

### Can it be done?

The freeholders look into merging the County Police and Sheriff's Department. See Page B1.

### Need a new home?

In this week's supplement, find tips on home repair, remodeling. See 'Home Improvement.'

### Imported from France

A 'bright and gaudy' production of 'La Cage aux Folles' is staged at the Arts Center. See Page B3.

# Mountainside Echo

"Your Best Source For Community Information"

A WORRALL COMMUNITY NEWSPAPER

MOUNTAINSIDE, N.J., VOL.38 NO.25—THURSDAY, APRIL 17, 1997

TWO SECTIONS - 50 CENTS

## Borough Highlights

### Comedy for kids

George & Friends, a special show featuring comedy, magic, and ventriloquism will entertain children at the Mountainside Library on Saturday at 2 p.m. George Terebrush, magician and ventriloquist, blends both skills into a delightful performance. Recommended for children 5 years and older, the show is free and open to the public, thanks to sponsorship by the Friends of the Mountainside Public Library. Call the library at 233-0115 for more information.

### Trees available

Ten free shade trees will be given to each person who joins The National Arbor Day Foundation this month.

The 10 shade trees are Red Oak, Sugar Maple, Weeping Willow, Green Ash, Thornless Honeylocust, Pin Oak, Silver Maple, River Birch, Tuliptree, and Red Maple.

The trees will be shipped at the right time for planting — until May 31 with enclosed planting instructions. The six- to 12-inch trees are guaranteed to grow, or they will be replaced free of charge.

Members also receive a subscription to the Foundation's bimonthly publication, "Arbor Day," and "The Tree Book" with information about tree planting and care.

To become a member of the foundation and to receive the free trees, send a \$10 contribution to "Ten Free Shade Trees," The National Arbor Day Foundation, Nebraska City, NE 68410.

### Soccer clinic

The Recreation Department of Berkeley Heights is sponsoring a Soccer Clinic for boys and girls in grades 1-8. The dates are June 30 through July 3 and July 7 from 9 a.m. — 1 p.m. at Columbia Park in Berkeley Heights. Rob Osieja, boys' head soccer coach at Governor Livingston, is the director of the camp. Further information can be obtained by calling Gary Mills, the Berkeley Heights recreation director at 464-0550.

### On the trail

Cometmania will be the theme at Trailside Nature and Science Center's planetarium on Sunday at 2 and 3:30 p.m. The event costs \$3 per person and will continue through the month. Each family will receive a comet chart.

In commemoration of Earth Day, the planetarium will hold a special laser concert at 3:30 p.m. about Earth. Songs will feature conservation issues, preservation efforts and pollution problems. Admission is \$3.25 per person.

An illustrated slide lecture by Dan Bernier of the Union County Parks Department about the deserted village of Feltsville will take place at Trailside from 2 to 3:30 p.m. and again at 4 p.m.

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## Batter up



Kattyn Fenton, 12, of the Mountainside Cougars takes a swing at the ball during the opening day of little league.

Photo By George Parcellio

## Surplus will help settle regional bill

By Blaine Dillport  
Staff Writer

At the Tuesday night meeting of Borough Council, the mayor and council finally introduced the 1997 municipal budget. In a unanimous vote, the council voted to pass the budget which will satisfy the much questioned regional district payment of approximately \$1.8 million, while not raising the overall municipal budget.

"Those of you who have been at the past few meetings know that Mountainside has faced a difficult budget process this year. We have studied the budget closely, and met at length with the borough's auditors and we have finally come up with a budget for the borough that will have no tax increase and will satisfy the roughly \$1.8 million payment to the regional district," said Mayor Bob Vigilanti.

The total for the municipal budget will be \$7,354,172 for 1997. Out of that total \$5,591,340 will be raised by the local tax levy. To satisfy the payment to the regional district, the borough had to spend all of their surplus, which was roughly \$1.3 million. The remainder of the payment had to come from cutting of the budget in other areas in order to not have a tax increase to local residents.

Some residents who were in attendance asked the mayor and council why nobody saw a red flag with regards to the fact that this problem with the regional payment was going to come up once deregionalization occurred. "We had our municipal budget done several weeks ago and we were quite pleased with it because it had a reduction in the numbers. We gave that budget to our auditors who came back at the 11th hour and alerted us of this problem. We then had to wait for the auditors and the state to come back and tell us exactly why this occurred and what we should do about it concerning our budget. We are all

See SURPLUS, Page 2

## Vacant properties are ripe for development

By Blaine Dillport  
Staff Writer

Residents who travel along Route 22 may have noticed that there a couple houses boarded up in the area between the Spanish Tavern and the new Sony Movie Theater. These homes, along with a few other spots along Route 22, are some of the only places left along the highway that are not developed or occupied in any way within the borough. The fate of these few locations lies in the hands of the owners, who up to this point have not informed the borough of what their intentions are with these vacant properties.

One of the properties is the old Drutt property as it is commonly known, and its fate has been up in the air for many years. "Trans Net, a computer company, has owned that property for years. Trans Net went before the Board of Adjustment many years

ago in the '80s to put a temporary caretaker in that boarded up house, because there was a lot of funny business going on on their property after hours. They have since taken the caretaker out of that home, but at the time, they said they eventually intended to put their headquarters on that property. Whether they still intend to, I do not know," said Valerie Saunders, zoning officer for the borough.

The other home in question was lived in by a resident who recently died. "The man who was living in the home died and his mother is presently living in a nursing home, and that is that. So we have had the house boarded up and I believe that it has even been condemned," said Saunders.

The stretch along Route 22 where these homes are is zoned for limited industrial. This means that it could be

See EMPTY, Page 2

## School budget defeated

### Esemplare, Geiger to remain on school board

By Blaine Dillport  
Staff Writer

The votes are in and the results have been counted. Frank Geiger and Linda Esemplare have been returned by the residents of Mountainside to the local and newly expanded Board of Education. The school budget, however, was not as lucky as the two incumbent board members, as it was defeated by the residents of the borough.

A total of 1,265 voters from all of the borough's nine districts turned out to the polls to vote on the school board elections. Geiger was top vote getter in the borough with 710 votes. Esemplare was second with 573 votes. Rookie candidate John Standish Perrin had an impressive day at the polls for his first time as a candidate scoring 499 votes. Former regional board member Carmine Venes garnered 304 votes.

The school budget was defeated by a vote of 585 against to 506 for the budget for a total of 1,091 votes. This



Linda Esemplare



Frank Geiger

means that 174 people who voted in the election chose not to vote on the budget at all.

Geiger was pleased with the results. "I feel really good about the election results. It feels good because I think I did work very hard for the residents of the borough and I think that today

they told me thank you, so you're welcome. I am prepared for a new three-year term of trying to provide the best education possible in Mountainside," he said.

Esemplare also was glad that she was able to pull out what turned out to

See SCHOOL, Page 2

## Romack, Perrotta to seek return to Borough Council

By Blaine Dillport  
Staff Writer

The deadline for residents to file their intentions to run for Borough Council has passed. The two seats that are up for election are the seats held by Ronald Romack and Tom Perrotta and as of now, no one has filed an intention to challenge the two open seats. If the situation remains, the more than 100-year dominance of the Republican Party on the Borough Council will continue.

According to Lou Thomas, head of the Mountainside Democratic Club, there might be a race for the council seats after all. "We do have what we feel are two strong candidates for council, but they were unfortunately out of town during the filing deadline. We do, however, plan to write in our candidates in the June primary," said Thomas. He did not wish to say who the candidates would be at this time.

Romack and Perrotta are no strangers to the process of running for Borough Council. In fact, Perrotta ran in the last council election because he was a mid-term replacement for a vacant council seat. "It seems like I just went through this," said Perrotta. Perrotta was involved in the last council election because he replaced Bob Beattie in the middle of Beattie's term



Ronald Romack



Thomas Perrotta

and had to be elected to finish the term. Now he will have to run again, since this year would have been the end of Beattie's term.

According to Perrotta, he is looking forward to continuing to serve on the Borough Council. "I have been learning on the job for the past year and it has been interesting. So far my finance background has helped me a lot, especially since I am now in charge of bills and claims for the borough now that Tex Jackson has retired. I enjoy working with my fel-

low council members and I think we are all dedicated and want the best for the borough. These guys really look out for Mountainside," said Perrotta.

He also serves on the Recreation Commission, a job which he enjoys. "I grew up in Mountainside and have been involved in many sports programs in the borough, which makes being on the Recreation Commission fun," said Perrotta.

Romack was out of town and was unavailable for comment about the upcoming election.

## Helping the homeless



Students at Deerfield School meet each Thursday during lunchtime to make sandwiches for the homeless. From back left are Jaime Kardos, Christine Internicola, Marie Mankowski, and Constance Souder. From front left are Aimee Johnston, Stacy Vlachakis, Katie Lias, Estrella Lopez and Lindsay Vlachakis.

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News releases of general interest must be in our office by Friday at noon to be considered for publication the following week. Pictures must be black and white glossy prints. For further information or to report a breaking news story, call 908-686-7700 and ask for Editorial.

**Letters to the editor:**

The Leader and Echo provide an open forum for opinions and welcome letters to the editor. Letters should be typed double spaced, must be signed, and should be accompanied by an address and day time phone number for verification. Letters and columns must be in our office by 9 a.m. Monday to be considered for publication that week. They are subject to editing for length and clarity.

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**Surplus will pay regional bill**

(Continued from Page 1)

puzzled by what went on and we do understand that someone should be held accountable, we just do not know who that is at this point," said Viglianti. The mayor and council did state that at the Borough Council meeting on May 20, Robert Cagnassola would be on hand to discuss the budget. Copies of the full budget will be on hand at the borough's public library for any resident who wishes to see a copy of the newly adopted budget.

In other borough business, the mayor made a proclamation declaring April 25 as Arbor Day in the borough, and he added that Mountainside has been chosen as a Tree City USA. "I am happy to announce that Mountainside has once again been named a Tree City USA. This is not something that is awarded lightly and we have earned this recognition. Retaining this status is an honor for the borough," said Viglianti. The borough has been recognized as a Tree City USA by the National Arbor Day Foundation for its ongoing attention to the trees and other vegetative life within the borough.

**Empty houses are taxed**

(Continued from Page 1)

used for buildings such as office space or warehouses for companies, but could not be used for commercial properties without getting the proper variances from the borough. "There could be some commercial use if the owners decide to come before the Zoning Board. For example, the property next to the Getty Gas Station on Route 22 is a boarded up property. Jose Tejas wanted to put a restaurant there, but what they did first was to come before the Zoning Board to see if they could get a use variance, which they did. The next step was to come in with a site plan, but the site plan was not approved due to poor planning with regards to parking and traffic flow. They have never come back to

the board with a revised plan and their variance has expired. I understand they never wound up buying the property, so it now reverts to limited industrial. If someone wanted to put a warehouse there they could right away," said Saunders.

As far as the borough knows, the taxes on these vacant properties are being paid, so there is nothing the borough can do except make sure they uphold the local laws with regards to keeping up with borough codes. If the properties are developed in the future, it could mean a potential increase in tax payments to the borough. Since the borough has very few spaces that have yet to be developed, the few that are not should be prime candidates for development in the future.

**School budget voted down**

(Continued from Page 1)

be a close vote. "It was close, I think I had a few heart attacks along the way. I think the residents like the job that we are doing and that was reflected in the voting. I am very happy with the results of the vote and look forward to continuing to serve the borough," said Esemplare.

Despite his re-election victory, Geiger was not pleased with the results of the budget vote. "I have two

concerns about the budget vote that I think weigh equally in my mind. The confusion that went on at the Borough Council meetings over the past three weeks put a lot of question marks in people's minds over what numbers were going to be presented to them as their overall tax bill. That was disappointing because I understand that the issue has been settled, but not before the voters went to the polls. The second part about it was that we had a very disappointing turnout from parents in the district. The strength wasn't there. We could have easily put this budget over the top if we had a greater participation from the local parents," said Geiger. "So I think that will be my job this year — to get to these people and explain to them how important voting for this budget is," said Geiger. The budget will now go to the Borough Council, which will examine it and make recommendations on how they think it could or could not be improved.

**Peace keepers**

Worrall Community Newspapers wants to keep our readers in touch with their neighbors serving in the armed forces.

The families and friends of those in the military, whether stationed in the United States or abroad, are encouraged to submit information and photos for publication.

Articles should be typed and include a telephone number where writer may be reached. Mail to: Managing Editor Kevin Singer, 1291 Stuyvesant Ave., Union, 07083.

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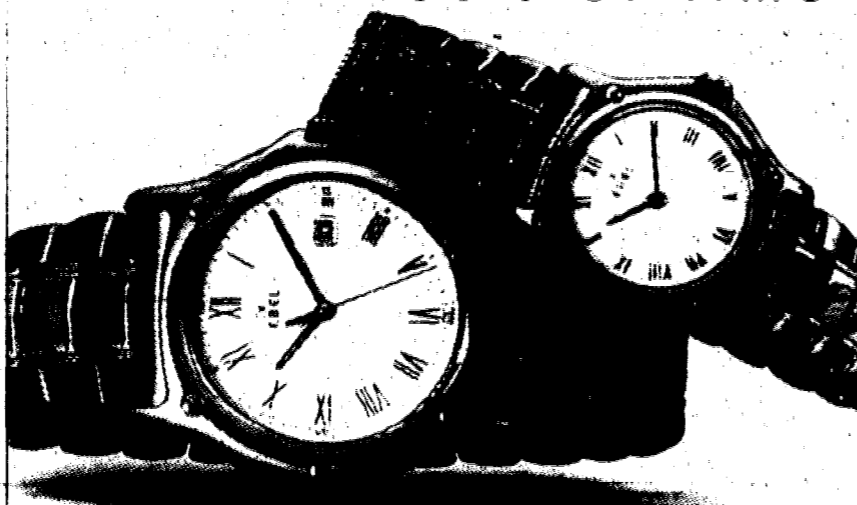
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**It's all in the wrist**



Coach Steve Smith shows little leaguers the proper throwing technique during the opening day of the little league season at Deerfield School on Saturday.

**AT THE LIBRARY**

**Library can aid medical research quest**

After a doctor's appointment, many people visit the Mountainside Public Library to find more information about a medical condition or prescribed drug. In order to do research, it is necessary to have the correct spelling of the medical terms. Sometimes a dictionary, such as "Dorland's Illustrated Medical Dictionary," will have enough information to satisfy the patient, but for more facts, a general medical reference book written for the layman is useful. "The American Medical Association Family Medical Guide" and the "Johns Hopkins Medical Handbook" have charts, photographs, lists of leading hospitals and glossaries of terms and drugs. These and other similar books give an overview of common medical problems.

articles and abstracts from the *Journal of the American Medical Association*, the *New England Journal of Medicine* and magazines such as *Health and Prevention*.

For prescription information, try the "Physician's Desk Reference" which lists 2500 medications, and describes dosage and possible side effects. Information is provided by the

drug companies and closely resembles the FDA drug labelling requirements or "package insert." A similar, but more readable reference book, is "The Pill Book."

The reference librarian can show patrons a variety of medical information sources, and also can direct the patron's search to relevant associations and sources outside the library.

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# Entrepreneur bites into pizza business

By Walter Elliott  
Staff Writer

Local entrepreneur Jeffrey Gross is ringing up an advantage for neighborhood pizzerias.

Gross and his Springfield-based JEG Marketing company has been contracting his 1-800-PIE-TO-GO customer delivery service to at least seven pizza parlors around the county.

"1-800-PIE-TO-GO is part of a marketing service I offer to local pizzeria owners like Chris DiGesù here," said Gross while having a slice at Gennaro's Pizza in Union. "Chris and others like him are good at making pizzas while I'm good at what supplying 800 numbers, fliers, box art and so on."

"He walked in here back in January with his idea," said DiGesù as he slides a pie into an oven. "His order service frees me up to make food while increasing my business."

By calling the toll-free number, customers are routed to the nearest participating store. The subscribing store pays monthly and per call charges in return for receiving an exclusive territory. Each call's time, date and number is recorded as a performance database.

The concept isn't totally new as the pioneering 1 (800) Flowers and Dial-

A-Mattres services can attest. Gross himself ran a bed and breakfast line for several years before taking a bite at the pizza market.

"The 800 number is just one part of a growing cooperative," said Gross. "I fax local business fliers, featuring weekly specials. There's a PIE-TO-GO logo which can be easily applied to take out cartons and signs."

Gross estimated that his client's average order volume is up around 17 percent since launching the service last winter.

"We were the fourth or fifth restaurant to join," said DiGesù. "Business has picked up thanks to the easy-to-remember number."

"We've been aboard a couple of months," said Tom Koyas of Tom's Pizza in Springfield. "We're getting more lunchtime traffic with the fax specials."

Roselle Park pizzeria owner Tony Sardinha noted, however, some teething problems with Gross' service.

"At first there were some complaints about getting the fax specials and the time was down for a time," said Sardinha from his Pizza Villaggio parlor. "Jeff got the bugs worked out and I'm sticking with him. I hope we can develop a network so we can challenge the chains like Pizza Hut or Domino's."

"This has been a learning experi-



Photo By Milton Mills

Jeffrey Gross' new pizza service is linking customers to local pizzerias, such as Gennaro's Pizza in Union, owned by Chris DeGesù.

ence for myself and the pizza operators," said Gross. "Some told me that there had been similar attempts at what I'm doing but didn't have the staying power. As for competing with the chains, let's say that they hire someone like me to think up an idea

like mine but at greater expense." "You have to give Domino's and the other big guys some credit," said DiGesù. "They made pizza a national food, which helped everyone in the business. Pizza is the fastest fast food around."

# Program works to reinstate shade trees

Since last spring, 60 American Liberty Elms have been planted in Springfield, mostly as shade trees along streets, replacing some of the traditional American Elms that have been lost to Dutch Elm disease.

"They're dotted all over town," says Ken Homlish, foreman with the Department of Public Works, "and a couple are in park areas and at the municipal pool. They're all doing great, and have survived these crazy winters."

Springfield residents who know elms should be able to spot them, as the disease-resistant American Liberty Elms are large enough to be noticeable. Most have trunks that are four-to-six inch caliper.

The trees, propagated by the nonprofit Elm Research Institute in Harrisville, NH, were raised in the department's nursery for seven years in order to reach the size now required by the department, before being transplanted into the community.

In the 1970s, the institute sponsored research to save the American Elm,

which was threatened with extinction by Dutch Elm disease. By selecting American Elm parent trees that proved their ability to fend off the beetle-borne fungus, researchers produced the purebred, disease-resistant American Liberty Elm, introduced in 1983. The new purebred elm, not to be confused with European and Asian hybrids, retains the American Elm's classic vase-like shape and grows well in urban conditions. More than a quarter of a million American Liberty Elms have been planted to date, in over 750 communities.

Many have been raised in town nurseries. Recently, the Institute launched an additional program, the Regional Johnny Elmseed Nursery, to move national elm restoration forward more quickly.

Regional nurseries will nurture larger numbers of elms, making them available to wider geographical areas. Boy Scouts, other youth groups and adult volunteers will tend the trees with the guidance of professionals such as extension agents and master gardeners.

# Female little leaguer recognized at event

By Walter Elliott  
Staff Writer

Springfield Junior Baseball League player Christina Palermo was not at opening day at Roessner Field Sunday afternoon. Palermo, instead, was among 10 other outstanding area young ball players recognized that day during the Jackie Robinson Commemorative Coin unveiling at Union's Hall Field.

