



Union County

- News
- Arts
- Entertainment
- Classified
- Real Estate
- Automotive

WORRAL COMMUNITY NEWSPAPERS

THURSDAY, AUGUST 26, 1999 - SECTION B

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Freeholders opposed to new Avenel facility

Board considers joining Woodbridge in suing state

By Mark Hrywna
Regional Editor

A proposed Special Treatment Unit bordering Rahway for violent sexual offenders has spurred the Union County Board of Chosen Freeholders to explore joining a lawsuit to force the state to reconsider the site.

The \$22-million, 300-bed treatment unit on the grounds of East

Jersey State Prison in the Avenel section of Woodbridge would house violent sexual offenders from all 21 counties in the state who have served their prison terms but are not ready to re-enter society.

Although the facility still requires approval by the Legislature, Woodbridge Mayor James McGrovey said, his township plans to file a lawsuit

when and if that approval comes. Officials believe that with two correctional facilities already in Woodbridge, it is an unfair burden for the area. East Jersey State Prison and the Adult Diagnostic Treatment Center hold almost 3,000 individuals combined.

A third facility, freeholders said, would present "an inequitable,

wrongful strain on existing impeded services, roads, water and sewer lines, while jeopardizing the safety and quality of life" for residents in the area.

McGrovey, who lost in a bid for governor in 1997, said it's a "matter of fairness and proportionality." Woodbridge is the only municipality in the state with two correctional

facilities. The state Building Authority must hold a public hearing on the proposal which is scheduled for Sept. 8 at 7 p.m. in Woodbridge High School.

"We do not quarrel with the need for such a facility somewhere in New Jersey," Middlesex County Freeholder Director David Crabel said. "We strenuously quarrel, however, with the contention by the Whitman administration that it is somehow fair and

prudent to locate such a facility in Woodbridge."

"We strongly urge that the new facility be located in a different county."

"The simple fact is Woodbridge Township and Middlesex County are already doing our share, and more," Crabel said.

"We have an obligation to our residents to determine whether or not a

See OFFICIALS, Page B2

Committee will study open space trust fund

By Mark Hrywna
Regional Editor

A committee will study and evaluate the feasibility and financial impact of a Union County open space trust fund for the November 2000 general election. The ad-hoc committee will make a recommendation to the freeholder board by the end of the year.

"While the county has certainly made a commitment to open space," Freeholder Linda Stender said, "I think the next step is to at least study" an open space trust fund.

"In light of our track record and the public discussion on the parks master plan, which will begin next month," Stender said, "we felt it best to gather and share as much information as possible before deciding on the referendum issue."

Open space trust funds, established

by nearly all New Jersey counties and nearly a hundred municipalities, are approved by voters via public referendum. Scotch Plains will have a township trust fund on November's ballot.

Paul Sanderson, president of the Lohanoka Group of the New Jersey Sierra Club, which represents Morris and Union counties, said "voters appreciate open spaces and tend to approve" trust funds when they're put on the ballot.

Stender said the committee will seek input from people throughout Union County and it will be bipartisan. Henry Ross, president of the Union County Alliance, will chair the ad hoc committee. Other members are Westfield Councilman Carl Salisbury, former Hillsdale mayor Ralph Millner, Summit Council president Henry Ogden and Elizabeth Brody of Roselle.

Median faculty salaries

District	Years		Years		Years		Years	
	1998-99	exp	1997-98	exp	1996-97	exp	1995-96	exp
Clark	\$64,738	24	\$64,738	22	\$63,328	22	\$60,332	22
Rahway	\$59,494	17	\$56,451	17	\$55,051	16	\$54,738	17
Plainfield	\$58,340	15	\$56,135	16	\$52,135	16	\$52,449	17
Westfield	\$53,443	15	\$56,405	16	\$67,997	18	\$67,453	18
Scotch Plains-Fanwood	\$53,191	17	\$52,875	17	\$55,191	19	\$55,196	18
Berkeley Heights	\$52,286	16	\$49,193	12	\$46,728	14	\$45,460	13
Union	\$52,151	15	\$47,527	15	\$49,388	15	\$46,584	15
Roselle Park	\$51,129	16	\$50,350	16	\$50,339	19	\$51,126	16
Summit	\$50,852	14	\$49,941	13	\$48,513	14	\$47,225	14
State median	\$50,606	16	\$44,150	14	\$42,596	14	\$41,014	14
New Providence	\$49,775	12	\$30,970	14	\$66,765	14	\$66,962	15
Cranford	\$49,019	14	\$49,019	15	\$47,718	15	\$46,013	15
Hillside	\$48,778	15	\$44,738	15	\$46,144	15	\$43,800	16
Linden	\$47,500	15	\$50,889	18	\$48,540	18	\$48,381	17
Roselle	\$46,849	15	\$45,404	15	\$45,034	14	\$44,803	15
Vo-Tech	\$46,370	7	\$45,760	8	\$45,034	8	\$43,083	8
Springfield	\$44,868	8	\$43,689	6	\$42,303	6	\$40,409	6
Garwood	\$44,729	12	\$41,554	12	\$41,968	12	\$39,973	11
Winfield	\$44,093	17	\$41,361	18	\$41,361	16	\$37,808	15
Elizabeth	\$43,099	12	\$40,846	12	\$39,698	12	\$38,050	11
Mountainside	\$42,089	10	\$41,137	10	\$40,195	10	\$38,050	9
Kenilworth	\$41,388	8	\$45,018	17	\$43,410	16	\$41,173	15

The chart indicates the median salary for faculty members in Union County school districts. The figures in bold indicate the highest numbers for that school year.

Retail Skills Center trains people for megamall employment

By Michelle Rungo
Staff Writer

Looking to explore what the world of retail can do to boost your income? Providing Union County residents with an opportunity to obtain employment on the Jersey Gardens Value Megamall opens in October is one ongoing objective of the Retail Skills

Center currently located at the Elizabeth campus of Union County College.

The Retail Skills Center has been designed to serve some of the merchants that have signed on at Jersey Gardens. Merchants like The Gap, Oshman's, Bahana Republic, Kenneth Cole, Marshall's and over 180 retail

stores ranging from Adidas, Menswear to Zales Outlets who will be looking for at least 5,000 employees to serve their customer's needs.

"The whole idea of a retail skills center is getting such a tremendous response that over 1,500 applicants took advantage of the job fair on Aug. 19 and 20," said Daniel Sullivan,

executive director of the Elizabeth Developmental Company, the quasi-governmental agency responsible for creating new businesses and getting them off the ground in the city.

The Retail Skills Center, Sullivan said, is scheduled to open a site within the confines of the vast megamall next to the mall management office on Sept. 10 and will operate initially between the hours of 9 a.m. and 5 p.m. with orientation for new trainees every Monday morning.

Currently, classes are staged at the Elizabeth campus of Union County College.

"We encourage everyone looking for a job to take advantage of this center which is operating in partnership with state and local governments, mall developers and managers, the local retail community and the National Retail Federation," Sullivan said.

Sarah Conrad, Retail Skills Center coordinator, said the center will match merchants with well-trained and qualified job applicants, a task the center excels at since they provide the "foundation and employability skills necessary to place residents in retail positions."

"As trainers we provide our participants with the knowledge and inter-

viewing skills they need to obtain employment at the Jersey Gardens Value Megamall in Elizabeth," said Conrad.

"We've already offered a course called 'Step up Training' sort of a crash course for Elizabeth residents to gain the confidence they displayed at the job fair last week which was a huge success."

New trainees at the center can expect self-paced computer, text, and multi-media instruction; workshops on specific areas in retail and customer service; internships in a variety of

companies and positions; mentored learning, counseling and support services; job bank and placement service; academic instruction and remedial support; language and diversity training; secondary school completion; college courses and credit for experiential learning; assessment of skills based on national criteria and customized training for retail companies and groups.

"As trainers we have an opportunity to give back to the community and to help people make the transition from home to work," said Betty Ruf, special projects coordinator.

As mayor, J. Christian Bollwage has been integral to ensuring that the development of the Retail Skills Center

served Elizabeth residents best by giving them their first crack at all training workshops. Bollwage has been working on bringing the Retail Skills Center to fruition since last spring when he attended seminars to learn how best to implement the project.

A commercial was filmed Monday to inform Union County residents on how they can take advantage of what the skills center offers and interested residents can call Conrad at (908) 436-3005, ext. 214 to sign up for the next session.

"Several residents have already secured jobs from our attendance at last week's job fair at the Winfield Scott Hotel and The Gap is cutting back on their scheduled advertising since the response was so great," Sullivan said. "All the employers are impressed with the retail knowledge Retail Skills Center participants exhibit."

"The response has been tremendous, averaging 75 calls a day at our 1-877-JOB-LINE and more than 200 people have completed the full length skills training sessions," said William O'Dea, EDC organizer.

"This is the most aggressive governmental recruitment training effort I have witnessed in my 15 years of developmental experience."

Another case made for getting rid of county-level government

By Mark Hrywna
Regional Editor

The elimination of county government would help reduce spiraling property taxes. At least that's the opinion of one former Union County mayor. Edward Robinson, who served as mayor of Cranford in 1983 and 1992, came before the freeholders last week to ask that they consider dismantling county government.

"I know I won't live to see it happen in my lifetime," said Robinson, about the elimination of county government. "But I think county government should be dismantled."

Municipal budgets are loaded with fixed costs, Robinson said, while the public's emphasis on education

coupled with teachers' tenure and a strong labor union, make school budgets difficult to contain.

He questioned the need for nine freeholders, a county police squad and a county shade tree commission. Only four of the state's 21 counties have a county police squad. And while two of the four are considering eliminating their police forces, Robinson questioned the need for a proposed \$15-million renovation of the Union County Police Headquarters on North Avenue in Westfield.

Robinson, who served on the Rahway Valley Sewerage Authority for seven years and its chairman in 1998, said every municipality has empty courtrooms where civil cases could be

heard instead of at the crowded county courthouses.

"This is not about politics, that's why I came to you in August," Robinson told the freeholders at their meeting last week. He said he has proposed the same thing to Republican-controlled freeholder boards in the past.

"Take this seriously and don't just dismiss it. I know you're comfortable and I'm sure you do a good job," Robinson told the freeholder board, "but think about it. Don't just control costs-but-look-to-cut-costs."

In his state of the city speech in January, Republican Summit Mayor Walter Long advocated the elimination of county government.

See COUNTY, Page B2

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Officials unhappy with state's selection

(Continued from Page B1) fair siting process was followed and whether or not the impact on Woodbridge and Rahway was adequately considered," Union County Freeholder Chairman Nicholas Scutari said.

"I can't be tolerated without some input from local officials and without details; we can't stand for that," Scutari said. He has asked the County Council to report back to the freeholder board at its first meeting next month, Sept. 9.

McGreavy said the township conducted a meeting with state Department of Corrections Commissioner Jack Torhune where the commissioner publicly committed to working with the township based on "an open and honest dialogue."

The mayor said his township was

never formally notified. "This is a complete abrogation of integrity by the governor's office. At a minimum, the governor's office should have notified Woodbridge that the Avenel site was chosen.

Department of Corrections spokesman Christopher Carden said an administrative error can be blamed for the miscommunication. Information was released by a low-level state employee, he said, "before we intended to release it but we had every intention of notifying local officials." He declined to comment whether the employee was compensated.

Crabiel labeled the state's proposal "offensive."

"Equally offensive was the vote by the state Commission for Capital

Budgeting and Planning when not a single member had the courage to vote no."

After a lengthy process which included looking at three other potential sites, Avenel was chosen as the best one based on several factors, Carden said.

The close proximity of the Adult Diagnostic Treatment Center would allow the treatment unit to share the expertise available at the center. The diagnostic treatment center also has a proven record of safety with no escapes in more than 20 years, he said.

The other three sites being considered were all in southern New Jersey: Chesilhurst, Maurice River and Bridgeton.

The Adult Diagnostic Treatment Center houses inmates convicted of sexual crimes who are still serving their terms. The proposed treatment unit would house "residents," not inmates, who have been civilly committed, according to Carden. They have completed their prison terms but are deemed by the court to have high recidivism and not ready to return to society.

Rahway Mayor James Kennedy said he supports the county's decision to explore a lawsuit against the state. Kennedy said the City Council has a preliminary resolution opposing the site which likely will be approved at the council's next meeting in September.

Donating funds



Anna Lustenberg, manager of external affairs at Bell Atlantic, left, presents a check for \$21,192.33 to Dell Raudelunas, chief professional officer at United Way of Union County. Bell Atlantic's annual corporate gift to United Way of Union County will support the nonprofit's mission to increase the organized capacity of people to care for one another by supporting its network of human care services and programs throughout Union County.

Economic development the topic of TV show

The Board of Chosen Freeholders' continuing focus on quality of life and economic development programs is a focus of the latest "Freeholders Forum" television show presented by Union County.

Freeholder Chairman Nicholas Scutari and Freeholder Linda Stender discuss how the freeholder board recently \$260,000 in federal grants to advance two major transportation projects, the Routes 1&9 Transportation Development District and the Route 28/South Avenue corridor study. Through these projects, the county will ease traffic congestion, promote mass transit, and encourage economic development and redevelopment.

"The county will combine local

efforts into a coordinated growth and transportation management plan," said Stender, a Fanwood resident and chairwoman of the county's Economic Development Committee. "We must emphasize regional approaches and regional solutions."

Stender and Scutari discuss the freeholders' key initiatives in 1999, including: the Freeholder Scholars Program, which provides free tuition to Union County College for eligible students; Downtown-Union County, which offers grants for improvements to local shopping districts; and the Mobile Immunization Clinic, which will help to vaccinate school-age children against childhood diseases.

"The public has really responded to

these initiatives. We're addressing issues of importance to the lives of every Union County resident," said Scutari, a Linden resident.

In each biweekly, 30-minute program, Scutari and guests discuss news events and issues affecting the lives of Union County residents. "Freeholders Forum" is made possible through the facilities and technical direction of Union County College.

Entitled "You," the show will air Sept. 5 according to the following schedule:

- Union County — except Elizabeth and Plainfield: Channel 57, Mondays, 6:30 p.m.
- Berkeley Heights, New Providence, Springfield, Summit: Channel 36, Tuesdays and Thursdays, noon.
- Elizabeth: Channel 10, Wednesdays, 7:30 p.m.
- Fanwood, Mountainside: Channel 35, check cable listings.
- Linden, Roselle, Roselle Park, Winfield: Channel 36, daily, 5:30 p.m. and 9:30 p.m.
- Plainfield: Channel 34, check cable listings.
- Westfield, Scotch Plains, Fanwood, Mountainside: Channel 36, check cable listings.

Anyone wanting more information or to comment about "Freeholders Forum" can call the Office of Public Information at (908) 527-4746.

County should lead the way on regionalization

(Continued from Page B1) tation of county government.

"We all have very diverse viewpoints" about regionalization and shared services, Freeholder Donald Gonçalves said. Conservatives tend to favor eliminating county government while there also is the "push and pull" of home rule. It seems natural, Gonçalves said, that county government would be the lead agency to regionalize.

During his tenure as mayor, Robinson said Cranford attempted to explore shared services with Kenilworth and Garwood when the 9-1-1 system was first implemented. However, he said the reaction from other towns was one of not wanting to give up control and the initiative never got off the ground.

County Manager Michael Lapolla said the new county garages at the former Smith Cadillac site in Elizabeth will be a test of whether shared services can work. Municipalities will be able to go to the county garages rather than local gas stations and repair shops for vehicle maintenance.

The project, which Lapolla said will save \$55,000 a year, "will answer the question of whether to eliminate county or municipal government."

Pending in the 1999 county budget is as low as it was in 1994, Lapolla said, and challenged Robinson to find a municipality that can say the same.

"There is always room for improvement but we're spending wisely and prudently," the county manager said.

"I think it's foolish to think that if you eliminate county government you'll see a 20-percent decrease in your tax bill," Freeholder Vice Chairman Daniel Sullivan said. If services supported by the county will only go away when the county level is eliminated, he said, it's "pie in the sky" to think there will be such a reduction.

With more than 600 school boards and 566 municipalities but only 21 counties in the state, Sullivan said, "where do you think the pressure to regionalize should be?" It makes sense to consolidate to the county level, he said.

In almost every state in the country, it is the county that runs the schools, said Sullivan, a former Elizabeth Board of Education member.

"I think Robinson is very sincere, but he is attacking it from the wrong end," Sullivan said.

"I don't see why we should have nine freeholders either, but that's another story."

UCEDC finances first project under bond program

The New Jersey Economic Development Authority and the Union County Economic Development Corporation announced the first financing arranged under a \$50-million Bond Partnership Program. The NJEDA has issued \$1.6 million of tax-exempt bond financing to benefit the Occupational Center of Union County, Inc. located in Roselle.

The Occupational Center of Union County was established in 1959 as a not-for-profit rehabilitation agency serving individuals with developmental disabilities. The center's primary mission is to provide vocational opportunities through work centering, job placement and supported training.

"The bond monies will be used to accomplish a business goal of stabilizing underlying costs such as the mortgage on two of the three center's buildings," said Mark Lasky, president and chief executive officer of the Occupational Center.

