



Put safety first High school students preparing for their prom and graduation should heed warnings, Page B1.



Mountainside Ech

A WORRALL COMMUNITY NEWSPAPER

MOUNTAINSIDE, N.J., VOL.37 NO.25-THURSDAY, MAY 4, 1995

TWO SECTIONS - 50 CENTS

# Borough Highlights

### Community carnival

Governor Livingston Regional High School will hold a carnival May 13 from 10 a.m. to 2 p.m.

Food, games, prizes and other activities will be among the attractions made available by the two dozen student clubs participating. Admission is free and the carnival is open to the public. The event is scheduled for behind the school; in case of rain, the carnival will take place in the cafeteria.

### New officers

The Foothills Club of Mountainside will hold their regular meeting at the Tower Steak House on Route 22 today at noon

During the meeting, the group will install new officers; Genevieve Kaczka will be president. Mayor Robert Viglianti will address the club.

### Children's activities

The Mountainside Public Library has scheduled Storytime Theater programs for children in May.

Jan Elby, chairwoman of the Westfield Summer Workshop Drama Department and director of Studio One, will lead youngsters in programs combining stories with acting, movement,



Visitors to Trailside Nature and Science Center stop to pet a member of the New Jersey Sled Dog Club. The club will be among the participants in the annual Pet Fair, to be held Sunday at Trailside.

# Libraries lobby to stop aid cuts

By Cynthia B. Gordon Staff Writer During National Library Week, the Mountainside Public Library, along

Tulmulty, executive director of the viding these services, which would New Jersey Library Association. "The cut threatens interlibrary loan, may not stay in effect," Briant said.

give them "a weaker version," or "it

# **Regional board voids** motion on dissolution

By Jay Hochberg Managing Editor

Following its reorganization procedings, the Union County Regional High School Board of Education addressed an issue regarding deregionalization brought up by the new member known to support dissolving the school district.

Ned Sambur, elected last month to become one of Springfield's two representatives, relayed a message to the board from the Springfield Board of Education, calling on the regional district to not impede whatever momentum the constituent municipalities gain in their push for dissolution.

"I'd say this district has a different Board of Education today," said Sambur, who, as a candidate, campaigned on a promise to assist Springfield in its bid for deregionalization.

Board member Robert Jeans introduced a motion before the board -seconded by Sambur --- to mandate the calling for either a special or regular meeting of the full board, with 48 hours notice, to discuss or approve any aspect regarding deregionalization before action is taken.

"I'm not calling for action on deregionalization either way," Sambur said. "Let's just put it behind us." When brought to a vote, the motion was nullified by a 4-4 tie.

"I can't understand this coming from, members aworn to serve the reg. ional district," said newly elected board President Joan Toth.

Jeans and Sambur were joined by Mountainside's Carmine Venes and

newly elected Berkeley Heights representative Thomas Foregger.

Casting opposing votes were Toth, Vice President Donald Paris, Theresa LiCausi and Virginia Muskus.

There is no tie-breaker in the event of an even split of the board; when a tie is counted, the issue is voided.

During the public speaking portion of the meeting, Springfield Board of Education President Ruth Brinen told the board how "incredible" she considered the opposition to Jeans' motion to have been.

Jeans and Sambur voiced their support of the motion because of what they said was unilateral decisionmaking on the part of former Regional High School Board of Education President Burton Zitomer, who was defeated in the April election.

The two alleged Zitomer had used his authority as board president to instruct the school district's legal counsel to thwart past actions related to proposed deregionalization.

The district's superintendent, secretary, board president and vice president each has the power to instruct the board attorney to take action, without first consulting with the full board. The motion was intended, Jeans said, to ensure debate of all issues ---financial and legal, among others ---regarding deregionalization.

The motion itself sparked a discussion among the board members, which at times mere beaud and provoked sighs and laughter from members of the audience. The two Springfield representatives - Sambur and LiCausi - did most of the debating.

props, costumes and a lot of imagination.

The 45-minute sessions are scheduled to begin at 2 p.m. on Tuesdays through May 23. Registration is required; call 233-0115 to sign up.

### 'Law Day' for seniors

May 23 will be Law Day for senior citizens in New Jersey. Seniors are invited to telephone attorneys regarding estates, wills, legal entitlements, Social Security, property sales, pensions and other legal matters Those wishing to participate may call (800) 792-8820 from 11 a.m. to 7 p.m.

### **Principal replacement**

The Union County Regional High School Board of Education will meet in executive session Tuesday at 7:30 p.m. in the board's conference room in Jonathan Dayton Regional High School to interview applicants for the position of principal of Dayton.

The board will meet again in executive session on Thursday at 7:30 p.m. in Dayton's cafeteria to discuss the 1995-96 budget with the leaders of the district's six constituent municipalities.

### House calls

To celebrate their 11th anniversary, Quality Portraits in Mountainside is offering new mothers a free photo session.

The portrait studio's offer includes a free 8x10 Kodak color baby portrait as an introduction to their service.

Since its founding, Quality Portraits has made house calls at the convenience of its customers. Their photographers will set up a studio in the home, complete with lighting and hand-painted backgrounds.

Because the photographers make house calls, it is common for busy moms to use familiar props - blankets, toys, etc. in the scenes. Plus, Quality Portraits never charges extra when including family members, including pets, in the photo shoots.

For more information, call 233-3099.

with many other libraries throughout New Jersey, are busy implementing a postcard campaign to restore a proposed 30 percent cut of \$1.5 million to the New Jersey Library Network.

Local libraries across New Jersey are encouraging patrons to sign postcards asking to restore the cuts. The New Jersey Library Association, a nonprofit corporation which works with libraries across the state and is funded through membership dues and conferences, will be hand-delivering the postcards to the Legislature.

According to the association, the cuts will save 19 cents per person. "The 30 percent cut of \$1.5 million to the New Jersey Library Network in the proposed state budget threatens to damage New Jersey's information infrastructure," according to the association. Only a fraction of 1 percent of the total Department of Education budget is allocated to support libraries.

"I think it's a shame," said Miriam Bein, director of the Mountainside Public Library. "The educational resources are undervalued. They are the first place to take the hit when there's a budget problem."

"I think the repercussions will be long-term," she added. "It will have a big effect on networking and shared services between libraries, such as sharing information, books and materials - which is actually costsaving in the long run."

Springfield Mayor Marcia Forman shared her thoughts on the proposed. cuts. "I'm not happy about it. They are absolutely essential to the wellbeing of the town, the community, education, to the children and the adults. We have always supported our library."

According to Joan Meyer, head of Technical Services at the Springfield Library, the state had planned to establish a computer infoline on a wider network. "Those plans if the money is cut could also be in danger," said Meyer.

According to Meyer, different regions of New Jersey have different levels of computerization. "It's not statewide," said Meyer.

According to the New Jersey Library Association, no individual library, no matter how large, can have in-house all of the items in demand.

"Being advocates for libraries and library patrons across the state, we know this will affect libraries, and that's why we get involved," said Pat

oclivery services and access to information and services that cannot be replaced at the local level," according to the New Jersey Library Association.

The New Jersey Libary Network works behind the scenes to provide services "on which local libraries have come to depend," according to the library association.

The New Jersey Library Network provides access to books in libraries throughout the region, the state and across the country. Information that is, not available in a local library can be obtained from regional and state contract reference libraries.

In addition, information and books can be delivered directly to local libraries. Information from magazines, journals and on-line databases not otherwise available in a library can be delivered or faxed to that library.

According to the New Jersey Library Association, the level of service available to every New Jersey resident through local libraries is increased without raising municipal taxes.

Veterans Memorial Library Director Susan Briant said, "I feel the Friends of the Library have done a great job in mobilizing the community to contact the Legislature. I hope the Legislature pays attention and restores the funding because we need it in order to provide the quality service the community has come to expect."

Briant continued, "Our library services are already cost effective, and we'd like to see that continue. People get a lot for their tax money in terms of how the library network works.

"We need to keep the funding. It's the wrong place to cut. It works well, and we'd like to continue it."

According to Briant, the proposed cut also would affect computerization such as the Internet that was to be installed this year in many libraries, including Roselle Park and Kenilworth. "It would be a step backward to go ahead with the proposed cuts," Briant said.

According to Briant, it had been planned that the state would contract vendors, provide licensing of the databases and set up the network, while each library would supply equipment such as the computers and modem.

Briant said she feels it is more cost effective for the state to provide the services as it could get group rates. If the cuts are approved, each local library would be responsible for pro-

Board of Trustees member Edmund Fahoury said, "I vehemently disagree with the proposed cut basically because the library provides so many services for the young people, school age children, adults and seniors."

Fahoury continued, "I think that too many times, people tend to cut the most important things. They should cut entitlements before the library and other pertinent services to the community.

"It's ludricrous of the governor and Legislature to do that. It doesn't make, any sense. It's a big step backward," he said.

Some libraries offer after-hour phone access to information, while others are not equipped with the service. According to Meyer, the state was trying to "even out" the different levels of computerization that the libraries offer. This program is also in jeopardy if the proposed cuts are passed.

Deerfield gym teacher announces retirement

Deerfield School physical education teacher Saundra Davis, a Mountainside resident for the past 35 years; announced that she will retire at the end of June.

Davis has been on the faculty in Mountainside for the past 25 years, teaching physical education to kindergarten through eighth grade classes for seven years.

Before that, she taught social studies and typing to the sixth through eighth grades.

When she's not teaching, Davis is involved in the Mountainside Music Association, an organization that puts on variety shows every other year at Deerfield School

she plans to "relax and spend more time with my grandchildren."

Golf is a new interest, she added, that both she and her husband plan to continue.

"I enjoyed teaching very much and working with kids. I had a lot of fun," said Davis. "I'm going to miss everybody, but I'll be in town so I'll see everyone."

Before coming to Deerfield, Davis taught in the Clark school system for four years.

Davis' husband, Bernard, is retired from the produce business. The couple has two children, Michelle Korngut and Jay Davis, who both attended Deerfield School, and three grandchildren: Jennifer, Gregory and Jonathan.

As far as future plans, Davis said

## A night on the town



Contropy of Contor for Vienal Arts

Alice Percy of Cranford, Cathy Kimball of Mountainside and Nancy Cohen of Mendham gather at Images — the annual benefit for the New Jersey Center for Visual Arts, held at Matsushita Headquarters in Secaucus recently. The Center for Visual Arts offers art education and appreciation programs to the public. They are headquartered at 68 Elm St. in Summit; for more information, call 273-9121. 6

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### Infosource comes to Worrall papers

Readers of Worrall Community. Newspapers' 12 Union County weekly newspapers have the world at their fingertips.

Beginning this week, with the introduction of InfoSource, readers can access information from their telephone that they never could have gotten from it before.

InfoSource is a whole new world of providing information, and is Worrall Newspapers' answer to meet the needs of a society that wants information now - not later. Through the use of a rotary or touch tone telephone --and a free local call from most municipalities in the county - readers will be able to access information about the world's top stories and health care. Get the lottery results shortly after the numbers have been selected. Listen to your horoscope. By listening to the weather report for the area, determine whether or not you need an umbrella or a windbreaker.

There will be many options from which to choose on the InfoSource line, including school closings during inclement weather, road work that might create a delay in traffic on major arteries in town and, when teachers participate, a Homework Hotline.

How does InfoSource work?

Readers simply dial (908) 686-9898 and enter the selection number for the information they desire. Selections will appear weekly in each of the Worrall Newspapers for our readers' convenience. This week, those listings appear in an ad on Page B3.

"Our newspapers have become talking newspapers," said Raymond Worrall, vice president in charge of editorial. "InfoSource will enhance, or supplement, the printed word and offer to our readers some of the most current information they need - all on a local telephone call. It's available 24 hours a day, seven days a week."

One selection number on the Info-Source line will contain the world's top news stories and will change daily to provide the most current news. Other selection numbers will provide the time and temperature, daily horoscope, soap opera update, lottery results, health tips, real estate open houses, and our popular Sound Off line, where readers can call and recite their letters to the editor.

The success of InfoSource is based on advertising support, no different from the way advertising supports news pages. Upon entering their desired selection number, readers will hear a brief message from a local mer-



A crew from Elizabethtown Water Co. spent the morning and afternoon of April 27 replacing the fire hydrant on Route 22 East that was hit by a car two days earlier. A Linden man was killed in that accident, which blocked rush-hour traffic for hours.

### Linden man dies in crash

A resident of Linden was killed in an automobile accident on the afternoon of April 25 on Route 22 East, according to police.

Ralph Graziano, 43, was the driver of the single car involved in the crash, which occurred at 4:42 p.m. and tied up rush-hour traffic for hours.

According to a police report filed by Cpl. Allan Attanazio, Graziano was driving a 1986 Chevrolet van east on the highway, and after changing from the left to right lane, he drifted off the highway.

According to a witness, the driver used his right-turn signal, completed the lane-change and then struck a tree. The car rotated clockwise and struck a fire hvdrant.

Because there were no skidmarks at the scene, police said they suspected that Graziano became ill and lost control of his vehicle.

At presstime, the cause of death was still unknown; the medical examiner had not completed the autopsy.

Other police business of the past week involved the theft of an automobile. On April 29 between 7:15 p.m. and 12:30 a.m., a white 1994 Acura Legend was stolen from the parking lot of L'Affaire on Route 22, according to police.

alarm system.

Police had not recovered the vehicle by press time.

A subscription to your newspaper keeps your college student close to hometown activities. Call 908-686-7753 for a special college rate.



# Three artists' works exhibited by hospital

displayed at Children's Specialized Hospital this month.

An exhibit of landscape painting by Burton Logenbach is on display at CSH.

The artist, a long-time resident of Westfield, is a landscape painter in both oil and watercolor media who is devoted to painting out of doors.

Logenbach is a retired teacher of art and supervisor in the Cranford Public Schools. He is a graduate of Kutztown State University in Pennsylvania and Columbia University, with additional graduate studies at Kean College and Rutgers University. He has recently studied with nationally acclaimed artists including Charles Movalli, Frank Webb, Tony Couch and Charles Sovek.

He is the recipient of more than 45 awards and commendations in local and state juried exhibitions. Most recently, he was awarded Best in Show in the West Essex Art Association Exhibition in Caldwell and the Grumbacher Gold Medallion Award in the Essex Watercolor Club Exhibition in Chatham.

In recent years, three of his paintings were selected in the print reproduction program of the Westfield Rotary Club's annual scholarship fundraising endeavor.

Logenbach is vice president of the Westfield Art Association and a member of numerous local and state organizatons for artists including the Garden State Watercolor Society, the Essex Watercolor Club, and the American Artists Professional League. In February, he was extended a membership invitation followed by juried acceptance to full membership status in the New Jersey Water Color Society.

An exhibit of paintings by Peggy Dressel also is on display at CSH

underpaints her pastels with watercolors, which enhances the brilliance of the pastel and gives the painting a ing the rich texture of the pastel

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The works of three artists will be against the light and translucency of the watercolor.

> Dressel has studied at Pratt Manhattan in New York City, the National Academy of Fine Arts in New York City, Moore College of Art in Pennsylvania, Ridgewood Art Institute in New Jersey and Art Center of Northern New Jersey.

She has exhibited her paintings in national and regional juried shows for the past five years, where she has received various awards. Most recently, she has been featured in exhibitions in local galleries and corporations, including the Lena DiGangi Gallery, the Blackewell Street Center and Dow Jones Co.

Her work has been published in magazines and books by companies such as Macmiflan/McGraw-Hill, Medical Economics and CUC International.

She is a signature member of the Southeastern and Oregon Pastel Societies.

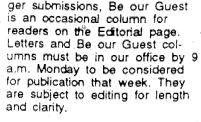
An exhibit of watercolor by Annmarie Sabatino also is displayed at CSH in May.

The artist, a resident of Mountainside, uses soft washes, wet into wet and negative painting to express herself. She divides her time between Mountainside and Fripp Island, S.C., where she has a studio. She currently attends classes at the NJCVA and MCAA.

Individuals or groups wishing to visit the display, which is open to the public daily from 8:30 a.m. to 8:30 p.m., may enter the hospital's east wing. For more information about the display, call the hospital's community resource coordinator, Susan Baxter at 233-3720, Ext. 379.

The three artists' works are for sale, with a portion benefiting Children's Specialized Hospital.





To place a display ad: Display advertising for placement in the general news section of the Echo must be in our office by Monday at 5 p.m. for publication that week. Advertising. for placement in the B section must be in our office by Monday at noon. An advertising representative will gladly assist you in preparing your message. Please call 1-908-686-7700 for an appointment. Ask for the display advertising department.

#### To place a classified ad:

The Echo has a large, well read classified advertising section. Advertisements must be in our office by Tuesday at 3 p.m. for publication that week. All classified ads are payable in advance. We accept VISA and Mastercard. A classified representative will gladly assist you in preparing your message. Please stop by our office during regular business hours or call 1-800-564-8911. Monday to Friday from 9 a.m. to 5 p.m.

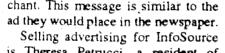
To place a public notice: Public Notices are notices which are required by state law to be printed in local weekly or daily newspapers. The Echo meets all New Jersey State Statutes regarding public notice advertising. Public notices must be in our office by Tuesday at noon for publication that week. If you have any questions please call 908-686-7700 and ask for the public notice advertising department.

#### Facsimile Transmission:

The Echo is equipped to accept your ads, releases, etc. by FAX: Our FAX lines are open 24 hours a day. For classified please dial 1-201-763-2557. For all other transmissions please dial 1-908-686-4169.

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is Theresa Petrucci, a resident of Roselle Park who joined Worrall Newspapers in March to embark on the new project with the company. Petrucci can be reached at (908) 686-7700.

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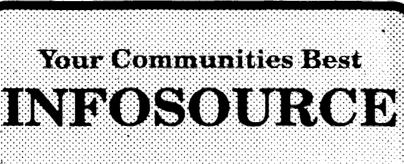
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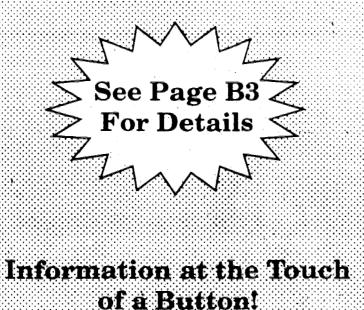
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## Borough marks wartime sacrifices

May 8 is the 50th anniversary of the day known to the "World War II generation" as V-E Day — Victory in Europe — the end of the war in Europe.

In tribute to those men and women who left Mountainside to serve in both the European and Pacific areas of conflict, we respectfully list the names which appeared on the Roll of Honor, which stood in front of the original Mountainside Borough Hall and are listed in Jean Hershey's "History of Mountainside 1895-1945."

Names covered in gold on the Roll of Honor designated those who gave their lives in service to our country.

Those killed in action: George Boyton, Charles Dunn, Harold Force, Michael Iannacone, Robert E. Johnson, Alan Lindberg and Justin R. Schmidt.

Those who survived the war: Joseph Abelita, Peter Abelita, Robert G. Adams, Oscar E. Anderson, Roscoe E. Anthony, George Antonak, Arthur J. Ayres, Herbert Bahr, Paul M. Bates, Paul M. Bates Jr., Douglas N. Beam, Lewis W. Becker, Harry W. Beechler, Harry Behlau, Albert J. Benninger, John Berry, William F. Best, Fred Bisterfeld, Daniel Bliwise, Stanley W. Bori, John C. Bounds, William D. Bounds, Charles Boyton, Harry W. Boyton, James E. Boyton, Wilbur Boyton, William D. Boyton, Arthur C. Braham, Eugene Brokaw, Robert Brokaw, Bernard Buck, James R. Butler, Howard J. Byers, Dorothy G. Carll, Cene-N-Feu, Tom Chung, Wynant Cole, David DeBauchamp, Robert DeBauchamp, Charles DeBue, Randall Derry, Dey-Whe, Ralph Dietz, Alex DiFrancisco. Charles Doyle, Rogar Doyle, Thomas Doyle, George B. Edwards, John A. Edwards, John W. Edwards, John Farnum. Willard Farnum. Dexter G. Force, George Francis, Edmund Frey, John E. Frey, Walter Gabriel, Leslie Galloway, Dale R. Gangaware, Edward Gangaware, Kenneth Gilbert,.. Arthur Goodall, Howard Gosling, Inez Grancanato, Michael Guilfoyle, William Guilfoyle, Allen J. Hambacher, James Hambacher, Robert Hanewald, Charles J. Heckel, Louis Heekel, Bernard Herrick, James Herrick, James Hoag, Charles Honecker Jr., Edward Honecker, Emil Hoppe, John Hoppe, Florence Howard, Russell Jones, Herbert M. Joyce, Freeman Kent, John E. Keuler, Kim-Chin-Yu, Michael Kniazuk, David Knoll, Charles T. Koehler, William Kubach, John Lanning, Barney Lantz Jr., Josephine L'antz, Michael Lantz, William Lantz, Gerard Larson, Edwin Leet, Francis J. Lenchan, William Lenchan, John R. Lindberg, Joseph Lowry, Rocco Lupo, George Lyons, Donald R. Maxwell, Robert -McDowell, Elizabeth

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For additional coverage of the contributions made by Mountainside residents, turn to the Seniors Page.



AN HONOR UNVEILED ----Carol Harris Weber, state president of the National Society Colonial Dames XVII Century, unveils the bronze marker her group dedicated to the Mountainside Historic Preservation Committee on Sunday for efforts made to maintain the Deacon Andrew Hetfield House. That house, built approximately 235 years ago, was built in three stages, altered to meet the needs of the Hetfield family, and relocated to its present location next to the library when a westbound lane was added to Highway 29 - now Route 22. The committee still labors to preserve the house - the replacement of the roof is being arranged - in order to open it to the public at regularly scheduled hours.



Mountainside resident Bill Kuback places a wreath at the borough's Roll of Honor on Memorial Day 1948 as a Boy Scout looks on.

# Group issues report on benefits

A contemporary 25-year-old woman, after working for 40 years with, about an 11-year timeout for family, can expect the same retirement benefits, adjusted for inflation, as her mother and grandmother received, according to a report issued by the Older Women's League.

With today's debate over Social Security and Medicare benefits, it can become less, OWL's 1995 Mother's Day Report — "The Path to Poverty" — states.

That will be discussed during a meeting of the Central New Jersey Chapter of OWL, to be held on May 20 at the Summit YWCA, Morris Avenue and Prospect Street, at 10 a.m. The public is invited.

Gretel Weiss, OWL's delegate to the White House Conference on Aging, to be held today in Washington, will report.

"Economists like to speak of the nation's retirement policy as a threelegged stool: Social Security, pensions and savings and investments," said Mariam Dickman, president of the chapter. "But for most women the legs on their stool are short or missing. Most women, three out of five, continue to work as their mothers did in low-paying, non-benefit, part-time or temporary jobs. This translates into lower Social Security benefits, an absence of pensions and an inability to save. For most women, the only safety het is marriage."

Aging problems are usually women's problems, Dickman pointed out, due to the greater lifespan of women.

Women make up 80 percent of retirees, and 71 percent of the poor above age 65. In New Jersey, women above age 65 are 75 percent of the elderly, living alone, 30 percent are below the

poverty line and 40 percent are low income.

Professional and executive women can reflect on the probable lack of portability of their pension plaris, and the likelihood that they will not be vested because women are more likely than men to change jobs or drop out to raise a family. With statistics such as these, Dickman said, younger women are going to have to address

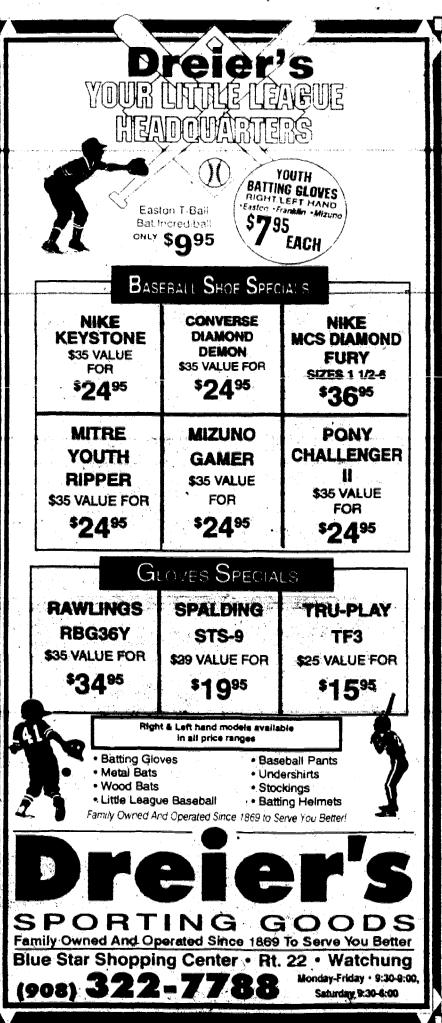
the problem before it becomes theirs.

OWL is a national grass-roots membership organization advocating for the special concerns and needs of women as they age. For more information call (908) 272-5671.



Many rhousands have obtained this unique Digitally Programmable instrumentation and have experienced the revolutionary sound processing which automatically provides increasingly more amplification as sounds







### PAGE 4 - THURSDAY, MAY 4, 1995 - WORRALL NEWSPAPERS 5,6+ .ocal doctors test for disorders

Springfield Associates, a multi-specialty psychology group in Springfield, recently took part in National Anxiety Disorders Screening Day, an event co-sponsored by more than 15 national mental health organizations.

As part of this community project, thousands of people across the country had the opportunity to participate in a free program which included screening questionaires, meeting with a psychologist to review that questionairs. and receiving information about America's most common mental health illness: anxiety disorders.

The group's screening services are part of a research project; while the results of the individual one-on-one screenings were kept confidential, the total findings from all of the screenings were passed to Freedom From Fear. a national consumer organization co-sponsoring the screen ing day:

More than 28 million Americans will have an unxiety disorder at some point in their lives. Approximately 25 percent of those suffering from an anxiety disorder will seek treatment. Springfield Associates is joining the campaign to help build awareness and educate the public about anglety disorders, their symptoms and the effective treatmenta available.

"The free screening sessions were available for anyone who suspects they may be experiencing an anxiety disordor," said Marshall Mintz, co-founder of SA.

These who want to be tested for anxiety disorders and missed the accordings, our contact SA to schedule an appointment by calling 467-9409. Its office is located on the second floor of 575 Morris Ave., on the eastbound side of the street, behind Bed, Bath and Beyond.

According to recent studies, anxiety disorders cost the U.S. \$46.6 billion in 1990, hearly one-shird of the nation's total mental health bill of \$147 billion. However, most of these dollars were not spont on effective treatment, but on worker absenteeism, job loss and alcohol/substance abuse.

"Abnormal anxiety is a tremendous problem shared by nearly one-sixth of Americans," said Mary Guardino, executive director of Freedom From Fear. "We hope that Anxiety Disorders Screening Day will teach people that help and effective treatment is available, and that it is possible to control abnormal anxiety."

More individuals are affected by anxiety disorders than" by any other group of mental disorders. Some of the most common types of anxiety disorders include specific phobia, social phobia, generalized anxiety disorder, panic disorder, obsessive-compulsive disorder and post-traumatic stress disorder.

Springfield Associates defined the six most common disorders:

• Specific Phobia is a persistent, intense fear associated

with a particular object or situation that leads to avoidance of that object or situation.

 Social Phobia is a similar fear involving social settings where the individual fears scrutiny or humiliation.

 Generalized Anxiety Disorder is an unrealistic worry over everyday occurances that prevent the individual from completing these activities. The symptoms are often manifested in physical pains, sleep disorders and dizziness.

 Panic Disorder is recognized as unprovoked attacks of fear that make the individual think he or she is suffering a heart attack. Chest pains, shortness of breath and heart paipitations are symptoms.

· Obsessive-Compulsive Disorder is diagnosed as recurrent intrusive and answanted thoughts that cause anxiety. often accompanied by ritualized behaviors that relieve the anxiety. Usually, fears of dirt, germs or contamination result in excessive cleaning, double-checking and hourds ing. Most OCD sufferers are aware of their behavior. and tre unable to control it.

 Post-Traumatic Stress Disorder is a condition of ierror caused by one specific shocking event, often accompanied by flashbacks, feelings of guilt and sleep problems.

The causes of these disorders vary. Panic attacks may cesult from pent up stress; obsessive-compulsive disorder is sometimes found in victims of physical or sexual abuse; and post-traumatic stress can be characteristic of a victim of a random act of violence, for example.

These disorders are characterized by persistent, intense feeling and irrational fear and anxiety that appear for noapparant reason, inexplicably reaching overwhelming levels, dramatically reducing or eliminating the ability of the person to function.

The symptoms of these disorders are not to be confused. with stress-induced analoty, which can be reduced through lifestyle changes.

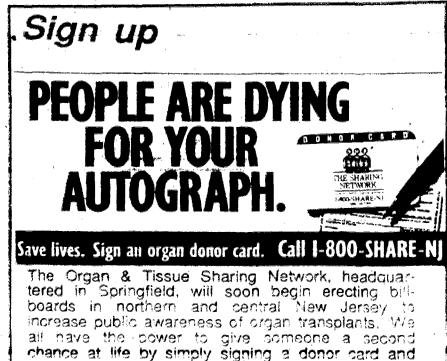
The disorders have not been linked with genetic or physiological traits, said Laura Segal, one of the group's staff psychologists.

Anxiety disorders also are not common to any "personality types."

"It's a little bit simplistic to pigeonhole people," Segal added, referring to the susceptibility of everyone to the disorders.

Most mental health experts treat anxiety disorders with a combination of medication and behavior therapy. Treatment should be individualized for each patient, depending on the severity of the symptoms and level of function.

National Anxiety Disorders Screening Day was a program of the National Mental Illness Screening Project, the parent organization of National Depression Screening 'Day.



telling our family about our wishes.' said Denise

Payne, executive director of the Sharing Network.

### Diabetes program begins

The Delegates for Diabetes program, a grassroots advocacy program designed to better influence public policy issues affecting all people with diabetes was launched in New Jersey last month.

The American Diabetes Association, New Jersey Affiliate, Inc. is sponsoring this program and will use the group to mobilize the diabetes community in New Jersey.

Becoming a Delegate for Diabetes does only requires a desire to improve the lives of all people affected by diabetes and a willingness to get involved. The ADA will help delegates understand the issues and ways to influence public policy. More than 70 people have liceady signed up as Delegates for Diabetes in the state.

To sign up or learn yours mode the Delegates for Diabetes program, salt (800) DIABETES.

### scheduled Annual cancer screening

co-sponsoring the ninth annual "Breast Health Screening Program." From Monday through Friday.

wormer who are 40 years of age or older, who have not had a mammogram and who do not have any breast cancer symptoms, can call the Ameri can Cancer Society to schedule a three part breast exam which includes: education in breast selfexamination; a manual breast examby a medical professional; and a lowcost mammogram, a broast X-ray which can find cancers too small to be felt by the most experienced examiner. The exams are being offered by medical institutions throughout New Jersey for \$40, a fraction of their usual cost.

During the last eight years, about 50,000 women have registered for their first mammograms. To register

Cancer Society today through May 12 from 9 a.m. 10 7 p.m. at (300) ACS-2345.

One out of every nine women will develop breast cancer during her lifetime. It is one of the most curable forms of cancer if detected and treated early. The main goal of this program is to encourage women to follow the American Cancer Society's guidelines for breast cancer. The recommended guidelines are: that women have a screening mammogram by age 40; women ages 40 to 49 have a mammogram every 1-2 years; and that women without symptoms age 50 and older have a mammogram every year. "This year, we are pleased to be

working with the National Council of Negro Women Inc., the New Jersey Division of Aging and the American Association of Retired Persons," said Marguerite Schlag, chairwoman of the Breast Health Task Force for the ... American Cancer Society, New Jersey Division. "These groups will help us reach our goal of making sure all women have access to mammography and quality care."