"The young players before you were chosen by their coaches and managers as exemplifying the best in the game," said MLB National League President Len Coleman. "Christina Palermo has been a key part of a AA league championship team in 1995 and was named on the all-star team last season. She is headed for the AAA and Pony Leagues and may become the first female to play on her town's high school team."

"What I've learned from Jackie Robinson was that nothing could deter him from getting into the major leagues," said Palermo after receiving a certificate from U.S. Senator Bob Franks and a signed baseball from Robinson contemporary Len Thompson. "I want to become the first woman to play in the major leagues."

"We were honored when the Union Little League asked us to pick a representative for the Robinson coin ceremony," said SJBL President and coach Joe Catello. "After sorting through several candidates, we picked Christina for her athleticism, work ethic and leadership."

Palermo's baseball career began by accident. She and her mother, Eileen, arrived at Roessner seven years ago to try out for softball. T-ball was on the field instead and Christina made the Maplecrest Lincoln-Memorial Pirates.

"I've been coach for Christina's team as they rose through the league levels," said Catello. "Christina is strong, is a listener and thinks on the field. She never loses her composure and knows how well she's performing."

"I like all of baseball's aspects," said Palermo, "especially the running and strategy."

Sunday's Salute to Jackie Robinson at Hall Field, which featured a preview of a Robinson commemorative coin, was arranged by Franks to mark the athlete's debut on the Brooklyn Dodgers 50 years ago. Robinson's major league entry, performance and fight against open discrimination is well-chronicled. Roadblocks to female participation in the majors, by contrast, may be due to subtler prejudices.

"I don't think Christina is the first female player in our league but she's the first to advance as far as she has," said Catello. "There are attitudes held by some that being beaten by a girl is hard on the boys. The only advantage she has over boys is in strength but that is only for her age. I think she can go as far as she wants to."

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## COMMUNITY FORUM

## Surprise — a clean lake

For those who use the Watchung Reservation in Mountainside, it comes as no surprise when we describe Lake Surprise as practically unuseable.

Once a popular spot for fishing, boating, and even swimming, the lake has been off limits to swimmers, and the boating and fishing activities have been significantly decreased. The reason? Excessive sedimentation and unchecked weeds.

The sedimentation has been partly attributed to the construction of Route 78, which dumped a lot of sediment into the general area of the lake. Luckily, the New Jersey Department of Transportation is not turning its back on the lake. In fact, it has pledged to contribute to the clean-up process, and according to Dan Bernier of the Union County Parks Department, the DOT has set aside \$1 million to help fund the project.

To restore Lake Surprise as a true recreation facility, Union County is proposing to dredge approximately 53,000 cubic yards of sediment. This dredging will return the lake to its original contours. Watershed Best Management Practices will also be implemented to prevent soil erosion in the land surrounding the lake, which will eventually reduce the amount of sediment washing into the lake. Included in these practices may be rock or vegetation lined channels, constructed wetlands, and vegetated buffer strips.

In a county that is nearly completely developed, even overdeveloped in some areas, it is important that natural resources such as the Watchung Reservation and Lake Surprise are protected and maintained in good, useable condition. The willingness of the DOT to lend its financial support should be applauded. It would be easy for the agency to turn its backs on the county, citing a lack of funds.

We are glad that in this instance, this is not the case.

## Law and disorder

Anyone who has been following politics in Springfield for a significant period of time knows that it is best characterized by volatility.

However, during the past several months, the vitriolic rhetoric has been kept to a minimum. Perhaps this can be attributed to the fact that the Township Committee campaign season has yet to start. Nevertheless, by all appearances, the township's recent course has been fairly smooth.

But there is one notable exception.

Internal relationships in the Springfield Police Department can be seen as a lesson in how not to operate a municipal entity. The squabbling, which is sometimes petty, sometimes warranted, can be read in this newspaper, as well as on the Internet. We have to wonder at times just how effective a police force can be in protecting the residents of a community when it can barely act civilly to each other.

Unfortunately, Mayor Roy Hirschfeld, and by association the Township Committee, is in the thick of these conflicts. Perhaps this is due to his position. But the recent exchange of letters, along with a quote blaming Public Employees Occupational Safety and Health Act violations complaints on personnel who are trying to make the department look bad during labor negotiations, only serves to exacerbate an already touchy situation.

On the other hand, it is not right for Hirschfeld or anyone else involved to be subjected to personal attacks. This is counterproductive to those who are seeking some sort of common ground.

But the fact remains that there are problems in the Police Department, and nothing the township has done until this point has improved the situation. Whatever the motives were behind the PEOSHA complaints, there were violations, which undoubtedly lead us to question the commitment of the Police Department chain of command to the safety and welfare of its employees. Although police work is by nature a dangerous profession, it is not too much for employees to expect that their work environment be as safe as possible.

Other matters, such as the continued strained relations between Police Chief William Chisholm and selected employees, duty scheduling methods, and the seemingly never ending labor negotiations between the Policemen's Benevolent Association and the township only add to the general feeling that the Police Department is a house divided.

We realize that all parties involved have strong feelings, and personality clashes seem to be the norm. But we hope the planned summit meeting between township officials and police personnel will serve as a starting point for improved relations.

Residents have the right to expect that their tax dollars will supply them with an efficient and orderly police force that will protect them in times of need. Springfield cannot be characterized as being overrun by rampant crime, so apparently the department is doing its job. However, an entity that is commissioned to maintain order shouldn't be characterized by disorder.



Photo By George Paccello

ALL THAT JAZZ — Patti Dunham and Gary Haberman, a professional jazz duo, perform at the Music Box Cafe in the Public Library's Donald Palmer Museum Sunday afternoon. The cafe hosts performances featuring professional and amateur acts throughout the year.

## Free flow of energy will fuel state's growth

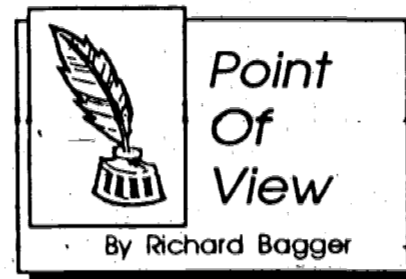
In 1855, a band of visionaries gathered at Shepherd's Hotel in Elizabeth. They saw what many others did not: that natural gas had the potential to power the industrial changes revolutionizing New Jersey. They decided to form a gas company to sell this product.

These people, the stockholders of the Elizabethtown Gas Light Company, were taking a risk. Gas was still a tough way to make money. Coal and wood were much cheaper ways to heat and Elizabeth boasted only four miles of gas mains. But Elizabeth and New Jersey were growing fast, and these men decided to take a risk for a better New Jersey fueled by an energy revolution.

Now a new energy revolution is upon us. The Board of Public Utilities has released its Energy Master Plan and it proposes retail competition for all electricity and natural gas customers in New Jersey.

Beginning in October of 1998, the first New Jersey consumers will get the chance to choose who will sell them electricity. By April of 2000, half of all New Jerseyans will be able to shop for energy, and by April of 2001, everyone in New Jersey will be able to shop for electricity and natural gas the same way they now shop for milk, bread and other essentials of life.

There is a reason for this plan. New Jerseyans pay some of the highest electric bills in the country. On average, New Jersey consumers pay 50 percent more for electricity than consumers in the rest of the country. Retail competition is expected to



drive costs down, while giving consumers greater choices. Lowest possible costs and greatest possible choices are two of the most basic consumer rights enshrined in the Consumer Bill of Rights issued by President Kennedy. But progress is not always a smooth path.

Our nation's experience with the deregulation of telephone service offers a cautionary tale. While deregulation has cut consumer costs — the average price of a long distance phone call to Europe has gone from \$35 to \$5 since deregulation — it has also introduced new problems with fraud, such as "slamming" consumers. This slang, shorthand for the fraudulent switching of long distance telephone service, costs millions of dollars annually.

While New Jersey's Division of Consumer Affairs has been aggressively prosecuting these swindlers out of business, New Jersey has had to play catch-up. We must learn from this experience and get in front of this next wave of deregulation.

The utilities industry, at \$200 billion annually, is twice the size of the telecommunications industry. That alone would suggest the price of fraud

could be twice as great. With consumer awareness of utilities issues less than for telecommunications matters, the potential for fraud and abuse is even greater.

Fortunately for New Jersey, the three people most concerned with protecting the state's utility consumers, Board of Public Utilities President Herb Tate, Ratepayer Advocate Blossom Peretz, and Consumer Affairs Director Mark Herr, have demonstrated their commitment to protecting consumers as New Jersey brings competition to electricity and natural gas.

Any utilities industry deregulation plan must include the following:

- First, the BPU, Ratepayer Advocate and Division of Consumer Affairs should craft the right scheme to make sure the public does benefit from deregulation.

- They should immediately form a Consumer Protection Task Force and invite participants from citizens groups, utilities, marketers, and social service agencies to develop this plan. This task force should begin to work immediately to draft a utilities consumer protection law. Any such law should make clear that the Consumer Fraud Act applies to the sale and marketing of this newly deregulated energy.

- During the phase-in period, for retail choice, some utilities may file for a rate increase or request approval to recover from residential customers some costs for which recovery is now prohibited. This raises important questions about the benchmark that

the BPU will use for a proposed rate reduction. The BPU should use current rates as the "base line" for the 10 percent reduction that the Ratepayer Advocate is requesting.

- Finally, we must use this opportunity to consider how utility assistance will be provided in a restructured energy market. In modern New Jersey, electricity and heat are essential. We must help ensure that when all New Jersey consumers purchase power in the free market, all consumers indeed have purchasing power.

We should take this opportunity to consider the best way to make sure the lights don't go out for our state's low-income citizens.

During the 19th century, the Legislature had to keep a close eye on utilities. Natural gas explosions could be deadly and its competitor, electricity, could be just as dangerous. As a result, the Legislature was willing to trade open market competition and choice for the certainty of safety and supply by highly regulated utility monopolies.

As we verge on the 21st century, 19th century models of competition and regulation are no longer valid. However, deregulation does not mean no regulation. New Jersey must take steps to protect its energy consumers — every one of the state's 8 million residents — from fraud, abuse, and overreaching in the new competitive energy marketplace.

Richard Bagger, a Republican, represents the 22nd Legislative District in the General Assembly.

## Choosing a seal helped identify the county

Back in May of 1932 at a meeting of the Union County Historical Society, the question arose as to whether or not there was an official seal for the county government, and Callahan J. McCarthy, a member and noted historian, was asked to investigate the matter.

As it was he who asked the question, in accordance with an age-old tradition he soon found himself appointed chairman of a committee to find an answer. By October the committee presented a report of its findings, which included some very interesting details.

The committee had found that while there were several seals used by four branches of the county governmental offices, they were of varying designs, and none was official. Although an act of the Legislature in 1910 had stated that the seal in use at the time of the act was the official seal, there were four in use at that time, which left the matter undetermined.

The seal used by the county register since its creation in 1904 consisted of a circle enclosing a bundle of birch rods, bound together with a red thong and containing an axe with its blade projecting from the side.

The birch rods represented agriculture; the red thong, learning; and the axe, authority, or power. Surrounding this was a circle of laurel, with sets of five berries and 18 leaves, evenly

## The Way It Was

By William Frölich

divided on each side, with a bow at the bottom, and all representing honor, high merit or distinction.

In addition, two five-pointed stars, one on each side of the seal, represented the provinces of East and West Jersey.

The office of the surrogate of Union County had been using a different seal since 1857, and it was of a completely different design. This seal bore a horse's head, facing left, in a vertical position, with a plow underneath the head, indicating an agricultural community.

This seal was similar to the great seal of the State of New Jersey, but not identical, as that seal has three plows, and two statuesque ladies, one on each side. No record could be found that provided for the official use of this seal.

The seal used in the office of the county clerk at the time of McCarthy's research showed the Presbyterian parsonage in Connecticut Farms, with Hannah Caldwell, the wife of "Fighting Parson" James Caldwell, standing near the doorway while a

British soldier aims his musket at her.

This represents the murder of Hannah Caldwell during the Battle of Connecticut Farms on June 7, 1780. However, further investigation showed that at times the county clerk used the birch rod seal, when the other was not available, such as one time when the seal was lost or misplaced during a temporary moving of the records. Surrounding the house were the words, "Seal of the County of Union, County Clerk's Office," and at the bottom were the words, "Clerk of the County of Union."

To further confuse the matter at hand, the clerk of the Board of Chosen Freeholders was found to be using a seal similar to the county clerk, but with wording that designated the freeholder office.

The Union County Park Police, however, were using the birch rod seal, and their badges bore that emblem, while the door knobs of the county courthouse were engraved with the parsonage seal.

The investigating committee offered the suggestion that a committee from the Union County Historical Society should meet with the Board of Chosen Freeholders and acquaint it with the facts that had been uncovered, and recommend that the board adopt by resolution one official seal.

The action of the society quite naturally followed that age-old tradition and instructed the investigating

committee to continue and present their matter to the freeholders. McCarthy stated that the committee members were Arthur L. Johnson, Francis Regula, Mary E. Alward, Roland F. Calhoun, Mae B. DeRaismes, Harry Weltschek and Warren R. Dix.

At the March 9, 1933 meeting of the society it was reported that the freeholders were considering the adoption of one official seal, and it was resolved by the society that it recommend the adoption of the parsonage one as that seal.

The Board of Chosen Freeholders was advised of this recommendation, and an extract from its minutes of July 6, 1933 shows that the present seal was officially adopted. In these minutes is a complete description of the seal, including the design of the house and its coloring, the British soldier to be in red, and Hannah Caldwell to be in white, signifying peace and sincerity.

Engraved around the border, forming a circle, were to be the words, "Seal of the County of Union, New Jersey." Within this circle below the base of the house the numerals 1857 should appear, indicating the year that the Union County was separated from Essex County and became the 21st county in the state.

William Frölich is a resident of Roselle and a member of the Union County Historical Society.

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## Mountainside Echo

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## VIEW POINT

## QUESTION OF THE WEEK

As the deadline for the dissolution of the regional high school district approaches, is the regional school board facilitating a smooth transition?

Responses will be published next week.  
Polls close Monday at noon.  
Calls are free. Touch tone phones only.

CALL  
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and enter  
#7556 - YES  
#7557 - NO

## LAST WEEK'S RESULTS

Springfield  
Are the disputes between members of the Police Department and township officials childish?

YES — 2%  
NO — 98%

Mountainside  
Is Deerfield School's technology program headed in the right direction?

YES — 100%  
NO — 0%

## LETTERS TO THE EDITOR

### Salary estimates are inaccurate

To the Editor:  
I found last week's article in the *Springfield Leader* on the municipal budget both humorous and dismaying after reading comments from Richard Coan and Ray Osmulski.

First I would like to ask Mr. Coan where he gets his information regarding firefighters' salaries. Salaries of municipal workers are public knowledge, they are published in this very paper. To make a statement that firefighters in Springfield make \$100,000 with overtime is wrong. I have been employed in the Fire Department for 17 years and have never seen anyone make that kind of money. To whom did you speak to on this issue? Certainly it was an uninformed source. Yes we do work overtime here just the same as the Police and Road departments do.

All of the municipal services incur overtime for various reasons. The Fire Department has to be staffed at a certain minimum number of personnel to protect citizens in time of emergency. The Fire Department has been staffed with the same number of personnel since 1962 despite the fact that the town has grown since then. The town has been approached about new personnel which could lower overtime costs but we never saw any. I believe you were at that very meeting regarding increased personnel.

As for Mr. Osmulski's comments about new vehicles, you should have taken a tour of your Fire Department before we received new vehicles. Some of the apparatus was so old we were lucky to get them started. I find it hard to believe that anyone would complain about a town ensuring that its residents receive top notch service by purchasing new, reliable equipment that everyone can depend on. Remember the snow storm not so long ago in which the Road Department

plowed your street with their vehicles? Would you not want the police to be able to be there the instant you need them? By the way, was it not almost two years ago that one of our "new" vehicles responded to the Elks lodge to put out your truck that was on fire?

John D. Pyar  
FMBA Local 57A  
Springfield

### Remember us before you need us

To the Editor:  
As the fund chairman of the Westfield/Mountainside Chapter of the American Red Cross Annual Campaign, I thank all those who sent in donations to help continue the chapter's programs and services to Westfield and Mountainside during our Red Cross March Campaign. However, we are still short of our goal for 1997.

Whether it's a disaster call to help victims with food, shelter and clothing or to relay an emergency message for military personnel worldwide, the Westfield/Mountainside Chapter responds.

These are the services that the chapter must provide and the Westfield/Mountainside Chapter can only accomplish this with your generosity, so please remember us before you need us by sending in your donation.

William Lonsdale  
Campaign Fund Chair  
American Red Cross  
Westfield/Mountainside Chapter

## COMMUNITY CALENDAR

The Community Calendar is prepared each week by the *Springfield Leader* and *Mountainside Echo* to inform residents of various community activities and governmental meetings. To give your community events the publicity they deserve, mail your schedule to Managing Editor Kevin Singer, Worrall Community Newspapers, P.O. Box 3109, Union, 07083

### Today

- The Mountainside Recreation Committee will meet at 8 p.m. in Borough Hall.

### Friday

- Barnes & Noble bookstore in Springfield will host chiropractor Dr. Vito Pagano from 5 to 8 p.m. Pagano will answer questions about alternative health practices. Barnes & Noble bookstore is located at 240 Route 22 West, Springfield. For information, call (201) 376-8544.

### Saturday

- The Sandmeier School PTA is sponsoring their First Annual Spring Bazaar from 11 a.m. to 4 p.m. at the Sandmeier School, 666 South Springfield Ave., Springfield. Vendors will offer a variety of crafts, books and accessories. The Union County Sheriff's Department will be on hand to fingerprint children. Other attractions include animals from the 4-H Club, the Fire Department, the Springfield Volunteer First Aid Squad, and McGruff, the crime dog. Food and beverages will be available. Admission is free.

### Sunday

- Cometmania will be the theme at Trailside Nature and Science Center's planetarium at 2 and 3:30 p.m. The event costs \$3 per person and will continue through the month. Each family will receive a comet chart.

In commemoration of Earth Day, the planetarium will hold a special laser concert at 3:30 p.m. about Earth. Songs will feature conservation issues, preservation efforts and pollution problems. Admission is \$3.25 per person.

An illustrated slide lecture by Dan Bernier of the Union County Parks Department about the deserted village of Felville will take place at Trailside from 2 to 3:30 p.m. and again at 4 p.m. The event will include a walking tour. The group will meet at the Deserted Village barn. Call (908) 789-3670 for more information.

- Interfaith Singles, a group for single adults over 45, will hold a discussion on successful single living, along with a \$2 continental breakfast, from 9 to 10:30 a.m. every Sunday of the month. In addition, giant screen movies will be shown this Sunday beginning at 6 p.m. The events will be held at the First Baptist Church, 170 Elm St., Westfield. For more information, call (908) 233-2278.

### Tuesday

- The Mountainside Board of Recreation will hold an organization meeting at 8 p.m., with the regular meeting to follow. The meeting will be held in the Deerfield School media center.

- The Springfield Township Committee will meet at 8 p.m. in the Municipal Building, 100 Mountain Ave.

### Wednesday

- The Mountainside Board of Education will meet at 8 p.m. in the Deerfield School media center. The public meeting will be preceded by a 7 p.m. executive session.

- Trailside Nature and Science Center will hold a Hale-Bopp comet watch from 8 to 10 p.m. The meeting place is the planetarium. Call (908) 789-3670 to register.

