AND WALKER. LIKE NEW. ASKING FOR BOTH \$275. CALL 372-5812 AFTER 5.</p>	<p>REAL ESTATE 8 ALL CASH-Paid for any home, 1-10 families. 2 weeks closing, no obligations. Essex and Union counties. Approved contractors. Mr. Sharpe, 376-8700. Realtors.</p> <p>GOVERNMENT HOMES From \$1 (U repair). Delinquent tax property. Repossessions. Call 805-687-6000 Ext. HO4991 for current repo list.</p>	<p>SHARPE REALTY inc 376-8700 32 Morris Ave. Springfield</p> <p>UNION-Mother and daughter. By owner. Call 964-8515 or 951-5350.</p>
<p>WILLIAM E. BAUER Professional Painting Exterior/Interior Paperhanging INSURED 964-4942</p>	<p>FIREWOOD Split-Unsplit Pick up or delivered 245-1919</p>	<p>WIRELESS GUITAR SYSTEM Samson. Used 5 times. \$100 or best offer (Cash or Trade). Call Mark at: 371-9057 EVENINGS</p>	<p>RAY BELL AND ASSOCIATES "We Are Your" Neighborhood Professionals 1921 Morris Ave. Union 688-6000</p>	<p>REAL ESTATE 8 ALL CASH-Paid for any home, 1-10 families. 2 weeks closing, no obligations. Essex and Union counties. Approved contractors. Mr. Sharpe, 376-8700. Realtors.</p>	<p>WEST ORANGE Wonderful 4 bedroom COLONIAL with den. Young family neighborhood, convenient to schools. Aluminum siding, new windows. Asking \$159,900...SHH-238.</p>
<p>ZORBA'S PAINTING Painting Contractors Interior/Exterior • Free Estimates • Fully Insured P. KOTATIS 762-7343</p>	<p>WOODSTACK TREE SERVICE All Types Tree Work • Free Estimates • Senior Citizen Discount • Immediate Service • Insured 276-5752</p>	<p>WIRELESS GUITAR SYSTEM Samson. Used 5 times. \$100 or best offer (Cash or Trade). Call Mark at: 371-9057 EVENINGS</p>	<p>RAY BELL AND ASSOCIATES "We Are Your" Neighborhood Professionals 1921 Morris Ave. Union 688-6000</p>	<p>REAL ESTATE 8 ALL CASH-Paid for any home, 1-10 families. 2 weeks closing, no obligations. Essex and Union counties. Approved contractors. Mr. Sharpe, 376-8700. Realtors.</p>	<p>SCHLOTT REALTORS 467-3222</p>
<p>ROOFING & SIDING 5 WILLIAM H. VEIT Roofing — Seamless Gutters. Free Estimates. Own work. Insured. Since 1932. 241-7245.</p>	<p>WOODSTACK TREE SERVICE All Types Tree Work • Free Estimates • Senior Citizen Discount • Immediate Service • Insured 276-5752</p>	<p>WIRELESS GUITAR SYSTEM Samson. Used 5 times. \$100 or best offer (Cash or Trade). Call Mark at: 371-9057 EVENINGS</p>	<p>RAY BELL AND ASSOCIATES "We Are Your" Neighborhood Professionals 1921 Morris Ave. Union 688-6000</p>	<p>REAL ESTATE 8 ALL CASH-Paid for any home, 1-10 families. 2 weeks closing, no obligations. Essex and Union counties. Approved contractors. Mr. Sharpe, 376-8700. Realtors.</p>	<p>RENTALS 9 "RENTAL"— Let us rent your home or apartment for you. We screen thoroughly, you approve. No fee to landlord. SUBURBAN RENTAL: 381-7894.</p>



For Union County Classified Call: 686-7700

CLASSIFIED

Reaching over 70 000 readers in the Union Leader Springfield Leader Mountainside Echo Kenilworth Leader The Spectator in Roselle & Roselle Park and the Linden Leader

RENTALS 9

GOVERNMENT-Homes from \$1 (U repair). Also delinquent tax property Repossessions. Call 1-805-687-6000 Ext. H-1448 for current repo list.

WAREHOUSE- Linden- 6,000 sq. ft. 3 years old, \$5.50 per sq.ft. including utilities. Commercial 2 zone, 20 ft. ceiling, loading dock. 862-1117.

APARTMENTS FOR RENT 9

"APARTMENTS"- We have available apartments and homes in excellent areas in all rental amounts. Fee after rental. **SUBURBAN RENTALS.** 381-7894.

