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WORRLAND COMMUNITY NEWSPAPERS

THURSDAY, OCTOBER 12, 2000 - SECTION B

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Not what I recall

I sat at the movies last week with my generation Y daughter. We watched the flick "Almost Famous" depicting life in the 1970s as one of rampant drugs and wild sex.

I have plenty of clear recollections about that time, worrying about my grade point average, LSAT scores and getting into law school. There was another big program, the Selective Service, which seemed very intent on selecting me. There was no wild drug use, and I am pretty sure I would have recalled the rampant sex had it occurred.

Left Out

By Frank Capece

This comparison of times past, to the present seems to come up at the end of every campaign cycle. The test instituted by then-candidate Ronald Reagan — Are you better off now than you were four years ago? — seems to have become the yardstick among candidates. Of course, how you describe the past has a lot to do with the comparison test.

Last week, with analysis accompanying the beginning of debate from president down to township office, the C-SPAN junkies got to watch again debates from Kennedy, Nixon, up to Clinton-Dole. Actually, we don't recall more than just a gaffe or so or maybe how the candidate looked.

In the case of Kennedy-Nixon we again were told how Kennedy's good looks helped him win the first debate in the judgment of those actually watching the show. As a historical footnote, it is often overlooked Kennedy at that point was already leading in the polls and had to stave off Nixon's challenge at the end of the campaign. Another week or so in November 1960 might have delivered the country a Nixon presidency eight years earlier than it actually occurred.

In his new book "Off Camera," Ted Koppel spends time examining the intense but short shelf life, in terms of the attention span of the voters give to any single issue. We tend to just move on to the next matter of interest.

Locally, I heard Freeholder Chester Holmes speak about the amount of effort he and others put into the county's so-called garbage crisis just a few years ago. Evidently, satisfied that the haulers have a place to take the county waste, the voters don't discuss the matter or applaud the result. The old adage of out of sight means out of mind seems relevant.

But I balance this short time interest, with the fascination we still have for that which is old but survives. Chating with my buddy Paquale Saturday at the Cranford Town Wide Garage Sale, our interest for a time centered on an old electric razor in the original box with the actual instructions. Driving around Cranford, as well as the Scotch Plains Days sales, a briak business was being done in that which was old but still workable.

Can you see candidates running on the slogan, "I'm old but I still work, and I'm cheap, too?" Maybe with debates continuing over the next few weeks, we should question candidates about their recollection of the past as to what they remember and what they propose to make the present and future better.

That would be more productive than the pattern which usually ends up saying, "What have you done for me lately?"

A resident of Cranford, Frank Capece is an attorney.

Hospice eyes plot on Runnells Hospital property

By Mark Hrywna
Regional Editor

The Center for Hope Hospice and Palliative Care and the Board of Chosen Freeholders are trying to work out an arrangement that would utilize a portion of the property at Runnells Specialized Hospital in Berkeley Heights for the construction of another hospice center.

The new facility, Hope Village, would include three buildings with 10 one-bedroom rental units, with one bath each, along with some common areas. It would be constructed several hundred feet from the county-run hospital on less than four acres. The entire hospital property is approximately 40 acres, about half of which the hospital itself encompasses.

Hope Village would end a nearly 10-year struggle by the center to build another facility. The center had tried for nearly a decade to purchase a five-acre tract on Orange Avenue in Cranford, however, township officials were looking for the center to make payments in lieu of taxes, which some nonprofit organizations do.

The center abandoned the Cranford project because it became too difficult and expensive, said Peggy Colony, president and chief executive officer, and a founder, of the Center for Hope Hospice.

An eight-acre site in Berkeley Heights near the municipal pool was eyed for a resource and education building but Colony said there were some concerns about drainage.

The Center for Hope Hospice has two facilities — Father Hudson House and Theo House, both in Elizabeth — which are full "all the time." The center started operation at St. Elizabeth's Hospital in the mid-1970s and in 1982 moved into the community.

Theo House has been leased from the Benedictine Academy since 1990 while Hudson House was taken over from Heritage Home and is leased from St. Elizabeth convent in Linden. Theo House serves eight residents while Hudson House cares for 25 and the center's homecare program serves about 80.

"We turn away dozens of people per month

because beds are always full," said Peter Shields, executive director of the center. He estimated that Hope Hospice gives away about \$1 million per year in services.

Colony said the center is able to keep costs low by utilizing the services of more than 300 volunteers. The center also receives generous donations and fund-raisers from civic organizations.

"There are so many people in hospitals that don't need to be," said Colony. The center concentrates a great deal on pain management, where "the focus is on comfort, not on cure."

"The phones ring all day long and we don't keep more than 15 people on the waiting list," she said. "For someone to go in, someone has to go out."

Cooperation between the Center for Hope Hospice and the freeholders is not new, said Shields, as the freeholders have responded to calls for aid by the center before. The organization has been leasing a hospice counseling center

on county property in Scotch Plains for at least 15 years.

"It looks like a win-win situation for all: the county, the center and families," said Shields of using the Runnells land.

"We have a lot of people that can come up with a way for this to work," said Freeholder Chairman Daniel Sullivan. "It's an outstanding project, one we can commit to. I don't see any reason why we can't make this work."

"This is not going to cost the county any money," said Shields of the proposal.

Freeholders had questions about setting a precedent in allowing a private organization to build on public property.

"It sounds like a wonderful idea," said Freeholder Nicholas Scutari, "but I have some concerns: it sounds precedent-setting."

If the freeholders were to approve any agreement, the center also would require approvals for construction from the Berkeley Heights Planning Board.

McCain attends rally in 7th District race

By John Celock
Staff Writer

Arizona Sen. and former presidential candidate John McCain came to Union Saturday evening to attend a rally in support of 7th Congressional District Republican nominee Michael Ferguson.

Ferguson is battling Democratic nominee Maryanne Connelly in the race to succeed Congressman Bob Franks, who is running for U.S. Senate. The race has been labeled as one of the most important in the country, as control of the House of Representatives is at stake in this election.

McCain spoke at a crowded rally at the Union Elks Club, which followed a \$250-a-head fund-raiser. Franks, Assemblyman Richard Bagger of Westfield, Cranford Mayor Philip Morin III, Roselle Park Mayor Joseph Delorino, in addition to county clerk and freeholder candidates, were among the political figures to attend. Tom Kean Jr., who lost to Ferguson in June's Republican primary, was also in attendance.

"It is quite important that we keep a Republican Congress and Senate. We need to make sure that George W. Bush has a Congress that he can work with," Kean said.

McCain said he was endorsing Ferguson because he is impressed with the candidate's commitment to getting younger Americans involved in the political process. In his campaign, Ferguson, a teacher, has made getting youth involved in the political system a top issue. McCain said he learned that youth are committed to service during his failed presidential campaign earlier this year.

"I learned that young Americans want to serve our country. These young Americans know that there is no cause better than to serve others," he said.

The senator said he has heard a lot of concern for education in the U.S. and was impressed with Ferguson's background as a high school and college teacher. In addition, he encouraged all citizens to vote for candidates who plan to pursue a reform agenda in Washington.

"There are many important issues and the one I hear the most about is education and Mike has an educational background. I believe that from my conversations with Mike that he will pursue a reform agenda," McCain said.

Ferguson told the audience that he is excited to have McCain campaign-



Maryanne Connelly



Michael Ferguson

ing with him. He also explained his goals of encouraging young people to get involved in politics, to pursue education reform, keep schools safe, lower taxes, honor senior citizens and protect Social Security.

Connelly Campaign Manager Sujata Tejwani said her candidate is the only one who has taken a strong stance on campaign finance reform, a key issue for McCain. The senator has sponsored legislation with Sen. Russell Feingold, D-Wis., which would reform campaign financing and eliminate soft money.

"Maryanne is the only candidate who supports the John McCain campaign finance bill and she will vote for

it in Congress," Tejwani said.

Ferguson has sent a letter to Connelly asking her to join him in refusing soft money in their campaign. A anti-soft money pledge was recently taken by First Lady Hillary Rodham Clinton and Congressman Rick Lazio in their race for the U.S. Senate from New York.

Residents who attended the rally were excited by the message McCain imparted to the crowd.

"I'm here to support the Republican ticket. I believe that changes are needed. They answer the issues that I support," Summit resident Marie Racaniello said. "I believe that John McCain is an inspirational leader."

First Italian American Conference Oct. 22

The Italian American Congress of Union County, a new non-profit organization, will host the first Italian American Conference of Union County on Oct. 22 from 2 to 7 p.m.

This year's theme, "The Italian American Image in the New Millennium," is the focus of the Italian American Congress of Union County. The group seeks to preserve the Italian American culture and heritage and promote a positive image of Italian-American accomplishments.

"As the traditional Italian neighborhoods fade away and as generations of young people are assimilated into the mainstream culture, we want to find ways to preserve our unique culture and heritage," said Angelo Paparella, the organization's founder.

"Through this conference, we hope to counter the negative stereotypes of Italian-Americans by the entertainment industry and renew a sense of community and pride amongst people of Italian descent in our area," he said.

In addition, the group's founders hope to tap the interest of people who haven't been involved in an Italian-American organization before and now feel a desire to find a way to hold on to their own past. Additionally, they want to encourage membership in Italian-American organizations and provide an opportunity for regional networking.

The Union County Board of Chosen Freeholders and Colavita USA, based in Linden, are sponsoring the event.

Local organizations involved are Mt. Carmel of Berkeley Heights, the Columbus Italian-American Club, Hillside UNICO, and Sons of Italy Garwood, Vince Lombardi Lodge. Paparella has been working closely with Vincenzo Marra, regional vice president, and Peter Carruso of the National Italian American Foundation, in his effort to promote the group.

Freeholder Vice Chairman Alexander Mirabella will be the honorary chairman of the conference. Mirabella and Freeholders Mary Ruotolo and Nicholas Scutari, Union County Manager Michael Lapolla, Union County Surrogate James LaCorte, and Anthony Parenti, director of the John H. Starnier Police Academy, also will be guest speakers.

Along with a panel discussion, there will be ethnic entertainment and dinner. Exhibit tables from the areas Italian-American organizations and businesses are also planned.

The conference will take place in the Winfield Soccer building at 323 N. Broad Street, Elizabeth. For information or tickets, the Italian American Congress can be contacted at (908) 486-6911, or by e-mail at huocoo6@earthlink.net. Student discount tickets are available upon request.

Lesson plan teaches past with 'Four Centuries'

'This is a tremendous, free teaching tool of particular value to parents and teachers of fourth-graders who are learning about local history.' — Freeholder Chairman Daniel Sullivan

to nearly half a million residents.

"This is a tremendous, free teaching tool of particular value to parents and teachers of fourth-graders who are learning about local history," said Freeholder Chairman Daniel Sullivan. "Use the kit and pick sites at random or select theme 'clusters' outlined in the booklet that is included in the kit. The advantage of the clusters in that they group sites linked by a common thread."

Some of the oldest and grandest sites in Union County were built by wealthy colonial families and make up the "Early Aristocracy Cluster." The American rebellion from British rule touched those in the "Revolutionary Front Line Cluster."

filled during Four Centuries in a Weekend until September 2001 to qualify for the certificate.

Four Centuries in a Weekend is made possible by the Union County Board of Chosen Freeholders and grants from the New Jersey Historical Commission, AAA New Jersey Automobile Club, and the New Jersey Council for the Humanities, a state partner of the National Endowment for the Humanities.

The lesson plan packet was created to assist in the teaching of local history to meet New Jersey State Core Curriculum Standards. It is equally useful to parents who want to explore local history together with their children.

To receive a lesson plan packet, a Passport and a descriptive Four Centuries in a Weekend booklet, call the Division of Cultural and Heritage Affairs, 633 Pearl St., Elizabeth 07202, at (908) 558-2556; relay users (800) 853-7899; or email at scoen@unioncountynj.org.

The kit describes the tremendous changes in Union County over the years. It shows the progression of the area from a pre-Revolutionary colonial settlement to a modern center of international commerce that is home

Choppers on the way Coalition plans Nat'l Guard fly-in

By Mark Hrywna
Regional Editor

National Guard helicopters will be landing at several sites in Union County next week. But there's no need to worry, it's not because of a natural disaster or civil uprising. To help kick off national Red Ribbon Week, the National Council on Alcoholism and Drug Dependence of Union County has planned activities leading up to the countywide Red Ribbon Awareness Day and Intertown Relay on Oct. 21 at Nomahagan Park in Cranford.