"More importantly, the outgrowth of a stable business translates into the

continuation of a four-decade-long history of serving individuals with disabilities. In addition, the bond funds also are available for renovations which will ensure that some of our major improvement projects can become a reality, enhancing the environment for the over 350 employees."

"This innovative program combines the NJEDA's bond financing capacity with the ability of UCEDC to locate businesses and nonprofit organizations seeking low-cost capital for expansion, new investment, and other financial needs," said Anthony Coscia, a chairman of the NJEDA.

"Everyone wins in this combination. The NJEDA gains access to new clients, the UCEDC is able to encourage new investment, and business and nonprofit organizations like Occupational Center of Union County gain access to affordable capital," Coscia said.

A key component in the bond program is the involvement of five major financial institutions: Chase Manhattan Bank, First Union National Bank, Fleet Bank, PNC Bank and Summit

Bank. The banks participate by backing the bond issue to make it saleable or by purchasing it and making it a funds available.

The Occupational Center of Union County is receiving \$1,612,000 in financing at a fixed rate of 6.22 percent for the first 10 years of the financing, with the rate to reset in the second 10-year period based on a formula tied to the lending costs of PNC Bank, the purchaser of the bond.

According to UCEDC Executive Director Maureen Tihen, UCEDC's role is to coordinate and market the bond program. "This is a great financing option or Union County businesses and nonprofit organizations in that it can make financing available at such as 3.5 percent below traditional market costs for capital."

Approved uses of the capital loaned through the program include acquisition of land or facilities for expansion; construction or reconstruction of facilities; purchase of equipment and machinery; and for not-for-profit organizations, refinancing of existing debt.

The bond partnership program provides financing from a minimum of \$1 million to a maximum of \$10 million for tax-exempt financing. Depending on eligibility, tax-exempt bond financing may be available to applicants that include manufacturers, assisted-living facilities, and nonprofit organizations; while taxable bond financing is available to such borrowers as well as retail and commercial businesses, service businesses, and businesses engaged in warehouse and distribution operations.

The Occupational Center is among 11 projects approved to date under the partnership and the first to complete its financing.

Anyone interested in learning more about the Union County bond financing program can call (908) 527-1166.

Regional grant awarded to county

Union County commuters and businesses won a significant victory last week with a regional planning agency's approval of redevelopment projects for two of the county's major transportation corridors, the Union County Board of Chosen Freeholders announced.

The North Jersey Transportation Planning Authority approved \$260,000 in federal funds toward creation of a Transportation Development District along the Routes 1&9 corridor of Elizabeth, Linden and Rahway and a redevelopment study for the nine municipality Route 28 corridor between Elizabeth and Plainfield.

"We cannot merely build our way out of traffic congestion. We are investing in redeveloping our existing infrastructure and implementing new, innovative methods of relieving traffic and promoting economic investment," Freeholder Chairman Nicholas Scutari said.

The Route 28 project will study improvements to bus and rail service and development opportunities in the corridor including Plainfield, Fanwood, Scotch Plains, Westfield, Garwood, Cranford, Roselle Park, Roselle and Elizabethtown. The study will be based, in part, on preliminary reviews done in the past two years and ongoing work for the cross county rail link, a Plainfield-Elizabeth-Newark rail project now in the planning stages.

"The county will combine local efforts into a coordinated growth and transportation management plan," said Freeholder Linda Stender, chairwoman of the county's Economic Development Committee.

Union County will form a Technical Advisory Committee with representatives of all nine towns involved, NJTPA, NJDOT and NJ Transit that will hold public hearings on its proposals.

"As a highly developed area, Union County simply has no more room in which to expand its highway system," said Stender, a Fanwood resident. "The reactivation of unused rail lines will ease traffic congestion and promote new economic development throughout the county."

Both the Route 28 and Routes 1&9 projects will identify transit-related development opportunities and target properties for potential development, particularly "brown-fields" or now-unused former industrial properties.

The Routes 1&9 TDD will examine ways to improve traffic flow and promote economic development in the Routes 1&9 corridor and around Port Elizabeth.

Districtwide and site-specific road and development recommendations were included in the Union County Port Master Plan announced in May to chart economic growth in the county's port region.

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Healthy Living

Survey indicates most common health questions

The first population-based sex survey in 50 years reveals that sexual dysfunction is a widespread problem. According to an article in a recent issue of *The Journal of the American Medical Association*, 43 percent of women and 31 percent of men suffer from sexual problems.

The National Health and Social Life Survey was conducted in 1992; participants ranged in age from 18 to 59. Surveyors queried 1,749 women and 1,410 men. Complaints included lack of sexual desire, arousal difficulties, inability to climax, anxiety about sexual performance, climaxing too quickly, physical pain during intercourse and not finding sex pleasurable.

Researchers found three factors associated with sexual dysfunction: emotional or stress-related problems, including traumatic sexual experiences in the past; poor physical health, and poor quality of life. Marital status also played a role — unmarried men and women were more likely to have sexual difficulties. Similarly, low levels of education were associated with problems in the bedroom, particularly lack of pleasure and increased performance anxiety overall.

There are also some differences depending on race or ethnicity.

Black women reported low desire and pleasure, while white women were more likely to complain of pain during intercourse. But Latino women consistently reported lower rates of sexual problems.

In general, researchers found the prevalence of sexual dysfunction tends to decline with age among women. For men, advancing age is associated with increased impotence and declining desire.

The American Council on Exercise recently conducted its annual "Fitness On Call" phone-hotline. More than 1,000 people from 13 to 91 called for one-on-one advice with ACE-certified fitness professionals, doctors, dietitians and physical therapists. These were the five most common queries:

1. "What type of equipment do I need for a home gym?"
You get what you pay for, so invest in the best-quality equipment within your budget, advised personal trainer Dan Trone. Some basic, low-cost equipment includes dumbbells in a variety of weights, an exercise mat, resistance bands and an exercise bench.
On the high end, ACE recommends a treadmill, stationary bike, stair-stepper, rower and/or weight station. Be sure to test-drive any big-ticket

exercise equipment before buying.

2. "What's the best way to get my stomach in shape?"
Exercises that target both the lower and side abdominals will make your stomach strong, said Bonnie Kaye, fitness expert for "CBS News Saturday Morning." But be sure to use proper form.

"Above all, understand that no amount of crunches will eliminate the fat most of us carry around our mid-sections," Kaye noted. If you cover waistboard abs, you'll need a balanced fitness program of regular aerobic activity, strength training, stretching and a healthy diet.

3. "How can I get started on a strength-training program?"
Proper form and good technique are crucial, said exercise video star and author Karen Voight. If you're new to weight-training, join a gym or schedule a few sessions with a personal trainer to learn the basics.
"Studies have shown that strength training also helps with weight control — the more muscle you have, the more calories you burn even at rest," Voight noted.

4. "How can I get the most out of my walking program?"
Walking is one of the easiest and most popular forms of aerobic exercise.

"Once you have reached a point where you can walk a few miles with relative ease, you can start to vary the intensity," said fitness professional Suzanne Nottingham. Rev up your workouts by walking up hills or picking up the speed.

5. "What's the truth about dietary supplements?"
There's a lot of hype out there, warned clinical dietitian Linda Clark. In fact, "The average exerciser is unlikely to benefit from expensive performance-enhancing supplements," said Gardner. "As for dietary supplements, you should start by eating a healthy, well-balanced diet. Take time to honestly evaluate your diet." The most you're likely to need is an inexpensive multivitamin.

Recreational in-line skating is a dangerous sport — even if you strap on wrist guards, kneecaps and elbow pads. A new study in the *Journal of Knee Surgery, Sports Traumatology, Arthroscopy*, reveals that 60 percent of in-line skaters have had an injury. Most commonly are injuries to the upper extremities — fractured fingers, wrists, forearms or elbows.

Improper skating technique is to blame for most mishaps. A survey of 1,036 in-line skaters found that just one-fourth could stop immediately and 7 percent were unable to brake at all.

Jacquie McCarthy, Editor
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CHIROPRACTIC FOR BETTER HEALTH
DR. DONALD ANTONELLI CHIROPRACTOR
SIGNS OF TENSION
How can you tell if you are suffering from nervous tension?
There are certain signals you should be aware of that tell you relief is needed from this condition. Talking in a loud voice, raising your voice to a higher pitch, and talking more rapidly than normal may be signs of nervous tension. Do you from more often than usual? Are you irritable and "out of sorts"? And when you lie down to rest, do you have difficulty in falling asleep because of an overall restlessness in your body?
Untreated or unrelieved nervous tension may affect your whole body as well as your disposition. It may pull your spine out of alignment, or cause a tightening of the muscles in your neck, back, shoulder and pelvic muscles or your thighs. Nervous tension may cause "insults" to nerve tissue in these areas as well as other parts of your body. This results in aches and pains as well as mental irritation until you get the relief you need to feel well again.
In the interest of better health from the office of:
DR. DONALD ANTONELLI
Chiropractor
Associated Family Chiropractic Center
2575 Morris Ave., Union
908-685-2373

Parental advice now available via medical center hotline

Toll-free (888) 878-KIDS is now the most convenient way for parents, grandparents, teachers, and other caregivers to get instant advice on children's health 24 hours a day, seven days a week.

By calling Atlantic's Children's Medical Center's new Parent Advice Line, parents and other caregivers can access pre-recorded childhood health information on nearly 300 topics, ranging from asthma, bedwetting and burns, to recognizing attention deficit disorder, teenage discipline problems and diaper rash.

"Our Parent Advice Line is an innovative response to parents' need for more and immediate health information about their children," said Dr. Leonard Feld, chairman of pediatrics at The Children's Medical Center, a component of the Atlantic Health System. "It reflects Atlantic's strong commitment to educating, comforting and altering parents and other caregivers to essential childhood health issues and answers."

Atlantic's Children's Medical Center initiated the Parent Advice Line with an educational grant from Pfizer

Healthcare Solutions. Currently, the top three topics parents are seeking counsel on are discipline problems, teenage issues and digestive problems.

"Nearly 4000 calls were made to The Parents Advice Line in the last four months," explained Dr. Feld. "The Advice Line, which is not intended to substitute for medical advice from a family doctor or physician, serves as a quick and confidential resource on general health and behavior-related issues."

The Children's Medical Center

mailed a complete list of Parent Advice Line topics to the homes of thousands of local families. Those who have not yet received the Advice Line mailing can request one by calling (888) 878-KIDS.

The scripts for the Advice Line were written by Dr. Barton Schmidt, a pediatrician and author of a book on telephone medicine. Local pediatricians and parents reviewed the scripts, choosing the ones they felt were most appropriate.

SO MANY JOBS. SO FEW WITH BENEFITS.
Good thing you can get your own individual health care plan. In New Jersey, CIGNA HealthCare offers three individual plans with no deductibles and with doctor visit copays starting as low as \$10. You'll have one of the state's largest physician networks. And help is just a call away on our 24-hour Health Information Line. For information, call 1-800-465-3092.
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Products and services provided by CIGNA Group Life Insurance Company and other operating subsidiaries of CIGNA Corporation.

We don't want new patients by accident.
Wearing a helmet while riding a bicycle is protection against potential serious injury that could alter the rest of your child's life.
Children's Specialized Hospital
An Affiliated Member of the Robert Wood Johnson Health System
908-233-3720
732-914-1100
Make wearing a helmet a priority. And, if you ride as a family, set an example by wearing yours.

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• Reduce Fat & Inches
• Control & Normalize Appetite
• We Have Thigh Cream
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If you're not shopping at The Vitamin Factory, You're paying too much for your supplements.
Metabolite Everyday Low Price \$21.99 **25% Off Selected Vitamin Factory Brand Products**
Extensive Line of Body Building & Sports Supplements...
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30% OFF Solgar Complete line of Vitamins & Minerals...
50% OFF Advanced Formula Sports Supplements...
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Ask about our Frequent Buyers Club

Stepping Out is a weekly calendar designed to guide our readers to the many arts and entertainment events in the Union County area. The calendar is open to all groups and organizations in the Union County area. To place your free listing, send information to Associate Editor Jacquie McCarthy, Worroll Community Newspapers, P.O. Box 3109, Union, New Jersey 07083.

Stepping Out

Celebrating 20 years of broadcasting, WBGO serves the metropolitan area with the best in jazz, blues, world music and information services 24 hours a day.

THEATER

PAPER MILL PLAYHOUSE in Millburn opens the 1999-2000 season with the legendary musical comedy classic, "Mame," with music and lyrics by Jerry Herman, and book by Jerome Lawrence and Robert E. Lee. The production begins performances Sept. 8 and runs through Oct. 24. Based on the novel "Auntie Mame" by Patrick Dennis and the play by Lawrence and Lee, "Mame" follows the adult adventures of a madcap flapper who unexpectedly inherits the guardianship of her ten-year-old nephew.

Paper Mill Playhouse is barrier-free and completely accessible to people with disabilities. Paper Mill offers audio-described performances for the visually impaired, as well as sign-interpreted and open-captioned performances for the hearing impaired. Braille and large-print programs, as well as infra-red listening system are available.

Performances are Wednesday through Saturday evenings at 8 p.m., Sunday at 7:30 p.m., with matinees Thursday at 2 p.m., Saturday at 2:30 p.m., and Sunday at 2 p.m. Tickets range from \$26-\$60 and \$10 student tickets may be available 15 minutes prior to curtain. The playhouse is located on Brookside Drive in Millburn. For information, call (973) 376-6433.

VARIETY

ASSOCIATED HUMANE SOCIETY Union Animal Shelter will sponsor a pet adoption event Saturday from 10 a.m. to 3 p.m. at the shelter, Jefferson Avenue off Route 22 East, Union. For information, 810-1633 or 888-9319.

THE GREATER NJ STAMP EXPO will take place Saturday from 10 a.m. to 6

ART SHOWS

THE WORLD I KNOW by Derek Jay Dent of Elizabethtown will be on display through August at Elizabethtown Library. Hours are Monday through Thursday from 9 a.m. to 9 p.m., and Friday and Saturday from 9 a.m. to 5 p.m. The library is located at 11 S. Broad St., Elizabethtown. For information, call (908) 354-6060.

UNION COUNTY SENIOR ARTS EXHIBIT will be on display through Tuesday at Union County Administration Building in Elizabethtown.

Gallery hours are weekdays from 8 a.m. to 6 p.m. The building is located at One Elizabethtown Plaza, Elizabethtown. For information, call 558-2550.

ROSELLE PARK LIBRARY will exhibit a series of still life photography by Joan Powers through Sept. 17. A reception will take place Sept. 9.

The library is located at 404 Chestnut St., Roselle Park. For information, call (908) 249-2456.

THE SUMMER SALON EXHIBIT will be on display through Sept. 17 at Eugene Gallery in Scotch Plains.

The gallery is located at 501 Park Ave., Scotch Plains. For information, call 322-8333.

the hospital. CSH is located at 150 New Providence Road, Mountaintop.

OIL PAINTINGS by Diana Decker will be on exhibition at the Clark Public Library until the end of September.

This display is part of a continuing series of art exhibits sponsored by members of the Clark Art Association. All works is displayed on the main floor of the library and may be viewed during the library's open hours.

The Clark Public Library is located at 303 Westfield Ave. For more information, call (732) 388-5999.

1999 UNION COUNTY TEEN ARTS TOURING EXHIBIT will be on display through Sept. 16 at the United National Bank in Plainfield. The exhibit consists of 31 pieces of art selected from the 513 visual art works shown at the 1999 Union County Teen Arts Festival in March at Union County College. The tour will travel to sites throughout Union County through March 2000.

The event is open to the public. The bank is located at 202 Park Ave., Plainfield. For assistive services or more information, call the Union County Division of Cultural and Heritage Affairs, 633 Pearl St., Elizabethtown, (908) 558-2550. Relay service users call (800) 852-7899.

1901 INVERTED TRAIN STAMP will be on display Saturday from 10 a.m. to 6 p.m. and Sunday from 10 a.m. to 4 p.m. at Holiday Inn-Springfield.

The stamp was issued in 1901 to commemorate the Pan American Exposition in Buffalo, NY. Of the 180 million of these

room at Lohmann's, sleigh riding at Baltusor, the Pathmark parking lot at midnight, Atlantic City casino, the July 4 celebration, Little League games, a Brownie troop and ball team pickers.

The Donald B. Palmer Museum is located in the Springfield Public Library, 66 Mountain Ave. The hours are Monday, Wednesday and Thursday from 10 a.m. to 8:30 p.m., and Tuesday and Friday from 10 a.m. to 4:30 p.m. As of Sept. 11, the museum will be open on Saturdays from 10 a.m. to 4:30 p.m. and Sundays from 1 to 3:30 p.m.

For more information, call (973) 378-4930.

AUDITIONS

PLAYHOUSE ASSOCIATION OF SUMMIT will have auditions for "Arsenic and Old Lace" Saturday and Sunday from 1 to 4 p.m.

The playhouse is located at 10 New England Ave., Summit.

STONY HILL PLAYERS announce auditions for "Lovers and Other Strangers," a romantic comedy by Renee Taylor and Joseph Bologna, at Oakes Memorial Outdoor Center in Summit

from 1 to 4 p.m. on Sept. 11. The cast is 6 women and 2 men, age range mid-20s to 50s. The directors are Jay Galfrey and Anthony East. Performances are Oct. 9-23. The center is located at 120 Morris Ave., Summit. For information, call (973) 377-2443.

