DINING AROUND THE WORLD



Section Two of the Union Leader, Springfield Leader, Mountainside Echo, Linden Leader, The Spectator, Kenilworth Leader

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on

Union

August 7, 1986 Over 70,000 Readers

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Origin of foods: Not what you think

Our favorite foods, where do they come from? Where did they originate?

According to information found in The Ethnic Almanac by Stephanie Bernardo and other sources, the origin of foods is not always what we may think. As a matter of fact, it's easy to be fooled.

For example, where did the fancy flaming dessert, Baked Alaska, originate? No, not with the Eskimos or even in Alaska! Baked Alaska was invented in 1867 by a French-born chef, Charles Ranhofer, in New York City.

During the St. Louis Exposition of 1904, a Middle East immigrant named Ernest A. Hamwi rolled a circular pastry into the shape of a cone and placed ice cream on top. Thus, the ice cream cone was born!

Chop Suey was invented by a Chinese man named Li Hung Chang, but he created his dish in America.

Chang, a Chinese diplomat is known as "the father of Chop Suey."

During a state visit to New York City, he developed the dish in an attempt to recreate authentic Chinese food without having the proper cooking utensils, ingredients and seasonings.

When friends asked what the dish was called. Chang combined the words for chop sticks and soya sauce into-"chop soya." From this, the name eventually became "chop suey."

Chow Mein was also "born in America." The-dish was first made by Chinese railroad laborers working in San Francisco.

Where did spaghetti and meat balls originate? Would you guess Brooklyn? It's true!

Here are some other American foods with Italian roots — cantaloupes and French fries. French fries?

French fries — According to Giulian Bugialli, author of The Fine Art of Italian Cookery, French fries do not come from France at all. They originated in Florence Italy. In this case, "French" does not refer to the country of origin, but merely indicates that the potatoes have been cut into strips, in the "French" manner.

hand, take their name from Braunfels, Texas, in 1902. the Castle Cantelupo in Aucona, Italy.

The first spaghetti factory in the United States was built in New York in 1767. However, it wasn't until more than a century laterthat spaghetti became common in America. Once considered an "ethnic" food, pasta is now "thoroughly . American.''

Calizza Italian turnover is a food that sounds as though it should have come from Italy. Pizza Hut, the world's largest maker of pizza, recently introduced Calizza — a meal-in-one Italian turnover filled with meats and cheeses - for lunch.

In old-world tradition, the half-moonshapped turnover is topped with tangy sauce and grated Parmesan cheese.

The dish is an American cousin to Italian "calzone," the name for the wide trouserlegs worn by the Neopolitan sausage, smoked for added men of the 18th and 19th flavor, that was first made in centuries.

Chili powder was invented Cantaloupes, on the other by a German from New called "Wiener brod"

The spice was unknown to true Mexican cooks.

And, Julius Caesar had nothing to do with "Ceasar Salad." The favorite salad of millions was concocted during the Prohibition Era by Caesar Cardini, the proprietor of a small hotel in Tijuana, Mexico.

As it turns out, tamales can't be labeled true "Mexican" either. They were served to Captain John Smith when he landed in Virginia in 1612.

And more ... "Russian dressing" was not invented in the U.S.S.R.

Russian sailors did bring the recipe for Tartar steak to the seaport of Hamburg, but it took German cooks to improve on the recipe by cooking the meat.

"Lebanon Bologna" has nothing to do with the Middle Eastern country of the same name. It is an all-beef Lebanon, Pennsylvania.

Danish pastry is really

Vienna bread — in Denmark where the pastry originated.

The Dutch invented the fried doughnut, but it took a young boy from Maine, Hanson Gregory, to add the doughnut "hole" in 1847. He later became a New England sea captain. (Today, a plaque stands in Rockport, Maine, honoring Gregory and hks achievement.)

Potato chips were invented in 1853 by an American Indian chief.

A Swedish-American biochemist, Dr. Alexander Anderson, patented an invention in 1902 for making puffed wheat and puffed rice - "the cereal shot from guns."

And, here's something to think about...Ancient Greeks can take credit for discovering that oysters are edible. As Theodora Zavin so aptly points out in her popular Everybody-Bring-A-Dish Cookbook, the first man to bite into an oyster had to be one of the bravest - or most desperately hungry men — in the history of the world.

High-tech watermelon makes you eat your words

Summertime evokes images of family outings, barbecues, outdoor grilling and the traditional picnic staple - watermelon. Aptly named, it is true to its form and has graced many tables, and faces, of millions of Americans. What more versatile food can you find — that not only doubles as a dessert and a salad but can also stir the spirit of good old family competition? This brings to mind visions of who can eat the most and biggest, spit seeds the farthestthe highest-and the hardest and, of course, stay the cleanest while indulging in the delight. During the flurry of this kind of activity, we rarely stop of think what we might have missed had we not had this wonderful fruit, where it came from. or what makes it so good today.

Watermelon is definitely not a newcomer to this world, nor can a 20th century genius lay claim to its creation. Our ancestors were wrestling with the most genteel way to eat watermelon as early as 1629. Records indicate that the Indians were growing the fruit along the Mississippi in that same century. Of course, the earliest traceable evidence of the modern day watermelon being propagated leads us to the African continent.

Watermelon, no doubt, had significant appeal to our ancestors just as they do to us today. However, Mother Nature's disposition, the luck of the pick, and a good thumping method was the general key to a good melon.

Horticultural techniques had not yet been perfected when it came to the breeding of different varieties of melon. Plant breeding consisted of selecting one female plant that had

the desired characteristics and then depending on nature for the rest. Pollination of this female parent by a male counterpart relied on the direction of the wind and the ambition of the bee, along with which male won out in the race to pollinate. Control over the quality and uniformity of the fruit was a game of percentages; a costly game of variables which needed offspring atthe very start of combat an unpredictable growing season.

hydridization Advanced techniques — high tech, if you will can now be much more accurate. Genetic controls can be placed on the size and shape of the melon. its flavor, appearance, and production rate or yeild. One of the mouthwatering results of this technology is a Crimson Sweet class of watermelon called Mirage which was developed by the Asgrow Seed Company and is being grown and packed by Jay Nichols, Inc., of Lakeland, Fla. This melon has achieved popularity from Texas to Florida and is bred for the dominant characteristics of sweetness, oblong but blocky shape, variegated green and white stripes on the rind and solid bright red flesh void of white fibers. These hybrid characteristics come from the genes of the parents.

Watermelon is a monoecious plant, meaning that both-male andfemale sexes are on the same plant, but each sex is in a separate flower. In order for they hybrid to exhibit the desired superior characteristics, female flowers from the "mother" plants are hand-pollinated with the male flowers from the "father" plants. Then the female flower is immediately covered to prevent

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bees from introducing pollen from other flowers.

A high degree of accuracy can be achieved in the genetic control of the hybrid watermelon's shape, stripes, flesh color and sweetness. These characteristics can be repeated by using the same mother and father parents; hence quality watermelons can be produced year after year.

Eventually watermelon will earn its well-deserved place in the refrigerator, playing companion to

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the rest of the year-round fruits and vegetables instead of in the summer picnic basket. What better refresher to quench your thirst after an aerobics work out than with the natural sweetness of watermelon? These very merits are being used in the arid areas of the Middle East and North Africa today where watermelon is eaten, not only as a source of water, but as a main course along with bread and cheese. Also, a watermelon in the middle of

the winter can thwart the winter blahs as one thinks of a hot summer day while sinking teeth into a melon.

Certainly the watermelon of today is not a seedy issue. The breeding technology has advanced far beyond what our ancestors used and the end result is a sweeter, juicer and more attractive melon for the whole family to enjoy. Sure, there are people that find high tech hard to swallow, but without realizing it they may be eating their words.



EXCELLENCE IN DINING—The International Geneva Association, Northern New Jersey Branch, has selected Wade and Kurt Knowles of The Manor, West Orange, for the 1986 'Restaurateur of the Year' award given for promoting excellence in dining in New Jersey.

Rebecca's forecast

For week of Aug. 7 through Aug. 14

ARIES (3/21-4/20) You may be trying to tie up loose ends in several areas of your life during this busy period. For the best results, set your priorities early in the week. Later. another's behavior throws you off balance. Listen to another's input in making important choices and expect career matters to move forward.

TAURUS (4/21-5/21) Financial rewards are part of this week for many. You may want to change or improve your career or domestic surroundings, and important financial transactions may be on the agenda for some. Later, you catch up with lingering property or family matters and can expect dealings with those from a distance.

GEMINI (5/22-6/21) You may be feeling more optimistic during this period, and as a result, more willing to go out on a limb. Keep this in mind if making important or long-term decisions. Later, several matters reach a critical turning point that may highlight career, domestic and relationship issues simultaneously.

CANCER (6/22-7/23) Romantic or social expectations may fail short of the mark early this week. Legal or financial papers assume importance for some, and dealings with elders or higher-ups are indicated. Later, a mate or partner may surprise you and you may be forced to deal with matters related to the winter months.

LEO (7/24-8/23) The coming week promises much activity in your personal affairs. Behind-the-scenes activity are uncovered, and long-overdue confrontations are inevitable for some. Later, the time is ripe to launch new projects. Contacts with professionals are indicated, and some local travel completes this busy week.

VIRGO (8/24-9/23) The week ahead will offer some personal challenge where your emotional or material security is concerned. This is not the time for rash or ill-timed decisions or ultimatums! Later, make time to relax and think. Social invitations are received, and visitors on the home front lift your spirits.

LIBRA (9/24-10/23) Try your best to avoid binding commitments or agreements. Pay, careful attention to overall financial trends and be alert to dangers in or around the home. Later, you weigh personal involve-

style - the straightforward, honest

delivery that is rooted in traditional

country music. That is the music

Waylon was born into on June 15,

1937, in the Texas panhandle town of

Littlefield. Both his father, a

sharecropper and truck driver, and

his mother played guitar. He

remembers his father singing

Jimmie Rodgers songs and folk

songs and his mother teaching him

guitar chords. At the age of 12, he

landed a job as a disc jockey and soon put together his first band,

drawing the major part of his

material from the songs of Hank

In 1955, while working at Kill's "Sunday Dance Party," he met

Buddy Holly, who became a major

influence on his career. Holly taught

Waylon how to put different rhymes

to country songs and to not be afraid of crossing stylistic barriers. He

produced Waylon's first record in

1958, a cover of the cajun classic

Jole Blon," and he gave Waylon a

job playing in his band. It was Waylon who gave up his seat at the last minute to J.P. "The Big Bop-per" Richardson on the plane that

crashed in February, 1959, killing

Holly, Richardson, and Ritchie

British play to run

"Noises Off," a British farce,

which had its New Jersey premiere

opening Tuesday at Montclair's

Summerfun Theater, Inc., in the

Weiss Art Center, Lloyd Road and

Bloomfield Avenue, will play

Additional information and

reservations can be obtained by

through Aug. 16

Valens.

Williams and Ernest Tubb.

ments. Daily activities are stepped up. Resist the temptation to overdo or become overly involved

SCORPIO (10/24-11/22) The early part of this week favors social and romantic activities. Plan to share your time with loved ones. You may have to tap your cash reserve as unexpected outlays are indicated for some. Later, a short trip is on the agenda, then it's time to clear up lingering matters and issues.

SAGITTARIUS (11/23-12/21) Family, home and property interests continue to be important to many, and changes in these areas are favored now. Social and recreational activities are indicated, partings may also be part of this period and later in the week you may feel moody and introspective. Indulge in time alone.

CAPRICORN (12/22-1/20) Important issues continue to revolve around your overall

financial picture. Odd or unexpected developments are indicated, although this is not the time to make financial commitments. Be patient a bit longer; some very nice trends are quietly at work. Later, elders assume importance for many.

AQUARIUS (1/21-2/19) Your actions may meet with someone's disapproval early this week. Dealings with those at or from a distance are highlighted, and unexpected romantic overtures may catch you off quard. Later, money matters receive a boost, and a change in employment or employer may be in the works in coming months.