National Guard and Drug Enforcement Agency helicopters are scheduled to arrive for 45-minute programs at McManus Middle School in Linden on Wednesday and Orange Avenue School in Cranford and Lincoln Franklin School in Garwood on Thursday. Several other sites are planned but still were not confirmed at presstime.

The fly-in program is based on a similar program in Colorado. Junior high students have heard the anti-drug message before, said Diane Littner, executive director of the NCADD, but the program will feature "pilots who come down and share the message, so it's not just a teacher saying it."

"We're focusing on the middle school because that's a risk time," said Littner. The average age for a first-time user of drugs is 10 to 11 years old.

Last year more than 600 people attended the daylong Red Ribbon Relay and Drug Awareness Day at Nomahagan Park. The event is aimed at fun, light-hearted acts to create a fun, family atmosphere with a message of staying drug free, Littner said. The coalition hopes to educate the public about the community resources available to them.

The intertown relay will travel four different routes through Union County, carrying symbolic wooden torches with red ribbons, before culminating at the park at 1:30 p.m. The impetus behind the intertown relay was to increase the awareness of individual municipal drug alliances while at the same time linking them together, Littner said.

The Red Ribbon Relay and Drug Awareness Day is scheduled from 9 a.m. to 5 p.m. The main date is Oct. 22. Booths and activities are planned throughout the day including a "Showcase of Talent," that will feature 75 local children ages 11 to 18, showing off their singing, dancing and other talents.

Red Ribbon Week started in 1985 following the murder of federal drug agent Enrique Camarena in Mexico by drug traffickers. Red ribbons are worn and displayed every year during Red Ribbon Week from Oct. 23 to 31 to reinforce the belief that no illegal drugs and no use of it will prevail in communities.

For more information call the NCADD at (908) 233-8810.

Detectives briefed on identity theft

Municipal detectives from throughout Union County were urged to step up efforts in investigating the "secret crime" known as identity theft this week by Prosecutor Thomas Manahan.

"The unfortunate victims who have their identities and good credit stolen by thieves must spend weeks, even months, trying to get their good name restored," said Manahan, citing a survey by a California public interest group that found it took an average of 175 hours to recoup a victim's credit line.

Manahan said the government estimates that some 600,000 identity thefts take place in the country each year, and here in a county of half a million people there have been "severe" cases where thieves use computers, debit notices, phony drivers' licenses and skimmed credit cards to steal from unsuspecting victims.

The prosecutor appeared before the group at a strategy session in Clark as part of the association's goal to exchange information about criminal activities among the detectives from all 21 municipalities and from federal, state and county agencies.

Cranford Detective Lt. Stephen Wilde, president of the group, said the officers were glad to hear about some of the new technology trends used by criminals as it works to inform its membership about new case law, advancements in law enforcement and identification techniques.

In addition to Wilde, the association's other newly-elected officers are Assistant Prosecutor Albert Zabady, vice president; Springfield Detective Judd Levenson, secretary, and Winfield Sgt. Theodore Wallace, treasurer.

Candidates Night tonight

The Union County Council of the League of Women Voters is hosting a Candidates Night for the Union County Clerk and Union County Freeholder candidates tonight at 7:30 p.m. at the Cranford Municipal Building, 8 Springfield Ave., Cranford.

The Democratic candidates are for county clerk, Joanne Rampepp of Union, and for the Board of Chosen Freeholders, Deborah Scanlon of Union, Alexander Miraballo of Roselle Park and Chester Holmes of Rahway. The Republican candidates are for county clerk, Eric Uliano of Scotch Plains and for the Board of Chosen Freeholders, Walls Shackell of Cranford, Esther Guzman-Mahom of Roselle and Albert DiJiri, Jr. of Summit.

Moderator for the evening will be Katherine Becker of Short Hills.

Parking is available across the street from the Municipal Building. The debate will be taped and broadcast later on Channel 36.

For more information call Barbara Packer of Summit, co-president of the Union County Council LWV, at (908) 277-0773 or Marlene Simcacha of New Providence, Voter Service Chairman, at (908) 464-1988.

Mothers & More meets

On Wednesday at 7:30 p.m. the Union County Chapter of Mothers & More — formerly known as FEMALE — will host an open house at Hanson House, 38 Springfield Ave., Cranford. It's an opportunity to share a cup of coffee with other moms and learn more about the group's activities including evening discussion groups, guest speakers, book discussion and weekly daytime play gatherings.

Mothers & More is an international not-for-profit organization supporting women who have altered their career paths to care for their children at home. What began as one Illinois

mother reaching out to another in 1987 has now grown to almost 8,000 members in more than 180 local chapters in the United States and Canada.

The Union County chapter conducts meetings on the first and third Wednesdays of each month at Hanson House. New members are always welcome.

For more information call Jennifer at (732) 382-7578 or Tricia at (908) 232-7352.

Annual gala Wednesday

The head of the New Jersey Division of Youth and Family Services and the president of the State Senate will be honored during Community Access Unlimited 20th annual Gala Dinner Dance.

Charles Vent, director of DYFS, will be given the "Humanitarian of the Year" award for his longtime commitment to at-risk youth, and Sen. Donald DiFrancesco will be given the "Public Leadership" award for his work on behalf of people with disabilities in Trenton.

Sidney Blanchard, CAI executive director, called the honorees "ideal choices because of their steadfast dedication to the cause of helping people with disabilities gain the respect they deserve from others in the community."

Community Access Unlimited is a non-profit social service agency, which has been providing support services to people with disabilities and at-risk youth for over 20 years.

The awards will be presented at the Gala Dinner Dance to be Wednesday at L'Affaire in Mountainside.

Information session at magnet high school

The Union County Magnet High School for Science, Mathematics and

COUNTY NEWS

Technology will host the first information session for interested applicants and parents to next September's freshman class on Saturday at 10 a.m. in Mancuso Hall on the campus of the Union County Vocational Technical Schools, 1776 Raritan Road, Scotch Plains.

The information session will answer questions such as the following: Is a magnet high school a viable alternative to traditional education for your child? Have you heard of magnet schools but don't know much about them? What is the curriculum like, and how does a student get admitted?

The magnet school offers an intensive engineering and design technology-based curriculum. The rigorous program prepares students for entry into a baccalaureate degree program. The school, in collaboration with Union County College, provides the opportunity for students to earn up to a year of college credits prior to high school graduation.

Those wishing to learn about the Magnet High School and/or make reservations for the Saturday information session should call the Admission Office at (908) 889-3800, Ext. 201.

The Arc fashion show

Now that fall is here, it's time to find fashionable sweaters, light jackets and clothing that look as crisp and comfortable in the office as a day at a football match.

The Arc of Union County luncheon and fall fashion show is scheduled for Saturday from 11:30 a.m. to 3 p.m. at the Union County Voc-Tech School, Basel Hall, 1776 Raritan Road, Scotch Plains.

Participants will be able to see what's the latest in fall fashion from Annie Sez, Watchung. The Dress Barn Women, Westfield and Dante's

Tuxedo, North Plainfield

Volunteer models from C.R. Bard Inc. and The Arc of Union County's board, family members and staff will show casual, business and after five ensembles.

As an added bonus to the event, Annie Sez will sponsor a shop-a-thon Sunday and Monday. For those purchasing items with the shop-a-thon coupon, Annie Sez will donate 15 percent of the individual's total purchase to The Arc of Union County.


The Dress Barn Women will be offering discount coupons to the luncheon participants.

Tickets are \$25. For more information about the event, or to obtain a shop-a-thon coupon, call the Resource Development Office of The Arc of Union County at (908) 754-7820 or 754-7422.

Haskins-Womack elected president of association

Beulah M. Haskins-Womack, a Plainfield Board of Education member since 1982, has been elected president of the Union County School Boards Association for 2000-01.

The association serves as a forum for the concerns of local school boards in Union County and is a link between local boards and the state school boards association. It also provides training and information programs. Last year, for example, the Union County group conducted programs on issues such as standardized testing, professional development for teachers, and property taxes. County association meetings also serve as a focal point for school advocacy. Open, area legislators and state education officials are in attendance.



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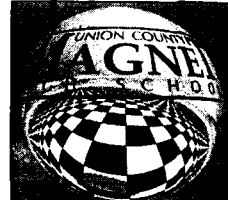
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ARTS & ENTERTAINMENT

Chorus marks 75 years of music, heritage

By Bea Smith
Staff Writer

Music plays an important part in everyone's life — all kinds of music, for all kinds of people. It is soothing to the soul. And it certainly is uppermost in the life and heart of Bill Wild of Union, a retired *Star-Ledger* composer, who has spent most of his life enjoying the music of the Sangerchor Men's Chorus of Newark.

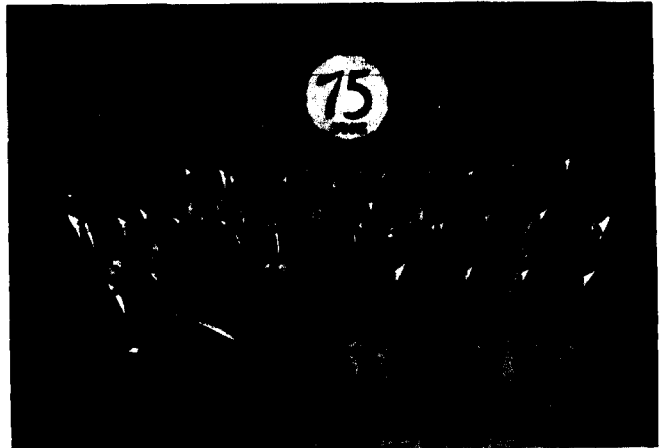
"The choir will be celebrating its diamond jubilee, its 75th anniversary year, at a concert Oct. 22 at Crescent Avenue Presbyterian Church in Plainfield," Wild explained with pride during a recent visit to this office. "It's a German male chorus with about 40 members, representing German heritage and harmony, and I not only sing second tenor — there are not too many around in this area — but I also do the publicity for the Sangerchor Men's Chorus. We've been rehearsing for the past 10 years at the Deutscher Club of Clark on Featherbed Lane."

The Sangerchor Men's Chorus will be produced and directed by Manfred Knoop and will feature the Men's Chorus of the United Singers of Newark, including the men of the Schwabischer Sangerbund, Volkschor-Harmony and the Sangerchor; the Rev. Henry Harrison, gospel soloist of the Baptist House of Prayer in Harlem, and the Royal Brass Quartet.

"During the last part of the concert," explained Wild, "the Sangerchor will be joined by the male voices of the Schwabischer Sangerbund and the Volkschor-Harmony, two German mixed choruses. Actually, these three German choruses are the remaining choruses of the United Singers of Newark, which started in 1850 with 24 German choruses in Newark. Manfred Knoop has been our director since 1978 and of the Schwabischer Sangerbund since 1985. He also is director of the St. Elizabeth Roman Catholic Church in Wyckoff."

Wild mentioned that another 75th jubilee celebration will take place Oct. 28 with a banquet and reception in the ballroom of the Chamclier Chateau in Warren Township.

According to Wild, the choir began in 1925 when 10 immigrants, all close friends from the city of Solingen in Germany, gathered in Newark's Turnhalle to create a new men's chorus. They christened the new chorus



The members of the Sangerchor Men's Chorus of Newark gather in preparation for the group's 75th anniversary Diamond Jubilee celebrations. The group's plaquard proclaims '75 years' in German.

Sangerchor Newark and "defined its mission as 'to study and train its members in the art of male choral singing, to cultivate the community's interest and taste for this type of music, and to perpetuate German traditions and sociability.'"

"And in its 75 years of existence," Wild indicated, "the Sangerchor carried out its mission with passion and has become a symbol of excellence in the world of German-American male choral singing — at annual concerts, trips to Germany or to cities in the United States, prize winging competitions, social events, our members met all challenges and performed at levels that brought this organization wide acclaim."

The senior citizen said that he "started with the choir when I was a high school student at Jonathan Dayton Regional High School in Springfield. I was with the choir for five years until I went into service. After I came back from service, I attended the concerts, but I got married to Christine, went to work in the com-

posing room at the Newark newspaper and we had four children.