The five-year survival rate for African-American women diagnosed with breast cancer is 43 percent, compared to 52 percent for Caucasian women. According to the American Cancer Society, breast cancer strikes

older women much more frequently than younger women. Women 65 and older represent the projected highest percentage of newly diagnosed breast cancer. More than 75 percent of the breast cancers diagnosed each year occur in women over age 50. The overall five-year breast cancer survival rate is 78 percent and can be as high as 93 percent if the cancer is detected in the localized stage.



The American Cancer Socioly is for the examt call the American











# **OPINION PAGE**

# Memorial overdue

This nation was founded by and owes its continued existence to a large group of men and women who fought tenaciously for the ideals and freedoms which it represents. For 200 years, from the American Revolution to the battle in Somalia, the U.S. military has fought bravely and better than any other fighting force in the world.

These men and women are honored twice a year on Memorial Day and Veterans Day and their sacrifices and heroics are remembered with ceremonies, monuments and memorials. While the holidays in their honor are fleeting, the physical memorials are a permanent and daily reminder of the fact that many owe their freedom to a relative few.

Because of this, it can be said without reservation that the memorial honoring the New Jersey veterans of the Vietnam War, which will be unveiled next to the Garden State Arts Center in Holmdel Sunday, is long overdue, coming nearly 13 years after the national memorial in Washington, D.C. was unveiled on Nov, 13, 1982.

The late 1960s and early 1970s were a time when every ideal and establishment in the United States was called into question, a time of internal turbulence unmatched so far in this century. The Vietnam War in particular was a source of painful division and civic unrest in this nation and is a time many would like to forget.

However, that time cannot be forgotten, because it is an important lesson to remember, regardless of which side you were on at the time, or if you are too young to remember, or were not even born yet. More importantly, the people who served in that war should not be forgotten, and their efforts and sacrifices went unrecognized for far too long.

Because of the divisions in America at the time, most Vietnam veterans did not receive the heroes' welcome that other returning soldiers did. Many were treated as if they were solely responsible for the horrors of that war by those protesting it, despite the fact that most were drafted and did not have a choice but to serve.

That was one of the great lessons of Vietnam, as evidenced by the "I am against the war, but support the troops" credo espoused by many Persian Gulf War protestors. The mistakes made by some Vietnam War protestors hopefully never will be repeated, and returning soldiers always will be treated with the respect and honor they deserve.

The memorial in Holmdel is a belated tribute to all those who served in Vietnam. It can also be seen as an apology for the treatment many Vietnam veterans received when they returned home. Vietnam veterans fought to preserve the ideals and freedoms that America represents with a nation that faced a powerful enemy.

They sacrified life and limb for these ideals and should be honored on the same level as those who protected American soil. The New Jersey Vietnam Veterans Memorial is long overdue, but it is better late than never. We join with local veterans organizations in marking this important event.



**Courtesy of Ira Sheldon** Studio

# Terrorists are found within our borders too

It's bad enough having to deal with overseas terrorists, now we have to cope with the home-grown variety who wrap themselves in the American flag and Constitution to rationalize their bloody vendetta against the United States government.

The monstrous attack in Oklahoma on innocent men, women and children demonstrates the paranoia emanating from the so-called elements of the extreme right. Their biggest bone of contention is that government is too big, too bossy, too corrupt and too totalitarian, and thus, should be eliminated.

Many of these murderous kooks want government off their collective backs and think a worldwide plot is in the making whereby America would become a ward of the United Nations. To fight off this imaginative danger, militias are being formed around the nation, girding for battle and the Armageddon they predict will occur after a race war destroys us.

What is so very bizarre is that the extreme rightists are convinced that they are acting out of respect for the United States Constitution. I don't remember ever reading in the Constitution anything that gives residents leave to murder each other in the

As I See It By Norman Rauscher

dead, and the leaders of these death

merchants think nothing of destroying

other human beings in the name of

American patriotism. Such thinking is

pathetic and has no place in Main-

Granted there is violent hatred in

this country because government has

grown too big and too meddlesome.

There are those who resent this and

went to the polls last November to try

to redirect this nation. But apparently

the turnabout is too slow to satisfy

those with the instant gratification

As a rallying cry, the extreme right-

ists use the violence at Waco, Texas,

in 1993, as the straw that broke the

rightists' backs. Their simple philoso-

phy is that anyone who blunders on

their land runs the risk of taking a bul-

let; anyone who tries to relieve them

of their terroristic weapons also runs

stream U.S.A.

syndrome.

survived for the last 219 years.

tution, it's a miracle this nation has

Our strength lies in our deep-seated respect for law and order. Wandering onto another's land by mistake is no capital crime, nor is it a capital crime to take from madmen weapons of brutal force. In the days just before World War I, the government passed laws empowering the government to levy taxes. That none of us like to pay taxes goes without saying; but as Americans, living in a free society, we have certain responsibilities; among them is our duty to pay our fair share of taxes. We don't have to like them; but we pay them because that's what the law says we must do.

However, to the extreme rightist, anything that smacks of government is suspect and a cancer that must be eradicated, such as blowing up a federal building and the hundreds of persons inside who never had a chance. To the extreme right wing, this is Americanism wrapped in the United States Constitution. Actually, this is out and out murder, anarchy and a foreboding example of extreme paranoia.

Many ask, "What do we do now?" We are caught between a rock and a commit more of the same and a feeling of immunity. We are certain the government has been given a wake-up call in no uncertain terms. We are also certain that terrorists who are arrested, indicted, and convicted will not languish in a jail cell or death row for long. I am sure the public, whose confidence has been sorely shaken and raw nerves hit with a body blow, will insist that the guilty be dealt with ASAP. I'm sure that one of the key reasons why there is so much pent-up hatred in this country is that some murderers get a better deal in many cases than does the victim or his/her family. Perhaps the government's tendency to slow down the wheel of justice to bare movement has something to do with our anger.

However, that anger does not give anyone the right to take the law into his/her hands and do what was committed in Oklahoma City. There is no reason for such barbaric acts to be committed in this nation in the name of freedom or a meddling government. Anarchy never has nor ever will be our cup of tea. Unfortunately, our lives have been dramatically changed whether we like it or not.

#### name of freedom

The Oklahoma City massacre is a grim reminder that Hitler's Nazism and Stalin's Communism are far from

The governor's \$3.8 billion propos-

for those who need services the most

- poor people with developmental

disabilities and people with psychiatr-

But the old assumptions don't hold

In fact, the governor's budget gives

Human Services all the money it has

requested. We are able to do with less

because we are not making assump-

tions. We're re-examing the services

we perform to make them better and

We are not assuming that govern-

ment alone can provide the services

we now provide. We are not assuming

that what we paid for a service last

year is what it should cost. We are not

assuming that the way something has

been done is the way it should be

It's not that what was done in the

past was wrong. But delivery of

human services has changed radically

in the past few years. New methods,

new providers, and a new national

focus emphasize using services to

help people back into society. The

ic problems.

any longer.

more efficient.

done.

the risk of taking a bullet; and anyone who tries to collect income taxes is a prime target of a bullet. If this thinking is what the Founding Fathers had in mind when they framed the Consti-

very hard place. If we come down hard on these people, we run the risk of diluting our Bill of Rights. If we do nothing, it gives the terrorist reason to

Norman Rauscher, a former newspaper publisher in Summit, is an active member of the Summit community.

### Legislative contacts Congress

U.S. Sen. William Bradley: Democrat, 1 Newark Center, 16th Floor, Newark, 07102-5297, (201) 639-2860.

U.S. Sen. Frank R. Lautenberg: Democrat, Gateway I, Gateway Center, Newark, 07102, (201) 645-3030.

U.S. Rep. Robert Franks, Republican: 7th Congressional District: 2333 Morris Ave., Suite B-17, Union, 686-5576.

#### Governor

Christine Todd Whitman, Republican: State House, Trenton, 08625, (609) 292-6000.

### Board of Chosen Freeholders

Linda DiGiovanni, Republican: 883 Pennsylvania Ave., Union; 07083, (908) 688-6747.

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Ed Force, Republican: 94 Benjamin St., Cranford, 07016, (908) 276-2224

Elmer M. Ertl, Democrat: 220 Cherry St., Roselle 07203, (908) 241-1362

Linda-Lee Kelly, Republican: 190 Keats Ave., Elizabeth 07208, (908) 965-1219

Frank H. Lehr, Republican: 16 Myrtle Ave., Summit 07901, (908) 273-4714.

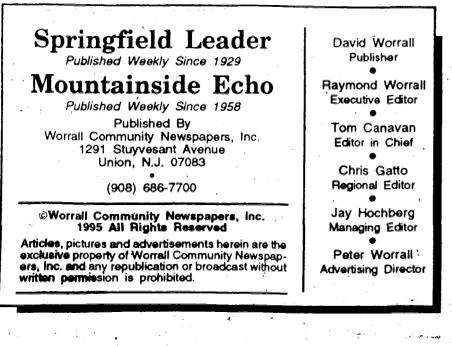
Henry Kurz, Republican: 132 West Lincoln Ave., Roselle Park 072()4, (908) 241-5033.

Walter McLeod, Democrat: 856 Thorn St., Rahway 07065, (908) 381-3584

Linda Stender, Democrat: 154 Herbert Ave., Fanwood 07023, (908) .322-8236.

Daniel P. Sullivan, Democrat: 976 Edgewood Road, Elizabeth 07208, (908) 527-4112.

"The press and other mass media are free. . censorship of the mass media is forbidden." -1990 Soviet Law



With creativity, government can work better Be Our al for the Department of Human Serices, \$137 million less than last year, Guest might make some people assume that less money will mean fewer services

By William Waldman

concept of institutionalization, either by sending people who are different to: a place without regard to their abilities or trapping people in a cycle of welfare that discourages initiative, has been abandoned.

Without the old assumptions, new possibilities are opening for our primary mission - to deliver quality services to the people who need them.

Managed care will open the doctor's office to Medicaid clients now accustomed to the emergency room. A new pharmacy manager will buy medication for Medicaid clients in bulk, which will provide substantial savings. State-run child care centers for neglected children will move to people who can perform the same work at a better price.

Welfare clients can draw their grant from teller machines near the store where they need it. Psychiatric patients will find expanded services in

the communities so more of them can lead full and productive lives outside a psychiatric hospital.

People with developmental disabilities are finding jobs thanks to programs that teach them the skills they need to become productive members of the New Jersey family. And families who need a hand to care for their loved ones with developmental disabilities are getting that help delivered to their doorstep.

Through contracts and programs like Medicaid we're demanding and getting the best price. Where federal money is available, the Department of Human Services has sought it out and snared it for our clients.

We're consolidating hundreds of general assistance welfare programs into 28 county and municipal operations to eliminate unnecessary duplication and give better service. And the state-run HMO is up for sale because the private sector can run it better.

In program after program, we're looking to perform the service better, both for the client and government. And when we perform the service better, often we save money.

It's an exciting time in government, but not without its turbulence. Whenever things change, it creates

worry and uncertainty for the people affected directly - the clients and their families. For them, the innovations and reforms now underway may be happening too fast. The proposal to close a psychiatric hospital and a developmental center during the next three years are a prime example of change that is upsetting.

We know it. We know government typically announces change and pushes forward without regard for family feelings, only the budget line.

We're trying to change that, too. As we institute our changes, we're bringing families, clients and advocates into the process like never before.

For a fourth year, we invited the community to help put together our budget, and for the first time, televised the forum. We wanted to share our ideas and plans with as much of our human services family as possible.

We cannot assume that an endless supply of tax dollars will always be on hand. But with creativity and sensitivity, we can assume that government can work better.

William Waldman is commissioner of the New Jersey Department of Human Services.

# 'Contract' may pose problems for children

real problems if the legislation recently passed by the House of Representatives is enacted. While the majority of Americans want to see a reformed government and bureaucracy, I don't believe anyone wants to see children By Pat Mennuti suffer from hunger, poor education, substandard housing or inaccessible medical care.

The Personal Responsibility Act and the Welfare Reform Consolidation Act will drastically affect the lives of hundreds of thousands of children in our communities - each of our communities, without exception.

The Children's Defense Fund reports that in New Jersey:

Be Our Guest

• SSI will be cut for disabled children.

• 451 million will be slashed from food stamps and job creation programs.

• The summer jobs program for youth will be eliminated.

• \$81.3 milion will be cut for rental assistance to the poor and \$10.9 million will be slashed from the anti-drug effort in schools.

Community Coordinated Child Care of Union County reports that nearly \$1.9 million of federal money goes to help offset the cost of child care for the working poor in the counassistance from this program, while there are 409 families on the waiting list. Even the smallest amount of a funding cut will greatly affect the lives of these families.

April is always designated as Month of the Young Child, a time when educators, child advocates and families celebrate the hopes and dreams of our next generation. Unfortunately, this year's celebration was marred by the Contract with America, the contract that forgets the nation's children.

Pat Mennuti is executive director of Community Coordinated Child Care of Union County.

Countless New Jersey children face

• As more and more families seek quality, affordable child care, \$11.2 million will be cut from child care assistance programs.

• More children will be hungry as a result of a \$79 million cut in school lunches and WIC programs.

• 155,000 children will live without the meager public assistance subsidy. ty; 189 families presently receive

# **OP-ED PAGE**

# Bombing shamelessly used for political gain

President Clinton has been called many things, but one thing is for certain, he can not be accused of being a paragon of virtue. To us a culogy at the funeral service for those who were killed in the bombing of the federal building in Oklahoma City for politicking is an all-time low --- even for this president.

In a sad and cheap effort to get back at his critics, who are, in case Clinton hasn't noticed, the overwhelming majority of Americans, the president implied that the actions of demented paramilitary militia groups were encouraged by the conservative mood of the country, and pushed even-further by conservative radio talk-show hosts. This desperate notion would be like blaming the fashion industry and n edical profession whose clarion call "hin is in" for all the cases of anorexia.

The extremists in the terrorist militias are not "right wing" when correctly defined by clear thinking political experts, but rather a paranoid government-fearing bunch who believe that engaging in healthy and reasonable civic discourse is all too often fruitless. They feel that government is not held accountable for some of its actions particularly the way the feds handled the Branch 'Davidian situation in Waco, Texas.

True, it has been two years and there have been no investigations, and I would agree that the government clearly could have done a better job. I would have even gone on record back then calling for the firing of Attorney General Janet Reno, one of Clinton's many terrible appointments. But to take matters into their own hands, if in fact Tim McVeigh and his anarchist ilk were responsible for this sick act, is not a result of right-wing ideology,

### Right to The Point

### By Joseph Orlando

but that which often can be found in many hospital psychiatric wings.

When Clinton attacked the airwave, media he did not mention amateur ham radio or short wave, where the lunetics proselytize, but legitimate licensed radio stations where the public can voice their opinion and get a different political perspective, other than which is delivered with liberal bias on the six o'clock news and in the mainstream print media.

It was a sad sight to see the president's spin doctors try to do damage control after the president's faux pas. In a rush — no Rush Limbaugh pun intended --- to politicize, the president didn't stop to think that many of the mourners were not Clinton allies and do listen to talk radio. He didn't realize that hundreds, possibly thousands of local talk programs are of religious nature, and collectively make up the bulk of talk radio and who certainly don't agree with the president's policies.

He didn't stop to think and take a closer look at those people helping the rescue mission in Oklahoma City who were not only the Red Cross and the Salvation Army, but groups of people who may have gone under the name of "Operation Blessing," who are part of the religious conservative movement who Clinton and others in his party have exorcised but are revered by many talk show hosts.

A huge gaffe.

For this president to use the dead

#### and injured children and adults as a prop for politics at a funeral service is knavish at best. This is not the first time the president has tried to silence free speech, when he recently entertained thoughts of enacting the "Fairness Doctrine," an unfair method of silencing opposing views on the air waves and the elimination of "special orders" in the House of Representatives where a congressman is given the opportunity to talk on any subject. Before taking control of the Congress this was one of the few avenues the Republicans, as the minority party, were able to get their voices heard. At any possible way, this president will try to silence the vox populi who disagree with him.

The way he didn't think before he spoke at the funeral service is nothing new. As the the "Contract With America" reached completion with huge success, Clinton called the contract "ideological extremism." Examine the details Mr. President, to reach final passage of the 10-part contract, 31 items leading to the completion of the contract had to be voted on. Your party, the Democrat party, cast a total of 2,971 in the affirmative for an average of 95.8 votes on these items which is 47 percent of the House Democrats.

Is Clinton implying that almost half of the Democrats in the House of Representatives are extremists?

Not surprisingly, Clinton has been giver tactical "air" support by those in the media who are ideologically attached at the hip with him. Some the most outrageous remarks by the usual suspects were made during the aftermath of the Oklahoma tragedy.

Some examples are Tom Brokaw: "This is a result of the antigovernment sentiment shown since

#### the last election."

Not to be out done was Sam Donaldson who said, "this is the type of thing the right wing stands for." On TV, columnist Juan Williams spewed bigotry by saying, "the acts of the militia personify angry white men

in their natural state." Not only have I been drawn into the cross-hairs of this matter, since I write a national conservative column, but on closer examination, so have millions of others who disagree with Clinton but agree with most of what is written and said over the radio air waves by non-"left wing" people. This smacks of an all-out assault on those who cherish the First Amendment.

Overshadowed by the Oklahoma' City disaster was another characterdeficient remark made by Clinton recently when he said he felt vindicated for his Vietnam War protests on foreign soil.

Based on Robert McNamara's 25-years-too-late confession that our involvement in Vietnam was wrong, showcased in his recently published book "In Retrospect," would you believe that is why Clinton feels that his 'actions were justified?

Both Clinton, McNamara and the book remind me of the "my echo, my shadow and me" of shamelessness.

Much of President Clinton's past and present have been tarnished, it is time long overdue that this, our 42nd President, make the necessary adjustment on his moral compass.

Joseph Orlando is a resident of Clark and a columnist for the American Conservative monthly

newspaper.

# Anniversaries mark

## crossroads in America

This week marks, for America and the world, the anniversaries of the end of war in Europe and in Vietnam. May 8, 1945 and April 30, 1975 are the "where were you when" landmarks that historians, sociologists and political scientists will continue to use to define two generations of Americans in efforts to trace what has happened in our country and to chart the future.

America's war in Vietnam was a hand-mo-down from Prance --- that first European country the Allies took from the Nazis.

That was the war fought by Sen. Bob Dole's generation - the generation to which President John F. Kennedy referred as the recipients of the "torch" in his inaugural address. The symbolism of the Republican from Kansas announcing his candidacy for the presidency last month was hard to miss: His campaigning began on the 50th anniversary of his being wounded in combat in Europe.

Calling his run for the White House a final call to service for his dutiful generation, Dole made no secret of the difference between his generation and President Clinton's. For those who lived during World War II, the two-fingered, V-shaped hand gesture was a sign of victory; during the Vietnam-era, it was a symbol of peace.

Since it seems possible that Dole and Clinton will be the nominees of their respective parties, that contest

may best personify what had been called the "generation gap," the Vietnam cra's homefront social struggle.

Today is the 25th anniversary of the shootings at Kent State University in Ohio. Thirteen college students were shot - four of them mortally - by National Guardsmen on the campus of that university on the Monday following a weekend of sometimes violent protest against the American incursion into Cambodia,

While that disaster is often cited as a defining moment of the baby boomers' youth, the shootings barely go noticed by today's KSU students - even after the dedication five years ago of a monument to those slain. But despite the ignorance among the present KSU student body of those shootings, the Vietnam War is still being fought in America today.

### Common Sense By Jay Hochberg

Managing Editor

In his memoirs, McNamara breaks his 30 years of self-imposed silence on the war to announce to the world that he knew as early as

1966 that the war was unwinnable and was a huge mistake. He maintained his silence, he said, out of a sense of duty and respect for his commander-in-chief, Lyndon Johnson.

While on the talk-show circuit promoting his book recently, McNamara has been applauded for his belated candor by many in the media who conveniently forgot they had once used their positions to denounce the secretary as a war criminal.

They also managed to forget that McNamara was sworn to uphold the U.S. Constitution, rather than any one president. His silence during the war contributed to more than 40,000 American soldiers, Marines, sailors and airmen being killed, plus hundreds of thousands of Vietnamese.

To get the story of America's war in Vietnam, one need not turn the pages of McNamara's book, or even the Pentagon Papers. The history of the Vietnam War is carved

in the black marble walls of the Vietnam War Memorial in the Mall in Washington, where the names of more than 57,000 Americans are listcd.

Out of McNamara-like allegiance, supporters of the Clintons will not mention the president's opposition to the war in Vietnam ---a war prosecuted by the representational government of which Clinton is now head.

In the current political climate, where the threat of barbarous bombings is cited as a cause to restrict personal freedoms, the coming presidential campaigns will signify how America will enter the 21st century. These two anniversaries mark more than the ends of two conflicts, they pose a crossroads at which America stands, looking left, then right before crossing. Hopefully, no matter who wins the White House in '96, America will be able to stop fighting itself over Vietnam.

# Cross training can liven up your workouts

Are you tired of your same old workout? Why not try cross-training? Cross training involves performing different activities in a single workout or during your weekly workout. If you usually walk for 30 minutes on Monday. Wednesday and Friday, you may now want to walk on Monday, bike on Wednesday and take an aerobic class on Friday. Or, you may want to do 15 minutes of walking and 15 minutes on the stairmasater on Monday, walk/jog on Wednesday, etc. In other words, alternate what you do. Cross-training helps to prevent boredom - it can keep your exercise routine interesting and fun, and you are more likely to stick with it.

### Be Our Guest

### By Nancy Wilderotter

-- front of the thigh. This imbalance could lead to knee problems. You need to balance your workouts and include activities that work the opposing muscle group."

in your workouts is through circuit training. Circuit training is moving from one exercise to the next every few mintues. Stations are set up ---either in a fitness center or an acrobic class --- and at the command of the trainer/instructor you begin your program and rotate to stations when told. An example of this would be: two minutes of step, one minute of

Following the American College of Sports Medical Guidelines, your workouts should be between 20 to 60 minutes, for a minimum of three times a week, and at an intensity of 60 to 90 percent of maximal heart rate. Always consult your physician before starting out and let your trainer/instructor know of any limitations you have.

, The Summit YWCA offers in the aerobics program, cross training clas-

The second reason to cross train is to work and stimulate different muscle groups. If you only run you are working the hamstrings --- back of the thigh — much more than the quad

If your aerobic workout doesn't include much upper body work, you might want to vary it at times with swimming, using the Nordic Track, or rowing, where the upper and lower body are working. Weight lifting, should be included three times a week to round out your workouts. You need aerobic and weight lifting for total body conditioning.

Another way to decrease boredom out all the time.

overhead press, two minutes of step, one minute of lateral raises, two minutes of jumping rope, one minute of bicep curls, two minutes of lowimpact routine, one minute of tricep kick backs.

The key to any workout is to go at your own pace and do what you enjoy. Start out slowly and gradually progress in intensity and duration. There are so many different activities, that you don't have to do the same work-

ses which are one and one-half hours in length and will alternate every few minutes with any of the following: step, slide, aerobics and weights.

There are many other classes offered at the YWCA such as low impact aerobics, body sculpting, slide, funk aerobics, step/slide, interval step and aerobics, and beginner classes.

Nancy Wilderotter is the fitness director of the Summit YWCA.

Flemington Furs.

Former Secretary of Defense Robert McNamara has recently written a book chronicling his role in the war.

### **Professional Directory** Mental Health Accountants Couto, De Franco & Magone, CPA's Individual Income Tax Preparation Tax planning and consulting Non-Filer Assistance Comprehensive Counseling Services Aprivate group practice offering individual, couple, family, and group counseling and psychotherapy for children, adolescents and adults: Personal financial planning Most insurance plans accepted. Offices throughout Essex County 201-762-7002. Small business accounting & tax preparation Free consultation by appointment 15 Village Plaza, South Orange-201-376-3300 Mountainside Hospital Animal Hospitals Mental Health and Alcoholic/ Chemical Dependancy Services Comprehensive emergency/crisis intervention inpatient and outpatient services. Dr. A. Berkelhammer, V.M.D., Director And Associates Animal Medical Surgical Hospital in Maplewood Personal medical, surgical, dental care and boarding Hrs. daily, evenings, and Saturday by appt. 1589 Springfield Ävenue, between Boyden & Burnet Established 1945 201-761-6268 201-429-6121 Schools Medical Training Institute Attorneys Start a New Career Pharmacy Tech, EKG and Phlebotomy Tech Classes Starting Now! Low Cost/Short term training. 554 Bloomfield Ave. 3rd Floor/Bloomfield Mornings, Evenings, Weekends 201-680-1700. Derrick Griffin, Esq. Former Municipal Prosecutor Municipal Court Traffic Violations DWI **Secretarial Service** "Let's Talk About It" (201) 673-4340 Lillian M. Theoret, Professional Secretary Important Letters composed and professionally typed • Professional typing of resumes, ) Chiropractors manuals, manuscripts, contracts, etc. Small mailings • Misc. Office projects 711 Fairfield Ave., Kenilworth Dr. Stephen Levine, Dr. Jean V. Nichols South Orange Chiropractic Center Sports injuries, head, neck and back pain if yours is a chiropractic case, we will tell you. If not, we will tell you too. 15 Village Plaza, South Orange 201-761-0022 008-245-4474 Word Processing Keystrokes Unlimited (908) 686-7843 \* Legal/Medical \* Gen'l Corresp \* Statistical/Spreadsheets \* Mass Meilings/Lists/Labels \* Proposals \* Business Forms \* Newsletters \* Handbooks \* Manuals \* Transcriptions \* OCR Scanning \* Leser Printing \* Fax/Modem Service Windows • DOS • Word Perfect • MS Word • Lotus • Qualito, etc. Professionality Prepared Documents Sure To Stand Out From Those Of The Competition **Advertise Your Profession** For Only \$20 A Week Call 1-800-564-8911



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### PAGE 8 - THURSDAY, MAY 4, 1995 - WORRALL NEWSPAPERS 4.5.6+ How was Baltusrol Golf Course named?

#### By Norman Rauscher Correspondent

The increased job opportunities offered to the post-Revolutionary War generation wrought no great change in the cohesiveness of family life in town. The men continued to work the fields, milled their flour and planned for the future.

The original commuters had vanished, and the Summit area had not yet attracted their counterparts who would form the nucleus of modern Summit.

As the area moved into the 19th century, there seems to have been a handful of escapists who had come into the area to join the Potters, Blackburns and a few others in the existing hills. Of the four original hilltoppers' houses, one was at the old Blackburn House entrance, another near the old Strand Theater on Springfield the Episcopal Bishop of New York Avenue, another at the corner of Springfield and Morris avenues and Church., Over the years, Bishop the fourth at Morris and Mountain Hobart left Summit a heritage of avenues, where a tavern owned by locust trees, cedars of Lebanon, and Brooks Sayre existed until 1832. Say- his apple, pear and plum orchards. re owned the house as late as 1850, but in his older years, lived close to atmosphere of the area brought others Pine Grove Avenue and Colony Drive of wealth and influence who conat the source of Salt Brook. The brook's name was said to have originated when a British Redeoat scare caused the dumping of salt collected for Gen. Washington's men into the creek to keep it out of the hands of the British

About 1805, there came to Summit a gentleman of distinctive and different mold. Distinctive because he was Trinity Church in lower Manhattan. His house, built in 1820, was one of

He was considered to be Summit's first recorded summer visitor and a harbinger of a brand new Summit.

This illustrious gentleman was John Henry Hobart, who acquired a large piece of land in Beacon Hill, probably from his friend Capt. Eliakim Littell. This officer, whose conduct at the Battle of Springfield during the Revolution was outstanding and heroic, lived on the hill, named his first son "Hobart," and died in 1805, Rev. Hobart's house, just north across the Morris and Essex Turnpike in what is now Short Hills, was an unpretentious structure. From this site, legend has it that Rev? Hobart installed a signal system with Trinity spire in Manhattan to inform the clergyman of what was happening.

In 1811, the rector was consecrated and the seventh rector of Trinity Such landscaping and the quiet structed substantial homes. At first, many of the dwellings were for summer use only, but soon many were converted to year-round use.

The next substantial summer visitor was one of Bishop Hobart's own vestrymen, Gerrett H. Van Wagenen, a prominent New Yorker. For \$6,000 in 1814, he bought 60 acres that included many acres later owned by already a man of influence and fame. Chancellor James Kent and now in He was the learned assistant rector of part occupied by Kent-Place School.

the most elaborate in New Jersey. Following Van Wagenen came Cancellor Kent, who, for several summers, rented on the Turnpike opposite Fernwood Road. When the Morris and Essex Railroad arrived in Summit in 1837, Kent purchased several acres of Van Wagenen's land and built a modest house. In 1838, he rebuilt the house on a grand style and named it his "Summer Lodge."

Chancellor Kent was a New York State judge and once when he was a younger man, shook his cane in Aaron Burr's face. As a friend of Alexander Hamilton, he had never forgiven Burr for his fatal duel with Hamilton and accosted him on Nassau Street near Trinity Church, saying to him in a loud voice, "You are a scoundrel, sir - a scoundrel." Burr is said to have raised his hat and said, "The opinions of the learned gentleman are always entitled to the highest consideration."

Summit's first recorded murder occured one night in February 1831, when thieves waylaid one Baltus Roll. He died of exposure. But his name was appropriated by a novelist of the day as Baltimore Rawle, then later by a golf club in the late 1890s. Still later, to explain the origin of the Baltusrol Golf Club's name, golfers tossed out, "Well, the ball does roll."

Roll's Westfield Tombstone bears the unusual but factual statement that he was "murdered." At the time of his death, Baltus Roll was the owner of Baltusrol Hill, the tavern he bought

from pioneer Brooks Sayre. The two "footpads," as they were described, were never found. But Baltusrol Golf Club grew into one of the most elegant facilities of its kind in the nation.

### Summit Explorers set for more action

The Summit Police Exploreer Post will also be used to send explorers to No. 355 is sponsoring its ninth annual fund raising country music show. The show will be at the Grand Summit Hotel. The date is Oct. 6, beginning at 8 p.m. The Tim Gillis Band will be starring in this event, along with special guest Doc Holiday and the Most Wanted Band.

The Summit Police Explorer Post will also be printing its annual Crime Prevention and Business Directory.

Proceeds from ticket and ad sales from businesses and residents will be used for new emergency equipment, uniforms and a radio system. Funds

various activities during the coming vear

The explorers announced it has just completed a successful recruiting campaign, which has added many new explorers to its post. To date, more than 150 boys and girls have gone through the program. They have also purchased a brand new Emergency Service Vehicle, which is used by the explorers to assist the Police Department in emergency situations and at civic functions.

The Summit Police Explorer Post is comprised of young men and women, age 14 to 21. Members are recruited from Summit, New Providence, Berkeley Heights, Chatham, Millburn-Short Hills, and other surrounding towns.

The explorers learn about local government, its functions, and respect for law and order. It provides the community with many services such as traffic control at community affairs and parades. Each explorer is provided with the opportunity to observe the operation of the Police Department in the discharge of its responsibilities and to protect and serve the citizens of the community.

Save your newspaper for recycling.