PISCES (2/20-3/20) You must continue to guard your physical and emotional health atthis time. You may be more vulnerable to upsets or changes than you realize. Later, another's behavior leaves you puzzled. Misreading things figuratively or literally is easy now, and all written transactions deserve meticulous attention.

Lottery

winners

Following are the winning New Jersey Lottery numbers for the weeks

s of	July 7, 14, 21 and 28:
\mathbf{P}	ICK—IT AND PICK 4
	July 9-496, 0646
	July 10-595, 1268
•	July 11-782, 6526
	July 12-770, 4829
	July 14-294, 9922
Lu-	July 15-466, 4831
	July 16-585, 2970
	July 17—146, 1706
,	July 18-355, 0193
	July 19-892, 9085
	July 21-791, 7657
	July 22-184, 4145
	July 24-286, 7449
U	July 25-563, 6114
	July 26-736, 2900
	July 28-763, 3332
	July 29-201, 2816
ø	July 30-421, 6032
	July 31-194, 1746
	Aug. 1-574, 5390
	Aug. 2-754, 0821

PICK 6
July 7—6, 10, 29, 31, 34, 39; bonus —
44534.
July 10—16, 22, 23, 28, 33, 36, bonus 🥯
02477.
July 14—6, 17, 25, 34, 38, 41; bonus
<u>— 27715.</u>
July 17—4, 16, 18, 21, 23, 35; bonus
05155
July 21-5, 11, 27, 29, 30, 38; bonus
— 31645.
July 24–9, 10, 16, 28, 32, 38; bonus
28065.
July 28-10, 13, 14, 26, 27, 32; bonus
July 31-11, 12, 20, 22, 34, 40; bonus

Singles scene

SINGLE SENSATIONS will hold a beach party, Friday at 9 p.m., at the Shalimar, Rt. 35 N. Aberdeen. Ages 21-39, admission \$5, free buffet. Call 572-5674....NEW EXPECTATIONS will hold a single adult rap group tomorrow at 8 p.m., at the Morristown Unitarian Fellowship, Normandy Heights Rd., Morristown. Dance, buffet, and soft beverages follow discussion. Call EWISH WORLD, INC., will join JEWISH DIMENSIONS for dance at 8 p.m. at Shalimar, Rt. 35, Aberdeen, Ages 23-36. Admission \$7. Call 964-8086 or 494-7356...JEWISH SINGLES DANCE will be held Sunday at 8 p.m. at the Club 35, Rt. 35, Sayreville. 20s and Call 797-6877...JEWISH 30s. SINGLES of Middlesex County will sponsor an evening on Point Pleasant Boardwalk Saturday with dinner following, and on Sunday, Tubing. Price \$12. Ages 22-35. Call 247-0812, 431-5747 or 577-9414.

Jennings makes new 'debut'

decided which songs to record,

Waylon learned the songs before he

got into the studio. He'd never done

that before either, he indicates.

By MILT HAMMER

Pick Of the LPs, "Will the Wolf Survive," by Waylon Jennings (MCA Records).

Waylon Jennings has made 40 albums and sold 15 million records during his 20 years as a recording artist, so it's hard to think of his new MCA album, "Will The Wolf Survive," as a debut. But almost everything about it is new - the producer, the label, the vocal performance, the production techniques, the overall sound, Waylon's entire approach to the album. "I approached this album like it was my first," he explains. "I tried to get that kind of mental attitude, and I did."

The one thing that has not changed is that special edge in Waylon's music that has set him apart from his contemporaries from the very beginning of his career. It made him a local legend as a club performer in Phoenix back in the early 1960s. It made him the personification of terms like "Nashville Rebel" in the late 1960s and "Outlaw" in the 1970s. It made his music the standard of quality for "progressive country," and he led the way when country music expanded from its traditional rural Southern audiences into urban centers and colleges. The urgency, the vitality, the unwillingness to follow the rules and formulas of the country music industry-all the things in Waylon's music that made him a legend among country artists - are still in evidence on "Will The Wolf Survive.'

Considering Waylon's career accomplishments, it would be understandable, though out of character, if he decided to take it easy, to take a step back from the competition and assume an elder-



WAYLON JENNINGS

Although Waylon once fought RCA tooth-and-nail for production control, he now entrusted production to MCA Nashville President Bowen (who also produces Reba McEntire and George Strait). They had never worked together before, but both grew up in the same West Texas musical environment, and they have respected each other's work for years. Furthermore, Waylon explains, "Bowen is the most organized man in the studio, from beginning to end, I've ever met. All I really had to do is walk in and sing.'

Two of Waylon's longtime band

Art show set

An art show and sale will be held

by the Kenilworth Art Association Sept. 7 (rain date Sept. 14). It was announced that Schering Plough Corp. was the "first to donate the 'Best in Show' award and was followed by City Federal Savings and Loan.

Additional informtion and show applications can be obtained by sending a stamped, self-addressed envelope to the Kenilworth Art Association, Box 205, Kenilworth, N. J. 07033.



Calendar, like much of the news it carries, is going on vacation. Groups wishing to submit releases during the summer may still do so and they will be printed as individual items as space permits.

Disc n' Data

statesman stance. But, he explains, members, Jerry Bridges and Gary I can in music yet. I still get just as big a kick out of music, especially the recording part of it, as I ever did.

"I still want to try new things," he adds, "and changing labels has given me a whole new life. There's a true excitement from the label about me being there, and I'm excited about it, too."

Waylon went about making the new album differently from any of his previous ones. For starters, he went around personally to Nashville publishers looking for songs. "I think it makes publishers pull out their better material," he says. "I'd never done that before but I intend on doing it that way again." And once he and producer Jimmy Bowen

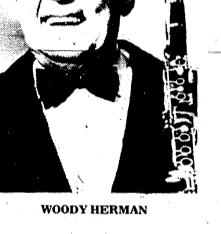
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"I don't think I've done all the things__Scruggs (who co-produced his last album), played on the sessions, so there is continuity between the new work and the "Waylon Jennings sound" of his previous records. But there is an added level of production in the guitar and keyboard work that gives the music a new fire, an intensity that-may have been missing in recent efforts. Recorded digitally, the album has a crisp, clean attack that reflects Waylon's new attitude. It is a sound so new, so significantly different for him, that he is going to add a keyboard player and a guitar to his road band in order to recreate the studio sound onstage.

As modern as the sound may be, it does not even hint of any abandonment of the basics of Waylon's

calling 256-0576.

through Aug. 16.



Stage set for leader

Woody Herman and the "New Thundering Herd", have been booked for a one-night stand at the Union County Arts Center on Irving Street, Rahway, Saturday, from 8:30 to 10:30.

It was announced that reserved seats for the event can be ordered by calling 499-0441, Monday through Friday, 8:30 a.m. to 4:30 p.m.

The Arts Center box office is open Thursday evenings, 6:30 to 8, Saturdays, 1 to 4 p.m. The Arts Center (former Rahway Theater) is located_at_the_junction of Central Avenue, Main and Irving Streets.

A special donation option is being offered in connection with the Woody Herman show by Rahway Landmarks, the nonprofit corporation operating the Arts Center. "For \$1,000, the contributor gets not only a permanent commemorative plaque on the back of an auditorium seat (normally \$1,000 by itself), but also two complimentary tickets to the show and a complimentary pre-show dinner for two at Rahway's famous Fulton Restaurant." Additional information can be obtained by calling 499-0441.

heduled by the Arts 0W8 8 Center are Kurt Weill's "Down in The Valley," Sept. 19 and 20, and the Broadway hit "1776" Sept. 25 through 27 and 28. Queries can be made by calling the above number or 499-8226.



Social notes and news



EVE LEE NIECKO DOMINICK MARTINI

Niecko-Marfini

Mr. and Mrs. Anthony Niesko of Maplewood have announced the engagement of their daughter, Eve Lee, to Dominick (Bob) Martini of Union.

The bride-elect, who was graduated from Columbia High School, Maplewood, is employed by Eaglework Clothes, Union

Her fiance, who was graduated from Union High School, is employed by Combined Automotive, Hillside, and is a self-employed body and fender professional.

The couple will be married this month in St. Joseph's Roman Catholic Church, Maplewood.



JEANINE MULLER

Servedio-Provence

Mr. and Mrs. Anthony V. Servedio of Roselle have announced the engagement of their daughter, Louise, to Daniel J. Provence, son of Mrs. Louise Provence of Cranford and the late Mr. James Provence Jr.

The bride-elect, who was graduated from Girls Catholic High School, Roselle, is an executive secretary to the vice president of purchasing at the Pirelli Cable Corp., Union.

Her fiance, who was graduated from Cranford High School and Kean College of New Jersey, Union, where he received a bachelor degree in business and economics, is an application sales engineer with Adamas Carbide Corp., Kenilworth.

A September wedding is planned in St. Joseph the Carpenter Church, Roselle, and a reception will follow at the Galloping Hill Caterers, Union.

Muller-Heller

Mr. and Mrs. Walter J. Muller of Roselle Park have announced the engagement of their daughter, Jeanine, to William Heller Jr., son of Mr. and Mrs. William Heller Sr. of Roselle Park.

FOCUS ON UN

The bride-elect, who was graduated from Marywood College, Scranton, Pa., where she received a bachelor of arts degree in communications: Radio and TV, is employed by Essex Computer, Union.

Her fiance, who was graduated from Roselle Park High School and MTA Trucking School with a tractortailer driver certification, is a truck driver for Maddaluna Disposal Co., Linden.

The couple will be married this month in the Church of the Assumption, Roselle Park. A reception will follow at the Gran Centurions in Clark.

McKeown-Zinno

Mr. and Mrs. John P. McKeown of Union have announced the engagement of their daughter, Mary Theresa, to James John Zinno, son of Mr. and Mrs. Frank F. Zinno of Hillside.

The bride-elect, who was graduated from Union High School, is secretary to the director of accounting at Schering Plough Corp., Kenilworth.

Her fiance, who was graduated from Hillside High School, is employed in the communications-signal department of Amtrack Railroad Corp., New York.

An August 1987 wedding is planned at St. Michael's Roman Catholic Church, Union.



MARY MC KEOWN JAMES ZINNO

Announcements of engagements

Buonvino-

Dercole

Peter J. Dercole

Olitsky-Strauss

Mr. and Mrs. Sheldon Olitsky of Union have announced the engagement of their daughter, Lori Robin, to Victor Jay Strauss, son of Mr. and Mrs. Jack Strauss of Cheltenham, Pa. Mr. Strauss also is the son of the late Mrs. Roslyn Strauss.

The bride-elect, who was graduated from Union High School, Rutgers College, New Brunswick, where she received a bachelor of arts degree, and Rutgers University School of Law in Camden, where she received a juris doctor degree, is associated with the Philadelphia Law firm of Liebert, Short, Fitzpatrick & Hirshland.

Her fiance, who was graduated from Chetenham High School and La Salle College, where he received a bachelor of science degree in computer science and mathematics, is a systems consultant for a computer company in Bala Cynwyd, Pa. A December wedding is planned.

Mr. and Mrs. Frank Buonvino Sr.

of Roosevelt Street, Roselle Park,

have announced the engagement of

their daughter, Mary Jayne, to

Mrs. Ignazio Dercole of Monmouth

Avenue, Linden. The bride-elect, who was

graduated from 'Roselle Park High

School, is a computer operator for

Her fiance, who was graduated

from from Linden High School, is a

welder-mechanic at PSC

An October wedding is planned by

the Church of the Assumption,

Roselle Park, with a reception at the

Fountain of Lords Hall in St. Cecilia's Church, Iselin.

Cooper Electric Supply, Linden.

Mechanical Systems, Hillside.

son

Ecklund-Slade

Mr. Eugene Ecklund of Union has announced the engagement of his daughter, Jeana, to Alan Slade, son of Mr. and Mrs. Gabriel Slade of Old Bridge.

The bride-elect, who was graduated from the Fashion Institute of Technology, is employed by Union Bay Sportswear.