### Coming events

#### April 27

- The Springfield Rotary Club will hold their 16th Annual Gigantic Flea Market at Jonathan Dayton High School, Mountain Ave., Springfield from 10 a.m. to 5 p.m. The rain date is May 4. There will be over 160 vendors. Hamburgers, hot dogs, refreshments, free blood pressure screening and other activities will also be available. Proceeds will go to needy children in the area.

- Cometmania will be the theme at Trailside Nature and Science Center's planetarium at 2 and 3:30 p.m. The event costs \$3 per person, and each family will receive a comet chart.

A spring scavenger hunt, with an enrollment limited to 20 families, will begin at Trailside at 2 p.m. The fee is \$3 per family. For more information, call (908) 789-3670.

Rodney the Rocket will introduce preschoolers to the planets as he returns to Trailside at 3:30 p.m. Admission is \$3 per person.

- The Mountainside Newcomers Club will hold a Walk-A-Thon to benefit a local pre-school child in need of heart surgery at 1 p.m. The route will be announced. The club welcomes all new residents as well as established residents who have had a change in lifestyle. For information on joining or on the above event, call (908) 654-7853.

#### April 28

- The Springfield Board of Education will hold their reorganization meeting at 7 p.m., followed by the regular meeting, in the conference room of the Gaudineer School.

#### April 29

- The Mountainside's Women's Club, member of NJSFWC, is running a bus ride to Longwood Gardens on April 29. The cost is \$35 per person with a buffet lunch. The bus leaves Our Lady of Lourdes Church at 9 a.m. and returns around 5:30 p.m. For reservations, call Jackie Giordano at 233-7433.

#### April 30

- The Springfield Chapter of Hadassah will meet at 8 p.m. at Congregation Israel in Springfield. The meeting will be dedicated to the Holocaust. There will be a candle lighting by six Holocaust survivors. The speaker will be Gladys Helfgott of Union. She was born in Lod and is a Holocaust survivor. She has been involved for many years with education centers across New Jersey.

#### May 1

- Springfield Hadassah is sponsoring a trip to the Barnes Foundation at 9 a.m. from Temple Beth Ahm. The trip includes a luncheon at the General Wayne Inn, the only Pennsylvania restaurant listed on the National Register of Historic Places. It is the oldest restaurant in continuous operation in North America. The group will then tour the Barnes Foundation, which houses a collection of early French modern and post-impressionist paintings. The bus will leave at 3:30 for the return trip.

#### May 2

- The Friends of the Springfield Public Library will be holding their annual lobby sale to benefit the library today and tomorrow from 10 a.m. to 4 p.m. each day. The sale will include items of jewelry, glassware and china, small appliances and kitchen items, linens, flowers, tools, toys and furniture that can be carried out. The library is located at 66 Mountain Ave., Springfield. For further information, call (201) 376-4930.

#### May 4

- The Springfield Lodge of B'nai B'rith will sponsor a bus trip to the Sands Hotel Casino in Atlantic City. The \$22 package includes refreshments and cash back. The bus will depart from the Echo Plaza Mall in Springfield at 10 a.m. Registration deadline is April 21. For more information, call (908) 687-9120 or (908) 277-1953.

#### May 11

- The Mountainside Elks will hold a pancake breakfast from 7 a.m. to noon at the club building on Route 22. The cost is \$2.50 for children and \$5 for adults, and includes eggs, french toast, sausage, bacon, toast and potatoes.

#### May 12

- The Mountainside Zoning Board of Adjustment will meet at 8 p.m. in Borough Hall, 1385 Route 22 East.

#### May 13

- The Springfield Township Committee will meet at 8 p.m. in the Municipal Building, 100 Mountain Ave.

- The Mountainside Borough Council will hold a work session at 8 p.m. in Borough Hall.

#### May 15

- The Springfield Hadassah will have their Donor at the Short Hills Caterers. The proceeds will be donated to Youth Alyah and used in the children's villages that are helping to integrate the young new arrivals to Israel. Frances Ostrofsky is the chairperson.

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# Rabbi calls for a return to the basics of spiritual life

By Walter Elliott  
Staff Writer

Rabbi Eric Yoffie urged his audience at Temple Sha'arey Shalom to re-emphasize teaching of the Torah and enliven worship during his lecture Tuesday night.

"Our generation is probably most literate in secular culture but most illiterate in its own history, language and spirituality," said Yoffie before some 60 congregants. "With the exception of one other time, this is the first civilization which is trying to separate itself from its heritage."

Yoffie, who is president of the Union of American Hebrew Congregations, was invited by temple Rabbi Joshua Goldstein to be keynote speaker for the congregation's 40th anniversary. The New York-based UAHC represents over 860 Reform movement temples in North America.

In his speech, titled "A Vision of the Future," Yoffie outlined areas where Reform synagogues can revitalize themselves and develop more Torah-literate congregants. He considers spiritual study, worship and good works the respective head, heart and hands of a synagogue. Yoffie also considered some peculiarities of the movement's current state.

"We have two large groups which come to the movement," said Yoffie. "On one hand we have secularized people who barely know Hebrew and the Torah and on the other people from Orthodox and Conservative backgrounds who know extensively. To accommodate them, we may have to have multiple worship services, which will put a lot of strain on rabbis and cantors."

Yoffie is also concerned with the state of religious education, whose present effectiveness tends to fade after a youth's bar or bat mitzvah. "We tend to drop our children off at



Photo By Milton Mills

religious classes, sending a message that one can stop learning once reaching adulthood," said Yoffie. "I want to see families engaged in study and playing Hebrew video games and the like. As for youth services being a low priority in some synagogues, I must tell you I wouldn't be here as a rabbi if it weren't for them."

"We're excited to have Rabbi Yof-

ie as part of our 40th anniversary," said Rabbi Goldstein. "This is the first time in our congregation's history we had the President of the UAHC here."

"We should be more concerned about developing a stronger relationship with God and how to love ourselves and others," said Yoffie, "instead of thinking about who hates us."



Photo by George Pucciello

Above, Cantor Amy Daniels and composer Doug Cotler rehearse with students prior to a performance in honor of Temple Sha'arey Shalom's 40th anniversary festivities. To the left, Rabbi Eric Yoffie, president of the Union of American Hebrew Congregations, addresses the audience during Tuesday night's lecture at the Springfield based temple. Yoffie's visit was part of the temple's extended weekend of celebration, which also included a speech by Rabbi Emeritus and civil rights activist Israel Dresner, and a Patrons' Dinner.

Yoffie's talk capped the temple's extended weekend of celebration. A speech by Rabbi Emeritus and civil rights activist Israel "Sy" Dresner, a Patrons' Dinner and performances by Grammy Award winning composer Doug Cotler also took place.

Yoffie commented on the Union of Orthodox Rabbis of the United States and Canada's April 1 proclamation

that the Reform and Conservative arms "aren't Judaism at all" and forbade any Jews from praying at those synagogues. The 600-member UOR, who has long disagreed with interfaith marriages and various practices by the other branches, has since drawn criticism.

"The UOR is a fraction of the Orthodox branch, which is also a

minority in Judaism," said Yoffie. "They're trying to live in a ghetto, living a life which never existed and leaving us to do the work."

According to a 1994 study, about 2 million Jews in the United States belong to a Conservative temple and 1.5 million to a Reform temple. Of about 4.3 million Jews, 1 million are Orthodox.

## Brunch breakfast delivery to benefit SAGE program

SAGE, Inc., a non-profit agency serving the needs of the elderly and their caregivers in Union, Morris, Somerset and Essex counties, will hold its seventh annual fundraiser, Brunch a la SAGE, on May 4.

Baskets featuring an assortment of breakfast foods, along with a Sunday newspaper, will be delivered to the doorstep by SAGE volunteers. Proceeds from the event will go to SAGE's Meals-On-Wheels program, one of the first Meals-On-Wheels programs in New Jersey. SAGE Meals-On-Wheels delivers hot, nutritious meals to elderly persons who cannot cook or food shop for themselves.

One Brunch a la SAGE purchaser will receive two round-trip tickets to London, courtesy of Virgin Atlantic Airways. Brunch a la SAGE orders postmarked by April 25 are eligible and certain restrictions apply.

Brunch a la SAGE is a community event. Local vendors donate many of the items included in the baskets, while volunteers from Summit and surrounding communities assemble the baskets and deliver them to participants in Summit, Mountainside, Springfield, New Providence, Berkeley Heights, Madison, Millburn/Short Hills, the Chatham, Green Village, New Vernon and neighboring communities.

Brunch baskets are available in a variety of sizes, including: the "Gourmet Basket for Two" featuring orange juice, assorted baked goods, bagels and cream cheese, low-fat yogurt, two freshly baked quiches, cookies, fresh fruit, gourmet coffee and a newspaper, at \$55; the "On-the-Go-Basket for Two" featuring orange juice, assorted baked goods, bagels and cream cheese, low-fat yogurt, fresh fruit, gourmet coffee and a newspaper, at \$35; a "Gourmet Party Basket for Eight" featuring orange juice, freshly baked quiches, assorted baked goods, fruit salad and cheeses, bagels and cream cheese, low fat yogurt, cookies and gourmet coffee at \$175 and a "Child's Choice Basket" featuring orange juice, cereal, milk, donut holes, low-fat yogurt and fresh fruit at \$6. Fifty percent of the cost of each basket is a tax-deductible donation to SAGE.

Orders must be placed by April 25. For more information or to place an order, call SAGE at (908) 273-5554.

## Kitchen tour will aid hospital projects

By Walter Elliott  
Staff Writer

Some of the latest interior design trends can be found in the upcoming Overlook Auxiliary Cooks' Tour of Kitchens. The 10th biennial tour will feature varying styles of kitchens found in eight homes in and around Summit May 15.

"This is the first time we've had homes in all three counties," said Overlook Auxiliary Co-Publicist Jane van Dyck. "There's at least a home in Summit, Short Hills and Chatham, which represents some of the area Overlook Hospital serves. I also think this is the first time we've had a kitchen on the tour with some means of handicap access."

The barrier-free kitchen, located in Summit, was a remodeling contingency for one of its residents. Coordinated in airy blue and white livery, the kitchen consists of a large u-shaped wall counter and a center island. The island, where the sink and gas ranges are located, is also the kitchen's hub and is accessed by wide aisles.

The Summit kitchen, like its Short Hills and Chatham counterparts, reflects a trend towards integrating cooking with other family entertainment. Its provision for the less fortunate also reflects on the auxiliary's fundraising and service functions.

"We started the Cooks' Tour in 1980 to publicize our 'Cooking is Our Bag' cookbook," said auxiliary official Mickey Wynne. "The tour has become so popular that we get up to 1,500 people viewing member's homes. Proceeds from ticket sales are being used to build a pediatric activity center for Overlook."

"We look for good ground floor access as much as we look at the kitchen," said member Lee Moore. "We get requests from members and



Courtesy S. Pepose

The Overlook Hospital Auxiliary will sponsor a Cook's Tour of Kitchens on May 15. Featured in the tour will be kitchens in homes such as this one in Summit. This kitchen was chosen based on design elements such as built-in storage units which separate the kitchen and family areas without obstructing views, abundant storage and counter space, a twelve-foot Corian-topped center island, and white cabinetry accented by fruit basket tiles.

patient's families to have their homes considered and we get visitors from as far away as Connecticut and Pennsylvania. It takes about 200 people to coordinate the tour."

Tickets for the 1997 Cooks' Tour are \$20 per person and \$25 at the door. Call (908) 522-2004 or (201) 379-6818 for details about the tour, the cookbook and the auxiliary.

## Center workshops focus on siblings and children

Workshops for parents of babies through teenagers are offered this spring at the Resource Center for Women. Located in downtown Summit, the Resource Center for Women is a non-profit, non-sectarian organization offering programs and services to all area women. For further information and for a complete spring program listing, call the center office at (908) 273-7253. Partial scholarships are available for all programs.

"Infant Massage," three weeks beginning April 28 from 10:30 a.m. to noon; limited enrollment; register as soon as possible. Parents and caregivers of infants up to 8 months will learn to use massage to reduce tension and fussing, help relieve colic and aid over-all development and bonding. Facilitated by Peg Dougherty, certified massage therapist. Fee: \$50. \$40 for center members.

"Siblings Without Rivalry," six sessions beginning April 29 from 7:30 to 9:30 p.m.; registration deadline, Tuesday. Based on Faber and Maz-

lish's "Siblings Without Rivalry," this course will teach parents specific skills that decrease hostility and conflict between children and motivate siblings to work out their own solutions. Fee: \$80; \$65 for center members; plus \$10 for book, available from the Resource Center.

"Girls and the Media: Changing the Message," April 30 from 7-30 to 9 p.m.; registration deadline, April 24. Participants explore strategies for counteracting the constricted images girls get about themselves from the entertainment and commercial media by cultivating more empowering images and providing girls with tools for handling the constant media bombardment. Fee: \$10. \$5 for center members.

This newspaper is a reliable means of researching the community market. To boost your business in the community, call our ad department at 908-686-7700 today.

## Scams against seniors are targeted by OWL seminar

"Safeguarding Seniors Against Telemarketing and Other Scams" will be the topic of the Older Women's League of Central NJ meeting on Saturday at 10 a.m. at the YWCA of Summit, Morris Avenue and Prospect Street. The meeting is open to the public.

The featured speaker will be Dorothy Dowling, a NJ community coordinator for the American Association of Retired Persons and former member of the Board of Directors of the AARP Northern NJ Chapter. Dowling has been trained by AARP to educate seniors about consumer fraud to prevent tragic losses in their limited retirement income. According to AARP's studies most victims are frail elderly widows living alone and worried about their financial security. "There's a caring, trustworthy, polite generation," Dowling stated, "and are, therefore, eagerly sought after prey of con artists who see 'green' if the hair is gray."

A 20-minute video narrated by Diane Sawyer on telemarketing fraud will be shown. In addition, an actual recorded phone call between a scam artist and a woman law agent will be heard.

OWL is a national grassroots organization advocating and educating the public and policy-makers on the special concerns and needs of midlife and older women, who, the older they get, overwhelmingly dominate the aging population. For further information, call (908) 272-5671 or (201) 467-8136.

## School plans rummage sale

A rummage sale will be held on Saturday in the Summit High School cafeteria, 125 Kent Place Boulevard from 9 a.m. to 2 p.m. All money raised from the sale will help fund Summit High School's Project Graduation, an all-night drug and alcohol free party for graduating seniors. Items to be donated for the sale should be dropped off at the high school's cafeteria entrance on Friday between 2:45 and 7 p.m. Students will be on hand to help unload donations. Clothing and household items in good, usable condition are welcome, including computers, small appliances, TV's, stereos, electronics, radios, clocks, furniture, sporting goods, garden tools, luggage, bric-a-brac, toys, shoes, accessories, jewelry and books.

Project Graduation is sponsored by the city of Summit's Youth Services Board. Barbara Perkins, director of Youth Services said, "This is the tenth year that Youth Services has been able to sponsor Project Graduation for our graduating seniors. We continue to be thankful for all the community support, from business and private citizens alike, which enables our graduating seniors to learn firsthand that they can have a great time, and a great celebration without drugs or alcohol."

## TV station seeks volunteers

TV-36, the public access television channel serving the Summit area, is seeking volunteers to help produce live coverage of the Summit Common Council meetings. TV-36 will provide free training to anyone who is interested in volunteering.

"All production jobs at TV-36 are handled by community volunteers," stated Station Manager David Hawks-

worth. "Volunteers are needed to operate cameras as well as direct the meeting coverage."

The Summit Common Council regularly meets on the first and third Tuesdays of each month at 8 p.m. at City Hall, 512 Springfield Ave.

For more information or to volunteer, call TV-36 at (908) 277-6310.

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# OBITUARIES

### Lewis J. Colangelo

Lewis J. Colangelo, 74, of Summit died April 8 in his home.

Born in Logansport, Ind., Mr. Colangelo lived in Summit for 73 years. He was a shipping manager with the Ciba-Geigy Pharmaceutical Co., Summit, where he worked for 47 years before retiring nine years ago. Mr. Colangelo served in the Army during World War II. He was a member of the Elks Lodge 1246 of Summit.

Surviving are three daughters, Angela Fallat, Katherine Melucci and Joanne Pallone; a brother, Nick; seven grandchildren and a great-grandchild.

### J. P. McGhee Sr.

Joseph P. McGhee Sr., 83, of Summit died April 10 in his home.

Born in Scotland, Mr. McGhee lived in Summit for 50 years. He was a tool and die maker with Bendix Aviation, Teterboro, for 25 years and retired 20 years ago. Mr. McGhee served in the Army during World War II.

Surviving are four sons, Bernard, Joseph P. Jr., John and Richard; two daughters, Patricia Kieser and Margaret Giese, and 10 grandchildren.

### Ralph Adams

Ralph Adams, 79, of Roselle, formerly of Summit, died April 9 in his home.

Born in Summit, Mr. Adams moved to Roselle two years ago. He was a custodian for the Summit school system for 22 years and retired 18 years ago. Mr. Adams was a former Scout leader in Summit and worked with the Civilian Conservation Corps during the 1930s.

Surviving are two sons, James and William; three daughters, Susan Miller, Julia and Jennifer; a sister, Mary Bennett, and a grandchild.

### Ruth Donovan

Ruth Donovan, 91, of Lakewood, formerly of Springfield, died April 9 in the Lakewood Manor Nursing Home, Lakewood.

Mrs. Donovan lived in Springfield before moving to Lakewood two years ago. She was a dental assistant in the East Orange area before retiring.

Surviving are two grandchildren.

### Michele Branco

Michele Branco, 73, of Springfield died April 11 in Overlook Hospital, Summit.

Born in Fontainebleau, France, Mrs. Branco came to the United States in 1954 and settled in Newark before moving to Springfield in 1961. She was an accounts payable and deputy treasurer with the Springfield Township Treasurer's Office for 18 years.

Surviving are her husband, Leroy C.; a son, James Joseph; a daughter, Marie Anne; two grandchildren and one great-grandchild.

### Lillian Plath

Lillian Plath, 90, of Springfield died April 11 in the King James Nursing Home, Chatham Township.

Born in Newark, Mrs. Plath lived in Irvington before moving to Springfield in 1940. She was a supervisor at New Jersey Bell Telephone Co., Newark, where she served for more than 30 years.

Surviving is a sister, Elsie Rux.

### William Jasko

William Jasko, 79, of Mountaintop, who served in the invasion of France during World War II, died April 13 in his home.

Born in Newark, Mr. Jasko lived in Union before moving to Mountaintop 30 years ago. He served on Utah Beach in the Normandy invasion and served in northern France and participated in the liberation of Paris. Mr. Jasko was a postal worker for the Newark Post Office for 36 years. After retiring in 1972, he was the sexton at the Community Congregational Church, Short Hills, for 13 years.

Mr. Jasko was a member of the American Association of Retired Persons and the National Association of

Retired Federal Employees 476. Bloomfield. He was a member of the Atlas-Pythagoras Lodge 10, F&AM, Westfield, for 40 years. Mr. Jasko also did volunteer work for Meals on Wheels in Mountainside and Westfield.

Surviving are his wife, Lillian; three sons, the Rev. William E. Jasko, Donald A. and the Rev. Kenneth P. Jasko; two sisters, Helen and Lillian; a brother, Albert F., and 10 grandchildren.

### Angelo Forcella

Angelo Forcella, 82, of Springfield died April 13 in his home.

Born in Newark, Mr. Forcella lived there before moving to Springfield 11 years ago. He was an auto appraiser for Chubb and Sons Insurance Co., New Providence, for 15 years and retired in 1981. Earlier, Mr. Forcella was a water inspector with the city of Newark for 25 years. He served in the Army during World War II.

