## Che Springtielosun




Sith
and Publisher \& Editor - JJLLAN SARosin


## Schools to Use


 teachers have ging masters in salary to
tors dece Dtseusion-of a proposal for increased training in vagational.
courses resulted in the adoption of

 - EVERY GARMENT TREATEDTRA COST.
Exelusive with us in FREE PLIASTHECC BAGS - FREE 1 HOUR SERVICE - ONLY ODOR-FREE, SAF - EVERY GARMENT CARE
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-plant-on the-promises. In--plant-on-the -promises. In-
dividually owind and persin.ally mannged
DREXEL Quduty
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SDEE REAR ${ }^{230}$ Mountain Ave



 Commitee-at-a special session
aiter the committee has pepared
its report on the posibility of
erecting a new elementary school

Local Men Attend
Insurance Session Insurace Session

Springfield Teachers Launch Study Of Child Behavior In Local Schools
 League is in desperate need of at
least-six unpires for the forth.
moming-season which gets under-

 BEFORE \& ATER

 Neill-of-110-Filiditone drive. The group is one of approximately
They are expandining their buisine
 suaden service to the-insurance are being made in many states
buying pullic.
Allstate, the largest writer of of
troughout the nation.
Thls program is mot an innova:


 About Third of
 rit M. Brady, 25 Salter stireet,
Sprinffield, as the accompanist
for the show,.

Simplified System sisity- of Chicago-with the pur-
 and compiling this material ti
such a way that it would be more

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& \text { The now simplitied. ystem } \\
& \text { making mortgate payments, In }
\end{aligned}
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 Maryland. Many graduates have
gonie out from thls cuter to be.
come leaders in the fiela through. Banner described Mrs. Brady's
ckiround as consisting of try. nvelopes to covera a p pripod of -18




We Specillile Ii Moking You
Old Shoes Look Brand New: All Rinds $\overline{\text { Of Repary }}$ \& Ortib

COLANTCNE SHOE SHOP ${ }^{245}$ SMRRIRI AVENU







WOMEN'S
NEWS





FUN ALL SUMMER in the


1 GREENWOOOD
SWIM CLUB

SPRINGFIELD SOCIETY


##  


children, Robert william, J!: and
Nancy.
Mr. Shayer-is with the Hotpoint
Division of G.E.
Add to the "ist of ne neighbors who
have moved here recently the
names of

A group of stringfield residents

mond-Hines, Mr. and Mrs. Clar.
ence oberst, Mr. andMrs. George
Keller and Mr. and Mrs. Theodore


 mond Haines. Eighteen Friends Celebrate Birthday
Eifghteen young friends Hell
Debbylyn=Sobtr celebrate.e. seventh birthay recentily at the
new Party Pavilion of the Big Top
Car Hop, Route 22 ;-springlietd
 Big Top's party meñagerie, fro quizzical lion to delicate
and a special magic show:

## Baltimore $55{ }^{\circ}$



St. James Mothers St. Stephens Ladies
Have "Fashion Show To. Hear of Teeners






## Dr. Sugarman to

 Address League


SUPERVISED CRAFTS AND HOBBIES FOR THE CHILDREN





- Convorinn LOCATIN
F Full
SOCIAL PROGRAM

| - IENNIS, HaNDBAAM, BADMMNTON |
| :--- |
| - SWMMING |

$\bullet$ SWIMMING INsTructron
$\bullet$ Private HOT SHOWERS

- SUMMER VACATION For
an it coit you last yoa

for two wooks. The 1958 season opens on June 14
FRONTIER-7-2213 or driva one mile from MADISON

Elks Ball To Be



Break Ground For

Temple Beth Ah

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PrizeAwardsMark Opening
Of Science Fair At Regional


Fellowship Group Hears Centurions


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| Baberuth and Youth League |
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| Boys Must Register to Play |
| Resmano |

Regional Sr．Play Is This Friday PM


 Local tor Four Local Students



## RAPPAPORT SPRIIGG DRUG

 273 Morris Ava．．Springfield Preseriptions，Vitamins．Cometics

## Cut－Rate Prices

Easter Candies

## and Ice Cream




 Primary Fight

|  |  | THE SCHOOL |
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Springfield Ave．
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Avenue，
i3 Paul Miller， 23 Shelley Road．
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| Martha |
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| Road，Sherman， 303 |