The Celebration of Life committee is gearing up for its big fundraising event at Baltusrol Golf Club on June 8. All proceeds will go to Several Sources Foundation, which serves and shelters the homeless, AIDS children and elderly in Newark. Pictured from left are, sitting, Lynn Oakes, Roey Dangler, Peg McCarthy, Kathleen Strott and Toni Curry; standing, Judy McClane, Joan Stephens, Mary Sheehan, Kay Inglesby, Lenore Ford and Susan Tarantino.

### Meals-on-Wheels brunch is scheduled

The Annual Brunch a la SAGE held n support of the agency's Meals-on-Wheels program has been scheduled or Sunday according to brunch Cohairpersons Anne Marie Sniffen and ane Phillips. This is the fifth year the runch has been held as a fund-raiser or Meals-on-Wheels.

This year's brunch will offer sever-1 menu choices. The adult Brunch lasket selections include the Gournet Basket for two, containing freshaked quiche, croissants and jam, agels and cream cheese, fresh fruit, range juice, dessert and gourmet cofee for \$50; and the On The Go basket or Two, contains fresh-baked mufins and jam, bagels and cream cheese, low-fat yogurt, fresh fruit, prange juice, and gourmet coffee for \$35. The Children's Choice Basket for one includes cereal, doughnut holes, low-fat yogurt, milk, orange juice and a special favor for \$6.

Baskets will be delivered by the SAGE volunteers to the address specified by the purchaser. All adult baskets The Star Ledger or The New

8 1 1/2" X 5 1 3/

York Times, fresh flowers, and a gift from SAGE.

SAGE volunteers will deliver baskets to the following municipalities: Berkeley Heights, the Chathams. Madison, Millburn/Short Hills. Mountainside, New Providence Springfield and Summit. Baskets also may be picked up that morning at SAGE headquarters, 50 DeForest Ave., Summit.

Many local merchants have made or will make donations for inclusion in the brunch basket. Others have offered special pricing on items.

"We continue to be very impressedby the support we have received from the local shopkeepers and wholesalers who are willing to contribute food or to give us cut-rate prices," stated Sniffen. "It would be very difficult for us. to raise funds without their help in keeping costs down."

Last year, more than 500 people enjoyed the brunch a la SAGE, said Sniffen, and the brunch committee hopes to increase the number this year. "We scheduled this year's brunch hoping that people would send them as early Mother's Day gifts,' said Sniffen. Mother's Day is May 17 this year.

"The proceeds from the brunch support a vital community service ind we encourage all who live in the greater Summit area to contribute to our efforts to keep the Meals-on-Wheels program alive and growing," stated Sniffen.

SAGE's Meals-on-Wheels program serves more than 100 meals each day, Monday through Saturday, to elderly homebound residents of Summit, Berkeley Heights, New Providence, the Chathams, Springfield and Short Hills/Millburn. Those receiving the meals are asked for a donation, but are not required to pay for their meals.

To order a brunch basket, call 273-5550. All baskets must be received by April 27.

SAGE is celebrating its 40th year as a non-profit community resource headquartered in Summit, and serving the frail elderly of the greater Summit community.



### SECOND ANNUAL Life Appreciation Seminar .for Grief Recovery, Separation & Loss

The only solution to grief is grief management. Either we manage our grief or it will manage us, if grief manages us, it steals our aliveness, weakens our. immune system and renders us susceptible to catastrophic illness. Since 1974, Life Appreciation Training principles of grief management have assisted thousands to grieve more effectively, dramatically reducing potential for illness or suicide.



Open to the general public, clergy and professionals to attend one or both sessions. Seminars will be held at The Linden Knights of Columbus Council #2859, and are free of charge. Refreshments will be served.

**Bill Bates** 

Bill Bates is the President and Director of Training for Life Appreciation Training Seminars. Over the past twenty years he has developed, tested and implemented the Life Appreciation Death Education and Grief Recovery Concepts in the United States and other countries.

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- Grief, a new more universal definition
- Grief Management through Stages of Bereavement Care (not the stages of grief)

### Tuesday, May 23 • 9:00 AM - 12:00 PM

- **Healing the Healer**
- The Transformational Griever
- The Life Appreciation Stages of Bereavement Care



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4,5,6+ - WORRALL NEWSPAPERS - THURSDAY, MAY 4, 1995 - PAGE 9



### PAGE 10 - THURSDAY, MAY 4, 1995 - WORRALL NEWSPAPERS 4,5,6+ New Jersey Center for Visual Arts May schedule

at \$35.

The New Jersey Center for Visual Arts calendar is prepared by the Summit Observer. Gallery hours are Monday to Friday from noon to 4 p.m., and from 2 to 4 p.m. on the weekend. The center is located at 68 Elm St. For more information, call 273-9121.

#### Today

Chinese Brush Painting: The latest in the series that students demanded. Popular brush painting authority Shirley Pu Wills continues her stay at the art center. This class, at the expanded length, which was received this winter, is suitable both for returning students and newcomers. It covers subjects such as Chinese vegetables; fishes, florals, birds, other animals and landscapes. Learn to compose spontaneously in a process of balancing elements and space in the oriental way. From 12:30 to 3 p.m. Cost is \$105.

#### **Today to June 8**

Batik. Batik is an ancient form of art developed in the Far East and, more recently, very popular in America. Today's artists are applying their imagination and creativity to use the materials available, and showing new ways to present this beautiful and delicate art. This is a basic course of batik, using simple materials, like 100 percent fabrics --- cotton, silk or linen - wood frames, dyes and wax as fixative. After this course you will be able to explore different ways to do your own creations; such as post cards, portraits, lamp shades or space dividers. The course is suitable for adults and teens, with or without art experience. Course taught by Alicia Villalta. Request materials list when registering. From 7 to 9:30 p.m. Fee is \$75; materials fee' is \$10.

**Today to June 8** 

Portraiture from the Photo. The new class students demanded from premiere New Jersey portraitist Paul McCormack. Using the academic principles of traditional realism, students will create portraits using their own photos as reference. With the inclusion of painting technique, there will be instruction on how photographs differ from life and how to solve these problems. Strong empha-. sis will be placed on acquiring correct proportions, colors and values to achieve a likeness. Bring painting or drawing materials along with photos to first class. All levels and media. From 4 to 6:30 p.m. Members pay \$94; non-members pay \$104.

#### Friday

• Exhibition opening, "The Artful Message: Contemporary Video." This exhibition, in the Fred L. Palmer Gallery, will focus on the evolving art of video, tracing that evolution through the work of artists such as Alan Rath and Tony Oursler, and several emerging video artists. Members Preview Reception is from 6 to 9 p.m. The exhibition will continue through June 11. Admission is \$1; it's free for NJCVA members, children through age 12 — and seniors.

• First Friday at the Art Center from 5:30 to 7:30 p.m. People joining as members this evening are invited to participate in the opening reception of the "Artful Message: Contemporary Video." Individual memberships start

#### Friday

New "Kids' Art Parties" available. A brand new art center feature that kids and parents have been clamoring for begins today. There's a theme for every age range and taste including: puppet shows, colored sand bottles. earrings, seed bead necklaces and cartooning. Contact the art center at (908) 273-9121 for more details on this new program.

Tomorrow to June 9 Greetings For All Seasons: How to Design and Draw Your Own Greeting Cards. You always wanted to design your own holiday and other cards; now you'll have the opportunity to use your imagination and creativity to do just that, under the guidance of John H. Less, a professional in the field. This course will teach you how to transform your ideas into an attractive finished product. Different techniques will be explored, using fine felt tip pens, rapidographs and crowquills, to reproduce your art work economically in black and white, which you can enhance with watercolors. Bring tracing paper pad, pencils, a ruler and a triangle to first class; any other needed materials will be discussed at each class meeting. From 9:30 p.m. to midnight. Cost is \$75.

#### Tuesday

Silk Painting Workshop For Children Ages 7-12. Students will get a chance to experiment with silk dyes and resist on silk stretched over wooden hoops. Workshop led by Lynn Celler. All materials provided. From 3:45 to 5:15 p.m. Fee is \$15; materials fee is \$7.

May 13 and May 20 Face Value: People Photographing People. This two-week workshop taught by Helen Stummer addresses ways to approach and photograph people. This is a class for students who are already familiar with their cameras and the darkroom procedure. The first Saturday will consist of two hours of lecture and slides, one hour for lunch, and two hours of photographing people. The second Saturday will be split between film developing and class critique, with optional lunch break. Learn from a leader in the portraying of people and the analysis of imagery, and share your unique perspectives with your classmates. ISO 100 T-max film is recommended for outside shooting. From 10 a.m. to 3 p.m. Fee is \$50; materials fee is \$10.

'May 13 and 14

• Raku Workshop with Tom Neugebauer, a two-day workshop that is designed to take the student through the entire raku process. Students must bring bisque-fired pieces made with raku clay, available at the art center. Limit of eight medium-sized pieces per student. Enrollment strictly limited to 12 students, from 9 a.m. to 5 p.m.; fee is \$94.

May 13 and 14 ·Faux Finishes. This weekend workshop, taught by Sandra Holzman, will explore the popular rediscovered art form of faux marbling and woodgraining.

### Have to hand it to you



Left, Peter Wolcke, chairman of the board of trustees of the New Jersey Center for Visual Arts, shakes hands with Toshinori Horiuchi, president of Panasonic Industrial Company and Richard Kraft, president of Matsushita Electric Corporation of America at IMAGES, the annual benefit for NJCVA. Sally Abbott, in the background, was co-chairwoman of the event.

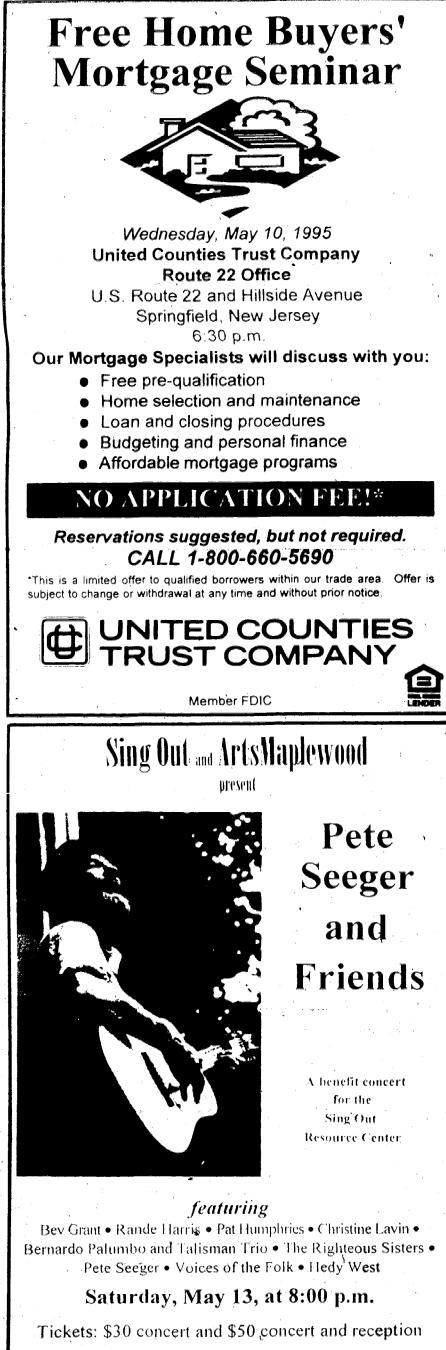
### Santoriello is supervisor

David Santoriello has been promoted to group supervisor at Coleman & Pellet Inc., a Union-based public relations firm serving a variety of corporate and trade association clients.

Santoriello joined the company in the summer of 1992 as an account executive and was promoted to senior account executive in 1994. In his new position, he will supervise Coleman & Pellet's health care practice, a specialty of the firm since its founding more than 20 years ago, as well as its publishing accounts, a key growth area in recent years.

Prior to joining Coleman & Pellet. Santoriello was an account executive at MCS, a public relations firm based in Summit.

Santoriello graduated summa cum laude from Boston College in 1988 with a b.a. in political science. He resides in Summit.





Performance at Columbia High School, 17 Parker Road, Maplewood, NJ

For Information and reservations call (201) 378-2133

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### news clips

### Seminar planned

An investment planning seminar titled "Investment Strategies for Today and Tomorrow" will be offered by the Planned Gifts Council of the Children's Specialized Hospital Foundation tonight at 7:30.

Three experts in the investment area will serve as the featured speakers. Lee Idleman of Neuberger and Berman will speak on the current domestic equity market; Blair Boyer of International Asset Management will speak on international markets and Ed Hintz of Hintz, Holman and Hecksher will speak on long-term investments.

For more information, call Philip Salerno at 233-3720, Ext. 310.

### Tree City, USA

The Borough of Mountainside has been named a Tree City USA by the National Arbor Day Foundation.

The Tree City USA program is sponsored by the NADF and the U.S. Department of Agriculture's Forest Service.

This is the first year the borough has been honored by the group. In order to qualify for the distinction, a town must have a tree board or department, a city tree ordinance, a com-" munity forestry program and an Arbor Day observance.

### May Day

The Miller-Cory House Museum will hold an herb sale and May Day celebration on Sunday at 2 p.m.

The museum is located at 614 Mountain Ave. in Westfield. -The Miller-Cory House will be closed May 14 in observance of Mother's Day and will re-open May 21 with a straw hat demonstration.

### Home buyers' seminar

United Counties Trust Co. will sponsor a free seminar on real estate and mortgage procedures at the bank's office on Route 22 at Hillside Avenue in Springfield Wednesday at 6:30 p.m.

The event will also cover, home selection and maintenance, loan and closing procedures, budgeting and

personal finance. The bank's mortgage officers will be available to approve attendees and to answer questions about the various mortgage programs available.

### 4-H Fair

The Rutgers Cooperative Extension of Union County 4-H Youth Development Program will hold its 4-H fair on. June 4 at noon at the Trailside Nature and Science Center in Mountainside.

The planned activities include a pet costume parade, a watermelon seedspitting contest, face painting, water balloon toss and a bubble gumblowing contest, among others.

Anyone wishing to volunteer their time to the fair may contact Karen Cole at (908) 654-9854.

### Collectibles show

The World of Cards & Comics Convention will be held Sunday at 10 a.m. in the Holiday Inn on Route 22 West in Springfield.

Comic books, sport and nonsport trading cards and other collectibles will be available. For more information, call TJ at (908) 968-3886.



**Courtery of Regional High School District** 

Poet Galway Kinnell, flanked by English Department Supervisor Douglas Felter and Jonathan Dayton students Omar Sloan and Linda Rapczynski, discusses some of his works following the recent poetry festival at the school. The high school district, in conjunction with the Geraldine Dodge Foundation, had the district-wide poetry festival, with Kinnell as the guest speaker.



Assembly approves mall funds By Jake Ulick Staff Writer Metromall, a 1.5-million-squarefoot shopping complex proposed for Kapkowski Road cleared a major improvements.

hurdle this week when the state Assembly approved a bill to finance the project's massive infrastructure The so-called "Super Mall Legisla-

Verse fest

tion," which passed unanimously Monday, creates a 3 percent malltenant franchise tax to pay for \$110 million in land reclamation and road construction costs that the owner of the 166-acre tract has agreed to make.

"This will benefit the area economy and create construction jobs," said Assemblyman Joseph Suliga, D-Union, hours after the vote. Suliga, the bill's co-sponsor, said that if the governor signs the financing plan into law, construction may begin on the mall that promises 5,200 permanent jobs, 12 major retailers, and \$7 million a year in taxes to the city.

ton, have said the mall could open by the fall of 1997.

"Everybody has been very satisfied with the legislation," said Suliga, referring to the bi-partisan support received from Rebublicans like state Sen. Donald DiFrancesco and Assemblyman Alan Augustine, both R-Union. "Being able to speak with one voice, it was easier to get this through," Suliga said.

State Sen. Raymond Lesniak, D-Union, co-sponsored the bill in the Senate, where it passed earlier this vear.

The legislation permits the city to receive 3 percent of the mall's revenue in lieu of property taxes. Actual property taxes become payments to bondholders who will finance the project's traffic flow and environmental improvements. Specifically, those improvements include widening and extending Kapkowski Road to Trumbull Street, allowing for Elizabethport access: In addition, a , four-lane flyover will be built to direct

traffic from New Jersey Turnpike Exit 13A to Kapkowski Road.

Also, contaminated water currently leaking into Newark Bay from the site that was once a landfill will be directed into the sewage treatment system.

Suliga explained that with a project this expensive, the owners cannot obtain the \$110 million financing from a bank loan. Hence, there is a need for state law to create a financing plan.

OENJ's commitment to trafficflow improvements and environmental cleanup were crucial to the Planning Board's approval of the project earlier this year. The company will pay the roughly \$200 million to construct the mall proper.

The mall that will house 12 major retailers, 250 shops and 18 restaurants, will provide 1,700 temporary construction jobs and 5,200 permanent jobs, OENJ says.

The land owners, GENJ of Prince-

### WINCHESTER GARDENS A Continuing Care Retirement Community

Arthur L. Johnson Regional High School Principal David Carl shows Regional High

School Board of Education members Joan Toth, Burton Zitomer, Luigi Monaco.

Carmine Venes and Theresa LiCausi his school's newly refurbished science lab.

"With my favorite course minutes away, the location suited me to a tee"

To Roger Hinds, the green, green grass of home should include his favorite nine holes. An avid golfer, he saw no reason for change as he thought about moving to a retirement community.

Quite naturally, his choice was Winchester Gardens. "It's close to my friends in Montclair, my church and my favorite course," says Roger, "and I liked the fact that I can sit down to a meal in one of the dining rooms and reserve my days for something more exciting than working in the yard.

apartment he chose at Winchester Gardens. "The layout of my one bedroom with den apartment is perfect for me," says Roger, "and I can use the den as my office."

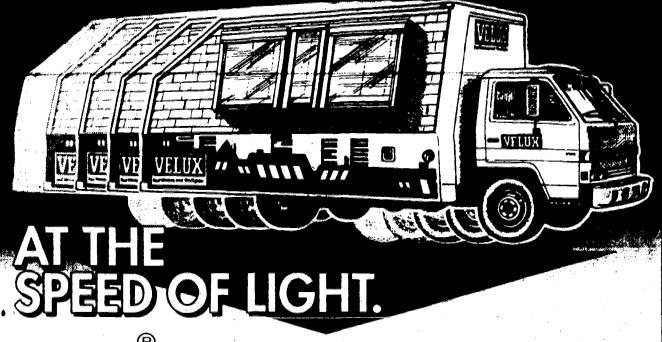
"The price was right, and 90% **Refundable Entrance Fee plan** is a great value."



The prospect of a Bridge game with Roger is enthusiastic about the his new neighbors really puts a twinkle in Rogers eyes. And since Winchester Gardens is situated on 37 landscaped acres, he'll have ample opportunity to enjoy walking the beautiful grounds.

To learn more, send us the coupon or call (201)378-2080, M-F, 9am till 5pm. Make an appointment today. Winchester Gardens could be your dream home.

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144mu		Gardens at Ward Homestead
State	,,	A Continuing Care Retirement Community Occupancy is planned for Spring of 1996
<i>Mailin</i> : W 1. M	/inchester Gardens at Ward Homestead 25 Boyden Avenue, Maplewood, NJ 07040-9843	

### news clips

### Maytime festival set

The 23rd annual Maytime Festival of Homes tour will take place Today from 10 a.m. to 3 p.m. Five homes comprise this year's tour and represent Summit's architectural diversity.

Tickets are available at the Calvary Episcopal Church office, 31 Woodland Ave., Summit, for \$15 prior to the day of the tour. On May 4, tour day, all tickets are \$20.

Gourmet box lunches, for which reservations must be made, will be available at Calvary Church Parish Hall, Woodland and DeForest" avenues, Summit, from 11:30 a.m. to

1:15 p.m. on the tour day.

This tour of five Summit homes is sponsored by the Women of Calvary Episcopal Church. For ticket and box' lunch information, call the church office at 277-1814.

### All have a place

The annual May Fellowship Luncheon sponsored by the Summit Unit of Church Women United will be held tomorrow at noon at Central Presbyterian Church, 70 Maple St., Summit,

The theme for this year's May Fellowship Day is "All Have a Place at the Table." Church Women United Celebrations Committee wrote the worship service, built around a luncheon, lifting up the Bible story of Martha and Mary. It is an opportunity to explore the ways women can support each other as they live out their various roles.

May Fellowship Day is an annual event sponsored by Church Women United that brings together women of faith from varied Christian denominations to share issues of concern, and strengthen community relationships within an ecumenical environment. Margaret Binder of Central Pre-

sbyterian is chairperson of the luncheon. Tickets are \$6 and may be obtained from representatives of the various churches, who serve on the Church Women United Board. Reservations are necessary because seating is limited.

### Child fitness

On Sunday from 1 to 2 p.m., children ages 8-12 may participate for free in a fitness workshop. They may learn to STEP, Slide, country-western aerobics, hip-hop aerobics and more. For details call 273-4242. The workshop is offered at the YWCA, 79 Maple St., Summit.

### Pregnancy workout

A pregnancy, nutrition and exercise session will be held at the YWCA on Wednesday at 7:30 p.m. All are invited to this free workshop conducted by Susan Lanza.

Attendeés may learn about proper nutrition and exercise before, during and after pregnancy. For more details call 273-42442. The workshop is offered at the YWCA, 79 Maple St., Summit.

### Water safety taught

The Summit Area Red Cross is sponsoring a Water Safety Instructor course at the Summit YMCA, 67 Maple St., through May 18 from 6:45 to 10 p.m., and Sunday from noon to 3 p.m.

Candidates must be at least 17 years of age by the first class date, and be able to demonstrate strong swimming skills. Instructor candidate training is included in the course.

The cost is \$100 payable to the Summit Area YMCA at the time of registration.

Dena Mallach and Anna Scanniello are the instructor trainers for the course.

For more information, call the YMCA at 273-3330, or the Summit Area Red Cross, 273-2076.

Jean R. Thomas, co-chair for Water Safety, can be reached at 273-0647.

### **Busy Bees**

The Busy Bees is a group of Senior Citizens which meet every Thursday from 10 a.m. to 1 p.m. at the Summit Senior Housing, 12 Chestnut Ave., Summit.

The members play Bingo, cards, sew, knit, and crochet lap robes, hats and scarfs for Runnells for Seniors, Babyland Babies and Battered Women, Newark.

For more information call John Yannunzio, group leader, at 273-1179.

### Toon-CEL-Town in Summit

coast's premier animation art galleries, kicked off the first-ever Walt Disney Television Animation Art Expo on April 29. All Toon-CEL-Town Galleries - Westfield, Ridgewood and Summit - will participate in this month-long exhibition through May 27, featuring the largest exhibition and sale of original Walt Disney television art ever staged on the east coast.

Fans of such hit Disney awardwinning shows as 'The New Adventures of Winnie the Pooh," Disney's "Little Mermaid," "Chip 'N' Dalc's Rescue Ranger," "Bonkers," "Duck Tales," "Tailspin" and Disney's "Aladdin" will delight in seeing their favorite Disney television stars captured in this unique art form. More than 500 pieces of original Walt Disney ani-07090; or call 654-3131.

### Concord singers in Summit

percussion.

The Concord Singers will present its spring concert Sunday at 7:30 p.m. at St. John's Lutheran Church, 587 Springfield Ave., Summit.

The program, "A Choral Spring," will feature motets and mass settings by Gabriel Faure and Virgil Thompson. Also featured will be "Friday Afternoons," settings of poetry by Benjamin Britten. Rounding out the program will be choral ballads and Korte, Weelkes, Telfer and Brant.

John Conte on piano who also will

Toon-CEL-Town, one of the east mation art used in the creation of some of Disney's animated productions will be available throughout the Toon-CEL-Town.

> "This is our way of highlighting a truly unique art form," said Joanne Glover, owner of Toon-CEL-Town galleries. "So many collectors are familiar with Disney's theatrical animation, but few are familiar with Disney's outstanding animation on television. We thought this would be a fun event for the whole family and a great way to introduce people to this artwork. We are also delighted to host such a special event to celebrate the premiere of the Walt Disney Television Animation Art Expo."

For additional information, contact Joanne Glover, Toon-CEL-Town, 108 Quimby St., Westfield

perform a piano solo. Other accompanying instruments will include

Funding has been made possible in part by the New Jersey Council on the Arts through the Union County Office of Cultural and Heritage Affairs. Director Jeanne Lindemann invites the public to attend the concert, which is accessible to the handicapped. Large print concert programs will be available for the visually challenged. No tickets are required; donations are requested.

### Harriers hit the road

The Summit Hash House Harriers will embark on its 400th run on Saturday at noon at Allamuchy State Park in Allamuchy. All adult runners are invited to join in the cross-country run set in the paper chase style.

Hashing began in Kuala Lumpur in Malaysia in 1938 by British expatriates looking for some diversion. While the original trails lead harriers through the local rubber plantations and jungles of the Malaysian country side, the tradition continues in the woods and hills of Northern New Jersey by the Summit HHH chapter. Runners look forward to the end of the run where food, song and good cheer await. Following the run, the summer schedule will commence with run times switching to every Monday evening at 7 p.m. at various locations. For more information, call the Summit HHH Hotline at 277-4127.

### Palace lectures

Development of the distinctive American Garden style will be the topic of a talk by Ruth G. Palace at 7:45 p.m. on May 15. Slides will illustrate how this unique garden style has evolved over the past 200 years.

Ruth G. Palace trained in botany and landscape design at Syracuse University, Rutgers University and the New York Botanical Garden. Her landscape design and historic preservation consulting service is based in Morristown.

This fourth program ending the Summit Historical Society's '94-'95 lecture series will be at St. John's Lutheran Church, 587 Springfield Ave., Summit.

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### 5,6+ - WORRALL NEWSPAPERS - THURSDAY, MAY 4, 1995 - PAGE 13



# Veterans of European Theater, homefront remember Germany's surrender

By Cynthia B. Gordon Staff Writer

The 50 years that have passed may seem like a lifetime, but a memory associated with Nazi Germany's surrender and the end of war in Europe on May 8, 1945, takes on a life of its own.

Ezidor Aemla, a 41-year resident of the Borough of Mountainside, recalled his service during the war.

"I went overseas in 1942, landed in Scotland, and went to England," said the veteran of the 9th Airborne Division. "We went to school in England for radar."

Aemla went on to join the second wave of D-Day — the invasion of Europe on June 6, 1944. He landed at

Shilo in France, fought his way to Versailles, and from there went to Paris, where he set up radar equipment at the top of the Eiffel Tower. "The first day we landed in France, we were bombed," he recalled. "I was thrown 40 feet."

"Our outfit was involved in five major battles," he said of fighting the Germans in France, Belgium and Germany. "And I saw what Hitler did in the concentration camps. I saw too much of people being tortured."

Aemla was awarded a Victory Medal, among other citations and decorations.

Charles Ivory, a resident of the borough since 1952, was a lieutenant in the Army Air Corps from 1942 to 1944

"I was the pilot of a B-24," he said of the bomber aptly named the "Liberator."

"We flew 35 missions over the continent, into France, Belgium and Germany," he added. "I flew my missions and that was it. I was apprehensive, but it was an experience I wouldn't have missed, and when it was all over I enjoyed it."

Howard Snyder served in the U.S. Navy from August of 1942 to February of 1945 in a unit of amphibious landing ships - armored vehicles used to ferry troops from transport ships to beachheads.

"We didn't get out of the States,"

Snyder said of his assignment as a yeoman on the USS Ulysses. "I was married and had an apartment off base. I was pretty lucky."

Snyder's station was not without casualties.

"We had mock invasions," he said. "There were 23,000 men at Camp Little Creek. There were land mines along the beach and one didn't go off."

"One person went to dig it out and it blew up," he added. "The man was blinded permanently."

Evelyn Savarese, a resident of Mountainside for 36 years, was one of the women who served during the WAL.

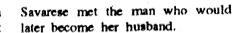
"At 19 years of age, I went into the

civilian service at the Philadelphia Navy Yard," she said. "For the first time at the navy yard, women replaced Marines.'

"I worked in the design section under the head naval architect who built the battleship New Jersey," she added, referring to what became the world's largest warship. "Right outside my window I saw it christened and commissioned."

The USS New Jersey was recently decommissioned; it has been returned "to its birthplace at the Philadelphia Navy Yard. The deck of that battleship was originally to have been the site of the official surrender of Japan. But President Harry Truman, a native of Missouri, dispatched the USS Missouri to Tokyo Bay, delaying the signing of the peace treaty by several days.

While serving on the homefront,



Doris Morganti served in the Women's Army Corps from 1942 to 1945; she too found the time to get married during the war.

"I accomplished two things," she said. "I served in the Air Force and got my: 'Mrs. degree.'

According to Morganti, the duties performed by the WACs enabled 700,000 men to serve combat duty.

Helen Snyder, a resident of Mountainside for 37 years, was a registered nurse in Pennsylvania, where she helped perform physical examinations for draft boards.

"I was, of course, very concerned about young men who were going overseas," she said. "I wanted to join the Red Cross, but my mother opposed it."

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### **Resident wins volunteer awards** By Cynthia B. Gordon

### Staff Writer

Meet Edith Stiller: A dedicated and inspiring 75-year-old Springfield resident. She recently received the Volunteer of the Decade Award from Community Access and the Volunteer of the Year Award from the the American Cancer Society's Reach to Recovery volunteer program in Union County.

Stiller serves as secretary and program chairperson of Concerned Families, the support-group of the Community Access Unlimited Agency.

In addition, she is the scholarship fund chairperson of the Jewish Civil Service Fellowship of New Jersey and is a member of Temple Beth Ahm in Springfield.

Stiller has been a volunteer for both of these programs for more than 10 years.

With the Reach to Recover program, Stiller, a cancer survivor, visits women who have had masectomies. "I tell them how to cope with the problem, how to exercise, now to live

with the problem," Stiller said of her work. "You can't be a volunteer for this particular program, unless you've been a cancer survivor."

he died, in January 1985, she became a volunteer for Community Access in Elizabeth.

Community Access is a non-profit agency that aims to integrate the physically handicapped by providing services to disabled teens and adults.

Every year the agency honors the individual who most makes life better for those they service.

Stiller's son, Sidney has been a member of Linden's Supervised Apartment Program for nearly 11 vears.

"Because my son's handicapped, I'm so happy that he's in a safe, secure setting, that I want to give something back," Stiller said. "I'm very proud of my son, he's come a long way."

"Besides being the proud mother of Sidney, who has flourished and a matured by being a member of Community Access, I am the proud mother of Dr. Judith Stiller, who is a school psychologist in Englewood." And I am the very proud grand-"

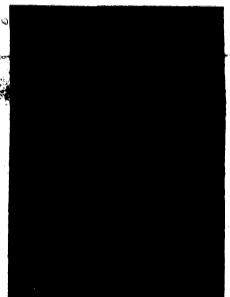
mother of Robert Scott De Leon, a graduate of Harvard Law School, and of Nancy De Leon, who will receive a Master of Public Administration Degree from the University of Pennsylvania," Stiller said. "I love Springfield. They have a wonderful bus system," she also said, adding that because she doesn't drive, she often travels by bus or by foot. "I'm a good walker, I walk six miles everyday."

"He reads and writes very well," she said of her son, a postal worker stationed in Newark for 15 years, who had to retire due to severe diabetes.

When she's not volunteering. attending Broadway shows, or walking her six miles a day, Stiller enjoys taking courses in the senior citizen program at Union County College.

"She's a diligent volunteer," said Fay Speesler, a close friend of Stiller for more than 20 years. "She's very dedicated, and a very kind and generous person. Everyone likes her."