Surviving are his wife, Rita; two daughters, Marie Gunderson and Rita Conte; two sisters, Connie DeVito and Dora Petrucci; a brother, Anthony, and three grandchildren.

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## City residents to mark National Day of Prayer

Lt. Gen. Howard D. Graves, the United States Military Academy's recently retired superintendent, will address participants at the 4th Annual Summit Prayer Breakfast which will take place at 7 a.m. on May 1, the National Day of Prayer, at the Grand Summit Hotel. Mayor Walter Long will host the event, which will feature the music of pianist Huntley Brown. Prayers will be offered by designated Summit residents.

May 1 will mark the 46th observance of the annual National Day of Prayer. On that day, Americans of all faiths will gather together across the nation at town squares, state capitols, stadiums, parks, churches, synagogues and other public places to pray on behalf of the nation, its leaders, local and state officials, educators, law enforcement personnel and American families.

This year's theme is "In God We Trust." This phrase has been imprinted on all American currency since 1865, but the theme refers to more than just the words stamped on coins. It reflects the Bible verse Psalm 20:7. "Some trust in chariots and some in horses, but we trust in the name of the Lord our God."

All residents are invited to attend, and advance reservations may be made by calling (908) 273-8729 or (908) 273-6827. There is a charge to cover the cost of the breakfast.

## Center plans family Shabbat

The Summit Jewish Community Center will host a Jewish Family Service Shabbat tomorrow at 8:30 pm as part of the nationwide celebration of Shabbat Hagadol, the Shabbat before Passover.

JFS Shabbat coincides with the 25th anniversary of the Association of Jewish Family and Children's Agencies, the umbrella organization of more than 145 family and specialized human service agencies located throughout the U.S. and Canada.

Representing Jewish Family Service of MetroWest, Carol Marcus of Short Hills, will speak to the congreg-

ation on the role of Jewish Family Service in MetroWest and highlight some of JFS's new service initiatives.

A long-time resident and local community activist, Marcus is member of the Board of Trustees of Jewish Family Service of MetroWest and currently serves on its executive committee. Along with numerous leadership positions within the United Jewish Federation of MetroWest, she also has served as a member of the Millburn School Committee.

For more information about the JFS Shabbat, call the SJCC office at (908) 273-8130.

## Center offers spring programs

Upcoming programs at the Resource Center for Women will address a variety of issues. Located in downtown Summit in Calvary Episcopal Church, the Resource Center for Women is a non-profit, non-sectarian organization offering programs and services to all area women. For information on any of these programs and for a complete spring program listing, call the center office at (908) 273-7253. Partial program scholarships are available for all workshops.

"Growing an 'Instant' Garden: A Beginner's Guide," April 28 from 7 to 9 p.m., registration deadline April 23. It's time to get outside and dig in the dirt, and for those with little time or knowledge, this workshop will teach basic plant selection, site preparation and design fundamentals, with an emphasis on growing an "instant" garden that requires minimal time and up-keep. Taught by Deborah Reese. Fee: \$15; \$12 for center members.

"Keeping a Journal," a four-session workshop beginning April 29 from 10 to 11:30 a.m.; registration deadline April 23. Participants will learn techniques for keeping a personal journal and for using journal-writing for self-exploration and clarifying and reaching personal goals. Taught by Michele Bernstein. Fee: \$60; \$50 for center members.

"Soulmaking," an eight-week support group, beginning April 29 from 7:30 to 9 p.m., to be held at Healing Path Farm in Warren. This series, led by Sharon Blessum, psychotherapist and spiritual leader, invites women to nurture their souls in a supportive community through a variety of spiritual experiences, including fire ceremony, runes, angel cards and labyrinth walk. Fee: \$135; \$105 for center members.

## WORSHIP CALENDAR

### ASSEMBLIES OF GOD

**CALVARY ASSEMBLY OF GOD** ("THE FAMILY WORSHIP CENTER") - A Pentecostal church seeking the face of God. 953 W. Chestnut St., Union, Church/964-1133, Fax/964-1153. Rev. John W. Bechtel, Pastor.

**Sunday Services:**  
Sunday School - 9:30am  
Morning Worship - 10:45am  
Praise/Pentecostal Preaching - 6:30pm  
Wednesday Services:  
Ladies Bible Study (Heart Home) - 10am  
Family Night 7:30pm with  
Royal Rangers boys program (ages 3-14)  
Missions girls program (ages 3-17)  
Adult School of the Bible  
Friday Services:  
Youth Night - 7:30pm

In addition there are monthly meetings of Promise Keepers, Women's Ministries and Men's Breakfast Fellowship. For directions call 908-964-1133 and press 4. "We'll look for you this coming Sunday"

### BAPTIST

**ANTIOCH BAPTIST CHURCH**, 640 S. Springfield Ave., Springfield, Rev. Clarence Alston, Pastor. Church phone (201) 379-1465.

**SUNDAY SERVICES:** 9:30 A.M. Family Bible School, 11:00 A.M. Worship Service. **TUESDAY:** 7:00 P.M. Bible Class (Where The Bible Comes Alive) **WEDNESDAY:** 7:30 P.M. Prayer Service. Holy Communion every First Sunday. Nursery care available every Sunday. If transportation is needed call the church office. Everyone is Welcome at Antioch.

**CLINTON HILL BAPTIST CHURCH** "Where the Bible Comes Alive" 2815 Morris Ave., Union, NJ phone (908) 687-9440. Rev. Dr. 9708. Reverend Tom Sigley, Pastor-Teacher. **WEEKLY ACTIVITIES:** Sunday 9:45 AM - Sunday Bible School for all ages. **Adult education classes** are offered on relevant life topics - nursery care & a children's department 11:00 AM - Celebration Worship Service. We offer a celebration service which combines a blend of contemporary and traditional worship style, weekly children's sermon, children's church & nursery care is provided. 6:00 PM - Family Gospel Hour, nursery care provided. Monday 6:30 AM - Early Morning Prayer Meeting, 7:00 PM Boy's Eartion (grades 7-12) Tues-Sat. 5:00 AM Early Morning prayer. Wednesday 10:00 AM - Kenner Bible Study for senior adults, meets every 1st & 3rd Wednesday, 7:30 PM Prayer & Praise, Bible Study, Thursday 10:00 AM - Women's Faithful Workers meets every 2nd Thursday, Friday 7:00 PM - Girl's Club for girls in K-7th grades, 7:00 PM - Boy's Christian Service Brigade for boys 2nd-6th grades, Saturday 7:00 PM - Youth Group for students in 7th-12th grades. There are numerous F.O.U.N.D. Groups (Home Bible Studies) meet during the week in union and surrounding communities, call for information. For FREE information packet please call 687-2440.

**EVANGEL BAPTIST CHURCH** "CHRIST OUR HOPE AND PEACE" 242 Shurgate Rd., Springfield, (201) 379-4351. Reverend Frederick R. Mackey, Senior Pastor. Sunday 9:30 AM Bible School for all ages, interesting lectures for adults 10:30 AM Worship Service with Nursery care and children's church. 5:30-7:00 PM Sunday evening AWANA program for ages 4-11. 6:00 PM Evening Service with Nursery care provided. Wednesday 7:15 PM Prayer, Praise and Bible Study - Adults and Junior/Senior High Group. Super-Seniors meet the 3rd Thursday of each month at 11:00 AM Active Youth Ministry - Junior/Senior High Wide-Range Music Program. Ample Parking. Church is equipped with a chair lift. All are invited and welcomed to participate in worship with us. For further information contact church office (201) 379-4351.

**FIRST BAPTIST CHURCH** Colonial Avenue and Threave Terrace, Union, Rev. Robert S. Danraui, Pastor. Church phone (908) 688-4975. Sunday services: 9:45 AM - Sunday School for ages, multiple adult electives offered each quarter 11:00 AM - Morning Worship (Nursery care provided for infants through kindergarten. Primary church for grades 1-4.) Holy Communion - 1st Sunday of the month, 7:00 PM - Evening Praise/Informal Bible Study. Wednesday 7:00-8:30 PM - Middle School/Senior High Youth Fellowship at the Church; 8:15 PM - Prayer Meeting and Bible Study; 9:30-11:15 AM Women's Bible Study and Craft Class, free child care provided (meets bi-monthly, October through May). Monthly meetings include: Couples' Bible Study, Women's Missionary and Service League, Men's Fellowship. Breakfast every third Saturday (7:30 AM) Wide range of musical opportunities for children, youth and adults in choirs, hand bell choirs, orchestra and instrumental ensembles. This church provides barrier free accessibility to all services and activities. A personal sound amplification system for the hearing impaired is available for use during the Sunday Morning Worship Service. A cordial welcome awaits all visitors at all of our services and programs.

### JEWISH-CONSERVATIVE

**TEMPLE BETH AHM** 60 Temple Drive, Springfield, 376-0539. Perry Raphael Rank, Rabbi, Richard Nadel, Cantor, Jack Goldman, President. Beth Ahm is an egalitarian, Conservative temple, with programming for all ages. **Weekday services** (including Sunday evening and Friday morning) are conducted at 7:00 AM & 7:45 PM; Shabbat (Friday) evening-8:30 PM; Shabbat day-9:30 AM & sunset; Sunday, festival & holiday mornings-9:00 AM. Family and children services are conducted regularly.

Our Religious School (third-seventh grade) meets on Sunday and Tuesdays. There are formal classes for both High School and pre-Religious School aged children. The synagogue also sponsors a Nursery School, Women's League, Men's Club, youth groups for fifth through twelfth graders, and a busy Adult Education program. A Seniors' League meets regularly. For more information, please contact our office during office hours.

**SUMMIT JEWISH COMMUNITY CENTER**, 273 6th Place, Boulevard, Summit, 273-8130. William B. Horn, Rabbi, Janet Roth Krupnick, Cantor, Janice Wilton, President. The Summit Jewish Community Center (SJCC) is an egalitarian, conservative synagogue, serving families from Summit and nearly 35 surrounding towns. Shabbat Friday services are held at 8:30 PM. Saturday Shabbat services are at 9:30 AM and Shabbat Mincha and Havdalah are held at sundown. **Weekday services**, Monday through Friday are at 7:00 AM and Sunday at 9:30 AM. A Family Service is held on the first Friday of each month at 7:00 PM. In addition to regular Saturday Shabbat services, a Young Family Shabbat Services, for families with children ages 2-7, is held every third Saturday from 10:30-11:30 AM; and every second and fourth Saturday from 10:15-11:30 AM. There is a service for preschool children. The SJCC religious school provides instruction for children from Kindergarten through Grade 7 and Post-Grade classes for Grades 7 through 12-year program including a morning and afternoon Nursery School. We Two, designed for children 18-24 months and a parent/caregiver and a Parents and Enrichment program for Kindergarten-aged children. A wide range of Adult Education Programs is offered as well as a Sisterhood, Men's Club, Youth Couples Group and Senior Adult Group. For more information about programs or membership, please call the SJCC office at 273-8130.

### JEWISH - ORTHODOX

**CONGREGATION ISRAEL** 339 Mountain Avenue, Springfield, 201-467-9666. Daily services are 6:30 A.M. and 7:15 A.M. and 15 minutes before Sunset. There is one minyan on Sundays and civil holidays at 7:30 A.M. with Shabbat and Holiday services at 7:30 A.M. and 9:00 A.M. We offer a full range of religious, cultural and social programming. On Monday evenings, we learn Biblical archeology from 7:30-8:30 P.M., and from 8:30-9:30, we will survey the history of the Jewish experience in America. Please call our office for information regarding our special programs. These offerings assume no Hebrew or Judaic background whatsoever. Our Tuesday evening session is devoted to the religious thought of Maimonides, offered in the Hebrew language. On Sunday mornings, after our 8:00 A.M. services, we study Maimonides' legal code, and from 9:00 A.M.-10:00 A.M., we have an advanced program in the study of Jewish law. On Shabbat afternoons we review the weekly Biblical portion in light of traditional and contemporary commentaries between the minhah and ma'ariv prayers. We have a dynamic Sisterhood, vibrant Junior and Senior NCSY chapters, a Boy Scout troop, Karate classes for all ages, a Nursery School and Summer Camp. We are a family oriented modern Orthodox community and we welcome you to join with us in our programs. Rabbi Alan J. Yuter and Rabbi Israel E. Turner, Rabbi Emeritus, Dr. Leonard Spulowitz, President.

### JEWISH - REFORM

**TEMPLE SHIA'AREY SHALOM** 78 S. Springfield Avenue, Springfield, (201) 379-5387. Joelina Goldstein, Rabbi, Amy Daniels, Cantor, Irene Bolton, Education Director, Holly Newler, Pre-School Director, Bruce Pian, President. Temple Shai'arey Shalom is a Reform congregation affiliated with the Union of American Hebrew Congregations (UAHC) Shabbat worship, enhanced by volunteer choir, begins on Friday evenings at 8:30 PM, with monthly Family Services at 7:30 PM. Saturday morning Torah study class begins at 9:15 AM followed by worship at 10:30 AM. Religious school classes meet on Saturday mornings for grades K-3, on Tuesday and Thursday afternoons for 4-7; and Tuesday evenings for post/bar mitzvah students. Pre-school classes are available for children ages 2½ through 4. The Temple has the support of an active Sisterhood, Brotherhood, and Youth Group. A wide range of programs include Adult Education, Social Action, Interfaith Outreach, Singles and Seniors. For more information, call the Temple office, (201) 379-5387.

### JEWISH - TRADITIONAL CONSERVATIVE

**CONGREGATION BETH SHALOM/AHVAVAH** ACHEIM B'NAI ISRAEL, 2035 Vauxhall Road (corner of Pine Street), Union, 686-6773. Moshe Washtum, Rabbs, Harold Gottesman, Cantor, Dr. Allan Renkoff, President. Congregation Beth Shalom/AABI is a traditional conservative synagogue. Daily services - Monday through Friday 7:30 A.M. Civil holidays and Sunday morning services - 8:30 A.M. Daily Mincha/Maariv Services 5:30 P.M. (call Synagogue to verify time). Shabbat Services - Friday - 8:30 P.M., Saturday, 9:00 AM; Mincha/Maariv services according to sundown. Elementary Hebrew School meets Suidays 9:30 AM to 12:30 PM.

**TEMPLE ISRAEL OF UNION** 2372 Morris Avenue, Union, 687-2120. Meyer Korbinan, Rabbi, Esther Avnet, President, Hadassah Goldfischer, Principal. Temple Israel of Union is a traditional Conservative Congregation with programs for all ages. Friday Services 8:30 PM. Saturday Services 9:00 AM. Minchah 5:30

PM. Sunday Tallis and Tefillin 9:00 AM. Religious School with a full time Principal. Grades Three through Seven meet Sundays 9:10-10:30 AM and Mondays & Wednesdays - 4:30-5:30 PM. **Primer Class for Grades One and Two, Sundays - 9:10-10:30 AM.** Adult Hebrew Classes including Bar and Bat Mitzvah Preparation - Thursdays - 8:10 PM. Temple Israel sponsors programs and activities for Youth Groups Grades Seven through Twelve. We also have a very active Sisterhood and Men's Club.

**LUTHERAN**

**GRACE LUTHERAN CHURCH AND SCHOOLS** 2222 Vauxhall Road, Union, Rev. Donald L. Brand, Pastor, 908-686-3965. Family Sunday School 9:15; Family Worship 8:00 & 10:30; Visitation Expected; Barrier-free; Various Choirs, Bible Studies, Youth Groups; Nightly Dia-A-Meditation; Call church office for more information or free packet.

**HOLY CROSS LUTHERAN CHURCH** 639 Mountain Avenue, Springfield, 07081, 201-379-4525, Fax 201-379-8887. Joel R. Yoss, Pastor. Our Sunday Worship Service takes place at 10 a.m. at JONATHAN DAYTON REGIONAL HIGH SCHOOL, Mountain Ave., Springfield. For information about our midweek children, teen, and adult programs, contact the Church Office Monday through Thursday, 8:30-4:00 p.m.

**HOLY TRINITY LUTHERAN CHURCH** 301 Tucker Ave., Union 688-0714 Rev. Thomas J. Bagel, Pastor, Slovak Worship 9:00 a.m. Sunday School 10:00 a.m., Coffee Hour 10:00 a.m. We offer an 11:00 a.m. English Worship Service, with a children's sermon, to which everyone is welcome. Communion on first and third Sunday of every month. Sanctuary is handicapped accessible. Ample off street parking. Adult and Children Choirs, Adult Choir rehearsal every Wednesday at 7:30 p.m. Confirmation class every Sunday evening at 6:00 pm. Youth Group meets on first and third Sunday at 7:00 pm. We have two WELCA circles. The Aldra circle meets every other month on Saturday mornings. The Alpha circle meets on the third Sunday of the month in the afternoon. Trinity Adult Fellowship meets on the last Friday of the month at 7:30 p.m. Ladies Altar Guild meets on the second Sunday of the month in the afternoon. Four times a year Assembly #60 of the United Lutheran Society has a meeting.

**ST. LUKE'S LUTHERAN CHURCH** (L.C.M.S.), Hillside and Colonia Roads, Elizabeth, (908) 352-5487. John Wartier, Pastor. Our Sunday Worship Service is at 10:15 A.M. Sunday School and Adult Bible Study are at 9:00 A.M. Communion on 1st, 3rd and 5th Sunday of each month. Hymn sing on the 4th Sunday. Call Church Office for more information or Free Packet.

**REDEEMER LUTHERAN CHURCH AND SCHOOL**, 229 Cowperthwaite Pl., Westfield, Rev. Paul E. Kritisch, Pastor, (908) 232-1517. **Sunday, Worship Services - 8:30 and 11:00 A.M.** Sunday School and Adult Bible Study 9:15-10:15 A.M. Sunday morning Nursery available Wednesday Evening Worship Service 7:30 p.m. Holy Communion will be celebrated on the first and fourth Sundays at 8:30 a.m. and the second and fourth Sundays at 11:00 a.m. Holy Communion will also be celebrated on the first and third Wednesdays of the month. The church and all rooms are handicapped accessible.

### METHODIST

**BETHEL AFRICAN METHODIST EPISCOPAL CHURCH** 241 Hilton Avenue Vauxhall, 964-1282. Sunday Church School 9:30 am. Church Worship 10:45 am. Wednesday Prayer Meeting & Bible Study 7:30 p.m. Rev. Gladwin A. Fabler-Pastor.

**COMMUNITY UNITED METHODIST CHURCH** Chestnut Street & East Grant Ave. Roelle Park. Rev. Dr. Nancy S. Belsky, Pastor. Phone: (908) 245-2237; 245-8820; 241-1210. Worship Services: 9:00 & 11:00 a.m. in our barrier-free Sanctuary. (Church school for infants through high school at 11:00 a.m.) Coffee & Fellowship Time at 10:00. All are welcome!

**KENILWORTH COMMUNITY UNITED METHODIST CHURCH** 455 Boulevard, Kenilworth, Rev. Linda Del Sardo, Pastor. Church office 276-1956, Parsonage 276-2322. Worship Service 10:00 A.M., Sunday School 9:00 A.M. Nursery available during Worship. Communion is served the first Sunday of each month. All are welcome.

The **SPRINGFIELD EMANUEL UNITED METHODIST CHURCH**, located on 40 Church Mall in Springfield, NJ, invites people of all ages and backgrounds to join us on Sunday mornings for Adult Christian Education Forum at 9:15 AM, and for worship at 10:30 AM. We are a warm and welcoming congregation of Christians who gather together to be encouraged in the faith, strengthen in hope, and empowered to be brave and faithful followers of Jesus Christ. Child care and nursery are available following the part of our worship service that is especially geared toward young children. Holy Communion will be celebrated on the first Sunday of every month. Know that all people are welcome here! If you have any questions, interest or concerns, please call the pastor, Rev. Jeff Markay at 201-376-1695.