A mass of loosely piled stones
in the form of an eage，built by
prehistoric Indians

## Have You Heard？ <br> The Harvest House <br> EAST MAIN ST． <br> CHESTER，N．J

$=$ Will Open
Saturday，March 28th
Luncheon： 12 to 2：30 Dinner：5：30 to 8：30
Sunday Dinneer： 12 to 8 －． ChiER＇S PANTRY
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the unusually fline quality of the work
we do．－And remember we do．And remember ．$\therefore$ Cash and

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| NO EXPERIENCE NECESSARY |  |  |  |
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Sick
PART-TIME

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## OVERLOOK HOSPITAL

## THE CHALLENGE AND THE PERFORMANCE

A Year End Report by the President

Overlook Hospital ends another fiscal year in excellent shape to meet what-is, obviouslyi- very large challenge ahead.

During the year just ended the hospital took care of a record number of patiants-12,000.

It participated in the delivery of , 2,023 babies, 1,078 boys, 945 girls, 23 sets of twins, but no triplets, quadruplets or quintuplets.

An Annual Giving campaign in the fall of 1958 produced the largest, amount over raised by such a campaign-\$241,954.

During year Overlook, with the help of the Hartford Foundation, -inaugurated achool of Practical Nursing, significant-development in the field of-nursing services for hospital patients, and was delighted to find interest very high.- More good candidates wanted to enroll than the school could accommodato.

The hospltal was most generously supported by an outstanding-Wome -n's Auxiliary, by 110 Twiga, by i, 100 volunfeer workers.

## ECONOMIC IMPORTANCE

During the year Overlook-was again a maioremployer in the area it -serves with a payroll of $\$ 1,693,191$.

The hospital-again spent-large sums with-suppliers and services in the area- $\$ 250,000$. It it policy of the hospital to give preference to local suppliors whongvor it can de se.

At the end of the fiseal year, the credit of Overlook was af a level which-permitted it to obtain the best possible terms. It pays its bills promptly and on time. It takes full advantage of discounts for cash and payments.

## PROFESSIONAL STANDING

Like all hospitals, Overlook is a service facility made available to the communities it serves-only through associated physicians. People do not enter hospitals except in the care of a doctor. At the end of the year just closed Overlook had a notable staff of 178 doctors from 23 communities.

Overlook continues to have all the necessary approvals from all of the acerediting agencies in the medical field.

Thie Joint Commission on Acereditation of Hospitals
The state Board- of Control of Institutions and Agencies New Jorsoy State Board of Nursing
Gouncilon-Medical Education of the American Hospital Association Amoricon Hospital Association -
American Association of Blood Banks

## NEW BUILDING

Overlook's new building is going up on schedule. It is expected to be available by October 1959. Meanwhile the hospital is making maximum use of all its presently available space-including solariums not designed for patient crim and much heeded for convatoseonts. Boosuco-it-noed- dditional_space for surgery it continues to find it necessary frequently to postpone operations which can be safely delayed in order to deal with emergeney cases first.

The now building, when completed, is expected to cost $\$ 3,728,000$, with all equipment. It will include the-8th-floor-and we hope the 5 th which we thought might have to be postponed because of insufficient funds. It now appears that this total bill can be paid from money which will be available out of contributions, from reserves, and from. Annual Giving if the Overlook mortgage it increased from the planned amount, in September, of $\$ 150 ; 000$ to
$\$ 650,000$. This increase is not desirable and we are still seeking to avoid it: The Trustees of Overlook have agreed with the lender that they will continue their fund raising program of Annual Giving.

It is a source of satisfaction and pride to the Trustees of Overlook thatthe mortgage-of the hospital, which was made necessary by the construction of the present main building, once stood at $\$ 425,000$ and has been reduced - $\$ 255,000$ over a period of 5 years by regular payments.

During the fiscal year just concluded Overlook Hospital again stayed in the black for the fourth consecutive year from an operating viewpoint and was thus onabled to make a contribution of $\$ 35,942$ from operating income to the financing of the new building and providing reserves necessary for its operation in the first year.

