

Union County

WORRALL COMMUNITY NEWSPAPERS

THURSDAY, JANUARY 18, 2001 - SECTION B

County budget includes \$10-million tax hike

Wanted: 1968 Chevy Malibu, midnight blue, black vinyl roof, air conditioning, AM/FM radio. Will pay market value. Provide the memories and I will pay big bucks. It turns out I am not alone in the desire to return to the car of my youth. Between the automakers and the restoration devotees, a lot of the older style vehicles are turning up on the roads.

Living young

twice

Left Out

By Frank Capece

Automakers have decided to cash in on the prototypes of the '57 Ford T-Bird. In the Neiman Marcus catalog before they were sold out, the car was selling in the \$50,000 range. The '02 Thunderbird liberally follows the design of the car from 45 years ago, with the convertible starting at \$36,000 and the removable hard top at \$40,000. Also on the horizon is the revamped mircobus from VW.

For those talented enough, the restoration of that special car becomes a passion. Bill Malcolm Sr. of Roselle Park finds that most people want that first car of their youth. In his garage is a fully restored 1940 Black Mercury. Malcolm recalls actually seeing his car on the wide screen of a drive-in movie being driven by James Dean in "Rebel Without a Cause."

Malcolm calls the passion for a car restoration "an expensive hobby. It's not unusual to find cars at auto shows selling for \$15,000 after \$30,000 in restoration has been put into the car," But Malcolm isn't putting his car up for sale and still works on the car on weekends. An offshoot of the hobby are the 100-plus toy models of his beloved first car which he also collects.

Joe Hennessy, owner of an auto body shop in Roselle, says he "politely steers restoration people away. It really doesn't fit into the operation of an auto body operation. But I do suggest that they seek out a retired body and fender man who have the time and patience to help with the work." The patience to make restoration possible strikes me as much as the passion. Barbara Bilger of Cranford has an ongoing plan to restore a '65 Bonneville. She recalls that first car fondly while "living in Elizabeth and cruising on Route 22 to the car hop." While the original car is gone, her restoration plan includes the bumper, steering wheel, rugs and an original radio of the car which she has in her cellar waiting for her to get on with the project. Bilger did help in the completion of the restoration of a green '66 Mustang which was given to her daughter, Tracey. "It was her first car, and when we found one, we took on the job of restoring it." Bilger had the vehicle shipped on a flatbed to Florida where her daughter lives. Her daughter had a garage extension built to house the gift.

By Mark Hrywna Regional Editor For the first time since 1995, the county budget includes an increase in

the tax levy. The nearly \$10-million hike in the tax levy for the 2001 budget is blamed primarily on the loss of revenue from the state removing its prisoners from the Union County Jail last year. The county lost \$4.5 million in 2000 and \$8 million in 2001 in state funds for housing prisoners, according to county officials.

In addition to not receiving state

funds, the county faces a \$1-million increase in payments to the state for county residents in state mental institutions, and a rise of \$1.3 million in the cost of utilities.

"Unfortunately, by pulling out its inmates, the state caused Union County a \$12.5 million problem: \$4.5 million in revenue in 2000 that would have been part of our surplus and an \$8 million loss this year," County Manager Michael Lapolla said. The county anticipated \$8 million in the 2000 budget but only received \$3.5

million until the state pulled its prisoners in August.

The \$307.5 million budget for 2001 is about \$5.5 million more than last year's executive budget of \$302 million, an increase of less than 2 percent. Last year's budget was the first county budget to pass the \$300 million mark.

The proposed tax levy of \$159.9 million is 6.5 percent higher than the \$150.1 million tax levy in 1999.

In the 2000 budget, property taxes accounted for less than half of the budget for the first time ever. In the 2001 executive budget, the tax levy will constitute almost 52 percent of the budget. The tax levy had remained at \$150.1 million or decreased each year since 1995.

by \$9.8 million, other major revenue sources in the 2001 executive budget include:

• \$2.8 million for the sale of land near the Goethals Bridge where the county had originally planned to build a juvenile detention center.

• \$2.76 million from Runnells Specialized Hospital. Lapolla said the revenue was generated because the county has been able to keep beds at the hospital filled. No additional revenue is anticipated in the 2001 budget for the conversion of the psychiatric unit, which is not expected to open until at least the fall.

\$2.5 million in a settlement of a lawsuit with the state over the housing of state prisoners in the late 1980s.
\$1.5 million in capital surplus. Budget hearings conducted by the

freeholders' Fiscal Affairs Committee to review the executive budget are expected to begin some time next month.

http://www.localsource.com

Of the county's \$27 million surplus, about \$20.5 million will be used in the 2001 executive budget, about 6.7 percent of the budget. It is the lowest amount of surplus used since the 1997 budget when the county used \$19.8 million of a \$33.6 million surplus.

Lapolla stressed that the freeholder board only sets the tax levy — the total amount to be raised through property taxes — but does not have a say in the amount of taxes paid per town. The county tax board sets an equalized county tax rate in the spring based on the total assessed value of each municipality.

Layoffs proposed to reduce tax hike

By Mark Hrywna Regional Editor

To combat a loss of more than \$12 million in state funds in the 2000 and 2001 budget years, County Manager Michael Lapolla last week proposed laying off 144 positions in the Division of Corrections in addition to closing the old jail behind the county courthouse.

"The layoffs I have proposed are truly a last resort, but I do not see any alternative," Lapolla said.

Vincent DeLouisa, president of Policemen's Benevolent Association Local 199 Branch of the New Jersey State PBA, had no comment on the layoff plan. PBA 199 represents more than 300 Union County corrections officers.

"It's a significant shortfall in last year's budget," said Freeholder Chairman Alexander Mirabella. "This is something that we have to do."

"The revenue sources are not there to maintain the new and old jail," the chairman said. "It's unfortunate that we have to move in this direction but we can't expect the taxpayers to pay the difference."

The layoffs, to take effect April 1, would slash the number of corrections officers employed by the county from 340 to approximately 200.

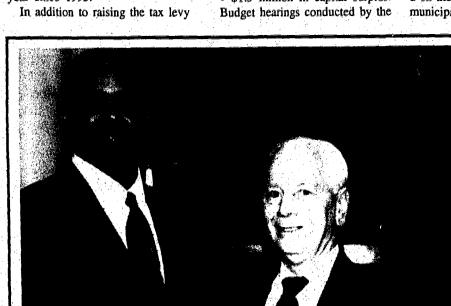
accept the terms of a deal from the state: a minimum three-year contract for state prisoners at a rate of \$62 per day. The county's per diem costs are nearly \$80 per day, Lapolla said, and any contract would result in the county's taxpayers subsidizing the housing of state inmates.

When fully implemented, the layoff proposal is expected to cut costs \$7 million in 2002, the county manager said.

Lapolla recommends that the county contract with Community Education Centers, which operates drug treatment centers nationally, to house 251 inmates in need of drug and alcohol treatment at their Delaney Hall facility in Newark. Officials estimated that more than 60 percent of inmates at the jail have drug or alcohol problems.

The new jail, built in 1989, can house about 900 prisoners. The average daily jail population in 1999 was about 1,450, with nearly 400 state prisoners.

Union County also has a contract to house federal prisoners. The number of federal inmates, 230, is guaranteed and the county receives a reimbursement rate of \$76.70 per day. Lapolla said the county is renegotiating the rate for federal prisoners and he expects it to increase above \$80 per



Sheriff Ralph Froehlich, center, congratulates Sgt. Gerald B. Green Jr., left, and Capt.

- News
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- Automotive

I understand this passion. That first car was your key to freedom. You don't know it at the time, but you will probably never feel better and more alive than behind the wheel of the car.

Auto analyst George Peterson said the trend for auto dealers to bring back the vehicles of our youth does have limits. "They bring back fond memories. It's a good market ploy as long as they don't go too far overboard." But, Malcolm recalls a sign at a car show reading, "you only live young twice."

A resident of Cranford, Frank Capece is an attorney.

African Violet Society meets for program today

The Union County Chapter of the African Violet Society will meet at 1 p.m. today in the Scotch Plains Library, 1927 Bartle Ave., Scotch Plains. The county hired 40 new corrections officers last spring to combat rising overtime in the budget. The layoffs "should really solve" the overtime problem, Lapolla said, and the jail "should be fully staffed for the first time in history."

As a result of the state withdrawing its prisoners from the county jail in August, the county realized only \$3.5 million of an anticipated \$8 million in revenue in 2000.

Lapolla said the county declined to

bat ris- day, which is "more reflective of our le lay- costs." over- Delaney Hall currently houses

more than 250 Essex County inmates. In August, Essex County began sending 500 county jail inmates to the Newark facility to free space to house state prisoners.

As for what happens to the old jail, constructed 90 years ago, Lapolla said the county is very limited in what it can do with it. vincent Delifolio on their promotions to undersneriff.

Sheriff promotes two to undersheriff

Sheriff Ralph Frochlich elevated two of his superior officers to the position of undersheriff on Dec. 19: Capt. Vincent N. DeTrolio of Clark, a 23-year veteran of the Sheriff's Office, and Sgt. Gerald B. Green Jr. of Elizabeth who has 11 years of service with the office. According to Froehlich, these two officers were selected because they brought a wealth of experience and ability to the position. "They are insiders who came up through the ranks: They understand the internal dynamics of the Sheriff's Office and have the respect of the officers and staff. DeTrolio previously served as the administrative captain and was instrumental in the publication of the Sheriff's Office new duty manual, a 175-page text that outlines all policies and procedures for the Sheriff's Office.

Green served as the Domestic Violence Unit supervisor for the past two years where he was responsible for executing sensitive family violence restraining orders and Superior Court bench warrants. Froehlich said these promotions were necessary to address the managerial obligations created by the growth in personnel and the expansion of functions experienced by the Sheriff Office.

"The Sheriff's Office has grown dramatically during my tenure. We have kept pace with changes in the law, technology and community mandates. Successful growth requires competent supervisors at an executive level who can make difficult decisions in a public environment. These new undersheriffs must be sensitive to community interest and able to find solutions that fit within budgetary guidelines."

DeTrolio will assume command of the Court Security Division, the Identification Bureau, Complex Security, departmental training and special projects.

Green will assume responsibility for the Sheriff's Office Night Operations, Family Violence Unit, detached service assignments and Night Municipal Transportations.

Prosecutor's high tech task force will tackle crimes on the Internet

Citing an increase in investigations involving the creation of false identities, credit theft and illegal sex crimes involving computers and the Internet, Union County Prosecutor Thomas Manahan and the county's police chiefs last week unveiled plans for a High Tech Task Force.

The prosecutor and Scotch Plains Police Chief Thomas O'Brien, president of the Union County Police Chiefs Association, said the abuse of the computer "clearly established the emergence of a new technology crimefighting front" that requires setting up the first countywide network in New Jersey.

"I am convinced that we have worked to develop the way to attack computer crimes but the trained detectives in my office assigned to this task need reinforcements," said Manahan, who joined O'Brien in announcing a new task force that will draw from the success of the county's Narcotic Strike Force and the Essex-Union Auto Theft Task Force.

Cranford Police Chief Harry Wilde, who has been urging other departments to develop computer crime experts, has already committed a township officer to work full time on the task force when it is fully operational within the next 90 days and O'Brien said he too has a police officer in mind for a similar assignment.

Last month, the chiefs association membership voted to form a partnership with the Prosecutor's Office to develop a countywide strategy and network to develop cases against thieves who use the Internet to steal credit information and create phony identities to commit crimes. In addition, there are active investigations against sexual predators who attempt to meet with underage children for the purpoe of having sex, authorities said. Two years ago, Manahan, established a High Tech Section within the Special Prosecutions Unit in his office to deal with such cases, but the countywide task force approach will allow all 21 municipal departments, the Sheriff's Office, the Union County Police Department and the Kean University Police Department to share resources, technology and protocols to collect evidence and develop new cases. About a dozen active investigations are currently under way, said First Assistant Prosecutor James Keefe.

"I am convinced we need to do everything in our power, including educating citizens and deterring would-be computer criminals, to stay ahead of this severe and pervasive crime problem," said Manahan, adding that the state prosecutor's association has been issuing televised public service alerts on the issue of identity theft and Internet abuse.

Four detectives, a lieutenant of detectives and three assistant prosecutors have received intense specialized training on computer crime and Manahan said he is even willing to provide participating officers with additional in-house and outside technical expert training.

"There are unique characteristics to these cases and the requirements for investigation, evidence collection and storage are very technical and specific," said Lt. Patricia Leonard, commander of the Special Prosecutions Unit.

She said courses and seminars offered by staff members from the high tech section, including Detectives Andre Banks and Kenneth Leissler, were extremely well attended and well received by the law enforcement community.

League opens new school in Cranford

Angela Sousa's brown eyes darted between excitement and wary anticipated as she walked through the door last week as the first student to arrive at the Cranford campus of Jardine Academy, the Cerebral Palsy League's new intermediate and secondary school.

Sousa is one of 45 developmentally disabled students who will attend the new school at the League's headquarters at 61 Myrtle St. The Vincent Coletta Vocational Center, CPL's program for adults with disabilites is also housed within the facility, and its presence will provide opportunities for advanced vocational training for the students. The Cranford campus eases overcrowding at the league's other location in Union, which had previously accommodated children from pre-school to age 21.

That facility will now focus on early childhold and elementary education for children with multiple handicaps. Construction began Aug. 7 and was completed in time by the W.D. Snyder Company of Kenilworth, under the management of Anthony DeMaio.

"The Jardine Academy's new campus allows us to expand our services; so that we can meet the needs of the community by offering children a quality educational experience," said Hugh Welsh, president of the Cerebral Palsy League's Board of Directors. "The demand for the kind of services we provide is increasing steadily. Our student population has grown from 75 to 95 in just one year, and we continue to receive referrals every day."

The Cerebral Palsy League's executive director, Debra Wolfel

coordinated the project and was elated at the league's most recent accomplishment. "The dream for a specialized vocational school for students with multiple disabilities was envisioned over five years ago by my predecessor Dr. Ernest Cole. It's taken a great deal of dedication and support from a great many people to see the dream become a reality."

Just minutes before the students arrived, Union County Freeholder Chester Holmes, pledging to continue the county's support of the league, joined Debra Wolfel, Hugh Welsh, Anthony DeMaio, CPL's facilities manager, Buddy Pechin and Union County Division of Community Development Supervisor Courtney Clark before a red velvet ribbon at the school's entrance.

Back at the front door with the red velvet ribbon now cut in two, the crowd waited to welcome the school's new students. As Courtney Clarke looked around at the attendees pulled from different segments of the project, he made the simple observation, "It takes team work to make the dream work."

The Cerebral Palsy League, a nonprofit agency, has been providing programs for persons with development disabilities in Union County for more than 50 years. It mission is to help individuals of all ages with physical and/or developmental disabilities so that they may reach their highest level of independence and quality of life.

For more information on the Cerebral Palsy League call (908) 709-1800, Ext. 128.

County Boys & Girls Club opens in Plainfield

Russell Triolo, chief executive officer of the Boys & Girls Clubs of Union County has announced that the organization has opened its operations office at 1038 Edgewood Ave., Plainfield, and is currently making preparations to ready that facility in order to begin youth development programs at the site in late January or early February.

Initial programs will be targeted to serve teens and will include: afterschool homework help, SAT preparation, photography, computer education, job readiness, college preparation and youth entrepreneur programs. The facility also will provide a room for social recreation activities. In addition, the organization plans on conducting computer programs for senior citizens.

"We are extremely excited to be starting our operations in Plainfield."

"We are looking forward to working with everyone including, but not limited to city government officials, public and private schools, civic organizations and other nonprofit organizations, corporations, local businesses and community individuals."

With the support of city government, the club also intends to open a full-service facility on West 7th Street in 2001. The State Urban Enterprise Zone Authority recently approved a \$300,000 award to Plainfield for the purpose of purchasing and rehabilitating the West 7th Street facility for the establishment of the Boys & Girls Club. The Boys & Girls Club provides quality youth development programs every day after school, on weekends and in the summertime. "We provide much more than just an alternative to the streets," said Paul

Casey, Plainfield Club Director. "In a society of an ever-growing number of latchkey children, our boys and girls know our doors are open to them. We know there is much work left to be done to ensure a strong future for our kids. We are committed to making that happen."

An affiliate member of Boys & Girls Clubs of America, a premier youth serving agency in America with over 3,000 clubs serving three million children across the country, the Boys & Girls Clubs of Union County provides programs and services that significantly enhance children's lives and enable youth to develop skills to become employable, to build knowledge to engage in positive behaviors and safe health practices, and to become responsible citizens.

The primary focus of the Boys & Girls Clubs of Union County is to provide programs and services to the youth of Union County. They meet the needs of these youth by providing programs which can demonstrate significant, positive and lasting outcomes. The organization is committed to the long-term development of every youth who comes through the doors by providing guidance and support.

In addition to Plainfield, the club also operates facility-based programs in the Township of Union, City of Elizabeth and the Borough of Roselle. For more information regarding Boys & Girls Club of Union County, call (908) 822-8672, Plainfield; (908) 687-2697, Union; (908) 351-3344, Elizabeth, and (908) 687-7976, Ext. 106. Roselle, or visit the club's web site at

www.ncnatural.com/UCYOUTH/.

Women for Women kicks off winter session Monday

Women for Women of Union County announces its new groups for the winter 2001 session, starting Monday. As part of the services provided by the agency, these six-week segments offer women and families unique opportunities to explore issues touching their lives and to embrace their interests and goals in a positive atmosphere of understanding and camaraderic.

"Sunday Friends," featuring various participation in local social events and activities, was offered for the first time during the fall and the reception was tremendous. Responding to demand, the agency is offering this adventuresome group again, with all new activities planned -- old and new participants are all welcome

"Life-U-Love" will be facilitated by personal life coach Jami Novak. The group will focus on enhancing your way of life for greater joy, content and self-actualization. "Living with Attention Deficit Disorder" will offer support and learning to help parents, educators and others to address ADHD proactively and positively. The group will be facilitated by Denise Lauria-Costa, a licensed social worker.

"Master Your Health and Wellness," a two-part group, also will be offered. It will include discussion and hands-on opportunties for health and wellness enhancing learning in the areas of nutrition, facilitated by professional nutritionist Karen Weinstock, and "Reiki" massage, facilitated by certified massage therapist Claudia Erde. "Mind/Body Therapy" will be offered, featuring lessons in "oxycise" and other concepts and exercises based on the Rubenfeld Synergy Method. Besides the new groups, already-popular groups will be continued. Betsy Zipkin will facilitate "A Course in Miracles," incorporating a psychotherapyinfluenced approach to spirituality for improved inner peace and connection to our higher power. "Building Self-Esteem," to be led by Marilyn Vidovich, will examine ways to improve confidence and overall well-being in a supportive, affirming environment. "Divorce 101" and "Divorce 102," to be led by Gail Katz/Paula Blumentahal and Grace Depa/Marge Brodo-Swick respectively, will deal with legal, financial and emotional issues surrounding relationship break-ups, and will offer support and caring among women sharing these challenges. Susan Koslowsky will facilitate "Children Helping Children," providing enriching activities, peer support and appropriate outlets of self-expression for children ages 5 to 16 who are impacted by changing families.

County chapter of NAMI will meet Wednesday

The newly reorganized Union County Chaper of The National. Alliance For The Mentally Ill is chartered under the New Jersey State NAMI Chapter and holds regular meetings at the Osceola Presbyterian Church in Clark on the fourth Tuesday of every month. The next general meeting will be Wednesday. The topic to be presented will be "Coping Skills for the Care Giver" by Mary Joe Willemsen and Ellen Marotta from Catholic Community Services of Newark. Other topics for the upcoming year will include anxiety, suicide, and discussions on the new changes in Social Security benefits.

NAMI Union is performing awardwinning work for the community such as NAMI Union President Joann Mehalick's "2000 Meritorious Affiliate Member Volunteer Award" presented by NAMI State last October. But "awards are not enough," said Mehalick.

"We have to be recognized by the people of Union County and we need to mobilize with the community so the mental, emotional and physical wounds of our disabled citizens can heal."

For more information on how to join, volunteer, or sponsor, call Mehalick at (732) 381-7719, or Treasurer Brent Willemsen at (908) 233-0462.

Telephone hotline recruiting volunteers

Contact We Care, the Union County-based, 24-hour telephone crisis hotline, is recruiting volunteers to staff its phone lines. The next volunteer training class will be Thursdays, Feb. 22 through May 10, from 7 p.m. to 10 p.m. at The First Baptist Church in Westfield.

For more than 25 years, Contact We Care has recruited, trained and supervised adult volunteers to offer the gift of listening to callers in need. More than 1.000 callers a month reach out to the nonprofit organization for a compassionate, non-judgmental. listener.

The agency's 50-hour training class teaches volunteers how to actively listen and deal with a broad range of human needs. Experts in grief counseling, mental health issues, active listening and spirituality will join with Contact's professional staff to conduct the training.

"The training is designed to familiarize the prospective volunteers with the overall scope of human needs they will encounter on the phone line," said Michael Nicholson, exective director. "The highly interactive training includes lots of role play to prepare the volunteers. We have been told time and again how valuable Contact's volunteer training is. The active listening skills people learn in the training help them in all areas of their lives.' The 12-session training includes classes on active listening, values clarification, the human being from the Judeo/Christian perspective, grief and loneliness, call management and chronic callers, the spiritual dimensions of Contact We Care, mental ill-

COUNTY NEWS

ness, the elderly and suicide. For more information about the Feb. 22 training, call Contact We Care at (908) 490-1480,

Blood drives scheduled

The Blood Center of New Jersey will conduct the following blood drives:

• Saturday, 10 a.m. to 3 p.m., VFW Post 335, 479 South Ave., Cranford. • Sunday, 10 a.m. to 2 p.m., Muhlenberg Regional Medical Center, Park and Randolph roads, Plainfield. • Tuesday, 6 to 9 p.m., Masonic Atlas Pythagoras Lodge, 1011 Central Ave., Westfield.