Her fiance, who was graduated from Trenton State College, is employed by Union Bay Sportswear.

An April 1987 wedding is planned at St. Michael's Roman Catholic Church in Union, and a reception will follow at the Atrium West in West Orange.

Charge for pictures

There will be a \$10 charge for publication of wedding and engagement pictures.

Stork club new Thomas Ruben Ortiz, was born July 19 in

LOUISE SERVEDIO

DANIEL PROVENCE

A son, Matthew Thomas DeRocco, was born June 6 in Overlook Hospital, Summit, to Mr. and Mrs. Tom DeRocco of Kenilworth.

Mrs. DeRocco, the former Michelle Krupa, is the daughter of Mrs. Mary Krupa of Kenilworth. Her husband is the son of Mrs. Violet DeRocco of Garfield and Mr. Edward DeRocco of Elmwood Park.

A 7-pound, 15-ounce son, Bryan

Belleville, to Mr. and Mrs. Miguel Ortiz of Vine Avenue, Irvington. He joins two brothers, Michael, 6, and Christian, 3. Mrs. Ortiz, the formr Agnes Criado, is the daughter of Mr. and Mrs. Ruben Ciardo of Newark.

Clara Maass Medical Center,

Mrs. Ruben Clardo of Newark. Her husband, who is the son of Mrs. Felicita Ruiz of May Street, Irvington, is an assistant manager for Ardell Industries, Union.

Gualano wedding held

Diane Lynn Kuchera, daughter of Mr. and Mrs. Robert Kuchera of South Plainfield, was married recently to Christopher Gualano, son of Mr. and Mrs. Victor Gualano of Roselle Park.

The Rev. Philip Vaddekkara officiated the ceremony at the Sacred Heart Church, South Plainfield. A reception followed at the Westwood in Garwood. The bride was escorted by her father. Her cousin, Christine Bongard, served as maid of honor. Carolyn Bongard, the bride's cousin, and Mary Gaydos, the bride's friend served as bridesmaids.

The groom's brother, Victor Gualano, served as best man. Ushers were Paul Gualano, brother of the groom, and John McGee.

ge ó	PETS	REAL ESTATE 8	RENTALS 9	APARTMENTS FOR REAT	OFFICE SPACE 9	BUSINESS OPPS 10
r, 1986 — Pai	(Continued from page 13) PUPPIES! German Sheppard puppies; AKC registered, shots, worm	DUT ON SELL ONLE	"RENTAL"- Let us rent your home or apartment for you. We screen throughly, you ap- prove. No fee to landlord. SUBURBAN RENTAL, 381-	ROSELLE PARK COLFAX MANOR 3½ RM, A/C APT. \$620 2 BR, A/C APT. \$735	IRVINGTON - Modern profes- sional offices in center of town, prime street level unit available 1100 sq ft, 1300 & 800 sq ft also available. Ideal for Doctor, Dentist, Lawyer, Call	ICE CREAM STORE- Seasonal MUST SELL NOW. Sacrifice at \$10,000. Call 687- 6594 evenings.
— August)	ed, large bone, champion stock, tan and black, 1 all black, \$185. Call 686-3879.	WANTED-Small house to buy by retired english couple.	7894. WAREHOUSE- Linden ¹ 6,000 sq. ft. 3 years old, \$5.50 per sq.ft. including utilities. Com- mercial 2 zone, 20 ft. ceiling,	Pro Jogging Track and Day/- Nite Tennis Court. Deluxe Eat-in kitchen w/dishwasher. WALK TO TRAIN, 20 minutes Penn Station NYC. Free heat, hot water & parking. Expert	463-8355 after 5 or weekends. UNION-400 to 800 square feet, paneled, 1st floor, Stuyvesant Avenue location. Air condi-	LINDEN- Thrift Bakery wth inventory, two refrigerator boxes, one show off box, \$5,000.862-1117.
COUNTY	ALL CASH-Paid for any home, 1-10 families. 2 weeks closing, no obligations. Essex	Under \$100,000. Trying to relocate. Please phone, 354- 4236.	APARTMENTS FOR RENT 9	staff on premises. I month security. No fee, pets. Colfax Ave.W. at Roselle Ave. W. 245-7963	tion, own thermostat, private lavatory. Call 687-4418, 9:30-5, Monday-Friday.	LINDEN- TV Repair-2,000 S.A.M.S., scopes, meters, in- ventory, etc. \$10,000. 862-1117.
No	and Union counties. Approved contractors. Mr. Sharpe, 376- 8700. Realtors.	HOUSE FOR SALE 8 ELIZABETH-Elmora Hills, 7 room colonial with porch . Prime location, move-in con-	"APARTMENTS"- We have available apartments and homes in excellent areas in all rental amounts. Fee after ren- tal. SUBURBAN RENTALS.	UPPER IRVINGTON- 4 room apartment. Rent \$475.00 per month. Month and half securi-	ROOMS WANTED 9 SIX ROOMS- wanted. Five adults. Maplewood or Union. Near transportation. \$600	LINDEN- Arts-Crafts, 100,000 inventory. All \$25,000. 862 1117.
FOCUS O	AND ASSOCIATES "We Are Your" Neighborhood Professionals	dition. \$169,900. 355-5371 or 355- 7550. RENTALS 9	381-7894. HILLSIDE - (Union line), 5 large rooms, 2 bedrooms, large eat-in kitchen, dining	ty. Heat and hot water sup- plied. Call 373-4815, 10:00-6:00. UNION- 3 room unfurnished apartment. Quiet	range. Call 374-1576.	OWN YOUR OWN Jean-Sportswear Ladies apparet, childrens/- maternity, large sizes, petite,
	1921 Morr <u>is</u> Ave. Union	CAR GARAGE - One, Union Center area, immediate oc- cupancy. Call 964-1122, 9am- 5pm.	room, living room, 3rd floor. Near GSP & Rt 22. Walk to shopping center. Close to public transportation, back yard. 11/2 months security \$550 a month, heat & hot water	neighborhood. \$575.00 month including utilities. Couple preferred. Call 371-3808. UNION- 2629 Spruce Street- Second floor of two family	FAMILY OF3 adults desire small 2 bedroom house or apartment in Union, Roselle Park or Maplewood area for	dancewear or accessories store. Jordache, Chic, Lee, Levi, Izod, Gitano, Guess, Calvin Klein, Sergio Valente, Evan Picone, Liz Claiborne, Members Only, Gasoline,
	688-6000 REPOSSESSEDHomes-from	GOVERNMENT -Homes from \$1 (U repair). Also delinquent tax property Repossessions.	included. Available September 1st. Call between 6 & 9pm, 688-5108. LINDEN-6 room apartment,	-house. Large 3 room apart- ment. Private entrance. Heat and hot water supplied. Mid- dle age preferred. Available	September occupancy. \$500- \$600 per month. 373-5985 days, 686-7700 evenings.	Healthtex, Cherokee. Over 1000 others, \$14,300 to \$25,900. Inventory, training, fixtures, grand opening etc. Can open in
	Goverment from \$1.00 plus repairs/taxes. Throughout New Jersey/Nationwide! Also tax properties. 216-453-3000,	Call 1-805-687-6000 Ext. H-1448 for current repo list.	air condition, wall to wall carpet, laundry room, garage. Available September 1, \$750 plus utilities. Cal 862-8412.	Sept. Ist. \$495. month. Call 687- 4297 after 6 pm. APARTMENTS WANTED 9	WANTED TO RENT!	15 days, MR. LOUGHLIN (612)888-6555.
	Ext. H2704.	HOUSE-Furnished or unfur-			Small house or 2 bedroom	SHOP LOCAL
	ROSELLE PARK FERNMAR REALTY Buying or Selling Realtor 241-5885 31 W. Westfield Ave., RP	nished, new modern kitchen, fireplace, close to transportation and stores. Available Aug.15th. Call 376- 0248, 8:00 a.m6:00 p.m.	Rt. 22. Off street parking. All	No pets, no children, needs studio or small apartment.	Box 4425, County Leader	AND SAVE GAS SHOP_OUR ADVERTISERS
	_	• •			FR OVERHEAD	"IF IT'S

CRANFORD

Prince

Yanks

Mets

The GFWC Junior Woman's Club of Connecticut Farms, Union, will hold its third summer story-craftmusic hour for members' children today at 10 a.m. at the home of Denise Lloyd. The program was arranged by Mrs. Lloyd, Connie Maker, art chairman, and Jackie Perger, music chairman.

The Connecticut Farms Juniors aid Union by way of service projects and charitable donations, it was announced. Additional information can be obtained by calling 686-3488 or 964-5883.

A SPECIAL EVENING of poetry reading, music and dialogue on the 34th "yahrzeit" of Stalin's execution of Soviet Jewish writers, poets and artists will be conducted Tuesday from 7:30 to 8:30 at the Jewish Community Center of Central New Jersey, 1391 Martine Ave., Scotch Plains. It was announced that the community is invited to participate in reading a roll call of "Soviet Refuseniks and Prisoners of Conscience.'

The program will be sponsored by the Soviet Jewry Action committee of the Jewish Community Relations Council of the Jewish Federation of Central New Jersey.

THE OVERLAND SOCIAL Club

will sponsor a trip to the Raleigh Hotel in the Catskill Mountains Sept. 8 through Sept. 12. It was announced that the trip package will include "transportation by bus, three daily meals, deluxe rooms, daytime and nighttime activities, entertainment, cocktail party, pools and health clubs and all gratuities." Additional information and reservations can be obtained by calling Martha Mc-Caffrey at 245-2637.

sponsor an open pet show Sunday at Trailside Nature and Science Center, Coles Avenue and New Providence Road, Mountainside.

All children are welcome to enter a pet, it was announced. Children under five years of age may have an adult help in handling their pet.

Registration for the pet show will take place between 2 and 2:45 p.m. Registration forms will be available at the fair grounds.

The open pet show will begin at 3 p.m., and prizes will be awarded to entry winners.

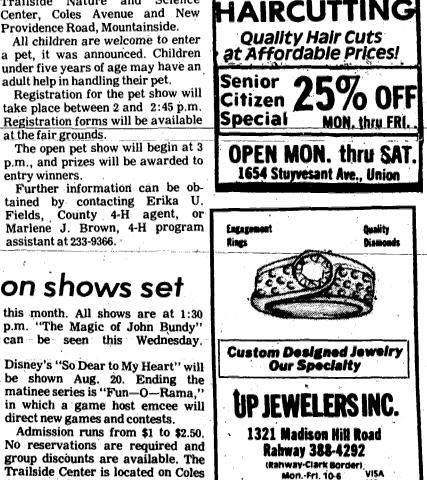
Further information can be obtained by contacting Erika U. Fields, County 4-H agent, or Marlene J. Brown, 4-H program assistant at 233-9366.

direct new games and contests.

Avenue and New Providence Road.

Additional information is available

by calling the center at 232-5930.