HILLSIDE-5 room apartment, Hurden Looker area. \$525 month plus utilities. Call 923-1909. Available July 1st/15.

KENILWORTH - 2 family, second floor, 5 rooms, 2 baths, many extras. Business couple preferred, no pets. \$800 plus utilities. Call 276-4651.

LOOKING - For apartment? Is \$600 plus utilities within your budget? We might have just the apartment for you. Fee after rental.

Realtor **964-8424**
LIBERTY ASSOCIATES

LINDEN - 2 bedrooms in 2 family house, near School number 1, residential area, near transportation. Call (914)794-3086, best time after 4pm.

ROSELLE PARK

COLFAX MANOR
3 1/2 RM, A/C APT. \$620
2 BR, A/C APT. \$735
Pro Jogging Track and Day/Nite Tennis Court. Deluxe Eat-in kitchen w/dishwasher. WALK TO TRAIN, 20 minutes Penn Station NYC. Free heat, hot water & parking. Expert staff on premises. 1 month security. No fee, pets. Colfax Ave. W. at Roselle Ave. W.
245-7963

ROSELLE PARK - Residential section, private home. 4 rooms and bath, large walk in closet. \$525 a month. Heat, hot water supplied. Respectable, mature minded male/female. References required. July 1 occupancy. Send replies to: Classified Box 4428, County Leader Newspapers, 1291 Stuyvesant Ave., Union, NJ 07083.

ROSELLE PARK- One bedroom from \$560 - \$590. Two bedroom \$690. Heat, hot water, cooking gas included. Off street parking. Laundry facilities. No pets. Call 241-7591.

APARTMENTS WANTED 9

RETIRED- Quiet couple seeks one or two bedroom apartment. Approximately \$600. Call 375-3349.

SENIOR CITIZENS - Seeking first floor apartment, Roselle Park. Reasonable rent. Call 762-7951.

CONDOS 9

UNION - New luxurious 2 bedroom, 2 bath, fireplace, carpet, washer/dryer, air-patio, pool, clubhouse. Available 7/15. \$1050. 325-1607.

CONDOS 9

LINDEN / RAHWAY BORDER - Brand new luxury 1 bedroom condo, dining room, wall to wall carpet, central air conditioning, all appliances-including washer/dryer, balcony, near shopping and transportation. No fee, available-immediate occupancy. \$725 plus utilities. 265-3600, 967-5757.

VERONA

YOU MUST SEE THE SUNSET

from this extra ordinary condominium decorated with an elegant flair. Two bedrooms, 1 1/2 bathrooms, marble floors, fully furnished. Amenities include valet parking, swimming pool, tennis courts, etc. For appointment to see evenings, call Miriam Lopat, 761-4062.



376-8700

32 Morris Ave. Springfield

FURNISHED ROOMS 9

UNION-Large carpeted furnished bedroom, kitchen priviledges. Professional male preferred. 687-2942.

HOUSES FOR RENT 9

FANWOOD- Secluded on one acre. Two or three bedrooms. Available immediately. Call 872-2145.

OFFICE TO LET 9

SPRINGFIELD - 2, 3, 4 and 6 rooms, carpeted suites. Available September 1st. 535 Morris Ave. Call Mr. Talkow, 687-4494.

SOUTH ORANGE-Office space for rent. 1, 2, 3 or 4 room offices available. Excellent location. Call 763-2940.

VACATION RENTALS 9

BRICK WATERFRONT - 2 & 3 bedroom homes on lagoon. Sherwood Realty Agency, 477-5151.

WANTED: People to share summer rental in Belmar. House of 15 people ages 21-30. \$850. per person for entire summer. Call Randy Cohen or Joe Farina, days, at 686-7700. Evenings call 686-3036(Randy) or 549-5379(Joe).

WANTED TO RENT 9

FAMILY OF 3 adults desire small 2 bedroom house or apartment in Union, Roselle Park or Maplewood area for August occupancy. \$500-\$600 per month. 373-5985 days, 686-7700 evenings.

WANTED TO RENT!

Small house or 2 bedroom apartment. 2 adults. No pets, non-smokers. Write Classified Box 4425, County Leader Newspapers, 1291 Stuyvesant Avenue, Union, N.J. 07083.

BUSINESS OPPS. 10

LINDEN- Thrift Bakery with inventory, two refrigerator boxes, one show off box, \$5,000. 862-1117.

BUSINESS OPPS. 10

LINDEN- Arts-Crafts-100,000 inventory. All \$25,000. 862-1117.