## GROWTH INEVITABLE

Looking ahead we are aware that the population of this area will continue to grow as was foreseen when the present Greater Overlook plan was adopted and the architectural drawings made. All the hospitals in the area we serve are crowded and becoming more'so. Patients cannot find facilities outside the oree because the need for space is is iviveral:- Theore ismolterna-tivo-if our communities are to have the protection of a first rate hospitalexcept to go ahead with our long range plan for Overlook which involves, within the next ten years, the complefion of Builling. D at an estimated Eurrent cost of $\$ 2,500,000$ - This-we aro Tosolved to do.

## THE BLUE CROSS PROBLEM

Wo are also aware that the problem of Blue Cross must be solved by some more sensible plan than the present one, which transfors the burden to Now Jersey hospitals.

Blue Cross as everyone knows, is in financial difficultios, largely bocause the State has not approved adequate rate increases and Bluo Cross Trustess have not sufficiently insisted on the uustice of thair domands. It has -promised more than it can pay for in the way of sorvicesi. The State's solution to this problem_is to-put a ceiling on what Blue Cross can pay hospitals-a ceiling which means losses to the hosspitals, and endangers them financially and thus jeopardizes medical care.

This is a thoroughly unsound and totally unfair arrangement and Ovor. look, along with the other leading hospitals of the State, has already bogun to take action toward finding a realistic-solation-to the problom-ofinsured hor. pifalization. The need for a Blue Gros which it-actuarly sound It obvious.

## WE LOOK AHEAD WITH CONFIDENCE

At no time has Overlook been without lifs problems, and the prosent is certainly no exception. We can look to the future with connidence, howovor, because there has never been a time when this hospital had a bettor staffi a more experienced management; a higher prostige in the communities it serves; alarger number of generous friends; finer facilitios; or a bettor racord Sor professional porformance.

On behalf of the 43 Trustees, who freely give so much of their time to public sorvice through the hospital, and for all the officers of Ovorlook, 1 wish
 during the past year from so many fine people inside and outside its organization and to ask a continuation of such support.

## ebe spthigtitit sum Guide to BETIER LIVING

$\$ 5$ For Favorite Recipe Fastions Take Their Cues



## Most dramatic

 Easter Event in Robert Hall historyLuxurious ALL-W00L TWEED COATS - $19^{88}$
d-a A magnificent tweed coat for les than $\$ 201$ Luxury textured or fancy tweeds rayon lining! Smart single-breasted model with set-in sleeves, Bal collar, slash pockets. USE OUR LAY-AWAY PLAN....NO EXTRA GHARGE
all coofs purchased this week will bo fitted_and finished for Eastert

FULLY LINED GABARDINE BLOUSE JACKETS
rayon gabardines - gabardiness Self.

${ }^{\text {poches }}$ canvas
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interlinings 2446 .

Don't Sen' Vitamins Down The Drain
Chinese Cooking Preserves Nutrients, Color, Flavor
By audrey chase walters
Practically all I know about cooking is what I-read water or at least with very cook vegetables without