Mon. Fri. 10-6 Thurs til 8

Sat. 10-5

HOURS:

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OPEN DAILY & SAT. 10AM-5:30PM; MON .- THURS. EVES TO 8PM

- Our 56th Year Serving the Public

Nature afternoon shows set

Juniors plan event

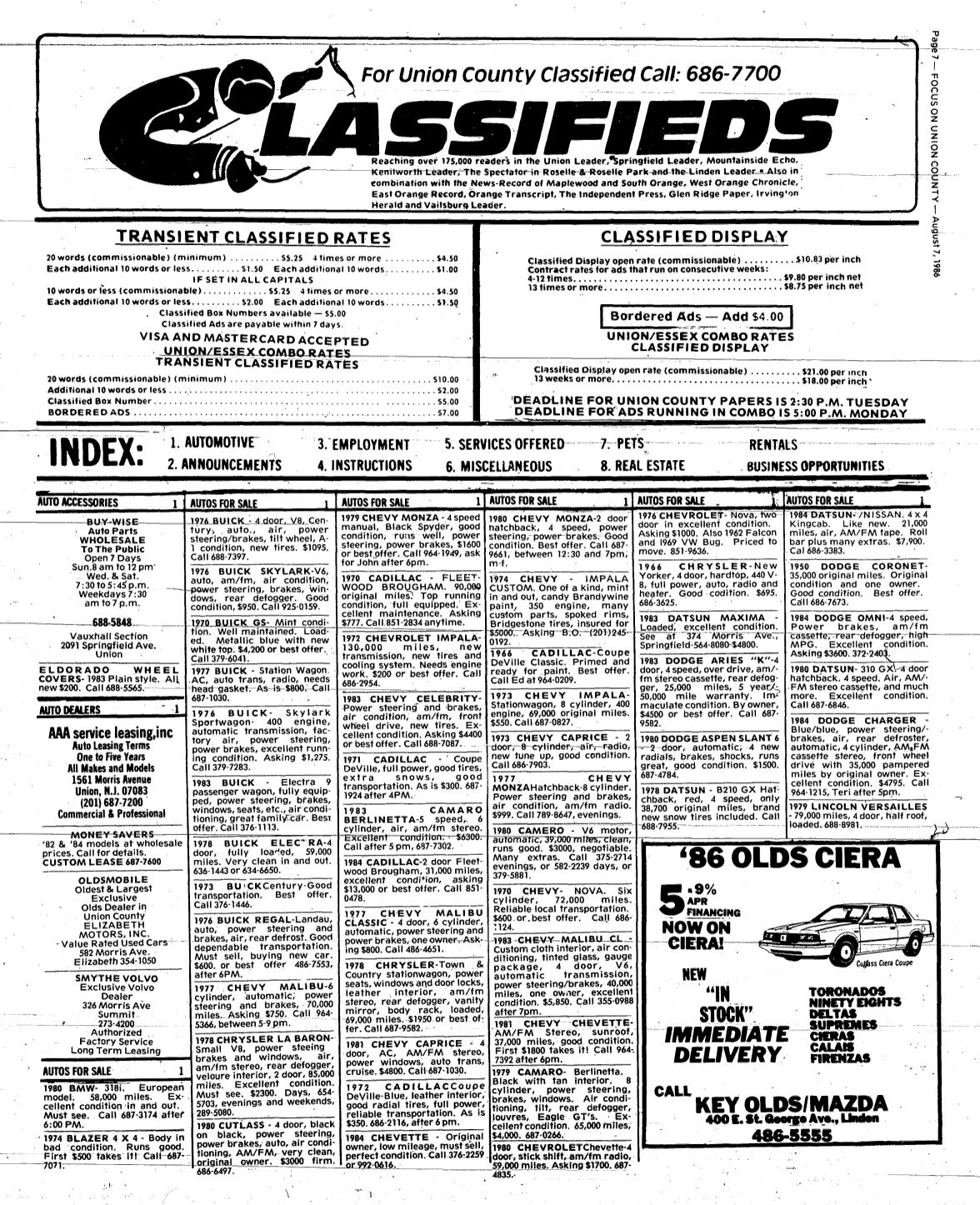
The Trailside Nature and Science this month. All shows are at 1:30 Center in Mountainside has scheduled several programs including planetarium shows to Wednesday children's matinees for the remainder of the summer.

"Butterflies, Bubbles, Roses and Rings," a planetarium show about gas clouds in the night sky, will be presented today at 2 p.m. Another planetarium show, "Out of the Cradle," about astronomers and space artists and authors, will take place on Sunday at 2 and 3:30 p.m.