"And would you believe," he grinned, "that all four are musical in their own way? All my kids, by the way, graduated from Union High School. My daughter, Anna Wild, was manager of the New Jersey Symphony in Newark, then worked in the business office at the Shakespeare Festival in Ashland, Ore. Otto is a music teacher in a Catholic school, La Salle High School in Milwaukee, outside of Portland. Eleanor Wild, who used to play the violin at Union High School, is attending Pacific University, where she is majoring in occupational therapy. Christopher is a Methodist minister in Fort Wayne, Ind. He plays his guitar, then does his preaching at the church services."

Wild, who also has five grandchildren — "too young to decide whether or not they're musical" — is on the board of directors of the chorus.

"I like it," he declared. "When I first retired, I wanted to join some-

thing again. I went to the Barbershop Quartet Chorus in Westfield — now it's in Rahway — I liked them, but when I got back to the German chorus, I found that there were only four second tenors. In my heart, I had to join the chorus to keep it going with second tenors."

He sighed. "You know, when I first joined the chorus in the 1950s, we had about 125 singers. When I got back, there were only 40 people. That's one of the reasons I rejoined."

Rehearsing in Clark with the other musical people has been a real thrill for Wild. "Just singing with the other groups," he admitted, "was thrilling enough. And when Rev. Harrison began singing gospel and we, with him, I could feel an electric moment — one that I had never experienced before — I get goose bumps just thinking about it now."

"We all will end the concert with 'Let There Be Peace on Earth,' and can you just imagine the response?" He nodded with emotion. "I can!"



Hal Holbrook
"Mark Twain" in Rahway

Holbrook brings Twain to county Arts Center

Mark Twain is alive and well and will be giving lectures at the Union County Arts Center in Rahway Oct. 14 at 8 p.m. to promote his recent novel titled "The Adventures of Huckleberry Finn."

Such is the premise of Hal Holbrook's masterful and careful rendering of one of America's favorite authors in his one-man show masterpiece, "Mark Twain Tonight."

"Mark Twain Tonight" grew out of an honors project at Denison University in which Holbrook had constructed a two-person show and played characters from Shakespeare to Twain. Holbrook's first solo performance as Mark Twain was at the Lock Haven State Teachers College in Pennsylvania in 1954. After five years of researching Mark Twain and honing his material in front of audiences in small towns all over America, he opened at a tiny off-Broadway theater in New York. It was a stunning success and amassed throngs of accolades from major publications. During his 1966 Broadway engagement of "Mark Twain Tonight," Holbrook was awarded a Tony Award, a Drama Critic's Award and a 90-minute CBS television special, which subsequently earned him an Emmy Award nomination. Holbrook has toured "Mark Twain Tonight" in some part of every year since 1954, thus making 2000 the 46th consecutive year for this remarkable one-man show.

The success of "Mark Twain Tonight" has presented Hal Holbrook with unique challenges in his career. After becoming known for his portrayal of the lovable curmudgeon Twain, a 36-year-old Holbrook had to jump-start his career. He declined roles that would cast him as older men and went on to star in Broadway shows casting him in his own age bracket. Starring roles in Broadway came along in "The Glass Menagerie," "The Apple Tree," "I Never Sang for My Father," "Man of La Mancha," and "Does a Tiger Wear a Necktie?"

Holbrook has carved out a niche for himself not only on stage, but in films and television as well. His first role on television was in the controversial series "The Senator" that won eight Emmy Awards. In the past 30 years, he has appeared in some 50 television movies and mini-series, been nominated for 12 Emmys and won five for "The Senator," 1971; "Pueblo," 1974; Best Actor of the Year 1974; "Sandburg's Lincoln," 1976; and as host and narrator of "Portrait of America," 1989. Perhaps he is best known for his recent appearances on two sitcoms: "Designing Women" and "Evening Shade." Since the start of his film career in 1966, Holbrook has been seen in more than 30 films including "Magna Force," "Midway," "All The President's Men," "Julia," "Capricorn One," "The Fog," "Star Chamber," "Creepshow," "Wall Street," "Eye of God," "The Firm," "Carried Away," "The Bachelor" and the recently released "Waking the Dead."

Throughout his long career, Holbrook has continued to perform Mark Twain every year, including his third New York engagement in 1977 at The Imperial Theater and a world tour in 1985 celebrating the 150th anniversary of Mark Twain's birth. With his voluminous knowledge of Mark Twain writings, Holbrook amends "Mark Twain Tonight" to stay current and timely; addressing topical issues of both today and yesterday.

County history guidebook now available in Spanish

A free guidebook about Union County history is now available in a Spanish language edition.

The guidebook is a year-round reference, but it is also ready for the annual Union County heritage festival, "Four Centuries in a Weekend," which will be held Oct. 28 from 10 a.m. to 5 p.m. and Oct. 29 from noon to 5 p.m.

"The Spanish guidebooks are part of Union County's goal to reach out to all of our communities," said Freeholder Angel Estrada. "The books have brief description of 22 house museums and historic sites as well as illustrated maps."

"This is a fantastic opportunity to view how this area played a role in our nation's history," said Freeholder Chairman Daniel P. Sullivan. "Prominent 18th-century American leaders, including George Washington and Alexander Hamilton, were visitors to some of these sites."

The 22 historic locations are grouped into five thematic categories. Visitors may pick any or all of the separate theme expeditions and visit examples of those historic periods at their own pace.

"The five historic themes describe major changes that took place from colonial times until the early 1920s in Union County," said Freeholder Mary P. Ruotolo, liaison to the Cultural and Heritage Programs Advisory Board. "Everyone can select a cluster of sites to visit or choose from all of them."

Choices include: The grand homes of the Early Aristocracy; the settings for the dangerous Revolutionary Front Line years; modest examples of hard Farm Life; the successful undertakings of Commerce and Industry; and the grandeur

and comfort of the Victorian Resorts and Suburbs.

The stories of the theme clusters tell four centuries of Union County history. Because buildings changed to meet new needs and styles, some sites appear in more than one cluster.

"Four Centuries in a Weekend" is made possible by the Union County Board of Chosen Freeholders and grants from the New Jersey Historical Commission and the New Jersey Council for the Humanities, a state partner of the National Endowment for the Humanities.

Showcased in the book are the Littell-Lord Farmstead and The Deserted Village of Felville-Glenside Park in Berkeley Heights; the Dr. William Plantation in Clark; the Crane-Phillips House in Cranford; the Belcher-Ogden Mansion and Boxwood Hall in Elizabeth; Evergreen Cemetery and the Woodruff House/Eaton Store Museum in Hillside; the Deacon Andrew Hatfield House in Mountaintide; the Salt Box Museum in New Providence; the Drake House Museum in Plainfield; Merchants and Drivers Tavern in Rahway; the Abraham Clark House in Roselle; the Cannon Ball House in Springfield; the Carter House, the Reeves-Reed Arboretum and Twin Maples in Summit; the Caldwell Parsonage and Liberty Hall in Union Township; and the Miller-Cory House Museum in Westfield.

For a free guidebook, contact the Division of Cultural and Heritage Affairs weekdays at (908) 558-2550 from 8:30 a.m. to 4:30 p.m. Relay users call (800) 852-7899. E-mail may be sent to acorn@unioncountynj.org.

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First night of 'Ballyhoo' is this coming Saturday

Joe Vierno of Westfield directs "The Last Night of Ballyhoo" by Alfred Uhry, opening Saturday at 8 p.m. at the Westfield Community Players.

The show continues Friday and Saturdays through Nov. 4 at 8 p.m. in the WCP theater at 1000 North Ave., West in Westfield. The WCP box office can be reached at (908) 232-1221 with all tickets at \$12. For benefit or group sales, call (908) 232-9568.

This poignant comedy with dramatic undertones is the story of a southern Jewish family, getting ready for Ballyhoo, the social event of the season. Will this be the dreamy but unpopular Lala's last chance to find a socially acceptable husband? Will the new office assistant from Brooklyn fall for the college girl Sunny? Events take several unexpected turns as the characters face where they came from and are forced to deal with who they really are. All this takes place against the backdrop of the Atlanta premiere of "Gone With the Wind" in 1939.

The cast features Jon Heron of New Brunswick as family patriarch, Adolph Freitag, Sandy Rudnitsky of Edison as his sister, Boo Levy; and Sharon Saks of Rumson as sister-in-law, Reba Freitag. Joe Farkas from Brooklyn, played by John Dowgan of New Brunswick, is Adolph's new business assistant drawn to niece Sunny Freitag, played by Amy Lane Watson of Fairwood. Countering this budding relationship is Boo's daughter, Lala, played by Carolyn Slesinski of Fords, who is pursued by your Peaches West, played by John Michael Lorenzo of Livingston. Stage manager Lynn Krausse of Scotch Plains will direct the action backstage and keep the actors cued.

The WCP season will continue with the comedy mystery "A Shot in the Dark" by Marcel Achard, adapted by Harry Humitz in January 2001; the drama "The Heiress" by Ruth and Augustus Goetz in March 2001, and the season finale is Samuel Taylor's romantic comedy "Sabrina Fair" in May 2001. The season ticket package is available through the WCP box office for \$35, a 40-percent savings over the cost of individual tickets.

Funding has been made possible in part by the New Jersey State Council on the Arts, Department of State, through a grant administered by the Union County Division of Cultural and Heritage Affairs.

CDC 'prepares the way' for 'Godspell' this weekend

The Cranford Dramatic Club will open its 2000-01 season with the colorful and energetic musical "Godspell."

Based on the Gospel according to Matthew, this modern and contemporary retelling is a joyous celebration of music, mime, comedy and slapstick. Performances will be at 8 p.m. on Fridays and Saturdays, Oct. 13 and 14, 20 and 21, and 27 and 28. All tickets are \$15.

Janice Lynn Schuhan is both director and choreographer. Arlene Wachstein is the assistant director. The musical director is Alissa Corriente and the vocal director is Anjanette Valiante. Ari Kusiv is stage manager and Liz Howard is the producer.

The casts includes John Schweska as Jesus, Rick Brown as Judas, Matthew Nazzaro as Matthew, Tiffany Wilson as Tiffany, Melissa Loderstedt as Melissa, Matt Beams as Matt, Sandy Howard as Sandy, Ginger Burd as Ginger, F.J. DeRobertis as F.J. and Molly Frieri as Molly.

The ensemble includes Jenn Eisenberg, Marie Losavio, Matteo Guasconi, Kevin Kessler, Charles DeRisico, Hallie Walters and Christina Koller.

The theater is located at 78 Winans Ave. in Cranford off Centennial Avenue and just minutes from Exit 136 of the Garden State Parkway. For reservations and further information, call (908) 276-7611.



The cast of 'Godspell' at Cranford Dramatic Club prepares for this weekend's opening. From left are Tiffany Wilson, John Schweska, Ed Wittel and Charlie Del Risco.

Bill Van Sant, Editor
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Great presidents set tone for religious/political split

It seems hard to believe these days, but George Washington acted under the conviction that public figures, including himself as President, should call on God's assistance in public utterances as little as possible.

It wasn't that he didn't believe, but that he felt it was a private matter. He had good motivation, as the kings of England claimed a divine right to rule, which he new Americans, of course, abhorred.

Abraham Lincoln once commented during the Civil War that it was inconceivable to him that a Divine Being could be taking sides in the conflict and terrible slaughter. That should be a lesson that the modern-day scribes who are thanking God constantly, or pointing to the heavens for what they perceive as intervention on their behalf. Sammy Sosa does this pointing skyward on hitting a home run as a regular habit, but he is not unique.

Doctrinaire religious thought emanating from a belief in an intervening deity on behalf of one person or his group earned a soiled reputation among the public in the United States at the time of the Scopes money trial. The theory of evolution as Charles Darwin had developed it came under attack from Biblical-strict constructionists. Our era's evangelical right is still pushing those issues in their support of "creationism," a hocus pocus alternate to the scientific approach.

In Spain of the Inquisition and in our 20th century, intolerant religious extremists who publicly call on God for their justification as they reach power, have come to be known as dangerous to the well-being of minorities, as we have seen from the expulsion of the Jews and the Holocaust. That is why it is so difficult to under-

On the Arts

By Jon Plaut

stand the present fad of politicians' public invoking God's grace on themselves and their views, and on us, at every turn. To me, this is objectionable. Whether it be George W. Bush as governor last spring in Texas proclaiming a day to honor Jesus or Joe Lieberman before religious leaders in Chicago last month, calling for more expression of God in public life, there is an endangerment to the precious freedom of religious choice or absence as a private matter.