Speesler joins Stiller at the UCC classes. "She's very active and very outgoing. She has a lovely family too," she added.



### Seniors eligible for equity credit

Transamerica HomeFirst, a leading provider of reverse mortgages, announced a new line of credit product designed for senior homeowners.

The HouseMoney Cash Account allows individuals 65 years of age or older who own a home valued at \$100,000 or more to borrow money against their home equity.

This money can be borrowed little by little, or all at once, and can be used for any purpose. The senior continues to live in and own the home while using Cash Account funds.

No salaried income is needed to qualify for a Cash Account. The loan is due when the homeowner chooses to sell or permanently leave the home.

"We've designed Cash Account and claims. in response to requests from seniors . We review all bills for OVER-CHARGES. who feel they don't need a regular OVER-PAYMENT and ERRORS. monthly income," said Peter Mazo-Gather additional information that may be necessary to nas, president and chief executive receive "FULL PAYMENT" from your insurance carrier. officer of Transamerica HomeFirst. Attempt to get the doctor to accept the insurance Additional information can be · Advise You "WHO TO PAY AND HOW MUCH." obtained by calling (800) 538-5569. **MEDICAL BILL HELPERS SAVES YOU** Borrowers also can choose to MONEY, TIME, FRUSTRATION, WORRY AND "SLEEPLESS NIGHTS" receive continuous monthly incom-For a FREE, NO-OBLIGATION review of our services e, whether or not they remain in their homes, through other House-CML NOW: (908) 245-9555 • 1 (800) 223-9099 Money products. VITAMIN FACTORY 201 Rt. 22, Hillside, NJ 07205 - (201)926-2946 10% OFF Small Indulgence CookiesBARBARA # 02. \$199 (Asst'd Flavors) Reg. \$2.89 ...... EAS Crispy Brown Rice Cereal EREWHON 10 02. \$139 Reg. \$3.35 ..... Products Clover Honey Bear BALANCED 12 02. \$1 59 Reg. \$2.15..... **VITAMIN FACTORY** Vitamin C 1000 mg 100s **Chromium Picolinate 100s** \$299 \$399 Reg. \$5.49 ..... Reg. \$3.99... B Complex "50" 50s Ginkgo Biloba 60 mg 60s \$579 \$859 Reg. \$4.99.. Reg. \$10.99. Niacin 500 mg T.R. 60s Pycnogenol 25 mg 60s \$**2**29 \$1199 Reg. \$3.79.... Reg. \$13.99... Liquid Filled Calcium 900 90s \$319 Ginseng 1000 mg 60s \$379 Reg. \$4.29..... Reg. \$4.99 ... Arginine 500 mg 30s **\$2**99 Troll Chewable Multiple 100s \$299 Reg. \$3.99..... Reg. \$5.99.... 5 Day Purification Kit ULTRAVIT \$2799 15% OFF Reg. \$39.99 ..... Biotene H-24 Trio Pack CARME ALL \$1129 Reg. \$16.85 ..... NATURE'S Triox Oxidizer Formulas 15.2 to 20 02. \$1499 Reg. \$19.99..... HERBS Aloe Vera Hand & Body Lotion JASON 12 02. (Apricot, NAPCA or Glycerin/Rosewater)Reg. \$5.59... \$399 Power Bar \$129 Cat's Claw UNIVERSAL 604 \$1449 Reg. \$1.69 .... Reg. \$19.99 ..... TrimMax Diet Tea .30s \$559 CitriMax Plushatrol 804 \$1249 Reg. \$11.49 ..... (Asst'd Flavors) Reg. \$7.99 ...... \$3299 QUICK Trim CYBERGENICS 14 DAY Cod Liver Oil TWINLAB 12 OZ. \$529 Reg. \$7.25 ..... Reg. \$49,95..... Everyday is sale day at the Vitamin Factory STORE HOURS: Mon. & Thurs. 10-6; Tues., Wed., & Fri. 10-4



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"It gives them courage that they will make it too. I'm their good luck mascot," she added. "When I visit older women, they're very frightened. I'm able to give them courage, and I find that very rewarding."

For 30 years Stiller was an executive legal secretary for Newark attorney Robert Scherling, an 85-year-old who still practices law.

She retired when her late husband, Aaron, became ill. Three weeks after

RIKE FIRST

Her son, Sidney, 52, went to a private boarding school in Massachusetts because of an absence of special education classes.

Edith Stiller Brings experience to job

BREAST CANC Newark Beth Israel Medical Center, in cooperation with the American Cancer Society, is offering women a breast examination, information about self examination, and an opportunity to register for a low cost or free mammogram during a

**Breast Cancer Detection Awareness Program** Saturday, May 13, 1995 = 9 a.m. - 1 p.m. In the medical center's Flo Okin Outpatient Oncology Center = 201 Lyons Avenue, Newark

> To be eligible for this program you must: ■ be 40 years of age or older ■ never had a previous mammogram examination

> > To register, call (201) 926-7744.

Free parking is available in the medical center's new multi-level parking facility located directly across from the main medical building.

To participate, please detach and bring the coupon below on the day of the exam.



This certificate entitles you to one reduced-rate mammogram. Payment of the \$40 fee is required on the day of your examination.

Expires May 13, 1995

# student update

### DAR award

Jonathan Dayton Regional High School senior Michael Prashker was awarded the Daughters of the American Revolution's American History Scholarship on March 14.

Prashker was the state winner of the scholarship, which is awarded "in recognition of a record of outstanding scholarship, leadership and good citizenship and interest in continuing the study of American history."

Prashker, who represents the Springfield Church and Cannon chapter of the New Jersey DAR, is now a finalist in the organization's national competition.

### Gold Award

Fellow Dayton student Meghan Bredahl is working on a project toward completion of her Gold Award as a Girl Scout.

Bredahl, a scout in Senior Troop 714, is designing and constructing an AIDS quilt in an effort to spread awareness of the disease in the community.

"As a secondary component, I am collecting donations in return for the patches that will make up the quilt," she said. "The proceeds will then be presented to the St. Barnabas AIDS Department in an informal ceremony."

Those patches will come in two designs. Both types will measure 36 square inches. One design will feature a stenciled red ribbon; other patches will be blank, allowing the sponsors to fill in messages of their own.

Those wishing to participate in this project may contact Bredahl at 564-9182.

### Honors at St. Mary's

Seven local residents were named recently to the honor rolls of St. Mary's Academy in Plainfield/ Watchung.

Ninth-grader Sonia Mazzilli and 10th-grader Carla Sempepos were named to the honor roll of distinction. Freshman Melissa Garcia, sophomore Rosemary Stevens and senior Katharyn Boyle were named to the honor

### Montclair masters

Montclair State University has announced that Mountainside's Monita Dreyer McElroy has earned a master of arts degree in administration and supervision.

### Choir college

Carmine Aufiero of Springfield recently performed Brahm's "Ein Deutsches Requiem" with the New York Philharmonic, conducted by Kurt Masur.

Aufiero is a junior at Westminster Choir College of Rider University in Princeton.

roll. All five are Mountainside residents.

Ninth-grader Rebecca Dolan was named to the honor roll of distinction. Fellow freshman Kristin Deangelo was named to the honor roll. Both are from Springfield.

### Newark Academy honors

Two Mountainside residents were recently named to the honor roll of Newark Academy for the winter term. Eleventh-grader James Lopes, son of Manual and Mary Lou Lopes, earned the distinction by earning grades of B- or above.

Ninth-grader Jacob Mentilk, son of William and Judy Mentilk, also made the honor roll by earning grades of Bor above.

### UCC dean's list

Mountainside residents Lisa M: Pimentel and Debra A. Whyte were named to the dean's list of Union County College. Both are students in the cooperative program in professional nursing of Muhlenberg Regional Medical Center.

Six Springfield residents also were named to the list.

Business students Peter T. Balazs and Steven D. Horowitz, liberal studies majors Mary Kate C. Corbett and Jason Sobel, 'liberal arts student Katherine M. Spirito, and nursing student Phyllis Patterson were all named to the dean's list.

To be eligible for the dean's list, a

student must achieve a 3.0 grade point average.

### Teacher of the year

Mountainside resident Jeanie Perratta has been voted Teacher of the Year in the town of Hillside. Perratta, a graduate of Trenton State College, is currently studying for her Master's Degree in education at Kean College. She is the daughter of Mr. and Mrs. Michael Perratta of Mountainside.



Jeanie Perratta Studying for her Master's

### Kean honor society

A Springfield resident won Kean College's Phi Kappa Phi honor society research paper contest.

Graduate student Linden Medick received a \$100 prize for finishing in first place. The award was presented by Ted Hoyle, who chairs the college's music department.

### Seton Hall honors

Seton Hall Preparatory School announced that Thomas Lyons of Mountainside and Jeffrey Miller of Springfield had been named to second honors list for maintaining grade point averages of at least 3.5.

The school also commended Mountainside's Kevin Barisonek and Springfield's Sonnie Cooper and John Maudsley for maintaining grade point averages of at least 3.0.

### Marist dean's list

Janis A. Netschert of Springfield was recently named to the dean's list of Marist College in Poughkeepsie, **N.Y**.

### From Springfield

### to Salisbury

Amy Lyn Prignano of Springfield has been named to the dean's list of Salisbury State University for the fall 1994 semester. Prignano, a elementary education major, has maintained a grade point average of at least 3.5.

### **Research at Lafayette**

Springfield's Michelle Weinberg was one of 49 Lafayette College students who participated in the National Undergraduate Research Conference last month. More than 1,200 students from across the country presented their research on topics varying from the Cold War to Islamic women.

Weinberg majors in senior government and law. She is a Marquis Scholar, an EXCEL Scholar and was recently named to the college's Phi Beta Kappa chapter.

### USC music

The Polish Music Reference Center at the University of Southern California has written of Mountainside resident Walter Legawiec and his compositions in its recent publication on the Internet. Recent recordings of selected Legawiec works, performed by the Krakow Opera Chorus and Orchestra of Poland, can be accessed on the World Wide Web.

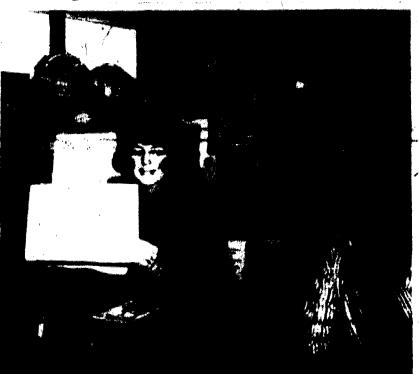
### Upper school honors

The Wardlaw-Hartridge Upper School, 1295 Inman Ave., Edison, has announced that the following students have achieved the upper school honor roll for the third marking period.

Eighth Grade — Elizabeth Maltzman, Springfield. Twelfth Grade --- Kacy Lissenden,

Springfield The Wardlaw-Hartridge School is an independent, coeducational institution with campuses in both Edison and Plainfield.

### Story time



Jonathan Dayton Regional High School Principal Judith Wickline reads a story to a first-grade class in Sandmeier School's library. The elementary school celebrated National Library Week with its third annual Read Aloud Day last month. The guest readers, including Mayor Marcia Forman, Superintendent of Schools Gary Friedland and Public Library Business Manager Bob Jennings, adapted selections from children's literature to entertain students from kindergarten through grade four.

### Bicycles aren't just for kids

If it seems that there are many more bicyclists on the road today, it's because there are.

According to the New Jersey Automobile Club Foundation for Safety & Education, biking is fast becoming one of America's favorite pastimes and May is National Bike Safety Month.

"An estimated 66.9 million bicyclists annually ride a total of 15 billion hours in the United States, according to a recent survey directed by the U.S. Consumer Product Safety Commission," said Paul Kielblock, safety manager for the AAA New Jersey Automobile Club in Florham Park.

"Biking provides cheap, environmentally sound transportation for many people," Kielblock said, "not to mention its cardiovascular benefits. But there's a downside. Bicyclists are exposed to the weather and have a greater chance of death or serious injury in a crash as compared to drivers of vehicles."

In 1992, almost 650,000 bicyclists were treated in hospital emergency rooms for injuries. Of those injured, 75,816 had head injuries.

Yet head injuries are among the most preventable. Bicycle helmets can reduce head injuries by 85 percent. All it takes is a helmet that fits properly and complies with the standards of the Snell Foundation or the American National Standards Institute.

"Nowadays, helmets are economical, cool and comfortable, and they come in all sorts of attractive styles and colors," Kielblock added. "Unfortunately, only about 15 percent of bicyclists wear helmets all or most of the time.'

# worship calendar

**ASSEMBLIES OF GOD** CALVARY ASSEMBLY OF GOD 953 W Chestnut St., Union, 964-1133 Pastor: Rev. John W. Bechtel. Sunday School 9:30 AM, Worship Service 10:45 AM, Sunday Evening Service 6:30 PM, Wednesday Bible Study and Prayer 7:30 PM. bles. This church provides barrier free accessibility to all services and programs. A cordial welcome awaits all visitors at all of our services office during office hours and programs.

cation program. A Seniors' League meets regularly. For more information, please contact our

CONGREGATION ISRAEL 339 Mountain

the summer, evening services at sunset. During the summer, evening services at 7:15 P.M. Classes are held in Maimonides, Sunday, 8:30

A.M. During the winter months, we offer Torah

study between minha and ma'ariv, and during

the summer months we offer a session in Jewish

ethics, 45 minutes before minha, after which we

join for seuda shelishit fellowship. On Wednes-

day evenings after 8:00 P.M., or ma'ariv ser-

vices, our Talmud study group meets. Sister-hood meets the second Tuesday evening of

every month, and our Boy Scout Troop meets

on Wednesdays evenings. Please call our office

for information concerning our NCSY youth

group, nursery school, summer day camp, eruv and our special programs at 201-467-9666. Office hours, Monday thru Thursday 9:00 A.M.

- 4:00 P.M., Friday, 9:00 - 2:00 P.M.; summer hours, 9:00 A.M.,-2:00 P.M. Rabbi Alan J.

Yuter and Rabbi Israel E. Turner, Emeritus.

JEWISH - REFORM

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Springfield Avenue, Springfield, (201) 379-5387. Joshua Goldstein, Rabbi; Amy

Daniels, Cantor; Irene Bolton, Education Direc-

tor; Debbie Berger, Pre-School Director; Wil-

liam Moesch, President, Temple Sha'arev Sha-

lom is a Reform congregation affiliated with

the Union Of American Hebrew Congregations

(UAHC). Shabbat worship, enchanced by vol-

unteer choir, begins on Friday evenings at 8:30 PM, with monthly Family Services at 8:00 PM.

Saturday morning Torah study class begins at

9:15 AM followed by worship at 10:30 AM.

Religious school classes meet on Saturday

mornings for grades K-3; on Tuesday and Thursday afternoons for 4-7; and Tuesday

evenings for post bar/bat mitzvah students. Pre-

school, classes are available for children ages

21/3 through 4. The Temple has the support of an

active Sisterhood, Brotherhood, and Youth

Group. A wide range of programs include Adult

Education, Social Action, Interfaith Outreach.

Singles and Seniors. For more information, call

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**CONGREGATION BETH SHALOM Affil** 

iated with the United Synagogue of America, Vauxhall Road and Plane Street, Union,

686-6773. Harold Gottesman, Cantor; David

Gelband, President. Congregation Beth Shalom is an affiliated Traditional Conservative Syna-

gogue. Daily Services - Mon. & Thurs 6:45

A.M. Tues., Wed. & Fri 7:30 A.M. Civil holi-

days and Sunday morning Services - 8:30 A.M. Shabbat Services - Friday - 8:30 PM., Saturday 9:15 AM; The new creative Elementary

Hebrew School meets Sundays 9:30 AM

TEMPLE ISRAEL OF UNION 2372 Morris

Avenue, Union, 687-2120. Meyer Korbman, Rabbi; Hillel Sadowitz, Cantor; Esther Avnet,

President; Hadassah Goldfischer, Principal.

Temple Israel of Union is a traditional Conser-

valive Congregation with programs for all ages. Friday Services 8:30 PM. Saturday Services 9:00 AM Minchah 5:30 PM. Sunday Tallis and

Tefillin 9:00 AM. Religious School with a full

time Principal. Grades Three through Seven

meet Sundays 9-10:30 AM and Mondays &

Wednesdays - 4-5:30 PM Primer Class for

Grades One and Two, Sundays - 9-10:30 AM.

Adult Hebrew Classes including Bar and Bat

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12:00 Noon.

the Temple office, (201) 379-5387

Temple Israel sponsors programs and activities for Youth Groups Grades Seven through Twelve. We also have a very active Sisterhood

KENILWORTH COMMUNITY UNITED METHODIST CHURCH 455 Boulevard,

ly. Bible Study group meets 1st and 3rd Mondays at 7:30 p.m. The Living Room - A Support

### BAPTIST

CLINTON HILL BAPTIST CHURCH Where the Bible Comes Alive" 2815 Morris Ave., Union, (908) 687-9440 Reverend Tom Sigley, Pastor-Teacher. WEEKLY ACTIVI-TIES: Sunday: 9:45 AM - Sunday Bible School for all ages, multiple adult electives are offered each quarter on relevant life topics, nursery care & a children's department (with a puppet ministry). 11:00 AM - Fellowship of Worship. We offer a celebration service which combines a blend of contemporary and traditional worship style; weekly children's sermon, children's church & nursery care is provided. 4:00 PM Tree Climbers for boys ages 5-7 and their dads. 6:00 PM - Family Gospel Hour, nursery care provided; rehearsal for spring musical play for children. Monday: 6:30 AM - Early Morning Prayer Meeting, 7:00 PM Boy's Battalion (grades 7-12) Tuesday: 8:00 PM - Overeaters Victorious. Wednesday: 9:15 AM MOPS, young mothers of preschoolers and schoolers; child care & program provided; meets every 2nd & 4th Wednesday. 10:00 AM - Keenager Bible Study, for senior adults, meets every 1st & 3rd Wednesday, 7:30 PM Prayer & Praise current Bible Book Study is "The REVELA-TION of Jesus Christ." Thursday: 10:00 AM Women's Faithful Workers meets every 2nd Thursday. Friday: 7:00 PM, Pioneer Girls for Saturday: 7:00 PM youth Group for students in 7:00 PM - Christian Service Brigade for boys 3rd<sup>2</sup> - 6th grades. Saturday: 7:00 PM Youth Group for students in 7th - 12th grades. 7:00-10:00 PM Union's Coffee House. Union's Coffee House meets every second Saturday of the month, contemporary music, food, IREE! all are invited. There are numerous Home Bible studies that meet during the week in Union and surrounding communities, call for information. For FREE information packet please call (908) 687-9440.

FIRST BAPTIST CHURCH of VAUXHALL 5 Hilton Ave., Vauxhall, NJ. Church office, (908) 687-3414. Pastor: Dr. Marion J. Franklin, Jr., Pastor. Sunday School -All ages - 9:30 am; Sunday Morning Worship Service including Nursery room facilities and Mother's Room - 11:00 am; Weekly Events: Mondays - Male Chorus Rehearsal, 7:30 pm. Tuesdays - Tuesday Evening Fellowship of Prayer & Pastor's Bible Class 7:30 P.M. Wednesdays - Voices of First Baptist Rehearsal -6:00 pm - Tutorial Program from 6:30 pm 7:30 pm - First Baptist Inspirational Rehearsal 7:30 pm Thursdays - Thursday Morning Prayer 6:30 am - 7:45 am; Saturdays - Every 2nd & 4th Saturday Youth Choir Rehearsal - 11:00 am First Sunday of each month - Holy Commun-

ion. Call the church office if transportation is needed. (908) 687-3414.

FIRST BAPTIST CHURCH Colonial Ave. and Thoreau Terr., Union. Rev. Robert Fox. Interim Minister. Church phone: (908) 688-4975; Sunday services: 9:45 AM - Sunday School for all ages; 11:00 AM - Morning Worship (with nursery provisions available through Grade 4); 7:00 PM - Evening Praise Service, formal Bible Study. Wednesday: 6:45 PM -Middle School/Senior High Youth Fellowship at the Church; 7:00 PM - Prayer Meeting and Hible Study; 8:10 PM - Chancel Choir rehear-Hisble Study; 6:10 FM - Charter Choir renear-and. Monshiy meetings include: Singles' Group, Charles' Bible Singly; Missionary Circles for failed: Men's Fellowship Breakfast every third Semaday (7:30 AM). Wide range of musical opportunities for children, youth and adults in choirs, handbell choirs and instrumental ensem-•

EVANGEL BAPTIST CHURCH "Declaring His Excellence Sharing His Love" 242 Shunpike Rd., Springfield, Reverend Frederick R. Mackey, Senior Pastor; Reverend Edward Muska, Youth Pastor. Sunday: 9:45 AM Bible School for all ages, electives for adults. 11:00 AM Worship Service, Nursery Care and Children's Church. 6:00 PM Evening Service, Nursery Care. Wednesday: 7:15 PM Prayer, Praise and Bible Study; Junior/Senior High Koinonia. Active youth program; Cross-Cultural Ministry; Senior's Luncheon 3rd Thursday 11:00 AM; Woman's Prayer Watch; Music Program. Ample parking. Church is equipped with chair lift. All are invited and welcomed with us. For further information contact church office (201) 379-4351.

### CHURCH OF CHRIST

CHURCH OF CHRIST, 2933 Vauxhall Road, Vauxhall, Millburn Mall Suite 6, Meets Sunday 10:00am Bible Study, 11:00 Worship Service 6:00 pm Evening Service. Wed. 7:30 pm Bible Study. We are offering a FREE Bible Correspondence course with no obligation; or private Bible Study in your own home at your convenience. Free for the asking. Harry Persaud, Evangelist. 908 964 6356.

CONSERVAT UVE BAPTIST RARITAN ROAD B TIST CHURCH 611 Raritan Road, Cranfor NJ (Adjacent to the Days Inn), Telephone 7/2-7/088. Pastor Steve Nash. We are a Bible Qutered, family oriented ministry. Our SCHELCLE includes: Sunday Morning Prayer Time at 9:00 AM, Sunday School for All Ages at 9:40, Morning Worship Service and Children's Church at 11 AM. Wednesday Evening Bible Study at 7 PM. Friday Evening Pioneer Clubs for Boys and Girls. "We Let the Bible do the talking!"

#### **EPISCOPAL**

ST. LUKE & ALL SAINTS EPISCOPAL CHURCH 398 Chestnut Street, Union 688-7253. Sunday Worship Service at 9 a.m. Morning Prayer Tuesday and Thursday, 9:15 a.m. The Rev. A. Wayne Bowers, Vicar and The Rev. Philip Wong, Associate Priest. Chin-ese School Saturday afternoon 2:30-5:00 p.m. for children and adults. Computer interest group, first Saturday of month 3:30-5:00 p.m. Chinese Bible Study Saturday, 8-9 p.m. The Chinese Community Center provides job training activity and services, call for more information. Anyone interested in a Chinese Language Church Service, call Fr. 1-201-998-7934 or 1-908-688-7253.

### JEWISH-CONSERVATIVE

TEMPLE BETH AHM 60 Temple Drive, Springfield, 376-0539. Perry Raphael Rank, Rabbi. Richard Nadel, Cantor. Jack Goldman, President. Beth Ahm is an egalitarian, Conser-. vative temple, with programming for all ages. Weekday services (including Sunday evening and Friday morning) are conducted at 7:00 AM & 7:45 PM; Shabbat (Friday) evening-8:30 PM; Shabbat day-9:30 AM & sunset; Sunday, festival & holiday mornings-9:00 AM. Family and children services are conducted regularly. Our Religious School (third-seventh grade) meets on Sunday and Tuesdays. There are for-mal classes for both High School and pre-Religious School aged children. The synagogue also sponsors a Nursery School, Women's League, Men's Club, youth groups for fifth through twelfth graders, and a busy Adult Edu-

and Men's Club. JEWISH - ORTHODOX

### **LUTHERAN**

GRACE LUTHERAN CHURCH AND SCHOOLS 2222 Vauxhall Road, Union, 686-3965, Rev. Donald L. Brand, Pastor. Family Sun. School 9:15; Family Worship 10:30 Visitors Expected; Barrier-free; Various Choirs, Bible Studies, Youth Groups; Nightly Dial-A-Meditation; Call church office for more information or free packet.

HOLY CROSS LUTHERAN CHURCH 639 Mountain Ave., Springfield, (201) 379-4525. Pastor Joel R. Yoss. "Our Family invites Your Family to Worship with us." Worship Services with Holy Communion, Sundays, 9:00 a.m. and 10:45 a.m. with Sunday School during each Service. Nursery care is provided during Worship Services. Christian Nursery School, Kids' Koinonia 3:30 p.m. every other Tuesday, Youth Fellowship 7:00 p.m. every other Tuesday, Women's Bible Study Thursdays, 9:30 a.m., Adult Choir 7:30 p.m. Tuesdays, Mothers' Morning-Out Ministry 9:15 a.m. Thursdays, Men's Breakfast 7:30 a.m. first Saturday, Twenties & Thursdays, "Parents' Night Out" Small Group Ministries. Special services and teaching series to be announced. For further information, please call (201) 379-4525.

HOLY TRINITY LUTHERAN CHURCH 301 Tucker Ave., Union 688-0714. Slovak Worship 9:00 a.m., Sunday School 10:00 a.m., English Worship 11:00 a.m. Communion on first and third Sunday of every month.

### INTERDENOMINATIONAL CHRIST CHURCH

CHRIST CHURCH, 561 Springfield Ave. Summit, NJ (908) 273-5549. Dr. Charles T. Rush, Senior Minister; Wayne Bradford, Minister of Music. Although affiliated with the American Baptist Churches, USA, and the inited Church of Christ, our members come from various religious backgrounds. Sunday School Ages 3- Jr. High 10:00-11:15. Sr. High Youth Fellowship, Sunday evening. Weekly events include Children's Choirs and Bell Choirs; Adult Bible Study, Choir, Women's and Men's groups. Periodically, the Illuminators perform drama within the worship service. Various community outreach programs include: Habitat for Humanity; Bridges (Friday night food runs to New York City homeless); Interfaith Hospitality Network; Inner City ministries

#### METHÖDIST

BETHEL AFRICAN METHODIST EPIS-COPAL CHURCH 241 Hilton Avenue Vauxhall, 964-1282. Sunday Church School 9:30 a.m., Church Worship 10:45 a.m. Wednesday: Prayer Meeting & Bible Study 7:30 p.m Rev. Gladwin A. Fubler-Pastor.

COMMUNITY UNITED METHODIST CHURCH Chestnut Street & East Grant Ave. Roselle Park. Rev. Nancy S. Belsky, Pastor. Phones: (908) 245-2237; 245-8820; 241-1210. Worship Services: 9:00 & 11:00 A.M. in our climate-controlled, barrier-free Sanctuary. (Infant and Child Care available at each Worship service) Adult Bible Study: 10:00 A.M. rusader Choir (Children & Jr. High Youth); 10:00 A.M. Coffee & Fellowship Time: 10:00 A.M. Church School (Nursery - 12th Grade): 11:00 A.M. United Methodist Youth Fellowship (Grades 6-12): 4:00 P.M. Sanctuary Choir (Sr. High Youth & Adults): Wednesdays at 8:00 P.M. Prayer Phone: (908) 245-2159. All are welcome!

Kenilworth. Rev. Linda Del Sardo, Pastor. Church office 276-1956, Parsonage 276-2322. Worship Service 10:00 A.M., Sunday School 9:00 A.M. Nursery available during Worship. Communion is served the first Sunday of each month. All are welcome.

SPRINGFIELD EMANUEL UNITED METHODIST CHURCH 40 Church Mall, Springfield, Rev. J. Paul Griffith, Pastor. SUN-DAY MORNING CHURCH SERVICE 10:30 A.M., CHURCH SCHOOL RECONVENES 9:15 A.M. Church is equipped with a chair lift to Sanctuary for Handicapped and Elderly.

#### **MORAVIAN**

BATTLE HILL COMMUNITY MORA-VIAN CHURCH 777 Liberty Avenue, Union, 686-5262. Pastor John Jackman, Sunday School 9:15 a.m. Service of Worship, 10:30 a.m., Nursery provided. First Sunday every month Fellowship Hour after Worship, Prayer Group every Wednesday 7:00 p.m. Bible Study every Wednesday 7:30 p.m. Women's groups meet first Tuesday 7:30 p.m. and first Thursday 1:30 p.m. monthly. New Jersey Chrysanthemum Society second Friday of month 8:00 p.m (except Jan., Jul., & Aug.). For more information call the Church Office.

### NON-DENOMINATIONAL

WORD OF GRACE FELLOWSHIP MINI-STRIES, INC., YMCA, 68 Maple Street, Executive Meeting Room - 3rd Floor, Summit. Sunday Service, 10:30 am. A Non-Denominational Fellowship which adheres to the Grace and Righteousness of Jesus Christl Pastor John N. Hogan. For more information call (908) 245-6650. Visitors are welcome. ASSOCIATED BIBLE STUDENTS, meetings held at Masonic Lodge, 1912 Morris Avenue Union, NJ. God has a plan and you're in it! We encourage dialog on all scriptural matters, Sunday 1:30 pn-Sermon/Topical Study, 3:00 pm - Bible Study/Topical Study. Sunday School available for children. For more information call (908)686-1923.

MOUNTAINSIDE CHAPEL 1180 Spruce Drive, Mountainside, 232-3456. Dr. Gregory Hagg, Pastor. WEEKLY ACTIVITIES: SUN-DAY 9:45 AM - Sunday School for all ages! 11:00 AM - MORNING WORSHIP - with Dr. Hagg. Nursery is provided for newborn to 2-year-olds, Children's Churches for 2-yearolds through third grade. 6:00 PM Evening Service (First and third Sundays Care Groups meet). MONDAY 7:00 PM - Junior and Senior High Youth Groups. WEDNESDAY: 7:00 PM - MID-WEEK SERVICE - Family Night Bible Study with Dr. Hagg Christian Service Brigade STOCKADE for boys in third through sixth grades. PIONEER GIRLS Program for girls in first through ninth grades. 7:45 PM Prayer meeting; Choir Rehearsal

### PRESBYTERIAN

CONNECTICUT FARMS, PRESBYTE-RIAN CHURCH Est. 1730, Stuyvesant Ave. and Rt. 22, Union. Sunday Church School for all ages; Bible Study and Current Issues Forums at 9:30 A.M. Sunday Worship Services at 10:45 A.M. Child care provided during the Worship Service. We have an Adult Chancel Choir. Sound System for the hearing impaired. Coffee Hour Follows the Service. Ample parking. Presbyterian Women Circles meet Month-, And Social

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Group for those coping with aged persons meets 4th Thursday of the month. Full program of Scouting provided. Everyone welcome. Weekday Nursery; School for 214, 3, and 4 yr olds availabale, 964-8544. For additional information, please call Church Office 688-3164. Serving Church Community for 262 years. Rev. R. Sidney Pinch, Pastor, 688-3164.

FIRST PRESBYTERIAN CHURCH Morris Ave. and Church Mall, Springfield, 379-4320. Sunday Church School Classes for all ages 9:00 a.m., Sunday morning Worship Service 10:15 a.m. with nursery facilities and care provided. Opportunities for personnel growth through Worship, Christian education, youth groups, choir, church activities and fellowship. Sundays-Church School - 9:00 a.m., Worship 10:15 a.m.-Communion first Sunday of each month; Ladies Benevolent Society - 1st Wednesday of each month at 1:00 p.m.; Ladies Evening Group - 3rd Wednesday of each month at 7:30 p.m.; Kaffecklatsch - 1st and 3rd Tuesday of each month at 9:30 a.m.; Fellowship Day 2nd Monday of each month at 11:30 a.m.; Choir - every Thursday at 8:00 p.m.; Jr High Fellowship - 1st and 3rd Fridays of each month at 7:30 p.m.; Confirmation Class every Friday at 3:15 p.m. Rev. Jeffrey A. Curtis, Pastor.