The Wednesday matinees for children-will-continue-throughout-

Pet show Sunday The Union County 4-H Fair will

Elton John Neil Diamon. Stevie Nicks Julio Inglesias Eddie Murphy



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, ìge 8	AUTOS FOR SALE	AUTOS FOR SALE	AUTOS FOR SALE			CHILD CARE 3
Pa 	1973 FORD LTD - 2 door, air conditioning, V8, 72,000 miles,		1984 SUBARU GL - 4 wheel drive, 5 speed, air condition- ing, sunroof, AM/FM Stereo,	FOUND- Green and blue parakeet in vicinity of Whitewood Road, Union.	all problems, who light all	GIRL WANTED - Must be
1986	good condition, \$1000, 1971 CADILLAC SEDAN- 4 door, asking \$500.Call 589-6031.	cassette, sunroof, 5 speed.	asking \$5500. Call days, 686- 9716.	Brought to Humane Society, Newark. If lost, call 964-1068	goals, You who give me the divine gift to forgive and to	August 11 to September 3, 8:30am-5:15pm, Monday-
lust 7.	1978 FORD THUNDERBIRD- Power steering, power brakes	1972 NOVA-Good running con- diton. Best offer. Call 851-9738.	1984 SUBARU GL WAGON - White, air conditioning, 5	for information. FOUND- CAT. Whitish	forget all evils against me. I want in this short prayer to thank You for all things and to	Friday, for 12 year old girl and 8 year old boy in my Union home. Call 686-7700, ext 21.
- Aua	and windows, air, brand new rebuilt engine, new tires, very	1982 OLDSMOBILE CUTLASS SUPREME - Power steering/-	speed, 29,000 miles, AM/FM 4 speaker stereo. \$5300. Call 964- 6043.after.5pm.	declawed female Persian. About 10 years old. In Union. Call after 6 PM 688-0028.	confirm once again that I never want to be separated	LOOKING FOR-Young lady to care for my 2 children, 9 mon-
ţΤΥ	good running condition. \$2200. or best reasonable offer. 761 4070.	brakes, air, AM/FM Stereo, cruise, 46,000 miles. \$6000. Call	1978 SAAB-99GLE, 4 door hat-	FOUND- DOG. Male medium size German Shephard Husky	all material illusions, I wish to be with You in eternal glory.	ths and 3 years old, in my or your Union area home.
- NOC	1978 FORD- GRANADA. 63,000 miles, air, power steer-	1983 OLDSMOBILE-Cutlass	drive, air condition, am/fm stereo cassette, blaupumkt,	mix. Near Alstor Street and Magie Ave. Silver choke, no	Thank you for your mercy toward me and mine. Say for 3 consecutive days. After 3	References required. Call 687- 7157.
NON	ing, brakes, rear defogger. Best offer. 686-5322.	tion, rear defrost, excellent		ID. Black with tan markings on face and feet. Exceptional- ly well behaved and trained.	 days-the favor will be granted even if it may appear difficult. 	EMPLOYMENT WANTED
N U N	1976 FORD LTD - 4 door, power steering/brakes, air	condition. \$4900. 688-2592, evenings.	1976 SUNBIRD - 70,000 miles, power steering, automatic	Dog looking for owner or good home. Will be put to sleep if	This prayer must be published immeditely after favor is granted without mentioning	my own car. Good references. Weekly service. Call any time.
NS O	conditioning, AM/FM stereo, V8, 76,000 miles. Best Offer. Call 851-9408.	1977 OLDSMOBILE CUTLASS - 2 door, excellent running con- dition. Original owner. \$700 or	transmission, AM/FM Cassette, needs some work,	not claimed. Call 351-7803.	the favor. Only the initials should appear at the bottom.	Ask for Grace. I work all week. Call 373-5228.
E D U	1976 GRAND PRIX- Power Steering, windows, brakes.	dition. Original owner. \$700 or best offer. Call 687-5421 between 5-8PM.	good transportation. Must sell, best offer. Call 688-2230, leave message.	grey persian, de-clawed. Named Doodle. Vicinity of Dartmouth Terrace. If found,	Thank You Holy Spirit. M.R. CHILD CARE 3	PRIVATE DUTYLPN- Available any shift, Excellent references, 372-5812.
*	Air conditioned. New tires, stablizer links. Reliable	1977 OLDSMOBILE VISTA- Cruiser, V8, automatic, air	1979 SUBURU- WAGON. Red, stick shift, four wheel drive.	please call 964-3893.	BABYSITTING-Done in my Linden home, starting in	HELP WANTED 3
		condition, power steering/-	New tires, new muffler. Reliable transportation 379-	ATTENTION:-Can't get out of your house to get your hair	September. Excellent facilities including playroom and yard. 7 years experience	ADMINISTRATIVE Assistant Looking for a self
	1981 HONDA PRELUDE 5 speed, AC, AM/FM, power sun roof, very good condition.	condition. Asking \$1200. 687- 9070. 1974 OLDS OMEGA-6	6271. 1971 SUPER BEETLE - Good	done? We will do your hair in your home. We do perms, sets,	as a pre-school teacher. Reasonable rates. Call 925-	starter with good secretarial and organizational skills. Typ
	Asking \$4000- 687-7069. 1980 HONDA ACCORD-2 door	1974 OLDS OMEGA-6 cylinder, 70,000 miles. Good condition. Best offer. 687-0827.	condition, low mileage, no rust, too many improvements	cuts and blow styles. Call Jan or Susan at 687-1425.	CELEBRATINGOUR	ing 60 wpm plus computer skills a must. Millburn loca- tion. Good benefit package.
	hatchback, air, am-fm cassette, sunroof, 74,000 miles.	1982 OLDSMOBILE Cutlass Supreme-Am/FM, air, rear	offer. Call 687-7878, between 10 & 7.	ADVANCED MALE - In- termediate tennis player look- ing for singles player, Monday	FIFTH YEAR!! Wonderful in-home child care for your toddler. Gall for infor-	Call 261-2003.
	1978 HONDA CIVIC - 2 door,	defogger, landau. Under 40,000 miles. Original owner. Asking \$5300. Call 762-4648,	1978 TOYOTA Corolla Deluxe, good condition, 2-	nights, 8pm-9pm. Call (201)941-0944.	mation on our unique pro- gram. EXCELLENT	ADMINISTRATIVE ASSISTANT
	transmission, radio. Call 277-	after 5 PM.	door, 5-speed, AM/FM stereo, new all-weather radials. Ask- ing \$1500. 245-4203.	CEMETERY PLOTS HOLLYWOOD	references. 964-9276 or 964- 5822.	Good typing, telephone and short hand skills. Self starter,
	3114, \$1200. 1979 JEEP WAGONEER	1977 PONTIAC: Grand Prix. Air conditioned, power steer- ing, power brakes, four new	1981 TOYOTA STARLET - 48,000 miles, excellent condi-	MEMORIAL PARK Gethhesmane Gardens, Mausoleums, Office: 1500	Maplewood/Union area	1-2 years exerience. Wide range of duties in growing
	Limited. Automatic, Air, Cruise, Tilt, Sport Wheels,	tires. Best offer. 687-4097 after 6:00.	48,000 miles, excellent condi- tion. Call 925-4928, Monday- Friday after 6pm.	Stuyvesant Ave., Union. <u>688-4</u> 300	References. 762-3006.	Medical company. Call Mr. Barcus, 762-4800.
	Stereo, Hitch, Burgundy, Ex- cellent Condition, 63,000 miles, \$5,495. 273-2609.	1974 PONTIAC VENTURA - Automatic, V8, 2 door, 73,000 miles, runs good, \$450 or best	1978 THUNDERBIRD-Power steering, power brakes, air,		CHRYSLER	DIAFA
	1977 LINCOLN CONTINENTAL-Burgundy,	oner, aner 3pm, 887-8392.	am/fm, rear defroster and defogger, 63,000 miles. \$1600; good condition. Call 964-9018.		CHRYSLER Plymouth	niges
I	air, power windows, locks, seats, am/fm cassette. Beautifully-maintained. \$2500	1980 PEUGEOT- S Package, excellent condition, 61,000 miles, 5 speed, electric win-	1980 TURBO TRANS AM - In-			
	Beautifully-maintained. \$2500 or best offer. Call 964-4475, evenings.	dows, sun roof, cruise control. Price negotiable. Call anytime: 376-8075.	dy pace car edition. T-tops, Blaupunkt stereo system, every option with extras,	728		
	1978 LINCOLN MERCURY- Grand Marguis, 4 door,	1979 PLYMOUTH HORIZON -	garaged, 32,000 miles. \$7500. Call 486-7553 after 6pm.			
,	original owner. Excellent con- dition. Fully equipped. Asking \$ 2250. Call 964-9166.	Good running condition, ex- cellent body with new tires. Cost \$1095. Call (201)643-5090.	1976 VOLKSWAGEN RABBIT - Excellent condition, very low mileage, \$1150 or best offer.	a server a s		
1 1	1973 MERCURY- Brown Sta- tion Wagon, 8 pass. clean,	1982 PLYMOUTHTC-3. Economical sports car. Good	Call 964-9622.			
	good engine, lead gas \$450. 352 E.CLAY AVE. ROSELLE	condition, 40,000 miles. Auto. trans., power steering and brakes, air, am/fm stereo, 4	1974 VOLKSWAGEN DASHER-Power brakes, automatic transmission, good		VIN	
6 . 5 C	PARK. COME SEE.	cylinder, white and burgandy. Asking \$3500. 686-2729 or 686-	engine, tires and body. no rust. \$525. 862-9321.			
· .	door, AM/FM Stereo, air con- ditioning, power steering, power brakes, 2 tone paint, ex-	1462. 1982 PONTIAC 6000-	1974 VOLKSWAGEN Pop-Up Camper-Runs and looks like new. Best reasonable offer.			
` • •	cellent condition. 686-5183. 1977 MUSTANG- V-6, Power	Automatic, power steering/- brakes, air condition, stereo. low mileage. Mint condition.	686-0286, will return all calls.		AN SU	()
	steering, power brakes, AM/- FM Cassette with Jensen	\$3100. Call 964-4089, between 6-9pm.	AUTOS WANTED 1 TOP \$\$\$			
	speakers, 80 K miles. Price \$1,750 or best offer. 686-8563.	1979 PLYMOUTH VOLARE - Good condition. Best offer.	IN CASH IN CASH For ALL Cars & Trucks			WAYSSA
۰. مر ۱	1967 MERCEDES- 250 SE. White. Burgundy interior. Mint condition. \$3,750 firm.	Call evenings, 925-4390.	CALL DAYS		5%	
۰ ۹	687-0485 after 6 PM. 1972 MERCEDES 250C-Power	Original mileage 58,000, needs muffler. Must sell. Çall anytime 687-5729. \$400 or best	589-8400 or EVES.			RGE
k	steering, power windows, air condition, stereo cassette. A	offer. 1978 PONTIAC- PHOENIX.	688-2044 (Same day Pick-ups)	/ / Fina n		EO TION
	beautiful car. Sacrifice, \$8000. Call 851-0478. 1979 MUSTANG- Grey. Red	Automatic. 4 cylinder, good condition. Runs great, very	WE PAY CASH- FOR YOUR JUNK CAR OR TRUCK. 375- 1253 RVINGTON HIGHEST	- OR UP	DEL	
	leather interior. Air condi- tioning, AM/FM, power steer-	reliable. Bought new car.	1253.IRVINGTON. HIGHEST PRICES PAID!			
	ing, brakes. New tires. Clean in and out. Good transportation. Asking \$2,500.	1979 PONTIACTrans Am-New engine, air, power windows	We Buy Junk Cars TOP \$\$ PAID 24 hr. serv. 688-7420			
	964-6315 or 964-4475. 1978 MONTE CARLO-Power	and brakes, Clarian stereo and Jenson speakers. Asking	TRUCKS FOR SALE 1	CASH E SELECTED '86 &		HESI CE
	steering and brakes, air condi- tion, am-fm radio, Best offer. \$1699, Call 789-8647, evenings.	\$4200. 687-1348. 1978 PLYMOUTH HORIZON -	1975 FORD - VAN 150. GOOD CONDITION. CALL: 686-7168.	SELECTED SO &	lied CF	RVIEC
-, -	1966 MUSTANG- Partially	4 door hatch, stick, 40 MPG, great for college or second car, excellent in/out, AM/FM	1984 \$-10-Extended cab, auto, power steering and brakes, jump seats, matching cap			
a î	restored. Two door hardtop. 69,000 original miles. Six cylinder, automatic, re-	stereo. \$895 or best offer. 351- 1915.	jump seats, matching cap, Tahoe package, 4 wheel drive, 37,000 miles. \$8,900. 687-5171.			MHERE/
	painted original color - anti- que bronze. \$2,500. 686-3565.	1980 REGAL- Two door automatic. Air conditioning, AM/FM, excellent condition	LOST AND FOUND 2			
	1975 MALIBU-Auto, air, power steering and brakes. Needs tune-up. Asking \$500.	AM/FM, excellent condition. 67,000 miles. Make offer. 379- 9106.	Lost & Found ads will run for two weeks FREE as a service			
2	Needs tune-up. Asking \$500. 964-6690.	1983 RENAULT- 18 1-4 door, air conditioned, 20,000 miles,	to residents in our 9 Com- munities.		top	Hills
	1979 MERCURY ZEPHER - 2 door, 6 cylinder, excellent con- dition. Fully loaded. Call 376-	asking \$5,250. 1976 Cutlas Supreme, 2 door, air condi-	FOUND - Small/medium size	Chrysler • Ply		
		tioned, power steering/- brakes, 80,000 miles, 350 V8,	voung male dog, black, white		-	N.J. 273-4343
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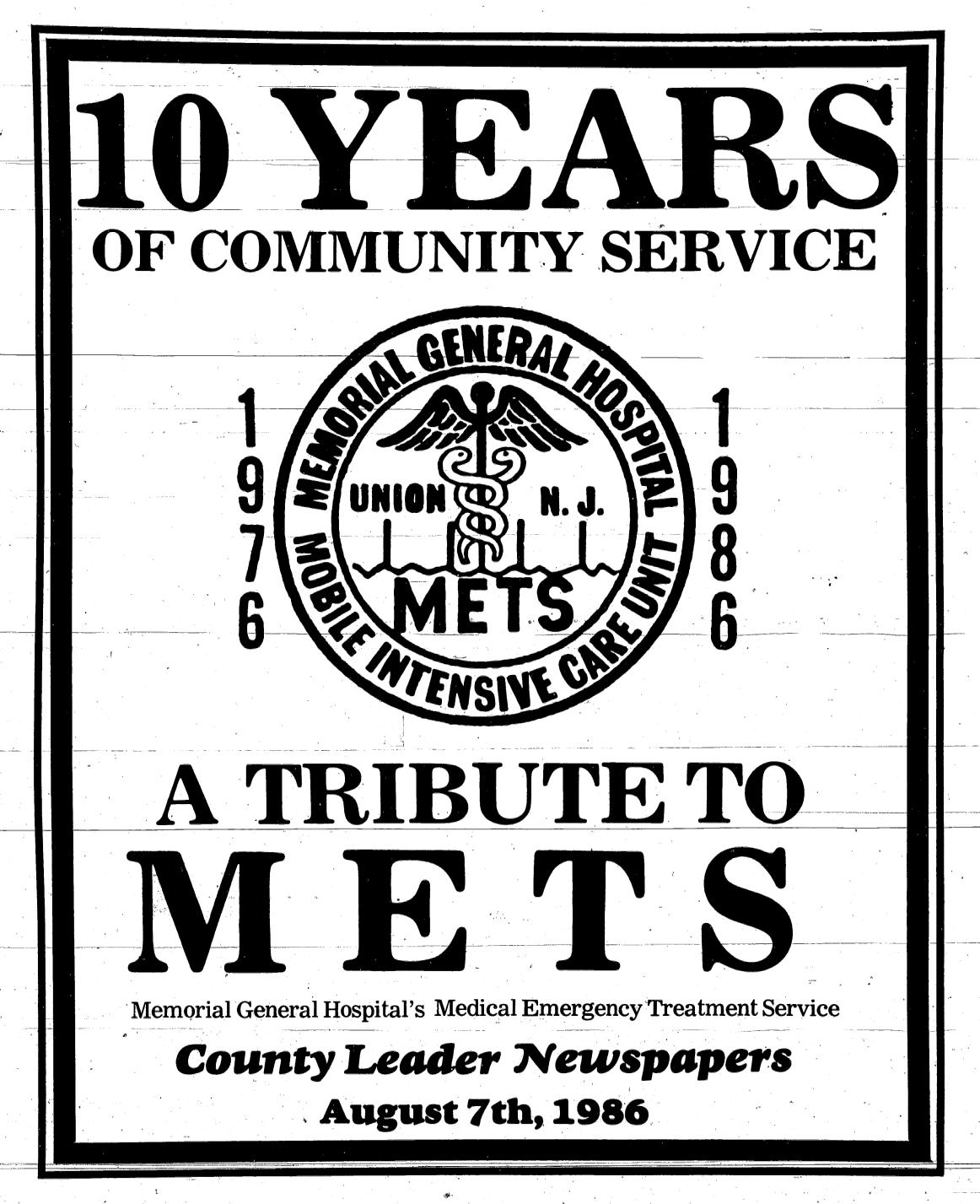
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METS mark first decade

The radio crackles. The static fading before a deep, clear voice. "METS-1, please respond..." The waiting paramedics are instantly on their feet. One begins jotting down the vital radio information while the others are already out the door: Less than 30 seconds from the METS vehicle.

Within minutes the entire unit is on the road; it's siren repeating over and over that help is on the way.

There is a sharp contrast between the three rescuers in the vehicle. The driver is a volunteer. In his 10 years as a METS driver, he has made the ride over these same local roads a thousand times. Yet there is no hint of casualness in his driving. His eyes move easily from the road to the intersecting sidestreets and back again as he quickly maps out his route in this controlled dash for life.

The paramedic in the passenger's seat is a women. She has been with the unit less than three years. The novice in her has been left far behind, however. Tonight she is the unit's radio person. Throughout the ride, she is in constant touch with the local police and rescue squad and the unit's home base — the emergency room at Memorial General Hospital, Union. She collects and mentally stores every piece of information that comes over the radio. For if there is one-thing-she has learned, it is that you never know what will give you the upper hand when-you're fighting to save a life.

The young man in the rear seat is in his first year of METS service. His 400 hours of on-thejob training have already made him into a veteran. He uses the ride to mentally note the route for future reference and the radio communications to determine his role in the upcoming, life-saving situation.

Despite their differences, these three share a common bond: the life at the end of their ride. This bond has formed them into a cohesive unit – practically into one person with three pairs of hands and three fierce

determinations to succeed in their job. At the scene, there is flurry of activity. All of it controlled and organized. The young man immediately moves to the local rescue squad and the victim's family to gather a medical history while the driver and the paramedic bring their equipment into the victim's home.

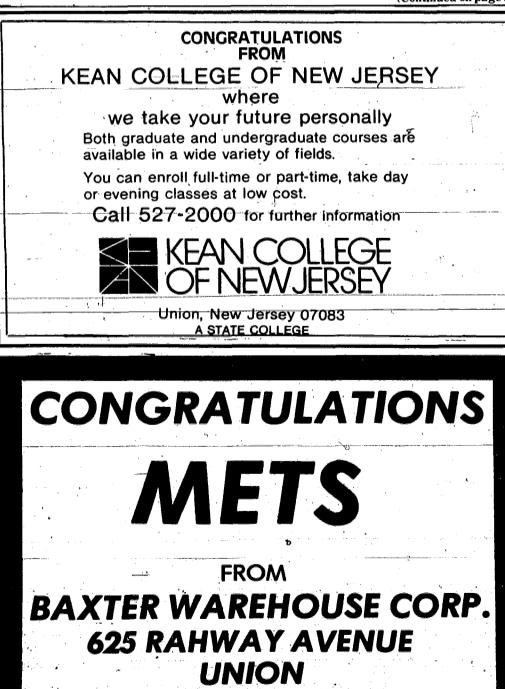
The victim has suffered a heart attack. He is hooked up to a telemetry machine, which measures his heart functions and transmits the findings to the hospital's emergency room. A physician is waiting there to assess the information and relay treatment procedures to the paramedics.

