

DUE TO RECORD SNOWFALL
SALE HELD OVER!

JACOBSON'S FACTORY DIRECT DEALER



INVENTORY

SERTA • SERTA • SERTA • SERTA •

Clearance

ON 442 COIL
10 YEAR GUARANTEED
SERTA MATTRESSES
WE STOCK TWIN, FULL
QUEEN & KING SIZES

SAVE with BONUS COUPON

\$100⁰⁰

On Queen Size
Serta Mattress

Offer Good thru 1/31/96

FREE DELIVERY

REMOVAL & FRAME

SAVE with BONUS COUPON

\$50⁰⁰

On Full Size
Serta Mattress

Offer Good thru 1/31/96

SAVE 50%
ON SALES TAX ONLY

3%

SAVE with BONUS COUPON

\$25⁰⁰

On Twin Size
Serta Mattress

Offer Good thru 1/31/96

SPECIAL CLOSEOUTS
on Slightly Irregular
BEDDING

ELIZABETH'S LARGEST VOLUME MATTRESS DEALER

Multi-Billion Dollar Buying Power
ADC
Clearance Center

Our Multi Billion Dollar Buying Power Affords Us Extra Discounts On Truckload Purchases. We Pass The Savings On To You In Our Low Prices And Best Service!

BIG SAVINGS IN OUR BEDDING DEPT. AN ELIZABETH TRADITION! OUR 46TH YEAR

JACOBSON'S

DISTRIBUTING Company
APPLIANCES • BEDDING • ELECTRONICS • AUDIO & VISUAL

OPEN MON. & THURS. 'TIL 8:00 PM; TUES., WED. & FRI. 'TIL 6:00 PM; OPEN SATURDAY 'TIL 5:00 PM; CLOSED SUNDAYS

BIG SAVINGS IN OUR BEDDING DEPT. **2** Locations To Serve You Better

MAIN ELIZABETH SHOWROOM
725 RAHWAY AVENUE
ELIZABETH • 354-8533

WAREHOUSE OUTLET CLEARANCE CENTER
700 RAHWAY AVENUE
COR. ELMORA AVE. • ELIZABETH

3% SALES TAX

WE SAVE YOU MONEY

90 DAYS SAME AS CASH

On Anything You Buy To Qualified Buyers

Bring Us Your Best Deal From TOPS • PC RICHARDS • THE WIZ And We Will Gladly Beat Their Offer On Any Item We Carry

We Are Authorized **JVC** DEALERS

PALM SIZE CAMCORDER

#GR-AK200

12X Variable Speed Hyper Zoom • Program AE With Special Effects • Intelligent Function Control • Quick Response Full Range AF With Auto Macro

COME IN FOR LOWEST PRICE!

VHS C PALM CORDER

#GR-AK700

Hi-Resolution Color View-Finder • 12X Variable Speed Hyper Zoom • Brilliant Results You Can Watch While You Record • Character Generator • Instant Titles

COME IN FOR LOWEST PRICE!

VHS C DIGITAL PALM CORDER

#GR-AK800

Intelligent Features and Digital Power • 120X Digital Hyper Zoom • Digital Image Stabilizer • Integrated Auto Light • Intelligent Function Control

COME IN FOR LOWEST PRICE!

VHS C DIGITAL PALM CORDER

#GR-AX200

Hi-Resolution Color View Finder • 120X Digital-Hyper Zoom • Digital Image Stabilizer • Multi Brand Random Assemble Editing • Auto Pause • 0.8 Lux Low Light Sensitivity

COME IN FOR LOWEST PRICE!

WE CARRY THE COMPLETE LINE OF JVC PALM AND FULL SIZE CAMCORDERS ALSO DIGITAL POWER, HI-FI STEREO S, VHS C PALMCORDERS

VHS VCR 4 HEAD SPECIAL EFFECTS

#HR-J420

WE BEAT ANY PRICE!

Crystal Clear Special Effects And Ultra-Quick Tapo Access • Ultra Spec Drive • Shuttle Pause, Instant Review, Multi Brand TV/Cable Box Remote Control

VHS VCR 4 HEAD SPECIAL EFFECTS

#HR-J520

WE BEAT ANY PRICE!

Brings The Sound Of A-Movie Theatre In Your Living Room • Hi-Fi VHS Stereo With MTS • Multi Brand TV/Cable Box Remote Control • Ultra Spec Drive • Shuttle Plus

IN STOCK AND ON DISPLAY! WE ARE VIDEO SPECIALISTS!

WE STOCK THE FULL LINE OF JVC SUPER VHS

RED HOT TAPPAN DEALS AT JACOBSON'S

ANNIVERSARY WINTER EVENT!

Regular \$299.99 Value

FREE IN TIME FOR HOLIDAY PICTURES

35mm ANSCO PANORAMIC CAMERA

Available 12/25/95

Stop in At Jacobson's and ask To See The New Tappan Line Of Cameras. Ask Dealer For In Store Details For Your FREE Camera

For The Love Of Cooking

TAPPAN 115TH ANNIVERSARY MODEL GAS RANGE

• Manual-Clean Oven • Upswept Cooktop • Electronic Ignition • Great Family Gift For The Holiday

90 DAYS SAME AS CASH
No Payments 'Til April 1, 1996

For The Love Of Cooking

TAPPAN 115TH ANNIVERSARY MODEL GAS RANGE

• Manual-Clean Oven • Upswept Cooktop • Electronic Ignition • Great Family Gift For The Holiday

PROMPT DELIVERY!
In Stock & On Display!

For The Love Of Cooking

TAPPAN COMMERCIAL STYLED ELECTRIC RANGE

Commercial Styling Without The Commercial Cost • Stainless Steel • Splice Rack, Backguard, Manifold and Handles • Large Commercial-Style Cooking Controls

90 DAYS SAME AS CASH
No Payments 'Til April 1, 1996

Multi-Billion Dollar Buying Power
ADC
Clearance Center

Our Multi Billion Dollar Buying Power Affords Us Extra Discounts On Truckload Purchases. We Pass The Savings On To You In Our Low Prices And Best Service!