The constant barrage of what has become a public display of one's beliefs, whether in compelling, campaigning or in justifying decision-making is a dangerous trend in public life, which I fear will narrow religious choice in private life. In the play, "Galileo Galileo," Galileo is told to recant his understanding of the universe or face ex-communication. Five hundred years after Galileo, six million people were murdered by a Nazi state fanatically convinced of its own mission. In Northern Ireland and Israel today, the conflict continues between religions and about the way private lives are to be lived.

As Lincoln said, there is no creditable evidence whose side God is on. For the protection of our freedom, perhaps George Washington should still lead us to abhor public political expression of God or religion, keeping those blessings as we care for them for our private life.

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BASILICO

BASILICO
by Tim Hayes
The buzz surrounding the hip new restaurant Basilico is almost overwhelming. Open only since June, this beautifully modern nightclub has already grabbed the attention of hundreds of the area's most demanding diners. So much so, that even on weeknights tables are scarce. The fact that they have amassed such a large and loyal following for such a short amount of time means that they must be doing something right.
Basilico has the look and feel of a restaurant that one would expect to find on the Upper West Side or in Tribeca, and people watching is definitely to be expected here. While the menu is based on classic Italian favorites, owners Mario DeMarco and Angelo DeIbecchi have succeeded in making each dish their own. For starters I would suggest the Portobello con Carpino (\$7.95) which arrives as a plate of warm goat cheese atop a grilled portobello mushroom served with truffle greens surrounded by a sprinkling of two distinct vinegrettes. The mushroom that I had was done to perfection and the goat cheese provided for just the right balance to the mild earthiness of the mushroom.
When ordering a salad, don't expect to get iceberg lettuce here. The La Parmiana was my favorite and was so generous that it could have served as a light meal in and of itself. An extra large white bowl arrived overflowing with Romaine lettuce covered in shavings of Asiago cheese and accompanied with Radicchio and avocado tossed with lemon & Liguria extra virgin olive oil (\$6.95).
When it came time to construct the menu for the main courses and pastas, Mario and Angelo drew upon their many years of running various restaurants in Italy. Their arrangement of meats, poultry and seafood provide them with a classic yet eclectic variety of food which is all nicely done by chef Claude Brown. From this wonderful mix of entrees I would have to recommend the L'Osobuco which is braised veal shank over a bed of fettuccine (\$18.95).
After enjoying such a meal, it is not unusual for many people to skip dessert, but to do so here would be a tremendous mistake. Formerly of Le Cirque, the master pastry chef Donna Sardella ensures that the last thing that you eat is the highlight of the night. Your waiter will provide you with a dessert menu, however one is really not necessary. The soufflé of the day will provide all of the inspiration that you'll need to tell your friends and neighbors about Basilico. Mine was a lemon soufflé (\$10.95) that stood almost 6 inches tall and was as light as air. My expectations were high, but I was not prepared for the explosion of flavor that erupted in my mouth. The taste was fresh and tart and stayed with me for a moment before evaporating off of my tongue. It was the taste of pure lemon with just the right amount of tart. That alone is worth the visit.
Reservations are strongly recommended and dropping by without them may mean a 30-minute wait even at 9pm on a weeknight. For those anxious to skip the line, however, the staff will be happy to serve you at the main bar or outside under the night sky. In fact, these too will be filled to capacity on the weekends. While the bar is somewhat small, it is situated in such a manner so that you are in the heart of all the activity. The tables outside are a really polished chrome and they will provide you with a little more elbowroom than inside. Regardless of where you sit you will be in for a real treat.
Basilico is B.Y.O.B. and serves lunch Tuesday through Friday 12-2:30pm. Dinner is served Tuesday through Thursday 5-9:30pm, Friday and Saturday 5-10:30pm and Sunday 4:30 - 8:30pm. Closed Mondays. 324 Millburn Ave, Millburn (973) 379-7020.

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Roselle Park's history comes alive in photographic book

It takes a couple of pages into "Images of America: Roselle Park" to learn why it is a local fast seller.

The book, after the expected page each of dedications, acknowledgments and introductions, opens with a picture of a man slowing his horse-drawn carriage along a tree-lined lane. "Climb aboard the Hon. Joseph Morgan's buggy as he guides his horse past open fields on the narrow, dirt, country road that was Chestnut Street, circa 1901," bookens the picture's caption. "He'll take you on a trip into the past, stopping along the way to point out local landmarks, places of interest, thriving businesses and the folks around town. Behind him is a view looking toward Five Points, Union."

After a modern-day hesitation to take a ride with a stranger, the reader will not regret climbing aboard. Judge Morgan starts a 118-page tour of Roselle Park from the Revolutionary War to the advent of the 21st century. The tour is done largely through photographs and captions selected and written by Audrey Morgan, Pat Pagnetti and Barbara Sokol. Under

Off the Shelves

By Walter Elliott
Staff Writer

Roselle Park Historical Society authorship, the trio worked with Arcadia Publishing to have the book printed in advance of the borough's incorporation centennial.

Some readers may be familiar with Arcadia's Images of America books on six other Union County towns. Since the earliest editions on Union appeared in 1994, the Charleston, S.C. publisher has printed similar books in all 50 states and Washington, D.C. About 100 books cover New Jersey towns alone.

The secret to Images of America's success is its teaming up with knowledgeable authors and a treasure trove of photographs to create regional history books.

The books attempt to balance captions with pictures. Ballentine Books'

early 1970s series on World War Two and the automobile were similar in size, for example, but they were more book-like with text overwhelming rare photos. Publications in the other extremes — ample photos but minimal captions — tend to become "art books."

"Images of America: Roselle Park" strikes just delicate balance. The photographs keep within the broad topics as indicated by "Early Settlers," "Neighbors," "Learning and Praying," and other so-titled chapters.

Those nine chapters were set by the authors, whose main task was to write captions. Rarely exceeding seven sentences, the caption writers manage to tell mini-stories.

The photographs and captions maintain a continuity while describing the borough's development.

"Then-and-later" photographs taken of the same street or view, usually pages apart, help chart the changes. What struck this reviewer was how the borough once had wide-open lots into the 1930s.

Some readers may look at the pic-

tures and pick out familiar views and faces. Others have question marks or partial names in group photos — mysteries which are part of the fun of reading histories.

Several of the photographed map sections are turned 90 degrees for space reasons. Grammatical errors are few and far between.

"Images of America: Roselle Park" is a book which a well-versed borough resident and a casual reader can both enjoy. The work may become a collector's item like the 1976 diamond anniversary book as copies are selling fast. It is available at local bookstores, but those bought at the Roselle Park Veterans Memorial Library, Roselle Park Borough Hall or the Roselle Park Museum will have those proceeds directly benefit the Rosell Park Historical Society.

"Images of America: Roselle Park" by the Roselle Park Historical Society — and members Audrey Morgan, Pat Pagnetti and Barbara Sokol — is published by Tempus Publishing/Arcadia Press, Charleston, S.C., and sells for \$18.95

AN ATHLETIC CLUB



A group shot of borough residents at the Roselle Park Athletic Club graces the cover of 'Images of America: Roselle Park,' authored by the Roselle Park Historical Society and published by Arcadia.

New Jersey Ballet will kick up its heels with 'Pinocchio'

Audiences in attendance at Kean University's Wilkins Theater Sunday at 2 p.m. are surely in for a treat. New Jersey Ballet will present its delightful new production of "Pinocchio," choreographed by NJB resident choreographer George Tomal.

The famous fairy tale tells the story of the woodcarver Geppetto, who longs for a son and decides to make a puppet out of wood that would look like a real boy. With a colorful cast of characters that include a beautiful Blue Fairy, a band of ruffian boys, a treacherous ring master, fox, cat, and cricket — plus a monstrous whale — boys and girls of all ages will be delighted to be a part of Pinocchio's journey, and to watch his nose grow longer and longer! The whole family will love this adventurous tale.

The ballet will feature New Jersey Ballet's principal dancers from Russia, South America, Mongolia, and the United States, and from such prestigious companies as Russia's Bolshoi, the Edward Villella Dance Ensemble, Moscow Theater Ballet, and others.

Tickets for the Sunday concert are \$7. Information is available through the Wilkins Theater Box Office at (908) 527-2337 or NJ Ballet at (973) 597-9600. All seating is reserved.

The New Jersey Ballet has been designated a Major Arts Institution by the New Jersey State Council on the Arts in recognition of its "artistic excellence, substantial programming and broad public service."

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Healthy Living

Simple steps enable people to 'wash their hands' of infection

By Allison Ashton
Copley News Service
Wash up

Mom always said to wash our hands after going to the bathroom, but a lot of us never got the message. A survey of adults in cities across the United States found that at least one-third of Americans don't bother to soap up after using a public restroom. In a phone survey, 95 percent of adults claimed to wash their hands, but observational evidence revealed that only 67 percent actually do.

That's bad news, says Judy Daly, Ph.D., secretary of the American Society of Microbiology, which commissioned the survey.

"While it may seem amusing at first, this is really a very serious issue. We really need to help the public understand the significance of these findings and the importance of hand washing. The more people do their part to control the spread of infections, the less we have to use antibiotics, which lose their potency over time as bacteria develop resistance to them."

"Hand washing is the simplest, most effective thing people can do to reduce the spread of infectious diseases," adds Julie Gerberding M.D., director of the Hospital Infections Program at the Centers for Disease Control and Prevention.

In addition to washing up after using the bathroom, you should wash your hands before and after handling food, after handling pets, before eating, and whenever you're sick or around sick people. Most colds are spread through hand-to-hand contact.

Researchers surveyed more than 1000 people by telephone, then observed almost 8,000 in public restrooms in New York, Atlanta, New Orleans, Chicago and San Francisco. Men in Atlanta were least likely to wash their hands while women in Chicago were the most apt to wash up. A similar study was done in 1996 and, with the exception of Chicago and San Francisco, the percentage of hand washers has declined. In New York,

for example, just 43 percent wash after using the bathroom, down from 62 percent in 1996.

Sleepless on the job

Next time your boss asks you to work overtime, remind her that longer hours don't result in high-quality performance. Long hours are typical in the New Economy, but a study by European workers finds that putting in more time on the job is counterproductive.

In fact, the longer you work, the worse you'll perform. After 17 to 19 hours of staying awake — a normal

work day for many people, from dot-commers to truck drivers — reaction times in research participants were as much as 50 percent slower than after drinking alcohol. Researchers measured mental and physical reaction times, accuracy, coordination and attention span in 39 people.

Poor performance is a liability on the job, but it can be a serious safety risk as well. An estimated two-thirds of road accidents in the United States are partly due to fatigue.

Early screenings
Men are urged to have a prostate-

specific antigen test annually once they turn 50 years old. A new study in the Journal of the American Medical Association suggests, PSA screening at age 40 and 45, then every two years after 50 is more effective. Researchers found this strategy could save an extra 100 lives each year, even though it requires 25 percent fewer PSA tests and prostate biopsies.

"By doing a screen at age 40 and another one at age 45, you can often pick up people who are at high risk of cancer or who already have it and may need to be treated," says researcher

Keven S. Ross, a former graduate student at the University of North Carolina at Chapel Hill. "Although the prevalence of prostate cancer is lower in 40- through 50-year-old men compared with older men, younger men with PSA-detected prostate cancers are more likely to have curable disease compared with older men whose cancers are detected by the tests."

Food news

Be sure your pantry is stocked with olive oil — the golden elixir could prevent bowel cancer. A recent study of bowel-cancer rates in 28 countries found that a diet rich in olive oil was

associated with decreased cancer risk. And it turns out that garlic, which has been touted as a cholesterol reducer, isn't such a miracle food. An analysis of 13 trials found that garlic was only slightly better than a dummy pill in lowering cholesterol, and in the six more significant trials the difference was negligible.

In a Danish study of 24,523 adults, wine drinkers had a lower risk of death from heart disease and cancer than those who drank beer and spirits. Even heavy drinkers whose intake included wine had a lower death risk than heavy drinkers who didn't sip the stuff.