Within 15 minutes of the METS' arrival, the victim, with the help of the local rescue squad, is stabilized and on his way to an area hospital. He is transported by his local rescue squad. The paramedic rides along with him, however, to continue stabilization procedures. Only at the hospital is the patient finally allowed out of their sight.

Memorial General Hospital, which developed its Mobile Intensive Care Unit (MICU) in 1976, is currently celebrating the 10th anniversary of its service.

This Mobile Emergency Treatment Service, or METS, as the service came to be called, was projected by hospital officials as an "emergency room on wheels." Each unit is equipped with the latest in advanced life support machinery, such as telemetry and defibrillation equipment, and medication. The purpose of the service is to work in conjunction with local rescue squads in order to stabilize victims at the scene of a lifethreatening accident so they can be transported to a hospital with a better chance of survival.

The first METS unit only covered the im-(Continued on page 3)



CRAZY EDDIE

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Thursday, August 7, 1986

COUNTY LEADER NEWSPAPERS METS

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Keep Up The Good Work!

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(Continued from page 2) ,

UNTY LEADER

mediate Union area. Each on-call unit was staffed with a hospital-employed intern and nurse, and a volunteer driver, who was required to be EMT-certified. Emergency Medical Training consists of such 'ife-saving procedures as cardiopulmonary resuscitation (CPR) and basic trauma techniques.

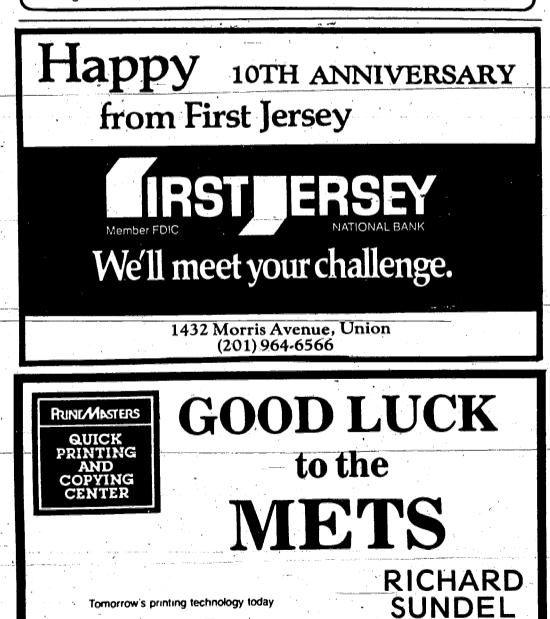
A year after it was founded, METS was expanded to provide emergency medical care to most of Union County. METS currently covers nine communities in Union and Essex counties, including. Union, Kenilworth, Cranford, Roselle, Roselle Park. Hillside, Garwood, Winfield and Irvington, servicing over 200,000 people.

METS underwent another major change in 1980, when the service was named as a pilot site for the state's MICU program. As part of that designation, the service gradually replaced its staff interns and nurses with paramedics.

To receive paramedic certification, a candidate must spend 200 in-classroom hours studying, reviewing and practicing lifesaving procedures. This is followed by a mandatory 400 volunteer hours of clinical (Continued on page 5)



OFFICIAL DEDICATION—Patricia Lynch, executive vice president and chief operating officer at Memorial General Hospital, Union, dedicated one of the hospital's METS vehicles in the memory of Callmen's Emergency Unit Chief Charles Toby in 1982. Toby was cited for the strong support and guidance he had shown METS. A plaque noting the dedication is mounted in the vehicle.



President

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2404 Route 22 East, Union

964-7766



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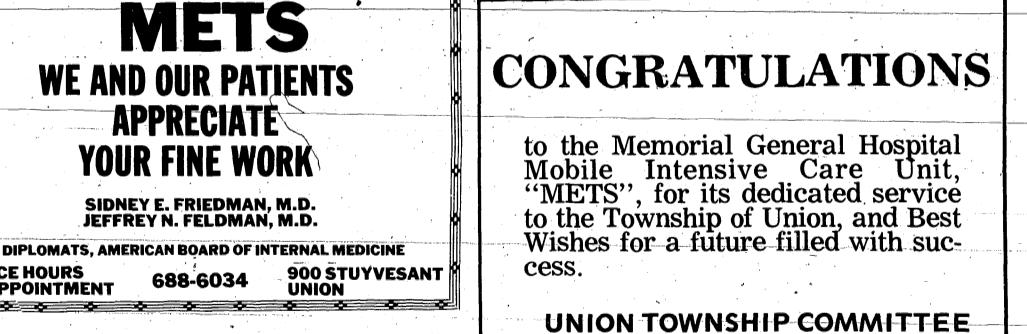
SAVING A LIFE— One of the reasons for METS' successful accomplishments is the unit's hard work in preparing itself for life-saving situations. This sequence shows a METS unit at practice. Above left: paramedics Phil Solomon, left, and Chuck Rabeno arrive on an accident scene and immediately begin to stabilize the victim. Among the equipment used by the paramedics in their operations are the drug box, bandages, and other medical supplies; a heart defibrillator; and a telemetry machine. Above right: Rabeno hooks the victim to the unit's





portable telemetry machine, which will record the patient's heart functions and transmit them to MGH's emergency room. The paramedics are in constant touch with the ER via telephone. Bottom right: Rabeno begins defibrillation while Solomon prepares an oxygen bag. The defibrillation machine sends electrical shocks to the heart in attempting to restore normal heart functions in cardiac victims. METS Coordinator Jim Rapp holds an intravenous bag., Bottom right: Solomon displays the correct use of an oxygen bag.







688-6034

OFFICE HOURS

BY APPOINTMENT

Mr. Anthony E. Russo, Mayor

Mr. Michael T. Bono Mr. Peter Genova

Ms. Diane Heelan

Rev. E. James Roberts

Dedication is METS trademark

(Continued from page 3)

August

ETS-

COUNTY LEADER NEWSPAPER

training with the sponsoring hospital. "Many colleges such as Union County College in Cranford, offer in-classroom paramedic training," said Jim Rapp, METS coordinator. "However, to complete the process, the candidate must work at a hospital where he or she serves a sort of internship. During this time they work in the hospital's emergency room; operating room, intensive care unit, laboratory and ride with an MICU unit."

Most METS paramedics serve their on-thejob-training at MGH, which was designated as the clinical training site for Union County College paramedic students in 1984. "We have a dedicated, professional group of people working with METS," Rapp said. "METS maintains one of the highest standards of training and emergency care in the state and it shows because we are also one of the best services the state has to offer."

METS is also one of the busiest MICUs in the state. According to hospital records, METS' units have responded to over 21,000 calls in the past 10 years. It currently receives over 5,000 calls a year and provides lifesupport to about 3,000 of those callers.

"We've worked hard at being prepared to do our job," Rapp said. "We're constantly providing our personnel with updated classes (Continued on page 6)



HELPING HAND—Memorial General Hospital CPR Coordinator Cathy Parochniak, second from right, cites members of the Union Fire Department for their effort in saving the life of a 1985 cardiac victim. According to Jim Rapp, METS coordinator, a local fireman had collapsed during a department gathering, but was quickly revived by his fellow workers before METS arrived on the scene. This quick thinking and work was essential in saving the fireman's life, Rapp said. Participating in the award ceremony were, from left, Rapp; MGH emergency room nurse Barbara Biles; and local officials.



PROUD TO BE A PART OF METS

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METS officials cite paramedics, vols for success

(Continued from page 5)

on advanced life support and basic trauma procedures. We want to always bring the latest medical information with us when we go out on a call.'

The service's biggest test to date was the 1984 Union fire which destroyed buildings housing several of the township's major businesses and injured about 30 people. Soon after the fire alarm went out, METS arrived on the scene to assist Union Volunteer EMS and Callmens Emergency Units treat the injured.

"This was as close to a major disaster as we've ever come," Rapp said. "It was a test of our readiness, and I would have to say that we passed with flying colors."

Despite the service's success over the past decade, Rapp refuses to let the units rest on their laurels. Rather he is always looking for some way to improve METS. He currently is developing policies on how to deal with hazardous materials disasters on both a large and small scale. Also, since 1979, the service has participated in Newark International Airport's annual airline disaster drills.

- All this hard work has not gone unnoticed. METS has been the subject of features for WABC-TV, WNBC-TV and WOR-TV Network, with such television notables as Channel 4's health and science editor Earl Ubell spending a day riding with a unit. Other METS "guest riders" have included State Sen. C. Louis Bassano_and_the_late_State_Assemblyman Edward Gill.

METS has also held the distinction of having once served as the on-call emergency care unit whenever a U.S. president drove through the area (1976-79) and was on-duty at this year's July 4th Statue of Liberty Centennial celebration. The service also assists in the emergency medical coverage of the annual Benihana Boat Race.

Among_the_paramedics_currently_serving with_METS_are_five-year_veterans_George Brennan of Roselle, Tonnie Glick of Summit, Anthony Lucania of Roselle, Terrence Mc-Carthy of Cranford, Lois O'Sullivan of Cranford, Cathy Parochnick of Union and Harry Weinberger of Rahway.

Also on the service's staff are four-year veterans David Abramson of Roselle Pafk, Sanford Brush of Colonia, Sharon Fireno of Edison, John Grembowiec of Vincentown and Rick_Witzel_of_New_Providence, and three year veterans Donald Banghart of Rahway, Mary Lees of Elizabeth and Dennis O'Keefe of Orange.

Two-year members of the staff include Robert Casey of Fanwood, Robert Christie of Union, Ann-Marie Leveto of Ironia, Gerard Muench of Union, Joseph Parella of Elizabeth, Jeff Peck of Milltown, James Rapp of Fords, James_Smith_of_Cranford_and Robert Spillane of South Plainfield,

First-year members of the service include William Brennan of Roselle, Wallace Broadbent of Maplewood, David Coleman of Fords, Jill Greenfield of Cranford, Steve Hoptay of Roselle Park, James Kelly of Elizabeth, Dee Links of West Orange, Mark Moskaluk of Edison, Charles Rabeno of Linden, Barbara Saporito of Garwood, Phillip Solomon of Westfield, Patricia Stone of Roselle and Joel Tropp of Morris Plains.

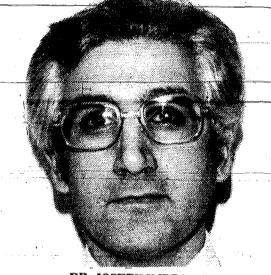
"We owe a great deal of our success to the local rescue and ambulance squads in the Union County area," Rapp said, "and to the dedication of our staff. I am looking forward to another successful 10 years.'

Imbesi appointed MICU chair

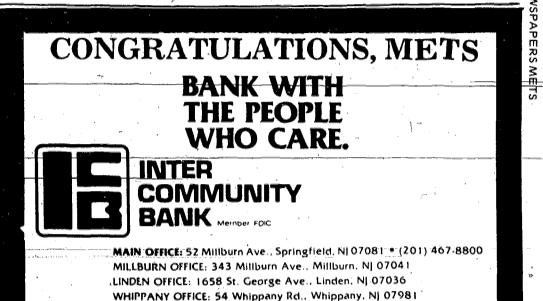
Dr. Joseph Imbesi, director of emergency medicine at Memorial General" Hospital; Union, was recently named chairman of the N.J. State Mobile Intensive Care Unit Council

New Jersey has what I believe is one of the finest MICU networks in the country," Dr. Imbesi said, "and I consider this a great honor. I will work to ensure that our MICU system remains among the nation's best.'

The duties of the position, according to Dr. Imbesi, will be to regularly inspect the overall system, ensuring that each MICU program complies with the regulations and guidelines set down by the N.J. State Department of Health. This will entail checking the records, inspecting the vehicles and reviewing the policies and procedures of each program.