• Jan. 26, 3 to 7 p.m., Union Hospital, 1000 Galloping Hill Road, Union; 9 a.m. to 2 p.m., First Baptist Church of Union, Colonial Avenue, Union.

• Jan. 28, 10 a.m. to 3 p.m., Union Elks Lodge 1583, 281 Chestnut St. • Jan. 31, 5 to 9 p.m., Masonic Lafayette Lodge, 1550 Irving St., Rahway.

For more information call (800) BLOOD-NJ.

Caregiver support group

The next Caregiver/Alzheimer Support Group of Runnells Specialized Hospital of Union County will meet from 1 to 2 p.m. today in the Family Conference Room of the facility, 40 Watchung Way, Berkeley Heights.

This professional support, education and information group for caregivers and family members, held the third Thursday of each month, is free, open to the community and facilitated by Kathleen Balascio, a Runnells Specialized Hospital licensed social worker.

The support group shares information on the disease, research updates, practical care techniques and a list of community resources. An important part of the meeting is the time devoted to discussing the frustrations individuals feel in caring for those stricken with Alzheimer's disease.

Runnells Specialized Hospital of Union County sponsors the meetings in conjunction with the Greater New Jersey Chapter of the Alzheimer's Association, an organization committed to easing the burden and finding a cure for Alzheimer's, the nation's fourth-leading fatal disease among adults, afflicting some four million Americans.

For more information on this wheelchiar accessible program, call (908) 771-5834.

The 2001 scheduled is as follows: Feb. 15, March 15, April 19, May 17, June 21, July 19, Aug. 16, Sept. 20. Oct. 18, Nov. 15, and Dec. 20. Call Kathleen Balascio at (908) 771-5834 if you would like to attend.

rick's Day Parade in the Townshp of Union. This parade is the fastest growing in the state, attracting more than 10,000 people for the last several years.

The Celebrity Bartenders Fundraiser will feature various celebrities from the sports world and daytime television. Last year's event drew close to 1,000 donators. Organizers of this year's event will look to top that figure.

Disaster planning workshop on Jan. 25

Discover how to protect your organization's valuable records, books, photographs and artwork from faulty plumbing, fire damage or natural disasters at the workshop, "Prepare for the Worst - Disaster Planning, Before During & After...Safeguard Your Property Against Emergencies!" on Jan. 25, from 9:30 a.m. to 12:30 p.m. at the Clark Public Library, 303 Westfield Ave.

"This is a chance to learn about which steps to take in an emergency and how to prepare a plan to deal with disastrous situations," said Freeholder Mary Ruotolo, liaison to the Cultural and Heritage Programs Advisory Board. "Permanent damage or loss is reduced when priorities and instructions are available and updated."

The workshop leader, Gary Saretzky, has been the county archivist for Monmouth County since 1994. He oversees how public records and historical documents are stored and preserved.

Saretzky has 30 years of experience. in managing and organizing collections of papers and historical documents.

"Individuals and organizations with either volunteer or paid staff will be introduced to salvage techniques such as freezing, air drying or even water immersion --- whether to try these methods for themselves or to be better informed when dealing with the experts," said Marcia Cohen of Summit, chairman of the Cultural and Heritage Programs Advisory Board.

The workshop is supported in part by a grant from the New Jersey Historical Commission, Department of State.

Registration, along with an \$8 fee, is required by Jan. 22.

To request a brochure or more information call the Union County Division of Cultural and Heritage Affairs, 633 Pearl St., Elizabeth, 07202, at (908) 558-2550. Relay users call (800) 852-7899, or e-mail: scoen@unioncountynj.org.

Assistive services

be Union County Superior Court Judge Ross Anzaldi. All are welcome. If interested in attending, call Judy

Reed at (908) 355-4892. The association offers educational opportunities to legal professionals and members are eligible to receive nationwide discounts on products and services.

On the lookout for Miss Union County

The search has begun to find the girl who will represent Union Countyat the Miss New Jersey finals in June and hopefully be on her way to Atlan-

tic City to become Miss America. Executive Director of the Miss Union County Pageant, Susan Dougherty, said she is looking for "young women from the age of 18 to 24 who are poised, physically fit, intelligent, talented and passionate about an issue that could change the world." The winner of the local Miss America preliminary wins a \$500 scholarship and various prizes.

The areas of competition are the same on the local, state and national level: swimsuit, evening wear, talent and interview.

The upcoming pageant will be at Arthur L. Johnson High School in Clark on Feb. 17 with one rehearsal the night before.

Young women who are interested in learning more about this scholarship opportunity can call the dirctor at (732) 382-0910 during business hours only.

There is no sponsorship fee or entry fee for this contest.

Seminars on Saturday

Legal professionals from throughout New Jersey will be able to gain practical information about innovative legal documents and learn all the changes to civil procedures since September at two special seminars this month.

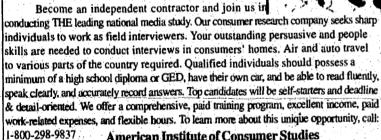
The 2001 Winter Board meeting of NJALS, the association for legal professionals, will be Saturday from 8 a.m. to 5 p.m. at the Four Points Barcelo Hotel in Elizabeth.

Two seminars will be offered, including a presentation by document specialist Renee Martin. For more information call NJALS Second Vice President Judy Reed at (908) 355-4892.

The association offers educationalopportunities to legal professionals.

For more information about the association, call Susie Mack, NJALS first vice president, at home at (908) 709-3790 or at work at (אטע)

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<u>p</u>s

Celebrity bartenders to raise funds in Union

The 2001 Union County St. Patrick's Day Parade Committee recently held a planning session for the annual Celebrity Bartenders Fund-raiser which will be Sunday from 1 to 7 p.m. at the Union Township Knights of Columbus Hall on Jeanette Avenue.

All proceeds from the event will be used to put on the fifth annual St. Patupon advance request.

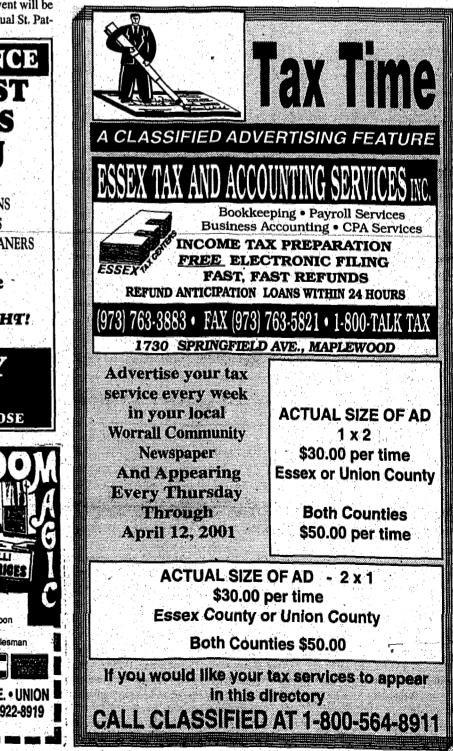
Legal secretaries to host ioint dinner Tuesday

Are you interested in meeting a Superior Court Judge face to face?

On Tuesday at 6 p.m., there will be a joint dinner meeting of the Union, Morris and Somerset counties Legal Secretaries Associations at L'Affaire. Route 22 East, Mountainside. Guest speaker for the evening will 322-2333, Ext. 237, c/o Craner, Nelson Satkin & Scheer, 320 Park Ave., Scotch Plains, 07076.

Editorial deadlines

Following are deadlines for news: Church, club and social - Thursday noon. Entertainment - Friday noon. Sports - Monday noon. Letters to the Editor - Monday 9 a.m. General - Monday 5 p.m.





www.fnets.com/DESIGNERBATHROOMS&KITCHENS.htm

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ARTS & ENTERTAINMENT

Choral Art raises voices on Bernstein, Mozart

The Choral Art Society of New Jersey Inc. will be performing Leonard Bernstein's "Chichester Psalms" and Mozart's "Requiem" Saturday at 8 p.m. at the Presbyterian Church in Westfield, located on Mountain Avenue at East Broad Street.

James S. Little, musical director of the society, will conduct the evening's performance. Soloists include soprano Andi Campbell, alto Sharon Morrison, tenor Gary Pate, bass Dale Livingston, and a group of boy sopranos from the Somerset Hills Children's Chorus. The chorus will be accompanied by the Choral Art Society Orchestra and organist, Sandor Szabo. Admission is \$15 for adults and \$10 for senior citizens and students at the door.

Little joined the Choral Art Society of New Jersey in the spring of 1999 as its musical director. In addition to his duties with the Choral Art Society, Little is director of music at Calvary Episcopal Church in Summit, where he directs several choruses, notably the Calvary Chorale and the Calvary Concert Series.

The evening's program is one of contrasts, starting with Bernstein's 20th-century setting of Psalms 2, 23, 100, 108, 131 and 133, "The Chichester Psalms." The Very Rev. Walter Hussey, dean of Chichester Cathedral, commissioned this work. The evening's program will conclude with a performance of Mozart's "Requiem," which was composed in part, just prior to Mozart's untimely death Dec. 5, 1795.

The Choral Art Society of New Jersey Inc. is a critically acclaimed, non-profit, community chorus of about 80 singers, dedicated to the study and performance of great choral works. The chorus has earned the accolades of the public and critics since its beginnings. Evelyn Bleeke directed the group from 1963 until her retirement im 1995.

Campbell, a soprano, is making her sixth appearance with the Choral Art Society. She grew up in a musical family playing plano and oboc and singing in competitions from an early age. Later, she studied German literature and music at Brown University. She has been soloist with the First Unitarian Church of Providence in Rhode Island, and with St. Rose of Lima and the Community Congregational churches, both of Short Hills, and has performed as guest soloist at many temples throughout New Jersey. Campbell is presently a professional soloist with the Calvary Chorale and is also affiliated with the Summit Choral. Her most recent solo appearances with the Choral Art Society were performances of Haydn's

"The Seasons" and Bach's "Mass in B Minor."

Morrison, a mezzo-soprano, has a bachelor of music education from Westminster Choir College, where she toured Europe and the Far East with the select group from the Westminster Choir. She is director of choral and theater activities at William Tennent High School in Warminster, Pa. She also has appeared as soloist with area choirs and orchestras. Her most recent appearance with the Choral Art Society was Bach's "Mass in B Minor." Currently, she is a member of a vocal quartet called the Augmented Four which performas a cappella music from madrigals to jazz to pop.

Pate, a tenor, has performed all over the United States, Canada and Europe. He has sung with many orchestras, including the Richmond Connecticut Symphony, the Sinfonia Pacifica, the Napa Valley Symphony and the New England Chamber Ensemble Orchestra. Pate received his initial vocal training at Middle Tennessee University and studied privately with George Shirley, Beverly Bower, Louise Wohlaska and Carmen Savoca. He was a finalist in the Belvedere International Singing Competition for Opera in Vienna. He is a graduate of the Tri Cities Opera Young Artist Training Program where he performed leading roles with that company. He was tenor soloist for the Mozart "Requiem" at Carnegic Hall under the baton of John Rutter and was last seen as Faust's sidekick in the Washington Opera production of Wagner's "Mefistofele" at The Kennedy Center with Samuel Ramey in the title role. Pate most recent appearance with the Choral Art Society was Hadyn's "The Seasons."

Livingston, a bass, has been active as a concert soloist, recitalist and opera singer since he made his recital debut at New York's Carnegie Hall in 1972. He presented a solo recital at Alice Tully Hall, Lincoln Center and three highly praised solo recitals at the Montclair Art Museum. His operatic roles include, among others, Guglielmo in "Cosi Fan Tutti," Lescaut in "Manon," Sharpless in "Madam Butterfly" and Shunard in "La Boheme." Livingston has performed many bass and baritone oratorio solos from the works of Bach, Beethoven, Berlioz, Brahms, Durufle, Faure and Handel. His most recent appearances with the Choral Art Society were Bach's "Mass in B Minor" and Hadyn's "The Seasons."

Funding has been made possible in part by the New Jersey State Council on the Arts/Department of State, through a grant administered by the Union County Division of Cultural and Heritage Affairs.

Gallery exhibit features women's abstractions

The Gallery at the Arts Guild of Rahway will exhibit "3 Women: Elements of the Abstract" through Feb. 2, featuring work by Judy Lyons-Schneider, Marjorie DeAngelo and Miriam Stern.

Lyons-Schneider is a painter, printmaker, photographer and mixed-media artist. She "collages" images by layering them much in the same way as paper collages. She usually explores imagery with her camera; the telephoto lens allows her to zoom in on objects she can incorporate into her work. Her Polaroid image and emulsion transfer pieces occur as a result of her explorations with image and various mixed media. The unpredictability of the transfer technique has great appeal to Lyons-Schneider, allowing free rein to imagination and an opportunity to develop a dialogue with her work by the viewer. These works, often with unusual juxtaposition of images, are without a specific narrative but include numerous visual clues with which the viewer may connect. Pieces in this exhibit utilize photographs taken in Bhutan, Tibet, Nepal, Thailand, Papua New Guinea, West Africa, Egypt, Vermont and Staten Island.

Stern uses fier computer to manipulate her photographs and transform them into something other than the obvious image. These transferred computer images become the basis for her monoprints, but the artistic process and esthetic. of handwork done by the artist would be lost if the computer were the only implement used. It is the hands-on print-making process which she finds to be a

wonderful new way of creating a unique image from her computer-manipulated images. The elements of spontaneity and surprise as well as the painterly touch are what make this combinatin of techniques and media so exciting for her.

DeAngelo of Somerset does the major portion of her photography outdoors. She does her "cropping" in the camera whenever possible and uses focus, color and close-ups to achieve different effects and give impact to the photographs.

DeAngelo shoots primarily in 35mm format, primarily in color. She seldom uses filters or teleconverters, but uses soft focus to give her pieces the appearance of a painting. Due to the unusual nature of her abstracts, some viewers think they have been digitally altered. However, none of the work in this exhibit has been changed on the computer.

To achieve her unique abstract compositions, DeAngelo extracts fom the environment minute details of color, texture, line and pattern. Carefully cropped, these images become extraordinary. They are difficut to identify in their isolation, yet they become powerful images and stand on their own bold statements of our surroundings.

Gallery hours are Wednesdays, Fridays and Saturdays from 1 to 4 p.m.; Thursdays from 1 to 3 and 5 to 7 p.m.; or by appointment. For information, call (732): 381-7511.

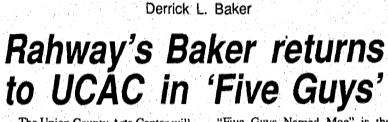
This exhibit is sponsored by a generous grant from Merck and Co. Inc.

Tomasulo exhibit opens with reception Friday

will Tomasulo Gallery, in the Kenneth MacKay Library, on Union County College's Cranford campus. This exhibition is a reflection of Ambrose's experiences during and after Hurricane Floyd ripped through New Jersey in 1999. - This natural disaster flooded most of Bound Brook to the second-floor level, ruining businesses, buildings, and the lives of many people, who are still recuperating from the experience more than one year later. Although Abrose's own studio was located in the middle of an area that flooded, he considers himself extremely lucky that he suffered no water damage.

Bound Brook Cycle," by artist David Hurricane Floyd, his post-flood work crumbling - in fact, time itself. motif with their use and the staplebe on exhibit at the has become darker within the context. In comparison, Ambrose's works barriers serve to reinforce the flood in "The Bound Brook Cycle" have an even darker overall tone reflecting how withdrawing floodwaters leave thick, dark residue on the land. Although the colors in these lace paintings are generally darker than his previous pieces, the colors are still rich and can be described as mysterious and compelling. On many paintings the textures became denser with areas of color pooling or congealing into dusky pads. Working in this darker palette during the past year, has brought Ambrose renewed interest and emphasis on drawing, and thus, he reestablished and revitalized several techniques from his past practices in his series of "Deluge Drawings." With the use of heavy-duty staples he separates sections of dark watercolors

From Friday to Feb. 22, "The career, but since his experience with depict damage and erosion, decay and or graphite. In fact, he creates a water imagery he wants to depict. Ambrose has even spoken of "building dams or levees with staples," and is able to stress the "wet" look of the graphite, and is an allusion to sullied water and soaked earth.



The Union County Arts Center will welcome Derrick L. Baker, a Rahway resident turned professional actor, in the upcoming presentation of "Five Guys Named Moe," playing for one night only this Saturday.

This marks Baker's second performance at UCAC in three months. In November, he was seen in the Fats Waller musical revue "Ain't Misbehavin'," a production critics said had "the audience on its feet."

Baker's connection to the Union County Arts Center goes back to his childhood when his mother, Ruth Baker, enlisted him in a corps of volunteers that eventually helped save this classic showplace. He pursued theater interests through high school and, in 1986, participated in "Shenandoah," the first musical theater production after the rebirth of the arts center. Now, sustaining a career as a professional actor, with a love for song and dance, he is going to return to his hometown of Rahway to perform the role of No Moe. His considerable talent will be featured in songs like "Messy Bessy," "Dad Gum Ya Hide Boy" and "Ain't Nobody Here But Us Chickens," Baker will demon-

"Five Guys Named Moe" is the story of poor, pitiful Nomax who lands on stage broke, at five o'clock in the morning, after his woman just up and left him. Sad though it may sound, Nomax should have no fear, for five guys named Moe are there. Out of his '30s-style radio pop five guys named Moe, who cajole, wheedle, comfort and jazz him with the whimsical hit songs of Louis Jordan, one of the most beloved songwriting talents of the 20th century.

Producers Irving Street Repertory, whose recent production of "Ain't Misbehavin'" met with more than favorable reviews, will bring "Five Guys Named Moe" to the Union County Arts Center Saturday at 8 p.m. To purchase tickets, call (732) 499-8226 or, for more information about this and other Union County Arts Center events, visit the web site the de at www.ucac.org.

The Union County Arts Center is a regional performing arts venue. Its wide array of offerings includes theater, music, film, dance and headliner entertainment. The Westfield Symphony Orchestra performs regularly at the arts center under its designation as resident orchestra of the vaudevilleera theater, claimed by many to be the most beautiful theater in the state. As a non-profit organization, UCAC is supported in part by the New Jersey State Council on the Arts/ Department of State, a Partner Agency of the National Endowment for the Arts. The arts center is also sponsored by the Merck Company Foundation, and Comcast, which sponsors the Family Fun Series. The following organizations and institutions are also contributors to the Union County Arts. Center: the Union County Board of Chosen Freeholders, the City of Rahway, the Rahway Savings Institution, Liberty Bank, Schering-Plough Foundation and NUI/Elizabethtown Gas.

For Ambrose, this exhibition of paintings and drawings is an expansion of the themes and techniques that he has worked with throughout his of his imagery and techniques because, according to him, the flood had "darkened (his) soul."

Ambrose's artistic works consist of lace and crochet paintings, which, prior to the development of "The Bound Brook Cycle," were predominantly influenced by images, mostly photographs or old floor plans, of medieval or renaissance churches or cathedrals. Using the architectures of the churches and cathedrals as the basis for his art, Ambrose sews together crochet doilies and antimacassars, lace tablecloths and occasionally simple tiered circle skirts. He then dips these delicate fabrics into gesso in order to stiffen them, stretches them out, and paints over them. His overall color scheme on these works uses earth tones and flesh tones,

The Tomasulo Gallery exhibit will debut Friday with an opening reception from 7 to 9 p.m. The gallery is located on the first floor of the MacKay Library on the campus of Union County College, 1033 Springfield Ave., Cranford. Gallery hours are from 1 to 4 p.m. Mondays through Thursdays and Saturday. Evening hours are from 6 to 9 p.m. Tuesdays through Thursdays. For more information, call the Tomasulo Gallery at (908) 709-7155.

strate his ability for and enjoyment of tap dancing in his rendition of "Reet, Petite and Gone."

"Five Guys Named Moe," inspired by the song styling of Louis Jordan, was developed by writer-performer Clarke Peters and presented to producer Cameron Mackintosh in 1985. Mackintosh, who was then involved with opening his mega-hit "Les Miserables," turned down the show. Five years later, "Five Guys" cropped up at the tiny Theater Royal Stratford in London's fringe East End, where Mackintosh, who didn't remember his previous encounter with the show, fell in love with it. After opening in London's West End, where it was a smash hit, "Five Guys" moved to Broadway to the Eugene O'Neill Theater in April 1992.





Mangione to share knowledge with Rahway High musicians UCAC concert is set for Jan. 27

Cranford Dramatic Club seeks

performers for 'Sound of Music'

Prior to Chuck Mangione's performance at the Union County Arts Center Jan. 27, he will be making an appearance at Rahway High School and offer a master class to RHS Jazz Band musicians.

That afternoon Mangione will offer a professional critique to the already talented RHS Jazz Band and play with the ensemble led by Band and Music Director Robert VanWyck.

In a recent conversation with the Union Arts Center, when asked if it were possible for him to work with some local students prior to his performance, Mangione answered as if it were a rhetorical question: "Why wouldn't I?" responded Mangione. His invaluable contribution to contemporary jazz is underscored by his commitment to music education. Mangione is a product of formal music education and a graduate of the Eastman School of Music, where he later returned as director of the school's Jazz Ensemble. In 1994 he scheduled a whirlwind of activity including afternoon matinees for under-21-year-old listeners and a major orchestra concert. Proceeds from these performances went toward a \$1 million endowment fund at the Corchest School of the Arts established to honor his father, Papa Mangione, and Dizzy Gillespie, his musical father. He is also well known for his "Cat in the Hat" matinees for kids that have drawn standing-room-only audiences and raves from citics,

parents and children. After his engagement with the RHS Jazz Band, Mangione will perform at Union County's premier showplace at 8 p.m. The concert will consist of many arrangments from his outstanding repertoire of hit albums that include "Land of Make Believe," "Chase the Clouds Away," "Children of Sanchez" and "Feels So Good." For more information, call the Union County Arts Center at (732) 499-8226 or visit the web site at www.ucac.org.