FUNCTION TEN INC. announces auditions for actors, singers and dancers Tuesday and Wednesday from 7 to 9 p.m. at The Theatre at St. Paul's Evangelical Lutheran Church in Elizabethtown. The production is titled "Stories of New Jersey: Celebrating New Jersey's Cultural Diversity Through Stories and Song." The show will be produced Oct. 15, 16 and 17 as part of Arts and Humanities Month.

Singers should bring an audition piece. Dancers should bring a recording or piano music. Resumes from writers, directors and technical people are welcome. The church is located at 83 Gallowing Hill Road, Elizabethtown. For information, call (732) 602-2173.

CLASSES

WESTFIELD YOUNG ARTISTS' COOPERATIVE will offer professional classes in the performing arts. Registration will take place Tuesday, Wednesday and Sept. 2 from noon to 8 p.m. at Centennial High School in Westfield.

Beginners, intermediate and Advanced Acting classes will concentrate on improvisation, character development and scene study. Also offered are four levels of tap and three levels of musical theater, which focuses on song selection and interpretation, ensemble work, voice, and musical theater movement and dance. Private lessons in voice and/or acting are available.

The high school is located at 728 Westfield Ave., Westfield. For information, call (908) 233-3200.

COMEDY

CASUAL TIMES restaurant features comedians on Saturdays, at 8:30 p.m. and 11 p.m.

The restaurant is located at 1065 Center Ave., Clark. For information, call (908) 368-6511.

CONCERTS

NEW POWER SOUL will perform swing, dance and rock today at 7:30 p.m. at Municipal Gardens in Scotch Plains.

Rain site is Scotch Plains-Fanwood High School, Westfield Avenue, Scotch Plains. The grounds are located on Park Avenue in Scotch Plains.

THE PARTY DOLLS will perform oldies girl-band music today at 7 p.m. outside Union County Arts Center in Rahway.

UAC is located at the intersection of West Main and Irving streets, Rahway.

BARNES AND NOBLE in Clark will feature folk songs by William Smith Friday at 7:30 p.m.

The book store is located on Raritan Road in Clark.

PHAT CITY in Cranford will feature "Hot Nights, Cool Jazz" Friday from 7 to 9 p.m. and "Rap and Rock" Saturday from 2 to 4 p.m.

The store is located at 105 Walnut Ave., Cranford.

SUMMER JAZZ featuring the Bluh, Messina and The Chant Trio will be performed Saturday at 2:15 p.m. at Elizabethtown Public Library.

Admission is free. The library is located at 11 S. Broad St., Elizabethtown. For information, call (908) 354-6060.

VAN GOGH'S EAR CAFE will present jazz entertainment by Renee Van Gogh at 8 p.m. A \$3 cover is charged.

Van Gogh's Ear is located at 1017 Stuyvesant Ave. in Union. For further information, call (908) 810-1844.

THE PARTY DOLLS will sing all the hits you remember from the 1960s, 1970s and 1980s when they perform in a free outdoor concert Wednesday at Edge Park in Mountaintop.

The 7:30 p.m. appearance by The Party Dolls will be the final concert of the Summer Arts Festival series. The show is choreographed in the groovy dance style of the era and their wardrobe consists of over 30 different costumes which are authentically reflect the fashions of the time.

Lawn chairs, blankets and picnic baskets are encouraged. There will be a refreshment stand available at 8:30 p.m. In case of rain, the concert will be at Cranford High School, West End Ave., Cranford. The park is located off Route 22 in Mountaintop. Rain information is available by calling (908) 352-6410 after 3 p.m. on the day of the concert. For other concert information, call the Union County Division of Parks and Recreation at (908) 527-4900.

BEBOP BAND will perform Sept. 5 from 2 to 5 p.m. at Clark Pool.

FESTIVALS

POLISH FESTIVAL will take place today from noon to 6 p.m. in Ridgely Park, behind Town Hall, Morris Avenue, Union. For information, call 686-0924.

GREEK FESTIVAL, featuring food, entertainment and children's activities will take place Sept. 10, 11 and 12 from 11 a.m. to 11 p.m. at Holy Trinity Greek Orthodox Church in Westfield.

For information, call (908) 233-8533.

GOLF

GOLF CLINIC for children ages 10 to 13 will take place at the Baltusor Golf Club in Springfield from 10 to 11 a.m. The clinic will raise funds for programs run by The Children's Aid Society. For information, call Freeman Miller at (212) 614-4216.

BENEDICT MEN'S AND WOMEN'S PUBLIC LINKS Tournaments will take place Sept. 10 at Oak Ridge Golf Course in Clark.

Entry fee is \$10. Entries close Sunday. The golf course is located off Route 27 in Clark. For information, call (732) 574-0139.

CENTER FOR HOPE hospice golf outing will take place Sept. 13 at the Roselle Golf Club, Raritan Road. The day-long event includes lunch, an evening cocktail reception and dinner and all golf fees for \$135. There will also be a raffle for a Buick Regal, a Rolex watch and airline tickets. Proceeds benefit the The House residential clubhouse center in Scotch Plains. For information, call (908) 368-6511.

KIDS

DRAFT HOUR, making musical instruments and playing them, will take place today at 8:30 p.m. at Barnes and Noble in Springfield.

For ages 4-8. The book store is located at 105 Walnut Ave., Cranford. For information, call (973) 376-8544.

THE KID INSIDE will be shown today at 1:30 p.m. at Trailside Nature and Science Center, Planetarium in Mountaintop.

For ages 4-8 with an adult. Fee is \$3 per person, \$2.50 for seniors. No pre-registration is required. Planetarium shows are not appropriate for young

children who are afraid of the dark. There is no admittance after the show has begun. Trailside reserves the right to remove a disruptive or inappropriately aged child from a program. Trailside is located at 452 New Providence Road, Mountaintop. For information, call (908) 789-3670.

BARNES AND NOBLE in Springfield will present a reading of "Will I Have a Friend?" tomorrow and Tuesday at 10 a.m.

The book store is located at 240 Route 22 West, Springfield. For information, call (973) 376-8544.

AUTUMN ASTRAL ARRANGEMENTS will be shown Sept. 8 at 2 p.m. at Trailside Nature and Science Center Planetarium in Mountaintop.

For ages 6 and up: Trailside is located at 452 New Providence Road, Mountaintop. For information, call (908) 789-3670.

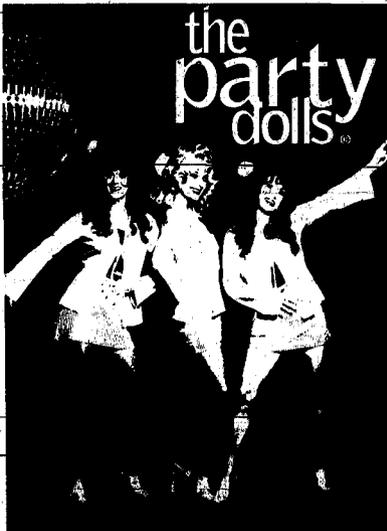
CHRISTOPHER'S BOOKS in Summit will present a reading of "Where the Wild Things Are" in English, Spanish and French Sept. 11 at 10 a.m. and 11 a.m.

For information, call (908) 273-6077.

UNION RECREATION Department will sponsor weekly ceramics classes for children between the ages of 7 and 12 at the Recreation building, 1120 Commerce Ave., Union from 9:30 to 5:30 p.m. For information, call (908) 464-4828.

RADIO

WBGO Jazz 88.3 FM will air "Humankind," an inspiring new weekly series chronicling the personal and ethical triumphs of everyday people. The



The Party Dolls will perform oldies girl-band music today at 7 p.m. outside Union County Arts Center in Rahway.

14-part documentary series airs every Thursday from 8:30 to 7 p.m.

Sept. 28 — "Hear the Roars of War" — a stirring tale of Vietnam-era veterans, tormented by their experiences in war, who found personal space by returning to Vietnam to build medical clinics for civilians.

Sept. 2 — "Simplicity" — Fascinating accounts by people who are consciously turning from frantic materialism to a simpler way of living based upon inner fulfillment.

Sept. 9 — "Teaching From Within" — A provocative vision of education as examined through the eyes of two inspired teachers.

Sept. 16 — "Equal Ground" — An amazing saga of strength, determination and faith demonstrated by the Carter's, a family of black Mississippi sharecroppers who risked their lives for a good education.

p.m. and Sunday from 10 a.m. to 4 p.m. at Holiday Inn Springfield.

Free admission and parking. Show feature exhibitors from nine states, local and regional stamp-collecting organizations, special youth area with free stamps and collecting materials for young people. Boy Scout registered counselor presentation on the Stamp Collecting Merit Badge, U.S. Postal Service display and sales area. The inn is located at 304 Route 22 West Springfield. For information, call (908) 445-4550.

ART LAB in Westfield will have an open house Wednesday from 6 to 8 p.m.

For information, call (908) 684-5983.

OPEN HOUSE will take place Sept. 6 from 1 to 4 p.m. at Dr. Robinson Plantation in Clark.



Paper Mill Playhouse in Millburn opens the 1999-2000 season with the legendary musical comedy classic, "Mame." The production begins performances Sept. 8 and runs through Oct. 24.

LEE MALAMUT art gallery at Union Library will display "An Eclectic Range of Subjects" through Sept. 22.

Gallery hours are Monday through Thursday from 10 a.m. to 9 p.m., and Friday from 9 a.m. to 5 p.m. The library is located at Ridgely Park, off Morris Avenue in Union. For information, call 881-8450.

CHILDREN'S SPECIALIZED HOSPITAL in Mountaintop is hosting the New Jersey Photography Forum's fifth annual Juried Exhibit through Sept. 26.

More than 300 fine art photographers were invited to submit their work from which more than 75 entries have been selected for display.

The exhibit is open to the public from 8:30 a.m. to 8:30 p.m. daily. Admission is free. Visitors are requested to enter the hospital through the Ambulance Entry. The artist's works are for sale. A portion of the sale proceeds will benefit:

stamps that were produced, only 140 were mistakenly printed with the center vignette of the stamp upside down. Of the 140, only 98 have survived, and the display is one of two in excellent condition.

The inn is located at 304 Route 22 West Springfield. For information, call (908) 445-4550.

REFLECTIONS OF SUBURBAN LIFE, an exhibit by artist Helen Frank of Springfield, will be shown at the Donald B. Palmer Museum of the Springfield Free Public Library from Monday through Oct. 7. An opening reception will be held Sept. 26 at 1:30 p.m.

"Reflections," a nostalgic view of life in the suburbs during the last half of this century, is the theme of this exhibition of paintings, watercolors, etchings and monotypes. It encompasses a wide range of diverse subjects such as Route 22, Olympic Park, the fitting

Elizabeth resident recounts history of astronomers' society

"A Union Made in Heaven" — A History of Amateur Astronomers Inc. 1949-1999" will be published in September. This 224-page book written by Roy W.S. Smith of Elizabethtown, a retired executive of Union County College, can be purchased by contacting Anita Glick, Amateur Astronomers Inc., Sperry Observatory, Union County College, Cranford, NJ 07016.

Amateur Astronomers Inc., which was founded on Nov. 14, 1949 in Roselle Park, is one of the largest and most active amateur astronomy organizations in the United States. AAI and Union County College jointly operate the William Miller Sperry Observatory on the College's Cranford campus.

"While recounting the growth of AAI, 'A Union Made in Heaven' is primarily about the people who provided strong and stable leadership that moved the organization forward with the evolving society and with the dynamic advances in the science of astronomy," Smith said. "It is about the men and women who ventured far and near to view and explore solar eclipses and comets, who conducted public viewing of the heavens for school children, senior citizens and those from all segments of the population, and who taught the public about the majesty and mysteries of the universe."

The history of AAI, Smith said, "reveals the triumphs and tribulations of a diverse group of men and women dedicated to the science of astronomy by fostering astronomical education, by providing incentives for astronomical observation and research, and by assisting communication among amateur astronomical societies." He added that it also reveals "the enduring relationship of a society dedicated to the promotion of astronomy and an institution of higher education (Union County College) dedicated to serving the community in cooperation with other agencies." Smith said the Amateur Astronomers Inc., a Union County College partnership, is truly "A Union Made in Heaven."

Amateur Astronomers Inc. met in Roselle Park, Union, Elizabethtown, Cranford and Plainfield before making its home at Union County College in 1961. AAI worked with the college, then known as Union Junior College, to design the William Miller Sperry Observatory built in 1967 with gifts from the late Mrs. Frederick Beinecke and William S. Beinecke, daughter and grandson of William Miller Sperry, a Cranford civic and business leader.

One of AAI's greatest achievements was the design, construction and installation of a ten-inch refractor telescope for the Sperry Observatory dedicated to the memory of Sam Melior, a long-time active member. Whether to build or purchase a 24-inch reflector telescope for the Sperry Observatory led to the greatest controversy in the 30-year history of AAI. The club decided to purchase the telescope, which was dedicated to Edward T. Pearson, a past president and trustee as well as a long-serving recording secretary.

AAI has gained an international reputation for its solar eclipse expeditions. It has sponsored such trips to Mauritania in 1973; Colombia in 1977; Canada in 1979; Kenya in 1980; Java in 1983; Petersburg, in 1988; Hawaii and Mexico in 1991; Bolivia in 1994, and Aruba in 1998. "A Union Made in Heaven" provides detailed accounts of the expeditions to Mauritania, Colombia, Java and Kenya.

Smith said AAI is also involved in such diverse activities as telescope making, mirror grinding, astrophotography, computing retinas to astronomical research, and extensive educational programs in astronomy, including many in conjunction with Union County College.

Smith, an honorary member of AAI, served on the Joint Observatories Committee comprised of AAI and Union County College representatives to operate the Sperry Observatory from 1967 to 1997. He retired in 1998 after a 41-year career with the college, including a 16-month stint as acting president. He is also the author of "The Remaking of a College: Union County College, 1982-1992," "Tomorrow's Community College" and "The Best of Both Worlds: A History of the Cooperative Nursing Program, 1971-1996."

REUNIONS

- Linden High School Classes 1950-1959 will have a reunion picnic on Aug. 28 at Memorial Park on S. Wood Avenue in Linden from 1 p.m. to dusk. For information, call Gail Hudak at (908) 862-4272.
- Abraham Clark High School Class of 1954 is planning a reunion for Sept. 18 at Roselle Golf Club on Raritan Road in Roselle. For information, call (908) 272-6243.
- Linden High School Class of 1939 reunion is scheduled for Sept. 15, at the Westwood in Garwood. For information, call All Eskta at (908) 486-8429.
- Bain High School Class of 1959 reunion is scheduled for Sept. 18 at the Westwood in Garwood. For information, contact Joanne Krizler Decker at (908) 241-9082.
- Arthur L. Johnson High School Class of 1969 reunion is scheduled for Oct. 9. For information, call Reunions Unlimited Inc. at (732) 617-1000.
- Cranford High School Class of 1973 reunion is scheduled for Oct. 9. For information, contact Reunions Unlimited Inc. at (732) 617-1000.
- Union High School Class of 1954 reunion is scheduled for Oct. 10. Contact UHS Class of 1954 Reunion, 250 Globe Ave., Union 07083.
- Class of '49 Thomas Jefferson High School of Elizabeth has completed plans for its 50th reunion, scheduled to be held in Atlantic City Oct. 13 and 14, will be hosted by the Trump Plaza Hotel and Casino and will include wives or companions. A 6 p.m. cocktail reception will be followed by a banquet, special program, live band and a special commemorative gift. Applications are available by calling Yko DeCesars at (908) 351-1691 or writing T.J. Class of '49 Reunion, 826 Garden St., Elizabeth, NJ 07202.
- Westfield High School Class of 1974 reunion is scheduled for Oct. 30. Contact Reunions Unlimited Inc. at (732) 617-1000.
- Thomas Jefferson High School in Elizabeth, Class of 1949 is planning a reunion for October in Atlantic City. For information, write to T.J. Class of 1949 Reunion, 826 Garden St., Elizabeth 07202.
- David Brearley Class of 1969 reunion is scheduled for November. Contact David Brearley High School, c/o Class of 1969, 401 Monroe Ave., Kenilworth 07033.
- Roselle Catholic High School Class of 1989 reunion is scheduled for November. For information, write to K. Russell-McGowan, 1 Cottage Place, 82 Madison, NJ 07940.
- Jonathan Dayton High School Class of 1949 reunion is scheduled for Nov. 5, 6 and 7. For information, contact Loraine Wagner Hildebrandt at (732) 270-6437.
- Cranford High School Class of 1979 reunion is scheduled for Nov. 6 at the Westwood in Garwood. For information, contact (908) 772-9556 or (203) 227-0187.
- Arthur L. Johnson High School Class of 1974 reunion is scheduled for Nov. 19. For information, contact Reunions Unlimited Inc. at (732) 617-1000.
- Summit High School Class of 1969 reunion is scheduled for Nov. 19. Contact Reunions Unlimited Inc. at (732) 617-1000.
- Governor Livingston High School Class of 1979 reunion is scheduled for Nov. 20. For information, contact Reunions Unlimited Inc. at (732) 617-1000.
- James Caldwell High School Class of 1979 reunion is scheduled for Nov. 26. For information, contact Reunions Unlimited Inc. at (732) 617-1000.
- Scott Plains High School Class of 1979 is scheduled for Nov. 26. Contact Reunions Unlimited Inc. at (732) 617-1000.
- Union High School Class of 1969 reunion is scheduled for Nov. 26. Contact Reunions Unlimited Inc. at (732) 617-1000.
- Union High School Class of 1974 reunion is scheduled for Nov. 26. For information, call Reunions Unlimited Inc. at (732) 617-1000.
- Union High School Class of 1989 reunion is scheduled for Nov. 26. For information, call Reunions Unlimited Inc. at (732) 617-1000.
- Westfield High School Class of 1989 reunion is scheduled for Nov. 26. Contact Reunions Unlimited Inc. at (732) 617-1000.
- James Caldwell High School Class of 1978 reunion is planned for Nov. 27. For information, contact Reunions Unlimited Inc. at (732) 617-1000.
- Summit High School Class of 1969 reunion is scheduled for Nov. 27. Contact Reunions Unlimited Inc. at (732) 617-1000.
- Westfield High School Class of 1980 reunion is scheduled for March 25, 2000. For information, call Reunions Unlimited Inc. at (732) 617-1000.
- Westfield High School Class of 1970 reunion is scheduled for April 7, 2000. For information, call (732) 617-1000.
- St. Joseph's School in Roselle Class of 1950 reunion is planned for May 2000. Contact Jane Geoghegan Burke at (732) 385-7363, Al Hassa at (203) 747-8396 or George Schimdtbauer at (908) 432-9818.
- Union High School Class of 1990 reunion is scheduled for June 10, 2000. For information, contact Reunions Unlimited Inc. at (732) 617-1000.
- Union High School Class of 1940 reunion is scheduled for July 13, 2000. For information, contact Evelyn Steudle Borshay at (407) 647-8119.