BIG SAVINGS IN OUR BEDDING DEPT. AN ELIZABETH TRADITION! OUR 46TH YEAR

JACOBSON'S

DISTRIBUTING Company
APPLIANCES • BEDDING • ELECTRONICS • AUDIO & VISUAL

OPEN MON. & THURS. 'TIL 8:00 PM; TUES., WED. & FRI. 'TIL 6:00 PM; OPEN SATURDAY 'TIL 5:00 PM; CLOSED SUNDAYS

BIG SAVINGS IN OUR BEDDING DEPT. **2** LOCATIONS TO SERVE YOU BETTER

MAIN ELIZABETH SHOWROOM
725 RAHWAY AVENUE
ELIZABETH • 354-8533

WAREHOUSE OUTLET CLEARANCE CENTER
700 RAHWAY AVENUE
COR. ELMORA AVE. • ELIZABETH

obituaries

Benjamin F. Haines
Benjamin F. Haines, 82, of Summit, died Dec. 31 in Cranford Health and Extended Care Center.

Margaret Burns
Margaret Burns, 76, of Wayne, formerly of Summit, died Dec. 2 in Wayne General Hospital.

Jessie E. Hensel
Jessie E. Hensel, 91, of Summit, died Dec. 31 in King James Care Center, Chatham Township.

Born in Sydney, Nova Scotia, Canada, Mrs. Haines lived in Denver, Summit and Medford before returning to Summit last month. The daughter of the late Mary Wilson Miller and John Russell Miller, Mrs. Haines' ancestors on both sides came to Canada in 1773 on the ship Hector, the first Scottish ship to come to North America.

She attended Deane University and was a member of Kappa Delta, a sister of Sigma Xi, a member of the American League, a sister of SAGE and a volunteer for the Red Cross United Way and First Aid Squad in Summit. Mr. Haines served in the Army during World War II.

Surviving are two sons, Joseph and James; two daughters, Edna Ajabeh and Cathleen Crisp; two sisters, Catherine Edelman and Elizabeth Edelman; and nine grandchildren.

Previously, Mrs. Edwards was the sales promotion director for Glaxo Brothers, New York, and before that, she was a sales promotion director for Lasso and Koch, Toledo, Ohio. Mrs. Edwards received a bachelor's degree in education from the University of Northern Kentucky in 1953 and a law degree in 1955. She was a member of the Phi Alpha Delta, the Law Fraternity International, the Fidelity Group Inc. of New York, the New York University Faculty Women's Club, the American Historical Society, New York, and was a past member of the Advertising Federation of America.

Surviving are two sons, John C. and Daniel T.; a sister, Dorothy Burrier; brother, John R. Miller, seven grandchildren and three great-grandchildren.

Surviving are two sons, Joseph and James; two daughters, Edna Ajabeh and Cathleen Crisp; two sisters, Catherine Edelman and Elizabeth Edelman; and nine grandchildren.

Board receives foundation grants

The Board of Education meeting was held on Dec. 21 at Summit High School. Board President Jesse Butler presided. The board approved recommendations made by Superintendent Michael Knowlton regarding district priorities, and the schedule for decision making for meeting the needs of the district's increasing student population. Knowlton recommended a plan of action for the district's collective technology diversity and multiculturalism, enrollment, facilities and space needs, and coordination of transportation. Also, he updated the board on action that has been taken on the priorities. The approved calendar for decision making over through March and includes plans for meeting the space needs in the schools and compliance with ADA requirements. Also, Knowlton will be asked to report to the board on short-term contingency plans for Franklin School's space needs.

Professional Directory

Accountants: Couto, De Franco & Magone, CPAs. Midwives: The Birth Center At The Both. Chiropractors: Dr. Alan Epstein. Psychologist: Sharon Boyd-Jackson, Ph.D. Advertise your profession here for only \$20.00 per week.

April 15th is Almost Here. Tax Time. A Classified Advertising Feature. Advertise your tax service in this space. Call Classified at 201-763-9411.

The Best way to save on taxes! Investors Savings Bank's Home Equity Credit Line with an introductory fixed rate. Available for limited time only.

NEWARK ACADEMY. Founded in 1774 and recognized as one of the nation's premier independent schools, Newark Academy provides a distinctive college-preparatory education for 540 girls and boys, grades 6-12.

Investors Savings Bank. Home Equity Credit Line with an introductory fixed rate. Table with interest rates for 15 years, 1 year, 3 years, 5 years, and current variable APR.

Board deadline announced

The deadline for filing nominating petitions to run for positions on the Springfield Board of Education is 4 p.m. on Feb. 26. The election is scheduled for April 16. Prospective school board candidates can obtain a School Board Candidate Kit at their local report district office. Published by the New Jersey School Boards Association, the kit includes information about legal qualifications for school board candidacy, campaign procedures, and the role of the school board member as well as information about the New Jersey School Boards Act, important dates in the school election process, and training sessions for school board candidates.

obituaries

Richard B. Magner
Richard B. Magner, 92, of Mountaintop, founder of a law firm in Lincoln 2 in the 1930s. Born in Bayonne, Mr. Magner died in Mountaintop for many years. He was the founder of the Linden law firm, originally known under the name of Magner and Abraham and later Magner, Critchley, Kahn, Schmitt, Hamilton, Kress & Charney, when he was the senior partner before his retirement in 1967. Mr. Magner attended the University of Maryland and transferred to the New Jersey Law School, from which he graduated in 1928. He was involved in an attorney for New Jersey on Jan. 30, 1930. Mr. Magner also was the United States Supreme Court. He was appointed government appeals agent during World War II and held a medal authorized by Congress and approved by a Certificate of Merit signed by former President Harry S. Truman.

religion

Preschool workshops teach about holidays. All-ages workshops are available to members of the public as well as congregational members. Temple Sha'arey Shalom welcomes Antioch Baptists. Temple Sha'arey Shalom and Antioch Baptist Church are joining a series of programs intended to foster understanding and friendship between Antioch and New Jersey congregations.

worship calendar

ASSEMBLIES OF GOD: GALVARY ASSEMBLY OF GOD 951 W. Cherry Hill, Union, 664-1111. BAPTIST: ANTOCH BAPTIST CHURCH 640 S. Springfield Ave., Springfield, 201-379-1111. CHURCH OF CHRIST: CHURCH OF CHRIST, 2933 Woodland, Newark, 993-2333. EPISCOPAL: ST. MARK'S EPISCOPAL CHURCH 241 Hillon Avenue, Newark, 993-2333. LUTHERAN: LUTHERAN CHURCH AND SCHOOL 2222 Woodland, Union, 993-2333. METHODIST: METHODIST CHURCH 241 Hillon Avenue, Newark, 993-2333. PRESBYTERIAN: PRESBYTERIAN CHURCH IN SPRINGFIELD 1000 Park Ave., Springfield, 201-379-1111. SYNAGOGUE: TEMPLE SHAAREY SHOLOM 1000 Park Ave., Springfield, 201-379-1111.