Auditions are scheduled for Equity theaters

The New Jersey Theater Group, the alliance of the state's professional Actors Equity theaters, will hold auditions Feb. 26 for non-Equity performers from 10 a.m. to 6 p.m. in New Brunswick. More than 26 theatres are expected to be in attendance from across the state including Paper Mill Playhouse, Millburn; George Street Playhouse, New Brunswick; McCarter Theater, Princeton; New Jersey Shakespeare Festival, Madison; American Stage Company, Teaneck; TheaterFest, Montclair; and Forum Theater, Metuchen.

To enter the lottery, performers must follow the following rules and procedures:

• Send one copy of your picture with attached resume.

• A note indicating whether or not you intend to sing as part of your audition.

• Indicate on that note if you are a New Jersey resident or have access to New Jersey housing.

Enclose a self-addressed, stamped business-size envelope. Any entry without a return envelope will be disallowed.

• Your entry must be postmarked by Jan. 19 in order to be eligible for the lottery.

• Mail all entries to the New Jersey Theater Group, P.O. Box 21, Florham Park, 07932.

Performers who received an audition slot in the February or August 1999 New Jersey Theater Group combined auditions are not eligible for these auditions.

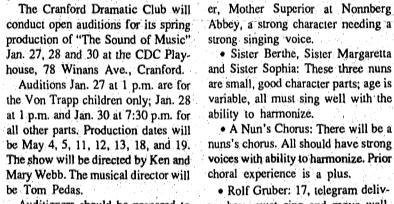
If you are selected for an audition, you will be notified by mail, in your self-addressed stamped envelope, of

timeslot and other audition vour details. Save your newspaper for recycling.

until January 31st







Auditioners should be prepared to sing a song either from the show or of their own choice, and should bring sheet music. There will be a small dance/movement audition as well as readings from the script. The following is a list of characters:

• Maria Rainer: 20s, female lead, governess of Von Trap children, must be a very strong singer and move well.

 Capt. Georg Von Trapp: mid-40s to 50s, male lead, strong distinguished military type, sings "Edelweiss."

• The actors playing Capt. Von Trapp's children should be strong singers with an ability to harmonize. All children must also move well, especially Liesl. Any prior choral experience is a plus.

Liesl, 16; Friedrich, 14; Louisa, 13; Kurt, 10; Brigitta, 9; Marta, 7; and Gretl, 5.

Mother Abbess: mid-40s and old-

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Abbey, a strong character needing a strong singing voice.

• Sister Berthe, Sister Margaretta and Sister Sophia: These three nuns are small, good character parts; age is variable, all must sing well with the ability to harmonize.

• A Nun's Chorus: There will be a nuns's chorus. All should have strong voices with ability to harmonize. Prior choral experience is a plus.

• Rolf Gruber: 17, telegram delivery boy, must sing and move well.

• Elsa Schraeder: late-30s, glamourous character, the Captain's ladyfriend, must sing well.

· Max Detweiler: mid-40s to 50s, friend to Von Trapp, charming, comedic relief, must sing.

· Franz, the butler: Age variable, character part, a non-singing role.

· Frau Schmidt, the housekeeper: Age variable, character part, a nonsinging role.

• Others: There are several small speaking roles for both men and women, playing party guests and Festival contestants,

Scripts are now availabe at the home of Bob and Sandi Pells. Call them at (908) 276-6113 to make pickup arrangements. For other information, call Ken or Mary Webb, codirectors, at (908) 653-0781.

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'olunteers sought for Teen Arts

Do you like working with artists, teachers and students? The Union County Teen Arts Festival provides an opportunity for volunteers to get involved.

The Union County Teen Arts Festival, sponsored by the Union County Board of Chosen Freeholders and the Divison of Cultural and Heritage Affairs, Department of Economic Development, is a two-day celebration of the arts held annually at Union County College in Cranford. The event, scheduled for March 14 and 15, is open to all students from public,

private and parochial middle and high schools in the county.

"At the festival, 3,000 students participate in performances, critiquing seminars, master classes and workshops with a staff of 50 professional artists in every discipline - visual art, music, creative writing, theater and dance," said Freeholder Mary Ruotolo, liaison to the Cultural and Heritage Programs Advisory Board.

"Volunteers are needed to assist artists with workshops, manage performance sites and staff information stations," Ruotolo added. "We appreciate the invaluable assistance of our county residents with this exciting program."

If you are interested in any of these activities, contact the Union County Division of Cultural and Heritage Affairs, 633 Pearl St., Elizabeth, at (908) 558-2550. Relay Users call (800) 852-7899. E-mail may be sent to kleary@unioncountynj.org.

Your business can grow with more customers. Reach the potential customers in your newspaper with an ad by calling 1-800-564-8911.

HEART grants are still available

The Union County Board of Chosen Freeholders. invites local non-profit organizations, individual artists and scholars to apply for funding from the Union County HEART --- History, Education, Arts Reaching Thousands - Grant program.

The Board of Freeholders, recognizing the importance of culture and the arts, has renewed the HEART grant program for the fourth consecutive year. This innovative program supports projects related to history, the arts and the humanities, and demonstrates a commitment to the organizations and artists of Union County

Mary Ruotolo, member of the Freeholder Board and

liaison to the Union County Cultural and Heritage Programs Advisory Board added, "The services provided by these artists and organizations directly benefit the residents of our county and increase appreciation for the arts, our history, and the humanities. These cultural assets are a vital part of community life, economic development and cultural tourism in Union County."

Applications will be accepted three times a year: March, June and October. To request a HEART grant application and guidelines, contact the Union County Division of Cultural and Heritage Affairs, 633 Pearl St., Elizabeth, at (908) 558-2550. Relay users dial (800) 852-7899.

PROCLAIMING GOOD VISION

A proclamation issued by Gov. Whitman points out that good vision is no accident.

Michael Higgins, president of the Opticians Association of New Jersey, says "good vision is frequently the result of a collaboration involving the consumer, as eye doctor and the

optician. It is no accident that consumers are able to find eye wear that exactly fits their needs, taste and pocketbook. Even before Ben Franklin invented the bifocal eyeglass lens, opticians have applied their expertise and skills to assure the best possible vision correction in accordance with the prescription written by an eye doctor."

Only licensed opticians have the training to correctly handle your eye wear needs.

Have a complete eye exam every 1 to 2 years. Most eye diseases can be treated if detected early.

Have a test for glaucoma every 1 to 2 years. Take extra care if you have diabetes or a family history of eye disease. Have and eye exam every year.

See an eye doctor immediately if you have any loss or dimness of evesight, eye pain, double vision, extreme redness or swelling of your eye or eyelid.

EYE CARE TIPS

Our vision is one of those wonderful gifts most of us take for granted. The only time we even have cause to think about our vision as such is when we think about a blind person who has no vision at all, or our own vision begins to fail us. Being aware of the importance of protecting your vision can

help you to avoid problems with it in the future. Your eyes are a part of the body like the skin that you can do things to slow the aging process of using certain precautions that take little time to implement and can make a world of difference later in life.

One of the greatest enemies of our eyes is the sun. Just like the skin, eyes are damaged by UV rays coming from the sun, whether it is overcast or a clear and sunny day. Sunglasses should always be warn in daylight hours when you are outside and you need to be sure that the sunglasses you choose offer UV ray protection. There are many sunglasses sold which are just tinted glass and do not really protect your eyes, they simply offer shade from the brightness. Check the label on your sunglasses before you buy them and be sure to wear them.

Reading, working on the computer and watching television really can harm your vision. When you are doing any of these things which require staring at one place for a long time, it is important to take frequent brakes and look at things farther away for a bit, and look around from time to time to offer your eyes a break and minimize fatigue. There are special films offered for computer screens to minimize the amount of harm done to your eyes from looking at the monitor for long periods of time.

Frequent check-ups with your optician will help keep your eyes healthy. If your eyes become a little weak, wearing glasses for period of time can often strengthen

EYE DISEASES AND DISORDERS

Cataracts - cloudy areas in part or all of the eye lens. Cataracts keep light from

passing through the lens, thus causing loss of eyesight. Cataracts form slowly and cause no pain, redness, or tearing in the eye. If a cataract becomes large or thick, it can usually be removed by surgery.

Glaucoma - too much fluid pressure inside the eye. The cause of glaucoma is unknown. If detected early, glaucoma often can be controlled and blindness prevented. Most people with glaucoma have no early symptoms or pain from increased pressure. Therefore, glaucoma testing is very important.

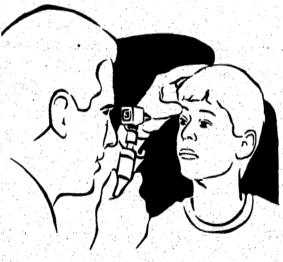
Conjunctivitis - occurs when the tissue that lines the eyelids and covers the cornea becomes inflamed. It can cause itching, burning, tearing, or a feeling of something in the eye. Conjunctivitis can be caused by infection or allergies.

Eyelid Problems - Pain, itching, tearing, and sensitivity to light are common eyelid symptoms. Other problems may include drooping eyelids (ptosis), blinking spasms (blepharospasm), or inflamed outer edges of the eyelids near

the eyelashes (blepharitis). Eyelid problems can often be treated with medication or surgery.

your eyes back to the point where you no longer need them. If you continue to let your eyes deteriorate without visiting the eye doctor, the damage may be too great to reverse. Often, your prescription will change in a short period of time and it is important to keep on top of it to avoid further damage to your eyes.

Take care of your eyes, remember, you only get on pair!



COMMON EYE COMPLAINTS

Presbyopia - slow loss of ability to see close objects or small print. It is a normal process that happens gradually. You may not notice any change until after the age of 40. Presbyopia can be corrected with reading glasses.

Floaters - tiny spots or specks that float across the field of vision. They are most often noticed when a person is in a welllit room or outdoors on a bright day. Floaters are usually normal, however, they can be a warning sign of eye problems such as retinal detachment, especially if they happen with light flashes.

Dry Eyes - occur when tear glands don't make enough tears or make poor quality tears. Dry eyes cause itching, burning, or even some loss of vision. A humidifier or eye drops may help.

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WORRALL NEWSPAPERS

PAGE B6 - THURSDAY, JANUARY 18, 2001



the Apostle is ready to celebrate Catholic Schools Week John

The parish community of St. John the Apostle Church, Linden/Clark, will present the parish school during the open house and registration sessions. Area parents and students are invited to celebrate Catholic Schools Week with St. John's Jan. 28 to Feb. 3.

St. John the Apostle School is a Middle States-accredited school, which serves the Union and Middlesex county communities. Immersed in Catholic values and trad-

Students have access to the latest technology in both the laboratory and Internet enabled classrooms. The fully accredited teaching staff delivers a challenging academic program emphasizing age-appropriate educational experiences. Students participate in a foundational educational program, which includes a reading program that combines the benefits of a whole language program with a strong phonics background. St. John the Apostsle School has specialized ition is a strong academic program. teachers in music, art, world lan-

guage, physical education, health and technolgoy. The world language program begins in kindergarten and continues through 8th grade. To further the development of our students, a wide range of extracurricular activities are available.

St. John the Apostsle School offers full-day kindergarten along with an outstanding pre-school program. The pre-K program offers 3- and 4-yearolds a variety of educational experiences to foster a lifelong love of learning. St. John the Apostle School also

recognizes the unique development needs of our older students and offer a progressive middle school program for the 6th-, 7th- and 8th-graders. In this year's Scholastic Olympics held at Roselle Catholic High School, St. John's eighth-grade students placed third out of 17 schools competing. Last year, the high school scholarships totaled \$21,900. St. John the Apostle School also offers beforeand after-school care, and bus transportation or reimbursement to reach their potential.

Some of the special activities for Catholic School Week are:

Jan. 29 9:30 a.m.: Mother Goose Nursery Rhymes, kindergarten

10:30 a.m.: Art Media, Grade 5 1 p.m.: Spelling Bee, Grades 2 to 5

Jan. 31 Student Appreciation Day 9:30 a.m.: New Jersey Assembly, Kindergarten to Grade 3

10:45 a.m.: New Jersey Assembly, Grades 4 to 8 1 p.m.: Forensic Introduction,

Grades 2 to 8

6:30 p.m.: Roller Skating Party

Feb. 1 1 p.m.: Annex Presentation

Feb. 2

10:45 a.m.: Pep Raily and Volleyball Game

For more information, visit the web site at www.sjanj.org/school or call (732) 388-1360.

County offers Older Work Program for residents 55 years of age or older

Did you know that the Union County Older Worker Program assists older people to locate employment opportunities with local companies? The program is sponsored by the Union county Department of Human Services through its Division on Aging and Division of Workforce Development. The only requirements of the program are that a person be 55 years of age or older and a Union Courty resident who is looking for work.

"One of the myths surrounding older people is that once retired, they cease to contribute. This could not be further from the truth," said Freeholder Lewis Mingo Jr., liaison to the Advisory Council of Aging. "Many older workers continue to remain active, earning, contributing members of the community. As you may know, society as a whole is aging and the seniors of Union County are actively working well into their 70s and 80s."

Why is there a specific employment program for older workers? The Divi-

sion on Aging, always striving to be aware of the needs of the county's older residents, saw the need to provide employment opportunities for them.

"Many people retire and realize after doing so that full retirement is not for them," Mingo said. "Some people need to work to supplement their income because Social Security is not enough to sustain them. In addition, recent changes in the Social Security earnings limits have made employment very attractive to older people."

Many people have been downsized or displaced from jobs they thought they would stay at until retirement, only to find themselves looking for full-time employment at a later age. Some of these people are not old enough for Social Security or pension. If this sounds like you; the Union County Division on Aging suggests the Older Worker Program might be for you.

The Older Worker Program offers its clients a multitude of services. Each client is interviewed beforehand and apprised of these services so they can make an informed decision as to what path is best for them. A lot of emphasis is placed on the client's skills, experience and what their needs are at the present

time. Many employers believe the level of maturity and years of experience older workers bring to a job is surpassed only by their ability to do a job well and their ability to learn new skills. More than 80 Union County employers have participated in this unique program. Jobs include full- or part-time and every effort is made to place each person in a position where they will succeed.

To learn more about the Older Worker Program, call Donna Farrell at the Division on Aging, toll free at (888) 280-8226 or at (908) 527-4858 to schedule an appointment.

at Vocational-Technical Schools begin Jan. Day classes

Day classes for the spring semester at the Union County Vocational-Technical Schools begin Jan. 22. There are still openings in the following courses which will be offered to adult students on a full or part-time basis: A/C, Heating & Refrigeration Technology, Automotive Technology, Baking, Carpentry/Construction, Cosmetology and Culinary Arts.

The class times for all programs except Cosmetology and Culinary Arts are 8 to 10:40 a.m. and 12:10 to 2:50 p.m. Cosmetology runs from noon to 6:30 p.m. and Culinary Arts from 2 to 7:50 p.m. All classes are Monday through Friday.

According to the Day Admissions Office at the Vo-Tech, the A/C, Heating and Refrigeration program remains one of the most popular programs at the school. This industry provides the technology to control the climate and environment in which we live. The know-how to install, control, maintain and service environments for people, products and perishables is essential to our lives today.

The Automotive Technology program offers state-of-the-art ASE ---Automotive Service Excellence certification training in Brakes, Steering & Suspension, Engine Perfor- mance, Heating & Air Conditioning Systems, Electrical Systems, Engine Repair and Transmissions. Included in the Auto Tech day classes is an introduction into the Dynamometer inspection training.

ram at Vo-Tech offers the very best in Commercial training. In the program, students learn to bake breads, cakes, pies, pastries, cookies, muffins as well as fancy desserts and specialty items.

With new home construction on the rise and remodeling booming, the Vo-Tech is again offering Carpentry/ Construction to meet the demands of time basis only. In one school year's time, students can complete the required 1,000 hours in order to take

the required state State Board of Cosmetology licensing exam.

The Culinary Arts program prepares students to enter the hospitality industry as a chef, sous chef, banquet cook, relief cook, garde manager or prep cook. Talented culinary professionals are in great demand and the vo-tech continues to offer job placement assistance to its graduates.

For information about the spring semester offerings, call the Day Admission Office at (908) 889-8288, Ext. 340 or 341.

County's Women for Women will host education programs

As part of its continuing Community Education program, Women for Women of Union County Inc. is sponsoring three new workshops in January. The agency offers several work"Understanding Attention Deficit Disorder" from 7:30 to 9 p.m. at Women for Women's offices at 1801 E. Second St., Scotch Plains. The workshop will help parents, educathis location is limited to 20 registrants, you must register for this workshop in advance by calling Women for Women's administrative office to guarantee your seat.

ro will present "Investing - What" You Need to Know" at the Westfield Community Board Room at 425 Broad St., Westfield. Tamburro is currently employed with a major

business owner. In this workshop, she will offer her expert tips to help you gain the confidence and knowledge.

Make a difference in someone's life! Offer the gift of listening & make miracles happen.



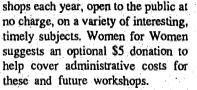
urgently needs volunteers to staff its phone lines.

The next volunteer training class begins February 22

Call: 908/490-1480 for more information or to register A member of The United Way, CONTACT[®] If interested in joining or to obtain USA, and Life Line International more information call (908) 322-6007.

the industry. This program continues to have one of the highest job placement rates at the school. The Cosmetology program is offered on a full-

The award-winning Baking prog-



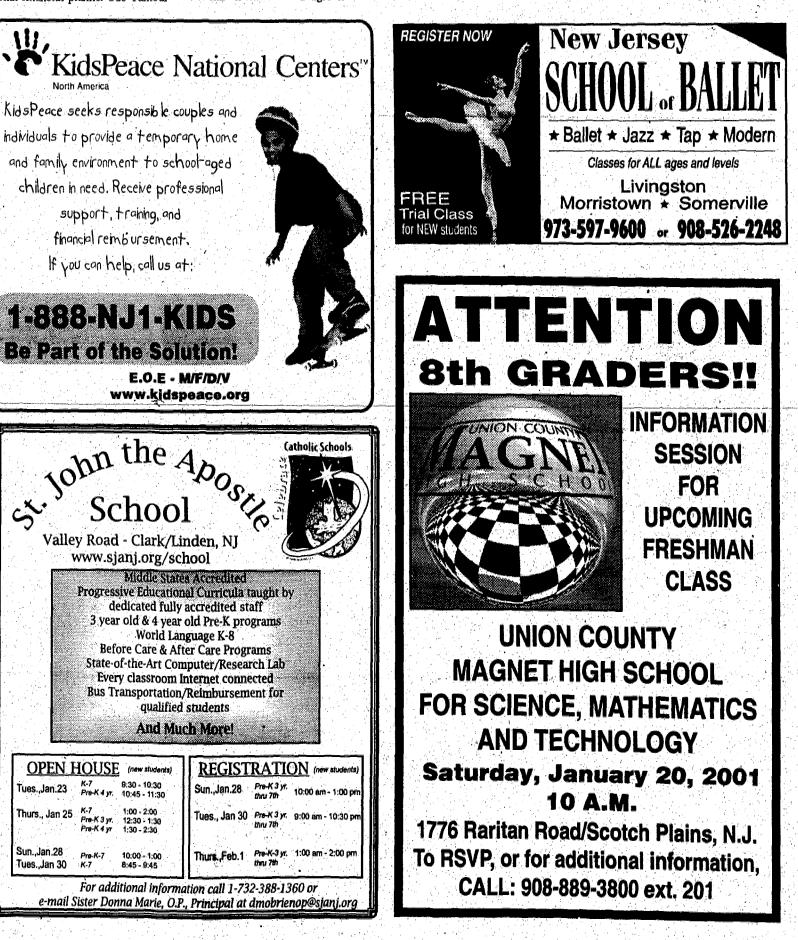
On Jan. 25. Denise Lauria-Costa, licensed social worker will present

tors, family and friends to better understand this diagnosis and treatment options. During this segment, Lauria-Costa will provide a foundation of positive, proactive support and information for families facing the challenges of ADHD. Women for Women stresses that since space at

School

ducational, college preparatory

From 7:30 to 9 p.m. Jan. 29, professional financial planner Sue Tamburglobal investment and banking firm, and has an extensive background as a





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WNursery School & Pre-K Program 9 am - 11:30 am, may be combined with Child Care Child Care - M-F, 7 am - 6 pm

Open House and Registration

Saturday, Jan. 20 - 10 am-12pm Tuesday, Jan. 23 - 6pm-8pm Tuesday, Jan. 30 - 9:30am-11:30am

For further info or brochure, please call:

Barbara Ustupski, Director (908) 272-3962



Licensed by DYFS



County college conducts registration for spring classes

For students who wish to enroll in a full degree program, as well as those who want to take a course or two to get their feet wet in a college environment, Union County College is conducting registration for spring semester classes at its campuses in Cranford, Elizabeth, Plainfield, and Scotch Plains. The college conducts classes during daytime, evening and weekend hours to accommodate the scheduling needs for most every student.

Students can choose from courses in many disciplines in comfortable lecture halls and state-of-the-art computer, scientific, and engineering laboratories, using high technology training equipment. Faculty frequently enhance their lectures through the use of multimedia presentational software, the Internet, laptop computers, Interactive Television, and active learning instructional techniques, among other innovations. Many distance learning options, including telecourses and online courses, also will be offered. A growing number of courses feature internships in practical employment settings.

Credit courses will be available in Accounting, American Sign Language/ Deaf Studies, Biology, Business, Chemistry, Civil Construction Engineering Technology, Communications, Computer Science, Criminal Justice, Dental Assisting, Dental Hygiene, Economics, Education, Electrology, Electromechanical Technology, Electronics & Electromechanical Engineering Technology, Engineering, English, The Institute for Intensive English, Fine Arts, Fire Science Technology, Gerontology, Histsory, Human Services, Interdisciplinary Studies, Interpreting Spoken Language, Manufacturing Engineering Technology, Marketing, Mathematics, Mechanical Engineering Technology, Medical Assisting, Medical Laboratory Technology, Modern Languages, Nuclear Medicine Technology, Nursing, Occupational Therapy Assisstant, Office Administration, Paramedica, Philosophy, Physical Education, Physical Therapist Assistant, Physics, Practical Nursing, Psychology. In addition, Radiography, Respiratory Therapy and Restaurant Management are offered.