### MORAVIAN

**BATTLE HILL COMMUNITY MORAVIAN CHURCH** 777 Liberty Avenue, Union, 686-5262. Rev. John Jackson, Pastor. Sunday School 9:15 a.m. Worship, 10:30 a.m., Nursery available. First Sunday every month Fellowship

hour after Worship. Free preschooler playground meets every other Wednesday. Friendly, multicultural worship open to all.

### NON-DENOMINATIONAL

**MAPLEWOOD BIBLE CHAPEL**, Worship and serve together in a warm and caring Bible centered fellowship, located at the intersection of Lexington, Tuscan and Burnett Avenues. Sunday services: Adult Bible Classes and Sunday School, 10:25 AM; Family Bible Ministry Hour, 11:00 AM; Tuesday 8:00 PM, Prayer and Bible Study, lower meeting room. Special activities for children and youth on Friday evening. Call us for details, at 201-761-6430.

### PRESBYTERIAN

**CONNECTICUT FARMS, PRESBYTERIAN CHURCH** established 1730, Stuyvesant Avenue and Route 22, Union, Sunday Church School for all ages; Current Issues Forum at 9:30 A.M., Sunday Worship Services at 10:45 A.M. Child care provided during the Worship Service. We have an Adult Chancel Choir, Sound System for the hearing impaired. Coffee hour follows the service. Ample parking is provided. Presbyterian Women Circles meet Monthly Bible study group meets the 1st and 3rd Mondays at 7:30 p.m. The Living Room - a Support Group for those coping with aged persons - meets 4th Thursday of the month. Quiet Place - a young women's support group - meets the 2nd and 4th Sundays of each month. September Song - a support group for "seasoned citizens" meets the 1st Thursday of the month. Full program of Scouting provided. Everyone welcome. **Weekday Nursery School** for 2½, 3, and 4 yr. olds available, 964-8544. For additional information, please call Church Office at 686-8468. Services: Church Community for 200 years. Rev. R. Sidney Pucht, Pastor, 688-3164.

**FIRST PRESBYTERIAN CHURCH** Morris Ave. and Church Mall, Springfield, 379-4320. Sunday School Classes for all ages 9:00 a.m., Sunday morning Worship Service 10:15 a.m. with nursery facilities and care provided. Opportunities for personal growth through worship, Christian education, choir, church activities and fellowship. **Sundays-Church School - 9:00 a.m.,** Worship - 10:15 a.m.-Communion first Sunday of each month. **Ladies' Benevolent Society - 1st Wednesday** of each month at 11:00 a.m.; **Ladies' Evening Group - 3rd Wednesday** of each month at 7:30 p.m.; **Kaffeeklatsch - 1st and 3rd Tuesday** of each month at 9:30 a.m.; **Choir - every Thursday** at 8:00 p.m. in the Chapel. Charles L. Hale, Jr., Interim Pastor.

**TOWNLEY PRESBYTERIAN CHURCH** Salem Road at Huguenot Avenue, Union. Worship and Church School Sundays at 10:00 A.M. **Nursery Care during all services.** Holy Communion the first Sunday of each month. We offer opportunities for personal growth and development for children, youth, and adults. We have three children's choirs and an adult Chancel Choir. Our Presbyterian Women are divided into six circles which meet monthly. Worship with friends and neighbors this Sunday. Townley Church is a growing congregation of caring people. For information about upcoming events and programs, please call the Church Office, 686-1028. Rev. Elmer Takott, Interim Pastor.

### ROMAN CATHOLIC

**THE PARISH COMMUNITY OF ST. JAMES** 45 South Springfield Avenue, Springfield, New Jersey 07081 201-376-3044. **SUNDAY EUCHARIST:** Sat. 5:30 pm. Sun. 7:30, 9:00, 10:30 a.m., 12:00 Noon, Reconciliation: Sat. 1:00-2:00 p.m. Weekday Masses: 7:00 & 8:00 a.m.

**ST. JOSEPH'S PARISH**, 767 Prospect Street, Maplewood (1 1/2 blocks S. of Springfield Ave.), 201-761-5933. Rev. Tom Wisniewski, Pastor. Rita Bonin, Pastoral Council Chair. We invite you to join our growing faith community for worship, service opportunities, and spiritual support. **Masses celebrated in our beautiful Church on Sunday at 7:30 a.m., 9 a.m., 10:30 a.m., and noon; and Saturday at 5:30 p.m.** Children's word service at 9 a.m. Choir at 10:30 a.m. Weekly bulletin lists weekday and special schedules and activities. Please talk to a member of the parish or pastoral staff to learn about our parish school, Sunday religious education classes, youth group, and varied adult ministries.

**ST. THERESA'S CHURCH** 541 Washington Ave., Kenilworth, 272-4444. Rev. Joseph S. Brigowitz, Pastor, Sunday Masses: Sat. 5:30 pm, Sun. 7:30 - 9:00 - 10:30 am, 12 Noon. Weekday Masses 7:00 - 9:00 am. Miraculous Medal Novenas following 7:30 pm Mass. ST. JUDE PERPETUAL NOVENA - Wednesdays, 12 Noon and 7:30 pm. Holy Hour for vocations and special intentions. Share His powerful intercessions.

**ST. TERESA'S OF AVILA**, 306 Morris Avenue, Summit, NJ 07901, 908-277-3700. Sunday Masses: Saturday, 5:30 PM; Sunday, 7:30, 9:00, 10:30 AM, 12:00 Noon, 1:15 (Spanish); 5:00 PM in the Church; 9:30 AM Memorial Hall (children's liturgy); Weekday Masses: 7:00, 8:30 AM, 12:10 PM; Saturday weekday Mass, 8:30 AM & 12:10 PM; Holy Days: Same as weekday masses with a 5:30 PM anticipated Mass and a 7:30 PM evening Mass. Sacrament of Reconciliation: Saturdays 4:00 - 5:00 PM.

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## LOCAL SPORTS HIGHLIGHTS

The Central Jersey Basketball Camp, co-directed by Neil Horne, Wayman Everly and Kathy Matthews, will be held for two six-day sessions in July.

The camp, located on the campus of the Lawrenceville School in Lawrenceville, is in its 24th year of operation and has proven to be one of the most successful resident basketball camps in the area, with over 400 boys and girls attending the highly successful camp last summer.

The camp staff is composed primarily of high school coaches and college players from Union, Somerset, Hunterdon, Monmouth, Middlesex and Mercer counties.

Again this year, the Central Jersey Camp will offer a camp session for girls during the week of July 13-18 along with the boys.

Matthews, the highly successful girls' basketball coach at Union Catholic, will direct the girls' program.

The camp has featured many outstanding college coaches as guest lecturers in the past, including Herb Magee of Philadelphia Textile, Rollie Massimino of UNLV, Rich Adubato of Upsala, Pete Carril of Princeton and Kevin Bannon of Rider College and now Rutgers University to name just a few.

The first week of the camp for boys and girls ages 9-17 will be held from Sunday, July 13 to Friday, July 18. The second week will run from Sunday, July 20 to Friday, July 25.

The camp is divided into three different age and skill level groups for both drill sessions and games — elementary, junior and senior high school age groups.

A boy may attend camp for either or both sessions, while girls may attend the first week only.

More information may be obtained by calling Horne at 908-654-5691 or Everly at 908-654-5424.

The All East Sports Camps will conduct football camps at two locations for the 1997 summer camp season. The camps, in their 13th season, are being sponsored by Nike.

Here's a look at what's going on at each location:

**Moravian College in Bethlehem, Pa.:** All East Quarterback, Receiver Camp, July 17-20, overnight or day camp. All East Big Man Camp, July 17-20, overnight or day camp. All East Midget Football Camp, July 17-20, overnight or day camp.

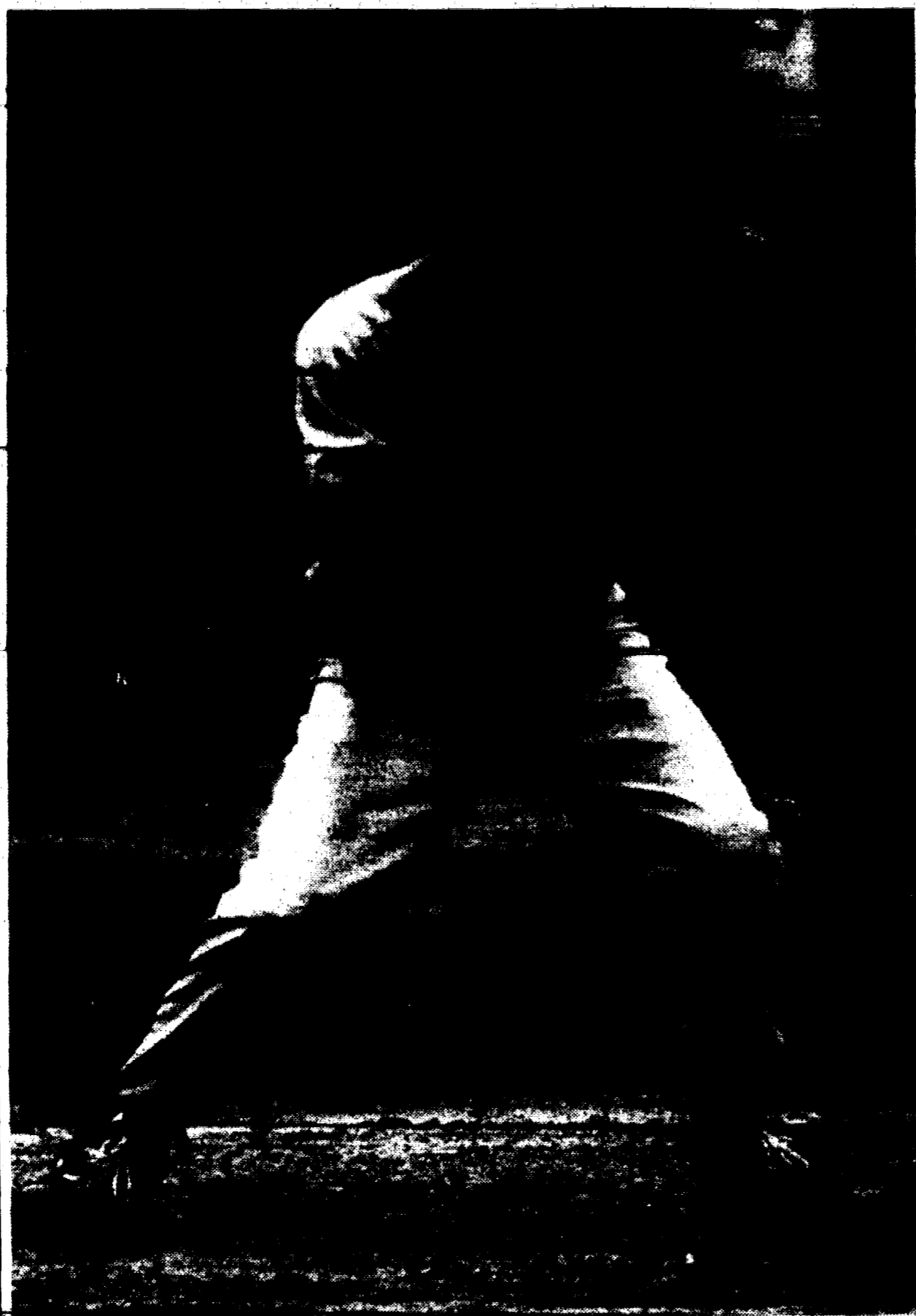
**Rowan University in Glassboro:** All East Quarterback, Receiver Camp, July 13-16, overnight or day camp. All East Big Man Camp, July 13-16, overnight or day camp. All East Midget Football Camp, July 13-16, choice of overnight or day camp.

The All Quarterback, Receiver Camp and the All East Big Man Camp are for boys entering 9th-12th grades. The All Quarterback, Receiver Camp is a specialty camp for quarterbacks and receivers and the All East Big Man Camp specializes in offensive and defensive linemen and linebackers. The All East Midget Football Camp is for boys entering 4th-8th grades, all positions.

K.C. Keeler, Rowan University head football coach, will act as Executive Director for all camps.

More information may be obtained by calling 609-224-0959 or 610-965-9508.

## Mountainside's Conway excels



Mountainside resident Craig Conway belted a two-run double and a two-run triple to help lift the Governor Livingston High School baseball team past Johnson Regional 9-2 last week in a Mountain Valley Conference-Mountain Division contest in Berkeley Heights.

## Springfield standout Andrasko among local players selected Named to N.J. Devils Youth Team

Four area athletes distinguished themselves by being named to the New Jersey Devils Youth Hockey Club's 1997-98 Bantam age 13-14 AA team last weekend.

The four outstanding local hockey players include Joe Aliseo of Elizabeth, Joe Andrasko of Springfield, Mike Lagola of Linden and Chris McCallum of Summit. Billy Gardner of New Providence was also selected.

Aliseo, a goaltender, earned the Most Valuable Player award of last season's Devils Bantam Minor squad. He appeared in over 40 games and posted 34 of the team's 38 wins. He will attend Hudson Catholic High School in the fall.

Andrasko, a right wing, scored a team-high 45 goals for the Minor team in the just completed 1996-97 season. The Delbarton freshman was also a member of the junior varsity hockey team at the Morristown parochial school. He participated on the freshman cross country team in the fall and now participates on the freshman lacrosse team this spring.

Lagola, who will follow his brother Phil at Hudson Catholic in September, was the team captain for the second

straight season. A fierce competitor, Lagola is a gifted playmaker and clutch player in close games.

McCallum served as an alternate captain and was the anchor of a stingy defense. He led fellow defenders in scoring and was named the team's most improved player in 1996-97. Also a freshman at Delbarton, he played JV hockey and now plays lacrosse.

### Mountainside's Doorley excelled

Jonathan Doorley of Mountainside was one of the offensive stars of the Cranford Pee Wees who went to the state finals of the New Jersey Hockey Youth League, ages 11-13.

Doorley had an outstanding season, scoring 40 goals and assisting on 28 others.

He had one hat trick during the regular season and one during the state playoffs.

While Cranford lost to Toms River in the championship game, this year's Pee Wees were one of the best teams in Cranford's long history of youth hockey.

Earlier in the season, the Cranford team placed first in the Annapolis Naval Academy Tournament

## Dayton baseball out to 5-0 start

### Big game today at R. Park

First the Dayton Regional High School football team won its last six games to finish with an outstanding 6-3 mark.

Then the boys' basketball team improved dramatically by finishing 16-6 and placing second in the Mountain Valley Conference-Valley Division.

Now the baseball team is on a roll as evidenced by its 5-0 start.

It's been a while since the Bulldogs have won their first five games of the year and they're doing it with excellent pitching and timely hitting.

Sparked by the play of Jim Lehnhoff, Jim Sweigart, Vince Duda, Barry Kaverick and Mark Armento, Dayton was sitting atop the Mountain Valley Conference-Valley Division standings with a 3-0 Valley mark after Monday's 4-0 win over Mountain Division foe Governor Livingston.

Lehnhoff, a returning varsity starter, hurled a two-hit shutout in stopping the Highlanders in Berkeley Heights.

As a matter of fact, the Bulldogs have outscored their first five opponents by a combined score of 31-9, with shutout wins over Middlesex and GL.

Dayton started the year by beating St. Mary's of Elizabeth 10-5 at home back on April 3. Then came a 3-2 win over West Orange at Millburn on April 5, followed by an 11-0 triumph at Middlesex last Thursday.

The Bulldogs bested Bound Brook 3-2 at home last Friday before blanking Berkeley Heights. Valley Division wins so far include triumphs over St. Mary's, Middlesex and Bound Brook.

Dayton's season continues today with a key Valley Division game at Roselle Park at 4. The Panthers are coming off a tough 4-3 loss at Johnson Regional and have a high-powered offense behind the hitting threats of Kevin Kolbeck and Sean Wymc.

Dayton had its hitting shoes on in the win over Middlesex as Mike Duda singled home one run and Armento doubled home two more to help the Bulldogs gain a 4-0 lead. Kaverick had an outstanding day at the plate, belting three hits in five trips, including stroking a two-run single in the fifth.

The Bulldogs' victory over Bound Brook was more dramatic as Vince Duda singled in the winning run in the bottom of the seventh after Kaverick walked. Mike Duda doubled and Chris Carriello walked to load the bases.

Dayton almost has as many wins as it had last year when it went 7-14 overall and was in the Mountain Division.

## Mountainside residents spark GL spring teams

### Conway lifts baseball squad

Several Mountainside residents are involved in varsity sports programs at Governor Livingston this spring.

The baseball and softball team were off to good starts as this week commenced, with the baseball team at 3-1 prior to Monday's home game against Dayton Regional and the softball team 5-0 after Sunday's 9-0 win over Mt. St. Dominic in the championship game of the Mt. St. Dominic Invitational held in Caldwell.

Mountainside resident Craig Conway, one of the better senior players in the Mountain Valley Conference and in Union County this year, helped lift the Highlanders to consecutive MVC-Mountain Division wins last week.

Conway doubled in two runs in the fourth and drilled a two-run triple in the fifth to help lead Governor Livingston past Johnson Regional 9-2 April 8 in Berkeley Heights. GL beat Johnson twice in the regular season last year and one more time in extra innings in the Union County Tournament semifinals before falling to Johnson in the North Jersey, Section 2, Group 2 semifinals.

Conway took to the mound two days later in another home game against Roselle Catholic. He tossed a seven-hitter in beating the Rams 3-1.

Conway struck out 12 and walked two and helped his own cause by belting RBI-singles in the third and fourth innings.

Jessie Orenczak of Mountainside is having another solid year for the GL softball team. The sophomore banged out four hits and drove in one run in leading GL past Mt. St. Dominic.

Orenczak drove in a run and stroked two singles in GL's 8-0 win over unbeaten Johnson April 8 in Clark.

Zack Orenczak, a senior, is playing first singles for the boys' tennis team and won his match against Roselle Park last week. Orenczak, the older brother of Jessie, defeated Marco Freyre of Roselle Park by a 7-6 (7-4), 6-0 score as GL bested Roselle Park 3-2.

Dan Amiram, a senior, is on the second doubles team along with Bryan Nogaki. The two were defeated by Keith Kielbasa and Mo Saraiya 2-6, 6-3, 6-1.

## Dayton SB tops Middlesex

The Dayton Regional High School softball team began the week with a 2-3 record, the Bulldogs winning one of three games last week.

Sandwiched in between road defeats to North Plainfield 9-8 on April 7 and to Bound Brook 13-0 last Friday, the Bulldogs managed to squeak out an 8-7 Mountain Valley Conference-Valley Division victory over Middlesex.

Jenna Moskowitz singled home two runs to tie the game at 7-7 and an error brought in the winning run in the bottom of the seventh to give Dayton the dramatic and hard fought victory.

Ann Battinelli had an outstanding game for the Bulldogs, belting a triple and two singles.

She drove in four runs with her hits. Today Dayton is scheduled to host Roselle Park.

The Panthers began the week at 1-3 after having lost last week to Manville 8-3 and Mt. St. Mary's 7-3 at home after downing New Providence on the road 10-2.