America's favorite 'auntie' to grace the stage at Paper Mill

Paper Mill Playhouse is proud to open its 1999-2000 millennium season with "Mame," the musical comedy classic with music and lyrics by Jerry Herman, and book by Jerome Lawrence and Robert Jones and choreographed by Michael Luchiefeld, begins performances Sept. 8 and runs through Oct. 24.

Based on the novel "Auntie Mame" by Patrick Dennis and the play by Lawrence and Lee, "Mame" follows the antics of a madcap flapper who unexpectedly inherits the guardianship of her ten-year-old nephew. Since the debut in 1955, Mame has become one of the most unforgettable and cherished fictional heroines of the most unforgettable and cherished fictional heroines of the 20th century, rarely has a weak one by without the play or musical being performed somewhere in the world.

"I honestly think that 'Mame' is a forgotten treasure — it's a star vehicle, so it requires a very special leading lady — and Christine's ready for it," says Artistic Director Robert Johnson, regarding actress Christine Ebersole.

The production will also feature Tony Award-winner Kelly Bishop as Vera Charles, Sandy Rosenberger as Agnes Gooch, Paul S. Jacano as Patrick Dennis, age 10, Dan Schiff as Beauregard Jackson Pickett Burnside, Tony Romero as Igo, Danette Holden as Gloria Upson and Ken Barnett as Patrick Dennis, age 19-29.

Scenic design for "Mame" is by Michael Anania, costume design by Dagvid Murin and lighting design by F. Mitchell Dana.

"Mame" originally opened at Broadway's Winter Garden Theatre in 1956, starring Angela Lansbury, winning the first of four Tony Awards as Best Actress in a Musical; Beaulieu Arthur, Tony Award; Jane Cornell, Frankie Michaels, Jerry Lansing, Willard Waterman and Sab Shimono. Gene Saks directed, with Onna White choreographing. The production ran 1,508 performances.

Herman's score includes such gems as "We Need a Little Christmas," "Bosom Buddies," "If He Walked Into My Life," "My Best Girl" and of course, the rousing title tune.

The Paper Mill production will also feature Hayes Bergman, Stanley Bojarski, Susan Cella, Peter Cormican, Danette Holden, Jennifer Howard, Peter Hux, Eric H. Kaufman, Matt Lashey, Sara Lepore, Mark Mackay Lusk, Melissa Rae

Mahon, Marianne Marlin, William McCauley, Regina O'Malley, Jody Reynolds, Marian Steiner, Laurie Sordermeyer, Erin Swanson and David Titus.

Herman is an American musical theater icon. He first burst onto the Broadway scene with "Milk and Honey" in 1961, followed by "Hello, Dolly!" in 1964, which won a record-breaking ten Tony Awards including Best Musical. "Mame" won three 1966 Tony Awards. In 1968 with "Dear World," he was one of the few composers/writers to have three musicals running on Broadway simultaneously. Herman continued his Broadway career with "Mack & Mabel" in 1974 and "The Grand Tour" in 1979. He also contributed songs to "A Day in Hollywood/A Night in the Ukraine," "La Cage Aux Folles" won the 1984 Tony for Best Musical. "Jerry's Girls," a revue of his life's work, has played to acclaim on Broadway and around the country. An award-winning revival of "Mack & Mabel" recently played in England. In the spring of 1999, Jerry received a Special Tony Award for Lifetime Achievement, in addition making his Broadway debut in "An Evening with Jerry Herman." He is currently writing a new musical, "Miss Spectacular," that will have a 2001 premiere in Las Vegas.

For over 50 years, the works of Jerome Lawrence and Robert E. Lee have included: "Look Ma, I'm Dancin'!" "Inherit the Wind," "Auntie Mame," "The Gang's All Here," "Only in America," "A Call on Kuprin," "Diamond Orchid," "Mame," "Dear World," "The Incomparable Max," "The Night Thoreau Spent in Jail" and "First Monday in October."

Ebersole has previously appeared at Paper Mill in "Paper Moon" and "Shenandoah." Her Broadway credits include "Getting Away With Murder," "The Ziegfeld Follies of 1936," "Lady in the Dark," and "Allegro" at City Center Encores; "Oklahoma!," "Camelot," "On the 20th Century," "Harrigan in Hart," "I Love My Wife" and "Anged Street." Television credits include "Ink," "One Life to Live," Emmy nomination; "Saturday Night Live," and "Gypsy."

Bishop makes her Paper Mill debut as Mame's "bosom buddy" Vera Charles. Bishop won a 1976 Best Featured Actress in a Musical Tony Award for her performance as Sheila in "A Chorus Line." Bishop recently appeared in the George Street Playhouse production of "Inspecting Carol." Paper Mill audiences might remember that before Kelly changed her name from "Carol" she appeared in the 1976 production of "The Merry Widow."

Class of 1974 reunion is scheduled for Oct. 9. For information, call Reunions Unlimited Inc. at (732) 617-1000.

Class of 1973 reunion is scheduled for Oct. 9. For information, contact Reunions Unlimited Inc. at (732) 617-1000.

Class of 1954 reunion is scheduled for Oct. 10. Contact UHS Class of 1954 Reunion, 250 Globe Ave., Union 07083.

Class of '49 Thomas Jefferson High School of Elizabeth has completed plans for its 50th reunion, scheduled to be held in Atlantic City Oct. 13 and 14, will be hosted by the Trump Plaza Hotel and Casino and will include wives or companions. A 6 p.m. cocktail reception will be followed by a banquet, special program, live band and a special commemorative gift. Applications are available by calling Yko DeCesars at (908) 351-1691 or writing T.J. Class of '49 Reunion, 826 Garden St., Elizabeth, NJ 07202.

Westfield High School Class of 1974 reunion is scheduled for Oct. 30. Contact Reunions Unlimited Inc. at (732) 617-1000.

Thomas Jefferson High School in Elizabeth, Class of 1949 is planning a reunion for October in Atlantic City. For information, write to T.J. Class of 1949 Reunion, 826 Garden St., Elizabeth 07202.

David Brearley Class of 1969 reunion is scheduled for November. Contact David Brearley High School, c/o Class of 1969, 401 Monroe Ave., Kenilworth 07033.

Roselle Catholic High School Class of 1989 reunion is scheduled for November. For information, write to K. Russell-McGowan, 1 Cottage Place, 82 Madison, NJ 07940.

Jonathan Dayton High School Class of 1949 reunion is scheduled for Nov. 5, 6 and 7. For information, contact Loraine Wagner Hildebrandt at (732) 270-6437.

Cranford High School Class of 1979 reunion is scheduled for Nov. 6 at the Westwood in Garwood. For information, contact (908) 772-9556 or (203) 227-0187.

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By ToniAnn Antonelli
Staff Writer

If you have an appetite and a craving for the biggest juiciest steaks around, Alexis Steak House and Tavern on Route 22 in Mountainside is just the place you're looking for.

Home of the 24-ounce Delmonico and New York sirloin steaks, Alexis offers high-quality meals at very reasonable prices. The friendly service and atmosphere are also very pleasing from the attentive servers to the bright, cheery dining rooms.

Upon entering the dining room, my dining companion and I felt instantly at ease. Several well-spaced tables adorned with red-checked tablecloths offer plenty of elbow room within the large dining room, which is located several feet away from the bustling bar area. A second dining room, generally reserved for smokers is slightly more intimate, yet offers the same bright, roomy atmosphere.

All diners at Alexis begin with a complimentary bowl of pickles, cherry peppers and fresh cut health salad, which is light and cool and resembles cole slaw.

Diners are then invited to try on of the restaurant's tasty appetizers such as gooey mozzarella sticks, golden chicken fingers and tangy buffalo wings. My companion and I sampled the onion flower, which consisted of a large onion, flamed out to resemble a flower, then battered and fried to sweet crisp perfection. It was served with a dipping sauce that was so tasty, I would have gladly poured it over everything I ate. I also focused on a bowl of hearty french onion soup. The crock of sweet french onions came covered in bubbling mozzarella and Swiss cheese.

For the main course, I selected Alexis' famous 24-ounce Delmonico steak, which was accompanied by a hot baked potato. The unbelievable large, juicy piece of meat was seasoned with a special blend of mild spices and then grilled to perfection. Too far into beef nirvana to think about my cholesterol level, I attempted to eat as much of the steak as possible — no easy task. But given the generous portions served at Alexis, I still had enough food to take home.

My dining companion decided to try Alexis' thick meaty ribs, smothered in a tasty barbecue sauce.

The tavern at Alexis steakhouse, which serves various appetizers, often at discounted prices, is also a wonderful place to kick back and relax after work and on weekends. Happy hour is from 4-7 p.m. on Sunday, Monday, Tuesday and Friday.

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Arts center season to begin during arts, humanities month

Earlier this year, the Union County Arts Center, Rahway's beautifully restored 1928 theater, announced that ticket sales had jumped 248 percent since 1997. In response, the arts center has re-doubled its efforts to bring major stars to central New Jersey for the coming season.

The Union County Arts Center is housed in the former Rahway Theatre, a classic silent film palace that opened its doors on Oct. 16, 1928. Kicking off its eighth decade of programs, the Union County Arts Center welcomes legendary vocalist Al Martino on Oct. 2. Though he had major hits with "Spanish Eyes," "Volare" and others, it may be as Johnny Fontaine in the "Godfather" films that the public knows Martino best.

On Oct. 23, the arts center brings back 50s and 60s supergroups, Billy Guy's Coasters, The Drifters and The Platters. This show, which sold out at the center in 1997, is sure to be a big favorite with audiences as well, as the groups sing hits from "Yakety Yak"

and "Poison Ivy" to "Under the Boardwalk" and "Smoke Gets in Your Eyes."

The Headliner series, sponsored in part by Comcast Digital Cable, continues Nov. 13 with R&B diva Roberta Flack, and Dec. 3 with Country superstar Kathy Mattea. With songs like "Killing Me Softly With His Song" and "The First Time Ever I Saw Your Face," Flack's reputation as a major force in R&B, pop and dance music was reignited with The Fugee's recent number-one remake of "Killing Me Softly."

Mattea's Grammy and Country Music Award-winning style has brought "Love at the Five and Dime" and "Eighteen Wheels and a Dozen Roses" to audiences worldwide.

Three Dog Night had more top 10 hits than any other artist between 1969 and 1974, and on April 15, they will be bringing "Joy To The World" and "Old Fashioned Love Song," among others, to the Rahway theater. Finally, the 1999-2000 Headliner

Series comes to an end May 6 as Las Vegas superstar Wayne Newton performs at the Union County Arts Center. Star of stage, screen and the music world, Newton will be bringing his special brand of entertainment to the big season finale.

Theatergoers will be treated to a revival of the hit Broadway musical "Man of La Mancha." This imaginative and mesmerizing musical tells the tale of Don Quixote, his journey through the Spanish countryside, his battles with giants and other adventures. The score features the hit song "The Impossible Dream" as well as "To Each His Dulcinea" and "I, Don Quixote."

Family audiences will be entertained throughout the season with a variety of programs. Scholastic's "The Magic School Bus" makes a stop in Rahway on Oct. 30 for two performances of "A Bright Idea," their brand new story. Ms. Frizzle and all of her friends try to solve the mystery of a ghost in the theater.

Nov. 7 brings the return of childhood favorite "Winnie the Pooh" in a fun-filled musical celebration. "101 Dalmatians" invade the Union County Arts Center on Jan. 9 for two performances of fun-filled adventure.

On March 11, "Jack and the Fire Dragon," a celebration of folk stories from around the Americas takes over the arts center. As a special Family Week event, get one free child's tickets with every adult ticket purchased for "Jack and the Fire Dragon." Rounding out the Family Series for 1999-2000 is a new musical version of "Black Beauty." Anna Sewell's classic story of Black Beauty, Merrielys, Ginger and their friends.

Fans of classical music will be thrilled by the Rahway debut of the Vienna Choir Boys on Dec. 17. This year marks the second year of the Westfield Symphony Orchestra as the resident orchestra of the Union County Arts Center, and will celebrate with three separate performances on Oct. 9, Feb. 12 and April 1. Join the Plain-

field Symphony for its first UCAC appearance on Nov. 21, and The Orchestra of St. Peter, and The Sea makes its annual pilgrimage to Rahway for its Rahway Hospital Foundation benefit on Dec. 8.

A new program this year is the Union County Arts Center's Daytime Diversion series, weekday matinees designed for mature audiences. They offer opportunities for senior groups to use as fund-raisers, outings or just pure entertainment. On Nov. 9 "The Last Swing of the Century" — a celebration of The Ink Spots, Guy Lombardo's Royal Canadians and the music of Benny Goodman — makes an appearance at the Union County Arts Center. On Feb. 7, The Glenn Miller Orchestra pays a visit to the arts center. These performances have been priced reasonably, and are available as a package for bus trips.

In addition, the classic film series will return this season, in addition to a number of other special programs or events. Call for more information on

any of the programs, or to receive a season brochure, at (732) 499-8226. The Union County Arts Center, a not-for-profit corporation dedicated to presenting the best in the performing arts, is located in the recently restored Rahway Theatre, a 1928 vaudeville and silent film house in downtown Rahway. The arts center is handicapped accessible, and listening devices are available to patrons upon request.

Major support for the arts center and its programs comes from the City of Rahway, Merck & Co., the Board of Chosen Freeholders of the County, Comcast Digital Cable of Union and the Rahway Savings Institution.

In addition, tickets will be available online this season through the Web site at www.uccac.org, and through ETM Ticket Kiosks located in the Menlo Park Mall and Edwards Supermarkets.

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Regional orchestra continues commitment to arts education

Maestro Masal and the NJ Symphony Orchestra will record their fifth CD on the Decca International label in October 1999. The recording will be a double CD that will include Dvorak's "Requiem" featuring the Westminster Symphony Choir, and Dvorak's Symphony No. 9, "From the New World." The recording sessions will take place at the New Jersey Performing Arts Center and the CD is slated for release in spring 2000.

The NISO continues its commitment to the next generation with a variety of programs. Each year, approximately 50,000 schoolchildren throughout the state experience the NISO's Young People's Concerts — programs that bring students to the NISO in many different performing venues. The program includes two sets of concerts: the fall's Young People's Concerts, which will feature NISO Associate Conductor David Comanday leading the orchestra in music of Dvorak with emphasis on the American influence on his music in a program titled "Dvorak in America," and the spring's Spotlight Concerts, which will feature the Magic Circle Mime Company who will help bring the music of Mozart to life in "The Mozart Experience."

The NISO will continue its highly successful Master Teacher Collaborative program. This program recognizes excellence in teaching by identifying teachers, enlisting them in an expanding network and asking them to share their skills by creating multi-disciplinary lessons for distribution to teachers who bring their students to NISO performances.

The NISO's Young Artist Auditions will be celebrating its 25th Anniversary in 1999-2000. The Young Artists Auditions identify the most gifted and accomplished young musicians in the state, and concludes with four finalists performing at a gala public performance with the full orchestra. The 2000 YAA finals will take place April 9, 2000 at 3 p.m. in Prudential Hall at NIPAC. The winner of the auditions will perform with the orchestra during the 2000-2001 season. The Greater Newark Youth Orchestra is an orchestra training program which

provides musical performance opportunities for talented young people in and around Newark. The players are coached by members of the NISO and are led by NISO Associate Conductor David Comanday. The GNYO performs two concerts annually.

