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## Ali MacGraw's beauty and health routine

> Soap and water every day. Plenty of sleep every night. Lots of exercise in between. And most important of all-a thorough health checkup once a year. Aliknows manv cancers are curable
if'diagnosed and treated early are curable
if'diagnosed and treated early enough
of her life
We want to wipe out cancer in your lifetime. Give to the American Cancer Society.

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