obituaries

Richard B. Magner
Richard B. Magner, 92, of Mountaintop, founder of a law firm in Lincoln 2 in the 1930s. Born in Bayonne, Mr. Magner died in Mountaintop for many years. He was the founder of the Linden law firm, originally known under the name of Magner and Abraham and later Magner, Critchley, Kahn, Schmitt, Hamilton, Kress & Charney, when he was the senior partner before his retirement in 1967. Mr. Magner attended the University of Maryland and transferred to the New Jersey Law School, from which he graduated in 1928. He was involved in an attorney for New Jersey on Jan. 30, 1930. Mr. Magner also was the United States Supreme Court. He was appointed government appeals agent during World War II and held a medal authorized by Congress and approved by a Certificate of Merit signed by former President Harry S. Truman.

obituaries

Richard B. Magner
Richard B. Magner, 92, of Mountaintop, founder of a law firm in Lincoln 2 in the 1930s. Born in Bayonne, Mr. Magner died in Mountaintop for many years. He was the founder of the Linden law firm, originally known under the name of Magner and Abraham and later Magner, Critchley, Kahn, Schmitt, Hamilton, Kress & Charney, when he was the senior partner before his retirement in 1967. Mr. Magner attended the University of Maryland and transferred to the New Jersey Law School, from which he graduated in 1928. He was involved in an attorney for New Jersey on Jan. 30, 1930. Mr. Magner also was the United States Supreme Court. He was appointed government appeals agent during World War II and held a medal authorized by Congress and approved by a Certificate of Merit signed by former President Harry S. Truman.

obituaries

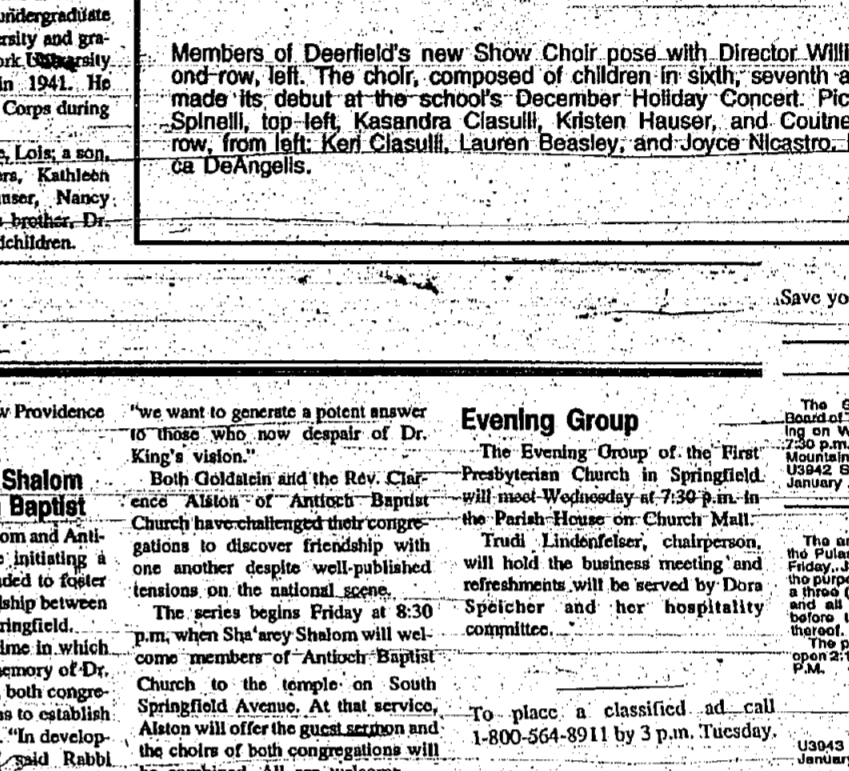
Richard B. Magner
Richard B. Magner, 92, of Mountaintop, founder of a law firm in Lincoln 2 in the 1930s. Born in Bayonne, Mr. Magner died in Mountaintop for many years. He was the founder of the Linden law firm, originally known under the name of Magner and Abraham and later Magner, Critchley, Kahn, Schmitt, Hamilton, Kress & Charney, when he was the senior partner before his retirement in 1967. Mr. Magner attended the University of Maryland and transferred to the New Jersey Law School, from which he graduated in 1928. He was involved in an attorney for New Jersey on Jan. 30, 1930. Mr. Magner also was the United States Supreme Court. He was appointed government appeals agent during World War II and held a medal authorized by Congress and approved by a Certificate of Merit signed by former President Harry S. Truman.

obituaries

Richard B. Magner
Richard B. Magner, 92, of Mountaintop, founder of a law firm in Lincoln 2 in the 1930s. Born in Bayonne, Mr. Magner died in Mountaintop for many years. He was the founder of the Linden law firm, originally known under the name of Magner and Abraham and later Magner, Critchley, Kahn, Schmitt, Hamilton, Kress & Charney, when he was the senior partner before his retirement in 1967. Mr. Magner attended the University of Maryland and transferred to the New Jersey Law School, from which he graduated in 1928. He was involved in an attorney for New Jersey on Jan. 30, 1930. Mr. Magner also was the United States Supreme Court. He was appointed government appeals agent during World War II and held a medal authorized by Congress and approved by a Certificate of Merit signed by former President Harry S. Truman.

'Show'-casing their talent

Members of Deerfield's new Show Choir pose with Director William Magallo, second row, left. The choir, composed of children in sixth, seventh and eighth grades, made its debut at the school's December Holiday Concert. Pictured are Jeffrey Spinnell, top left, Kasandra Casullli, Kristen Hauser, and Courtney Grifoll. Second row, from left: Kerl Casullli, Lauren Beasley, and Joyce Nigro. Bottom left: Jessica DeAngelis.



PUBLIC NOTICE

The Springfield Free Public Library... The annual meeting of the members of the Board of Directors... The annual meeting of the members of the Board of Directors will be held on Wednesday, January 11, 1990, at 7:00 p.m. in the Board Room, 1000 Park Ave., Springfield, New Jersey. All members are invited to attend.

PUBLIC NOTICE

The annual meeting of the members of the Board of Directors... The annual meeting of the members of the Board of Directors will be held on Wednesday, January 11, 1990, at 7:00 p.m. in the Board Room, 1000 Park Ave., Springfield, New Jersey. All members are invited to attend.

PUBLIC NOTICE

The annual meeting of the members of the Board of Directors... The annual meeting of the members of the Board of Directors will be held on Wednesday, January 11, 1990, at 7:00 p.m. in the Board Room, 1000 Park Ave., Springfield, New Jersey. All members are invited to attend.