A day at the circus



Seven-year-old Scotch Plains resident Nicholas Sebolao receives a snake 'tattoo' from Sunny the Clown at Ashbrook Nursing and Rehabilitation Center's Circus Picnic. Sebolao joined his brother, two sisters, mother, grandmother and great-grandmother, Ashbrook resident Beatrice Florio, in the long-term care facility's courtyard for a 'big top' time, featuring singing by entertainer Candy Nelson, face painting and balloon animals by Sunny the Clown and lunch circus fare.

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FITZSIMMONS & HAUGH IMPLEMENT LONG TERM CARE PROGRAM WITH NAFE

James J. Fitzsimmons III and John Haugh, CLU, ChFC sign deal with the National Association for Female Executives to offer Discounted Long Term Care Insurance to their members and families. NAFE is one of the largest Associations of Professional Women in the country - 160,000 members. The Long Term Care Program will allow NAFE members to plan for LTC expenses such as Home Health Care, Assisted Living Facilities and of course Nursing Home expenses for themselves, their parents and other family members. The LTC Program is underwritten by Unum/Provident Companies.



Seen above at contract signing are standing L to R: John Haugh & Jim Fitzsimmons. Sitting L to R: NAFE Executive Director, Melissa Wahl, NAFE President, Gretchen Tibbitts and Mark Lilledahl CLU, UNUM/Provident Co. 7/20/00

NEW JERSEY BROKERS INSTITUTE A DISCOUNT LONG TERM CARE "CALL CENTER" TO BENEFIT MEMBERS OF CORPORATIONS AND ASSOCIATIONS

James J. Fitzsimmons III, President of Fitzsimmons Insurance and Financial Services, Summit, New Jersey and John Haugh, CLU, President of Pinnacle Benefits Group, Hackensack, New Jersey have created a toll-free "Call Center" for members of participating corporations and associations to acquire quotes on Long Term Care insurance.

Long Term Care insurance is rapidly becoming part of "smart planning" by financially astute Americans who want to preserve their quality of life and assets. These individuals are aware that the staggering costs of Long Term Care are beyond the reach of most people. For example, nursing homes in the Northeast cost between \$30,000-\$80,000 per year. Recent statistics indicate that 60% of Americans will require this type of aid in their lifetimes.

Medical insurance and HMO's do not pay for Long Term Care. Medicare pays only for short term which is nursing home care following hospitalization. State Medicaid programs require recipients to spend down their assets to poverty level to qualify for assistance.

Therefore, if a person needs help with the activities of daily living, such as bathing, eating, transferring or toileting they will have to spend down their resources to qualify for Medicaid. Consequently, the American dream of being financially secure and leaving something for loved ones is quickly extinguished.

James J. Fitzsimmons III, and John Haugh have addressed this difficult problem by designing a simple, innovative method for corporation and association members who are interested in buying Long Term Care insurance.

This purchasing method is based on the lifestyle needs of the average consumer. The busy informed buyer will receive three advantages by dialing the 800 numbers as the "Call Center". The first is a discounted policy proposal, secondly coverage by Unum America; a highly rated company by Standard & Poor's, Moody's Investor Services and A.M. Best. Finally the buyer in this fast paced society, can initiate the purchase, during his own time schedule since the "Call Center" is activated and staffed by a non-commissioned benefits counselor at convenient times, including Saturdays.

The associations that have recently participated in the plan are the National Association for Female Executive (NAFE), the largest women's professional organization in the country, Drew University Alumni Association, Wagner College Alumni Association and many others.

To obtain information on how your company or Association can participate in the "Voluntary Long Term Care Program," please call 908-277-6000 or E-mail us at Fitzins@earthlink.net.



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Here's more good news: you and your doctor learn the results of your ANSCORE™ test within 30 minutes.



St. Elizabeth Hospital and Elizabeth General Medical Center are now one.

Healthy Living

Books show Adonis complex can lead to eating disorders among men

By Jack Williams
Copley News Service

It's no secret that men, aspiring Adonises that we are, traditionally have equated muscularity with masculinity.

But to be stout than svelte, virile than vulnerable.

In the body-image category, Mick Jagger, for all his waxy charisma, couldn't hold a dumbbell to the Schwarzeneggers and Stallions of the weight room.

But our quest for a bigger, better body is not without its dysfunctional pitfalls. Many self-destructive behaviors are so well-hidden that a newly published book, "The Adonis Complex," ominously refers to "the secret crisis of male body obsession."

Among those health-threatened tendencies: eating disorders, steroid

abuse and muscle dysmorphia, an increasingly diagnosed condition that has been labeled reverse anorexia.

But while the anorexic looks at bones in the mirror and sees fat, the muscle dysmorphia sufferer looks at his average to well-developed physique and sees flaws.

The result? Anything from impaired self-esteem to full-blown depression. People break off relationships, change careers and risk physical destruction because of it, we're told.

Former anorexic
Dr. Harrison G. Pope Jr., a professor of psychiatry at Harvard Medical School, has talked to such troubled men. He's reviewed 15 years or so of research, his own and that of his colleagues in the Boston area. And with fellow authors Dr. Katharine Phillips

and Roberto Olivardia, he has written "The Adonis Complex," published by The Free Press.

Coincidentally, a book exploring some of the same phenomena, "Making Weight," was released recently by Gurze Books of Carlsbad, Calif. One of its authors, Dr. Thomas Holbrook, is recovering from two problems that often go hand in hand: compulsive exercise and an eating disorder.

Holbrook tells of being 15 years into his psychiatric practices before "I acknowledged I was anorexic and could see how this illness had affected me most of my life."

Running 15 miles a day on a diet of rice cakes fed his obsession while starving his body.

Anorexia, bulimia — binging and purging — and binge-eating disorder without purging may stem from all

kinds of issues other than striving for the unattainable physique. One thing's certain, though: They're more common among males than believed.

"Therapists are seeing 50 percent more men for evaluation and treatment for eating disorders than 10 years ago, and experts believe this number may be the tip of the iceberg," said Dr. Arnold Andersen, co-author of "Making Weight" and director of the Eating Disorders Program at the University of Iowa College of Medicine.

Men and secrecy
Some professionals make the case that today's more-muscular-than-ever ideal male, as promoted by media and movies, is partly to blame for the Adonis Complex and its attendant problems.

"What's also unique to the present

generation is the increasing empowerment of women," Pope said. "Men are seeing their traditional roles eroding, and some see the body as the only surviving haven of masculinity."

What's equally disturbing to authors Pope and Andersen is that men are reluctant to seek treatment for or to discuss what society has perceived as a women's syndrome.

"The single most outstanding feature of men with these different forms of the complex is secrecy," Pope said. "In our society, 'real men' aren't supposed to fust about what they look like. It's considered inappropriate or even feminine."

The more it's exposed, though, the more men may be willing to admit they have a problem, just as women

did in the 1980s when recognition of eating disorders spawned support groups and treatment programs.

Now, with books such as "The Adonis Complex" and "Making Weight," men can see that they're not alone in their anguish.

"Some men may need therapy and medications," Pope said. "For milder cases, advice. For one thing, don't buy into media images that make so many boys and men feel insecure about their looks."

We also might try to liberate ourselves from the belief that muscularity is the ultimate gauge of masculinity. There are two sides, it seems, to this health-zapping coin: fear of fat and muscle envy. Holbrook was focused on the former.

ARC sounds the call for blood donors in October

Although Halloween and its vampires are still a few weeks away, the cry is out: We still need your blood.

ARC/Tri-County Chapter is working hard to help to change the percentage of 2 percent of the eligible area population which donates blood. Unfortunately, the 98 percent who do not donate did not know that by the age of 72, 95 percent of the population would need a blood transfusion.

NJ Planned Parenthood screens for breast cancer

Planned Parenthood of Greater Northern New Jersey is celebrating October as Breast Cancer Awareness Month.

In fact, Planned Parenthood knows how important early detection is in fighting cancer; all of PPGNJ's women's healthcare centers offer breast exams as part of their basic gynecological exam.

Overall, one in every eight women has a lifetime risk of developing breast cancer. PPGNJ joins the fight against breast cancer through patient screenings for breast and cervical cancers.

Call your local Planned Parenthood today for an annual gynecological screening exam. The Union County locations are 123 Park Ave., Plainfield, 756-3736; or 208 Commerce Place, Elizabeth, 351-5384.

Hospice of NJ is certified

Hospice of New Jersey, located in Bloomfield, has become the first hospice service licensed by the State of New Jersey.

"The New Jersey State Department of Health conducted a rigorous and thorough inspection of our agency," explained Michelle Stefanelli, president and chief executive officer of Hospice of New Jersey. "They determined that the high quality of our staff and level of care deserved the first state licensure awarded to a New Jersey hospice."

"Hospice of New Jersey is proud to be the model of hospice care in the state."

Hospice of New Jersey offers services in Essex, Bergen, Hudson, Monmouth and Passaic counties. A choice

of comfort care is given to terminally ill patients and their families at home, in a nursing home, or in the only hospice in-patient care unit available in northern New Jersey. The top-rated staff is comprised of nurses, social workers, bereavement counselors, aides and volunteers.

In keeping with its mission of care for families, Hospice of New Jersey is also a provider of NJ KidCare, the state's program of health insurance for every child. For information, call (973) 893-0818.

Hospice of New Jersey is located at 400 Broadacres Drive in Bloomfield.

There is nothing to fear about giving blood and one person can donate as much as five to six times a year, roughly every 56 days. If all potential blood donors donate at least once a year, it would help to meet hospitals' demand for blood.

Giving blood means saving lives. Many people do not know that when they donate a pint of blood, they are helping to save five lives. That occurs because at the laboratories, the blood is broken down in five different components: plasma, platelets, red cells, Gamma Globulin, and Factor 8 for Hemophiliacs.

If you'd like to become a blood donor, sign up to donate, or to sponsor a blood drive in your community group, business, church or school, call ARC/Tri-County Chapter at (908) 353-2500 ext. 22.

Following is the blood drives schedule for October.
Today, ARC/Tri-County Chapter House, 203 W. Jersey St., Elizabeth, 1 to 6:30 p.m.; Oct. 19, Temple Beth-El, 338 Walnut Ave., Cranford, 3 to 8:30 p.m.; and Oct. 24, Clark Volunteer Emergency Squad Building, 875 Raritan Road, Clark, 3 to 8:30 p.m.

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At a child's regular check-up, parents often are unsure about appropriate questions or discussion topics for the doctor. Asking about the child's growth trend is an important issue. Although it is important to see where the child falls on the height and weight charts, it is equally important to check the rate of growth. Be prepared for the doctor to ask your observation on your child's other areas of development, including gross and fine motor skills, social skills, and speech. Make sure your child's immunizations are up to date. If you need it, get advice on your child's diet, a common concern with parents. If your child has any unusual mark or physical characteristic that is troubling you, do not hesitate to ask about it.

October is Child Health Month. If you are looking for quality and efficient pediatric care, call NEW JERSEY HEALTH CARE SERVICES, conveniently located at 2780 Morris Avenue, Suite 2A, in Union, at 908-987-3300 to schedule a consultation and exam. We will take the time to fully address your questions and concerns regarding your child's health. Most major insurances accepted.

Hospice of New Jersey

The inpatient unit is for Short Term care to manage acute symptoms, adjust medications, or to stabilize residential situations. The first licensed Hospice in New Jersey, we also provide home care services in various health care facilities. We recently opened a second office in Tom's River, N.J.

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It is the premise of the chiropractic profession that many illnesses are the result of improper nerve supply. By using his highly-trained manipulation techniques he works to restore proper nerve function to your body.

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Figurine sales will benefit breast cancer

October is breast cancer awareness month, and you can help!

Sam Butcher, the artist behind the Precious Moments collection by Enesco, has created a very special porcelain bisque figurine to help support the national alliance of breast cancer organizations, also known as NABCO. This extraordinary piece is available now at O'Johnnie's, 170 Westfield Ave. in Clark.

Inspirationally titled "Life is Worth Fighting For," this adorable figurine has the pink ribbon, the official breast cancer awareness color, sculpted on her skirt and is wearing boxing gloves to aid her in her fight.

More than 180,000 women will be diagnosed with breast cancer in the year 2000, so we ask that you lend a hand and join the fight as well. When you purchase "Life is Worth Fighting For," a portion of the proceeds will benefit NABCO to help educate and inform women about breast cancer. With the purchase of this collectible, you can make a difference, filling life with precious moments.