The NISO educational programs are supported by the Geraldine R. Dodge Foundation, the Frank and Lydia Bergen Foundation, the Turrell Fund and the Victoria Foundation. For more information on the NISO education programs, contact Judith Nachison at (973) 624-3713, ext. 216.

Less than one year old, the NISO Community Chorus, under the direction of J. Donald Dumpson, has proven itself to be a versatile ensemble. The Chorus Women will be featured in Holst's "The Planets" with conductor Sergiu Comissiona, and the full chorus will join the Pro Arte Chorus in Mahler's "Resurrection Symphony" and will perform with the NISO on the Orchestra's Pops Series, soon to be announced. "I'm very proud of the chorus," said conductor J. Donald Dumpson. "After the successful performance of Hamibal's 'African Portraits' in November, I believe the future of this chorus to be unlimited."

The NISO is proud to continue to execute its REACH program — Resources for Education and Community Harmony — during the 1999-2000 season. REACH allows NISO musicians, individually or in small groups, to broaden the impact and service of the symphony to New Jersey in a variety of educational, community service and outreach activities.

The NISO plans to offer bus service to performances at the NIPAC from the following locations: Maplewood, Millburn, West Orange, Westfield and Summit. The NISO will also provide bus service for large groups from additional locations. For more information on bus service, contact Carol Schaffer at (973) 624-3713, ext. 214. For group sales contact the NISO Group Sales Hotline at (973) 624-3713, ext. 247.

The NISO has updated its Web site once again to include the announcement of

its 1999-2000 season. The site, noted by New Jersey Monthly magazine as "Web site of the month" — December 1998, has an all-new look with many exciting features such as: complete program and subscription information, monthly musical trivia, sound samples of NISO recordings, conductor and musician profiles, program notes, links to many other interesting classical music sites, detailed information on NISO education programs and much more. You can visit the NISO's Web site at www.njsymphony.org.

Concord Singers invites women to join the chorus

Rehearsals will be underway Sept. 13 at 7:30 p.m. at St. John's Lutheran Church, 387 Springfield Ave., Summit, as the Concord Singers begins its fall season. Women of all ages and musical backgrounds are invited to join. On May 23, 1999, the Concord Singers presented its second annual Choral Arts Award to a qualifying student who achieved excellence in the musical and volunteer arena. They send out a special welcome to high school and college students to join this season. Concord Singers will focus primarily on the preparation of Vivaldi's "Gloria" in collaboration with The Newark Boys Chorus School Apprentice Chorus, and under the direction of Michael Sanfilippo, on this piece. As a non-auditioning chorus, they are committed to working together to develop and nurture the talents of individual and the group. The holiday concert will take place on Dec. 18. For more information on membership, contact Janet Murphy at (908) 276-1494.

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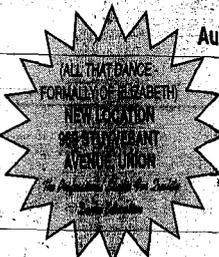
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FOR INFORMATION CALL 608 680-8822

County vocational school still has space in fall session

There is still room for more students in the myriad of full and part-time, day and evening courses being offered by the Union County Vocational-Technical Schools as they begin their operational year.

The fall semester will get underway with the opening of the day session on Sept. 8. The Division of Continuing Education's evening classes start Sept. 13. Patrick Mauro, director of curriculum and instruction, points out that the Day Session provides skill-training in a wide variety of occupations. The Auto Technology Program, with its ASE, Automotive Service Excellence, certification, has been highly receive as has the Building

Trades Cluster. The Culinary Arts and Baking Programs have won numerous honors, and garnered praise from many quarters throughout the years.

Other popular programs are air-conditioning, heating and refrigeration technology, drafting and design, machine technology, electrical technology and electrical technology. Twilight Culinary Arts is for adults who seek professional training in the area of food service.

One of the new programs coming this fall is telecommunications technology. This offering will help prepare students for a high-tech career installing, trouble-shooting and diagnosing telecommunications equipment.

Most daytime classes are for adult tuition participants as well as high school students who wish to attend the vocational-technical schools on a shared-time basis.

According to John Crowley, director of Adult Education, a variety of new offerings has been added to the adult evening sessions. They are an adult cosmetology course meeting from 12:30 to 6:30 p.m., expanded auto technology classes that include state certificate programs in emissions technicians education program, New Jersey inspector training, and the New Jersey specific informational course.

Various New Jersey State licensing preparation courses are also available.

Among them are Barbering for the N.J. Cosmetology/Hairstyling License; Cosmetology; Manicuring; Nail Technology; Black Seal Boilers; Waste Water Technology plus others.

The Adult Evening School also offers introduction classes in Microsoft Word and Excel as well as Windows 95-98. A computer repair course is offered for those individuals who desire in-depth instruction on the how and why a computer does what it does and how to make simple repairs and upgrades.

Day session registration is daily from 9 a.m. to 4 p.m. in Baxel Hall at the UCVTIS Scotch Plains Campus,

1776 Raritan Road. Mail registrations also will be accepted. For full details call the day session Office at (908) 889-2999.

Registration for adult evening school, also in Baxel Hall, will be from 10 a.m. to 3 p.m. on Monday through Thursday and Aug. 30 and 31 from 2 p.m. to 5 p.m. and again from 6:30 p.m. to 8 p.m. on Sept. 7, 8 and 9.

Registration can also be done via fax or by mail. The UCVTIS Adult Education Bulletin contains full details. To be placed on the mailing list or to gain more information, call the Adult Education Office at (908) 889-2914 or 2922.

Benedictine Academy sends two to Notre Dame

Sister Germaine Fritz, development director of Benedictine Academy, Elizabeth, and Sister Ursula Butler, a member of the academy's board of trustees, participated in a Certificate Program sponsored by Catholic

School Management Inc. at the University of Notre Dame, Indiana.

Approximately 134 professionals from around the country participated in the four-day workshop. Both sisters attended the Graduate Program in

Development, conducted by Steven Vergadano of CSM. Other workshops offered in the Certificate Program were Administration, Finance, Recruitment and Guidance. Seminars gave opportunities for participants to

work in teams, to develop useful documents and to learn from one another. The common thread for all in attendance was the development of excellent secondary and elementary Catholic schools.

Catholic School Management is an organization with whom Benedictine Academy has had a grant for consultative services for the past two years.

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Dance, performing arts school will offer registration

La Danse School of Performing Arts, 10 N. Wood Ave., Linden, has been a name well known in the city for more than 20 years. La Danse has always been more than just a dance studio offering excellent instruction in all areas of dance and fitness.

A community involved studio, the students have performed in nursing homes, cultural festivals and recently at the Senior Quarters assisted-living

residence in Cranford, bringing joy to all who see them perform.

Tina Soci, director, credits the success of her school to the excellent staff on board. "I feel each and every student deserves the best dance education possible, so I bring the finest fully-certified teachers to insure that all of our students learn the latest dance techniques as well as proper placement and body alignment."

"After 20 years, I have found what

the students need and enjoy and try my hardest to accommodate them."

The LaDanse competition teams proved successful by winning gold and platinum awards and finishing in the top of their categories at the Star Power competition in McAfee in May. Felicia Rembert of Railway was chosen out of hundreds of students to travel with Power Pak tour in Brunson, Mo. and Las Vegas, Nev. Learning new techniques from all the dance

masters on the tour and performing in the Battle of the Stars. Daniel Vaniska of Linden competed in the Star System and the top soloist award out of 250 competitors.

Curriculum at La Danse includes classes in ballet, pointe, tap, jazz, lyrical, acro-gymnastics, kindredance, combo classes, hip hop, creative movement for tots and competition teams. Class size is limited to all students are guaranteed personalized

instruction. Dress codes are strictly enforced to ensure proper attention to technique as well as allowing teachers to properly assess body alignment.

Boys' classes have become very popular and are offered in tap, jazz, acro-gymnastics and hip hop.

Registration for all classes will be Aug. 26 and 27 from 4 to 8 p.m., Aug. 28 from 10 a.m. to 2 p.m. and Sept. 3 from 4 to 8 p.m. Classes begin Sept. 8.

Vo-tech schedules cosmetology course for fall semester

For the first time since they first opened, the Union County Vocational-Technical Schools will be offering a full-time Cosmetology course for adults wishing to enter or further themselves in that popular profession. It will be one of the wide variety of fall and part-time courses available in the fall semester which begins on Sept. 8.

Cosmetology is an art and a science involving studies of the skin, hair,

scalp and nails. The curriculum is designed to meet the examination requirements of the New Jersey State Board of Cosmetology. The course includes special state-of-the-art classroom training provided by video of manikins, demonstrations and live models in related services.

Training consists of hair analysis, physical and chemical effects of shampoos, rinses, use of hair and scalp conditioning treatments, the art

of finger-waving, setting and styling of hair with sculpture curls, rollers and use of thermal irons, selecting hairstyles to suit physical features of patron or current styling trends adapted for the individual, shaping hair with scissors, razor, plus quick-service styling using blow-dryer and curling iron. Application of temporary hair color plus lightening and toning of the hair, curling hair with chemicals, alkaline and acid waves

plus heat-activated permanents are also covered. Other study areas are chemically relaxed hair treatments, application of makeup for facial types, manicuring, hand and arm massage, styling wigs and hairpieces along with business management. The ethics of cosmetology, related chemistry, anatomy and physiology, sanitation and sterilization are also in the curriculum.

Those wishing to obtain full details

regarding the Cosmetology course, which will be conducted in the state-of-the-art facilities at the UCVTs Raritan Road campus in Scotch Plains, should call the Admissions Office at (908) 889-2999.

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• Wed., Sept. 8, 6-8 pm • Thurs., Sept. 9, 9-6 pm

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ARTS BACK TO SCHOOL



Students from The Academy of Music in Rahway were recognized for achievement in various music categories in piano, accordion and voice.

Music students merit awards

Students from The Academy of Music were awarded trophies for various music categories in piano, accordion and voice, sponsored by the Accordion Teachers Association of New Jersey. The studio is under the direction of Diane Squillace and is located in Rahway.

First row: Sarah Marable, third place voice; Jasmine Woodson, second place voice; fifth place piano; Nicka Alcoriza, second place and fourth place piano; Shari Eblime, first piano.

Second row: Ana Gasmena, first place voice, pop and classical; Kristen Nagy, first place piano; Courtney

Edgington, fifth place piano; Marisa Lau, second place piano; Vikki Strawa, second place voice.

Third row: Elizabeth Piccirilli, third place piano; Claudio Venancio, second place piano; Kathryn Korintus, third place piano; Ysabelle Flores, third place piano; Anne Perera, second place piano; Sayuri Jinadasa, fourth place piano; Jason Vieira, fifth place piano.

Fourth row: Leonard Mendoza, first place piano; Andrew Deutchman, second place accordion; Angela Minnoli, third place Talent Show award and fifth place piano; Casey Albrecht, fourth Talent place piano; Alyssa

Alcudia, second place piano; Jessica Frabiale, fifth place piano.

First place: Anthony DePaolo, Kristina Genova, Jenette Palmer, Elizabeth McCarthy.

Second place: Wintha Julien, Jamine Richard.

Third Place: Shenelle Sriwardena, Maria DePaolo.

Fourth Place: Mendel Julien, Ryan Gillespie, Aaron Enrique, Elizabeth McCarthy.

Fifth Place: Jessica Dayon, Yamine Richard, Katherine Paris.

Talent Showcase: Fourth place, Shenelle Sriwardena.

All That Dance incorporates, relocates studio

Professionalism is the key at the "A.T.D. Dancers," now at its new location, 969 Stuyvesant Ave. in Union. Celebrating their 18th season, the studio, formerly All That Dance in Elizabeth, has incorporated their business for future projects and therefore has a new name and location.

"Our school makes the difference with certified and dedicated instructors. We are committed to offering our students the finest technique and quality instruction along with a devotion and love for dance," stated Michele Salvanto-Kowalski, director of the school. "Each student is given every opportunity available to excel. Great care and individual attention is focused during class nurturing the abilities of our students to their fullest potential. We open the door to your child's hidden talents. We do have annual performances, however training is our number-one priority. Therefore, all dance routines are not given until the student has mastered the technique on his or her grade level. On the whole, our school teaches the student to develop poise, grace, rhythm, self-confidence and respect for their art whether or not they pursue a professional career or do it just for fun," added the director.

Curriculum at the studio includes ballet, tap, jazz, pointe, lyrical, acro-gymnastics, movements for tops, hip-hop, boys tap, boys hip-hop, acro-gymnastics, aerobics and adult classes. Every student is offered the chance to further their education with workshops in New York, guest teachers, trips, parades, community events and statewide functions.

The studio is home base for the A.T.D. Dancers International Show Troupe, U.S. National Dance Championships since 1984, and have been showcasing their talents to thousands in Europe and the Caribbean. Invitations to perform have been earned by their outstanding routines and showmanship. Past performances in Russia, Italy, California, the Carnival Cruise Line through the eastern Caribbean, the Royal Caribbean Cruise Line throughout the western Caribbean, the Miami Orange Bowl Half Time show and the 1999 Women's World Cup Soccer Opening Ceremonies have enriched their lives in so many ways. The team is made up of 19 members, all of whom contribute equally to its success. Their recent



Members of the A.T.D. Dancers International Show Troupe, from left, front row are Erika Cortizo, Tiffany Avila, Ashley Tavares, Crystal Bermudez, Middle row, Lauren Body, Jennifer Gonzales, Nora Gwathney, Jackie Gvas. Back row, Nicole Grzywaca, Shakirah Wilkins, Yavonia Wise, Djuna Gwathney, Nedere Carraway, Melissa Leon.

attendance at the Star Power National Talent Competition in Maryland this summer proved to be a rewarding venture.

They received gold for all their routines and placed second in the tap category, third in the ballet category and third in the jazz category. They are continually recognized as talented performers wherever they travel. They have already received invitations to perform in Australia, Hawaii and on the Norwegian Cruise Line in the summer 2000. The team continues to compete throughout the U.S., but performing is their top priority.

They are always available to perform at local nursing homes, school events and charities. "As you can see, there is always excitement at the A.T.D. Dancer. Whether you are a beginner or advanced student, we will strive for excellence and our popular reputation speaks for itself," concluded the director.

Registration will be held Aug. 27 from 6 to 8 p.m., Aug. 28 from 10 a.m. to 1 p.m., Sept. 2 and 3 from 6 to 8 p.m. and Sept. 7 from 6 to 8 p.m. Classes begin on Wednesday, Sept. 8. For a free brochure, call (908) 688-8822.

Adult school helps dropouts earn diplomas

When the Union County Vocational-Technical Adult High School first opened its doors in September 1995, it had been anticipated only about 30 persons who had not completed requirements for a secondary-school diploma would be enrolled.

Instead, when classes began, 87 Union County residents had been accepted into the unique program at the Raritan Road Campus of the Union County Vocational-Technical Schools. Since that time, more than 1,000 men and women, 16 years of age and older, have availed themselves of the opportunities at the

Adult High School. Over 200 have completed the program and received their secondary-school diplomas.

More than 180 full-time and 30 part-time students will be enrolled when the fall semester begins Sept. 13. The school operates year-round with three regular semesters and a summer intersession. Classes are Mondays through Thursdays from 3 to 6:30 p.m.

According to John Crowley, director, the purpose of the Adult High School is to encourage dropouts to re-enroll and actively pursue a secondary-school diploma in a setting suited to adults with a curriculum geared to

their specific needs. Past earned credit is awarded for both academic achievement and life experience.

Crowley said the vocational-technical schools are providing a vehicle for reducing the number of individuals without a high school diploma while furnishing training and job-readiness skills for those adults in need. Emphasis is placed on academics as well as technical training. The program is fully endorsed by the state.

Full details about registration and participation in the Adult High School as well as applications procedures can be obtained by calling Crowley at (908) 889-2904.

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learn Windows and Word, to the accounting department that needs Lotus or Excel, we have a variety of classes to meet any individual's needs," he said.

PC Ed's current course schedule boasts more than 80 different one-day classes that are offered at their four locations in Clifton, Roseland, Princeton and their Cranford headquarters.

In addition, PC Ed is the exclusive computer trainer for the top professional associations of New Jersey. These associations include The New

Jersey Society of Certified Public Accountants, the New Jersey State Bar Association, the American Institute of Banking of New Jersey, the New Jersey Institute for Continuing Legal Education and the University of Medicine and Dentistry of New Jersey in Newark.

For more information about course topics, schedules and the 50-percent off Corporate Plan, call PC Ed at (908) 276-8866 or visit the web site at www.pcened.com.

Speech center uses technology to help kids

Fast Forward, a computer program using state-of-the-art technology, was just featured in the edition of Time magazine and by CBS and NBC news.

Suburban Speech Center in Short Hills has had more than 300 children, from age 4-17, go through the program for one hour, 40 minutes a day for approximately six weeks. The children at the center showed improvements of one and a half to three years of speech processing and language ability in this short-time period.