PUBLIC NOTICE

The annual meeting of the members of the Board of Directors... The annual meeting of the members of the Board of Directors will be held on Wednesday, January 11, 1990, at 7:00 p.m. in the Board Room, 1000 Park Ave., Springfield, New Jersey. All members are invited to attend.

Visit Your House of Worship This Weekend. A collection of church notices and advertisements for various denominations including Baptist, Methodist, Presbyterian, Lutheran, and Episcopal churches.

HEALTH & FITNESS

March of Dimes urges planning for pregnancy

As the link between the health of a newborn baby and a mother's health prior to pregnancy becomes better understood, the importance of "pre-conceptive planning" is being stressed more and more by health professionals.

This is because a woman can be several weeks into a pregnancy without knowing it, during which time the fetus goes through critical developmental stages. In fact, many of the most significant developments in the fetus occur in the first 30-60 days of pregnancy.

The message behind pre-conceptive planning is simple: Do not wait until trying to become pregnant to make lifestyle changes, because then it may be too late.

Many lifestyle changes need to be made prior to trying to become pregnant to have any impact. Otherwise, the chances of complications and birth defects can increase.

Many of pre-conceptive planning's main elements, like ensuring good nutrition, quitting smoking, drinking alcohol in moderation and maintaining a healthy weight, while important for any woman, become even more consequential when a woman is considering having a baby.

Take diet: Improving significantly on the development of the fetus, recent studies have cited the importance of a diet rich in folic acid prior to becoming pregnant as a major weapon in the battle against neural-tube birth defects.

According to the March of Dimes, taking folic acid before and during the early stages of pregnancy can help reduce the risk of NTDs, like spina bifida and anencephaly. NTDs, including fetal spine closure or formation of the spine or anencephaly, or anencephaly, brain, affect one in 1,000 live births and also account for hundreds of miscarriages and abortions annually.

The reason folic acid is so important is that it develops into the spine and brain, and its development takes place during the first 28 days of pregnancy, which is a period when a woman may be unaware that she is pregnant. Sufficient levels of folic acid in the diet, coupled with a healthy lifestyle, are among the most effective solutions to implement in combating these tragic spinal and brain defects.

Folic acid is a B vitamin found mainly in green vegetables, beans, oranges and liver. Experts say that women between 15 and 45 who are able to become pregnant should consume 0.4 milligrams of folic acid every day. One study showed that more than 92 percent of women do not consume this amount daily.

Both is a mineral that prevents anemia, a red blood cell deficiency, and increases resistance to infection. Although iron is found in red meats, enriched cereals and grains, many women have iron deficiencies. Iron-deficient women, especially those with anemia, should consult their physician on ways to supplement their diet prior to becoming pregnant, as the body's iron requirement increases during pregnancy.

While most vitamins and minerals can be obtained through diet, many women take supplements when their diets fall short. Women who want to ensure they get 100 percent of the daily recommended intake of 0.4 milligrams of folic acid with the added benefit of supplemental or extra iron, may want to consider a supplement.

Taken daily, the vitamins and minerals are beneficial to women of childbearing age, regardless of when they plan to conceive. Since folic acid and iron are essential for a woman's and baby's health, this combination can play an important role in pre-conceptive planning as one of the ways to promote a healthy pregnancy.

The March of Dimes prepared a free brochure with diet and pre-conceptive planning. If you think you're likely to have a baby, thank the March of Dimes for its help. Call 1-800-422-6262 or write to: March of Dimes, 114 Mayfield Ave., Edison, NJ 08837.

Psychosomatic illness is not all in your head

For thousands of years, people have seen how the body reacts to every change in feeling or emotion. People blush when embarrassed, they become pale with fear or livid with rage. Sorrow brings tears, and anger clenches the fist. The mouth waters when we look forward to a tasty dinner, but fear makes the mouth dry as cotton. Anxiety or excitement can cause diarrhea or constipation.

We have also learned that actual bodily illness may be brought on or made worse by upset emotions. When some people become tense or feel under stress, they may develop a headache, other suffer an attack of asthma. Certain types of people who live under worry, tension and stress may not develop indigestion and finally an ulcer.

People differ greatly in what they feel is stressful. If a sensitive person finds himself in a situation where there is lasting stress that he cannot matter of escape, he may get sick when another person without such sensitivity may not.

A difference in the make-up, or the way a person's body reacts to stress, also plays a major part. Some diseases run in certain families. When these people react in a particular way to emotional stress, a certain part of their body is likely to breakdown.

The treatment of psychosomatic problems is usually carried out successfully by the family doctor. His aim is to keep a person functioning within the healthy or normal range. Controlling and caring for the body in

Focus on Mental Health

By Barbara Albenberg

Barbara Albenberg, a specialist in marital and family counseling, is a certified clinical social worker with offices in Union and Essex counties. She can be reached at (201) 325-9332.

Health departments offer free influenza vaccinations. Union County's health departments have been providing free flu shots to residents in an effort to see that every person aged 18 years and older is immunized.

The health departments are joining local physicians, pharmacists and Visiting Nurse and Health Services to fight the flu.

The flu, a viral infection of the nose, throat, head, lungs and lungs, is not prevalent in the United States from November to April.

For further information on times and locations of flu clinics in your area, contact your local health department. For information on VNIHS clinics, call the New Jersey toll-free flu information line at 1-800-280-VINA.

Attention: Patients of Dr. Anthony Coppola

All of you have fond memories of the caring treatment which you received from your family doctor, Dr. Anthony Coppola, who tragically passed away over the Thanksgiving Holiday. Dr. Joseph Ballaro, who many of you met thru his work with Dr. Coppola, is striving to maintain that traditional old-fashioned care combined with up-to-date knowledge and technology. Dr. Ballaro is readily available for all your medical needs, ranging from annual physical, routine medical check-ups, and any other health problems that may arise. Convenient hours are available by appointment, and most insurance plans are welcome. House calls are also available.

Dr. Ballaro is also fluent in Italian and Spanish. For an appointment or more information, contact the office in the "Millburn Mall." 2933 Vauxhall Road • Union (908) 687-1520

HEALTH & FITNESS

Hospitals in Toms River, Livingston announce plans to merge programs

Two of the largest health care systems in New Jersey — Community-Kimball Health Care System in Toms River and St. Barnabas Health Care System in Livingston — announced their intention to consolidate.

The announcement came in a joint statement from Mark D. Pilli, president and chief executive officer of the Community-Kimball Health Care System, and Ronald J. Del Mauro, president and chief executive officer of the St. Barnabas Health Care System.