Bill Van Sant,
Editor

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Leisure Lifestyles The Potting Bench

Pruning methods vary among species of butterfly bushes

By Jeff Rugg
Copley News Service
Q. How and when do I trim my butterfly bush?

A. There are several species of plants commonly called butterfly bush. The most common ones are in the Buddleia genus. The most common one is Buddleia davidii, and its also sometimes called summer lilac.

The plant flowers on the ends of the new growth from midsummer until frost. In the northern states, it is treated as a perennial because the canes all die back to the roots each winter. As each cluster of flowers turns brown, it can be cut off. Cut the branch back to a pair of leaves or side branches. New side branches will continue to send out more flowers and the plant will look nicer without the stalks of dead flowers hanging on the ends of the branch.

Before new growth comes out in the spring, cut all dead stalks back to the ground level. Do not try to yank them out of the ground like you can with the dead stalks of many perennials.

The stems will pull the roots out of the ground.

In the middle states, the butterfly bush does not die to the ground each winter. In mild years, you may get a much bigger and fuller plant if the previous year's stems send out new growth. Wait to see how much dead wood there is and prune it out, then prune to shape the plant.

In southern states, this plant can grow to be a large shrub as much as 15 feet high. Prune out dead wood as necessary, and prune back old flower stalks to get more new growth that will bloom better.

The species Buddleia alternifolia is commonly called the alternate-leaf butterfly bush. It grows to a small tree size of 20 feet and is only a little bit harder than the normal butterfly bush. It begins blooming a month earlier and is not as fragrant.

The main thing to understand is that this species blooms on the previous year's wood, not on the ends of the new growth. It should be pruned in the month or so after it stops blooming, so that the new growth of that year will

become the flowering wood of the next year. Pruning this plant in spring or even late fall will reduce the amount of flowering the next year.

By the book
I received a new book in the mail the other day and have not been able to put it down. Move over, Harry Potter. If you have gardeners on your shopping list, this is the book for them. It is titled "Continuous Bloom" by Pam Duthie (Ball Publishing).

She has arranged almost 300 perennials, hardy from zones three through nine, according to when they bloom.

Each plant has a photo and the same information given for it. One of my pet peeves with most other plant books is the mix of information given. You read something about a plant, and you want to know how that compares to another plant in the same book, but the book doesn't give you the same information about the other plant. This book allows you to compare information from plant to plant. The text is to the point and repeated in the same format for each plant. The book gives the usual information

on what the plant looks like and how to grow the plant, and it goes one step further to tell you some good plants to combine with it. Many perennials that are not grown for flowers are also included, such as ferns, grasses, some hostas, and there are even some good roses that mix well with perennials.

There are additional chapters covering gardening tips and lists of good foliage plants. Some of the photos did not reproduce well, even though, on the whole, the book is very visually appealing. Some novice gardeners may have a hard time telling which blooming plant in the photo is the one the text is describing, but those cases show good companions that bloom at the same time. Little icons and color-coded pages also helps the beginner to find extra-long-lasting bloomers that will make the garden last.

I can't wait to try out some of the suggestions to fill in a few bare spots and bare times in my garden.

E-mail questions to Jeff Rugg at agreenview@allavista.com.

GARDEN TIP

Trimming a butterfly bush

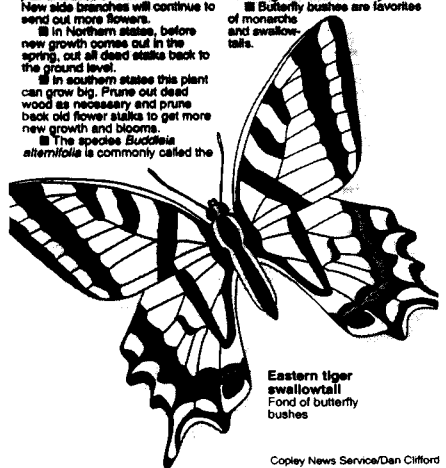
Butterfly bushes usually are in the Buddleia genus and sometimes are called summer lilac. The bush flowers on the ends of the new growth. As each cluster of flowers turns brown they can be cut off. Cut the branch back to a pair of leaves or side branches. New side branches will continue to send out more flowers.

In northern states, before new growth comes out in the spring, cut all dead stalks back to the ground level.

In southern states this plant can grow big. Prune out dead wood as necessary and prune back old flower stalks to get more new growth and bloom.

The species Buddleia alternifolia is commonly called the

alternate-leaf butterfly bush. It blooms on the previous year's wood (not on the ends of the new growth) so it should be pruned in the month or so after it stops blooming, so that the new growth of that year will become the flowering wood of the next year. Butterfly bushes are favorites of monarchs and swallowtails.



Eastern tiger swallowtail
Fond of butterfly bushes
Copley News Service/Dan Clifford

Tips can aid in trendy container gardening

Visit any home improvement center, nursery or garden center, and it's easy to see what the hottest trend is in gardening these days — container gardening.

With the increasing availability of large containers, container rose gardening is becoming more and more popular. All-American Rose Selections offers the following guidelines for starting a container rose garden:

- Most varieties of roses can be

grown in containers, even climbers. For full-size roses, choose a container at least 18 inches in diameter and 14 inches deep.

- Decay-resistant wooden tubs and boxes, terra cotta or glazed pottery, plastic pots and even the new decorative fiberglass pots make good rose containers.
- Whatever style of pot you choose, be sure it provides adequate drainage.

Roses will die if allowed to continuously stand in water. There should be several holes in the bottom and cleats or feet to keep the container from sitting in water.

- Plant roses using a ready-made soil-free mix or a growing medium composed of sandy loam and organic matter such as peat moss.
- Soil in containers will dry out more quickly and retain fewer nutri-

ents than ground soil. Therefore, it is very important to keep the soil evenly moist at all times and feed regularly with liquid or time-release fertilizer.

Roses like at least six hours of direct morning or midday sun. Good air movement — but not direct wind — is also important to keep foliage dry and discourage disease.

Roses in containers are more susceptible to damage from extreme cold. In areas where the temperature is likely to drop below 20 degrees, move containers to a frost-free cool location when winter begins.

All-American Rose Selections is a non-profit association dedicated to the introduction and promotion of exceptional roses. For more information, visit www.rose.org.

Fall courses set for Master Gardeners

The Rutgers Cooperative Extension Master Gardeners of Union County invite you to attend the following free lectures on various gardening topics for our 2000 Fall Speaker's Series.

Rutgers Cooperative Extension of Union County provides information and education services to all people without regard to sex, race, color, national origin, disability or handicap, or age. All lectures in the series will start at

7:30 p.m. and will be held at the Union County Administration Building Auditorium, located at 300 North Ave. East in Westfield. Call (908) 654-9854 to register.

- Fall Schedule
- Oct. 26: Ticks and Lyme Disease
 - Nov. 9: Composting
 - Nov. 30: Horticultural Therapy and Terrariums
 - Dec. 12: Preserving Herbs for Crafts and Holiday Gifts

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ESSEX COUNTY
 News-Record of Maplewood & South Orange
 West Orange Chronicle • East Orange Record
 Orange Transcript • The Glen Ridge Paper
 Nutley Journal • Belleville Post
 Irvington Herald • Valhalla Leader
 The Independent Press of Bloomfield

DEADLINES

Business Directory 4 PM Thursday
 Display - Space reservation 5 PM Friday
 Ad Copy 12 noon Monday
 In-column 3 PM Tuesday

ADJUSTMENTS

Adjustments: We make every effort to avoid mistakes in your classified advertisement. Please check your ad the first day it runs! We cannot be responsible beyond the first insertion. Should an error occur please notify the classified department. Worrall Community Newspapers, Inc., shall not be liable for errors or omissions in cost of actual space occupied by item in which error or omissions occurred. We can not be held liable for failure, for any cause, to insert an ad. Worrall Community Newspapers, Inc. reserves the right to reject, revise or reclassify any advertisement at any time.

CLASSIFIED SPECIALS

GARAGE SALES

25 words \$21.00 or \$28.00 combo
 Garage Sale signs, price stickers, balloons,
 helpful hints, inventory sheet and Rain
 Insurance.

ECONOMY CLASS

20 words \$7.00 or \$11.00 combo items for
 sale under \$100.00 One item per ad price
 must appear.

AUTOS FOR SALE

20 words • 10 weeks \$31.00 or \$44.00
 combo no copy changes

DREAM MACHINES

Photo of your car plus 20 words
 4 weeks - \$40.00
 Call now 1-800-564-8911

HELP WANTED

\$505 WEEKLY GUARANTEED

working for the government from home part time. No experience required. 1-800-748-5716 ext. X102.

ADMINISTRATIVE ASSISTANT, full time, busy physicians office/legal department. Responsible, efficient individual, some computer knowledge, pleasant telephone manner and attention to detail a must. Resume to: fax resume 973-535-1285, afternoon Paula.

AIR HIGH: Job available in over 150 agencies, plus up to \$12,000 attainment bonus, up to \$10,000 student loan repayment, prior service openings, high school graduates, ages 17-27, or prior service members from any branch, call 1-800-423-USAF, for an informational letter or visit www.airforce.com. AIR FORCE.

AIR CONDITIONING/Heating Service and Installers. Experience necessary. Year round Good pay. Lots of benefits, etc. Call Springfield Heating 973-378-5000 or fax resume 973-379-5546.

ARTICULATE MAN of Affairs wanted to assist with start up media relations business. Computer literate, references, non-smoking. Part time. 973-763-7555.

ATTENTION TAKE orders by phone or PC. Earn \$85+ per 3-4 hours daily. 1-888-264-4714 www.fredcorcorator.com.

ATTENTION GROWING Company needs help. Work from home. \$500-\$2,500/month part time \$3,000-\$7,000/month full time. Free 800-423-8000. Free information www.home-business-ideas.com.

ATTENTION: WORK From Home. Busy lifestyle company needs help immediately. \$1,500-\$2,500/month part time \$3,000-\$7,000 full time. 414-200-8000. Free information www.home-business-ideas.com.

ATTENTION: STAY Home-Work online! For your FREE Ebook go to www.internets2riches.com.

AVON: Start your own business. Work flexible hours. Enjoy unlimited earnings. Call toll free, 888-942-4083.

BANKING TELLERS. Full Time and Part Time Credit Union has positions available at our busy Roselle Park office. Experience required. Must have good communication and sales skills. Some Saturday hours. Competitive salary and benefits available. Send Resume with salary requirements to HR Committee P.O. Box 186, Roselle Park, NJ 07068 or fax 908-245-8329.

START IMMEDIATELY

Data Entry/Reservationist for limousine company located near Newark Airport. Good salary, benefits. Call Bri, 973-242-5126

HELP WANTED

BARTENDERS MAKE \$100-\$250 per night. No experience needed! Call now! 1-800-981-8158 ext. 3050.

BOOKKEEPER, Part-Time M.D. Oppenheim & Company, a full-service CPA firm is looking for a part time (20 hour/week) bookkeeper to work in our internal accounting department. Experience with A/P, payroll, and general bookkeeping. Computer literacy a must. Salary commensurate with experience. Please send resume to Phyllis Broday, M.D. Oppenheim & Company, P.O. Box #100, Iselin, NJ, 08830. Fax # 732-602-9331. E-mail: pbrod@compa.com

BROKERS WANTED. Residual income, paid daily. Free training. 732-738-8822.

CAREER OPPORTUNITY. Earn up to \$45,000 per year processing medical claims. Full training provided. Computer required. Call Triant toll free: 888-560-6992, ext. 4033.

CAREER OPPORTUNITY. Earn up to \$25k/year! Processing medical claims. No experience necessary. Full training. Computer required. Call Triant Business Solutions toll free: 888-560-6992 ext. 4409.

CAREGIVERS needed part time mornings/afternoons, or full time for the elderly. Flexible hours. No medical background. No experience. Care, and elderly related errands. No certification required. Free training provided. Driver's license and car required. Home instead Senior Care. 908-653-0200.

CASHIER needed for upscale shoe store. Footwear, Milburn. Approximately 30 hours per week. Great sales, hours, benefits, discounts. Sarah 973-379-2085.

YOUR AD could appear here for as little as \$16.00 per week. Call for more details. Our heavily classified department would be happy to help you. Call 763-9411.