DR. JOSEPH IMBESI



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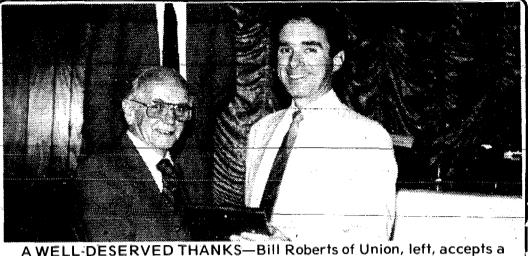
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A WELL-DESERVED THANKS—Bill Roberts of Union, left, accepts a "Plaque of Appreciation" for his 10 years of service to METS from Memorial General Hospital President Victor J. Fresolone. Roberts, who was the first volunteer driver in METS history, was presented with the plaque during the METS 10th Anniversary Dinner.

METS ready for name change

Do not be alarmed this fall when you see the name Union Hospital written along the sides of the METS vehicles. As of Oct. 1, 1986, Memorial General Hospital will officially change its name to Union Hospital.

7, 1986

Thursday, August

EADER NEWSPAPERSMETS-

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The name change is a direct result of anextensive research effort in which Union County residents were polled about the hospital and name alternatives.

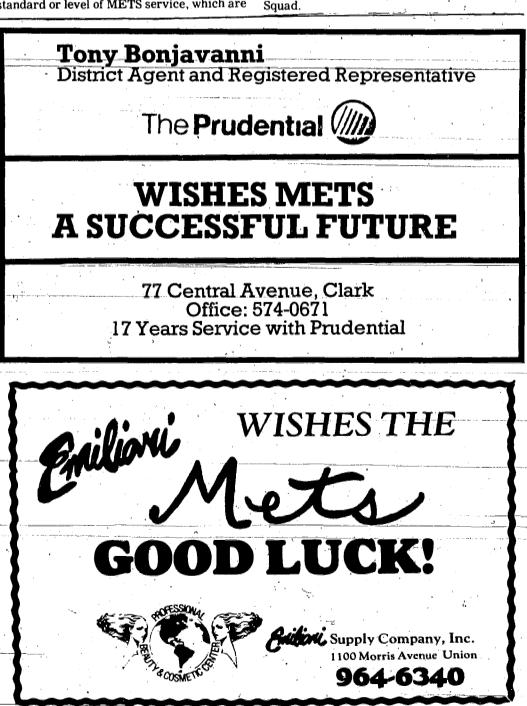
"The people have chosen the new name and we have complied with their choice," said Victor-J. Fresolone, MGH president. "So many people were already calling us Union Hospital while many others were aware of our name but were unsure of where we are located.

"Now our name will say it all," he added. The name change will have no effect on the standard or level of METS service, which are considered by some state and county agencies to be among the best in New Jersey.

Special thanks

Memorial General Hospital's Mobile Intensive Care Unit would like to thank all of the local rescue squads for their fine assistance over the last 10 years.

Thank's to Callmen's Emergency Unit No. 1; the Cranford First Aid Squad; the Garwood First Aid Squad; the Hillside Ambulance Squad; the Kenilworth Fire Department Rescue Squad; the Roselle Volunteer Ambulance Corps.; the Roselle Park First Aid Squad; the Squires First Aid Squad; the Union Volunteer Emergency Medical Service; the Winfield Volunteer Ambulance



CONGRATULATIONS TO YOU

METS

The unbounded energy and enthusiastic contributions you make can be seen in our community's development. We're proud to say, "thanks, Mets"! You're one of our community's biggest assets!



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Memorial General Hospital is proud to salute its Mobile Intensive Care Unit on their 10th Anniversary.





MGH wishes to congratulate all those who currently serve, have served, and all who in some way, have helped MICU become the vital service it is today.

We at Memorial General realize that no group can accomplish such important goals without the help of others. We are proud to salute the dedicated and selfless efforts of our area first aid and rescue squads who give of their time and talents to serve others. We are honored to work with you:

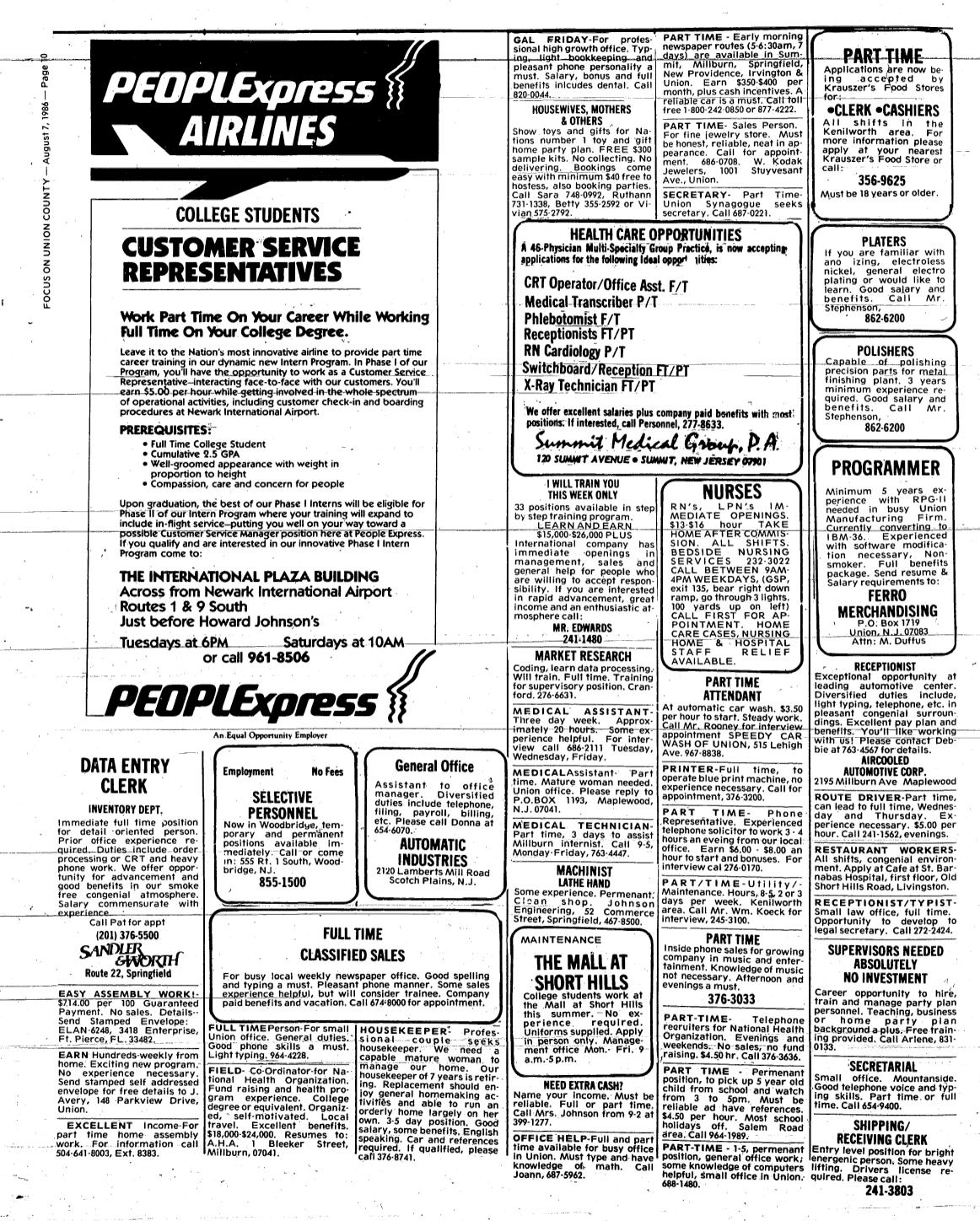
- Callmen's Emergency Unit No. 1
- Clark Volunteer Emergency Squad
- Cranford First Aid Squad—
- Garwood First Aid Squad
- Hillside Ambulance Squad
- Kenilworth Fire Dept. Rescue Squad
- Linden Volunteer Ambulance Corps.
- Roselle Volunteer Ambulance Corps.
- Roselle Park First Aid Squad

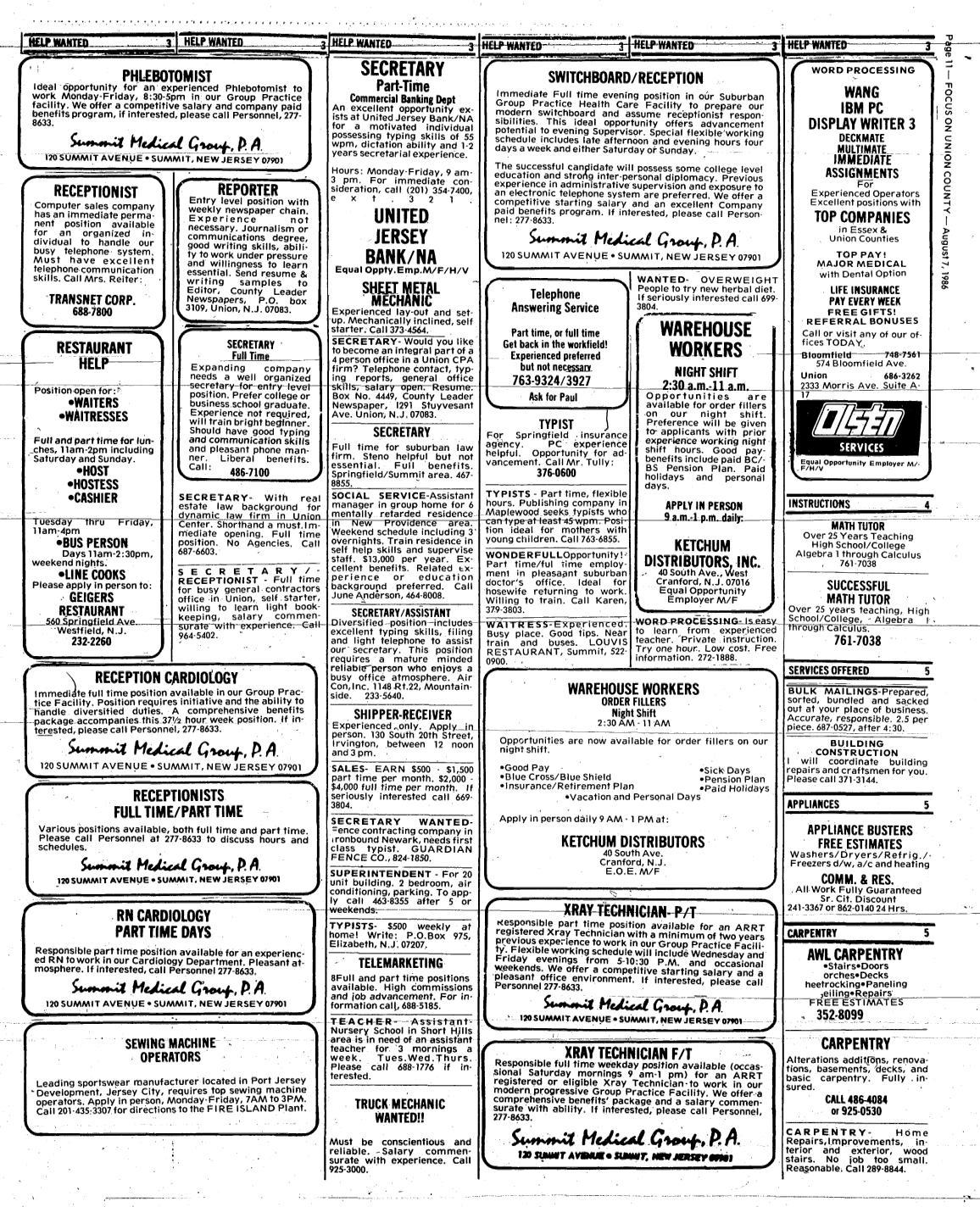
- Squires First Aid Squad
- Union Volunteer Emergency Medical Service
- Winfield Volunteer Ambulance Squad