A facility on the Plainfield Campus has been specifically designed for the American Sign Language, Emergency Medical Technician, and Paramedic courses. Students are provided with increased opportunity for hands-on practice sessions. The ASL laboratory allows students to enhance their learned skills through the use of specialized videotaping equipment. EMT and Paramedic students have expanded breakout rooms and equipment, that affords them as realistic an experience as possible during training programs.

Registration office hours are from 8:30 to 7:30 p.m. on Mondays through Thursday, and from 9 a.m. to 4:30 p.m. on Fridays and from 9 a.m. to noon on Saturday, on the Cranford, Elizabeth, and Plainfield campuses. Students are not required to sign up for classes at the specific campus where they wish to study.

For more information should call the college's Admissions Office at (908) 709-7500.

workshop Wednesday ECEDC, NJAWBO up for marketing team

Did you know that it takes an average of eight contacts to close a sale? Do you spend at least 40 percent of your time selling and marketing your product or service? If you would like to learn more tips, join other small business owners at a 2-1/2 hour workshop jointly sponsored by NJAW-BO's Women's Business Center and the Union County Economic Development Corporation on Jan. 24.

The Marketing Magic Workshop is designed primarily for women business owners who are looking for some solid tips in marketing their products or servics. The goal of the course is to help the small business owner gain an understanding and the practical skills of how to better promote their business.

"There are so many misconceptions about marketing. As a result, people don't often spend their time and money wisely," said Victoria Fann, director of marketing for NJAWBO's Women's Business Center and Marketing Magic instructor. "Marketing boils down to a simple formula with five key ingredients: time, creativity, consistency, variety and follow-up. In this class, you'll learn how to use all five."

The Marketing Magic Workshop is scheduled for Jan. 24 from 6:30 to 9 p.m. at the offices of UCEDC, Room A/B. Liberty Hall Corporate Center, 1085 Morris Ave., Union.

Union County Economic Development Corporation and NJAWBO's Women's Business Center are both committed to providing training and support to women business owners. "Partnering with the Women's Business Center in order to offer a workshop such as 'Marketing Magic' to the women business owners of Union County made a great deal of sense," said Maureen Tinen, president of UCEDC. "The success of womenowned businesses will further ensure the economic vitality that Union County is currently experiencing," Tinen said.

'NJAWBO's Women's Business Center specializes in entrepreneurial training for women business owners. The center offers several courses addressing the needs of both the neophyte as well as the seasoned business owner.' Union County Economic Development Corporation is a nonprofit organization dedicated to stimulating economic growth within. Union County. Its services include a full-range of financing programs, business mentoring, assistance with pro-

curing government contracts, training in E-commerce as well as the provision of general business information.

If you would like to register for the Marketing Magic workshop, or if you would like general information about NJAWBO's progams, call NJAWBO at (732) 560-9752 or e-mail at wbcnj@njawbo.org. If you would like to learn more about the programs and services of the UCEDC, call (908) 527-1166 or visit their web site at www.ucedc.com.

Open houses will cover school's pre-K program

St. John the Apostle School, Clark/ Linden, announces Pre-K Program Open House and Registration.

St. John the Apostle School invites parents of Pre-K students to join in one of the upcoming open houses: • Tuesday, 10:45 to 11:30 a.m.,

4-year-olds • Jan. 25, 12:30 to 1:30 p.m.,

3-year-olds; 1:30 to 2:30 p.m., 4-yearolds

• Jan. 28, 10 a.m. to 12:30 p.m., 3and 4-year-olds

The staff at St. John the Apostle School recognizes the importance of a child's formative years. The school offers a series of learning experiences, which foster cultural enrichment as well as school and social readiness. The preschool programs support the cognitive, spiritual, physical and social growth of the child. Begun in 2000, a five-day morning Pre-K program for 4-year-olds was introduced to the community and was very well received.

Registration will take place on the following dates:

Jan. 28, 10 a.m. to 1 p.m.; Jan. 30, 9 to 10:30 a.m.; and Feb. 1, 1 to 2 p.m. For more information, visit the web site at www.sjanj.org/school or call (732) 388-1360.

Mothers, More offers ways to pursue career while caring

Interested in learning about unique ways to pursue a career while caring for your children? On Jan. 17 at 7:30 p.m. Lisa Culhane of Flexible Resources, a consulting and staffing agency_located in Montclair, will discuss nontraditional work arrangements for professionals including permanent part-time, innovative job-sharing and telecommuting. The presentation, courtesy of the Union County Chapter of Mothers & More, will take place at Hanson House, 38 Springfield Ave., Cranford.

For over a decade, Flexible Resources has been at the forefront of the changing workplace. By championing the value of work-life balance, and helping companies craft and staff flexible work arrangements, Flexible Resources has witnessed first hand the emergence of work-family balance as a corporate issue. During this session, Culhane will share Flexible Resources' experience and provide insights and tools to assist in the successful transition into a flexible work arrangment.

The Union County chaper holds meetings on the first and third Wednesday or each month at Hanson House. New members are always welcome.

For more information call Jennifer at (732) 382-7578 or Tricia at (908) 232-7352.

Volunteers are now sought for afterschool program

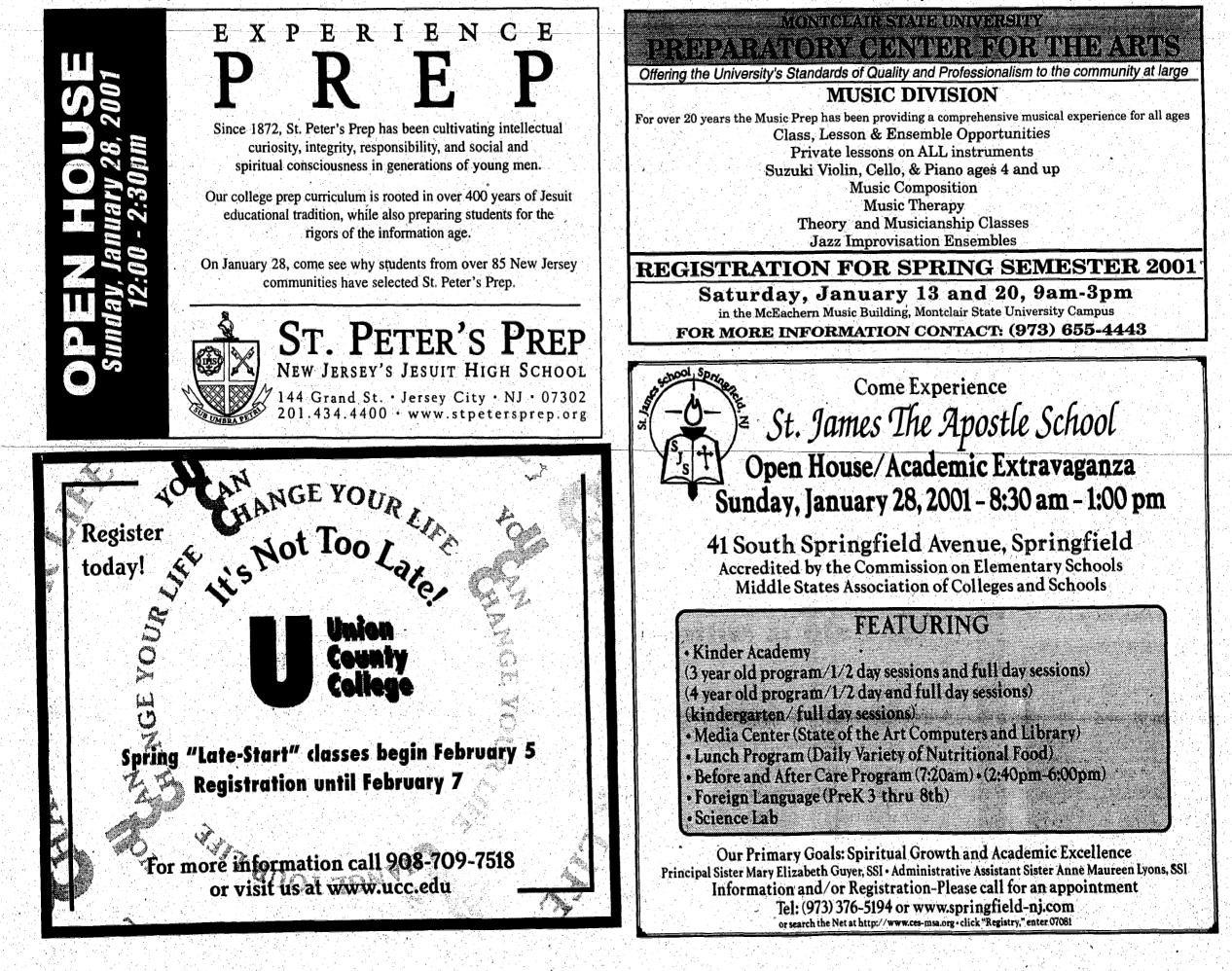
young children light up with the wonder of knowledge? Have a little extra time? Why not unite your love of children with a desire to help a child

Have a big heart? Love to see become a successful student? Come help give that extra needed boost. The **RSVP** of Union County seeks people who enjoy children children to volunteer in a K-3 after-school program in

Linden. The Retired and Senior Volunteer Program, sponsored through Community Access Unlimited, enables people 55 and older to put their skills and life experience to work

in their communities. Want to touch the heart of a young child?

Call the RSVP office and ask for Laurie at (908) 354-3040.



WORRALL NEWSPAPERS

PAGE B8 - THURSDAY, JANUARY 18, 2001



Anxiety is linked to depression among kids, college students

By Alison Ashton **Copley News Service**

Today's kids live in the age of anxicty, according to two large-scale studies of children and college students. Both studies found that anxiety levels have soared since the 1950s - so much so that typical children in the 1980s reported more anxiety than child psychiatric patients during the Eishenhower administration.

That's bad news for the population's overall mental health, says study author Jean M. Twenge Ph.D., of Case Western Preserve University. "The results of the study suggest that cases of depression will continue to increase in the coming decades, as anxiety tends to predispose people to depression."

Anxiety also precedes alcohol and substance abuse, as well as physical health problems.

"Research has found that anxious people have a higher mortality rate, most likely because anxiety has been linked to higher occurrences of asth-

ma, irritable bowel syndrome, ulcers, inflammatory bowel disease and coronary heart disease," she adds.

The studies focused on trait anxiety - an individual's propensity to anxiety - rather than state anxiety, which is a temporary emotion in response to a particular situation.

One study measured anxiety levels in more than 40,000 American college students between 1952 and 1993. The other measured anxiety in more than 12,000 schoolchildren, ages 9 to 17. A number of factors contributed to

increased anxiety, especially enviromental threats and a lack of social connections. Over the studies' 40-year span, children's social networks diminished along with the decline in trust in other people and the rise in divorce rates. Other threats, such as violent crime and AIDS, also raised anxiety in the young.

Twenge notes although that some things have changed since the studies concluded in 1993 - both crime and divorce rates have declined - we

shouldn't expect kids to relax anytime soon.

"The percentage of people living alone continues to increase, and levels of trust are still declining," she says.

"Until people feel both safe and connected to others, anxiety is likely to remain high."

Sporadic Workouts Can Be Deadly

If you only work out once in awhile, you have an increased risk of an exercise-related, fatal heart attack - especially if you're a middle-age man.

During 1997 and 1998, a study of members of a large American health club chain uncovered 71 fatal heart attacks and strokes during a total of 182.3 million work-outs. Almost half the deaths occurred in people who exercised less than once a week.

Sixty-one of the fatalities were men, despite the fact that fitness club memberships were evenly divided between males and females. "Exercise by itself is safe," says

Barry A. Franklin Ph.D., director of cardiac rehabilitation at William Bea-Zumont Hospital in Royal Oak, Mich. "The problem occurs when you have vigorous exercise and a diseased or susceptible heart. Moreover, these sporadic exercises often had one or more risk factors for, or a history of, cardiovascular disease.'

Franklin also points out that the risk of sudden death during a workout is actually quite small. "The fatality rate is one death in about every 2.57 million workouts."

And, before you say that's still too high and head back to the couch, Franklin says you can miminize the risk by exercising consistently and reasonably."

"Work out more regularly because it appears that people who are more regular attendees are less likely to experience exercise-related cardiovascular complications. Also, it's likely that the people who died had been exercising at an excessive intesity and may have avoided their cardiac

problem had they been exercising lessvigorously." Soak Overnight

Brown rice is chock-full of nutritients, and a team of Japanese scientists says the stuff is even more nutritious if you make it germinate. Germinated brown rice contains more fiber than conventional brown rice, plus three times the essential amino acid lysine and 10 times as much gamma-aminobutyric acid, an amino acid that improves kidney function. Researchers also found that brown rice sprouts contain an inhibitor of the enzyme protylendopeditase, which is linked to Alzheimer's disease. The researchers'say germination frees additonal nutrients.

"The birth of a sprout activates dormant enzymes in the brown rice all at once to supply the best nutrition to the growing sprout," explains lead investigator Hiroshi Kayahara Ph.D., a biochemist at Shinshu University in Nagano, Japan.

Researchers soaked rice for 22

hours at 90 F. You can get similar results overnight. Soaking has other benefits - it softens the outer bran layer and makes the rice easier to cook. Cooked, sprouted rice also has a pleasant, sweet flavor.

Soaking only works for brown rice, though. Soaking doesn't make white rice germinate.

Wasabi Wonder

Next time you nibble sushi, be sure to load up on the wasabi. Japanese researchers found that the pungent green horseradish may help prevent tooth decay.

How? Wasabi's chemical compounds, known as isothiocyanates, appear to prevent sugar-dependent cells from sticking to your teeth. The spicy condiment has already been linked to other health benefits, including cancer prevention, preventing blood clots and anti-asthmatic properties.

Wasabi also has anti-microbial qualities, which makes it an excellent accompaniment to raw seafood.

Holistic alignment technique helps keep balance mind and body in healing

By Jack Williams **Copley News Service**

After 30 years of crawling around on his hands and knees for a living, Jim Robinson was in a position to complain.

His neck hurt, for one thing. And the chronic pain radiating thorugh his shoulders was about to pull his carpetlaying career out from under him.

"I couldn't lift my left arm above my head," he said. "My shoulders were getting hunched over and roundcd. I was stooped over."

Today, at 45, Robinson sees no end in sight. Not, at least, to the career that he began at 15 in his family's carpet business.

As for the pain, it's gone the way of rust-colored shag.

"I'm working twice a hard as I used to and outdoing guys on the crew who are 10 years younger," Robinson said. Should his body feel out of whack,

encumbered by that familiar neck and

Brochure can help reduce stress in

back pain, he relies on Alphabiotics. an alingment technique that he credits with putting him back in balance.

It's the same therapy that Brian Khellberg, 29, credits with relieving him of chronic inflammation of the esophagus.

"I wanted to try anything possible to avoid surgery," said Khellberg, a facilities manager for a San Diego software firm. "I was only sleeping an hour or two a night because of all the stomach acid getting into my throat."

Alphabiotics is designed, through genile upward movement of the head by a certified practitioner, to balance the left and right hemispheres of the brain. It goes beyond postural and muscular imbalances, which can be addressed by customized exercise ---and is, successfully, at such San Diego-based centers as Function First and Symmetry.

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More than anything Alphabiotics may be similar to Network Chiropractic, a sequence of light spinal adjustments designed to free the body's innate intelligence and promote healing.

The term Alphabiotics was coined in 1971 by Virgil Chrane, whose father, V.B. Chrane, began devising the technique in the 1920s and teaching others in the 1940s.

An estimated 300 or so practitioners have been certified by the Texasbased Alphabiotics International. Alphabioticists say it takes two years to learn the procedure and a lifetime to perfect it.

Former nightclub owner Bill Winston experienced enough relief from chronic neck and back pain that he began pursuing Alphabiotics as a career. He charges \$20 per alignment at his Sunset Cliffs Wellness Center in San Diego.

"It's not a treatment or a cure, but it puts the body in the most favorable position to heal itself," Winston said.

"Before I got my first alignment, I could hardly stand up 10 minutes at a time. I had broken my neck in high school, and I fell off a balcony another time."

Now 44, Winston manages a business offering a variety of a alternative health modalities, from a hyperbaric oxygen chamber to cranial sacral therapy. But Alphabiotic alignment, from his experience, is the crown jewel.

"One quick yank behind the head, and I could feel my spine loosening all the way into my lower back," said Robinson, one of Winston's first clients.

Rosalie Garcia, 42, an accountant who trains in martial arts, says she relies on Alphabiotics to maintain balance - psychologically and physiologically.

Same with Cynthia Marshall, 51, who's in the health-products industry.

Both have tried a number of New Age body-mind disciplines, along with conventional chiropractic.

"I tend to work in the left brain, which creates an imbalance, and it's hard to shift out of there," Garcia said. "With Alphabiotics, I'm more

focused, in my work and in my martial arts."

And physically? "Sometimes it's subtle; sometimes it's very deep. You know the fluid in your spine goes to where it is needed."

Marshall said she notices a difference in her shoulders, where she tends to carry tension and stress.

"It's helped me get through very stressful situations that otherwise would have knocked me for a loop,' she said.

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nursing home visits

Visits from family and friends are always appreciated by an elderly person living in a nursing home.

While spending time together can sometimes be stressful or uncomfortable due to lack of conversation or guilt associated with leaving, visiting can also be a wonderful opportunity to stay in touch, express emotions and share experiences.

Cornell Hall Nursing and Rehabilitation Center, a 177-bed long-term care facility located in Union, understands the difficulties that may accompany a nursing home visit and has proudced "Make the Most of Your Nursing Home Visit," a free brochure with helpful guidelines for visiting a loved one in a long-term care facility. The brochure provides tips on preparing for a visit, offers useful suggestions on spending quality time together and provides ideas for ending your visit.

To receive a free copy of "Make the Most of Your Nursing Home Visit," call (800) 222-9147 or write to "Brochure Request," Public Relations, 695 Chestnut St., Union, 07083. You can also request a copy at www.saintbarnabs.com. Scroll down and click on the System Facilities tool bar, choose "Nursing Homes," click "Go" and choose "For More Information."

Cornell Hall Nursing and Rehabilitation Center, located at 234 Chestnut St. in Union, is an affiliate of the Saint Barnabas Health Care System.

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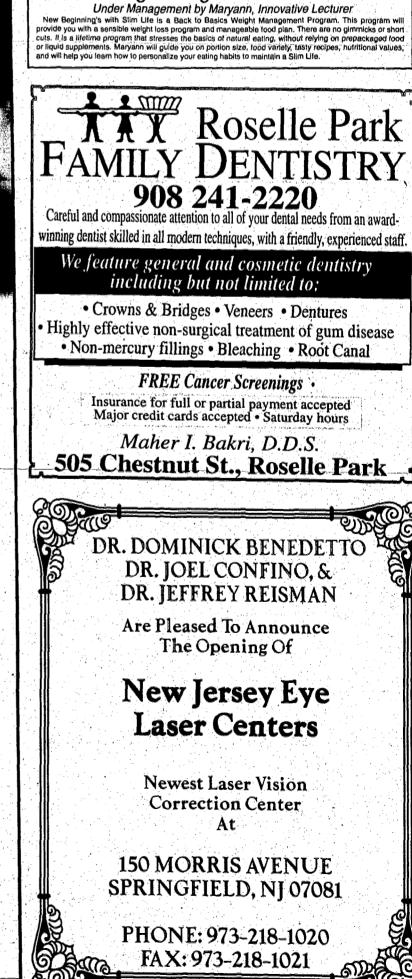
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Many Western dishes made their way out of Africa

By Marcia C. Hunt Copley News Service It's easy to see the African influence in foods such as black-eyed peas, barbecued ribs, mustard greens seasoned with pork, and sweet potato pie — dishes that many people group under the vague heading "soul food." But, it might be more difficult to sense that connection with dishes

such as paella, fried chicken, pralines, sesame-seed cookies and peanut butter. Yet, these dishes find their origins on the African continent as well.

Food historians, professors, chefs and other people interested in food gathered in Chicago last year to explore the connections between African and American foods. The conference, dubbed "Grits, Greens and Everything in Between," included lectures and tours of Chicago's historic black neighborhoods.

There was also a collaborative dinner where chefs prepared foods representing every stop on the African culinary continuum, from barbecued ribs and fried catfish to Brazilian collard greens, West African peanut stew and squares of grits dressed in a cream sauce, a creation that rivaled any elegant polenta dish.

These foods demonstrate the African fusion of indigenous ingredients such as yams, okra, rice and sesame and New World foods such as chili peppers, corn and tomatoes.

Of course, it's tricky to say definitely that the practice of eating any one food or dish originated in any one place. A wide variety of foods can be traced to ancient China, but the African continent has a long and rich culinary history as well.

Jessica Harris, a food historian and author who served as a the conference's keynote speaker, talked of searching for the African hand stirring the pot in the kitchen.

"While you can taste that African hand, what is it?" she mused. "It's a combination of ingredients, techniques and seasoning that we can taste and intuit but have yet to fully explain."

Harris, who holds a doctorate in performance studies and teaches at Queens College in New York, said her interest in the connection between African and American food was sparked nearly 20 years ago on a trip to Senegal, when she sat down with a family and ate a dish that was almost identical to something she had grown ended, was an era of great movement of people between Europe, Africa and the New World. Not all African captives were taken as far as the American colonies; many ended up in Brazil and the Caribbean.

Despite the forced nature of their migration, Africans managed to bring many foods and methods of cooking and seasoning to their new homes.

"When we sit down to a meal of gumbo, chicken and peanuts, blackeyed peas, rice, watermelon, and yam pie, we are ingesting a taste of Africa, though the meal touches all corners of the globe," said Robert Hall, a history professor at Northeastern University in Boston.