TOWNLEY PRESBYTERIAN CHURCH Salem Road at Huguenot Avenue, Union. Worship and Church School Sundays at 10:00 A.M. Nursery Care during all services. Holy Communion the first Sunday of each month. We offer opportunities for personal growth and development for children, youth, and adults. We have three children's choirs and an adult Chancel Choir. Our Presbyterian Women are divided into six circles which meet monthly. Worship with friends and neighbors this Sunday. Townley Church is a growing congregation of caring people. For information about upcoming events and programs, please call the Church Office, 686-1028. Dr. Brahm Luckhoff, Minister.

### **ROMAN CATHOLIC**

THE PARISH COMMUNITY OF ST. JAMES 45 South Springfield Avenue, Spring-field, New Jersey 07081 201-376-3044, SUN-DAY EUCHARIST: Sat. 5:30 p.m. Sun. 7:30, 9:00, 10:30 a.m., 12:00 Noon. Reconciliation: Sat. 1:00-2:00 p.m. Weekday Masses: 7:00 & 8:00 a.m. -

ST. THERESA'S CHURCH 541 Washington Ave., Kenilworth, 272-4444, Rev. Joseph S. Bejgrowicz, Pastor, Sunday Masses: Sat. 5:30 pm, Sun. 7:30 - 9:00 - 10:30 am - 12 Noon. Weekday Masses 7:00 - 9:00 am. Miraculous Medal Novena following 7:30 pm Mass. ST. JUDE PERPETURAL NOVENA - Wednesdays, 12 Noon and 7:30 pm. Holy Hour for vocations and special intentions. Share His powerful intercessions.

NOTE: All copy changes must be made in writing and received by Worrall Community Newspapers No Later than 12:00 Noon, Fridays prior to the following week's publication. Please address changes to: Dorothy G. Worrall Community Newspapers 1291 Stuyvesant Ave. P.O. Box 3109 Union, N.J. 07083

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Mitzvah Preparation - Thursdays - 8-10 PM.

# clubs in the news

### New officers

The Foothills Club of Mountainside will hold their regular meeting at the Tower Steak House on Route 22. today at noon.

During the meeting, the group will install new officers; Genevieve Kaczka will be president. Mayor Robert Viglianti will address the club.

### Jewish war vets

The Elin-Unger Ladies Auxiliary of the Jewish War Veterans will join with the post in installing the following officers for the year on Sunday at 5 p.m. in the Sarah Bailey Civic Center on Church Mall:

President Selma Fein, Senior Vice President Blanche Egna, Junior Vice President Bernice Richter, Treasurer Ruth Hirschorn, Finance Secretary Marilyn Kohn, Correspondence Secretary Anne Sornstein, Recording Secretary Mildred Salzman, Guard Mary Strulson, Conductress Millie Vice, Patrlotic Instructor Dorothy Saffer, Chaplain Ruth Pomerantz, Delegates Bobbie Eisenberg and Mildred Vice and Installation Chairperson Bobbie Eisenberg.

Egna, Kohn and Sornstein will also serve as trustees. All new officers will be installed by Department of New Jersey President Freda Rosenschein.

### Springfield Women's Club

The Springfield Women's Club will install its new officers on Monday at 1 p.m. in the Sarah Bailey Civic Center on Church Mall.

The officers for the 1995-96 year are:

President Nettie Roessner, Program Chairman Catherine Siess, Membership and Goodwill Chairman Ruth Wuertz, Hospitality Chairman Ethel Baer, Recording Secretary Shirley Gilbert, Corresponding Secretary Dorothy Anderson, Treasurer Trudy Linderfelsar, Public Affairs Secretary Jean Best, Nominating Secretary Gertrude Johnson, Telephone Secretary Marjorie Wellbrock and Yearbook Secretary Ernestine Gierman.

### Naturalists Club

The Echo Lake Naturalists Club will hold its monthly meeting Tuesday at 8 p.m. in the auditorium of the Trailside Nature and Science Center on Coles Avenue and New Providence Road.

The topic of the evening will be

"Tales from the Fur Side." Raritan Wildlife Refuge Director Andrea Abramson will review practices of the rehabilitation center, which cares for up to 350 small mammals a year. She will also bring a skunk to the meeting. The group will continue its Walker Walks program on Sunday. At 7 a.m. the walkers will meet at Sunny Barn, which is located in the Deserted Village off Glenside Avenue.

On May 14, they will assemble at the skeet shooting range in Lenape Park off the Boulevard in Kenilworth. Hopes are high concerning the possibility of seeing orchard orioles and indigo buntings, similar to those seen last year.

The final Walker Walk will be held May 21. The group will meet at Sealey's Pond in the Watchung Reservation at 7 a.m. A traditional birders' breakfast will be served at 8:30 a.m. Reservations are required; those interested must sign up by Tuesday.

A birding trip to Allaire State Park is scheduled for May 20. This park contains a mix of pine and deciduous forests and bottomlands that support a diverse population of migrating and breeding birds. Those planning to attend should arrive at the Bradlees in Clark by 7:30 a.m.

For more information on these and other club activities, call Gerry Breitenback at (908) 757-9464.

### Hadassah to meet

The Springfield chapter of Hadassah will hold its "Forces for the Future" dinner at Short Hills Caterers Wednesday at 6:30 p.m.

There will be a smorgasbord and a dinner, to be followed by dancing to the music of Reuben James.

### Senior Citizen Club

Mountainside's Senior . Citizen Club will meet May 12 at noon in the Community Presbyterian Church on Deer Path and Meeting House Lane.

New officers will be elected at this meeting and dues for the coming year will be collected.

Marie Hubert of the Union Senior Health Program will be the guest speaker.

On May 26, Nancy Mahoney, a registered nurse, will speak on nutrition for the aging.

The "Mystery Bus Trip" scheduled for Tuesday will live up to its name; according to Rose Siejk, participants. will not know where they are going until they get there.

### Annual Shabbaton

The annual Congregation Israel Shabbaton is scheduled for May 13. The theme is "The Pursuit of the Millenium in Judaism." This year's scholar-in-residence is Alfred Baumgarten, professor of Jewish History at Bar Ilan University.

### Mended Hearts meets

The Union-Essex Chapter of Mended Hearts will meet in the First Aid Squad headquarters on North Trivett Avenue on May 16 at 8 p.m. Board certified cardiologist Robert Fishberg, from Morristown, Overlook and Muhlenberg hospitals, will speak on ways to reverse heart disease.

### Dinner plans

The Evening Group of the First Presbyterian Church in Springfield will hold its regular meeting on May 17 at 7:30 p.m. in the Parish House on Church Mall. The group will finalize its plans for the annual club dinner to be held at the Steak and Alc Restaurant on June 21.

### Mountainside Women

Several members of the Mountainside Women's Club, including, President Violet Rodgers, will attend the annual N.J. Federation of Women's Clubs convention in the Trump Regency Hotel in Atlantic City.

### Scholarship awarded

The Mountainside Woman's Club has awarded its mature woman's scholarship to Sheila McLean of Berkeley Heights.

McLean, a single mother of four boys, is working toward her doctorate degree in psychology. She will graduate from Union County College in May.

### A tribute to Simon

The board of trustees of the Springfield Public Library recently honored Rose P. Simon for her 20 years of volunteer service after her retirement in 1968.

For 15 years of that time period, she reviewed nonfiction books every week for the Springfield Leader. She also worked with the Friends of the Springfield Library.

Before her retirement, Simon was employed as a physical education and modern dance instructor for nearly 50 years. She graduated with a bachelor of science degree from Rutgers Uni-

versity.



Staci Uchitel and Scott Feit

### Uchitel-Feit wedding planned

Sharon and Mikel Uchitel of Springfield have announced the engagement of their daughter, Staci Leigh, to Scott Michael Feit, son of Jo-Ann and Herbert Feit of Nesconset, N.Y.

Ms. Uchitel, a graduate of Jonathan Dayton Regional High School, received a bachelor of science degree in economics from the Wharton School of Business at the University of Pennsylvania. She is a certified public accountant and is currently pursuing her master's degree in education at Teachers College, Columbia University, N.Y.

Mr. Feit, who was graduated from Smithtown High School East, was awarded a bachelor of science degree in business administration from Bucknell University. He, too, is a certified public accountant and financial consultant with Arthur Andersen, LLP.

An October wedding is planned.

# religion

Springfield chapter of B'nai B'rith Women will have its annual installation of officers and paid-up membership party Wednesday at 7:30 p.m. at Temple Beth Ahm, 60 Temple Drive, Springfield.

Officers to be installed include a presidential cabinet consisting of Lee Harelik, Harriett Karp, Ruth Piller, Eleanor Rice, Selma Roth and Muriel Tenenbaum; vice presidents Helen Rich and Rita Sokohl; secretaries, Liesel Binder, Betty Rosen, Beverly Stern and Minna Schulte; treasurer, Edna Gerber; and counselor, Ruth Grossman.

Entertainment will be provided by Kol Dodi'Midrasha Community Chorale

# stork club

### Peter lannelli Jr.

A son, Peter Jr., was born to Suzanne and Peter Iannelli of Westfield on April 4 at Overlook Hospital, Summit.

The maternal grandparents are Mr. and Mrs. Frank Florian of Westfield. The paternal grandparents are Mr. and Mrs. Pasquale Iannelli of Springfield.

### Rebecca Jane Broda

A daughter, Rebecca Jane, was born to Robyn and John Broda of Mountainside on April 20 at Overlook Hospital, Summit.

### Attention churches

This newspaper encourages congregations, temples, social and civic organizations to inform the editors about scheduled events and activities. Releases should be typed, doublespaced, and include a phone number where a representative may be reached during the day. Send information to: Lifestyle Editor, P.O. Box 3109, Union, N.J. 07083.

### death notices

ANICITO- Nunzio (Barney), of Union, husband of the late Lucy (nee Poppolardo), father of Connie Roman, brother of Marie Cotell and Nancy Zarello, also survived by one grandchild. Funeral was from The MC CRACKEN FUN-ERAL HOME, 1500 Morris Ave., Union. Mass was in Holy Spirit Church, Union.

CHELADZE- George Andre, on April 25, 1995 Funeral service private. Survived by good friends and associates. Arrangements were by The MC CRACKEN FUNERAL HOME, 1500 Morris Ave., Union.

LEONE- On April 29, 1995, Antoinette (Visco). of Union, N.J., wife of the late Daniel Leone devoted mother of Anthony Leone, Florence Hill and Rose Ann Clemmensen, dear sister o Marie Sulley, Ann Mendola, Lucy Serravillo, Harry, John, Ralph and Carmen Visco, also survived by seven grandchildren and eight great-grandchildren. Funeral was from The MC CRACKEN FUNERAL HOME, 1500 Morris Ave., Union. Interment Hollywood Memorial Park. In lieu of flowers, contributions to the Calvary Assembly of God Church, 953 W. Chestnut St., Union, N.J. 07083.

MC GEE-Mary, 81, of Union, on April 23, 1995, beloved wife of Robert V.J., dear mother of Robert J., also survived by three grandchildren Funeral was in St. Elizabeth's Episcopal Church, North Broad St., Elizabeth, Interment Graceland Memorial Park. Arrangements were by The MC CRACKEN FUNERAL HOME, 1500 Morris Ave., Union

SAULNIER-Alderic J., of Roselle Park, N.J., or May 1, 1995, beloved husband of Joan A (Prachar) Saulnier and father of Daniel J Saulnier of Middletown and Kathleen J. Swee

#### PUBLIC NOTICE

PLANNING BOARD BOROUGH OF MOUNTAINSIDE PUBLIC NOTICE NOTICE IS HEREBY GIVEN that the Planning Board of the Borough of Moun-tainside, 1385 Route 22, Mountainside, NJ heard the following application on April 13, 1995.

Block 5.T, Lot 52, Ground sign with varlance - Approved. U5205 Mountainside Echo, May 4, 1995 (Fee: \$5.24)

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PLANNING BOARD BOROUGH OF MOUNTAINSIDE PUBLIC NOTICE NOTICE IS HEREBY GIVEN that public hearings will be held by the Planning Board of the Borough of Mountainside in the Mountainside Municipal Building, 1385 Route 22, Mountainside, NJ on May 11, 1995 at 8:00 p.m. on the following applications: Graphic Management Inc., 270 Sheffield Street, Block 7.M, Lots 23 & 24 - Ground sign application with variance Section 1007 (J)(5).

(1)(5), Various issues may be discussed and action may be taken. Ruth M. Rees

Secretary

U5206 Mountainside Echo, May 4, 1995 (Fee: \$8.00)

NOTICE OF APPROVAL PLEASE TAKE NOTICE that application of The Vision Group, P.A. bearing Applica-tion #95-2 on the docket of the Board of Adjustment of the Township of Springfield for variance from the requirements of the Zoning Ordinance of the Township of Springfield for placement of a sign from the setback line was approved at a meeting of the Board of Adjustment on February 21, 1995 and memorialized by Resolution adopted at the meeting held on April 18, 1995. 1995

Dated: April 25, 1995 U5221 Springfield Leader, May 4, 1995 (Fee: \$5.75)

NOTICE OF HEARING Please take notice that on the 16th day of May, 1995, at 8:00 p.m., a hearing will be held before the Springfield Board of Adjust-ment at the Municipal Building, 100 Moun-tain Avenue, Springfield, New Jersey on Application #95-6 on behalt of Summit Bank for approval to install a free standing Identification sign with variance relief from the size limitations and building set back requirements of the land use ordinance of the Township of Springfield, and for such other relief, by way of variance or other-wise, that may be deemed necessary by the Board of Adjustment In connection with the proposed sign installation. The applica-tion relates to premises located at 175 Mor-ris Avenue, and designated as Block 34, Lot 11 on the Springfield Township Tax Map.

Lot 11 on the Springfield Township Tax Map. The application, plan and survey are on file in the Annex Building, 20 North Trivett Street and available for inspection during ordinary business hours. Any interested party may appear at said hearing and participate therein in accor-dance with the rules of the Zoning Board of Adjustment. EPSTEIN, EPSTEIN, BROWN & BOSEK A Professional Corporation Attorneys for Summit Bank By: Patrick B. Sprouls, Esq. U5222 Springfield Leader, May 4, 1995 (Fee: \$12,50)

SPRINGFIELD BOARD OF EDUCATION INSTRUCTIONS TO BIDDERS Sealed proposals will be received until 10:00 A.M. on Thursday, Mity 15, 1995 and then opened and publicly midd in the Office of the Secretary of the Board of Education, Springfield, New Jersey for supplying the public schools with material as specified on the stlached list. SPECIFICATIONS FOR COPY PAPER 1. All supplies and materials must con-

form strictly to the description and specifi-cations. Where a special make of any article is specified, bidder may quote prices on articles equally good, in which case they must specify the make and number of the article which they propose to substitute. Samples must be furnished upon request. The Board reserves the right to accept or reject any or all makes of the different arti-cles if in its judgment it is deemed in the best interest of the schools. 2. All bids must be submitted on the bid

best interest of the schools. 2. All bids must be submitted on the bid form and bids not submitted on auch forms may be rejected. Only firm bids will be con-sidered. The item cost of the articles which the bidder agrees to furnish must be typed or completed in ink in the blank space pro-vided opposite the name of the article for which the price is given and must include proper packing and delivery, F.O.B. Spring-field, New Jersey, including transportation insurance. Curb delivery will not be accepted. All packages must be properly labeled identifying the contents. Individual packages must be limited to a maximum of 75 pounds. pounds.

75 pounds. 3. Deliveries on all items ordered under the bid shall be completed in accordance with the attached schedule. If the person or firm to whom an award is made shall fail to furnish and deliver the supplies within the time specified and allowed, the Board of Education may deduct and retain out of the moneys due or which may become due to such person or firm from the Board of Edu-cation, such sum as shall be sufficient to pay the difference between the prices on which the Board of Education may or shall be obliged to pay to procure such supplies

which the Board of Education may or shall be obliged to pay to procure such supplies from other parties. 4. The Board reserves the right to purch-ase by item or complete list. The Board reserves the right to reject any or all bids, to waive defects and to cancel the contract at any time these instructions are not com-plied with or for any good and sufficient reason. reason.

5. Sealed envelopes containing propos-als should be marked on the outside with appropriate title as listed above and should appropriate title as listed above and should be delivered in person or mailed to The Springfield Board of Education, P.O. Box 210, rear of the Florence M. Gaudineer School, 75 South Springfield Avenue, Springfield, New Jersey, 07081. By order of the Board of Education, Springfield, Union County, New Jersey. Dated: May 4, 1995 James L. Alehman Business Administrator/Board Secretary U5248 Springfield Leader, May 4, 1995 (Fee: \$30.00)

TOWNSHIP OF SPRINGFIELD ZONING BOARD OF ADJUSTMENT PLEASE TAKE NOTICE that on the 16th day of May 1995 at 8:00 P.M., a hearing will be held before the Springfield Board of Adjustment at the Municipal Building, 100 Mountain Avenue, Springfield, New Jersey on Appliction #95-7 on behalf of Ana C. Pontas for a variance or other relief as to permit a 4 tence on corner property which volates the front yard and for any other var-lances that may be deemed necessary as evidenced by the plans now on file or as modified at the request of the Board of Adjustment for the premises located at 57 Brook St. and designed as Block 52 Lot(s) 6 on the Springfield Township tax map. The application, plans and survey are on file in the Annex Building located at 20 North Trivett Street and available for inspection from 9 a.m. to 3 p.m. Any Interseted party may appear at said hearing and participate therein in accor-dance with the rules of the Zoning Board of Adjustment. Are C. Pontes Applicant

Ana C. Pontes Applicant

U5238 Springfield Leader, May 4, 1995 (Fee: \$11.25)

TOWNSHIP OF SPRINGFIELD UNION COUNTY, N.J. TAKE NOTICE there will be a meeting of the Advisory Committee for the Establish-ment of a Department of Health, Wednes-day, May 10, 1995 at 7:00 P.M. in the Plan-ning Board, Municipal Building. HELEN E. KEYWORTH Secretary U5231 Springfield Leader.

(Fee: \$4.25)

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# SPORTS

# **Bruder sets school** record in HJ at 5-3

Just misses LJ mark with 17-4

By J.R. Parachini Sports Editor

Records were made to be broken. And Dayton Regional High School girls' track and field standout Jod: breaking another at last Saturday's Millhum Relays.

The Springfield resident jumped 5 feet. 3 inches to break the high jump school record earlier achieved 'hy Trish Taylor and Donna Commarato in the 1980s.

Bruder, a junior, had Dayton's best long jump result in 15 years with a mark of 17 feet, 4 inches. 'Taylor. holds that record with a jump of 17-5 accomplished in 1980 at the Summit-Relays.

made 5-3 on her second jump," Dayton girls' track coach William Byme said, "She didn't realize the bar was at 5-3 until it was officially announced," Although Byrne was not surprised

Bruder broke one and came close to that Bruder was able to accomplish a 5-2 high jump, he was more-thanhappy to see her post a 17-4 long jump officer

> "I didn't expect her to do that well to early," Byrne said. "Her previous best was 16-10 and we had not spent a lot of time working on it."

Bruder and sophomore teammate Jackie Zika of Kenilworth (14-8.5) combined to win the team long jump with a total mark of 32-0.5 inches. Bruder won the Mountain Valley Conference high jump event during "She started at 4-8, then 5-0 and the winter with a jump of 5-0 and



Jodi Bruder ...track standout

qualified for the Meet of Champions for the third consecutive year, just missing placing by barely failing to record a 5-2.

# White Sox down Reds in **Springfield Minor League**

In Springfield Junior Baseball League Minor League action last week, the White Sox downed the Reds 10-3

Pitchers Brett Berger and Jacob Feldman combined to no-hit the Reds, Berger striking out six and Feldman five.

The Reds (0-2) jumped out to a 3-0 lead behind the pitching of Tim Homlish and runs scored by David Levine, Jeremy Marx and Matt Traum, all on walks.

After tying the score 3-3 on a triple by Brett Berger and a double by Ross Kravetz, the White Sox (1-1) broke the game open with a seven-run fourth inning, with Cory Berger getting the game-winning RBI.

Ross Kivowitz, David Bertschy and Michael Kronert provided fine fielding for the Sox, while Nick Perretti, Lisa Clark and Jacob Feldman contributed key base hits during the rally.

David Sklar, Matthew Schactel and

Teddy Young sparkled in the field for the reds.

Other games:

White Sox 25, Phillies 18: David Bertschy cracked a three-run homer and Cory Berger scored three runs and pitched a shutout inning to lead the White Sox (2-1) to the victory over the Phillies (0-2).

Brett Berger scored a team-high five runs and smacked two double and a triple. Connor Hamilton, Michael Kronert, Lisä Clark and Jacob Feldman had two hits. Brett Berger also threw two shutout innings to run his consecutive shutout streak to five innings.

Eric Decter broke up a no-hitter in

### the fourth with a single and Jay Weatherston had two hits and drove in three runs. Steven Bernknopf hurled

### two tough innings for the Phils. Junior Baseball

Rockles 12, Royals 0: The Rockies shut out the Royals behind the pitching of Matt Colandrea and Corv Gaul. Lee Silverman scored three runs and Steve Cohen homered. Frank Miceli, A.J. Garciano and Robbi Maul played well for the Royals.

Rockles 9, Yankees 7: The Rockies (3-0) edged the Yankees behind the efforts of Justin Harris, Jeremy Kovacs, Lee Silverman and Cory Gaul. Matt Colandrea pitched a scoreless fourth inning. Mike Nittolo, Sean Frank and Mike Stauhs played well for the Yankees.

Pirates 16, Phillies 9: Erich Buthmann struck out nine and allowed only one run over three innings. Lindsav Stearns had two hits, three RBI and three runs. Justin Catello had one hit, three RBI and three runs.

Louis Puopolo scored three runs. Andy Tile, Matthew Stigliano and Keith Dworkin scored twice and Buthmann, Sean Appicella and Corey Evans scored. Jessica Filippis played a strong game at catcher and Daniel Scott, George Kramer and Matthew Traina played well.

Harris Tuckman went 2-for-3 with three RBI and one run. Additional runs were scored by John O'Reilly, Eric Decter, Steven Bernknopf, Jay and Jesse Weatherston, Todd Bernstein and Brian Sperber. Michael Rodrigues and Bobby Laurencelle played well for the Phillies.

Reds 15, Pirates 5: The Reds were led by the pitching of Teddy Young. David Sklar and Timothy Homlisch. Scoring for teh Reds were Matt Traum (3), Homlisch, Sklar, Young, Matthew Schactel and David Zabludovsky (2) and David Levine and Brian Stitt (1). Jeremy Marx played well.

Sean Appleella went 2-for-3 with a stolen base and Erich Buthmann walked, had a stolen base and scored. Daniel Scott walked twice, scored twice and stole one base. Keith Dworkin walked and scored a run and Louis Puopolo walked, had an RBI and scored.

George Kramer had one hit and two RBI and Justin Catello hit a single and had two RBI. Matt Stigliano struck out three and Catello and Buthmann one. Buthmann and Scott also played catcher and Andy Tile. Corey Evans and Lindsay Stearns played well in the field.

Orioles 7, Yankees 0: Kevin Dash went 3-for-3. Dean Chencharik 2-for-2 and Mike Luciano 1-for-2. Dash and Chencharik combined for a one-hitter. Devon Dorn got the one hit in the fourth inning. Greg Zinberg and Sean Frank pitched well.

Orioles 8, Royals 4: The Orioles snapped a 3-3 tie with five runs in the fourth. Jeff Schultz, Dean Chencharik, John Cottage, Joe Kahoonei, Mike, Luciano and Louis and Phillip Sarracino hit safely. Kevin Dash came in to pitch out of a bases loaded situation by striking out the five batters he faced. Mike Nico hit a home run and Sara Steinman and Robbie Maul scored.

# **Dayton to visit Elizabeth** Saturday in first-rounder

By J.R. Parachini Sports Editor

Who will the best pitchers be this weekend?

Eight first-round Union County Interscholastic Athletic Association games will commence Saturday at 2 p.m., getting the 42nd annual Baseball Tournament in full gear.

Top-seeded Westfield has unbeaten senior righty Kris Williams (6-0).

Second-seeded Elizabeth has twice-beaten junior righthander Al Hawkins (4-2) and third-seeded Union will go with once-beaten junior righty Pat Collins (5-1). Seventhseeded Summit counters with talented junior lefthander Steve Schröeder. All three juniors will be among the top quarterbacks in the state as seniors when the 1995 football season begins in September.

'At the start of the week records included Westfield at 13-2, Elizabeth at 9-4, Union at 11-4 and New Providence at 7-3.

Defending champion Westfield, which won last year's crown as the eighth seed, is looking to be the first team to win back-to-back titles since it won crowns in 1986 and 1987.

New Providence at 6-Scotch Plains. ...

Heading into Tuesday's scheduled non-conference game at Verona, the Dayton Regional High School baseball team was on a tear. The Bulldogs had won three of four, scoring at least 15 runs in all three wins. Dayton began the week with a 5-8

overall record, having won five of

### Diamond Talk

eight games after an 0-5 start.

The Bulldogs blanked Roselle 15-0 April 25 at home, fell to Johnson Regional 15-4 at home last Thursday, routed Newark Central 16-1 on the road last Friday and then shut out Hillside 17-0 in a preliminary-round-Union County Tournament contest.

Dayton will play at second-seeded Elizabeth Saturday at Williams Field at 2 p.m. in one of eight first-round UCT matchups.

In the win against Roselle, senior centerfielder Chris Reino belted a Scotch Plains and Dayton Regional besting seventh-seeded Rahway 12-10 in Rahway.

This Saturday's 2 p.m. quarterfinals (it's an SAT Saturday) include ninth-seeded Roselle Park at topseeded Union (3 p.m.). fifth-seeded Governor Livingston at fourth-seeded Cranford, sixth-seeded Westfield at third-seeded Union Catholic and 10th-seeded Dayton Regional at second-seeded Johnson Regional.

Union began the week with a 14-1 record and Johnson. egional was 11-0 and the only unbeaten team remaining in the county. Cranford had a 9-2 record at the start of the week and Union Catholic was 8-1.

Dayton received a bases-clearing double from Jen Fitzherbert in the top of the seventh to get past Rahway. Fitzherbert belted two doubles and a single for the Bulldogs, who rallied for five runs in the top of the seventh. Teammate Julia Keller hit a home run. Tanya Latiszewski hit a runscoring double in the third when Rahway scored four runs to grab a 6-5

# Cubs, Pirates post victories in Mountainside YBL action

The Cubs and the Pirates opened with victories in Mountainside Youth Baseball League play.

The Cubs defeated the Tigers 15-10 in an American League game. Sieve Bobco belted a three-run homer and had two hits and Matt Miller had three hits for the Cubs.

The Pirates overcame an 11-0 deficit to beat the Yankees 13-11 in American League action. Mike Mangello, Mike Biel and Patrick Cusano had key hits for the Pirates. Mike Kolanko had three hits and Eric Feller made two outstanding defensive plays for the Yankees. Other games: Tigers 17, Pirates 17: Jude Faella went 4-for-4 and belted a two-run homer. Chrissy McCurdy had three hits and Jonathan Moss and Brian Arrigom both went 3-for-3. Cubs 13, Yankees 6: Brendan Weakley and Matt Miller went 3-for-3, Jim DeCastro had a double and Chris Perez-Santalle and Steve Bobko had two hits. Mike Mankowski, Morissa Basille, Emily Salerno and Patrick Klebauer had one hit. Eric Feller, Jake Savette and Mike Kolanko had two hits each and Puzyk Bohdan, Anthony Internicola, Feller, Miller and Weakley played well in the field. Blue Stars 5, Orioles 4 (7 inn.): Greg Zimmerman drove in the winning run with an RBI-single as the Blue Stars scored three runs in the bottom of the seventh for the Major League win. Steve Bergeski tied the game at 4-4 in the bottom of the seventh with a two-run homer. The Orioles snapped a 2-2 tie with two runs in the top of the seventh. Danny Drake and Jason Darland pitched well for the Orioles. Jimmy Grammenos pitched a two-hitter for the Blue Stars.

sending everyone in the batting order up to the plate, to extend their lead to 10-4.

The Mowhawks received a two-out bases-loaded double by Dana McCurdy in the bottom of the fourth to cut the lead to 10-8.

Holding a 10-8 advantage, the Iroquois scored their final run in the top of the fifth. Springfield's Cooperman triumphs Cory Cooperman of Springfield, 11, won the New Jersey State Freestyle Wrestling Tournament (70 pounds, Junior Division), becoming a two-time state champ. Cooperman, a student at Gaudineer School, won all three of his matches by technical fall in the tournament held last weekend at Ridge High School in Basking Ridge. Cooperman has qualified for the Northeast Regionals (entries from 13 states), which will be held Memorial Day Weekend in Teaneck.

Saturday's games (it's an SAT Saturday) include: Union Catholic at 1-Westfield, Roselle Park at 8-Cranford, Linden at 4-Governor Livingston, Plainfield at 5-Rahway, Dayton at 2-Elizabeth, Roselle Catholic at 7-Summit, Johnson at 3-Union and

### UCT Softball FIRST-ROUND

Saturday, April 29 Union 17, New Providence 0 Roselle Park 10, Scotch Plains 0. Cranford 8, Linden 5 Gov. Liv. 13, Elizabeth 0 Union Cath. 10, Roselle C. 5 Westfield 19, Mother Seton 2 Johnson 23. Summit 1 Dayton 12, Rahway 10

QUARTERFINALS Saturday, 2 p.m.

(9) R. Park at (1) Union (3 p.m.) (5) Gov. Liv. at (4) Cranford winners play in semifinals (6) Westfield at (3) Union Cath. (10) Dayton at (2) Johnson winners play in semifinals SEMIFINALS. Saturday, May 13 Linden's Memorial Field 5:30 and 7:30 p.m. FINAL Saturday, May 20 Linden's Memorial Field 7:45 p.m.

double and single and drove in three runs. Joe Cioffi had three singlesd and two RBI and Jason Perez and Andy Stier each had two singles and two RBI.

Alex Colatruglia and Roberto Tarantino each connected on three-run homers in the win over Newark Central. Both shots came in the third inning when Dayton scored eight times to take a commanding 9-0 lead. Colatruglia singled in two runs in the fourth to give him five RBI. Rich McNanna pitched a five-hitter for the victory.

Cioffi had four RBI on two doubles and two singles and Bob Gardella belted two doubles and had four RBI to lead Dayton past Hillside.

Dayton has outscored Hillside 29-0 in two wins and Newark Central 33-4 in two victories. Conversely, Dayton has been outscored by Johnson 37-6 in two defeats.

The Bulldogs began the week 4-5 in the Mountain Division of the Mountain Valley Conference.

Dayton is scheduled to play at conference foe North Plainfield today at 4 p.m. The Canucks handed the Bulldogs a 10-7 setback April 7. Dayton hosts Immaculata tomorrow at 4 p.m.

Dayton SB at Johnson Six of the top eight seeds advanced to this weekend's Union County Interscholastic Athletic Association Softball Tournament.

· Last Saturday's upset-winners included Roselle Park knocking off eighth-seeded Scotch Plains 10-0 in

UCT Baseball PRELIMINARY

lead.