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False paperwork nets arrest

Springfield
An East Orange resident apparently learned the hard way not to pass false documentation at the Springfield Motor Vehicle Agency Monday. A man identified by police as Dennis Egeton Medley, 36, was arrested by Patrolman John Foster at about 11:46 a.m. The suspect, who was released on his own recognizance, is to be arraigned at Municipal Court on a count of possessing a false document and records tampering.

POLICE BLOTTER

incident, the BMW was towed with undercarriage damage and some Bally's shrubbery was also harmed.
• The operator of a U.S. Delivery Mitsubishi van was making a drop-off in front of 99 Morris Ave. when the vehicle's parking brake apparently gave out at 11 p.m. Friday. The van backed into the driver's side of an unoccupied Ford. In another parking lot mishap, a customer of the Morris Avenue Shop-Rite noticed her Chevy's right rear tail light was shattered and was told that a white van backed into it and took off before 5 p.m. Saturday.

Firefighters aid in Union fire

All Springfield Fire Department units responded to seven calls between April 6 and Friday. The calls ran from an activated fire alarm at a Robin Court residence at 7:56 a.m. April 4 to a similar alarm alert for a business on Rt. 22.
• An alarm on a school along South Springfield Avenue sounded twice April 7. The first sounding brought all hands over at about 8:41 but a second call at 9:07 p.m. yielded one unit.

FIRE BLOTTER

• One Springfield engine was sent over to mutually aid the Union Fire Department 4:56 p.m. Friday. The unit joined four of Union's own and another from Elizabeth in combating a house fire on South Kenneth Avenue. One resident was treated for smoke inhalation at the scene.

STUDENT UPDATE

Resident named to dean's list

James Forker of Mountainside has been named to the dean's List at Providence College for the fall 1996 semester. To achieve dean's list status, a student must attain a 3.250 or higher grade point average on a 4.0 point scale, with no grade lower than a "C". Providence College, the only college in the United States under the auspices of the Dominican Friars, is a coeducational, primarily undergraduate, liberal arts and sciences institution with an undergraduate enrollment of approximately 3,650 students.

BUSINESS

Springfield based bank reorganizes

Pulaski Savings Bank, headquartered in Springfield, has completed its reorganization into the federal mutual holding company structure with the formation of Pulaski Bancorp, M.H.C.
• As part of the reorganization, the bank converted from a federal mutual savings bank to a federal stock savings bank. Concurrently, Pulaski Savings sold 952,200 shares of common stock at a price of \$10 per share in a subscription and community offering. The bank received orders for its common stock in excess of \$30 million. The shares of common stock sold in the offering represent a minority interest in the bank. The remaining shares are owned by Pulaski Bancorp, M.H.C.
The proceeds of the offering are to be used by Pulaski Savings primarily to support and expand its lending and other financial services and for general corporate use.
The shares are being traded on the Nasdaq Small-Cap Market System under the symbol "PLSK." The subscription and community offerings were managed by Friedman, Billings, Ramsey & Co., Inc. Muldoon, Mur-

phy & Faucette acted as special legal counsel for Pulaski Savings.
On March 26, Pulaski Savings' plan of reorganization and stock issuance was approved at a special meeting of members which was held at the main office of the bank.

PUBLIC NOTICE

SHERIFF'S SALE
DIVISION: CHANCERY
COUNTY: UNION
DOCKET NO: F181800
PLAINTIFF: GMAC MORTGAGE CORPORATION OF PA
DEFENDANT: EDWIN GANEK AND JANICE GANEK ET AL
WRIT OF EXECUTION DATE: MARCH 06, 1997
SALE DATE: WEDNESDAY THE 14TH DAY OF MAY A.D. 1997
By virtue of the above-stated writ of execution to me directed I shall expose for sale by public vendor, in the FREEDOMERS MEETING ROOM, 6th FLOOR, in the Administration Building in the City of Elizabeth, N.J., on WEDNESDAY, at two o'clock in the afternoon of said day, GMAC Mortgage Corporation of PA vs. Edwin Ganek, et al.
Township of Springfield, County of Union, State of New Jersey.
STREET ADDRESS: 20 Hawthorne Avenue Springfield, NJ 07081
TAX LOT 38 BLOCK 85
DIMENSIONS: 103.93 FEET X 100 FEET X 101.70 FEET X 36.14 FEET X 23.86 FEET
NEAREST CROSS STREET: Franklin Place
JUDGMENT AMOUNT: TWO HUNDRED FIFTY-EIGHT THOUSAND NINE HUNDRED TWENTY-THREE DOLLARS AND SEVENTY-EIGHT CENTS (\$258,923.78)
ATTORNEY:

PUBLIC NOTICE

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ROSENBAUM GREENBERG & SAGE
WOODLAND FALLS CORPORATE
PAVE
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CHERRY HILL, NJ 08034
SHERIFF: RALPH PROENKICH
FULL LEGAL DESCRIPTION IS FILED AT THE UNION COUNTY SHERIFF'S OFFICE.
TWO HUNDRED SIXTY-FIVE THOUSAND SIX HUNDRED NINE DOLLARS AND TEN CENTS
TOTAL JUDGMENT AMOUNT (\$206,654.10)
Apr. 17, 24, MAY 1, 8, 1997
US999 SLR (884.00)

NOTICE OF BID

NOTICE is hereby given that sealed bids will be received by the Municipal Clerk of the Borough of Mountainside for:
SALE OF SURPLUS VEHICLE:
ONE (1) 1984 CHEVROLET CAPRICE
VIN #1G1112232A5000000
Bids will be opened and read in public at the Municipal Building, 1385 Route 22, Mountainside, NJ on Thursday, May 1, 1997 at 9:30 A.M., prevailing time.
Bids shall be in accordance with the plans and specifications prepared by the Borough Clerk. Proposals, specifications and instructions to bidders may be obtained at the office of the Municipal Clerk at the Mountainside Municipal Building, 1385 Route 22, Mountainside, NJ and hand delivered or sent via certified mail at the place and hour named. Bids shall be endorsed on the outside of the envelope with the name and address of the bidder and:

PUBLIC NOTICE

SHERIFF'S SALE
SHERIFF'S NUMBER CH-753072
DIVISION: CHANCERY
COUNTY: UNION
DOCKET NO: F181800
PLAINTIFF: GMAC MORTGAGE CORPORATION OF PA
DEFENDANT: EDWIN GANEK AND JANICE GANEK ET AL
WRIT OF EXECUTION DATE: MARCH 06, 1997
SALE DATE: WEDNESDAY THE 14TH DAY OF MAY A.D. 1997
By virtue of the above-stated writ of execution to me directed I shall expose for sale by public vendor, in the FREEDOMERS MEETING ROOM, 6th FLOOR, in the Administration Building in the City of Elizabeth, N.J., on WEDNESDAY, at two o'clock in the afternoon of said day, GMAC Mortgage Corporation of PA vs. Edwin Ganek, et al.
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ATTORNEY:

TOWNSHIP OF SPRINGFIELD

TAKE NOTICE that the regular meeting of the Township Committee scheduled for Tuesday, April 21, 1997 has been cancelled and rescheduled for April 29, 1997, at 6:00 p.m.
The Executive meeting scheduled for Monday, April 21, 1997 has also been rescheduled for Monday, April 28, 1997 at 7:30 p.m. All meetings will be held in the Municipal Building.
HELEN E. KEYWORTH
Township Clerk
(\$6.00)
U4120 SLR April 17, 1997

ADVERTISEMENT

Doctor's discovery may end obesity

HILTON HEAD, S.C. -- A doctor has discovered that an ingredient found in a small fruit grown in Asia, combined with an ingredient praised by the U.S. Department of Agriculture can help cause significant weight loss.
In a study published in a prestigious American medical journal, Dr. Anthony A. Conte, M.D. reported that the formula, now called Bio-Rex 3000, caused patients to lose more than twice as much weight as a control group on the same fat reduced diet. Neither group was instructed to decrease the amount of food they ate or to increase their exercise levels. An article published in the American Journal of Clinical Nutrition confirms that you don't have to reduce the amount of food you eat to lose weight, provided that you limit the fat.
Scientists suggest that the mechanism behind the weight reduction may include decreasing sugar cravings and interruption of the "Krebs Cycle", an important step in the body's fat storage process. "The best part of this unique discovery is that it is not a drug, but a safe dietary food supplement" says Dr. Conte. The Asian fruit, called garcinia, is similar to citrus fruit found in the United States with one big exception-- it may help some people fight obesity! While Dr. Conte's study may be preliminary, the exclusive North American distributor, Phillips Gulf Corp., is calling the Bio-Rex 3000 supplement "Nature's Ideal Diet Aid."
According to a spokesperson for the company, Bio-Rex 3000 is now available on a limited basis through pharmacies and nutrition stores or call 1-800-729-8446. © 1997 Phillips Gulf Corp. Bio-Rex 3000 is available locally at:
SPRINGFIELD PHARMACY
234 Mountain Ave.
Springfield 376-5050
Author's Note: This statement has not been evaluated by the FDA. Bio-Rex 3000 is not intended to diagnose, treat, cure, or prevent any disease.

BUSINESS & SERVICE DIRECTORY

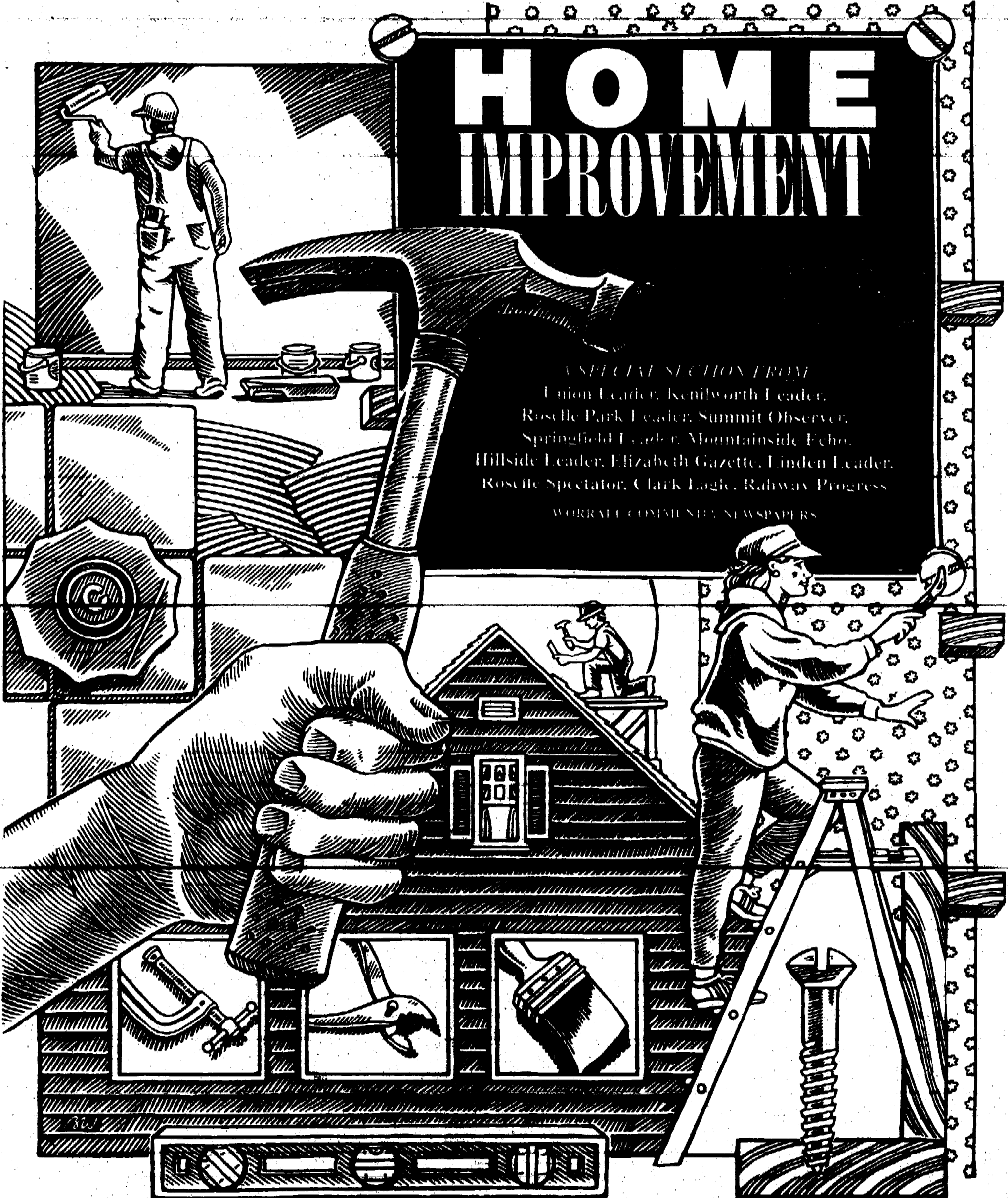
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WORRAE COMMUNITY NEWSPAPERS



## Made in the shade



Photo By Barbara Kokkalis

Local businessmen show off some of the things other than shades available at Shades & Things in Union. From left: Pat Murtha, Ira Schwartz and Barbara Kozlow.

## Let there be lights 2000 lamps are waiting to be lit

They're worth a trip from anywhere with three floors of more than 2,000 lamps and accessories to light up your life and accessorize your home.

Strictly decorating is the way Gail Bacelar, with 17 years experience, describes her business, located on the corner of Washington Avenue and Route 22 East in Green Brook.

Personalized attention and custom design are the key phrase at Lamps N Things. They will design exquisite custom stain glass panels to any size, pattern and color. They welcome their customers to bring in photographs, wall paper, fabrics and color swatches so they can compliment their designs to match your decor. They have more than 200 Tiffany style lamps in stock and a selected amount can be made to any color.

Lamps N Things is not a standard lighting store. They specialize in decorating. You will be amazed at their three floors, with vast arrays of styles of paintings, mirrors, console tables, pedestals, occasional furniture, dinettes, lamp shades, vases, custom floral arrangements, decorative accessories, lighting fixtures, chandeliers, medallions, and of course, lamps. If you can't find it at Lamps N Things, they can rewire and repair your old lamps and recover your old lamp shades.

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# Homegrown 'miners' turn junk into cash

*Kenilworth company pays for discarded metals*

By Toniann Antonelli  
Staff Writer

Spring is a time when many people begin the process of cleaning out their homes in preparation for the warmer months. For many, spring cleaning may include recycling.

While many residents recycle on a regular basis, others tend to wait until they have a large quantity of recyclable items. Some towns even have scheduled pick-ups for bottles and cans that citizens may leave out just as they would their trash. Still other people may choose to bring items to be recycled to specific companies which will pay them a minimal amount of money depending on how much they bring in.

According to Mike Viha, co-owner of M&A Recycling at 352 Market St. in Kenilworth, most people choose to do the bulk of their recycling beginning in March.

"People are outside a lot more when it's warm, so we tend to get a lot more cans during the summer," he explained.

Viha started M&A Recycling with his father Andrew about two years ago. Mike said that his father had been in the recycling business for about 35 years.

"When my father was about 13 he used to go around and collect things to be recycled," said Mike. "After a while he bought a car for his friend and then made him drive him

around on weekends to pick up cans and bottles."

M&A Recycling deals with non-ferrous metals, such as aluminum, brass, and copper. Most of what they get comes from homeowners and small businesses that wish to rid their home of these materials, help the environment, and make money at the same time.

"We give people a chance to recycle things and get money while helping to save the environment," said Mike.

When a load of metal items are received by the company, they immediately sort it out according to the type of metal. It is then weighed and shipped out to various mills that melt it to form sheets that can be used to make cars, and other metal-based goods.

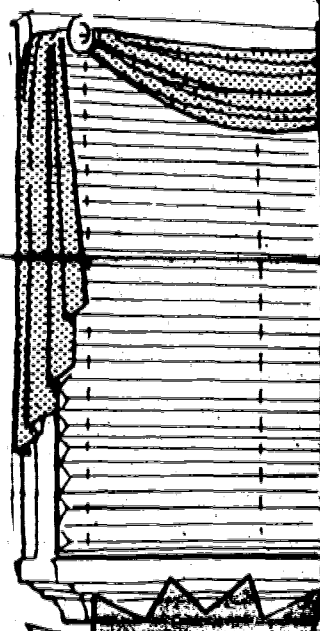
M&A Recycling can accept cans in 30-gallon bags, provided that there is nothing else in the bags. Aluminum can also be accepted in bulk form either in bags, carts, etc. Contributors will be paid for the materials by the pound. The rates depend on the value of the metals, which according to Viha, change nearly every day.

Did you know that there is no state sales tax levied on goods sold in garage and yard sales? Even items sold at organized block sales are exempt from the tax.



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# Energy efficient windows are priority in remodeling

For the first time, home remodeling is expected to exceed new-home construction next year, according to the National Association of Home Builders. With 79 percent of consumers surveyed by "Better Homes and Gardens" reporting they are most concerned with finding an energy-efficient window, while 78 percent first considered a window's appearance and style, windows are likely to make up a large portion of that remodeling budget.

"A window's energy efficiency and beauty are influenced by a number of factors. One of the biggest is the material the window is made of," said Randy Iles, vice president of marketing for Pella Corp. "There are three widely used alternative window-frame materials to choose from: wood, vinyl and aluminum."

Different frame materials have varying insulating qualities. Aluminum, for example, is a natural energy conductor, causing it to more readily lose heat in the winter and gain heat in summer. An inch of wood, on the other hand, is 1,770 times as efficient an insulator as aluminum, according to the Southern Forest Products Association.

Some people prefer aluminum-clad wood windows to take advantage of wood's insulating qualities while adding aluminum's low-maintenance benefits to the exterior, according to Iles.

"When it comes to appearance, most people also prefer the natural warmth and beau-

*Different frame materials have varying insulating qualities. Aluminum, for example, is a natural energy conductor, causing it to more readily lose heat in the winter and gain heat in summer. An inch of wood, on the other hand, is 1,770 times as efficient an insulator as aluminum.*

ty of wood windows," Iles said. "Wood frames can be painted or stained to match any interior, whereas vinyl frames look like plastic. Vinyl windows also have been known to contract, expand and even buckle.

"We recommend homeowners collect as much information as possible from knowledgeable salespeople or certified contractors, Iles added. "Being informed about the difference in windows can help you to make a purchase decision that delivers long-term value."

For free literature on making window and door decisions, call (800) 847-3552.



When deciding what type of windows and frames to install, Pella Corp. recommends that people collect as much information as possible. For free literature on making this decision, call (800) 847-3552.

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MANNINGTON SILVERADO	21.99	\$19.99
MANNINGTON GOLD CLASSIC	38.99	\$32.99
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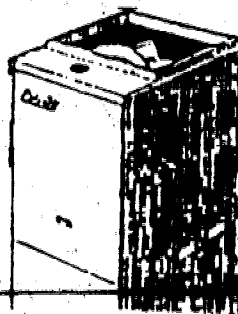
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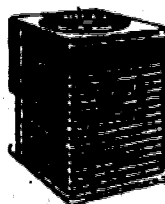
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# Local florist grows into neighborhood

By Maddy Vitale  
Staff Writer

**Martin Block Knows His Flowers.** With more than 30 years of experience in the flower business, his specialty is pleasing customers with a tremendous selection of flowers, hanging plants, friendly service and a whole lot more. His store, Union Flower Place, is located at 1035 Stuyvesant Ave. between Morris Avenue and Vauxhall Road.

There is free parking in the rear of the store.

Block, who was a vendor at the Union Market for 14 years, which was razed in January to make way for a Home Depot, relocated his flower shop to Union Center last month.

He said he is happy with Union Center and the customers are wonderful. "I think Union Center is a nice, upscale area. The customer response has been excellent and we have a lot of satisfied customers," Block said.