Grain cultivation in Africa goes back to 4000 B.C., said Hall. Many varieties of grasses, ground nuts, legumes and tubers were native to Africa. Among the foods that came to this country by way of Africa are okra, millet, yams, sorghum, sesame — or benne — seeds, sorrel, peanuts and many varieties of melon, including watermelon.

Africans also shaped the way we refer to the foods we eat. The word yam, which we often misapply to sweet potatoes, comes from the Woloff word nyam, meaning to eat; and the name of the Creole stew, gumbo, is taken from an African word, quingombo, which means okra. While bananas are not native to Africa, the word "banana" comes from a West African language because the fruit was first widely used there.

Culinary exchanges resulting from the slave trade went in all directions: Portuguese took mangoes from south India to Africa, and from there they were taken to Brazil and the West Indies.

Foods that were brought to Africa from other lands and became widely used there were among the dishes slaves cooked in America.

Andrew Smith, a food researcher, said that the tomato, peanut, cassava, and sweet potato were brought to Africa. The last three were introduced by Portuguese traders, who knew the foods would be sustaining on long journeys.

Once introduced, the sweet potato started to be substituted for yam; the peanut eventually supplanted the native Bambera ground nut because the peanut was a better source of oil. West Africans gave the new nut the same name as the older one, either "goober" or "pindar," leading to confusion ever since.

rocks, Harris said. A pot could be placed on top for boiling or frying, or food could be roasted in the fire, grilled over the fire or baked in the ashes.

As these cooking methods were adapted to the conditions under slavery, it was common to find one-pot meals that could be prepared and then eaten later as people came back from a long day working in the fields.

Dishes cooked in typical African styles include composed rich dishes such as pilau and jambayala; and rice and bean combinations such as Brazil's feijoada, Cuba's moros y cristianos — black beans and rice, and the American Southern dish of blackeyed peas and rice called Hoppin' John.

Several varieties of rice were native to Africa, and people from Africa's rice-growing regions were instrumental in building up the rice industry in South Carolina.

African culinary customs also are reflected in savory fritters made from beans, seafood or leftovers and fried in a spicy palm oil; soupy stews such as gumbo; and the use of nuts and the use of nuts and seeds to thicken dishes. Dandies such as pralines, made from nuts with brown sugar and corn syrup or honey, were also an African specialty.

Dishes based on green, leafy vegetables such as collard also have their roots in Africa, as does the eating of the pot liquor produced from cooking the greens.

Seasoning greens or beans with a piece of smoked meat, usually pork, is another tradition learned from African cooks.

"With the increased affluence, we have added more," Harris said. "What was once a tiny seasoning piece of smoked pork has become four ham hocks and the back end of yesterday's leftover ham."

African cooks also liked to cook with lots of spices, which were plentiful on the African continent. Spices such as cumin and cardamom moved along trade routes between northern and sub-Saharan Africa, and, in fact, several West African mixtures such as "ras al-hanout."

Improvisation cooking, the ability to take less-than-desirable parts of an animal and turn them into a meal, is something African cooks practiced daily.

"African people in the U.S. were often relegated to eating parts of animals that whites would throw out: the neck, offal, brains and tongue. And they made incredibly appetizing meals out of these, seasoned with dende -- palm kernel -- oil," said Thelma Barer Stein, a food researcher and author of "You Eat What You Are: People, Cultures and Food Traditions." African cooks also added multiple layers of flavors to foods, perhaps marinating, then grilling and stewing a dishf. Foods also could be smoked, sun-dried or washed down with lime

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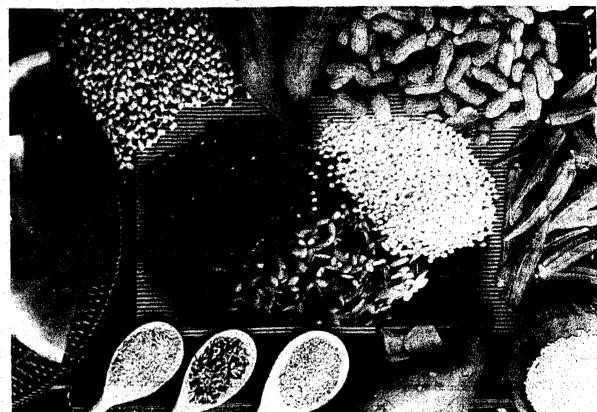
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Many foods, some native to Africa and others introduced there, became popular in America because of African cooks. Some examples, clockwise from top, are peanuts, okra, millet, sweet potatoes, sesame seeds, rice, melons, and black-eyed peas.

juice as a way of sanitizing leftovers that were past their prime.

Certain types of peppers were known in Africa in pre-Columbian times, and the fondness for spicy has perished. A native African pepper brought to America is called "grains of paradise," or melegueta pepper.

"Generally we like it hot," Harris said. "When we start talking about authenticity — in soul food restaurants — my token is that long, thin bottle of hot sauce on the table, and I'm not talking about Tabasco."

Writings about trade and the fare at special feasts, along with other historical records, reveal much about the foods that were commonly eaten throughout Africa. Much was written about the exploits of the Moors, people from Northern Africa who are credited with bringing rice, sugar cane, dates, ginger, cotton, lemons and strawberries to Spain. The rice provided the backdrop for such classic European dishes as paella.

"We forget the African part of European history," Harris said.

The provision logs of slave ships provide a glimpse of the foods that Africans ate at home and that followed them to the New World. By the

the prevalence of commeal tamales in . a section of the Mississippi Delta. It appears that the tamales, mostly made and sold by black male entrepreneurs, were brought to the delta years ago by Mexican migrant workers.

"It's African adaptions and reinventions in the New World that interest me," said Edge, a founder of the Southern Foodways Alliance.

At the conference dinner, chefs presented food that had an African motif but showed that spirit of improvisation and innovation.

Chefs such as Larry Tucker, whose new Chicago restaurant, N.N. Spice Islands, blends African and Asian flavors, relish the challenge of creating something new. At the dinner, Tucker served jerked pork tenderloin, sweet potatoes and Brazilian collard greens, which were cut in long shreds and cooked quickly so they remained bright green.

Given the fact that the foods created in this African tradition are still evolving, some, including Harris, think the circa-1960s term "soul food" is outdated and should be dropped.

But, no matter what it's called, Tucker still thinks that some aspects

 $\frac{1}{2}$ teaspoon finely minced habanero chili, or to taste

- 1 small onion, finely minced Salt, to taste
- Yields 6 servings.

Prepare beans by picking over them to remove any impurities and broken or bad beans. Soak overnight covered by water. The next day, remove skins from beans by rubbing them between your hands.

Heat oil to 375 F for frying in heavy Dutch oven or deep fryer. Place prepared beans in meat grinder or food processor and pulse until you have a smooth paste. Place paste in large bowl. Beat bean paste with wooden spoon to aerate it, and gradually add water. Continue to beat while adding water. Use only enough water to make a mixture that will easily from a spoon. Add chili and onion and season to taste with salt. Continue to stir so that all ingredients are well-mixed.

When ready, spoon akaru up by the teaspoonful and drop a few at a time hot oil. Fry for 2 minutes on each side, or until golden brown. Drain onto absorbent paper. Serve hot. From "The Africa Cookbook" by

Jessica B. Harris.

Editor

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Organizations submitting

up eating.

Slave trade Any exploration of Africaninfluenced foods cannot escape the fact that many dishes came to be part of the Southern and larger American menu because of the slave trade. Most Africans brought to, the West were either kidnapped or sold by rival tribes to traders who loaded them to the New World.

The journey, which took several weeks, was horrendous, with people lying chained together in hot compartments below deck. Many died because of a lack of fresh air. Others threw themselves overboard, fearing that they would be eaten or killed by these strange-looking men from the West.

The period between 1492 and the 1840s, when the slave trade finaly

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Cooking methods

Many people believe African slaves brought to new lands were forced to leave their old ways behind and take on the customs of their owners. But this view denies the resiliency and resourcefulness of the African cooks.

Even if some of the foods in America were different, African cooks fused these new foods with cooking, methods and seasoning styles that helped keep a link to the motherland,

In fact, the kitchen was one of the few areas where slaves were rewarded for innovation, said Prof. William Whit of Grand Valles State University in Michigan.

Cooking in Africa was typically done on a fire surrounded by three

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early 1700s, Hall said, slave traders were paying more attenton to the feeding of their human cargo, realizing that more of the captives survived when they were fed familiar foods. The traders provisioned ships with corn, yams, melegueta peppers, palm oil, limes and lemons.

Continually changing

Just as African foods underwent a transformation when they were fused with American ingredients, African-American food is still changing. John T. Edge, a writer and food his-

torian from Mississippi, spoke about

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of African-American food will never change.

"We love flavor in our food," he said. "No matter what we cook or where we come from."

Akara (Bean Fritters) 2 cups dried Great Northern beans Oil for frying, prefarbly red palm

1% cups cold water

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Stepping Out is a weekly calendar designed to guide our readers to the many arts and entertainment events in the Union County area. The calendar is open to all groups and organizations in the Union County area. To place your free listing, send information to Arts and Entertainment Editor Bill VanSant, Worrall Community Newspapers, P.O. Box 3109, Union, 07083.



OUR VIEW: A UNIQUE PERSPEC-TIVE on Life in Union County, a traveling exhibit sponsored by Community Access Unlimited, features the work of 10 adults with developmental disabilities.

The exhibit will tour the county. For information on the reception, call (908) 354-3040, ext. 304.

ARTIST RON HEDRICK will have his work on exhibit at Evalyn Dunn's Gallery in Westfield.

Gallery hours are Tuesdays through Saturdays from 10 a.m. to 5 p.m. and by appointment. The gallery is located at 549 South Ave., Westfield. For information, call (908) 232-0412.

NEW JERSEY PHOTOGRAPHY FORUM sixth annual Juried Show will be on exhibit at Children's Specialized Hospital during the month of January.

Exhibit hours are 8:30 a.m. to 8:30 p.m. daily, CSH is located at 150 New Providence Road, Mountainside.

3 WOMEN: ELEMENTS OF THE ABSTRACT will be on exhibit at the Gallery at the Arts Guild of Rahway through Feb. 2.

Gallery hours are Wednesdays, Fridays and Saturdays from 1 to 4 p.m.; Thursdays from 1 to 3 p.m. and 5 to 7 p.m.; and by appointment. The Arts Guild of Rahway is located at 1670 Irving St., Rahway. For information, call (732) 381-7511.

INTERNATIONAL IMAGES OF STRUGGLE AND DIGNITY 1977-2000 will be on exhibit at the New Jersey Center for Visual Arts in Summit through Feb. 8.

Gallery hours are Mondays to Fridays, noon to 4 p.m.; Thursdays, 7 to 9 p.m.; and Saturdays and Sundays, 2 to 4 p.m. NJCVA is located at 68 Elm St. in Summit. For information, call (908) 273-9121.

ARTIST WOJTEK GILEWICZ will have his works on exhibit at the Skulski Art Gallery of the Polish Cultural Foundation in Clark through Feb. 9.

Gallery hours are Tuesday to Friday, 5 to 9 p.m., and Saturday 10 a.m. to 2 p.m. The Polish Cultural Foundation is located at 177 Broadway, Clark. For information, call (732) 382-7197.

THE BOUND BROOK CYCLE by artist David Ambrose will be on exhibit at the Tomasulo Gallery in the Kenneth McKay Library on the Cranford campus of Union County College Friday through Feb. 22. An opening reception will take place Friday from 7 to 9 p.m.

Gallery hours are Mondays to



girls, 5 to 16 — will be Jan. 27 only at 1 p.m. All other roles will be auditloned Jan. 28 at 1 p.m. and Jan. 30 at 7:30 p.m. The show runs May 4 to 19. For information, call (908) 653-0781.

PAPER MILL PLAYHOUSE will conduct auditions for the children's chorus of "Carousel" by Rodgers and Hammerstein Feb. 10 at the playhouse, Brookside Drive in Millburn. Children whose names begin with A through L sign up at 9 a.m. in the theater lobby; names beginning with M to Z at noon. Auditioners should prepare music from the show; an accompanist will be provided. For information, call (973) 379-3636, ext. 2278.

MYSTIC VISION PLAYERS of Linden will conduct auditions for the New Jersey premier of "The Teachers" Lounge" Feb. 26 and 27 at 7 p.m. at the Linden Presbyterian Church, Orchard and DeWitt terraces. Show dates are May 4 and 5. For information, call (908) 925-9068 or send e-mail to mysticvp@aol.com.

NEW JERSEY INTERGENERATION-AL ORCHESTRA is accepting applications and will conduct auditions for instrumentalists for the 2000-01 season. For information, call (908) 709-0084 or (609) 208-0029.

WESTFIELD GLEE CLUB will welcome student and adult male singers for its 76th season. The Glee Club rehearses Mondays from 8 to 10 p.m., in the choir room of the Westfield Presbyterian Church, Broad Street and Mountain Avenue in Westfield. For information, call (908) 232-0673.

BOOKS

SPRINGFIELD FREE PUBLIC LIBRARY will sponsor its Great Books Discussion Series in the coming months. The group meets at 10 a.m. in the library meeting room.

Today: "The Decline and Fall of the Roman Empire," Gibbon

March 15: "Utilitarianism;" Mill April 19: "Caesar and Cleopatra," Shaw

May 17: "The City of God," St. Augustine

June 21: "Symposium," Plato

July 19: "Of Experience," Montaigne The Springfield Free Public Library is located at 66 Mountain Ave., Springfield. For information, call (973) 376-4930.

AUTHOR KURT EICHENWALD will appear at the Town Book Store of Westfield Saturday from 11 a.m. to 1 p.m. to sign copies of his new book, "The Informant: A True Story." The Town Book Store is located at 255 E. Broad St., Westfield. For Information, call (908) 233-3535.

AUTHOR LOREN SPIOTTA-DI MARE will appear at the Town Book Store of Westfield Saturday from 2 to 4 p.m. to sign copies of her new book, "Norman to the Rescue," The Town Book Store is located at 255 E. Broad St., Westfield. For information, call (908) 233-3535. **CLASSES**

MUSICIAN DAN ALDERMAN and teacher Hope Blecher-Sass will appear at Barnes and Noble in Clark Wednesday at 7 p.m. to lead a workshop of projects related to the 100th day of the school year. Barnes and Noble is located at 1180 Raritan Road in Clark, For Information, call (732) 574-1818.

NEW JERSEY WORKSHOP FOR THE ARTS is currently accepting registration for the fall session of its Music Studio. Lessons include instrumental, voice and music theory, with beginner through advanced classes. Additional courses include art classes for children and toddlers, the Westfield Fencing Club and the Drawing Workshop. Classes take place at 150-152 E. Broad St., Westfield. For information, call (908) 789-9696.

WESTFIELD YOUNG ARTISTS' COOPERATIVE will offer professional classes in the performing arts.

Beginners, Intermediate and Advanced Acting classes will concentrate on improvisation, character development and scene study. Also offered are four levels of tap and three levels of musical theater, which focuses on song selection and interpretation, ensemble work, voice, and musical theater movement and dance. Private lessons in voice and/or acting are available.

The Westfield High School is located at 728 Westfield Ave., Westfield. For information, call (908) 233-3200.

LINDEN ART ASSOCIATION will offer classes in visual arts in five-week segments on Wednesday evenings. The sessions are as follows:

• Jan. 24 and 31, and Feb. 17 and 14, already in progress

• Feb. 21 and 28, and March 7, 14 and 21

• March 28, and April 4, 11, 18 and 25

• May 2, 9, 16, 23 and 30.

Classes meet at the Sunnyside Recreation Center, Melrose Terrace at Orchard Terrace. For information, call (908) 486-1408.

MUSIC FOR CHILDREN in Westfield offers various music classes to children between the ages of 10 months and 8 years old. For information on class offerings or to reserve a space at either open house, call (908) 232-4881.

CONCERTS

CHORAL ART SOCIETY OF NEW JERSEY will perform Bernstein's "Chichester Psalms" and Mozart's "Requiem" in concert Saturday at 8 p.m. at the Presbyterian Church of Westfield, Mountain Avenue and East Broad Street. MUSIC IN THE CAFE in Barnes and Noble in Springfield will feature free musical performances in the coming weeks. All concerts will take place in the coffee lounge area of the store from 8 to 10 p.m.

Barnes and Noble is located at 240 Route 22 West, Springfield. For information, call (973) 376-8544.

CRAFTS

SUMMIT FOLK DANCERS will meet Fridays at 7:30 p.m. at The Connection in Summit. Upcoming meetings are Jan, 26, when the group will sponsor a Robert Burns Night, and Feb. 9 and 23. Fee is \$2. For information, call (973) 467-8278.

DISCUSSION

THE CONCORD SINGERS will sponsor its third Choral Workshop for Women Jan. 27 from 10 a.m. to 4 p.m. at St. John's Lutheran Church, Springfield Avenue in Summit. The fee for the workshop, including a catered lunch, is \$30 in advance, \$40 at the door; students pay half-price. For information, call (973) 635-3965.

THE EDISON ARTS SOCIETY WRI-TERS CIRCLE will meet at Barnes and Noble in Clark Feb. 12 at 7:30 p.m. The Writers Circle meets the second Monday of every month and new members are always welcome. Barnes and Noble is located at 1180 Raritan Road, Clark. For information, call (732) 574-1818.

FILM

ELIZABETH PUBLIC LIBRARY will sponsor a series of free film classics at the Main Branch in the coming weeks. All films begin at 10 a.m.

The Main Branch of the Elizabeth Public Library is located at 11 S. Broad St. For Information, call (908) 354-6060.

KIDS

UNION COUNTY ARTS CENTER in Rahway will present the TheaterWorksUSA production of "Ramona Quimby" Feb. 4 at 3 p.m. Tickets are \$9. UCAC is located at 1601 Irving St. In Rahway. For information, call (732) 499-8226. UNION RECREATION Department will sponsor weekly ceramics classes for children between the ages of 7 and 12 at the Recreation building. 1120

for children between the ages of 7 and 12 at the Recreation building, 1120 Commerce Ave., Union, from 3:30 to 5:30 p.m. For information, call 964-4828.

POETRY

POETRY OUT LOUD, a creative forum for poets, will meet Jan. 26 at 8 p.m. at Barnes and Noble in Springfield, Barnes and Noble is located at day and Saturday. Shows are Friday at 8 p.m. with dinner preceding at 6:30 p.m.; two shows Saturday at 7 p.m. and 1:30 p.m. Costa Del Sol is located at 2443 Vauxhall Road in Union. For tickets call (908) 964-3352.

ELIZABETH PLAYHOUSE will present "Awake and Sing" by Clifford Odets Friday through Feb. 18. Shows are Fridays and Saturdays at 7:30 p.m., Sundays at 2 p.m. Tickets Saturdays and Sundays are \$8 for general admission, \$6 for students and senior cltizens; Fridays, all tickets are \$5. The Elizabeth Playhouse is located at 1100 E. Jersey St., Elizabeth. For information, call (908) 355-0077.

UNION COUNTY ARTS CENTER in Rahway will present the touring company of "Five Guys Named Moe" Saturday at 8 p.m. Tickets are \$18. UCAC is located at 1601 Irving St. in Rahway. For information, call (732) 499-8226.

UNION COUNTY ARTS CENTER in Rahway will present the one-man show, "Unforgettable: The Nat King Cole Story," Feb. 11 at 3 p.m. Tickets are \$18. UCAC is located at 1601 Irving St. in Rahway. For information, call (732) 499-8226.

VARIETY

THE AMAZING KRESKIN will be presented by the Union County Arts Center in Rahway Feb. 2 at 8 p.m. Tickets are \$18. UCAC is located at 1601 Irving St. in Rahway. For information, call (732) 499-8226.

THE BACK PORCH in Rahway will present Open Mike Night every Tuesday at 9 p.m. and karaoke every Thursday night.

The Back Porch is located at 1505 Main St. in Rahway. For information, call (732) 381-6455.

CROSSROADS in Garwood presents a series of jazz, blues and comedy concerts. Every Sunday is Comedy Night at 7:30 p.m. Every Tuesday is the Jazz Jam. Every Wednesday is The Juggling Sons. Every Thursday, ladies drink half-price.

- Today: Simon's Awake
- Friday: Blunt Force

Saturday: Skydog in a tribute to The Aliman Brothers

Jan. 25: Splooge

Jan. 26: Hudson River Rats Jan. 27: Joe Taino and The Blue Flames

Feb. 1: Ominous Seapods

- Feb. 2; BBQ Bob and The Spareribs Feb. 3: The Nick Bukuvalas Band
- Feb. 4: Richle Havens

Tchaikovsky festival continues

The New Jersey Symphony Orchestra will present an exciting three-week festival focusing on the music of Tchaikovsky now through Jan. 28. The festival, titled "The Meanings of Tchaikovsky," encompasses three

WORRALL NEWSPAPERS

Feb. 8: Black Dog in a tribute to Led Zepplin

Feb. 9: Royal Scam in a tribute to Steely Dan

Feb. 10: Barbuda

Feb. 15: Day One Feb. 16: ULU

Feb. 17, Chameleon

Crossroads is located at 78 North Ave. in Garwood. For information, call (908) 232-5666.

EAT TO THE BEAT Coffeehouse in Rahway will feature appearances by musical artists during January.

Eat to the Beat Coffeehouse is located at 1465 Irving St. in Rahway at the corner of East Cherry Street. For information, or to sign up for Open Mike Night, call (732) 381-0505.

FLYNN'S IRISH PUB and Steakhouse in Rahway will present entertainment at various times throughout January.

Flynn's Irish Pub is located at 1482 Main St. in Rahway. For information, call (732) 381-4700.

HILLTOP CAFE AND GRILL in Summit presents "From Broadway to the Silver Screen" every Sunday at 6 p.m., preceded by an all-you-can-eat dinner from 5 to 6 p.m. Cost is \$29.95 and reservations are required. The Hilltop Cafe and Grill is located at 447 Springfield Ave., Summit. For information, call (908) 277-0220.