Saturday, April 29 Johnson 17, Oratory 0 Plainfield 9, St. Patrick's 2 Union Catholic 11. Roselle 1 Dayton 17, Hillside 0 Linden 6. St. Mary's 0

#### \* \* \* FIRST-ROUND

Saturday, 2 p.m. Union Catholic at (1) Westfield Roselle Park at (8) Cranford winners play in quarterfinals Linden at (4) Gov. Livingston Plainfield at (5) Rahway winners play in guarterfinals Dayton at (2) Elizabeth Roselle C. at (7) Summit winners play in quarterfinals Johnson at (3) Union New Prov. at (6) Scotch Plains winners play in quarterfinals

\* \* \* QUARTERFINALS

Saturday, May 13 at fields of higher seeds All four games 1:30 p.m.

.... SEMIFINALS Saturday, May 20 at Rahway's Memorial Field Noon and 3 p.m.

FINAL Saturday, May 27.. at Linden's Memorial Field 8 p.m.

#### Mountainside Iroquois win

The Iroquois defeated the Mohawks 11-8 last week in , Mountainside Recreation Commission Youth Softball League action.

Shortstop Kristen Hauser made an excellent play in the field to help the Iroquois hang on for the victory.

The Iroquois mounted a steady attack of solid hitting and smart baserunning to chalk up five runs in the first two innings

Down 5-0, the Mohawks answered with their first run in the bottom of the second. After shutting down the Iroquois in the top of the third, the Mohawks clawed their way back to trail 5-4, using timely hitting and aggressive baserunning to score three runs.

The Iroquois exploded for five more runs in the fourth,

### Midget Minutemen tryouts Sunday

Tryouts for the Midget Minutemen baseball team will continue Sunday beginning at 11 a.m. at the Sandmeier Fields.

To be eligible, a player must not have reached his 11th birthday prior to Aug. 1, 1995.

### \* \* \*

Tryouts for the Junior Minutemen baseball team will commence Sunday beginning at noon at Roesnner Field. They will continue Sunday, May 14 (Mother's Day) at noon.

To be eligible, a player must not have reached his 13th birthday prior to Aug. 1, 1995.

### \* \* \*

The Springfield Recreation Department announces that tennis badges are now available. Every resident who uses the township courts must have a photo identification. The cost is \$10 per photo.

Anyone who has a photo identification must come into the recreation office and have their badges validated for the 1995 season at no cost. Call 912-2226.

Special Olympics Track Meet Saturday New Jersey Special Olympics will hold its Area V Track and Field Meet for Union County Athletes Saturday in

Cranford at Memorial Field on Centennial Avenue. More information about the event may be obtained by calling Sue Murch at 201-798-1628 or Teri DiFrancesco at 908-322-9247.



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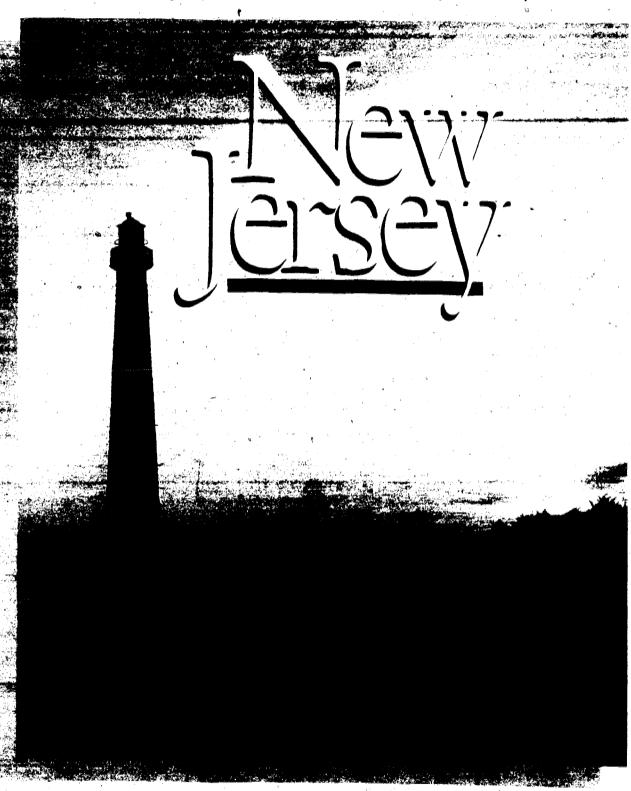
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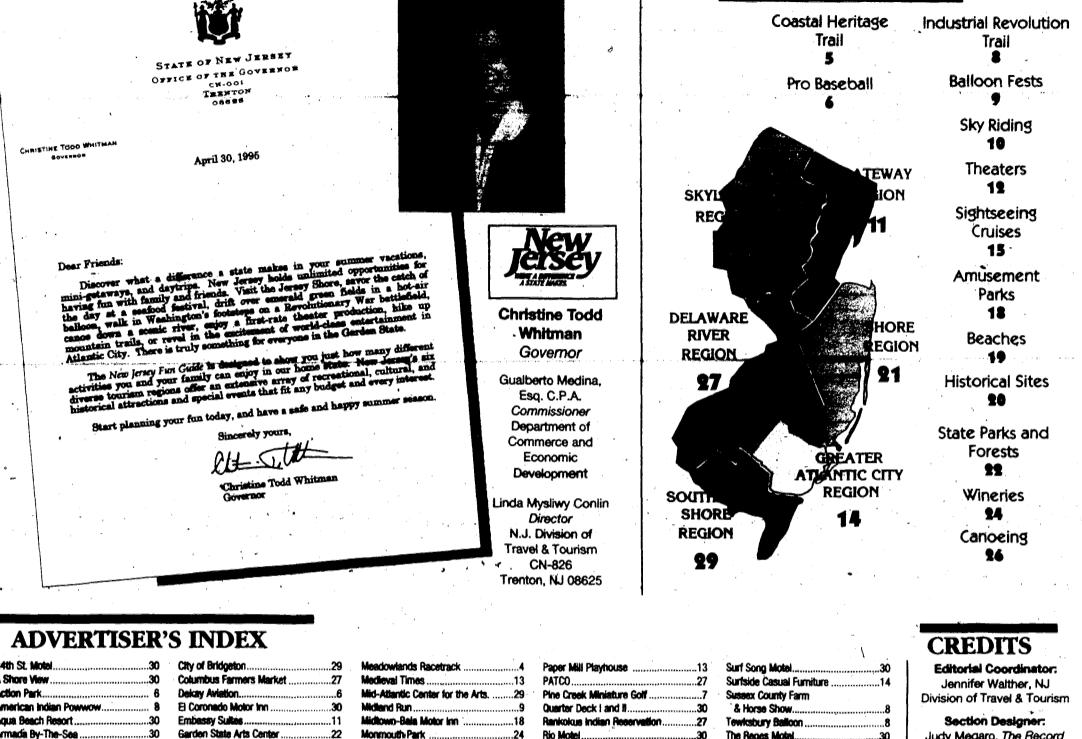


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Trace New Jersey's Coastal Heritage Along a Fascinating Heritage Trail

L's no surprise that a New Jersey Coastal Heritage Trail Route was established in 1988 since the state's heritage has been largely shaped by its close association with the ocean. Lighthouses protect busy shippping lanes while resorts thrive on sandy ocean beaches. Fishing villages are tucked into safe bays and wide cranberry bogs flourish in reclaimed marshes.

The trail encompasses the area east of the Garden State Parkway from the Raritan Bay, south to Cape May and the area north and west of. Cape May south of Route 49 to the vicinity of the Delaware Memorial Bridge. It's divided into five regions linked by the common heritage of life on the Jersey Shore, as well as the Raritan and Delaware Bays. Currently, three regions have Welcome Centers: Delsea, Sandy Hook, and Cape May. Trail literature is also available at local information centers. Five themes will cover different aspects of coastal life. A brochure available from the Division of Travel and Tourism and the New Jersey Coastal Heritage Trail Route explains how the themes relate to the places within its boundaries and allows visitors to plan a route suited to their interests. The themes are:

Maritime History (open): Lighthouses, life-saving stations, forts and fishing villages document the interdependence of people and the sea.

Historic Settlements (under development): In towns shaped by natural resources, visitors may see cranberry bogs and salt hay meadows, or learn about iron and glassmaking, all examples of how people earn their living from local natural resources.

### **Relaxation and Inspiration**

(under development): Here are amusement parks, historic hotels, boardwalks, religious retreats, and tremendous sporting opportunities.

Wildlife Migration (under development): The coast is a vital stop in the global migration of birds and sea mammals; dolphins, whales, osprey, and eagles are just a few animals that may be seen.



Barnegat Lighthouse at Barnegat

estuaries, bays, and rivers serve as home for a rich diversity of plant and animal life. The New Jersey Coastal Heritage Trail Route is being developed cooperatively by the National Park Service, the State of New Jersey, and many organizations

Coastal Habitats

water forms many

different habitats

from sandy beaches

to dense maritime

islands, wetlands,

forests. Barrier

to fertile salt marshes

(opening late 1995):

The changing bound-

ary between land and

working to preserve the state's natural and cultural heritage. The trail is still growing – as new sites are

added, they will be identified by the New Jersey Coastal Heritage Trail Route logo. The Trail's first theme, "Maritime History" opened to the public in the Fall of 1993. The second theme, "Coastal Habitats," is expected to open in late 1995. For further information, write to the New Jersey Coastal Heritage Trail Route, P.O. Box 118, Mauricetown, NJ, 08329.

### Tune in to "Jersey Jaunts"

Simply turn on you radio and listen for "Jersey Jaunts" this season to find ideas on what to plan for the weine the listen of Travel and Tourism has teamed up with "Jersey Jaunts," a popular radio series to increase awareness and visits to the

state's diverse tourism destina-

tions. "Jersey Jaunts" is a 90-second radio program featuring the Garden State's variety of attractions and special events. Hosted by well-known radio personality and Jersey Jaunts creator, Maggie Glynn, the radio travel series highlights weekend events and adventures around the state. Mancuns, cultural sites, annusement parks, zoos, revolutionary era haunts, seasonal Sites, and annexated about Jersey genus are being brought to life each week.

The program also twice a day, two days a week on WKXW, New Jersey 191.5 on Thursday and Friday at 9.20 a.m. during the morning trailic report and Thursday and Friday at 8:40 p.m. during Mary Walter's program.



Crafts, Art, Food, Kids Activities 13 OUTDOOR DOWNTOWN FESTIVALS 5/7 Cranford......Eastman Plaza 5/21 Union.....Stuyvesant Ave. 6/4 Somerville......Route 28 6/25 Raritan.....Somerset St. 8/5 Summit......Springfield Ave. 9/10 Red Bank......Broad St. 9/17 Westfield & More.

Call The Advertising Alliance For More Info (908) 996-3036



Advertise in upcoming NJ Fun Guides! Call the NJ Press Association at (609)695-3366



### Play Ball!

Professional baseball returned to New Jersey this spring when the Class-A New Jersey Cardinals opened their season in Augusta, Sussex County, and the Class-AA Trenton Thunder took the field in Trenton, Mercer County. These teams provide a sensational season of affordable family fun!

The New Jersey Cardinals are a Class "A" farm club of the St. Louis Cardinals and compete in the NY-Penn League. The league includes such teams as the NY Yankees and NY Mets farm clubs. The Cardinals, as well as some college teams, are playing in beautiful Skylands Park, a 4,200-seat stadium that includes 10 huxury Sky Boxes. The park boasts the first ever authorized Minor League Baseball Museum, indoor batting cages, sports video parlor, retail sporting goods outlets, fitness club, and more. The ball park itself features a barbecue/picnic area, hitech scoreboard, state-of-the-art message center, and more. Last year, the Cardinals were champions of their league. For a complete schedule of games, ticket prices, and information, call (201) 579-7500.

The Trenton Thunder, originally the

London Ontario (Canada) Tigers, is a minor league club affiliated with the Boston Red Sox of the Class-AA Eastern League. The competitive Eastern League includes farm clubs from the Montreal Expos and the Philadelphia Phillies. The Thunder's home games are played at Mercer County's Waterfront Park, a 6,300-seat stadium along Trenton's waterfront. Games can be heard on WTTM 920 AM in Mercer and Burlington counties as well as in Lower Bucks County and Northeast Philadelphia. For more information on team merchandise, ticket prices, and a complete schedule, call (609) 394-TEAM.

### New Jersey's Beauty

earn more about what makes New Jersey environmentally unique. Here are some environmental centers to expand your appreciation of the state's natural beauty.

- Cattus Island Park & Cooper Environmental Center, 1170
- Cattus Island Blvd., Toms River, (908) 270-6960.
- Fairview Lake Environmental Education Centre, 1035
- Fairview Lake Road, Newton, (201) 383-9282. • Hackensack Meadowlands Development Commission

Environmental Center, 2 DeKorte Park Plaza, Lyndhurst, (201) 460-8300.

- James A. McFaul Environmental Center, Crescent
- Avenue, Wyckoff, (201) 891-5571.
- Somerset County Environmental Center, Lord Stirling Park, 190 Lord Stirling Road, Basking Ridge, (908) 766-2489.



# Welcome to New Jersey's Great Northwest!

Lunterdon, Morris, Somerset, Sussex, and Warren counties combine to make up the beautiful Skylands Region. The area's blend of woodlands, lakes, mountains, farms, and historic sites translates into a wonderful vacation destination the whole family will enjoy.

Day One of your journey begins in the Morristown area. Your first stop is Historic Speedwell, where Alfred Vail and Samuel F.B. Morse publicly demonstrated the electromagnetic telegraph in 1838. Afterward, step back in time at the Ford Mansion, General George Washington's headquarters, at the Morristown National

Historic Park.



At the Flemington Fair After lunch, browse through the first-rate Morris Museum in Morristown, known for fine rotating exhibits in art, science, nature, and cultural history. Then picture yourself a Revolutionary soldier amid the authentic log huts at Jockey Hollow, also part of the Morristown National Historic Park. Or, if you choose to spend the day in the great outdoors, enjoy four-season activities at Lake Hopatcong, the state's largest lake. And nature lovers will want to take in the Wick House Herb Garden, an 18thcentury herb and vegetable garden located in Bernardsville.

Day Two features a Sussex County bonanza! Take a self-guided tour of beautiful Waterloo Village in Stanhope, a restored village that was first settled in the 1750s and later gained commer-

cial importance. Throughout the year, spectacular music festivals and special events are hosted at the village. Later, walk through the underground mine at the Sterling Hill Mining Museum in Ogdensburg. You'll discover that the Skylands Region was invaluable in fueling the Industrial Revolution with its abundance of mines, metals, and men. The region's elements were harnessed, but the terrain was left unspoiled for future generations to enjoy. Continue your mine tour at the Franklin Mineral Museum in Franklin Township, where locally mined fluorescent minerals are of particular interest.

In the afternoon, say hello to the animals at Space Farm Zoo in Sussex. Or, if shopping is your game, visit Olde Lafayette Village in Lafayette, the shopping hotspot in the county. High Point State Park isn't too far away from here. Stop for a visit, and gaze over breathtaking vistas from the state's highest point. On a clear day, you can see for 80 miles! Or splash down at Action Park in Vernon, the largest self-participation theme park in the world!

Rural Warren County is your destination for Day Three. Begin in Oxford at the historic Shippen Manor Museum and the Oxford Furnace, the original blast furnace built in 1741. Afterward the children will love the Land of Make Believe, a theme park in Hope designed just for them. Or, take a walking tour of the Moravian village of Hope, which was founded circa 1769. Pick your own fruits and vegetables and sample wine at Matarazzo Farms and the adjacent Four Sisters Winery in nearby Victorian Belvidere.

Other options for Day Three: tubing, fishing, hiking, and birdwatching at the magnificent Delaware Water Gap National Recreation Area, the 11th most visited national park in the United States! Or, follow the Winery Trail through the countryside. You'll find at least eight different wineries or vineyards in the region, many that offer tours, tastings, and retail sales of their products.

Head for Hunterdon County on Day Four. Board the historic Black River and Western Railroad in Ringoes for a scenic ride to Flemington. Once there, shop until you drop at Liberty Village Factory Outlets and the fine stores downtown. Stop by the Court House where the Lindbergh trial took place. Afterward, take a short drive to the quaint town of Clinton, home to wonderful historical and art museums housed in restored gristmills. Clinton is also a perfect place for people who love the outdoors – Spruce Run State Park is a haven for canoeing, camping, swimming, and fishing.

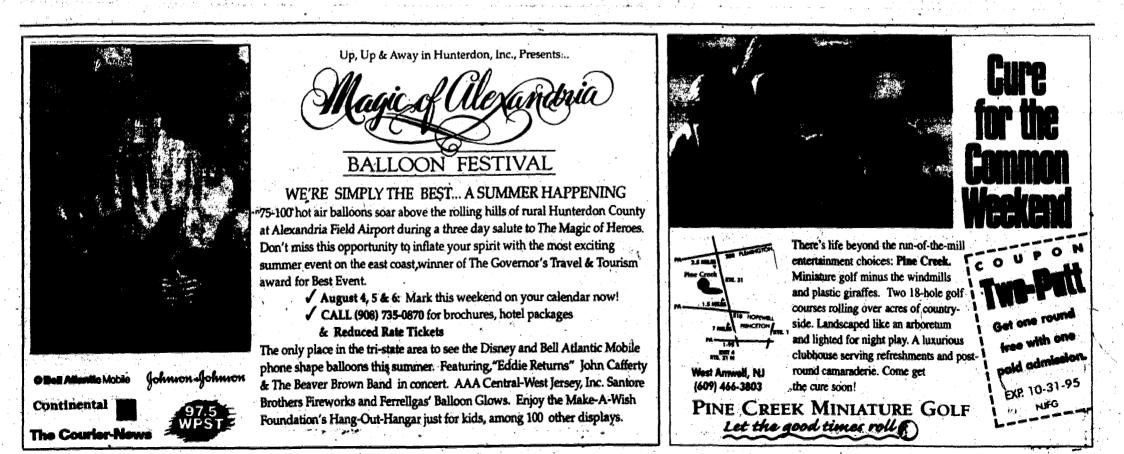
In the afternoon, explore the Delaware River towns of Milford (home of The Ship Inn, New Jersey's first brew pub), Frenchtown, Stockton, and Lambertville, all famous for their antique shops, art galleries, and restaurants. Near Milford, check out the Vollendam Windmill and Museum – the windmill is 60 feet high with 68 feetlong sail arms.

Day Five promises fun in Somerset County. Golfing buffs won't want to miss the United States Golf Association Golf House Museum in Far Hills. See the club that Alan Shephard used on the moon, as well as fine rotating and interactive exhibits.

Travel to Somerville, where you can admire exquisite gardens under glass at Duke Gardens and visit the U.S. Bicycling Hall of Fame to see memorabilia of early bicycling and Hall of Fame inductees. Afterward, tour the Old Dutch Parsonage/Wallace House, the original home of Jacob Harden, who was the founder of Queen's College, now Rutgers University. In the afternoon, stop in at the United States Equestrian Team Headquarters in Gladstone; many exciting competitions take place here every summer. Or, if you would rather spend the day exploring the county's natural resources, check out the Delaware and Raritan Canal State Park, a perfect place to canoe, fish, picnic, and hike.

Looking for something new to see and do? Anytime of year? Head for the Skylands! You will find a yearround slate of balloon festivals, agricultural fairs, winter carnivals, harvest festivals, and more - all to ensure you and your fellow travelers a memorable experience.

To make your trip planning easier, consult the New Jersey Division of Travel and Tourism's New Jersey Travel Guide. To request a copy, call 1-800-JERSEY-7, ext. 5010. For Skylands Region information, call 1-800-4-SKYLAND or stop in at their office in the Gate House at Waterloo Village. For more information on Morris County, stop in at the Historic Morris Visitors Center at 14 Elm Street in Morristown or call (201) 993-1194.





NEW JERSEY FUN GUIDE NEWSPAPER SUPPLEMENT WEEK OF APRIL 30, 1995 9

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Hamienn Air 258 Wertsville Road, Ringoes (609) 465-3389 Hot-air Balloon rides

Have Balloon Will Travel 57 Old Belvidere Road, Phillipsburg (800) 60-TO-FLY Hot-air balloon flights

Heart's Desire Balloon Adventures 20 Alien Street, Flemington (908) 788-7618 Balloon rentals

Hunterdon Ballooning, Inc. P.O. Box 2116, Flemington (800) 337-RIDE/(908) 788-5415 Hot-air balloon rides

In Flight Balloon Adventures P.O. Box 7679, Bloomsbury (908) 479-4674 Hot-air balloon rides

Rainbow Express P.O. Box C, Rocky Hill (908) 359-2600 Hot-air balloon rides

Skydive East P.O. Box 84, Pittstown (908) 996-6262 Skydiving at Alexandria Field

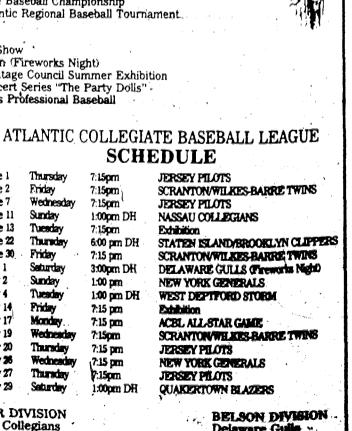
Sky Manor Airport Sky Manor Road, Pittstown (908) 996-4200 Airplane and helicopter instruction, air sports

Sky Promotions RD 2, Box 54, Pittstown (908) 996-2195 Hot-air balloon rides and instruction

Sussex Airport, Inc. 53 Route 639, Wantage Township (201) 702-9719/875-7337/875-0783 Flight school, annual air show

Tewksbury Balloon Adventures 29 Old Wick Road, Whitehouse (908) 439-3320 Hot-air balloon rides, air sports

**Ultralight Aircraft Center** Route 527 and Faraday Avenue, Jackson (908) 363-9888 Flight lessons



Delaware Guils . Quakertown Blazers West Deptiord Storm

NEW JERSEY FUN GUIDE NEWSPAPER SUPPLEMENT WEEK OF APRIL 30, 1995 11



n eclectic mix of culture, heritage, sports, and shopping await you in a six-county area of northeast New Jersey known as the Gateway Region. Composed of Bergen, Essex, Hudson,

Middlesex, Passaic, and Union counties, the region takes its name from

name from its proximity to nearby Ellis Island and the Statue of Liberty, which marked the gateway to America for an enormous number of immigrants in the early 20th century. Start your trip, however with a tribute to one of America's native sons, Thomas Edison. Some of the Ohio-born inventor's greatest discoveries were made right here in the

Gateway Region. On Day One of your tour, begin at the Edison National Historic Site in West Orange. Stroll through the laboratories and workshops where Edison developed the motion picture camera, phonograph, and more than half of his 1,093 U.S.-

patented inventions. Many of Edison's original

inventions are on display, such as the tinfoil phonograph of 1877 and early electric lights. A showing of Edison's early movies is a highlight of ehe a ne on to Glenmont, Edinon's palatial 19th-century, 23-room estate. The redbrick and wood mansion is an impressive example of opulent Victorian style, and most of its original furnishings are still in place.

In the afternoon, head for the Liberty Science Center in Jersey City, where you'll have a learning experience that brings new fascination and an element of fun to science, technology, and nature. Four impressive floors house hundreds of permanent and rotating interactive exhibits and



Harnes Racing at the Meadowlands

presentations based on the themes of invention, health, and the environment. Hold on to your hats as you experience a cinematic odyssey in the world's largest OMNI Theatre!

Another option for your afternoon is visiting the aforementioned Statue of Liberty and Ellis Island, easily accessible by ferry from historic Liberty State Park, also in Jersey City

Your choices for dinner include cuisines from around the world in cities like Newark (Portuguese) and Hoboken (Italian). Or, travel to, New Brunswick for a night of exceptional theater at the George Street Playhouse or the Crossroads Theater, one of the premier black theater companies in the nation.

Day Two finds you discovering the region's history and nature. This morning, take a scenic drive to one of the state's hidden jewels, the New Jersey Botanical Gardens at Skylands. From the delicate shades of a tiny wildflower to the vibrant color of mass annual plantings, the Botanical Gardens is

# Lome play on the water tor a chan

Bring your fun lovin' friends to New York Harbor and catch the Spirit for lunch or dinner this week! Whether you depart from Weehawken or Manhattan, you'll enjoy a Total Cruise Package\* that includes dining, dancing, live shows and a fabulous view, all 

LINCOLN HARBOR MARINA, WEERAWKEN, NJ PIER 62. WEST 238D STREET, MANRATTAN ля жа (201) 867-5518 эк жу (212) 727-2789 GROUPS OF 24-400: (201) 867-6201 (RUISES

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### TWICE-THE-FUN FAMILY WEEKENDS

# "Mom calls it family therapy" "I call it awesome

"Mom says two nights are twice the fun, especially when we save \$30 on the second night. And an Embassy Suites weekend includes so much! Our suite is real big...my parents have a king-size bed in their room and I have my own sofa-bed in the living room, with my own TV. There's also a refrigerator, microwave, coffeemaker and

wet bar. Mom loves the free breakfast (cookedto-order by someone else), and the free beverages every night,\*\* both in this neat atrium that's full of green plants. I can't



Call 1-800 EMBASSY, your travel, agent or the hotel direct to reserve EMBASSY your Twice-the-Fun Family Weekend. SUITES

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PISCATAWAY/SOMERSET 121 Centennial Ave. (908) 988-8508 \$104\*

SECAUCUSMEADOWLANDS 455 Plaza Dr. (201) 864-7300 \$114\*

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### NEW JERSE / FUN OURDE NEW BRAPER BUPPLEMENT WEEK OF APRIL 20, 1995

### GATEWAY / FROM PREVIOUS PACE

a place of beauty in any season

Continue your tour through the Manor House, designed in the mid-1920s by distinguished American architect John Russell Pope. Note the Tudor Revival mansion's weathered stone facade and the sags and ripples in the slate roof, designed to appear centuries old. (The house is open for group tours only.)

Continue journeying back in time to The Hermitage in Ho-Ho-Kus, a house dating back to the 18th century that has been designated a

National Historic Landmark. This Gothic Revival home features steep, gabled

roofs, diamond-paned bay windows, elaborately carved "gingerbread" trim, and wide verandas epitomizing the romantic Victorian era

Make your last stop of the day at the New Bridge Landing Historic Park, where you may tour the Steuben House, a 1713 Dutch Colonial sandstone residence.

Prepare yourself for a shopping and sporting extravaganza on Day Three. With more than 125 stores. the giant Secaucus Outlet Center of major manufacturers is located in the heart of the Meadowlands.

Speaking of giants...if you are traveling on a group tour, enjoy a behind-the-scenes look at the Meadowlands Sports Complex in East Rutherford. The complex encompasses Brendan Byrne Arena and Giants Stadium, the latter being home of the Giants and Jets of the National Football League

The arena is home to the National Hockey League's New Jersey Devils and the National Basketball Association's New Jersey Nets. As day turns to night, savor a sumptuous dinner and a night of horseracing at the Meadowlands. Racetrack. February through December on Thursdays and Saturdays, shop the Meadowlands Marketplace, a huge outdoor flea market located at Giants Stadium. It's an educational and fun

excursion for Day Four of your Gateway Region vacation: Children will love the interactive exhibits at the New Jersey Children's Museum in Paramus

If air flight is more your interest don't miss the Aviation Hall of Fame and Museum at Teterboro Airport in Teterboro. Rounding out the afternoon is a visit to the world-renowned Newark Museum, boasting the most important Tibetan collection in the Western Hemisphere, and a planetarium.

Return to 1093 A.D. as royal guests for a performance at

Medieval Times Dinner & Tournament in Lyndhurst. As you wine. dine, and make merry at a grand medieval feast, you'll witness spectacular pageantry, dramatic Showtime at Paper Mill horsemanship, danger-

Playhouse in Millburn ous swordplay, sor-

cery, and an authentic jousting tournament.

On Day Five, find time to check out the Meadowlands

**Environmental Center and Trash** Museum, an educational, cultural, and scientific treasure dedicated to enhancing public understanding and appreciation of our environment. The Trash Museum may seem like an odd concept, but it is an internationally acclaimed museum, and one that offers interactive displays designed to educate visitors on environmental concerns.

Tonight, experience a first-rate performance at the critically acclaimed Paper Mill Playhouse in Millburn, or enjoy dinner and a New York Harbor cruise aboard the Spirit of New Jersey.

Five days and nights aren't nearly enough to take in all that's offered in the Gateway Region. And that's just one of the reasons you'll always be welcomed back.

To make your trip planning easier, consult the New Jersey Division of Travel and Tourism's New Jersey Travel Guide. To request a copy, call 1-800-JERSEY-7, ext. 5010 or call the Gateway Region Tourism Council for more information at (201) 641-7632.

HACKENSACT MEADOWLANDS DEVELOPMENT COMMISSION Environment Center

> In the heart of an urban wetlands refuge, the Center offers programs for schools and families dealing with meadowlands ecology, wildlife and other environmental issues; a museum with interactive displays; walking trails; and a Museum Store. Courtyard and glass-enclosed gazebo available for rental.

> > Call for hours: (201) 460-8300 2 DeKorte Park Plaza-Lyndhurst, NJ

### The Play's The Thing

heater-lovers can find an

impressive array of professional, community, open-air and dinner theaters throughout the state Listed below is a sampling of theaters where you can enjoy musicals, dramas, comedies, world premiers, and more.