The new system will then include St. Barnabas Medical Center, Community Medical Center, Kimball Medical Center and Union Hospital. It will have combined total annual revenues in excess of \$1 billion with a total of 2,371 beds. The total number of employees in the new integrated health care delivery system will be 14,500, making it the fourth largest hospital in the state.

In addition to the hospital facilities, the system will also include six nursing homes, with 1,111 beds, three ambulatory care facilities, two geriatric centers, one psychiatric facility, and a state-wide behavioral health network. The combined medical staff will consist of 3,200 physicians, including 300 residents.

The entire health care system will treat more than 12,500 inpatients and same day surgery patients, over 230,000 emergency department patients and provide approximately one million outpatient visits each year.

By joining with the St. Barnabas Health Care System, the strongest system in the state, we could not choose a better partner to create a state-wide network of high quality, cost-effective health care providers, positioned to actively participate in an emerging managed care market.

Under this consolidation plan, the combined hospitals will retain their respective communities, while at the same time coordinating programs and services in an effort to enhance access, improve quality and control costs.

The system participates in every major managed care network in the state. It maintains a total operating revenue in excess of \$325 million. Founded in 1865, St. Barnabas is New Jersey's oldest and largest acute care hospital. St. Barnabas, a 620-bed institution, is one of 10 affiliates of the St. Barnabas Health Care System.

The St. Barnabas Health Care System includes Union Hospital with 201 beds, four nursing homes with 660 beds, the Family Health Center in Elizabeth, the Multi-Care Health Center in Clark and Livingston, Services Corp., a for-profit affiliated subsidiary, and the St. Barnabas Medical Center and Union Hospital. The system includes over 60 managed care contracts. It has a total operating revenue in excess of \$350 million and employs over 7,000 people.

A subscription to your newspaper keeps your college student close to hometown activities. Call 908-686-7753 for a special college rate.

HEALTH & FITNESS

news clips

Nutrition hotline. Questions about nutrition and food can be difficult to answer, so the American Institute for Cancer Research has established a toll-free hotline to provide answers to consumers' questions about nutrition.

Reference book released. A new book, "The Half-Century FDR Story," is a great one to have on the shelf. It reflects the rise of the pharmaceutical industry's key area of specialization for our firm.

New practice. Orchard Park Foot Health Center of Union has opened a new treatment facility at 1705 West Englewood Ave. in Bopelville.

Guide to dental care. A new booklet on dental care expenses is available to help patients find affordable care.

Aerobic certification workshop planned. World of Fitness and National Dance Exercise Instructor's Training Association will co-sponsor a one-day national aerobic certification workshop.

MEDICAL BILL HELPERS. We will... MONEY, TIME, FRUSTRATION, WORK AND "SLEEPLESS NIGHTS" FOR A FREE, NO-OBLIGATION REVIEW OF OUR SERVICES. CALL NOW (908) 245-9555 • 1 (800) 223-9089

BLIZZARD RELIEF! FREE EXAMINATION & CONSULTATION (Good thru Jan. 31, 1996) Compliments Of Dr. Donald Antonelli, Antonnelli Chiropractor. 2575 Morris Ave., Union, N.J., 908-687-7373. Ample Parking • Open 11:00 pm Mon., Wed., Fri.

FREE Information! CALL (908) 686-9898 and enter a four-digit selection number below. HEALTH: 5100 The Art Of Chiropractic, 5101 What Is An Adjustment?, 5102 Muscle Pains & Spasms, 5103 What Causes Back Pain?, 5104 Headaches. DENTAL: 5120 Painless Dentistry, 5121 Family Dentistry, 5122 Cosmetic Dentistry, 5123 Family Dentistry, 5124 Prevention. PODIATRY: 5110 Diabetes, 5111 Ingrown Toenails, 5112 Warts, 5113 Bunions, 5114 Hammer Toes. Intoservice. A Subsidiary of WORRALL COMMUNITY NEWSPAPERS.

JUST 30 MINUTES CHANGED THEIR LIVES. A. R. BERGAMO, M.D., DIRECTOR. 230 SWERMAN (next to Mountaintop Hospital), GLEN RIDGE, NEW JERSEY 07028. AFFILIATED WITH AMERICAN HOSPITAL IN ROMÉ. More than 4,000 successful nasal surgeries performed to date. Most major insurance plans accepted. Meet with many others who have had nasal surgery. See what your new nose will look like prior to surgery. Improves your SELF IMAGE. THE CENTER FOR NASAL SURGERY. 201.748.8714 • 1.800.345.NOSI

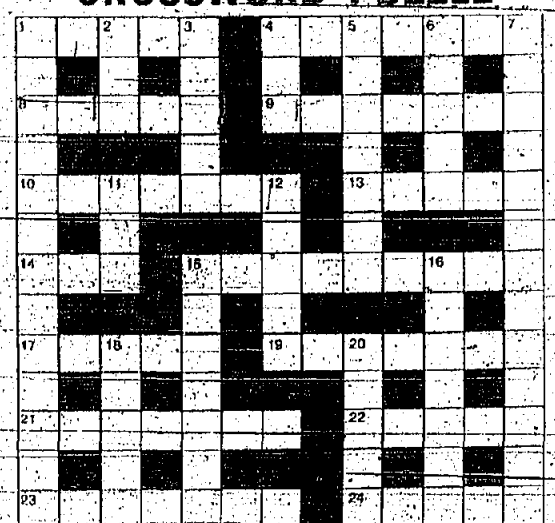
VITAMIN FACTORY 201 Rt. 22, Hillside, NJ 07205 • (201)926-2946. 15% Off cybergeneics Products. Fat Free Mini Rice Cakes 429, Tostitos Veggie Pocket 129, Hormel Split Pea Soup 149.