Children who have benefited include those with language difficulties, reading problems and auditory processing disorders.

Suburban Speech Center was just awarded the 1999 President's Award for Excellence. This award is presented by the New Jersey Speech-Language Hearing Association to programs with a history of exemplary practice. The center also received the statewide award "Program of the Year" from the New Jersey Speech-Language Hearing Association for its

outstanding speech-language therapy services.

Suburban Speech Center has been helping children with speech-language disorders for more than 25 years in South Orange. The center relocated to Short Hills one year ago and is now located on Morris Turnpike in Short Hills.

For more information regarding services provided at Suburban Speech Center, call Nancy Polow at 921-1400.

Priadka is right choice for dance school

When it comes time to teach your child the technique of dance, the Maria Priadka School of Dance in South Orange offers the perfect combination. The all important personal touch and the knowledge of the dance is what makes them the right choice in dance schools. Stop in and look around. The facility is in the heart of South Orange Village at 50 South Orange Ave. in South Orange. Staff members will be glad to explain the full range of dance programs for 3-year olds to adults.

The Maria Priadka School of Dance is starting in 27th year under the direction of Maria Priadka and a staff of experienced and dedicated teachers. Priadka and her staff have been teaching dance to students of all ages, featuring classes in early childhood, elementary, middle school and high school dance. Subjects taught are ballet, tap, jazz, gymnastics and African.

A special feature in childhood dance training includes ballet, tap and gymnastics. Stretching, turning, leaping and movement to music for children is considered a highly effective and fun learning experience. It is designed to strengthen muscles that will be required for good dance technique

whether it is for formal ballet, tap, jazz or gymnastics or just for perfect coordination for daily living. The benefits of early dance training will stay with children always.

Grade school children and teens are introduced to some of the more formal aspects of dance through "basic barre work" in ballet, tap, jazz, gymnastics and African dance.

The school has classes geared to the convenience of parents and students, with classes weekdays, evenings and Saturdays.

The Maria Priadka School of Dance always has a year-end recital in which all the students perform. A year-end recital is important because it gives students something to strive for. It gives the child with low self-esteem the chance to feel beautiful and the shy student the chance to perform in front of an audience.

The Maria Priadka School of Dance offers competition classes which have won numerous gold and silver awards.

The school has an excellent and professional staff headed by Priadka. Priadka, director of the school, is a graduate of Dance Educators of America Teachers Training School

and a member of DEA, an organization which ensures ethical practices and provides modern methods in the teaching of dance. She is certified to teach by the Dance Masters of America, of which she is also a member. She is a member of the American Alliance for Health, Physical Education, Recreation and Dance; International Dance and Exercise Association and the National Association for Human Development. A graduate of Montclair State University, she specialized in early childhood education. Priadka was on the adjunct faculty of Essex County College.

The entire staff is comprised of trained, conscientious and talented professionals whose goal is to present each student with the best in dance education and to share fun, joy and love of dance.

The immaculate facility, expert instruction and carefully designed graded program will help children develop right before their parents' eyes and the benefits of early dance training will stay with them always. Dance will help them develop self-confidence, grace, poise and special awareness of the body's importance. They're all part of the dance experience.

Early registration is encouraged to ensure best class time selections. The new season begins with special in-person registration today, Tuesday and Sept. 2 and 8 from 5-8 p.m. and continues through the month of September. Fall classes begin Sept. 8. For more information and a free brochure, call 762-7709.

Workshop to feature resume writing

In the Community Education Workshop series offered by Women for Women of Union County, Carollee Marano, president of The Write Stuff resume and writing services, will speak on conventions and techniques for preparing a successful employment resume in the Community Room of the Westfield Municipal Building, 425 E. Broad St., Sept. 7 at 7:30 p.m.

"An outstanding resume," said Marano, "will open the door to more interviews, create a favorable and competitive first impression, and help

organize and prepare you for the interviewing process." Marano, previously an assistant vice president in International Banking, has been preparing resumes for seven years. She has produced resumes for positions in numerous fields, at all levels.

She has also lectured previously for Women for Women, and for the Westfield "W" on his topic. In this workshop, Marano will provide the basics for resume format and content, enhanced with helpful visual aids. Information packets, including a summary of the lecture, sample resume

formats, power verb lists and interviewing tips, will be distributed to each attendee. Women and men are all welcome to attend.

Women for Women of Union County, headquartered at 511 North Ave., Garwood, is a non-profit agency offering short-term, low-cost individual counseling and self-help support groups for women undergoing transitional or developmental crises in their lives. If interested in joining or to obtain more information, call (908) 232-5787.

White prepares for new year of dance

Bette White, former Radio City Music Hall Rockette and Corps de Ballet, said "If you love, dance you'll pass it on."

A very nostalgic moment for White was when some of her former students, who are now dance teachers or directors of their own dance schools, did an overview of tap tunes with her in 1999.

The Bette White school teaches ballet, tap, jazz and special private ballroom with Ricky Fernandez, former director of the Ricky and Veda Dance Studio of East Orange and South Orange.

For boys starting at age 6, there are special boys' tap classes. Senior adult tap classes are Thursday mornings. There will be a beginning group. The advanced group has performed at senior centers and nursing homes.

Pre-school Creative dance starts for children ages 3 1/2 to 4 years of age on Tuesday nights. Tuesday and Sept. 2 and 8 from 5-8 p.m. and continues through the month of September. Fall classes begin Sept. 8. For more information and a free brochure, call 762-7709.

Students Samantha Lakin, Maia Clinotta and Elizabeth Millhim attended the National Association of Dance workshop at the Westin Hotel in Morristown July 9 and 10. White is a vice president and she taught a master tap class to teachers.

New to the staff this year is Yolanda Romano, who has been a student of Bette White and Kathy Thomas for 12 years. She has performed in dance competitions and studied at Dance Master of America and National Association of Dance and Affiliated Artists workshops. Her gift for teaching has been evident as she has acted as a staff assistant and substitute teacher.

Also new to the staff is Julie Mullikin, who has a strong classical ballet-movement dance repertoire. Her most influential teachers were Oleg Sabline-Ballet and James Trullis — modern dance, Horton Technique. Mullikin has performed and danced professionally with several companies, such as the North Jersey Ballet Company, Dover, was a soloist with the Southern Tier Civic Ballet and The Tri-Cities Opera Ballet Company

of Binghamton, N.Y.; Cincinnati Dance Ensemble, and was a principle dancer with Lincoln Midwest Ballet Company, Lincoln, Neb. She has a bachelor's degree in fine arts and a master's degree in dance from the University of Cincinnati. She is director of Timbral and Dance, a company dedicated to performing to Biblical Torah, or Old Testament Themes. They have performed in Moscow, Kuisin and Minsk, Bolonia.

Registration will be Sept. 8 from 4-7 p.m. for returning students. Registration for new students is Sept. 9 from 4-7 p.m. and Sept. 11 from 10 a.m. to 1 p.m. If observing a religious holiday, call for another convenient time.

For brochure or other information, call 761-7236.

Editorial deadlines
Following are deadlines for news: Church, club and social - Thursday noon.
Entertainment - Friday noon.
Sports - Monday noon.
Letters to the Editor - Monday 9 a.m.
General - Monday 5 p.m.

Jacquie McCarthy, Editor

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Organizations submitting releases to the entertainment section can mail copy to 1291 Stuyvesant Ave., P.O. Box 3109, Union, New Jersey, 07083.

Museum Guide

The Museum Guide is compiled by Worrall Community Newspapers. It is a list of museums and historic sites in Union County and the surrounding area. To add to the list, send the relevant information to Worrall Community Newspapers at 1291 Snowyflake Ave., Union, NJ 07083.

- **Lila-Lord Farrah House, Museum & Farmstead**, 31 Horsetoe Road, Berkeley Heights. Open 2-4 p.m. on the third Sunday of each month from April through December or by appointment. Call (908) 464-0961.
- **Dr. William Robinson Plantation Museum**, 593 Madison Hill Road, Clark. Open 1-4 p.m. on the first Sunday of each month from April through December. Call (732) 381-3081.
- **Crane-Phillips House Museum**, 124 Union Ave. N., Cranford. Open 2-4 p.m. Sundays from September through June, or by appointment. Call (908) 276-0082.
- **Belcher-Odgen Mansion**, 1046 E. Jersey St., Elizabeth. By appointment only. Call (908) 351-2500.
- **Boxwood Hall**, 1073 E. Jersey St., Elizabeth. Open 9 a.m. to 5 p.m. Monday through Friday. Call (201) 648-4540.
- **Woodruff House/Eaton Store Museum**, 111 Conant St., Hillside. Open 2-4 p.m. on the third Sunday of each month or by appointment. Call (908) 352-9270.
- **Deacon Andrew Hetfield House**, Constitution Plaza, 1385 Route 22, Mountainside. By appointment only. Call (908) 232-8608.
- **Trailside Nature and Science Center**, 452 New Providence Road, Mountainside. Call (908) 789-3670.
- **The Saltbox Museum**, 1350 Springfield Ave., New Providence. Open 1-3 p.m. on the first and third Sundays of the month, and 10 a.m. to noon on each Thursday of the month. Call (908) 464-0163.
- **Drake House Museum**, 602 W. Front St., Plainfield. Open 2-4 p.m. on Sundays. Call (908) 755-5831.
- **Merchants and Drivers Tavern**, 1632 St. Georges Ave., Rahway. By appointment only. Call (732) 381-0441.
- **Abraham Clark House**, 101 West Ninth Ave. at Chestnut Street, Roselle. By appointment only. Call (908) 486-1783.
- **Roselle Park Museum**, 9 West Grant Ave. and Chestnut Street in Roselle Park, is open Mondays from 7-9 p.m. and Wednesdays from 10 a.m. to 2 p.m. Call (908) 245-1776.
- **Oshorn Cannonball House**, 1840 Front St., Scotch Plains. Open 2-4 p.m. on the first Sunday of the month. Call (908) 233-9165.
- **The Cannonball House**, 126 Morris Ave., Springfield. By appointment only. Call (201) 379-2634.
- **Donald B. Palmer Museum** of the Springfield Public Library, 66 Mountain Ave., Springfield. Open 10 a.m. to 8:30 p.m. Monday, Wednesday and Thursday; 10 a.m. to 4:30 p.m. on Tuesday and Friday. Call (201) 376-4930.
- **Benjamin Carter House**, 90 Butler Parkway, Summit. Open 9:30 a.m. to noon on Tuesdays; 1:30 to 4 p.m. on Wednesdays, and 2-4 p.m. on the first Sunday of the month or by appointment. Call (908) 277-1747.

Children's book presents 'mooving' tales

June is National Dairy Month, when we all remember the importance of milk for its many attributes from nutrition to versatility. Some of us, bovinophiles especially, also celebrate this month by honoring the source of this delicious liquid, a creature revered for centuries as a tangible symbol of life and fertility, the cow.

One cow fan from The Garden State, Vincent Esoldi, celebrated the month with the realization of a dream finally come to fruition. Esoldi is the author of the book, "Ms. May Maisey Moo's Cowlection of Moo Tales," which is slated to be in bookstores this October. The first book — the first of a series of five — is titled "The Cowvention" whose main character is Ms. May Maisey Moo, a famous Broadway star heifer and cow-about-town.



"The idea of writing a book for children of all ages about my favorite animal has been on my mind since 1992," said the author. "The personalities and style of almost all the characters, all of which have been copyrighted and trademarked, bear a slight resemblance to a few celebrities who have crossed my path throughout life as well as family and friends. The plots include lessons from life I hold dear, including the politics of inclusion and tolerance especially espoused by a man I admire, Thomas H. Kean, president of Drew University, Madison, NJ and former-Governor of New Jersey."

Among the cowacters starring in the first book are the hostess Ms. May Maisey Moo, China's Madame Foo Moo, Mania Mooa from Italy, England's Queen Mother Moo and Made-moselle Moo Moo Moomel, the fam-

ous hat designer from Paris.

The original character designs were conceived by Esoldi and Robert Leighton, a New York writer and illustrator whose work has appeared on Nickelodeon, TV Land and The Disney Channel. The book contains colorful and intricate illustrations by Robert Bourdeaux of Gaithersburg, Md., whose art has appeared in many publications including National Geographic World and Science News as

well as Equus and Polo. Finally, the producer and designer of the book is Trez Cattle Pomilo, a publishing art director from West Chester, Penn., with over 20 years experience focusing on magazine design.

Esoldi is a resident of Clinton, NJ, and has over 20 years experience in commercial theater, having worked in various capacities in more than 21 Broadway productions, the Radio City Music Hall Christmas Extrava-

ganza and The Rugrats touring concert. In addition, over the past decade, his credits include creative producer and coordinator of many major events and concerts under the New Jersey Summer Festival banner. The events he has been associated with include Jersey Jazz, Centennial of the Status of Liberty, the 30th Anniversary Concert of West Side Story at Liberty State Park and the New Jersey Dance Festival at Waterloo Village.

Teen art on display at Plainfield bank

The 1999 Union County Teen Arts Touring Exhibit will be on display today through Sept. 16 at the United National Bank, 202 Park Ave. in Plainfield. Sponsored by the Union County Board of Chosen Freeholders, the exhibit consists of 31 pieces of art selected from the 513 visual art works shown at the 1999 Union County Teen Arts Festival held in March at Union County College. The annual festival is sponsored by the Union County Division of Cultural and Heritage Affairs, Department of Economic Development.

"The enthusiasm of the public for the Teen Arts Exhibit grows each year," said Freeholder Mary P. Ruotolo, liaison to the Cultural and Heritage Programs Advisory Board. "That sends a positive message to our young artists and encourages them to pursue their interest in the arts."

"I'm delighted that these talented students will have their creations on display in Plainfield," said Freeholder Lewis Mingo Jr. "It's refreshing to have this array of artwork available for downtown shoppers to appreciate."

The tour will travel to sites throughout Union County through March 2000.

The Teen Arts Program is coordinated by the Union County Division of Cultural and Heritage Affairs, Department of Economic Development, hosted by Union County College, and sponsored by the Union

County Board of Chosen Freeholders. Sponsors and supporting agencies of the 1999 Teen Arts Program are Union County Division of Parks and Recreation; Union County Prosecutor's Office; New Jersey State Council on the Arts, Department of State; Elizabeth, Cranford and Roselle Boards of Education; Friends of Teen Arts through a grant from the New Jersey State Department of Education; Paper Mill Playhouse; Westfield Symphony Orchestra, and participating schools.

Among the community supporters are: Altenburg Piano House; Allstate Legal Supply; A & P Supermarkets; C.R. Bard Inc.; Bergen Camera Exchange & Studio Inc.; Breeze-Eastern; Classic Corners; Coin Depot Corp.; Guitar Center; Honeywell Inc.; Infineum USA, L.P.; Ironbound Bank; Leisure Arts Center; Lesner Electric Co.; New Jersey Theater Group; Novartis Pharmaceuticals Corp.; Panasonic Consumer Electronics Co.; Secaucus; Pathmark Stores Inc.; Pearl Art & Craft; PSE&G; Red Devil Co.; Reel Strong Fuel; Sovereign Bank; Tosco Refining Co.; United National Bank, and other private sources.

The event is open to the public. For assistive services or more information, call the Union County Division of Cultural and Heritage Affairs, 633 Pearl St., Elizabeth, NJ 07202, (908) 558-2550; relay service users call (800) 852-7899.

Dancin' in the park



Union County Freeholder Alexander Mirabella welcomes Shirley Alston Reeves of the girl group The Shirelles to Echo Lake Park in Mountainside, during the recent Oldies Night, part of the weekly Summer Arts Festival.

Children's hospital exhibits fine art photographic work

Children's Specialized Hospital is hosting the New Jersey Photography Forum's 5th Annual Juried Exhibit through Sept. 26. More than 300 fine art photographers were invited to submit their work, from which more than 75 entries have been selected for display throughout CSH's three exhibition hallways.

An Award of Excellence was given to Douglas Goodell, Ridgewood, Awards of Merit were received by Norm Adams, Bridgewater; Don Halpern, New Providence; Susan Puder, Union, and Gerry Wachtel, Glen Ridge. Six other photographers received honorable mention.

Nancy J. Ori and Michael Cream, co-founders of the New Jersey Photography Forum and curators of this exhibit, point out that the show is representative of many photographic approaches and styles.

"It is a nice mix of black-and-white and color images," said Ori, "as well as a variety of photographic techniques including digital."

This year's judges were Joan Good, executive director of the New Jersey Theater for Visual Arts in Summit; Larry Cappiello, director of the Gallery at the Arts Guild of Rahway, and Glenn Diehl, president of the Watching Arts Center.

The New Jersey Photography Forum, now in its fifth year, is dedicated to furthering the interests of professional and serious photographers. The group meets monthly at the Watching Arts Center. Meetings include presentations, display and critique of photographer's work and demonstrations by manufacturers. Exhibition possibilities are also discussed. Upcoming meetings will take place Sept. 22 and Oct. 18. All meetings begin at 7 p.m. Call Ori for more information at (973) 781-5385.

The New Jersey Photography Forum's Fifth Annual Juried Show is open to the public from 8:30 a.m. to 8:30 p.m. daily, at Children's Specialized Hospital, 150 New Providence Road, Mountainside. Admission is free. Visitors are requested to enter the hospital through the Ambulance Entry.