If you would like more information on New Jersey's professional theaters, contact the New Jersey Theatre Group, the association of professional not-for-profit theatres of New Jersey, at (201) 593-0189

American Stage Company\* Fairleigh Dickinson Universit/ 892 River Road, Teaneck (201) 692-7720 Handicapped accessible

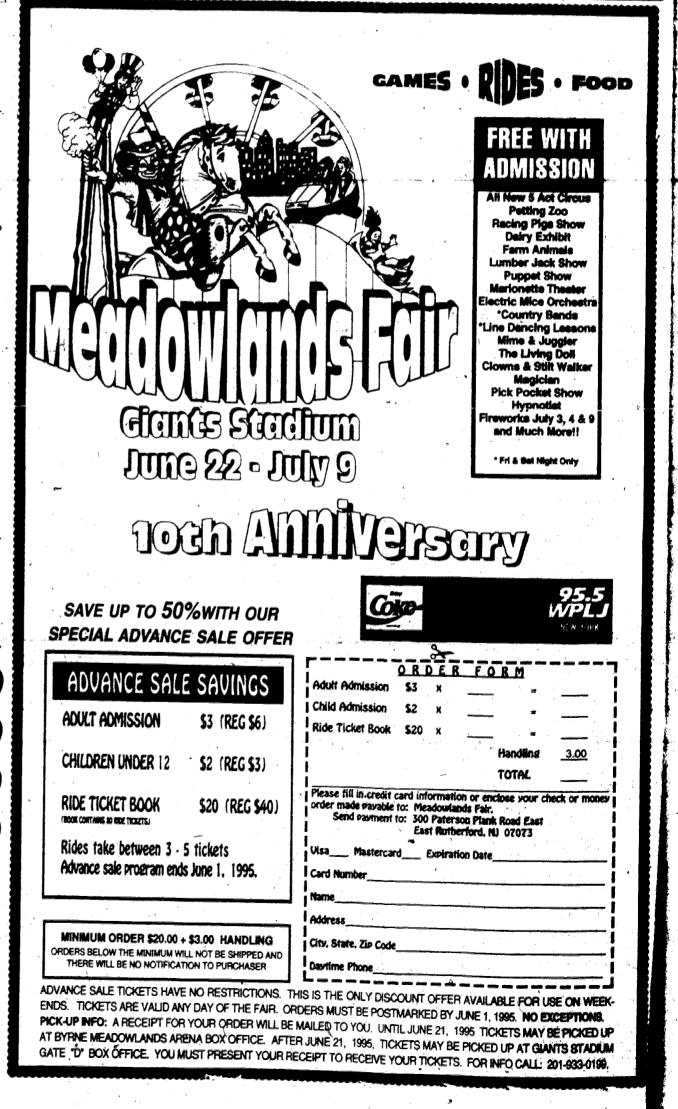
Bergen County Players Firehouse Theatre 298 Kinderkamack Poad Oradell 2011281-4200

Brundage Park Playhouse Carrell Road, Randolph (201) 989-7092 Handicapped accessible

Cape May Stage\* Congress Hall, Cape May (609) 884-1341

**Circle Players Circle Playhouse** 416 Victoria Avenue, Piscataway (908) 968-7555

Country Gate Players 114 Greenwich Street, Belvidere





(908) 859-4611

**Crossroads Theatrs Company** 17 Livingston Avenue, New Brunswick (908) 249-5581 Handicapped accessible

The East Lynne Company\* The Cape May Institute, Cape May (609) 884-7117

Elaine's Dinner Theater 513 Lafayette Street, Cape May (609) 884-4358

**Elizabeth Playhouse** 1100 East Jersey Street, Elizabeth (908) 355-0077

Handicapped accessible Evergreen Dinner Playhouse 90 Route 46, Mountain Lakes (201) 335-3676 Handicapped accessible

The Growing Stage\* Williamson Building, Main Street, Chester (906) 879-4946

First Avenue Playhouse 123 First Avenue; Atlantic Highlands (908) 291-7552

Forum Theater Group\* 314 Main Street, Metuchen (908) 548-0582 landicapped accessible

Foundation Theatre\* Burlington County College, Pemberton (609) 894-2138

Handicapped accessible

Franklin Villagers Barn Theater 475 Demott Lane, Somerset (908) 873-2710 George Street Playhouse\* 9 Livingston Avenue, New Brunswick

(908) 246-7717 Handicapped accessible

Hunterdon Hills Playhouse Dinner

Route 173 W, Hampton (800) HHP-7313 Handicapped accessible Levin Theater Company Rutgers - The State University Rutgers Arts Center, New Brunswick (908) 932-7511

Handicapped accessible Linden Summer Playhouse P.O. Box 304, Linden (908) 862-0772

McCarter Theatre Center for the Peforming Arts\* 91 University Place, Princeton (609) 683-8000

Handicapped accessible Mill Hill Playhouse Front & Montgomery Streets, Trenton (609) 989-3038

New Jersey Shakespeare Festival Theetre

Drew University Bowne Theatre Madison (201) 408-3278 Handicapped accessible **Off Broadstreet Theater** 

South Greenwood Avenue, Hopewell (609) 466-2768

Paper Mill Playhouse Brookside Drive, Miliburn (201) 376-4343 Handicapped accessible

Park Thester 560 32nd Street, Union City (201) 865-6980 Handicapped accessible

**Pax Amicus Castle Theater** Lake Shore Drive, Budd Lake (201) 691-2100 Handicapped accessible

Perona Farms Luncheon Theata 350 Andover-Sparta Road (Route 517) Andover (800) 762-8569 Handicapped accessible

#### Plays-in-the-Park

Roosevelt Amphitheater Roosevelt Park, Edison (908) 548-2885 Handicapoed accessible

Someraet Valley Players 689 Amwell Road (Route 514) Neshanic Station (908) 369-7469 Handicapped accessible

South Jarsey Regional Theater Gateway Playhouse Bay Avenue, Somers Point (609) 653-0553

Handicapped accessible Spring Lake Community Theater Third and Madison Avenue Spring Lake (908) 449-4530

Stageworks/Summit\* Kent Place School, Summit (906) 273-9383 Handicapped accessible

Summertun Theater, Inc.\* 88 Main Street, Little Falls (201) 256-0576 Handicapped accessible

Surflight Theatre Beach & Englacide Avenue Beach Haven (609) 492-9477

TheetreFest\* Montclair State College, Upper Montclair (201) 609-5112

Handicapped accessible Washington Crossing Open-Air

Washington Crossing State Park 355 Washington Crossing-Pennington Road, Titusville (609) 737-0623

Westfield Community Players 1000 North Avenue West, Westfield (908) 232-1221/9568

**Denotes a professional theater** 

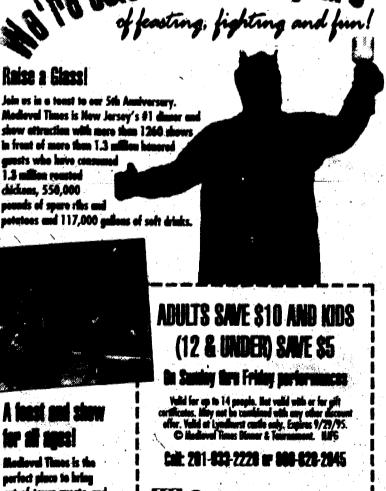


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NEW JERSEY FUN GUIDE NEWSPAPER SUPPLEMENT WEEK OF APRIL 30, 1995

### ncompassing all of Atlantic County, the Greater Atlantic City Region indeed has something for everyone. There is the leisurely pace of a morning stroll on the boardwalk and the frenetic rush of casino excitement around the clock. There are places of solitude where you can go

GREATER ANTIC CITY ATLANTIC CITY REGION

to get in touch with nature, and there are rollicking times to be had at any of a number of shore nightclubs. With such diversity, the possibilities are limitless. Here are a few suggestions:

**AMERICA'S FAVORITE PLAYGROUND!** 

On Day One of your visit, check into one of the many first-class hotels, motels, or resorts in Atlantic City. Many of the properties feature endless amenities that will ensure you a comfortable stay - whether it is the luxury of a world-class spa, an indoor amusement park, or championship bowling lanes.



Tonight, treat yourself to an incredible dinner served at one of a dazzling array of delectable restaurants around town. Spend your first evening in the town that for decades has been called The World's Playground. Not only is it the place for hot casino action, it's also the place for taking in one of many fabulous headliner shows. Sports fans will also be drawn by Atlantic City's top-ranked boxing action. Day Two holds the promise of discovering another side of the Greater Atlantic City Region. Art enthusiasts, history buffs, and others will enjoy

At The Grand in Atlantic City

perusing the new Florence Valore Miller Art Center and the Atlantic City Historical Museum, both at Garden Pier on Atlantic City's famous boardwalk, or the Noyes Museum in Oceanville, known for its special exhibits and outstanding collection of decoys. While in Oceanville, get back to nature with a visit to the lush 22,000-acre Forsythe Wildlife Refuge. It's a birdwatcher's

paradise with automobile and hiking trails. Afterward, stop at the Marine Mammal Stranding Center and Sea Life Museum in Brigantine, a unique rehabilitation facility devoted to rescuing stranded and injured dolphins, porpoises, seals, and sea turtles, then returning them to

their natural habitat. This evening, take a quiet stroll on the Ventnor boardwalk, or try your luck once again in one of Atlantic City's action-packed casinos.

Book yourself on a party-boat fishing trip or a nature sightsceing cruise on Day Three. You'll find a myriad of opportunities to do so on Absecon Island (home to Atlantic City and to the south, the towns of Ventnor, Margate, and Longport). Or for a change of pace, spend the evening at the Atlantic City Race Course in McKee City, not far from Hamilton Mall.

Hit the links on Day Four! The Greater Atlantic City Region is a haven for golf enthusiasts. Marriott's Seaview Resort, Blue Heron Pines Golf Club (voted one of the nation's top public golf courses), and Greate Bay Country Club (a stop on the LPGA Tour each June) are just a few of the finest golf courses on the East Coast - and they all call the Greater Atlantic City Region home.

If you're spending the day with the kids, have we got a lineup of fun for you! Zip around in a go-cart or play miniature golf at the new TW Sports Family Fun Complex, just off Route 40 in Egg Harbor Township. Smaller children will love Story Book Land, also on Route 40 in Cardiff. It's a magical place where popular children's stories are depicted. Of course, children of all ages will enjoy the region's miles of clean beaches and boardwalks. And just off the beach in Margate resides Lucy, the Margate Elephant, a 90-ton National Historic Landmark built in 1881.

Lucy truly must be seen to be believed. Built by a realestate developer, the elephant's original purpose was to serve as a vantage point to show off the southern end of Absecon Island to potential land buyers. It has been, among other things, a tavern and a library since then. Remodeled in the 1970s. it's now a museum open to visitors.

Tonight, enjoy a concert at the Stockton Performing Arts Center in Pomona. During the school year, Stockton brings in a truly eclectic mix of popular theater performances and musicians, ranging from Bobby McFerrin to Judy Collins. Another well-kept secret is the acclaimed South Jersey Regional Theater on Bay Avenue in Somers Point. The theater is now well into its second decade of bringing live performances to the shore.

After the show, take a walk down Bay Avenue toward the Ocean City Bridge. You'll discover a mix of eateries and nightspots along the refurbished bayfront, including the recently remodeled Anchorage, Hatteras Coastal Cuisine, and the Waterfront. You'll also find some of the best New England clam chowder along the Jersey Shore at The Clam Bar, a favorite place among locals and visitors alike.

But a trip to the Greater Atlantic City Region isn't complete without a visit to Renault Winery in Egg Harbor City, one of the country's oldest wineries. On Day Five, see how wine and champagne are still made there today. Nearby is the Towne of Historic Smithville and the Village-Greene. A stagecoach stop in years gone by, Smithville now features more than a hundred boutiques, antique shops, and cateries.

If you still have shopping fever, head for any one of three major shopping malls in the region: the Shore Mall, Hamilton Mall, or the Shops on Ocean One.

For a taste of Colonial dining the New Jersey way, make dinner reservations at the rustic Ram's Head Inn, along the White Horse Pike in Absecon.

The Greater Atlantic City Region plays host to an increasing number of fantastic festivals and special events year round, the most famous being the Miss America Pageant, celebrating its 75th Anniversary this September. With so much to see and do, it's no wonder the Greater Atlantic City Region is a vacation destination for more than 30 million visitors a year!

To make your trip planning easier, consult the New Jersey Division of Travel and Tourism's New Jersey Travel Guide. To request a copy, call 1-800-JERSEY-7, ext. 5010. Or call the Atlantic City Convention & Visitors Authority at (609) 348-7100.



Take to the Sea on a Whale Watching or Sightseeing Cruise

What can be more exhibit arting than standing on the deck of an authentic paddlewhceler on a beautiful summer day while the fresh sea air breezes over you? How about the sense of freedom experienced while sighting whales and dolphins from a charter boat? Or the romance of a moonlit ferry ride on a serene bay? Up and down the Atlantic Coast, in quiet back bays and rivers and on the picturesque Intracoastal Waterway, there are cruises offering everything from Broadway-style

Stroke of Genius

Southern New Jersey's most speciacular golf course is every player's dream come true. Over 6,700 yards of exquisite fairways, manicured greens, blue water and strategically placed bunkers challenge the expert while allowing an enjoyable round for the high handicapper.

And that's just part of it. The Restaurant at Blue Heron Pines offers the finest seafood, sleaks and pasta in a setting of understated elegance with a panoramic view of the course.

This premium daily fee course just may be the most inspiring course ever to take shape along the Jersey shore and beyond. Now, that's a stroke of genius. (609) 965-1800 Ext. 3025

BLUE HERON PINES Galloway, NJ 10 minutes from Atlantic City 45 minutes from Center City Phila. Open to the public year-round. entertainment and delicious meals to narrated nature and historic tours.

Atlantis

Bogan's Deep Sea Fishing Center 800 Ashley Avenue, Brielle (908) 528-6620/5014

Whalewatching, birdwatching cruises Big Flamingo 6006 Park Boulevard at Cardinal Road Wirdwood Crest

(609) 522-3934 Whale and dolphin watching cruises

Black Whale II and III Centre Street and the Bay, Beach Haven (609) 492-0202 Back bay cruises, cruises to Atlantic

City Black Whale IV/The Great Escape Farley Marina, Atlantic City (609) 492-0333

Atlantic City coastline cruises Cape May-Lewes Ferry Terminal Building, Cape May (609) 886-9699 Auto/passenger ferry, moonlight

Auto/passenger ferry, moonlight sightseeing and theme cruises Cape May Whale Watch and

Research Center Route 109 and Wilson Drive, Cape May (609) 898-0055 Nature, dolphin, whale and birdwatching cruises

Circle Line Statue of Liberty Ferry, Inc.

Liberty State Park, Jersey City (201) 435-9499 Cruises around Manhattan, Liberty State Park, Ellis Island, Statue of

Delte Kash: Sishtreeine

Delta-Ledy Sightssoing Wildwood Marina at Rio Grande and the Bay, Wildwood (609) 522-1919 Nature cruises through harbors, canals,

inlets, wildlife sanctuaries Dixie Queen, Captain Sinn's

Sightseeing Center 6006 Park Boulevard at Cardinal Road

Wildwood Crest (609) 522-3934

Whale and dolphin watching, sightseeing cruises Express Navigation

2 First Avenue, Atlantic Highlands (800) BOATRIDE Whale watching cruises

Harrah's Belle Harrahs's Casino Marina, Atlantic City

(609) 441-5000

Cruises of bay and inland watenways

Miss Atlantic City Jetboat

Excursions Farley State Marina, Atlantic City (609) 348-0800 Narrated tours of scenic back bays, entertainment

Miss Barnegat Light Barnegat Light Yacht Basin Barnegat Light (809) 494-2094/(800) 55-SEAS Whate watching, sightSeeing cruises

NY Waterway Pershing Road, Weehawken (800) 53-FERRY

(800) 53-FERRY Sightseeing cruises on New York Harbor

North Star and Evening Star 9th and Palen Streets, Ocean City (609) 399-7588 Marine mammal environmental cruises

Ocean Discovery Center P.O. Box 1165, Wildwood

(800) 942-5373 Ocean and marine life cruises

Princess Cruise Line, Inc. 42nd Street and Bay, Sea Isle City (609) 263-1633

Dolphin watching cruises River Belle

Broadway Basin

47 Broadway, Point Pleasant Beach (908) 892-3377/528-6620 Variety of cruises on the Intracoastal Waterway

River Lady 1 Robbins Parkway, Toms River (908) 349-8664 Historical, family, special theme cruises on Toms River, Barnegat Bay

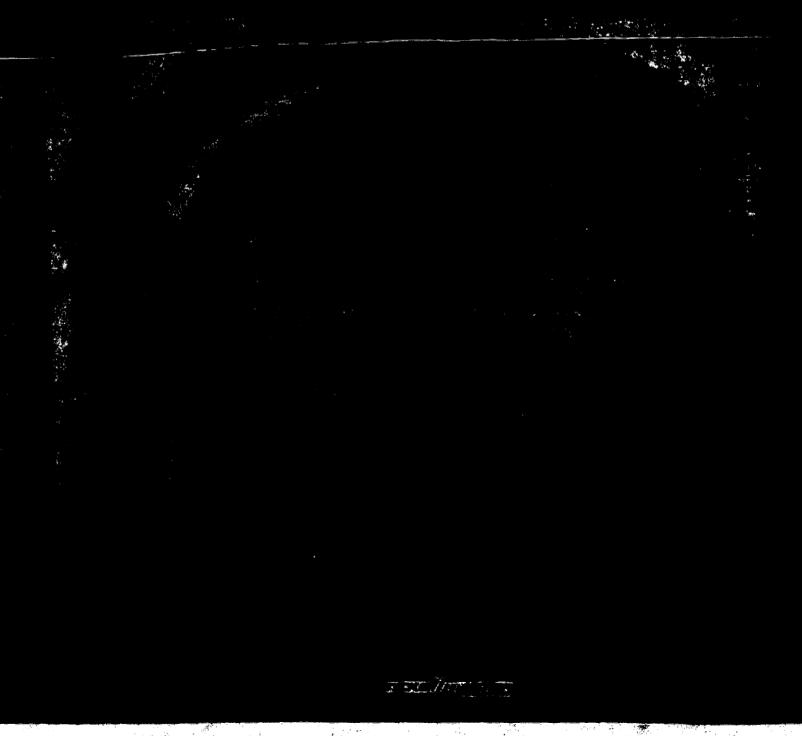
**River Queen** Bogan's Brielle Basin 800 Ashley & Higgins Avenues, Brielle (908) 892-3377/528-6620 *Manasquan River cruises* 

Sandy Hook Lady Atlantic Highlands Harbor Atlantic Highlands (908) 291-4354 Shrewsbury River cruises

Silver Bullet Speedboat and Dolphin Watch Wildwood Marina Rio Grande Avenue and Bay, Wildwood (609) 522-6060

(009) 522-6060 Dolphin watching and sightseeing cruises Spirit Cruises

1500 Harbor Boulevard, Weehawken (201) 867-5518 Luncheon and dinner cruises on New York Harbor

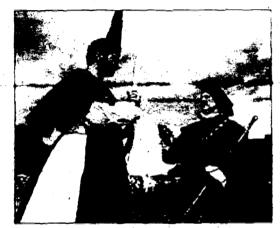


### May

20-21 Warren County Heritage Festival Shippen Menor, Oxford (908) 453-4381

#### 27-29 Annual Spring Juried American Indian Arts Festival Rankokus Indian Reservation. Westampton (609) 261-4747

27-6/25 New Jersey Renaissance Festival and Village Davidson Avenue, Somerset (908) 271-1119



NJ Renaissance Festival in Somerset

29 Tour of Somerville Bike Race Somerville (908) 725-0461

### June

1-8/31 **Movies Under the Stars** Erie Lackawana Plaza, Hoboken (201) 217-4077

#### 2-4 Riverfest

Marine Park; Wharf Avenue, Red Bank (908) 741-0055

7th Annual Appel Farm Arts and Music Festival Appel Farm Arts and Music Center, Elmer (800) 394-8478

Bergen County Outdoor Art Show and Concert Van Saun County Park, Paramus (201) 646-2780

**Delaware Bay Day** Port Norris, Bivalve, Leesburg (609) 785-2060

3-4 Heritage Days Festival Downtown, Trenton (609) 695-7107

4, 10, 11, 17, 25 Ethnic Festivals Garden State Arts Center, Holmdel (908) 442-9200

### 4, 11, 21, 25

Morris County Park Commission Summerfest Concert Series Various parks in Morris County (201) 326-7600

#### 9-11 GiassWeekend '95

Wheaton Village, Millville (609) 825-6800 9-11 **Ocean City Flower Show** Ocean City Music Pier,

Ocean City (609) 525-9300 10-11 **6th Annual New Jersey** Fresh Seafood Festival Gerdner's Basin, Atlantic

City (609) 348-7100 10-11 9th Annual New Jersey Seafood Feetival Silver Lake Park, Belmar

<ス

(906) 681-2900 11 Strawberry Feetival

Israel Crane House, Montclair (201) 744-1796

11 Strawberry Festival and **Craft Show** Grounds of the Van Riper Höpper House Museum, Wayne (201) 694-7192



special events provide summer sizzle Special events provide summer sizzle Torsov! From the state's scenic mountains to Torsov! From the state's scenic mountains to Torsov! and varied events can be enjoyed by all. Listed below is just a sampling of annual summer happenings in New Jersey. Stop in at one of the state's eight Tourist Information Centers for a complete six-month calendar of events, listing bundreds of events to enjoy from now through September, or call 1-800-JERSEY-7, ext. 5010.

17-7/16

12th Annual Decoy and Woodcarvers Show Batsto Village, Batsto (609) 561-3262 22-7/9

11

nde Feir Giants Stadium, East Rutherford (201) 933-0199

17 Victorian Fair Emlen Physick Estate, Cape May (609) 884-5404

17-18 Garden State Wine Growers Spring Wine Festival Kings Road Vineyard, Asbury (906) 479-6611

African-

State Arts

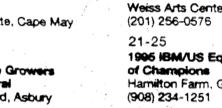
American and

in the Garden

Center's Ethnic

Festicals series

Polish celebrants



Opera Festival of New Jersey Lawrenceville School, Lawrenceville (609) 936-1505 19-26 ShopRite LPGA Classic

Greate Bay Country Club, Somers Point I (609) 927-7888 20-8/12

Summerfun Theatre Weiss Arts Center, Montclair

1995 IBM/US Equestrian Festival Hamilton Farm, Gladstone 24-25 Strictly Art

Paimer Square, Princeton (908) 874-5247 24-7/29

Waterioo Festival of Music The Village of Waterloo, Stanhope (201) 347-0900

Whitesbog Annual Blueberry Festival Whitesbog Village, Browns Mills (609) 893-4646

24-25 **Battle of Monmouth** Monmouth Battlefield State Park, Freehold (908) 577-8816

### July

America's Birthday Bash Pro/Am Volleyball Tournament

Beach, The Wildwoods (908) 506-9449 1-8/26

Music-In-the-Park Mercer County Central Park West Windsor (609) 989-6899

2-9/3 **Ocean City Pops Concert Serie** Music Pier, Ocean City (609) 399-6111

4-8/31 **Jenkinson's Fireworks** Jenkinson's Beach, Point Pie Beach (908) 899-6686

4-9/8 **Concert on the Beach Se** Municipal Beach, Somers Point (609) 927-5253

7,14,21,28 **Heddonfield Rotary Summer** 

Concerts King's Court, Haddonfield (609) 428-5600

8-9 4th Annual Kentucky Aven

Feetival Kentucky Avenue, between Atlant and Arctic Aves., Atlantic City (609) 347-0500

11-8/29 Fun Fest Boardwalk, Seaside Heights (908) 793-1510

14-16 The Return to Beaver Creek Powwow Matarazzo Farms, Beividere

(908) 475-3872





15-16 55th Annual National Sweepstakes Speed Boat Regatta Marine Park, Red Bank (908) 747-1076

20-26 St. Ann's Italian Street Festival 7th and Jefferson Streets, Hoboken (201) 659-1116 22

"Night in Venice" Boat Parade and Bay Celebration Great Egg Harbor Bay, Ocean City (609) 525-9300

23 **Italian Feetivel and Craft Show** Renault Winery, Egg Harbor (609) 925-6111

25-30 Monmouth County Fair Kozloski Road, Freehold Township (908) 842-4000

28-30 Quick Chaik New Jersey Festival of Ballooning Solberg Airport, Readington (201) 529-0464

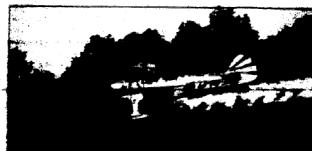


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2

August

Miss Crustacean Hermit Crab **Beauty Contest and Crab Races** Beach at 6th Street, Ocean City (609) 399-6111



Sussex Air Show at Sussex Airport

#### 2-6

Cape May Stage Peforming Arts Center of Middle Township, Cape May Court House (609) 463-1924 3-13

New Jersey State Fair South Jersey Expo Center Pennsauken (609) 646-3340

#### 4-6 The Magic of Alexandria **Balloon Festival**

Alexandria Field Airport, Pittstown (908) 735-0870 4-13 Sussex County Farm and

Horse Show Sussex County Fairgrounds, Augusta (201) 948-0540 5

**11th Annual Peaches 'n Cream Feet** Dutch Neck Village Bridgeton (809) 451-2188

5-6 **Festival of American** Crafts

Historia Cold Spring Village, Cape May (809) 898-2300 5-6

Harborfeet Gardner's Basin, Atlantic City

(609) 347-5427 Vineland Jersey Freeh

Festival Giampietro Park, Vineland (609) 794-4005

> Indian Powwow and Western Festival at Budd Lake

> > ``; ;

#### 7-13

**Middlesex** County Fair Middlesex County Faircrounde East Brunswick (908) 257-8858 11-12 34th Annual Long Beech Island Lifeguard Tournament 22nd Street Beach.

Barnegat Light (609) 361-1200

#### Wedding at the Sea Front of Convention Center, Atlantic City (609) 348-7000

15

15-19 Warren County Farmers' Fair Fairgrounds, Harmony Township



#### (908) 475-6505 19-20

NEW JERSEY FUN GUIDE NEWSPAPER SUPPLEMENT WEEK OF APRIL 30. 1995

Bhograss Fei Cream Ridge Winery, Cream Ridge (609) 259-9797 19-10

20th Annual Clearwater Festival Fort Hancock, Sandy Hook (908) 872-9644

25-27

5th Annual Indian Powwow and Western Festival NJ Vasa Park, Budd Lake (908) 370-5299 25-27

Sussex Air Show '95 Sussex Airport, Sussex (201) 875-0783

27 12th Annual Original

**Barnegat Bay Crab Race** & Sectood Festival Seaside Heights (906) 349-0220

29-9/4 **Flemington Fair** Flemington Fairgrounds, Flamington (908) 782-2413

# September

2-3 Scandinavian Festival The Village of Waterloo, Stanhope (201) 347-0900

2-4

New Jersey Quarter Horse Association Annual Show New Jersey Horse Park, Alleritown (908) 879-7415



Sandcastle Festiva New Jersey State Aquarium, Camden

**12th Annual Victorian Faire Riverfront and Morningside** Park, Bridgeton



### Second Annual (609) 365-3300 4

(609) 451-9208

sm New Jersev Lottery

Christine Todd Whitmen, Governmen Virginia E. Heines, Executive Director 17

entertainment, more

Funtown Pier

30, 1995

25th Street and the Boardwalk,

**Morey's Pier** 

(609) 522-5477

Rides, games

(609) 522-9124

(609) 399-4751

(908) 928-1821

Playland

**Nickel's Midway Pier** 

3500 Boardwalk, Wildwood

Rides, games, miniature golf

Kiddie rides, Dracula's Castle, more

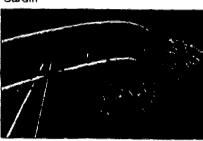
10th Street and Boardwalk, Ocean City

Six Flags Great Adventure Theme Park & Safari Route 537, Jackson

Wildwood

America's largest theme park and drive-through safari Storybookland

Routes 40 & 322, Black Horse Pike Cardiff



Thrills at Six Flags in Jackson

(609) 641-7847 Family amusement and theme park, rides, more **Thundering Surf Water Slide** Taylor and Bay Avenues, Beach Haven (609) 492-0869 Water rides **TropWorld-Tivoli Pier** Boardwalk and Brighton Avenue Atlantic City (609) 340-4000 Indoor amusement park **Wild West City** 50 Lackawanna Drive, Byram Twp. (201) 347-8900 Pony rides stagecoach rides penning

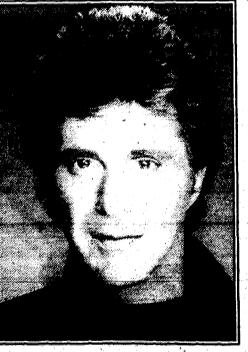
(201) 347-8900 Pony rides, stagecoach rides, panning for gold, performances

# HIT RECORDS & RECORD HITS More Slots, More Stars, Plus, Poker, Ponies & Keno.

 Now introducing our new Poker Room, Plus, Keno & Ponies, too!

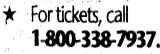
 ★ Watch the brightest stars shine. Like
 Frankie Valli & The Four
 Seasons on
 May 26, 27

& 28.



★ Hit our grandnew slots for grand-sized bucks.

 Plus, more rewards with DOUBLE VIP CASHBACK on all slots. Now through 6/30/95.





Valid Monday - Friday, 6pm - 6am, Subject to The Grand's rules at the Promotions Center, VIP card required, Cambling Problem? Call 1-800-GAMBLER

Shake, Rattle, and Roll and the State's Amusement Parks and Piers

From head-over-heels rollercoasters and merry-go-rounds to wet and wild waterslides ....the state offers amusements for all ages!

#### Action Park

Box 848, Route 94, McAfee (201) 827-2000 World's largest water park with over 75 rides, shows, and attractions.

Bowcraft Amusement Park US Highway 22, Scotch Plains (908) 233-0675 Rides, miniature golf, arcade

Casino Pier and Water Works 800 Ocean Terrace, Seaside Heights (908) 793-6495/6501 Rides, water park, arcades, and attractions

Clementon Lake Amusement Park. 144 Berlin Road, Clementon (609) 783-0263

Family theme park featuring rollercoasters, kiddle rides, high dive show, and SplashWorld water rides

Fairytale Forest 145 Oak Ridge Road, Oak Ridge (201) 697-5656 Authentic hand-crafted exhibits of children's best loved stories, carousel,

train ride, more Fantasy Island Amusement Park

320 W. 7th Street, Beach Haven (609) 492-4000 Seaside Park (908) 830-1591 *Rides, attractions, games* **Gillian's Island** Plymouth Place between 7th and 8th Streets, Ocean City

Boardwalk & Farragut Avenue

Adult and kiddle rides, arcade, games,

(609) 399-0483 Gillian's Water Wonderland water rides and miniature golf

**Gillian's Wonderland Pier** 6th Street and Boardwalk, Ocean City (609) 399-7082 *Rides and games* 

Gingerbread Castle

P.O. Box 69, Route 23 NorthHamburg (201) 827-1617 Storytelling, tours, farm, zoo, plays

Jenkinson's Boardwalk and Parkway Point Pleasant Beach (908) 892-3274 Home of Jenkinson's Beach and Boardwalk Amusement Center and Jenkinson's Aquarium

Keansburg Amusement Park 275 Beachway, Keansburg (908) 495-1400 Rides, games, fishing pier

Land of Make Believe Route 80, Exit 12, Route 611, Hope (908) 459-5100 State's largest pre-teen water and amusement park; rides, attractions,

more

Mariner's Landing Schellenger Ave. and the Boardwalk Wildwood (609) 729-0586 *Rides, water park* 



INDER DEBUGSINER SOL

### By the **Beautiful Sea!**

Tew Jersey boasts 127 miles of clean, white sand beaches that offer something for both waterlovers and landlubbers! What are you waiting for ... surf's up and it's time to hit the beach! But before you go, call ahead for information on beach and/or parking fees.

Catch a red-hot,

star-studded show. The

biggest names in comedy,

music and dance. What's

your pleasure?

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ENTERTAINS

Alienhurst - (908) 531-2700 Beach, boardwalk, scuba diving, tennis

Asbury Park - (908) 775-7676 Beach, boardwalk, accommodations, amusements, tennis, bathhouses

Atlantic City -- (609) 348-7100 Beach, boardwalk, casinos, surfing, accommodations, tennis, bethhouses

- <del>(609) 967-3986</del> Beach, boardwalk, accommodations, amusements, surfing, rafting, tennis, surf fishing, sport fishing Avon-By-The-Sea

ATLANTIC CITY.

LIKE US.

(908) 502-4510/4508 Beach, boardwalk, surfing, accommodations, rafting, tennis Bernegat - (609) 494-7211

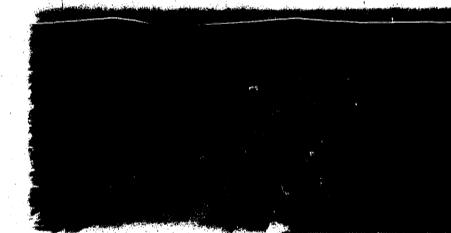
Beach, accommodations Barnegat Light - (609) 494-9196 Beach, surfing, scuba diving, tennis, picnicking

Bay Head -- (908) 899-2424 sch, accommodations, surfing, scuba diving, rafting, tennis

**Bayshore Waterfront Park -**(908) 842-4000 Bay Beach



Twelve non-stop, action-packed Casinos make Atlantic City the hottest gaming spot in the east, with hundreds of ways to win.