TAVERN IN THE PARK in Roselle Park will present Teddy Halek in "An Evening of Frank Sinatra" Saturdays at 9 p.m. Tavern in the Park is located at 147 W. Westfield Ave., Roselle Park. For information, call (908) 241-7400.

VAN GOGH'S EAR CAFE in Union will present a series of musical events in the coming weeks. Tuesday nights are "Accustic Tuesday," with open mike from 8 to 9 p.m. for folk singers, poets and comedians, followed by a featured folk performer. Open mike participants sign up at 7:30 p.m., and get 10 minutes at the microphone. Jazz and blues are featured Sundays at 8 p.m. Cover charge is \$3 for all Sunday concerts.

Van Gogh's Ear is located at 1017 Stuyvesant Ave. In Union Center. For Information, call (908) 810-1844.

THE WAITING ROOM in Rahway will present musical entertainment during January. Every Wednesday night is Open Mike Night.

Jan. 27: Live Animals

The Waiting Room is located at 1431 Irving St. in Rahway at the corner of Lewis Street. For information, call (732) 815-1042.

THE WASHINGTON AVENUE PUB in Linden will present karaoke and the 100-Proof Duo Band every Saturday night. In addition, Monday features Football Food Specials, and Thursday is Ladies Night. The Washington Avenue Pub is located at 704 Washington Ave. in Linden. For information, call (908) 925-3707.

Thursdays and Saturdays, 1 to 4 p.m.; and Tuesday to Thursday evenings from 6 to 9 p.m. UCC's Cranford campus is located at 1033 Springfield Ave., Cranford. For information, call (908) 709-7155.

VIETNAM: LIFE IN SPITE OF WAR will be on exhibit at the Gallery at the Arts Guild of Rahway Feb. 11 through March 9. An opening reception will take place Feb. 11.

Gallery hours are Wednesdays, Fridays and Saturdays from 1 to 4 p.m.; Thursdays from 1 to 3 p.m. and 5 to 7 p.m.; and by appointment. The Arts Guild of Rahway is located at 1670 Irving St., Rahway. For information, call (732) 381-7511.

TEEN ARTS TOURING EXHIBIT, sponsored by the Union County Board of Chosen Freeholders, will be on display at the Elizabeth Public Library Jan. 25 through Feb. 27.

Gallery hours are regular library operating hours. Elizabeth Public Library is located at 11 S. Broad St., Elizabeth. For information, call (908) 558-2550.

FROM PARAFFIN TO BEESWAX, the work of Francesca Azzara, will be on exhibit at the Les Malamut Art Gallery in Union Public Library Saturday through Feb. 28. An opening reception will take place Saturday from 2 to 4 p.m.

Gallery hours are regular library operating hours. Union. Public Library is located at 1980 Morris Ave., Union. For information, call (908) 851-5450. INTERNATIONAL JURIED SHOW 2001 will be on exhibit at the New Jersey Center for Visual Arts in Summit Jan. 28 to March 14. An opening reception will take place Jan. 28 from 2 to 5 p.m.

Gallery hours are Mondays to Fridays, noon to 4 p.m.; Thursdays, 7 to 9 p.m.; and Saturdays and Sundays, 2 to 4 p.m. NJCVA is located at 68 Elm St. in Summit. For information, call (908) 273-9121.

AUDITIONS

THE NEWARK SCHOOL of the Garden State Ballet will conduct auditions for fall scholarships for boys and girls 7 to 12 years old Saturday and Jan. 27. For complete information, call (973) 623-1033.

CRANFORD DRAMATIC CLUB will conduct auditions for "The Sound of Music" by Rodgers and Hammerstein Jan. 27, 28 and 30 at the CDC playhouse, 78 Winans Ave., Cranford. Auditions for the von Trapp Children two boys, 14 and 10 years old, five SHAKESPEARE OUT LOUD Reading Group will meet at Barnes and Noble in Clark Friday at 7:30 p.m. The group, led by Kevin Muller, will meet the third Friday of each month to read a Shakespeare play out loud. Barnes and Noble is located at 1180 Raritan Road, Clark. For information, call (732) 574-1818.

AUTHOR EDWARD EINHORN will appear at Barnes and Noble in Springfield Tuesday at 7:30 p.m. to discuss his new book, "Paradox in Oz," a sequel to the "Oz" stories by L. Frank Baum, Barnes and Noble is located at 240 Route 22 West in Springfield. For information, call (973) 376-8544.

AUTHOR MARK DI IONNO will appear at Barnes and Noble in Springfield Jan. 25 at 7:30 p.m. to discuss and sign copies of his new book, "A Guide to New Jersey's Revolutionary War Trails: For Families and History Buffs." Barnes and Noble is located at 240 Route 22 West in Springfield. For information, call (973) 376-8544.

THE WOMEN'S READING GROUP at Barnes and Noble in Clark will meet Jan. 31 at 7:30 p.m. The group meets the last Wednesday of each month to read. Barnes and Noble is located at 1180 Raritan Road, Clark. For information, call (732) 574-1818.

BOOKS BY WOMEN, ABOUT WOMEN, a book discussion group at Barnes and Noble in Springfield, will meet Feb. 7 at 7:30 p.m. February's selection is "Cry of the Peacock" by Gina Nahai. The group meets the first Wednesday of each month. Barnes and Noble is located at 240 Route 22 West in Springfield. For information, call (973) 376-8544.

JANE AUSTEN MYSTERY SERIES Reading Group will meet at Barnes and Noble in Clark Feb. 8 at 7:30 p.m. The group will meet the second Thursday of each month through January to discuss books by Stephanie Barron, skipping the month of December. Barnes and Noble is located at 1180 Raritan Road, Clark. For information, call (732) 574-1818.

JEWISH BOOK LOVERS will meet at Barnes and Noble in Springfield. The group, which meets monthly, will resume in March. Barnes and Noble is located at 240 Route 22 West in Springfield. For information, call (973) 376-8544. NEW JERSEY WORKSHOP FOR THE ARTS will present a benefit concert Saturday at 8 p.m. at Washington Elementary School, 301 Washington Ave., Union. Tickets are \$5 for adults and \$3 for children. For information, call (908) 789-9696.

PLAINFIELD SYMPHONY ORCHESTRA will appear in concert Sunday at 4 p.m. at the Crescent Avenue Presbyterian Church, 716 Watchung Ave., Plainfield, Tickets are \$15, \$20 and \$25. For information, call (908) 561-5140.

CHUCK MANGIONE will be presented in concert Jan. 27 at 8 p.m. at the Union County Arts Center in Rahway. Tickets are \$20 to \$28. UCAC is located at 1601 Irving St. in Rahway. For information, call (732) 499-8226.

SUBURBAN COMMUNITY MUSIC CENTER in New Providence will present its "Sundays at Three" concert series in the coming weeks. All concerts are at 3 p.m. Tickets are \$12 for adults, \$6 for senior citizens and students.

Jan. 28: Pianist Aya Hamada

Feb. 11: Violinist Élena Kvares The "Meet the Orchestra" series will

take place Feb. 4 at 2 and 3:15 p.m. for 3- to 8-year-olds, featuring the New Jersey Youth Symphony. Tickets are \$5 per person, or \$15 for the fourconcert "Meet the Orchestra" series.

The Suburban Community Music Center is located at 570 Central Ave. in Murray Hill. For information, call (908) 790-0700.

CALVARY CHORALE will present a concert titled "Quartets!" Jan. 28 at 4 p.m. at Calvary Episcopal Church, 31 Woodland Ave., Summit. For information, including ticket prices, call (908) 277-1547.

WESTFIELD SYMPHONY ORCHESTRA will be presented in concert Feb. 3 at 8 p.m. at the Union County Arts Center in Rahway. Tickets are \$25 to \$40. UCAC is located at 1601 Irving St. in Rahway. For information, call (732) 499-8226.

THE LETTERMEN will be presented in concert Feb. 10 at 8 p.m. at the Union County Arts Center in Rahway. Tickets are \$17 to \$24. UCAC is located at 1601 Irving St. in Rahway. For information, call (732) 499-8226.

BARNES AND NOBLE in Clark will present musical performances throughout the winter. All concerts begin at 7:30 p.m. in the cafe section. Barnes and Noble is located at 1180 Raritan Road, Clark. For information, including a concert schedule, call (732) 574-1818. 240 Route 22 West in Springfield. For Information, including meeting date and time, call (973) 376-8544.

OPEN MIKE POETRY NIGHT will take place at Barnes and Noble in Clark Feb. 11 at 7 p.m. Open Mike Poetry Night is sponsored the second Sunday of every month in the Music Department. Barnes and Noble is located at 1180 Raritan Road, Clark. For information, call (732) 574-1818.



TRI-COUNTY RADIO ASSOCIATION will meet at the Willow Grove Presbyterian Church on Old Raritan Road in Scotch Plains. The group meets at 8 p.m. the first and third Mondays of every month. For information, call (908) 241-5758.

SINGLES

INTERFAITH SINGLES, for single adults older than 45 syears old, will meet every Sunday from 9 to 10:30 a.m. for discussion and continental breakfast at the First Baptist Church, 170 Elm St. in Westfield. Donation is \$2. For information, call (908) 889-5269 or (908) 889-4751.

THEATER

PAPER MILL PLAYHOUSE will continue the 2000-01 season with "Art" by Yasmina Reza, directed by and starring Judd Hirsch. The show runs through Feb. 4 at the theater on Brookside Drive in Millburn.

Evening performances are Wednesdays to Saturdays at 8 p.m., and Sundays at 7:30 p.m. Matinees are Thursdays and Sundays at 2 p.m., and Saturdays at 2:30 p.m.

Special performances are audiodescribed performances Feb. 1 at 2 p.m., Feb. 3 at 2:30 p.m. and Feb. 4 at 7:30 p.m., each with a sensory seminar 90 minutes prior to curtain; and a signinterpreted performance Feb. 4 at 7:30 p.m.

Tickets are \$37 to \$60. For information, call (973) 376-4343, or buy tickets with Visa, MasterCard or Discover at www.papermill.org.

WESTFIELD COMMUNITY PLAY-ERS will present "A Shot in the Dark" by Marcel Archard, adapted by Harry Kumitz, through Saturday. Shows are Friday and Saturday at 8 p.m. Tickets are \$12. For information, call (908) 232-1221; for group rates, call (908) 232-9568.

CABARET COSTA DEL SOL will present "Broadway Showstoppers III" Friweeks of orchestral concerts under the baton of Music Director Zdenek Macal and will also feature guest appearances by violinist Gil Shaham, pianist Gerhard Oppitz, cellist Daniel Lee, soprano Sally Wolf and tenor John Daniecki. The programming will also include many of Tchaikovsky's rarely performed interpretations of great works of literature such as his "Hamlet," Op. 67; Manfred Symphony, Op. 58, and "Francesca da Rimini," Op. 32. The festival will include numerous special events including chamber music, a choral program, a film screening of Ken Russell's Tchaikovsky biography, "The Music Lovers" and a symposium. Pre-concert Festival Preludes will precede each orchestral performance. In total, "The Meanings of Tehaikovsky" encompasses 17 events in eight locations.

"What is the bearing of Tchaikovsky the man on Tchaikovsky the composer," asked Festival Consultant and Humanities Coordinator Joseph Horowitz. Much of the programming of "The Meanings of Tchaikovsky" searches to answer this question. Horowitz will host many of the special events and preconcert Festival Preludes. He has also written special program notes for the festival.

"Tchaikovsky wrote every kind of music, but if you look at what is played, what is popular, it's just the three last symphonies, 'Romeo and Juliet,' the Violin Concerto, the First Piano Concerto, the 'Capriccio Italian,' 'Swan Lake,' 'Sleeping Beauty,' 'The Nutcracker' and a few others," said Maestro Macal. "For the 2001 Winter Festival we're doing some of the best-known Tchaikovsky, but also a lot of other things, with a concentration on literature. This is an area in which he has perhaps done more than any other Russian composer," he said.

The Meanings of Tchaikovsky - Week Two

The second week of the festival continues with the orchestra's performances, marking the return of heralded violinist and NJSO audience favorite Gil Shaham, who will perform Tchaikovsky's Violin Concerto in D major, Op. 35. Maestro Macal will conclude the program with Tchaikovsky's monumental and rarely performed "Manfred," Op. 58. Performances take place Friday at 8 p.m. and Sunday at 3:30 p.m. in Prudential Hall at NJPAC in Newark. Pre-concert Festival Preludes will be hosted by Princeton University Prof. Simon Morrison. The topic for the discussion will be "Tchaikovsky and Byron." Festival Preludes takes place one hour and 15 minutes prior to these performances.

The Meanings of Tchalkovsky --- Week Three

The final week of "The Meanings of Tchaikovsky Festival" will begin with a special screening of Ken Russell's 1971 film biography of Tchaikovsky titled "The Music Lovers." The film stars Richard Chamberlain and Glenda Jackson. Joseph Horowitz hosts the screening. "The Music Lovers" will take place Wednesday at 7:30 p.m. in the Billy Johnson Auditorium at The Newark Museum in Newark.

The final orchestral programs of the festival feature three rarities. Maestro Macal and the NJSO will be joined by acclaimed planist Gerhard Oppitz in performances of the original version of Tchaikovsky's Plano Concerto No. 2 in G major. The version most often heard today was a revised version by Alexander Siloti. The performance continues with Sergey's Taneyev's completion of Tchaikovsky's "Romeo and Juliet Duet," a work based on the famous "Romeo and Juliet Fantasy Overture," and orginally sketched as an idea for an opera. Soprano Sally Wolf and tenor John Daniecki will be the featured soloists. The program concludes with the powerful "Francesca da Ramini," Op. 32. Performances takes place in Prudential Hall at NJPAC in Newark Jan. 26 at 8 p.m., Jan. 27 at 8 p.m., and Ján. 28 at 3 p.m. Sally Wolf will perform three Mingnom songs from Wilhelm Meister as set by Tchaikovsky and Schubert as pre-concert Festival Preludes for these performances. Joseph Horowitz will host these preludes, titled "Tchaikovsky and Goethe." These orchestral performances have been sponsored in part by PNC Bank.

Call the NJSO Ticket Office at (800) 255-3476, Monday to Saturday, 11 a.m. to 5 p.m.; or NJPAC at (888) 466-5722. Tickets are now on sale for all events. Check the NJSO's web site at www..njsymphony.org/Tchaikfest for a complete listing of events.

NJ Historical Society's quide makes history easy

The New Jersey Historical Society has published a comprehensive guide to nearly 200 historical organizations, museums, historic sites and institutions across the state that will assist residents and visitors in discovering the Garden State's rich heritage.

Each listing contains visitor information such as address, admission fees, hours of operation; information about collections, programs and publications; and e-mail and web site addresses

The publication, "Centers for History," is available from The New Jersey Historical Society at 52 Park Place in Newark for \$2.50. Alternatively, the publication can be sent to interested parties by contacting the Historical Society and sending payment of \$3.50 to cover shipping. The Historical Society also accepts Mastercard and Visa for publication orders. For more information, call (973) 596-8500.

"We are proud to bring this guide to the residents of New Jersey, to enhance awareness of the many sites and organizations dedicated to preserving and interpreting our state's history," said Sally Yerkovich, president and CEO of The New Jersey Historical Society. "As part of our mandate as the state's historical society, our goal is to produce publications that are useful and informative to New Jerseyans and that encourage ongoing exploration of what makes our state unique."

The Newe Jersey Historical Society, in conjunction with the New Jersey Historical Commission and the League of Historical Societies of New Jersey, surveyed organizations across the state to create the guide. The project was sponsored in part by the Andrew W. Mellon Foundation.

The New Jersey Historical Socety, founded in 1845, examines New Jersey history through exhibitions, publications and programming. The Society is located at 52 Park Place in Newark, within a block of the New Jersey Performing Arts Center. The Historical Society is open Tuesday to Saturday from 10 a.m. to 5 p.m. Admission is free of charge. Family programs take place Saturdays and workshops and lectures are offered through the "Lunch Times are Past Times" series every Wednesday. The Society can be reached a via public tranportation, including the Loop, from Newark Penn Station and Broad Street for \$1. For more information, contact the Society at (973) 596-8500 or NJ Relay Service - TTY/TDD --at (800) 852-7899.

What's Going On?

SUNDAY

January 28th, 2001 EVENT: Giant Flea Market and Collecti-

ble Show. Indoors & Outdoors PLACE: Bloomfield Middle School, 60

Huck Road, Bloomfield (off Broad Street by Watchung Avenue) TIME: 9am-5pm

PRICE: Featuring over 75 Quality Deal-

ers selling a Variety of Merchandise at bargain prices. For information call

FRIDAY

PLACE: Roselle Catholic High School,

TIME: Doors open: 5:00pm PRICE: Ticket Price: \$5.00. Ticket Infor-

ORGANIZATION: Roselle Catholic

January 19th, 2001 EVENT: TRICKY TRAY AUCTION

201-997-9535. ORGANIZATION:UNICO

FUN AUCTION

Roselle, NJ 07203.

Mothers Club

mation Call 908-486-3541.

FLEA MARKET

Church

SATURDAY

January 20th, 2001. (snow date January 27th) EVENT: FLEA MARKET PLACE: Redeemer Lutheran Church, 134 Prospect Avenue, Irvington, NJ TIME: 9:00AM-2:00PM PRICE: New and used clothes, shoes, records, housewares, books, etc. Tables available for \$15.00 (per table). For information call 973-372-0084 or 973-763-3281 between 9am-6pm. **ORGANIZATION:** Redeemer Lutheran

SATURDAY January 27th, 2001 EVENT: BIG INDOOR FLEA MARKET

PLACE: Roselle Catholic High School, Raritan Road, Roselle, NJ. TIME: 9:00AM-4:00PM **ORGANIZATION:** Roselle Catholic High School

What's Going On is a paid directory of events for non-profit organizations. It is prepaid and costs just \$20.00 (for 2 weeks) for Essex County or Union County and just \$30.00 for both. Your notice must be in our Maplewood office (463 Valley Street) by 4:00 P.M. on Monday for publication the following Thursday. Advertisement may also be placed at 170 Scotland Road, Orange, 266 Liberty St., Bloomfield or 1291 Stuyvesant Ave., Union. For more information call 763-9411.

Westfield Players conclude run of mystery this weekend

Maurice J. Moran Jr., known to local theatergoers for his many past appearances and directing efforts on the Westfield Community Players stage, directs "A Shot in the Dark" by Marcel Achard, adapted by Harry Kurnitz.

The show's run closes with performances Friday and Saturday at 8 p.m. in the WCP theater, 1000 North Ave. West, Westfield. The WCP box office can be reached at (908) 232-1221 with all tickets at \$12. For group sales, call (908) 232-9568.

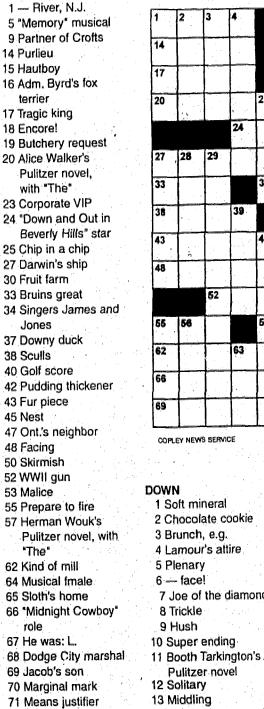
This mystery with a punch line offers the story of a good-hearted and guileless young woman hauled before the magistrate on a murder charge. She was found nude, unconscious and clutching a gun with her dead lover beside her. With all this evidence against her, the magistrate begins to believe her story at the risk of his own career: The 1961 Broadway version starred Walter Matthau, Julie Harris and newcomer William Shatner.

The cast features WCP veterans Rich Sibello of Nutley as magistrate Paul Sevigne and Mary Kate Cullinan of Elizabeth as the accused, Josefa. Evan Blank of New York City is the cynical clerk, Morestan, and the imperious Benjamin Beaurevers is Jim Caffrey of Garwood.

The cast also includes Sondra Ferra of Cranford, Peggy E. Seymour of Cranford and John Duryee of Scotch Plains, with Elliot Lanes as stage manager. A backstage tour of the theater workings will be given to interested partons after the Jan. 19 performance.

The WCP season will continue with the drama "The Heiress" by Ruth and Augustus Goetz in March, and the season finale is Samuel Taylor's romantic comedy "Sabrina Fair" in May. The two-show ticket package is available through the WCP box office for \$20, a savings of \$4 over the cost of individuals tickets.

Funding has been made possible in part by the New Jersey State Council on the Arts/Department of State, through a grant administered by the Union County Division of Cultural and Heritage Affairs.



ACROSS

TITLES 12 13 111 16 15 19 18 23 22 21 25 26 32 30 31 35 36 37 34 42 41 40 48 47 44 46 60 49 51 54 53 60 61 59 68 57 65 64 68 67 70 71 21 Macbeth, e.g. 41 Repair report 44 - Set 22 Malayan gibbon 46 Shearer's skirt 26 Field's "All - and 49 Kind of testing Heaven Too" 27 Encourage 51 Couch 28 Sappho's Muse 53 Siesta sound 29 Sinclair Lewis' 54 Bicycle part Pulitzer novel 55 Pearl Mosque site 7 Joe of the diamond 30 Sonja Henie's 56 Cleopatra's birthplace handmaiden 31 Buick model 58 Like some tea 32 He bee 59 Kashan's country **35 Sailors** 60 Dweeb

See ANSWERS on Page B13

36 Gone by

39 Venetian strip

Classmates sought for Dayton reunion

Jonathan Dayton High School Class of 1951 will conduct its 50th reunion at the Somerset Holiday Inn, Somerset, Oct. 6.