Gen Benedetto is one of those satisfied customers. "I could spend all day in here. The selection is great and the service is wonderful."

Benedetto said one of the nice things about the store is the employees assist in putting together arrangements. "I like to do my own floral arrangements and the

employees really help me choose the right flowers for a particular arrangement," she added.

Block sells a variety of items with something for everyone. Customers can choose from a beautiful assortment of flowers which can be made into fresh bouquets. There is also a wide variety of silk flowers, potted plants, and the newest type of flowers made out of latex and foam. There is also a full line of decorative wall mirrors and fancy balloons.

The service is friendly and quick. "Customers can bring in their own containers and we will do center pieces for them in about 30 minutes," Block said.

The prices are reasonable. For instance silk potted plants start at \$5. Fresh roses are \$9.95 for a dozen and customers get 20 percent off with a coupon from the Home Improvement section found in this newspaper. There is also a coupon for 20 percent off all merchandise in the store.

There are five employees to assist the customers with the wide variety of gifts, and flowers to choose from. The store is open seven days per week. The hours are 9:30 a.m. to 6 p.m. Monday through Wednesday and Saturday. The store is open Thursday and Friday from 9:30 a.m. to 8 p.m. and Sunday from 10 a.m. to 5 p.m.

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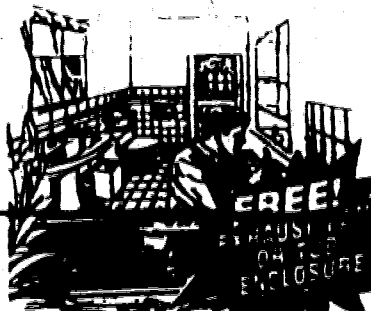
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# Futons offer new style & a place for sleeping

The last time bell-bottoms and hip-huggers were popular, futons were being made in basements and garages and used primarily as floor mats. Today, futons constitute one of the hottest furniture trends around with industry experts anticipating double-digit growth in the 1990s.

According to a national survey sponsored by Futon Association International, West Coast residents seem to be leading the charge, showing a near 75 percent awareness of futon furniture in that region, and other areas of the country are catching on quickly.

Today's futons have come off the ground and evolved from basic college furniture into sophisticated versatile pieces that can fit any budget and decor. No longer a floor mat, the word "futon" now generally refers to a mattress-frame-cover combination that can serve as a sofa bed or primary sleeping surface. Futon mattresses are filled with cotton, wool, foam, polyester or a combination of these fibres. Futon covers and other accessories are available to complete the look.

Compared to other, more conventional furniture, futon furniture has several advantages:

- Versatility — Futons and frames are converted easily from sofa to bed and back again; they fit into small spaces and are easy to move. In addition, they feature removable covers that can be changed to fit any decor

*Today's futons have evolved from college furniture into sophisticated pieces that fit any budget and decor. Futons now are mattress-frame-cover combos that serve as sofas or primary beds.*

— without the added expense of buying a new futon or frame.

- Affordability — Futons, frames and accessories offer better value than traditional furniture counterparts — particularly so when considering their multipurpose functions. Removable covers also allow for easy cleaning.

- Quality — Futon mattresses, convertible/dual-purpose futon frames, covers and accessories are available in a wide range of high-quality fabrics, woods, wood finishes and metals that are built to last.

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Once spotted only in dorm rooms and basements, futons have improved vastly and entered the mainstream. Today, entire rooms can be decorated stylishly and affordably with futon furniture and accessories.

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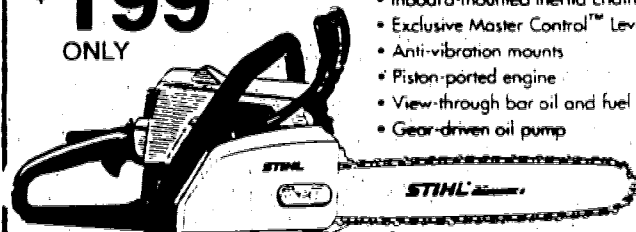
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# Changing a door or rail can alter a home's look

By Toniann Antonelli  
Staff Writer

When people are taking steps to beautify their homes, they often take the most obvious details for granted such as doors and railings.

The front door, window or railing is usually the first thing people see when they enter a house or store. Such accessories can actually change the look and atmosphere of a home, giving them either a more modern or even a more classic look. Different windows can also brighten up a home, and make small rooms appear larger.

Jeff Cusumano, the owner of the Cusumano Perma-Rail Company in Roselle Park explained that the addition or replacement of railings, windows and doors can also increase the value of a home or business.

"Not only can it dress up the appearance of the house, but it can also add to the property value," said Cusumano.

The Cusumano Perma-Rail Company, which is located at 213 W. Westfield Ave., has been in business since 1962. The company was originally started by the owner's father Vincent, who then passed the business on to his son. According to Cusumano, the company manufactures and sells wrought iron railings for balconies and porches, as well as storm doors, security doors, replacement windows, and decorative window guards.

According to Cusumano, people usually tend to pick the warmer months to do home improvements.

"During winter, people don't usually go outside much to do home improvements," he said.

In addition, replacing windows and doors in the summer can help homeowners to prepare their homes for the cold winter months.

Presently, there is also a law that requires those wishing to sell a home to install railings on all open porches and stairs.

"In addition to making the homes look nicer, they're also a necessity," said Cusumano. "If somebody had an open porch or stairs, the railings can prevent accidents and add to the beauty of the house."

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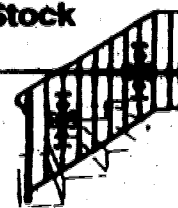
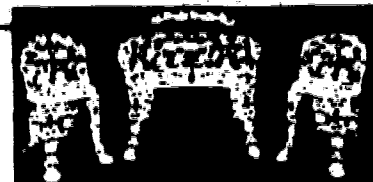
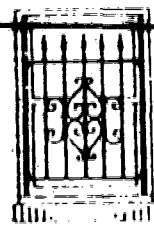
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# Do it yourself decorating can be easy, affordable

In the past, the trend in home decorating was uniformity and formality. Today, when decorating the home, people are encouraged to use a mixture of styles and periods and to express their own personal style.

"American Country Details" Clarkson Potter, by Mary Emmerling, provides home decorators with hundreds of country decorating ideas, as well as more than 550 photographs of these ideas.

The country decorating encyclopedia and handbook tells the secrets of good design by focusing on important elements. Complete with a directory of sources, this book helps do-it-yourself decorators turn plain objects and areas of the house into pretty ones.

The author suggests using every day, all-purpose items that are affordable and easy to find for decorating the home. Bowls, baskets, jugs and jars often are used to hold and store such items as mail, eggs, fruit and keys. However, these containers offer a decorative alternative to drawers and bins and can enliven any area of the home.

Assorted bowls, crocks, baskets and buckets placed around the house not only keep things organized, but also enhance the decor of any home.

There are many ways to use baskets and bowls as efficient and unique decorating ideas.

- Cutting boards of all sizes and shapes can be fun to collect; however, they are difficult to store. Try putting these boards into a large wicker basket and leave on a countertop, solving storage problems and making for an interesting arrangement.

- Fill a large basket with pine cones, and set outside the front door to a new twist to a welcoming entranceway.

- Place a photo inside a basket, hang it on the wall, and use it as a pretty picture frame.

- Wire bottle carriers easily can be converted into a service bar for mixers during parties and get-togethers.

- Place a basket in the bathroom, and fill it with bars of soap, toilet paper or even cotton balls. Filling the container with identical items creates a different effect than filling containers at random. It also lets people know when it is time to restock essential items.

People should remember to avoid preconceived notions of how the decor should look and experiment with items to arrive at an arrangement that is pleasing, comfortable and spontaneous. Decorating is easier than people think, and successful results will be shared with everyone who visits.

## Rooms to grow



Designer Bathrooms and Kitchens II offers complete bathroom and kitchen remodeling, from removal of walls, floors, tubs and sinks to installation of sheetrock walls, electric outlets, whirlpools, ranges and counter-tops. Their craftsmen are insured and licensed by the state, and all work is guaranteed. The owners invite the public to visit their new showroom in Union Center, at 1016 Stuyvesant Ave., where bathroom and kitchen models are assembled.

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# Fuel company is going strong after 70 years

By Jacquie McCarthy  
Associate Editor

The impression given by the name Reel-Strong Fuel Company has been more than supported by more than 70 years of service to Cranford and the surrounding area.

Owners Clint and Peter Crane have taken a seasonal business and kept it thriving through the ups and downs of unpredictable weather conditions. Now that spring is here and warmer weather is just around the corner, Reel-Strong Fuel is gearing up to "flip the switch" on the heat for their summer standby — air conditioning.

Since Reel-Strong has been providing quality heating service and products since 1925, it is not widely known that they also have a line of products and services for summer temperature needs as well. According to Peter Crane, the focus turns from heating to cooling in May, when Reel-Strong "puts on its AC hat" to install new central air conditioning units and tune-up existing ones.

Crane said that now is the perfect time to call for installation or service on central air conditioning.

"It's great — there's no backlog. When the hot weather hits, that's when the backlogs develop."

*The focus turns from heating to cooling in May, when Reel-Strong 'puts on its AC hat' to install new central air conditioning units and tune-up existing ones.*

If your schedule doesn't permit thinking about summer concerns right now, Crane said that there is no need to rush. There is no set time frame on air conditioning tune-ups — they can be done at the customer's convenience.

"It doesn't have to be done before you flip the switch," he said.

Reel-Strong has been installing and servicing air conditioners for 25 years. They offer several makes and models for residential customers. In addition to air conditioners, oil heat customers can take advantage of the summer season to have their oil burners cleaned and serviced.

"Service is what we sell," said Crane. Reel-Strong Fuel Company is located at 549 Lexington Ave., Cranford. For information, call (908) 276-0900.



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# In Rahway, country charm comes out of woodwork

Looking to add a little country charm to your home this season? Stop in to see Debbie Dobrajnszak at Woodwork & Tile, conveniently located on St. George Avenue in Rahway. As described by Debbie herself, this store has "a little bit of everything" you need to add a country tone to your home.

Woodwork & Tile provides handmade pine and oak items, such as tables, curio and china cabinets, and buffets, as well as entertainment units and benches. Dobrajnszak will customize furniture according to size, and does custom painting and decorating of the wood to specifications. To accentuate your new furniture, handwoven rugs and cloth items are available, including chair pads.

Delivery service is available. Woodwork & Tile is located at 978 St. Georges Ave., Rahway. The store is open Monday through Wednesday from 11 a.m. to 6 p.m., Thursday and Friday to 8 p.m. Saturday from 10 a.m. to 5 p.m. and Sunday by appointment. For information, call (908) 815-1123.

# Capella gives hydromassage

Planning to build or remodel? Then plan to relax.

Here's a bathroom amenity that could not only enhance your bathroom design, but your lifestyle as well. From the company full of bright bathroom ideas, Jacuzzi Whirlpool Bath has found a way to give homeowners a luxurious, yet affordable, bathroom renovation with the Capella whirlpool bath. Providing the utmost in comfort, relaxation and hydromassage, the Capella allows homeowners to stop dreaming and start soaking.

Ensuring an all-over body massage, the capella is equipped with four strategically placed hydrotherapy jets, two lumbar jets and one foot jet. Both the direction of the jets and the air-to-water mixture may be regulated, providing a personalized hydromassage.

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With a comprehensive stock of unfinished woods and accessories, Elizabeth's Interstate Hardwood is one of the area's leading suppliers to both professional woodworkers and homeowners.

Founded in 1953, the family-owned business has been an Elizabeth tradition passed down to owner Neil Slattery from his father.

Interstate specializes in hardwood and has drawn brisk business from clients interested in using that wood to construct home-cabinets, bookcases and wall units, Slattery said.

"That's still the core of our business — the hardwoods — but we also do a lot of business in cedar and pine," he said.

A smaller — but rapidly growing — market is that of Spanish cedar customers interested in creating humidors to store cigars. To accommodate this clientele, Interstate sells humidifiers, hygrometers and even cigars.

"Elizabeth obviously has large Cuban and Mediterranean populations and those customers supply a lot of the demand for cigar-related products," Slattery said.

Customers looking for exotic woods can choose from a selection that includes bocote and cocobola, as well as a full line of veneers.

Interstate Hardwood, located at 820 Flora St., is open Monday through Friday from 7:30 a.m. to 4:30 p.m., from 7:30 a.m. to noon on Saturday and is closed on Sunday. They can be reached at (908) 353-5663.

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# Local company brings Lennox quality to Union

Lennox' new Elite 14 air conditioner features quality, high efficiency, and quiet operation in a compact design, according to Joseph DiGangi, president, Polar-Air Inc., Union.

Providing energy-saving efficiencies up to 15.60 SEER, the Elite 14 operates at sound levels "almost as quiet as a refrigerator," DiGangi said. "An insulated sound compartment traps compressor noise and allows operating levels as low as 72 decibels.

Less refrigerant is required to operate the Elite 14 air conditioner, thanks to the corrosion-resistant 5/16 inch copper tubing. An aluminum fin coil provides excellent heat transfer and low air resistance for high-efficiency operation. DiGangi also pointed out that the air conditioner's scroll compressor provides high efficiency and reliability.

Durability is enhanced by a heavy-gauge, corrosion-resistant cabinet. Polyethylene support feet keep the unit off of the mounting surface to protect it from damaging moisture. And DiGangi explained, high and low safety pressure switches protect the Elite 14 against damage during abnormal operating conditions. "These safety features will give the homeowner that extra peace of mind," DiGangi said.

*The Elite 14 air conditioner is available in a wide range of models and is backed by 10-year compressor and five-year limited parts warranties.*

DiGangi added that the Elite 14 air conditioner is available in a wide range of models to provide the best matches for homeowners and is backed by a 10-year compressor and five-year limited parts warranties.

"And while you can count on the Elite 14 air conditioner to give you quieter high efficiency cooling, DiGangi indicated, "you can also count on Polar-Air Inc. for promptness, courtesy and expert professional service, since they are part of Lennox' unique Quality Dealer Standards Program."

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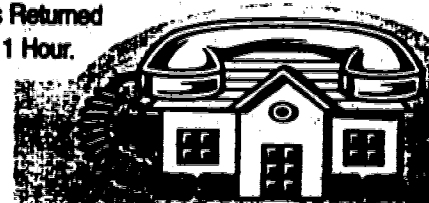
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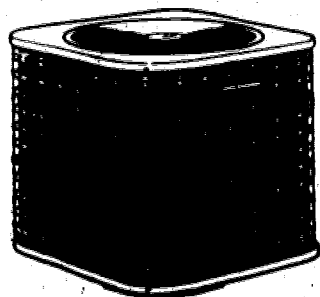
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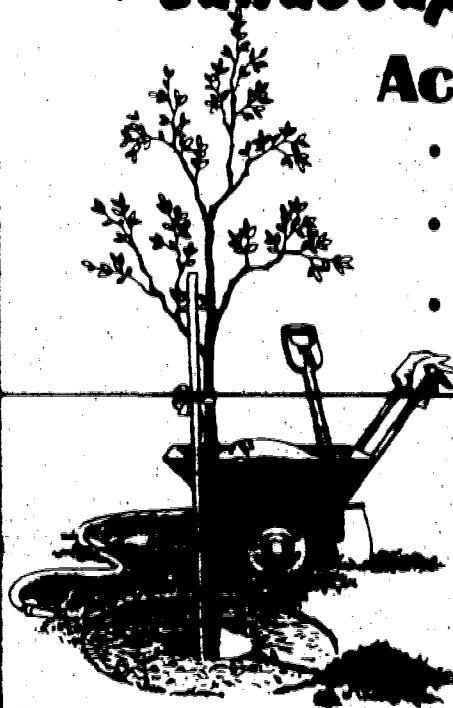
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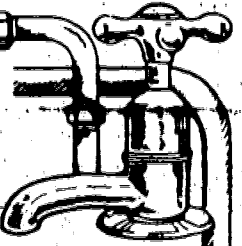


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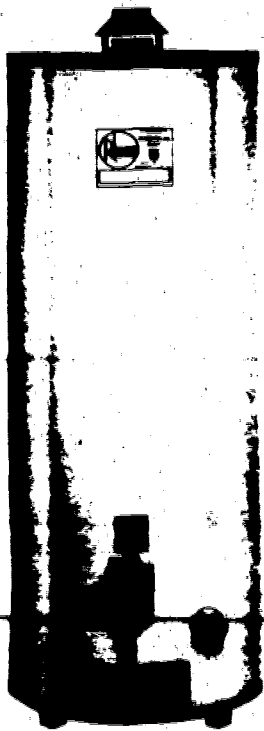
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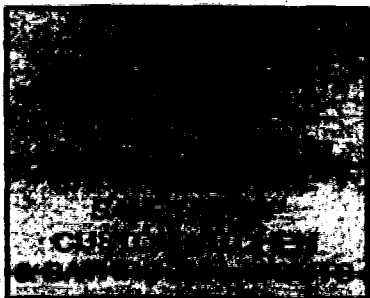
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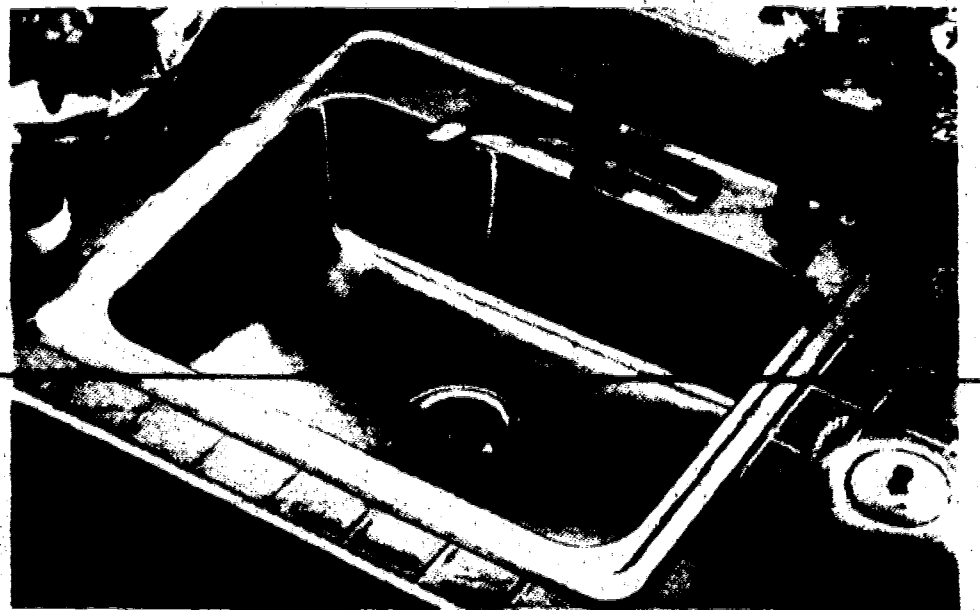
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With a range of pollutants from carbon monoxide to animal dander and dust mites, home living conditions can be dangerous. The U.S. Environmental Protection Agency now says air pollution is a greater danger indoors than outside, and a recent study by the Harvard School of Public Health identifies airborne particle pollutants as "killers."

Indoor air pollution is on the rise this month as much of the country enters the home-heating season, when natural ventilation is reduced and heating systems can recirculate polluted air or even produce carbon monoxide.

Carbon monoxide is the most virulent home poison, claiming about 300 lives per year in the United States. In small doses, it can cause headaches and "flu symptoms." A Chicago ordinance requires carbon-monoxide sensors in every residence heated by fuels like gas, oil, kerosene, wood or propane. Other cities are expected to follow Chicago's lead.