MEMORIAL GENERAL HOSPITAL 1000 GALLOPING HILL ROAD UNION, NEW JERSEY







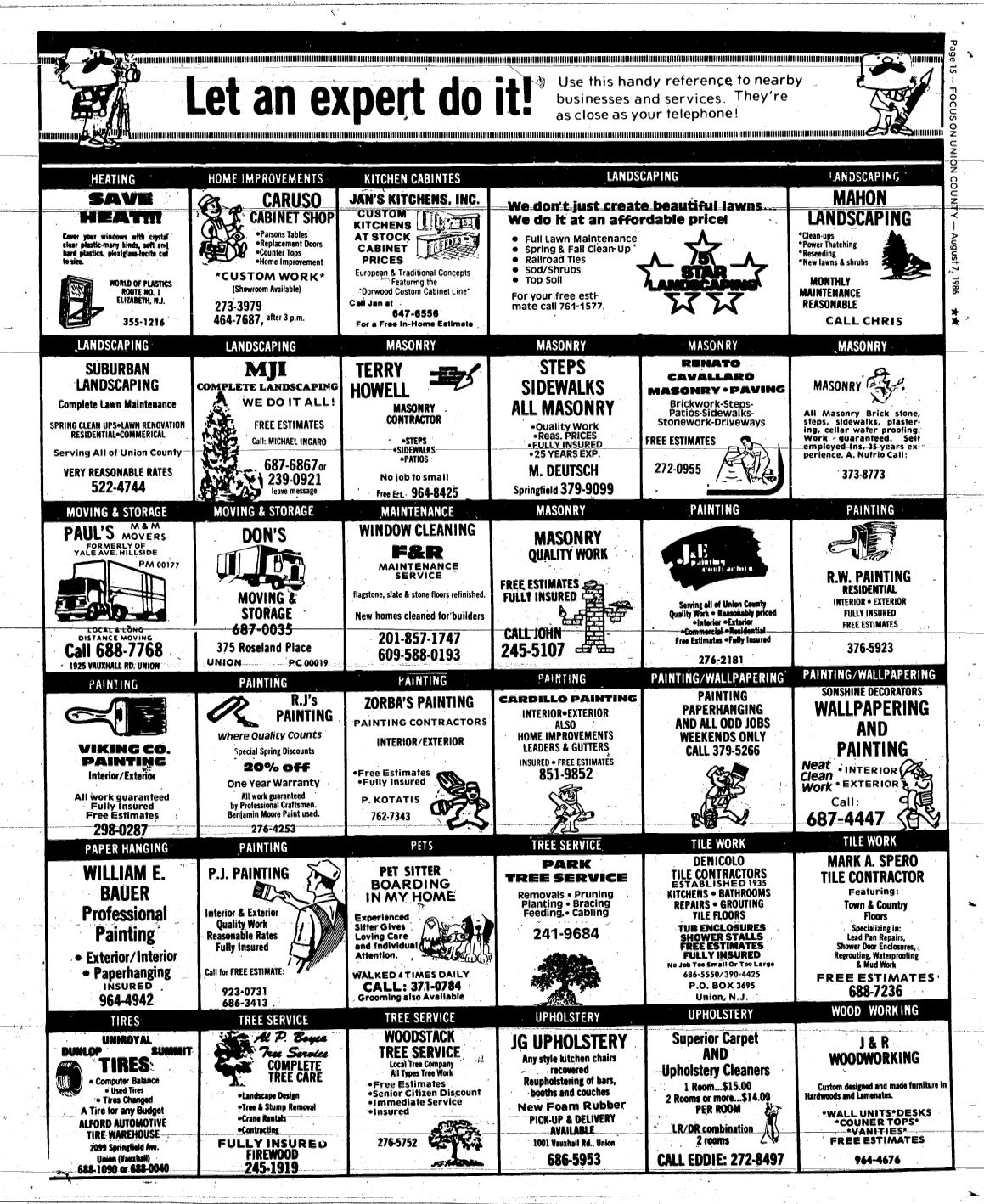
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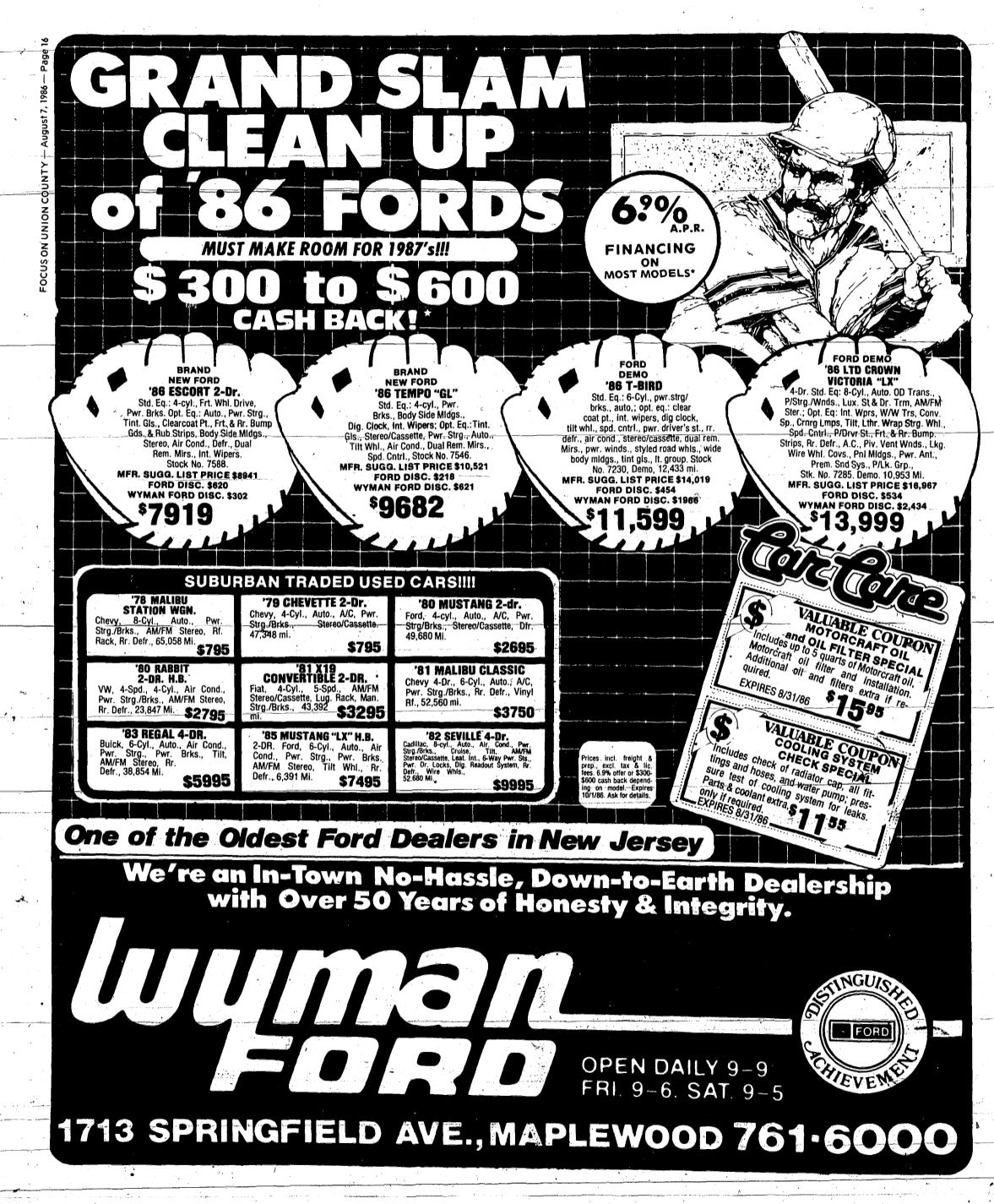
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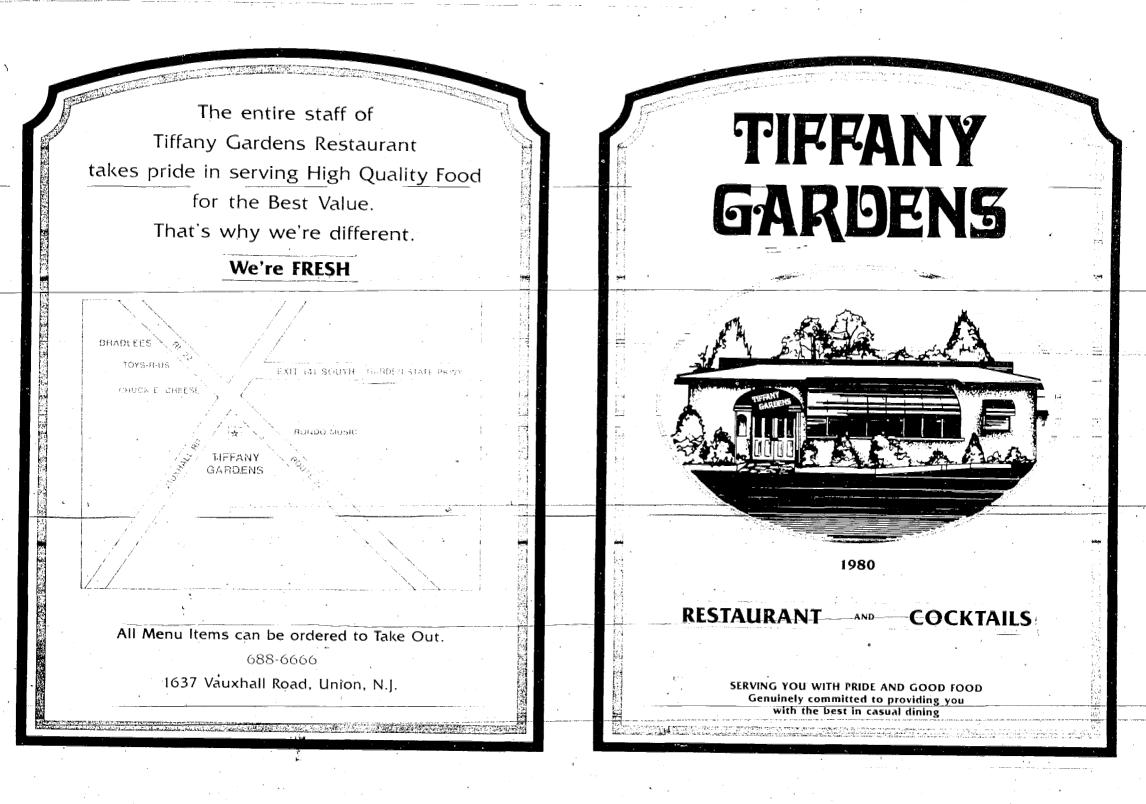
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At southiches served with homemade core sins and french	trues served encoherce of the main refer p.Bround or bages
CHICKEN SALAD 4.50	TUNA MELT
SHRIMP & CRAB MEAT SALAD 5.50	MONTE CRISTO
TUNA SALAD	Reveal with maple syrup TRIPLE DECKER SLOPPY-JOE 4.95
TURKEY BREAST 4.50	Tarkey Swiss cheese can slav and finanant
HAM & CHEESE	Served open faced with our special musticeons space
ROAST BEEF	TURKEY BACON POCKET
special dressing served open faceds	
HOT TURKEY 5.50 Served open faced with hot turkey gravy	FRENCH DIP
rden strate state	urmet fizza
Individu	at 8 meh
CHEESE 3.95 A special blend of cheeses	SCAMPI SEAFOOD GOURMET
VEGGIE 4.75 Cheese, tresh mushrooms, peppers and omons	MEXICAN
 PEPPERONI	alapene lappers for an at remark
coffees of the world	DESSERTS
TIFFANY GARDEN COFFEE	HOMEMADE CREAMY CHEESE CAKE 2.25
topped with whipped cream	HOMEMADE FLORIDA KEY LIME PIE 1.75
IRISH COFFEE	TORTUFU
CAPPUCCINO	HOT APPLE CRUNCH

With steamed milk, whipped cream and cinnamon-ESPRESSO 1.50 Tiffany Garden's World Blend of Coffee, Imported from Italy, served with a lemon twist

CHOCOLATE MOUSSE CAKE 2.75 A must for chocolate lovers.

Topped with Vanilla ket Cream