The Reunion Committee needs help in locating the following missing classmates:

From Kenilworth: W. Chapman, M. Chester, A. Ciemiecki, S. Dempsey, D. Easton, K. Golcher, E. Izzo, G. Laskey, J. LobenthalMissiner, D. McKenna, A. Rizzi, and

From Clark: R. Ehresmann, L. Miller, C. Snavely, and M. Stringham.

From Mountainside: D. Davighi, M. Gonnella, and G. Salvatoriello-Conn.

From Springfield: L. Berner, P. Bowman, B. Clark, R. Colby, R. Franklin, J. Keller, F. LaFond, V. Leone, D. McCory, J. McNee, R Powell, J. Preston, C. Reddington, L. Rodriguez, J. Ruscansky, J. Shotwell-Finney.

61 Nopes' opposites

63 Wind direction

If anyone can provide a current address or phone number on any of the above or would like more information, call John J. Mozart at (732) 477-1577 or send e-mail to bnjzart@netzero.net. ้านบ

HOROSCOPE

sary at this time. Consider adopting an attitude of moderation. RAy (Sept. 23-Oct. 23): A social

sure that you have a plan for managing and investing your probable wealth. AQUARIUS (Jan. 20-Feb. 18): A lot

to Jan. 28

For Jan. 22

N. Roberts.

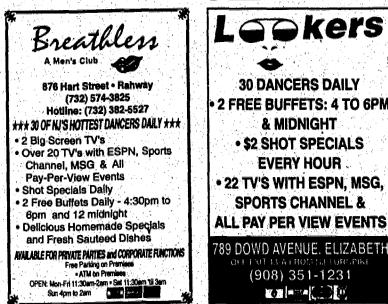
· Union High School, all classes, will take part in a reunion beginning with luncheon Feb. 3, 2001 in Kissimmee, Fla. For information, contact Jack Jordan, class of '36 at (516) 966-8585 or john881@webtv.net; John or Ellie Truhe, class of '45, at (609) 698-3621 or johndarme@aol.com; Dick Walter, class of '48, at 395-3274 (561)ог dick1150@aol.com; or Tom Ryan, class of '51, at (561) 483-7494 or tarjer@aol.com.

• Hillside High School's Florida Alumni Reunion will take place Feb. 25, 2001 at noon at the Holiday Inn Catalina, 1601 N. Congress Ave., Boynton Beach, Fla. Admission, through advance registration only, is \$35 per person. For information, contact Marvin Kaleky at 466 Briarwood Circle, Hollywood, FL 33024, or call him at home at (954) 967-0199 or at work at (954) 967-8500. He may be faxed at (954) 967-0890 or contacted via e-mail at hhaafla@yahoo.com or emkay18@yahoo.com.

 Union High School Class of 1991 will conduct its 10th reunion April 21, 2001. For information, contact Reunions Unlimited Inc. at (732) 617-1000.

 Jonathan Dayton Regional High School Class of 1956 will conduct its 45th reunion May 5, 2001, at the Embassy Suites in Piscataway. For information, write to Class of '56 Reunion Committee, 26 Orris Ave., Piscataway, NJ 08854.

 Union High School Class of 1966 will conduct its 35th reunion May 5,



2001 at the Woodbridge Hilton. For information, call (908) 964-5477 or send e-mail to jwsip@aol.com.

REUNIONS

• Summit High School Class of 1981 will conduct its 20th reunion July 21, 2001. For information, contact Reunions Unlimited Inc. at (732) 617-1000.

• Union High School Class of 1951 will conduct its 50th reunion Oct. 6, 2001. For information, contact Reun-

WAA artists exhibit at hospital

. The Westfield Art Association is currently exhibiting at the Children's Specialized Hospital in Mountainside work by Joan Polishook, L.R. Watson, Bob Yurochko, Sheilia Lenga and Barbara Zietchick.

The show, titled "Kaleidoscope of Life," will run until March 2.1 The artwork depicts "life" in various interpretations, media and styles. From Lenga's photographs to Polishook's gentle watercolors to Watson's

& MIDNIGHT

EVERY HOUR

(908) 351-1231

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ions Unlimited Inc. at (732) 617-1000.

 Union High School Class of 1981 will conduct its 20th reunion Nov. 23, 2001. For information, contact Reunions Unlimited Inc. at (732) 617-1000.

· Saint Mary's High School, Elizabeth, Class of 1951 is in the process of forming plans for a 50th reunion in 2001. For information, contact Jim Powers at (908) 272-8049.

abstracts to Yurochko's jazz and ballet paintings.

The next exhibit, titled "Flower and Fauna," will be on exhibit from March 3 to April 27.

A subscription to your newspaper keeps your college student close to hometown' activities. Call 908-686-7753 for a special college. rate.

ARIES (March 21-April 19): Friends play an important role this week. Don't be surprised by an invitation to partake in some wild and unusual activities. Go along and have fun. TAURUS (April 20-May 20): A lack of clarity or enthusiasm could really hurt your professional position. Take some time off to do some soulsearching and rethink your approach. GEMINI (May 21-June 21): Learn your most precious lessons while traveling. Hit the open road and use curiosity to charge your intellectual battery and fill your mind with truth. CANCER (June 22-July 22): Everything is not as it appears surrounding a joint financial account. Put on your mental antennae and pay attention to

facts and figures presented. LEO (July 23-Aug. 22): Lend a sympathetic ear to a partner or mate and avoid losing your temper when their true feelings are expressed. Believe it or not, that's progress.

VIRGO (Aug. 23-Sept. 22): Take a close look at your daily routine and decide what major changes are neces-

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d turn into a costly venture. Plan a mall-scale celebration for you and a loved one while keeping in mind, money cannot buy love.

SCORPIO (Oct. 24-Nov. 21): You are very much in touch with your feelings this week. Allow this to work in your favor. Speak out and get some pressing concerns off your chest.

SAGITTARIUS (Nov. 22-Dec. 21): Keep your thoughts positive no matter how bleak a work situation might appear. You'll walk away from this challenge a much stronger and enlightened being.

CAPRICORN (Dec. 22-Jan. 19): 1 Patiently work toward financial goals that are realistic and attainable. Make

will be asked and expected of your during this forecast period. Put your nose to the grindstone and excell beyond your wildest dreams.

PISCES (Feb. 19-March 20): Let go of fear and doubt and refuse to let yourself be bothered by memories from the past. Put those ugly skeletons behind you and move on.

If your birthday is this week, several projects, plans or goals that have been stalled or disabled in the recent past will pick up momentum and show signs of progress during the coming year. Be ready with a plan of action that will take you through to the finish line.

Happy Birthday

If you would like everyone to join in the celebration at your child's birthday, just clip out the coupon below and send us your child's photo along with the information requested and we will print it as near the big day as possible. Photos must be received two weeks prior to publication. Only children 12 and under are eligible.

Enclose a 2 x 3" or larger photo (black & white is best, but we'll take color shots) with your child's name on the back. Relatives or their parents must put return address on the back of the picture. Fill out the following form. Clip and Mail to:

BIRTHDAY PARTY

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and	(grandparents	o B names)
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(city)		

30 DANCERS DAILY	ADDRESS ZIP ZIP ZIP ZIP ESSEX UNION COMBO
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For more information call 763-9411



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IMMEDIATE OPENINGS EXPANDING PROGRAM, NEW FACILITY

The Children's Institute, a school Autistic and Behaviorally Disabled children ages 3-21, announces the following openings: •TEACHER for upper elementary class of behaviorally

disabled students. Enthusiastic recent graduates, •MATH TEACHER MIDDLE SCHOOL NJ State board of Education certification, experience and references required. npetitive salaries and benefits. Excellent

opportunity for professional growth and development

LOOKING FOR a newspaper job? For a \$20 refundable deposit, the NJ Press Association will post your 40-word summarized resume on www.nipa.org and publish it monthly, reaching 19 dailies and over 160 weekles. Editorial, Advertising, Circulation, Photography staffers needed. Contact Bill Monaghan at 609-406-0600, extension 17, fax 609-406-0300.

LOOKING FOR responsible individuals to work with a developmentally disabled individual in Union county. Must have a positive attitude and be able to work evenings and weekends, full time and part time available. Pay rate \$7.50-\$9.50/ hour, benefits for full time. Call Donna 732-565-1109

MAIL ROOM/ MACHINE OPERATOR: Financial services company located in Roselle/ Cranford is seeking and entry level full time individual to handle Pitne Bowes postage and inserting machines along with miscelleanous mailroom duties. Must be flexible and have a

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Sseking an experienced Medical Records As-sistant who will be a team player, juggle multiple priorities, and find satistaction in closure. 2+years experience, excellent communi-cations skills and computer literacy a must.

Clinical Assistant

In this position you will coordinate messages relating to patient care, aid in team communica-tion and able to follow-through on your own. Excellent verbal and written communications skills needed to assist in this busy clinical setting. Data entry skills required for imputting and running essential reports for busy Managers. 2+ years office experience and medical terminology helpful,

resume to: Annette Weis/HR, The Center for Hospice Care, 187 Miliburn Avenue, Miliburn, NJ 07041. Phone (973) 379-2200; Fax (973) 322-0248. EOE **Center for Hospice** An affiliate of the Saint Barnabas Health Care System

Juties include A/R, A/P, vendor relations, telephone, etc. Computer experience a must Quick Books Pro a plus. Must be organized and have good follow up skills. Flexible days/ hours. Salary based on experience. Fax resume to: 973-763-7643 or mail to: Union Tool & Mold Company, 220 Rutgers Street, Maplewood, NJ, 07040.

ADVERTISING SALES: NJ's largest municipal marketing specialist has sales position open. You, will be responsible for selling new and existing clients, ad space in journals, directo-ries and newsletters. Responsibilities will include telemarketing via phone and visiting clients around NJ. Top applicants must be self-starters with strong communication and organizational skills. We offer a good starting salary and strong commission plan with benefits. Fax resume to Jerry Anton, Summit Adgroup, 1248 Route 22 West, Mountainside, NJ 07092, 908-233-2204.

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ACCOUNT ASSISTANT Growing Cranford ad agency seeks a moti-vated, organized self-starter indiv w/ creative flair, computer knowledge, good w/ figures 0-2 yrs advertising exp. Fax your resume to H. Roth 908-653-4804

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BOOKKEEPER, PART time, Union Center, A/P, A/R, Quik books. Fax resume to: 973-376-4892

CARPENTER: 5 YEARS experience. Full time. Tools & transportation a mustl Call 973-763-0561

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Full time, for new self storage center in Kenilworth. Must be reliable self starter & have excellent phone skills. Light computer, will train. Flexible hours includes weekends. Please call 908-259-1020 or fax 908-259-1441.

DENTAL ASSISTANT Part time. Special opportunity to join our dental team. We are a family and cosmetic practice in Kenilworth. Hours Tuesdays/ Thursdays and 2 Saturdays per month. Excellent salary and benefits, X-ray license required. Call Cathy at 908-276-6652

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DISPATCHER FOR Livingston Taxi, Saturday, Sunday. Knowledge of Livingston and sur-rounding towns required. Experience preferred. but will train the right person. 973-669-8778, leave message.

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> WHEN REPLYING TO A UNION COUNTY CLASSIFIED BOX NUMBER please address envelope to:

BOX NUMBER ----Worrall Newspapers P.O. Box 158

Maplewood, NJ 07040

Send resume to: Dr. Bruce Ettinge THE CHILDREN'S INSTITUTE One Sunset Avenue Verona, NJ 07044 Fax: 973-509-3060 Equal Opportunity Employer

INTERNATIONAL MARKETING Company needs help with expanding NJ operation. \$500-\$1500 part time, 2K- 5K plus full time. I-800-999-1855. www.workpartimenow.com

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LICENSED COSMETOLOGIST with following looking to relocate. Great location in Union Center. Call Lisa 908-964-1425 or 908-810-0549.

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MATRIMONIAL. SMALL Millburn matrimonial firm seeks "organized" legal secretary with WP experience. Salary and benefits negotiable. Call 973-379-9292, fax resume to 973-379-9210, or e-mail resumes to: NJDivorcelawyer@aol.com

MEDICAL ASSISTANT, Internists office, Union Center. Computer literate. Knowledge of ICDM, CPT codes, EKG/ lab a plus. Fax resume: 973-376-4892

MEDICAL CLERK, part time. Challenging job in an expanding health care field requiring ma-ture, intelligent person willing to be trained in medical history taking. Knowledge of compu-ters and good communication skills is helpful. 3 days a weak from 2010 and 2010 and 2010 logo days a week from 9:00am-4:00pm. Call Nance at 973-376-0990 or fax resume at 973-376-1599

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are a group of weekly newspapers with an office in Maplewood looking for a person to assemble (paste up) newspaper pages

Approximately 21 hours on Tuesday and Wednesday.

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P.O. Box 158 Maplewood, N. J. 07040

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Worrall Newspapers, which publishes 18 newspapers serving 26 towns, has openings for reporters in its Essex and Union County regions. If you think you have what it takes to be a reporter, send resume and clips to Tom Canavan, P.O. Box 3109, Union, N.J., 07083, or fax to (908) 686-4169.

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SELECTION # 8100

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MEDICAL RECEPTIONIST: Experienced front MEDICAL RECEPTIONIST: Experienced front desk professional to take full charge of phones, charts, patient intake, and appointment sche-duling at busy 3-specialist practice in Livings-ton. Proficiency in Wind 98, MS Word, and data entry required. Knowledge of Medicare and HMO rules essiential. Fax resume to: 973-716-9027 973-716-9027

MEDICAL RECEPTIONIST. Full time exper-lenced for high energy Chiropractor in West Orange. Monday, Wednesday, Friday, 9:00am-1:00pm and 3:00pm to 7:30pm. Tuesday 3:00pm to 7:30pm, and Saturday 9:00am to 1:00pm, 973-669-3873.

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Human Resources (973) 740-0854 NorCrown Bank E.O.E. m/l/d/v

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OFFICE ASSISTANT: Private Optometric practice in Millburn has a great opportunity for an assistant to take charge and grow. You can put your taient to work assisting, instructing and generally helping our contact lens patients. Experience with processing medical claims forms. This is a full time position, 5 days 1 evening no weekends. Call 973-467-1122 after 10am.

HELP WANTED

SECRETARY: REAL Estate office in Maplew ood looking for someone who is familiar with computers. Typing and Spanish speaking a plus. Call evenings after 5pm 732-388-5035 and leave message.

SECRETARY/ RECEPTIONIST. Part time/ Full time for busy Livingston pediatric office. Heavy phones, computer literate. Call 973-992-5588.

SECRETARY/RECEPTIONIST Intelligent, well organized, computer literate. Experience in Word Perfect a must. Send Resume: Personnel Dept., P.O. Box 3131, Union, NJ 07083.0101

Security Officers Weekend Shifts

Union Hospital, an affiliate of the Saint Barna-bas Health Care System, has several weekend shifts available. 8AM-4PM, 4PM-12AM and 12AM-8AM. Current NJ driver's license required. Hospital security experience preferred.

Union Hospital An affiliate of the

Saint Barnabas Health Care System SHAMPOO PERSON Full time- Part time busy salon. Call Michael Richards 908-687-2350

SHORT HILLS: Small firm seeks part time real estate and litigation experienced secretary capable of independent work. Word for Windows proficiency required. Pleasant office conditions. Fax resume and salary requirements to 973-376-4513.

SNOW PLOWER wanted to drive pick up truck. West Orange area, Condos and parking lots. Will also hire owner operator. NJ driver's license a must. Call Jerry 973-994-3369,

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TEACHER-SUBSTITUTE Teachers for grade 4 through 8 at small independent school in Short Hills. Teaching experience preferable. Ability to work with and relate to appropriate age groups a must. Applicants for all grade levels and/ or subjects (English, history, math, science, French) should send cover (etter and resume to: Matthew Gould, Far Brook School, 52 Great Hills Road, Short Hills, NJ 07078. Phone 973-379-3442 or fax 973-379-6740.

TELEMARKETING/ PART TIME no selling, hourly plus bonuses. Day or evening hours. Call Mary or Greg between 9am-3pm. 908-851-9640.

THE CHURCH of Saint Catherine of Siena, Hillside, NJ is looking for a part time organist/ choir director. Basic commitment (ten hours) entails one Saturday evening mass, three Sunday masses (12:15pm choir mass). The choir meets one night a week. This will be a salaried position. If interested send a detailed resume to Rev. Richard A. Villanova, Pastor, 19 King Street, Hillside, NJ 07205.

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CHILD CARE A+NANNY JOBS Full Time Live Out/In. Monday-Friday \$550+Week Part Time \$9-\$12 hour Car, References, Experience required 908-754-8161

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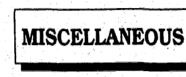
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RECEPTIONIST/ OFFICE duties, doctor's office 4 days, 2 evenings. Polish helpful. Call 908-687-8538.

RECEPTIONIST - BUSY hand therapy practice In Springfield is seeking a self-motivated, organized individual to assist therapist and perform general office duties. Hours: Monday, Tuesday, Thursday, 7:30am - 5:00pm; Wed-nesday and Friday, 7:30am - 2:30pm. Please call Cynthia, 973-361-5500.

RECEPTIONIST: Busy tax office has immedi ate opening for evenings. Call 732-802-9010.

RESEARCH LABRATORY in Union needs part time bookkeeper with 3-5 years experience. A/P, A/R one day per week. General ledge knowledge helpful, not neccessary. Fax re-sume to: 973-744-2285.

See PUZZLE on Page B11

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WAITERS/ WAITRESSES/ Cooks: Experienced, Full or part time for Jillies Steakhouse/ Lounge/ Caterers in West Orange. Call Jimmie Tarantino,973-243-9288.

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PEOPLE IN THE NEWS

Demyen is honored

Elaine Demyen, a consistent top achiever in the Burgdorfi ERA Westfield office, has been honored as Salesperson of the Month for November with sales of five units sold and dollars amounting to more than \$1.6 million

Demyen has received many distinguished awards. She has earned the New Jersey Association of Realtors' Million Dollar Sales Club Silver Achievement Award in 1998-99, and the Bronze Award in 1989, '92-97. She has been a real estate professional for 13 years, specializing in Cranford, Westfield, Scotch Plains and the surrounding areas.

Demyen also has been honored with the Top Producer Award in the Westfield office for 1999 with the largest number of sales transactions. She was named to the 1999 Burgdorff Leader's Circle and in 2000 to the President's Club.

Judy Sagan, vice president/ manager of the Westfield office, stated, "Elaine has been a wonderful addition to our office and has taken advantage of our cutting edge training and focus sessions to help her clients and expand her own production. In the time that Ms. Demyen has been selling real estate, she has amassed a vast knowledge of Union County and at times has amazed the long-time agents and residents with her comprehensive understanding of the area.'

Contact Demyen at her direct line at (908) 233-6326 or e-mail her at Elaine-Demyen@burgdorff.com.

Schneider travels

Soris Schneider, branch manager of Weichert Realtors' Summit Downtown office, joined real estate professionals from around the United States on a good will trip to Cuba at the end of December, announced James M. Weichert, president.

Schneider and her husband, Fred, also a Weichert sales associate, were invited to participate in the trip, sponsored by People to People Ambassador Programs. Through face-to-face communication, professional counterparts from different nations have an opportunity to bridge political and cultural differences during an informal exchange of ideas.

The People to People organization was founded in 1956 after a conference called by President Dwight D. Eisenhower, who wanted to thaw Cold War tensions by advancing international understanding outside the limits of official diplomacy. The program was administered by the U.S. State Department until 1961, when it became a private nonprofit organization. Among the projects implemented of the organization are the ship HOPE, to bring medical help to people around the world, and Sister Cities, allowing Americans to estab-



lish lasting ties with communities throughout the world.

The Schneiders received the invitation from Mark Levine, professor and director of real estate and construction management at the University of Denver, who led the group of approximately 40 representatives of the real estate industry.

Schneider majored in French as she completed her education in London, England. She was president, owner and broker of record for Centennial Real Estate, which joined Weichert in 1996. In addition to her sales and broker's licenses, she holds the Certified Real Estate Brokerage Manager professional designation. She is former director of the New Jersey Association of Realtors and past president of the Board of Realtors of Summit, New Providence and Berkeley Heights. She and her husband have, two children.

"We at Weichert are proud to have one of our own among this distinguished group of ambassadors," said the Weichert company president. "It is an honor not just for Doris, but also for the company, to represent America's real estate community on this trip."

Sues joins Weichert

Marina Sues has joined the Union office of Weichert Realtors as a sales associate.

A licensed real estate professional, Sues brings experience as a communications consultant to her new position at Weichert. She attended Chesmut Hill College in Pennsylvania, where she received a degree in French and also secondary education. Sues, a longtime resident of South Orange, is married and has two children. For real estate transactions, call Sues at Weichert's Union office, (908) 687-4800, located at 1307 Stuyvesant Ave.

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UNION - Beautiful 3 bedroom apartment, 2nd floor with 2 full baths, wall to wall carpet with all large rooms.Please call USA Real Estate, 908-810-1314.

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UNION, ROOM with bath including utilities: \$470. Call Del. 908-688-1888 after 7:00pm.

HOUSE TO RENT ORANGE, BEAUTIFUL house for rent. 2 bedrooms, eat-in-kitchen, living room, finished basement, backyard, parking, \$1,025. Call Days: 973-678-5803, Evenings 973-664-0264.

