## Che Springtield sui

Presbyterians School Board
To Launch New To Again Seek
Sunday School South Property

Kean Defeats Shanley Even In Springtield

 amanaziz



Approve 5300 For Psychiatric Aid
 qufamem wownew $=$ and

Local Boy Seives Near Tron Cutain

Caldwell-PTA To
Hear Rev. Sageser
Speaker To Aid Chamber; Begin Committee Work


Mental：Health $\qquad$



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## 2 CREDIT PLANS


WOMEN'S NEWS

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joying these-clasess-and - 1 new
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－nininer for the Autonetics Divi
sion of North Ameican Aviation
Tic Inc．in Los Angeles．Calif．The
copple will reside in Englewoud， VFW Ladies llect June Defino－Pres．


## REPLIQUE

 THE SPRINGFIELD

See Results Of $\quad 4$ Women Voters to Verdi \＆Lisz
Scholariship Fund
Attend Convention
EntertaiñHere









PIA County Council Will
Hold May Meeting In Union








Women To Attend Big Convention


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7 WHERE？ in the WORLD do You Want To Go？
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 Club was held on-April 12, in the-
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ton D. Williams. presided, tithis
 Seventh District Vice-President
was. honored guest and installing
officer. -offieer. DeForest Hillyer, Member.
Mrs.
ship Chairman introduced and wel. comed two members into the club;
Miss Lola Bevington, 4. 4 herwood
Rd. and Mrs. Robert Buffington;
 $\underset{\substack{\text { Ve } \\ \text { offic } \\ \text { oft } \\ \text { of } \\ \text { ous }}}{\substack{\text { and }}}$


Deboräh Makes
 $\$ 400$ On' Sale $\therefore \quad$ Neek will nine patace during the










 present a fashion show for which The word, Easter, comes from
members and their moterers will
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and oregon. -
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| able | $21^{\prime \prime}$ | RADIO | TABLE BADIO | Rall | SPORT SHIRTS | ShO |
|  | 8 | 95 | 94 | 59 | $U_{\text {Sus }}$ | Usually 29 |


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| $\text { List } 179.95 \text { © } 88$ | Orig. | $\frac{\text { Lisf }}{129.95-3995}$ | ${ }_{29}^{\text {Orig. }} \underset{25}{ }$ | $\frac{\text { cist }}{29.95}-1859$ | $\begin{array}{ll} \text { Usually } & 155 \\ 3.95 & \end{array}$ | ${ }_{14.95}=59$ |
| SYLVANIA $21^{\prime \prime}$ TV | FAIGiDAIRE <br> 8 Cu Fti-REF: -ikfll Width reeeer | AMM-FM-SW-HI-FI RADIO-PHOHO | EMERSON CLOGK-RADIO |  | Men's. Nylon Stretch Hose Limit $=$ - Pairs Usually 5 for 3.45 | Extra Tough Recovered GOLF BALLS <br> dox. por customer |
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Faith is the gift you give a little at a time. Every week you
Oorship pith the chididen nt your church or symagogue. Tha
eole in in their your ... the biggest, smartest, most important
btessings Then it's lear tok them God for help, thanking Him for ndithostrengtid they need, aluxuys ind the happiness they want

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## FOOD • Fashion - HOME <br> ©be Eptingiticlo sum

## What Does Food Cost You?

## LetIt Cost a Litfle Thought and Imagination

sood whthout beng "sealing", the natural Rew good rec pes to follow. Ground chuck sells at a lower
pricepper pound than ground round steak and actually has a inside. The heat should then be reduced to the lowest
point and the meat tightly covered. Usuatly-enough-steam better flavor. Whatever ground beof you use when making will accumulate to keep the meat from sticking. Long-slow hamburgers, try adding tomato juice to the meat. The ham- , ourger be juicy and succulent. Four tablespoons to a the vegetables are added, just enough water to cook themburgers will be juicy and succulent. Four tablespoons a
pound of meat will be sufficient. Mix in thoroughly and han- and provide sufficient gravyt may be added.
die the meat lightly when forming the patties. Meat loaves made with ground chuck can be very good. Ground veal or pork can be added at the rate of one
Cook half-cup each onion, celery and carrot, cut
smatl, in three-quarters cup of stcck with-one-quarter, teaspoonful very finely chopped garlic. When cooked,
mix with two cups shredded bread. Mix thorovghly mix. with two cups shredded bread. Mix thoroughly
with two punds ground meat, adding sala and pepper to
taste. Stir in one beaten egg and bake at 325 degrees $F$ Baste, if necessary, with hot stock. Recipes frequently call for the use-of stock. A very good
tock can be made from the necks and backs of chicken which sell-at a low-price. Cover-with water, salt to taste, and-ceok
gently until chicken parts are welt done. The liquid can be strained into heat-proof jars. The fat will rise to the top-
and form its own seal. This can safely be stored in the refrigerator for about two weeks, or in the freezer for much longêr. The carcass of a roast chicken or turkey can also be used to make stock. Bones should be cracked, covered w'th water,
and simmered. Veal bones also make an excellent stock. Good substitutes for stock are-canned-chickent-bouilloni or chicken bouillon-cube dissolved in one cup of water. As a general rule, stew meat should not be cooked in
water-wh-ch-drains-the-meat of all its juice antl leaves it
little better than "soup" meat. Stew meat should be braised Use two pount
-cut in two-inch pieces. Trim the fat off the meat. Put
-pieces of fat in heavy skillet. When sizzing hot.ad ad meat and turn until browned cn all $s$ des. Add salt and
pepper and one-quarter teaspoonful garlic finely ctiopped Reduce heat to lowest point, cover tightly,
and cook intil tender. For the finest flavor. cook vege
tables sin tables separately. Remove the meat frim the pan; add
sufficient water to make gravy. When gravy has been thickened, return meat and vegetables-to pannand cove
until ready to serve. Ste cy can-be prepared-ahead o
time and reheated time and reheated for serwing, if presired. Potatoes.
carrots, celery and on ons can be used. A small
stewed tomatoes can be added, if ded. An exception can be added, if desired. Amall can of An exception to the -rule of never corking stew-meat in eal as the basis for a delicious one-dish meal.
Cut one and a half pounds of breast of veal in small
pieces. Cook with onestalk of celery, two sprigs of parspieces. Cook with onestatikof celbery two sprigs of pars-
ley, one-quarter tenspoonful thyme, one-balf bay leaf and two cloves, in just enough water to cover, until
meat is tender. Remove the meat and strain the liquid. Brown-the meat well in three tablespoons-of butter.
Make a paste of three tablespoons-of flour and two Make a paste of three tablespoons-of
These are the kind of values that bring millions of men