LINDEN- TV Repair-2,000 S.A.M.S., scopes, meters, inventory, etc. \$10,000. 862-1117.

PUBLIC NOTICE

RESOLUTION NO. 529-86
DATE: 6/26/86

UNION COUNTY BOARD OF CHOSEN FREEHOLDERS

WHEREAS, there exists a need for professional services to provide a 4-H Program Assistant Position through Rutgers University/Cook College; and

WHEREAS, Rutgers University/Cook College, P.O. Box 231, New Brunswick, New Jersey 08903, has agreed to provide the necessary 4-H Program Assistant Position in the sum of not to exceed \$4,253.40; and

WHEREAS, the Local Public Contracts Law requires that a Resolution authorizing the awarding of a contract for professional services "without competitive bidding" must be passed by the governing body and shall be advertised; and

WHEREAS, this contract is awarded without competitive bidding as a "Professional Service" in accordance with 40A:11-5(1)(a) of the Local Public Contracts law because the services to be performed will be provided by personnel skilled and accredited in a specialized field of learning and expertise;

NOW, THEREFORE, BE IT RESOLVED by the Board of Chosen Freeholders of the County of Union that Rutgers University/Cook College, P.O. Box 231, New Brunswick, New Jersey 08903, is hereby awarded a contract to provide the necessary 4-H Program Assistant Position; and

BE IT FURTHER RESOLVED that the County Manager and Clerk of this Board be and they are hereby authorized to execute said contract upon approval by the County Counsel's Office for the aforesaid project; and

BE IT FURTHER RESOLVED that the said sum of not to exceed \$4,253.40 be charged to Account No. 001-192-583-13-26; and

BE IT FURTHER RESOLVED that a copy of this Resolution be published according to law within ten (10) days of its passage.

I hereby certify the above to be a true copy of a resolution adopted by the Board of Chosen Freeholders of the County of Union on the date above mentioned.

JEREMIAH O'DWYER
COUNTY ATTORNEY
Eileen A. Chrenka, Clerk
03983 Focus, July 3, 1986
(Fee: \$21.00)

RESOLUTION NO. 516-86
DATE: 6/26/86

UNION COUNTY BOARD OF CHOSEN FREEHOLDERS

WHEREAS, there exists a need for professional services to provide assessment for services to be provided under the Personal Attendant Demonstration Program for up to six (6) severely disabled adults in Union County for the period July 1, 1986 through August 31, 1986; and

WHEREAS, Janice Smith, RN, 121 Madison Terrace, Springfield, New Jersey 07081, has agreed to provide the necessary services as outlined above at a reimbursement rate of \$65.00 per assessment and in the sum of not to exceed \$400.00; and

WHEREAS, the Local Public Contracts Law requires that a Resolution authorizing the awarding of a contract for professional services "without competitive bidding" must be passed by the governing body and shall be advertised; and

WHEREAS, this contract is awarded without competitive bidding as a "Professional Service" in accordance with 40A:11-5(1)(a) of the Local Public Contracts law because the services to be performed are medical services;

NOW, THEREFORE, BE IT RESOLVED by the Board of Chosen Freeholders of the County of Union that Janice Smith, RN, 121 Madison Terrace, Springfield, New Jersey 07081, is hereby awarded a contract to provide the necessary services as outlined above for the period July 1, 1986 through August 31, 1986; and

BE IT FURTHER RESOLVED that the County Manager and Clerk of this Board be and they are hereby authorized to execute said contract upon approval by the County Counsel's Office for the aforesaid project; and

BE IT FURTHER RESOLVED that the said sum of not to exceed \$400.00 be charged to Account No. 086-274-624-49-33; and

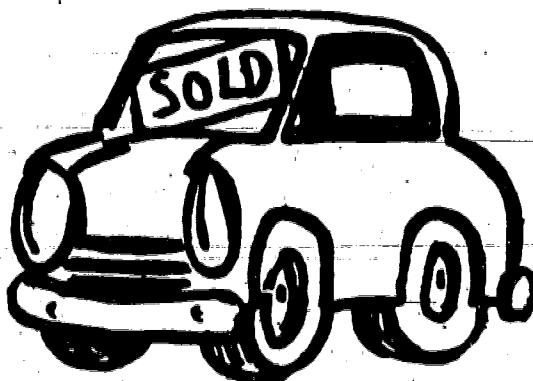
BE IT FURTHER RESOLVED that a copy of this Resolution be published according to law within ten (10) days of its passage.