The artists' works are offered for sale. A portion of the sale proceeds will benefit the hospital.

Children's Specialized Hospital, New Jersey's only comprehensive rehabilitation hospital dedicated exclusively to children, is an affiliate member of the Robert Wood Johnson Health System. CSH treats children and adolescents, from birth through 21 years, through a network of services for young people with and without disabilities including outpatient services, acute rehabilitation and long-term care through its sites in Mountainside, Fanwood, Toms River, Newark and Union, as well as outreach programs in many communities.

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Radiology office offers new cardiac calcium scoring

Monclair-Radiology, one of the area's leading medical diagnostic imaging centers, is the only imaging facility in Northern New Jersey to offer a revolutionary new cardiac screening procedure called Coronary Artery Calcium Scoring. CACS is a non-invasive, painless procedure that enables Monclair-Radiology's physicians to detect the signs of coronary disease at a very early stage, and helps referring physicians develop an effective course of treatment before any significant damage occurs.

"The calcium scoring procedure represents a formidable new weapon in the fight against coronary artery disease," said Dr. Kenneth L. Jewel. "The technology behind this procedure enables us to detect the signs of heart disease earlier than ever before, and monitor patients for any signs that their conditions in progressing or regressing. Armed with this information, patients and their physicians can often explore a wider range of treatment options."

Coronary artery disease is the number one killer in the United States, and is a condition that usually progresses over many years, many times without any warning signs until a heart attack occurs. As calcification of the arteries gradually reduces blood flow to the heart, the risk of heart attack substantially increases. Using an Ultra-Fast Spiral Computed Tomography scanner, radiologists can now take accurate, stop-action images of the heart and coronary vessels, and identify even mild cases of calcification in a patient's blood vessels.

When caught in time, a patient's condition may be treatable with simple lifestyle changes like diet and exercise adjustments. The CAS procedure normally lasts an average of ten minutes, and patients often receive the results on the same day the test is done.

Monclair-Radiology's Caldwell Office is the only facility in Northern New Jersey equipped with an Ultra-Fast Spiral CT Scanner, and the CACS procedure is the latest in a long line of "firsts" that the group has brought to New Jersey. Founded in 1942, Monclair Radiology established the first Magnetic Resonance Imaging and open-air MRI centers in New Jersey, and has consistently maintained a leadership role in the diagnostic imaging field. Monclair Radiology offers the very latest in Spiral CT Scanning, Ultrasound Imaging, Ultra Low-Dose Mammography and Diagnostic Radiology. The comprehensive range of imaging capabilities essential to diagnose medical disorders earlier and more accurately. In addition to offering a wide range of state-of-the-art technological procedures, Monclair-Radiology's staff of board-certified specialists in radiology offer patient care in a comfortable, home-like environment.

The group also maintains offices in Monclair and Nutley.

Planned Parenthood recommends testing for common STDs

If you think you may want children in the future, it's never too early to think about your health. Get tested for two of the most common sexually transmitted diseases - gonorrhea and chlamydia. They occur in both men and women and are passed from person to person through sex.

Unreated, both gonorrhea and chlamydia can cause serious health problems for a woman, including pelvic infection. A woman with severe infection may not be able to become pregnant or may have an ectopic pregnancy. She may have problems during pregnancy or after that pose risks to her and her baby.

Both these diseases increase the risks of pre-term birth and premature rupture of membranes during pregnancy. A newborn can also become seriously ill if he or she gets gonorrhea from the mother, which can be passed to the fetus before birth. Gonorrhea can also result in a miscarriage.

Chlamydia can also be passed to a fetus before birth and can cause eye infections in a newborn. Additionally, about 10-20 percent of babies of infected mothers develop pneumonia.

To get tested for an STD or for information about how to protect yourself, call Planned Parenthood at 756-3736 for the Plainfield Center, 123 Park Ave., or 351-5384 for the Elizabeth Center, 208 Commerce Place.

Editorial deadlines: Following are deadlines for news: Church, club and social - Thursday noon. Entertainment - Friday noon. Sports - Monday noon. Letters to the Editor - Monday 9 a.m. General - Monday 5 p.m.

(Continued from Page B16)

PUBLIC NOTICE

Table of public notices with columns for name, address, and phone number. Includes entries for CANFORD, KIRKLAND, HILLIARD, etc.

PUBLIC NOTICE

Table of public notices with columns for name, address, and phone number. Includes entries for WILKINS, WILSON, WILSON, etc.

(Continued on Page B18)

(Continued from Page B17)

PUBLIC NOTICE

PUBLIC NOTICE

Medical center's training facility offers courses

The full range of CPR and first aid instruction, from basic to the most advanced courses in adult and pediatric life support, is now provided by the Community Training Center at Newark Beth Israel Medical Center, an affiliate of the Saint Barnabas Health Care System.

As New Jersey's largest provider of CPR instruction, the Community Training Center offers programs in basic life support, advanced cardiac life support, pediatric advanced cardiac life support and neonatal resuscitation, as well as first aid and Heart-saver courses. Courses are offered year-round at all 10 acute care facilities in the Saint Barnabas Health Care System. All programs are certified by the American Heart Association, except for the neonatal resuscitation course, which is certified by the American Academy of Pediatrics. Fees for the courses range from \$35-\$200.

Under the supervision of Director Linda Sylvester, an American Heart Association faculty member and past recipient of its Recognition of Excellence Award for Management, the Community Training Center at Newark Beth Israel Medical Center retains 276 trained instructors. Regional Coordinators Jerry Goebel, John Shea and Kathleen Campbell oversee and coordinate the provision of courses across the state. The Community Training Center is a result of the combination of CPR and first aid training programs at Newark Beth Israel and Saint Barnabas Medical Center.

"When we started our program at Newark Beth Israel in 1985, we trained 125 people in our first year," Sylvester said. "Our program has grown tremendously. In the last six months of 1998 we trained just under 7,000 people, and we are targeting 20,000 in 1999."

For information on course schedules, fees and registration, call the Community Training Center toll-free at (888) CPR-ACT-1.

Newark Beth Israel Medical Center is a 665-bed tertiary care teaching hospital that is an affiliate of the Saint Barnabas Health Care System. Newark Beth Israel is a major referral and treatment center for patients throughout northern New Jersey metropolitan area.

The Saint Barnabas Health Care System is New Jersey's largest integrated health care delivery system. Its acute care facilities include Community Medical Center in Tom's River, Monmouth Medical Center in Long Branch, Newark Beth Israel Medical Center and Children's Hospital of New Jersey at Newark Beth Israel Medical Center, Saint Barnabas Medical Center in Livingston, Clara Mass Medical Center in Belleville, Kimball Medical Center in Lakewood, Union Hospital, Irvington General Hospital, Wayne General Hospital and West Hudson Hospital in Kearny.

Medical center opens after-hours pediatric clinic

Virtually every parent has experienced situations in which his or her child has developed a high fever or earache after the doctor's office has closed for the day. The only options available were to spend a sleepless night at home, waiting for the doctor to arrive in the office the next morning or, worse yet, making a costly and often unnecessary visit to a local emergency room to obtain some sort of relief until the child could be seen by his or her pediatrician.

Clara Mass Medical Center in Belleville has responded to this problem and is reaching out to the community with PEDI-CARE, an after-hour pediatric clinic that provides access to exceptional care when a child's regular pediatrician or primary physician is unavailable.

"At PEDI-CARE, children under the age of 18 are treated for symptoms by pediatric nurses and board-certified pediatricians," said Shelly Schneider, vice manager of pediatric services at Clara Mass.

Located on the campus of Clara Mass Medical Center, PEDI-CARE is open Monday through Friday from 6-11 p.m., Saturday from 3-11 p.m. and Sunday from 10 a.m. to 11 p.m. To reach PEDI-CARE, parents can call (800) 231-PEDI.

Jacque McCarthy, Editor
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Organizations submitting releases to the entertainment section can mail copy to 1291 Styvessant Ave., P.O. Box 3109 Union, New Jersey, 07083.

Table listing names and addresses for public notices, including names like GONZALEZ, HANCOCK, HARRIS, etc., and their corresponding addresses.

Table listing names and addresses for public notices, including names like ELIZABETH, HOFFMAN, KAY, etc., and their corresponding addresses.

Table listing names and addresses for public notices, including names like ELIZABETH, PORT, RICHMOND, etc., and their corresponding addresses.

(Continued from Page B19)

PUBLIC NOTICE

PUBLIC NOTICE

Medical center offers outpatient speech services

Clara Maass Medical Center has introduced three new outpatient programs in its speech pathology/audiology department...

The Language Stimulation Group benefits pre-schoolers who are having a problem communicating because of language delays...

Two separate groups are held for the pre-school child and school-age child who has stuttering problems...

All groups meet for approximately one hour, one day a week. In addition to these groups, the Speech Pathology/Audiology Department is also offering on-site programs...

Clara Maass Medical Center, an affiliate of Saint Barnabas Health Care System, provides an unparalleled continuum of care to residents of northern New Jersey...

Other centers of medical excellence include the Women's Health Center, nuclear medicine, oncology services, diagnostic cardiac services...

Children's hospital establishes free referral hotline

Parents who need assistance in finding the right physician and medical services for their children can find a free, 24-hour physician referral service...

Dialing toll-free (888) 702-KIDS gives callers immediate access to a multitude of physicians and pediatric specialists who are highly trained in treating ill and injured children...

Dialing (888) 702-KIDS will help parents locate a pediatrician or pediatric medical service based on their child's specific needs...

Children's Hospital of New Jersey at Newark Beth Israel Medical Center, an affiliate of the Saint Barnabas Health Care System, is the state's premier hospital caring for children...

Table with multiple columns containing names, addresses, and phone numbers for various individuals and businesses.

Community Classified

1-800-564-8911

Search your local classifieds on the internet
<http://www.localsource.com/classifieds/>

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Monday through Friday
9:00 AM - 5 PM
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ADDRESS

Classified Advertising
Worral Newspapers
P.O. Box 158
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Offices where ads can be placed in person:

ESSEX COUNTY
463 Valley Street, Maplewood
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266 Liberty Street, Bloomfield

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1291 Stuyvesant Ave., Union

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West Orange Chronicle • East Orange Record
Orange Transcript • The Glen Ridge Paper
Nutley Journal • Belleville Post
Irvington Herald • Valleyburg Leader
The Independent Press of Bloomfield

DEADLINES

Business Directory 4 PM Thursday
Display - Space reservation 5 PM Friday
Ad Copy 12 noon Monday
In-column 3 PM Tuesday

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Adjustments: We make every effort to avoid mistakes in your classified advertisement. Please check your ad each time it appears, should an error occur please notify the classified department within seven days of publication. Worrall Community Newspapers, Inc., shall not be liable for errors or omissions in cost of actual space occupied by item in which error or omissions occurred. We can not be held liable for failure, for any cause, to insert an ad. Worrall Community Newspapers, Inc. reserves the right to reject, revise or reclassify any advertisement at any time.

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20 words \$7.00 or \$11.00 combo items for sale under \$100.00 One item per ad price must appear.

AUTOS FOR SALE

20 words - 10 weeks \$31.00 or \$44.00
combo no copy charges

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4 weeks - \$40.00
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APPOINTMENT SECRETARY Orthodontic practice needs well organized, self starter with good telephone and computer skills for full time appointment desk position. Dental experience a plus, but not necessary. Fax resume to: 973-370-1892.

APPROPRIATE TRAINEE
Local office of national organization has openings for two full time, career minded people willing to work hard. We offer training, earn while you learn, choice of location. For confidential interview: Call Mr. JOE at 973-762-6600

ASSISTANT KINDERGARTEN TEACHER (one part time, one full time) at small independent school in Short Hills, New Jersey. Job involves varied duties in support of head teacher and kindergarten program. Qualifications: Clear NJ teaching license, BA/BS degree, 2-3 years experience in classroom. Salary: \$25,000-\$30,000. Inquiries: Call Mrs. JOE at 973-370-3442.

ASSISTANT TEACHER - Full time position available in West Garden JCC as an assistant teacher in our kindergarten program. Candidate should have classroom experience & courses in child development, Safety, & full benefits. Contact: Debra Greenfield, 973-798-3205, ext. 282.

ASSISTANT TEACHER - Full time position available in Whippany JCC in our extended hours nursery program for 3 year olds. Hours: 11am-5pm. Classroom experience preferred. Salary & full benefits. Contact: Sandy Sachs, 973-328-0200, ext. 447.

ASSISTANT - Existing temporary conference assistant position available immediately with secure nonprofit association in South Orange. Variety, creativity in interacting with upstate office. Boost your PC skills, gain exposure to Conference Planning. Looking for organized, independent, detail oriented person with communication and MSOffice skills. Fax resume to: 973-763-7468 or email mhoyer@cofnet.org

AVON PRODUCTS Start your own business. Work flexible hours. Earn unlimited earnings. Call toll free 888-542-4053.

BABYSITTER FULL TIME for a delightful, busy 5 year old girl. Experience and driver's license required. Live in or live out, depending on situation. Hours include 3 evenings and the housekeeping. Call 973-672-5280.

BABYSITTER High school college student with car for two South Orange middle school girls. 2:00pm-7:00pm; 2-3 days a week. References available. 973-580-1772.

BANQUET STAFF Full time part time. \$10.00 per hour. Call Sam or Richard. 973-723-4300.

BEAUTY SALON 5 people needed to launch a color cosmetics to U.S. Training provided. 908-984-4013.

BOOKKEEPER needed for auto parts. Experience necessary. Call for appointment. 908-686-7780.

HELP WANTED

BOOKKEEPER Part time 2-3 days per week needed to assist CPA with various clients. Must have knowledge of payroll taxes, general ledger, and Quick Books. Fax resume to: 908-522-1472, or call 973-212-9250.

CATERER/WORKER Food service company in Linden school district needs part time lunch aides and substitutes. Please call 908-486-0288.

CASHIER ELEGANT hotel gift shop in Short Hills. Full part time. Call 973-912-8203

CHILD CARE/ Housekeeper (live in one apartment) must be person with experience preferred. Some English required. Monday thru Friday. Cleaning, feeding and child care. References needed. \$250 weekly. 908-687-3077.

CHILD CARE for your Tucson area kindergarten, need pick up, in your home or mine, 11:30 to 3:00. 973-762-7427

CLERICAL ASSISTANT Full time in established secure company in Essex County. Room for advancement. Must have full knowledge of Word 97, Word Typing and phone etiquette. Must have excellent command of the English language - speaking and writing, and be at least 18 years old. One week vacation after first year. Fax: 973-763-2525 or call 973-763-1133.

CLERICAL COLLECTION Small multi-national firm seeks competent individual for clerical/collector position. 973-379-9292 or fax resume to 973-379-9210.

COLLECTOR IMMEDIATE opening for a part time MEMBER OUTREACH SERVICES collector position includes telephone and insurance company follow-up. Flexible hours. Experience preferred. Fax resume to 973-614-7143 or call Ruth 973-614-7077, extension #710.

COOK, COUNTER help and drivers for a Pizzeria in Rahway. Flexible hours. Call 908-984-1848.

CROSSING GUARD Borough of Mountainside, 2 hours each school day, \$12 per hour. Clothing and training provided. Must pass background, medical, and drug check. Contact Bonnie Torres at 908-232-1996 Extension 203. Please have resume and address to obtain an application. EOE.

SDATA ENTRY/STRESS Needed ASAP! Process Medical Claims from our PC. No experience necessary! Full Partime. Earn up to \$500 a year. 1-800-800-1844 Dept. 3111.

DENTAL ASSISTANT, cheerful, energetic, good cleaning skills, approximately 32 hours per week. Salary to commensurate with experience. Benefits available. 908-686-5277.

DENTAL RECEPTIONIST: Busy Midtown periodontal practice seeks outgoing, responsible, well organized individual with good phone and computer skills. Benefits include: medical, vacation, holidays, sick days, pension and bonuses. Call 973-667-5567.

DRIVER COVENANT Transport \$1,000 sign-on bonus for experience. Company 1-800-441-4394. Owner operates a 1-888-667-3729 Bus/Mover Truck Line. Fax resumes to Full Time. Call toll free 1-877-223-8993 solo drivers & contractors.

DRIVERS HOME every weekend. Company pay for experience up to \$350/mile (includes \$100 bonus). Free insurance. 401W. Independent. Owner operates \$200 mile (loaded) pickup (includes \$100 bonus). Paid liability & cargo. Paid fuel taxes. EPES TRANSPORT 1-800-948-8788. www.epestransport.com

HELP WANTED

DRIVER 9811 Timk. Linden area, Monday thru Friday, 8:00am-1:00pm, clean driving record. Must have knowledge of payroll taxes, general ledger, and Quick Books. Fax resume to: 908-522-1472, or call 973-212-9250.

DRIVERS HOME weekly Assigned Contractor Per Diem credit Union Holiday, personal, sick vacation pay. Satisfactory communication. Napa transportation. 1-800-333-0285.