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from Iñdia Recipe won her a $\$ 10$ prize in Favorite Recipe Contest. Insulation-Produced $\bar{a}$ thick,- interwoven mass conFrom Molten Mineral

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one or more of these traw mate-
rial $s=$ is



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| Every week-someone's-favorite recipe is worth 110 Our favorite recipe contestis easy to enter; | 2 or 3 cups water 1 simall can tomato 5 cooked potatoes |
| :---: | :---: |
| just-mail-a-copy of your |  |
| recip | Let |
| in the upper right-hand corner of | spi |
| this page |  |
| Pitt Rd., | Louver Door Ideal |
| Springfield. A native of Lo | For-Rainwear Closet |
| and Mrs Oyler was | Outdoor clothing, boots, and |
| orite recipe by a friend |  |
| - emicken curry | dry out more quickl |
| ate | Air circulating lurough the |
| 4 medium onions; choppèd | louvers does the dryind job. It |
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| up ehicken with | straightened permanently by driv--ing a brad halfway into one lower |
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## Your Last Chance To Vote

Contest Closes Sat. Mid-Night For April's "Girl=About Towne


## Mrs. Pat Steine



They're young, they're lovely and they're engaged $\rightarrow$ in
ousiness careers. And your votes are going to make one of them

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9 A.M. - 6 P.M. 'DAILY \& SAT
VOTE! Here's My Vote for ...........




Page 5
ruddy
Tomato
Coast. jelly, $\qquad$ Suggested Menus Are Very High In Nutrient's Trench tried potatoes
(frozen and reheated) (frozen or canned
Waldent $\qquad$ Prune

- Tea or milk Meat and potato Celery and carrot SEXTWEEKS $d$ COMM

HHLSTDE HLLSIDE

$\frac{\text { Mashed turnip }}{\text { TeAtime }- \text { wedge }}$
$\qquad$ Corn meal muffins A sliced tan
cold sliced Tomb, hot grate French bread
Cherry pie
Coffee oi mills
$\qquad$ Canned pears
Chocolate wa Tea or milk Pr
$\qquad$ Five states, other than
$\qquad$



 Spagheel
hens. fruit
Tuesday
Ban de Barbecued beet on
beets, apricot halves.
Wednesday Wentensday
Frankfurters baked beans, apple sauce.
Thursday
Po Pea s sup with croutons, bologna
sandwich, peach slices.
Fri ch Friday firs salad, carrots
green pepper), cup cake $\underset{\substack{\text { Monday } \\ \text { Beef stew, fruit. }}}{\text { TAMIL }}$

Tuesday
Baked ham, scalloped potatoes,
Buttered vegetables, applesauce
Wednest Wednesday-
Spaghetti with meat'sauce, cole
-slaw ${ }^{\text {Jello. }}$ Thursday
Hrankenturters on buttered roil,
baked beans or sauerkraut, - pud $\underset{\substack{\text { ding. } \\ \text { Friday } \\ \text { Comb }}}{ }$ Monday-JEFFEnSON s.antuped-Anicken and noodles
green peas, pears.
Tuesday Pork sausage, mashed
sauerkraut, applesauce. Wednesday
Barbecued hash,
chocolate pudding


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parable with convention t
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ion necessity
 walls and 2 inches on 3 inches in in

- Is used to install mineral wool mont forces the perinatal wool

 heat might escape. through which
The insulation ib blown through
a long hose from a truck parked long hose from a truck parked
outside. When a wall is insulated,
sections of sididing are removed and holes drilled in the removed,
After the insulation is in phage.
the holes are sealed and the sid.
ing is skillfully replaced mutates an haticice floor, a workman
akee the to se into the wattle and

Beauty May Hide In Ugly Old House model? When you look at an old
house, try to train your eye
see it, not as it is, but as it should
 porch cis and you strip off useless
rim mingerbiead
mold rim moldings, you have arbimpal
structure hat tends itself to mod
rimy styling Take a tall. awkward two or
three tory house, put on a rood
 more modern. An garage connect
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will give the s.
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| :---: | :---: |
| Patisilis | $5 \operatorname{son} 29^{c}$ |
| $07^{\mathrm{c}}$ buach | Cantaloupes $25^{\text {cach }}$ |

VISIT OUR FRESH FISH DEPARTMENT TUESDAY thri FRIDAY.


[^0]:    301 Morris Avenue, Springfield DRexel 9.94176 ,