Fabulous casinos, headline entertainment, sumptuous dining, indulgent shopping and more. Atlantic City is the perfect spot for your vacation or convention.

With this array of quality entertainment, it's no wonder that 37 million visitors last year discovered that Atlantic City is America's favorite place to play.



For a free Atlantic City vacation	on guide call <b>1-800</b>	-BOARDWK, ext. 5070
Or write: Atlantic City Convention & Visitors Authority, P.	D: Box 5058, Clinton, NJ 08809.	
NameAddress		
City	State	Zip Code

NJF 5070

Beach Haven - (609) 494-7606/7211 Beach, accommodations, amusements, scuba diving, beach buggy permits, beach fire permits, tennis, bathhouses Beach Haven Crest - (609) 494-7606 Beach, accommodations, surfing Beach Haven Gardens -(609) 494-7606 Beach, accommodations, surfing

Beach Haven Park -

(609) 494-7606/7211 Beach, accommodations, surfing Beach Haven Terrace - (609) 494-7606 Beach, accommodations, surfing Belmar - (908) 681-2900/280-9110 Beach, boardwalk, surfing, scuba diving, rafting, tennis, bathhouses,

paracourse Berkeley Township - (908) 269-4456 Beach, accommodations

Bradley Beach - (908) 776-2994 Beach, boardwalk, accommodations, surfing, scuba diving, picnicking

Brant Beach -- (609) 494-7606/7211 Beach, accommodations, surfing

Brick Township - (908) 477-3000 Beach, accommodations, picnicking

Brigantine - (609) 266-7600 Beach, accommodations, surfingrestricted areas, rafting, beach buggy permits, tennis

Brighton Beach - (609) 494-7606/7211 Beach, accommodations, surfing

Cape May -(609) 884-5508 Beach, boardwalk, accommodations, surfing, tennis

Corson's Inlet State Park -(609) 861-2404 Beach, surf chairs

Deal - (908) 531-1454 Beach, surfing, rafting, tennis, bathhouses

Dover Township -(908) 341-1000 Beach, bay beach. accommodations

Harvey Cedars (609) 494-2843 Beach, surfing, tennis

Highlands -(908) 872-1224 River beach, tennis

Holgate --(609) 494-7606/7211

Island Beach State Park -(908) 793-0506 Beach, surfing, scuba diving in restrict-ed areas, rafting, beach fire permits,

bathhouses, hadicapped ramps and wheeled beach chairs

Lakewood ~ (908) 363-0012 Lake beach, accommodations, tennis, picnickina

Lavaliette - (908) 793-7477 Beach, boardwalk, accommodations,

Long Beach - (609) 494-7606/7211 Beach, accommodations, surfing Long Branch - (908) 222-0400

Longport - (609) 823-2731

rafting, tennis, accommodations.

Beach, accommodations, surfing Lower Township - (609) 886-2005

Manahawkin -- (609) 597-1061

Manaequan - (908) 223-0544

Beach, accommodations, surfingrestricted areas, raiting, tennis

North Beach - (609) 494-7606/7211 Beach, accommodations North Beach Haven (609) 494-7606/7211 Beach, accommodations

19

North Wildwood -(609) 522-1407/(800) WWBYSEA Beach, boardwalk, accommodations, amusements, tennis, bathhouses Ocean Beach (Dover Twp.) -(908) 349-0220 Accommodations

Octan City - (800) BEACHNJ Beach, boardwalk, accommodations, amusements, surfing, rafting, beach buggy permits, tennis, bathhouses Ocean Gate - (908) 269-3166 Bay beach, boardwalk, tennis

Ocean Grove -(908) 774-4736/775-0035 Beach, boardwalk, accommodations, tennis

Ortley Beach - (908) 793-3890 Beach, boardwalk, accommodations Peahala Park - (609) 494-7606/7211 Beach, accommodations

Point Pleasant Beach -(908) 899-2424

Beach, boardwa k, accommodations, amusements, surfing, scuba diving, picnicking, bathhouse

Sandy Hook ~ (908) 872-0115 Beach, surfing in restricted areas, rafting, picnicking

Sea Bright - (908) 842-0099 Beach, accommodations, picnicking

See Girt - (908) 449-7079 Beach, boardwalk, accommodations, surfing, rafting, tennis

Sea Isle City (609) 263-8687 Beach, boardwalk, accommodations, amusements, surfing, rafting at designated beaches, tennis

Seaside Heights --(908) 349-0220 Beach, boardwalk, accommodations, amusements, surfing, scuba diving, tennis, bathhouses

Seaside Park -(908) 793-0234 Beach, boardwalk, accommodations, amusements,

surfing, scuba diving, rafting, tennis, bathhouses

Seven Presidents Oceanfront Park -(908) 229-0924 Beach, pavilion, playgrounds, fit-court,

surfing and jet skiing in restricted areas

Ship Bottom - (609) 494-2171 Beech, accommodations, surfing

Spray Beach - (609) 494-7606/7211 Beach, accommodations

Spring Lake - (908) 449-0577 Beach, boardwalk, accommodations, rafting

Stone Harbor - (609) 368-5102 Beach, accommodations, surfing, rafting, tennis

Strathmere - (609) 628-2011 Beach, accommodations, rafting, surfing, tennis

Surf City - (609) 494-3064 Beach, accommodations, surfing in desginated areas, rafting in designated areas, tennis

Toms River - (908) 341-1000 Bay beach, picnicking, tennis, bathhouses

Union Beach - (908) 264-2277 Bay be hCh

Upper Township - (609) 628-4343 Beach, accommodations, scuba diving, rafting, tennis

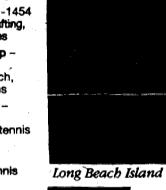
Ventnor - (609) 823-7904 Beach, boardwalk, surfing-restricted areas, raiting, tennis

1

Wildwood -

(809) 522-1407/(800) WWBYSEA Beach, boardwalk, accommodations, amusements, tennis, taititicuses

Wildwood Creet -(609) 522-1407/(890) WWEYS5A Beach, accommodations, S0mmg, tennis



Beach, accommodations

beach buggy permits, picnicking,

taland Heights -- (908) 270-6415 Bay beach, accommodations

Keansburg - (908) 787-0215 Beach, boardwalk, amusements

surfing, tennis

Beach, boardwalk, accommodations,

surfing, scuba diving, picnicking, tennis

Beach, surfing-restricted areas,

Loveladies -- (609) 494-7606/7211

Bay Beach, accommodations, picnicking, tennis

Bay beach, accommodations

Beach, boardwalk, accommodations, surfing, acuba diving, raiting, tennis

Margate - (809) 822-0424

Normandy Beach (Dover Twp.) -(908) 349-0220 Bay beach

#### New Jersey's Past is Always Present

hare in New Jersey's rich past and visit countless historic sites ) that will give you and your families a glimpse of yesteryear. Here is sampling of a long list of historic sites found in New Jersey. It's a good idea to call each site before you visit for more information on guided tours. Call 1-800-JERSEY-7, ext. 5010 for a Travel Guide and Cultural & Historic Guide, too!

Abraham Clark House West Ninth Ave. and Chestnut Street Roselle

(908) 486-1783 Acom Hall

68 Morris Avenue, Morristown (201) 267-3465 Allaire Village

Allaire State Park

(C. MO)

Route 524, Farmingdale (908) 938-2371 Partially handicapped accessible Atlantic City Boardwalk Atlantic City (609) 348-7100 Handicapped accessible

**Bainbridge House** 158 Nassau Street, Princeton (609) 921-6748

Handicapped accessible **Barclay Farmstead Museum** 209 Barclay Lane, Cherry Hill (609) 795-6225

Barnegat Heritage Center 575 East Bay Avenue, Barnegat (609) 698-3432

Barnegat Light Historical Society and Museum

5th St. and Central Ave., Barnegat Light (609) 494-8578 Barnegat Lighthouse State Park Broadway, Barnegat Light

(609) 494-2016 Batsto Historic Village

Route 542, Hammonton

(609) 561-3262

Visitors Center handicapped accessible **Baylor Massacre Burial Site** Red Oak Drive, River Vale (201) 646-2780 Handicapped accessible

Beicher-Ogden Mansion 1046 E. Jersey Street, Elizabeth (908) 351-2500

Beverly National Cemetery Route 130, Beverly (609) 877-5460

Office is handicapped accessible. **Boxwood Hall State Historic Site** 1073 E. Jersey Street, Elizabeth (201) 648-4540

**Bridgeton Historic District** 50 E. Broad Street, Bridgeton (609) 451-4802/455-3230 Some sites handicapped accessible

Burlington Historic District/Burlington County **Historical Society** 

457 High Street, Burlington (609) 386-3993

Some sites handicapped accessible

C.A. Nothnagie Log House 406 Swedesboro Road, Gibbstown (609) 423-2883/0916 Handicapped accessible **Caldwell Parsonage** 909 Caldwell Avenue, Union (908) 687-8129

**Camden County Historical** Society/Pomona Hall Park Blvd. and Euclid Ave., Camden (609) 964-3333 First floor handicapped accessible

►PAGE 30





1997 O'NEW VERBEY FUN UNDE NEW BRAPEN SUFFLEMENT WEEK OF APHIL 30, 1995 21

On the Shark SRiver in Belmar and at the Water Works in Seaside Heights



### **ENJOY THE SHORE...AND MORE!**

t's where the sun and sand, history and horses, rollercoasters and solitude combine to make an exceptional year-round vacationland. It's the Shore Region, consisting of Monmouth and Ocean counties.

Start your tour on Day One at the beautiful Gateway National Recreation Area, home of historic Fort Hancock, fabulous beaches, and the Sandy Hook Lighthouse - the oldest continuously operating beacon in the United States. Cross the bay and explore yet another famous lighthouse, the unique Twin Lights of Navesink, site of the first ship-to-shore radio broadcast. History of a different kind is alive in Holmdel, where

families can experience farm life of the 1800s at Longstreet Farm. Holmdel is also home to the Garden



Barnegat Bay Decoy and Baymen's Museum in Tuckerton State Arts Center, which features outdoor concerts, ethnic festivals, and dance and opera events throughout the summer months.

In the afternoon, head down to the Jersey Shore town of Asbury Park, a town that gave'birth to the rock 'n roll sounds of Bruce Springsteen and Southside Johnny.

Then it's on to Victorian Ocean Grove, founded in 1869 as a Methodist camp meeting ground. Today, the town is a quiet family retreat featuring lovely bed-and-breakfast inns, hotels, and tent houses. For fun at a different pace, set your sites on renowned

Monmouth Racetrack in Oceanport, where there is premier thoroughbred horseracing action.

Tonight, choices for recreation range from a concert at the Garden State Arts Center or Count Basic Theater in Red Bank, to a band concert at Ocean Grove's Great Auditorium.

On Day Two, explore the region's inland treasures. Visitors to Freehold can walk in the footsteps of Molly Pitcher at Monmouth Battlefield. Molly, whose real name was Mary Ludwig Hays McCauley, won fame on a steamy June day in 1778 for assisting artillerymen in battle at Monmouth by bringing them drinking water in a pitcher. She also took her husband's place behind a gun after he collapsed from the heat. Each year, the battle is reenacted.

While you're in Freehold, see Bruce Springsteen's

childhood home. Then, take in the trotters and pacers at Freehold Raceway, or enjoy a concert at the Battleground Arts Center.

Here's another alternative for Day Two: The western edge of the region is dotted with picturesque horse farms - just drive along Route 537 and you'll soon see why the horse is New Jersey's state animal!

History lovers should find time to pay a visit to Allaire State Park, home of Allaire Village, an authentic 18thcentury restored bog-iron town. Children will get a big kick out of riding the Pine Creek Railroad.

Experience the diversity of Jersey Shore towns on Day Three as you travel south from Belmar, home of one of the finest scafood festivals around. In Spring Lake, you'll find stately homes, fine bed-and-breakfast inns, and a quiet boardwalk to stroll. Neighboring Sea Girt is home to an historic brick Victorian lighthouse where you'll find artifacts and historical displays.

Continue on to Point Pleasant Beach and its colorful array of boardwalk amusements with lovely inns and shops. Want to see the sights from the water? Book a fabulous fishing trip or take a sightseeing cruise.

Rise early on Day Four to take in a sunrise over the Atlantic Ocean and head to Jackson and Six Flags Great Adventure Theme Park & Safari, a spectacular theme park with the largest drive-through safari outside of Africa. After you and your family have recovered from the amazing rollercoasters, travel to nearby Lakehurst and see the spot where the famous German blimp, the Hindenburg, met its demise in the 1930s.

Spend some time in Toms River, where you can visit a variety of historical museums and the Robert J. Novins Planetarium at Ocean County College. Or, take in a sightseeing cruise along the river.

Further south along Route 9 lies the town of Forked River, where you can visit the Popcorn Park Zoo. The zoo is a unique one - operated by the Humane Society, it features a collection of abandoned wildlife. Also in town is the JCP&L Energy Spectrum at the Oyster Creek Power Plant. There you'll find an education center with interactive exhibits.

Plans for Day Five call for experiencing the southern end of the Shore Region. The choices are limitless: Seaside Heights offers superb boardwalk amusement rides, an outstanding water park, and New Jersey's only beach skyride. Island Beach State Park in Seaside Park is the perfect place to work on your tan or take a horseback ride. There's even a section where you can take your dog swimming!

Next, pay a visit to Barnegat Lighthouse, affectionately known as Old Barney, located on the northern tip of Long Beach Island (LBI). The 172-foot-tall lighthouse tower marks the entrance to Barnegat Bay. After climbing its steps for a remarkable view, pass the day exploring the Barnegat Lighthouse State Park, which is an ideal spot for fishing and picnics.

Then check out the rest of the island, which is an 18mile stretch loaded with activity. From Loveladies to Ship Bottom on south to Beach Haven, the long, narrow island is ideal for playing miniature golf, or watching for whales and dolphins on a nature cruise.

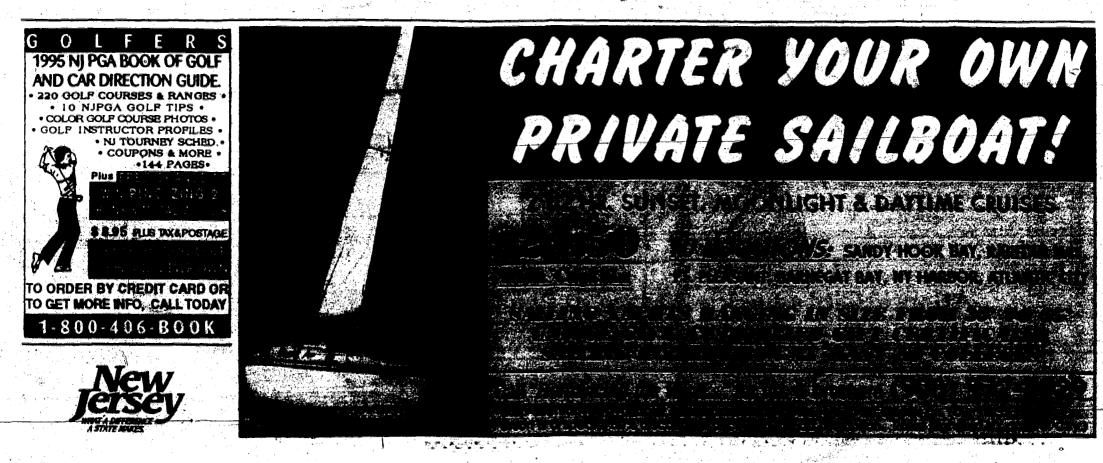
For other tastes of nature, visit the Holgate Wildlife Sanctuary, or cross Little Egg Harbor and visit the Barnegat Bay Decoy and Baymen's Museum where the rich heritage of the region's baymen is preserved.

Taking in shore heritage is easy as a day at the beach! Stretch out on the sand (many beaches are accessible to the handicapped), or rent a waverunner or sailboat and simply let your cares drift away.

The Shore Region hosts an array of attractions and destinations for everyone. So come and take part in Founder's Day celebrations, chowder fests, fireworks, concerts, canoe races, and historic reenactments. They are all yours for the taking, all year long.

To make your trip planning easier, consult the New Jersey Division of Travel and Tourism's New Jersey Jersey Travel Guide. To request a copy, call 1-800-JER-SEY-7, ext. 5010. For Monmouth County information, call (800) 523-2587. For Ocean County information, call (800) ENJOY-33.

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LAY, HOLMDEL, N.J.

Long Pond Ironworks State Park c/o Ringwood State Park P.O. Box 130H, Flingwood (201) 962-7031

Garden State Pkwy. Exit 98

Monmouth Battlefield State Park RD 1, Highway 33 West, Manalapan (908) 462-9616

Mt. Mitchtell Overlook State Park Scenic Drive, Atlantic Highlands (908) 842-4000

Norvin Green Forest c/o Ringwood State Park P.O. Box 1304 Sloatsburg Road, Ringwood (201) 962-7031

Parvin State Park Box 374, RD 1, Route 540, Elmer (609) 692-7039

Penn State Forest c/o Bass River, P.O. Box 118, State Road, New Gretna (609) 296-1114

Princeton Battlefield State Park Mercer Street, Princeton (609) 737-0623

Prospersown Lake c/o Monmouth Battlefield Highway 33, Manalapan (908) 462-9616

Bancocas State Park Westampton Township (609) 726-1191

Ringwood Manor c/o Ringwood State Park P.O. Box 1304 Sloatsburg Road, Ringwood (201) 962-7031 First floor handicapped accessible

Ringwood State Park P.O. Box 1304 Sloatsburg Road, Ringwood (201) 962-7031

Round Valley Recreation Area Box 45D, Lebanon/Stanton Road Lebanon (908) 236-6355 Beach area handicapped accessible

Sheperd Lake Section Ringwood State Park Box 1304, Sloatsburg Road, Ringwood (201) 962-7031

Skylands Section, Ringwood State Park Box 1304, Skoatsburg Road, Ringwood (201) 962-7031

Spruce Run State Park 1 Van Syckels Road, Clinton (908) 638-8572

Stokes State Forest 1 Coursen Road, Route 206 N Branchville (201) 948-3820 Partially handicapped accessible

Swartswood State Park East Shore Drive (County Route 619), Swartswood (201) 383-5230 Partially handicapped accessible

Voorhees State Park RD 2, Box 80, Route 513 Glen Gardner (201) 628-6969

Washington Crossing State Park 355 Washington Crossing-Pennington Road, Titusville (609) 737-0623 Partially handicapped accessible

Washington Rock State Park 16 Rock Road, West Greenbrook (908) 568-2161

Wawayande State Park Warwick Tumplice Upper Greenwood Lake (201) 853-4462 Handicapped Accessible

Wherton State Forest RD 4, Route 542, Hammonton (609) 561-0024

Worthington State Forset HC C2, Box 2, Old Mine Road Columbia (908) 841-9575





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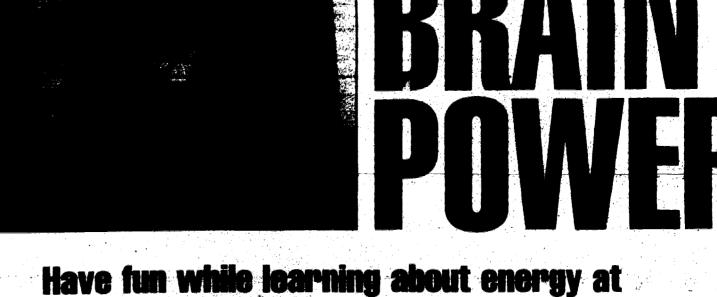
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NEW JERSEY FUN GUIDE NEWSPAPER SUPPLEMENT WEEK OF APRIL 30, 1995



host festivals and special events. Upcoming association events include:

•Spring Wine and Cheese Classic -May 6-7 at Waterloo Village, Stanhope. •Spring Wine Festival - June 17-18 at King's Road Vineyard, Asbury.

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 Summer Art and Wine Festival – July 22-23 at Historic Cold Spring Village, Cape May.

 Jersey Fresh Food & Wine Festival - August 12-13 at Four Sisters Winery at Matarazzo Farms, Belvidere.

•Fall Wine & Cheese Classic -September 23-24 at Waterloo Village, Stanhope.

For more information, call the New Jersey Wine Line at the New Jersey Department of Agriculture at (800) 524-0043.

New Jersey Wineries: Alba Vineyard 269 Route 627, Milford (908) 995-7800 Amaithea Cellars 267A Hayes Mill Road, Atco (609) 768-8585 Amwell Valley Vineyard 80 Old York Road, Ringoes (908) 788-5852 ▶PAGE 30

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in the birthing of our nation. It's the Delaware River

Region, composed of Burlington, Camden, Gloucester,

Mercer, and Salem counties.

Aquarium in Candem

Day One begins with one of many history lessons offered by New Jersey State the region, as you introduce yourself to the gens of Salem County. Start in Salem, home to a famous 500year-old oak tree that marks the site of one of the earliest peace treaties between settlers and Native Americans. Nearby is a replica of one of the earliest

k to the 1600s. Am just up the road off Route 49 is Fort Mott State Park. East Point Lighthouse, and Finn's Point National Cemetery, where soldiers from the War of 1812 and the Civil War lay at rest.

After lunch, it's time for foot-stomping excitement at the Cowtown Rodeo and Fair along Route 40 in Woodstown. This evening, enjoy beautiful music at the Appel Farm Arts & Music Center in nearby Elmer.

For a flavor of the past, Gloucester County is your destination for Day Two. Antique shopping is on the bill for the morning in Mullica Hill, settled in the early 1700s. Continue on to historic Swedesboro for a gourmet lunch at the 1771 Old Swedes Inn. After a brief stop at the 1703 Old Swedes Trinity Episcopal Church, you'll arrive at the C.A. Nothnagle Log House in Gibbstown, dating back to the early 1600s, which makes it the oldest log cabin in the United States. Or, visit the Old Stone Village in Washington Township and the beautifully refurbished Red Bank Battlefield on the Delaware River. Fort Mercer was erected here to guard the river approach to Philadelphia by the British.

After dinner at a choice of fine restaurants, experience fine music, theater, and dance performances at Rowan College's Glassboro Center for the Arts. Canden County awaits your whit for Day Three. Make your first stop the Campbell Museum, featuring one of the world's most extensive collections of tureens, bowls, and utensils, dating from 500 B.C. to the present. For viewing a wide maging collection of creatures from the sea, the New Jersey State Aquarium rone of the nation's inspect and is home to many inhabitants of New Jersey's waters.

Lunch in historic Haddonfield, where you can browse through a variety of interesting shops and galleries while stepping back to the times of Dolly Madison. Or visit the Barclay Farmstead Museum in Cherry Hill, a traditional Quaker farmstead built in 1684. Families with children should not miss the fabulous Garden State Discovery Museum! Tonight, savor a sumptuous dinner and horseracing at Garden State Park.

Day Four of your trip focuses on Burlington County. Learn about New Jersey's Native American life at the Rankokus Indian Reservation and the American Indian Heritage Museum in Rancocas. Afterward, imagine yourself as one of the rich industrialists of the mid-1800s as you tour the extravagant Smithville Mansion Lunch at the historic Robin's Nest, a bakery that harkens back to its beginnings in the Victorian era.

This afternoon, tour the ancestral home of John Fitch, steamship inventor of the late 1700s. It is now known as Historic Whitebriar, a charming bed and breakfast inn that is open for tours.

Another option for Day Four: exploring the Pine

Barrens, the largest tract of undistashed wilderness cast of the Mississippi River. Camp, fish, canoe, or horse-back side in this printine international Biosphere Reserve. Watch out for the Jeney Devil

27

On Day Mye, canchade your Delaware Niver Benjon vacation in Princeton. Arrange for a wallting your of ious Pelaceton University with the Oceane Key Guide Service. Afterward, shop in the unique stores. Depart Princeton via Mercer Street, par in the historic Princeton Battlefield, site of Washin son's victory over the British in 1771. (In the hit movie "LQ." it was called Stargazer's Field!)

Continue to Washington Crossing State Park in Titusville, where Washington made his famous a Day causing in 1776. Bullow I route to Trenton, the site of his Christmas Day attack on the Hessians. Visit the Old Barracks Museum, the only French and Indian War barracks still standing.

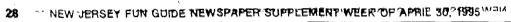
If time permits, stop at the 100-year-old New Jessey State Museum as well as the State House - the secondoldest capitol in continuous use, the Trenson Battle Monument, the 1719 Trent House, the Trenton City Museum at Ellacslic, and the 1892 Kuses Parm Man in nearby Hamilton. No visit to Trenton would be complete without a meal at one of the famous restaurants in the Chambersburg district!

This evening's entertainment ranges from a Trenton Thunder minor league baseball game to a world-class production at McCarter Theatre in Princeton, the 1994 Tony Award winner for best regional theater.

For history brought to life, a spectrum of cultural experiences, and nature as a backdrop to it all, the Delaware River Region is your stage.

To make your trip planning easier, consult the New Jersey Division of Travel and Tourism's New Jersey Travel Guide: To request a copy, call 1-800-JERSEY-7, ext. 5010. Or call the Trenton Convention & Visito Bureau at (609) 777-1771 and the Princeton Area Convention & Visitors Bureau at (609) 683-1760.

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# ESCAPE TO THE JERSEY CAPE!

The Southern Shore Region, Cape May and Cumberland counties, provides visitors with an amazing array of activities and events from which to choose, all year round. But while you're deciding just what to take in during your visit to the state's southernmost region, time's slipping by. With that in mind,

here are several suggestions that might help. Begin your tour at the southern tip of the state, in Cape May Point. On Day One, get back to nature as you enjoy a breathtaking view of New Jersey's wetlands from the Cape May Point Lighthouse. Take a walk



along Sunset Beach and check out the remains of the Atlantis, a concrete World War I vessel that sank just a stone's throw from the beach. Marvel at the hundreds of varieties of birds at the Cape May Bird Observatory, a prime stop on the great southern migration route.

In the afternoon, spend time in Cape May, a National Historic Landmark city filled with outstanding examples of Victorian architecture. Stop at the Mid-Atlantic Center for the Arts and arrange to

Bird Sanctuary in Stone Harbor take a tour of the Emlen Physick Estate. Or, hop aboard a trolley for a tour of town. There's also a bedand-breakfast inn tour and nonstop special events planned throughout the year, including wonderful Victorian celebrations.

Both land and sea offer other afternoon options on Day One. History buffs will want to wander through Historic Cold Spring Village, a beautiful South Jersey farm village from the 19th century. Adventurers may want to take to the high seas for a fishing cruise.

While many Jersey Shore beachcombers get up early to marvel at a sunrise over the Atlantic Ocean, there are very few places on the East Coast where one can enjoy a sunset over a large body of water. Yet on Sunset Beach, located on the western tip of the Cape, magnificent sunsets over the Delaware Bay are a daily occurence. Tonight, enjoy a quiet dinner at one of the many fine restaurants in Cape May, and retire to an exquisite bed-and-breakfast inn or hotel.

On Day Two, travel westward around the Cape to visit the old fishing towns of Mauricetown and Bivalve, settled in on the Maurice River. Then head on up to Fortescue to watch fishing fleets unload their catch.

Farther up the winding river, arrange for a walking tour of the quiet Greenwich with the Cumberland County Historical Society. The Colonial river port was the site of New Jersey's own tea party, a prelude to the Revolutionary War. Nearby is Bridgeton, which boasts the state's largest historic district and a 1,100-acre zoo.

Head further inland to Millville in the afternoon. Once there, visit Wheaton Village, a working settlement dedicated to the history of American glassmaking and traditional and contemporary crafts and folk art. The village is home to the Museum of American Glass, the largest museum devoted specifically to American glass. Watch modern-day glassblowers as they finish the transformation of sand into glass – and while you're there, fashion a glass paperweight for yourself.

On Day Three, spend some time on the wide, free beaches of The Wildwoods, then while away the afternoon on a back-bay sightseeing cruise. Or, visit the historic lighthouse at Hereford Inlet.

Come nightfall, shake, rattle, and roll in any of The Wildwoods' popular nightspots. Or, check out the boardwalk where you'll find the resort's amazing array of amusement piers.

For a change of pace on Day Four, the tranquil Stone Harbor area is for you. Take a stroll through the exquisite gardens of nearby Leaming's Run, one of the finest gardens on the East Coast. Afterward, visit the Wetlands Institute, a unique nature center set amid a 6,000-acre wikdlife refuge. Wrap up the day by shopping in the town's great stores. Spend the night at a hotel or camp under the stars in one of the region's scenic campgrounds.

On Day Five, journey about 20 minutes up the coast (via automobile) to "America's Greatest Family Resort," Ocean City. Ride the waves on a bellyboard or waverunner, or pedal a surrey cart down one of the finest boardwalks in the country. Capital of wacky festivals and contests, the town stages such events as the Miss Crustacean Hermit Crab Contest, the Doo-Dah Parade, and the ever-popular Night in Venice Boat Parade. Visit the historic Music Pier on the Ocean City boardwalk, home to a variety of concerts and special events all year long. In summer on the boardwalk, amusement rides and miniature golf courses come alive and there's a game of chance for everyone. If you're an antique-hunter, here's another option for Day Five: browsing Route 9 from Ocean City to Cape May. Along the way, interesting antique shops beckon.

From Victorian and holiday tours in the fall and winter to the array of special events in the summer, there's something new and different to see in the Southern Shore Region all year long.

To make your trip planning easier, consult the New Jersey Division of Travel and Tourism. To request g copy, call 1-800-JERSEY-7, ext. 5010. Or call the Cape May County Chamber of Commerce at (609) 465-7181, the Greater Wildwood Tourism Development Authority \*\* at (800) WW-BY-SEA, and the Ocean City Welcome and Information Center at (800) BEACH-NJ.



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King's Road Vineyard

Poor Richard's Winery

#### WINERIES/ FROM PAGE 25

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- (609) 965-1548/(201) 778-1494
- Tamuzza Vineyards Cemetery Road, P.O. Box 247, Hope (908) 459-5878
- **Tomasello Winery** 225 White Horse Pike, Hammonton
- (800) 666-WINE Unionville Vineyards
- 9 Rocktown Road, P.O. Box 104, Ringoes (908) 788-0400

HISTORIC/ FROM PAGE 20 **Campbell-Christie House** 

1201 Main Street, River Edge (201) 646-2780 Handicapped accessible **Cannonball House** 

126 Moms Avenue, Springfield (201) 379-2634

**Genealogical Society** Route 9, Cape May Court House (609) 465-3535

Handicapped accessible Cape May Historic District Mid-Atlantic Center for the Arts 1048 Washington Street, Cape May (609) 884-5404

Some sites handicapped accessible Carter House 90 Butler Parkway, Summit

(908) 277-1747 **Cathedral of the Sacred Heart** 89 Ridge Street, Newark (201) 484-4600

307 Howard Street, Cape May (609) 884-8409

Cooper Gristmill 66 Route 24, Chester Township (908) 879-5463

**Cornelius Low House/Middlesex County Museum** 1225 River Road, Piscataway (908) 745-4177

Handicapped accessible Craftsman Farms Manor Lane & Route 10 i entre i

West, Morris Plains (201) 540-1165 **Crane-Phillips House** 

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Drake House Museum 602 West Front Street, Plainfield (908) 755-5831 Drumthwacket 354 Stockton Street, Princeton (609) 683-0057

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New Jersey State House

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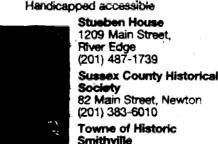
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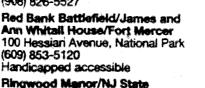
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