DRIVERS, SWIFT transportation Hiring tractor-trailer driver/No experience necessary, class A CDL training available! job stability, consistent miles, assigned equipment, tuition reimbursement! 1-800-807-7314 (see-ref)

DRIVERS

Suburban Cab Company is looking for full and part time help. Quality equipment, nice atmosphere. Call: 973-762-5700

DRIVE TO OWN-No 8 down. No credit check. 99-99 Franchise. Condo. \$60 all miles. Company drivers-up to \$35 per mile, 10,000 miles per month guaranteed. 5 years CDL, experienced. Only: 800-843-8384.

EARN \$500 weekly distributing phone cards. No experience necessary. Full part time. Call 1-800-262-7652.

EARN WHILE YOUR CHILDREN LEARN

Part Time Worksite for Union Township School Lunch Program. Monday thru Friday. If interested, please call: 908-686-8228, Azamark Corporation, I.E.D.C.

EMERGENCY OPERATIONS, experience only. Apply in person between 9:00am-2:00pm, 400 Woodbine Avenue, Avenel. 2nd shift only, 4:30pm-10:00pm. Year round work. Excellent benefits. Please call for info, Vanlage Custom Classics. EOE.

FILE CLERK temporary for accounting office in Union. 908-687-4699.

GENERAL MAINTENANCE PERSON

Lawn and garden care, painting, etc. Flexible hours. Ideal for college student of retiree. Call 908-351-2300 ask for David.

GOVERNMENT POSTAL JOB. Up to \$17.24 hour. Hiring for 99. Free call for application/examination information. Federal job benefits only. 1-800-698-4004. Extension 1406. (8am-9pm C.S.T.)

HELP WANTED

GVNY/GAL Saturday daycares - wanted for Union-Milburn area funeral home. Light typing/ good phone skills required. Call Karen, 908-684-1503.

HAVE DOCTORS, need Billing. Full time part time medical billing. No Experience Necessary. Earn up to \$40K working at home. Must have IBM compatible PC. 1-800-857-7070. www.medstaff.com (IGA-Network)

HAVE DOCTORS, need Billing. Full time part time medical billing. No Experience Necessary. Earn up to \$40K working at home. Must have IBM compatible PC. 1-800-857-7070. www.medstaff.com (IGA-Network)

HOUSEKEEPER/BABYSITTER, live in 5 day week Springfield to take care of my house and 6 year old daughter. Strong housekeeping skills required for this job. Experienced. References only. \$300. per week. Call Sheryl 973-379-2500.

HOUSE WORKER, 2 days a week 12:00-3:00. References required. Maplewood location. Please call 973-762-2009.

INSURANCE SPRINGFIELD Agency has full time immediate opening for licensed independent personal line salesperson/active representative with computer skills. Professional network. Excellent benefits. 973-667-8620.

KINDERGARTEN ASSISTANT After School Program seeks adult leader to assist with kindergarten 9:00a-10:45am-6:00pm daily following South Garden Maplewood school district calendar through June-JULY-SEPTEMBER. Applicant must be reliable and have experience working with groups of children. Hourly salary based on experience. Send resume to: After School Program, 124 Dunnet Road, Maplewood, NJ. 07027 or fax cover letter and resume to: 973-275-1692.

LABORER/DRIVER

CRANFORD DEPARTMENT OF PUBLIC WORKS
Permanent full-time position as Laborer/Driver or qualified individuals may be obtained from the Department of Public Works, 124 North Ave., East, Cranford, 908-709-7717, meetings between the hours of 8:00 am and 4:00 pm. No applications accepted without current resume. EOE.

LEGAL SECRETARIES and Paralegals needed for local law firms. Temp and Perm. Fax resume to: 973-328-6688, call Legal EZY at 973-328-6447.

HELP WANTED

LEADING HVAC wholesaler is seeking a full time warranty clerk. Ideal candidate must have HVAC knowledge, good communication and strong PC skills. Benefits include health insurance and 401K. Please fax resume and salary requirements to: 908-298-1200 attention Human Resources.

LEGAL SECRETARY: Milburn. Small health care office seeks competent, energetic legal secretary with WP experience and stereo experience preferred. Salary and benefits negotiable. Call 973-379-9292 or fax resume 973-379-9210.

LEGAL SECRETARY: Milburn. Small health care office seeks competent, energetic legal secretary with WP experience and stereo experience preferred. Salary and benefits negotiable. Call 973-379-9292 or fax resume 973-379-9210.

LOOKING FOR a newspaper job? For a 328 weekly deposit, the NJ Press Association will post your 40-word resume on www.njpa.org and publish it monthly, reaching 19 dailies and over 150 weeklies. Editorial, advertising, education, photography staffers needed. Contact Judy Ryan at 609-406-0600, fax 609-406-0300, NJPress@njpa.org.

MAIL CLERK for Chatham Law Firm. Car required. Call 973-628-8200 extension #109.

MAKE YOUR Computer work for you! \$600 Part time - \$8200 Full time. For Free Information go onto www.kbc.com or call 1-888-786-0048 or phone toll free 1-888-786-0048 (NJ Network).

MEDICAL OFFICE ASSISTANT must be experienced in all aspects: billing, referrals, computer, labwork and good telephone skills. Part time/full time position. Fax resume 973-786-8508 or call Judy 973-782-3825.

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Senior Service Manager
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Worrall Newspapers, which publishes 18 newspapers serving 26 towns, has openings for reporters in its Essex and Union County regions. If you think you have what it takes to be a reporter, send resume and clips to Editor Tom Canavan, P.O. Box 3109, Union, N.J., 07083, or fax to (908) 686-4169.

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Need extra for those bills or just want extra dollars. Join our telemarketing team at Worrall Community Newspapers and work from our office in Union.

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Earn \$7.00 per hour plus bonuses
(Work any three or up to 5 nights per week)

Call George - 908-686-7700 Ext. 346
Worrall Community Newspapers

Part/Time position available for busy weekly newspaper group. We are looking for a store collector for our circulation dept. Flexible hours and mileage reimbursement.

For more information please call (908) 686-7700 Ext. 346.

HELP WANTED
MEDICAL OFFICE seeking part time receptionist. Services include: phone, appointments, filing and general office work. Must be computer literate. Please fax resume to 907-847-9183.

HELP WANTED
WORK IN your home, answering phones for local company. Must live in Cranford/Westfield area. Every other weekend and Wednesday night hours. Call 907-273-5333.

WHEN REPLYING TO A UNION COUNTY CLASSIFIED BOX NUMBER please address envelope to:
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P.O. Box 158
Maplewood, NJ 07040

BOX NUMBER
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HONEY, RELIABLE woman seeks job for elderly care. Will use Monday thru Friday. Please call 973-374-8451.

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OFFICE/CUSTOMER service responsible person with good telephone skills, typing, data and word processing experience. Excellent salary and benefits package. Call Diane at 908-852-3680 or fax resume to 908-852-3311.

CHILD CARE
IN MY Millington home for 2 boys, 31 & 22 months. Must have references, drive, non-smoker. 8:00am-8:00pm 3 days per week. 908-303-9211.

OFFICE MANAGER. Busy office needs full time person with strong communication and organizational skills. Paid training available. Fulltime in Windows and Corel Word Perfect. Fax resume to: 908-851-0313.

RELIABLE NURSE-AID Assistant seeks position caring for sick or elderly clients or overseeing Good Facilities. Please call 973-274-0752. 973-493-6561.

POSTAL JOBS 949-323.00 job. New listing. No experience • Paid training • 40 hours per week. September 1st. For one low price, your ad will reach over 2 million readers through 155 NJ newspapers. Call Joe Ryan, NJPSA, 908-429-0000 or 908-429-0001 or e-mail jryan@njpsa.org for more information. (Cost of ad placement is available).

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REAL ESTATE SALES
International company looking for a few serious people to join our energetic and progressive thinking company. We have the training for you to be successful.
Call MR. SHARPE AT 973-375-8700

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ONE CALL stands between your business and millions of potential customers. Run your classified ads through the NJ Statewide Classified Advertising Network. You'll market and provide your ad to reach over 2 million readers through 155 NJ newspapers. Call Joe Ryan, NJPSA, 908-429-0000 or 908-429-0001 or e-mail jryan@njpsa.org for more information. (Cost of ad placement is available).

RESTAURANT/ FAMILY STEAK HOUSE serving hot/steak, full and part time. Call 202-253-3000 after 2:00pm, ask for manager. Salary.

CHILD CARE
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ROUTE SALES/ SERVICE
Safety-Kleen Corp., a leader in waste fluid recovery services, has a career position in our Vacuum Services Division. You will market and provide waste fluid removal services to our automotive and industrial customers using our unique High Vac Truck to pump waste material and liquid from oil-water separator pits. Excellent benefits, paid training, and career advancement. Excellent salary and commission. Health, dental and vision insurance. Relocation assistance. 401K. Paid training, holidays, and tuition reimbursement. Requirements include a good driving record, a high school diploma, and the ability to work and communicate with the public. Position located in South Plainfield, NJ. We will provide a career and not just a job. We invite to hear from you. Please call or fax resume to:

CHILD CARE
IN MY Millington home for 2 boys, 31 & 22 months. Must have references, drive, non-smoker. 8:00am-8:00pm 3 days per week. 908-303-9211.

ROUTE SALES/ SERVICE
Safety-Kleen Corp., a leader in waste fluid recovery services, has a career position in our Vacuum Services Division. You will market and provide waste fluid removal services to our automotive and industrial customers using our unique High Vac Truck to pump waste material and liquid from oil-water separator pits. Excellent benefits, paid training, and career advancement. Excellent salary and commission. Health, dental and vision insurance. Relocation assistance. 401K. Paid training, holidays, and tuition reimbursement. Requirements include a good driving record, a high school diploma, and the ability to work and communicate with the public. Position located in South Plainfield, NJ. We will provide a career and not just a job. We invite to hear from you. Please call or fax resume to:

CHILD CARE
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ENTERTAINMENT
WHAT TIME does the movie start? It's 9:00am-9:99pm, ext. 3175. Information is a 24 hour a day telephone information service. Calls are free within your local calling area.

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PERSONALS
ADOPTION, DOCTOR/ Nurse (hopeful still young mom) love music, hiking, ocean, playing the guitar. Will share warm hearts with nervous newborn. Expenses paid. Lyrindarity, 1-888-804-9261.

CHILD CARE
IN MY Millington home for 2 boys, 31 & 22 months. Must have references, drive, non-smoker. 8:00am-8:00pm 3 days per week. 908-303-9211.

PERSONALS
ADOPTION, ARE YOU pregnant? Don't know what to do? Call our Family Classified Ad Agency. Adoption, are you pregnant? Don't know what to do? Call our Family Classified Ad Agency. Adoption, are you pregnant? Don't know what to do? Call our Family Classified Ad Agency.

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IN MY Millington home for 2 boys, 31 & 22 months. Must have references, drive, non-smoker. 8:00am-8:00pm 3 days per week. 908-303-9211.

PERSONALS
AMAZING MAIL order Money Machine turns your mailbox into an ATM FREE report tells all. Call 800-973-3238 ext. 1429. 24 HOURS. UT 974-248-0500.

CHILD CARE
IN MY Millington home for 2 boys, 31 & 22 months. Must have references, drive, non-smoker. 8:00am-8:00pm 3 days per week. 908-303-9211.

ROUTE SALES
See us at our Safety-Kleen Corp.

CHILD CARE
IN MY Millington home for 2 boys, 31 & 22 months. Must have references, drive, non-smoker. 8:00am-8:00pm 3 days per week. 908-303-9211.

TEACHER AND teacher assistant, part time pre-school in Union. September-June. Call 908-971-9260.

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WATSON'S SUSPENSIONS. Experience needed. Will train. Free evaluation. Agency in person. Essex County Country Club, 350 Mill Pleasant Avenue, West Orange.

CHILD CARE
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AFTER SCHOOL
Opportunity for student to visit pleasant surroundings in long established party room. Work 10-20 hours per week. Good pay. Ask about the \$1000 hiring bonus! For more information call: 973-373-3355.

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THE PAPER PELLER
661 North Turnpike Springfield

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PERSONALS
PSYCHIC MRS. "D" Tarot Card Spiritualist
I will read your future. Personal Energy Matters and How to be Successful. Call 908-789-3043
Free sample by phone. Open 9am-10pm Estimated 30 mins. in Westfield.

GARAGE/YARD SALES
HARPLEWOOD, WASHINGTON Park, beach, cedar Lake of Ridgewood Rd. Saturday, August 28th Sunday, August 29th, 9-5. Lots of items. Call 907-847-9183.

LOST & FOUND
LOST COOKIETAIL, color grey, yellow and white. Name Pasquale. Lost between Clats Street and American Avenue in Roselle. 803-241-1899.

GARAGE/YARD SALES
SHORT HILLS, 48 Hillside Avenue 1 street north of Hill at Old Short Hills Road. Saturday, August 28th, 9am-3pm. Furniture, books, records, toys, etc. Call 907-847-9183.

MISCELLANEOUS
Flea Markets
HUGE CRAFT FAIR. Vendor needed for Craft Show. Must be available for 10am-5pm per space. Call 908-241-5255.

GARAGE/YARD SALES
UNION, 2241 HOBART Street (Corner Woolley Avenue) Saturday, August 28th, 9:00am-4:00pm. Vacuum, exercise equipment, furniture, floor arrangements, much more!

MISCELLANEOUS FOR SALE
16 DIRECT TV satellite systems. Single system and/or multi-system. \$118.00. Ask about Free programming. Authorized dealer. www.integratedsatellite.com 1-800-322-0000. Code 1011 (SCA Network)

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CANDRA KONNER ASBCC
CAD Enclosure, 4' x 4' x 8' baby grand, living room, family room, bedroom, office, kitchen, utility, porch, etc. Call 907-847-9183.

GARAGE/YARD SALES
UNION, 2241 HOBART Street (Corner Woolley Avenue) Saturday, August 28th, 9:00am-4:00pm. Vacuum, exercise equipment, furniture, floor arrangements, much more!

MISCELLANEOUS FOR SALE
CIRCA 1900, BEDROOM, 6 pieces. Good condition. Call 907-847-9183.

GARAGE/YARD SALES
UNION, 2241 HOBART Street (Corner Woolley Avenue) Saturday, August 28th, 9:00am-4:00pm. Vacuum, exercise equipment, furniture, floor arrangements, much more!

MISCELLANEOUS FOR SALE
COMPUTE THIS! Fully loaded Pentium Computers. 512MB RAM. Call 907-847-9183.

GARAGE/YARD SALES
UNION, 2241 HOBART Street (Corner Woolley Avenue) Saturday, August 28th, 9:00am-4:00pm. Vacuum, exercise equipment, furniture, floor arrangements, much more!

MISCELLANEOUS FOR SALE
ESTATE SALE
WEST ORANGE 4.000 Drive East. 80' x 200' lot. Call 907-847-9183.

GARAGE/YARD SALES
UNION, 2241 HOBART Street (Corner Woolley Avenue) Saturday, August 28th, 9:00am-4:00pm. Vacuum, exercise equipment, furniture, floor arrangements, much more!

PERSONALS
ADOPTION, DOCTOR/ Nurse (hopeful still young mom) love music, hiking, ocean, playing the guitar. Will share warm hearts with nervous newborn. Expenses paid. Lyrindarity, 1-888-804-9261.

GARAGE/YARD SALES
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ADOPTION, ARE YOU pregnant? Don't know what to do? Call our Family Classified Ad Agency. Adoption, are you pregnant? Don't know what to do? Call our Family Classified Ad Agency.

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PERSONALS
AMAZING MAIL order Money Machine turns your mailbox into an ATM FREE report tells all. Call 800-973-3238 ext. 1429. 24 HOURS. UT 974-248-0500.

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GARAGE/YARD SALES
UNION, 2241 HOBART Street (Corner Woolley Avenue) Saturday, August 28th, 9:00am-4:00pm. Vacuum, exercise equipment, furniture, floor arrangements, much more!

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QUALITY AIR Conditioning & Heating. Inc. Gas, steam, hot water, and hot air heat. Humidifiers, dehumidifiers, air cleaners. Call 973-627-6263, Springfield, NJ.

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YOUR AD could appear here as little as \$18.00 per week. Call for more details. We will provide a career and not just a job. We invite to hear from you. Please call or fax resume to:

RETAIL
Oshman's SuperSports USA, the leading name in sports superstores. is gearing up for the Grand Opening of its newest major league team location in the Jersey Gardens Mall. Our 60,000 sq. ft. megastore is one of the nation's best in offering full-line sporting goods equipment and apparel. We are seeking friendly and energetic sales staff to join our team. FULL-TIME OR PART-TIME positions available.

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WE NEED AN ASSISTANT General Manager (Apprentice) for our Outposts. You will need solid management skills plus a strong background in sales. Area Managers are needed for the front line, where a strong knowledge of your favorite sport, apparel, or footwear is a plus. Retail Supervisors experience required. If you want to grow a company that is ready for the future, come meet with us at our JOB FAIR.

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Get game? Got a jump on a great career and make a hit with us!
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860 Route 1 South, Newark, NJ 07114
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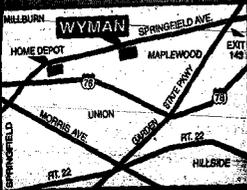
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