Even household pets contribute to hazardous breathing conditions. Hair particles and dander can cause sneezing attacks, burning eyes and other allergic discomforts. Asthma

*Families can protect themselves from home-air pollution sources as diverse as wood stoves or kittens with a HEPA air purifier, like the Holmes Air Patrol.*

sufferers, particularly are advised to avoid cats.

Families wary of breathing in their own homes may consider an advanced portable home air-treatment system. Modern units are equipped with powerful HEPA, high efficiency, particle-arresting filters that were developed for scientific "clean rooms" and other sanitary facilities, like hospital surgical suites.

One air cleaner, the Holmes Air Patrol, is a complete air-protection system that monitors for carbon monoxide while purifying the air. If carbon monoxide is detected, the unit's LED display will report its concentration and sound an alarm. After the air is tested, particulate pollution is removed by the advanced four-stage filter system.

The Holmes Air Patrol can purify the air in an average-sized room, six times per hour.

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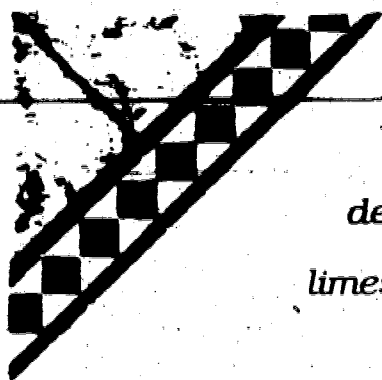
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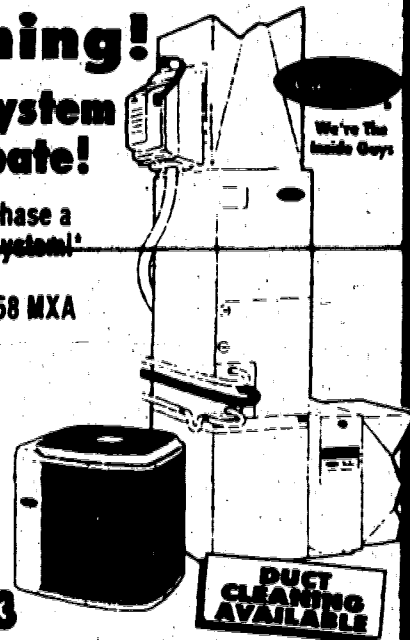
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# Choosing a contractor takes asking questions

You've decided to remodel the exterior of your house. Now for the real tough decision: picking the right contractor.

Hiring a home-improvement contractor is stressful for many homeowners. "They're afraid they'll get a con artist or the Three Stooges," said Larry Cimaglio, an installation guru with siding manufacturer Rollex Corporation.

How do you find competent and trustworthy contractors? They're out there; you just have to do some homework. For starters:

- Look at new siding jobs in your own community. When you see something you like, track down the contractor.

- Ask friends and acquaintances for referrals.

- Talk to local building materials distributors. They don't sell to the public, but they sell to contractors and know the market. They can point you to professionals with good reputations, Cimaglio said.

- If you're still stuck for names, consult local newspaper classifieds and yellow-page advertising.

In any case, look for contractors with experience installing the type of siding you've selected.

Meanwhile, closely inspect the exterior of your house. Take notes about everything that looks like a problem. Later, use this as a checklist to see which estimating contractors pay attention to details.

Now, approach each contractor on your preliminary list:

- Ask for local references. To avoid being steered to happy customers, be sure to get the last job he completed, along with one completed several years ago. You'll get a feel for his present-day performance, as well as how well his work holds up.

- Call prior customers, and ask if the work site was kept clean and how any problems were resolved. Would they hire the same contractor again?

- If contractors have to be licensed in your state, get his license number and verify it with the government. Call the Better Business Bureau or local consumer protection agency to check for complaints.

Narrow your list to three contractors and solicit them to make competitive proposals on the same work requirements: brand of siding and product specifications — thickness or gauge, color, style — scope of the project, and start-up and completion dates.

Ask the contractors to show proof that they've bonded and carry property, personal liability and workers' compensation insurance. Verify this with their insurance companies.

After you've picked a contractor, make sure your written agreement exactly reflects the work described in his estimate. It should indicate who is responsible for obtaining work permits. The contractor should warranty his work.

"The manufacturers' warranty only covers the quality of the siding, not the installation," Cimaglio said.

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# Trim and molds can help make a kitchen look new

So, you're planning to remodel your kitchen. You've done your homework — diligently clipping ideas and tearing pages from magazines, figuring out your space and function requirements and deciding what you want the cabinets to look like.

However, it will take something more more to transform that empty room into a heart-of-the-home family living space that is a reflection of your personal style. It's the little details, the small touches that will give the room its distinctive flair. You know what you like, but custom cabinetry with lots of special detailing just isn't in the budget.

Nonetheless, you can achieve a custom look with the clever use of stock moldings and trim options, available from ready-to-install-cabinet manufacturers, according to Paul Radoy, manager of design services for Merillat Industries Inc., the nation's largest cabinet manufacturer.

"With a little imagination, you can use these stock components to create a kitchen that will mirror your tastes without emptying your pocketbook," Radoy said.

He offers suggestions for using stock customizing options to create two currently popular styles — Euro-country and Victorian.

For the Euro-country, best described as a cottage look that's more detailed than American country, Radoy suggests a combination of materials and details reminiscent of Old World handcraftsmanship, like ceramic tiles — unglazed for the floor and hand-painted for the backsplash, a farmhouse-style apron front sink, walls with a stucco or rough-plaster effect, and multipaned windows.

Cabinetry would be a combination of fitted and unfitted elements — one or more pieces that suggest a free-standing hutch, a center island with a pot rack above it and open shelf areas for both storage and display purposes.

A pierced-valance frieze could be used to trim a hutch or other open shelving, like a valance over the sink, or it could be fabricated as the framework for the pot rack.

Heavy crown molding would be another important decorative element, which Radoy explained can be achieved with a composite of several molding components. He also suggested apply simple bead molding, with its half-round shape, to cabinet and countertop edges to provide a softer, more detailed look.

Heavy moldings are also a key feature of Victorian interiors, Raday said, but Victorian style was more formal and more elaborate.

The taller Victorian baseboards can be created from a buildup of molding components. Fluted fillers, with their strong vertical lines, and molding blocks, with or without rosettes, will add the ornate touches characteristic of Victorian interiors.

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# Don't mock vinyl windows, they're durable & affordable

Forget what you've always heard about vinyl windows.

Today, new manufacturing technologies and improvements in the vinyl used for building products have resulted in the creation of a whole new generation of quality vinyl windows that are well-suited to new-home construction and remodeling projects in the 1990s.

Besides the obvious benefit of no maintenance, today's vinyl windows will stand up to temperature extremes, the harsh effects of ultraviolet rays — especially important at higher altitudes and in subtropical climates — and the rigors of a salt-air seacoast environment. They're compatible with many home exteriors, because they are now available in a wide range of sizes, shapes and styles.

However, like anything else, all vinyl windows are not created equal and homeowners considering them should do their homework before making a purchase decision, advises Bob Sweeney, manager of marketing for Weather Shield, the nation's leading manufacturer of windows. Sweeney offers a checklist of design and construction features that set quality vinyl windows apart from the rest of the pack.

Ask about the type of vinyl used, Sweeney advises. The best vinyl windows are made from a material called unplasticized vinyl, UPVC, which offers distinct advantages over the old plasticized vinyl, because it will not yellow, chalk or crack.

Next, ask to see a cross section of a window frame, he says. When viewed in cross section, the frame should be composed of multiple chambers. These give the frame strength and stability and provide superior insulating ability. Lesser quality window frames will appear as simple box chambers that can warp and twist.

Look at the corners of the sash and frames. They should be welded or fused, rather than simply screwed, together. Welded corners are air-and-watertight and create a much stronger, more stable window.

The type of glass used and the way it is installed in the frame is important, too, Sweeney says. Insulated glass makes sense in most climates because it offers protection against winter's bitter chills and summer's hot days. It consists of two panes of glass with an inert, nontoxic gas, typically argon, sealed between them. Insulated glass performs better if a sealant is applied to both the spacer that separates the two panes of glass and to the edges of the glass panes themselves. In addition, most windows now come with Low E glass, which has a special coating that filters out the sun's infrared rays in summer and keeps warm air in the room in winter. A Low E coating improves the insulating value of the glass and virtually eliminates fading caused by ultraviolet rays.

Vinyl windows are attached to the house with a "nailing fin." This rigid vinyl flap should be an integral part of the window frame, rather than an add-on.

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# Common bath-modeling questions have answers

Changing your bathroom fixtures will change the look of your bathroom, but deciding to do the work yourself can be intimidating.

Do you have a question about bathroom sink, shower and tub faucets? Here are some of the most commonly asked questions, answered by the experts at Moen, a name recognized as a brand leader by builders, plumbers and homeowners alike.

**Q.** Do all faucets fit all bathroom sinks and tub/showers?

**A.** Yes. Standard-size sink openings and faucet dimensions are used throughout the plumbing industry, and flexible hook-ups allow for variability. However, since there are a few exceptions, it is a good idea to check sizes first. For single-handle tub/shower faucets, the existing opening must be smaller than the faceplate of the new unit.

**Q.** Can I replace a two-or-three-handle faucet with a single-handle model?

**A.** Single-handle bathroom sink faucets use four-inch centers, which is the distance between the centers of the hot and cold inlets or mounting bolts. Some two-handle faucets also use four-inch centers, and can, therefore, be replaced by a single handle model. However, wider spreads are common so be

sure to check your size before purchasing a new faucet.

Two-and-three-handle tub and shower faucets can be replaced with a single handle faucet but pipe changes are necessary. The wall opening will have to be enlarged slightly for this but can be covered by special plates, such as the Moen Remodel Cover-Plate, that allows you to keep your existing tile or wall covering intact.

**Q.** Can a new tub/shower faucet be connected to my existing shower and tub spouts?

**A.** Yes. And this can have a safety benefit as modern shower valves, such as Moen's Posi-Temp and Moentrol, are pressure balancing. That means they control water temperature within plus/2 degrees F. to help prevent hot and cold water surges such as when a toilet is flushed.

**Q.** Can I use my already existing drain assembly when installing a new faucet?

**A.** In most cases, yes. But if you're changing finishes, such as chrome to brass, you'll probably want to change the drain assembly.

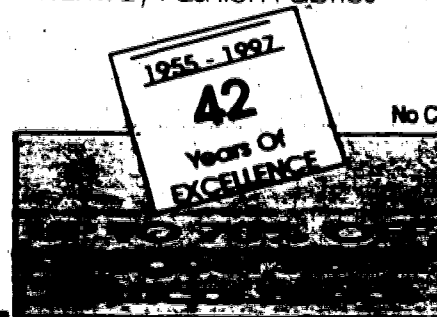
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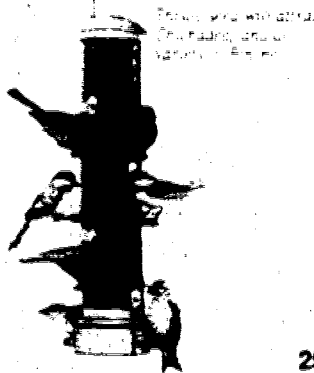
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# When laying a floor, knock on wood

If you're planning a home renovation or remodeling project in the coming months, you want to be sure that the products and materials you choose are going to be safe for your family.

However, this is not always an easy task. Fabric, paint and floor covering may seem prudent at the time, but may end up causing health problems, later, especially if someone in your family suffers from allergies. The best approach is to ask questions about how the product is made and installed, compare the quality, value and cost benefits, and then, make an educated decision that fits your budget and design needs.

One product category that has long been considered a quality choice for a healthy home is hardwood flooring. There are a number of reasons why this is one of the fastest growing of all floor covering products, according to Neil Poland, vice president of sales and marketing for Harris-Tarkett, a major manufacturer of hardwood flooring.

As an all-natural material, wood flooring is naturally hypoallergenic. There are no fibers or chemical residues. Wood does not trap dust, pollens and other allergens. Wood is available in a broad range of colors and species to meet a variety of design and installation needs, and it is now very competitively priced when compared to other options, according to Poland.

Among the array of wood flooring products now on the market, one type — pre-finished, Longstrip laminated wood flooring — is the best all-around choice when it comes to indoor air quality. According to Poland, it's because this product does not require nails or, more importantly, adhesives for a permanent installation.

"Most home remodeling products are quite safe, but studies have found that the products themselves — paints, for example — or the adhesives used to install them — wall coverings and some floor coverings — often have Volatile Organic Compound, levels that can prove harmful over time," he noted. The VOC level is the term used to determine the "off-gassing" from various materials.

How can Longstrip hardwood flooring be installed without using nails or adhesives? "It's a combination of precise milling and gravity," said Poland, whose company is distinguished as the only U.S. manufacturer of this popular flooring product.

The Longstrip flooring produced by Harris-Tarkett, called the Longstrip American Collection, is a five-ply, pre-finished, laminated-wood flooring product made up of a top layer of selected sliced veneer hardwood — either red oak, white oak, maple, ash or other species — a three-ply middle layer of Aspen cross-laminated hardwood and a veneer bottom layer of Southern pine. The lamination process produces a product that is inherently dimensionally stable, which means it can be installed over most subfloors, even low level carpeting, without the use of nails or adhesives, explained Poland.

**As an all-natural material, wood flooring is naturally hypoallergenic. There are no fibers or chemical residues. Wood does not trap dust, pollens and other allergens. Wood is available in a broad range of colors and species to meet a variety of design and installation needs.**

The product is produced in tongue-and-groove planks measuring 7 1/2 inches wide by 7 feet, 11-and-a-half inches long by 1/2-inch thick. Beads of Harris-Tarkett's Eversett glue, basically a nontoxic woodworking glue, are placed at 8-inch intervals along the groove of each plank; the end planks are fully glued. The planks then are tapped together, forming a monolithic surface that expands and contracts as one unit. A 1/2-inch space around the perimeter of the room provides space for expansion. Molding lends the finishing touch.

This installation technique solves two potential indoor air-quality problems, Poland added. Since Longstrip can be installed without being fully adhered, there are no adhesive out-gassing problems to worry about. In addition, since the flooring can be installed over most types of subfloors, if they're smooth, level and in relatively good condition, this eliminates the need to remove any old sheet vinyl or vinyl tile flooring, for example, that may contain asbestos.

Although new adhesive regulations, which took effect in 1996, require that all floor covering adhesives comply with new, safer standards, the best way to be sure there's no residual problem is not to use them in the first place, said Poland.

"It's a real win-win situation for the homeowner and home-remodeler," he noted.

In addition to the advances in adhesives, the wood flooring industry also is making great strides in developing water-borne finishes and stains to further enhance wood flooring's positive contribution to indoor air quality. Care and maintenance products have long been nonsolvent, he said.

As awareness of the impact home building and home furnishing products have on maintaining a healthy home grows, Poland believes that more and more homeowners will look to wood flooring as a healthy option.

"When you consider that next to the walls, the floor represents the largest expanse in a room, it makes sense to be sure that product choices not only represent good quality and value, but that they're good for you too," he concluded.



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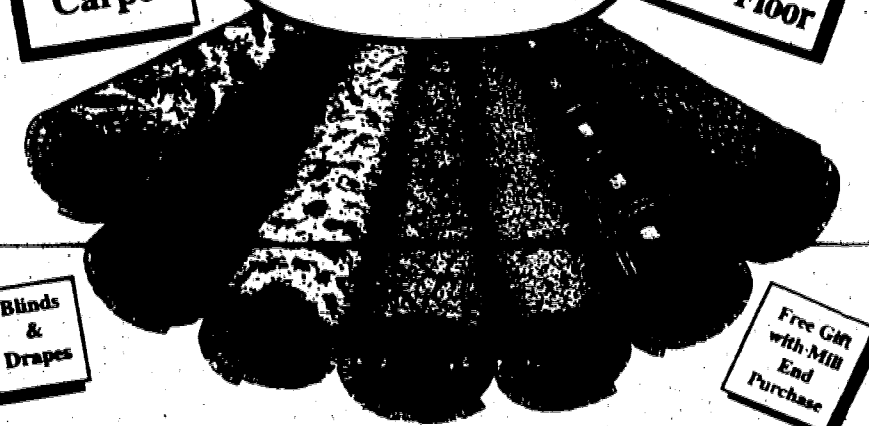
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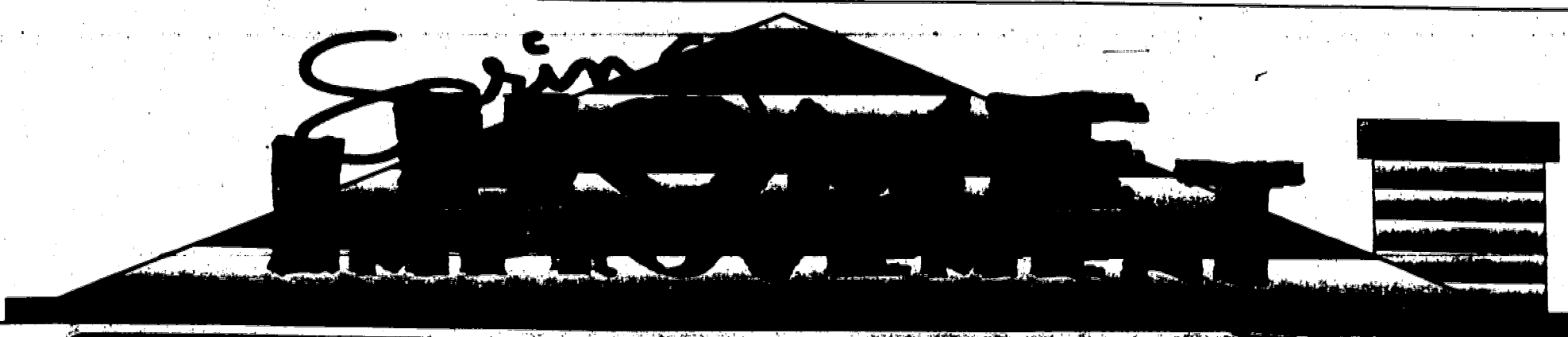
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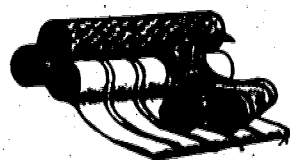
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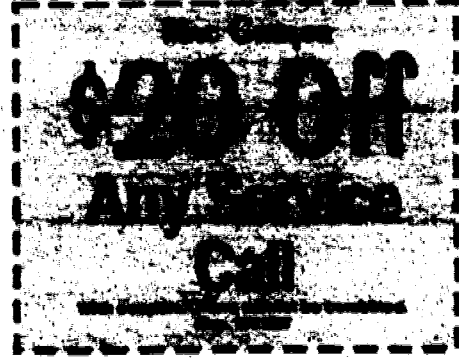
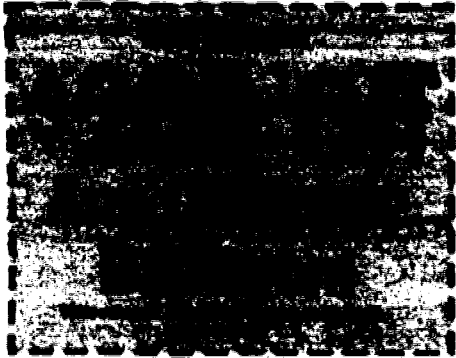
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