 to be left a widow with young children to raise. She cually tasted" a vegetabbe
became a cook in, of all places, a German restaurant cooked in-the chinese style
and this gave me some background in both French and of course, they use a lot of fats and this may hold
German cooking. Still,-most of what I've learned has. you back in you have a calorie or-a low-fat diet problem: come from-books.
 Chinese cooking. This is a method I have long wanted stituted corn oil; which has a negligible fat content.
to investigate. The Chinese are masters of the art of By al means, use chicken fat or other shortening
quick cooking and this alone should make it extremely sabstitute if. you wish. Corn oil can be used very $\left(\begin{array}{c}4 \\ (9)\end{array}\right.$ I have tried combining French methods with my
Chinese cooking and have been very happy with the
results: Try just this one recipe with spinach and see
if youl results: Try just this one recipe with spinach and see
if you, too, aren't convinced of the superiority of Chi--Heat two scant tablespoons corn oil in a large fry-
ng.pan, Add one-half medium onion (er a third of a Berrudia) chopoped and cook unt onilion onion is a soft and and just
turning golden. Add one pound whole spinach thor ourning golden, Add one pound whole spinach thor shaken asd dry as possible. Sprinkle
with one-half teaspoon salt. Using a whode. keep the spinach constantly on the a wooden spoon,
minutes. Serve immediately three Maybe your reaction will be the same as mine,
thinking that in only three minutes of cooking the
spinach must still be half raw . It isn't spinach must still be half raw. It isn't. In three
minutes it is completely cooked and it's actually fasi minutes it is completely cooked and it's actually fasi-
cinating_to watch it wit as you stir it and see it take
on-a deep. green color on-a deep.green color, The - Freneh- have a method for cooking-carrots
you might like. It presents this-vegetable in quite you might like. It presents this-vegetable in quite a
different light and friends who didn't like sarrots at
all have enjoyed' them' ${ }^{\text {served this was }}$ Witaming ore all have enjoyed them served this-ways. Vitamins are
saved from the drain here, too. Slice the carrots in "'rounds" as thin as you can
manage. Put the carrots in a narrow-pan-the top of a-double boiler, for instance. Add water only to half
the depth of the carrots. Salt. sparingly because it
will ayt the depth of the carrots. Salt sparingly because it
will ap be absorbed into the-vegetable. Cook untll
tender, stirring oceasionally, and keep an eye on them tender, stirring oceasionally, and keep an eye on them
so they don't burn. When the last of the water hai
disapent disappeared-and the carrots are just about to "stick,",
add antablespoon of butter. (If you are cooking a small
amo amount of carrots two or three portions reduce
amount of butter.) Stir until butter melts, turn off the heat but leave-the-pan on the stove. Stir in one
tabilespoon of sugar and put a-cover on the pan. Tiet stand a minute or two before serving...
The French and the German alike
The French and the Germans alike have a lot of mixture; too, and have a recipe for carrotet very simit
lar to the American recipe for Harvard Beets. Heat one tablespoon of corn oind n- - arying pan
if - you plan to cook enough carrots for six or eight: ifyou plan to cook enough carrots for six or eight
servings.
neceace all ingredients proportionately it necessary. Scrub the carrots and slice-without peeling
them. Cook them in the oil for one minute, keeping
the them. Cook them in the oil for one minute, keeping
them-on-the-move Add a teaspoon of salt, and half
a cup of water and cook until carrots are tender. Mix. a cup of water and cook untit carrots are tender. Mix.
two tablespoons of sugar with one tablespoon of corn
starch starch. Add two oue cup of water to the carrots= then
 It Jarleondin phesents

## mOSAIC

An enterely different frome shape with sweeping lemple:lnne
woiscroope coordination

## Toune opticians

2006 MORRIS AVENUE, UNION OENTEB


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Sour Cream Adds Variety And Nutrients To Meals
can undiluted
condensed chicken $\begin{aligned} & \text { ture is theck and mate } \\ & \text { tork-tender about } 20 \text { min intes }\end{aligned}$ Thursday, March 19,1959

 cup commercial sou
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snipped parsiley,
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Get Ş̨H Greèn Stāmps Too! <br> \section*{Pam <br> \section*{Pam <br> Peaches 3" 1}

Hash 3: 1
Juice Tuna Juice 2 69. Coffee 75 CALIFORNIA NAVEL

## Oranges 49

## ASPARAGUS 29:



## FISCHER'S

 anicheredButhercup Bread

Sor toasting, sondwich


4 \$1 3. 79


 Cut from top-qualily, tondor, young pe
-Vitamin B. Serve with deoal Apple Savee!

## Round Roast 89 , <br> None- Finner at any-pribo." solid. mecot wo tha adtided Youl' towne the differomen


Tongues -49. Chickens 439

| But Cow |  |
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| Pies 49. | SWISS |

Chiffon Cáke
White Bread 1 ororor 77 .

Hzaku
Buns


## Staintess Steil

Tableware
$\left.\begin{array}{l}5 \text { Piece Place } \\ \text { Setting Only }\end{array}\right\}$
Each Place Solting
$\star$ Anti-Rust

- Anti-Rust

Stain Proof Corrosion Proof
$\star$ Tamnish Prooof

Cheese ${ }^{6} 79$. Frozen Foods
fancy laike
The Natural
Sciences Illustrated
American Musoum of Natural History
On Our Book-A-Week Plan
29، 99

Shrimp ${ }^{5.56 b_{3}} 5$
Swordfish Steaks ${ }^{16}$.59،
pan:readr
Whiting s st. box 79.16 .19.
Orange Juice $6^{605} 1^{\circ}$