VITAMIN FACTORY. Vitamin C 250 W/RH 1000, Nicotinamide 50 mg 1000, Ferrrous Gluconate 1000, Calcium/Magnesium 1000, Chromium 100 mcg 1000. Decadent Liver 1000, Detox 334 mg 1000, Oyster Shell Calcium 1000 mg 1000, Daily Multivite 500, Flato-X 500. Ginseng Power Max 899, Citra LECITHIN 599, Ginseng/Royal Jelly 539, Smoking Withdrawal 495, Ester C w/Bioflav 729, Efamol Prim 2129, Vita K w/Ginseng 1059. 15% Off CamoCare Products. Every day is sale day at the Vitamin Factory... Everything priced just a cut above wholesale! STORE HOURS: Mon. & Thurs. 10-6; Tues., Wed., & Fri. 10-4

MILLBURN SHOOTING CLUB MSH ATHLETIC CLUB. The Holidays are OVER! Did you enjoy them... a little too much? Not happy with your appearance? Fed up with dieting? Then you're ready for a change! Make us "your" resolution for the New Year. Lose the fat and increase the muscle. With our systematic application of nutrition and exercise. The Apex Nutritional Analysis System available exclusively at the area's only private training facility. 12 Holmes Street • Millburn, NJ 07041 • (201) 379-5651

JUST 10 MINUTES CAN SAVE YOUR LIFE. SKIN CANCER SCREENING. Skin Cancer is the fastest growing cancer in America. One half million new cases each year. Skin Cancer accounts for 1/3 of all known cancers to man. Skin Cancer is 96% curable. If surgery is necessary, it's most often minimal and expedient. Unlike other cancers, it is easily detectable by the naked eye. American Cancer Society recommends skin cancer screening on a regular basis. The screening takes a matter of minutes to perform. Those screened are taught what to look for and what predisposes you to skin cancer. Any growth or mark that doesn't heal, that bleeds, it crusty or raised should be examined. Any growth that changes in color, shape and in size should be examined. CALL TO SCHEDULE AN APPOINTMENT: 201-748-8714. NEW JERSEY INSTITUTE FOR SKIN CANCER. A.R. BERGAMO, M.D., DIRECTOR. 230 SWERMAN AVENUE, GLEN RIDGE, NJ 07028. WE HAVE SCREENED MORE THAN 20,000 PEOPLE!

CROSSWORD PUZZLE



CLUES ACROSS

- 1. Famous month
4. Christian sacrament
8. Zsa Zsa... actress
9. United Kingdom
10. Zoo for fun
13. Sunkel
15. Calendar month, ancient
17. ... dance, comes for
18. Without backbone
19. More important
21. California city
22. French soldier
23. More expensive
24. Fear

CLUES DOWN

- 1. Moral lesson for children
2. Short pitch in boxing
3. Type of acid
4. Short haircut
5. Artist
6. Muslim leaders
7. Plays the clown
11. Depressed
12. Depressed
13. Up in the air
16. Large building
18. Helge Rubinfeld text
20. Pleasant street
21. More expensive
24. Fear

SOLUTIONS ACROSS

- 1. Yule
3. Sac
5. Spain
7. Medicine
9. Slave
11. Cyril
12. Aired
14. Angel
15. Holly
16. Cable
18. Tense
19. Wage
20. Shave
21. House
22. Eilat
23. Snailings
24. Hay
25. Bay

SOLUTIONS DOWN

- 1. Yule
3. Sac
5. Spain
7. Medicine
9. Slave
11. Cyril
12. Aired
14. Angel
15. Holly
16. Cable
18. Tense
19. Wage
20. Shave
21. House
22. Eilat
23. Snailings
24. Hay
25. Bay

horoscope

For The Week of January 14-20

ARIES March 21-April 20
You've still attention to your surroundings today. You could be a winner if you pay attention to the details.

Taurus April 21-May 21
Your intuition into a broad net of feelings is almost telepathic. You're a natural at reading the mind of others.

Cancer June 22-July 22
When things are going smoothly or you're enjoying a friend's company, you're a natural at reading the mind of others.

Leo July 23-August 23
Your outgoing nature wins you many friends. But this week you may find it hard to sit still.

Virgo August 24-September 22
An unusual circumstance leaves you in the position of being able to help a stranger.

Sagittarius November 23-December 21
This week, a careful, considerate approach to relationships and decisions is best.

Capricorn December 22-January 20
A light-hearted attitude may be in order for you this week.

Aquarius January 21-February 18
You're quick to explain why something went wrong, quickly make the effort to fix things.

Pisces February 19-March 20
Ideas could abound during a brainstorming session. Be realistic when you're dreaming.

A cappella singers to perform at church

The Bowdoin College Middlebury, the schools make a cappella group, will perform Saturday at 2 p.m. at St. Stephen's Episcopal Church.

The Meddies has eight published recordings and has toured America and Europe for many years.

The Meddies' repertoire includes old favorites, such as "Mood Indigo" and "Coney Island Baby," as well as more current tunes including "Southern Cross."

The concert at St. Stephen's will conclude the Meddies' winter tour, which includes performances with the Clark Counterpoints, the Wellsville Blue Notes, and the University of New Hampshire Meddies.

St. Stephen's is located at 119 Main St. in Millburn. The office phone number is (201) 376-0888. A \$2 donation is requested for the Interfaith Hospitality Network.

'Yonkers' opens in Westfield
Neil Simon's Pulitzer and Tony award-winning play 'Lost in Yonkers' will open tomorrow night at the Westfield Community Players.

Directed by Nevi Schwartz, the show is a tale about growing up in Yonkers in 1929. The play is based on the novel 'Lionel Lincoln' by Neil Simon.

The cast features Westfield residents Greg Fleming as Arty, Jeff Rochin as Mr. Lincoln, and Greg Thomson as the boy 'Felix Eddie.'

The play is produced by Union resident Jeff Sisk and Robert Lipson of Scotch Plains. Tickets are \$12. Call 232-4221 for show information.

Flea Market SATURDAY JANUARY 20, 1996
EVENT: Flea Market and Craft Show. PLACE: Redwood Lutheran Church, 124 Prospect Ave., Irvington, NJ, 07034.

FRIDAY JANUARY 12, 1996
EVENT: Flea Market. PLACE: Redwood Lutheran Church, 124 Prospect Ave., Irvington, NJ, 07034.

Union native's stage show continues tour

For Jeffrey Ginsberg, Madison Square Garden is a quick stop on the long road to the top.

Jeffrey Ginsberg, a native of Union, N.J., has spent the last 10 years of his life in Madison Square Garden.

On Saturday, Jeffrey Ginsberg will perform at Madison Square Garden as part of his 40-city tour. The show is titled 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

ARTS & ENTERTAINMENT

Cole Porter musical opens at Paper Mill

'You Never Know' is a seldom performed Cole Porter musical directed by Charles Repole, adapted by Rowland Leigh, with additional adaptation by Paul Lazima.

Based on the play 'By Candlelight' by Sigfried Geyer, Karl Farkas, and Robert Katzner, 'You Never Know' is a farce of deception and mistaken identity featuring a Cole Porter score.

Although the original Broadway production opened in 1938 with a large cast and big production numbers, Porter and Leigh originally conceived 'You Never Know' as a chamber musical.

The east of 'You Never Know' includes Stephen Douglas, Nancy Hays, Tom Ligon, Michael O'Steen, John Schlerer, and New York cabaret star K.T. Sullivan.