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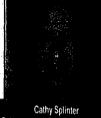
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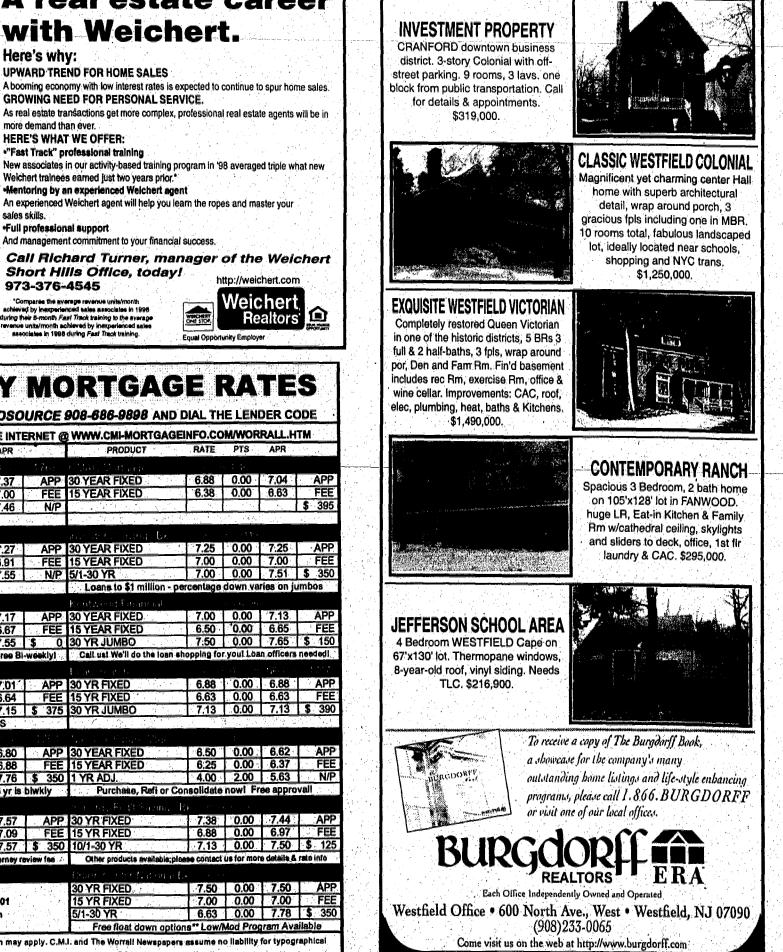


Congratulations to Cathy Splinter for achieving status of top Salesperson for the month of December. Great Job, Cathy! -Judith Sagan



Salesperson of the month • 3 Units

BROOKSIDE SCHOOL AREA Spacious 4 Bedroom, 2.5 bath CRANFORD Split. Living Rm with fireplace, Dining Rm, new Country Kitchen, Family Rm, basement and large screened porch. Updates include furnace, central air, appliances and landscaping. \$379,900.



welcome frome

20 Offices Throughout New Jersey .

Burgdorff in Westfield is honored

The Burgdorff ERA Westfield office was recently honored with the company's prestigious Monthly Office Production Award. The Westfield office earned the honor based on unit production.

"The sales associates at the Westfield office are leaders in the New Jersey real estate market," said Judith Sagan, vice president and manager of the Burgdorff ERA Westfield office. "They provide sophisticated, state-ofthe-art service to every client and offer a level of customer service exceeding real estate industry standards. I am proud to be part of this talented team of professionals."

"The Westfield office of Burgdorff ERA has continually set itself apart from its competition, and their performance is continuing to widen this gap," said Burgdorff ERA President Judy Reeves. "For an office to set the standard in a market for so long is a testament to the quality of the sales associates and the management in the Westfield office."

The Burgdorff ERA Westfield office is a full-service real estate center offering the area's most comprehensive marketing programs through the innovative Burgdorff Signature Service program. Approximately 75 full-time sales associates work out of the Burgdorff ERA Westfield office, which is located at 600 North Avenue West. For real estate assistance, or to inquire about a career in real estate, call the office at (908) 233-0065.

Sell that "junk" with a classified ad. Call 1-800-564-8911.

McGugan is associate

Stephanie McGugan has joined the Union office of Weichert Realtors as a sales associate.

A licensed real estate professional, McGugan brings business experience to her new position at Weichert. She attended Bloomfield College, where she studied business management. McGugan is a resident of Irvington. For real estate transactions, call McGugan at Weichert's Union office. (908) 687-4800, lcoated at 1307 Stuyvesant Ave.

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AUTOMOTIVE DaimlerChrysler rolls out its fleet of 2001 models

By Jerry Garrett Copley News Service Here are some DaimlerChrysler marketing cues for 2001: Chrysler. Distinctive. Dodge. Different. Plymouth. Dead.

The 2001 model lineup is the first new generation of offspring from the DaimlerChrysler marriage. Is this really what anyone thought the progeny would be like?

Chrysler has been downgraded to a "group" within the corporation.

The Plymouth division and most of its model designations have been unceremoniously dumped.

The Avenger, Breeze and Cirrus nameplates were dropped.

And many models that remain are more Mitsubishi than Chrysler.

Make no mistake about it: This is still a truck company. Besides the company's strong-selling Dodge Rams, Dakotas and Jeeps, its hottest tickets — minivans and PT Cruisers — are also classified as trucks.

Sales should remain solid, if skewed toward the truck segment. Beyond that, there still is much to admire about Chrysler's 2001 lineup:

The Cruiser, of course, is a phenomenon. The 300M sports sedan is much-admired. The large, intermediate and small cars are all considered industry styling leaders, if not volume sellers.

If minivans are expected to continue as the industry's sales leader a 40 percent share of a 1.3-million unit annual market — despite loss of Plymouth Voyager.

Chrysler debuted all of its minivans and its midsize coupes and sedans at a press preview in late summer. The lineup included the Sebring and Status coupes, plus the sedan versions that now carry the same nameplates — instead of Avenger and Cirrus to simplify the marketing.

The minivan offerings include the industry-standard Dodge Caravan, the Chrysler Town and Country and a new base model Voyager.

The Voyager nameplate was saved, perhaps because it has such strong brand recognition in Europe, where the company's minivan is sold as the

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luxuriously appointed Chrysler Voyager.

In an odd segue, the Voyager name in North America will henceforth refer to Chrysler's short wheelbase, four-cylinder-powered, bottom-ofthe-line stripper.

The Maglc Box Job one in any Chrysler minivan redesign is simple: Don't screw it up. Since Chrysler surprised the industry with the minivan genre in 1983 secret project code name: the "Magic Wagon" — it has sold about the same number of them as McDonald's has sold Quarter Pounders.

Take away the company's minivans, and what's left? A strong motivation to keep designers very close to the concept, whilst trying to improve upon it.

"This latest generation of minvans is improved in every way," says Bud Leibler, senior vice president of DaimlerChrysler marketing. "They raise the bar once again in the segment we created."

Visually, the Dodge and Chrysler models, which share most sheetmetal are set apart by distinctive grilles and generous applications of sidebody cladding — today's styling equivalent of the 1970s vinyl roof.

Dodge vans have the division's "crosshair" grilles, while the Chryslers have wide-mouth, 300M style treatments. The hood line is an inch higher, to accommodate redesigned, more powerful 3.3 and 3.8-liter V-6 engines.

The overall silhouette is much the same, with subtle "character lines" and a bit of "wedge" sculpted in. Standard 17-inch wheels and tires give the whole line a bolder, more upscale look; and they facilitate use of bigger brakes for better stopping power.

Chrysler's offerings are the base Voyager and Voyager LX, and six entended wheelbase models: frontwheel drive Town and County LX and LXi, and T&C Limited, and all wheeldrive versions of each. The Limited is designed to be the luxury leader, with heated leather seats, three-row seating and three zone climate control, a robust entertainment system, and power everything.



The 2001 model lineup will be the first generation of offspring from the DaimlerChrysler marriage. Chrysler's sedans are upgraded with new powertains, and its coupes have better grip and control.

Dodge's Caravan features more attention to precise ride and handling, as opposed to Chrysler's lush, plush and hushed ride. Six models — two short-and four long wheelbase offerings — come in SE, Sport, Grand ES, Grand Sport and ADW trim levels. An AutoStick trans is available.

DC's technical information which was presented in painstaking sometimes painful — detail, is noticeably lacking on this latest redesign's transmission package.

"That's because it's better left unsaid. It's basically the latest Band-Aid on the original A604 transmission that everyone loves to hate," confides a reporter for Ward's Automotive Reports.

The reliability plagued gearbox is arguably the only wart on an otherwise blemish-free package.

"It's a billion-dollar proposition to build a new transmission," the reporter notes. "And why should Chrysler spend that kind of money if owners who've gone through two or three transmissions on their current models, are still coming back to buy new ones?" It's difficult to understand the

degree of buyer loyalty Chrysler has enjoyed through such reliability issues, but suffice it to say: People love 'em.

And on the 2001 minivans, there are even more features to love. Chrysler is the first to offer a power liftgate, and power side doors. The door motors feature pinch protection, plush-pull overrides and obstacle detection.

Seats are large, comfortable and supportive; headrests are larger and adjust better. Third-row seating is more user-friendly, but the seats won't fold flat or into the cargo floor like those on Honda and Mazda. Folded-over, they will, however, flatten enough for the standard 4-by-8 plywood sheet, with a second tier of storage underneath.

Optimal package trays deploy to hold up to six grocery sacks standing up. Another six plastic bags can hang on handy hooks.

Other features include a removable

and powered center console, pop-up rear cargo organizer, three-zone automatic temperature control and adjustable pedals.

Safety

Safety-wise, in addition to bigger brakes all-around, the beefed-up body structures scores higher on crash tests, including the European off-set standard.

Headlights are bigger and 80-percent brighter.

Seat-belt pretensioners, seat loadlimiters, multistage front air bags, energy-absorbing interior component designs, an impact-absorbing steering column and child safety seat tethers improve occupant safety.

Regrettably, the built-in child safety seats Chrysler pioneered are no longer an option. "We had a surprisingly low 'take rate' on those," says a project engineer.

Noise, vibration and harshness standards were raised, resulting in an eerily quiet ride. Even an increased exhaust note from its higher-output 180- and 215-horsepower engine fails to penetrate the passenger compart-

Multi Chevrolet 🗸

ment. "We clobbered the competition on NVH," an engineer says.

Despite more power, more weight, and better torque, fuel economy increases by about 2 miles per gallon across the line; regular unleaded is OK. Exact EPA figures are due at a later date, along with full crash test rating into, and pricing.

Basically, the new generation of Chrysler and Dodge minivans will start at \$19,600 and top out at about \$38,000.

Chrysler says it is trying to make its minvans "lifestyle, not lifecycle" vehicles. More and more buyers are choosing minivans because they're "the best thing to drive," the company claims, not because they have kids to haul. In fact, 40 percent of minivan buyers now don't have kids.

First, minivans killed off station wagons; now they're going after sedans.

Speaking of Sedans

"The 2001 Chrysler Sebring and Dodge Stratus sedans," notes a company press release, "are a bright spot in an otherwise bland segment." Or at least a "less bland spot."

When Chrysler moved to "cab-forward" architecture in 1995, it created more opportunities for redefining sedan design. Voluminous trunk space, and spacious interiors came first. Now, for 2001, comes a dash of style, sprinkled with performance.

These sedans, unlike their predecessors or their couple cousins, are all Chrysler. They are being built in Sterling Heights, Mich., along with the Sebring convertible, which is due late this year. All use the same underpinnings.

The platforms are significantly upgraded, with new powertains, sheetmetal and interiors.

Power plants are all new, and all Chrysler. The base engine is a 2.4-liter, 16-valve, 150 horsepower four that runs quieter and cleaner clean enough to meet the Ultra-Low Emissions Vehicle standard; Chrysler expects to land lucrative government fleet contracts with this one.

The optional engine is a 2.7-liter V-6 with a healthy 200 horsepower See STYLING, Page B16

Leave Your



Styling of Stratus sedan was inspired by Viper

(Continued from Page B15) and 193 foot-pounds of torque. This engine comes from the Dodge Intrepid, and replaces last year's Mitsubishi 2.5-liter mill that put out just 168 hp and 170 foot-bounds of torque.

Either engine can run properly on regular unleaded.

A four-speed automatic 41TE transaxle comes standard, with Auto-Stick an option.

In suspension tuning, Chrysler · equals comfort; Dodge equals sport.

Continuing the emphasis on an upscale exterior look, DC gives both cars larger wheels and tires, up from 14 inches base and 15 as an upgrade, to 15 and 16 inches. The one-ince stop up allows larger brakes; an available option is ABS Plus with Electronic Brake Distribution, which detects differences in wheel speed and balances braking forces during yawing, swerving or cornering.

Dodge says its Stratus sedan styling is "Viper-inspired." That's true --- as far as the headlights go; the rest of the car resembles the Intrepid.

The Sebring hearkens to the 300M. The cars share all body panels; only the nose and tail sections are uniquely Dodge or Chrysler. In interior styling, Chrysler favors luxury, while Stratus exudes sportiness.

To accomodate the new engines, the hood line was raised slightly and the nose extended three inches; some buyers may feel the new styling is not as sleek as the models that are being replaced

The safety cage was strengthened significantly in this redesign, resulting in greater torsional rigidity and better crash test numbers.

The chassis is about 100 pounds heavier than the one it replaces; Chrysler got back most of the weight by using more aluminum in the engine and suspension.

Multistatge air bags are standard, with pretensioners and load-limiters on the belts. Side curtain air bags are available. Center three-point belts are offered for rear-center seat passengers; upper and lower child seat tether anchorages meet 2002 and beyond requirement.

Coupes

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DaimlerChrysler's contract with Mitsubishi for coupe cooperation was signed so late in the game, the models almost missed 2001.

"We were six months behind when we got the green light," a platform engineer confides.

For a rush job, the coupes turned out quite nicely. It helps that they are little more than stretched versions of the hot-selling Mitsu Eclipse.

The biggest job DC had was tuning the suspension to meet an in-house decision to go with 17-inch wheels and low-aspect ratio tires. That permitted bigger and better brakes, of course, but required some fiddling with anit-roll bars, suspension pickup points and struts.

Coupled with a 90-percent increase in some body rigidity dynamics, steering, grip and control are much improved over the old coupe.

The Stratus coupe is said to bear more than a passing resemblance to the stunning Charger Concept Car; in truth, couple styling was well under way when the Charger was penned.

The Stratus coupe, like the sedan, differs from its Sebring cousin in its + nose and tail treatments. But Stratus also gets away with some character lines on each fender that Sebring does not have.

The new Sebring's styling isn't quite as sleek as the exquisite model it replaces; but that was a tough act to follow. Overall improvements are significant enough to mitigate minor styling nitpicks.

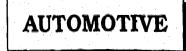
Engines and transmissions are pure Mitsubishi. The base engine is a 2.4-liter, 16-valve I-4 that turns out 147 horsepower and 158 foot-pounds of torque when mated to the fivespeed manual transaxle - 142 hp/155 torque with the automatic.

The optional engine is a blast: a 3.0-liter, 24-valve V6 that delivers 200 hp and 205 foot-pounds of torque. That's a very noticeable 22-percent improvement over last year's 2.5-liter V-6. The new engine even runs on regular unleaded.

AutoStick - Mitsubishi's manumatic shifter — is an option.

The sweet-handling Stratus R/T also delivers 7.3-second 0-60 times. But the Sebring LXi is almost as quick, with a more luxurious interior.

Jerry Garrett is a free-lance auto writer based in San Diego and a contributing editor for Car and Driver.



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VOLVO S70, 1998; Black, tan leather interior.

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of Venué at 908-353-4715, or at the Lawyer Reterral Service of the County of your resi-dence if you reside in New Jersay. If here is none, contact the Lawyer Reterral Service of an adjacent county. YOU, WALSH SECURITIES, INC., are made party defendant to this foreclosure-action because you hold a judgment/lien/ mortgage which may be against the owner/ mortgagors and for any right, tille and inter-est you may have in, to or against the sub-ject property. Upon request, a copy of the Complaint and Amendment to Complaint, iff any, will be supplied to you for particularity. any, will be supplied to you for particularity. Dated: January 11, 2001 DONALD F. PHELAN

Clerk of the Superior Court of New Jersey U3373 WCN January 18, 2001 (\$57.00)

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Attor	neva	for P	laintiff	(200))-1615)

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their, of any of their successors in right, title and interest YOU ARE HEREBY SUMMONED and required to serve upon WILLIAM M.E. POWERS, JR., CHARTERED, Attorneys for Plaintift, whose address is 737 Stokes Road, P.O. Box 1088, Medford, N.J. 08055, an Answer to the Complaint (and Amend-ment to Complaint, if any) filed in a Civil Action in which Maione Mortgage Company is plaintiff and Victor Smith and Mrs. Smith, wife of Victor Smith, et al., are Defendants, pending in the Superior Court of New Jersey, within thirty-live (35) days after January 18, 2001, exclusive of such date. If you fall to do so, judgment by default may be rendered against you for the relief demanded in the Complaint. You shall file your Answer and Proof of Service in dupli-cate with the Clerk of the Superior Court at the Richard J. Hughes Justice Complex, CN 971, 6th Floor, North Wing, Trenton, New Jersey, 08825, in accordance with the rules of civil practice and procedure. A \$105.00 filling fee payable to the Clerk of the Superior Court and a completed Case Infor-mation Statement must accompany your answer or motion. The action has been instituted for the purpose of foreclosing a mortgage dated April 16, 1998, made by Thomas Pollard and Victor Smith to First United Mortgage Company and duly assigned to plaintiff, Maione Mortgage Company, and concerns real estate located at 824-826 George Street, Plaintield, NJ. YOU, Victor Smith, his heirs, devi-

YOU, Victor Smith, his heirs, devi-sees, and personal representatives and his/her, their, or any of their successors in right, tille and interest and Mrs. Smith, wife of Victor Smith, her heirs, devisees, and personal representatives and his/ her, their, or any of their successors in right, tille and interest are made a defen-dant because you are the maker of the bond/note and mortgage and/or an owner thereof and Plaintiff is unable to determine the whereabouts of the defendant, and therefore, does not know whether he/she is defendants Victor Smith, his heirs, devi-sees, and personal representatives and per-sonal representatives and herefore, names as defendants Victor Smith, his heirs, devi-sees, and personal representatives and per-sonal representaives and his/her their, or any of their successors in right, tille and interest. An individual who is unable to obtain an YOU. Victor Smith, his heirs, davi-

Interest. An individual who is unable to obtain an. attorney may communicate with the New Jersey State Bar Association by calling toll free 800-792-8315 (within New Jersey) or 609-394-1101 (from out of state). You may also communicate with a Lawyer Referral Service, or if you cannot afford to pay an attorney you may call the Legal Services Office. The phone numbers for the county in which this action is pending are: Legal Services (908) 354-4340, Lawyer Referral (908) 353-4715. DONALD F, PHELAN.

(908) 353-4715. DONALD F. PHELAN, Clerk of the Superior Court U3341 WCN January 18, 2001 (\$72.00)

NOTICE TO ABSENT DEFENDANTS (L.S.) STATE OF NEW JERSEY TO: LOUIS WINSOR and NELLIE WHITE, and each of their heirs, devisees, and personal representatives, and his, her, their or any of their successors in right, title and interest

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PUBLIC NOTICE REQUIRED to serve upon ZUCKER, GOLDBERG & ACKERMAN, ESOS, plain-tilf's attornays, whose address is 1139 Spruce Drive, Mountainside, New Jersey 07092-0024, telephone number 1-908-233-8500, an Answer to the Com-plaint and Amendment To Foreclosure Complaint filed in a civil action, in which HSBC BANK (USA) F/K/A MARINE MID-LAND BANK is plaintiff, and BARBARA FRANKLIN WINSOR, INDIVIDUALLY AND AS EXECUTRIX OF, et al., are defendants, pending in the Superior Court of New Jersey, Chancery Division, Union County, and bearing Docket No. F-19633-00 within thirty-five (35) days after January 18, 2001 exclusive of such date If you tall to do so; judgment by default may be rendered against you for the relied domanded in the Complaint and Amendment to Foreclosure Complaint. You shall file your Answer and proof of service in duplicate with the Clerk of the Superior Court of New Jersey, Hugh-es Justice Complex - CN 971, Trenton, New Jersey 08655, together with your check in the sum of \$105.00 representing the filing feel in accordance with the rules of civil pracice and procedure. This action has been instituted for the purpose of (1) foreclosing a Morigage dated February 15, 1989 made by Helen Jean Bates, as morigagors, to C.M. Brown & Co., Inc. recorded on February 17, 1989 in book MB-3951 of Morigages for Union County, Page 936 which Morigage was assigned Inter sits, on April 1, 1989 from Maryland National Morigage Servicing Corpo-ration by Assignment Of Morigage recorded on April 5, 1989 in Bock AB-5140 Marine Midland Bark (successor to Marine Midland Morigage Servicing Corporation), plaintiff herein, and (2) to recover posses-sion of, and concerns premises commonly Known as 1836-1838 Myrtle Avenue, Plain-field, NJ 07060. If you are unable to obtain an attorney, you may communicate with the New Jersey

field, NJ 07060. If you are unable to obtain an attorney, you may communicate with the New Jersey Bar Association by calling 609-394-1101. You may also contact the Lawyer Referrat Service of the County of venue by calling 1-908-353-4715. If you cannot afford an attorney, you may communicate with the Legal Services Office of the County of ven-ue by calling 1-908-558-1642.

ue by calling 1-908-558-1642. NELLIE WHITE, her heirs, devisees, and personal representatives, and her, their or any of their successors in right, tille and interest are made party defendants to this foreclosure action for any lien, claim or interest you may have, in to or against the mortgaged premises by reason of the death of William A. Winsor, who was the record owner of the mortgaged premises being foreclosed herein and who died intestate on or about January 20, 2000, a resident of the Town of Westfield, County of Union, State of New Jersey, and for any lien, claim or interest you may have in, to or against the mortgaged premises.

LOUIS WINSOR, his heirs, devisees, and personal representatives, and his, their or any of their successors in right, tille and interest are made party defendants to this foreclosure action for any lien, claim or interest you may have, in to or against the mortgaged premises by reason of the death of William A. Winsor, who was the record owner of the mortgaged premises being foreclosed herein and who died intestate on or about January 20, 2000, a resident of the Town of Westlield, County of Union, State of New Jersey, and for any lien, claim or interest you may have in, to or against the mortgaged premises. DONALD F. PHELAN, CLERK SUPERIOR COURT OF NEW JERSEY U3374 WCN January 18, 2001 (\$75.00) LOUIS WINSOR, his heirs, devisees,

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