HELP WANTED

CASE MANAGER. Non-profit organization seeks an experienced Case Manager for its Transitional Housing Program. Candidate should have a related degree with a minimum of 3 years of family service experience. Some evening hours required. Valid NJDL, Good oral and written communication. MS Word experience. Bilingual (English & Spanish) a plus. Mail resume to: EC2HTH, 116 Divickon Street, Elizabeth, NJ 07201 attn: Executive Director.

CERTIFIED MEDICAL ASSISTANT. Full Time medical position for busy 4 doctor urology practice. Experience preferred. Good benefits and pleasant working conditions. Serious applicants only. No phone calls. Send resume to: MUG 777 Bloomfield Avenue, Glen Ridge, NJ 07028. Attn: Sheila.

CHILD CARE, 3 days 9:00am-5:00pm in Montclair for infant. \$10.00/hour. References and car required. 973-267-2727.

CHILD CARE Aids, full time. Must be over 18 and must have transportation. Benefits Call 908-686-9622 and ask for Phyllis.

CLAIMS PROCESSOR: \$20-\$40/hour potential. Processing claims in easy! Training provided. Must own PC. Call now, 888-509-7909 ext. 89.

CLAIMS PROCESSOR: \$20-\$40/hour potential. Processing claims in easy! Training provided. Must own PC. Call now, 888-673-5724 ext. 88.

COMPUTER, INTERNET people wanted to work online. \$125-175 an hour. Full training. Vacations, bonuses and incentives. Bilingual also needed. 47 countries. Free 800: www.profit-9.net

HELP WANTED

Clerical
ADMINISTRATIVE ASSISTANTS
 Traffic Department

Due to our continued growth, we are looking to fill several positions in our Traffic Department. These are Part Time positions with flexible hours. The primary responsibilities would include general office duties consisting of data entry and filing. Experience in Word, and Excel is extremely helpful. Ideal candidates must be hard working, self starting, conscientious individuals. We offer a competitive salary and a good working environment. Please fax resume, with salary requirements, to attn: Jay Cohen, 908-985-0070. No phone calls please.

NEW ENGLAND MOTOR FREIGHT
 1-71 North Avenue East
 Elizabeth, NJ 07201
 Equal Opportunity Employer
www.NEMF.com

Customer Service Representative (Part Time, some evenings and Saturdays is a must) Assist customers, process orders, data entry & other related duties. Willing to train bright individuals with good communication skills. Bilingual (English/Spanish) a plus. **FAX RESUME OR APPLY IN PERSON** Popular Club 580 Raritan Road Roselle, New Jersey 07068 Fax (908) 641-0922 Equal Opportunity Employer

HELP WANTED

CUSTOMER SERVICE based office seeks motivated individual for general office work. Good pay for right person. Call 973-763-8110.

Coaches
IMMEDIATE OPENING
JOB COACHES/PART-TIME

The Children's Institute, a private school for behaviorally disabled children announces the following positions:

15-20 hours per week. Flexible hours to assist and support special education students on job site.

Competitive hourly rate. References required.

Send resume to Dr. Bruce Etinger, 1 Sunset Avenue, Verona, NJ 07044. Fax: 973-509-3080. EOE.

DENTAL ASSISTANT, Prosthodontic office in Livingston seeking an experienced, dependable and organized dental assistant. X-ray license required. 4 days, no Saturdays or evenings. Please call 973-740-0100.

HELP WANTED

DENTAL HYGIENIST, full time/ part time. Progressive, modern dental practice seeks experienced individual to join our friendly team. Flexible hours, no Saturdays. Please fax resume to 973-763-0800 or call 973-763-1300.

TOP PAY

DRIVERS WANTED
 for limousine company near Newark Airport.
 Please Call Donna
 at
973-242-5126

CRANFORD PUBLIC SCHOOLS CRANFORD, NEW JERSEY

POSITIONS AVAILABLE

- Part Time Classroom Assistant for Preschool Disabled Program (SNAPPY)
- One-to-One Classroom Assistant for Preschool Disabled Pupils (SNAPPY)

Please send letter of interest and resume to William E. Cashman, Deputy Superintendent of Schools, 132 Thomas Street, Cranford, NJ 07016. No later than October 18, 2000.

WWW.CRANFORDSCHOOLS.ORG/OOP/AAEOE

TEACHERS

Would you like to make a difference?

Sylvan Learning Center of Cranford has immediate openings for full and part time teachers at our new location. Sylvan provides diagnostic and prescriptive instruction to students K-12. We emphasize building academic skills and increasing self-esteem. Certification mandatory. Positive attitude and a good rapport with students required. Fax resume or call:

SYLVAN LEARNING CENTER
PHONE 908.709.0202
FAX 908.709.3260

ADVERTISING SALES

Worrall Community Newspapers is looking for experienced and aggressive salespeople for outside and inside sales. Earning potential commensurate with experience. Call for appointment (908) 686-7700

SALES PROFESSIONALS Full and Part Time

Workbench, one of the leading retailers of quality, contemporary furnishings, has Full & Part Time sales opportunities at our Short Hills store.

To qualify, you must be assertive, customer service oriented, possess strong sales abilities, prior retail sales experience and interest in design. We offer paid training, base salary, attractive, flexible commissions and benefits.

To apply please stop by at the following location: 720 Morris Turnpike, Short Hills, NJ 07078, Ph: 973-487-4230

workbench

A free press is the strength behind democracy.

At Worrall Community Newspapers, reporters learn what it takes to become good reporters. Why? Because reporting for one or more of our weekly newspapers means becoming involved in the communities we serve. From news stories to features, from council coverage to police blotters, from community events to the Board of Education, reporters are the eyes and ears of all of our readers.

Worrall Newspapers, which publishes 18 newspapers serving 26 towns, has openings for reporters in its Essex and Union County regions. If you think you have what it takes to be a reporter, send resume and clips to Tom Casanova, P.O. Box 3109, Union, N.J., 07083, or fax to (908) 686-4169.

Be part of a company whose mission is to preserve democracy. Worrall Newspapers is an equal opportunity employer.

Worrall Community Newspapers
 announcing **24 HOUR CLASSIFIED AD LINE**
 CALL 908-686-9898
 ENTER SELECTION # 8100
 Put your advertisement and your Visa or MasterCard ready to know the questions you are asked in a clear voice.

TELEMARKETING PERMANENT - PART-TIME
 Need extra for those bills or just want extra dollars. Join our telemarketing team at Worrall Community Newspapers and work from our office in union.
6:00 to 9:00 p.m. Monday-Thursday
 Earn \$7.00 per hour plus bonuses (Work any three or up to 4 nights per week)
Call George - 908-686-7700 Ext. 346
Worrall Community Newspapers

HELP WANTED

DISPATCHER WANTED for Livingston, Fair Lawn, Sunday Expressions. Knowledge of Livingston and surrounding towns required. Experience preferred. But will train the right person. **973-659-8778**

DRIVER/OPERATOR transport Coast to Coast runs Teams start 42 to 46, \$1000 bonus for approved candidate. Only driver for owner/operators. 1-877-948-6611. Graduated school. 1-800-442-2222

DRIVER FOR Livingston Team Full time part time. Good driving record required. Will train. **973-669-8778**

DRIVER/OWNER Operator with truck to deliver car parts. Must be in title. Call: **973-668-6333** or fax: **973-668-9435**

DRIVERS - EXPERIENCED Drivers start at \$1000.00. Must be in title. Call: **973-668-6333** or fax: **973-668-9435**

DRIVERS

Local delivery service is seeking full time and part time help. **973-668-6333**

Good pay and steady work. Call: **973-763-0030**

Driver/Recreation Assistant

Union Hospital's West Adult Day Services Program, currently has a full-time position available for a Driver/Recreation Assistant. You must be a graduate of an approved college or university from the day program, as well as assist in daily activities and care. Heavy lifting required. Applicant must have one year experience working with geriatric or disabled patients. Must be a high school graduate, CDL preferred. English speaking. Must be able to drive a competitive salary and benefits package. Please send resume and references to: Human Resources, Union Hospital, 1000 Galloway Hill Road, Union, NJ 07083. Fax: 908-551-7535, E-mail: unhjobs@unh.com. EOE

Union Hospital

An Affiliates of the Saint Barnabas Health Care System

EARN \$25,000-\$50,000/year. Medical insurance, flexible assistance needed immediately! Use your home computer, get free internet, have distance, website email. 1-800-291-4635 ext. 407

EARN \$55 HELPING DOORS Up to \$20-\$40/hour potential. Easy claims processing. We train computer with modern equipment. Call: **973-669-8778** ext. 821. \$359 software cost.

EARN \$55 USING YOUR PC \$500-\$1,500/month part time. Paid vacations. Call: **732-642-6642**

EASIEST PRODUCT to sell ever! We offer Pro-Fit Tax Reduction Services & Unlimited Tax Refund. Audit, Income Tax, and more. Backed by IRS. Reps can make \$45K-110K/30 days. Up to \$100K/month in 60-90 days. \$200K credit. Book one, one bonus & lifetime residual. 100% commission. No experience. Call now: 1-800-899-4807 extension 2.

EASY WORK! Great pay! Earn \$500 plus a week assembling products at home. No experience necessary. Call toll free: 1-800-287-3944 ext. 177

EDITORIAL/COPY EDITOR Central NJ Jewish weekly newspaper seeks full time experienced editor/familiar with AP style and knowledge of Judaism preferred. Fax resume to managing editor: **973-667-8011**

EMERGENCY 911 COMMUNICATION OPERATOR TOWNSHIP OF HILLSIDE POLICE DEPARTMENT

To receive and relay messages to various emergency vehicles and personnel, to operate radio equipment, to provide information to computer aided, typing 30 WPM. Must have a minimum of 1 year experience as a radio operator. U.S. Citizen, drug free interview, competitive exam, background investigation required. Must be a resident of the Township of Hillside. EOE. Employer will furnish App. at the Township Clerk's Office, Municipal Building, Liberty & Hillside Avenues, Hillside from 9:00am to 4:00pm.

EXCELLENT INCOME, make your own hours. Great opportunity. For details call: **1-800-220-0280** ext. 1700. **7am-7pm**

GOVERNMENT POSTAL JOBS, Up to \$18.36/hour. Now hiring for 2000. Free call, application examination information. Federal job, full benefits. 1-800-220-0280 ext. 1700.

GOVERNMENT POSTAL JOBS, Up to \$18.36/hour. Full benefits. No experience required. For application and exam information: **1-888-728-5885** ext. 1700. **7am-7pm**

HAIR AND NAIL Salon positions available. Hair Threading and Facial 12pm-8pm, Saturday 9am-5pm. Manicure Thursday and Friday 9am-5pm. Saturday 9am-5pm. Assistant Tuesday, Thursday after school: **732-382-4115**. Call Tuesday: Saturday: **732-382-4115**

HOUSEKEEPER/NANNY live in. Seeking long term apartment. The position includes the following cleaning, heavy ironing, light cooking, caring for 2 children as needed. English speaking required. 2 years experience. Please reply to: **908-887-1520**

HOUSEKEEPER/NANNY, live in or out, must drive. References and experience necessary. Good salary. Call: **973-222-5552**

JEWELRY REPAIR and sales for Irvington. Experienced. For interview call: **973-373-0088**

COMPOSITION DEPT. PART TIME

We are a group of weekly newspapers with an office in Maplewood looking for a person to assemble (paste up) newspaper pages. Approximately 21 hours on Tuesday and Wednesday. Experience helpful, but not required. Entry level position. Call for an appointment: **(973) 763-0700** or send your resume to Production Director Worrall Community Newspapers P.O. Box 158 Maplewood, N. J. 07040

NEWSPAPER PRODUCTION FULL TIME

We are a group of weekly newspapers with an office in Maplewood looking for a person with good typing skills. You will compose ads from advertising layouts, build editorial pages following page layouts. Along with all phases of the production department. Newspaper publishing and Macintosh experience helpful, but not required. Benefit plan with paid holidays. Call for an appointment: **(973) 763-0700** or send your resume to Production Director Worrall Community Newspapers P.O. Box 158, Maplewood, N. J. 07040

HELP WANTED

JEWELRY SALES

Walter Baumgardner is seeking responsible and professional individuals to work in his jewelry department. Experience preferred. Will train. Flexible hours. Full time. Apply in person: **973-731-3155** West Orange **908-687-4437** Belleville **973-540-8822**

INTERNATIONAL MARKETING Company seeks sales with excellent 3rd operation. \$500-\$1500 part time. 2K-5K plus full time. **1-800-999-1855**

PART TIME NANNY needed. Monday thru Friday. 3:00pm-7:00pm. \$10.00/hr. **646-654-6600** ext. 2118. Leave Friday. **908-687-4437**

LOOKING FOR reliable energetic, nursing to care for our 2 terrific kids (3 and 5), driving a 1994 white pickup. Monday-Friday. Maplewood. Experienced. good references. Call: **201-245-7167**

LOOKING FOR a newspaper job? For a \$20 monthly salary with excellent benefits. We will post your 40-word summarized resume on our web page and publish it monthly, teaching 19 cases and over 150 websites. Editor. Advertising. Distribution. Photography. Please send resume to: **973-668-0600**, **973-668-0600**, **973-668-0600**

MAINTENANCE FULL TIME at West Orange Independent School. Black Seal license and mechanical skills. Benefits. Full medical. vacation. 401K. **973-668-0700** ext. 1115 or fax: **908-272-7343**

MANAGER OPPORTUNITIES-Hickory Farms has seasonal Manager openings in a mall near you. Easy training program, competitive salary, bonuses, 40% employee discount. Call: **800-228-8229** EOE

MEDICAL BILLER, 915-841-901. Country's most established Medical Billing office. Computer company seeks people to process claims from hospitals. Training provided. Must own car. Call: **1-800-977-7511**, ext. 202. Fee: none.