In addition to director Charles Repole, who staged the acclaimed Broadway concert production of 'Call Me Madam' starring Yvonne De Carlo, the musical director for 'You Never Know' is John Mulcahy.

The Paper Mill Playhouse is accessible to people with disabilities, with audio-described performances for the visually impaired on Feb. 4 at 2 p.m., Feb. 3 at 3 p.m. and Feb. 4 at 8 p.m.

Performances of 'You Never Know' are scheduled for Wednesday through Sunday at 8 p.m., with matinees on Thursdays at 2 p.m. and Saturdays and Sundays at 3 p.m.

Tickets range from \$31 to \$46. Visa and MasterCard are accepted. \$10 student tickets may be available 15 minutes before curtain.

For tickets and information, call (201) 976-4343. For groups of 20 or more, call (201) 379-3636, ext. 2438.



Jeffrey Ginsberg, Madison Square Garden is a quick stop on the long road to the top.

Former Union resident Jeffrey Ginsberg shows writers from this newspaper how he does during a recent visit to the offices of Worrall Community Newspapers.

Ginsberg, an award-winning writer for the cable television network Nickelodeon, had his script 'Mega Mouse-a-Mania,' staged at Madison Square Garden Saturday.

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Ginsberg's show is a collection of his most popular songs, including 'The Best of Jeffrey Ginsberg' and 'The Best of Jeffrey Ginsberg.'

Attention health-care providers
This newspaper encourages hospitals, health-care providers, area doctors and dentists to inform the editors about programs, scheduled events and activities.

NEW SHOW LOCATION - TRAIN SHOW AND SAILING SAT. JAN. 13, 1996 • 10-4 LIVINGSTON TRAVELodge

MAXIM WAREHOUSE EXPORT • IMPORT WHOLESALE & RETAIL. Open to the Public 9 AM - 6 PM. Warehouse Outlet DISCOUNTS UP TO 90%.

ARE YOU LOOKING FOR A BETTER OIL COMPANY? JOIN THE TOMASSO FAMILY OF CUSTOMERS. Our 50th Anniversary. 351-0313

GET OUT OF DEBT! Get completely out of debt - including your mortgage - in about 5 years, WITH THE MONEY YOU ALREADY MAKE.

Going To The Movies? Call 686-9398. and enter a four digit selection number below to hear the movie times at these theatres!

worrall newspapers ECONOMY CLASS TICKET Items \$100.00 20 Words - Price Must Apply \$5.00

The Bar/Bat Mitzvah Event of the Year DON'T MISS IT! Entertainment featuring 'WHITE LIGHT' 'REVELATION' Plus Our FABULOUS 'PARTY HARD DJ's' and 'FLAVA DJ's'

Don't buy a boiler for your home without it. Introducing Weil-McLain's new 5-year Homeowner Protection Plan... Alliance PLUMBING HEATING & MECHANICAL CONTRACTORS, INC.

NEWSPAPERS DELIVERED TO OUR YARD CALL FOR CURRENT PRICE. Paper Drives Arranged Boy Scouts • Church Schools. 808-355-2488

Our new Economy Class can make anything fly. With Worrall Newspapers Economy Class Classified Ads, you can make an old refrigerator fly right out of your basement.

Automotive

Mercury ushers in new year with outstanding automobiles

Mercury Mountaineer... The Mercury Mountaineer... a landmark four-door sport utility vehicle... will be introduced in 1996. With a V-8 engine and automatic transmission included in its list of standard equipment, the Mountaineer gives Lincoln-Mercury dealers a well-engineered, highly sophisticated premium compact sport utility vehicle for upscale customers.

"With demand for sport-utility continuing to rise high, we see this as the perfect time — and the perfect way — to expand Mercury's lineup," says Keith Magee, Ford vice president and Lincoln-Mercury division general manager. Sport-utility sales have nearly doubled since 1990.

Magee says customers and dealers alike have been asking for a sport utility vehicle bearing the Mercury brand name, which has a reputation for quality and reliability. Production is set to begin during the first half of 1996.

Additional details about the new Mercury Mountaineer will be made available in the coming months.

1996 Mercury Villager... Front and rear styling changes give the 1996 Mercury Villager a fresh new look to complement its reputation for car-like comfort, ride, handling and seven-passenger seating flexibility.

A new grille featuring the Mercury emblem has replaced the familiar high-bar and gives the front-wheel drive Villager a more contemporary appearance. The headlights and front bumper fascia also are new. The revised taillights harmonize with the design and the new rear reflector.

"The new significant new safety features... A new front air bag to supplement the system has joined the driver's system as standard equipment.

AUTOMOTIVE

- AUTO DEALERS**
SMYTHE VOLVO EXCLUSIVE VOLVO-DEALER (908) 273-4200 AUTHORIZED FACTORY SERVICE LONG TERM LEASING
- AUTO FOR SALE**
1994 AUDI 200 TURBO, green, black leather, 170,000 miles, excellent condition. Fully loaded. Call for details. \$20,000. Call 201-782-5292.
- AUTO WANTED**
ABLE PAYS TOP \$\$\$ IN CASH For All 4 Wheel Drive CARS, TRUCKS and VANS FREE PICK UP 7 DAYS 1-800-953-8328 908-688-2044
- \$\$\$WE PAY TOP DOLLARS\$\$\$**
For Your Junk Car 24 Hour Service. Call: 908-688-7420
- TRUCKS FOR SALE**
1994 CHEVROLET G-30, Chevrolet, 2200 cc, 1997 Chevrolet G-30, complete, 2000 miles, excellent condition. \$2,200. Call 908-688-7420.
- COUNT ON THE CLASSIFIEDS TO DO THE JOB**
FOREIGN CARE WANTED! TOP \$\$\$ PAID Call for more details 100-662-9050 AUTOHAUS 908-355-0099

UNCOVER SUPER SAVINGS AT MULTI'S BLIZZARD-BUSTING EVENT!

LEASE \$192/MO. 36 MOS. **'96 GEO-PRIZM** Woodland green mica, 4 dr., dk. charcoal cloth/vinyl ts., 1.6 L DOHC 16-valve MFI LA eng. W/3 spd. auto. trans., P/S/B/Lks, A/C, AM/FM stereo, w/window defog., AM/FM stereo cass. MSRP \$15,497

LEASE \$199/MO. 36 MOS. **'96 LUMINA** Med. adriatic blue met., med. blue cloth int., 3.1 L V6 FV6 eng. w/4 spd. auto. trans., P/S/B, rr. window defog., A/C, AM/FM stereo cass. Stk#7000. VIN#1T100186. MSRP \$17,065.