I hereby certify the above to be a true copy of a resolution adopted by the Board of Chosen Freeholders of the County of Union on the date above mentioned.

JEREMIAH O'DWYER
COUNTY ATTORNEY
Eileen A. Chrenka, Clerk
03982 Focus, July 3, 1986
(Fee: \$22.40)



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AND WE WILL SELL YOUR CAR FOR YOU! IF IT DOESN'T SELL, WE'LL RUN THE AD THE THIRD WEEK AT

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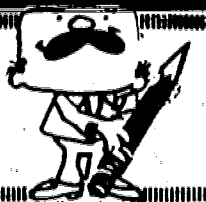
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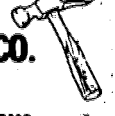

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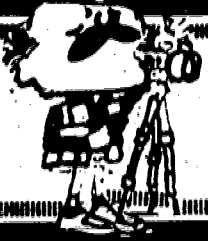


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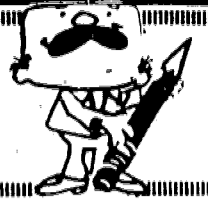


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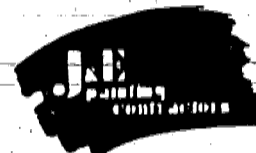
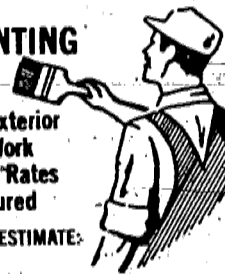
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Rebecca's forecast

For week of July 3 through July 10

ARIES (3/21-4/20) Local travel, errands and visits with siblings usher in this period. Keep personal plans under wraps for now and refuse to strain your budget unnecessarily. Later, domestic issues assume importance; a move or change in living arrangements is possible; and another's decision affects your life.

TAURUS (4/21-5/21) People, places and interests at a distance keep you busy during this week. Be alert to communication snarls and doublecheck all travel arrangements. Later, enjoy social or recreational activities with family members; spruce up your living quarters; and refuse to re-hash old problems.

GEMINI (5/22-6/21) Insurance, tax or joint financial interests are of importance to many during this period. Gains are likely now and key financial decisions are made. Later, travel may be on the agenda. Be extra careful with important communications, and avoid impulsive decisions. Take time to think things out.

CANCER (6/22-7/23) Career, health and behind the scene interests are highlighted early this week. Resolve to work on the problems that may be aggravating these areas of your life. Later, romantic alliances are strained. You are more aware of restricting influences, and dealings with tax or insurance matters are irksome.

LEO (7/24-8/23) Group or organizational activities may be linked with travel early this week. Communications are important, and children offer much enjoyment. Later in this period, the pace slows down. Catch up with lingering chores and then make time to re-group your own energies. Attend to health needs.

VIRGO (8/24-9/23) This may be a stressful period for many. Communications are snarled and misunderstandings are likely. Old work or health problems may resurface, and daily dealings tax your patience. Later, restrictive influences begin to take their toll. You may surprise others in the weeks

ahead! your intuition. Be alert to problems with in-laws or neighbors and be mindful of your reputation. Ill considered actions are sure to brew troubles ahead.

SAGITTARIUS (11/23-12/21) It's crucial that you take no risks where your financial security is concerned. Listen to the advice another offers and be wary of clandestine involvements that are all too easy right now! Later in the week, travel, children and dealings with those at a distance are highlighted.

CAPRICORN (12/22-1/20) You may be feeling edgy early in the week. Daily concerns mount and getting everything done will be no easy task. New people, places and situations enter your life in the months ahead. Later, a demanding attitude meets resistance; aim for cooperation; and be more sensitive to the needs of others.

AQUARIUS (1/21-2/19) The focus this week is on your daily activities. Job and family demands vie for your attention and important goings-on surround loved ones. Later, you enjoy favorable financial trends; communications remain touchy for many, and be prepared for important changes to emerge on the work front.

PISCES (2/20-3/20) Creative, romantic, and children's interests are highlighted during this week. Social and recreational pursuits are on the agenda and an influential meeting may be in store for some. Later, take advantage of unexpected travel opportunities. Again you may be in the right place at the right time!

LIBRA (9/24-10/23) Your noted ability to balance things may be put to the test during this week. Home and career demands escalate and your own priorities may have to be reviewed. Later, children's interests flourish; dealings with the public are indicated; and important changes revolve around family ties.