MEDICAL RECEPTIONIST and billing staff needed for specialist office in Chatham. Will provide full and part time hours. Excellent salary and benefits. Bright personable candidate. Call: **973-635-2527** ext. 100. Fax: **973-635-2527**

MEDICAL RECEPTIONIST Experienced, outgoing front desk professional needed for specialist office in Chatham. Will provide full and part time hours. Excellent salary and benefits. Bright personable candidate. Call: **973-635-2527** ext. 100. Fax: **973-635-2527**

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HELP WANTED

SALES ASSOCIATE - \$350 BONUS

Established party store has several openings for the Holiday season. Apply from 9:00am-3:00pm Monday-Friday. Good pay \$350 bonus. No experience. We offer pleasant surroundings with friendly people. For more information call: **973-668-0600**

The Paper Pedlar
681 Norris Turnpike
Springfield, NJ
973-376-3885

ACCOUNT REPRESENTATIVES

Part-Time
Market Day, a wholesale distributor raising funds for education, seeks part-time Representatives in the Essex, Bergen, Middlesex and Union County NJ area. Selected candidates will work with school volunteers in administering developing programs. Market day book sales. Responsibilities include cash and inventory management as well as customer service.

Have FUN while earning \$\$\$ Flexible Schedules Paid Training

Interested candidates have a car. For more information call: **1-800-350-4509**

MARKET DAY

Equal Opportunity Employer
www.marketday.com

SECRETARY PART TIME weekend, wanted for Union Millburn area. Phone, light typing and good phone skills required. Call: **908-254-4334**

SPEECH LANGUAGE THERAPIST Part Time or Full Time

Immediate opening at private school in Belleville. Therapist will work individually or in small group with special needs children (3-14 year old) MA and Special Language Specialist certificate required. CYP, volunteer and community. Excellent salary and benefit package. For consideration send resume to Community Healthcare Network, 570 Belleville, NJ 07109 or fax to: **973-450-1189**

STOCK person needed for upscale store area. Focinities, Millburn. Part time and benefits. Call: **973-379-2055**, ext. 209.

TEACHER ASSISTANTS & JOB COACH Program Expanding for 2000-2001 School Year. NEW! The Children's Institute, a private school for developmentally disabled and autistic children, has exciting opportunities for advancement and professional development. Competitive salaries and benefits. Resumes required. Send resume to: Dr. Bruce Engler, THE CHILDREN'S INSTITUTE, One Summit Avenue, Fair Lawn, NJ 07410. Fax: 973-509-3060. Equal Opportunity Employer.

TEACHER ASSISTANT/ JOB COACH Private school for elementary age, hearing disabled students seeks applicants for the position of Teacher Assistant. Hours: 8:30-5:15. Experience in Special Ed. EOE

TEACHER OF THE HANDICAPPED Two immediate openings at private school in Fair Lawn. **973-509-3060**

TEACHER OF THE HANDICAPPED with disabilities. For children ages 8-11 with various disabilities. Teacher of the Handicapped Certificate required. Excellent salary and benefits package. For consideration send resume to Community Healthcare Network, 570 Belleville Avenue, Belleville, NJ 07109 or fax to: **973-450-1189**

TEACHERS AIDE for Livingston Pre-School. Two openings. Excellent salary and benefits. Will train. Call: **973-697-0775**

TEACHER TEACHER Aids, All time, part time, convenient hours. Immediate openings. Call: **908-241-8767**

TELEMARKETING/PORTNANT Best job! Call: **908-241-8767**

TELEMARKETING Enjoy the art of selling with people? The New Jersey Performing Arts Center has openings for our Annual Fundraising Campaign. Telefundraising experience a plus. Evenings/Weekends. No perks. Send letter of interest and resume to: New Jersey Performing Arts Center, Human Resources Dept. The Center Street, Newark, NJ 07102. Fax: **973-343-8042**. EOE M/F

TELEMARKETING PART TIME no selling. Hourly pay. Must have insurance producer license. Salary commensurate with experience. Resumes: **973-500-9787**

PART TIME clerical person needed for filing, copying and some data entry. Flexible hours between 6:30-9pm. Located in Hightstown. Must have car. Fax resume: **908-689-0600**

PART TIME PERMANENT LIGHT WORK

Excellent for retired, mature person to do essential front work, including pricing and sales. Must have insurance producer license as required. Turn around, garage and private cleaning services. Large and diverse clients in South Jersey. Great benefits. Call: **908-689-0600**

PART TIME Front Desk, Monday and Wednesday, 5:30-10:00pm. Burlington, NJ. Good with figures, pleasant personality skills, some computer skills. Must have car. Salary will be flexible. Call: **908-689-0600**

PART TIME Market/retail for long term care facility in West Orange. Please call Mrs. Marcey at **973-731-2500** ext. 351.

See **PUZZLE** on Page B10

BAR, KITCHEN set, bedroom set, cocktail table, dining table, glass, clock. Call: **908-267-8076**

BEDROOM SET, Bennington Pine, queen size bed with 4 poster canopy headboard and bed. Trunk, dresser, chest, nightstand, 2 large night tables, good condition. \$1,100. Call to see set. **973-272-2377**

BEDE, Blunk bed set. All solid woods. \$188. Also: Mattress and boxspring set, new in package. \$168. Call: **973-612-1567**

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- Recreation League Basketball Referee
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IF YOU Need a house cleaner with experience and good references please call me at: **908-689-0600**

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ADOPTION: ARE you pregnant? Don't know what to do? Please call: **1-800-748-1210**, ext. 3175. Call for more information.

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AUTOMOTIVE

Chevy, Ford announce models are ready to roll

By Mark Maynard
Copley News Service

Chevrolet has announced that it will build the SSR pickup, a concept design reminiscent of the fat-fendered and bullet-faced Chevy and GMC pickups of the late '40s and early '50s.

Built from a new truck platform, the V-8 powered and rear-wheel drive SSR, or Super Sport Roadster, is a convertible sports roadster pickup with a two-piece retractable hardtop and lockable cover over the 4.7-foot bed.

Leather seats, five-spoke alloy wheels and performance tires are part of the package. Temperature, audio and navigation controls will be concealed behind a dashboard-mounted panel door.

It is due in showrooms in 2002. Pricing has not been decided.

Neiman Marcus T-Bird
It's been a long time coming, but Ford has revealed the finished 2002 Thunderbird.

Dealers are not taking orders yet, but enthusiasts can order a special-edition model through the Neiman Marcus Christmas Book. Two hundred of them are up for grabs beginning Sept. 25.

For a catalog price of \$41,995, the Neiman Marcus Thunderbird has several one-of-a-kind touches.

Painted black with a removable silver top, the chrome 17-inch wheel design carries over to the wrap-around windshield header. The hood scoop has a chrome edge and the top's porthole windows are etched with the Thunderbird insignia.

Inside, the black-and-silver theme is picked up in the steering wheel and shift knob, and the seats have a silver leather insert surrounded by black leather.

The Thunderbird badge is embossed on the seat backs. The vinyl lower door panel is silver to match the aluminum molding and insets on the padded instrument panel.

Neiman Marcus logos are on the instrument panel and floor mats. For collectability, the vehicle identification is unique for the Neiman Marcus Thunderbird.

BMW, Jaguar and others have used the Christmas Book for advance sales

of a special model, but Ford first featured a T-Bird on the glossy pages in 1970. The "His and Hers" 1971 Neiman Marcus Thunderbirds came with a custom interior that included a shaver and 8-track tape player.

Ford unveiled the 2002 Thunderbird at the Pebble Beach Concours d'Elegance.

Long Live Z!
At this summer's gathering of Z-car owners in Las Vegas, Nissan teased its followers with a sketch of a quarter panel from the concept sports car.

The original concept design was announced in Detroit two winters ago, but a general dislike of the styling halted progress. Changes have been made to the shape — and plans are in place to launch it as a 2003 model — but the company is keeping the car under cover.

GM's Inline 6
GM is at work on the Votec 4200, a new inline 6 truck engine. It is rated at 270 horsepower and 275 foot-pounds of torque, which makes it a class leader in power.

The all-aluminum, 4.2-liter engine has dual overhead camshafts and four-valves-per-cylinder technology. Hooked up to the HydraMatic 4L60-E transmission, it will debut in the 2002 Oldsmobile Bravada, GMC Envoy and Chevrolet TrailBlazer.

Inline six-cylinder engines are favored by some manufacturers, BMW most notably, for their smooth, vibration-free performance.

General Motors has tested the engine in three off-road races, and the race version of the Votec 16 beat out all V-8 competitors and took first place at the SCORE 500 in Baja, Mexico, the Pikes Peak International Hill Climb and the Nevada 2000 Race Through the Desert.

Corvette Documentation
Corvette aficionados can now buy copies of buildshots on cars produced at the Bowling Green Assembly Plant from 1981 to 2000.

These documents have never before been available and contain details on original factory options for each vehicle identification number

built at the plant. The cost is \$30 for museum members and \$40 for non-members.

Reproduction window stickers for the same years also are available. Prices range from \$25 to \$32 depending on the Corvette model year and member status.

Both documents can be laminated for \$5.

Orders can be placed through the museum's Archive and Library, (800) 53-VETTE, or the web site at www.corvettemuseum.com. Memberships start at \$50 for an individual, \$100 for a family and \$1,500 for a lifetime.

Autoplanet Sweep
For those who can't resist a free-car sweepstakes, here's another one.

Autoplanet.com, a new so-called automotive superstore that goes into orbit this fall, will give away four vehicles.

The offerings are in Acura, RL, Chrysler PT Cruiser, Honda S200 Roadster and the Toyota Land Cruiser.

Visitors to www.autoplanet.com must register by Sept. 22, and the cars will be given away in a drawing held on or about Sept. 29. The sweepstakes is open to U.S. residents 18 years or older.

T-Bird Guide
Just as Ford prepares the launch of its Neiman Marcus Thunderbird comes a new book on the history of the Thunderbird, by Krause Publications.

"T-Birds-45 years of Thunder" — 352 pages — covers the evolution of the T-Bird from the 1955 selling-out model to the 1999 concept car.

Included in the book is a year-by-year coverage of every model with paint and trim codes, VINs and technical specifications. Also featured is a 16-page color section and more than 500 black-and-white photos of each model year.

The soft-back book is can be ordered from the publisher at (800) 258-0929 or www.krause.com; click on "books."

Mark Maynard is automobile editor at the San Diego *Union-Tribune*. Contact him at mark.maynard@uniontrib.com.

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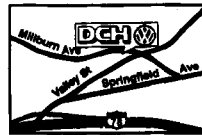


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\$325 PER MO. 39 MOS.

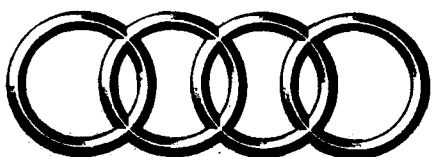
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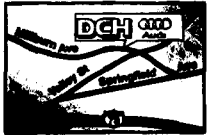
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