LEASE \$299/MO. 36 MOS. **'95 TAHOE 4X4** Onyx Black and silver w/gray int., 2 door, 5.7L EFI V8 eng., 4 spd. auto trans, w/overdrive, P/S/B/W/Lks/Mir/St, A/C, 6.250 LB GVW, off-road chassis package, GVW, AM/FM stereo cass w/C.D. Stk#6611. VIN#5G114751. MSRP \$30,674.

Multi 2675 ROUTE 22 W., UNION (2 mi. west of Garden State Parkway) **908-686-2800**

Multi CHEVROLET-GEO The Highway Dealer With The Difference

88% SUCCESS RATE!
CALL MR. THOMAS
\$1000 CASH
80% CASH
90% CASH

Social change Officials foresee major changes in social services for county, Page B1.

Porter at Play In a Cole Porter comedy, 'You Never Know' what'll happen. See review, Page B4.

Thank you: deer Members of Watchung Reservation deer herd last another week, thanks to storm, Page 3.

Springfield Leade

"Your Best Source For Community Information" SPRINGFIELD, N.J., VOL. 17, NO. 16 — THURSDAY, JANUARY 16, 1996 TWO SECTIONS — 50 CENTS

Community Update

Sports trip
The Recreation Department is offering a trip to the Meadowlands arena in East Rutherford to see the New Jersey Nets play the Los Angeles Lakers at 7:30 p.m. on Jan. 27. This trip costs \$33 per person.

Local Assistance Board
The Local Assistance Board, an advisory board to the municipal Welfare Department, will meet Monday at 4:30 p.m. in the welfare director's office on the second floor of the Municipal Building. The public is welcome to attend.



Days after the snowfall ended, the blizzard of '96 continues to take its toll. Above, firefighters assess the damage of the garage behind Schuble Oil on Mountain Avenue, after the roof of the abandoned building collapsed under the weight of ice and snow. Below, police and fire officials close the area to the public, for safety considerations.

'Snowflake' dance

In keeping with the recent weather conditions, St. James Church will hold a Snowflake Dance Saturday from 7:30 p.m. to 12:30 a.m. in the gymnasium. The price of admission is \$20 per person and it includes a hot and cold buffet and drinks. Music will be provided by a disc jockey. For more information, call 376-3040.

Hearing dates

The Board of Adjustment has announced that it will next convene on Feb. 6 at 7 p.m. in the auditorium of Jonathan Dayton Regional High School on Mountain Avenue. This meeting will discuss and interpret the 1994 denial of Stop & Shop, supermarket's application by a zoning officer.

Board seats available

The deadline for filing nomination petitions for a seat on the Regional High School Board of Education has begun work on its tentative budget for the 1996-97 academic year, including a proposal to allocate \$5 million from surplus to balance the tax levy.



Board weighs spending \$5M surplus

'Every year, this board seems to come up with surplus in the millions. Eventually, they're going to run out.'
— Janet Glynn, Kenilworth Board of Education member

Berkeley Heights on the board, reminded residents that the final budget figures are far from reality, and that the district would have surplus money even if \$5 million were to be spent for 1996-97.

"Every year, this board seems to come up with surplus in the millions. Eventually, they're going to run out," she added. "One day when the surplus is not available, the taxpayers will have to make up the difference of the levy previously covered."

That response prompted further questions from audience members, who voiced concerns of future Regional High School District budgets' use of surplus money.

"There'll be nothing left after this year," Tully said.

All decisions concerning the

Blizzard's aftermath still harbors danger

By Blaine Dillipoot Staff Writer
Although the storm has over now, the job of cleaning up all of the leftover snow continues, and the weight of snow and ice on roofs poses another hazard.

The old Schuble Oil Garage on Mountain Avenue was destroyed after the weight of snow and ice, made heavy by melting during the warmer days of this week, caused the roof to cave.

"I was out shoveling my snow when I heard a loud crash. I went over to see what had happened, and I saw the entire building had collapsed," said Ed Gusk, a neighborhood resident.

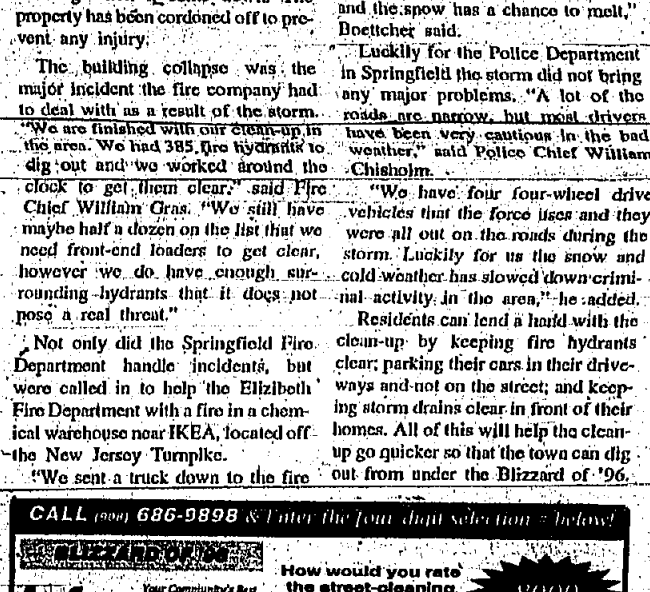
The Fire Department was dispatched to make sure no one was injured and that the remains of the building were not endangering anything else in the area.

The building had been vacant for years. There were two vehicles in the building when it came down. The property has been cordoned off to prevent any injury.

The building collapse was the major incident the fire company has to deal with as a result of the storm. "We are involved with our cleanup in this area. We had one fire hydrant to dig out and we worked around the clock to get them clear," said Fire Chief William Gray. "We still have maybe half a dozen on the list that we need front-end loaders to get clear, however we do have enough emergency hydrants that if they don't pose a real threat."

Not only did the Springfield Fire Department have to clear the debris, they were called in to help the Elizabeth Fire Department with a fire in a chimney at a restaurant named IREKA, located off the New Jersey Turnpike.

"We sent a truck down to the fire



Starting Sundays

Writers and actress Flash Rosenberg will perform at the Donald B. Palmer Museum of the Public Library Sunday to mark the first of Sunday hours at the facility. The presentation, from a story titled "Bound to Let It Go," will begin at 2 p.m. Admission is free. A snow-date has been scheduled for Jan. 28 at 2 p.m. For more information, call 376-4830.

Infosource How would you rate the performance of the DPWT? \$1000