SCORPIO (10/24-11/22) Financial considerations are highlighted early this week. Attend meetings and discuss on-going issues with elders or higher ups. Later, heed

Lottery winners

Following are the winning New Jersey Lottery numbers for the weeks of June 2, 9, 16 and 23.

PICK-IT AND PICK-4

June 6—544, 8070.
June 7—610, 9529.
June 9—415, 4840.
June 10—485, 3912.
June 11—482, 8536.
June 12—380, 9150.
June 13—090, 3101.
June 14—984, 6557.
June 16—464, 4403.
June 17—527, 5511.
June 18—321, 8147.
June 19—783, 7026.
June 20—028, 8587.
June 21—823, 6689.
June 23—530, 5974.
June 24—851, 6948.
June 25—483, 1532.
June 26—198, 9394.
June 27—916, 9386.
June 28—338, 9328.

PICK-6

June 5—6, 7, 9, 16, 18, 30; bonus — 66199.
June 9—11, 18, 22, 28, 33, 41; bonus — 13886.
June 12—12, 25, 28, 29, 30, 35; bonus — 99648.
June 16—1, 2, 25, 28, 33, 39; bonus — 26895.
June 19—3, 17, 22, 25, 36, 41; bonus — 78297.
June 23—5, 14, 21, 32, 34, 38; bonus — 16169.
June 26—5, 9, 24, 31, 35, 41; bonus — 11127.

The John V. Mara Memorial Fund and New Jersey Press Foundation Football Classic Giants vs. Steelers

Saturday, August 30 • 8 p.m.

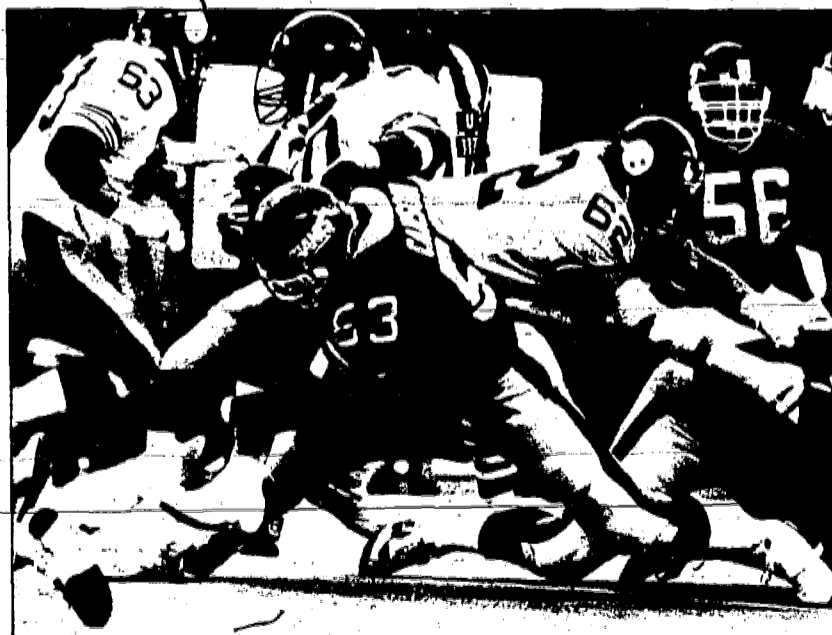


Photo by Arnold Yelin

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Game proceeds benefit the John V. Mara Fund for cancer research and the New Jersey Press Foundation.

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Postage and Handling			50
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Big band to appear at county's festival

The Union County Department of Parks and Recreation will present a night of "The Big Band Sound" at the Summer Arts Festival, Wednesday, 7:30 p.m. in Echo Lake Park.

Performing will be "The Music Makers," a local orchestra specializing in the swing sounds of the 1930's and 1940's.

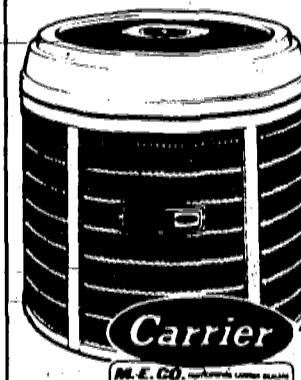
A dance floor, snack truck and parks information booth are available at the concert site. Concertgoers are encouraged to bring lawn chairs or blankets to sit on. Admission is free. In the event of rain, the concert will be held at the Trailside Nature & Science Center auditorium, Coles Avenue and New Providence Road, Mountainside.

Information is available by calling the Parks 24-hour hotline at 352-8410.

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